

1-1-2011

Track and Field/Cross Country 2011

Eastern Kentucky University Sports

Follow this and additional works at: http://encompass.eku.edu/sports_mg_tfcc

Recommended Citation

Eastern Kentucky University Sports, "Track and Field/Cross Country 2011" (2011). *Track and Field/Cross Country*. Book 1.
http://encompass.eku.edu/sports_mg_tfcc/1

This Book is brought to you for free and open access by the Sports Media Guides at Encompass. It has been accepted for inclusion in Track and Field/Cross Country by an authorized administrator of Encompass. For more information, please contact Linda.Sizemore@eku.edu.

EKUTM

TRACK AND FIELD  *CROSS COUNTRY*



2011 Schedules

Indoor Track and Field

| | |
|-------------|-------------------------------------|
| Jan. 14-15 | Kentucky Invitational |
| Jan. 28-29 | Rod McCravy Memorial Meet |
| Feb. 5 | Middle Tennessee State Invitational |
| Feb. 9-13 | Washington Husky Indoor Open |
| Feb. 11 | Indiana Hoosier Hills Open |
| Feb. 25-26 | OVC Indoor Championships |
| March 4-5 | Notre Dame Last Chance Meet |
| March 4-5 | Virginia Tech Final Qualifier |
| March 10-12 | NCAA Indoor Championships |

Outdoor Track and Field

| | |
|-------------|-------------------------------------|
| March 23-27 | Stanford Invitational |
| March 24-26 | North Carolina State Raleigh Relays |
| April 2 | Centre College Invitational |
| April 7-9 | Tennessee Sea-Ray Relays |
| April 14-16 | Mt. SAC Relays |
| April 22-23 | Indiana Hoosier Invitational |
| April 27-30 | Penn Relays |
| May 5-7 | OVC Outdoor Championships |
| May 13-14 | Louisville Twilight |
| May 26-28 | NCAA East Region Championships |
| June 8-11 | NCAA Outdoor Championships |



OVC Cross Country Champions
2006 ♦ 2007 ♦ 2008 ♦ 2009 ♦ 2010



Quick Facts

General Information

Location Richmond, Ky.
 Founded 1906
 Enrollment 16,200
 Nickname Colonels
 Colors Maroon and White
 Affiliation NCAA Division I
 Conference Ohio Valley
 President Dr. Doug Whitlock
 Director of Athletics Mark Sandy
 Athletics Department Phone (859) 622-2120

Team Information

Head Coach Rick Erdmann
 Alma Mater Ashland, '65
 Office Phone (859) 622-2126
 Email rick.erdmann@eku.edu
 Assistant Coach Tim Moore
 Alma Mater Berea, '77
 Office Phone (859) 622-2130
 Email tim.moore@eku.edu

Track and Field Homepage www.track.eku.edu

Table of Contents

Introduction 1
 Media Information 2
 Facilities 3
 Head Coach Rick Erdmann 4
 Assistant Coach Tim Moore 5
 Women's Roster 6
 Women's Outlook 7
 Meet the Women 8-14
 Men's Roster 16
 Men's Outlook 17
 Meet the Men 18-23
 Women's Indoor Top 5 24
 Women's Outdoor Top 5 25
 Men's Indoor Top 5 26
 Men's Outdoor Top 5 27
 Women's Records 28
 Men's Records 29
 Cross Country Honors 30
 Track and Field Honors 31
 All-Time OVC Champions 32-36
 Women's OVC Cross Country Results 38
 Men's OVC Cross Country Results 39
 Women's Indoor OVC Track and Field Results 40
 Women's Outdoor OVC Track and Field Results 41
 Men's Indoor OVC Track and Field Results 42
 Men's Outdoor OVC Track and Field Results 43
 EKU Hall of Fame 44-45
 NCAA Qualifying Standards 46



Jackie Humphrey-Corbin, a former All-American at Eastern Kentucky University, won the 100-meter hurdles at the United States Olympic Trials in 1988 (set trials record of 12.83). She represented the United States as the country's number one hurdler at the Seoul, South Korea Olympic Games

Credits

The Eastern Kentucky University Cross Country/Track and Field Informational Guide was produced by the Eastern Kentucky Athletics Public Relations Department. The guide was designed, written and edited by Steve Fohl with editorial assistance from Michael Clark. Photography by Chris Radcliffe, Tim Webb the Tennessee Tech Athletics Department, Eric Wilson and Don Claussen. Special thanks to Katelyn Danbury.



Media Contact Information

Athletics Public Relations Contact – Steve Fohl

Work Phone 859-622-1253 Cell Phone 859-200-1958
E-mail steve.fohl@eku.edu Fax 859-622-5108

Important Phone Numbers

Athletic Department 859-622-2120
Ticket Office 859-622-2122

Mailing/Shipping Address

521 Lancaster Ave.
Alumni Coliseum 115
Richmond, KY 40475

Web Site

www.EKUSports.com



Steve Fohl
XC/TF Contact



Michael Clark
Director of APR



Kevin Britton
Assistant Director

www.ekusports.com

Eastern Kentucky’s Athletic Department unveiled its new web site in the summer of 2008.

The site, which is powered by Sidearm Sports, features the latest news on all the EKU athletic teams. Live stats, feature stories, rosters, photo galleries and up-to-date schedules are just a few of the things that can be easily accessed through the site.

The site also features streaming audio for each football game, streaming video for all home games, press conference video clips and breaking news as it happens.

Fans can also sign up for an e-mail newsletter service through the site that will allow them to stay up-to-date on all their favorite Colonel squads.

How to Get to EKU

From Cincinnati, Ohio and Points North:

Take I-75 South through Lexington, Ky. Continue south on I-75 Richmond/Knoxville to exit #87 (second Richmond exit). Make a left and cross over the interstate heading east on the Richmond bypass for one mile and you will see the main EKU campus on the left.

From Huntington, W.Va., and Points East:

Take I-64 West for 104 miles to exit #96 (Fort Boonesborough S.P.) and remain on State Highway 627 until intersecting I-75 at exit #95. Take I-75 South to exit #87 (second Richmond exit). Make a left and cross over the interstate heading east on the Richmond bypass for one mile and you will see the main EKU campus on the left.

From Lexington, Ky.:

Take I-75 South to exit #87 (second Richmond exit). Make a left and cross over the interstate heading east on the Richmond bypass for one mile and you will see the main EKU campus on the left.

From Bowling Green, Ky., and Points West:

Take I-65 North to exit #43 (Glasgow) and travel east on the Cumberland Parkway through Somerset to exit #41 on I-75. Travel north on I-75 to exit #87. Turn right at the end of the off ramp and head east on the Richmond bypass for one mile and you will see the main EKU campus on the left.

From Knoxville, Tenn., and Points South:

Take I-75 North approximately 162 miles to exit #87 in Kentucky. Turn right at the end of the off ramp and head east on the Richmond bypass for one mile and you will see the main EKU campus on the left.





Tom Samuels Track

Eastern Kentucky University installed a Mondo Super X rubber track at its Tom Samuels Track in the summer of 2008. The new surface replaced an eight-year-old urethane track.

Tom Samuels Track, named in honor of the former EKU football and track and field coach, was dedicated in 1976. Each June, the track hosts the Kentucky Special Olympics State Summer Games' track and field events, and in May 2009 it was the site for the Ohio Valley Conference Outdoor Track and Field Championships.

Mondo's Super X track has been the world's top track for more than 30 years. Globally recognized as the fastest, most durable and environmentally safest track available, Mondo's Super X track has been used in the past eight Olympic Games, including the 2008 Beijing Olympics.

"Many of our athletes have achieved faster times on Mondo tracks, and we want to provide them with the track that will help them reach top speeds," assistant coach Tim Moore said. "Mondo's rubber surface has a longer lifespan than urethane tracks, and we were impressed that Mondo was chosen for the Olympics. It's a testament to the track's performance and quality."

Developed to maintain its initial physical properties over its life, Super X provides consistent performance. The vulcanized natural rubber surface provides maximum elasticity and unparalleled durability, and its embossed, textured finish makes it extremely easy to maintain with no resurfacing required. This high-performance track is renowned for its shock absorption and optimal energy return, and an ideal blend of speed and comfort minimizes the occurrence of injuries. More than 1,100 Mondo Super X tracks have been installed globally, and more than 220 world records and countless national and personal best records have been set on Mondo Super X tracks.

EKU's Mondo Super X track is the only one of its kind in the state of Kentucky, and it features a brand new Daktronics results board and a newly renovated disk/hammer ring.



Tom Samuels Track

Cross Country Facilities

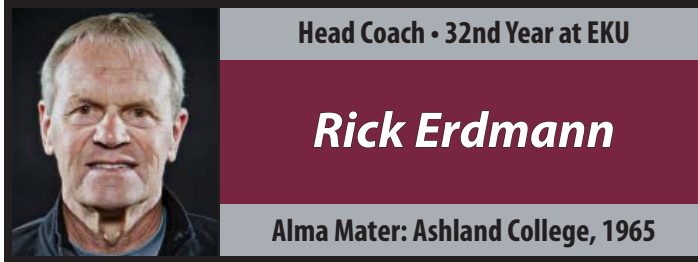
The EKU cross country team is blessed with the Wood Chip Trail for practice and competition. A beautiful, winding one-mile loop, the Wood Chip Trail is located near the Stratton Building and the police training facilities on the southeast portion of campus. The trail was finished in 2005. The EKU cross country team hosts its annual relay meet at the Wood Chip Trail every year in September.

For training purposes, the cross country team uses a 5,000-meter grass course located on campus near the Wood Chip Trail. The course is prime for distance training as it features numerous rolling hills. It is also a very attractive course that boasts four wooden bridges and several tree-lined stretches while, at one point, weaving around a pond.

"We are very lucky to have two cross country training facilities right here on campus," head coach Rick Erdmann said. "Our cross country student-athletes benefit not only from the quality but from the proximity of these trails."



The Wood Chip Trail



Head Coach • 32nd Year at EKU

Rick Erdmann

Alma Mater: Ashland College, 1965

Now in his 32nd season at Eastern Kentucky University, Rick Erdmann enters the 2010-11 cross country and track and field season looking to build on a distinguished coaching career that includes 55 OVC Coach of the Year awards, 41 OVC cross country titles and 17 OVC track and field championships since his arrival in 1979.

His influence on EKU's track and field and cross country program is immeasurable. Under Erdmann's guidance, the Eastern Kentucky women have captured 13 OVC track and field titles and 25 cross country championships, including a string of 19 consecutive cross country banners from 1981-1999. The women's chokehold on the OVC was snapped in 2000; however, the Colonels regained their championship form from 2002-03 and again from 2006-10.

The men have also enjoyed success during Erdmann's tenure, winning four OVC indoor track and field championships and 15 cross country titles, including four straight cross country banners from 2006-10.

The men's 2010 OVC cross country championship ranks as one of Erdmann's finest coaching jobs as the Colonels delivered one of the most dominant performances in league history, finishing 1-5. It was only the fourth time in OVC history that a school had swept the top five spots. That feat also occurred in 1965 (EKU), 1980 (Western Kentucky) and 1989 (EKU). Freshman Soufiane Bouchikhi led the way for EKU as he won the OVC, finished third at the Southeast Region Championships and placed inside the top-50 at the NCAA Championships in Terre Haute, Ind.

The Colonels' top runner at the 2008 OVC Cross Country championships was Joseph Maina. Seven months after the cross country championships, Maina qualified for the 2009 NCAA Track and Field Championships in the 5,000 meters with a time of 14:08.10

The Colonels' first place finish at the 2007 OVC Cross Country Championships was led by the efforts of three-time All-American Jacob Korir, who earned the OVC Male Cross Country Athlete of the Year award following the meet. Korir went on to place second at the 2007 Southeast Region Championships and sixth at the 2007 NCAA Cross Country Championships in Terre Haute, Ind.

Bouchikhi, Maina and Korir are just the latest in a long line of All-Americans under Erdmann's guidance. EKU's head coach has produced many NCAA All-Americans in men's and women's track and field and consistently sends student-athletes to the Division I national championship meets.



Erdmann earned his 25th Women's and 17th Men's OVC Cross Country Coach of the Year Awards in 2010

The Erdmann Legacy

OVC Women's Cross Country Coach of the Year Awards (25):

1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2002, 2003, 2006, 2007, 2008, 2009, 2010

OVC Men's Cross Country Coach of the Year Awards (17):

1983, 1984, 1987, 1989, 1990, 1991, 1992, 1993, 1994, 1997, 1999, 2004, 2006, 2007, 2008, 2009, 2010

OVC Women's Outdoor Track and Field Coach of the Year Awards (7):

1984, 1985, 1986, 1990, 1992, 1993, 1999

OVC Women's Indoor Track and Field Coach of the Year Awards (2):

1993, 1999

OVC Men's Indoor Track and Field Coach of the Year Awards (4):

1984, 1994, 1995, 2008

OVC Women's Cross Country Championships (25):

1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2002, 2003, 2006, 2007, 2008, 2009, 2010

OVC Men's Cross Country Championships (16):

1984, 1987, 1989, 1990, 1991, 1992, 1993, 1994, 1997, 1999, 2004, 2006, 2007, 2008, 2009, 2010

OVC Women's Outdoor Track and Field Championships (9):

1983, 1984, 1985, 1986, 1988, 1990, 1992, 1993, 1999

OVC Women's Indoor Track and Field Championships (4):

1985, 1986, 1993, 1999

OVC Men's Indoor Track and Field Championships (4):

1984, 1994, 1995, 2008

A native of Ligonier, Pa., Erdmann competed in track as a sprinter at Ashland (Ohio) College and graduated in 1965 with undergraduate degrees in physical education and biology. He went on to earn his master's degree in physical education from Eastern Kentucky in 1966.

A former football player during his high school days at Ligonier, Erdmann accepted the football and track and field head coaching jobs at Hamden Hall High School in Hamden, Conn. at the age of 24.

After three years at Hamden (1967-69), Erdmann accepted the head football coaching position at Forbes High School in Kantner, Pa. After working as a football coach at the prep level, Erdmann moved on to Hagerstown (Md.) Junior College as the head track and field/cross country coach.

Erdmann spent nine years at Hagerstown (1971-79), culminating in his being named the 1978 National Junior College Cross Country Coach of the Year after guiding his team to a second place finish at the National Junior College Championship meet. While coaching several junior college All-Americans and individual national champions at Hagerstown, he put together the third fastest mile relay team in the East in 1978.

Erdmann was one of six people inducted into the Kentucky USA Track and Field/Kentucky Track and Cross Country Association Hall of Fame at the association's second annual banquet on January 9, 2007.

Erdmann and his wife Michele reside in Richmond. The couple has one son, Cory, who lives in Lexington, Ky.



Tim Moore is entering his 30th season as the assistant track and field and cross country coach at Eastern Kentucky University, and he has been an integral part of the program's success ever since arriving.

"Coach Erdmann and I have been together for many years and I think we have helped improve EKU's recognition across the country in track and field and cross country," Moore said. "Our main focus is graduating our student-athletes and providing them with the best competition we can to make them the best they can be. The support we get from our strong alumni base plays a major role in what we are able to accomplish."

In January of 2009, Moore's hard work and dedication to EKU was legitimized when he was inducted into the Kentucky Track and Cross Country Coaches Association Hall of Fame. Moore was bestowed with the honor at the association's fourth Annual Awards and Hall of Fame Banquet held in the Hall of Fame Room at the KHSAA Offices on Executive Drive in Lexington. Four other coaches – Roland Dale (Shelby County), Craig Hopkins (Apollo), Edward Newton (Male, Ballard, Shawnee and Central) and Mike Johnson (Berea College) – were also inducted into the Hall of Fame.

Moore's duties at EKU are numerous. He works with the hurdlers, sprinters and field event athletes for both the men's and women's track and field teams. He also coordinates all aspects of recruiting for the track and field and cross country programs.

The Berea, Ky. native has coach three OVC champion hurdlers over the last two seasons. In 2010, he guided freshman DanHeisha Harding to a win in the women's 55-meter hurdles at the OVC Indoor Track and Field Championships with a time of 7.98. In 2009, Iceca Epps won the women's 60-meter hurdles at the OVC Indoor Track and Field Championships with a time of 8.61, edging Eastern Illinois' Chandra Golden by three-tenths of a second, while Andre Evans won the men's 110-meter hurdles at the OVC Outdoor Track and Field Championships in a time of 14.76.

Moore also coached six-time All-American Jackie Humphrey, who ran the sixth-fastest time ever by an American in the 100-meter hurdles (12.83) and won the U.S. Olympic track and field trials in record-setting fashion during the 1988 season. Moore coached Humphrey in the 1988 Olympics in Seoul, South Korea.

Moore was selected to coach the South Women's team at the 1991 United States Olympic Festival held in Los Angeles, Calif. He has been appointed as Junior Coordinator of the USA Track and Field Hurdle



Moore coached Iceca Epps to a 60-meter hurdles title at the 2009 OVC Indoor Track and Field Championships

Did You Know ...

...Both Rick Erdmann and Tim Moore are members of the Kentucky Track and Cross Country Coaches Association Hall of Fame.

Development Committee and has also been selected as women's track and field coordinator by the Kentucky Association of USA Track and Field.

A 1977 graduate of Berea College, Moore competed in the high jump at Berea and spent one season on the basketball team under head coach Roland Weirwillie. Upon graduating with an undergraduate degree in physical education, Moore began his coaching career on the high school level at Lexington Sayre High School, where he served as the head basketball and track and field/cross country coach.

After three years at Sayre, during which time he earned his master's degree in physical education from EKU in 1979, Moore moved into the college ranks by accepting the men's track and field head coaching position at Berea in 1980.

Moore has written several articles on motivation and track and field techniques. He has also participated in several elite hurdle coaches' summits and a women's development summit at the U.S. Olympic Training Center in Colorado Springs, Colorado.

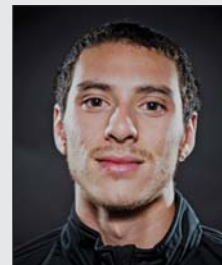
Moore keeps busy by serving on hurdle development committees and contributing to clinics across the country.

He and his wife Sandra reside in Richmond and have one son, Steven. Sandra is also employed by EKU and serves as the Special Assistant to the Provost for University Diversity. She is finishing her Ph.D. in administration in higher education.

Support Staff



Joseph Maina
Graduate Assistant



Chris Rengifo
Graduate Assistant



Josh Ray
Manager

Not pictured:

Cory Erdmann
Volunteer Assistant Coach/Recruiting Coordinator
Contact Cory at cory.erdmann@eku.edu



2011 Women's Roster

| Name | Class | Event | Hometown/High School (Previous School) |
|--------------------|-------|-----------------|--|
| Jackline Barkechir | So. | 1500/5000 | Eldoret, Kenya/Koiwoarusen (Lindenwood Univ.) |
| Diamond Benjamin | Jr. | 100/200 | Washington D.C./Benjamin Banneker |
| Lutisha Bowen | Jr. | Sprints/Hurdles | Louisville, Ky./Ballard |
| Sylvia Bundotich | Sr. | 1500/5000 | Iten, Kenya/Singboe Girls (Iowa Central College) |
| Laura Dollins | Fr. | 800/3000 | Berea, Ky./Rockcastle County |
| Natalie Field | Fr. | 800/3000 | Mario, Ohio/Marion Pleasant |
| Rashelle Florence | Fr. | Sprints/Jumps | Miami, Fla./Miami Northwestern |
| Bianca Forbes | So. | 200/400 | Toronto, Ontario/C.W. Jefferys |
| DanHeisha Harding | So. | Hurdles | Dayton, Ohio/Chaminade Julianne |
| Shannon Hooper | So. | Throws | Charleston, W.Va./Capital |
| Shauna Hooper | So. | Throws | Charleston, W.Va./Capital |
| Arryn Hopkins | So. | 100/400 | Baltimore, Md./Western |
| Megan Hunter | Fr. | Throws | Carlisle, Ky./Nicholas County |
| Jazzmin Jeter | So. | Sprints/Jumps | Louisville, Ky./Ballard |
| Tashana Johnson | Sr. | Hurdles | Baltimore, Md./Western |
| Ashli Joseph | Sr. | 1500/5000 | North Bend, Ohio/Taylor |
| Lydia Kosgei | Jr. | 1500/5000 | Eldoret, Kenya/Nigeria (Lubbock Christian Univ.) |
| Kaitlyn Krizman | Fr. | 800/3000 | Toledo, Ohio/Central Catholic |
| Picoty Leitich | So. | 1500/5000 | Bomet, Kenya/Pangani Girls (Kenyatta Univ.) |
| Abigail Love | Sr. | 1500/5000 | Cincinnati, Ohio/McAuley (Univ. of Louisville) |
| Shiyana Mahendra | Fr. | Hurdles | San Pedro, Calif./North Torrance |
| Danielle Mason | Jr. | 1500/5000 | Cambridge, Ontario/Galt Collegiate |
| Hannah Miller | Fr. | 1500/5000 | Bolivar, Penn./Laurel Valley |
| Jasmyn Norris | Sr. | Hurdles | Upper Marlboro, Md./Largo |
| Kat Pagano | Sr. | 1500/10000 | Hollis, Me./Bonny Eagle |
| Samantha Smith | Fr. | Jumps | Broadhead, Ky./Rockcastle County |
| Morgan Thacker | Jr. | Jumps | Crab Orchard, Ky./Rockcastle County |

Pronunciations

Jackline Barkechir
(*BARK-uh-chur*)

Sylvia Bundotich
(*BUN-doh-titch*)

Arryn Hopkins
(*Erin*)

Lydia Kosgei
(*Kos-GEYE*)

Picoty Leitich
(*Pi-KOTY Lee-ititch*)

Shiyana Mahendra
(*SHEE-awna Muh-HEN-druh*)

Kat Pagano
(*Puh-GON-oh*)

by Class

Seniors (6)
Bundotich, Johnson, Joseph, Love, Norris, Pagano

Juniors (5)
Benjamin, Bowen, Kosgei, Mason, Thacker

Sophomores (8)
Barkechir, Forbes, Harding, Shan. Hooper, Shau. Hooper, Hopkins, Jeter, Leitich

Freshman (9)
Dollins, Field, Florence, Hunter, Krizman, Mahendra, Miller, Smith

by Event

Distance (12)
Barkechir, Bundotich, Dollins, Field, Joseph, Kosgei, Krizman, Leitich, Love, Mason, Miller, Pagano

Sprints (6)
Benjamin, Bowen, Florence, Forbes, Hopkins, Jeter

Hurdles (5)
Bowen, Harding, Johnson, Mahendra, Norris

Jumps (4)
Florence, Jeter, Smith, Thacker

Throws (3)
Shan. Hooper, Shau. Hooper, Hunter

by State/Country

California (1)
Mahendra

Canada (2)
Forbes, Mason

Florida (1)
Florence

Kentucky (6)
Bowen, Dollins, Hunter, Jeter, Smith, Thacker

Kenya (4)
Barkechir, Bundotich, Kosgei, Leitich

Maine (1)
Pagano

Maryland (3)
Hopkins, Johnson, Norris

Ohio (5)
Field, Harding, Joseph, Krizman, Love

Pennsylvania (1)
Miller

Washington D.C. (1)
Benjamin

West Virginia (2)
Shan. Hooper, Shau. Hooper



2011 Women's Outlook

The Eastern Kentucky University women's track and field team enters the 2011 season featuring a slew of returning talent and with aspirations to win its first OVC Indoor Championship since 1999.

The EKU women feature a young sprints team led by the 2010 OVC Co-Female Indoor Track Athlete of the Year Diamond Benjamin. Benjamin won the 55 meters (6.94) and the 200 meters (24.48) at the OVC Indoor Championships last year and will be joined by fellow junior Lutisha Bowen, who is one of the top hurdlers in the conference, and sophomores Bianca Forbes, who set a school record in the indoor 400 meters last year (55.55) and DanHeisha Harding, who won the 55-meter hurdles at the indoor championships last year.

Senior Kat Pagano and a strong, veteran distance group won an OVC Cross Country Championship in the fall and will bolster the women's track and field team this season. Pagano won the 5,000 meters at both the 2010 Indoor and Outdoor OVC Championships and set a school record in the 10,000 meters when she ran a 36:07.10 at the Penn Relays. She will be joined by junior Lydia Kosgei, who won the 1,500 meters at the 2010 OVC Outdoor Championships in a time of 4:39.99, as well as All-OVC cross country runners senior Sylvia Bundotich, junior Danielle Mason, Sophomores Picoty Leitich and Jackline Barkechir and freshman Hannah Miller.

The Colonels' championship aspirations will be helped by a stronger field team in 2011. Junior Morgan Thacker entered EKU's top-five list in the long jump (18-7) and the triple jump (37-0) during the 2010 indoor season while sophomore Jazzmin Jeter recorded the second best indoor long jump in school history in 2010 (18-9.75). They will be joined in the jumping events by freshman Samatha Smith, who was the 2010 KTCCCA Field Event Athlete of the Year. Sophomore Shannon Hooper will lead a much-improved throws team as she won the discus at three consecutive meets last year and entered EKU's top-five list in the event with a 131-7 at the Cumberland Invitational.

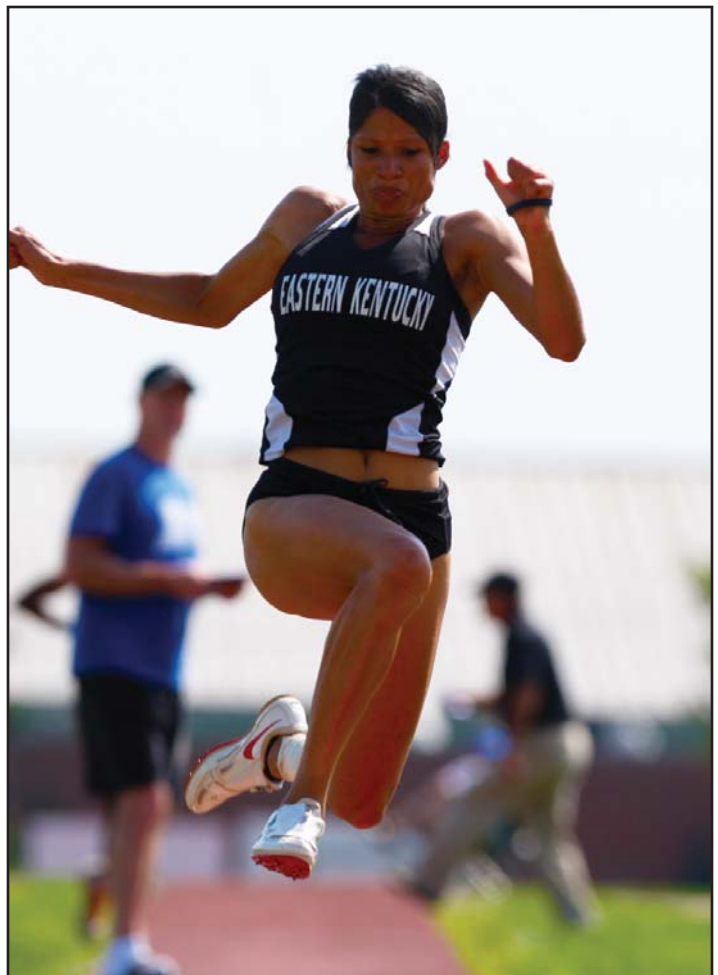
"We have high expectations for our women's team this year, especially at the indoor championships," assistant coach Tim Moore said. "If we can get contributions from our field team, we should be able to compete for an OVC Championship."



Lutisha Bowen

OVC Team Sportsmanship Awards

The Colonels have won numerous OVC Championships under coaches Rick Erdmann and Tim Moore; however, the coaching staff at EKU also stresses sportsmanship. This is evidenced by the 10 OVC Team Sportsmanship Awards the Colonel cross country and track and field teams have won since the award was created in 2005. The men's cross country team has won four consecutive awards (2006, 2007, 2008, 2009), the women's cross country team has won one (2006), the men's outdoor track and field team has won one (2007), the men's indoor track and field team has won two (2008, 2010) and the women's outdoor track and field team has won two (2008, 2010).



Jazzmin Jeter




1500/5000 • So.

Jackline Barkechir

Eldoret, Kenya (Lindenwood Univ.)


2010: Scored points at the OVC Indoor Track and Field Championships with a fifth-place finish in the mile (5:16.29) and a seventh-place finish in the 3,000 meters (10:38.80) ... also scored for the Colonels at the OVC Outdoor Track and Field Championships where she placed fifth in the 1,500 meters (4:44.77) and sixth in the 800 meters (2:19.22) ... displayed some versatility by running the 3,000 meter steeplechase in a time of 12:17.00 at the EKU Open ... won the 800 (2:18.74) and the 1,500 meters (4:44.64) at the University of the Cumberlands Invitational.

2009: Won the 3,000 meters and the 5,000 meters at the Heart of America Conference Championships while attending Lindenwood University ... was named Lindenwood's Female Athlete of the Year in 2009.

Personal: Daughter of Peter and Esther Chebogut ... major is nursing ... Jackline's best non-athletic talent: watching movies and travelling.

Barkechir's Collegiate Bests

5,000 Meters - 18:04.54



100/200 • So.

Diamond Benjamin

Washington, D.C. (Benjamin Banneker)

2010: Named the OVC Co-Female Indoor Track Athlete of the Year ... won three individual OVC titles on the year ... won the 55 meters (6.94) and the 200 meters (24.48) at the OVC Indoor Championships ... won the 100 meters (11.84) at the OVC Outdoor Championships ... was also a member of the winning 4x100 meter relay team (46.65) at the outdoor championships ... her indoor 200 meters time is second all-time at EKU while her indoor 55 meters time is fourth ... named OVC Female Track Athlete of the Week on Feb. 9 after winning the 55 meters at the MTSU Invitational with a time of 7.03 ... was a member of the 4x200 meter relay team that won at the N.C. State Raleigh Relays with a time of 1:38.65, defeating schools such as Ohio State, Wake Forest and host N.C. State.

2009: Named OVC Female Track and Field Freshman of the Year ... won the 60 meters at the OVC Indoor Track and Field Championships with a meet record time of 7.55 ... was one of only two athletes to set a new meet record at the indoor championships ... also finished seventh in the finals of the 200 meters at the indoor championships with a time of 25.88 ... took second in the 100 meters at the OVC Outdoor Track and Field Championships with a time of 11.84 ... placed third in the 200 meters at the same meet with a time of 24.69 ... won the 100 meters (12.13) and 200 meters (25.26) at the Centre Invitational ... also won the 200 meters at the EKU Open in a then-season best time of 24.88 ... competed at the prestigious Penn Relays in the 4x100 where her team ran a time of 48.66.

High School Accomplishments: A graduate of Benjamin Banneker Academic High School in Washington D.C. ... won the 2008 state championship in the 100 meters and 200 meters ... won the 100-meter dash at her 2007 AAU regional championship ... was named a 2007 AAU 100-meter dash All-American ... won the 2005 state championship in the 100 meters.

Personal: Daughter of Robin Benjamin and Ricky Clark ... major is communications ... one interesting fact about Diamond: she used to be a dancer (ballet, jazz and modern).

Benjamin's Collegiate Bests

| | |
|--------------------|----------------------|
| 60 Meters - 7.46 | 400 Meters - 1:03.37 |
| 200 Meters - 24.39 | 100 Meters - 11.84 |



Sprints/Hurdles • So.

Lutisha Bowen

Louisville, Ky. (Ballard)

2010: Was a member of the winning 4x100 meter relay team (46.65) at the OVC Outdoor Championships ... finished second in the 100-meter hurdles (14.28) at the outdoor championships, but ran the top 100-meter hurdles time in the OVC during the season (13.91) at the Cardinal Classic on May 14 ... earned OVC Female Track Athlete of the Week honors on March 30 after she ran a then OVC-best 14.01 in the 100-meter hurdles at the N.C. State Raleigh Relays ... was also a member of the 4x200 meter relay team that won at the N.C. State Raleigh Relays with a time of 1:38.65, defeating schools such as Ohio State, Wake Forest and host N.C. State ... was a member of the shuttle hurdle relay team that won at the U.T. Sea Ray Relays on April 10 and came within 0.2 seconds of the school record ... following its performance at the U.T. Sea Ray Relays, that shuttle hurdle relay team was the top ranked team in the country, according to the website milesplitu.us.

2009: A versatile athlete who was the women's team's leading scorer with 16 points at the OVC Indoor Track and Field Championships ... finished third in the 60-meter hurdles (8.70), third in the 200 meters (25.50) and fifth in the 60 meters (7.77) ... placed fifth in the 100-meter hurdles at the OVC Outdoor Track and Field Championships with a time of 14.50 ... took eighth in the finals of the 100 meters at the outdoor championships in a time of 12.74 ... won the 100-meter hurdles at the EKU Open by a large margin with a time of 14.11 ... was a member of the 4x100 meter relay team that won at the Centre Invitational with a time of 48.09 and then went on to compete at the prestigious Penn Relays and record a time of 48.66.

High School Accomplishments: Named the 2008 Gatorade Kentucky Track and Field Athlete of the Year ... won the 2008 state championship in the 100 meters ... 2008 Senior Track and Field Award recipient ... 2008 Sportsmanship Award recipient ... Foot Locker qualifier in the 300-meters hurdles ... Junior National qualifier in the 100-meters hurdles, 4x100 meters relay and the 4x400 meters relay.

Personal: Daughter of Charles and Mary Bowen ... major is international business ... one interesting fact about Lutisha: she enjoys cooking Caribbean food.

Bowen's Collegiate Bests

| | |
|--------------------|---------------------|
| 60 Meters - 7.69 | 60 Hurdles - 8.54 |
| 200 Meters - 24.79 | 100 Hurdles - 13.91 |




1500/5000 • Sr.

Sylvia Bundotich

Iten, Kenya (Singboe Girls)


2010: Scored points at the OVC Indoor Track and Field Championships with a sixth-place finish in the 3,000 meters (10:38.71) and a seventh-place finish in the 5,000 meters (18:45.09) ... recorded two fourth-place finishes at the OVC Outdoor Track and Field Championships, one in the 5,000 meters (18:05.35) and the other in the 1,500 meters (4:43.90) ... Won the 800 (2:22.65) and the 1,500 meters (4:48.95) at the Centre Invitational on April 4 ... won the 5,000 meters with a personal best time of 17:57.50 at the ECU Open on April 17.

2009: Finished third at the OVC Cross Country Championships with a 5K time of 19:57.30 and was named first team All-OVC for her efforts ... finished third on the team and 57th overall with a 6K time of 22:05.25 at the Southeast Regional.

High School Accomplishments: A district champion at Singloire Girls High School it Iten, Kenya.

Personal: Daughter of Joseph and Salmoe Bundotich ... major is nursing ... Sylvia's favorite place(s) in the world: Germany and Australia.

| Bundotich's Collegiate Bests | |
|------------------------------|------------------------|
| 3,000 Meters - 10:38.71 | Mile - 5:13.51 |
| 5,000 Meters - 17:57.50 | 1,500 Meters - 4:38.54 |



200/400 • So.


Bianca Forbes

Toronto, Ontario (C.W. Jefferys)

2010: Stormed onto the OVC track and field scene when she was named the OVC Female Track Athlete of the Week after running an OVC-best 56.68 400 meters in her first collegiate performance at the Kentucky Invitational on Jan. 19 ... set a new school record in the indoor 400 meters when she ran a 55.55 at the IU Hoosier Hills Open on Feb. 12 ... she finished second in that race behind only 2008 4x400 Olympic gold medalist Mary Wineberg ... was named OVC Female Track Athlete of the Week for that performance as well ... finished third in the 400 meters at the OVC Indoor Championships with a time of 56.01 and second in the 400 meters at the OVC Outdoor Championships with a time of 55.49 ... was a member of the 4x200 meter relay team that won at the N.C. State Raleigh Relays with a time of 1:38.65, defeating schools such as Ohio State, Wake Forest and host N.C. State.

Personal: Daughter of Lavern Calvert ... major is undeclared ... Bianca's favorite place in the world: home.

| Forbes' Collegiate Bests | |
|--------------------------|--------------------|
| 400 Meters - 55.14 | 100 Meters - 13.49 |
| 200 Meters - 25.16 | 60 Meters - 8.04 |



Hurdles • So.

DanHeisha Harding

Dayton, Ohio (Chaminade Julienne)

2010: Took home an individual OVC title in her first season as a Colonel when she won the 55-meter hurdles at the OVC Indoor Championships with a time of 7.98 ... was a member of the 4x100 meter relay team that won at the OVC Outdoor Championships with a time of 46.65 ... placed third in the 100-meter hurdles at the outdoor championships with a time of 14.29 ... was a member of the shuttle hurdle relay team that won at the U.T. Sea Ray Relays on April 10 and came within 0.2 seconds of the school record ... following its performance at the U.T. Sea Ray Relays, that shuttle hurdle relay team was the top ranked team in the country, according to the website milesplitu.us.

Personal: Daughter of Heath and Danielle Harding major is criminal justice.

| Harding's Collegiate Bests | |
|----------------------------|---------------------|
| 60 Hurdles - 8.50 | 100 Hurdles - 14.29 |
| 60 Meters - 7.87 | 100 Meters - 12.90 |



Throws • So.

Shannon Hooper


Charleston, WVa. (Capital)

2010: Won the discus three weeks in a row at the Centre Invitational (April 3), Cumberlands Invitational (April 10) and ECU Open (April 16) ... recorded season bests in the shot put (34-4) at the ECU Open, the discus (131-7) at the Cumberlands Invitational and the hammer (143-4) at the Centre Invitational ... scored points with a fourth place finish in the hammer (142-11) at the OVC Outdoor Championships ... finished ninth in the weight throw (45-00.5) at the OVC Indoor Championships on Feb. 26.

High School Accomplishments: Was a 3A state champion her sophomore year.

Personal: Daughter of Diane Hooper ... major is chemistry ... Shannon's best non-athletic talent: dying hair.

| Hooper's Collegiate Bests | |
|---------------------------|----------------|
| Shot Put - 34-4 | Hammer - 143-4 |
| Discus - 131-7 | Weight - 46-11 |

Throws • So.

Shauna Hooper

Charleston, WVa. (Capital)

2010: Recorded season bests in the discus (110-9) and the hammer (91-9) at the OVC Outdoor Championships on April 30 and the javelin (73-9) at the Cumberlands Invitational on April 10 ... finished 12th in the weight throw (34-10.5) at the OVC Indoor Championships on Feb. 26.

High School Accomplishments: Was a state qualifier three of four years in high school.

Personal: Daughter of Diane Hooper ... major is occupational science ... Shauna's best non-athletic talent: photography.

| Hooper's Collegiate Bests | |
|---------------------------|----------------|
| Shot Put - 25-3.25 | Hammer - 91-9 |
| Discus - 110-9 | Javelin - 73-9 |



100/400 • So.

Arryn Hopkins

Baltimore, Md. (Western)

2010: Finished 14th in the 400 meters at the OVC Outdoor Championships with a time of 59.23 ... recorded personal bests in the 100 meters (13.28) at the Cumberlands Invitational on April 10 and the 200 meters (26.93) at the Centre Invitational on April 3.

High School Accomplishments: Was a state champion as a junior at Western High School ... national qualifier eight years in a row and also placed with a gold medal during one of those years.

Personal: Daughter of Robert and Desiree Hopkins ... major is engineering ... Arryn's best non-athletic talent: fashion.

| Hopkins' Collegiate Bests | |
|---------------------------|--------------------|
| 200 Meters - 26.23 | 100 Meters - 13.28 |
| 400 Meters - 59.23 | |



Sprints/Jumps • So.

Jazzmin Jeter

Louisville, Ky. (Ballard)

2010: Placed third in the long jump at the OVC Indoor Championships with a personal-best mark of 18-09.75, good enough for second on the school's top-five list ... was a member of the winning 4x100 meter relay team (46.65) at the OVC Outdoor Championships ... was also a member of the 4x200 meter relay team that won at the N.C. State Raleigh Relays with a time of 1:38.65, defeating schools such as Ohio State, Wake Forest and host N.C. State ... won the long jump with a mark of 18-04.5 at the Centre Invitational on April 4 ... won the 200 meters with a time of 25.11 at the EKU Open on April 16.

High School Accomplishments: Was the state champion in the 200 meters as a sophomore and senior ... was also a state champion in the indoor 400 meters.

Personal: Daughter of Ericka Herd ... major is social work ... one interesting fact about Jazzmin: she loves to help people.

| Jeter's Collegiate Bests | |
|--------------------------|--------------------|
| Long Jump - 18-9.75 | 100 Meters - 12.25 |
| 200 Meters - 25.11 | |



Hurdles • Sr.

Tashana Johnson

Baltimore, Md. (Western)

2010: Scored points at the OVC Indoor Championships with a sixth place finish in the 55-meter hurdles with a season-best time of 8.28 ... was a member of the shuttle hurdle relay team that won at the U.T. Sea Ray Relays on April 10 and came within 0.2 seconds of the school record ... following its performance at the U.T. Sea Ray Relays, that shuttle hurdle relay team was the top ranked team in the country, according the website milesplitu.us ... recorded season bests in the 200 meters (28.26) at the MTSU Invitational on Feb. 6 and the 100-meter hurdles (14.75) at the EKU Open on April 16.

2009: Placed seventh in the finals of the 60-meter hurdles at the OVC Indoor Track and Field Championships with a time of 9.04 ... missed qualifying for the 100-meter hurdles finals by one spot at the OVC Outdoor Track and Field Championships after finishing ninth in the preliminaries with a time of 14.66 ... took fifth place in the 60-meter hurdles at the Hoosier Hills Open with a time of 9.40 ... a member of the 4x100 meter relay team that won at the Centre Invitational with a time of 48.09 and went on to run at the prestigious Penn Relays.

2008: Finished 13th in the 55-meter hurdles at the OVC Indoor Track and Field Championships with a time of 8.65 ... placed fifth in the finals of the 100-meter hurdles at the OVC Outdoor Track and Field Championships with a time of 14.69 ... a member of the winning 4x100 meter relay team at the EKU Open.



High School Accomplishments: A graduate of Western High School ... high school coach was Jerry Molyneaux ... finished fourth in the 55-meter hurdles (8.31) at the 2007 Maryland indoor state high school track and field championships ... finished fifth in the 100-meter hurdles at the 2007 Maryland outdoor state high school track and field championships.

Personal: Daughter of Vaughn and Sandra Johnson ... major is education.

| Johnson's Collegiate Bests | |
|----------------------------|---------------------|
| 100 Meters - 12.06 | 100 Hurdles - 14.32 |
| 60 Meters - 7.82 | 60 Hurdles - 8.80 |

1500/5000 • Sr.

Ashli Joseph

North Bend, Ohio (Taylor)

2010: Scored points with a seventh-place finish in the 10,000 meters at the OVC Outdoor Track and Field Championships (40:07.80) ... ran the seventh fastest outdoor 3,000 meters time in the OVC with a 10:40.64 at the UT Sea Ray Relays on April 7.

2009: Was a key factor in the women's team winning its fourth consecutive OVC Cross Country Championship as she placed 11th at the meet with a 5K time of 20:30.60 ... was named second team All-OVC ... finished 144th at the Southeast Regional with a 6K time of 23:17.11 ... placed seventh in the 3,000 meters at the OVC Indoor Track and Field Championships with a time of 10:36.87 ... finished 13th in the 5,000 meters in 18:44.30 at the OVC Outdoor Track and Field Championships ... placed second behind teammate Kat Pagano in the 5,000 meters at the ECU Open with a time of 18:25.95.

2008: Placed 17th at the OVC Cross Country Championships ... finished 13th in the 5,000 meters at the OVC Indoor Track and Field Championships with a time of 19:41.49 ... placed 10th in the 10,000 meters at the OVC Outdoor Track and Field Championships with a time of 42:16.78.

High School Accomplishments: A graduate of Taylor High School ... high school coach was Coury Lilly ... a member of the winning 4x800 meter relay team at the 2007 Ohio State High School Outdoor Track and Field Championships ... qualified in the 3,200 meters at the 2007 Ohio State High School Outdoor Track and Field Championships ... was a member of the third place 4x400 meter relay team at the 2007 Ohio State High School Outdoor Track and Field Championships.

Personal: Daughter of Barney and Michelle Joseph ... major is nursing ... Ashli's favorite place in the world: Capri, Italy.

| Joseph's Collegiate Bests | |
|---------------------------|-------------------------|
| 1,500 Meters - 4:54.94 | Mile - 5:24.38 |
| 3,000 Meters - 10:36.58 | 5,000 Meters - 18:31.20 |

1500/5000 • Jr.

Lydia Kosgei

Eldoret, Kenya (Lubbock Christian Univ.)

2010: Won her first career conference title in the 1,500 meters with a time of 4:39.99 at the OVC Outdoor Track and Field Championships ... also scored points with a third place finish in the 800 meters (2:16.83) at the outdoor championships ... ran a personal best 4:28.04 1,500 meters at the Georgia Tech Invitational on May 15 ... scored points at the OVC Indoor Track and Field Championships with a seventh-place finish in the 800 meters (2:26.55).

2009: Finished sixth on the team and 16th overall at the OVC Cross Country Championships with a 5K time of 20:46.56 ... placed fourth on the team and 98th overall with a 6K time of 22:42.92 at the Southeast Regional.

Personal: Daughter of John Kosgei ... major is health sciences ... Lydia's favorite place in the world: America.

| Kosgei's Collegiate Bests | |
|---------------------------|----------------|
| 1,500 Meters - 4:28.04 | Mile - 4:47.69 |
| 800 Meters - 2:14.49 | |

1500/5000 • So.

Picoty Leitich

Bomet, Kenya (Kenyatta Univ.)

2010: Scored points with a third place finish in the 800 meters (2:16.03) and a third place finish in the mile (5:10.57) at the OVC Indoor Track and Field Championships ... ran her best mile (5:03.84) at the MTSU Invitational on Feb. 6 and her best 800 meters (2:15.78) at the Indiana Hoosier Hills Open on Feb. 12 ... redshirted the outdoor track and field season.

2009: Won the OVC Cross Country Championships with a 5K time of 19:29.05, outdistancing the field by nearly 13 seconds ... became the first freshman to win the OVC women's cross country title since 2002 ... was named the OVC Female Cross Country Athlete and Freshman of the Year ... became the first Female Cross Country Athlete of the Year from ECU since 2003 ... was named the OVC Female Cross Country Athlete of the Week on Sept. 22 after she finished third at the Vanderbilt Commodore Classic with a 5K time of 18:26.27 ... was again named the OVC Female Cross Country Athlete of the Week on Oct. 6 after she finished 13th out of 291 runners at the talent-laden Louisville Invitational with a 5K time of 17:45.61, 41 seconds faster than her previous personal best.

Personal: Major is nursing ... Picoty's favorite place in the world: Africa.

| Leitich's Collegiate Bests | |
|----------------------------|----------------------|
| Mile - 5:03.84 | 800 Meters - 2:15.78 |
| 5,000 Meters - 17:45.61 | |




1500/5000 • Sr.

Abigail Love

Cincinnati, Ohio (Univ. of Louisville)

2010: Was a member of the distance medley relay team that finished third with a time of 12:32.05 at the OVC Indoor Track and Field Championships ... set personal bests in the 200 (30.19) and 400 meters (1:00.44) at the EKU Open on April 16 ... set a personal best in the 800 meters (2:26.91) at the University of the Cumberlands Invitational on April 10.

High School Accomplishments: Two-time state qualifier in the 4x400 meter relay.

Personal: Daughter of Daniel and Rebecca Love ... major is deaf education and elementary education.

| Love's Collegiate Bests | |
|-------------------------|----------------------|
| 200 Meters - 30.19 | 800 Meters - 2:26.91 |
| 400 Meters - 1:00.44 | |



1500/5000 • Jr.

Danielle Mason

Cambridge, Ontario (Galt Collegiate)

2010: Placed fourth in the 3,000 meters at the OVC Indoor Track and Field Championships with a time of 10:35.05 ... also scored points with an eighth-place finish in the 5,000 meters (18:51.01) ... scored six points with a sixth-place finish in the 1,500 meters at the OVC Outdoor Track and Field Championships (4:45.12) ... ran the fifth fastest outdoor 3,000 meters time with a 10:36.25 at the UT Sea Ray Relays on April 7.


2009: Turned in a clutch performance at the OVC Cross Country Championships as she finished 13th with a 5K time of 20:35.77 to help the women's team win its fourth consecutive title ... was named second team All-OVC for her efforts ... finished fifth on the team and 116th overall at the Southeast Regional with a 6K time of 23:00.12 ... finished 12th in the mile at the OVC Indoor Track and Field Championships with a time of 5:27.17 ... placed 11th in the 1,500 meters at the OVC Outdoor Track and Field Championships in 5:00.37 ... won the 3,000 meters at the MTSU Invitational with a time of 10:41.51 ... was a member of the winning 4x400 meter relay team at the Centre Invitational.

2008: Finished 16th at the OVC Cross Country Championships.

High School Accomplishments: Placed 15th at OFSAA ... won a cross country invitational 5K in North Bay ... won the 3,000 meters and 1,500 meters at WCSSA.

Personal: Daughter of James and Donna Mason ... major is education ... Danielle's favorite place in the world: her cottage in Parry Sound, Ontario.

| Mason's Collegiate Bests | |
|--------------------------|------------------------|
| 3,000 Meters - 10:33 | 1,500 Meters - 4:45.12 |
| Mile - 5:14.77 | 800 Meters - 2:21 |



Hurdles • Sr.

Jasmyn Norris

Upper Marlboro, Md. (Largo)

2010: Was a member of the shuttle hurdle relay team that won at the U.T. Sea Ray Relays on April 10 and came within 0.2 seconds of the school record ... following its performance at the U.T. Sea Ray Relays, that shuttle hurdle relay team was the top ranked team in the country, according to the website milesplit.us ... recorded season bests in the 400-meter hurdles (1:03.67) at the Rod McCravy Invitational on Jan. 29, the 55-meter hurdles (8.56) at the OVC Indoor Championships and the 100 meters (12.91) on Feb. 26 and 100-meter hurdles (14.84) at the EKU Open on April 16.

2009: Took fifth in the preliminaries of the 60-meter hurdles at the OVC Indoor Track and Field Championships with a time of 9.25 ... finished 10th in the preliminaries of the 100-meter hurdles at the OVC Outdoor Track and Field Championships in a time of 14.70 ... also placed ninth in the preliminaries of the 400-meter hurdles at the outdoor championships with a time of 1:07.70 ... won the 400-meter hurdles at the Centre Invitational with a time of 1:07.08 ... a member of the 4x100 meter shuttle hurdle team that took fourth place at the Tennessee Sea Ray Relays with a time of 58.47.


2008: Scored points at the OVC Outdoor Track and Field Championships with an eighth place finish in the finals of the 100-meter hurdles, logging a time of 15.14 ... placed 12th in the 400-meter hurdles at the outdoor championships with a time of 1:09.08 ... placed 11th in the 55-meter hurdles at the OVC Indoor Track and Field Championships with a time of 8.42 ... placed 15th in the 200-meter dash at the indoor championships with a time of 26.66 ... won the 400-meter hurdles at the EKU Open, logging a time of 1:10.00.

High School Accomplishments: A graduate of Largo High School ... high school coach was Darryl Hamilton ... in 2007, she was a 300-meter hurdles state champion ... 2007 100-meter high hurdles runner-up at regionals ... 2007 100-meter high hurdles county champion.

Personal: Daughter of Cynthia and Jon Norris ... major is homeland security ... Jasmyn's favorite place in the world: her bed.

| Norris' Collegiate Bests | |
|--------------------------|-------------------|
| 100 Hurdles - 14.68 | 60 Hurdles - 9.08 |
| 400 Hurdles - 1:03.67 | 60 Meters - 8.24 |





1500/5000 • Sr.

Kat Pagano

Hollis, Me. (Bonny Eagle)

2010: Set a school record in the 10,000 meters with a 36:07.10 at the prestigious Penn Relays on April 23 ... was not even on the school's top-five list for the 10,000 meters entering this season ... won the 5,000 meters at both the Indoor and Outdoor OVC Track and Field Championships ... won the indoor 5,000 meters with a time of 18:16.98 ... won the outdoor 5,000 meters with a time of 17:29.35 ... also scored points at the indoor championships with a second place finish in the 3,000 meters (10:23.50) and a sixth place finish in the mile (5:16.70) ... and scored points at the outdoor championships with a second place finish in the 10,000 meters with a time of 38:09.57 ... won her first career OVC Female Track Athlete of the Week award on April 27 following her school record 36:07.10 10,000 meters at the Penn Relays ... at the time, that time was the fastest in the OVC by nearly two minutes.

2009: Placed fifth at the OVC Cross Country Championships with a 5K time of 20:02.97 and was named first team All-OVC for the second straight year ... finished 49th at the Southeast Regional with a 6K time of 21:56.80 ... won her first individual conference title in the 10,000 meters at the OVC Outdoor Track and Field Championships with a time of 32:21.07 ... also finished sixth in the 5,000 meters at the outdoor championships with a time of 18:07.79 ... took third in the 3,000 meters at the OVC Indoor Track and Field Championships in a time of 10:25.86 and finished fourth in the 5,000 meters in 17:43.87 ... won the mile at the MTSU Invitational with a time of 5:17.80 ... won the 5,000 meters at the EKU Open in a time of 18:12.70.


2008: Finished fifth at the OVC Cross Country Championships and was named first team All-OVC ... finished fifth in the 3,000 meters at the OVC Indoor Track and Field Championships with a time of 10:20.25 ... also logged a fifth place finish in the 5,000 meters at the indoor championships with a personal best time of 18:20.87.

2007: Finished 28th at the 2007 OVC Cross Country Championships.

High School Accomplishments: A graduate of Bonny Eagle High School in Maine ... was a three-time Wilkinson Invitational winner.

Personal: Daughter of Gisele and Robert Pagano ... major is archaeology ... Kat's best non-athletic talent(s): playing the violin, finding stuff and eating.

| Pagano's Collegiate Bests | |
|---------------------------|--------------------------|
| Mile - 5:06.65 | 5,000 Meters - 17:15.31 |
| 3,000 Meters - 9:59.0 | 10,000 Meters - 36:07.10 |



Jumps • Jr.

Morgan Thacker

Crab Orchard, Ky. (Rockcastle County)

2010: Placed sixth in the long jump at the OVC Indoor Championships with a personal best leap of 18-07.00 and fourth in the triple jump with a personal best mark of 37-00.5 ... both jumps are fourth on EKU's all-time list ... won the triple jump at the Centre Invitational (35-04.5) on April 3 and the EKU Open (35-10.5) on April 16.

2009: Finished 12th in both the long jump (16-09.75) and the triple jump (33-09.50) at the OVC Outdoor Track and Field Championships ... won the long jump at the Centre Invitational with a leap of 15-10.25 ... placed second in the triple jump at the same meet with a mark of 33-09.25 ... finished eighth in the 100 meters at the Centre Invitational with a time of 13.37.

High School Accomplishments: A Kentucky class 2A state champion in the long jump ... Kentucky Indoor Field Event Athlete of the Year from 2006-08.

Personal: Daughter of Kenneth and Sheila Thacker ... major is recreation and park management ... Morgan's best non-athletic talent: singing.

| Thacker's Collegiate Bests |
|----------------------------|
| Long Jump - 18-07.0 |
| Triple Jump - 37-0.5 |



800/3000 • Fr.

Laura Dollins

Berea, Ky. (Rockcastle County)

High School Accomplishments: Was the Kentucky state champion in the 1,500 meters ... named first team all-state in the 4x800 meter relay, 800 meters and 5,000 meters during multiple years.

Personal: Daughter of Clay Dollins and Paula Dollins ... major is undeclared ... Laura's best non-athletic talent: her cat-like reflexes.

800/3000 • Fr.

Kaitlyn Krizman

Toledo, Ohio (Central Catholic)

High School Accomplishments: Has ran a personal best 19:36 in the 5,000 meters.

Personal: Daughter of Pamela and Robert Krizman ... major is athletic training ... Kaitlyn's best non-athletic talent: organizing.

800/3000 • Fr.

Natalie Field

Marion, Ohio (Marion Pleasant)

High School Accomplishments: The 2009 MOAC (Mid-Ohio Athletic Conference) cross country champion ... finished sixth at the Ohio State Cross Country Championships ... participated in the Mid-East Cross Country Championships ... Named the MOAC Cross Country Athlete of the Year.

Personal: Daughter of David and Joan Field ... major is business management ... one interesting fact about Natalie: she loves the Food Network and cooking.

Hurdles • Fr.

Shiyana Mahendra

San Pedro, Calif. (North Torrance)

High School Accomplishments: Qualified for the California Interscholastic Federation finals as a senior and junior ... placed fourth at CIF as a sophomore.

Personal: Daughter of Naresh Mahendra ... major is journalism.

200/400/Jumps • Fr.

Rashelle Florence

Miami, Fla. (Miami Northwestern)

High School Accomplishments: A three-time state champion ... first team all-county ... junior national medalist.

Personal: Daughter of Elizabeth Collier ... major is fire, arson and explosion investigation ...Rashelle's favorite place in the world: Miami.

1500/5000 • Fr.

Hannah Miller

Bolivar, Penn. (Laurel Valley)

High School Accomplishments: A two-time state medalist in track and field (fifth place both times) ... a two-time state medalist in cross country (13th and 16th place) ... has ran a personal best 19:14 in the 5,000 meters.

Personal: Daughter of Mellissa and Jeffrey Miller ... major is economics ... one interesting fact about Hannah: she eats ice cream about twice a day.

Throws • Fr.

Megan Hunter

Carlisle, Ky. (Nicholas County)

High School Accomplishments: Finished second place in the discus at the Kentucky State meet her sophomore and junior years ... finished fourth in the discus her senior year ... named Academic All-State.

Personal: Daughter of Randy and Paula Hunter ... major is speech therapy ... one interesting fact about Megan: she loves cartoon movies.

Jumps • Fr.

Samantha Smith

Brodhead, Ky. (Rockcastle County)

High School Accomplishments: A two-time Kentucky state champion in the long jump ... 2010 Kentucky state champion in the triple jump ... 2010 Field Athlete of the Year and Class 2A Track and Field Athlete of the Year ... 2010 Class 2A Sportsmanship Award winner.

Personal: Daughter of Ronnie and Louise Smith ... major is nursing ... Samantha's best non-athletic talent: getting on MySpace.





2011 Men's Roster

| Name | Class | Event | Hometown/High School (Previous School) |
|--------------------|-------|-------------------|--|
| Soufiane Bouchikhi | So. | 3000/5000 | Antwerp, Belgium/Artesis College of Antwerp |
| Chris Colvin | So. | 100/400 | Campbellsville, Ky./Taylor County |
| Gerry Cooper | Jr. | 100/200 | Louisville, Ky./duPont Manual |
| Andrew Diesel | Sr. | Throws | Mason, Ohio/Mason (Trinity International Univ.) |
| Alex Dreyer | Jr. | 1500/5000 | Perth, Western Australia/Como Secondary |
| Anthony Eason | So. | 800 | Lexington, Ky./Sayre |
| Bradley Fortuna | So. | 1500/5000 | Aurora, Ind./South Dearborn |
| Kristopher Hawkins | Sr. | 200/400 | Henderson, Ky./Henderson County |
| Ole Hesselbjerg | Fr. | 800/3000 | Charlottenlund, Denmark/Falkouergardens Gymnasium |
| William Hogan | Jr. | 100/400 | Frankfort, Ky./Franklin County |
| Daniel Jones | So. | 1500/5000 | Whakatane, New Zealand/Trident |
| Victor Kemboi | So. | 1500/5000 | Eldoret, Kenya/U.G. (American International College) |
| Musa Kimuli | Jr. | 1500/5000 | Kampala, Uganda/St. Stephens (Makerere Univ.) |
| Evans Kiptoo | Jr. | 1500/5000 | Eldoret, Kenya/Kitany (Lindenwood Univ.) |
| Kyle Lowe | So. | Sprints/Jumps | Cincinnati, Ohio/Northwest |
| William Marcum | Jr. | 800/1500 | Richmond, Ky./Madison Central |
| Peter Migun | Fr. | 1500/3000 | Knoxville, Tenn./Bearden |
| David Mutuse | Jr. | 1500/Steeplechase | Makueni, Kenya/Mbuaami Boys |
| Cole Nieporte | Jr. | 800/1500 | Erlanger, Ky./Lloyd Memorial |
| Robert O'Malley | Sr. | Throws | Montrose, Penn./Montrose Area |
| Chris Rice | Jr. | 1500/5000 | Versailles, Ky./Woodford County |
| Adams Ronnoh | Fr. | 3000/5000 | Eldoret, Kenya/Segero Adventist School |
| Sean VanDerMosten | Fr. | 800/3000 | Burlington, Ky./Conner |
| David Willis | Sr. | 800/1500 | Fort Mill, S.C./Fort Mill |

Pronunciations

Soufiane Bouchikhi
(SOO-fee-on BOO-chee-kee)

Ole Hesselbjerg
(AW-lee HESS-ul-byurg)

Victor Kemboi
(KIM-boy)

Musa Kimuli
(MOO-suh KIM-ul-ee)

David Mutuse
(MUH-toos)

Cole Nieporte
(NEE-uh-port-ee)

Adams Ronnoh
(ROE-no)

by Class

Seniors (4)
Diesel, Hawkins, O'Malley, Willis

Juniors (9)
Cooper, Dreyer, Hogan, Kimuli, Kiptoo, Marcum, Mutuse, Nieporte, Rice

Sophomores (7)
Bouchikhi, Colvin, Eason, Fortuna, Jones, Kemboi, Lowe

Freshman (4)
Hesselbjerg, Migun, Ronnoh, VanDerMosten

by Event

Distance (17)
Bouchikhi, Dreyer, Eason, Fortuna, Hesselbjerg, Jones, Kemboi, Kimuli, Kiptoo, Marcum, Migun, Mutuse, Nieporte, Rice, Ronnoh, VanDerMosten, Willis

Sprints (5)
Colvin, Cooper, Hawkins, Hogan, Lowe

Jumps (1)
Lowe

Throws (2)
Diesel, O'Malley

by State/Country

Australia (1)
Dreyer

Belgium (1)
Bouchikhi

Denmark (1)
Hesselbjerg

Indiana (1)
Fortuna

Kentucky (9)
Colvin, Cooper, Eason, Hawkins, Hogan, Marcum, Nieporte, Rice, VanDerMosten

Kenya (4)
Kemboi, Kiptoo, Mutuse, Ronnoh

New Zealand (1)
Jones

Ohio (2)
Diesel, Lowe

Pennsylvania (1)
O'Malley

South Carolina (1)
Willis

Tennessee (1)
Migun

Uganda (1)
Kimuli



2011 Men's Outlook

The Eastern Kentucky University men's track and field team will be paced by a strong distance squad in 2011.

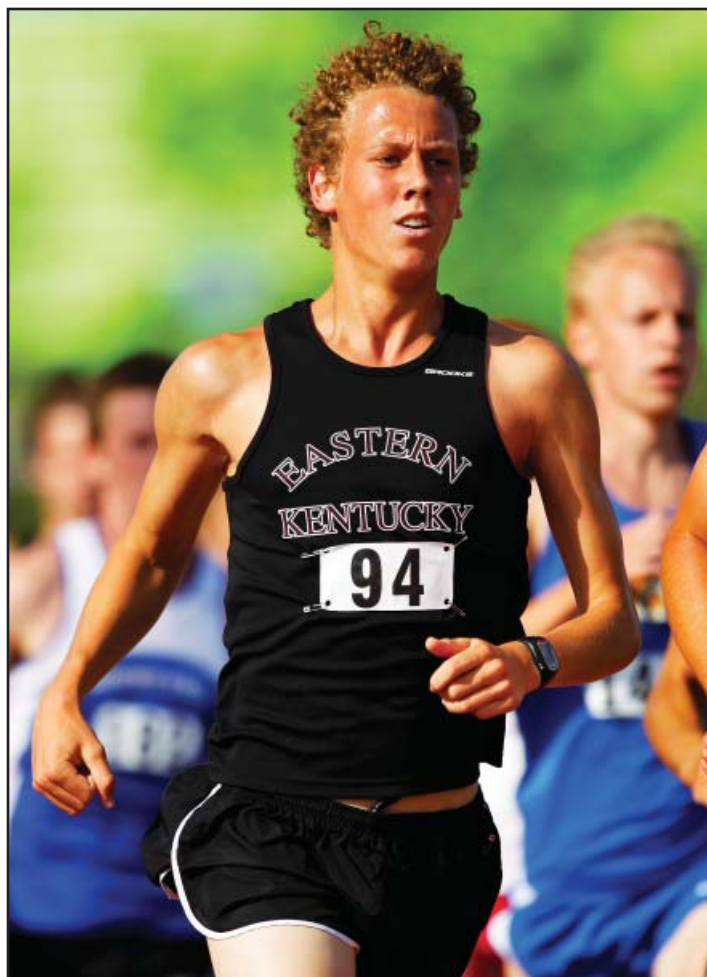
Sophomore Soufiane Bouchikhi led the men's cross country team to a resounding 1-5 sweep at the OVC Championships in the fall and is poised to emerge onto the national scene in track this spring. The native of Antwerp, Belgium is ranked in the top-50 in the country in the 3,000 meters after winning the event at the Notre Dame Alex Wilson Invitational last year with a time of 7:59.20 and, in doing so, provisionally qualifying for NCAA Indoor National Championships.

Bouchikhi will be pushed throughout the season by a slew of talented teammates. Junior Evans Kiptoo, who redshirted last year's track season, is a four-time OVC track champion and a two-time first team All-OVC competitor while junior David Mutuse won the 3,000-meter steeplechase at last year's OVC Outdoor Championships. Juniors Musa Kimuli and Chris Rice, sophomores Victor Kemboi and Daniel Jones and freshman Ole Hesselbjerg were all named All-OVC during the cross country season.

The men's sprints team will be led by senior Kristopher Hawkins, a 400 meters specialist who enters his final season looking for his first OVC title after finishing fourth in the 400 meters at the 2010 OVC Indoor Championships. Junior Gerry Cooper, who finished fourth in the 100 meters at last year's outdoor championships and sixth in the 200 meters at last year's indoor championships, will also be counted on to contribute in 2011.

Seniors Andrew Diesel and Robert O'Malley will handle most throwing events for the men's team while sophomore Kyle Lowe will compete in jumping events.

"We hope to be able to qualify runners for the NCAA National Championships this year, especially in the distance events," head coach Rick Erdmann said. "But, as always, it will depend on the runners and how much dedication and work they're willing to put in this season."



Daniel Jones



OVC Cross Country Champions




3000/5000 • So.

Soufiane Bouchikhi

Antwerp, Belgium (Artesis College)

2010: Stormed onto the OVC track and field scene by winning two individual titles at the OVC Indoor Track and Field Championships ... won the mile with a time of 4:13.42 and won the 3,000 meters with a time of 8:41.39 ... for his efforts, he was named the OVC Co-Male Freshman of the Year for the indoor season ... provisionally qualified (but ultimately did not qualify) for the NCAA Indoor National Championships when he won the 3,000 meters at the Notre Dame Alex Wilson Invitational with a time of 7:59.20 ... his time was the second fastest indoor 3,000 meters time in school history and less than a second behind Jacob Korir's school record of 7:58.25 ... ran the second fastest outdoor 5,000 meters time in school history (behind Korir's 13:29.12) when he placed 16th at the talent-laden Stanford Invitational with a time of 14:02.61 ... later beat that time when he nearly won the 5,000 meters with a time of 14:01.71 at the prestigious Penn Relays, losing to William and Mary's Lewis Woodard at the finish line by just 0.2 seconds ... was named OVC Male Track Athlete of the Week for his performance at the Penn Relays ... won this third career OVC title when he won the 5,000 meters at the OVC Outdoor Track and Field Championships with a time of 15:00.37 ... was named the OVC Male Freshman of the Year for the outdoor season ... did not compete at the NCAA East Region Championships due to an injury.

High School Accomplishments: Finished 11th in the junior race at the 2009 European Cross Country Championships in Dublin, Ireland ... placed seventh in the 10,000 meters at the 2009 European Junior Outdoor Track and Field Championships ... earned spots on the 2009 European junior outdoor track and field rankings in both the 5,000 meters and the 10,000 meters ... finished the 2009 season ranked sixth in the 5,000 meters and second in the 10,000 meters with personal best times of 14:18.17 and 29:58.33, respectively.

Personal: Son of Rahma Rachidi and Mohammed Bouchikhi ... major is industrial technology ... Soufiane's favorite place in the world: Morocco.

| Bouchikhi's Collegiate Bests | |
|------------------------------|-------------------------|
| 3,000 Meters - 7:59.20 | 1,500 Meters - 3:55.37 |
| Mile - 4:11.20 | 5,000 Meters - 14:01.71 |



100/200 • Jr.

Gerry Cooper

Louisville, Ky. (duPont Manual)

2010: Scored points with fourth place finishes in the 100 meters (10.97) and the 200 meters (22.02) at the OVC Outdoor Championships on April 30 ... scored a point with a sixth-place finish in the 200 meters (22.43) at the OVC Indoor Championships on Feb. 26 ... also ran a season-best 6.64 in the 55 meters and competed on the 4x400 meter relay at the indoor championships.

2009: Competed at the OVC Indoor Track and Field Championships where he ran a 7.20 in the 60 meters and a 23.23 in the 200 meters ... finished fifth in the finals of the 100 meters at the OVC Outdoor Track and Field Championships with a time of 11.05 ... took seventh in the finals of the 200 meters at the outdoor championships in 22.17.

Personal: Son of Michelle Cooper-Crow ... major is business, economics and management ... Gerry's best non-athletic talent: being cool.

| Cooper's Collegiate Bests | |
|---------------------------|--------------------|
| 60 Meters - 7.10 | 200 Meters - 22.02 |
| 100 Meters - 10.97 | |



Throws • Sr.

Andrew Diesel

Mason, Ohio (Trinity International Univ.)

2010: Finished 10th in the weight throw with a season-best toss of 41-1 at the OVC Indoor Championships on Feb. 26 ... recorded a season-best in the shot put with a throw of 36-5.75 at the IU Hoosier Hills Open on Feb. 12 ... threw a 97-8 in the hammer at the EKV Open on April 16 and a 143-2 in the javelin at the Centre Invitational on April 3.

Personal: Son of Jon and Mayellen Bohls ... Major is criminal justice ... Andrew's best non-athletic talent: making snow angels.

| Diesel's Collegiate Bests | |
|---------------------------|-----------------|
| Shot Put - 40-1 | Hammer - 97-8 |
| Weight - 41-1 | Javelin - 143-2 |




1500/5000 • Jr.

Alex Dreyer

Perth, Australia (Como Secondary College)

2010: Finished eighth place in the 5,000 meters at the OVC Indoor Track and Field Championships with a time of 15:32.02 ... took ninth place in the 10,000 meters at the OVC Outdoor Track and Field Championships with a time of 34:08.83 ... ran the sixth fastest indoor 3,000 meters time in the OVC with an 8:39.98 at the Kentucky Rod McCravy Invitational on Jan. 29.

2009: Placed 12th at the OVC Cross Country Championships with an 8K time of 26:55.30 and was named second team All-OVC ... placed 101st at the Southeast Regional with a 10K time of 32:56.18 ... finished sixth in the 5,000 meters with a time of 15:39.51 at the OVC Indoor Track and Field Championships ... scored points with a fourth-place finish in the 10,000 meters with a time of 32:14.79 at the OVC Outdoor Track and Field Championships ... finished fourth in the 5,000 meters at the EKU Open with a time of 15:16.08.

2008: Placed 119th at the Southeast Region Cross Country Championships.

High School Accomplishments: State cross country champion of Western Australia.

Personal: Son of Neil and Tea Dreyer ... major is dietetics ... Alex's best non-athletic talent: Mario Kart 64.

| Dreyer's Collegiate Bests | |
|---------------------------|-----------------------|
| 5,000 Meters - 15:16 | 10,000 Meters - 31:45 |
| 3,000 Meters - 8:39.98 | Mile - 4:30.61 |



800 • So.

Anthony Eason

Lexington, Ky. (Sayre School)

2010: Was a member of the winning 4x400 meter relay team at the EKU Open ... finished 17th in the 800 meters with a time of 2:04.26 at the EKU Open ... ran a 2:03.77 800 meters during the indoor season at the Kentucky Rod McCravy Invitational.

Personal: Son of Daryl and Cindy Eason ... major is industrial technology ... one interesting fact about Anthony: he lived in Korea with an exchange student for a summer.

| Eason's Collegiate Bests |
|--------------------------|
| 800 Meters - 2:03.77 |



1500/5000 • So.

Bradley Fortuna

Aurora, Ind. (South Dearborn)

2010: Finished seventh in the mile with a time of 4:23.75 at the OVC Indoor Track and Field Championships ... ran an 8:46.23 3,000 meters during the indoor season at the Kentucky Rod McCravy Invitational ... Placed 11th in the 1,500 meters with a time of 4:08.23 at the OVC Outdoor Track and Field Championships ... set outdoor personal bests at the University of the Cumberlands Invitational in the 800 meters (2:03.12) and the 1,500 meters (4:06.21) ... ran his best 5,000 meters at the Centre Invitational with a time of 15:37.45.

High School Accomplishments: Four-time all-conference, three-time all-sectional and two-time all-region in cross country ... also, a four time conference champion in track and field ... finished 11th at state in the 3,200 meters as a sophomore ... twelve-time letter winner.

Personal: Son of John and Becky Fortuna ... major is computer information systems ... Brad's favorite place in the world: Great American Ballpark.

| Fortuna's Collegiate Bests | |
|----------------------------|-------------------------|
| Mile - 4:23.75 | 5,000 Meters - 15:37.45 |
| 1,500 Meters - 4:06.21 | 3,000 Meters - 8:46.23 |



200/400 • Sr.

Kristopher Hawkins

Henderson, Ky. (Henderson County)

2010: Scored points with a fourth place finish in the 400 meters (49.42) at the OVC Indoor Championships on Feb. 26 ... also a member of the men's distance medley team which finished second at the indoor championships with a time of 10:43.58 ... took fifth in the 400 meters at the OVC Outdoor Championships on April 30 with a season-best time of 48.23 ... ran his season best in the 200 meters with a time of 22.56 at the Cumberlands Invitational on April 10.

2009: Finished fourth in the finals of the 400 meters at the OVC Indoor Track and Field Championships with a time of 50.34 ... then placed fourth in the finals of the 400 meters at the OVC Outdoor Track and Field Championships in 48.59 ... took second place in the 400 meters at the Centre Invitational with a time of 49.82 ... also runs the 200 meters, finishing 13th at the outdoor championships with a time of 22.24.

2008: Finished sixth in the finals of the 400-meter dash at the OVC Indoor Track and Field Championships with a time of 50.57 ... was a member of the winning distance medley team at the indoor championships ... also a member of the 4x400 meter relay team that finished third at the indoor championships ... a member of the winning distance medley team at the University of Tennessee Sea Ray Relays ... placed eighth in the finals of the 400-meter dash at the OVC Outdoor Track and Field Championships with a time of 51.20 ... was a member of the 4x400 meter relay team that finished fourth at the outdoor championships.



High School Accomplishments: 400 meter state champion ... 1600-meter relay back-to-back state champion ... 3,200-meter relay back-to-back state runner-up ... high school coach was Patrick Rowland.

Personal: Son of Alicia Fredrick ... major is criminal justice ... Kris's favorite place in the world: New York City.

| Hawkins' Collegiate Bests | |
|---------------------------|--|
| 400 Meters - 48.23 | |
| 200 Meters - 22.1 | |

100/400 • Jr.

William Hogan

Frankfort, Ky. (Franklin County)

2010: Ran season-best times in the 200 meters (23.30) and the 400 meters (52.08) at the EKU Open on April 16 ... was also a member of the winning 4x400 meter relay team at the EKU Open (3:35.60).

High School Accomplishments: Four-time state qualifier and regional junior Olympic qualifier.

Personal: Son of Robert and Tenny Hogan ... major is sports management ...one interesting fact about William: he owns 30 pairs of sunglasses and he loves Ralph Lauren Polo.

| Hogan's Collegiate Bests | |
|--------------------------|--------------------|
| 100 Meters - 11.54 | 400 Meters - 51.91 |
| 200 Meters - 23.2 | |

1500/5000 • So.

Daniel Jones

Whakatane, New Zealand (Trident)

2010: Scored a point at the OVC Indoor Track and Field Championships with a sixth-place finish in the 5,000 meters with a time of 15:22.66 ... placed seventh in the 10,000 meters with a time of 33:05.15 at the OVC Outdoor Track and Field Championships ... ran a PR in the 1,500 meters at the University of the Cumberlands Invitational with a time of 4:07.81 ... ran his best 5,000 meters at the Raleigh Relays with a time of 15:26.68

2009: Named second team All-OVC after finishing 13th at the OVC Cross Country Championships with an 8K time of 27:01.01 ... Finished third on the team and 13th overall at the WKU Old Timers Classic with an 8K time of 26:34.51.

Personal: Son of Neil and Jose Jones ... major is management ... Daniel's favorite place in the world: airports.

| Jones' Collegiate Bests | |
|-------------------------|--------------------------|
| 3,000 Meters - 8:47.65 | 1,500 Meters - 4:07.81 |
| 5,000 Meters - 15:22.66 | 10,000 Meters - 33:05.15 |

1500/5000 • Jr.

Evans Kiptoo

Eldoret, Kenya (Lindenwood Univ.)

2010: Redshirted the track and field season.

2009: Redshirted the cross country season ... Recorded a title triumvirate at the OVC Indoor Track and Field Championships as he took home individual conference titles in the mile (4:09.32) and 3,000 meters (8:28.64) while being a member of the winning distance medley team (10:15.62) ... also won an OVC title in the 5,000 meters at the OVC Outdoor Track and Field Championships, edging teammate Joseph Maina with a time of 14:40.51 ... placed fifth in the 1,500 meters at the outdoor championships with a time of 3:59.46 ... finished 10th in the 5,000 meters at the Mideast Region Track and Field Championships with a time of 14:33.34 and was the highest sophomore finisher in the talent-laden race ... was the first collegiate finisher in the 3,000 meters at the Univ. of Kentucky Invitational, placing second to only Reebok's John Richardson with a time of 8:13.67 ... won the mile in 4:10.00 at the MTSU Invitational ... against some of the best competition in the country at the Univ. of Arkansas Tyson Invitational, he placed fourth in the 3,000 meters with a time of 8:04.01 ... recorded a 14:20.73 in the 5,000 meters at the Mt. SAC Relays ... named OVC Male Runner of the Week twice during the track and field season.

2008: Placed third at the OVC Cross Country Championships and was named first team All-OVC ... finished 21st at the Southeast Region Championships two weeks later, earning All-Southeast Region honors.

2007: An All-American in the indoor 3,000 meters at Lindenwood University.

Personal: Son of Elizabeth C. Kimaiyo and Jonathan Kutto ... major is sports management...Evan's best non-athletic talent: socializing.

| Kiptoo's Collegiate Bests | |
|---------------------------|---------------------|
| 5,000 Meters - 14:20.73 | Mile - 4:09.32 |
| 3,000 Meters - 8:04.01 | 1,500 Meters - 3:53 |

Jumps • So.

Kyle Lowe


Cincinnati, Ohio (Northwestern)

2010: Ran a season-best 11.18 in the 100 meters at the Cumberlands Invitational on April 10 and a season-best 23.39 in the 200 meters at the Centre Invitational on April 3 ... flashed his versatility by recording a season-best 19-10.25 in the long jump at the EKU Open on April 16.

High School Accomplishments: Junior Olympic national qualifier ... first team all-league in the long jump.

Personal: Son of Robin Stephens ... major is chemistry/pharmacy ... one interesting fact about Kyle: he was born in Frankfurt, Germany.

| Lowe's Collegiate Bests | |
|-------------------------|--------------------|
| Long Jump - 22.00 | 60 Meters - 7.16 |
| 200 Meters - 23.39 | 100 Meters - 11.18 |

1500/5000 • Jr.

David Mutuse

Makueni, Kenya (Mbuambi Boys)

2010: Won his first career OVC title in the 3,000 meter steeplechase with a time of 9:39.72 at the OVC Outdoor Track and Field Championships ... also finished third in the 5,000 meters (15:15.00) and fourth in the 10,000 meters (32:21.32) at the outdoor championships ... placed third in the 5,000 meters with a time of 15:17.60 at the OVC Indoor Track and Field Championships ... also placed fifth in the 3,000 meters at the indoor championships with a time of 8:47.94 ... named OVC Male Track Athlete of the Week on April 13 after he ran a 14:46.02 in the 5,000 meters at the UT Sea-Ray Relays on Friday, then drove up I-75 the next morning and won the 10,000 meters at the University of the Cumberlands Invitational with an OVC-best time of 30:53.36 ... ran a personal best 14:40.71 in the 5,000 meters at the prestigious Penn Relays on April 23.

2009: Redshirted the cross country season ... recorded two third-place finishes at the OVC Indoor Track and Field Championships, one in the 3,000 meters (8:38.59) and the other in the 5,000 meters (15:18.78) ... displayed his versatility with a third-place finish in the 3,000 meter-steeplechase at the OVC Outdoor Track and Field Championships, logging a time of 9:29.59 ... also finished fourth in the 5,000 meters at the outdoor championships with a time of 14:56.43 ... won the 5,000 meters at the EKU Open (14:58.27) and the Centre Invitational (15:14.74).

Personal: Son of John and Joyce Mutuse ... major is industrial engineering ... David's best non-athletic talent: he is a technician.

Mutuse's Collegiate Bests

| | |
|-------------------------|------------------------------|
| 5,000 Meters - 14:40.71 | 3,000 Steeplechase - 9:29.59 |
| 3,000 Meters - 8:38.59 | 10,000 Meters - 30:53.36 |



800/1500 • Jr.

Cole Nieporte


Erlanger, Ky. (Lloyd Memorial)

High School Accomplishments: Member of the Lloyd Memorial team that won the Kentucky State Indoor Track and Field Championships ... his team also won the region track and field championship all four years he was there ... a member of the three-time conference champion and two-time region champion 4x800 meter relay team.

Personal: Son of Tim and Betsy Nieporte ... major is criminal justice ... Cole's favorite place in the world: Siesta Key, Florida.

Nieporte's Collegiate Bests

| | |
|----------------------|----------------------|
| 400 Meters - 50.89 | Mile - 4:28.62 |
| 800 Meters - 1:56.74 | 5,000 Meters - 16:06 |



Throws • Sr.

Robert O'Malley


Montrose, Penn. (Montrose Area)

2010: Scored points with a fifth place finish in the shot put at the OVC Outdoor Championships, recording a throw of 44-3.5 ... threw his personal best in the shot put at the EKU Open on April 16 when he recorded a toss of 47-3.

Personal: Son of Irene O'Malley ... major is history.

O'Malley's Collegiate Bests

| |
|-----------------|
| Shot Put - 47-3 |
| Discus - 110-0 |



1500/5000 • Jr.

Chris Rice

Versailles, Ky. (Woodford County)

2010: Finished second in the 5,000 meters with a time of 15:17.22 at the OVC Indoor Track and Field Championships ... that time was also the second fastest 5,000 meters time ran during the entire indoor season in the OVC ... also scored points with a fourth-place finish in the 3,000 meters at the indoor championships (8:44.73) ... finished eighth in the 5,000 meters with a time of 15:36.40 at the OVC Outdoor Track and Field Championships.

2009: Named second team All-OVC after finishing ninth at the OVC Cross Country Championships with an 8K time of 26:50.16 ... placed fourth on the team and 54th overall at the Southeast Regional with a 10K time of 32:07.77 ... finished fifth in the 5,000 meters at the OVC Indoor Track and Field Championships with a time of 15:36.64 ... placed sixth in the 10,000 meters at the OVC Outdoor Track and Field Championships, logging a time of 32:18.78 ... finished eighth in the 1,500 meters at the Centre Invitational with a time of 4:09.43 ... took fifth in the mile at the MTSU Invitational with a time of 4:34.20.


2008: Placed 16th at the OVC Cross Country Championships.

High School Accomplishments: 2006 Kentucky state runner up in cross country ... 2006 state runner-up in the two mile.

Personal: Son of Tara and Harold Fuson ... major is sports management ... Chris's favorite place in the world: home, relaxing.

Rice's Collegiate Bests

| | |
|-------------------------|-----------------------|
| 5,000 Meters - 15:17.22 | Mile - 4:25.49 |
| 1,500 Meters - 4:06 | 10,000 Meters - 32:18 |

800/3000 • Sr.

David Willis

Fort Mill, S.C. (Fort Mill)

2010: Was a member of the distance medley team that finished second at the OVC Indoor Track and Field Championships with a time of 10:05.27 ... ran the sixth fastest indoor mile time in the OVC at the Kentucky Invitational on Jan. 15 (4:20.50) ... scored a point at the OVC Outdoor Track and Field Championships with a sixth-place performance in the 800 meters (1:56.21).

2009: Finished sixth in the 800 meters at the OVC Outdoor Track and Field Championships with a time of 1:54.42 ... took second in the mile at the MTSU Invitational with a time of 4:22.70 ... also placed fifth in the 800 meters at the MTSU Invitational in a time of 2:00.76.

2008: Finished 11th at the OVC Cross Country Championships and garnered second team All-OVC honors ... scored points with a fourth place finish in the 1,500 meters at the OVC Outdoor Track and Field Championships with a time of 4:03.67 ... placed 13th in the 800 meters at the OVC Indoor Track and Field Championships with a time of 1:58.42 ... took 23rd in the mile at the talent-laden Rod McCravy Invitational at UK, logging a time of 4:18.62.

High School Accomplishments: Twice was a member of the state champion cross country team ... also a member of the state champion track and field team ... was a member of a 4x800 relay team that won the state championship ... holds high school records for the 4x400, 4x800, 800 meters and 5,000 meters ... high school coach was Marc Pryc.

Personal: Son of Jeff and Karen Willis ... major is graphics communication management ... one interesting fact about David: he wants to climb Mount Everest without extra oxygen.

| Willis' Collegiate Bests | |
|--------------------------|----------------------|
| 1,500 Meters - 4:00.28 | Mile - 4:18.62 |
| 800 Meters - 1:54 | 5,000 Meters - 15:12 |



800/3000 • Fr.

Ole Hesselbjerg

Charlottenlund, Denmark (Falkouergardens Gymnasium)

High School Accomplishments: Danish Junior National record holder in the 3,000 meters steeplechase ... finished 53rd at the 2009 European Junior Cross Country Championships in Dublin, Ireland, where he competed against fellow Colonel, Soufiane Bouchikhi ... was Denmark's highest finisher at the championships ... has run personal best times of 1:53.61 in the 800 meters, 3:54.23 in the 1,500 meters, 8:34.67 in the 3,000 meters and 8:58.1 in the 3,000 meters steeplechase.

Personal: Son of Lars Hesselbjerg ... major is math ...one interesting fact about Ole: he is fast.



1500/5000 • So.

Victor Kemboi

Eldoret, Kenya (American Intl. College)

2009: A transfer from American International College in Springfield, Mass. ... was the runner-up at the NCAA Division II East Regional Cross Country Championships with a 10K time of 31:01 ... finished 50th at the 2009 NCAA Division II Cross Country Championships ... was the Northeast-10 indoor mile champion ... has run personal best times of 3:55.63 in the 1,500 meters, 4:15.00 in the indoor mile and 14:36.45 in the indoor 5,000 meters.

High School Accomplishments: A graduate of Uasin Gishu High School in Eldoret, Kenya.



1500/5000 • Jr.


Musa Kimuli

Kampala, Uganda (Makerere Univ.)

2009: A transfer from Makerere University in Kampala, Uganda ... a medalist at the National University Games in track and field ... finished sixth at the East African University Cross Country Championships ... was named to Uganda's 2010 World University Cross Country Team that was scheduled to compete in Kingston, Ontario ... the team was unable to compete due to factors outside the control of the Ugandan athletes and coaches ... has run a personal best time of 14:22 in the 5,000 meters.

High School Accomplishments: A graduate of St. Stephens Secondary School in Kampala, Uganda.

Personal: Son of Nakatudde and Norah Kimuli ... major is undeclared ... Musa's best non-athletic talent: writing and leadership. Personal: Son of William Kip Kemboi and Rebecca Kemboi ... major is health services administration ... Victor's best non-athletic talent: driving.



800/1500 • Jr.


William Marcum

Richmond, Ky. (Madison Central)

High School Accomplishments: District champion in the mile, the 4x800 meter relay and the 4x400 meter relay.


Personal: Son of Don and Londa Marcum ... major is general business ... one interesting fact about William: he has been to all 50 states.



| | |
|--|----------------------------|
|  | 1500/3000 • Fr. |
| | <i>Peter Migun</i> |
| | Knoxville, Tenn. (Bearden) |

High School Accomplishments: All-K.I.L. (Knoxville Interscholastic League) and all-region at Bearden High School in Knoxville.

Personal: Son of Rolf and Deni Migun ... major is fire safety technology engineering ... one interesting fact about Peter: he can juggle.

| | |
|--|--|
|  | 3000/5000 • Fr. |
| | <i>Adams Ronnoh</i> |
| | Eldoret, Kenya (Segero Adventist School) |

High School Accomplishments: the latest in a long line of Colonel recruits from the Great Rift Valley ... a relative newcomer to running with raw talent.

Personal: Son of Samson Lagat and Susan Lagat ... major is nursing ... one interesting fact about Adams: he loves history and international affairs.

| | |
|--|---------------------------------|
|  | 800/3000 • Fr. |
| | <i>Sean VanDerMosten</i> |
| | Burlington, Ky. (Conner) |

High School Accomplishments: The 3,200 meters champion at the 2010 KHSAA Region 5 Track and Field Meet ... finished seventh in the 3,200 meters at the 2010 Class AAA Kentucky State Track and Field Meet ... has run a personal best time of 9:44.55 in the 3,200 meters.

Personal: Son of Guy and Colleen Vandermosten ... major is undeclared ... Sean's best non-athletic talent: Xbox.



60 Meters

1. Rose Gilmore 7.34 1985
2. **Nicole Embry 7.40 1993**
3. Candi Estes 7.43 1994
4. Diamond Benjamin 7.46 2010
5. Sandra Ward 7.50 1981



Nicole Embry

5,000 Meters

1. **Sarah Blossom 17:08.79 1999**
2. Tracy Bunce 17:30.99 1992
3. Amy Clements 17:31.80 1993
4. Mandy Jones 17:38.50 1996



Sarah Blossom

200 Meters

1. **Felecia Hawkins 24.28 1997**
2. Diamond Benjamin 24.48 2010
3. Sheri Calhoun 24.61 2003
4. Jackie Humphrey 24.70 1988
5. Nicole Embry 24.70 1994



Felecia Hawkins

60-Meter Hurdles

1. **Jackie Humphrey 8.17 1987**
2. Gracie Brown 8.41 1986
3. Kenyetta Grigsby 8.41 2001
4. Michelle Westbrook 8.46 1991
5. Cynita Hoskins 8.53 2003



Jackie Humphrey

400 Meters

1. Bianca Forbes 55.55 2010
2. **Sheri Calhoun 55.61 2003**
3. Lakisha Brooks 55.74 2006
4. Charmaine Byer 56.17 1987
5. Felecia Hawkins 56.66 1998



Sheri Calhoun

Shot Put

1. **Angie Barker 51-11.25 1986**
2. Brianne Carmichael 43-6 2006
3. Colleen Beatty 42-4 1995
4. Frenchez Larkin 40-2.5 1984
5. Kathy Dodsworth 39-0.50 2002



Angie Barker

800 Meters

1. **Jamie King 2:08.21 1998**
2. Shannon Tobias 2:11.91 2006
3. Pam Raglin 2:12.9 1986
4. Twynette Wilson 2:13.9 1990
5. Celestina Ogbolugo 2:14.39 1999



Jamie King

Long Jump

1. **Lacsheia Turner 19-0.75 2003**
2. Jazzmin Jeter 18-9.75 2010
3. Jackie Humphrey 18-9 1985
4. Morgan Thacker 18-7 2010
5. Kathy Edwards 18-6.75 1997



Lacsheia Turner

Mile

1. Jamie King 4:42.90 1998
2. Pam Raglin 4:43.31 1987
3. Lydia Kosgei 4:47.69 2011
4. Katy Ankrom 4:49.14 2008
5. **Linda Davis 4:50.55 1987**



Linda Davis

Triple Jump

1. **Edyth Childress 39-11 1985**
2. Janiece Gibson 37-3.75 1986
3. Lacsheia Turner 37-2.25 2003
4. Morgan Thacker 37-0 2010
5. Holli Rice 36-8.25 1998



Edyth Childress

3,000 Meters

1. Lisa Malloy 9:29.39 1989
2. Christine Snow 9:48.41 1987
3. Kat Pagano 9:51.12 2011
4. Tama Clare 9:54.6 1991
5. **Jamie King 9:56.76 1999**



Jamie King

High Jump

1. **Betty Geohegan 5-9 1983**
2. Ebony Jones 5-7.25 2006
3. Edyth Childress 5-7 1985
4. Clarissa Gregory 5-6 1983
5. Sue Zylstra 5-6 1993
6. Tiffany Mayfield 5-6 1994



Betty Geohegan

4x400 Meter Relay

1. Barney, Whitted, Westbrook, Powell 3:47.54 1990
2. Whitted, Westbrook, Petty, Powell 3:48.93 1991
3. Humphrey, Byer, Brown, Raglin 3:51.06 1987
4. Canty, Herd, McCluney, Hawkins 3:51.78 1998
5. Simmons, Chuku, Bailey, Calhoun 3:51.86 2003



100 Meters

| | | | |
|----|---------------------|--------------|-------------|
| 1. | Rose Gilmore | 11.56 | 1983 |
| 2. | Nichole Gibson | 11.70 | 2005 |
| 3. | Jackie Humphrey | 11.79 | 1988 |
| 4. | Nicole Embry | 11.82 | 1994 |
| 5. | Candi Estes | 11.84 | 1994 |
| | Diamond Benjamin | 11.84 | 2009 |



Rose Gilmore

200 Meters

| | | | |
|----|----------------------|--------------|-------------|
| 1. | Sheri Calhoun | 23.75 | 2003 |
| 2. | Rose Gilmore | 23.93 | 1985 |
| 3. | Felecia Hawkins | 23.94 | 1997 |
| 4. | Jackie Humphrey | 24.10 | 1987 |
| 5. | Nichole Gibson | 24.14 | 2005 |



Sheri Calhoun

400 Meters

| | | | |
|----|-----------------------|--------------|-------------|
| 1. | Charmaine Byer | 53.46 | 1987 |
| 2. | Sheri Calhoun | 53.60 | 2003 |
| 3. | Tamiko Powell | 54.79 | 1991 |
| 4. | Lakisha Brooks | 54.91 | 2007 |
| 5. | Felecia Hawkins | 55.07 | 1998 |



Charmaine Byer

800 Meters

| | | | |
|----|-------------------|----------------|-------------|
| 1. | Jamie King | 2:06.19 | 1999 |
| 2. | Pam Raglin | 2:07.66 | 1986 |
| 3. | Shannon Tobias | 2:10.0 | 2006 |
| 4. | Sonja Smith | 2:10.97 | 1996 |
| 5. | Linda Davis | 2:11.27 | 1987 |



Jamie King

1,500 Meters

| | | | |
|----|-------------------|----------------|-------------|
| 1. | Pam Raglin | 4:16.84 | 1986 |
| 2. | Jamie King | 4:17.76 | 1998 |
| 3. | Mariann Ostbye | 4:26.1 | 1983 |
| 4. | Lydia Kosgei | 4:28.04 | 2010 |
| 5. | Sunshine Wilson | 4:33.06 | 1995 |



Pam Raglin

3,000 Meters

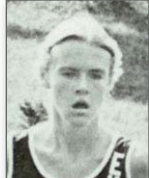
| | | | |
|----|-----------------------|---------------|-------------|
| 1. | Mariann Ostbye | 9:26.0 | 1983 |
| 2. | Sue Schaeffer | 9:27.0 | 1978 |
| 3. | Lisa Malloy (i) | 9:29.39 | 1989 |
| 4. | Tama Clare | 9:43.9 | 1991 |
| 5. | Chris Snow (i) | 9:48.41 | 1987 |



Mariann Ostbye

5,000 Meters

| | | | |
|----|---------------------|----------------|-------------|
| 1. | Sue Schaefer | 16:05.0 | 1978 |
| 2. | Allison Kotouch | 16:50.6 | 1986 |
| 3. | Amy Clements | 16:58.8 | 1993 |
| 4. | Sarah Blossom (i) | 17:08.79 | 1999 |
| 5. | Lisa Malloy | 17:09.19 | 1989 |



Sue Schaefer

10,000 Meters

| | | | |
|----|---------------------|----------------|-------------|
| 1. | Kat Pagano | 36:07.10 | 2010 |
| 2. | Sarah Blossom | 36:13.15 | 1999 |
| 3. | Amy Clements | 36:22.0 | 1995 |
| 4. | Jamie Gorrell | 37:02.0 | 1992 |
| 5. | Paula Gaston | 37:13.2 | 1979 |



Amy Clements

4x100 Meter Relay

| | | | |
|----|----------------------------------|-------|------|
| 1. | Howard, Embry, Fomby, Estes | 45.59 | 1993 |
| 2. | Fomby, Embry, Thomas, Estes | 45.63 | 1993 |
| 3. | Fomby, Embry, Whitted, Estes | 45.71 | 1992 |
| 4. | Chuku, Bailey, Gibson, Calhoun | 45.93 | 2003 |
| 5. | Westbrook, Petty, Whitted, Estes | 45.96 | 1991 |

100-Meter Hurdles

| | | | |
|----|---------------------------|--------------|-------------|
| 1. | Jackie Humphrey | 12.83 | 1988 |
| 2. | Nichole Gibson | 13.58 | 2005 |
| 3. | Michelle Westbrook | 13.74 | 1991 |
| 4. | Cynita Hoskins | 13.76 | 2004 |
| 5. | Karen Robinson | 13.79 | 1988 |



Michelle Westbrook

400-Meter Hurdles

| | | | |
|----|----------------------|----------------|-------------|
| 1. | Teri Seippel | 58.8 | 1980 |
| 2. | Tasha Whitted | 1:00.26 | 1991 |
| 3. | Vashti Canty | 1:00.70 | 1997 |
| 4. | Nichole Gibson | 1:00.77 | 2003 |
| 5. | Iris Amos | 1:01.05 | 1982 |



Tasha Whitted

Shot Put

| | | | |
|----|-------------------------|-----------------|-------------|
| 1. | Angie Barker (i) | 51-11.25 | 1986 |
| 2. | Frenchez Larkin | 44-10.50 | 1984 |
| 3. | Brianna Carmichael | 44-5.25 | 2006 |
| 4. | Colleen Beatty (i) | 42-4 | 1995 |
| 5. | Lindsey Stanley | 39-3.75 | 2005 |



Angie Barker

Discus

| | | | |
|----|------------------------|--------------|-------------|
| 1. | Kathy Dodsworth | 166-1 | 1999 |
| 2. | Angie Barker | 150-4 | 1986 |
| 3. | Colleen Beatty | 141-4 | 1995 |
| 4. | Tiffany Dumas | 140-2 | 2006 |
| 5. | Shannon Hooper | 131-7 | 2010 |



Kathy Dodsworth

Javelin

| | | | |
|----|---------------------|--------------|-------------|
| 1. | Angie Barker | 148-8 | 1986 |
| 2. | Marie Geisler | 132-10 | 1979 |
| 3. | Beth Hull | 124-4 | 2003 |
| 4. | Lindsey Stanley | 120-8 | 2005 |
| 5. | Janice Textor | 116-7 | 1979 |



Angie Barker

Long Jump

| | | | |
|----|---------------------|-------------|-------------|
| 1. | Teri Seippel | 19-6 | 1980 |
| 2. | Lacsheia Turner | 19-3.5 | 2003 |
| 3. | Donna Schuh | 19-2.75 | 1986 |
| 4. | Jackie Humphrey | 19-0 | 1984 |
| 5. | Jazzmin Jeter (i) | 18-9.75 | 2010 |



Teri Seippel

Triple Jump

| | | | |
|----|------------------------|-------------|-------------|
| 1. | Edyth Childress | 40-4 | 1985 |
| 2. | Janiece Gibson | 38-7.75 | 1986 |
| 3. | Lacsheia Turner | 37-9.5 | 2003 |
| 4. | Anna Stewart | 37-8.50 | 1984 |
| 5. | Morgan Thacker (i) | 37-0 | 2010 |



Edyth Childress

High Jump

| | | | |
|----|-------------------------|----------------|-------------|
| 1. | Clarissa Gregory | 5-11.25 | 1983 |
| 2. | Teri Seippel | 5-9 | 1979 |
| | Betty Geohagan (i) | 5-9 | 1983 |
| | Ebony Jones | 5-9 | 2005 |
| 5. | Edyth Childress | 5-8 | 1985 |
| | Sue Zylstra | 5-8 | 1993 |
| | Tiffany Mayfield | 5-8 | 1994 |



Clarissa Gregory

(i) - Indoor performance



60 Meters

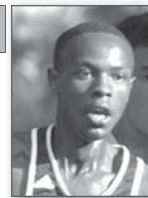
| | | | |
|----|-------------------|-------------|-------------|
| 1. | Marvin Elmore | 6.71 | 2004 |
| 2. | Rick White | 6.74 | 1982 |
| 3. | Lorenzo Combs | 6.75 | 1981 |
| 4. | Shannon Davis | 6.76 | 2009 |
| 5. | Stan Pringle | 6.77 | 1983 |



Rick White

5,000 Meters

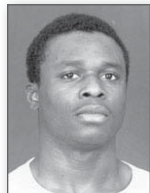
| | | | |
|----|--------------------|-----------------|-------------|
| 1. | Jacob Korir | 13:48.13 | 2008 |
| 2. | Joseph Maina | 14:14.65 | 2009 |
| 2. | Doug Bonk | 14:25.6 | 1979 |
| 3. | James Mutuse | 14:33.99 | 2000 |
| 4. | John Nganga | 14:44.59 | 1992 |



Jacob Korir

200 Meters

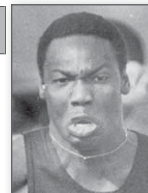
| | | | |
|----|-------------------------|--------------|-------------|
| 1. | Dallas Robinson | 21.35 | 2005 |
| 2. | Shannon Davis | 21.55 | 2009 |
| 3. | Gaffel Hippolyte | 21.72 | 1997 |
| 4. | Dan Pallex | 21.74 | 2003 |
| 5. | Arnold Payne | 21.82 | 1995 |



Gaffel Hippolyte

60-Meter Hurdles

| | | | |
|----|-------------------|-------------|-------------|
| 1. | Sam Bailey | 7.84 | 1983 |
| 2. | Dennis Toole | 7.85 | 1992 |
| 3. | Stanley Moore | 7.89 | 1978 |
| 4. | Mike VanKrutchen | 7.98 | 2008 |
| 5. | Garry Moore | 8.05 | 1978 |
| | Jeff Wright | 8.05 | 1978 |
| | Jeremy Petter | 8.05 | 1996 |



Sam Bailey

400 Meters

| | | | |
|----|---------------------|--------------|-------------|
| 1. | Arnold Payne | 46.71 | 1995 |
| 2. | Gaffel Hippolyte | 47.32 | 1997 |
| 3. | Leon Pullen | 47.68 | 1995 |
| 4. | Kevin Johnson | 47.85 | 1983 |
| 5. | Mike Carter | 48.04 | 1988 |



Arnold Payne

Shot Put

| | | | |
|----|------------------------|-------------|-------------|
| 1. | Scott DeCanadia | 55-6 | 1977 |
| 2. | Dave Stebing | 53-8 | 1971 |
| 3. | Dennis Graham | 53-6.25 | 1979 |
| 4. | Brian Dowds | 53-5.75 | 1979 |
| 5. | Van Foster | 49-10.50 | 1979 |



Scott DeCanadia

800 Meters

| | | | |
|----|-------------------------|----------------|-------------|
| 1. | Steve Maina | 1:49.58 | 2006 |
| 2. | Elkana Kurgat | 1:50.41 | 2008 |
| 3. | Daniel Blochwitz | 1:51.03 | 1999 |
| 4. | Phil Scott | 1:51.06 | 2003 |
| 5. | Jeff Goodwin | 1:51.14 | 1988 |



Daniel Blochwitz

Long Jump

| | | | |
|----|---------------------|-------------|-------------|
| 1. | Wilbur Davis | 25-3 | 1969 |
| 2. | Keith Burton | 24-11 | 1980 |
| 3. | Larry White | 24-4.50 | 1984 |
| | Hilary Mawindi | 24-4.50 | 1995 |
| 5. | Vince Scott | 24-3 | 1985 |



Wilbur Davis

Mile

| | | | |
|----|-------------------------|---------------|-------------|
| 1. | Burkhard Wagner | 4:03.37 | 1991 |
| 2. | Kenneth Anderson | 4:05.1 | 1966 |
| 3. | Joseph Maina | 4:07.56 | 2009 |
| 3. | Mark Yellen | 4:08.1 | 1978 |
| 4. | Andreas Mueller | 4:08.43 | 1984 |



Kenneth Anderson

Triple Jump

| | | | |
|----|----------------------|-------------|-------------|
| 1. | Chris Goodwin | 51-8 | 1978 |
| 2. | Hilary Mawindi | 51-5 | 1995 |
| 3. | Jeff Goodwin | 51-3 | 1986 |
| 4. | Keith Burton | 50-4.50 | 1980 |
| 5. | Larry White | 50-4 | 1984 |



Chris Goodwin

3,000 Meters

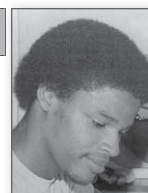
| | | | |
|----|--------------------|----------------|-------------|
| 1. | Jacob Korir | 7:58.25 | 2006 |
| 2. | Soufiane Bouchikhi | 7:59.20 | 2010 |
| 3. | Evans Kiptoo | 8:04.01 | 2009 |
| 4. | Joseph Maina | 8:16.13 | 2009 |
| 5. | Tim Menoher | 8:16.32 | 1994 |



Tim Menoher

High Jump

| | | | |
|----|-------------------|---------------|-------------|
| 1. | Ken Glover | 7-4.25 | 1981 |
| 2. | Ken Wilson | 7-0 | 1983 |
| 3. | Laird McLean | 6-11 | 1983 |
| 4. | Mike Powell | 6-10 | 1978 |
| 5. | Tyrone Walker | 6-7 | 2002 |



Ken Glover

4x400 Meter Relay

| | | | |
|----|-----------------------------------|---------|------|
| 1. | White, Pullen, Lucas, Payne | 3:12.82 | 1994 |
| 2. | Toole, Pullen, Lucas, Payne | 3:13.02 | 1994 |
| 3. | Gilchrist, Jones, Forrest, Lewis | 3:13.16 | 1982 |
| 4. | Jackson, Serrano, Goodwin, Carter | 3:13.18 | 1987 |
| 5. | Davis, Pullen, Lucas, Payne | 3:13.22 | 1995 |



100 Meters

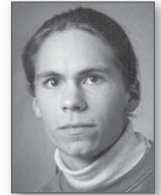
| | | | |
|----|-------------------|--------------|-------------|
| 1. | Rick White | 10.32 | 1983 |
| 2. | Roosevelt Turner | 10.38 | 2002 |
| 3. | Shannon Davis | 10.39 | 2008 |
| 4. | Dallas Robinson | 10.40 | 2005 |
| 5. | Marvin Elmore | 10.43 | 2004 |



Rick White

400-Meter Hurdles

| | | | |
|----|-------------------------|--------------|-------------|
| 1. | Daniel Blochwitz | 50.61 | 1996 |
| 2. | Chris Franklin | 51.29 | 2004 |
| 3. | Rod Davis | 51.73 | 1995 |
| 4. | Dean Marelli | 52.28 | 1993 |
| 5. | Bill Catlett | 52.35 | 1977 |



Daniel Blochwitz

200 Meters

| | | | |
|----|----------------------|----------------|-------------|
| 1. | Shannon Davis | 20.68 | 2008 |
| 2. | Tyrone Harbut | 20.80 c | 1973 |
| 3. | Dallas Robinson | 21.04 | 2004 |
| 4. | Otis Jones | 21.16 | 1981 |
| 5. | Roosevelt Turner | 21.25 | 2002 |



Tyrone Harbut

Shot Put

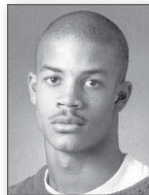
| | | | |
|----|------------------------|-------------|-------------|
| 1. | Scott DeCanadia | 56-7 | 1978 |
| 2. | Dennis Graham | 56-0.50 | 1979 |
| 3. | Dave Stebing | 53-8 | 1971 |
| 4. | Brian Dowds (i) | 53-5.75 | 1979 |
| 5. | J.C. Hardin | 52-4.50 | 1973 |



Scott DeCanadia

400 Meters

| | | | |
|----|--------------------|--------------|-------------|
| 1. | Arnold Payne | 45.83 | 1995 |
| 2. | Leon Pullen | 46.61 | 1993 |
| 3. | Bryan Robinson | 47.01 | 1976 |
| 4. | Tyrone Harbut | 47.10 c | 1974 |
| 5. | Clarence Lampkin | 47.26 | 1967 |



Leon Pullen

Discus

| | | | |
|----|--------------------|--------------|-------------|
| 1. | Brian Dowds | 167-0 | 1980 |
| 2. | J.C. Hardin | 159-2 | 1975 |
| 3. | Ron Wilson | 157-1 | 1978 |
| 4. | Dave Perkins | 156-7 | 1982 |
| 5. | Tom Kerns | 156-3 | 1976 |



J.C. Hardin

800 Meters

| | | | |
|----|---------------------|----------------|-------------|
| 1. | Jeff Goodwin | 1:47.75 | 1987 |
| 2. | Kenneth Andersson | 1:48.2 | 1966 |
| 3. | Kelvin Lewis | 1:49.22 | 1981 |
| 4. | Steve Maina | 1:49.58 | 2004 |
| 5. | Elkana Kurgat | 1:49.64 | 2008 |



Jeff Goodwin

Javelin

| | | | |
|----|---------------------|--------------|-------------|
| 1. | Frank Powers | 226-6 | 1975 |
| 2. | Dennis Roberts | 220-9 | 1975 |
| 3. | Tom Roggy | 202-6 | 1978 |
| 4. | Tim Wagner | 199-2 | 1973 |
| 5. | Van Foster | 199-1 | 1978 |



Frank Powers

1,500 Meters

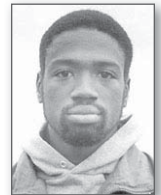
| | | | |
|----|------------------------|----------------|-------------|
| 1. | Burkhard Wagner | 3:41.25 | 1991 |
| 2. | Andreas Mueller | 3:44.6 | 1984 |
| 3. | Grant Colehour | 3:46.4 c | 1969 |
| 4. | Mark Yellin | 3:47.7 | 1977 |
| 5. | Ken Silvius | 3:48.9 | 1970 |



Burkhard Wagner

Long Jump

| | | | |
|----|--------------------|-------------|-------------|
| 1. | Wilbur Davis | 25-3 | 1966 |
| 2. | Larry White | 25-1 | 1985 |
| 3. | Hilary Mawindi | 25-0.50 | 1995 |
| 4. | Keith Burton (i) | 24-11 | 1980 |
| 5. | Mark Morris | 24-7.50 | 1986 |



Larry White

5,000 Meters

| | | | |
|----|-----------------------|-----------------|-------------|
| 1. | Jacob Korir | 13:29.12 | 2008 |
| 2. | Soufiane Bouchikhi | 14:01.71 | 2010 |
| 2. | Joseph Maina | 14:06.43 | 2008 |
| 3. | David Machungo | 14:10.69 | 2000 |
| 4. | Tim Menoher | 14:17.0 | 1994 |



David Machungo

Triple Jump

| | | | |
|----|----------------------|----------------|-------------|
| 1. | Chris Goodwin | 52-4.75 | 1980 |
| 2. | Hilary Mawindi (i) | 51-9.50 | 1995 |
| 3. | Jeff Goodwin (i) | 51-3 | 1986 |
| 4. | Larry White | 51-0.50 | 1984 |
| 5. | Rick Estes | 50-5.75 | 1981 |



Chris Goodwin

10,000 Meters

| | | | |
|----|--------------------|-----------------|-------------|
| 1. | Jacob Korir | 28:04.47 | 2008 |
| 2. | Rob Colvin | 29:55.64 | 1992 |
| 3. | Doug Bonk | 29:57.0 | 1979 |
| 4. | Grant Colehour | 30:01.1 c | 1969 |
| 5. | John Nganga | 30:08.46 | 1995 |



Jacob Korir

High Jump

| | | | |
|----|-------------------|------------|-------------|
| 1. | Ken Glover | 7-5 | 1982 |
| 2. | Ken Wilson | 7-2 | 1984 |
| 3. | Laird McLean | 7-0 | 1985 |
| 4. | Mike Howell | 6-11.75 | 1978 |
| 5. | Steve Flint | 6-8.25 | 1974 |



Ken Wilson

100-Meter Hurdles

| | | | |
|----|---------------------|--------------|-------------|
| 1. | Garry Moore | 13.85 | 1977 |
| 2. | Chris Franklin | 14.01 | 2004 |
| 3. | Sam Bailey | 14.13 | 1982 |
| 4. | Dennis Toole | 14.14 | 1993 |
| | Maurice Phillips | 14.14 | 1991 |



Dennis Toole

(i) - Indoor performance



Indoor

| | | | |
|------------------|-----------------|----------|------|
| 55 Meters | Rose Gilmore | 6.84 | 1985 |
| 60 Meters | Rose Gilmore | 7.34 | 1983 |
| 55-Meter Hurdles | Jackie Humphrey | 7.64 | 1987 |
| 60-Meter Hurdles | Jackie Humphrey | 8.17 | 1987 |
| 200 Meters | Felecia Hawkins | 24.28 | 1997 |
| 300 Meters | Rose Gilmore | 41.06 | 1985 |
| 400 Meters | Bianca Forbes | 55.55 | 2010 |
| 500 Meters | Charmaine Byer | 1:13.90 | 1987 |
| 800 Meters | Jamie King | 2:08.21 | 1998 |
| 1,000 Meters | Pam Raglin | 2:45.72 | 1987 |
| Mile | Jamie King | 4:42.90 | 1998 |
| 3,000 Meters | Lisa Malloy | 9:29.39 | 1989 |
| 5,000 Meters | Sarah Blossom | 17:08.79 | 1999 |
| Long Jump | Lacsheia Turner | 19-0.75 | 2003 |
| Triple Jump | Edyth Childress | 39-11 | 1985 |
| High Jump | Betty Geohagan | 5-9 | 1983 |
| Shot Put | Angie Barker | 51-11 | 1986 |

Outdoor

| | | | |
|-------------------|------------------|----------|------|
| 100 Meters | Rose Gilmore | 11.56 | 1983 |
| 200 Meters | Sheri Calhoun | 23.75 | 2003 |
| 400 Meters | Charmaine Byer | 53.46 | 1987 |
| 800 Meters | Jamie King | 2:06.19 | 1999 |
| 1,500 Meters | Pam Raglin | 4:16.84 | 1986 |
| 3,000 Meters | Marianne Ostbye | 9:26.0 | 1983 |
| 5,000 Meters | Sue Schaefer | 16:05.0 | 1978 |
| 10,000 Meters | Kat Pagano | 36:07.10 | 2010 |
| 100-Meter Hurdles | Jackie Humphrey | 12.83 | 1988 |
| 400-Meter Hurdles | Teri Seippel | 58.8 | 1980 |
| Shot Put | Angie Barker | 51-11 | 1986 |
| Discus | Kathy Dodsworth | 166-1 | 1999 |
| Javelin | Angie Barker | 148-8 | 1986 |
| Long Jump | Teri Seippel | 19-6 | 1980 |
| Triple Jump | Edyth Childress | 40-4 | 1985 |
| High Jump | Clarissa Gregory | 5-11 | 1983 |
| Heptathlon | Janiece Gibson | 4481 | 1986 |

Relays

| | | | |
|--|---|----------|------|
| 4 x 200 | Humphrey, Byer, Robinson, Brown | 1:41.90 | 1987 |
| 4 x 400 | Barney, Whitted, Westbrook, Powell | 3:47.54 | 1990 |
| 4 x 800 | Byer, Raglin, Johnson, Davis | 8:50.2 | 1987 |
| Sprint Medley (200, 200, 400, 800) | Byer, Robinson, Humphrey, Raglin | 4:00.1 | 1987 |
| Distance Medley (1200, 800, 400, 1600) | Ogbolugo, Herd, Hawkins, King | 11:53.52 | 1998 |
| 4 x 55 Meter Shuttle Hurdle | Humphrey, Robinson, Byer, Brown (World Best) | 30.24 | 1987 |

Relays

| | | | |
|--|------------------------------------|----------|------|
| 4 x 100 | Howard, Embry, Fomby, Estes | 45.59 | 1993 |
| 4 x 200 | Bailey, Gibson, Chuku, Calhoun | 1:37.03 | 2003 |
| 4 x 400 | Whitted, Barney, Westbrook, Powell | 3:42.0 | 1990 |
| 4 x 800 | Raglin, Johnson, Davis, Jones | 8:47.33 | 1987 |
| 4 x 1,500 | Raglin, Davis, Snow, Jones | 18:24.39 | 1987 |
| 4 x 1,600 | Davis, Pazarentzos, Lane, Raglin | 20:07.2 | 1984 |
| Sprint Medley (100, 100, 200, 400) | Johnson, Stewart, Gregory, Burden | 1:44.0 | 1984 |
| Sprint Medley (200, 200, 400, 800) | Moore, McCluney, Hawkins, King | 3:54.13 | 1998 |
| Distance Medley (800, 400, 1200, 1600) | Johnson, Byer, Davis, Raglin | 11:22.48 | 1987 |
| 4 x 100 Meter Shuttle Hurdle | Humphrey, Robinson, Brown, Gibson | 56.4 | 1986 |



Felicia Hawkins holds the EKU record in the 200 meters



Lisa Malloy holds the fastest 3,000 meters time in EKU history



From left: Melanie Bailey, Sheri Calhoun, Onyinyechi Chuku and Nichole Gibson set the school record in the 4 x 200 meter relay in 2003



Indoor

| | | | |
|------------------|-----------------|----------|------|
| 55 Meters | Rick White | 6.28 | 1982 |
| 60 Meters | Marvin Elmore | 6.71 | 2004 |
| 55-Meter Hurdles | Sam Bailey | 7.33 | 1983 |
| 200 Meters | Dallas Robinson | 21.35 | 2005 |
| 300 Meters | Kevin Johnson | 30.29 | 1983 |
| 400 Meters | Arnold Payne | 46.71 | 1995 |
| 500 Meters | Jeff Goodwin | 1:02.76 | 1986 |
| 600 Yards | Ray Johnson | 1:10.0 | 1981 |
| 800 Meters | Steve Maina | 1:49.58 | 2006 |
| 1,000 Meters | Roger Chapman | 2:10.46 | 1986 |
| Mile | Burkhard Wagner | 4:03.37 | 1991 |
| 3,000 Meters | Jacob Korir | 7:58.25 | 2006 |
| 3,200 Meters | Grant Colehour | 8:53.2 | 1969 |
| 5,000 Meters | Jacob Korir | 13:48.13 | 2008 |
| Shot Put | Scott DeCandia | 55-6 | 1977 |
| High Jump | Ken Glover | 7-4.25 | 1981 |
| Pole Vault | Dave Holt | 15-0.25 | 1982 |
| Long Jump | Wilbur Davis | 25-3 | 1969 |
| Triple Jump | Chris Goodwin | 51-8 | 1978 |

Relays

| | | | |
|--|----------------------------------|---------|------|
| 4 X 400 | White, Pullen, Lucas, Payne | 3:12.82 | 1994 |
| 4 X 800 | Mornini, Gordon, Pigg, Yellen | 7:38.6 | 1976 |
| Distance Medley (1,200, 400, 800, 1,600) | Gordon, Wiggins, Mornini, Yellen | 10:01.1 | 1976 |

Outdoor

| | | | |
|--------------------|------------------|----------|------|
| 100 Meters | Rick White | 10.32 | 1983 |
| 200 Meters | Shannon Davis | 20.68 | 2008 |
| 400 Meters | Arnold Payne | 45.83 | 1995 |
| 800 Meters | Jeff Goodwin | 1:47.75 | 1987 |
| 1,500 Meters | Burkhard Wagner | 3:41.25 | 1991 |
| Mile | Burkhard Wagner | 3:59.5 | 1991 |
| 5,000 Meters | Jacob Korir | 13:29.12 | 2008 |
| 10,000 Meters | Jacob Korir | 28:04.47 | 2008 |
| 3,000 Steeplechase | Ken Silvious | 8:44.7 | 1970 |
| 110-Meter Hurdles | Garry Moore | 13.85 | 1977 |
| 400-Meter Hurdles | Daniel Blochwitz | 50.61 | 1996 |
| High Jump | Ken Glover | 7-5 | 1982 |
| Pole Vault | Dave Holt | 16-1 | 1984 |
| Shot Put | Scott DeCandia | 56-7 | 1978 |
| Discus | Brian Dowds | 167-0 | 1980 |
| Javelin | Frank Powers | 226-6 | 1975 |
| Long Jump | Wilbur Davis | 25-3 | 1966 |
| Triple Jump | Chris Goodwin | 52-4.75 | 1980 |

Relays

| | | | |
|--|--------------------------------------|----------|------|
| 4 X 100 | Scott, Pringle, Johnson, White | 39.91 | 1983 |
| 4 X 200 | Scott, Pringle, Johnson, Gilchrist | 1:22.83 | 1983 |
| 4 X 400 | Pringle, Gilchrist, Johnson, Mosby | 3:08.3 | 1983 |
| 4 X 800 | Henderson, Fancher, Ngeno, Blochwitz | 7:32.79 | 1996 |
| 4 X Mile | Kurgat, Maina, Korir, Rengifo | 16:39.47 | 2008 |
| Sprint Medley (200, 200, 400, 800) | Pringle, Johnson, Gilchrist, King | 3:18.30 | 1983 |
| Distance Medley (1,200, 400, 800, 1,600) | Menoher, Urquhart, Lartey, Wagner | 9:42.34 | 1991 |
| 4 x 110 Meter Shuttle Hurdle | Toole, Marelli, White, Anthony | 59.67 | 1993 |



Steve Maina is the indoor 800 meters record holder at EKU



Dallas Robinson holds the EKU record in the indoor 200 meters



Jacob Korir (5,000 meters and 10,000 meters) and Shannon Davis (200 meters) both set outdoor EKU records in 2008



Men's Cross Country Honors

OVC Runner of the Year

| | |
|--------------------|------|
| Grant Colehour | 1965 |
| Grant Colehour | 1966 |
| Grant Colehour | 1967 |
| Grant Colehour | 1968 |
| Ken Silvius | 1969 |
| Ken Silvius | 1970 |
| Jay Hodge | 1984 |
| Peter Mundin | 1987 |
| William Hawes | 1988 |
| Bill Hoffman | 1989 |
| Rob Colvin | 1990 |
| John Nganga | 1991 |
| John Nganga | 1992 |
| John Nganga | 1993 |
| John Nganga | 1994 |
| Mohamed Musse | 1997 |
| Daniel Koech | 1998 |
| Jacob Korir | 2004 |
| Jacob Korir | 2005 |
| Jacob Korir | 2006 |
| Jacob Korir | 2007 |
| Joseph Maina | 2008 |
| Wesley Rutttoh | 2009 |
| Soufiane Bouchikhi | 2010 |

OVC Freshman of the Year

| | |
|--------------------|------|
| Elkana Kurgat | 2006 |
| Soufiane Bouchikhi | 2010 |

Women's Cross Country Honors

OVC Runner of the Year

| | |
|-----------------|------|
| Paula Gaston | 1979 |
| Susan Schaefer | 1980 |
| Lisa Renner | 1981 |
| Diane Stewart | 1982 |
| Barb Lane | 1983 |
| Chris Snow | 1984 |
| Allison Kotouch | 1985 |
| Pam Raglin | 1986 |
| Chris Snow | 1987 |
| Lisa Malloy | 1988 |
| Lisa Malloy | 1989 |
| Carena Winters | 1990 |
| Amy Clements | 1991 |
| Amy Clements | 1992 |
| Sunshine Wilson | 1993 |
| Amy Clements | 1994 |
| Sarah Blossom | 1995 |
| Jamie King | 1996 |
| Jamie King | 1997 |
| Wendee Embry | 2003 |
| Picoty Leitich | 2009 |
| Kat Pagano | 2010 |

OVC Freshman of the Year

| | |
|----------------|------|
| Picoty Leitich | 2009 |
| Hannah Miller | 2010 |

Academic All-Americans

Track and Field

| | |
|------------------|------------|
| Roger Chapman | 1986 |
| Allison Kotouch | 1987 |
| Danny Copeland | 1989 |
| Lisa Malloy | 1989-90 |
| Amy Clements | 1993-95 |
| Sarah Blossom | 1997, 1999 |
| Daniel Blochwitz | 1999 |

Cross Country

| | |
|---------------|---------|
| Sarah Blossom | 1997-99 |
|---------------|---------|



Jacob Korir is one of 14 NCAA Division I cross country runners (and three EKU cross country runners) to win four consecutive conference titles



Sarah Blossom was a three-time Academic All-American in cross country and a two-time Academic All-American in track and field



Women's Indoor Honors

OVC Indoor Athlete of the Year

| | |
|------------------|------|
| Jamie King | 1987 |
| Jamie King | 1988 |
| Lakisha Brooks | 2006 |
| Diamond Benjamin | 2010 |

OVC Indoor Freshman of the Year

| | |
|----------------|------|
| Picoty Leitich | 2010 |
|----------------|------|

OVC Indoor Championships Records

| | |
|--|------|
| Rose Gilmore - 55 Meters (6.87) | 1985 |
| Diamond Benjamin - 60 Meters (7.55) | 2009 |
| Kenyetta Grigsby - 60-Meter Hurdles (8.42) | 2001 |
| Jamie King - Mile (4:51.68) | 1998 |
| Angie Barker - Shot Put (51-1) | 1986 |

Women's Outdoor Honors

OVC Outdoor Athlete of the Year

| | |
|----------------|------|
| Terri Seippel | 1980 |
| Mariann Ostbye | 1983 |
| Pam Raglin | 1984 |
| Pam Raglin | 1985 |
| Angie Barker | 1986 |
| Jamie King | 1997 |
| Jamie King | 1998 |
| Sheri Calhoun | 2003 |
| Nicole Gibson | 2005 |

OVC Outdoor Freshman of the Year

| | |
|------------------|------|
| Diamond Benjamin | 2009 |
|------------------|------|

Athlete of the OVC Outdoor Championships

| | |
|---------------|------|
| Nicole Gibson | 2005 |
|---------------|------|

OVC Outdoor Championships Records

| | |
|--|------|
| Jackie Humphrey - 110-Meter Hurdles (13.3) | 1986 |
| Pam Raglin - 800 Meters (2:07.71) | 1986 |
| Mariann Ostbye - 1,500 Meters (4:28.06) | 1983 |
| Allison Koutouch - 5,000 Meters (16:53.0) | 1986 |
| Clarissa Gregory - High Jump (5-11.25) | 1983 |



Terri Seippel was the first EKU woman to win OVC Outdoor Athlete of the Year in 1980

Men's Indoor Honors

OVC Indoor Athlete of the Year

| | |
|-------------|------|
| Larry White | 1984 |
| John Nganga | 1995 |
| Steve Maina | 2003 |

OVC Indoor Freshman of the Year

| | |
|--------------------|------|
| Jacob Korir | 2005 |
| Elkana Kurgat | 2007 |
| Soufiane Bouchikhi | 2010 |

Athlete of the OVC Indoor Championships

| | |
|-----------------|------|
| Dallas Robinson | 2005 |
| Jacob Korir | 2008 |

OVC Indoor Championships Records

| | |
|-----------------------------------|------|
| Kenny Glover - High Jump (7-2.75) | 1982 |
|-----------------------------------|------|

Men's Outdoor Honors

OVC Outdoor Athlete of the Year

| | |
|-----------------|------|
| Chris Franklin | 2004 |
| Dallas Robinson | 2005 |
| Jacob Korir | 2008 |
| Stanley Mugo | 2009 |

OVC Outdoor Freshman of the Year

| | |
|--------------------|------|
| Elkana Kurgat | 2007 |
| Shannon Davis | 2008 |
| Soufiane Bouchikhi | 2010 |

Athlete of the OVC Outdoor Championships

| | |
|---------------|------|
| Elkana Kurgat | 2007 |
| Shannon Davis | 2008 |

OVC Outdoor Championships Records

| | |
|--------------------------------|------|
| Kenny Glover - High Jump (7-3) | 1982 |
|--------------------------------|------|



Kenny Glover holds the OVC Indoor (7-2.75) and Outdoor (7-3) Championships records in the high jump



Women's Indoor OVC Champions

55 Meters / 60 Yards

| | |
|-------------------------|-------|
| Rose Gilmore (6.92) | 1985y |
| Rose Gilmore (6.97) | 1986y |
| Candi Estes (7.03) | 1991 |
| Diamond Benjamin (6.94) | 2010 |

60 Meters

| | |
|-------------------------|------|
| Diamond Benjamin (7.55) | 2009 |
|-------------------------|------|

55-Meter/60-Yard Hurdles

| | |
|---------------------------|-------|
| Jackie Humphrey (7.99) | 1985y |
| Jackie Humphrey (7.93) | 1986y |
| Jackie Humphrey (7.92) | 1988 |
| Robin White (8.17) | 1989 |
| Michelle Westbrook (7.98) | 1991 |
| Lystra Bartholomew (8.10) | 1999 |
| Kenyetta Grigsby (7.98) | 2000 |
| DanHeisha Harding (7.98) | 2010 |

60-Meter Hurdles

| | |
|-------------------------|------|
| Kenyetta Grigsby (8.55) | 2001 |
| Cynita Hoskins (8.53) | 2003 |
| Cynita Hoskins (8.62) | 2004 |
| Iceca Epps (8.61) | 2010 |

200 Meters / 300 Yards

| | |
|-------------------------|-------|
| Rose Gilmore (35.26) | 1985y |
| Rose Gilmore (35.86) | 1986y |
| Jackie Humphrey (24.94) | 1988 |
| Felecia Hawkins (24.46) | 1997 |
| Felecia Hawkins (24.50) | 1998 |

400 Meters / 440 Yards

| | |
|-----------------------|-------|
| Charmine Byer (56.70) | 1985y |
| Charmine Byer (57.39) | 1986y |
| Charmine Byer (56.17) | 1988 |

800 Meters / 880 Yards

| | |
|--------------------------|-------|
| Pam Raglin (2:19.2) | 1985y |
| Linda Davis (2:19.3) | 1986y |
| Michelle Price (2:18.3) | 1993 |
| Jamie King (2:13.2) | 1995 |
| Jamie King (2:13.5) | 1997 |
| Shannon Tobias (2:15.86) | 2006 |

Mile

| | |
|-------------------------|------|
| Pam Raglin (5:08.1) | 1985 |
| Pam Raglin (5:01.0) | 1986 |
| Lisa Malloy (4:57.5) | 1989 |
| Carena Winters (5:06.9) | 1990 |
| Carena Winters (5:01.9) | 1992 |
| Michelle Price (5:01.2) | 1993 |
| Michelle Price (5:03.1) | 1994 |
| Jamie King (5:00.6) | 1995 |
| Jamie King (5:06.4) | 1996 |
| Jamie King (4:59.5) | 1997 |
| Jamie King (4:51.7) | 1998 |
| Katy Ankrom (4:58.39) | 2007 |
| Katy Ankrom (4:55.68) | 2008 |

3,000-Meter/ Two-Mile Run

| | |
|---------------------------|-------|
| Allison Kotouch (10:42.5) | 1986m |
| Tama Clare (10:04.5) | 1988 |
| Lisa Malloy (9:56.5) | 1989 |
| Lisa Malloy (10:17.9) | 1990 |
| Tama Clare (10:20.7) | 1991 |
| Amy Clements (10:14.7) | 1993 |
| Sunshine Wilson (10:12.2) | 1995 |
| Sarah Blossom(10:14.9) | 1996 |

| | |
|----------------------|------|
| Jamie King (10:16.7) | 1998 |
|----------------------|------|

5,000-Meter Run

| | |
|-------------------------|------|
| Jamie Gorrell (18:46.9) | 1991 |
| Tracy Bunce (17:31.0) | 1992 |
| Amy Clements (17:31.8) | 1993 |
| Amy Clements (17:39.9) | 1995 |
| Mandy Jones (17:38.5) | 1996 |
| Sarah Blossom (17:48.0) | 1997 |
| Sarah Blossom (17:48.9) | 1998 |
| Wendee Embry (17:41.57) | 2004 |
| Kat Pagano (18:16.98) | 2010 |

Mile/ 1,600-Meter Relay

| | |
|------|--------|
| 1985 | 4:00.8 |
| 1986 | 3:55.8 |
| 1988 | 3:55.9 |

Distance Medley Relay

| | |
|------|----------|
| 1994 | 12:34.8 |
| 1995 | 12:42.7 |
| 1997 | 12:31.8 |
| 1998 | 12:22.0 |
| 2006 | 12:16.10 |
| 2007 | 12:10.89 |

Two-Mile Relay

| | |
|------|--------|
| 1985 | 9:38.6 |
| 1986 | 9:29.1 |
| 1993 | 9:26.8 |

Long Jump

| | |
|----------------------------|------|
| Lacsheia Turner (19-00.75) | 2003 |
|----------------------------|------|

Triple Jump

| | |
|-------------------------|------|
| Janice Gibson (37-3.75) | 1986 |
|-------------------------|------|

Shot Put

| | |
|---------------------|------|
| Angie Barker (49-3) | 1985 |
| Angie Barker (51-1) | 1986 |



Jackie Humphrey won four OVC indoor titles before winning the 100-meter hurdles at the United States Olympic Trials in 1988 (set trials record of 12.83)



Women's Outdoor OVC Champions

100 Meters

| | |
|-------------------------|------|
| Sharon Walker (11.92) | 1980 |
| Rose Gilmore (12.20) | 1983 |
| Rose Gilmore (11.72) | 1984 |
| Rose Gilmore (11.98) | 1986 |
| Jackie Humphrey (12.73) | 1988 |
| Nichole Gibson (12.08) | 2003 |
| Nichole Gibson (11.79) | 2005 |
| Diamon Benjamin (11.94) | 2010 |

200 Meters

| | |
|-------------------------|------|
| Sharon Walker (24.80) | 1980 |
| Rose Gilmore (24.96) | 1983 |
| Rose Gilmore (24.13) | 1984 |
| Rose Gilmore (24.19) | 1986 |
| Jackie Humphrey (25.18) | 1988 |
| Felecia Hawkins (23.94) | 1997 |
| Felecia Hawkins (24.50) | 1998 |
| Sheri Calhoun (23.75) | 2003 |

400 Meters

| | |
|------------------------|------|
| Teri Seippel (55.60) | 1980 |
| Charmaine Byer (55.32) | 1985 |
| Charmaine Byer (55.00) | 1986 |
| Charmaine Byer (56.24) | 1988 |

800 Meters

| | |
|--------------------------|------|
| Mariann Ostbye (2:12.1) | 1983 |
| Pam Raglin (2:15.4) | 1985 |
| Pam Raglin (2:07.7) | 1986 |
| Sunshine Wilson (2:16.3) | 1993 |
| Jamie King (2:09.0) | 1998 |
| Shannon Tobias (2:12.72) | 2006 |

1,500 Meters

| | |
|----------------------------|------|
| Paula Gaston (4:34.6) | 1979 |
| Paula Gaston (4:34.5) | 1980 |
| Sue Schaefer (4:39.4) | 1981 |
| Maria Pazarentzos (4:45.7) | 1982 |

| | |
|---------------------------|------|
| Mariann Ostbye (4:28.1) | 1983 |
| Pam Raglin (4:34.4) | 1984 |
| Pam Raglin (4:43.7) | 1985 |
| Pam Raglin (4:36.2) | 1986 |
| Lisa Malloy (4:44.2) | 1987 |
| Tama Clare (4:42.1) | 1990 |
| Tama Clare (4:35.1) | 1991 |
| Tess Woods (4:41.8) | 1992 |
| Stephanie Chaney (4:36.7) | 1993 |
| Michelle Price (4:40.8) | 1994 |
| Sunshine Wilson (4:35.4) | 1995 |
| Jamie King (4:36.7) | 1996 |
| Jamie King (4:40.9) | 1997 |
| Jamie King (4:29.9) | 1998 |
| Jamie King (4:35.5) | 1999 |
| Lydia Kosgei (4:39.99) | 2010 |

3,000 Meters

| | |
|----------------------------|------|
| Paula Gaston (10:18.7) | 1980 |
| Sue Schaefer (9:49.1) | 1981 |
| Maria Pazarentos (10:20.9) | 1983 |
| Pam Raglin (10:24.0) | 1984 |
| Pam Raglin (10:33.9) | 1985 |
| Linda David (9:52.6) | 1986 |
| Lisa Malloy (10:10.0) | 1988 |
| Allison Kotouch (10:16.5) | 1989 |
| Tama Clare (10:09.8) | 1990 |
| Tama Clare (10:05.3) | 1991 |
| Amy Clements (10:05.6) | 1992 |
| Amy Clements (10:16.8) | 1993 |
| Amy Clements (10:17.6) | 1994 |
| Amy Clements (10:01.9) | 1995 |
| Mandy Jones (10:21.08) | 1996 |
| Jamie King (10:08.6) | 1997 |
| Jenni Brown (10:18.1) | 1998 |
| Jamie King (9:55.1) | 1999 |

3,000-Meter Steeplechase

| | |
|-------------------------|------|
| Wendee Embry (10:58.86) | 2003 |
|-------------------------|------|

5,000 Meters

| | |
|---------------------------|------|
| Sue Schaefer (17:06.8) | 1981 |
| Pam Raglin (18:16.1) | 1984 |
| Pam Raglin (18:04.6) | 1985 |
| Allison Kotouch (16:53.0) | 1986 |
| Tama Clare (17:59.7) | 1988 |
| Lisa Malloy (17:25.6) | 1989 |
| Jamie Gorrell (18:44.9) | 1990 |
| Stephanie Chaney (18:18) | 1991 |
| Amy Clements (17:39.5) | 1993 |
| Amy Hathaway (18:11.0) | 1995 |
| Mandy Jones (17:55.0) | 1996 |
| Mandy Jones (17:40.9) | 1997 |
| Jenni Brown (18:06.3) | 1998 |
| Jenni Brown (18:19.38) | 2000 |
| Wendee Embry (18:14.73) | 2003 |
| Kat Pagano (17:29.35) | 2010 |

10,000 Meters

| | |
|-----------------------------|------|
| Barb Fennell (38:44.4) | 1983 |
| Maria Pazarentzos (37:23.0) | 1984 |
| Jamie Gorrell (37:40.0) | 1991 |
| Jamie Gorrell (39:37.0) | 1992 |
| Tracey Bunce (37:46.0) | 1993 |
| Sarah Blossom (38:56.3) | 1996 |
| Sarah Blossom (37:19.2) | 1997 |
| Sarah Blossom (38:18.2) | 1998 |
| Kat Pagano (38:21.07) | 2009 |

100-Meter High Hurdles

| | |
|----------------------|------|
| Holly Foster (14.29) | 1980 |
|----------------------|------|



Wendee Embry is the only EKU woman to win an OVC title in the 3,000-meter steeplechase (2003, 10:58.86)



| | |
|----------------------------|------|
| Linda Dowdy (13.84) | 1984 |
| Jackie Humphrey (13.65) | 1985 |
| Jackie Humphrey (13.30) | 1986 |
| Jackie Humphrey (14.11) | 1988 |
| Michelle Westbrook (13.95) | 1991 |
| Lystra Batholomew (13.87) | 1999 |
| Kenyetta Grigsby (13.98) | 2000 |
| Kenyetta Grigsby (13.80) | 2001 |
| Cynita Hoskins (13.93) | 2003 |
| Cynita Hoskins (13.85) | 2004 |
| Nichole Gibson (14.58) | 2005 |

400-Meter Intermediate Hurdles

| | |
|--------------------------|------|
| Teri Seippel (:59.5) | 1980 |
| Iris Amos (1:01.0) | 1982 |
| Grace Brown (1:01.3) | 1986 |
| Robin White (1:05.7) | 1989 |
| Tasha Whitted (1:03.0) | 1990 |
| Tasha Whitted (1:00.3) | 1991 |
| Tasha Whitted (1:01.0) | 1992 |
| Tasha Whitted (1:02.8) | 1993 |
| Vashti Canty (1:02.2) | 1998 |
| Nichole Gibson (1:01.05) | 2005 |

400-Meter/ 440-Yard Relay

| | |
|------|-------|
| 1983 | 46.58 |
| 1985 | 47.75 |
| 1986 | 47.40 |
| 1988 | 47.49 |
| 1992 | 45.71 |
| 1993 | 45.63 |
| 2001 | 46.49 |
| 2010 | 46.65 |

1,600-Meter/ 4X440-Yard Relay

| | |
|-------|--------|
| 1983y | 3:46.9 |
| 1984y | 3:56.7 |
| 1985 | 3:58.9 |
| 1986 | 3:51.0 |
| 1988 | 3:52.1 |
| 1989y | 3:49.3 |

High Jump

| | |
|----------------------------|------|
| Deanne Madden (5-7) | 1980 |
| Clarissa Gregory (5-11.25) | 1983 |
| Ebony Jones (5-09.00) | 2005 |

Long Jump

| | |
|---------------------|------|
| Lacy Turner (19-03) | 2003 |
|---------------------|------|

Triple Jump

| | |
|--------------------------|------|
| Janice Gibson (38-0) | 1984 |
| Edyth Childress (38-6.5) | 1985 |
| Janice Gibson (38-0) | 1986 |

Discus

| | |
|---------------------------|------|
| Kate Merchant (116-10.25) | 1979 |
| Wanda Bottoms (118-5) | 1983 |
| Angie Barker (135-11) | 1985 |
| Angie Barker (144-2) | 1986 |
| Christine Guth (113-7) | 1990 |
| Colleen Beatty (138-0) | 1994 |
| Kathy Dodsworth (155-4) | 1999 |
| Kathy Dodsworth (153-6) | 2001 |

Heptathlon

| | |
|-----------------------|------|
| Janice Gibson (4,415) | 1985 |
| Janice Gibson (4,385) | 1986 |

Javelin

| | |
|-----------------------|------|
| Marie Geisler (128-8) | 1979 |
|-----------------------|------|

| | |
|-----------------------|------|
| Marie Geisler (132-2) | 1980 |
| Angie Barker (129-4) | 1986 |

Shot Put

| | |
|-------------------------|------|
| Angie Barker (49-9.25) | 1985 |
| Angie Barker (49-9.5) | 1986 |
| Colleen Beatty (41-3.5) | 1994 |

Men's Indoor OVC Champions

55-Meter/ 60-Yard Dash

| | |
|----------------------|-------|
| Ricky White (6.30HT) | 1983y |
| Shannon Davis (6.35) | 2008 |

60-Meter Dash

| | |
|-------------------------|------|
| Roosevelt Turner (6.86) | 2002 |
| Dallas Robinson (6.91) | 2003 |
| Marvin Elmore (6.71) | 2004 |
| Dallas Robinson (6.83) | 2005 |

55-Meter/ 60-Yard High Hurdles

| | |
|--------------------------|------|
| Mike Van Kruchten (7.45) | 2008 |
|--------------------------|------|

200-Meter/300-Yard Run

| | |
|-------------------------|-------|
| Kevin Johnson (30.49) | 1983y |
| Dallas Robinson (21.61) | 2005 |
| Shannon Davis (21.71) | 2008 |

400-Meter/ 440-Yard Run

| | |
|----------------------|-------|
| Mike Carter (48.71) | 1986y |
| Arnold Payne (46.94) | 1994m |
| Arnold Payne (47.42) | 1995m |

800-Meter/ 880-Yard Run

| | |
|--------------------------|-------|
| Kelvin Lewis (1:53.1HT) | 1981y |
| Kelvin Lewis (1:53.0HT) | 1982y |
| Andre Fincher (1:52.3) | 1983y |
| Andre Fincher (1:53.4HT) | 1984y |
| Roger Chapman (1:53.2) | 1985y |
| Roger Chapman (1:52.8) | 1986y |
| Bryan Lucas (1:52.5) | 1994m |
| Steve Maina (1:53.63) | 2003m |
| Steve Maina (1:51.76) | 2004 |
| Steve Maina (1:52.54) | 2005 |
| Steve Maina (1:54.15) | 2006 |



Shannon Davis won the 55 meters and the 200 meters at the OVC Indoor Championships

**Mile/ 1,500-Meter Run**

| | |
|------------------------------|-------|
| Andy Ueller (4:13.9HT) | 1984y |
| Tim Menocher (4:16.1) | 1994y |
| Steve Maina (4:17.11) | 2003y |
| Jacob Korir (4:11.46) | 2006 |
| Jacob Korir (4:11.52) | 2008 |
| Evans Kiptoo (4:09.32) | 2009 |
| Soufiane Bouchikhi (4:13.42) | 2010 |

3,000-Meters/ Two-Mile Run

| | |
|------------------------------|-------|
| Tim Menocher (8:43.3) | 1991m |
| Tim Menocher (8:25.0) | 1994m |
| John Nganga (8:40.3) | 1995m |
| David Machungo (8:28.8) | 2000m |
| Jacob Korir (8:20.08) | 2006 |
| Elkana Kurgat (8:42.39) | 2007 |
| Jacob Korir (8:23.41) | 2008 |
| Evans Kiptoo (8:28.64) | 2009 |
| Soufiane Bouchikhi (8:41.39) | 2010 |

5,000-Meter/ Three-Mile Run

| | |
|------------------------|-------|
| John Nganga (14:48.0) | 1994m |
| John Nganga (14:49.8) | 1995m |
| Ken O'Shea (15:03.0) | 1997m |
| Alan Horton (14:53.4) | 2001m |
| Jacob Korir (14:54.77) | 2005 |
| Jacob Korir (15:06.89) | 2006 |
| Jacob Korir (14:50.54) | 2008 |

Distance Medley Race

| | |
|-------|----------|
| 1994m | 10:11.4 |
| 1997m | 10:22.7 |
| 2005 | 10:08.29 |
| 2008 | 10:01.46 |
| 2009 | 10:15.65 |

Mile/ 1,600-Meter Relay

| | |
|-------|--------|
| 1994m | 3:12.8 |
| 1995m | 3:16.2 |

Two-Mile Relay

| | |
|------|--------|
| 1983 | 7:40.7 |
|------|--------|

600 Yards

| | |
|---------------------------|------|
| Brian Robinson (1:10.6HT) | 1976 |
|---------------------------|------|

1,000-Yard/ 1,000-Meter Run

| | |
|-----------------------|------|
| Ron King (2:11.8) | 1982 |
| Andy Mueller (2:21.2) | 1984 |

High Jump

| | |
|----------------------|------|
| Ken Glover (7-2) | 1981 |
| Ken Glover (7-2.75) | 1982 |
| Tyrone Walker (6-07) | 2002 |

Long Jump

| | |
|----------------------|------|
| Larry White (24-3.5) | 1984 |
| Vince Scott (24-3) | 1985 |

Triple Jump

| | |
|-----------------------|------|
| Larry White (50-4) | 1984 |
| Hilary Mawandi (51-5) | 1995 |

Men's Outdoor OVC Champions**100-Meter/ 100-Yard Dash**

| | |
|--------------------------|-------|
| Jack Bond (10.30) | 1950y |
| Roosevelt Turner (10.80) | 2001 |
| Roosevelt Turner (10.47) | 2002 |
| Dallas Robinson (10.48) | 2003 |
| Marvin Ellmore (10.47) | 2004 |
| Shannon Davis (10.39) | 2008 |

200-Meter/ 220-Yard Dash

| | |
|-------------------------|-------|
| Jack Bond (22.90) | 1950y |
| Jack Torlene (22.50) | 1954y |
| Jack Jackson (22.40) | 1963y |
| Jack Jackson (21.90) | 1964y |
| Tyrone Harbut (20.90) | 1973y |
| Dallas Robinson (21.33) | 2004 |
| Dallas Robinson (21.04) | 2005 |
| Shannon Davis (20.68) | 2008 |

400-Meter/ 440-Yard Dash

| | |
|------------------------|-------|
| Billy Rucker (51.40) | 1954y |
| Billy Rucker (50.40) | 1956y |
| Billy Rucker (49.60) | 1957y |
| Tyrone Harbut (47.40) | 1974y |
| Bryan Robinson (47.31) | 1976y |
| Arnold Payne (46.64) | 1995 |
| Shannon Davis (47.50) | 2009 |

800-Meter/ 880-Yard Run

| | |
|-------------------------|-------|
| Jerome Beazley (1:53.7) | 1963y |
| Larry Whalen (1:52.2) | 1964y |
| Kelvin Lewis (1:49.2) | 1981 |
| Kelvin Lewis (1:50.3) | 1982 |
| Andre Finchner (1:53.3) | 1983 |
| Andre Finchner (1:51.2) | 1984 |
| Roger Chapman (1:55.6) | 1985 |
| Jeff Goodwin (1:52.2) | 1986 |
| Brian Lucas (1:53.6) | 1994 |
| Brian Lucas (1:51.8) | 1995 |
| Phil Scott (1:51.9) | 2002 |
| Phil Scott (1:52.27) | 2003 |
| Steve Maina (1:50.62) | 2004 |
| Steve Maina (1:50.10) | 2005 |
| Elkana Kurgat (1:51.00) | 2007 |
| Elkana Kurgat (1:49.64) | 2008 |

3,000-Meter Steeplechase

| | |
|------------------------|------|
| Ian Horton (9:27.70) | 2002 |
| Stanley Mugo (9:13.73) | 2008 |
| Stanley Mugo (9:11.94) | 2009 |
| David Mutuse (9:39.72) | 2010 |

1,500-Meter/ Mile Run

| | |
|-------------------------------|-------|
| Gordon Fleck (4:46.2) | 1953y |
| Larry Whalen (4:18.8) | 1963y |
| Larry Whalen (4:14.0) | 1965y |
| Larry Whalen (4:11.7) | 1966y |
| Grant Colehour (4:12.9) | 1968y |
| Grant Colehour (4:08.1) | 1969y |
| Ron King (3:54.7) | 1983 |
| Andy Mueller (3:51.7) | 1984 |
| Roger Chapman (4:01.5) | 1985 |
| Tim Menocher (3:56.4) | 1992 |
| Phil Scott (3:58.0) | 2002 |
| Elkana Kurgat (3:50.93) | 2007 |
| Paul Stemmerman (3:59.29) | 2008 |
| Joseph Maina (3:53.47) | 2009 |
| Christopher Rengifo (3:54.19) | 2010 |



3,000-Meter/ Two-Mile Run

| | |
|-------------------------|-------|
| James Beasley (9:29.2) | 1964y |
| Billy McAnelly (9:29.5) | 1965y |
| Bill Hoffman (8:53.8) | 1989 |
| David Hawes (8:42.1) | 1992 |
| John Nganga (8:38.7) | 1993 |

5,000-Meter/ Three-Mile Run

| | |
|-------------------------------|-------|
| Grant Colehour (14:45.6) | 1966y |
| Grant Colehour (14:30.0) | 1967y |
| Ken Silvius (14:23.0) | 1968y |
| Grant Colehour (14:03.4) | 1969y |
| Ken Silvius (13:58.1) | 1970y |
| Steve Duffy (15:34.6) | 1984 |
| Rob Colvin (15:33.0) | 1992 |
| John Nganga (15:09.4) | 1993 |
| John Nganga (14:55.6) | 1994 |
| John Nganga (14:52.6) | 1995 |
| David Machungo (14:56.4) | 1997 |
| David Machungo (15:00.2) | 1999 |
| Jacob Korir (14:26.34) | 2006 |
| Joseph Maina (14:37.36) | 2008 |
| Evans Kiptoo (14:40.51) | 2009 |
| Soufiane Bouchikhi (15:00.37) | 2010 |

10,000-Meter Run

| | |
|-------------------------|------|
| Mohamed Khayr (31:43.1) | 1999 |
| Joseph Maina (30:23.74) | 2010 |

110-Meter/ 120 Yard High Hurdles

| | |
|---------------------------|-------|
| John Jones (15.50) | 1951y |
| Carey Guess (14.20) | 1966y |
| Carey Guess (14.40) | 1967y |
| Jim Wood (14.60) | 1969y |
| Gary Moore (13.9) | 1977 |
| Dennis Toole (14.43) | 1992 |
| Chris Franklin (14.35) | 2003 |
| Chris Franklin (14.21) | 2004 |
| Mike Van Kruchten (14.18) | 2008 |
| Andre Evans (14.76) | 2009 |

400-Meter/ 440-Yard Intermediate Hurdles

| | |
|--------------------------|------|
| Daniel Blochwitz (51.96) | 1996 |
| Daniel Blochwitz (51.78) | 1999 |
| Chris Franklin (51.29) | 2004 |

220-Yard Low Hurdles

| | |
|--------------------|------|
| John Jones (27.70) | 1951 |
|--------------------|------|

400-Meter/ 440-Yard Relay

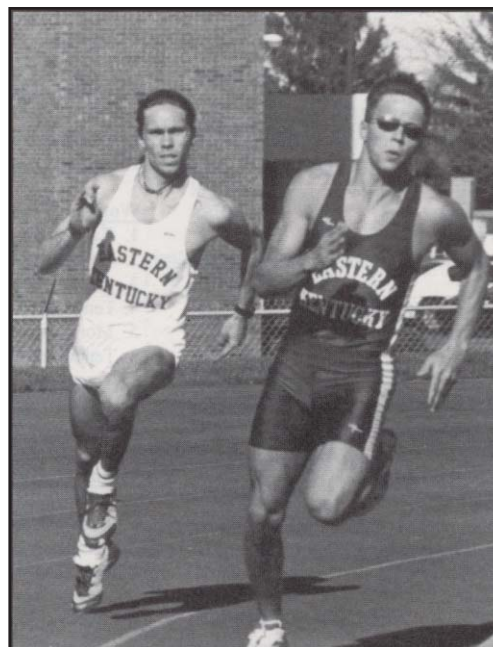
| | |
|------|-------|
| 2002 | 40.64 |
| 2003 | 40.93 |
| 2004 | 40.47 |
| 2007 | 41.02 |

1,600-Meter/ Mile Relay

| | |
|-------|--------|
| 1953y | 3:33.0 |
| 1954y | 3:30.7 |
| 1955y | 3:34.4 |
| 1957y | 3:30.0 |
| 1965y | 3:12.1 |
| 1967y | 3:15.9 |
| 1968y | 3:15.1 |
| 1976y | 3:11.1 |
| 1986 | 3:11.5 |
| 1995 | 3:11.9 |

High Jump

| | |
|-------------------------|------|
| Jim Bingham (5-9) | 1952 |
| Clayton Stivers (6-4.5) | 1958 |
| Clayton Stivers (6-2.5) | 1959 |



Daniel Blochwitz (left) won two 400-meter hurdles in his career

| | |
|---------------------|------|
| Larry Gammons (6-3) | 1962 |
| Ken Glover (7-2.5) | 1981 |
| Ken Glover (7-3) | 1982 |
| Kenny Wilson (7-2) | 1983 |
| Kenny Wilson (6-11) | 1984 |
| Kenny Wilson (6-10) | 1986 |
| Tyrone Walker (6-6) | 2002 |

Long Jump

| | |
|------------------------|------|
| Ernie Dalton (22-6.5) | 1961 |
| Aaron Marsh (23-3) | 1965 |
| Wilbert Davis (24-5.5) | 1966 |

Triple Jump

| | |
|--------------------|------|
| Carey Guess (47-5) | 1966 |
| Larry White (50-9) | 1985 |

Broad Jump

| | |
|------------------------|------|
| Wilbert Davis (24-5.5) | 1966 |
|------------------------|------|

Discus

| | |
|---------------------------|------|
| Charles Schmitt (123-5.5) | 1953 |
| Donald Hortman (138-5.5) | 1954 |
| Donald Hortman (139-5) | 1955 |
| Donald Hortman (139-1) | 1956 |
| Donald Hortman (135-4) | 1957 |

Javelin

| | |
|-----------------------|------|
| Frank Powers (218-11) | 1975 |
|-----------------------|------|

Pole Vault

| | |
|-------------------|------|
| Dan Watson (15-0) | 1973 |
|-------------------|------|

Shot Put

| | |
|------------------------|------|
| Earl Knight (46-2.75) | 1956 |
| Earl Knight (47-3.75) | 1957 |
| Earl Knight (47-9) | 1958 |
| Earl Knight (48-11.75) | 1959 |
| Scott DeCandia (56-7) | 1978 |





Cross Country 1983

1. Eastern Kentucky
2. Murray State
3. Austin Peay
4. Akron
5. Morehead State

Cross Country 1984

1. Eastern Kentucky
2. Murray State
3. Akron
4. Middle Tennessee
5. Austin Peay
6. Morehead State

Cross Country 1985

1. Eastern Kentucky
2. Murray State
3. Akron
4. Middle Tennessee
5. Youngstown State
6. Morehead State
7. Austin Peay
8. Tennessee Tech

Cross Country 1986

1. Eastern Kentucky
2. Murray State
3. Akron
4. Youngstown State
5. Austin Peay
6. Morehead State

Cross Country 1987

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Youngstown State
5. Morehead State
6. Austin Peay
7. Tennessee State
8. Tennessee Tech

Cross Country 1988

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Morehead State
5. Austin Peay
6. Tennessee State
7. Tennessee Tech

Cross Country 1989

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Morehead State
5. Austin Peay
6. Tennessee State
7. Tennessee Tech

Cross Country 1990

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Morehead State
5. Austin Peay
6. Tennessee State
7. Tennessee Tech

Cross Country 1991

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Morehead State
5. Austin Peay
6. Tennessee State
7. Tennessee Tech

Cross Country 1992

1. Eastern Kentucky
2. Southeast Missouri
3. Morehead State
4. Tennessee Tech
5. Murray State
6. Austin Peay
7. Middle Tennessee
8. Tennessee State
9. Tennessee-Martin

Cross Country 1993

1. Eastern Kentucky
2. Southeast Missouri
3. Murray State
4. Morehead State
5. Tennessee Tech
6. Austin Peay
7. Tennessee-Martin
8. Tennessee State
9. Middle Tennessee

Cross Country 1994

1. Eastern Kentucky
2. Southeast Missouri
3. Austin Peay
4. Tennessee Tech
5. Morehead State
6. Tennessee-Martin
7. Tennessee State
8. Murray State
8. Middle Tennessee

Cross Country 1995

1. Eastern Kentucky
2. Southeast Missouri
3. Tennessee Tech
4. Tennessee-Martin
5. Murray State
6. Morehead State
7. Tennessee State
8. Austin Peay

Cross Country 1996

1. Eastern Kentucky
2. Southeast Missouri
3. Eastern Illinois
4. Morehead State
5. Tennessee-Martin
6. Tennessee Tech
7. Murray State
8. Tennessee State
9. Austin Peay
10. Middle Tennessee

Cross Country 1997

1. Eastern Kentucky
2. Eastern Illinois
3. Southeast Missouri
4. Morehead State
5. Murray State
6. Tennessee Tech
7. Tennessee-Martin
8. Austin Peay

Cross Country 1998

1. Eastern Kentucky
2. Southeast Missouri
3. Morehead State
4. Eastern Illinois
5. Murray State
6. Tennessee-Martin
7. Austin Peay
8. Tennessee Tech
9. Middle Tennessee

Cross Country 1999

1. Eastern Kentucky
2. Southeast Missouri
3. Eastern Illinois
4. Morehead State
5. Austin Peay
6. Murray State
7. Tennessee Tech
8. Tennessee State
9. Middle Tennessee
10. Tennessee-Martin

Cross Country 2000

1. Morehead State
2. Eastern Kentucky
3. Eastern Illinois
4. Southeast Missouri
5. Tennessee Tech
6. Austin Peay
7. Tennessee State
8. Murray State
9. Tennessee-Martin
8. Austin Peay

Cross Country 2001

1. Eastern Illinois
2. Eastern Kentucky
3. Southeast Missouri
4. Morehead State
5. Tennessee Tech
6. Tennessee State
7. Murray State
8. Austin Peay
9. Tennessee-Martin

Cross Country 2002

1. Eastern Kentucky
2. Southeast Missouri
3. Eastern Illinois
4. Murray State
5. Morehead State
6. Austin Peay
7. Tennessee-Martin
8. Tennessee State
9. Tennessee Tech

Cross Country 2003

1. Eastern Kentucky
2. Samford
3. Southeast Missouri
4. Eastern Illinois
5. Morehead State
6. Murray State
7. Tennessee-Martin
8. Tennessee Tech
9. Tennessee State
10. Jacksonville State
11. Austin Peay

Cross Country 2004

1. Samford
2. Eastern Kentucky
3. Southeast Missouri
4. Eastern Illinois
5. Morehead State
6. Tennessee Tech
7. Jacksonville State
8. Tennessee State
9. Tennessee-Martin
10. Murray State
11. Austin Peay

Cross Country 2005

1. Samford
2. Eastern Kentucky
3. Southeast Missouri
4. Eastern Illinois
5. Morehead State
6. Tennessee Tech
7. Jacksonville State
8. Tennessee State
9. Tennessee-Martin
10. Murray State
11. Austin Peay

Cross Country 2006

1. Eastern Kentucky
2. Samford
3. Eastern Illinois
4. Morehead State
5. Southeast Missouri
6. Jacksonville State
6. Murray State
8. Tennessee Tech
9. Austin Peay
10. UT Martin
11. Tennessee State

Cross Country 2007

1. Eastern Kentucky
2. Samford
3. Southeast Missouri
4. Murray State
5. Eastern Illinois
6. Tennessee Tech
7. Jacksonville State
8. Austin Peay
9. Morehead State
10. UT Martin
11. Tennessee State

Cross Country 2008

1. Eastern Kentucky
2. Southeast Missouri
3. Morehead State
4. Eastern Illinois
5. Jacksonville State
6. Tennessee Tech
7. Austin Peay
8. Murray State
9. Tennessee-Martin
10. Tennessee State

Cross Country 2009

1. Eastern Kentucky
2. Murray State
3. Eastern Illinois
4. Southeast Missouri
5. Jacksonville State
6. Morehead State
7. UT Martin
7. Tennessee Tech
8. Austin Peay
9. Tennessee State

Cross Country 2010

1. Eastern Kentucky
2. Eastern Illinois
3. Murray State
4. Jacksonville State
5. Southeast Missouri
6. Tennessee Tech
7. Austin Peay
8. UT Martin
9. Morehead State
10. Tennessee State


Cross Country 1984

1. Eastern Kentucky
2. Akron
3. Middle Tennessee
4. Murray State
5. Morehead State
6. Youngstown State
7. Tennessee Tech
8. Austin Peay

Cross Country 1985

1. Austin Peay
2. Murray State
3. Akron
4. Eastern Kentucky
5. Morehead State
6. Youngstown State
7. Middle Tennessee
8. Tennessee Tech

Cross Country 1986

1. Austin Peay
2. Murray State
3. Eastern Kentucky
4. Youngstown State
5. Morehead State
6. Tennessee Tech
7. Akron
8. Middle Tennessee

Cross Country 1987

1. Eastern Kentucky
2. Murray State
3. Youngstown State
3. Morehead State
5. Tennessee Tech
6. Austin Peay
7. Tennessee State
8. Tennessee-Martin
9. Middle Tennessee

Cross Country 1988

1. Morehead State
2. Eastern Kentucky
3. Murray State
4. Austin Peay
5. Tennessee Tech
6. Middle Tennessee
7. Tennessee State

Cross Country 1989

1. Eastern Kentucky
2. Morehead State
3. Murray State
4. Austin Peay
5. Tennessee Tech
6. Tennessee State
7. Middle Tennessee

Cross Country 1990

1. Eastern Kentucky
2. Murray State
2. Morehead State
4. Austin Peay
5. Tennessee Tech
6. Middle Tennessee
7. Tennessee State
8. Austin Peay

Cross Country 1991

1. Eastern Kentucky
2. Murray State
3. Morehead State
4. Southeast Missouri
5. Middle Tennessee
6. Tennessee Tech
7. Austin Peay
8. Tennessee State

Cross Country 1992

1. Eastern Kentucky
2. Southeast Missouri
3. Morehead State
4. Murray State
5. Tennessee Tech
6. Middle Tennessee
7. Austin Peay

Cross Country 1993

1. Eastern Kentucky
2. Southeast Missouri
3. Morehead State
4. Tennessee Tech
5. Austin Peay
6. Murray State
7. Middle Tennessee
8. Tennessee-Martin
9. Tennessee State

Cross Country 1994

1. Eastern Kentucky
2. Morehead State
3. Southeast Missouri
4. Tennessee Tech
5. Austin Peay
6. Murray State
7. Middle Tennessee
8. Tennessee-Martin
9. Tennessee State

Cross Country 1995

1. Morehead State
2. Eastern Kentucky
3. Southeast Missouri
4. Murray State
5. Tennessee Tech
6. Austin PeayC
7. Tennessee-Martin
8. Middle Tennessee
9. Tennessee State

Cross Country 1996

1. Eastern Illinois
2. Morehead State
3. Eastern Kentucky
4. Murray State
5. Southeast Missouri
6. Austin Peay
7. Tennessee Tech
8. Middle Tennessee
9. Tennessee-Martin
10. Tennessee State

Cross Country 1997

1. Eastern Kentucky
2. Murray State
3. Morehead State
4. Eastern Illinois
5. Middle Tennessee
6. Southeast Missouri
7. Tennessee Tech
8. Austin Peay

Cross Country 1998

1. Eastern Illinois
2. Eastern Kentucky
3. Murray State
4. Morehead State
5. Austin Peay
6. Tennessee Tech
7. Middle Tennessee
8. Southeast Missouri
9. Tennessee State

Cross Country 1999

1. Eastern Kentucky
2. Eastern Illinois
3. Murray State
4. Morehead State
5. Austin Peay
6. Tennessee Tech
7. Southeast Missouri
8. Middle Tennessee
9. Tennessee State

Cross Country 2000

1. Eastern Illinois
2. Eastern Kentucky
3. Murray State
4. Tennessee Tech
5. Morehead State
6. Southeast Missouri
7. Austin Peay
8. Tennessee-Martin
9. Tennessee State

Cross Country 2001

1. Eastern Illinois
2. Eastern Kentucky
3. Murray State
4. Morehead State
5. Southeast Missouri
6. Austin Peay
7. Tennessee Tech
8. Tennessee-Martin
9. Tennessee State

Cross Country 2002

1. Eastern Illinois
2. Eastern Kentucky
3. Murray State
4. Morehead State
5. Southeast Missouri
6. Tennessee Tech
7. Tennessee-Martin
8. Austin Peay
9. Tennessee State

Cross Country 2003

1. Eastern Illinois
2. Eastern Kentucky
3. Morehead State
3. Samford
5. Southeast Missouri
6. Jacksonville State
7. Murray State
8. Tennessee Tech
9. Tennessee-Martin
10. Austin Peay
11. Tennessee State

Cross Country 2004

1. Eastern Kentucky
2. Eastern Illinois
3. Jacksonville State
4. Samford
5. Morehead State
6. Southeast Missouri
7. Tennessee Tech
8. Austin Peay
9. Tennessee-Martin
10. Tennessee State

Cross Country 2005

1. Eastern Illinois
2. Eastern Kentucky
3. Morehead State
4. Jacksonville State
5. Samford
6. Southeast Missouri
7. Austin Peay
8. Tennessee Tech
9. Murray State
10. Tennessee-Martin
11. Tennessee State

Cross Country 2006

1. Eastern Kentucky
2. Morehead State
3. Southeast Missouri
4. Samford
5. Eastern Illinois
6. Austin Peay
7. Jacksonville State
8. Tennessee Tech
9. UT Martin
10. Tennessee State

Cross Country 2007

1. Eastern Kentucky
2. Jacksonville State
3. Morehead State
4. Southeast Missouri
5. Eastern Illinois
6. Samford
7. Austin Peay
8. Tennessee Tech
9. Murray State
10. UT Martin
11. Tennessee State

Cross Country 2008

1. Eastern Kentucky
2. Murray State
3. Southeast Missouri
4. Tennessee Tech
5. Eastern Illinois
6. Morehead State
7. Austin Peay
8. Tennessee-Martin
9. Jacksonville State
10. Tennessee State

Cross Country 2009

1. Eastern Kentucky
2. Eastern Illinois
3. Southeast Missouri
4. Jacksonville State
5. Tennessee Tech
6. Morehead State
7. UT Martin
8. Austin Peay
9. Murray State
10. Tennessee State

Cross Country 2010

1. Eastern Kentucky
2. Southeast Missouri
3. Eastern Illinois
4. Morehead State
5. Austin Peay
6. UT Martin
7. Tennessee Tech
8. Jacksonville State
9. Murray State
10. Tennessee State



Indoor TF 1990-91

1. Middle Tennessee
2. Murray State
3. **Eastern Kentucky**
4. Tennessee State
5. Austin Peay

Indoor TF 1991-92

1. Murray State
2. Middle Tennessee
3. **Eastern Kentucky**
4. Southeast Missouri
5. Tennessee State
6. Austin Peay
7. Morehead State

Indoor TF 1992-93

1. **Eastern Kentucky**
2. Murray State
3. Middle Tennessee
4. Southeast Missouri
5. Tennessee State
6. Austin Peay
7. Morehead State/UT Martin

Indoor TF 1993-94

1. Middle Tennessee
2. **Eastern Kentucky**
3. Southeast Missouri
4. Murray State
5. Tennessee State
6. Austin Peay
7. Tennessee Tech
8. Morehead State/UT Martin

Indoor TF 1994-95

1. Middle Tennessee
2. Southeast Missouri
3. **Eastern Kentucky**
4. Tennessee State
5. Austin Peay
6. Murray State
7. Tennessee-Martin
8. Tennessee Tech
9. Morehead State

Indoor TF 1995-96

1. Middle Tennessee
2. Southeast Missouri
3. **Eastern Kentucky**
4. Tennessee State
5. Murray State
6. Tennessee-Martin
7. Austin Peay
8. Tennessee Tech
9. Morehead State

Indoor TF 1996-97

1. Southeast Missouri
2. **Eastern Kentucky**
3. Middle Tennessee
4. Tennessee State
5. Eastern Illinois
6. Murray State
7. Tennessee-Martin
8. Austin Peay
9. Tennessee Tech
9. Morehead State

Indoor TF 1997-98

1. Southeast Missouri
2. **Eastern Kentucky**
3. Middle Tennessee
4. Eastern Illinois
5. Tennessee State
6. Tennessee-Martin
7. Austin Peay
8. Morehead State
9. Murray State
10. Tennessee Tech

Indoor TF 1998-99

1. **Eastern Kentucky**
2. Southeast Missouri
3. Tennessee State
4. Eastern Illinois
5. Middle Tennessee
6. Austin Peay
7. Morehead State
8. Tennessee-Martin
9. Murray State
10. Tennessee Tech

Indoor TF 1999-2000

1. Southeast Missouri
2. **Eastern Kentucky**
3. Middle Tennessee
4. Eastern Illinois
5. Austin Peay
6. Tennessee State
7. Morehead State
8. Tennessee-Martin
9. Murray State
10. Tennessee Tech

Indoor TF 2000-01

1. Austin Peay
2. Tennessee State
3. **Eastern Kentucky**
4. Southeast Missouri
5. Eastern Illinois

Indoor TF 2001-02

1. Tennessee State
2. Eastern Illinois
3. Southeast Missouri
4. Austin Peay
5. **Eastern Kentucky**
6. Morehead State
7. Murray State

Indoor TF 2002-03

1. Tennessee State
2. Southeast Missouri
3. **Eastern Kentucky**
4. Eastern Illinois
5. Austin Peay
6. Morehead State
7. Murray State
8. Tennessee-Martin
9. Tennessee Tech

Indoor TF 2003-04

1. Southeast Missouri
2. **Eastern Kentucky**
3. Eastern Illinois
4. Tennessee State
5. Samford
6. Austin Peay
7. Murray State
8. Tennessee Tech
9. Jacksonville State
10. Morehead State

Indoor TF 2004-05

1. Southeast Missouri
2. Eastern Illinois
3. Tennessee State
4. Samford
5. **Eastern Kentucky**
6. Jacksonville State
7. Austin Peay
8. Murray State
9. Tennessee Tech
10. Morehead State

Indoor TF 2005-06

1. Southeast Missouri
2. Tennessee State
3. **Eastern Kentucky**
4. Samford
5. Eastern Illinois
6. Austin Peay
7. Jacksonville State
8. Murray State
9. Tennessee Tech
10. Morehead State

Indoor TF 2006-07

1. Eastern Illinois
2. Tennessee State
3. Southeast Missouri
4. **Eastern Kentucky**
5. Samford
6. Jacksonville State
7. Murray State
8. Austin Peay
9. Morehead State
10. Tennessee Tech

Indoor TF 2007-08

1. Tennessee State
2. Eastern Illinois
3. Jacksonville State
4. Murray State
5. Samford
6. Southeast Missouri
7. **Eastern Kentucky**
8. Austin Peay
9. Tennessee Tech

Indoor TF 2008-09

1. Eastern Illinois
2. Southeast Missouri
3. Murray State
4. Tennessee State
5. **Eastern Kentucky**
6. Austin Peay
7. Jacksonville State
8. Tennessee Tech

Indoor TF 2009-10

1. Eastern Illinois
2. **Eastern Kentucky**
3. Southeast Missouri
4. Austin Peay
5. Murray State
6. Jacksonville State
7. Tennessee State
8. Tennessee Tech



Outdoor TF 1986

1. Eastern Kentucky
2. Akron
3. Murray State
4. Middle Tennessee

Outdoor TF 1990

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Tennessee State
5. Austin Peay

Outdoor TF 1992

1. Eastern Kentucky
2. Murray State
3. Middle Tennessee
4. Southeast Missouri
5. Tennessee State
6. Austin Peay
7. Tennessee Tech
8. Morehead State

Outdoor TF 1993

1. Eastern Kentucky
2. Southeast Missouri
3. Middle Tennessee
4. Murray State
5. Tennessee State
6. Austin Peay
7. Morehead State
8. Tennessee Tech
9. Tennessee-Martin

Outdoor TF 1994

1. Middle Tennessee
2. Eastern Kentucky
3. Southeast Missouri
4. Murray State
5. Tennessee State
6. Austin Peay
7. Tennessee Tech
8. Morehead State/UT Martin

Outdoor TF 1995

1. Middle Tennessee
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State
5. Austin Peay
6. Murray State
7. Tennessee-Martin
8. Tennessee Tech
9. Morehead State

Outdoor TF 1996

1. Middle Tennessee
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State
5. Murray State
6. Tennessee-Martin
7. Austin Peay
8. Tennessee Tech

Outdoor TF 1997

1. Southeast Missouri
2. Eastern Kentucky
3. Middle Tennessee
4. Tennessee State
5. Eastern Illinois
6. Murray State
7. Tennessee-Martin
8. Austin Peay
9. Tennessee Tech/Morehead State

Outdoor TF 1998

1. Southeast Missouri
2. Eastern Kentucky
3. Middle Tennessee
4. Eastern Illinois
5. Tennessee State
6. Tennessee-Martin
7. Austin Peay
8. Morehead State
9. Murray State
10. Tennessee Tech

Outdoor TF 1999

1. Eastern Kentucky
2. Southeast Missouri
3. Tennessee State
4. Eastern Illinois
5. Middle Tennessee
6. Austin Peay
7. Morehead State
8. Tennessee-Martin
9. Murray State
10. Tennessee Tech

Outdoor TF 2000

1. Southeast Missouri
2. Middle Tennessee
3. Eastern Illinois
4. Eastern Kentucky
5. Austin Peay
6. Tennessee State
7. Tennessee-Martin
8. Morehead State
9. Tennessee Tech
10. Murray State

Outdoor TF 2001

1. Tennessee State
2. Southeast Missouri
3. Austin Peay
4. Eastern Kentucky
5. Eastern Illinois
6. Morehead State
7. Tennessee Tech
8. Tennessee-Martin
9. Murray State

Outdoor TF 2002

1. Tennessee State
2. Eastern Illinois
3. Southeast Missouri
4. Austin Peay
5. Eastern Kentucky
6. Morehead State
7. Murray State
8. Tennessee Tech

Outdoor TF 2003

1. Southeast Missouri
2. Eastern Kentucky
3. Tennessee State
4. Eastern Illinois
5. Austin Peay
6. Murray State
7. Tennessee Tech
8. Morehead State

Outdoor TF 2004

1. Southeast Missouri
2. Eastern Illinois
3. Samford
4. Tennessee State
5. Eastern Kentucky
6. Murray State
7. Austin Peay
8. Jacksonville State
9. Morehead State

Outdoor TF 2005

1. Southeast Missouri
2. Eastern Illinois
3. Samford
4. Tennessee State
5. Eastern Kentucky
6. Murray State
7. Austin Peay
8. Jacksonville State
9. Morehead State
10. Tennessee Tech

Outdoor TF 2006

1. Southeast Missouri
2. Jacksonville State
3. Eastern Illinois
4. Samford
5. Eastern Kentucky
6. Tennessee State
7. Austin Peay
8. Murray State
9. Tennessee Tech
10. Morehead State

Outdoor TF 2007

1. Eastern Illinois
2. Tennessee State
3. Southeast Missouri
4. Jacksonville State
5. Murray State
6. Samford
7. Eastern Kentucky
8. Austin Peay
9. Tennessee Tech
10. Morehead State

Outdoor TF 2008

1. Tennessee State
2. Samford
3. Eastern Illinois
4. Southeast Missouri
5. Murray State
6. Austin Peay
7. Jacksonville State
8. Tennessee Tech
9. Eastern Kentucky
10. Morehead State

Outdoor TF 2009

1. Eastern Illinois
2. Southeast Missouri
3. Murray State
4. Jacksonville State
5. Austin Peay
6. Eastern Kentucky
7. Tennessee State
8. Tennessee Tech

Outdoor TF 2010

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Jacksonville State
5. Tennessee Tech
6. Austin Peay
7. Tennessee State
8. Murray State
9. Morehead State



Indoor TF 1983-84

1. Eastern Kentucky
2. Middle Tennessee
3. Akron
4. Murray State
5. Austin Peay

Indoor TF 1984-85

1. Middle Tennessee
2. Eastern Kentucky
3. Murray State
4. Akron

Indoor TF 1985-86

1. Middle Tennessee
2. Murray State
3. Akron
4. Eastern Kentucky
4. Austin Peay

Indoor TF 1986-87

1. Middle Tennessee
2. Murray State
3. Eastern Kentucky

Indoor TF 1991-92

1. Murray State
2. Middle Tennessee
3. Eastern Kentucky

Indoor TF 1992-93

1. Middle Tennessee
2. Murray State
3. Eastern Kentucky

Indoor TF 1993-94

1. Eastern Kentucky
2. Middle Tennessee
3. Tennessee State
4. Southeast Missouri
5. Murray State
6. Morehead State
7. Tennessee Tech

Indoor TF 1994-95

1. Eastern Kentucky
2. Southeast Missouri
3. Middle Tennessee
4. Murray State
5. Tennessee State
6. Morehead State
7. Tennessee Tech

Indoor TF 1995-96

1. Southeast Missouri
2. Middle Tennessee
3. Eastern Kentucky
4. Tennessee State
5. Murray State
6. Morehead State
7. Tennessee Tech
8. Austin Peay

Indoor TF 1996-97

1. Eastern Illinois
2. Middle Tennessee
3. Eastern Kentucky
4. Southeast Missouri
5. Tennessee State
6. Murray State
7. Morehead State
8. Tennessee Tech
8. Austin Peay

Indoor TF 1997-98

1. Eastern Illinois
2. Middle Tennessee
3. Southeast Missouri
4. Tennessee State
5. Eastern Kentucky
6. Murray State
7. Morehead State
8. Tennessee Tech
8. Austin Peay

Indoor TF 1998-99

1. Eastern Illinois
2. Middle Tennessee
3. Southeast Missouri
4. Eastern Kentucky
5. Murray State
6. Tennessee State
7. Morehead State
8. Tennessee-Martin

Indoor TF 1999-2000

1. Middle Tennessee
2. Eastern Illinois
3. Southeast Missouri
4. Eastern Kentucky
5. Murray State
6. Tennessee State
7. Morehead State
7. Tennessee-Martin

Indoor TF 2000-01

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State
5. Murray State
6. Morehead State

Indoor TF 2001-02

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Murray State
5. Tennessee State
6. Morehead State

Indoor TF 2002-03

1. Eastern Illinois
2. Eastern Kentucky
3. Southeast Missouri
4. Tennessee State
5. Murray State
6. Morehead State

Indoor TF 2003-04

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State
5. Samford
6. Murray State
7. Morehead State
8. Jacksonville State

Indoor TF 2004-05

1. Southeast Missouri
2. Eastern Illinois
3. Eastern Kentucky
4. Samford
5. Tennessee State
6. Morehead State
7. Murray State

Indoor TF 2005-06

1. Eastern Illinois
2. Southeast Missouri
3. Tennessee State
4. Eastern Kentucky
5. Samford
6. Morehead State
7. Murray State

Indoor TF 2006-07

1. Eastern Illinois
2. Southeast Missouri
3. Tennessee State
4. Eastern Kentucky
5. Samford
6. Morehead State

Indoor TF 2007-08

1. Eastern Kentucky
2. Eastern Illinois
3. Southeast Missouri
4. Tennessee State
5. Samford
6. Morehead State

Indoor TF 2008-09

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State

Indoor TF 2009-10

1. Eastern Illinois
2. Southeast Missouri
3. Eastern Kentucky
4. Tennessee State


Outdoor TF 1984

1. Middle Tennessee
2. **Eastern Kentucky**
3. Murray State
4. Akron
5. Austin Peay

Outdoor TF 1985

1. Middle Tennessee
2. **Eastern Kentucky**
3. Murray State
4. Akron
5. Austin Peay

Outdoor TF 1986

1. Middle Tennessee
2. Murray State
3. **Eastern Kentucky**
4. Austin Peay
5. Akron

Outdoor TF 1993

1. Middle Tennessee
2. Murray State
3. **Eastern Kentucky**

Outdoor TF 1994

1. Middle Tennessee
2. Southeast Missouri
3. Murray State
4. **Eastern Kentucky**
5. Tennessee State
6. Morehead State
7. Tennessee Tech

Outdoor TF 1995

1. Southeast Missouri
2. Middle Tennessee
3. **Eastern Kentucky**
4. Tennessee State
5. Murray State
6. Austin Peay
7. Tennessee-Martin
8. Tennessee Tech
9. Morehead State

Outdoor TF 1996

1. Southeast Missouri
2. Middle Tennessee
3. Tennessee State
4. **Eastern Kentucky**
5. Murray State
6. Morehead State
7. Tennessee Tech
8. Austin Peay

Outdoor TF 1997

1. Eastern Illinois
2. Middle Tennessee
3. Southeast Missouri
4. Tennessee State
5. **Eastern Kentucky**
6. Murray State
7. Morehead State
8. Tennessee Tech
8. Austin Peay

Outdoor TF 1998

1. Eastern Illinois
2. Middle Tennessee
3. Southeast Missouri
4. **Eastern Kentucky**
5. Tennessee State
6. Murray State
7. Morehead State

Outdoor TF 1999

1. Eastern Illinois
2. Middle Tennessee
3. Southeast Missouri
4. Murray State
5. **Eastern Kentucky**
6. Tennessee State
7. Morehead State
8. Tennessee-Martin

Outdoor TF 2000

1. Eastern Illinois
2. Middle Tennessee
3. **Eastern Kentucky**
4. Murray State
5. Southeast Missouri

Outdoor TF 2001

1. Eastern Illinois
2. Southeast Missouri
3. **Eastern Kentucky**
4. Murray State
5. Tennessee State
6. Morehead State

Outdoor TF 2002

1. Eastern Illinois
2. Southeast Missouri
3. **Eastern Kentucky**
4. Tennessee State
5. Murray State
6. Morehead State

Outdoor TF 2003

1. Eastern Illinois
2. Southeast Missouri
3. Tennessee State
4. **Eastern Kentucky**
5. Murray State
6. Morehead State

Outdoor TF 2004

1. Eastern Illinois
2. Southeast Missouri
3. **Eastern Kentucky**
4. Samford
5. Tennessee State
6. Murray State
7. Morehead State

Outdoor TF 2005

1. Southeast Missouri
2. Eastern Illinois
3. **Eastern Kentucky**
4. Samford
5. Tennessee State
6. Morehead State
7. Murray State

Outdoor TF 2006

1. Southeast Missouri
2. Eastern Illinois
3. Tennessee State
4. Morehead State
5. **Eastern Kentucky**
6. Samford
7. Murray State

Outdoor TF 2007

1. Eastern Illinois
2. Southeast Missouri
3. **Eastern Kentucky**
4. Samford
5. Tennessee State
6. Morehead State

Outdoor TF 2008

1. Southeast Missouri
2. Eastern Illinois
3. **Eastern Kentucky**
4. Tennessee State
5. Samford
6. Morehead State

Outdoor TF 2009

1. Eastern Illinois
2. **Eastern Kentucky**
3. Southeast Missouri
4. Tennessee State
5. Texas-Pan American
6. Morehead State

Outdoor TF 2010

1. Eastern Illinois
2. Southeast Missouri
3. **Eastern Kentucky**
4. Tennessee State
5. Morehead State



Athletics Hall of Fame

On December 14, 2005, Eastern Kentucky University announced the creation of an Athletics Hall of Fame. The Hall of Fame's mission is to commemorate and honor student-athletes, other individuals and teams whose accomplishments have contributed to the esteemed tradition of Colonel Athletics and whose character has reflected positively on the University.

An extraordinary group of individuals, previously recognized by the University during the 1974 Centennial Athletic Awards Banquet, were inducted into the Hall of Fame on Nov. 3, 2006. This group of 25 is called The Founders. They were joined by an inaugural class of 13 in 2006, nine members in 2007, nine members in 2008, six members and a team of distinction in 2009 and 13 members in 2010.

Of these 75 members comprising the Athletics Hall of Fame, eight were purely track and field or cross country athletes during their time at ECU. They are Grant Colehour, William Rucker, and Kenneth Silvious (Founders); Jackie Humphrey-Corbin (Inaugural class of 2006); Pamela Raglin-Andrews, John Nganga, (Class of 2007); Rose Gilmore-Skepple (Class of 2008); and Ken Glover (Class of 2010).



Grant Colehour (Founder)

A five-time All-American in track and a four-time All-American in cross country, Grant Colehour was a member of the United States final Olympic Trials team in the 10,000 meters at South Lake Tahoe in 1968, where he placed sixth. A three-time national college champion in the six-mile run, 5,000-meter run and 10,000-meter run, he was the Ohio Valley Conference cross country champion four times (1965-68) and an OVC champion in track in five events. Colehour was a member of the United States World Cross Country Team in 1966 and 1967 and ran in Europe in the summer of 1966 in such countries as Sweden, Finland, Denmark and Norway. One of the first All-Americans in the University's history, he held ECU records in the mile, two-mile, three-mile and six-mile runs.



Grant Colehour

Billy Rucker (Founder)

Billy Rucker, one of the school's outstanding quarter-milers, was a four-year letterman in track and participated on the freshman basketball team at Eastern. He completed his four-year career at Eastern undefeated in the 440-yard dash and led the Maroons to their first Ohio Valley Conference championship in 1957. That '57 season saw Rucker finish first or second in five events at the OVC meet at Murfreesboro, Tenn., including the 100-yard, 220-yard dash and 440-yard dash, broad jump and the anchor leg of the mile relay. Upon receiving his Bachelor of Science degree in industrial arts in 1959, he served as an instrument designer with H.K. Ferguson Company in San Francisco, Calif., from 1960-62.



William Rucker

Ken Silvious (Founder)

Ken Silvious, two-time All-American in both cross country (1968, 1969) and track (1970, 1971), had four very successful years at Eastern. Perhaps his best came in 1970 when he placed first in every dual meet and won the Ohio Valley Conference individual championship, setting a new course record with a time of 29:16.0. Breaking records was certainly not an oddity for Silvious as he was able to set new course standards in six of these. Silvious won two individual OVC cross country titles and placed second his freshman and sophomore years. He placed 14th in the 1969 NCAA Cross Country Championships. Silvious still holds the Eastern record for the 3,000 meter steeplechase with a clocking of 8:44.8 set in 1970. Ohio.



Ken Silvious

Jackie Humphrey-Corbin (2006)

A 1988 Olympian who represented the United States in Seoul, Korea, Jackie Humphrey-Corbin is one of the most decorated athletes ever to compete at Eastern. Humphrey ran the sixth-fastest time ever by an American in the 100-meter hurdles (12.83 seconds) and won the U.S. Olympic track and field trials in record-setting fashion during the 1988 season. On August 29 of that year, the city of Richmond held a Jackie Humphrey Day to celebrate her accomplishments. Driven by a passion to be the best, Humphrey was a six-time NCAA All-American. She competed in the NCAA Indoor and Outdoor Championships each year of her collegiate career (1985-88). Her best finish was second place in the 1987 100-meter hurdles, a race she finished in 13.06 seconds. Following her senior season, Humphrey earned Ohio Valley Conference Female Athlete of the Year accolades.



Jackie Humphrey-Corbin



Pamela Raglin-Andrews (2007)

One of the best middle distance runners in the nation during her collegiate career, Pam Raglin, as she was known during her time at ECU, was a 13-time Ohio Valley Conference champion. The 1984 and 1985 OVC Women's Outdoor Track and Field Athlete of the Year still holds the conference mark for best 800 meters time with a 2:07.71 in 1986. Raglin claimed the OVC outdoor championship in the 800 meters (1985, 1986); 1,500 meters (1984, 1985, 1986); 3,000 meters (1985, 1986); and the 5,000 meters (1984, 1985) during her career. Raglin's time of 4:16.84 in the 1,500 meters during the 1986 season is still the ECU women's outdoor record. Also in 1986, Raglin was selected as the OVC Cross Country Runner of the Year. She won the three-mile championship with a time of 16:33, 11 seconds better than the runner up. Raglin also excelled at indoor track, winning the OVC title in the 800 meters and the mile in 1985. A native of Paris, Ky., Raglin-Andrews was inducted into the Kentucky High School Athletic Association Hall of Fame in 1998.



Pamela Raglin-Andrews

John Nganga (2007)

A four-time Ohio Valley Conference Cross Country Champion, John Nganga is one of the most decorated student-athletes in ECU history. Nganga swept the OVC cross country titles from 1991-94 while earning the conference's Runner of the Year honor all four years. He led the Colonels to the OVC crown in each of those four years. Nganga won the NCAA District III Cross Country Championship and advanced to the NCAA Championships in the maroon and white. The Kenya native earned OVC Indoor Track and Field Athlete of the Year in 1995, the first of two years he led the Colonels to the league title. That year Nganga won the 3,000 meters (8:40.35) and 5,000 meters (14:49.81) at the OVC championship meet. His third indoor title was earned in 1994 when he ran a 14:47.99 in the 5,000 meters at the conference meet. Nganga won four OVC Outdoor Track and Field titles during his illustrious career. In 1993 he won the 3,000 meters (8:38.70) and the 5,000 meters (15:09.45). He successfully defended his title in the 5,000 meters in 1994 (14:55.63) and 1995 (14:52.60).



John Nganga

Rose Gilmore-Skepple (2008)

One of the greatest sprinters in the nation during her collegiate career, Rose Gilmore-Skepple was a track and field All-American on several occasions. Gilmore was ranked in the top 20 nationally for the 100 and 200 meters in 1985. The nine-time Ohio Valley Conference sprint champion holds the ECU program record in the 100 meters (11.56) and the 60 meters (7.34). Her 200-meter time of 23.93 ranks second on ECU's all-time list. During her freshman season, Gilmore was a member of the United States World Record-setting 4x100 meter relay team. The Reading, Pa. native helped lead the Colonels to the conference indoor championship in 1985 and 1986. Gilmore established the conference record in the 55-meter dash with a time of 6.87 in 1985. The 1986 ECU Female Athlete of the Year competed in the NCAA Track and Field Championships as a senior.



Rose Gilmore-Skepple

Ken Glover (2010)

Ken Glover lettered four seasons for coach Rick Erdmann's Eastern men's track and field team in the high jump event. He was a four-time high jump champion in the Ohio Valley Conference and was a member of the OVC's prestigious 40th anniversary track and field team in 1988. He won the OVC indoor high jump title in 1981 with a leap of 7-2 and the conference indoor championship in 1982 with his 7-2.25 mark. Glover followed those efforts up with OVC outdoor high jump titles in 1981 (7-2.5) and 1982 (7.3), the latter of which still stands as the conference record. He was listed in 1980 with the 10th best high jump in the United States. Glover also owns the school record for best indoor high jump with his mark of 7-4.25 in 1981 and has the school outdoor mark for best high jump with his leap of 7-5 in 1982.



Ken Glover



Men's Indoor Qualifying Standards

| (Sea Level) | FAT | MT | FAT | MT | |
|---------------------------------|----------|---------|---------------|------------|------------|
| Event | | | | | |
| 55 Meters | 6.14@ | — | 6.25@ | — | |
| 60 Meters | 6.60@ | — | 6.71@ | — | |
| 55-Meter Hurdles | 7.17@ | — | 7.38@ | — | |
| 60-Meter Hurdles | 7.70@ | — | 7.91@ | — | |
| 200 Meters | | | | | |
| (Under 200m/220 yds)* | 21.48 | — | 21.88 | — | |
| (200m/220 yds)* | 21.23 | — | 21.63 | — | |
| (Banked or Over 200m/220 yds)* | 20.83 | — | 21.23 | — | |
| 400 Meters | | | | | |
| (Under 200m/220 yds)* | 47.15 | 46.9 | 48.25 | 48.0 | |
| (200m/220 yds)* | 46.75 | 46.5 | 47.85 | 47.6 | |
| (Banked or Over 200m/220 yds)* | 46.15 | 45.9 | 47.25 | 47.0 | |
| 800 Meters# | | | | | |
| (Under 200m/220 yds)* | 1:49.30 | 1:49.0 | | | |
| (200m/220 yds or less)* | 1:48.90 | 1:48.6 | 1:51.40 | 1:51.1 | |
| (Banked or Over 200m/220 yds)* | 1:48.00 | 1:47.7 | 1:50.50 | 1:50.2 | |
| Mile# | | | | | |
| (Under 200m/220 yds)* | 4:01.30 | 4:01.0 | | | |
| (200m/220 yds or less)* | 4:00.80 | 4:00.5 | 4:05.30 | 4:05.0 | |
| (Banked or Over 200m/220 yds)* | 3:59.00 | 3:58.7 | 4:03.50 | 4:03.2 | |
| 3,000 Meters# | | | | | |
| (Under 200m/220 yds)* | 7:58.50 | 7:58.2 | | | |
| (200m/220 yds or less)* | 7:57.20 | 7:56.9 | 8:07.70 | 8:07.4 | |
| (Banked or Over 200m/220 yds)* | 7:54.50 | 7:54.2 | 8:05.00 | 8:04.7 | |
| 5,000 Meters# | | | | | |
| (Under 200m/220 yds)* | 13:53.30 | 13:53.0 | | | |
| (200m/220 yds or less)* | 13:50.80 | 13:50.5 | 14:13.80 | 14:13.5 | |
| (Banked or Over 200m/220 yds)* | 13:47.00 | 13:46.7 | 14:10.00 | 14:09.7 | |
| 1,600-Meter Relay | | | | | |
| (Under 200m/220 yds)* | 3:10.50 | 3:10.2 | 3:14.40 | 3:14.1 | |
| (200m/220 yds)* | 3:08.90 | 3:08.6 | 3:12.80 | 3:12.5 | |
| (Banked or Over 200m/220 yds)* | 3:06.50 | 3:06.2 | 3:10.40 | 3:10.1 | |
| Mile Relay | | | | | |
| (Under 200m/220 yds)* | 3:11.70 | 3:11.4 | 3:14.80 | 3:14.5 | |
| (200m/220 yds)* | 3:08.90 | 3:08.6 | 3:13.20 | 3:12.9 | |
| (Banked or Over 200m/220 yds)* | 3:07.70 | 3:07.4 | 3:11.60 | 3:11.3 | |
| Distance Medley Relay—Meters# | | | | | |
| (Under 200m/220 yds)* | 9:36.10 | 9:35.8 | | | |
| (200m/220 yds or less)* | 9:35.00 | 9:34.7 | 9:44.70 | 9:44.4 | |
| (Banked or Over 200m/220 yds)* | 9:32.00 | 9:31.7 | 9:41.70 | 9:41.4 | |
| Distance Medley Relay—Yards# | | | | | |
| (Under 200m/220 yds)* | 9:37.60 | 9:37.3 | | | |
| (200 m/220 yds or less)* | 9:36.50 | 9:36.2 | 9:47.40 | 9:47.1 | |
| (Banked or Over 200 m/220 yds)* | 9:33.50 | 9:33.2 | 9:45.20 | 9:44.9 | |
| Event | Auto | Prov | Event | Auto | Prov |
| High Jump | 2.24 | 2.14 | Shot Put | 19.30 | 17.75 |
| Pole Vault | 5.50 | 5.20 | 35 lb. Weight | 21.50 | 19.50 |
| Long Jump | 7.85 | 7.50 | Heptathlon | 5,675 pts. | 5,325 pts. |
| Triple Jump | 16.15 | 15.45 | | | |

Women's Indoor Qualifying Standards

| (Sea Level) | FAT | MT | FAT | MT | |
|--------------------------------|----------|---------|---------------|------------|------------|
| Event | | | | | |
| 55 Meters | 6.74@ | — | 6.92@ | — | |
| 60 Meters | 7.26@ | — | 7.44@ | — | |
| 55-Meter Hurdles | 7.57@ | — | 7.86@ | — | |
| 60-Meter Hurdles | 8.14@ | — | 8.43@ | — | |
| 200 Meters | | | | | |
| (Under 200m/220 yds)* | 23.90 | — | 24.60 | — | |
| (200m/220 yds)* | 23.70 | — | 24.40 | — | |
| (Banked or Over 200m/220 yds)* | 23.20 | — | 23.90 | — | |
| 400 Meters | | | | | |
| (Under 200m/220 yds)* | 53.60 | 53.3 | 55.20 | 54.9 | |
| (200m/220 yds)* | 53.30 | 53.0 | 54.90 | 54.6 | |
| (Banked or Over 200m/220 yds)* | 52.60 | 52.3 | 54.40 | 54.1 | |
| 800 Meters# | | | | | |
| (Under 200m/220 yds)* | 2:06.30 | 2:06.0 | | | |
| (200m/220 yds or less)* | 2:06.00 | 2:05.7 | 2:10.00 | 2:09.7 | |
| (Banked or Over 200m/220 yds)* | 2:05.00 | 2:04.7 | 2:09.00 | 2:08.7 | |
| Mile# | | | | | |
| (Under 200m/220 yds)* | 4:39.40 | 4:39.1 | | | |
| (200m/220 yds or less)* | 4:38.90 | 4:38.6 | 4:48.90 | 4:48.6 | |
| (Banked or Over 200m/220 yds)* | 4:37.00 | 4:36.7 | 4:47.00 | 4:46.7 | |
| 3,000 Meters# | | | | | |
| (Under 200m/220 yds)* | 9:17.00 | 9:16.7 | | | |
| (200m/220 yds or less)* | 9:16.00 | 9:15.7 | 9:35.00 | 9:34.7 | |
| (Banked or Over 200m/220 yds)* | 9:13.00 | 9:12.7 | 9:32.00 | 9:31.7 | |
| 5,000 Meters# | | | | | |
| (Under 200m/220 yds)* | 16:15.00 | 16:14.7 | | | |
| (200m/220 yds or less)* | 16:12.50 | 16:12.2 | 16:49.50 | 16:49.2 | |
| (Banked or Over 200m/220 yds)* | 16:07.50 | 16:07.2 | 16:44.50 | 16:44.2 | |
| 1,600-Meter Relay | | | | | |
| (Under 200m/220 yds)* | 3:38.00 | 3:37.7 | 3:44.00 | 3:43.7 | |
| (200m/220 yds)* | 3:36.80 | 3:36.5 | 3:42.80 | 3:42.5 | |
| (Banked or Over 200m/220 yds)* | 3:34.00 | 3:33.7 | 3:40.00 | 3:39.7 | |
| Mile Relay | | | | | |
| (Under 200m/220 yds)* | 3:39.20 | 3:38.9 | 3:43.60 | 3:43.3 | |
| (200m/220 yds)* | 3:38.00 | 3:37.7 | 3:42.40 | 3:42.1 | |
| (Banked or Over 200m/220 yds)* | 3:35.20 | 3:34.9 | 3:41.20 | 3:40.9 | |
| Distance Medley Relay—Meters# | | | | | |
| (Under 200m/220 yds)* | 11:10.90 | 11:10.6 | | | |
| (200m/220 yds or less)* | 11:09.40 | 11:09.1 | 11:30.40 | 11:30.1 | |
| (Banked or Over 200m/220 yds)* | 11:05.50 | 11:05.2 | 11:26.50 | 11:26.2 | |
| Distance Medley Relay—Yards# | | | | | |
| (Under 200m/220 yds)* | 11:13.40 | 11:13.1 | | | |
| (200m/220 yds or less)* | 11:12.90 | 11:12.6 | 11:32.00 | 11:31.7 | |
| (Banked or Over 200m/220 yds)* | 11:09.00 | 11:08.7 | 11:30.00 | 11:29.7 | |
| Event | Auto | Prov | Event | Auto | Prov |
| High Jump | 1.85 | 1.78 | Shot Put | 16.90 | 15.20 |
| Pole Vault | 4.30 | 4.00 | 20 lb. Weight | 21.00 | 18.75 |
| Long Jump | 6.38 | 6.13 | Pentathlon | 4,075 pts. | 3,725 pts. |
| Triple Jump | 13.30 | 12.65 | | | |

Men's Outdoor Qualifying Standards

| Event | FAT | MT | Altitude Adjustment 3k-5,999/6k+ |
|--------------------|--------------|---------|-------------------------------------|
| 100 Meters | 10.38 | -- | +03/+06 |
| 200 Meters | 20.88 | -- | +07/+12 |
| 400 Meters | 46.42 | -- | +11/+21 |
| 800 Meters# | 1:49.40 | -- | |
| 1,500 Meters# | 3:45.50 | 3:45.2 | |
| Mile# | 4:03.50 | 4:03.2 | |
| 3,000- Meter StCh# | 8:56.00 | 8:55.7 | |
| 5,000 Meters# | 14:00.00 | 13:59.7 | |
| 10,000 Meters# | 29:24.60 | 29:24.4 | |
| 110-Meter Hurdles | 14.09 | -- | +04/+08 |
| 400-Meter Hurdles | 51.74 | -- | +11/+21 |
| 400-Meter Relay | 40.19 | -- | +12/+24 |
| 440-Yard Relay | -- | -- | +12/+24 |
| 1,600-Meter Relay | 3:09.10 | 3:08.8 | +44/+84 |
| Mile Relay | 3:10.30 | 3:10.0 | +44/+84 |
| | Metric | | |
| High Jump | 2.17 | | |
| Pole Vault | 5.13 | | |
| Long Jump | 7.54 | | |
| Triple Jump | 15.64 | | |
| Shot Put | 17.79 | | |
| Discus | 54.37 | | |
| Javelin | 62.29 | | |
| Hammer | 64.97 | | |
| Decathlon | 6,994 points | | |

Women's Outdoor Qualifying Standards

| Event | FAT | MT | Altitude Adjustment 3k-5,999/6k+ |
|--------------------|--------------|---------|-------------------------------------|
| 100 Meters | 11.56 | -- | +03/+07 |
| 200 Meters | 23.83 | -- | +07/+14 |
| 400 Meters | 54.68 | -- | +11/+21 |
| 800 Meters# | 2:09.61 | -- | |
| 1500 Meters# | 4:27.50 | 4:27.2 | |
| Mile# | 4:49.10 | 4:48.8 | |
| 3,000-Meter StCh# | 10:30.00 | 10:29.7 | |
| 5000 Meters# | 16:39.00 | 16:39.0 | |
| 10,000 Meters# | 35:00.00 | 34:59.7 | |
| 100-Meter Hurdles | 13.65 | -- | +04/+08 |
| 400-Meters Hurdles | 59.80 | -- | +11/+21 |
| 400-Meter Relay | 45.81 | -- | +12/+28 |
| 440-Yard Relay | 46.01 | -- | +12/+28 |
| 1,600-Meter Relay | 3:41.80 | 3:41.5 | +44/+84 |
| Mile Relay | 3:42.00 | 3:41.7 | +44/+84 |
| | Metric | | |
| High Jump | 1.75 | | |
| Pole Vault | 3.95 | | |
| Long Jump | 6.01 | | |
| Triple Jump | 12.41 | | |
| Shot Put | 14.74 | | |
| Discus | 48.18 | | |
| Javelin | 45.66 | | |
| Hammer | 55.65 | | |
| Heptathlon | 5,100 points | | |

- Altitude adjustment available

- Altitude adjustment available