



Eastern Kentucky University THE EASTERN PROGRESS

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Student publication of Eastern Kentucky University since 1922

MARCH 21, 2010

Men's basketball breaks record - B6

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News - A6



H1N1 cases down from '09 but lull may not last

By Greg Schulte

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The H1N1 virus may still be present at Eastern, but thanks to the vaccines that arrived in November along with other antibacterial supplies, students have been able to fight off the virus.

Dr. Pradeep Bose, director of Student Health Services (SHS), said there has been a significant decrease in cases since last November.

Fortunately, that trend extends beyond Eastern. The Center for Disease Control and Prevention announced that the overall flu activity in the United States has decreased in the month of January. The CDC recommends that



Dr. Pradeep Bose

the best way to prevent getting the virus is to get the H1N1 vaccine as soon as possible. The vaccine can be taken in two different ways: as a regular flu shot, or as a nasal spray vaccine. The nasal spray and injectable vaccine is offered at the Student Health Services building. Women who are pregnant or have weakened immune systems, however, are urged not to take the nasal spray vaccine.

Eligibility for the vaccines is listed on the

SHS website. As long as none of the symptoms apply, then the next step is to check with your local physician.

The nasal spray vaccine is free of charge and injectable vaccine is \$3.

Bose said he worries some students think taking the vaccine isn't important. SHS received 500 vaccines in late November and had to throw away 280 of the vaccines because they had expired.

There are certain steps the medical board at Eastern has taken to help decrease the chances of catching the swine flu. Masks and hand sanitizers have been scattered throughout buildings and classrooms, for example to help fight the flu.

Still, the importance of vaccination should not be overlooked.

Secretary Kathleen Sebelius of the U.S. Department of Health and Human Services announced that this flu season has been very tough on millions of Americans and predicts that it is not over yet. "The H1N1 vaccine is safe, effective and the best way to prevent the flu. We urge all Americans to protect themselves and their families by getting the H1N1 flu vaccine," Sebelius said.

The Student Health Services building requires that anyone with flu-like symptoms must wear a facemask when entering the building, and suggests that people infected wear

See H1N1, A3

True love: Technology



PHOTO ILLUSTRATION BY RACHEL STONE

Nearly two-thirds of college students choose technology over love

By Whitney Leggett

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A recent survey has revealed that face-time with significant others might not be as important to college students as you might think. According to a survey from the makers of Twix candy, 63 percent of "college students [today] say it would be easier to give up their significant other than spend a week without their cell

phones, Internet or any other form of technology."

Eastern student Kristen Collier, a pre-pharmacy major from Richmond, wasn't surprised by the results and said she, too, would choose technology.

"The internet and my cell phone are so important to me," Collier said. "I can use them to keep in touch with so many people at once and the internet is necessary for my school work."

Lyndsey Leadingham, an elementary education major from Winchester, said, "In our society today, technology is a requirement if we want to be productive in finishing homework, finding a job, or keeping track of finances. If I were to give up technology, I wouldn't be able to stay in touch with my classes, bank-

"The internet and my cell phone are so important to me. I can use them to keep in touch with so many people at once and the internet is necessary for my school work."

-Kristen Collier, pre-pharmacy
Richmond

ing account, or information on the web that helps lead me to a better and more successful career."

As surprising as these results may be, sociology professor Paul Paolucci warned against reading too much into the information provided by the company.

"The students were asked to think about these things in terms of a week," Paolucci said. "But if they were asked to go without their significant other for, say, a year, I think you would get dramatically different answers."

Paolucci said college students are used to going on vacations or going away for longer periods of time so it's easier for them to say that they could be away from their significant other. "College students use their technolo-

See TEXT, A3

Beshear's plan depends on gaming bill

Higher education funding likely to be spared if gambling is legalized

By Laura Butler

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Governor Steve Beshear delivered something of an ultimatum Tuesday night when he presented his proposed budget to state legislators.

The governor's plan, which notes that the state faces a projected \$1 billion deficit, would avoid tax increases and impose only moderate budget cuts to various state programs, all while preserving education funding for the first year.

In the second year of his budget plan, education would likely face a 2 percent cut.

But there's a catch—and that's where



Steve Beshear

the first few years, helping offset budget deficits.

Without those revenues from gaming, Beshear said, the state would likely have to make deep cuts to virtually every state agency—including higher education—over the next two years, beginning with a 12 percent cut the first year and climbing to a 34 percent cut the following year.

Beshear added that the cuts would likely

be accompanied by mass layoffs to state employees and could greatly reduce the quality or quantity of available public services.

In his speech to senators and house representatives, Beshear highlighted several high priority sectors that he wanted to see protected or spared once the final budget is decided in April.

For instance, he heavily stressed the importance of education (both K-12 and higher education) public safety, health care and environmental protection.

Because of the economic burden Americans everywhere are experiencing, Beshear said he wanted to avoid increasing taxes, a measure that said would have been "counterproductive to our economic recovery." And after examining every other available means to fund his high priority concerns, he called legalized gaming the "only practical option."

"It will provide a reliable source of income we use year after year after year to make

See UPDATE, A3

DegreeWorks will replace CARES reports

By Lindsay Huffman

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Since the early 1980s, Eastern students have used CARES reports to show which courses they've taken and how far they still have to go on their degrees. But this system of degree audits will soon be gone from Eastern and will be replaced by a new degree audit system called DegreeWorks.

DegreeWorks is scheduled to be ready for use March 5, said Tina Davis, Eastern's registrar. All students will be able to access their

See DEGREE, A3

Police Beat

All information in the Police Beat is taken from Eastern police reports.

Jan. 14

■ A male student reported to police that his iPhone and case were taken from a Moore Building men's restroom. The student said he left the items on the toilet paper rack around 9:15 a.m. and when he returned later, both were gone. He said he tried to locate the phone using a GPS system, but the phone was not recovered. The total amount of stolen property is \$550.

■ A male student reported that two iPods were stolen from his white Honda Civic while he was in class. No other items were taken from the vehicle. The student said he could have left the car unlocked. The total amount of stolen property is \$450.

Jan. 15

■ Police reported to Stratton Building after an employee noticed a computer was missing from a classroom. Only the CPU was taken; the monitor, keyboard and mouse were left behind. The value of the property is estimated at \$500.

■ An employee reported a stolen light fixture from the eastern stairwell of Case Hall. The theft occurred sometime between 6 p.m. and 11 p.m. No suspects have been identified. The total stolen value is \$50.

Jan. 17

■ Police reported to Dupree Hall after a student reported that the lower half of the front entrance door had been cracked. After reviewing surveillance tapes, a suspect was seen kicking the door. The suspect was identified as being a thin, white male about 5'10 - 6' tall with dark brown hair. He was wearing a red and white striped shirt, blue jeans and dark shoes. The value of the damage was estimated at \$250.

■ A male student reported he observed a male subject attempting to gain entrance to a vehicle in the Brockton parking lot. The student yelled at the subject to stop before he ran away. Police observed the passen-

ger side window was shattered. After the owner was contacted, he reported that property was missing from the vehicle. The stolen property included a Cobra Radar Detector valued at \$200, one pair of Oakley sunglasses valued at \$150 and one pair of American Eagle sunglasses valued at \$25. The value of the vehicle damage was estimated at \$300.

Jan. 18

■ Zachary Preston was arrested for alcohol intoxication after a female student reported he was being loud on the fifth floor of Palmer Hall. The officer detected a strong odor of alcohol on his person, and he was staggering and slurring his speech.

News Briefs

EKU Police offers self-defense class

The EKU Police Department will be offering a women's self-defense course beginning Monday, Jan. 26. The class will last from 6 - 10 p.m. for three nights (Monday - Wednesday) and will take place in the Herndon Lounge in middle Powell. The course is free and is available to all university female students, faculty and staff. Interested women should wear comfortable clothing, closed-toe shoes and no jewelry. Space is limited. To sign up for the course or for more information, contact cristina.davis@eku.edu or call 622-1111.

Political consultant to speak at Eastern

Donna Brazile, a political commentator for CNN and a political consultant for ABC News, will speak at Eastern from 7 - 8 p.m. Monday, Feb. 8 in Brock Auditorium. Brazile has worked for several presidential campaigns since the late '70s and is currently the Chair of the Democratic National Committee's Voting Rights Institute. No entry fee will be charged for her lecture. For more information about Brazile, visit her Web site at www.donnabrazile.com.

Healthy You! at EKU hosts blood drive

Healthy You! At EKU will be hosting a blood drive for faculty and staff who want to donate from 10 a.m. - 5 p.m. Tuesday, Jan. 26 in the Kennamer Room in middle Powell. Donations

will go to the Central Kentucky Blood Center. To schedule an appointment for donation, visit www.kybloodcenter.org. For more information about the blood drive, call Leanna Bowles at 622-7218.

EKU Women's Club Soccer Tryouts Now

Spring tryouts for the EKU Women's Soccer Club will take place from 6 p.m. to 8 p.m. Jan. 19-22 in Begley 118. Those interested in trying out must attend at least two sessions to qualify for the team. Students must wear tennis shoes, as well as bring cleats and a soccer ball. For more information about the team or tryouts, contact Abigail Love at 513-490-6889.

Eastern to host Diversity Conference

Eastern will host the ninth annual Diversity Conference Feb. 10 - 11 in the Perkins Building. The conference will feature several speakers and a panel discussion. The conference is open to all students, faculty and staff, and costs \$150 per person. Registration ends Jan. 31. For more information about the conference or registration materials, contact Tom Bonny at 622-2581 or tom.bonny@eku.edu.

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Happenings

THURSDAY, JAN. 21

7:30 p.m.
Chautauqua Lecture Series presents Frank Warren, Brock Auditorium

9 p.m.
Student Life presents The Final Destination, Student Services Building

FRIDAY

Midnight
EKU Ice Hockey vs. Louisville

SATURDAY

2 p.m.
Dancer auditions for Dance Theatre, Weaver Dance Studio

4 p.m.
Women's basketball vs. Morehead State

7 p.m.
Men's basketball vs. Morehead State

Midnight
EKU Ice Hockey at Louisville

SUNDAY

3 p.m.
Rachel Taylor: Faculty Piano Recital

TUESDAY

8 p.m.
Kristen Kean: Faculty Flute Recital

WEDNESDAY

9 a.m. - 11 p.m.
The Kentucky Touchstone Energy All "A" High School Basketball Classic, Paul McBrayer Arena

6 p.m.
Student Life presents Poker Tournament, Keen Johnson Ballroom

THURSDAY, JAN. 28

9 a.m. - 11 p.m.
The Kentucky Touchstone Energy All "A" High School Basketball Classic, Paul McBrayer Arena

3 p.m. - 5 p.m.
Danville Campus: Pirate Day Family Fun

6:15 p.m.
Women's basketball at Austin Peay State

8:30 p.m.
Men's basketball at Austin Peay State



Weather



THURSDAY

Showers
High: 51 Low: 40
Precip: 80%

FRIDAY

Cloudy
High: 45 Low: 37
Precip: 20%

SATURDAY

Mostly Cloudy
High: 56 Low: 47
Precip: 20%

SUNDAY

Showers
High: 52 Low: 40
Precip: 60%

MONDAY

Partly Cloudy
High: 45 Low: 29
Precip: 10%

TUESDAY

Few Snow Showers
High: 39 Low: 27
Precip: 30%

WEDNESDAY

Cloudy
High: 40 Low: 28
Precip: 20%

Source: Weather.com

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SENIORS DAY - ALL DAY MONDAY \$4.50

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EXTRAORDINARY MEASURES [PG] 12:00 2:30 5:00 7:30 10:00	THE SPY NEXT DOOR [PG] 2:25 4:45 7:05 9:55
TOOTH FAIRY [PG] 11:55 2:25 4:50 7:15 9:40	DAYBREAKERS [R] 2:50 5:10 7:35
LEGION [R] 12:20 2:45 4:50 7:15 9:40	THE BLIND SIDE [PG-13] 4:05 10:05
AVATAR -2D [PG-13] 2:40 6:05 9:30	IT'S COMPLICATED [R] 7:20 10:05
AVATAR -3D [PG-13] 12:40 4:10 7:40	THE BOOK OF ELI [R] 1:20 4:10 6:55 9:50
ALVIN AND THE CHIPMUNKS: THE SQUEAKQUEL [PG] 3:00 5:15 7:30 9:45	LEAP YEAR [PG] 2:30 4:55 7:20 9:50
SHERLOCK HOLMES [PG-13] 12:15 7:10	THE LOVELY BONES [PG-13] 12:40 3:50 6:50 9:50

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Student Alumni Ambassadors

Eastern Kentucky University

Student Alumni Ambassadors is a registered student organization dedicated to serving Eastern's past, present, and future students.

Please join us at our formal and informal recruitment parties. You will be introduced to current members, learn more about SAA, and find out how you can become more involved in our prestigious organization.

Please wear business attire for formal recruitment and casual attire for informal recruitment.

Formal Recruitment

January 26, 2010

Doors open at 8:30 pm
Meeting begins at 9:00 pm
Location: Keen Johnson

Informal Recruitment

January 27, 2010

Doors open at 4:45 pm
Meeting begins at 9:00 pm
Location: SSB Auditorium

H1N1: Shots available to students for minimal cost

Continued from Page A1
 facemasks anywhere to prevent the spread of the virus. Thanks to the vaccine, many health officials believe the chances of catching the flu are decreasing. The HHS announced that from April 2009 to mid-October 2009, H1N1 Flu affected approximately 47 million Americans.

“We do not know how many more cases of flu there will be in the coming weeks and months, but we do know that the H1N1 vaccine is the best way to protect yourself,” said CDC Director Thomas R. Frieden.

Bose agreed and said we should not yet rest easy. “(H1N1) may reappear before it is all over since these pandemics come in peaks,” Bose said. If a student is feeling any flu-like symptoms, Bose said he or she should immediately see a local physician or go to the Student Health Services building to help prevent transmission.

Any student may receive a flu vaccine at Student Health Services Monday through Friday from 9 a.m. to 4 p.m., and no appointment is necessary.

DEGREE: New system boasts additional features

Continued from Page A1
 information on DegreeWorks through EKUDirect.

DegreeWorks will run audits for students who want to know what classes they have taken, what classes they need to take, how many hours they have left to get a degree, etc. But there are other features to the new system as well.

One feature is the academic planner, where students can plan out what courses they would like to take during a specific semester. The university will decide which courses should be offered during a semester based on the students' planners.

“It’s a cultural change,” Davis said. “If you plan it, we will offer it.”

Davis also said that the power of this planner lies in the hands of the students, not their advisers.

“Students will have to make the plan, stick to the plan and

... keep it current,” she said.

With the planner and other additions, Davis said DegreeWorks is expected to help students get out of college more quickly and with less debt.

“It’s a powerful ... tool for students to make more efficient progress,” she said.

The decision to get rid of CARES reports was made for several reasons, Davis said.

First, the program was old and had not been updated since it was installed.

Second, CARES reports are from a type of software other than Banner, the system that Eastern uses. In order to retrieve information about a student’s degree, the information had to be “translated” from the Banner programming language into the CARES language, and then generated out to students.

“It’s like one speaks English (and) the other speaks Klingon,” Davis said. “It’s been cumbersome.”

Davis said Eastern officials decided that either CARES needed to be updated, or a new program had to be found. About a year ago, DegreeWorks was recommended to the president, who approved the decision and the software was purchased. The product was approved not only because it is a Banner product, but Davis also described it as “more intuitive.”

“It provides better information more easily ... it’s a very powerful, advanced tool,” Davis said.

Ever since the software was purchased, a team consisting of personnel from the Registrar’s Office and Information Technology (ITDS) has been working on installing the system. One of the leaders of this team and the assistant registrar, Shannon Tipton, said the biggest problem the team faced was “trying to implement [DegreeWorks] in a year’s time frame.”

She also said the team had to ensure all the data was correct and converted into DegreeWorks in the proper programming language.

“We’re taking the language and converting it to make it simple for the students,” Tipton said.

Davis said the team has been working diligently to finish the installation of the program in time.

“This core group has put enormous hours into the project,” she said.

But Davis said that when the program is implemented, she is sure students will love it.

“It’s extremely user-friendly. It’s a great advancement over CARES,” she said.

Davis said online tutorials about DegreeWorks will be available to students soon.

For more information about the new system, contact the Registrar’s Office at 622-3876 or at registrar@eku.edu.

TEXT: Dependency grows

Continued from Page A1
 to keep in touch with other friends and their families,” Paolucci added. “So, I don’t think this necessarily means they think their phones are more important than their significant others.”

Lindsey Marcum, an English education major from Winchester, doesn’t agree with the findings of the survey.

“My significant other is definitely more important to me than my cell phone,” she said. “It would be easier for me to do without the technology than to do without him.”

The study indicates the average college student doesn’t share Marcum’s views. Most cite the Internet as invaluable resource when it comes to their success in college. Those conducting the survey found that “two in five named the Internet and social media as the number one thing they couldn’t do without at college.”

Collier said the Internet is very important when it comes to her education.

“Almost all of the professors I have require us to use Blackboard for our quizzes and homework assignments.”

The importance of the Internet and other technologies in the lives of college students may be to blame for the decline in the amount of personal time spent with others, as well as the value placed on that time.

The survey revealed that only 55 percent of the daily interactions of college students

are face-to-face. That means that almost half of their interactions occur via cell phones, Internet and social network technology.

And that’s just the average college student. Some students take their technological interactions to extremes.

“About 75 percent of my contact is through technology,” Collier said.

The new survey reflects a change in our society. The survey was a follow-up on one conducted 20 years ago which came to a nearly opposite conclusion: at that time, 65 percent of college students preferred their relationship to technology.

Paolucci said that it’s only common sense that with more technology, people have less time to spend with one another in-person.

“Technology has worked its way into our daily lives,” he said. “Considering the few hours we have open during the day after sleeping, eating, and bathing, new technology is going to without a doubt encroach on the time we can spend with others.”

The big question is how this necessity for technology affects students socially.

“As the way we spend our leisure time shifts from time spent outdoors to technological entertainment, that’s less time we’re spending developing social skills,” Paolucci said. “It’s likely that people will begin to adopt the impersonal attitude that many have when they communicate using technology.”

BUDGET: Whitlock urges ‘need for new revenue’

Continued from Page A1
 investments in the institutions and people of this state, to strengthen our efforts to emerge from this recession not shell-shocked and shattered, but ambitious and able,” Beshear told lawmakers.

The governor’s proposal calls for sparing higher education for the first fiscal year and provides for no more than a 2 percent cut in the second fiscal year, when federal stimulus funds were slated to have been depleted.

Those provisions, however, hinged on the projected \$780 million in revenues that gaming would inject into the

state’s treasury. Beshear said he would recommend using 100 percent of lottery revenues to pay for student financial aid, beefing up need-based aid through KEESS scholarships and National Guard Tuition Assistance.

Beshear’s budget also recommends a total of just over \$900 million of funding for Kentucky’s public institutions in the form of both General Fund and agency bonds.

The money would be earmarked primarily for expansion and construction projects within each of the eight public universities.

Eastern Kentucky University, for instance, would re-

ceive just over \$65 million in bonds for Phase II of the new science building and \$29.3 million for student housing and residence hall renovations.

Eastern President Doug Whitlock sent an e-mail to faculty and staff Wednesday morning, outlining the plan of action he thinks needs to be taken by the state legislature. He stressed that seeking alternative funding is the way to remedy the long-standing budget problems.

“Kentucky’s budget woes run far deeper than simply the downturn in the economy,” Whitlock said. “There was a structural imbalance between

recurring income and recurring expenses even before the economy soured.”

Whitlock is scheduled to speak with legislators on Thursday in the House Budget Review Subcommittee on behalf of the higher education committee.

“I will encourage the legislature to consider the profound need for new revenue,” Whitlock said in his written statement. “It is my sincerest hope that the Governor and General Assembly will work together to solve this issue whether through expanded gaming, some other form of revenue enhancement, or a combination thereof.”

HAITI: ISA collecting funds

Continued from Page A6

around the world and how people suffer,” she said.

Lucy Seo, a junior occupational therapy major from South Korea, also helped the ISA efforts. She said she hopes for a pay-it-forward effect.

“If we help them, they can help others in the future,” she said. “Like Michael Jackson said, ‘Make a better place.’”

“[They] can help by calling or giving money because they know that’s what’s

right.”

ISA president Janita Schoonderwoerd, a Netherlands native said the organization has raised \$330 so far and is making plans to contribute more from its own bank account.

Seo and Sudini said they agreed that any donations would be beneficial.

“One quarter, one penny can make a lot of difference with people,” Seo said.

“Even if it’s not great help,” Sudini said, “it adds something.”

HB 160: Efficiency to lower costs

Continued from Page A6

occupational science, as well as several others.

Rollins said he thinks the bill would bring “real progress.”

“All parties involved [in drafting the legislation] realize the importance of finding a solution that will better serve Kentucky students,” he said.

Gov. Steve Beshear showed

his support for the bill’s idea in this year’s State of the Commonwealth Address.

“I will be supporting legislation that will pursue more formal cooperation, including the transfer of course credits for approved areas from KCTCS to our four-year public schools and among our four-year institutions,” he said.

Beshear said he also hopes to help students graduate

more quickly and with less debt.

“One of the best ways to improve graduation rates and lower the cost of attending college is to help our kids move through the system as efficiently as possible,” he said.

The bill, if passed, is projected to be fully implemented by the 2012-2013 school year. For more information about HB 160, visit www.lrc.ky.gov.

Quality Enhancement Program sponsors learning showcase

By Chelsy Polivchak
 progress@eku.edu

In the fall of 2004, Eastern formed a Quality Enhancement Program designed to develop critical thinking skills among students. These skills could then be used to explore, evaluate, expand and express ideas in the world that every student is faced with. The program is formulated around the theme “To develop informed, critical and creative thinkers who can communicate effectively.” Next week, Eastern is looking to spread the message that QEP has to offer with a poster display that will feature a variety of entertainment and snacks.

The event is scheduled for Monday, Jan. 25 from 11 a.m. to 2 p.m. and will take place in the Powell lobby, where students will have the ability to take part in the activities of Eastern’s Quality Enhancement Program’s critical thinking and communication showcase. According to Kate Williams, the director of Quality Enhancement Programs at Eastern, the upcoming showcase is designed to “inform and energize” the students about the QEP and underscore just how important the message is.

Now in her second year working as director, Williams said she has watched the program help stimulate growth on campus by changing the culture, in the classrooms and

Want to check out the showcase?

Stop by Powell Lobby on Monday, Jan. 25 for interactive presentations, free food and giveaways.

out. Not only does she believe that “teaching has been reinvigorated” by their efforts, she also encourages students to be proud of the hard work that Eastern has put into implementing this program for us. The showcase on Jan. 25 will show off poster displays created and demonstrated by the faculty to show students what they will be doing in the classrooms. There will also be student entertainment, everything from dancers to musicians, and artists.

A student activities area will hold games and a raffle for prizes, such as a new GPS system. Students can gain free admission to the raffle by visiting four posters at the event. Another option for students who have received a QEP t-shirt in the past is to wear it to the event to be admitted into the raffle immediately.

Also on hand will be an en-

tire menu selection of “brain food”, otherwise known as foods that are rich in ingredients proven to stimulate brain function and critical thinking.


Don’t miss the chance to fuel your brain with food from Pita chips and dip, to specialty items served by butlers, with a round of desserts like mini blueberry pies. And students can wash it all down with fresh fruit smoothies, which will be made on site.

The people of QEP want students to get excited about thinking critically and get involved with others on campus to brainstorm ideas on how to spread the word campus-wide.

Contact Kate Williams for QEP for more information about the program, by phone or e-mail at QEP@eku.edu, or attend the showcase Monday and learn more.

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PERSPECTIVES

King's dream not yet realized

The three-day weekend. Sitting comfortably at the corner of gift and blessing, three-day weekends may be what keep college students (and their professors) from completely losing their minds. It also may have something to do with beer.

When it comes to three-day weekends, "why" is generally the least important question word involved. Instead, we wonder *what* we're going to do, *where* we're going to go and *how* much of that time we can spend getting stupid-drunk.

It's as if we fear asking *why* might somehow make us seem ungrateful: like we're questioning whether or not we deserve it.

In essence, we could be biting the hand that feeds us.

"If you have to ask 'why' then maybe you don't deserve a three-day weekend."

(Shudder).

But now that the weekend's over, we have nothing to fear.

It's no mystery that Monday was Martin Luther King, Jr. Day, a federal holiday celebrated on the third Monday of every January, near King's birthday.

That's the "who," the "what," the "where" and the "when." "How" we know this is generally thanks to the colored or shaded square on our 2010 calendars and the italicized text below.

The "why," in this case, is a little more complex.

Sure, everybody knows what Martin Luther King, Jr. did for Civil Rights and for the advancement of black people in America. We all learned about the Civil Rights Movement around 7th grade or so. For many of us, that education included a showing of that Whoopi Goldberg movie about the Montgomery bus boycott (*The Long Walk Home*, thank you Google), famously led by Dr. King.

We know him as a spiritual figure, a historic political leader and a cham-

panion of nonviolence.

Beyond that, we should know him as one of the most influential human beings who has ever lived.

King is more than simply the sum of these parts. He is more than a list of well-documented accomplishments and tangible accolades. King was (and is) an idea.

If you've never read or heard King's "I Have a Dream" speech, what are you doing reading this?

Go read that.

Seriously. Here's a Web site: <http://www.americanrhetoric.com/speeches/mlkihadadream.htm> that contains a video excerpt, full audio and a written transcript. Follow along like you did

when you had books on cassette as a child (minus the "turn the page when you hear this sound" chimes).

And listen.

Context is important, but context isn't everything. Much of what King says regarding legal discrimination and oppression is thankfully behind us. In the 45 years since King's speech, the cultural zeitgeist in America has shifted toward tolerance and acceptance. From both a legal and social perspective, America has come a long, long way.

That does not mean there is nothing left to learn.

Legal equality means that perhaps government has done all it can.

Anything beyond legal equality means government is doing too much.

King had a dream that his children would "one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

This is not something we can legislate. Fortunately, it is something we can control.

In order to do that, we must recognize that skin color is something we cannot.

Skin color is a circumstance of birth, and as such, should neither be a source of pride or shame. Being proud of being white or black is the equivalent of being proud of being tall or having blue eyes.

Having a particular level of melanin is not something you chose and not something anyone has accomplished. It is merely something we each happen to be born with.

To realize King's dream, we must move past any notions of entitlement or "power" attributed to any particular circumstance of birth. That includes skin color.

What's more, we must be wary of political correctness and censorship. Words are "bad" because we identify them as such – take away the supposed meaning and you rob the word of its power. Language is organic, and we can change it.

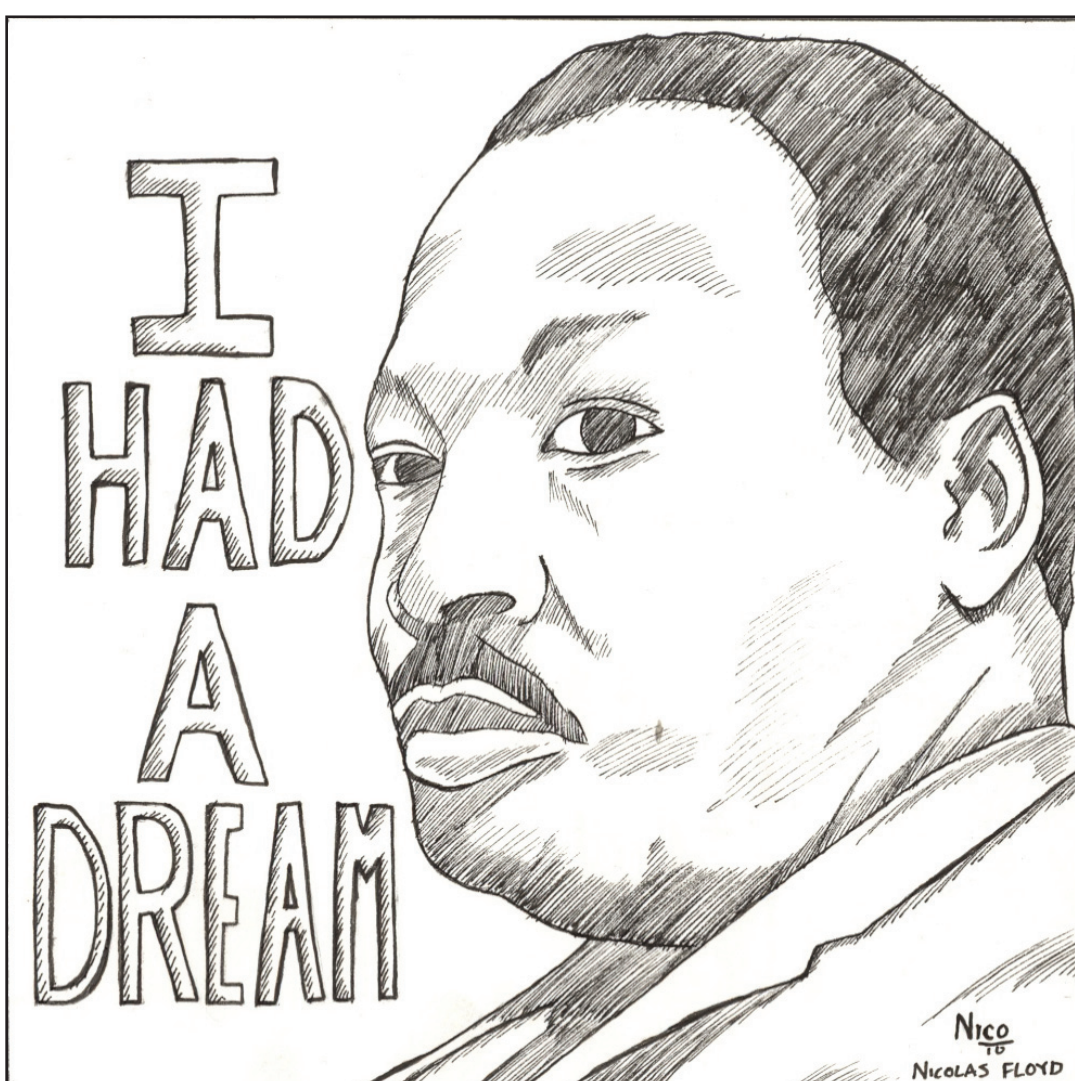
Ultimately, it's the intolerant idea we must stop, not the language that happens to imply it.

Note that a truly tolerant society is one where anyone can make jokes about anyone else and everyone laughs. Creating social boundaries about who can say what and what it must mean only works to further resentment and distance between social groups.

King dedicated his life to legal equality and egalitarianism, but only because we must crawl before we can walk.

In America, we're crawling, but remembering King's dream is a necessary step in our quest to walk.

And that, friends, is the "why."



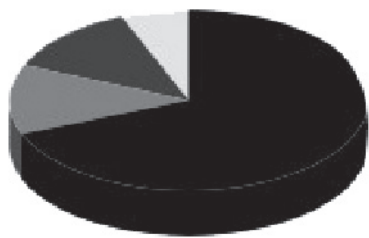
> Online Poll

Would you rather give up your technology or your significant other for one week?

Visit www.easternprogress.com and look for the poll on the right side of the page.

> Last Week's Poll

What should Eastern put the most focus on in the coming decade?



- Keeping tuition affordable: 68%
- A solution to the parking problem: 13%
- Physical growth and development: 13%
- Being environmentally conscious: 6%

The Eastern Progress online poll is not scientific and reflects the opinions of only those online readers who choose to participate.

> Campus comments:

What's your current ringtone?



"(Elton John's) 'Tiny Dancer' because my sister put it in there."

Mandy Profitt
A freshman psychology major from Powell County.



"'You're a Jerk' by New Boyz. I like to dance to it every time it comes on."

T.J. Pryor
A sophomore criminal justice major from Louisville.



"'Then' by Brad Paisley. I like that song."

Scott Bramlage
A freshman fire science major from Fort Ray



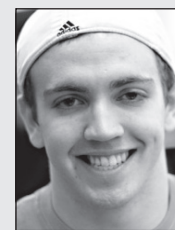
"'Replay' (by Iyaz). I just really like that song."

Katelyn Connor
A sophomore political science major from Erlanger.



"'Weightless' by All Time Low. I really like that song."

Tori Kremer
A sophomore occupational science major from Edgewood.



"'Swing' by Savage. It's a good party ringtone. I don't know anyone who doesn't like to dance to that."

Tyler Gillum
A freshman history education major from Somerset.

> Have an opinion?

Log on to www.EasternProgress.com and tell us what you think. You can submit a letter to the editor, comment on stories and opinion pieces, or take our weekly online poll.

Letters to the editor should be no longer than 500 words and should include your name, association with Eastern and a contact phone number or e-mail for verification purposes, not for publication.

Letters to the editor may be edited for length prior to publication. Letters must be submitted by Tuesday at 6 p.m. in order to be considered for publication in the same week.

The Progress reserves the right to edit or remove online comments if their content is judged to be illegal, directly insulting to an individual or otherwise unhelpful to the conversation.

Eastern Kentucky University THE EASTERN PROGRESS www.easternprogress.com

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The Eastern Progress (ISSN 1081-8324) is a member of the Associated Collegiate Press, Kentucky Intercollegiate Press Association and College Newspaper Business & Advertising Managers, Inc.

The Progress is published every Thursday during the school year, with the exception of vacation and examination periods. Any false or misleading advertising should be reported to Adviser/General Manager, Reggie Beehner at (859) 622-1875.

Opinions expressed herein are those of student editors or other signed writers and do not necessarily represent the views of the university. Student editors also decide the news and informational content.

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Never a bad time to watch 'A Few Good Men'



It is 2:33 a.m. And I have writer's block.

We've all been there; we all know and hate the feeling. It's the feeling that comes with the knowledge that it's crunch time, and your brain just doesn't seem to want to crunch.

Whether you've put off reading those three chapters for your 8 a.m. class or forgotten about that four page "reflection paper" that's due before 9, long nights are all but inevitable in college. That's why you may as well figure out how to deal with them.

For me, the formula is simple:

"It is 2:33 a.m. And I have writer's block. Time to watch *A Few Good Men*."

Yes, *A Few Good Men*. As in the 1992 Best Picture nominee directed by Rob Reiner and starring Tom Cruise (pre-sci-entology Kool-Aid) and Demi Moore (pre-Ashton Kutcher/cougar status).

Yes, *A Few Good Men*. As in, "It doesn't matter what I believe; it only matters what I can prove!" and "You don't need a patch on your arm to have honor," and "You can't handle the truth!"

Let's get the rousing endorsement out of the way - if you haven't seen *A Few Good Men*, you haven't seen one of the greatest movies ever made and likely my favorite movie of all time.

The DVD is \$8. I'm just say-
in'.

"Everyone has a rock in times of stress - mine just happens to feature Jack Nicholson thundering away in one of the best monologues in the history of cinema."

My friends know I live by a mere handful of quotes, one of them being "There's never a bad time to watch *A Few Good Men*."

That includes the period just after you've finished watching *A Few Good Men*.

In this case, it also includes 2:33 a.m.

While I admit the movie is a masterpiece in virtually every way, it's more than just a good movie. And that's not why I watch it anyway.

When I find myself in times of trouble, *A Few Good Men* comes to me, speaking words of wisdom, "One more and I get a set of steak knives."

A Few Good Men is my quiet place; my happy place.

A Few Good Men is my reminder that I've been through this before.

Everyone has a rock in times of stress - mine just happens to feature Jack Nicholson thundering away in one of the best monologues in the history of cinema.

Why *A Few Good Men*, you ask? I have my reasons. They are threefold.

First, its length allows for a significant investment in a project or paper. A running time of 138 minutes is more than enough to accomplish most anything you've been putting off and not so long that you're exhausted afterwards.

Second, every single scene kicks ass and takes names. That means regardless of when my eyes wander toward the screen, I'm bound to see something jaw-droppingly badass.

Whether it's Nicholson's brilliant (albeit vulgar) opening line, or the textbook montage as the defense prepares for court, or Kaffee's "nice redirect on Barnes," no movie keeps going like *A Few Good Men*.

Lastly, and perhaps most importantly, it's my tradition.

The first time I watched *A Few Good Men*, I was helplessly gripped by the sensational acting, flawless dialogue and superb storytelling. And I accomplished nothing.

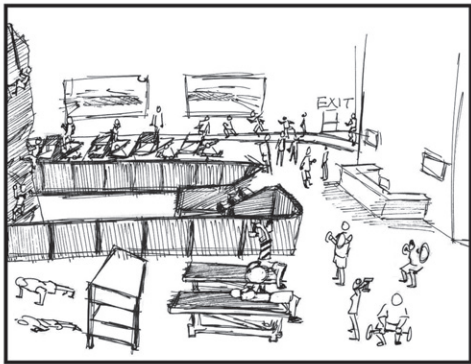
The second time I watched *A Few Good Men*, it was because I needed something positive to keep me from throwing myself out a window. Not only did it work, it's worked each and every time since.

So for the past four years or so I've leaned on *A Few Good Men*. It's attained a kind of mythic power - one that causes work to occur each time it's shown.

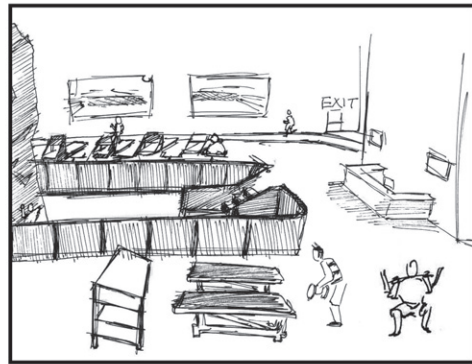
You may think I'm exaggerating, but there's a chance I owe my collegiate survival to *A Few Good Men*.

Not to mention this column.

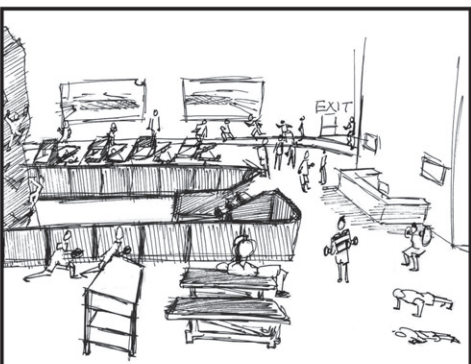
> Cartoon: The Wellness Center Cycle



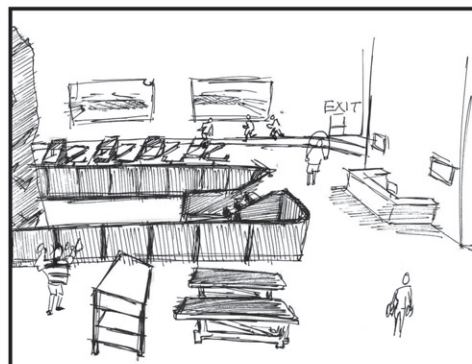
NEW YEARS RESOLUTIONS



FEBRUARY



WEEK BEFORE SPRING BREAK



APRIL

> Letter to the editor

Campus comment lacked appreciation

This letter is in response to the Campus Comments section of the 1/14/10 edition.

Ms. (Courtney) Bell responded to the question of what EKU needs to do in the next 10 years, stating:

"The cleaning ladies to come at a more reasonable hour. She's always in the way."

This struck a sour note.

Being a Harlan native myself and an Eastern graduate as well, this comment from this obviously "spoiled child" is really sad and pathetic! It's quite apparent that Ms. Bell was raised with a silver spoon in her mouth.

Having lived in Todd Hall during my college days, I was very appreciative of the cus-

todians that kept our floor clean. These men and women work for practically nothing and have to put up with bulls__t from spoiled little people like Ms. Bell. I would like for her to have to live in their shoes for a few days.

What Ms. Bell needs is a "REALITY CHECK." It's quite apparent that she lives in some sort of fantasy world.

In closing, I will leave with this thought, Ms. Bell, maybe you can bring your personal cleaning lady up from Harlan and let your parents pay her for her services, as she cleans your messes!

Terry W. Mullins

VISIT THE BUSINESSES YOU SEE IN THE EASTERN PROGRESS!



The World is Here: A Global Conversation

What is good globalization? Panelists will discuss the positive and negative impacts of globalization on economy, technology, politics, culture, agriculture, and other aspects of human life.

**January 26, 2010
SSB O'Donnell Auditorium 6pm**

Panelists

- **Gregory Gunderson - Government, USA**
- **Blessing Maumbe - Agribusiness Management, Zimbabwe**
- **Gyan Pradhan - Economics, Nepal**
- **Jaleh Rezaie - Computer Science, Iran, Associate Dean of Graduate Education and Research**
- **Socorro Zaragoza - Foreign Languages & Humanities, Mexico**

Moderator

- **John Wade - Economics, USA, Dean of College of Arts and Sciences**



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For More Information Please Contact: Lisa Daniels at 859- 622-4373 or lisa_daniels@eku.edu



RACHEL STONE | PROGRESS

Jessica Albuquerque, a freshman psychology major from Brazil donates change to the American Red Cross Tuesday to help Haiti.

Students sponsor donation drive for Haitian earthquake victims

By Laura Butler and Lindsay Huffman

An earthquake that topped out at 7.0 on the Richter scale and several large aftershock quakes have had Haiti experiencing a monumental week of turmoil, pain and tragedy. According to the Haitian government, at least 72,000 people have died, more than 200,000 have been displaced.

The Pan American Health Organization is estimating as many as 200,000 may be dead. Other reports from The U.N. are predicting the disaster is affecting more than three million people.

A 6.1-magnitude aftershock shook a 35-mile region near Port-au-Prince around 6 a.m. Wednesday, shifting already broken buildings, collapsing structures and injuring more people. Southern Command Deputy Commander and 1974 Eastern graduate Lt. Gen. Ken

Keen said efforts are starting to reach more people. Keen is in charge of U.S. military operations in Haiti.

"Every day we reach out further," Keen told CNN Wednesday. "We are moving in the right direction."

Keen also said the troops have delivered 200,000 bottles of water and more than 600,000 rations throughout Haiti.

CNN reported that U.S. Navy ship *Comfort* was scheduled to arrive in Haiti shortly after the aftershock rocked the nation Wednesday morning. It will provide medical aid in the form of a state-of-the-art hospital on the ship.

More than 500 doctors, nurses and support staff are onboard and will combine efforts with 350 more medical volunteers upon arrival. The ship is equipped with six operating rooms and can hold 1,000 patients at a time.

The American Red Cross is reporting large donations every day across America.

How you can donate to relief efforts

- Send a text message: Text "Haiti" to 90999 to have the \$10 donated directly to the American Red Cross and charged to your cell phone bill. The Clinton-Bush fund is also accepting donations from text messages. Text "QUAKE" to 20222.

- Contact the Richmond branch of the American Red Cross and mail your donation. Donations can be sent in care of The Daniel Boone Chapter, P.O. Box 1478, Richmond, KY 40475

Lending local hands

Some students at Eastern have already started contributing to the Haiti relief effort. The International Student Association collected monetary donations on Powell Corner

or call 859-623-1336.

- Donate to the International Office, who's proceeds go to the American Red Cross. Students from the International Student Association have been collecting funds on Powell Corner and additional funds can be dropped off in Case Annex 181. ISA is seeking help from other student organizations. Stop by for more information.

- Monetary donations are preferred, but to seek out other means of contributing, visit USAID.com for more ideas.

Friday and Monday. Monica Sudini, a graduate student from India, helped collect the money.

"Being international students, we know what goes on

See HAITI, A3

Bill to standardize transfer credits

Legislation to ease transition for transfer students

By Lindsay Huffman
lindsay_huffman9@eku.edu

Transferring to a new school is never easy, but it is even more difficult when previously-earned credits do not transfer with a student. But this problem may soon be resolved in Kentucky if a new bill is passed by the legislature.

House Bill 160 is a proposal to organize the curricula of the Kentucky Community and Technical College System (KCTCS) with the curricula of public universities in Kentucky.

The bill, sponsored by Rep. Carl Rollins of Midway, was unanimously approved by the House Education Committee last week and is soon to be reviewed by the full House of Representatives.

According to the bill's description on the Kentucky legislature Web site, HB 160 would "limit bachelor degree programs to 120 credit hours and associate degree programs to 60 credit hours" at public universities.

It would also standardize general education requirements and establish a common public transcript. In other words, this bill would allow students who transfer from a community college to a public university to transfer more general education requirements as well.

"There should be a clearly defined path to a bachelor's degree for students who start college at a KCTCS college," Rollins said. "Students should not lose credits when transferring and should not have to repeat course work."

Rollins said the bill will bring more transfer students to public universities and will

There should be a clearly defined path to a bachelor's degree for students who start college at a KCTCS college.

—Rep. Carl Rollins, Midway College

help students who begin at KCTCS schools to lower their amount of debt after college.

"The end result will be that students who start their college education at a KCTCS institution will be able to easily identify the course work they need to get a bachelor's degree at a particular four-year public institution," Rollins said. "Students who start at a KCTCS institution will incur less debt and complete their first two years of college at a lower cost."

Rollins said he first became concerned with the issue when he was the director of admissions at Midway College. He said he thought of the topic again when he attended a Southern Regional Education Board meeting this past fall and saw how Louisiana had a similar approach already in place.

Rollins said the biggest challenge with this bill was in writing it.

"The primary issue was finding language for the bill that would help Kentucky families and students while protecting academic freedom at our various postsecondary institutions," he said.

Although the bill has yet to become a law, some degree programs at Eastern are already making the switch to only requiring 120 hours for graduation. Among these programs are sociology, communication studies, correctional and juvenile justice studies,

See HB 160, A3

FEATURES

Kaylia Cornett, Editor

The Eastern Progress | www.easternprogress.com

Thursday, January 21, 2010 B1

'The Lovely Bones' snags raving reviews

Movie offers nearly flawless rendering of Seabold's beloved novel

By Raina Rue
progress@eku.edu

In a visually stunning combination of aesthetic brilliance and emotional catharsis, Peter Jackson brings to cinematic life Alice Seabold's novel, *The Lovely Bones*.

Simultaneously harrowing and uplifting, the movie tells the story of Susie Salmon, an aspiring wildlife photographer who never sees the age of 15.

When viewers first encounter Susie, she is nothing but an average girl, living comfortably in 1970s suburbia with her parents (Mark Wahlberg and Rachel Weisz.)

Audiences have just the right amount of time to connect with Susie, and to become enamored with her lively smile. Just when viewers connect with Susie, she is violently removed from the life she so contagiously loves, by the story's villain, Mr. Harvey (Stanley Tucci.)

Without using gore or any macabre elements, Jackson still managed to strike pure terror into the hearts of audiences during the scenes just before Susie's death.

Tucci's performance as the seemingly innocent serial killer is stomach-turningly realistic, and just as most other aspects of

the film, true to the book.

Jackson's most difficult challenge in creating a visual version of the novel was somehow giving an accurate portrayal of "The Inbetween." For the bulk of the story, Susie is stuck in limbo between her life on earth and her afterlife in heaven.

Susie wants nothing more than to rejoin her family and friends, not only because of her longing to be one of them again, but to find justice and stop Harvey from acting on his malevolent urges and hurting another young girl.

From the sweeping instrumental soundtrack, to the lighting techniques used in certain scenes, Jackson utilized every aspect of film and cinematography to do justice to the book's beautiful divide between life and the afterlife.

The color alone provides an obvious separation between these two worlds. In life, Susie is surrounded by mustard yellows, muted blues and dull greens prominent in 1970s clothing and style.

However, when she crosses over into "The Inbetween," and eventually into heaven, Susie is immersed in vibrant, otherworldly colors.

Unlike many murder mystery films, *The Lovely Bones* strays from morbid motifs and subdued acting styles. Instead, Jackson encouraged poignant acting; so sweet with emotion it could rot your teeth right out of your head.

To some it might be melodramatic, but



Saoirse Ronan performs the role of Susie Salmon.

when considering the story is that of a murdered 14-year-old, and the people she loved and left behind, the heart-wrenching performances seem a bit more acceptable.

Jackson has created a nearly flawless rendering of Seabold's novel, to the pleasant surprise of many of the book's readers. It is such a rarity in Hollywood for a movie to come anywhere near the same level as the literature, and *The Lovely Bones* is most definitely an exception to the "The book is always better than the movie" rule.

TV, what have they done to you?



Jeremy Reed

I was in my house earlier this week before work, when I decided to turn on the television to kill some time. Somewhere between the local channels and VH1 I stopped and thought to myself, "my God TV, what have they done to you?"

First of all, this whole fake reality show format is the demise of intelligence and MTV is the main proprietor. MTV used to be cool. It used to be a channel where you could watch your favorite music videos all day long. Later they started sneaking shows into the lineup, but even they were okay. *Head Bangers Ball*, *Road Rules* and *The Real World* were at least tolerable. Now MTV has absolutely lost any credibility it once had with music fans. *Underage and Engaged*, *16 and Pregnant*, *Laguna Beach*, *Jersey Shore*...are you kidding me? I couldn't cringe any harder if I had to watch my Grandmother ride a mechanical bull in a bikini. MTV is like the prom queen that everyone thought was hot in high school, but later had nine kids, gained 200 pounds and started wearing Big Johnson T-shirts. It's full of "reality" shows with poor acting and cliché storylines, targeted at 13-year-old girls.

As I made my way through the channel guide my eye was drawn to three letters that have typically been a go-to channel for me since I was a kid - TLC or The Learning Channel. TLC used to be full of educational, yet stimulating series that made the kid in me want to travel to space or go deep-sea diving in a cage during shark week. When I looked at the lineup I was disturbed to see a scheduled four-hour-marathon of *A Baby Story* followed by hours of *I Didn't Know I Was Pregnant*, *Say Yes to the Dress* and *John and Kate Plus 8*. Upon further investigation, I found that there is actually a show called *The 850-Pound Virgin* and dozens of other shows pertaining to babies, obesity and pregnancy. If Lifetime and Jerry Springer had a baby and it was born two months premature, it would look like TLC's lineup.

Later I came to VH1. How many love-based survivor style D-list celebrity shows can you cram onto one station? *Rock of Love*, *Flavor of Love*, *Daisy of Love*, *Real Chance at Love*, *I Love New York*, *For the Love of Ray J* and so on. It's like *The Bachelor* died and they buried it in pet cemetery, in a grave with some of the least-talented celebrities of all time.

As I flipped through the channels I began to understand why some foreign countries outlaw American television. Hell, I wish America outlawed most American television. I can't think of a word in the English language that describes my disgust for the new trend in cable programming. Staying true to the formula, I would predict the next decade or so will bring us a reality show about a 400-pound, slutty, early-20's midget who is trying to make it in the real world despite her trust fund and impending pregnancy, all while living in a house with seven complete strangers who can vote her off at any given time. Her only reward for winning will be a three-way-engagement to Brett Michaels and Flavor Flav.

See TV, Page B2

Beauty and the Beast

By Maggie LaFleur
maggie_lafleur1@eku.edu

Wesley Byers, as Chip, and Sarah Bucknam, a member of the chorus, and other members of the cast participate in the first read-through.



Theatre Department enthusiastically prepares for its first production of the spring semester

Students gathered in the basement of the Campbell Building 7 p.m. Thursday for the third night of auditions for Eastern's first spring production, Disney's *Beauty and the Beast*.

Mark Fields, a sophomore, music education major from Hazard County, was there for his second call back. He was auditioning for the parts of the Beast, Gaston, a villain trying to win the heart of Belle, and Cogsworth, a servant to the castle. He said all students who wished to audition were required to sing 16 bars of any musical theatre piece and read from the script.

Caitlin Ingram, a junior theater education major from Cincinnati, auditioned for and was cast in the part of Belle. She has been no stranger to the stage. In Fall 2009 she appeared in Eastern's productions of *Candide* and *For Better*. Caitlin described the stage as being very therapeutic. While some of us unwind by exercising or channel surfing, Caitlin finds serenity the minute she sets foot on stage.

"Being on stage is what I love to do," she said. Playing the role of the Beast will be Darren Zancan, a junior journalism major from Lowell, Ind., who has also been a regular participant in Dance Theatre.

"I like getting roles where I get to make out with girls on stage," he said, "But seriously, this is a dream role for me. A very difficult role but worth performing. It's one of my dad's favorite musicals, so I do it in dedication of him."

The director of this production will be Homer Tracy, assistant professor of English and theater. He said the faculty came to a consensus last March about this production. He said it is going to be a very cartoonesque, larger than life performance appealing mostly to the inner child.

"I envision it as wonderful family entertainment," he said. The play will include loveable Disney characters such as Mrs. Potts, the maternal tea pot (portrayed by Joelle Camillo) Cogsworth the grumpy clock (by Kevin Caudill) and Lumiere the carefree candle stick (by Andrew Sowers).

Sue Ellen Ballard, assistant professor of the music department and director of choral activities will be serving as music director for this production along with graduate assistant, Jessica Slaton.

Eastern's production of Disney's *Beauty and the Beast* is scheduled to debut Wednesday, Feb. 24 at 8 p.m. and will be showing through Feb. 28.

Adventure programs offer ways to alleviate boredom

Student can choose from rock climbing to horseback riding

By Park Greer
progress@eku.edu

Looking for something to do on the weekends when friends go home? Is the gym and library routine becoming too repetitive? Well, Eastern goes a long way to make sure students living on campus are rarely bored.

One way to alleviate a dull weekend is to participate in Eastern's Adventure Programs, which offers students a variety of ways to enjoy the outdoors while having fun with friends and meeting new people.

Each year the Adventure Programs sponsors a wide range of outdoor trips, many of which have a nominal fee to participate. And this semester is not one to be lightly thrown aside. The trips offered encompass just about everything, from day hikes to advanced mountain biking. Surely there is something to fit just about anyone's interest.

Enjoy the bare rock, while using nothing but strength to scale to new heights? Adventure Programs is offering a few trips to satisfy that fix.

On Feb. 5 students can attend a weekend

bouldering trip costing \$20 with a destination to be announced, but most likely taking place at the Red River Gorge.

A little later comes another bouldering trip titled "Bouldering So. Ill." It's a bit more expensive, \$45, and will be taking climbers of all skill-levels to Southern Illinois for an overnight trip on March 19-21.

For those who have wanted to rock climb, but never found the time to do so, the next trip would be a great way to start.

On April 2 the program is conducting an "Introduction to Rock Climbing" at the Red River Gorge. The trip is overnight and costs \$25.

The following weekend, on April 9-11, there will be a class for the more skilled climbers, also held at Red River Gorge, costing \$30.

All of the rock climbing trips are overnight experiences and everything needed will be provided by Adventure Programs. Participants will be sleeping in a tent and food will be cooked at the campsite. If anyone wishes to eat at rest stops along the way, some extra money is needed.

For those who enjoy a more fast-paced experience, mountain biking is also on the schedule for this semester. An introductory trip to the Gorge will take place on April 17, costing \$15; and a second, more advanced trip, will be on the 18, also costing \$15.

Haven't had enough of the cold? On Feb. 19 is the College Late Night Ski or Snowboard at

Perfect North, Ind. The price for tickets is \$20, but there is an additional cost of \$15 for rentals. All in all, it is a cheap price for a memorable night.

Hiking is a favorite pastime of many students here at Eastern. And for those students wishing for a group hike, Adventure Programs has that covered as well.

The first trip is scheduled for Jan. 29 and offers a winter hike in the Daniel Boone National Forest, only costing \$5. Then, there is the trip to the Cumberland Gap on the weekend of Feb. 26 through 28. This backpacking trip costs \$30.

Last, but not least, is a good old Kentucky pastime; a horseback riding trip is scheduled for April 24. It costs \$25 and the location is to be announced.

As with the rock climbing trips, all equipment and transportation will be provided by the program, but anything extra, including food or snacks, is not. So bring extra money just in case.

There are plenty of things to do on Eastern's campus over the weekends, these are only a few ideas to entice students.

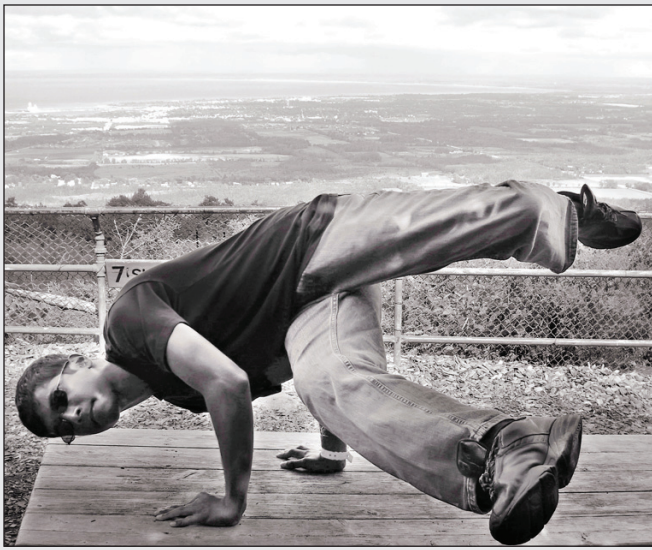
More information can be found at Campus Recreation's Web site, www.campusrec.eku.edu.

Practical advice for impractical feats

Bust out with a breakdance

Follow steps below to perform the 'baby freeze'

By Kristie Hamon
progress@eku.edu



It's probable that many of you are familiar with breakdancing. You know, that dancing where people contort themselves in the oddest, coolest positions, then eventually spin around on the tops of their heads without breaking bones or cracking their craniums.

Looks awesome, but nearly impossible feats for the average human, right?

Oh, not today. Perhaps, you may have tried to teach yourself a move or two after watching one of those dancing shows, but instead ended up flopping around on the floor like a writhing fish out of water.

Well, by following the few simple steps below you can impress your friends with a slick new move; the professionals call it the "baby freeze."

Freezes are often done after a fancy footwork sequence; it's what many dancers tend to end their routines with.

So, slap on some room rocking hits and strut your stuff, and a "baby freeze."

Step One: Kneel down on your right knee with your left knee up. Then twist your body toward your left knee.

Step Two: While facing your left, lean slightly over your leg, placing your right elbow in the side bend of your knee. Put your left elbow on the outside of your higher thigh.

Step Three: Allow yourself to tip over toward the ground, shifting your weight onto your elbows (keep them at a 90 degree angle) and the top of your head - the only part of your head that should touch the ground is the left side of the crown, right above your

forehead.

Remember to keep your neck strong. Do not rest your entire face on the ground, you'll not only look like an idiot, but you will probably have a painful neck injury.

Step Four: Once you've shifted your weight, your feet should naturally be off the ground in a flexed position. From here, experiment different ways you can position your legs without losing your balance.

Also, if you feel like you have a good balance on your elbows, you can lift your head up off the ground and freeze in the air.

Post-apocalyptic let down

The Book of Eli reflects previous 'end of the world' clichés

By Bryan Reynolds
progress@eku.edu



Denzel Washington in the role of Eli

Which is more powerful: religion or faith? That is the question asked by *The Book of Eli*, a new post-apocalyptic movie starring Denzel Washington.

Despite the thought-provoking story, *The Book of Eli* is uninventive, essentially ripping off a handful of other post-apocalyptic movies that all seemed to have a lot more to say.

The film is set in the near future after a drawn-out war destroyed the ozone layer, scorching the Earth, leaving its remaining inhabitants left to eek out a desperate existence in the remaining wasteland. Washington portrays Eli, a wanderer surviving day-to-day by scavenging food and fending off bandits.

Eli finds his way into a ratty little town where his efficiency in combat attracts the attention of a Mussolini-wannabe named Carnegie, brilliantly portrayed by Gary Oldman. Carnegie takes what he wants, uses whomever he wishes and certainly doesn't tolerate the word "no."

The relationship, or what exists of it, between Eli and Carnegie is probably the best part of the movie. Eli is in possession of a very special book, the King James Bible. After the war, the survivors destroyed all religious texts because they blamed religion for the war.

Carnegie has been looking for a Bible for years because he wants to resurrect religion, using it to control the world he plans to conquer. Eli, however, has different plans for the Bible. His mission is to take it out west and give it to someone who can use it to do some good.

The Book of Eli is at its most entertain-

ing when Washington and Oldman share the screen together. But the movie plummets back to mediocrity whenever Mila Kunis, who portrays one of Carnegie's bar wenches named Solara, gets in front of the camera. The problem is that Solara just isn't that interesting a character, at least not until the last 20 minutes of the movie. She just chases after Eli like a roadie begging for attention.

Still, *The Book of Eli* is very well directed and acted, but the storytelling undermines the otherwise fine production, as it just doesn't offer anything fresh or new. It's like the writers watched every post-apocalyptic movie made, created a check-list, and then started clicking off the clichés one-by-one until they were finished.

Wanderer with a secret that can save or destroy the world? Check. Evil dictator-type leading an army of thugs who wants what the wanderer has? Check.

Wasteland filled with bandits, rapists and-most importantly--cannibals? Check. Action sequences ruined by the trailer? Double check.

That's not to take away from the story that underpins the movie—it's actually quite powerful. But it's unfortunately wasted by a cliché-strewn world that feels all too familiar.

Two out of five stars.

TV: Ads make viewers feel guilty for being human

Continued from Page B1

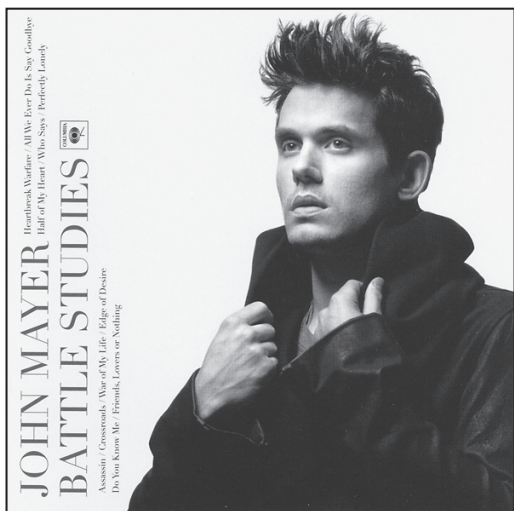
If the shows aren't bad enough, the commercials are terrible as well. It blows my mind that somebody gets paid a great deal of money to think up some of these monstrosities. Every time a new Free Credit Report.com commercial is written, an angel dies. I hate the songs on those commercials more than I hate anything in the world.

Despite the lack of creativity and taste however, nothing beats the commercials that make you feel guilty for either being human or for living in a developed country. I actually saw a "Save the Whales" commercial the other day and it lasted for every bit of five minutes. Five minutes is a long time, especially when I'm trying to watch one of the three or so shows that don't make me want to take my TV set to the clinic to get tested for STDs. I thought the whales were fine, but it turns out they need our help and it takes five minutes to convey that. I literally hope nine whales died during every minute that the infomercial was on.

Another classic is the feed the children commercials. Don't get me wrong, I do care about those kids and I want them to get fed, but it seems like the money they spent shooting three minutes of depressing video could have bought a Happy Meal or two. Even worse is the animal cruelty PSA with the Sarah McLachlan song. Again, I love dogs and cats and I am down with the cause, but while I'm trying to eat say...a whale burger, I don't want to have to see a one-eyed dog that looks like it was rescued from Michael Vicks doggy dojo while listening to "Arms of the Angels." It's graphic and distasteful. I refuse to donate money to anything that tries to guilt me into it.

Maybe I'm just old fashioned or maybe I was spoiled by the days when Cops was the only reality show and commercials were fairly simple. Either way, I think television has gone to Hell and I don't think there's much we can do to save it.

New music strikes chords, hits highs and lows



By Sara Byers
progress@eku.edu

John Mayer – Battle Studies

Many John Mayer fanatics have been patiently awaiting his newest album *Battle Studies*. His dreamy voice, strikingly good looks and mad guitar skills mostly attract ladies in high school and college, and he played it safe by releasing an album purely based on the hardships and routines of love.

Beginning with "Heartbreak Warfare," the melody is very simple. Although the lyrics are well written and people can relate to the overall message, it doesn't make up for noticeably different music style portrayed in many of his songs. Compared to his last album *Continuum*, which had a blues-rock sound, he has now fallen into the pop-rock/ contemporary feel that is targeted towards a younger, teenage audience. The songs also lack the power of the guitar, which is present in previous albums, but still has some catchy finger-picked tunes such as "Edge of Desire," perhaps the strongest cut on the album.

Lyrical the album is very mature. Mayer sings from what appears to be experience and does a good job metaphorically describing how relationships work.

But compared with previous work, it is hard not to be a little disappointed to see Mayer slowly slip toward adult contemporary. He's got too much talent to be penning songs that seem destined for elevators.



Vampire Weekend – Contra

If you dig Indie Rock music, Vampire Weekend's new album *Contra* is certainly one to add to your collection.

Although it is nearly impossible for the band to top their debut album, the self-titled *Vampire Weekend*, they still added some fun, new tunes to jam in the car to.

Opening with "Horchata," Vampire Weekend's unique sound is displayed with a fairly simple and recurring melody, which is similar to the band's previous work with optimistic melodies and rhythms.

The song displays heavily layered vocals in the chorus and the building of instruments and synchs throughout the song, showing us that this is something new and more detailed. "Horchata" gives a taste of something familiar, but with a hint of originality.

Vampire's interesting technique of putting together different musical texture is revealed in "White Sky."

This song displays random guitar solos, a fun, solid drum beat and the exceptional falsetto that Ezra Koenig carries playfully throughout the song.

Compared with the previous album, *Contra* is anything but dull. But it does require more patience to uncover its charm and matchless qualities, and it is definitely worth the effort.



Thirty Seconds to Mars – This is War

A very interesting album released before the New Year was *This Is War* by 30 Seconds to Mars.

The band's previous album *A Beautiful Lie* had the very popular songs "The Kill" and "From Yesterday" in which everyone knew all the words within two days. This album is much more under wraps and out of the ordinary.

Since their debut release in 2002, 30 Seconds to Mars has gone in a different direction. Instead of the bouncy, likable rock sound we are used to, they have taken more of a backseat to the pop/teenage angst side, which surprisingly has worked to their advantage.

The band still trademarks their songs with a powerful chorus allowing Jared Leto to belt his heart out, and you have to give him credit. Their album stirs up a recurring theme in the lyrics unveiling human flaws as the band constructs the tracks to an overwhelming sound.

Sounds filled with choppy guitar riffs, pounding chord dynamics and experimental auto-tuning. Such elements are heard in the song "Hurricane," which features the auto-tune whiz, Kanye West. The songs are not what you would expect to hear on the radio, but are still very captivating. Music needs more originality and 30 seconds To Mars has what it takes.

This Is War is a good follow-up album for this band. Creativity and innovation are what separates this band from others.

It's not everyone's cup of tea and it is not phenomenal, but it's pretty tight and different from what you hear each day.

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Thursday, January 21, 2010 B3



LEFT: Students scan their bingo cards Tuesday night in the Keen Johnson Ballroom during Student Life's first Bingo event of the semester.

BELOW: Kristin Justice (left), a sophomore pre-med biology major from Pikeville (left), and Erin Smith (right), also a sophomore pre-med biology major from Pikeville (right), mark their bingo cards during Student Life's Bingo Tuesday night.

STEPHANIE SMITH | PROGRESS

The *Progress* wants photos of what you or your friends did this week to run in our weekly feature, *This Week In Photos!*

Send your full-resolution photos to progress@eku.edu or check out *The Progress* on Flickr at www.flickr.com/groups/easternprogress.



STEPHANIE SMITH | PROGRESS

WORSHIP DIRECTORY

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 (Small groups for children & youth)
 www.cornerstonerichmond.com

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 Evening Prayer: Wednesdays, 7 p.m.
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 859.623.1226
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 oursaviourky.org

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 Bible Study: 9:40 a.m.
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 For more information e-mail: jeff.prosser@firstbaptistnet.com
 Office: (859) 623-4028
 www.firstbaptistnet.com

First Presbyterian Church

330 West Main Street
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 www.richmondfirstpres.org

First United Methodist Church

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 Small Group: 9:40 am
 Mosaic-A ministry for 20-some-things: 5 pm
 Wednesdays
 Meal: 5:30 pm
 Small Group: 6:30 pm
 For more info contact Stacy Jordan at: youngadults@richmondfumc.org or visit www.richmondfumc.org

Journey Community Church

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 Rev. R.G. Morrin (Pastor Bob)
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 www.journeycomm.org
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 Prayer Meeting & Study 6:30 p.m.

Preschool/Children & Youth
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 Email: rhbc@redhousebc.com
 www.redhousebaptistchurch.org

Richmond Church of Christ

1500 Lancaster Ave.
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 Worship: 10 a.m.
 Sunday Night Service: 6 p.m.
 Wed. Free meal for students 5:30 p.m. Service: 7 p.m.
 College Class: Sun. & Wed.
 Colonels for Christ: 8:45 p.m. on Thursdays at 316 University Drive (on Campus) Phone: (859) 623-8535 richmondccc@richmondcc.org

Richmond Seventh-Day Adventist Church

3031 Berea Road
 (4.2 miles off ECU Bypass, on the corner of Berea Road/Hwy 25 and Oliver)
 Pastor Fred Calkins
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 Saturday Sabbath: 2 p.m.
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Colonels claw way to victory

By Langdon Barnes
langdon_barnes20@eku.edu

The Colonels hit 11 three-pointers on their way to a 67-59 win against Eastern Illinois Thursday night. Eastern (12-6, 5-2 OVC) was 11-of-26 (42 percent) from beyond the arc while the Panthers (10-8, 4-4 OVC) stayed in a 2-3 zone for the majority of the game.

"We shot the ball very well and are one of the best shooting teams in the country," said Head Coach Jeff Neubauer on the Jeff Neubauer Show. "We need to continue to do that."

Senior Papa Oppong led the Colonels with 18 points on 7-of-9 shooting including four from deep. Oppong also added five rebounds and three assists.

Senior Josh Taylor had 12 points and Dayvon Ellis added 11 off the bench for the Colonels. Midway through the second half Taylor received the ball out top and drove around his defender and went up for a two-handed slam that brought the crowd to its feet. He lost his balance while swinging on the rim and fell to the floor on his back. Taylor winced for a split second, but then the 6'6, 245 pounder got to his feet and sprinted back on defense.

"I was sore for a day or two, but I'm good now," Taylor said. "That

was a pretty rough fall."

The Colonels tied the school's longest home winning streak in McBrayer Arena with their 17 straight victory.

"We are back at home and this is a good time of year for us to make a stand," Coach Neubauer said.

The Panthers were led by Junior Tyler Laser with 21 points. Laser was 5-of-7 from three in the game.

Eastern shot 56 percent (27-for-48) from the field. The Colonels totaled ten steals and only 12 turnovers for the game against the zone.

"Going against a zone is good for us because we have such good shooters and passers," Taylor said. "We move the ball so well that it's hard to play zone against us."

Eastern called a timeout with 6:04 remaining in the game after a 6-2 Panther run. Coach Neubauer drew up the perfect play against their zone defense. Junior Justin Stommes, who finished with eight points, dribbled the ball up top while a back screen was set for Spencer Perrin. Perrin then received an alley-oop pass from Stommes and threw down a two-handed dunk.

The Colonels stayed on top for the rest of the way for their record tying victory. This is the third time that the Colonels have reached this mark in the school's history.

Track teams run to top 20 finish at UK Invitational

By Stephen Hauser
progress@eku.edu

Eastern's indoor track team opened up the season at the highly-competitive University of Kentucky Invitational. Eastern got the chance prove itself against the best universities in the nation.

Ohio State, Michigan State, the University of Florida, Vanderbilt, Tennessee and Auburn were just some of the teams that competed. The meet was a great way to test the strength and conditioning of both teams.

Coach Rick Erdmann said he believed that the meet offered a great early test.

"We learned the type of shape we are in and what we can do to improve on it," Erdmann said.

Sophomore sprinter Lutisha Bowen blazed her way into the finals of the 60-meter high hurdles. Bowen finished in 18th after committing a false start.

Bowen was just one of the Lady Colonels who had a strong performance over the weekend.

Freshman sprinter Bianca Forbes had a stellar debut in her first collegiate meet. Forbes finished in 18th place in the 400-meter dash and won her heat with a time of 56.68. Forbes ran the fifth fastest women's indoor 400 meters time in school history.

Junior Kat Pagano finished in 17 place in the 3,000-meter run with the time of ten minutes and 12 seconds. Pagano finished ahead of runners from Vanderbilt, Louisville, Georgia and Tennessee.

"I felt strong and I'm happy with my time, especially with the competition at the meet," Pagano said.

Still, Pagano said she would have liked to be able to have changed something about her performance.

"I wouldn't have started out the race so conservatively," Pagano said.

But she was pleased with the results, adding that she stumbled on a good luck sign when she arrived at the meet.

"I knew it was going to be a good day because as I was walking into the indoor track, I found two pennies heads up," Pagano said.

Fellow 3000-meter runner Ashley Chisholm, sophomore from Nova Scotia, ran a strong race.

"It was a good meet to get back into the swing of things," Chisholm said.

Chisholm said she knows what she needs to improve on to have an even better race. "I need to get a lot more stronger at the 2k point, because it is the most challenging part of the race," Chisholm said. "I will work on getting my split time to be more consistent."

The men's sprinters and distances runners had strong performances as well.

Junior sprinter Kris Hawkins won his 400-meter dash heat with a time of 49.76.

Junior David Willis finished in 18 place in the one mile run and senior teammate Christopher Rengifo finished in 20th place.

Rengifo thought he could have performed better and knows what it will take to improve in time for the next meet.

"I did not do so well since coming off an injury that kept me out for three weeks," Rengifo said. "I was not in shape. I have to keep on doing mileage and work extra hard."

The men and women travel to Lexington on Jan. 29 and 30 for the Rod McCravy Invitational.



TREY BURKE | PROGRESS

Spencer Perrin (far right) defends an Eastern Illinois player while Josh Taylor (center) and Joshua Jones (left) look on.

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TREY BURKE | PROGRESS

Justin Stommes looks to inbound a pass during Eastern's 79-63 win over the Redhawks.

MEN'S BBALL: Broke '91 season record

Continued from Page B6

a career-best eight assists for Eastern. Stommes is currently the Colonels leading scorer at 14.9 points per game.

Guards Dayvon Ellis and Willie Cruz came off the bench to score seven and four points respectively.

"It's real nice to have so many weapons out there," said Oppong. "It makes it real hard for other team to key in on one player because we have so many talented players."

SEMO got within one a handful of times in the first half but was never able to take the lead. A

three by Taylor and seven straight points by Daniel gave Eastern their first double-digit lead at 44-33 with just under 2:00 remaining.

The Redhawks climbed back within eight before another run by Daniel to stretch the lead to 19 at 67-48. The Colonels were able to go up by as many as 23 and never let SEMO back into the game on their way to the record setting victory.

Defending OVC champion Morehead State comes into town on January 23 as the Colonels try to move ahead in the OVC standings.

This week in sports



Saturday, Jan. 23 7:00 p.m.
Men's basketball at home against Morehead State



Saturday, Jan. 23 4:00 p.m.
Women's basketball at home against Morehead State



Saturday, Jan. 23 10:00 a.m.
Women's tennis at home East Tennessee State

ZANCAN: 'Inspiration replaces selfish actions'

Continued from Page B6

of people lost their lives during a deadly earthquake in Haiti, including a University of Virginia student.

Several college and professional athletes are natives of Haiti and are giving to financial contributions to help with relief efforts.

Samuel Dalembert, of the Philadelphia 76ers, donated \$100,000 to the relief fund.

Dwayne Wade and a host of others have stepped up, even though they have no direct ties to Haiti.

Inspiration sometimes replaces selfish actions. Too often do we turn on the television to hear of another athlete with a gun story.

Or college coaches getting another DUI. The list goes on and on.

The reality is athletes are humans too. We lift college athletes and professional athletes up onto a pedestal. But tragedy hits them just like it hits us; we just hear about it in the news more often because of who they are.

For athletes like McMahon, sports are here to take us away from a world of pain because after all there is also grace in the face of adversity.

Quick Hits

Eastern freshman Bianca Forbes was named OVC Female Tack Athlete of the Week.

The women's volleyball team signed two players for 2010. Ashley Edmond and Marissa Tashenberg signed National Letters of Intent. Edmond

is from Michigan City, Ind. and Tashenberg is from Maumee, Ohio.

Through 19 games, Eastern's men's basketball team is shooting 49 percent as a team from the field and 41 percent from behind the three point line. The men are 11-0 at home, but just 3-and-6 on the road.

Nine players on the women's basketball team averaged double figure minutes a game, led by Sara Fraser-Jones (31.4).

Boilermakers burn Colonels in tennis

By Nick Johnson
nicholas_johnson33@eku.edu

The extended holiday weekend allowed Eastern's men's tennis team to make a road trip to West Lafayette, Indiana. Eastern, the defending OVC regular season champions, played their first dual match of the season against Purdue on Martin Luther King Jr. Day. Also, the Colonels spent the weekend gaining valuable experience by participating in the Boilermaker Invitational.

Eastern (0-1) dropped the match 6-1 to the Big Ten's Boilermakers (1-0) on Monday.

The Colonels won one of the doubles matches. Sophomores Hugo Klientovsky and Niklas Schroder defeated Purdue's P.J. Rose and Eric Ramos 8-7.

Eastern lost the other doubles matches losing the first point of the overall match.

In singles play, sophomore Parul Verma was Eastern's only winner beating Matt Mannasse 6-3, 6-2.

Junior Alex Das Izquierdo and sophomore Carlos Valdenebro took their matches three sets but lost the tiebreak.

"It was good competition to start the season for us," Head Coach Rob Oertel said. "A weekend like this gives us the opportunity to figure out our lineup and to find our best doubles combinations. We have two new players (Klientovsky and sophomore Philip Janz) and we're trying to figure out where they fit on the team."

Finding the right doubles combinations is key to the Colonels improvement and chances of defending their championship.

"There are so many variables in finding a good doubles team," Oertel said. "We're going to have to mix things around through real competition, not practice. We need match play to see who makes the best teams, who has the best chemistry together and that is going to take a little time."

together and that is going to take a little time."

The Colonels played an assortment of teams at the Boilermaker Invitational. Along with Eastern, the rest of the field was made up of Valparaiso, Western Michigan, Ohio State as well as the host school, Purdue. Ohio State is ranked No. 3 in the nation.

During the Invitational, Das Izquierdo and Klientovsky led the Colonels with 2-1 records for the weekend. Das Izquierdo's loss was against Ohio State's Dino Marcan.

The Colonels also swept their singles and doubles matches with Valparaiso.

"It's nice to compete against teams of varying talent levels," Oertel said. "It's never good to go to these types of events and not win, but it is also nice to play teams that are great teams so we can see where we are at. The Invitational allowed us to build our confidence as well as grow as a team and see where we need to be better."

Eastern compiled a record of 9-9 in singles play and a record of 4-2 in doubles.

The men's tennis team opens its home schedule with a double header on January 30. The Colonels play Southern Illinois at 1 p.m. and then play Brescia at 5 p.m.

The women's tennis team will begin spring play Friday at the University of Louisville before returning to Richmond to begin a nine-match home stand. The Colonels, who won the OVC regular season and tournament championships last season, play East Tennessee State on Saturday at 10 a.m.

"There is even more to learn about the women's team," Oertel said. "We're young, lots of room for growth. There are three freshmen that are going to have a lot of pressure and high expectations on them. But I think they will be great. It will just take time for them to grow."

Colonel home matches take place at the Greg Adams Indoor Tennis Center.

LADY COLONELS: 'It's a tough loss'

Continued from Page B6

in the first half, and went into the locker room with a 26-25 deficit.

Eastern shot nearly 26-percent in the second half, hitting only seven of 27 attempts from the field. The poor shooting resulted in only 16 second-half points.

Senior guard Sarah Fraser-Jones hit a three-pointer with just-over nine minutes left to take a 37-35 lead.

The Colonels were unable to score again until 2:28 mark, when freshman guard Shakeyia Colyer hit a jumper to bring the deficit to two, 41-39.

Eastern had two chances with six seconds left to tie, but were unable to hit.

"The play has been different than from the start of the season," Head Coach Chrissy Roberts said. "We aren't executing."

Roberts said there could be some changes in the near future.

"Right now, I haven't decided, but I'm leaning toward a new starting lineup," Roberts said.

Both losses last week were without junior guard Talisha Davis, due to a death in her family.

"It's a tough loss for the team," Coles said. "It's tough emotionally and on the floor."

Players traveled to Indianapolis on Monday to be with Davis and her family.

"We want her to know that we are on her side, and that she is a part of our family," Coles said.

Davis is expected to return sometime this week.

The Colonels played Southern Illinois Edwardsville last night, and host Morehead at 4pm on Saturday. Results of both games will be included in next week's edition.

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Darren Zancan



Grace in the face of adversity

Writing a sports column and being an actor have some similarities.

You may sit in your dorm room asking yourself, what is this guy talking about?

Acting and sports are opposites. Ok, if I tried to pawn off on you that pretzels taste like a Chicago style hot dog, then you can call me crazy. Or if I tried to tell you Ben Affleck in the movie *Forces of Nature* deserves a major movie award, then you can call me nuts.

But being an actor, as I am, is a different adventure every time you step on the stage, simply because your character can be serious, over-the-top funny or so boring that Ben Stein seems like the funniest guy on television.

Columns can be the same. I sit down after a week of picking a topic and decide how I should characterize this piece.

My heart and mind took me to a more serious side of the sporting world this week.

Brett Favre's dad suffered a heart attack and died on December 21, 2003. Favre, then a Green Bay Packer, went out the next night passing for 399 yards with four touchdowns, en route to a 42-7 win over the Oakland Raiders.

Michael Jordan lost his dad on July 23, 1993 after James Jordan was shot and killed. Jordan would retire from basketball.

Bree McMahon hadn't played a minute of soccer for the girls' soccer team at Freedom High School in Orlando, FL, this season.

During a car wash fundraiser, a teammate got into a car, but her foot slipped and she hit the gas, pinning McMahon between a bumper and a brick wall. Her legs were crushed. She lost her left leg.

McMahon forgave her teammate. When she made it to the final game of the season, the team played with inspiration but just being there was not enough for McMahon. She got out of her wheelchair and walked with the help of her crutches, on her loaner leg, across the field.

Why is all of this important? Because in the face of great tragedy comes great strength and motivation.

When it seems absolutely impossible to lace up the shoes or put on a jersey, some remarkable feeling comes out of nowhere lifting people to temporary, or long-term, greatness.

This past week hundreds of thousands

See ZANCAN, Page B5



Home Streak Home

#18



Men break home win record

By Langdon Barnes
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The Colonels won their 18 straight game at McBrayer Arena. Their 79-63 win Saturday against Southeast Missouri beat the old mark of 17 wins from the 1987-88 and 1990-91 seasons. The streak is tied for the eighth-longest active in the country.

Eastern (13-6, 6-2 OVC) outscored SEMO (5-12, 2-5 OVC) 47-33 in the first half on their way to a comfortable victory.

The Colonels were led by senior forward

Josh Taylor's 19 points. Taylor was 7-of-11 from the field including 5-for-9 from behind the arc. He is averaging 14.3 points per game and has scored in double figures in 16 contests this season.

Eastern never trailed after starting the game on a 9-0 run after three straight three-pointers from Taylor and senior Papa Oppong. Oppong finished with 10 points for the Colonels.

Junior Josh Daniel came off the bench to record a career-high 16 points in only 14 minutes of play. Daniel was 6-of-7 (85.7 percent) from the field including two from behind the arc. The 6'5 guard

came into the contest averaging two points over his last six games.

"As the season goes on we need a lot of guys to make a difference on this team," said Head Coach Jeff Neubauer on the Jeff Neubauer Show.

Eastern was 30-for-54 (55.6 percent) from the field including 11-for-22 from deep. It was the third straight game in which the Colonels shot at least 50 percent from the field.

Junior Justin Stommes tallied eight points and

See MEN'S BASKETBALL, Page B5

Lady Colonels losing streak hits three

Eastern manage just 16 points in second half

By Keith Ritchie
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The Eastern women's team has dropped three games in a row after losing to Eastern Illinois and Southeast Missouri State at home last week.

Eastern Illinois (10-8, 6-1 OVC) beat the Colonels (8-9, 5-3 OVC) on Thursday 60-50.

The Colonels jumped out to a 15-2 run to start the game, making seven of its first 11 field goals. The Panthers scored only two points through the ten-minute mark in the first half.

Then something changed. The Panthers woke up after the dismal start, and answered with a 10-point run.

Dominique Sims tied the score at 21-21 after a pair of free throws with just under three minutes left in the first half. Sims finished with 17 points and eight rebounds.

The Colonels went into the locker room with a 23-21 advantage.

Eastern Illinois took the lead after scoring the first four points of the second half.

Eastern Illinois' Ta'Kenya Nixon hit a three-pointer with 11:45 left in the game, to bring the Panther advantage to 35-32. The Panthers kept the lead for the rest of the game.

The Colonels were within five with two minutes left, but the Panthers hit seven of ten free throws down the

stretch to secure the win. Nixon led the Panthers with 16 points and 17 rebounds, and was named OVC Freshman of the Week.

Freshman forward Alex Jones recorded a double-double with 10 points and 10 rebounds for the Colonels.

The Colonels did force 22 turnovers against an Eastern Illinois team that was ranked 31 in the nation for fewest turnovers per game (15.6).

"We have to be more aggressive," senior forward Colette Cole said. "We need to be more of an instigator, showing more toughness."

The Eastern offensive struggles continued Saturday with a home loss to Southeast Missouri, 43-41.

The Colonels shot nearly 42-percent

See LADY COLONELS, Page B5



TREY BURKE | PROGRESS

Senior guard Sarah Fraser-Jones goes for a loose ball against an Eastern Illinois player in the Colonels' 60-50 loss.

Colonel Corner

Q&A with Alex Raich



TREY BURKE | PROGRESS

Junior Alex Raich finished the season with two goals and one assist with nine shots on goal.

By Darren Zancan
darren_zancan@eku.edu

Alex Raich, who appeared in 18 games for the Colonels this season, talks super powers, her greatest moment and soccer superstitions.

Q: Why'd you start playing soccer?

A: It's one of the first sports you play as a kid. It was easy. I grew up with it and got more serious with it.

Q: What do you enjoy most about playing at Eastern?

A: The instant friendship. It is my family away from home.

Q: Do you have superstitions you do before games?

A: I have to hit the cross bar before each game. It gets me going.

Q: What's a rule you would add to a soccer match?

A: Never end a game with a penalty kick. You just have to score to win.

Q: Tell me about your greatest

soccer moment.

A: I scored the winning goal in high school to win state. It was incredible.

Q: If you played FIFA '10 for Xbox 360, would you create your own character?

A: Yeah, I would create myself! That would be pretty sweet.

Q: If you could have one soccer super power, what would it be?

A: I would run through people. I would have control of the ball and just go through them.