

Eastern Kentucky University

**Encompass**

---

SWK 225: Human Behavior in the Social Environment OER Collection

---

2021

## **SWK 225: Course Schedule**

Erin Stevenson

Follow this and additional works at: [https://encompass.eku.edu/oer\\_swk225](https://encompass.eku.edu/oer_swk225)

 Part of the [Social Work Commons](#)

---

## SWK 225 HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT I

FALL 2021 - CRN 10292 - AUG 16 -DEC 4

Instructor: Erin Stevenson, PhD, MSW

Email: erin.stevenson@eku.edu

Office: 859-622-6278

Student Hours: In person, by phone, or virtually

Schedule a meeting with me at <https://calendly.com/erin-stevenson-1>

### COURSE SCHEDULE

The SWK 225 Course Schedule is an overview of the assignments and due dates for the course. The majority of handouts, videos, podcasts and other resources are listed here. The source for all these materials is the SWK 225 Blackboard site where you will find the learning modules and weekly activities. The assignments, quizzes and discussion forums have specific due dates listed here. Note that everything is due by 11:59pm EST for standardization of schedules.

The Course Schedule is the only place the actual due dates are listed, so be sure to check it often. You will submit all assignments and quizzes through blackboard.

You are responsible for reading and following the course schedule and meeting all deadlines. To be successful in this course, you should read all the required materials, watch the videos, and review the slides and other resources provided on blackboard. Please note that the videos and podcasts are intentionally chosen as relevant to your developing knowledge of the course material and to provide interesting context for topics we are discussing. The media segments usually equal less than an hour of viewing in each module, so I encourage you to watch and listen to them all.

The course is scheduled for Tuesday/Thursday meetings. This class will meet in person on Tuesdays from 11-12:15pm in Powell 203. Our Thursday class will be a virtual session in order to give you time that is set aside for reviewing, watching and reading all the necessary materials for class. In addition, you are expected to use class time on Thursdays to meet with your project groups and to work on major assignments.

The course moves quickly with each section of material building on the next one, so be sure to get started right away. Please email your instructor sooner rather than later if you have questions. This will allow us to work together to keep you on track to successfully complete the course. I am also happy to meet with you by appointment in person, by phone, or virtually. Human Behavior is an interesting class and I hope you enjoy it!

## **MODULE 1: INTEGRATING MULTIPLE HUMAN BEHAVIOR THEORIES AND PERSPECTIVES**

### **WEEKS 1 & 2 (AUGUST 16 – 29)**

#### **Tuesday August 17 – Class Meeting in Powell 203**

##### **Topics:**

- Welcome to SWK 225! Introductions, Syllabus and Course Schedule Review
- How to use an OER textbook
- Expectations for participation in the course
- What is a theory vs. a perspective?
- WIKI Project Groups - Connect

#### **Thursday August 19 – Virtual**

##### **Read and Watch:**

- Human Behavior in the Social Environment (Tyler-OER):  
Section I Person in Environment (PIE)  
Chapter 1 How We Use our Expectations
- Person-in-Environment (PIE) Theory (5:52)
- Systems Theory Basics (:20)
- A Systems Story (Systems Thinking) (4:45)

##### **Activity:**

- Explore the Human Diversity Project guidelines on blackboard. We will talk through them in detail next week.

##### **Assignments Due:**

Monday August 23 by 11:59pm EST

- Complete Syllabus and Learning Resources Review Quiz
- Complete APA Style Quiz

#### **Tuesday August 24 – Class Meeting in Powell 203**

##### **Topics:**

- The social determinants of health: A public health framework (watch & discuss together 8:26)
- What are social work values?
- How to make an ecomap and why you would use one
- APA formatting references and in-text citations

##### **Read and Watch:**

- Handout: Social Determinants of Health Description
- Handout: Defining Vulnerable and Marginalized Populations
- Handout: Social Work Values Summary
- Strengths-based Social Work Practice (4:25)

#### **Thursday August 26 – Virtual**

##### **Read and Watch:**

- Module 1 PowerPoint Slides
- Ecological Map Example

- Ecomap Template – MSW Careers
- ECU Social Work Program APA Guide 2020
- APA Format Self-Check Tool (use this tool to prepare for the quiz)
- The difference between classical and operant conditioning - Peggy Andover TED-ED (4:12)

**Activity:**

- Meet with your Human Diversity Project WIKI group either in Powell 203 or somewhere else your group agrees upon. Explore the at-risk population assigned to your WIKI group and make progress on researching and completing the project together.

**MODULE 2: BIOPSYCHOSOCIAL-SPIRITUAL (BPSS) AND LIFESPAN  
DEVELOPMENT THEORIES  
WEEKS 3 & 4 (AUGUST 30 – SEPTEMBER 12)**

**Tuesday August 31 – Class Meeting in Powell 203**

**Topics:**

- Biopsychosocial perspectives on human behavior
- The brain and our nervous system
- Erikson's Psychosocial development
- Piaget's Cognitive development
- Freud's Psychosexual development
- Kohlberg's Theory of Moral development

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER):  
Section II Biopsychosocial Dimensions  
Chapter 2 Lifespan Theories
- Biopsychosocial-spiritual Model by Alisa Tan (Slides)
- The Brain: An Overview to Remember! (5:01)

**Thursday September 2 – Virtual**

**Read & Watch:**

- Freud's Psychoanalytic Theory (2:37)
- Piaget's Theory of Cognitive Development (6:55)
- Erickson's 8 Stages of Development (5:19)
- Kohlberg's 6 Stages of Moral Development (6:45)
- How Stress Affects Your Brain TED-ED (4:15)
- Bobo Doll Experiment - Bandura Social Learning Theory (4:09)

**Activity:**

- Meet with your Human Diversity group and work together to accomplish the WIKI project. You may meet in our classroom (Powell 203), the library, or other spot agreed upon by your group.

**Assignments Due:**

Tuesday September 7 by 11:59pm EST

- Complete Reading Quiz #1

### **Tuesday September 7 – Class Meeting in Powell 203**

#### **Topics:**

- How do we research cognitive, moral and social development?
- Nature vs. nurture and other debates - Discussion Topic
- Language use and its impact on human interactions – Discussion Topic
- WIKI Projects Check-in: Final product due in Module 3

#### **Read & Watch:**

- Chapter 2 Powerpoint Slides
- Human behavior: Nature or Nurture? Evolutionary Psychology Chapter 4

### **Thursday September 9 – Virtual**

#### **Read & Watch:**

- People First Language – Brief Overview
- Strengths Based Approach - Handout
- How to Paraphrase in 5 Easy Steps - Scribr/ YouTube Video (3:55)

## **MODULE 3: SOCIOCULTURAL DIMENSIONS OF HUMAN BEHAVIOR WEEKS 5 & 6 (SEPTEMBER 13 – 26)**

### **Tuesday September 14 – Class Meeting in Powell 203**

#### **Topics:**

- Cultural influences on behavior and viewpoints
- Society impacts behavior – discussion topic

#### **Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part III. The Sociocultural Dimension  
Chapter 3: Theoretical Perspective

### **Thursday September 16 – Virtual**

#### **Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Chapter 4: The Elements of Culture

#### **Activity:**

- Meet with your Human Diversity group and work together to accomplish the WIKI project by the due date. You may meet in our classroom, the library, or other spot agreed upon by your group. Remember the group will also present the final product to the rest of the class so plan ahead for how you would like to do this.

#### **Assignments Due:**

Monday September 20 by 11:59pm EST

- Complete Reading Quiz #2
- Submit the final Human Diversity Project Group WIKIs

### **Tuesday September 21 – Class Meeting in Powell 203**

#### **Topics:**

- Each group will share your Human Diversity WIKIs
- Conflict theory and symbolism behind our interactions with others

#### **Read & Watch:**

- Social Thinking: Crash Course Psychology #37 (10:47)
- Conflict Theory (4:37)
- Symbolic Interaction Theory (3:34)

### **Thursday September 23 – Virtual**

#### **Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part IV. The Social Change Dimension  
Chapter 5: Social Categorization & Stereotyping  
Chapter 6: In-group Favoritism & Prejudice  
Chapter 7: Reducing Discrimination  
Chapter 8: Racial & Ethnic Inequality
- Module 3 PowerPoint Slides
- Health disparities comparison: Interactive graphic
- The Power of Privilege TEDx Talk (14:57)
- Let's Talk about Race Trondheim TEDx Talk (10:37)
- Prejudice and Discrimination: Crash Course Psychology #39 (9:53)

#### **Additional reading material if you are interested:**

- Dover, M.A. (2016). The moment of microaggression: The experience of acts of oppression, dehumanization, and exploitation. *Journal of Human Behavior in the Social Environment*, 26(7-8), 575-586.

#### **Activity:**

- Work on your Human Diversity Project individual paper following the guidelines provided on blackboard. Due on October 4.

## **MODULE 4: APPLYING YOUR ECLECTIC KNOWLEDGE TO PREGNANCY, BIRTH, INFANCY AND TODDLERHOOD WEEKS 7 & 8 (SEPTEMBER 27 – OCTOBER 10)**

### **Tuesday September 28 – Class Meeting in Powell 203**

#### **Topics:**

- Cultural variations in family planning and resource access
- Research with infants
- Substance Use and Pregnancy – Discussion Topic

#### **Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)

Part V. Pre-Pregnancy and Prenatal Development

Chapter 9. Heredity, Prenatal Development, & Birth

- Incredible Real Photography of the Journey from a Sperm to Human Baby – Developing in the Womb (3:16)
- Fetal Development Month by Month: Stages of Baby Growth in the Womb (6:35)
- Family and Medical Leave Act

**Thursday September 30 – Virtual**

**Read & Watch:**

- An Experiment by Joseph Campos: The Visual Cliff (2:36)
- The Strange Situation – Mary Ainsworth, 1969 (4:38)
- Still Face Experiment: Dr. Edward Tronick (2:48)
- Human Behavior in the Social Environment (Tyler-OER)

Part VI. Development in Infancy & Toddlerhood

Chapter 10: Physical Development in Infancy & Toddlerhood

Chapter 11: Cognitive Development in Infancy & Toddlerhood

Chapter 12: Psychosocial Development in Infancy & Toddlerhood

**Activity:**

- Work on your Human Diversity Project individual paper following the guidelines provided on blackboard. Due next Monday.

**Assignments Due:**

Monday October 4 by 11:59pm EST

- Complete Reading Quiz #3
- Submit your Human Diversity Project Individual Paper on blackboard.

**Tuesday October 5 – Class Meeting in Powell 203**

**Topics:**

- Infancy and Toddlerhood – cognitive and behavioral development issues
- Attachment theory
- Childhood trauma and ACES
- Language Development – Discussion Topic

**Read & Watch:**

- Separating Families and Creating Trauma (2018)
- What is healthy attachment? *Attachment and Trauma Network*
- ACES Adverse childhood experiences - CDC

**Thursday October 7 – Virtual**

**Read & Watch:**

- Language: Crash Course Psychology #16 (10:01)
- Trauma & Play Therapy: Holding Hard Stories (18:06)
- Dye, H. (2018). The impact and long-term effects of childhood trauma. *Journal of Human Behavior in the Social Environment*, 28(3), 381-392.
- Module 4 PowerPoint Slides

**MODULE 5: APPLYING YOUR ECLECTIC KNOWLEDGE TO EARLY CHILDHOOD,  
MIDDLE CHILDHOOD AND ADOLESCENCE  
WEEKS 9 & 10 (OCTOBER 11 – 24)**

**Tuesday October 12 – NO CLASS FALL BREAK**

**Thursday October 14 – Virtual**

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part VII. Development in Early Childhood  
Chapter 13: Physical Development in Early Childhood  
Chapter 14: Cognitive Development in Early Childhood  
Chapter 15: Psychosocial Development in Early Childhood
- Strengths Based Approach Description and Examples – Positive Psychology
- In Brief: Early Childhood Mental Health (5:06)

**Activity:**

- Work on your Case Review #1 assignment due Oct. 25.

**Assignments Due:**

**Monday October 18 by 11:59pm EST**

- Complete Reading Quiz #4

**Tuesday October 19 – Class Meeting Powell 203**

**Topics:**

- Early and middle childhood development- Theories applied in schools
- Adolescence and brain development
- Sexual orientation, identity and labels – Discussion Topic
- ACEs impact on lifespan development

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part VIII. Development in Middle Childhood  
Chapter 16: Physical Development in Middle Childhood  
Chapter 17: Cognitive Development in Middle Childhood  
Chapter 18: Psychosocial Development in Middle Childhood
- History of LGBTQ+ with Wanda Sykes (4:31)
- ZPD and Scaffolding (3:16)
- Adverse Childhood Experiences Study (ACES)  
<https://www.cdc.gov/violenceprevention/aces/index.html>
- Types of Play (1:30)

**Thursday October 21 – Virtual**

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part IX. Development in Adolescence  
Chapter 19: Physical Development in Adolescence

Chapter 20: Cognitive Development in Adolescence  
Chapter 21: Psychosocial Development in Adolescence

- Module 5 PowerPoint Slides
- *Go Ask Alice!* <https://goaskalice.columbia.edu/>
- Adolescence: Crash Course Psychology #20 (10:14)
- Eating and Body Dysmorphic Disorders: Crash Course Psychology #33 (10:11)
- Dan Siegel – “The Adolescent Brain” (4:36)
- Aaron, A. & Rostosky, S.R. (2018). Transgender individuals' perceptions of maternal support in Central Appalachia. *Journal of GLBT Family Studies*.

**Activity:**

- Work on your Case Review #1 assignment due next week.

**MODULE 6: APPLYING YOUR ECLECTIC KNOWLEDGE TO EARLY ADULTHOOD  
AND MIDDLE ADULTHOOD  
WEEKS 11 & 12 (OCTOBER 25 – NOVEMBER 7)**

**Assignments Due:**

Monday October 25 by 11:59pm EST

- Submit Case Review #1 Slide Deck and prepare to present them in class.

**Tuesday October 26 – Class Meeting Powell 203**

**Topics:**

- Presentation of Case Review #1 Slides

**Thursday October 28 – Virtual**

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part X. Development in Early Adulthood  
Chapter 22: Physical Development in Early Adulthood  
Chapter 23: Cognitive Development in Early Adulthood  
Chapter 24: Psychosocial Development in Early Adulthood
- Emotion, Stress and Health: Crash Course Psychology #26 (10:19)
- Let's Talk About Sex: Crash Course Psychology #27 (11:35)
- Theories About Family & Marriage: Crash Course Sociology #37 (10:59)

**Assignments Due:**

Monday November 1 by 11:59pm EST

- Complete Reading Quiz #5

**Tuesday November 2 – Class Meeting Powell 203**

**Topics:**

- Case Review #2 Overview and discussion
- Early & Middle Adulthood Challenges & Myths
- Sandwich Generation and Substance Abuse  
<https://www.drugabuse.gov/news-events/nida-notes/2019/07/drug-use-its-consequences-increase-among-middle-aged-older-adults>

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)  
Part XI. Development in Middle Adulthood  
Chapter 25: Physical Development in Middle Adulthood  
Chapter 26: Cognitive Development in Middle Adulthood  
Chapter 27: Psychosocial Development in Middle Adulthood

**Thursday November 4 – Virtual**

**Read & Watch:**

- Why do our bodies age? - Monica Menesini TED-ED (5:09)
- Menopause is Misunderstood TEDx (11:38)
- Midlife Crisis Needs a Rebrand TEDx (10:29)
- The Sandwich Generation -Trailer (3:54)
- Module 6 PowerPoint Slides

**Additional Material for Those Who are Interested:**

- Mahrer, N.E., O'Hara, K.L., Sandler, I.N., & Wolchik, S.A. (2018). Does shared parenting help or hurt children in high-conflict divorced families? *Journal of Divorce & Remarriage*, 59(4), 324-347.
- Bertera, E. M. & Edmonds Crewe, S. (2013). Parenthood in the twenty-first century: African American grandparents as surrogate parents. *Journal of Human Behavior in the Social Environment*, 23(2), 178-192.

**MODULE 7: APPLYING YOUR ECLECTIC KNOWLEDGE TO LATE ADULTHOOD  
WEEKS 13 & 14 (NOVEMBER 8 – 21)**

**Tuesday November 9 – Class Meeting Powell 203**

**Topics:**

- Late Adulthood Challenges and Goals
- Elder abuse and neglect
- Aging in Place – Discussion Topic

**Read & Watch:**

- Human Behavior in the Social Environment (Tyler-OER)
- Development in Late Adulthood
  - Chapter 28: Physical Development in Late Adulthood
  - Chapter 29: Cognitive Development in Late Adulthood
  - Chapter 30: Psychosocial Development in Late Adulthood

**Thursday November 11 – Virtual**

**Read & Watch:**

- Module 7 PowerPoint Slides
- Boggs, J.M., Portz, J.D., King, D.K., Wright, L.A., Helander, K., Retrum, J.H. & Gozansky, W.S. (2017). Perspectives of LGBTQ older adults on aging in place: A qualitative investigation. *Journal of Homosexuality*, 64(11), 1539-1560. <https://doi.org/10.1080/00918369.2016.1247539>
- Age & Aging: Crash Course Sociology #36 (10:18)
- Abuse Hurts at Any Age (11:29)

**Activity:**

- Work on your Case Review #2 papers due on Nov. 22 – before the Thanksgiving break.

**Assignment Due:**

Monday November 15 by 11:59pm EST

- Complete Reading Quiz #6

**Tuesday November 16 – Class Meeting in Powell 203**

**Topics:**

- Strengths perspective across the lifespan
- Human behavior theories applied across the lifespan – Circle of Life
- Wrap-up Discussions & Course Evaluations

**Read & Watch:**

- Strengths Exploration Worksheet
- Self-care Assessment Worksheet
- What Really Matters at the End of Life - BJ Miller TED Talk (19:01)
- Into the Fog: Living with Early-Onset Alzheimer's (11:32)

**Thursday November 18 – Virtual**

**Activity:**

Work on Case Review #2 paper due next week.

Check for APA format!

**MODULE 8: GENERALIST PERSPECTIVE ON THEORIES OF HUMAN BEHAVIOR  
WEEKS 15 & 16 (NOVEMBER 22 – DECEMBER 3)**

**Assignments Due:**

Monday November 22 by 11:59pm EST

- Submit Case Review #2 Paper
- Complete a course evaluation

**Tuesday November 23 – 26 NO CLASS THANKSGIVING HOLIDAY**

**Review and Watch:**

- Module 8 PowerPoint Slides
- Social Workers Stand Up for Single Parents (1:36)
- Social Workers Stand Up for LGBTQ Youth (1:34)
- Social Workers Stand Up for Older Adults (1:22)

**November 29 - Dec 3 NO CLASS FINALS WEEK**

**Assignment Due:**

Monday November 29 by 11:59pm EST

- Comprehensive quiz over all course material

**I hope you have a wonderful winter break!**