



Eastern Kentucky University

# THE EASTERN PROGRESS

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Student publication of Eastern Kentucky University since 1902

12 PAGES, JANUARY 28, 2010

## Lady Colonel's fall short against Morehead

Read game coverage: Sports - B4



## Hot dog hot spot

Features - B1

# SGA to fund bus to Rally for Higher Education

By Whitney Leggett  
progress@eku.edu

One of the biggest stressors and struggles for college students today is managing to find a way to pay their tuition on top of their many other financial obligations. Thus, it's become a major debate as to whether tuition prices at Kentucky colleges and universities should be re-evaluated. The complaint from many students is that they simply can't afford to pay for the ever-ris-

ing cost of higher education.

According to Eastern's Student Body President Afsi Siahkoochi, the key to helping make higher education in the Ky. more affordable to let the student's voices be heard.

"I always hear students complaining about how expensive their tuition is," said Siahkoochi. "But, they know little about where the money comes from and the budget that the state has for higher education."

With the Rally for Higher Education that

will be held Feb. 9 in Frankfort, students will have to opportunity to have their voices heard. The rally, sponsored by universities throughout the state, is focused on, "[uniting] college students from across the Commonwealth to take a proactive stand for higher education funding by staging an upbeat rally," Siahkoochi said.

Those participating in the rally will have the opportunity to hear from prominent figures from the state government, like Governor Steve Brashear, and other Kentucky students who

have found success after higher education.

The message that Siahkoochi, who is charge of the public relations aspect of the event, and other members of the Board of Student Body Presidents hope to portray is the value of a Kentucky education. Members of the board also hope to encourage lawmakers to ask why and how to invest in higher education throughout the state.

In addition, those who attend the rally will

See RALLY, A3

**WHAT'S YOUR SECRET?**

*I NEVER*  
*All*  
*you.*

*You'll NEVER find it.*

*im afraid there is no GOD*

*I HATED your wedding dress.*

*Because I wasn't wearing it.*

PostSecret  
13945 Copper Ridge Rd  
Germanianna, Maryland 20874

PostSecret founder shares secrets of life, love and everything in between

By Traviss Witt and Stephanie Smith  
progress@eku.edu

Frank Warren collects secrets. It may seem strange, but it's exactly what Warren does. He is the creator of the Internet and book phenomenon, PostSecret.

PostSecret, Warren explained, started out as an experiment on Blogspot in which he passed out 3,000 postcards to strangers and asked them to mail their deepest secrets back to him at his home. The experiment quickly blew up into something much more. Strangers from every continent write their secrets on postcards and mail them to War-

ren. "My wife said, 'Thanks, Frank, now we can never move from our house,'" Warren joked.

Warren scans a few of the postcards to share on the PostSecret website every Sunday.

PostSecret's popularity rose quickly, garnering such awards as "Weblog of the Year" in 2007, and Forbes mag-

See SECRET, A3

*I believe the very act of sharing a secret can itself be transformative. Sharing our secrets allows us to feel less alone.*

—Frank Warren, PostSecret Founder



## Students help with 2010 games

By Lindsay Huffman  
lindsay\_huffman9@eku.edu

This fall, one of the largest events Kentucky has ever seen will take place in Lexington: the World Equestrian Games.

Many organizations, businesses and schools have begun preparations for the event, including Eastern. One department contributing to the collective effort is the Department of Communication.

In collaboration with a Lexington-based company called Horse Capital Productions, the department has changed the curricula of

See GAMES, A3

## State lawmakers will not seek re-election

Madison County representatives step back, may hurt county's economy

By Laura Butler  
laura\_butler11@eku.edu

While more than 200 candidates across Kentucky were busy filing the required paperwork to throw their political hats in the ring for the May primary elections, two longtime lawmakers were stepping back and taking a breath.

Sen. Ed Worley and Rep. Harry Moberly both announced last week they would not be seeking reelection in the 2010 election.

Worley took his Senate seat representing the 34th district of Kentucky in 1999 and Moberly became a representative in 1980.



Harry Moberly



Ed Worley

With seasoned experience in the state government both legislators have played instrumental roles in securing funding for Madison County and, more specifically, the Eastern Kentucky University communities.

Worley announced he would not file for re-election in the May primaries last Wednesday evening, but also said he has not ruled out the possibility of returning to state government and may consider running for secretary of state.

For now, though, he's ready to take a break.

The senator said performing his duties as the democratic floor leader in the senate, serving three counties and running his local business in Richmond are a lot to juggle, especially in

the poor economy.

Moberly followed suit on Thursday, announcing he would not seek re-election within the House.

"I've been here for 31 years, and I need to spend more time with my job and I need to spend more time with my family," Moberly told reporters at the Capitol last week.

He will be stepping back from a position on the Appropriations and Revenue Committee, where he's been able to secure funds for state projects for Eastern, such as construction of the Science Building and several other new buildings on campus.

Moberly also serves as the Executive Vice President for Administration at Eastern when he's not in session in Frankfort.

Eastern President Doug Whitlock said Moberly has been missed in Richmond while he's been in session in Frankfort and thinks the free time will allow Moberly to spend more time at Eastern.

See STATE, A3

## Police Beat

All information in the Police Beat is taken from Eastern police reports.

### Jan. 21

■ A Keene Hall employee reported that a glass bottle had been thrown down a stairwell and shards of the bottle had hit two other employees. One of the victims said she and her coworker were cleaning stairwell railings when she heard two voices on the floor above. A glass bottle then fell, struck the railing and shattered. No suspects have been identified.

■ Emily Burger was arrested and charged with shoplifting after a campus bookstore employee reported that Burger was possibly stealing books. The accused allowed police to perform a search on her name as well as look through her bag. Upon further investigation, police found that Burger was currently not enrolled in classes, and she admitted to wanting to resell the books elsewhere. The six books in Burger's possession were returned to the store. The total value of the books was \$689.20.

■ A male student reported the theft of his black Under Armour jacket from the Court 2 bleachers in the Fitness and Wellness Center. He said he left the jacket unattended while playing basketball, and when he returned at 5:30 p.m., the jacket was missing. The total stolen value is estimated at \$70.

### Jan. 26

■ Michael Workman was arrested and charged with possession of drug paraphernalia after officers noticed an odor of burned marijuana coming from the subject's room in Dupree Hall. Workman allowed them to search his room, and the officers found a Folgers coffee canister containing a roach and three marijuana pipes. Workman was lodged in the Madison County Detention Center.

■ Thomas Blake Wolford was arrested and charged with alcohol intoxication after a resident assistant in Telford Hall found him lying on the 5th floor hallway. Officers detected the odor of alcohol on Wolford's person, and noticed his blood-shot eyes and slurred speech. Wolford was un-

able to perform any sobriety tests and was placed in the Madison County Detention Center.

■ Police responded to a criminal mischief report at Brockton Apartments after someone from the Richmond Fire Department found damage to a red Simplex fire alarm speaker. The faceplate had been smashed and the alarm was hanging from wires. No suspects have been identified. The value of the damage was estimated at \$250.

## News Briefs

### Kentucky Blood Center conducts blood drive

The Kentucky Blood Center will be conducting a blood drive from 9 a.m. to 3 p.m. Wednesday, Feb. 3 in the Baptist Campus Ministry located at 325 University Drive. Donors must be 17 years of age, weigh at least 110 pounds, be in general good health and meet additional requirements. For more information, call 1-800-775-2522 or visit [www.kybloodcenter.org](http://www.kybloodcenter.org).

### Chautauqua Series presents singing group

The Chautauqua Lecture Series will host the American Spiritual Ensemble as they present their show "Keeping the American Negro Spirituals Alive" at 7:30 p.m. Thursday, Feb. 4 in the O'Donnell Auditorium. The group was formed in 1995 and has performed in many opera houses throughout the world over the years. For more information about the Chautauqua or the American Spiritual Ensemble, visit [www.chautauqua.eku.edu](http://www.chautauqua.eku.edu).

### Deadline for WEKU essay entries near

The deadline for women wanting to submit essays to WEKU for its "This We Believe" series is Feb. 5. The essays must be 350 to 500 words and should describe her personal philosophy. All participants will be published on the radio station's Web site and some essays will be featured during regular programming and included in a WEKU special presentation. For more information, contact Nikole Robinson Carroll at 622-1657 or at [nikole.robinson@eku.edu](mailto:nikole.robinson@eku.edu).

## Political consultant to speak at Eastern

Donna Brazile, a political commentator for CNN and a political consultant for ABC News, will speak at Eastern from 7 - 8 p.m. Monday, Feb. 8 in Brock Auditorium. Brazile has worked for several presidential campaigns since the late '70s and is currently the Chair of the Democratic National Committee's Voting Rights Institute. No entry fee will be charged for her lecture. For more information about Brazile, visit her Web site at [www.donnabrazile.com](http://www.donnabrazile.com).

## Eastern to host Diversity Conference

Eastern will host the ninth annual Diversity Conference Feb. 10 - 11 in the Perkins Building. The conference will feature several speakers and a panel discussion. The conference is open to all students, faculty and staff, and costs \$150 per person. Registration ends Jan. 31. For more information about the conference or registration materials, contact Tom Bonny at 622-2581 or [tom.bonny@eku.edu](mailto:tom.bonny@eku.edu).

## Scholarships available for select students

Morris K. Udall scholarships are available for students interested in environmental careers, as well as students who are Native American and are pursuing careers related to tribal public policy or native health care. The deadline to apply for these scholarships is Feb. 22. For details on the scholarships, visit [www.udall.gov](http://www.udall.gov) or contact [charles.elliott@eku.edu](mailto:charles.elliott@eku.edu).

## Scripts for internship program due soon

Students writing scripts as part of the 2010 Summer Film Internship Program should have their drafts submitted by Monday, March 8. Scripts should be 7 to 10 pages in length, should be limited to six locations and should not include stunts, moving vehicles or firearms. The entries should be submitted in correct screenplay format to Chad Codgill or John Fitch in the Combs building. Applications can be downloaded at [www.communication.eku.edu](http://www.communication.eku.edu).



## Happenings

### FRIDAY

**9 a.m. - 11 p.m.**  
The Kentucky Touchstone Energy All "A" High School Basketball Classic, Paul McBrayer Arena

**5 - 7 p.m.**  
Opening reception for "Creative Inquiries Exhibition" and "Zhang Shentai" exhibits, Giles Gallery

**Midnight**  
EKU Ice Hockey vs. Indiana, Lexington Ice Center

### SATURDAY

**All Day**  
EKU Campus Recreation Winter Day Hike (cost: \$5)

**6:30 p.m.**  
Women's basketball at Tennessee State

**8:30 p.m.**  
Men's basketball at Tennessee State

**Midnight**  
EKU Ice Hockey at Indiana

### SUNDAY

**12:30 - 4:30 p.m.**  
The Kentucky Touchstone Energy All "A" High School Basketball Classic, Paul McBrayer Arena

### THURSDAY

**5:30 p.m.**  
Women's basketball vs. Tennessee Tech, Paul McBrayer Arena

**7:30 p.m.**  
Men's basketball vs. Tennessee Tech, Paul McBrayer Arena

**7:30 p.m.**  
Chautauqua Lecture Series presents "Keeping the American Negro Spirituals Alive," O'Donnell Auditorium

**9 p.m.**  
Student Life presents Bingo, Keen Johnson Ballroom

## Weather

**THURSDAY**  
Few Snow Showers  
High: 38 Low: 23  
Precip: 30%

**FRIDAY**  
Snow Showers  
High: 28 Low: 22  
Precip: 50%

**SATURDAY**  
Cloudy  
High: 38 Low: 12  
Precip: 20%

**SUNDAY**  
Sunny  
High: 33 Low: 19  
Precip: 0%

**MONDAY**  
Mostly Sunny  
High: 39 Low: 33  
Precip: 10%

**TUESDAY**  
Showers  
High: 39 Low: 27  
Precip: 40%

**WEDNESDAY**  
Few Snow Showers  
High: 40 Low: 27  
Precip: 30%

Source: Weather.com

## CINEMARK

For advance tickets & showtimes visit

[cinemark.com](http://cinemark.com)

or call 1-800-FANDANGO + Exp Code 2150#

CINEMARK AT RICHMOND CENTRE EXIT 87 OFF I-75

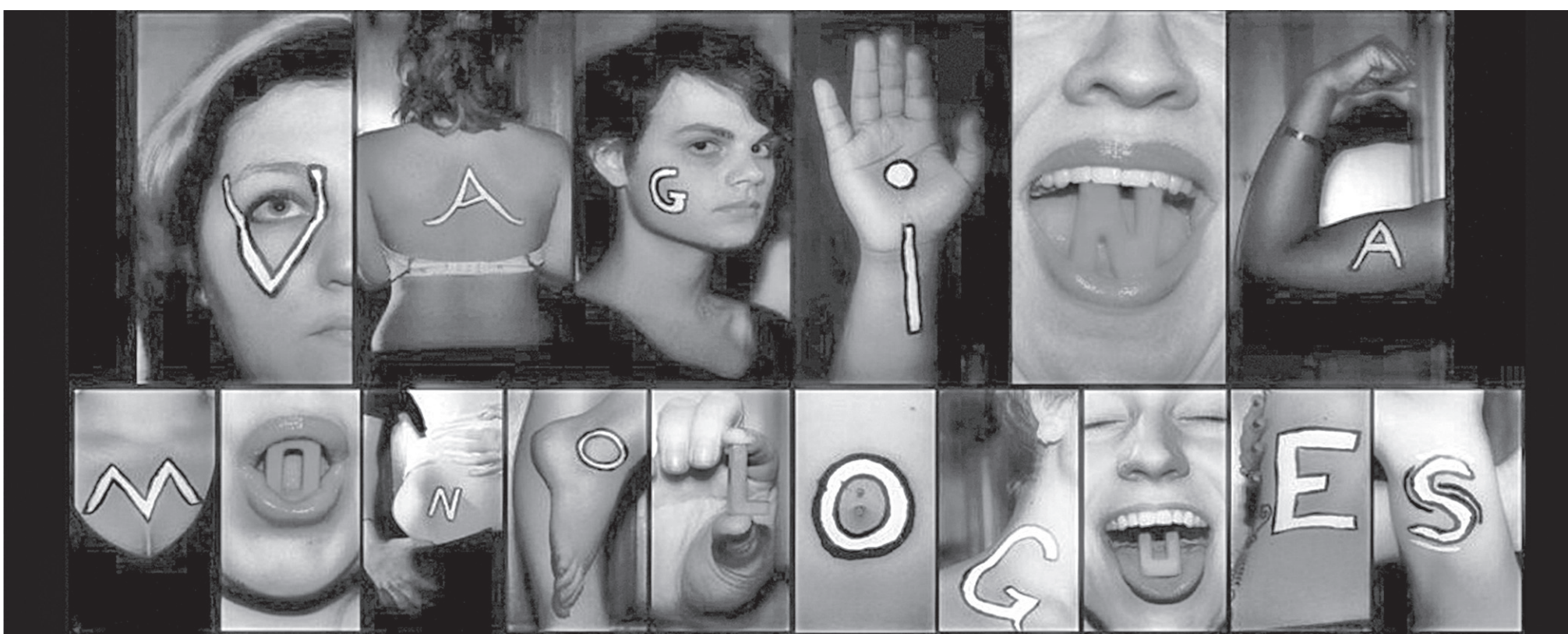
ADULT MATINEE BEFORE 4PM \$6.00 - ALL DAY TUESDAY \$6.00

SENIORS DAY - ALL DAY MONDAY \$4.50

FIRST MATINEE SHOWTIME (7 DAYS A WEEK) \$4.50

<b>EXTRAORDINARY MEASURES [PG]</b> 12:00 2:30 5:00 7:30 10:00	<b>THE SPY NEXT DOOR [PG]</b> 1:00 3:15
<b>TOOTH FAIRY [PG]</b> 11:55 2:25 4:50 7:15 9:40	<b>DAYBREAKERS [R]</b> 12:25 2:50 5:10 7:35 9:55
<b>LEGION [R]</b> 12:20 2:45 5:10 7:40 10:10	<b>IT'S COMPLICATED [R]</b> 4:05 10:05
<b>AVATAR - 2D [PG-13]</b> 8:05 9:35	<b>THE BOOK OF ELI [R]</b> 1:20 4:10 6:55 9:40
<b>AVATAR - 3D [PG-13]</b> 12:40 4:10 7:40	<b>EDGE OF DARKNESS [R]</b> 1:10 4:15 7:00 9:45
<b>ALVIN AND THE CHIPMUNKS: THE SQUEAKQUEL [PG]</b> 12:45 3:00 5:15 7:30 9:45	<b>WHEN IN ROME [PG-13]</b> 12:05 2:35 4:55 7:20 9:35
<b>SHERLOCK HOLMES [PG-13]</b> 12:15 7:10	<b>THE LOVELY BONES [PG-13]</b> 12:40 3:50 6:50 9:50

◆ NO PASSES-NO CLASSIC SUPERSAVERS



# Show Dates:

February 10th, 11th, and 12th @ 7:00 P.M.  
SSB Auditorium - O'Donnell Hall

ALL PROCEEDS FROM THIS YEAR'S PRODUCTION GO TO THE  
BLUEGRASS RAPE CRISIS CENTER  
AND  
HOPE'S WINGS DOMESTIC VIOLENCE SHELTER

General Admission: \$10.00  
Student Admission: \$5.00  
Doors Open @ 6:00 P.M. each night

Sponsored by:



Co-sponsored by:  
The Office of Multicultural Student Affairs



Tickets are available in the ECU Cultural Center - Powell 110  
EKU Women and Gender Studies Office - Keith 121  
On Powell Corner on specific days prior to the show  
And at the Ticket Booth on show nights

For any questions contact WGS Director  
Marta M. Miranda at 622-2913  
[marta.miranda@eku.edu](mailto:marta.miranda@eku.edu)

## SECRET: Purpose is to help people connect, ease pain

Continued from Page A1

azine recognized Warren as the fourth most popular Web celebrity of 2009.

Warren's lecture was the first Chautauqua of the semester and the popularity of Post-Secret caused Brock Auditorium to be packed.

Warren said the beauty of Post Secret is that it not only offers people a chance to express themselves, but the opportunity to be heard.

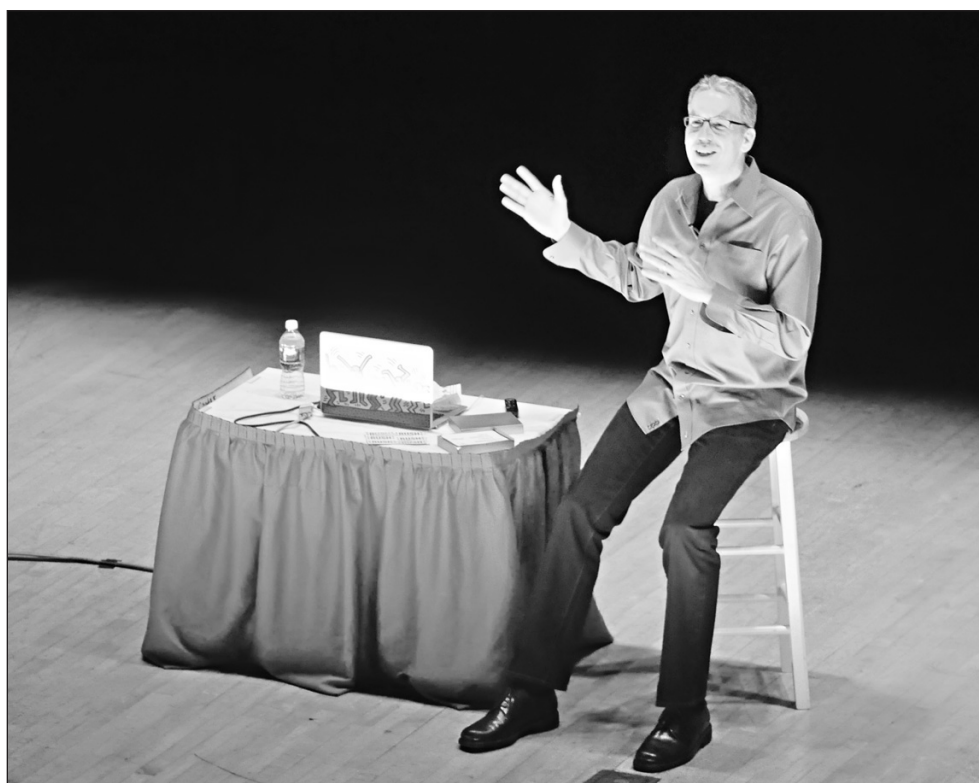
"I believe the very act of sharing a secret can itself be transformative," Warren said. "Sharing our secrets allows us to feel less alone."

Throughout the presentation, Warren showed examples from his collection of secrets, many of which were banned from his books so they would be eligible for sale at some retail stores.

"Censorship is still alive," Warren said, adding that he wouldn't allow his books to be sold at Wal-Mart due to what he called the store's unjust censorship practices.

Warren said he believed PostSecret is more than a shallow site users can visit to laugh at the misfortune of others. Although there is no shortage of humorous submissions (such as a portrait of Edward from the Twilight trilogy with the words "I don't get it" written to the left), many of the cards Warren revealed to the audience tended to be more dismal in tone.

During one example, chatter in the audience drew to a hush as Warren presented a card depicting a damaged door. Written over the door were the words: "The holes are from where my mom tried to break down my door so she



LAURA BUTLER | PROGRESS

Frank Warren encouraged students to share their secrets—if not with friends, then with him.

could continue beating me."

Throughout the lecture, Warren continually pushed the envelope, showing how the concept of a "secret" encompassed a wide-variety of different things.

Some were inspirational, hilarious or optimistic. Others were profane, discouraging or darkly pessimistic.

"I believe that there are two types of secrets," Warren said. "The kind that we hide from other people, and the kind that we hide from ourselves."

As the presentation drew to close, Warren invited members of the audience to step on stage and share some secrets of their own.

"Free your secrets and become who you are," Warren said.

One student hesitantly made his way to the microphone and confessed.

"I'm a senior, and I'm afraid I've wasted four years of my life on a major I really don't like at all," he said. After a short pause, the auditorium erupted into applause.

A few moments later, a young female student sobbed as she admitted that her and her boyfriend are living together.

"We're not married or anything, but it's awful to go home for Thanksgiving and other holidays, and be told by my

family that we're living in sin," the student said.

Warren said the real purpose of his lecture, and the entire PostSecret phenomenon, is to help people connect with one another. He persistently stressed the point that no matter how secluded and alone someone may feel, there are other people who feel the exact same way.

No matter how perverse or bizarre someone's secrets may be, Warren said, no one is alone.

"We can all find a solution together," he said. "There is always hope, but it doesn't always come on the time schedule that you want it to."

## GAMES: Preparations ongoing

Continued from Page A1

three scheduled classes to help plan the International Equestrian Festival, which will take place at the same time as the World Equestrian Games.

The festival will be designed to complement the World Equestrian Games championships, said Kimberly Brown, co-founder and managing partner of Horse Capital Productions (HCP).

Brown said the festival will offer several components, including a hospitality atrium, a 16-day seminar about the horse industry, an international marketplace and a horse arena where horses will be shown and various celebrities will speak. Tours of local horse farms will be available through Horse Capital Tours.

Eastern COM courses will collaborate with HCP to plan this event. The courses are public relations writing, public relations event planning and management and public relations social media.

Kathy Keltner, an assistant professor of communications, said the public relations writing class would write news releases about the festival, the public relations event planning and management class would help plan actual events and the public relations social media class would learn how to promote the festival on social media Web sites, like Facebook and YouTube.

Keltner said about 60 students are in the classes, and a few interns are working with HCP outside the classroom.

"[The courses] enable students to have real-life experience and an actual client so they can put it in their portfolio to show prospective employers that they've been applying what they learned in the classroom," Keltner said.

Anne Buchanan, founder and CEO of HCP, said she chose to work with Eastern students because she likes the progress the school is making.

"EKU is an open-minded, progressive, forward-thinking, cool school," Buchanan said. "Everyone I've met here is the kind of person I want to be involved with."

Buchanan said she hopes the Games and the festival will help promote the school itself.

"It's Kentucky's event, it's Kentucky's school, and I want to put a smaller school on the world stage as much as possible," she said.

Buchanan and Brown both oversee work in the classrooms. Brown said one of the biggest challenges the students face is learning all they need to know in one semester.

"What normally takes two years [to learn], we're accelerating the process into one semester," Brown said.

Keltner also said time has proven to be a big challenge.

"A lot of students don't know much about horses or the festival, and in addition to learning the task at hand, they also learn about the client," she said.

Public Relations senior Ayla Eichenhofer, of Flat Rock, Mich., has been an intern at HCP since spring 2009. Though Eichenhofer is not enrolled in the courses, she said she is used as an "information source" for the students.

"The Social Media class is actually based off the research generated by an independent study I completed last semester," Eichenhofer said. "My independent study explored how to do public relations using social media, such as Facebook and Twitter."

Eichenhofer said she does a variety of tasks for HCP.

"[Buchanan] gives me little jobs like researching potential vendors and creating spreadsheets, and big jobs like scheduling speakers for the 2010 International Equestrian Festival," she said.

Eichenhofer also said students working with HCP would benefit greatly.

"It's hard to learn a concept until you understand how it fits into the big picture and the real-world," she said. "HCP also benefits, since a class full of students can get more done with less time and less money spent."

Keltner said the students have adapted well to the classes despite the challenges.

"The students' enthusiasm has been absolutely mind-boggling," she said. "They're very receptive to learning not only the skills required, but also the client and its needs."

The World Equestrian Games and International Equestrian Festival will take place Sept. 25 - Oct. 10 of this year.

## RALLY: SGA says 'every student is invited to attend'

Continued from Page A1

have time to meet with representatives from their counties in order to discuss ways to improve funding and to ask specific questions about funding for their school. Siahkoochi said this opportunity is so valuable because, "you get to understand the process that goes into budgeting for higher education and you can speak your concerns."

Members of the Student Government Association at Eastern are busy making plans to attend the event. The school has already lined up a 50 passenger charter bus and 20 of those seats have already been filled by members of the Eastern community.

"Every student is invited to attend," said Siahkoochi. "And we encourage them to get involved in this rally. It's really informative and it's a great op-

portunity to meet and mingle with students from other universities."

Students participating in the event make posters, banners and stickers. Schools even bring their mascots to promote the rally. This year participants from Eastern are more excited than ever.

"This year we have two speakers from Eastern," said Siahkoochi. "This is so exciting because in past years East-

ern has sort of been outshined by other, bigger schools in the state."

Those interested in participating in this year's rally are asked to stop by the SGA information desk in Powell 132. The event, which includes lunch, is free of charge to all wishing to participate.

"We really hope we can fill our bus up," said Siahkoochi. "We're excited to make a ton of noise in the capitol rotunda."

## STATE: Positions to be filled in May

Continued from Page A1

"He's [Moberly] on leave without pay when he's in legislation, so we're missing him right now," Whitlock said. "This won't make his role any different, but he'll have more time to put into it."

Whitlock said that while he believes the candidates who take Worley and Moberly's places at the statehouse will represent the districts well, he did say Eastern might lose

a little ground in funding as newer representatives are less likely to be appointed to powerful committee positions.

"Worley and Moberly have been big proponents for their districts and Eastern is of course part of those," he said. "We will miss that, but I'm confident their successors will work just as hard as they have. I've looked at the list of candidates and I'm confident we will

have good representatives."

Moberly and Worley will continue to hold their positions in the legislature until their terms expire in December.

Worley and Moberly's positions will be filled by two of 232 potential candidates who have filed for election, one of whom is Richmond City Commissioner Rita Smart.

Primaries for the election are scheduled for May.

## Board of Regents approves hazing policy, SGA constitution

By Steve Thomas

steven\_thomas46@eku.edu

Eastern's Board of Regents gave its stamp of approval to a new university hazing policy, as well as changes to the Student Government Association Constitution during its quarterly meeting Monday. The board, which meets to discuss everything from proposed campus projects to changes in academic programming, approved both sets of changes unanimously.

The university's hazing policy was revisited for the first time since 1986 and allows for students to report hazing anonymously to a campus hotline on Eastern's Web site. According to the site, confidentiality remains a priority for those who report incidents, even with the new online system.

In addition, Eastern President Doug Whitlock said the new policy would be more inclusive.

"The previous policy suggested it could only apply to Greeks, and that is simply not the case," Whitlock said to board members Monday.

The new policy is designed to move investigations regarding hazing through Eastern's justice system more expeditiously than the previous policy, allowing for punishments like probation to be issued much more quickly.

Reported incidents are investigated within a 24-hour period by an appointed committee of faculty, students and staff. The committee meets with the accused and the accuser before making a decision and issuing sanctions on organizations found guilty of hazing.

If the organization chooses to appeal the committee's decision, they have five days to do so.

In addition to establishing a more streamlined approach to investigations, the policy offers detailed guidelines about what constitutes "hazing." More than a dozen example cases are laid out in the policy, although it is careful not to limit hazing to these specific actions.

It took the policy two trips through the approval cycle in order to reach its final draft, as comment periods allowed for input from the university community.

The changes to SGA's Constitution will allow the Student Court division to play a more active role in decision-making within student government. With the changes approved, the court's decisions on internal affairs and disputes become binding.

David Anderson, the current Chief Justice of SGA's Student Court, said the new changes allow for Student

Court to have more checks and balances on the Senate and Executive Branches.

"The amendments ... provide clearer articulation and definition to the shape and responsibilities of the Student Court while giving it the tools needed to serve as a legitimate and equal branch of (SGA)," Anderson's proposal summary said.

Other topics of discussion for the board included potential capital planning projects to be proposed to the state budget before next quarter's meeting.

These projects included a 1,000-foot radio and cell phone tower to be built on an undetermined site on campus, and a sizable hotel, also to potentially be built on campus property.

James Street, Eastern's Director of Capital Planning, emphasized that these projects are still very speculative and the board's approval is merely a precursor to any potential future action.

Street said the board's approval was only necessary to present the projects for consideration to Kentucky's legislature.

The board next meets in April, when Eastern will have a more complete estimate of funding based on Gov. Beshear's state budget for the coming two years.

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# PERSPECTIVES

## Ice storm anniversary hits home

Winter, like all seasons, comes and goes. Now in the thick of it, this week has helped to remind us that some days the snow globe shakes, and other days it's just biting cold. This time last year, the snow globe did more than just shake – it froze solid. Thursday, January 28, 2010 marks the one-year anniversary of the soon-to-be-legendary “Ice Storm” in Kentucky. The cataclysm was a “perfect storm” of sorts, one that had been unparalleled for a hundred years and one that coated everything in a 25-mile radius of Richmond with nearly half an inch of ice.

It coated everything. Lampposts froze and became brittle, roads and sidewalks became impassable and every twig on every tree was encased in a tube of ice. It was spectacularly beautiful, and, as students soon found out, spectacularly devastating. The additional weight from the ice was too much for many trees to bear. Limbs three-feet in diameter lurched, snapped like carrot sticks and came crashing down to earth. Younger trees bowed to the ground, and some simply ripped out of it, landing on their sides and leaving steaming craters where their roots had once held firm.

And overnight, Campus Beautiful was all but destroyed. It was, in a way, hard to notice at the time. With everything sparkling in the winter sun (and an entire week of classes cancelled to appreciate it), few were thinking about what would happen when the ice melted. Few were thinking about what would remain. And then the ice melted. The Ravine was stripped of its regal beauty. Huge trees that had stood for a hundred years were cloven in two; their largest limbs lay severed at their bases. Many were damaged beyond recovery.

They became unstable and a danger to students, and so the sounds of chainsaws echoed in the weeks and months that followed. The face of the Ravine had changed forever. What was initially a blessed vacation turned into reality for many students. Classes hotfooted through their curriculum, making up time any way they could. If that meant extending class by five minutes or more each day, then so be it. Although campus never lost power or water, nearly a million homes in Kentucky did. The Federal Emergency Management Agency (FEMA) recently released figures that show it paid \$201 million to public agencies in Kentucky to combat effects of the storm, including the cleanup of more than 19 million cubic yards of debris and limbs. Worse still, 36 people lost their lives to the storm in Kentucky alone. Now, one year later, the effects of the storm are still seen all around us. A campus that prides itself on its beauty and green space can't simply flip a switch and begin blossoming again, but that doesn't mean we can't try.



Facilities Services should be commended for making difficult (and sometimes unpopular) decisions regarding which trees would stay and which could not. Even for students with no sense of attachment to Campus Beautiful, unsettling feelings crept in watching its necessary destruction. As hard as it was for students to watch the sites of countless memories destroyed, we must also understand what it was like for campus workers to tear down what they had so carefully built and maintained for so many years. Like a phoenix rising from the ashes, Eastern's beauty can never truly die. Its scenery continues to attract students, and, even in its wounded state, offers more than most any campus in the Commonwealth can. These things take time, and in the wake of a 100-year meteorological anomaly, we can only hope we have plenty of that.

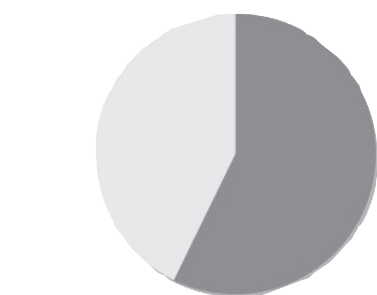
### > Online Poll

#### What's your collegiate survival drink?

Visit [www.easternprogress.com](http://www.easternprogress.com) and look for the poll on the right side of the page.

### > Last Week's Poll

#### Would you rather give up your technology or your significant other for one week?



■ Significant other: 57%  
 □ Technology: 43%

The Eastern Progress online poll is not scientific and reflects the opinions of only those online readers who choose to participate.

### > Campus comments:

*If you were trapped in an elevator, who would you want to be trapped with?*



"John Wall, because he's hot and amazing."

**Holly Allgeier**  
 A sophomore communication disorders major from Louisville.



"Brett Favre, because he's one of the greatest quarterbacks in the NFL."

**Ashley Bekken**  
 A sophomore social work major from Muskego, Wis.



"Franklin Roosevelt. He was so intelligent and I'm sure he has a lot of interesting things to say."

**Kaitlyn Kelly**  
 A freshman occupational therapy major from Hazard.



"Bill Clinton. I would just want to know how it feels to have such a dirty secret revealed to the whole country."

**Steven Hogue**  
 A sophomore French and math double major from Richmond.



"Gerard Butler, because he's God's gift to Earth."

**Jennifer Bellaw**  
 A sophomore agriculture major from Monroe, Ohio.



"The fire chief in charge of (the NYFD) on 9/11, just to know how it felt to have the world watching your every move."

**Kyle Wright**  
 A junior fire safety engineering technology major from Onicaho, Ill.

### > Have an opinion?

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### Eastern Kentucky University

## THE EASTERN PROGRESS

[www.easternprogress.com](http://www.easternprogress.com)

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# Family on Facebook a blessing in disguise



My Turn  
Steve  
Thomas

It happened to me not so long ago – a day like any other. I cracked open my shiny computer and accessed my social life the same way we all do: through the glory and wonder of Facebook.

I noticed a pending friend request and, to my horror, saw the name of my grandmother staring back at me.

You heard me: my grandmother. On Facebook.

I've almost made my peace with my parents being on Facebook.

Sure, my mother comments on almost every one of my status updates and would undoubtedly (and shamelessly) be No. 1 on the results of those "See Who's Stalking You" applications, but hey, she's my mom. She brought me into this world; the least I can do is allow her to follow my life a little more closely than is probably healthy.

But, like so many of my peers, my gut reaction was to draw the line at grandmother.

I left the invite alone for a while, unwilling to accept it but not stonehearted enough to "ignore" it and deny my only living grandparent access to my day-to-day life.

After a month of letting it dangle, I accepted the invite.

Why? Because I'm tired of being asked how Louisville is.

It happens at least once at every family get-together: Some relative approaches me with the aforementioned question.

The problem? My brother attends the University of Louisville.

I, as you may have guessed, live here in Richmond and attend...ready?...Eastern.

Relatives forget these things. My brother and I, separated by a mere two years, seamlessly blend into a single being: "Frank and Chris' son(s)."

It's hard enough for them to remember there are two of us, let alone what each of us do or where we go to school.

I'm sure it was easier when we were children, but now we're real, live adults - adults with individuality and lives

and stuff. How frustrating.

My answer to the Cardinal-town question is generally "fine."

Of course, I have no idea how Louisville is, but I also have neither the time nor the inclination to hash out the details of my life to anyone I see for two holidays a year.

Their attempts to get to know me, while a nice gesture, are often painfully obvious pleasantries and nothing more. We can all spot a bullshitter, and family get-togethers can be steaming with their byproduct.

Facebook offers the solution.

Since "friending" my grandmother, she may have commented on two of my actions. She's there, all right; she's just observing.

She's busy learning what I like and dislike, what's important in my life and, ultimately, who I am.

And she's probably doing the same with every grandchild who will let her.

I have several aunts doing the same thing and cousins coming of age and understanding that we can make get-togethers more bearable by sticking together.

The first step is getting to know one another.

I don't want to sit around at Christmas and explain that I'm a senior journalism major who works for my campus newspaper (and attends Eastern!). Those are some basics of my life – ones easily learned from my "Info" section on Facebook.

So now I don't have to.

Instead, relatives can take note of which classes were kicking my butt and ask how they turned out.

They can see that I actually did make it to England studying abroad and can ask me how things went.

They can ask me if *Cool Runnings* made for a good drinking game movie (answer: yes), and we can have a good laugh.

And the best part? It requires little more than a click of the "accept" button on my part.

When it comes to family friend requests, there's often more than meets the eye and less to worry about than you think.

Try not to think of them as invasions; think of them as efforts.

## >Cartoon: The Haitian Devastation



# Cruise ships harboring in Haiti not as insensitive at they appear



My Turn  
Darrell  
Richardson

Port-au-Prince, Haiti is the site of a devastating earthquake, where some 200,000 people are believed dead and many more injured and homeless.

Thousands of children are now orphaned because their parents were killed in the quake.

But just 60 miles away at the Labadie Beach Resort, just mere days after the earthquake, the Celebrity Solstice cruise ship anchors just offshore for a little "R & R."

Vacationers stretch out on beach chairs in the sun, sip-

ping cold beer and Pina Colodas while listening to Haitian folk music.

Wait a minute...does anyone see a problem with this picture? Should vacationers relax and have fun with so much suffering elsewhere on the island?

While that action might seem atrocious, the reality of the situation isn't so devious: Tourist stops often bring much-needed revenue to ravaged nations.

Halting the port calls for a nation like Haiti would deprive locals of what they earn from tourism in a time in which they arguably need it most.

About 200 people work at the resort itself, and a few hundred more vendors and service providers are allowed in whenever ships arrive.

The bottom line? Stopping the cruise ships for a single

day would result in hundreds of thousands of dollars lost in sales and revenue.

Many workers live day-by-day, and the loss of any day of sales would be devastating.

The world has criticized the cruise line for stopping in Haiti, but I'm not sure everyone understands the whole picture.

If a tornado hits a house across town from you, do you stop working and stop living your life?

Disaster is a horrible thing, bringing nothing but misery and sorrow. Workers and companies realize this and do their part to help, but have to care for their livelihoods—especially if the cruise ships and tourists are bringing money into Haiti.

Despite the criticism they're taking, the cruise lines are hardly heartless.

Royal Caribbean, for example, donated \$1 million to the Haiti relief effort, delivering food and water on every call.

The Haitian government welcomes the ships and vacationers even in these hard times. The country reaps a fixed cost per passenger in order to use the harbors. That, plus annual fees and the cash tourists spend on local goods at a marketplace where artisans and artists sell trinkets and crafts keeps some Haitians making a living.

Money is what makes the world go 'round and 'round, and disasters don't change that.

The world as a whole has raised millions for Haiti, with the United States raising around \$62 million alone.

Don't think cruise lines and tourists aren't doing their parts, too.

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# Contemplating MyTurn topic leads to interesting discoveries



My Turn  
Kayla  
Cornett

To begin, I feel it's only fair to mention this is my very first MyTurn.

Our managing editor approached me with the idea of writing one yesterday around 4 p.m. after learning he had a gaping amount of white space situated in his pages. I imagine the white space and laughed at him much like Goofy:

"...[insert goof chuckle here]...Garwsh, sorry you ain't got any Letters to the Editor, Steve."

Thus, I decided to give in and write one.

(Of course, there may have been moderate pleading involved—pleading in which repayment may equal dinner or "something shiny.")

Around 7 p.m., while sitting in the office editing copy for the Features section, I sporadically began thinking of possible topics to write about.

At first, I thought I could write about how amazing it would be if 'NSYNC had a reunion tour.

Justin Timberlake, if you ever Google yourself and magically end up reading this, know that I find you delightfully enticing.

And, on the subject of 'NSYNC, let me just say if any guy has the nerve to sing *This I Promise You* to me, he will forever hold a special place in my heart; that is, unless I find him utterly creepy, in which case it's *Bye. Bye. Bye.*

That'd be the message, at least, albeit in a more blasphemous and "not nice" way. I would discombobulate you.

I also thought about touching on the fact that I think there are certain words that sound just downright icky when said aloud.

In high school, one of my friends mentioned that the word "moist" was audibly gross, and since then I've created a mental list of words that I find interesting.

I used to have an entire list of these words hanging above my desk in the office last semester, but I erased them after learning President Whitlock would be visiting to speak with the *Progress* staff.

I didn't want him to think I was weird.

Among the dispatched words were: supple, teat and flesh.

I also remembered that earlier in the evening, my roommate told me about a Web site called Listverse.com. It's a site full of ultimate top-10 lists. I started looking around 1 a.m. (when I was still at the office.)

I was surprised to learn that I'm quite inquisitive during the wee morning hours.

I clicked on a link called "Another 15 Facts You Prob-

ably Don't Know."

Indeed, I didn't know that when hippos sweat, it comes out as this pink liquid that functions as sunblock.

Did you know kangaroos don't fart because they convert their methane gas into reusable energy?

Neither did I.

Supposedly, scientists hope to transfer this ability to cows to reduce global warming. Personally, I think global warming probably has bigger issues than the frequency at which cows release vapors.

It's 3 a.m. and I'm still glancing at Listverse, which just taught me some germs in feces can pass through ten layers of toilet paper.

Dang, that's some strong fecal matter!

These two references to "No. 2" reminded me of a story a male friend of mine continues to tell at lunch about a girl named Annis. The whole story? Her name kind of sounds like "anus."

Why is it guys find any excuse to mention evacuation of the bowels?

Ugh. "Bowels." I think I should add that to my list.

**"I think there are certain words that sound just downright icky when said aloud."**

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# Major construction projects underway, on schedule

By Taylor Pettit  
progress@eku.edu

Eastern is undergoing one of its biggest campus makeovers, thanks to a handful of construction projects that are adding classroom space and sprucing up outdated buildings.

Currently, the university has five major projects underway: two are refurbishing older buildings and the other three constructing entirely new buildings, including a new science building and a performing arts center. A few of the projects are slated to be finished this year, while others won't be completed for at least another year or more, university officials said. And while all the projects are moving along according to schedule, there have been a few minor delays, said James Street, director of capital planning and facilities management.

"Dealing with older buildings, they don't always age well and we have run into some situations that have caused problems," Street said. He said that these projects are planned with a contingency budget in mind for unexpected issues. Street added that a majority of the contingency budget has been spent.

## Construction Roundup Science Building

This 174,000-square-foot classroom and office building, which is being erected across from the Wallace Building, will be the largest building on campus once it's completed. The building will boast a range of technological advances.

"This will be like walking into a new dawn," Street said.

Although the science building ultimately will take two phases to reach its full plan, once it's finished, it will offer a central home for all the scattered science departments, which are currently divided across multiple buildings.

Malcolm Frisbie, coordina-

tor of communication among science faculty and the design team, said the Science Building will allow lectures and labs to take place in the same block of time, instead of the current system which splits them up throughout a week.

The new building will offer a variety of architectural and landscaping features, including dry river beds, an urban forest, wetlands (all of which will harbor wildlife), a large community lobby, and an environmentally-conscious building plan. The environmentally conscious plan emphasizes natural light, polished concrete (which reduces the use of chemicals), bamboo, recycled woods, and solar reflection panels that will save the university money on its heating bills. The first phase of the project is estimated to cost \$64.7 million and is scheduled to be completed by mid-summer of 2011.

## Noel Studio

Nestled in an often-overlooked area of the Crabbe Library, this new addition to campus is designed to give students a place to work on their personal communication skills. The building will feature a variety of video labs, where students can record their speeches and presentations and get immediate feedback on how they're doing.

"This is a one-of-kind type of facility," said McGill.

Construction on the Noel Studio began on Aug. 10 and was originally set to be completed in May of this year. Russell Carpenter, the studio's new director, said that date has been pushed back to the late summer, with the lab open for the 2010 Fall semester.

The delays, Carpenter said, stem from the university's attempts to salvage the original brick archways that framed the original 1924 structure. In addition, the building contained some asbestos, which needed to be removed or contained.

Other renovations have included the raising of the second floor, which will feature a Discovery Classroom, which will be a major element in the



RACHEL STONE | PROGRESS

Upon its completion—scheduled for mid-summer of 2011—the new science building will be the largest building on campus.

Noel Studio. "This classroom will be where orientation to the Studio will take place," Carpenter said.

## Performing Arts Center

This new 2,000 seat auditorium will be located across the bypass, near the Business and Technology Center and will enable the university to accommodate major national performances. "We'll be able to host major national popular music and any number of different performances," Street said. "Broadway acts, national orchestras, national plays, and much more. McGill added that the center will serve as a cultural hub not just for the university but for the eastern Kentucky region."

The performing arts center was originally slated to be finished in early summer of 2011.

Delays and changes to the original plan have pushed back the date, most likely to late summer in 2011, Street said. The total cost for the project stands at \$32.9 million.

The project also includes an entrance road from the bypass, additional space for storage and dressing rooms and additional parking. In addition, the center will have the ability to be converted to a smaller, more intimate stage, suitable for smaller theater productions, McGill said.

## Walters Hall

Across from Telford Hall and next to Clay Hall, this dorm was originally closed for basic renovations this past summer. But workers encountered some problems—mostly some brick walls that will have to be rebuilt because, when

they were built decades ago, they weren't constructed to today's building standards.

"Under that we had found more issues that had not been done correctly," Street said. "It was a surprise."

The original concrete under the brick was found to have been laid incorrectly. In addition, Street said problems with the building's plumbing, including major deterioration to the main sewer and corrosion to most other pipes in the building, had been found unexpectedly.

He said all damaged plumbing will be replaced. Other projects include replacement of the ceilings, floors, and walls. Street said the project, which costs about \$2 million, would probably be finished by this fall. Once the renovations to Walters Hall are finished,

Street said the rooms will offer quieter, insulated windows, new sinks, and more efficient lighting.

## Stratton Building Addition

This 25,000 square foot addition to the Stratton Building will provide a lot of new space for the College of Justice and Safety, which is located across the bypass. McGill said the project will feature a few unique architectural elements, including a covered breezeway that will connect the main building with the addition.

The project features an 80 seat classroom, two student training labs, distance education centers, and an additional 19 offices. The project, which costs \$5.5 million, is expected to be completed by summer of 2011.

# FEATURES

Kaylia Cornett, Editor

The Eastern Progress | [www.easternprogress.com](http://www.easternprogress.com)

Thursday, January 28, 2010 B1

## Local restaurant is Mecca for unrivaled wieners

Dale's Hot Dog Stand can concoct 'the perfect hotdog'

By **Traviss Witt**  
[progress@eku.edu](mailto:progress@eku.edu)

Besides a baseball game, there aren't many places to get a high-quality hot dog. You can go to Wal-Mart and purchase a pack, but the microwave instructions are always vague, and they never really turn out as delicious as you would hope.

You either end up gnawing on a cold, limp piece of meat, or it's far too hot to even consider placing in your mouth.

Luckily, there's a place right here in

Richmond that can prepare the perfect hot dog, in record time, complete with all your favorite condiments, for under \$2. This Mecca of frankfurter excellence is called Dale's Hot Dog Stand, and its wieners go unrivaled.

Located on the corner of 2nd and Main, Dale's Hot Dog Stand is cleverly situated within walking distance of Richmond's most popular bars.

Open until 2 a.m. every Wednesday, Thursday and Friday, Dale's is the perfect place to stagger for a mid-night snack.

In July 2009, the Richmond Chamber of Commerce named DHDS "Restaurant of the Month." The establishment is impeccably clean, and the menu is full of items rarely found in other restaurants.

They serve 100 percent all-beef franks, smoked bratwursts, walking tacos, Frito pies and what's referred



Dale serves up the best hot dogs on Main Street.

TREY BURKE | PROGRESS

to as a "dog bowl." This is essentially a bun-less hotdog in a bowl, which might sound bizarre, but don't knock it until you've tried it.

They slice a fully-cooked hot dog

into tiny slivers, toss it in a bowl with mouth-watering mild or spicy meat sauce, coleslaw, cheese, ketchup, relish and anything else you want them to add.

Not only does it require almost no effort to chew, you get all the flavor of a messy hot dog in a convenient, spill-proof bowl.

If you've only got \$6 to spend on lunch, but you want something to fill you up, take advantage of the best deal that Dale's Hot Dog Stand offers. For \$5.75 you can get two hot dogs, prepared with whatever you choose (including mild or spicy meat sauce), a bag of potato chips and a large beverage.

It's deals like this, on top of its spotless dining room, close proximity and the infamous "dog bowl," that make Dale's Hot Dog Stand your one-stop-shop for all things frankfurter.

BECOME A FAN!

<http://www.facebook.com/pages/Richmond-KY/Dales-Hotdog-Stand/104765587564>



## Wal-Mart shopping a torment

I was somewhere near Richmond when it hit me: "I should go to Walmart." I'm not sure why since I hate Walmart. It could have been because I was out of everything: deodorant, paper towels, toothpaste, soap, shampoo. I felt like there were children in Haiti living better than me at that point, and that's pretty much the only time I feel moved to go to Walmart because it is such a terrible experience for me.

Walmart is the busiest place on Earth. It's like Mardi Gras with shopping carts. It usually isn't unbearable if you just need to pick up a few things, but if you're like me you only go when you need everything, and that means you have to get a cart.

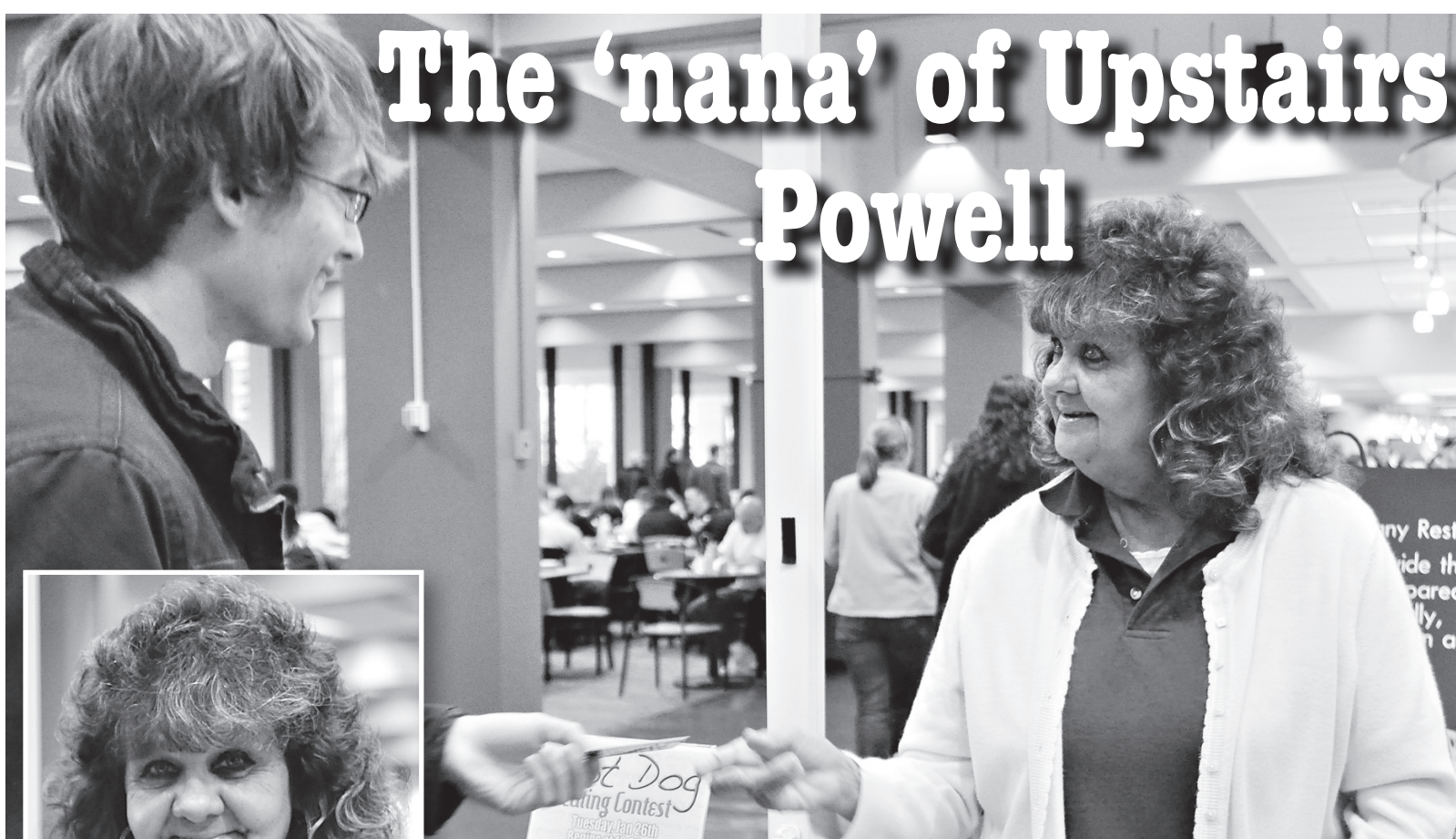
Shopping carts make you look just about as cool as someone wearing a fanny-pack. It is impossible to look cool and relaxed while pushing a shopping cart if you are a college student. I've tried everything to look natural nothing seems to do the trick.

It's also hard to find what you're looking for at Walmart because it's so big and there are so many things. Rand McNally couldn't navigate his way through that son-of-a-bitch if he had OnStar on his shopping cart. For me, it's easiest to walk in, and employ what I call the "left to right rule." Basically, I'll head left toward all the hygiene products and make a sweep through the store with a series of right-turns so I can hit the grocery aisle last, thus, minimizing my interaction with screaming kids and traffic jams.

In a particular trip, I tried to follow this system and get all of the soap, shampoo and deodorant needs taken care of first, so I didn't have to backtrack. However, my plan was soon thwarted when I stumbled upon a large woman in a blue Wal-Mart vest who was stocking the whole aisle - because 5 p.m. is a good time to do that on a busy day. So I had to maneuver my cart around the sea of people backward and abandon it in the makeup aisle, find all my things and go back.

Just as soon as I pull out of the makeup aisle into the main part of the store, I'm cut off by two of the largest land mammals I have ever seen and they have three kids with them. The couple not only walked side-by-side preventing anyone from passing them, but they also walked slower than a herd of sloths stampeding through peanut butter, while underwater. To make things worse, their bratty kids had to stop in front of everything they fixed their greedy little eyes on to ask for it and then cry hysterically when they were told "no." Through this time of despair I was able to recognize typical behavior and devise a system of rules that can make Wal-Mart a more pleasant experi-

See WAL-MART, Page B2



Eastern employee, Kathy VanWinkle famously shares smiles in upstairs Powell.

RACHEL STONE | PROGRESS

Ms. Kathy is on a mission to brighten Upstairs Powell with 'down home lovin'

By **Jessica Nicholson**  
[progress@eku.edu](mailto:progress@eku.edu)

When students come to college and experience life on their own, many often miss that sense of "home." Moms and grandmas aren't waiting in the dorms to greet students with freshly baked cookies and milk, or offer hugs and encouragement after failing a test. But, an Eastern dining services cashier is working to brighten up students' days one "hey girlfriend" at a time.

Kathy VanWinkle, or Ms. Kathy to many, is one of the first friendly faces to greet students when they walk into upstairs Powell. Her big smile and welcoming personality offers students a heaping scoop of "down home lovin'" that's always straight from the heart. Ms. Kathy, a Berea native, has been a cashier

for ECU Dining Services for three years.

"I love my job," Ms. Kathy said. "Everyone here is like family; it's not just a job to me."

With all of the hustle and bustle surrounding a typical day in the life of a college student, Ms. Kathy said one of her goals is to provide everyone encouragement and create a "home away from home" feeling to students.

"I see each person as their own individual," Ms. Kathy said. "I know it's hard for students to be away from their families, so I want them to feel welcomed and comfortable when they come up here to eat."

She attributes her loving personality and welcoming demeanor among students to her family: her husband, Harold, two daughters, Tammy and Shannon and her three grandsons, Tyler, Cameron and Dakota. On her days off, she said she enjoys spending quality "Nana" time with her grandchildren and taking them swimming. To listen to Mrs. Kathy interact with students on an everyday basis, you are bound to hear "hey girlfriend" in her sweet southern twang at least once in a conversation.

"I can't always remember everybody's name, so I say 'girlfriend' to students as a term of endearment," she said. "I think students really enjoy it and it makes them feel special."

Tiffany Rudolph, a communications major from Louisville, said seeing Ms. Kathy is the highlight of her day.

"I love to go to Powell and be greeted by Ms. Kathy, her smile and kind words help brighten my day and make things not seem so bad," Rudolph said.

A group of students decided to start a fan page

for Ms. Kathy on Facebook a couple months ago. The group has more than 220 fans and members post on the wall their favorite conversations from Ms. Kathy. One of the most common posts tells about the "magical" of a Ms. Kathy hug. Jacob Hollon, one of the fans wrote, "I've gotten a hug from Miss Kathy! It made paying all this money for school more than worth it!"

Another student, Amanda Marie Pierce, wrote, "I just got a Miss Kathy hug. It was amazing."

Ms. Kathy's outgoing personality and friendship is not only enjoyed by students, but by co-workers as well. Lore Cox, ECU Dining Services supervisor, said she really enjoys working with Ms. Kathy.

"Ms. Kathy is so sweet, she really makes students feel comfortable and that's [the way] (EQU Dining Services) wants everyone to feel when they come up here to eat," Cox said.

Part of Dining Service's mission in making students feel more comfortable has been the change of the menu and décor. She has also been a vegetarian for 32 years, and said she likes to visit the fresh salad bar and the new vegetarian station added in the redesign.

Ms. Kathy said she enjoys the upgrades, including the new jukebox added over the summer, just as much as the students.

"I always tell students 'welcome to the club' when they come up here because there's always a new song playing on the jukebox," Ms. Kathy said. "I just love it."

To become a fan and join the Facebook group for Ms. Kathy, just search "Miss Kathy" in the people and pages sections.

## Disney inspires volunteerism across the country

'Give a Day, Get a Disney Day' aids non-profit agencies, recruits help from the local communities

By **Maggie LaFleur**  
[maggie\\_lafleur1@eku.edu](mailto:maggie_lafleur1@eku.edu)

This year, Kermit, Miss Piggy and the rest of the Muppets are encouraging us volunteer our much-needed services to organizations all over the country. Walt Disney's project known as "Give a Day, Get a Disney Day" is dedicated to inspiring volunteerism across the United States, Canada and Puerto Rico.

Disney is working with the HandsOn Network of the Points of Light Institute, the largest volunteer network in the United States. The Points of Light Institute was founded in 1990 in the spirit of service inspired by former president George H. W. Bush's inaugural address.

HandsOn Network is the volunteer based branch of Points of Light, which has more than 250 volunteer centers reaching more than 83 per-



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cent of the nation's population and is affiliated with more than 70,000 non-profit agencies. These agencies vary in several different areas of interest, such as animals and environment, arts and culture, children and youth, community, education and hunger.

Near Richmond, groups can volunteer with Folk Circle Association in Berea, the Bluegrass Technology Center, Ronald McDonald House Charities of the Bluegrass, Lexington Habitat for Humanity, Hope's Hands Community Partnership, the Scott County Humane Society and many more.

They should also be on the lookout for coverage on Eastern organizations planning to take part in the program.

How does a volunteer/group sign up for "Give a Day, Get a Disney Day?"

First, go to [www.disneyparks.com](http://www.disneyparks.com). Click the link to "Give & Get in 3 simple steps." Step 1: Search and sign up. Step 2: Volunteer. Step 3: Redeem and celebrate. Disney's website walks through the process of signing up to volunteer with any desired organization.

Unfortunately, there is a



Humane Society



Muppets volunteer thier strings to the community

maximum of eight members per volunteer group. For groups larger than eight, each person is required to sign up separately to the same eligible volunteer activity while the spaces are available.

For more information about "Give a Day, Get a Disney Day," visit [www.disneyparks.com](http://www.disneyparks.com) or [www.pointsoflight.org](http://www.pointsoflight.org).

Practical advice for impractical feats

# 'So listen...I was wondering...can I have your number?'

What to do and what not to do when playing the field

By Kristie Hamon & Kaylia Cornett  
progress@eku.edu

"Can I...can I... so can I have it?"



There's a good chance you've been to a party, or perhaps some other social gathering, and just so happened to lock eyes with a good looking acquaintance across the room. The next step? Ask for their number.

MADtv's parody "Can I Have Your Number?" (which can be seen on Youtube) clearly depicts the steps not to take if one wishes to hook a hottie.

Dropping lines like "I just wanted to let you know the back of your head is ridiculous," probably won't make quite the right impression.

Or, begging to the point of desperation, mixed with awkward flattery, won't do much good either.

So, don't say anything remotely close to "can I please receive the secret code, that if entered telephonically, it will pass me through to you, which means it will be your beautiful ass number."

Just don't. If you want to succeed, follow the simple steps below.

**1.** Approach the person with confidence. Stand up straight, make eye contact and speak in a clear and confident

voice. Sounds easy enough, right? Introduce yourself and start a conversation relevant to both of you.

**2.** Perhaps, you could talk about how you know or don't know the host of the party and why you decided to come tonight.

A good tip here: Be yourself. Don't try to tell

some made-up story like "I'm an MMA fighter, so, I could totally protect you.

Just so you know." Or that "last year, my modeling agent told me I had such a beautiful face, and he got me on the front of Glamour." That will make you look superficial.

**3.** A sense of humor is important too—so try to keep things light and funny. For

instance, you might comment on something funny that someone is doing at the party.

Don't overshoot the mark and try to drop a cheesy pick up line or make a joke about yourself that just makes you seem like a total loser.

First impressions are important, and almost everyone agrees that they like their potential mates to have confidence in themselves.

**4.** The oldest trick in the book: Compliment them. The key here is to be honest and tasteful.

Instead of commenting on the amount of junk they have in their trunk, try to go for something more thoughtful, such as how the person has a great smile or has a great sense of humor.

**5.** Don't dominate the conversation. Instead, keep the focus primarily on them. And do your best to listen when they talk.

**6.** This is the closer. Let your new acquaintance know that you need to catch up with your friends.

Tell them how much you enjoyed talking to them. Then, simply hand your phone to them, already set up so they can add their number to your contacts; you don't even have to ask.

Because the phone was handed to them, perhaps they will be more likely to go ahead and type it in.

Immediately start a conversation with someone to the other side of you allowing them time to add their number, without an awkward silence.

Also, if you missed their name before, it is likely they will have entered it as well.

## WAL-MART : Rules for Wal-Mart shopping must be followed

Continued from Page B1

ence for everyone. Rule no. 1: If you are roughly the same size as a Buick Rendezvous and your wife is too, well, congratulations you've found your soul-mate, but don't walk side-by-side because nobody can get around the two of you.

Rule no. 2: If you have more than two children, and you must go to Wal-Mart, leave them at home. Let the middle child watch the youngest and take the oldest child with you so he can behold the horrors of Wal-Mart and pass the knowledge down to the younger two, it's better to prepare them for this stuff early on.

Rule no. 3: Don't cut anyone off if you know you're going to be walking slower than them, especially if you have broken rule no. 2, unless it's Christmas Eve.

Rule no. 4: Don't walk at a leisurely pace when people are behind you, you don't have to walk fast, just don't walk slower than usual, especially if you have broken rule no. 1.

After finding an alternate route around the walking funeral procession, I decided to look for paper towels. Naturally, being a guy I have no idea where paper towels are, so I decide to ask a friendly Wal-Mart employee.

His nametag said "associate," but the look on his face said "I'm busy, what the hell do you want?" After he told me where the paper towels were I began to make my there, passing five or so people on the way who didn't have carts.

They didn't even look at me, but that's perfectly fine, they were following rule no. 5: If you don't have a cart, you look cooler than everyone who has one. You don't have to speak to them, but if you do your tone should be slightly condescending or pitiful.

Finally, after an hour or so I found most of what I needed and decided to call it quits as compliant to rule no. 6: If you spend too much time in Wal-Mart, you may become "one of them." As I approached the front of the store, I saw what appeared to be a line for a roller coaster or an autograph signing. It was the checkout line.

Shopping at Wal-Mart is only half of the battle. The other half is surviving the checkout line and the idiots who occupy it—the customers. As I stood there behind my shopping cart, I noticed a woman looking over her foot-long receipt playing twenty questions with the cashier. She was in clear violation of rule no. 7: Don't check your receipt in the checkout line. The scanner is smarter than you and if something doesn't seem to add up right, don't make the rest of the line suffer, just take care of it when you get home.

Finally, after shelling out well over \$100, the greeter asked to see my receipt as if it were possible for someone to steal a shopping cart full of groceries and place them in Wal-Mart bags undetected. I obliged and walked to my car relieved that I had made it through another shopping experience at Wal-Mart in one piece, keeping in mind rule no. 8: Reflect on your experience so that you may learn and be more prepared next time.

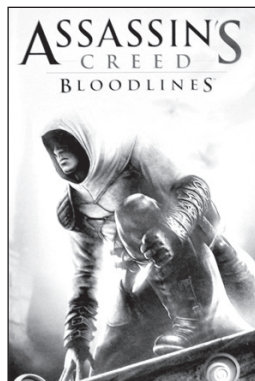
Shopping at Wal-Mart or any other large super store may be different for everybody. Some people don't mind. For me—it's dreadful. I would rather watch a puppy freeze to death on Christmas morning than go to Wal-Mart even twice a year. Keeping the rules in mind may make your experience a little easier. If you feel like you may be guilty of breaking more than three or four of these rules, then it's suggested that you do try to follow rule no. 9: Don't reproduce.

## Bargain gaming for the penniless

By Tristan Meiman  
progress@eku.edu

There have been some great games in the past few years. But usually with great games, comes a high price tag. And with today's economy, it's especially difficult for poor college students to dish out \$50 to \$60 for a good game.

Thankfully though, after a few months pass, prices drop and those amazing games many students have been raring to play become a lot cheaper. Three games in particular are Assassins Creed, Bioshock and The Orange Box.



### Assassins Creed - \$20 at Gamestop

Released in November 2007, *Assassins Creed* was revolutionary for its time, with the use of next generation graphics, as well as enhanced AI (Artificial Intelligence).

The game revolves around the Assassin Altair who is a member of a clan of assassins. The time setting is around 1191 A.D. as a part of the Third Crusade of the Holy Land. Your job as the assassin is to seek out corrupt men, helping to bring a quick end to the Crusades.

Altair is equipped with an array of weapons such as a basic sword, throwing knives, short blade and a hidden knife. What makes this game truly amazing are its surroundings. Almost any building in large cities can be scaled by planning and quick movements. The crowd as well plays an important role, as they are your cover and your obstacle. Simply running through a crowd will cause attention and can quickly alert the guards, leading to a long series of escape plots and attempts to find a hiding spot.

You can also blend in with the crowd to avoid being seen by wandering enemies. *Assassins Creed* can be downloaded via the Xbox Live Marketplace for \$30 and is available for \$20 at Gamestop.

### Bioshock - \$20 at Gamestop

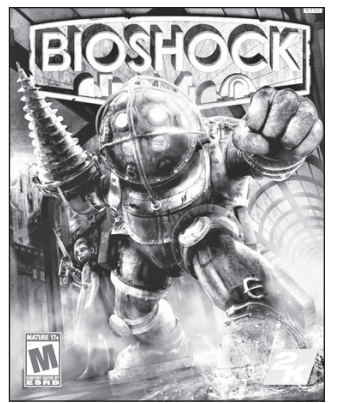
For gamers who like some horror in their life, *Bioshock* is a great game to start. Released in August 2007, you play as a character in 1946 whose plane has crashed in the middle of the Atlantic Ocean.

After swimming to what looks like a lighthouse out of no where, you begin to stumble upon the underwater city known as Rapture. As players move around Rapture, they begin to realize that something awful has happened there.

What's left of its citizens are crazed individuals known as "splicers," who will stop at nothing to see you dead. Your basic weapons consist of a monkey wrench and old 1940s firearms.

You also come across what are called "plasmids," which can give the host unique abilities, such as electricity, fire, telekinesis, etc. This game will certainly keep you on the edge of your seat as you explore what was once left of a prosperous city.

The sequel (*Bioshock 2*) is set to release on Feb. 9. This would be a good time to pick up *Bioshock* so you have an idea of what to expect in *Bioshock 2*. *Bioshock* can also be downloaded via the Xbox Live Marketplace for \$20 and is available for the same price at Gamestop.



### The Orange Box - \$20 at Gamestop

This game, out of the others, is quite possibly the best bargain. Released in October 2007, designers at Valve gave gamers five games in one. The five games are Half-Life 2, a first-person shooter (the standalone expansion); Half-Life 2, episodes one and two; Portal (a first-person puzzle game) and Team Fortress 2 (an online multi-player, first-person shooter).

Half-Life 2 puts players in a world run by a powerful regime. Citizens are constantly watched by militia and are restricted from doing anything, but work. Players are members of a small rebellion set on ending the regime and to rebuild their society.

This game is full of twists and turns and will keep a gamer busy as they discover secrets that the government has been hiding from the people. Portal is a first-person puzzle game that challenges your mind in order for your character to survive. You play as a test subject for a science company, testing new "portal making" devices. This game is fairly well known for enticing gamers to continue to play.

Lastly, there is Team Fortress 2, a much awaited multi-player, first-person shooter, like its prequel, Team Fortress. The game offers different playing styles, such as capture the flag, king of the hill and the basic effort to wipe out the other team. What makes it such a great game is that each different character has a unique purpose.

There are characters such as the sniper (for long range support), the scout (for fast movement and infiltration of the enemy base), the heavy (who operates in large weaponry), etc. A small payment of \$20 for five games is a bargain no gamer would want to pass up. You can pick up all these games, in one, for \$20 at Gamestop.



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- Sarah Kaufman
- Amanda Kidwell
- Megan Morris
- Chloe Thompson
- Alex Zilliox

### Rush Dates Spring 2010

- Feb. 2nd @ 9:00 pm - McGregor Lobby - Dress
- Feb. 3rd @ 5:00 pm - Martin Lobby - Casual
- Feb. 4th @ 9:00 pm - McGregor Lobby - Casual
- Feb. 9th @ 9:00 pm - Martin Lobby - Casual
- Feb. 10th @ 5:00 pm - Martin Lobby - Casual
- Feb. 11th @ 9:00 pm - McGregor Lobby - Dress

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Thursday, January 28, 2010 B3



CHI ZHAO | PROGRESS

ABOVE: A group of guitarists entertain students and faculty during the Critical & Creative Thinking and Communication Showcase sponsored by the Office of Quality Enhancement Programs on Monday in Powell.

LEFT: Austin Deal, a sculpture and ceramic major, displays his pottery skills during the showcase Monday.

BELOW: Students Steven Jackson and Micah Goff make their way through their plate of hot dogs during a hot dog eating contest Tuesday in Powell.



CHI ZHAO | PROGRESS



CHI ZHAO | PROGRESS

## WORSHIP DIRECTORY

### Church of Christ

461 Tobiano Dr. (Go 1/2 mile past I-75 on Eastern By-pass. Take Goggins Ln. 1 mile to Paso Fino Dr. Go Right on Tobiano Dr. Church is on the left.)  
 Sunday 9:30 & 10:20 a.m.; 6 p.m.  
 College Bible Study: 7 p.m. Wed.  
 Ride: 893-4422  
[www.UnivChurchofChrist.org](http://www.UnivChurchofChrist.org)

### Cornerstone Baptist Church

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 100 Cardinal Dr. (Just off Goggins Lane)  
 Phone: 623-3373  
 Pastor Greg Carr  
 Sunday Morning Small Groups: 9:20am  
 (Classes for all ages)  
 Sunday worship: 10:30 am  
 Wednesday night: 7pm  
 (Small groups for children & youth)  
[www.cornerstonerichmond.com](http://www.cornerstonerichmond.com)

### Episcopal Church of Our Saviour

EKU students bible study and Holy Eucharist: Mondays, 5:30 p.m.  
 Holy Eucharist: Sundays, 8:30 a.m. and 11 a.m.  
 Godly Play Church School, Adult Forum: Sundays, 9:45 a.m.  
 Evening Prayer: Wednesdays, 7 p.m.  
 The Rev. Richard Burden  
 2323 Lexington Road  
 859.623.1226  
[our\\_saviour@bellsouth.net](mailto:our_saviour@bellsouth.net)  
[oursaviourky.org](http://oursaviourky.org)

### First Baptist Church

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 425 Eastern By-Pass (behind Qdoba)  
 Sunday Worship: 8 a.m., 11 a.m., & 6 p.m.  
 Bible Study: 9:40 a.m.  
 Wed. Bible Studies: 6 p.m.  
 For more information e-mail: [jeff.prosser@firstbaptistnet.com](mailto:jeff.prosser@firstbaptistnet.com)  
 Office: (859) 623-4028  
[www.firstbaptistnet.com](http://www.firstbaptistnet.com)

### First Presbyterian Church

330 West Main Street  
 Phone: (859) 623-5323  
 Sunday Worship: 11 a.m.  
 Free Wed. Dinner: 6 p.m.  
[www.richmondfirstpres.org](http://www.richmondfirstpres.org)

### First United Methodist Church

401 West Main Street  
 Across from Lancaster and Main Street  
 Pastor: Gene Strange  
 Sundays  
 Worship: 8:30 & 10:45 am  
 Small Group: 9:40 am  
 Mosaic-A ministry for 20-some-things: 5 pm  
 Wednesdays  
 Meal: 5:30 pm  
 Small Group: 6:30 pm  
 For more info contact Stacy Jordan at: [youngadults@richmondfumc.org](mailto:youngadults@richmondfumc.org) or visit [www.richmondfumc.org](http://www.richmondfumc.org)

### Journey Community Church

1405 Barnes Mill Road  
 Rev. R.G. Morrin (Pastor Bob)  
 624-9878  
[www.journeycomm.org](http://www.journeycomm.org)  
 Pastor Bob: [bmorrin@juno.com](mailto:bmorrin@juno.com)  
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 1st Sunday "Pot Luck Fellowship Meal" following worship.  
[Jacoddlee@hotmail.com](mailto:Jacoddlee@hotmail.com)

### Red House Baptist Church

2301 Red House Rd.  
 (Hwy 388) North of Richmond  
 Phone: (859) 623-9471  
 College/Career Study: 9:30  
 Sunday School: 9:30  
 Sunday Worship: 10:45  
 Evening Worship: 6 p.m. Mid-week evening  
 Meal 5:30 p.m.  
 Prayer Meeting & Study 6:30 p.m.

Preschool/Children & Youth  
 Activities 6:30 p.m.  
 Email: [rhbc@redhousebc.com](mailto:rhbc@redhousebc.com)  
[www.redhousebaptistchurch.org](http://www.redhousebaptistchurch.org)

### Richmond Church of Christ

1500 Lancaster Ave.  
 Sunday Bible School: 9 a.m.  
 Worship: 10 a.m.  
 Sunday Night Service: 6 p.m.  
 Wed. Free meal for students 5:30 p.m. Service: 7 p.m.  
 College Class: Sun. & Wed.  
 Colonels for Christ: 8:45 p.m. on Thursdays at 316 University Drive (on Campus)  
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[richmondccc@richmondcc.org](mailto:richmondccc@richmondcc.org)

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## STUDENT SPECIAL

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# Turnovers costly in Lady Colonels' loss

By Keith Ritchie  
randal\_ritchie@eku.edu

Busses full of Eagles' fans made their way westward on Interstate-64, to McBrayer Arena Saturday as Morehead (14-7, 7-2 OVC) took on the Colonels (9-10, 5-4 OVC).

Second-year-coach Chrissy Roberts didn't flinch. "We addressed it like any game," Roberts said. "We try for the same focus and intensity."

She did acknowledge the spiked attendance for the in-state rival, however downplayed the observation may have been.

"For the fans, it's a big one," Roberts said. "For us, every game is a big one."

The Colonels charged back from a 17-point deficit in the second half, but the Eagles beat the Colonels, 59-58.

Turnovers and poor free-throw shooting didn't help the cause. Eastern committed 22 turnovers, compared to Morehead's 14, and shot just over 57 percent from the foul line.

Eastern began the game with a 9-3 run, but Morehead turned up the heat with three-point shooting to take a 33-28 lead into the locker room at half time. The Eagles shot 5-of-18 from beyond the arc in the first half.

The Colonels had a hot hand in the first half. Eastern hit 52 percent of their shots.

Eastern had a hard time holding onto the ball, committing 12 turnovers before half time. The miscues would prove costly in the second half.

Morehead began the second-half on an 11-2 sprint, partly thanks to five Eastern turnovers in the first five minutes.

With 14:31 on the clock, Morehead's Chynna Bozeman drained a three-pointer to push the Eagle lead to 17.

And then it happened.

The Colonels answered with a 10-0 run, chipping Morehead's lead to seven, 49-42, with 12:09 remaining.

After giving up five points, the Colonels tacked on another eight straight. Freshman guard Shakeyia Colyer hit three free throws, bringing the deficit to four, 54-50, with 4:37 left in the game.

With 15 seconds left, freshman forward Alex Jones' lay-up gave Eastern a 58-57 lead. It was a part of a 16-3 Colonel sprint-to-the-finish-line-style run.

The Eagles' Tiffany Hamilton hit a shot with 17 seconds left to retake Morehead's lead.

That's not to say Morehead could breathe easy in the final seconds. The Colonels missed two what-could-have-been game winners in the final three seconds.

Jones led the Colonels in scoring with 15 points and 7 rebounds. Colyer scored 14 points.

Freshman forward Michaela Kleist recorded her first double-double, with 12 points and 12 rebounds.

"Morehead's one of the top two teams in the league," Roberts said. "If our kids can show that fight down the stretch, we'll be ok."

The Colonels travel to Clarksville, TN to take on Austin Peay on Thursday at 6:15pm. With a 6-3 OVC record, the Governors are in third place, just above the Colonels.

"We can use the Morehead game as a motivator," senior forward Colette Cole said. "If we show up and play like we did at the end of last game, we should pick up a win."

It won't be easy, though, as the Colonels post a 3-5 record on the road, and Austin Peay has won its last 4-of-5 games.

Eastern will travel to Nashville to play Tennessee State on Saturday. Tip-off is 6:30pm.



BRANDON BURTNER | PROGRESS

Cherie White drives the ball past a Morehead defender during Eastern's 59-58 loss. White finished the game with five points and five rebounds.

## Colonels look to win on the road

By Langdon Barnes  
langdon\_barnes20@eku.edu

The Colonels look to get back on the right track by traveling to Austin Peay and Tennessee State. Eastern will play Austin Peay (11-10, 5-4 OVC) on Thursday the 28 at 8:30 PM.

The Colonels beat Peay earlier in the season 76-71.

Eastern shot better than 47 percent from the field and hit 12-of-27 (44.4 percent) from behind the arc.

Senior Josh Taylor led the Colonels with 19 points and eight rebounds. Dayvon Ellis came off the bench to score 12 points and dish out five assists.

"Dayvon came off the bench and just gave a spark," Head Coach Jeff Neubauer said. "The guys that come in and contribute have really added so much to our team."

Sophomore Anthony Campbell led the Governors with 22 points in the loss. Campbell is averaging 15.6 points per game but did not dress in their last game, a 66-64 loss against Jacksonville State.

Austin Peay's leading scorer is Senior Wesley Channels. Channels is averaging 16 points while hitting 40.6 percent of his threes on the season. He scored 17 points in their first meeting against the Colonels.

The Governors outscored Eastern 48-22 in the paint but shot 8-for-22 (36.4 percent) from the field in the first half and trailed 41-24 at halftime.

An interesting fact is that the Colonels beat Austin Peay to win the OVC championship four years ago. In that game Josh Taylor hit

the winning shot with 2.4 seconds remaining as a freshman.

"It was great to make it to the NCAA tournament," said Taylor. "I was able to hit the shot to win the game and it was a great experience."

The Colonels then travel to Tennessee State (4-17, 1-8 OVC) to take on the Tigers on Jan. 30 at 8:30 PM. Eastern won the battle 79-71 earlier in the season.

"Tennessee State played very well in this game," Neubauer said. "We won a game against a team that was really fighting and competing."

All five starters scored in double figures for the Colonels. Taylor scored 17, Stommes 16, Oppong 14, Spencer Perrin 14 and Joshua Jones had 13.

The game was tied with 2:37 remaining before Eastern forced two turnovers to pull away.

Perrin had two late steals that lead to five Colonel points as they took a 70-65 lead with 1:35 to play.

Junior Josh Sain lead the Tigers with 13 points. Sain is their leading scorer with 14.7 points per game.

Tennessee State has three players that average over nine points in Jacquan Nobles (10.2), Robert Covington (10.1), and Wil Peters (9.1).

The Tigers have lost four straight games and nine of their last ten. Tennessee State plays an up-and-down and runs a full court press for most of the game.

"They did press us for most of the game and our guys handled the ball very well either know we had to face 36 minutes of full court pressure," Neubauer said.

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# This week in sports



**Thursday & Saturday, Jan. 28/30**  
Men's basketball at Austin Peay and Tennessee State - 8:30 p.m.



**Thursday & Saturday, Jan. 28/30**  
Women's basketball at Austin Peay and Tennessee State - 6:15 p.m.



**Saturday, Jan. 30**  
Men's tennis at home against Southern Illinois - 1:00 p.m. and 5:00 p.m.



**Friday & Saturday, Jan. 29/30**  
Men's tennis at home against Southern Illinois - 3:00 p.m. and 9:00 a.m.



**Friday & Saturday, Jan. 29/30**  
Men and Women's track McCravy International in Lexington

## Tennis team aced in opener

**By Nick Johnson**  
nicholas\_johnson33@eku.edu

The Eastern Kentucky University women's tennis team entered the spring 2010 season as the defending OVC champions. But with two losses on the opening weekend of the season, Head Coach Rob Oertel knows his young team needs to improve and grow.

"We need to play a lot of tennis," Oertel said. "Our whole schedule before OVC play is about us getting better and ready to compete in conference."

The Colonels (0-2) lost their opener on Friday at the University of Louisville 7-0.

The Cardinals (4-0) won every singles match in straight sets. Louisville also won all three of the doubles matches.

Eastern's home opener against East Tennessee State brought similar results. The Colonels lost to the Bucs 7-0.

East Tennessee (1-0) was able to win five of the singles matches in straight sets. Colonels senior Anais Hamel won the first set of her match against Andra Voinea 7-6, before losing the second set and the tiebreak 6-3 and 14-12.

As the Colonels only senior, Hamel is expected to be a strong leader for the team.

"Anais just pours her heart into tennis, whether it's practice or the matches," Oertel said. "Her heart and her spirit and attitude are why she was voted to be the team's captain. She just plays at such a gutty and gritty level. And that is what we need her to do."

The weekend also allowed the newest Colonels an opportunity to adjust to Division I tennis.

Freshmen Jessica Albuquerque, Esmira Gheisary and Catarina Branco all played during the weekend.

Gheisary earned singles experience on Saturday against East Tennessee and Branco competed in singles against Louisville on Friday and doubles in both matches.

Albuquerque played both matches as number one in Eastern's lineup. Oertel said Albuquerque could handle the pressure of playing against each team's best player.

"It's a tough spot for any freshmen to play," Oertel said. "But I saw a lot of good things in Jessica's game. She has big time ball-striking ability, she's strong around the net and I see a lot of good things there. Of course there is room for growth and improvement. You have to have a well-rounded game to achieve success. But she is on her way."

The Colonels next match doesn't get any easier.

Eastern will host Marshall at 3 p.m. Friday at the Greg Adams Indoor Tennis Center. The Thundering Herd is ranked 66th in the Intercollegiate Tennis Association rankings and feature one of the best players in the country. Michaela Kissell is 35th in the ITA singles rankings and is ranked 14 in the country with Dominica Zaprazna in doubles.

"Marshall is a great team," Oertel said. "They are probably the best team we have coming to our place this season."

On Saturday the women's team will start an all day triple-header at Eastern. They will play Southern Illinois at 9 a.m., and then the men's team will play two matches starting with Southern Illinois at 1 p.m., and then Union College (KY) at 5 p.m. Union finished last season ranked 10 in the final NATA men's tennis poll.

"Our men's and women's teams are playing good competition," Oertel said. "We just need to continue to learn and grow from our play and not worry about our record until conference play begins. It's about us getting better and winning OVC titles. That's the important thing."



TREY BURKE | PROGRESS

Myriem Mhirit returns a ball during a match this past weekend against the University of Louisville.

# Morehead snaps winning streak

**By Langdon Barnes**  
langdon\_barnes20@eku.edu

Eastern Kentucky dropped their first game in over two weeks in a 69-53 loss against Morehead State Saturday night.

The Colonels (14-7, 6-3 OVC) shot only 32 percent in front of 5,600 fans at McBrayer Arena. The loss snapped Eastern's 19 game home winning streak.

The Colonels only lead of the game was 4-3 within the first minute of action.

Morehead State (14-6, 8-1 OVC) started the game on a 16-5 run to settle down the raucous crowd. Eastern clawed back into it by forcing turnovers and finishing on their offensive positions. The run included a one-handed slam by Justin Stommes on the fast break.

The Colonels cut the lead to one at 30-29 with 18:31 remaining on a Willie Cruz layup. The Eagles Preseason OVC player of the year Kenneth Faried threw down one of his four dunks on the next possession to stop Eastern's run.

The Colonels went down 54-37 with just under nine minutes left in the game. Eastern then scored 10 straight points to pull within seven with 5:25 left.

Morehead then went on an 8-2 run and hit 11-of-12 free throws to close the game.

The Colonels were lead by Senior Papa Oppong's 14 points. Oppong has averaged 14.2 points over his last five games.

"Papa has been so good in transition," Head Coach Jeff Neubauer said. "He has been coming up with steals and became such a good decision maker on the run. He's been very efficient and patient and taking the right shots."

Sophomore Joshua Jones added 11 while Stommes scored nine before going out late in the game with an injury.

Eastern shot 17-of-53 from the field, including 6-of-22 (27.3 percent) from behind the arc. They were out-rebounded 38-22 for the game.

Morehead was led by Faried's 20 points and 16 rebounds. He was 8-of-11 from the field.

Morehead State now has won ten straight games and 5 of their last 6 against the Colonels.

The loss put the Colonels two games behind Morehead for second place in the OVC standings. Murray State is a perfect 10-0 in OVC play on the season.

"Playing in the OVC is tough," Faried said. "The teams are talented. Any team can come in and beat you. We know we are going to be in a good game every night and we had to be tough minded when we go on the road."

Eastern will get another crack at Morehead later in the season on Feb. 27 at Morehead.



PHOTOS BY SONYA JOHNSON | PROGRESS

Top: Spencer Perrin, right, attempts to block a shot against Morehead during Eastern's 69-53 loss on Saturday.

Bottom: Eastern students show their pride for the Colonels. Official attendance was 5,600, the largest home crowd this season.

## Back to track for Colonels

**By Stephen Hauser**  
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The men and women's track teams travel to Lexington for the second time in a month, this time competing in the University of Kentucky's Rod McCravy Invitational on Jan. 29 and Jan. 30.

The teams will face very tough competition in the likes of Mississippi State, Tennessee, Vanderbilt, Michigan and Illinois.

Chris Rengifo, senior distance runner, said that he didn't care about those other teams.

"We don't care who is there," Rengifo said. "We are going to go out there and try to do our best."

Freshman sprinter Bianca Forbes was named OVC Female Track Athlete of the week for the week of Feb 19. Her performance at the University of Kentucky Invitational clinched the honor.

The men and women's teams are coming off of a one-week break from competition.

Coach Rick Erdmann said that he believed that the team would benefit from the week off.

"It has allowed us to a couple good workouts,

which helped improved our all around fitness," Coach Erdmann said. "I hope to have one or two more strong workouts before the meet."

Senior Maria Doerger, said that she believed that she would benefit from the extra week off. She said that she enjoyed having that extra week off.

"Every other week from racing is good," Doerger said.

Doerger said that she felt that the extra week off also allowed her more time to focus on the areas that needed improvement. And competing at the invitational will help push her to the best of her abilities.

"I need to work on staying with the pack of racers," Doerger said. "I need to develop a stronger mental game for the last lap that will not allow myself to go give up instead to keep on fighting. I also need to have a stronger kick at the end of the race."

Rengifo also said that the extra week off allowed himself to focus on a few key areas. "I was able to do more core exercises that will allow myself and the rest of the team to get stronger," he said.

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# No track, no problem



Seniors Abigail Love (left) and Sondra Nieporte (right) train on treadmills in the fitness center due to lack of training facilities for the track team.



TREY BURKE | PROGRESS

## Lack of indoor training facilities frustrates athletes

By Nick Johnson

[nicholas\\_johnson33@eku.edu](mailto:nicholas_johnson33@eku.edu)

To say that Rick Erdmann has built a successful track program at Eastern is like saying Peyton Manning or LeBron James are just decent athletes. Or Krispy Kreme is better than Dunkin Donuts.

In his 30 season as the coach of Eastern's cross country and track programs, Erdmann has racked up more trophies than any other coach in the Ohio Valley Conference, winning 17 championships in track, with eight of those coming in indoor track.

But despite its dominance over the years, Eastern's track team has an odd distinction going for it: the team doesn't have any real indoor training facility where its athletes can practice.

"We do what we can with the indoor program," Erdmann said. "We have been very successful, but I would be lying if I didn't say we could do better."

Under Erdmann, a 2007 inductee into the Kentucky USA Track and Field/Kentucky Track and Cross Country Association Hall of Fame, the women's and men's indoor track teams have won four conference championships each. The men's team most recently won the 2008 OVC Men's Indoor Track and Field Championship.

Even with the success the program has seen, the lack of an indoor training facility can be more than frustrating.

"We have gone away from competing in some of the indoor field events and focused on the long distance events," Erdmann said.

For safety and other reasons Coach Erdmann has made the move away from some field events such as the high jump and pole vault during indoor season.

"These can be dangerous events if we send a kid out there with no practice," Erdmann said. "And I don't want someone trying to train for the pole vault in the middle of January with ice and snow everywhere."

Erdmann and Assistant Coach Tim Moore, a 2009 inductee into the Kentucky Track and Cross Country Hall of Fame, are the only two full time coaches for the Colonels.

"So ultimately we are giving away points by not competing in those events," Erdmann said. "But we try to stay positive and focus on the distance events. We try to focus on the toughness we can build running outside."

The forced strategy of focusing on the distance running events isn't a complete sacrifice considering the large number of strong distance runners on the men's and women's cross country and track and field team. Along with the success of the indoor and outdoor track teams, Eastern has won 39 OVC cross country championships.

"Whatever we can't get accomplished inside, we can accomplish running outside," Erdmann said. "It builds mental and competitive toughness."

While the Moberly building offers student-athletes a great place to work out, it isn't exactly for everyone all the time.

"The Rec center is great to use," Junior Kat Pagano said. "It's great to cross-train in; I'm just not a fan of running on a treadmill. I would rather run outside, no matter what."

Pagano, who took third place in the 3000 meters and fourth in the 5000 meters at the 2009 OVC Indoor Track and Field Championships, says that the exposure to the elements year-round is exactly what makes Eastern a strong team.

"A big reason why we are so strong in cross country is because we fight the elements all year," Pagano said. "That mentality can make us a strong track team as well."

But the lack of an indoor facility has had an effect on Eastern's overall dominance of the OVC. Schools like Eastern Illinois, Tennessee State, and

Love and Nieporte are just two of the 54 runners on the track team. The Colonels do not compete in pole vaulting and the high jump, resulting in points lost during events.

Southeast Missouri State have joined the Colonels at the top of the OVC indoor track standings. These schools not only have the ability to train for track and field events indoors; they also have nice enough facilities to host their own indoor meets.

Eastern Illinois, for instance, especially reaps the benefits of having a multi-sport training resource. The Lantz Arena complex on EIU's campus encompasses the school's basketball and volleyball arena, the student recreation building, the Ray Padovan Pool, as well as the Lantz Indoor Fieldhouse. The Fieldhouse serves as the home for Eastern Illinois' indoor track team, and is also used as a practice facility for the schools other sports programs.

Eastern Illinois has hosted the OVC Indoor Championships six times in the last 13 years.

The facility will also host this year's National Junior College Athletic Association Indoor Track and Field Championship.

Eastern Illinois has won two women's and eleven men's indoor OVC championships. The men's team has

won 8 of the last 9 conference championships.

"We haven't formally talked about building a facility," Eastern's Director of Athletics Mark Sandy said. "But of course we have looked at how beneficial an all encompassing athletic fieldhouse would be for the entire athletic department as well as the university."

Sandy said a new facility would allow the university to be stronger in indoor track and field and would also help in recruiting for other sports at the university. But he acknowledged that with the state's budget woes, there was little chance the school or state would be able anytime soon to pay for such a facility. The project would need to be driven by private donations.

With a new facility not likely sprouting up anytime soon for the Colonels, the team will just continue to compete the only way they know how: going outside and dealing with the elements.

"Yeah it might suck sometimes to run outside when the snow or wind are smacking you in the face," Pagano said. "But we just have to suck it up and push forward because that makes us tougher. That makes us stronger."

"The only reason I would really want an indoor facility would be so we could host meets. Other than that I don't really care. You can't use training facilities as an excuse. We work with what we have. If you have a positive attitude and dedication, you can go anywhere. I really believe that."

Darren Zancan



## Another Cinderella story, or three

*Meet the Parents* was on television this weekend. One of the funniest scenes in the movie takes place in a pool. Ben Stiller is taking part in a rousing game of water volleyball. Everyone around him realizes he is about as good at volleyball as Ben Affleck is an actor.

So Stiller spikes the ball, and in all his glory, gloats, as if he just won the match for his team. Instead he gave his soon to be sister-in-law, a bloody nose.

If you have seen the movie, you'd know Stiller goes on a ridiculously bad streak of unfortunate accidents.

If you have seen any of our sports teams play recently you would know three of them have been a part of some ridiculously, amazing streaks.

The football team had the second longest non-losing streak (snapped this year) in all of college football. Only Florida State fared better. The Colonels went 31 years between losing seasons.

With the amount of parity in college sports these days, a statistic like that is impressive.

The men's basketball team reeled off 19 straight home wins dating back to December of 2008, breaking a record set during the 1990-91 season.

They had the sixth longest streak in division one basketball before losing to Morehead State this past week.

With Mike Rose gone from the team, there were question marks heading into the season, but with a solid record and familiar faces stepping up, the Colonels have another shot to make a run to the NCAA Tournament.

The team I really want to focus on is a team that went under the radar most of the year.

In fact, they are my early picks for the 2009-2010 Darren Zancan Team of the Year award. Ok I just made it up, but with my creative thinking, I just decided two columns from now will in fact be the first half of the year awards given out to the best of the best at Eastern.

They lost 13 games in a row to start the season. During that 13 game losing streak they lost 27 of 28 matches. They also suffered a three game losing streak. An OVC tournament spot looked completely out of reach.

I'm talking about the women's volleyball team in case you sat there with a dazed look in your eyes.

The odds had to be somewhere close to a million-to-one to get into postseason play.

The Lady Colonels would have to win four straight conference games, including a match against 16-0 in conference, Jacksonville State.

In my mind, the girls would have phoned it in and called it a season.

But again we are not talking about the average team. This group of girls never gave up.

I talked to senior Lindsey Loescher this week and she said that this was one of the best groups to be a part of because they never gave up. Even after losing 13 straight, hope was still in the air.

The team believed they could make it to the postseason, even when Jacksonville State was poking fun at the Lady Colonels on the court.

According to Loescher, Jacksonville State felt as if Eastern did not belong on the same court.

They did. They do. And Eastern won.

The volleyball team would fall in the first round of the OVC tournament, but they deserve the respect and praise they earned.

You earned my respect.

One school may experience one Cinderella story a year.

We had three.

# Colonel Corner

Q&A with Lindsey Loescher

By Darren Zancan  
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Lindsey Loescher transferred to Eastern two seasons ago. During a recent phone conversation, she talked about praying before a game, the team's "Cinderella" run and respect in women's sports.

**Q: You had two great seasons at Eastern, what attributed to that?**

A: It had a lot to do with wanting to play well for my coaches. I am close with my coaches. Also, a lot of the OVC teams have really good players, so going out and competing against

them, is the reason I play volleyball.

**Q: Can you explain the position you play, outside hitter?**

A: Outside hitter has the option to play backcourt as well. Normally they are one of the go to hitters, because it is the easiest set for the setter. In case passes are not there, they can set it to the outside. We tend to run slower balls on the outside.

**Q: Do you think women's volleyball gets enough respect?**

A: I think we get some respect, but not as much as we would like to. I don't think we get as much respect

as other sports. Volleyball isn't as popular and since we were not winning, that can be a factor.

**Q: Your team went on a "Cinderella" run to end the season. How did it feel?**

A: It was unbelievable. Against Jacksonville State we just went out and had fun. It was a blast. That was one of the best games to be a part of. No one believed it. Beating an undefeated conference team and getting into the tourney was an awesome way to end my career here.

**Q: What gets your adrenaline and mind going before a game?**

A: Music. We listen to upbeat music before a game. After that we pray.

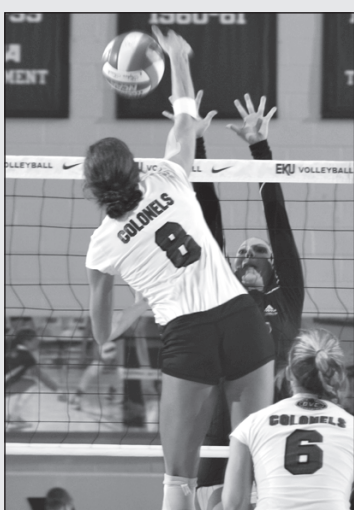


PHOTO SUBMITTED

Lindsey Loescher was the second highest scorer this past season.