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RUNNING UNNOTICED

The Colonel cross country squads have had great success over the last decade, but still come up short in national recognition. B6

SPORTS

OUT FOR BLOOD

The 11th annual Red Cross Blood Drive will get pumping Tuesday in the Powell lobby. B5

ACTIVITIES



WEATHER

TODAY High 75, Low 52, partly sunny
FRIDAY High 60, Low 47, partly sunny
SATURDAY High 57, Low 38, showers



THE EASTERN PROGRESS

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Boycott draws large crowd

By MATT McCARTY
Managing editor

At the Powell Cafeteria Tuesday, students were eating Big Macs, Chicken Burritos, pepperoni pizzas and a ham sandwich with vegetables and a sweet pumpkin tart.

No, it wasn't the usual meals present at the cafeteria during Tuesday's boycott, which students said was necessary because of the cafeteria's high prices.

More than 100 students attended the boycott, which was organized by

three student leaders — Molly Neuroth, Natalie Husband and Kristi Hester.

"We're very satisfied," Neuroth said. "There are more here than we thought would attend. It shows how every one feels the prices are too high."

Students, however, can avoid



Greg Hopkins says "consider a board plan."

paying high prices for food à la carte by purchasing one of the four meal plans, Director of Food Services Greg Hopkins said.

The least expensive plan gives students 19 meals a week at a cost of \$3.04 per meal. The highest priced plan offers 10 meals a week for \$4.25 per meal.

"If it was really a problem with price, these people would consider a board plan," Hopkins said Tuesday.

Students, however, said the problem was they couldn't eat at the cafeteria enough to consider the

plan, primarily because of limited times the cafeteria is open.

"I could not be forced to eat dinner at certain times," Neuroth said. "It's after 9 (p.m.) sometimes before I eat."

The cafeteria's meal plan is available from 11:30 a.m. to 1:30 p.m. for lunch and 4:30-6:30 p.m. for dinner.

It wasn't just protesters who said prices were high. One cafeteria customer, Elizabeth Bargo, said she



Progress/ MATT McCARTY

Students boycotted the Powell Cafeteria by bringing their lunch.

SEE BOYCOTT, PAGE A8

Richmond passes rules for a.m. clubs

By JANNA GILLASPIE
News editor

Pat Abrams, part owner of The Silver Star located on Main Street downtown, said she doesn't know how a new city ordinance approved Tuesday requiring private clubs to obtain an occupational license will affect the Silver Star's private after hours club.

The ordinance adding to the occupational licensing regulations ordinance will regulate area establishments opening and operating after hours night clubs.

Existing clubs like Abrams' and The Cherry Pit on Second Street will not be affected by the ordinance. Ed, Worley, city manager, said in the commission meeting Tuesday, the ordinance was not retroactive and would not affect existing private clubs.

Several arrests and altercations have been reported after midnight in downtown Richmond, when private after hours clubs are in full early-morning swing.

Abrams said she does not make any profits from keeping the room open after midnight, when area public businesses must close.

"It's more like a game room," she said.

Abrams said most of the members of the private club are second shift workers who come in after 11 p.m. and wouldn't otherwise have anywhere to go. There are also many Eastern students who are members.

The club does not sell liquor, soft drinks or any type of food. Abrams said, "We don't even sell gum."

Abrams says her establishment already follows the guidelines set by the ordinance, including keeping a roster of members and selling

SEE ORDINANCE, PAGE A8

PUMPKIN PICKING



Kelly Tipton, of Berea, tries to select the perfect pumpkin at Fall Harvest Saturday at Alumni Coliseum. Tipton was one of many Madison countians who didn't let the rains spoil the day.

Progress/ MARIE MOFFITT

Todd-Dupree violations higher

Reports in co-ed dorms twice that of other residence halls

By LANNY BRANNOCK
Assistant news editor

Violations of university policies in the residence halls are not an everyday occurrence. A co-ed gets written up for a violation once every 10 days in Telford Hall and once every seven days in Keene Hall, according to 1994 figures.

But not in the Todd-Dupree area. During the 1994 fall semester, there were 64 violations of universi-

ty policy in the Todd-Dupree area, or one violation every other day, according to figures released by Betsy Bohannon, administrative assistant in judicial and disabled services.

One of the reasons for such high numbers from the Todd-Dupree area is more students tend to commit violations in the co-ed situation.

"You have a much better chance of getting caught in Todd-Dupree," said Steve Stauffer, Todd-Dupree Area Coordinator.

Co-ed living makes it difficult to require students of the opposite sex to be checked in by residents of the dorm, making open house policies difficult to enforce,

Stauffer said.

"We stand by the policies, and we try to enforce the policies. My feeling is that we don't have any more people getting away with things," Stauffer said.

According to the figures, 50 percent of all violations committed in residence halls are open house violations. Possession of alcohol accounts for another 17 percent.

"It may be easier here to spend the night, but I don't think people are getting away with infractions any more than other halls," Stauffer said.

Bohannon agreed.

SEE VIOLATIONS, PAGE A8

Glenn Miller, wind tunnels part of alumni recall

By DANNA ESTRIDGE
News writer

Louis Power remembers a time when the walk between the library and the Weaver Health Building was "a wind tunnel" because there were so few buildings nearby.

"Of course, now, it looks like a short space, but back then we used to dread that walk," Power said.

"Back then" was the early 1940s, a time when things were very different for students on the university's campus, the Eastern alumnus said.

"We had very little to do with downtown; we stayed on campus most of the time," Power said. "We'd go to the Student Center, where the bookstore is now, and dance to Glenn Miller on the nickelodeon (juke box)."

He met his wife at a "vice-versa" dance on campus, he said.

"The old vice-versa dance was

Remember Ma Kelly's?
Refresh memories on A6.

when the girls asked the boys," Power said. "We were both there with someone else, and we started dancing together, and..."

Power was supposed to graduate with the class of 1944, but his college education was interrupted by the World War II draft, so he didn't graduate until 1947.

He came back to Eastern in 1969 to work in public relations and became the director of Upward Bound and Special Services for 15 years.

He has been driving the car for the grand marshal in the Homecoming parade for several years, a role he will reprise in this year's parade.

SEE PAST, PAGE A6

Parking tickets down from last semester

Commuters using shuttle helping to curb ticket numbers

By JANNA GILLASPIE
News editor

The number of parking tickets given by campus police are down this semester, said Mark Jozefowicz, director of parking and transportation.

From Aug. 1 to Sept. 13, 3,473 tickets have been written by the division of public safety.

Only two students have lost their parking this semester for excessive parking tickets, which is consider-

ably down, Jozefowicz said.

He attributes the lower number of parking tickets to commuters riding the shuttle bus to classes.

"A lot of people are riding the new bus from Stateland," he said.

The bus schedule was revised about three weeks ago according to class starting times, Jozefowicz said. The schedule allows riders to go from the Stateland commuter lot to the Daniel Boone statue in plenty of time to get to class. Jozefowicz travel the bus route and walked to the farthest classrooms with plenty of time to spare, he said.

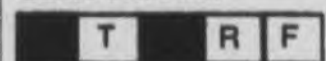
While he has received several complaints from commuters about

SEE PARKING, PAGE A8

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CLASS PATTERN



HOMECOMING MAGAZINE

Find out all the information about this year's Homecoming in our special 12-page magazine, which includes facts on the 5K run, Queen candidates and a game roster.



Wrestling, fake but so much fun

"It's all made up; it's fake," I used to tell all my friends about so-called professional wrestling.

It was the truth, but they didn't care. "No it's not. Wrestling ain't fake," they would argue.

As a fourth-grader one cold wintery Monday morning, the topic of discussion was wrestling, not just the usual weekend televised bouts, but the first of oh-so many *Wrestlemanias*.

"Mr. Wonderful" Paul Orndorff jumped from the top rope to crash his cast across "Rowdy" Roddy Piper's head to claim the main event.

It was the only thing echoing through the tiny halls of Eagle Elementary that day.

Like so many elementary school days, much of my time was spent talking sports on the playground, only back then I considered wrestling a sport. I knew it was fake; I argued the point, mostly in vain, but it didn't change the fact that wrestling was as popular as baseball, basketball, football or any other "traditional" sports back then.

Of course there were the big-time wrestlers like Hulk Hogan, Ric Flair, and The Junk Yard Dog we could only watch on T.V. But there was also the small-market wrestlers who performed in high school gyms throughout the area that made wrestling so popular.

We could watch "The Bullet" Bob Armstrong, Doug Furnas, the strongest man in the world, and (I can't leave this one out) "The Boogie-Woogie Man" Jimmy Valiant.

We could even get autographs just minutes after they beat the crap out of somebody or had the crap beat out of them. This made wrestling a sport in youngsters' eyes. Heres we could meet, admire and even imitate.

It was fake, but it didn't matter. My brother and I would speak into my mother's room, steal some colorful eye shadow and transform ourselves into "Nitro" Danny Davis and "Superstar" Bill Dundee.

I should credit my father for making fake wrestling come to life.

We made it ritual to gather around the television to watch wrestling every Sunday.

Hearing Gordon Solie's voice was to wrestling what Cawood Ledford was to Kentucky basketball.

It was fake, but you couldn't tell from listening to Solie.

There were so many "great wrestlers" to keep wrestling exciting and somewhat believable, even though we knew it was fake.

There was the tradition of the first family of wrestling — the Von Erich's, the flashy Rock 'n' Roll Express, and nobody was as cool as Michael Hayes and the Fabulous Freebirds.

My childhood days were perhaps the golden years of wrestling.

As I grew older and wrestling began to fade as a sport, my friends were as convinced as I that wrestling was fake.

We watched as stars Jake "the Snake" Roberts, Randy "the Macho Man" Savage, Lex Luger and Sting were born, and legends Dusty Rhodes and Andre the Giant faded away.

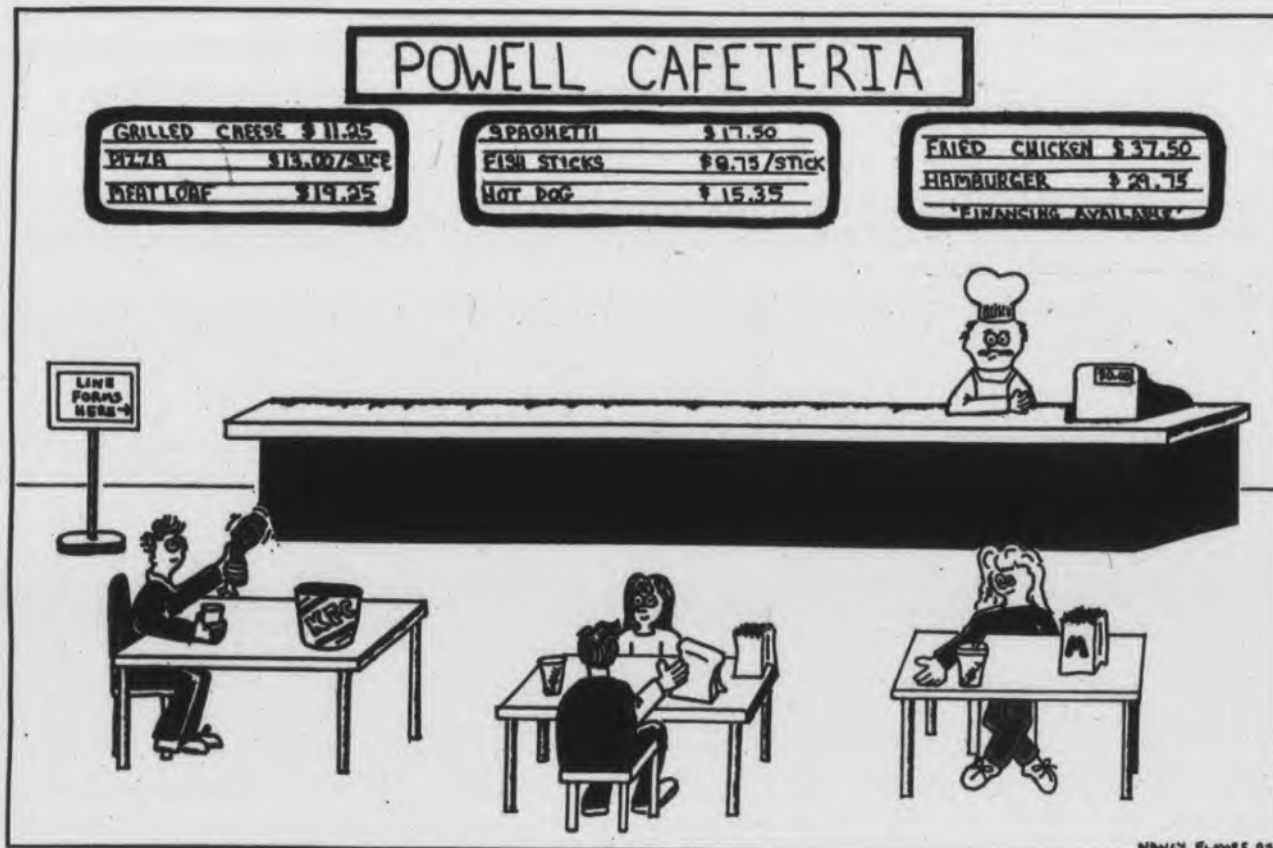
It has been years since I sat and watched wrestling with my dad and brother.

Almost every time I'm home, my dad is still watching wrestling. I tell him it's fake, but he doesn't care.

He still watches wrestling; he enjoys it the way I used to when I also knew it was fake.



Don Perry
CARPE DIEM
Editor



Food Fight Boycott participants make a point

Wow, a boycott of the Powell Cafeteria and food services. What a wonderful idea! Prices are high, so we'll bring food from somewhere else and eat it right in front of Greg Hopkins.

Where will we bring food from? That's an easy one — the Food Court. Yes, that will show 'em.

That was the scene in the Powell Cafeteria Tuesday, when more than 100 students showed up with food in hand from elsewhere to show dissatisfaction with high prices, while cups from the Food Court Grill littered the tables.

The students said they didn't want to hurt food services, just prove a point that the prices in the cafeteria are too high.

Students who participated in the boycott should be commended for taking a stand against something they believe in. With the large number students present, the support was evident.

But the point that came across was that if Food Services didn't lower its prices in the cafeteria, the students would just buy their food downstairs in the Food Court.

Another point, the loudest of them all, was the lack of communication between Director of Food Services Hopkins and students.

Hopkins said if there is a problem with prices, he didn't know it because no one had complained to him. But he and Molly Neuroth, one of three organizers of the protest, said they met last semester to discuss the prices. The meeting lasted for three hours, but apparently nothing was

resolved. Actually, the only thing that was done was prices increased over the summer.

Hopkins said students need to realize prices are reasonable if they buy a meal plan. The least expensive meal plan gives students 19 meals a week for \$3.04 per meal. The highest price allows students to eat 10 meals at \$4.25 a meal.

But students can't always eat during the times the cafeteria is open because they're busy with classwork and extracurricular activities.

The cafeteria is open for lunch from 11:30 a.m. to 1:30 p.m. and for dinner from 4:30 to 6:30 p.m. Hopkins said students who say time is a problem should take it into consideration in their planning.

When was the last time a department chair refused to schedule a class because of lunch?

We have two suggestions which we feel will resolve many of the complaints.

1. Offer a fifth meal plan package, one that would provide five meals a week for students for a cost similar to the 10 meal package.

2. Extend the hours the cafeteria is open so students with inconvenient class or work schedules can still find time to eat at the cafeteria.

While these two things would help accommodate students, it would also show students that Food Services is committed to working with them to better the situation.

BOTTOM LINE: Greg Hopkins needs to listen to what the students want and consider making some changes.

Keep suitcases unpacked this weekend

Thousands of proud Eastern alumni will descend upon Richmond and campus this weekend to celebrate Homecoming.

Many will reminisce about their college years, talk with former classmates and meet current Eastern students — that is if any current students stay on campus this weekend.

It has become an old cliché: Eastern is a suitcase college; well, that's just fine, but let's shed the label for one weekend please.

Homecoming should be a time for students of the past and present to share ideas, trade stories and just enjoy being a part of Eastern Kentucky University.

That won't happen if students make a break for home early Friday afternoon.

While many complain nothing happens on campus weekends, that can't be said for Homecoming weekend.

There will be events galore! A Homecoming run, a parade, the football game and of course the crowning of the 1995 queen highlight the weekend of events.

So saying being on campus is boring is no excuse.

BOTTOM LINE: Let's stay around, meet alumni, watch our football game and show a little pride in being an Eastern student.

Tips you won't get from Heloise

If you read this column carefully, you will have at hand the facts on how to save money, eat right and still have a little cash left over for yourself and some cheapo half-case of beer for those friends who always drop over and drink it.

I have lived through eight years of college, for a four-year degree, so I think I know what it means to survive college.

Now I know you're going out tonight, tomorrow night and Saturday too, so if you want to have a little cash left for early Sunday morning, say 3 a.m., when all your beer runs out, and the guys who drank it have all col-

lapsed in the corner on your pillow (Yes, all of them) and Mr. Waffle is your next destination, then check this out.

Do you like Super Sugar Golden Crisp cereal (puffed wheat and molasses)? Well Quaker sells the exact same cereal in a plastic bag for 90 cents. You just saved \$2.

If you don't like puffed wheat and molasses, try this recipe: Cheapo imitation Cheerios, drips of honey and cinnamon sugar. What that makes is cinnamon honey Cheerios, and if you wince at the price of cinnamon, remember it will last a year.

What not to buy is Toaster Strudel, Eggos and Snack 'ems. You'll thank yourself when it comes time to pay the phone bill and you have already asked your father for money three times in the last six weeks.

Lunch is easy. Just say soup and sandwiches. Winter, spring, summer or fall, soup and sandwiches are cheap.

Now if you despise soup and sandwiches for lunch, may I suggest cotto salami or garlic bologna at the deli counter. This is a gimme. The meat is fresher at a deli counter and they often have boiled ham on sale for \$2.99 a pound. The ham should last one and a half weeks, unless you leave it out on the counter and the cat eats it.

Oh, about cats or dogs — forget buying gourmet food. A pet is a friend, not a status symbol. Cats can eat generic, too. After all, ground corn is at least 100 percent corn. If you think Purina cat chow tastes that much better than Sunshine cat food, you are mistaken. I don't know much about dog food, so you dog people will have to wing it.

Supper is the meal I get fancy with. What is spaghetti but tomato sauce, spices and vegetables, a pound of ground round and noodles? Generic noodles are half the price of the fancy brand, and homemade sauce tastes the best. Spices are expensive, but they outlast spam, so get some garlic salt, oregano and basil. Pepper and salt are free at Wendy's.

You will get better at economic shopping and cooking.

Another good supper item is hamburgers. For this one, I recommend three pounds of ground beef at \$1.50 a pound and a package of Lipton onion soup. Mix it and save it how you like. Good patties can be made using shallow plastic containers as forms, like pimento cheese comes in (another cheapo product) or potato salad.

Of course I expect you to buy generic napkins and generic toilet paper. You don't wipe your mouth with a silk towel, so why keep expensive toilet paper in the bathroom?

So remember, eat cheaply, keep lots of friends around to drink your beer so you won't get too drunk and you'll only have to call your father once every three weeks.

Smathers is a senior journalism major from Richmond and is assistant copy editor for the Progress.

Dan Smathers
MY TURN

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QUOTE OF WEEK

“

The body, mind and person are not separate. If you do something good for your body, it affects your attitude.

”

AGNES CHRIETZBERG,
professor of education
—See page B1

PERSPECTIVE

Nutrition: You are what you eat

People take on a great number of responsibilities when they come to college.

Most get a crash course in doing laundry, ironing and fixing meals (or eating out as most students do).

The laundry and ironing you finally get right after ruining some of your favorite clothes. Finding the right foods to eat is another story.

Some students think they have it all figured out — a pop tart for breakfast, skip lunch and then McDonald's or some other fast food place for dinner.

That might get you by, until you're 30 years old and have to have triple bypass surgery.

Receiving a proper nutritional diet is as important as hygiene and exercise. Improper diets can actually have a more adverse effect on your health than lack of exercise or hygiene.

Nutritional deficiencies or indulgences may not only affect your physical health but your mental health as well.

Studies have shown that people who eat well-balanced meals not

only feel better, but also learn better. People who try to skip meals or eat junk food often suffer from lack of concentration and loss of short-term memory. Not eating properly may also have some negative social aspects, such as irritability and depression.

So what should you eat? Eat a variety of foods; don't get hung up on the same microwave dinners. Try to include the five major food groups in every meal you eat. Try to eat more fruits, vegetables and grains; you don't have to have meat for every meal.

About 60 percent of your total calories should come from carbohydrates, with an emphasis on starchy foods. Use sugars and salt in moderation. You can substitute salts with other types of seasonings.

Always make sure and read the food labels; if the first or second ingredient is sodium or is a word that ends with "-ose," you definitely want to limit the intake of that product.

Don't think vitamin supplements will take care of your nutritional needs; often excessive use of these

creates more problems than solutions.

Also, if you feel you need to lose weight, avoid crash or fad diets. Instead, reduce calories and increase exercise to produce a steady loss of 1 to 2 pounds per week.

Be sure to reduce your intake of fatty foods, sweets and alcoholic beverages. Use skim or lowfat milk products, and be sure to watch for things such as butter, shortening and greasy foods which may contain high levels of saturated fats.

If you're really serious about losing weight but do not know what to eat when you go out, restaurants are required to provide you with nutritional information on the products they serve.

You will find that the healthier you eat, the better you will feel and the better your performance will be in school, at work, or any other activity.

For more information about nutrition and diet, please visit Student Health Services located in the bottom of the Rowlett Building.

Armstrong is a senior health care administration major from Louisville and is president of the Student Health Advisory Committee.



Chris Armstrong
STUDENT TO STUDENT

PEOPLE POLL

Compiled by Danna Estridge

Q: Do you think the food prices in Powell Cafeteria are too high and why?



Lisa Carlin, freshman, athletic training, Villa Hills.

"Yes. One piece of chicken is \$3.69. It's the same food as high school but high school is \$2."



Bobbie Davis, freshman, undeclared, Frankfort.

"Yes. A piece of chicken, a bowl of rice, a roll and a small coke for \$6 is ridiculous on a college budget."



Yohannes Kebede, senior, CIS management.

"Yes, they even charge for ice."



Sabin Smith, sophomore, wildlife management.

"Yes. Just for one meal, it's \$5 and it is ridiculous to expect college students to pay that for one meal."



Tyler Haney, sophomore, pre-pharmacy, Sciotoville, Ohio.

"Yes. They want more people to be on the meal plan, but it's not fair to everybody. It's just punishment for us."



Upsorn Sridee, graduate student, business administration, Lexington.

"Yes. A salad costs \$2 and something and it's just a little bit. Many things that they have there don't impress me."

LETTERS FROM OUR READERS

Christopher Columbus didn't land in El Salvador

Dear Editor,

In reading last week's edition of the Progress, I detected a significant geography error in your "Ups and Downs" section, specifically the reference to Christopher Columbus.

While it is historically correct that the Columbian Encounter began some 503 years ago, Columbus' first landfall in the Americas took place on the island of San Salvador, which is located in the Atlantic Ocean and today is part of the nation of the Bahamas.

Your confusion is somewhat understandable, since the island has

changed names several times. The original inhabitants, the Lucayans, spoke the Arawak language and called the island "Guanahani." While under British colonial rule, it was called Watlings Island. Regardless, El Salvador is a densely populated Central American country that faces the Pacific Ocean. Although Columbus did claim for Spain and name the nearby Central American country of Costa Rica, he most likely never saw the coast of El Salvador, which was discovered by the Conquistador Alvarado in 1523, long after the Great Admiral's death.

Students wishing to know more about geographic aspects of the

Columbian Encounter, among many other important spatial themes, should consider taking the Geography 201 (Historical Geography I: Pre-Industrial Era) course, which also satisfies general education requirements (Area 10). In addition, the Geography and Planning Department offers a Regional Geography of Latin America (GEO 347) on an irregular basis.

For more information, please contact the Department of Geography and Planning at 622-1418.

Dr. Rick Sambrook
Assistant Professor of Geography

A LOOK BACK

Compiled by Danna Estridge

1 year ago, Oct. 20, 1994: "Eastern voices funding concerns to CHE"

In an Oct. 13 forum held by the Council on Higher Education, Eastern's faculty and staff raised concerns about performance-based funding because it is a new concept and not very well understood.

"University sees more alcohol-related arrests"

The total number of alcohol-related offenses reported on campus Jan. 1 through Aug. 15 was 37, but so far this semester 36 Eastern students have been either arrested or cited by campus police for offenses involving alcohol.

5 years ago, Oct. 18, 1990: "Faculty senate examines class withdrawal policy"

A faculty senate ad hoc committee comprised of five faculty senate members and two student body representatives is reviewing past and present withdrawal policies of the university in order to make a recommendation at the Dec. 3 facul-

ty senate meeting.

"Earthquake predicted to shake Kentucky"

Predictions of an earthquake which could strike Kentucky in early December has brought up questions about how well the university is prepared for such an event.

"Field hockey squad takes 5-2 win over Bellarmine College"

The university field hockey team had its best offensive showing of the year Sunday, scoring three goals in the first half, resulting in a 5-2 win over Bellarmine College.

10 years ago, Oct. 24, 1985: "50 students give housing varied replies"

More than half of the 88 students suspected of violating the university's housing policy have replied to the letters mailed by the university's housing office. Many of them have legitimate reasons for living off campus, but failed to get the proper documentation.

"Vandalism hits university lots"

Recent auto vandalism and thefts in university parking lots over the last month have resulted in the arrest of one university student and two other suspects.

"Colonels win 3 in tourney"

Wins over the University of Wisconsin, the University of North Carolina and the University of Cincinnati in last weekend's Colonel Classic moved Coach Geri Polvino's volleyball team's ranking in the NCAA South Region poll up one position to sixth.

25 years ago, Oct. 22, 1970: "SGA budget proposes 'evaluation' committee"

On Tuesday, the Student Senate approved a \$7,500 budget for the academic year, and endorsed a proposal by Student Association President Jim Pratt to form a committee of students and faculty to "consider, evaluate and recommend all projects concerning beautification of the university campus."

UPS & DOWNS



Up to:
Boycotters

The more than 100 students who participated in the Powell Cafeteria brown-bagging showed an effort to work together for something they believe in.



Down to:
Atlanta Olympic Committee

The committee held millions of dollars and collected interest and a \$15 processing fee while awarding tickets to only half the applicants.



Up to:
Homecoming

The biggest social event on campus gives students and alumni a reason to celebrate being a part of Eastern.

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HOMECOMING SPECIALS

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Early Times
Canadian Mist
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fifth



(travelers)

* KEG SPECIAL * Milwaukee's Best \$31.95

MUST BE 21 WITH VALID ID



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Former football player arrested, admitted

Student charged with disorderly conduct after shoving officer

BY LANNY BRANNOCK
Assistant news editor

An Eastern student and former football standout was arrested on charges of disorderly conduct early Saturday morning and admitted to Eastern State Hospital in Lexington after shoving a public safety officer near O'Donnell Hall, according to police reports.

Ara Jackson, 24, of Louisville, was arrested when police attempted to question him about an incident which had occurred earlier that night outside O'Donnell Hall.

When police tried to stop Jackson to talk to him, he shoved

officer John Gibson, who then tried to restrain him, police said. Officer Eric Bowles used a baton on Jackson to make the arrest, the report said.

After Jackson was lodged in the Madison County Detention Center, the officers contacted Comprehensive Care because Jackson was displaying signs of paranoia, the report said.

According to the report, Jackson said everyone in the jail was out to get him, and he identified a stick in his pocket as his toothbrush.

Jackson, a public relations major, was a four year letterman linebacker for the Colonel football team from 1989 to 1992. Jackson was chosen the National I-AA player of the week in 1991 when he had 12 tackles and two assists in a loss against Louisville.

The arrest occurred when police

attempted to question Jackson about a report he was acting strangely.

David Burns, of David's Towing, told police a man contacted him to come and unlock his car at O'Donnell Hall.

When Burns arrived at O'Donnell, he said the man was acting very strangely, even before he had made contact with him. Burns unlocked the car, but said he had difficulty communicating with its owner.

Burns said Jackson tried to hang on to the door as he drove away.

As of Monday morning, Jackson was still at Eastern State Hospital, according to police reports.

The hospital would not release any information about Jackson, including his status there.

Disorderly conduct is a class A misdemeanor and is punishable by up to 12 months in jail.

NEWS BRIEFS

Compiled by Janna Gillaspie

New campus fire lab to be dedicated Friday

A dedication ceremony will be held tomorrow at 3:30 p.m. for the Ashland Oil Inc. Fire and Safety Laboratory.

CAMPUS

The dedication will include remarks from Ashland Chairman/CEO John R. Hall. An open house, facility tours, exhibits and student demonstrations of equipment will take place.

Horse ride to honor former professor

A day-long horseback trail ride Saturday, Nov. 4, will honor the memory of long-time professor Cecil Orchard, who died early this month.

The event will begin at 9:30 a.m. at the Sugar Creek Resort in southern Jessamine County. Riders are encouraged to bring horses the previous night and camp at the location.

A chili supper will be held after the ride Saturday. The cost of the event is \$20 per rider.

Milli Vanilli Lip Sync and air band contest sponsored by food services

The Milli Vanilli lip sync and air band competition will take place at 7 p.m. Nov. 8 in the Fountain Food Court. Participants must register in the Colonel One Card Office by Nov. 1.

There is a \$10 registration fee which will go toward cash prizes for winners. Each group registered will receive a 12-inch Colonel pizza.

Speakers Bureau series continues

Christine Goedel, a financial consultant with Merrill Lynch, will speak tonight on "Managing Your Business Dollars in the '90s."

The speaker is part of the "Skills for Success: The Executive's Perspective" series sponsored by the College of Business and Phi Beta Lambda.

The presentation will be at 7 p.m. tonight in the Ferrell Room of the Combs Building.

"Everything you wanted to know about Nerve Gas... but were afraid to ask"

A conference on chemical weapons disposal will be held Nov. 4 from 10:30 a.m. to 5 p.m. at Madison Middle School, 101 Summit St.

Steve Jones, former chief of safety at a Tooele, Utah, chemical weapons incinerator will speak at 11 a.m. Workshops, group discussions and a forum with the Kentucky Citizens' Advisory Commission are scheduled throughout the day.

The conference is sponsored by Common Ground, the Kentucky Environmental Foundation, Kentucky League of Women Voters and Eastern's department of anthropology, sociology and social work.

POLICE BEAT

Compiled by Lanny Brannock

The following reports have been filed with the university's division of public safety:

Oct. 16
Phillip Daugherty reported someone had stolen cash from his Commonwealth Hall residence. This was the second such report from this residence.

Charity G. Williams, 20, Berea, was charged with expired registration, no proof of insurance and driving on a suspended license.

Jerome Curt Ferguson, 19, Richmond, was charged with possession of marijuana.

Oct. 15
James C. Collins, 19, Berea, was arrested and charged with driving under the influence, possession of alcohol by a minor, expired tags and driving on a suspended license.

Larry J. Bryant, 24, Lexington, was arrested and charged with driving under the influence.

Oct. 14
Elizabeth Poulin, 18, Richmond, was arrested and charged with driving under the influence and speeding.

Oct. 13
Douglas C. Adams reported someone tried to remove his air conditioner from his Brockton residence.

Ericka Herd reported her vehicle had been damaged while parked

in Begley Lot.
Jonathan Barnard reported his cellular telephone was stolen from Commonwealth Hall.

James R. Bishop Jr., 19, Bellbrook, Ohio, was arrested and charged with possession of marijuana, possession of drug paraphernalia and alcohol intoxication.

Aaron M. David, 18, Centerville, Ohio, was arrested and charged with alcohol intoxication, possession of drug paraphernalia and possession of marijuana.

Jason R. Seaton, 21, Bellbrook, Ohio, was arrested and charged with alcohol intoxication.

Tarika Robin Taylor, 20, Richmond, was charged with possession of marijuana.

David R. Tucker, 20, Richmond, was arrested and charged with driving under the influence, no operators license in possession and disregarding a traffic control device.

Michael B. Hensley, 21, Richmond, was arrested and charged with operating on a suspended license.

Oct. 12
Steve Margle, 34, Richmond, was arrested and charged with public intoxication.

Lisa Fakis reported someone had entered her vehicle and stolen her radio while it was parked in Brockton Lot.

Oct. 11
Harold Kouns reported some-

one attempted to break into his vehicle, damaging the door.

Oct. 10
Brian Tackett reported the screen torn off his door at his Brockton residence.

Cary Jaquish reported a speaker stolen from the camper on his truck while it was parked in Mattox Lot.

Jeffrey Bernard reported someone attempted to steal the light bar from the top of his vehicle while it was parked in Lancaster Lot.

Oct. 8
John R. Johnson, 29, Richmond, was arrested and charged with driving under the influence.

Kimberly J. Bailey reported her son's bicycle stolen from their Brockton residence.

Patrick C. Vonderhaar, 19, Villa Hills, was arrested and charged with possession of marijuana.

Oct. 7
Donald G. Gabbard was arrested and charged with alcohol intoxication.

Oct. 6
James Roberts reported his bicycle was stolen from the yard of his Brockton residence.

Christen Mills reported her son's bicycle had been stolen from their Brockton residence.

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Place classified ads before noon on Mondays. \$2 for 10 words.

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Once flourishing faculty lounge lonely spot on campus

Retirements, lack of donuts contribute to deserted hangout

By **DANNA ESTRIDGE**
News writer

The large, open room is cheerful, inviting, a place to relax and have a cup of coffee or a quiet conversation with a group of colleagues.

It's easy to imagine the entire room filled with people, the buzz of conversation in the air as educated minds share ideas and insights.

Imagination is just about all that fills the Faculty Club Lounge these days, though.

"Use has declined over the past couple of years," Gilbert Bickum, president of the Faculty Club Board of Governors, said. "We're trying to get a little more interest."

The lounge is located on the ground floor of the Keen Johnson Building, borrowing its air of elegance from the plush surroundings of the proud old building.

The Faculty Club began in 1939 when Eastern Kentucky State Teacher's College President Herman Lee Donovan proposed its

dues as a way to match funds for building projects on campus.

From 1939 to 1951, dues "not to exceed \$12 per year" were a mandatory part of every faculty contract, but in 1951, the dues were remitted with the condition they could be reinstated if conditions warranted.

The club languished for several years after it became voluntary, but in the early 1960s, it was revitalized, a kitchen was installed, and coffee and donuts became daily offerings.

The coffee is still part of the daily ritual, but the donuts are no longer available.

"I think the club lost money on the donuts," Peggy Flaherty, former treasurer for the club, said. "People in the library used to go over and have coffee and donuts. And they used to have the most wonderful muffins. People miss that."

Flaherty said she still uses the lounge, but not as often as she did in the past.

"I go over to eat my lunch and get away from things," Flaherty said. "I don't have a private office, and it's a nice place to go relax and get away from the hustle and bustle."

Flaherty said she remembers when Un Chol Shin held brown bag

"
I think the club lost money on the donuts. People in the library used to go over and have coffee and donuts.
"

PEGGY FLAHERTY,
Former club treasurer

lunches in the lounge — a series of programs presented to faculty who brought their own lunches and spent an hour listening to speakers Shin persuaded to share ideas on a variety of topics.

"I did the brown bag program for five years," Shin said. "The reason I stopped was because I just didn't have enough people interested."

Shin said when he began the program in the early 1980s, an average of 20 people attended, with as many as 60-70 people for special programs.

"Attendance gradually dwindled down," Shin said. "When you have just five or six people in the audience, it's rather embarrassing."

Shin said he still uses the lounge practically every day to have a cup

of coffee and have a quiet moment in the morning. He said it's a shame more faculty don't use the facility.

"We need to share ideas; we're all so specialized now," Shin said. "We need common ground where we can attract faculty from different disciplines and discuss the frontier, the cutting edge of a discipline, with other faculty members."

He said part of the reason more people don't use the lounge is that many of the faculty who used to be involved have retired.

"We need young faculty to take their place, to revitalize the club," Shin said. "Young people always bring new ideas."

Although Shin's brown bag lunches no longer take place, there are some faculty groups who use the



Progress/SELENA WOODY
The faculty lounge is located in the Keen Johnson Building.

facility for meetings, according to Bickum.

"It is available for faculty groups to use, and we've had a few groups meet," Bickum said. "We also usually have a get-together around the holidays. A couple of years ago, we had a discussion series where several of us would discuss things we were interested in, but we haven't done that for a while."

He said the Board of Governors

still awards a \$600 scholarship each year to a child or grandchild of a former or current Faculty Club Member.

Bickum said he would like to see interest in the club pick up again, and he hopes more faculty will want to take an active part in the club.

"The main idea is to supply a pleasant area where faculty and staff can get together and discuss ideas and have a cup of coffee and relax."

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PAST: Eastern alumni have fond memories of earlier campus days



Photo submitted

Several alumni remember the distance between the Weaver Building and the Library to be very long, recalling the wind tunnel that existed between the two buildings.



Photo submitted

Several things have changed on campus since many of the alumni's days, including Hanger Field, the site of Saturday's Homecoming Game, and several new buildings.

Continued from front

"I owe a lot to Eastern," Power said. "I met my wife there, and I made friends there who are still my friends."

Another Eastern alumnus who said he owes a lot to Eastern is Fred Darling, former chair of the physical education department.

Darling was recruited in 1938 to play football for "The Fighting Maroons," as the team was then called.

He recalls that the university was very different in those days.

"There were only one or two automobiles on campus when I was a student there," Darling said. "Everything we did, we walked. The university was small, and the town was small."

Darling said he remembers when Barnes Mill Road was just a country lane, and he and Edna, his future wife, would take long walks there.

"It was a nice place for a couple courting to walk, and we'd sit under a tree and visit with each other," Darling said.

He said until he met Edna, he was a slow dancer, but she changed that.

"We'd go out by the college service station on Barnes Mill Road," Darling said. "She had a radio, and when Glenn Miller came on, she taught me how to dance fast."

Darling said he served in the military during World War II, then returned to teach and coach at Eastern.

"The 38 years I spent at Eastern have been a ball," he said. "I actually sacrificed to come back here. I took a cut in salary, and I have never regretted it. Richmond and

never regretted it. Richmond and Eastern have been wonderful to us."

Alumnus Fred Crump graduated from Eastern in 1961, but his memories of campus aren't much different from those of Power and Darling two decades earlier.

"Eastern was a small school," Crump said. "Everybody knew everybody."

Crump said the physical parts of the campus have really changed over the years, with new buildings going up everywhere.

Social life in the early '60s wasn't that different from earlier decades, though.

"The Grill below the Student Union, that's where everybody on campus socialized," Crump said. "You sat in the Grill and played bridge, or you played pingpong. They always had about four tables going."

Downtown social life didn't interest Crump because he was occupied with campus activities. He was class president for four years and was heavily involved in the Reserve Officers Training Corps.

"We did things like go down to the river, or to Natural Bridge, or go wading in Silver Creek," Crump said.

Values have changed over the years, and interests are different today than when he attended college, Crump said, but he noted several things that haven't changed.

"The great thing about Homecoming is that there's still a football game, the leaves are still beautiful, there's still a parade," Crump said.

"The university has come a long way since '61, and it's better. Everyone who attends Eastern should be proud they go there."

PASSING OUT BIBLES



Progress/SELENA WOODY

Darrell Smith, a former psychology professor, passes out Gideon sharing testaments in front of the Daniel Boone statue Tuesday, one of several people passing them out.

Shrine of past names makes 'Ma' popular

Restaurant has changed hands, not home atmosphere

By MARY ANN LAWRENCE
Recent editor

Some of the alumni returning to Richmond this weekend will make a trip to an unpretentious wooden building on the corner of Third and Walnut Streets to read the walls.

Ma Kelly's isn't a shrine. Well, not really.

The building houses Ma Kelly's restaurant, known for the writing on the walls and some of the best cooking in Madison County.

Owner Ann "Ma" Kelly, 66, said she has been letting customers write names and messages on the walls since January 1980.

"I've enjoy it. They come back at Homecoming and see if they can find their names," Kelly said. "I've

Painted over them four or five times, but they just fill them up again."

Kelly's mother-in-law, who ran the restaurant for 12 years, was the original "Ma" Kelly.

When Kelly bought the restaurant from her in 1979, customers soon began to call her "Ma" Kelly as well.

She said she likes having Eastern students come in to eat, and tries to keep prices low because she knows

“They come back at Homecoming to see if they can find their names. I've painted over them four or five times, but they just fill them up again.”

ANN "MA" KELLY,
owner, Ma Kelly's

they don't have much money.

"They're a lot of fun," Kelly said. "I like having young people around. They keep me young."

Lewis Curry, an Eastern employee, remembers going to Ma Kelly's when the original "Ma" was still there.

"You couldn't get in the door," Curry said. "There was a mixture of college students, factory workers, lawyers, farmers. It was good food, probably the best home-cooked

food in town. And it was cheap."

Curry said in those days customers went into the kitchen and served themselves from pots on the stove and food laid out on tables, then Ma Kelly would come around and charge whatever she thought the customer could afford to pay.

"You could get a huge meal for about \$1.75," Curry said. "They never cooked in large quantities; they cooked like you'd cook at home for the family. That's why it was so good."

A modern steam table has replaced the pots on the stove, and menu prices are posted, but customers still serve themselves at Ma Kelly's.

"They wander through the place and go wherever they want," Kelly said. "They wait on themselves."

Kelly said she plans to continue working as long as she can because she enjoys meeting people, and the restaurant business keeps her active.

"I don't have time to get into any trouble."

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Good luck Colonels and Homecoming candidates!

County leaders speak out on higher ed

Moberly says Eastern will get a substantial increase in state funding

By JENNIFER ALMJELD
Activities editor

The continuing debate over increased funding for higher education and the quality of education that money will produce was the topic of a League of Women Voters forum Monday night in Berea.

Four county leaders, including Tokico industry spokesman Bill Wildman, attempted to tackle the funding issue, which most experts believe will be at the forefront of next year's General Assembly agenda.

Wildman, general affairs manager at Tokico for seven years, said Kentucky college graduates are not prepared for the world that awaits them after school.

He complained that he had encountered college graduates who had never had checking accounts and did not understand the concept of banking.

"They say, 'I still have checks in the book, so I must have money in the bank,'" Wildman said. "Others want to know who this Mr. FICA is that keeps taking my money?"

Wildman said life skills should be taught in

“*Eastern is trying to be everything to everybody, and I don't think that's possible.*”

”
BILL WILDMAN,
general affairs manager at Tokico in Berea

the school systems to help universities turn out better students.

"I've been asked what industry wants, but it's obvious the question is forced because they have no intention of changing," he said. "Educational facilities are very slow to make changes."

Wildman said Eastern's biggest problem is that it spreads itself too thin. "Eastern's trying to be everything to everybody, and I don't think that's possible," he said. "Eastern has a lot to be proud of, but it's been trying to do so many things that it's gotten away from what it does best."

While Wildman wanted more quality from the higher education system, university officials

cited the need for more funding.

Charlotte Tanara, assistant director for budget at Eastern, told the group state funding had declined severely over the past few years.

The 1977-1978 academic year funding per student was at \$2,100, and in 1993-94, the funding was down to \$1,400, she told the group.

"We've lost \$10 million in four years in higher education. The state is putting money in other places. I'm not saying those other things aren't important, but so is higher education."

"We've made every effort at Eastern to maintain a quality of learning," Tanara said. "To be honest, I don't know how much longer we can do that with these resources."

Eastern is functioning with less resources from the state than other state universities, said state representative and Eastern faculty member Harry Moberly.

"Eastern now is second from the bottom in full funding," Moberly said.

"What higher education really needs is a governor who has a higher appreciation for higher education," he said. "Most of our governors didn't know much about higher education, except Martha Layne Collins. I think governors have taken too much from higher education and have not protected it."

Moberly did say a brighter future for state funding may wait ahead.

"According to the funding formula of distribution of state funding, Eastern will get a substantial increase," he said.

Alcohol persists as a problem on campus

By LANNY BRANNOCK
Assistant news editor

With the biggest tailgate party of the year on Saturday, there will be alcohol on campus, said Tom Lindquist, director of public safety. But, he added, alcohol has been present on campus for many years.

As of Sept. 30, 32 reports involving alcohol on campus have been cited by public safety, Lindquist said.

Twelve of those cited were

charged with alcohol intoxication and 19 have been charged with driving under the influence, according to the figures released by public safety.

One incident was possession of alcohol by a minor.

Compared with figures from the same time last year, driving under the influence has nearly tripled from seven cases in 1994 to 19 this year, but alcohol intoxication has dropped 57 percent, from 28 to 12 cases.

"Alcohol is a fairly prevalent problem. It is often involved in

assaults, acquaintance rape, vandalism and domestics too," Lindquist said.

According to police reports, alcohol is involved in 22 percent of the cases filed at public safety.

"I don't perceive any big differences (from this year to last)," Lindquist said. "Driving under the influence is up, and that is a statistic I hate to see."

Lindquist said about half of the people who are reported to public safety are not students.

"We have looked at all kinds of

ways to attack the problem of alcohol abuse," Lindquist said.

One of the solutions to the problems of alcohol on campus was the creation of the Substance Abuse Committee (SAC) in 1989. SAC was formed to help educate the students to the dangers of substance abuse, and is now chaired by Michelle Rice.

"We mostly are involved in educating students and continuing with educating everyone on substance abuse. We promote prevention and intervention," Rice said.

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BOYCOTT: Students call food 'really expensive'

Continued from front

paid more than \$3 for a piece of chicken and \$5.98 for her whole meal, which she said was "really expensive."

Bargo, a senior commuter from Barbourville, said it was only the second time she had eaten at the cafeteria this semester, and it would probably be the last.

Even a student who works for Food Services joined in the boycott.

"The prices are just too high for the amount of food," said Jim Gilliland, who works for catering.

Gilliland and some friends said they planned to be back at the cafeteria with "brown bags" Wednesday, today and every day until something is done.

Hopkins said one thing that probably won't be done is privatization of the university's food services.

He said while "nothing's impos-

**WELCOME!
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Hopkins said Food Services has been wanting students to brown bag their lunches.

sible," privatization would be a disadvantage because Food Services is designed as a service to students, faculty and staff.

"We have to worry about feeding people from age six to 80," Hopkins said. "We can't just target one specific group."

Hopkins said he was willing to work with students, but said the boycott was the first he had heard that prices were high. He also said

students bringing their lunch was something the cafeteria has been encouraging.

"It doesn't bother me at all," Hopkins said. "I'm pleased students are showing an interest to make a statement. My office is always open."

Neuroth, Husband and Hester said they plan to try to meet with Hopkins today to determine what can be done, adding they "don't want to hurt the cafeteria."

They also said they didn't have any problem directly with Food Service, which Hopkins said was shown by the number of students who brought food from the Food Court.

"We've had much lower sales than normal (at the cafeteria)," Hopkins said, but before determining how much food services might have lost, he said he would "have to look at the Food Court's increase in sales."

VIOLATIONS: Bohannon says residence staff 'well trained'

Continued from front

According to the figures, twice the number of students are caught disobeying policy in Todd-Dupree than Keene and Telford halls combined. Keene and Telford halls out-number Todd-Dupree in residents by about two to one.

Bohannon said the staff of Todd-Dupree is very well trained and does an excellent job.

"I feel for those R.A.'s. That is an extremely tough job. When we get a report from Todd-Dupree, it is very well written. I am very pleased with the paperwork," Bohannon said.

Lea Carpenter, a resident assistant in Dupree, said last year the floors were patrolled twice a night by R.A.'s, and this year the number has increased to three times a night.

"The longer our staff works together, the more efficient we will become. Our totals (write-ups) will improve," Carpenter said.

According to university policy, a student who is written up three times is evicted from university housing. In Todd-Dupree area, students only get two write-ups before they are removed from co-ed housing.

"They put you in non co-ed. We consider co-ed housing to be privileged living. We have already removed one student this semester," Bohannon said.

Once a student is written up, he or she goes before a judicial board of peers. All students are innocent until proven guilty, Bohannon said.

The judicial board is made up of five students and one alternate. The board listens to cases that come before the board.

One thousand cases were heard by the judicial board during the 1994-95 school year.

Bohannon said many schools across the nation hand down penalties for university infractions through administrators, not students.



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PARKING: Low number ticketed

Continued from front

the residential parking lots not being filled, Jozefowicz said it is unlikely any more commuter spaces will be put in the main campus area. The location of the commuter lots on the outskirts of the campus cuts down on the traffic flow through campus, he said.

Several complaints have also been received about the morning traffic back up at the new Alumni Coliseum stop light.

Jozefowicz suggests commuters to turn right on to Lancaster and park in the Statedland lot and ride the bus, instead of fighting the Alumni Coliseum traffic.

"I wouldn't ask people to do something I wouldn't do or ask my wife to do," said Jozefowicz.

The Buses are Coming!

Revised shuttle bus schedules for Fall 1995.

Kit Carson Express				Stratton Shuttle	
STATELAND LOT	PERKINS BUILDING	KEEN JOHNSON	CASE HALL LOT	STRATTON BUILDING	ALUMNI COLISEUM
8:58 a.m.	9:00 a.m.	9:05 a.m.	9:06 a.m.	7:50 a.m.	7:45 a.m.
9:09 a.m.	9:10 a.m.			9:02 a.m.	9:05 a.m.
10:13 a.m.	10:15 a.m.	10:20 a.m.	10:21 a.m.	10:17 a.m.	10:20 a.m.
10:24 a.m.	10:25 a.m.			11:32 a.m.	11:35 a.m.
11:28 a.m.	11:30 a.m.	11:35 a.m.	11:36 a.m.	12:52 p.m.	12:55 p.m.
11:39 a.m.	11:40 a.m.			2:02 p.m.	2:05 p.m.
12:43 p.m.	12:45 p.m.	12:50 p.m.	12:51 p.m.	3:17 p.m.	3:20 p.m.
12:54 p.m.	12:55 p.m.				
1:58 p.m.	2:00 p.m.	2:05 p.m.	2:06 p.m.		
2:09 p.m.	2:10 p.m.				
3:13 p.m.	3:15 p.m.	3:20 p.m.	3:21 p.m.		
3:24 p.m.	3:25 p.m.				
		4:35 p.m.	4:36 p.m.		
4:40 p.m.	END OF SERVICE				

Progress/TERRY STEVENS

ORDINANCE: Clubs must provide guidelines

Continued from front

membership cards permitting entrance into the club.

"We don't just let anybody in off the streets," Abrams said.

The small membership fee, she said, only covers the rent and operating expenses.

The ordinance requires private clubs, as well as businesses, to provide strict guidelines so they can meet occupational licensing requirements.

There are four guidelines private clubs must meet established by the ordinance: the club must have a meeting of its members at least

annually, it must have a membership roster, a written, enforced membership and guest policy and a written, enforced policy keeping the club "members-only."

Private clubs will be required to pay an annual licensing fee of \$600.

The ordinance defines a private club as a nonprofit organization for charitable, religious, literary, civic, fraternal, or patriotic purposes which has its own meeting or assembly establishment for members and their guests only. The club must meet in this establishment for at least a year before it can apply for a license.

Private clubs already established

will not be affected by the ordinance, including the Elks Club and country clubs, said Ed Worley, city manager.

But, Abrams has not been notified by anyone about how her establishment will be affected or if she will have to make any changes to stay open.

Abrams said she spoke to a lawyer before opening the after hours club "because we wanted to do it right." The lawyer advised to sell memberships and keep a roster of members.

"If they close them down," said Abrams, "we'll just turn it into something else."

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Life Lessons

finding a balance

Part of growing up is accepting responsibility. With responsibility comes stress. While some stress can be good, motivating us to get things done, after a point it becomes negative. As we grow, we learn to balance our stressors and receive a valuable education only life can teach.

BY TRACI DILL, STAFF WRITER

The need to find a balance



Every morning, Deana Goldson wakes up at 4:30 a.m. and fixes breakfast for her 5-year-old daughter before she drops her off at daycare and begins her hour and a half commute to campus. After a full day of back-to-back classes, she returns home to make dinner. After she puts her daughter to bed about 9 p.m., she is finally able to settle down to study for a few hours before it all starts again the next day.

For Goldson, a 23-year-old full time student, single mother and Public Relations Student Society of America treasurer, the pressure can often be overwhelming.

"It's so hard to keep it all in balance. I know that I have to study, but on the other hand, there is my child who is begging me not to...It's really hard to stay on top, much less get ahead of classes," she said.

While most students do not have the added pressure of a child, there is one thread that binds all college students together at some point in time: stress.

Everything from relationships to exams to car payments and demands on time from social organizations and professional clubs bring added stress to a student's already hectic lifestyle.

There is no doubt that college life can be stressful. In fact, Eugene Bowling, director of student health services, said young-adulthood, along with puberty and mid-life, is one of the three major stress periods in a person's life.

A time of adjustment



"I've always felt this way because we have so many major decisions that we're making at that time...It's a major adjustment period," he said.

Bowling said that in general, stress causes a feeling of anxiety that we often associate with being afraid.

All of the symptoms gotten as a result of adrenaline, such as increase in heart rate, rapid breath and dry mouth, are the most common signs of stress. Many of the aches and pains experienced every day may be caused or worsened by stress.

"Certainly, we see an increase in the likelihood of headaches, both muscle-tension and migraines, backaches and fatigue as frequent symptoms of stress," he said.

In cases where stress is more severe or long-lasting, it can result in physiological or psychological responses which can lead to health problems like depression, high blood pressure and ulcers.

On campus, Bowling said he sees many students for stress-related illnesses and has found that empathy is often the best medicine.

"A lot of people can be helped...if you can relate to them so that they know you're hearing what they tell you, and that you want to help them," he said.

Too often, Bowling said he thinks students use alcohol as their primary method for dealing with stress.

"I think that it's a real hazard because alcohol temporarily dissolves extremely well. It kind of causes people to come back to it too often," he said.



Dealing with the stress



So what is the best way to release some of that stress?

"Aerobic exercise is one of the best ways for young people to release tension,"

Agnes Chrietberg, professor of physical education, said.

"It doesn't have to be vigorous, but they need to do it every day."

Walking, tennis, in-line skating, bicycling and swimming are examples of aerobic activity, and all are activities that can be done on campus.

"That's what is so nice about a university. There is some area to support your interest if you just look around for it," Chrietberg said.

"There's a lot of diversionary activities that students can find to do."

As difficult as it may be at times, Chrietberg said it is important to try to maintain some sort of balance.

Balance, she says, means getting enough sleep and eating a balanced diet along with maintaining an exercise regime.

By surveying students in her class, Chrietberg often finds that many only eat one meal a day, thus not supplying enough energy to get through a normal day, much less an extremely hectic one.

"These are physiological changes that result in psychological benefits. The body, mind and person are not separate. If you do something good for your body, then it affects your mental attitude," she said.

Realizing we're not perfect



While exercise is a good way of relieving stress, Calvin Tolar, director of the counseling center, said it will continue to come back unless one learns to reduce it. In order to handle it better, one must define it properly and learn to think about it differently.

Tolar said three common themes associated with stress are perfection, approval and should.

"If the majority of people stopped thinking that they have to be perfect, they must have approval from others, and that everything should be a certain way, they would be rid of most stress," he said.

Once people understand that their stress comes from within, the next step is to identify their negative thoughts and challenge them when they are happening.

"Learning how to think in realistic terms; that's how people deal with stress," he said.

For Goldson, thinking realistically means taking a vitamin B supplement to increase her energy.

"I'm always tired," she said. "But I know that for my sake and for my daughter's sake, I have to keep on going."

Stress less with these helpful hints

Here are some factors that cause stress and some tips to help you deal with it.

CAUSES OF STRESS:

- Inadequate time to complete a job to one's satisfaction.
- Lack of clear job description, or chain of command.
- Inability (or lack of opportunity) to voice complaints.
- Many responsibilities, but little authority or decision-making capability.
- Inability to work with superiors, co-workers or subordinates because of basic differences in personality, values and/or goals.
- Lack of control or pride about the finished product.
- Prejudice and bigotry due to age, gender, race or religion.
- Unpleasant environmental conditions: cigarette smoke and other air pollution, crowding, noise, exposure to chemicals, commuting difficulties or inadequate/non-working equipment.
- Not being able to use personal talents or abilities effectively or to their full potential.
- Problems at home: family worries, financial problems, alcohol/drug/gambling problems, etc.

DEALING WITH IT:

Dr. Paul Motley, professor of physical education, offered these ways for students to stress less.

He said once we accept these six items as facts, stress is reduced and we can deal with life's challenges more smoothly.

- Getting older is inevitable.
- Life is not fair.
- Everyone's not going to like you.
- Things are bound to change.
- Life is difficult.
- You can't change people.

To list an item in Preview, mail information to Arts editor Chad Williamson or Activities editor Jennifer Almjeld at 117 Donovan Annex or call 622-1872. Deadline for Thursday publication is the preceding Monday by noon.

Thursday, October 19, 1995

THE EASTERN PROGRESS

Oct. 19 "Africa Today," a Christian Science Monitor film, will be shown at 7 p.m. in Room 108 of the John Grant Crabbe Library. An open discussion will follow the film and admission is free.



Photo submitted

Blackhawk will perform with Tim McGraw and 4 Runner at 7:30 p.m. at Alumni Coliseum. Tickets are on sale at the Cashiers Window, Coates Building or by calling 1242. Tickets are also available through TicketMaster at 606-281-6644.

Martin Kish, vice president of public affairs for The Valvoline Company, will present "Role of Communication in Business" at 7 p.m. in the Ferrell Room of the Combs Building.

Oct. 20 The Haunted Forest will be open from 7:30 p.m. to 11 p.m. at Camp Catalpa off Highway 52 East. Admission is \$4 for adults and \$1 for children 12 and under. The Haunted Forest will run through Oct. 31. For more information, call 623-8753.

check in between 9 a.m. and 10 a.m. at the Weaver Gym. The last day to sign up for the race at the reduced rate of \$4 is Oct. 19. For more information, call the Intramural Office at 1244.

The department of human environmental sciences will hold an alumni brunch from 10:30 a.m. to noon in the Willie Moss Living Center in the Burrier Building. All department majors, friends and family are invited to attend at no charge.

Oct. 21 The 18th Annual 5K Homecoming Run will begin at 10:30 a.m. Runners will

The Fourth Annual Colonel Country Fair will be held from 11:30 a.m. to 2:30 p.m. in the Alumni Coliseum parking lot. For more information, call 1260.

Oct. 22 A record and CD show will be held from 10 a.m. to 5 p.m. at Holiday Inn North, I-75/64, Exit 115. Admission is \$3, and children 12 and under are admitted free.

"Someone Who'll Watch

"Over Me" will run through today at the Thompson Shelterhouse Theater, part of the Cincinnati Playhouse in the Park. Tickets range from \$23-\$30. For ticket information, call the box office at 513-421-3888 or toll-free at 1-800-582-3208.

Oct. 23 Kappa Delta Pi will meet for new member initiation at 5 p.m.

The Golden Key National Honor Society will meet at 4:30 p.m. in the Powell Building. For more information, call 625-9157.

Oct. 24 Laura Burford will discuss "Peregrine Falcon Introductions in Kentucky" at 7:30 p.m. in Room 103 of the Moore Building.

Oct. 25 A demonstration workshop for faculty and administrators, "Integrating Computer Presentations with Distance Learning Teaching", will be held

from 6 p.m. to 7:30 p.m. in the television studio of the Perkins Building. Anyone planning to attend should call 1155 by noon Oct. 25 to make reservations.

Upcoming

The Richmond Parks and Recreation Department is providing open gym time for pre-school children on Fridays from 9 a.m. to noon. Parents are required to supervise their children. For more information, call 623-8753.

An African dance class will be taught from 3:30 p.m. to 5:30 p.m. Oct. 26 at Weaver Dance Studio.

Vocal jazz group Beachfront Property will perform 7:30 p.m. Oct. 26 at Brock Auditorium. For ticket information, call 624-4242.

"Swan Lake" will be presented by the Lexington Ballet at 8 p.m., Oct. 27 and 2 p.m. and 8 p.m., Oct. 28 at the Opera House in Lexington. Tickets are \$17 for adults, \$14 for students and seniors and \$10 for children. For more information, call the box office at 257-4929.

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ASSASSINS (R) Sat.-Sun. 1:15 4:40 7:25 10:05 Fri., Mon.-Thur. 4:40 7:25 10:05
STRANGE DAYS (R) Sat.-Sun. 1:35 4:30 7:20 10:10 Fri., Mon.-Thur. 4:30 7:20 10:10

HOW TO MAKE AN AMERICAN OULTY (PG-13) Sat.-Sun. 1:25 5:00 7:25 9:55 Fri., Mon.-Thur. 5:00 7:25 9:55
THE BIG GREEN (PG) Sat.-Sun. 1:05 3:15 5:25 7:30 Fri., Mon.-Thur. 5:25 7:30
THE SCARLET LETTER (R) Sat.-Sun. 1:10 4:45 7:35 10:15 Fri., Mon.-Thur. 4:45 7:35 10:15
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A guide to buying the best sound on a tight college student dollar

By Chad Sheffler and Chad Williamson

Off to college you've gone, and of course you can't survive without your tunes, but that boom box you were using at home just isn't going to cut it with the neighbors' systems shaking your pictures off the wall.

So now you're going to have to buy a stereo. But being a college student, you have two problems to worry about: How much do I have to spend, and how much space will it take up?

Maybe you could ask advice from friends. Both problems are issues Eastern students had to deal with in their own stereo selections.

Ta'ron Lee of Todd Hall says that it all goes into the sound. For him, the most important element of a home stereo are the speakers and not the receiver.

"The receiver doesn't matter as long as it pushes," he said.

He said to look for a solid type of wood constructed speaker cabinets. Lee's great sounding speakers are Jensen 3-way, which he purchased at Circuit City.

Patrick Johnson and Joe Marcum of Todd Hall share their equipment to make up their home stereo. They have a 100-watt Technics receiver, a Kenwood six-disc CD player, a Sony five-cassette changer and two Fisher 80-watt speakers.

"If we want it loud, it plays loud," Marcum said.

Constructing a component system has repair advantages over a complete system, Johnson said.

"The good thing about this system is that if something breaks, then we just have to get another part instead of getting a whole new stereo," he said.

Seeking out sounds

So after talking to your friends, now you have to go to the store and lay down the cash for the stereo. Finding the right combination of price and quality will be your biggest dilemma.

The smart move is to go with component stereos, said Kim Gilpin, sales associate at Radio Shack (Richmond Mall). With bit-and-piece systems, you just need to have the individual part repaired.

Also, nothing replaces quality, said Brian Blosser, sales associate for Best Buy (3220 Nicholasville Road, Lexington). In order to get a good system, you will have to spend money, but that doesn't mean you have to go broke. Blosser estimated \$230-\$300 will buy a stereo system to last through the many years of a college student's life and beyond.

Stores offer good values, choices

Best Buy in Lexington has a 70-watt per channel Pioneer shelf system with six disc changer, dual cassette decks, AM/FM tuner with 24 station presets, wireless remote and disco, dance hall and movie sound-fields for around \$400.

For around \$800, you can get a 50-watt per channel Aiwa compact stereo system with a 50 CD changer system, dual cassette and remote. Best Buy offers a one-year limited warranty on products.

Radio Shack at Richmond Mall has the Optimus micro music system for \$230, and it comes with a great sounding 16-watt per channel AM/FM receiver, CD player and cassette player.

Another option might be the Optimus mini stereo system for around \$380, which includes a CD player, dual cassette, a 32 station preset AM/FM receiver and a three preset equalizer with remote. Radio Shack offers a one-year warranty on these products.

Wal-Mart in Richmond has quality stereo equipment at low cost, including a Magnavox five disc CD changer with remote for around \$140.

You can combine that with the Magnavox Home Audio Theatre, which includes a Dolby pro-logic surround receiver with stadium, theater and concert modes, and five very nice speakers, including a \$150 value subwoofer free with mail-in rebate.

Wal-Mart also has an Aiwa (nsx-v52) compact stereo for around \$380, which includes a 40-watt per channel receiver, a three disc auto CD changer, front surround speaker system, dual cassette with auto reverse and a fully functional remote.

Wal-Mart offers a 90-day in-store warranty on these products. After that, you have to send in your receipt to the manufacturer.

Students, because of limited space in residence hall rooms or apartments, go for shelf systems which can deliver excellent sound, he said.

Be on the lookout for good speakers for the system, which will account for much of its longevity, Blosser said. Ninety percent of systems are speaker-specific, he said, designed for their systems.

High-end boom boxes, because of their size, are also a frequent option for college students, Blosser said, because front-loading systems perfect for sitting on a dorm shelf.

But never forget to look at smaller stores and pawn shops, where quality systems can be bought on the cheap and a bargain made if you

catch them at the right time.

Paying the piper

Now you've selected your stereo, so now the eternal question: "How am I going to pay for this?"

Best Buy offers its own in-store credit card, as well as accepting personal checks and all major credit cards.

Radio Shack has its "RSVP" in-store card with "90 days same as cash, no interest" credit purchase offer, as well as accepting all major credit cards, layaway and financing through local credit companies.

Wal-Mart accepts all major credit cards, personal checks with ID and offers three-month layaway with 10 percent down.

EKU 'UNPLUGGED'



Progressive folk duo Chaotica performed Tuesday at the corner of the Powell Building. Bassist Jeff Yatatovitz and guitarist/keyboardist Jane Brody, both from Baltimore, are touring in support of their self-produced album of all-original material.

Progress/MATT McCARTY

Familiar elements blend smoothly for techno-thriller 'Strange Days'

By Mike Noble
Contributing film critic

What magnificent changes will take place? Will the world as we know it be the same? It boggles the mind just to think about looking a grand total of four years into the future! Okay, so maybe it's not that much of a stretch, but the movie "Strange Days" takes it as far as possible.

The story centers around a new piece of technology called SQUID (an acronym for something or other), which is a device strapped to someone's head to pick up and record his brainwaves. These brainwaves are in turn loaded onto a minidisc that can then be wired into a headset so another person can see and feel the experiences of the person who wore the SQUID system.

Ralph Fiennes plays a peddler of this new technology. He's a peddler because the SQUID system is more than a virtual reality game — it is an addiction that has to be sold on the black market. Instead of crackheads, you have people hooked on "playback." All this happens in 1999, when they can't even design a decent CD-ROM game in 1995.

At first, the doubt weighs a little heavy, but once you get over the skepticism, the movie starts to get interesting. "Strange Days" appeal is not due to the special effects and gadgetry other movies of this sort ("Johnny Mnemonic," "Virtuosity") have been relying on, but in the lives of the different characters — like survivalist Mace, played exceptionally well by Angela Bassett — and the constant twists of direction the film takes.

At one moment you're watching a new age cyber-thriller (as in virtual reality scenes shot from a first-person point of view), at another, an action adventure flick (as in blazing guns and fiery car crashes), at another, a socio-political commentary (as in the Rodney King-based finale), and at another, as a comedy (as in Juliette Lewis' singing debut).

If the basis of the SQUID system sounds familiar, that's because you've probably seen it in cheesy sci-fi



Submitted photo

Ralph Fiennes stars as a virtual reality technology hustler in the cyber-thriller "Strange Days."

flicks like "Brain Scan" or "Dreamscape." In fact, there really isn't an original moment in the whole movie. You've seen the stunts, camera work, subplots and relationships many times before. Fiennes' backstabbing buddy even echoes this fact while musing over the apocalypse, saying, "You know why it has to be the end of the world? Because everything's already been done before."

But, "Strange Days" still comes out fresh and screaming with its own voice because it doesn't work on individual concepts alone. It's energy is derived from a new mixing and matching of old and staid stand-bys. If you look at some of the most talked-about films of the last year (Pulp Fiction, Natural Born Killers, etc.) you'll find the same is true of them.

The only real problem with "Strange Days" is director Kathryn Bigelow's need to over-dramatize. Some of the scenes between Lewis and Fiennes are so sappy they drip, and subtlety is lacking from the analogy between drugs and virtual reality.

Still, out of the half dozen technology-driven movies we've been barraged with over the last year, "Strange Days" is the first to throw out conventional wisdom and stir things up a bit — and for this reason, it is the first to succeed at any measurable level.

Rating

★★★★★
(Out of four)

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THINGS

GAMES PRIZES DRINK SPECIALS SCARY FUN

Brothers protect thanks to Eastern

Grads make a difference with their education

By **DUSTIN SMOTHERS**
Staff writer

Two Eastern graduates are now in the protection business: one protects against contaminants in the soil while the other protects against crime and violence.

Dan Ziarkowski, who is a year older than his brother Ted, works for the California Environmental Protection Agency as a hazardous substances scientist. He works on cleaning up contaminants left over by heavy metals such as lead, arsenic and mercury.

"In California, you have a lot of mines," he said. "You have a lot of people, you have a problem."

"If we are going to screw up, we're going to screw up on the side of protection," Dan said. "We are a preventative organization."

Dan was quoted in the Sept. 25 issue of Time magazine, in regard to a chemical problem in California.

Ted Ziarkowski works as a police officer for Lake in the Hills, Illinois. Before joining Lake in the Hills, Ted worked part-time with Sleepy Hollow Police Department.

"Being a police officer is 95 percent boredom and 5 percent sheer ter-



Dan(left) and Ted Ziarkowski hug their mom.

Photo submitted

ror," Ted said.

Dan and Ted grew up with their father Arthur, a World War II veteran, who owned a bookstore in Palatine, Ill., and who now lives in Berea.

After graduating from Crystal Lake High School in Illinois, Dan went to the Coast Guard and Ted went to Eastern.

While Dan got his sea legs, Ted stayed firmly planted on dry land at Eastern. He said he chose Eastern

because he knew he was going into law enforcement.

"There are some of the best teachers and most outstanding students," he said.

Ted was a member and fund-raising chairman for Alpha Phi Sigma, the Criminal Justice Honor Society, and a member of the Association for Law Enforcement (ALE).

After a discharge from the Coast Guard in April 1981, Dan Ziarkowski began backpacking around Europe.

After returning from Europe, Dan enrolled at Eastern.

Ted was nearing graduation when Dan enrolled.

After graduating in 1982 with a bachelor's degree in police administration, Ted started working for a private country club in Illinois.

Ted joined Lake in the Hills Police Department.

"They had more volume," he said. "A pension, a substantial raise and a future."

Ted said he is comfortable with the path he has chosen.

"I'm to the point where I want to be," he said. "The way the department grows and the opportunity to advance is just a matter of time."

Back at Eastern, Dan was nervous about his new environment.

"It was different because I had never been to college," Dan said.

He was always interested in environmental work, and he knew there were a lot of problems with chemicals, Dan said.

During chemistry class, Dan met Kelly Chandler. They spent many hours studying in the library together and after 11 years, they were married.

In 1985, Dan graduated with an associate's degree in science of engineering and a bachelor's degree in chemistry.

Even though the brothers have traveled far from their Eastern roots, they still have fond remembrances of their time at the school.



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Progress/file photo

HC Fair has Cajun flair

By JENNIFER ALMJELD
Activities editor

Fliers are advertising it as "the largest tailgate party on campus," but the Colonel Country Fair is much more than that. The event will combine food, fun and music to show alumni a good time over Homecoming weekend.

The Fourth Annual Colonel Country Fair will be held from 11:30 a.m. to 2:30 p.m. Saturday in the Alumni Coliseum parking lot next to the state police post. The event is expected to cover an eighth of the parking lot, said Lally Jennings, coordinator of the fair.

"We have a great location because most people that attend the game park in the Alumni lot and will have to walk past us anyway," Jennings said. "We have all kinds of entertainment and things to do planned."

Alumni Affairs, the sponsor of the event, will set up 11 tents. About 50 organizations are signed up to set up booths.

Organizations participating include Greek organizations, student groups and academic depart-

Country Fair

Time: 11:30 a.m.
Date: Saturday
Place: Alumni Coliseum Parking lot

current students are our first priority," Harvey said. "Alumni are also very important to us."

Some booths are set-up just to have fun. Many groups are sponsoring tailgate parties for their alumni. The Eastern Progress will host a party for alumni and staff members.

Music for the fair will be provided by a group out of Lexington called Zyde-Cola. "They're a Cajun band," Jennings said. "Hopefully it will be lively."

Some people from the music department are also planned to perform. Other entertainment includes the Colonel Dance Team and the ECU Dance Theatre and the Shameless dancers.

There will be many different types of food booths run by Food Services and JTM Foods. Except for the price of the food, the event is free and the public is welcome. Jennings especially hopes to see Eastern alumni at the event.

"This way people can meet people from all departments and student organizations," Jennings said.

"It's a great place for people to congregate after the parade and before the game."

ments. All the groups will set up booths, but each booth will be doing something different.

"There will be face painting, games and information booths. Student Government is doing Karaoke," Jennings said. "Lots of the student organizations are using the day as a fundraiser for their groups."

There will be booths selling T-shirts, stuffed animals and baked goods. The English department is planning to personalize books for children.

Art Harvey, at Career Development and Placement, said his group will concentrate on getting information to those in attendance about job opportunities. "Our

Environmental science major Chad Borders at far left, enjoyed a tailgate with friends at a past Colonel Country Fair. Some of the 50 groups participating in the fair are hosting tailgate parties for graduates of their colleges. Festivities begin at 11:30 a.m. and last until 2:30 p.m. in the Alumni Coliseum.

Halloween Happenings, Lambda Chi fundraiser begins Friday

By JENNIFER ALMJELD
Activities editor

With a successful food drive behind it, Lambda Chi Alpha fraternity is gearing up for its role in the annual Haunted Forest.

The Haunted Forest, now in its 11th year, will run from Oct. 20-31 at Camp Catalpa off Highway 52 East.

It takes roughly 15 minutes to go through the forest, which has 12 stations to frighten visitors.

The Richmond Parks and Recreation Department is responsible for setting up and coordinating the attraction, but Lambda Chi members are the main volunteers.

"They've done us an excellent service," said Kevin Goreman, head of the event. "We couldn't do it without them."

The fraternity works with two sororities to man the forest and serve as guides to visitors.

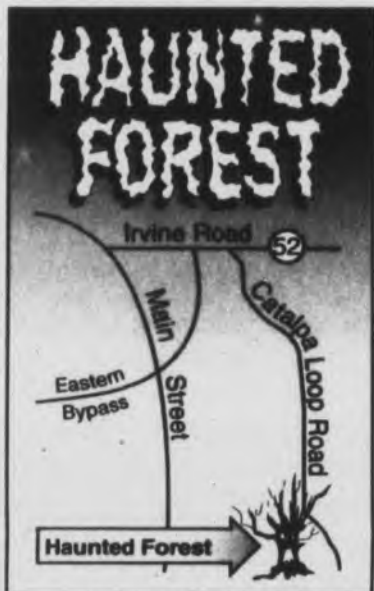
"We provide the slave labor," said Nick Gincola, vice president of the fraternity. "Last year I think we raised about \$20,000."

The proceeds go to the city of Richmond and are used to help fund the DARE program and toys-for-tots. Admission is \$4 for adults and \$1 for children 12 and under.

Between 5,000 and 6,000 people visited the Haunted Forest over an 11-night period.

"It's our most successful fundraiser," Gincola said. "Compared to other Lambda Chi chapters, we could do better (at fund-raising), but with only 50 men in our chapter, it's hard."

Lambda Chi's 50 members made



Progress/TERRY STEVENS

a huge contribution of canned goods they had collected to the Kentucky River Foothills and community. This was part of the fraternity's national food drive.

The local chapter delivered over 6,600 cans of food Sept. 29 weighing an estimated 6,200 pounds.

"We did much better this year than last," Gincola said. "Last year we only raised 2,000 pounds of food."

The food drive's success is attributed to the fact the fraternity combined its door-to-door efforts in the community with its annual Watermelon Bust.

The Watermelon Bust is a contest between all the sororities on campus. Participants competed in tug-of-war, volleyball and a greased melon contest to earn points.

This year, sororities were given the chance to bring in canned goods to earn points. Kappa Delta won the event by bringing in over 2,000 cans of food.

"I didn't think we'd get this many (cans of food), but we knew it would help the community," Gincola said. "It astonished everybody."

Blood drive hopes for 250 pints a day

By ALYSSA BRAMLAGE
Staff writer

With Halloween just around the corner, the American Red Cross is out for blood.

The Red Cross, with the help of 15 campus organizations, will hold a blood drive from 9 a.m. to 5 p.m. Oct. 24 and 25 in the lobby of the Powell Building. Less than 75 people per day are signed up to take part, but walk-ins are welcome.

This year's blood drive is being held in honor of Cecil Orchard, a former Eastern faculty member. Orchard suffered from cancer and needed numerous transfusions before his death.

Michael Hay, in the Student Development Office, believes that by dedicating the drive to Orchard, people will see the importance of giving blood. Each donor will be asked to sign a card as "a support thing for the family," Hay said.

The turnout this year should be pretty good, Hay said. The goal is around 250 pints of blood per day.

Jackie Schank, donor recruitment representative for Madison County, is hoping to reach more Eastern students than ever before. "We've averaged about 300 or 350 pints in a two-day period," Schank said. "Our goal on a college campus is to reach 25 percent of the students. We didn't even have 10 percent involved last year."

Many campus organizations are hoping to better the student turnout by getting involved. A member of a participating group, Theta Chi, feels the drive will benefit many. "Sometimes they have to put surgery on hold because of low blood supply," Larry Muennich said. Muennich said having an injured parent helped him decide to get involved.

Participation is crucial for a

BLOOD DRIVE

TIME: 9 a.m. to 5 p.m.
DATE: Oct. 24 and 25
PLACE: lobby of the Powell Building
WHO CAN DONATE:

Anyone who is in good health, is 17 years old or older and weighs at least 110 pounds can donate blood.

blood drive to succeed, so those involved want a good turnout.

Alpha Omicron Pi expects about half of its girls to participate. Tonya Tarvin, president of the sorority, said "the majority of the girls will (participate)."

Pi Kappa Alpha expects all of its members to participate in one way or another. "Twenty-five of our members will actually donate, and the rest volunteer at fund-raisers and the canteen," said Travis Jones, president of the fraternity.

Through participation in this charity event, Muennich hopes Theta Chi will "get a sense of commitment to donate more blood and encourage others to give."

Other organizations participating are Alpha Delta Pi, Baptist Student Union, Clay Hall Council, Dupree Hall, Interfraternity Council, Kappa Delta, Kappa Delta Tau, Pi Beta Phi, Residence Hall Association and Todd Hall Council.

In case you're a bit apprehensive about donating blood on the 24th, you should know that the whole process takes only 45 minutes.

Several can be helped through just one pint of your blood. "One pint of blood can be split between three people," Schank said. "One of every five of us will need blood, so that means at least three out of five



Progress/file photo

After giving blood, participants will receive sweets and juice. Kroger's is also providing bagels and cream cheese.

of us should donate. If you know anyone who's needed blood you should donate."

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Tim Mollette, editor

THE EASTERN PROGRESS

Thursday, October 19, 1995

Colonels face Martin air attack at Homecoming

By TIM MOLLETTE Sports editor

To say the Tennessee-Martin Skyhawks will fly into Richmond with air under their wings is an understatement.

Eastern-Tenn.-Martin When: 3 p.m. Saturday Where: Hanger Field Radio: WEKY-AM 1340 WEKU-FM 88.9

Eastern will face a Martin offense Saturday that has gone to the air more times than any other Ohio Valley Conference team this season.

"They may throw the ball 50 times," Kidd said. "Throwing the football is really their offensive strength."

Skyhawk quarterback Jeff McGrone is leading the conference in most passing categories, including yards (1,224) and touchdowns (11).

Saturday's matchup will put conference front-runner Eastern (5-1, 3-0 OVC) in a crucial OVC contest with second place Martin (4-2, 3-1 OVC), and success for the Colonels may depend on stopping McGrone, Kidd said.

"They have an excellent quarterback, and we will have to do a good job getting to him to be successful," Kidd said. "Our pass defense has been one of the things that has been disappointing to me this season."

Mixing up pass coverages and pressuring the passer will be the keys for stopping Martin's passing game, Kidd said.

Defensively, the Skyhawks rank fourth in total defense in the OVC, led by defensive back Fred Thomas, who intercepted three passes last week in the Skyhawks' 28-7 win over Tennessee State.

"They're really aggressive on defense," Kidd said. "Watching them on tape, I'd say they're a little better football team than Middle was. We'll just keep our offense balanced with running and passing and try to attack them."

It is the balanced offense that Martin coach Don McLeary said is weighing heavily on his mind.

"Offensively, Eastern is showing more variety in their formations, where in the past they ran mostly out of the I-formation," McLeary said. "It will take an outstanding effort from our team."

For the Colonel defense, last week's OVC Defensive Player of the Week Tony McComb leads a squad that is allowing only 17 points per game.

In addition to their opponent's potent air attack, the Colonels enter Homecoming hampered by injuries. Offensive tackles Brent Rhoades and D.J. Fain, tight end Jason Dunn and defensive end David Forman, who suffered a broken leg against Middle Tennessee, all could miss Saturday's game.

"If we lose one more offensive lineman, I don't know what we'll do," Kidd said.

With an important conference game falling on Homecoming, Kidd said the day's hype can work two ways on a team.

"It helps with a nice crowd, but if you get caught up in the other activities, it can hurt your concentration," Kidd said, "and you better be concentrating or this team will beat you."



Tony McComb brings down a Middle Tennessee ball carrier during the Colonels' win. The junior linebacker won OVC Defensive Player of the Week honors last week. For game details, see page B7.

Past and present meet at '95 festivities

The past is meeting the present as we welcome alumni from all eras to Homecoming, version 1995.

The theme this year is "Somewhere in Time," and it is appropriate as alumni from all eras descend upon Richmond to celebrate past glories. Typically we welcome the alumni with a warm hand shake or a simple "Hello" and tell them to stand back and wait till the smoke clears as Tennessee-Martin comes to Richmond to test the Colonels.



Chad Queen ON THE SIDE LINE

We should usher in Homecoming by extending our hands to such former football greats as J.W. "Spider" Thurman, who quarterbacked Eastern's first undefeated team in 1940 and as an All-American.

Even though it has been some 50 years since "Spider" directed Eastern's offense, his accomplishments on the field live on in the record books.

The festivities surrounding Homecoming have not always been as involved as they have become. "Spider" recalls when he was a student here there wasn't a parade, and Eastern only had an enrollment of 4,000 students.

"Homecoming today has more activities than when I went here," he said.

The Homecoming of the present has something for each of us, as it is more than a football game. It's a chance for the alumni to relive the past as they gather with old friends and teammates to remember the trials of yesteryear, but it also serves as a glimpse into where Eastern is now and where it's going.

Aside from alumni, we the students gain from this event, learning of yesterday while pioneering the present and making legends for the future.

In dealing with the present, James Hand, a senior All-American, has found his niche with the '95 team and looks upon Homecoming as a time mainly for alumni to relive their pasts.

"It's just a time for the coaches to reminisce," Hand said.

So it is with the alumni as they converge into town searching for hints of their past by reliving old glories. We the students should find our piece of the present to reminisce about when we enter the hallowed alumni status, and let our triumphs continue as we look to extend our winning tradition "Somewhere in Time."



Colonel runner John Kaiser (right) breaks away from the pack at this weekend's ECU Invitational. He finished with a time of 28:08.

Building a winner:

Women maintain excellence with little recognition

By BRIAN SIMMS Assistant sports editor



For Eastern cross country coach Rick Erdmann, it's nothing new.

Having a successful men or women's cross country team happens every year with Erdmann, who has guided the men to six straight Ohio Valley Conference titles and the women to 13 straight.

But it's not every year a team

stands out as much as this year's women's team, Erdmann said.

The Lady Colonels are letting everybody know who they are, but no one is listening.

In every match this year, Eastern's women have grasped the first place

Colonels take third, OVC next

By BRIAN SIMMS Assistant sports editor

Both the Eastern men's and women's cross country teams completed their bid to top for the Ohio Valley Conference Championships when they hosted the Eastern Kentucky Invitational Friday.

The women continued their dominance of meets with a first place showing in the 8K race, while the men showed they have some work to do before the conference championship Oct. 25 on Cape Girardeau, Mo.

The Lady Colonels placed all of their runners in the top 10 for a team total of 26.34, more than ahead of second place Louisville.

Freshman Sarah Blossom led Eastern for the second week in a row with a time of 17:37, ahead of the capable Mandy Jones.

Blossom placed second in the meet. Jones, who had been the leading runner on the team up until the team's fifth meet last week at Loyola, finished 10 seconds behind Blossom for the third spot.

"I thought our girls, particularly Mandy Jones and Sarah Blossom, competed very well," coach Rick Erdmann said. "They raced against each other, and that was a positive aspect."

Other women runners who scored were Sunshine Wilson, fifth (18:07), Amy Hathaway, seventh (18:14) and Jamie King, ninth (18:26).

"In order for us to get better as a team, we're going to have to get our (Nos.) three, four and five girls up closer to Mandy (Jones) and Sarah (Blossom)," Erdmann said.

The men finished third out of five teams in the Division I 8K race with a team total of 68. OVC opponent Morehead State took the top spot with 35 team points.

"For the men, I think it was a disappointing race," Erdmann said.

Eastern was once again led by senior Ken O'Shea and sophomore Titus Ng'eno.

O'Shea's time of 26:04 placed him in the fourth spot individually, while Ng'eno came in the seventh spot with a time of 26:09.

Returning starters, improved schedule highlight 1995 season

By TIM MOLLETTE Sports editor

Losing 30 percent of the offensive output to graduation, playing a stringent non-conference schedule and looking down a roster to find no one over 6 feet, 7 and one-half inches tall could have the Eastern basketball squad feeling pessimistic about the 1995-96 season.

Or maybe not. The Colonels say goodbye to graduates Arlando Johnson and Marlon Stewart and their combined 30 points per game, and they face a tough pre-Ohio Valley Conference slate, but pessimistic they are not.

"I see a big season for this team," said DeMarkus Doss, who returns for his senior season with his 16 points per game. "It's going to take a team effort."

The first test for the "team effort" will be a challenging non-OVC schedule, hosting Miami (Ohio) Nov. 25 to open the season and traveling to Wright State, Louisville and Central Florida, in addition to facing Ohio State at the Wyoming Cowboy Shootout.

Although the upcoming season offers definite obstacles, Eastern coach Mike Calhoun said the '95-'96 schedule should be easier than a year ago.

"At times last season, our schedule was just brutal," Calhoun said. "This year it's a little less than usual, but still there are some tough teams."

After finishing 9-19 and seventh in the OVC a year ago, the Colonels now turn their sights on integrating six new faces with their three starters.

Included in those returning is Doss, who started each of his first three seasons and will be looked to for added leadership this season, Calhoun said.

"DeMarkus can't have a bad night," Calhoun said. "We need him to lead by example."

At 6 feet, 7 inches, Curtis Fincher will be the tallest returning Colonel and will have made significant contributions in the paint, Calhoun said.

"Right now, he is our go-to guy," Calhoun said. "We'll be a little suspect in the last part of his role will be even more important."

Fincher said the difficulty of rebounding is what makes him want to be a better rebounder, which could be key for a shorter team.

"Being able to rebound is hard to say," Fincher said. "I always like to work hard at something that is a challenge."

Among the incoming Colonels is a 7-foot, seven-inch Todd Clark, a graduate of Covington Holy Cross, who will be looked to for support behind Fincher.

Joining Clark in the freshman class are guards Chris Fitzgerald from Somerset and Travis Smith, a graduate of Madison High in Indiana, who failed to meet Eastern's standards for out-of-state students and won't be eligible until the spring semester.

"We have told Inskeep that we want to hand him the ball and make him our point guard," Calhoun said. "He didn't take his academics seriously enough in high school, but he can and will be a good college player."

Junior guard Carlos Bess, a transfer from Sullivan College in Louisville, will also be battling for time at the guard positions, Calhoun said, while seniors Rodd Woods and J.T. Shirer and sophomores Marty Thomas and Aaron Cecil will again be in the hunt for playing time.

New faces and a balanced schedule are keys which Calhoun said could help make the upcoming season a success.

"We have a lot of versatility," Calhoun said. "It's a better blended schedule this year. I'm consciously optimistic."



DeMarkus Doss goes over a pair of Austin Peay defenders during the 1994-95 season. Doss will carry added leadership responsibilities in addition to continuing his high-scoring ways. He finished last season averaging 16 points per game.

Eastern tosses out MSU in five games

By BRIAN SIMMS
Assistant sports editor

Before Eastern's volleyball match against Morehead State Tuesday, the Colonel players tossed key chains out into the crowd as their names were read during the pre-game introductions.

After the game, Eastern tossed out something the crowd came to see — a victory.

The Colonels gave the crowd what they wanted with a come-from-behind five-game victory over the Eagles at McBrayer Arena.

The win marked the fourth time in as many tries during this season that Eastern (10-10, 6-2 OVC) has won a five-game match.

"Last year, it was reverse of that," Eastern coach Geri Polvino said.

In the fifth game, the Colonels found themselves down 7-1 before rallying behind the service game of Mindy Shaull in taking the final contest 15-11.

Although Eastern committed 29 service errors, Morehead coach Tracy Beaty said the her team fell apart.

"We just let down, said Beaty. "We play real well for two points and then just let down."

Besides the service game, the

Colonels were led by sophomore Amy Merron's 35 kills and .413 attack percentage.

"Amy (Merron) was fantastic," said Polvino. Amy Merron never rests."

Merron also added six block assists, while committing only nine attack errors.

"My hitting has been low in the past," Merron said. "Emily (Leath) did a fantastic job in getting me the ball."

Eastern was without Shelby Addington for much of the match until it needed her later. Addington was sidelined early because of a shoulder injury that occurred in the match against Marshall last Wednesday.

The Colonels will next go on a road trip that gives them a tour of the OVC volleyball teams of Tennessee.

Tennessee Tech will be the first foe on Eastern's trip of the Volunteer State, followed by Saturday meetings with Tennessee State and Middle Tennessee.

"We're adjusting a little bit better than when we met Tech before," Polvino said. "With State, we've just got to be careful, and we've got to use our bench well."

Eastern squirmed past Middle in five games earlier in the season.

"They felt they had a bad match here," Polvino said. "Middle will be out for us."



Progress/SELENA WOODY
Junior middle blocker Kelly Grover spikes the ball after senior Emily Leath (below) set the play up. The Colonels won their match against Morehead State Tuesday with a 15-11 victory in the final game. Eastern now stands at 10-10, 6-2 in the OVC.

Colonels down OVC rival Middle, 34-21

By TIM MOLLETTE
Sports editor

The momentum shift could almost be felt in the top bleachers of Roy Kidd Stadium.

Middle Tennessee had just cut Eastern's lead to one touchdown late in the second quarter and were ready to receive the second half kickoff.

"We felt pretty good coming out of halftime," Middle coach Boots Donnelly said. "We made some mistakes, but we were in the game."

Eight seconds into the third quarter, Colonel cornerback Joe Ganns intercepted a pass from Middle quarterback Shelby Parker, ending what could have been a crucial drive before it started.

Five plays later, tailback William Murrell took a pitch from quarterback Tommy Luginbill and rambled 19 yards for a score that put Eastern up 20-7.

"I think the big play of the game was Joe Ganns' interception," Eastern coach Kidd said. "We knew

we would have to kick off to them to open the second half, and we wanted to hold them on that drive."

Murrell followed his 19-yarder with a 63-yard touchdown punt return, and Luginbill threw a 33-yard score to Bobby Washington to push the score to 34-7.

The Blue Raiders tacked on a 60-yard touchdown pass and a 68-yard fumble recovery touchdown in the last 4:16 of the game to mar what could have been an otherwise dominating performance.

"We played too good defensively to look up there and see that many points," Kidd said. "To help us in the rankings, we really needed to hold them. I wouldn't have ran the score up for anything, but it would have been more impressive if we could have held them in the fourth quarter."

Despite the late rally, Donnelly was still not pleased with his team's effort.

"We just don't have enough discipline right now to play with a team like Eastern," Donnelly said.

The win keeps the Colonels tied atop the OVC with Murray's 3-0 conference record and 5-1 mark overall and eighth ranking nationally.

Middle falls to 4-3, 3-2 in the OVC, and falls from the national top 25.

Golfers face Murray, Kentucky Intercollegiate

By CHAD QUEEN
Sports writer

Eastern's golf teams will finish their fall seasons this weekend with the women playing in the Murray State Invitational while the men will play in the Kentucky Intercollegiate.

The men are coming off the Northern Intercollegiate Tournament, where they finished 17th of 18 teams.

"I have been disappointed in the entire fall," coach Lew Smither said. "No one has played near to their potential."

While Smither can't put his finger on any one problem the team is

“
I have been disappointed
in the entire fall.
”

LEW SMITHER,
men's golf coach

having, he stands very firmly behind them.

"If I could trade my players with another team, I wouldn't," he said. "I'll take the kids I've got."

Leading the way for the Colonels

last weekend was junior Chris Bedore, who finished tied for 24th with a two-round total of 151.

A 16-team district match awaits the Colonels as they play in the Kentucky Intercollegiate this weekend.

Smither said he hopes to finish the season on a positive note.

"If we can finish in the upper half of the field, I'll be more than satisfied," he said.

As for the women, coach Sandy Martin wants a "pretty positive attitude" as they play the last tournament of the fall at Murray.

The Murray Invitational is a three-day, 15-team event that Martin said will make the Lady Colonels

work on two aspects of their game.

"It will be a chance to work on good concentration and also on good swing thoughts," she said.

The team is coming off a second place finish in the EKV Fall Invitational, where they finished behind Tennessee Tech by one stroke. Freshman Julie Bourne was the leading Lady Colonel, finishing second overall with a one-day total of 78 strokes.

Bourne had been playing the fourth or fifth spot for Eastern, but with her top finish on the team, she said she has a new confidence.

"I did it once, and I can do it again," she said.



Progress/MARIE MOFFITT
Erica Montgomery misses a putt during the EKV Fall Invitational at Arlington. The Lady Colonels finished second in the tourney.

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Progress/MARIE MOFFITT
Ken O'Shea has been the Colonels' top cross country runner in each of the team's five meets in 1995.

■ Sports Profile **Ken O'Shea**

Senior runner learns new role as leader

By CHAD QUEEN
Sports writer

Ken O'Shea has experienced a lot of changes during his career at Eastern. He's from Dublin, Ireland, and now he has ended up miles away from home at Eastern running cross country and track.

Last year he was a part of Eastern's Ohio Valley Conference cross country title winners, and after graduating four out of five of the top runners, the team now looks to him for leadership.

"There was a big void after last year, and I was expected to step up," O'Shea said.

Assuming leadership of the team has not been an easy task, as O'Shea follows a strong leader from last year.

"I have hard shoes to fill; John Nganga was a great motivator," he said.

O'Shea looks to his leadership role very similarly to the way Nganga led the team.

"I want to motivate the guys," he said. "It's a matter of belief and pride." Along with his new status as team

leader, he has also had to adjust to being away from home, since he hasn't been back to Ireland in over a year.

"I love it; it's a lot like home with the horses and grass," O'Shea said.

Coach Rick Erdmann has seen first-hand O'Shea's role as leader, and he enjoys his optimistic style.

"He's taken a real positive attitude," Erdmann said. "I think he's frustrated with the other guys."

Besides being team leader, Erdmann also believes O'Shea is a leader in the OVC.

"He's certainly a contender to win the OVC individual championship," Erdmann said.

As for O'Shea, he looks toward the team's possibilities above his own.

"I would like the team to win the conference championship," he said. "If that's all we achieve, I'd be happy."

Erdmann speaks highly of O'Shea and said he wishes he had more people like him.

"I'd take two or three more guys like Ken if I could dig them up," Erdmann said.

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- Richmond Greenhouse A6
- Richmond Mall Movies B2
- Sera Tec A7
- Shackelford's Florist C9
- Shoe Mart A7
- Snappy Tomato Pizza B7
- Snooty Fox A7
- Sound Advice B3
- Student Senate C12, A8
- Subway A8, A6
- Sunchase Tours A4
- Super One A5, C11
- Taylor's Sporting Goods B4
- Taylor's Liquor A3
- Tazwell's c11
- The Flower Shop B8
- UBS C9
- VecAnn's A4
- Village Florist C2
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A TRADITION CONTINUES

A special section of The Eastern Progress dedicated to Homecoming 1995

Section C

THE EASTERN PROGRESS

Thursday, October 19, 1995



THE PAGEANTRY

Who will be Eastern's next Queen of the Gridiron? Find out who's in the running.
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THE PRIDE

The 1995 Colonel football squad, with past traditions serving as a foundation, focuses on its goals of OVC and national supremacy.
PAGE 3

THE PLAYERS

Use this pull-out guide at the game to identify your favorite Eastern football stars.
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A Tradition Continues is a special section of The Eastern Progress, a student publication of Eastern Kentucky University.

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Life in the big city driving alum crazy

True story: Two weeks ago, I was waiting at a Taco Bell drive-thru for an ulcer-in-a-burrito when some guy walked up and offered a trade.

A taco for a hit of acid. Of course, the Taco Bell was in downtown Atlanta, with 2-inch-thick bullet-proof glass for a pick-up window, and it was about 3 a.m., but still, that was the offer. Needless to say, I didn't take the guy up on it. I only buy acid from reputable dealers, anyway.

Welcome to the Big City. I left Eastern in December for a job with the world's largest on-line newspaper, Access Atlanta. (My bosses say I have to plug it that way. It's in my contract. Go figure.) That meant moving from small-town Richmond to one of the country's fastest-growing metropolitan areas, 4 million people crammed into eight counties. Needless to say, life is interesting.

I have a 45-minute commute to work. It's an 11-mile drive. It's even



Joe Castle
YOUR TURN

worse on the interstates. I tried to go that route one day but ended up two hours late.

The drive itself wouldn't be that bad if not for the other commuters. I've narrowly avoided accidents too many times to count.

The only thing you can do is scream out your window and flip the digit of your choice. If you don't respond aggressively, other drivers will notice and begin to prey on you; cutting you off, slowing down to at least 20 mph below the posted limit, whatever they think up.

Once I saw some woman throw a milkshake at another car. She missed, but I think she got her point across.

I think the driving psychosis goes back to NASCAR. Every person behind the wheel in Atlanta believes he's Dale Earnhardt trying to overtake Jeff Gordon for the Winston Cup championship — that's another thing about living in

the true South. You have to love stock car racing. They won't let you rent an apartment unless you can tell them whose NASCAR season point victory record Earnhardt is trying to break. (Richard Petty. The King, that is, in case you didn't know.)

Another fact of life in Atlanta is homeless people. They'll hit you up when you least expect it, offering to wash your windshield in some pseudo-liquid in exchange for a dollar. If you don't make it VERY clear you think your windshield is clean enough, they'll smear it from Marietta to Peachtree and expect money in return.

But not all homeless people are bad news. I'm on a first-name basis with Ted, a housing-challenged individual who hangs out in front of my office building. He's a nice guy; he doesn't even hit you up for change when you walk by.

(Castle, a former editor of The Eastern Progress, works at Access Atlanta, the Atlanta Journal-Constitution's on-line newspaper.)

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Quarterback Tommy Luginbill (right) evades a Central Florida defender in Eastern's season-opening road loss, while tailback William Murrell (above) turns up field during the Colonels' first win over Western Kentucky. Luginbill and Murrell will accelerate the Colonels' drive toward a third national championship and 18th OVC title.
Progress/
MATT McCARTY



Building on Tradition

Eastern's '95 squad is writing its own page in Colonel football history books

By TIM MOLLETTE
Sports editor

Each time William Murrell enters the Colonel football locker room, he is faced by the tradition that has transcended the program through the years.

A wall full of pictures of every All-American to play in maroon and white lines the hallway to the players' area and accompanies Murrell on the walk to his locker.

"I look at the tailbacks who have come through here, and it makes me push myself to be on that wall someday," Murrell said. "We know the tradition is here."

Included in that tradition are 15 NCAA Division I-AA playoff appearances in 16 years, national titles in '79 and '82, runners-up titles in '80 and '81 and the goal of returning to national supremacy in 1995.

The elusive ambition of winning a third national title is in reach for this year's squad, coach Roy Kidd said, but not before completing the equally important tasks at hand.

"I think this team might be overall more physically talented than the '82 team," Kidd said. "We will have to improve to win our conference, and there are some pretty good I-AA football teams out there, but a national title is one of our goals."

While tradition holds steady, playing styles and team attitudes have changed through the years, from the Colonels attempting only three passes in defeating Lehigh 30-7 in the '79 championship game, to '95 quarterback Tommy Luginbill throwing for 295 yards in a win over Southeast Missouri three weeks ago.

The one constant, Kidd said, is the challenge of facing a different team every Saturday, each with the same thought on its mind — upset — making the national title goal an even tougher objective.

"Tradition gives us confidence, but it makes the other teams more fired up to beat us," Kidd said. "We have to deal with that every week."

For Luginbill, a transfer from Georgia Tech, the pride in Eastern's deep-rooted tradition has been contagious.

"I love the tradition, and I love the pride everyone has in themselves," Luginbill said. "Coach Kidd always said 'we expect to win here,' and you see that among everyone when we step on the field."

For senior co-captain Joe Smith, Eastern's rich football history means winning is the ultimate goal.

"I don't like to lose, period, which is a part of the tradition," Smith said. "We can win a national championship, we just have to stay concentrated on winning every time out."

When the Colonels line up with Tennessee-Martin Saturday for the 1995 Homecoming game, Eastern will have moved one step closer to the post-season, but Murrell said the team realizes that on the ladder of tradition, no one rung can be any more important than another.

"We can't get too caught up in winning a national championship," Murrell said. "We just focus on winning one game at a time."

As Murrell and the entire Colonel squad suit up Saturday and make their way to the field to face Tennessee-Martin in front of a crowd of alumni and supporters, they have one final reminder of the tradition and potential Eastern football represents.

Painted in maroon on the wall exiting to the field is the proclamation that Colonel football is "a matter of pride," and for this year's team, that pride could culminate with a return to the top of the Division I-AA football pile.

"We still have some improving to do," Murrell said, "but we know we have the team to do it."

EASTERN IN THE DIVISION I-AA PLAY-OFFS

Titles
1979, 1982

Lost in Finals
1980, 1981

Lost in Semi-Finals
1991, 1988, 1986

Lost in Quarter-Finals
1994, 1987

“
Tradition gives us confidence, but it makes the other team more fired up to beat us. We have to deal with that every week.”

”
ROY KIDD,
Eastern football coach

SCHEDULE OF EVENTS

Homecoming 1995 — "Somewhere in Time"

FRIDAY, OCT. 20

7:30 p.m. Tim McGraw, Blackhawk and 4 Runner in Concert
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SATURDAY, OCT. 21

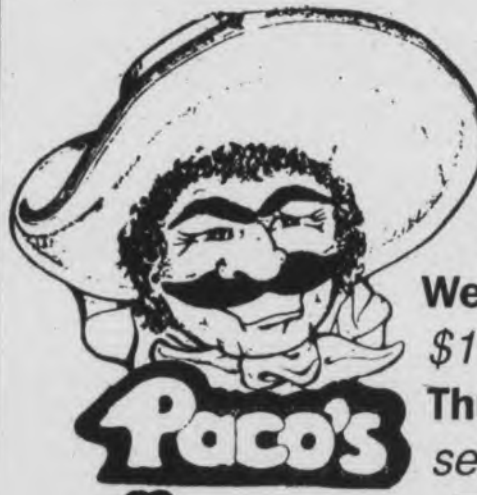
9 a.m. **Open Houses/Receptions**

10:30 a.m. **Homecoming Run and Parade**
Registration will start at 9 a.m.
Fee is \$12 per person
Run and Parade will begin on Lancaster
Avenue in front of Model Laboratory School.
See Story, page 5.

11:30 a.m. **Colonel Country Fair**
Alumni Coliseum parking lot
Cajun music will be provided by *Zyde-Cola*.
Eastern musicians will also play during the day.
The Eastern Dance Team will perform as well.

3 p.m. **EKU vs. UT-Martin, football**
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P.S. Thanks again for being one of this year's GREAT TEACHERS AND STUDENTS!

Goody's Family Clothing

The scoop on Division I-AA leaders

PROGRESS STAFF REPORT

Eastern was ranked eighth in the nation last week in NCAA Division I-AA football. Here's a rundown of the nation's top-10 teams in the Oct. 9 Sports Network coaches' poll.

No. 1, MCNEESE STATE — The Cowboys remain in the top spot at 6-0 thanks to the nation's top rushing defense, allowing just under 36 yards per game on the ground.

No. 2, APPALACHIAN STATE — Appy St. continues to run over its 1995 opponents. Through four games, the Mountaineers are averaging just under 300 yards rushing per contest.

No. 3, MARSHALL — The Thundering Herd will host this year's national championship, and if its stingy 87-rushing-yards-per-game defense holds up, it may be another home field advantage title game.

No. 4, STEPHEN F. AUSTIN — The 6-0 Lumberjacks keep cutting down their competition, thanks in large part to their special teams, which rank first in the nation in kickoff returns, averaging better than 30 yards per return.

No. 5, TROY STATE — The Trojans continue to be at war against opponents offensive game plans, giving up just over nine points per contest.

No. 6, MONTANA — The crisp Montana air has been friendly to the Grizzlies — 403.4 passing yards per game and a 6-1 record.

No. 7, DELAWARE — The Blue Hens lead No. 10 James Madison in the Yankee conference by a full game.

No. 8, EASTERN KENTUCKY — Senior punter Marc Collins' nation-leading

47.0-yards-per-punt average and a tough punt coverage squad have helped the Colonels top the nation in net punting.

No. 9, MURRAY STATE — The Colonels' fellow OVC institution moved into the top ten following a 63-13 win over Morehead, Saturday. The Racers lead the nation in scoring defense, allowing only 8.0 points per game.

No. 10, JAMES MADISON — The Dukes have been led in offense this the year by Kelvin Jeter, who is tied for the nation's top individual scorer position through three games.



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THE ABC'S OF COLONEL FOOTBALL

A. OFFENSE

Starters are as of Southeast Missouri game.

ONES TO WATCH: Quarterback Tommy Luginbill is second in the OVC in passing with 168.8 yards per game. Tailback William Murrell is second nationally among Division I-AA players in scoring with 12.0 points per game.



#5 BOBBY WASHINGTON

SPLIT END
5'8, 167
Sophomore



#66 JASON COMBS

LEFT TACKLE
6'1, 281
Senior



#63 JAMES HAND

LEFT GUARD
6'1, 270
Senior



#75 SON TRAN

CENTER
6'1, 266
Junior



#73 BRANDYON BRANTLEY

RIGHT GUARD
6'2, 262
Junior



#78 ROGER ORLANDINI

RIGHT TACKLE
6'5, 278
Junior



#96 JASON DUNN

TIGHT END
6'4, 240
Senior



#14 TOMMY LUGINBILL

QUARTERBACK
6'0, 180
Senior



#22 ROBERT BOULDIN

FULLBACK
5'10, 215
Junior



#33 WILLIAM MURRELL

TAILBACK
5'8, 183
Junior

Where they rank

Category	Average	OVC Rank
Total Offense	408.0 yards/game	3rd
Rushing Offense	216.7 yards/game	2nd
Passing Offense	191.3 yards/game	3rd
Scoring Offense	32.2 points/game	3rd

C. ROSTER

#	Name	Pos.	#	Name	Pos.
1	Joe Smith	DB	47	Britt Bowen	LB
2	Danny Thomas	WR	49	Tony McCombs	LB
3	Dedric Campbell	DB	53	Victor Hyland	LB
4	Sheldon Walker	SS	54	Travis Schoenlaub	LB
5	Bobby Washington	FL	55	Toby Coyle	C
7	Daymon Carter	TB	56	Anthony Johnson	LB
8	Joe Ganns	DB	58	DaLon Lee	DE
9	Keith Long	DB	59	Loyd Baker	OG
10	Simon Fuentes	QB	60	Aaron Cox	OG
11	John Abney	QB	62	Chris Prewitt	DT
12	Greg Couch	QB	63	James Hand	OG
13	Reggie Johnson	QB	64	Tyrone Hopson, Jr.	OG
14	Tommy Luginbill	QB	65	Brent Rhoades	OT
15	Marc Collins	P/K	66	Jason Combs	OT
16	Jason Woodside	DB	67	Reggie Myrtil	OG
19	Brian Brenneman	WR	68	Clark Longhofer	OG
20	Ferris Lowery	TB	70	Charles Watkins	OG
21	Ferlando Wilson	TB	71	D.J. Fain	OT
22	Robert Bouldin	FB	72	Steve Gulash	DT
23	Augie Marks	WR	73	Brandyon Brantley	OG
24	Corey Clark	DB	75	Son Tran	C
25	Jonas Hill	LB	76	Jason Worley	OT
26	Chris Guyton	DB	77	Dustin Russell	C
27	Alpheaus Lamar	DB	78	Roger Orlandini	OT
29	Robert Asel	DB	80	Sanford Baskin	LB
32	Drew Hall	TB	81	Trellis Burks	WR
33	William Murrell	TB	83	Rondel Menendez	WR
34	Seth Hyden	LB	84	Chris Whitefield	TE
35	John Wright	PK	85	Dialleo Burks	SE
36	Harold Farmer	FB	86	Sal Davis	SE
37	Bob Head	DB	89	David Hoelscher	DE
38	Charles McGhee	DB	90	Tony DeGregorio	TE
39	Jonathan Butler	FB	91	Cary Williams	DT
41	Clifford Posey	FB	93	Lem Chesser	DE
42	Brent Hampton	LB	94	Shane Balkcom	DE
44	Luke Morton	LB	95	David Forman	DE
45	Frank Miscione	LB	96	Jason Dunn	TE
46	Ronnie Bell	LB	97	Ty Ward	DE

E. OPPONENTS

UT-MARTIN (4-2, 3-1 OVC) will soar into Richmond Saturday after a 28-7 win over Tennessee State. Behind junior quarterback Jeff McCrone's 204 yards passing per game, the Skyhawks are first in passing offense in the Conference. They are second in net punting and first in punt returns.

ONES TO WATCH: Wide Receiver Lenny Harris had 4 catches, 138 yards and one touchdown against TSU last Saturday and is second in the OVC in receiving, behind halfback Nikki Jackson, also of Tennessee-Martin.

THE SKINNY ON THE SKYHAWKS

OFFENSE	
Passing	289 yds/game
Scoring	40.1 pts/game
Rushing	149.8 yds/game
DEFENSE	
Passing	154.8 yds/game
Scoring	22 pts/game
Rushing	171.8 yds/game



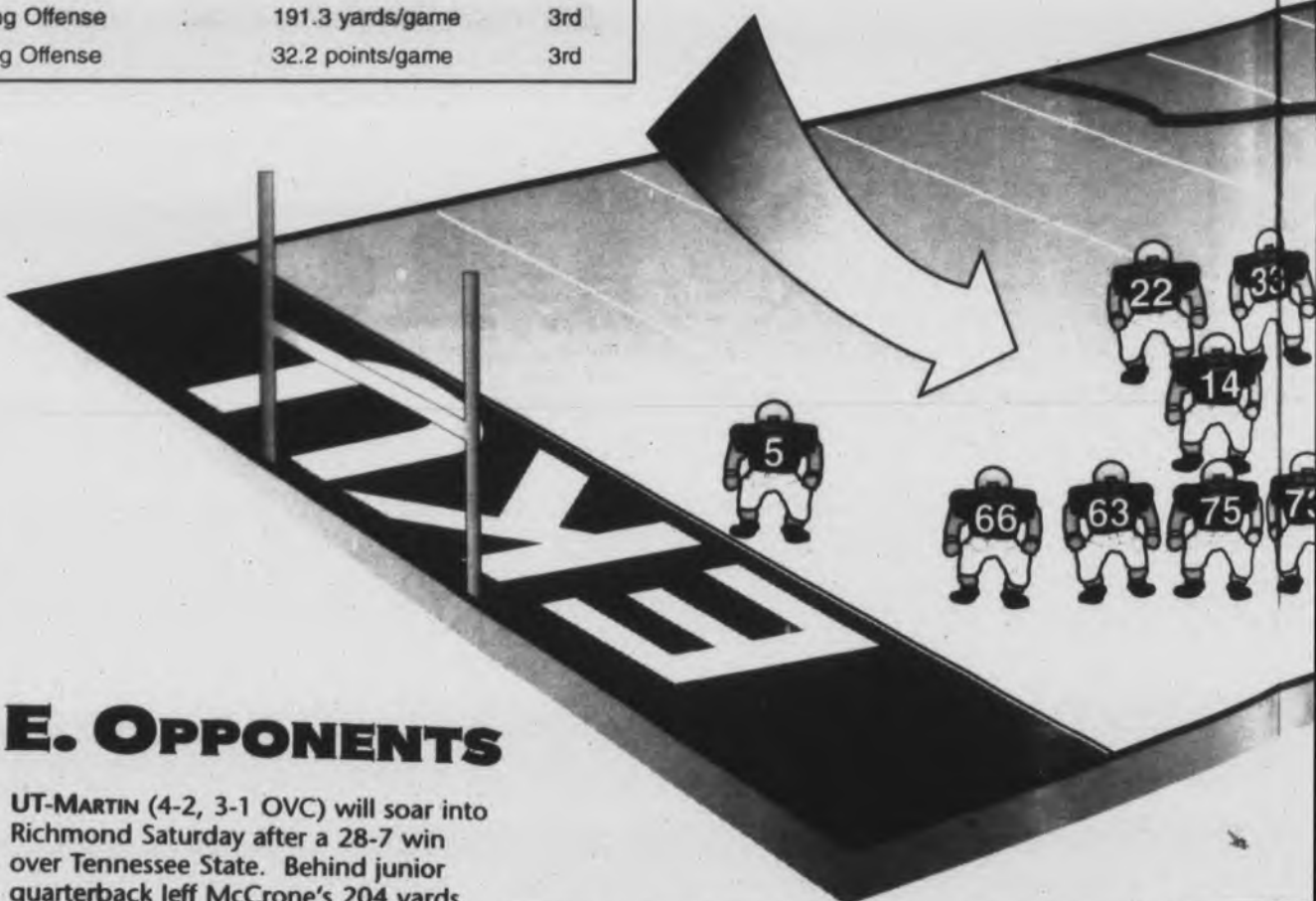
#89 DAVID HOELSCHER

LEFT END
6'5, 234
Sophomore



#94 SHANE BALKCOM

LEFT TACKLE
6'3, 266
Senior



FOOTBALL

B. KICKING GAME



ONE TO WATCH: Punter Marc Collins is leading the nation in punting with a 47.0 yards per punt average.

Where they rank

Category	Average	OVC Rank
Net Punting	44.4 yards/punt	1st
Longest Punt	70 yards	1st
Longest Field Goal	49 yards	1st

#33 WILLIAM MURRELL

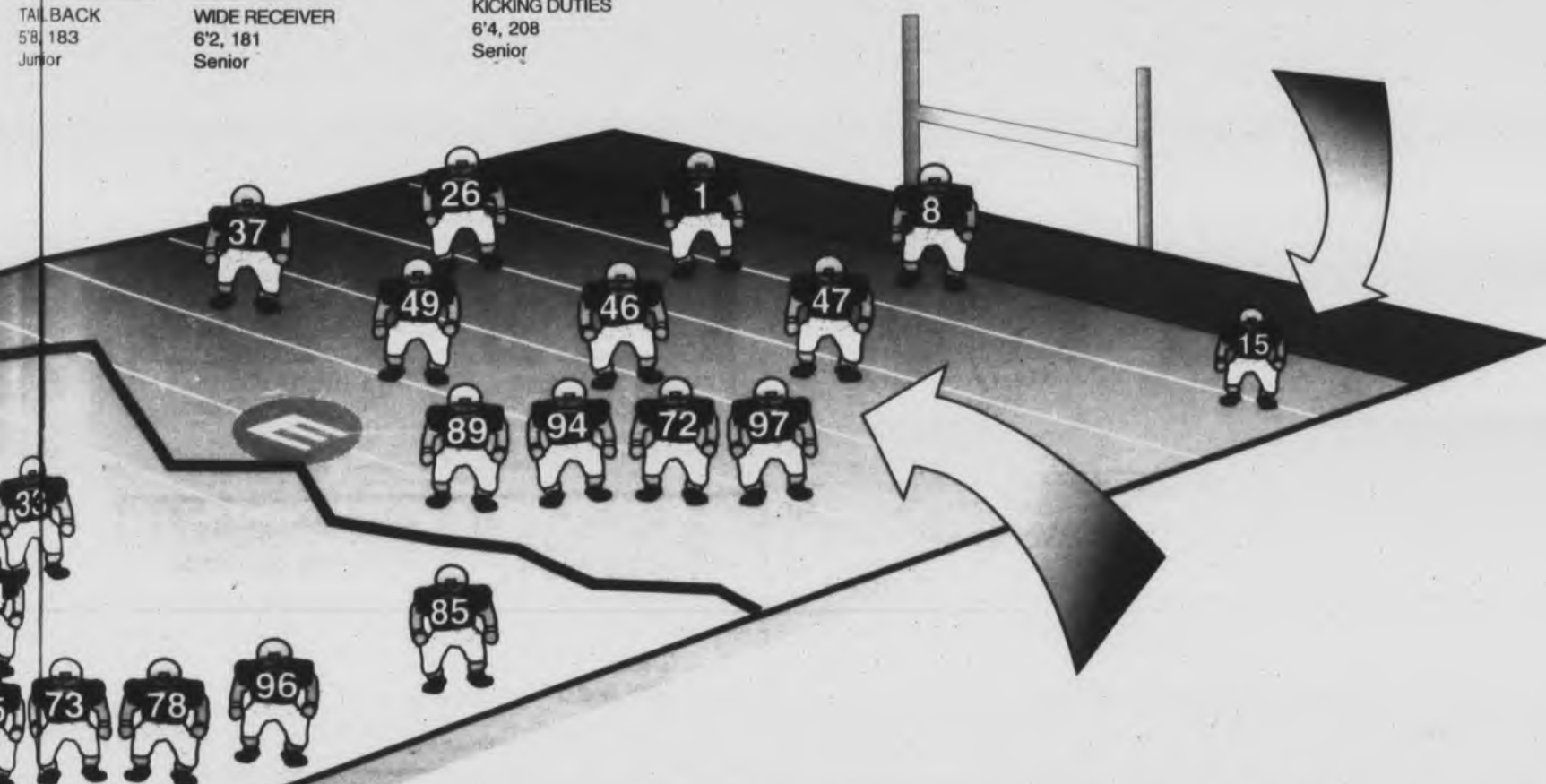
#85 DIALLEO BURKS

#15 MARC COLLINS

TAILBACK
5'8, 183
Junior

WIDE RECEIVER
6'2, 181
Senior

KICKING DUTIES
6'4, 208
Senior



Where they rank

Category	Average	OVC Rank
Total Defense	324.8 yards/game	3rd
Rushing Defense	140.0 yards/game	2nd
Passing Defense	184.8 yards/game	7th
Scoring Defense	17.0 points/game	2nd

D. DEFENSE

Starters are as of Southeast Missouri game.

ONES TO WATCH: Linebacker Tony McCombs was last week's OVC Defensive Player of the Week with 17 tackles and one sack. Defensive end Ty Ward is tied for the OVC lead in sacks with four.



SHANE BALKCOM

#72 STEVE GULASH

#97 TY WARD

#49 TONY McCOMBS

#46 RONNIE BELL

#47 BRITT BOWEN

#37 BOB HEAD

#26 CHRIS GUYTON

#1 JOE SMITH

#8 JOE GANNS

TACKLE
6'6

RIGHT TACKLE
6'1, 272
Sophomore

RIGHT END
6'2, 240
Junior

LINEBACKER
6'2, 235
Junior

LINEBACKER
5'9, 220
Senior

LINEBACKER
6'2, 215
Sophomore

CORNERBACK
5'11, 185
Junior

FREE SAFETY
6'3, 190
Junior

STRONG SAFETY
5'11, 198
Senior

CORNERBACK
5'7, 190
Senior

Homecoming hopefuls: 16 vie for this year's crown



HEATHER ALBERT
Kappa Delta Tau



SHELLENA ATKINS
Alpha Gamma Delta



SAMANTHA BENNETT
Sigma Pi



LISA BROCKHOEFT
Beta Theta Pi



ANGELA HEUSER
Pi Beta Phi



NATALIE HUSBAND
Chi Omega



STEPHANIE LINDE
Phi Kappa Tau



MELODY MASON
Delta Zeta



HEATHER MCCREERY
Tau Kappa Epsilon



CHRISTI MILES
Order of Omega

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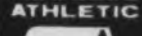
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ATHLETIC



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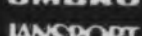
UMBRO



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Columbia



Rollerblade

RICHMOND MALL
830 Richmond Mall, Richmond KY
624-8100

The field of candidates was narrowed from 36 to 16 finalists for the 1995 Homecoming

Queen and her court through student voting Oct. 12. Three judges interviewed the 16 final-

ists Wednesday and will decide the winner based on poise and beauty.



ASHLEY MOUSER
Walters Hall



TONYA TARVIN
Alpha Omicron Pi



MELISSA VIRES
Baptist Student Union



KAREN WHITAKER
Phi Delta Theta



AUTUMN WRENN
Lambda Sigma



BROOKE YOUNG
Telford Hall Council



Progress file photo
Victoria Houghland, a senior health care administration major from Hopkinsville, receives the 1994 Homecoming crown. Houghland represented the Intrafraternity Council.

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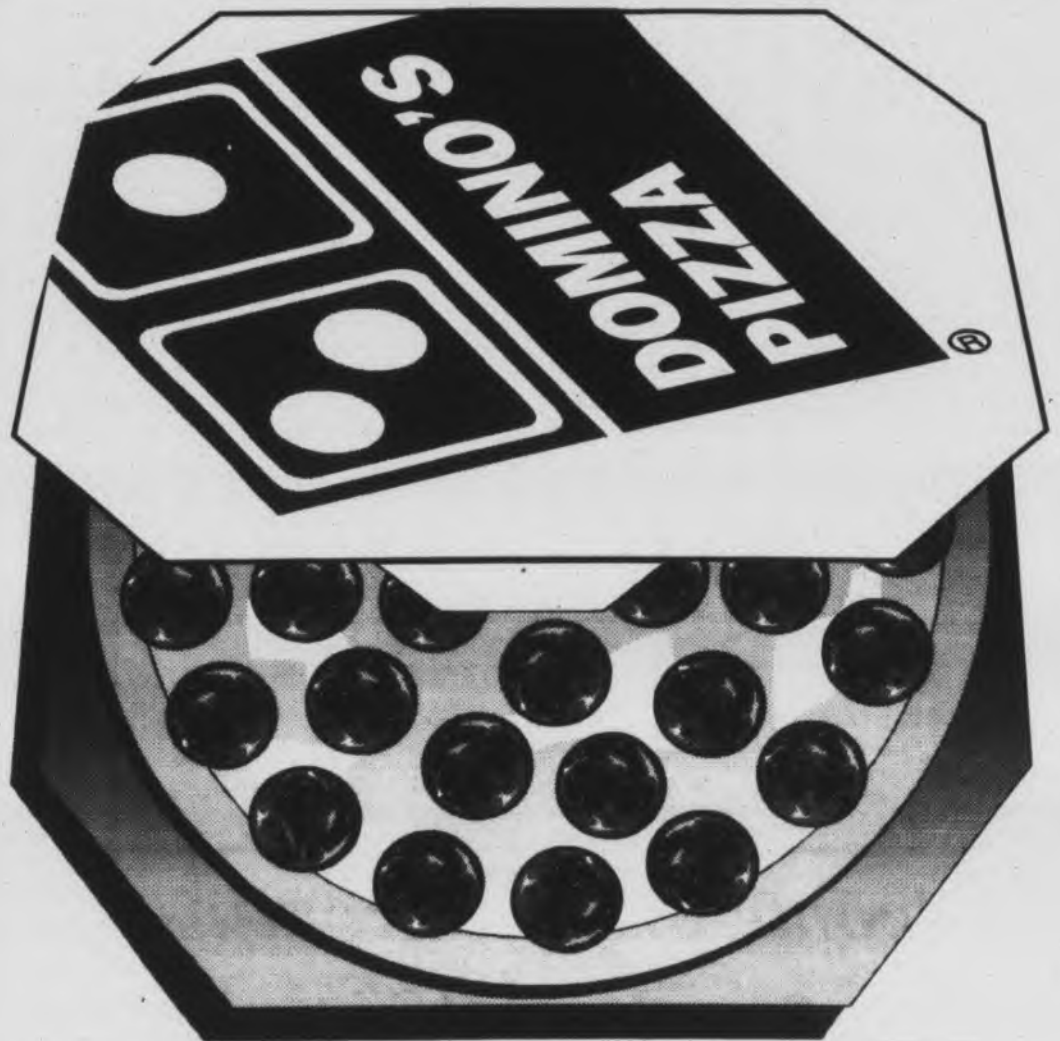
131 N. Keeneland Dr. 623-3625 • 711 Big Hill Ave. 624-0481



Progress file photo
 Freshman Cory Kennedy plays the baritone at halftime.
 Eastern's marching band highlights Homecoming celebration.

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- Strawberry Daiquiri



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Rollerblades: A new tradition

18th Homecoming run will allow in-line skating

BY ALYSSA BRAMLAGE
Contributing writer

A Homecoming tradition undergoes some changes before this year's festivities begin.

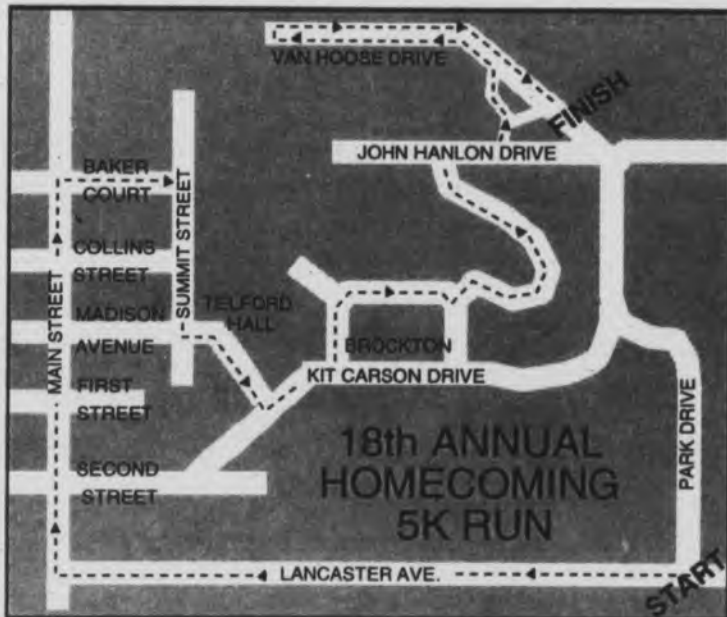
For the first time, participants in the 18th annual Homecoming 5K Run will be allowed to rollerblade in the race.

Homecoming Run/Parade
When: 10:30 a.m.
Saturday Registration: 9-10 a.m.
Where: Weaver Gym
Parade Begins: In front of Model Laboratory School
When: 11 a.m.
Saturday

"We've opened it up this year to include running, walking and rollerblading," said Christy Ellis, the director of the annual run. The run will lead off the Homecoming parade and will

begin at 10:30 a.m. Saturday Oct. 21, with the proceeds benefiting the sports clubs on campus.

Check-in time and late registration is from 9-10 a.m. in the Weaver Gymnasium. The cost is \$4 for students who do not want a



Progress/TERRY STEVENS

T-shirt and who register before Oct. 19. For those who want a T-shirt, the cost is \$10 before Oct. 19 and \$12 for anyone registering after that date.

Runners will be divided into categories according to their ages. The divisions are broken up as follows: 13 and under, 14-17, 18-23, 24-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59 and 60 and over.

Plaques will be awarded to each division winner — the top three males, the top three females and the overall rollerblade winner.

The run is sponsored by Ron House, an insurance agent with Jefferson Pilot Insurance.

Last year's overall winners were Rob Hartman for the men and Debbie Biddle for the women. For more information, go to the intramural office in Room 202 of the Begley Building or call 622-1244.

Entry forms can be found in sporting goods stores, the Richmond Mall and from graduate assistants who teach physical education classes.

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Joe Smith interception TD highlighted '95 game

Win over Murray sweetened 17th OVC title

PROGRESS STAFF REPORT



The Colonels won last year's Homecoming game against Ohio Valley Conference foe Murray State 49-13.

Eastern's defense scored a touchdown on a Joe Smith interception return, while the offense ran for five touchdowns and passed for one.

Scoring summary:

Murray State 0 13 0 0 = 13
 Eastern 7 7 14 21 = 49

	EKU	MSU
Rushing yards	326	154
Passing yards	107	176

How they scored:

Eastern— William Murrell 1-yard run (Marc Collins kick)

Murray— Tim Scarborough 9-yard run. (Erik Lombard kick)

Murray— William Hampton 27-yard interception return.

Eastern— John Sacca 10-yard run. (Collins kick)

Eastern— Joe Smith 64-yard interception return (Collins kick)

Eastern— Eric Clay 21-yard run (Collins kick)

Eastern— Jason Dunn 38-yard pass from Sacca (Collins kick)

Eastern— Robert Bouldin 57-yard run (John Wright kick)

Eastern— Murrell 6-yard run (Wright kick)



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