

# The Eastern Progress

www.easternprogress.com

## ► Campus awareness

This illustration, drawn by Eastern student Millicent Wells, is displayed in the Office for Individuals with Disabilities as part of events surrounding ADA awareness. **B1**



## Assault suspect wanted, campus sex offenses rise

BY GINA VAILE  
Assistant news editor

An Eastern student reported to Eastern's Division of Public Safety Monday that she had been the victim of an attempted sexual assault in the early morning hours of Sunday.

The Keene Hall resident reported that while she walked home from Movie Warehouse at the University Shopping Center, someone ran at her and attacked her from behind.

According to Acting Vice President for Student Affairs

Rita Davis, the woman was walking alone along Hall Drive, the road behind Keene Hall, when somebody approached her from behind.

"She became quite frightened and ran, and in the process of running, he caught up to her. He chased her down through the field behind the residence hall and I understand she hit him in the face in such a way that he fell down," Davis said.

Assistant Director of Public Safety Mark Jozefowicz and Davis said the incident was categorized as a sexual assault

because the assailant tried to rip the victim's clothes off.

"The assailant tried to disrobe her. We recovered some of her property (from the field) so we don't think (robbery) is a motive," Jozefowicz said.

Jozefowicz said the victim did have minor injuries, but nothing so serious as to require medical attention. "She had scratches and some bruising," he said.

On Tuesday, a memo was sent out to the campus community by Public Safety, and a composite sketch of the

assailant was released. As of press time, there were no leads as to his identity.

### Forcible sex offenses on the rise

The report of sexual assault comes after two alleged rapes were made public last week. One of the alleged rapes occurred in Keene, the other in Telford Hall. Along with the two alleged rapes, three additional reports of sexual abuse have been reported in Keene Hall and another in Case Hall since Sept. 4.

In just about one month, the

number of forcible sex offenses reported for 2002 has nearly doubled compared to last year. According to the 2001 Eastern Kentucky University Annual Security Report, there were only three reported incidences of forcible sex offenses on the Richmond campus. Already this year, there have been seven reports of forcible sex offenses and one report of indecent exposure.

Another female in Palmer Hall reported a male tried to kiss

See OFFENSES, A2



Composites submitted/ Public Safety released this sketch of the suspect.



Kevin Martin/Progress  
Jonelle Csora, senior, participates in a pre-hypnosis exercise. The hypnotist told volunteers to imagine their hands were magnets, and to Csora's surprise, her hands were slowly attracted to each other.

## mind MAGIC

### Hypnotist visits Eastern students

BY SARAH HEANEY  
Copy editor

On Friday night, nine Eastern students milked a cow, conducted an orchestra, watched a tennis match, participated in the Miss World pageant and danced in an MTV beach contest — but only in their minds.

Gary Laundre, an author and director of the American Institute of Hypnosis, visited Eastern as part of First Weekend activities. Around 50 people attended his hypnotism demonstration, which was held in the Student Services Building auditorium. He hypnotized several audience volunteers and for more than an hour they participated in fantasy scenarios.

Laundre discussed how hypnosis has legitimate and useful applications. Hypnosis often is used in pain control, therapy, athletic training and smoking cessation programs.

"Hypnosis always scares the bejeaus out of people," Laundre said. He defined hypnosis as a process that bypasses the critical thinking of the mind. However, he assured participants that even under hypnosis, no one could be made to do something that is against their beliefs or self-preservation instinct.

After using meditation and relaxation techniques, accompanied by soft music, Laundre took his nine audience volunteers through a variety of fantasy scenarios. But first he had one hypnotic suggestion.

"Laughter and applause from the audience will just make you feel really good," Laundre said, adding, "I am now the director of the movie of your mind."

Using tape recordings, Laundre set the scene for several outrageous fantasies. In one, he asked his hypnotized participants to pretend they were in their favorite type of sports car. He played a tape recording of an engine revving and from their seats the volunteers pantomimed driving their cars. Unexpectedly, a police siren could be heard over the engine sounds.

Laundre explained he was a police officer who had just pulled them over. He was going to ask them why they were speeding and the most outrageous answer would win.

The reasons had the audience rolling with laughter: "I was sleeping with your wife and I wanted to get away."

"I just stole this car."

"I have kidney stones ... and I didn't want to pass them in my new car."

In another scenario, Laundre had the participants imagine they were in a Miss World pageant. He asked hypnotized subjects why they felt they should win. Once again, the responses elicited wild laughter.

"World peace."

"For once, a fat girl should win."

"My legs."

Participant James Dalgaard, a senior from Antioch, Ill., said he can remember everything he did up on the stage.

"I'd say it was kind of like being drunk. I was fully conscious, but I kind of just did things," Dalgaard said.

Before bringing his volunteers back to full consciousness, Laundre left the hypnotized students with one very helpful post-hypnotic suggestion.

"The people up on this stage will now concentrate better and study better," Laundre said.

Dalgaard said he's not sure if the suggestion has had an effect on him.

"I can't really judge yet," Dalgaard said.



Photo submitted/  
Aimee Bruder, an Eastern graduate, will go for her third gold medal in swimming at the Paralympic Games in December. She is pictured with Tim Cahill, a long-time Model Laboratory swim coach, who trained her.

## Former student goes for gold in paralympics

BY LINDA POLLOCK  
Contributing writer

Eastern grad Aimee Bruder is going for the gold a third time in the Paralympic Games. Bruder is a world-ranked swimmer among athletes with disabilities.

In a wheelchair since childhood, Aimee graduated from Eastern in 1998 with a B.A. in therapeutic recreation. She began college at Ball State in Indiana but transferred to Eastern

after a campus tour with Tim Cahill, long-time swim coach for Model Laboratory School. Bruder says attending Eastern and training with Cahill taught her the independence she needed to be successful in life.

Bruder has cerebral palsy. Cerebral palsy is caused by lack of oxygen to the brain. In Bruder's case, this affected her motor skills, specifically in her arms and legs.

She said in order to adapt to the persistent tightness in her limbs, she repeated drills and learned patience. Cahill was instrumental in teaching patience.

He "took her bulldog attitude and toned it down a bit because at times it was too much."

"It was like an entire different language between us," Cahill said.

Coach Cahill had to explain drills in a different manner so she could perform them correctly. He remembers how Bruder

couldn't perform a right turn. After instructing her in a somewhat roundabout way, she completed the turn.

Cahill liked the challenge of thinking of creative coaching techniques.

"EKU gave me the building blocks to grow as an adult and taught me about life and what I wanted to do with my life," Bruder said. "Here I learned the kindness of people and I am still in contact with people in Richmond."

Bruder has been swimming since she was very young; she and her siblings swam at the local pool. Her favorite thing about swimming is the sense of freedom she gets from being in the water. As a child, it

the challenge of thinking of creative coaching techniques.

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See BRUDER, A3

## University begins search for Kidd's replacement

BY JAMIE VINSON  
Co-editor

Eastern's list of ongoing searches keeps getting longer — head football coach Roy Kidd announced he will retire at the end of the season last week, bringing the number of top positions the university needs to fill to six.

University President Joanne Glasser and Interim Athletics Director Jack Lengyel already have begun searching for Kidd's replacement — the two are conducting the search together, no committee has been appointed.

Ads for the head football coaching position were placed

this past Friday in various national publications such as the NCAA News, Black Coaches Association, Black Colleges and Universities, as well as the EKV Web site," Glasser told The Progress Monday. "We are also looking at placing on the job boards of the National Association of Collegiate Director of Athletics and the American Football Coaches Association."

According to the ad, the new head football coach will "implement and manage all phases of a nationally competitive Division I-AA football program in accordance with NCAA and university regula-

tions. Areas of responsibility include coaching, supervising assistant coaches, recruiting, scheduling travel, purchasing budget, promotions, fundraising and promoting and monitoring academic progress and graduation of student-athletes."

The position also requires a bachelor's degree; however, a master's degree is preferred. In addition to experience as a Division I collegiate coach, the ad states that the candidate should have "excellent interpersonal, oral and written communication skills to enhance interaction with student-athletes and related constituents."

Both Glasser and Lengyel

agree Kidd will be tough to replace.

"He has set high standards for our football program which I intend to maintain and build upon in the future," Glasser said.

"Roy Kidd is one of the legendary coaches in the history of football and it will be a difficult task at best to find his suc-

See SEARCHES, A3



Joanne Glasser

### ► Inside

- ACCENT ..... B1
- AROUND & ABOUT .. B3
- CLASSIFIEDS ..... A3
- NEWS BRIEFS... .. A4
- PERSPECTIVE ..... A8,9
- POLICE BEAT ..... A6
- SPORTS ..... B4-5
- WHAT'S ON TAP? ... B2

### ► Reminder

Saturday is the last day to drop a full-semester class or withdraw from the university.

### ► Weather



TODAY  
Hi: 67  
Low: 56  
Conditions: Rain

FRI Showers  
SAT Few showers

## OFFENSES: Several reported in Keene

From The Front

her after she asked him to stop and he grabbed her arm with force. The female was able to pull away from the male and call Public Safety.

In most of the cases, the victims knew the persons who committed the alleged crimes against them.

President Joanne Glasser said via e-mail that "I am deeply concerned that many of these reported incidents, either sexual or domestic, involved acquaintances of the victims," she said. "We hope that students and others will think about their personal safety, whether it be walking on the campus at night or in dealing with personal relationships."

### Trouble in Keene

Although several of the incidents have been reported in Keene Hall, Jozefowicz said he is not aware of any connections between the cases.

"Of course, these are all situations that have been reported to us and most of these incidences are still under investigation, so I can not comment on (them)," Jozefowicz said.

Davis said she was only aware of the alleged rapes in Keene and Telford and the latest incident on Hall Drive. She was unaware that the assault was the fifth incident to occur in or around the dormitory, which recently was converted from an all-male unit to co-ed housing.

Davis noted that the dormitory was made co-ed to accommodate the rise in incoming students this fall. When asked if the university has thought about changing the dormitory back to an all-male hall for the safety of the approximately 150 female residents, Davis said it hadn't been discussed.

"Well, I'm not sure what all the incidences were, but they've all been inside, so it wouldn't matter if they were inside some other residence hall; it could happen just as easily. I'm not sure that the distance Keene Hall is from campus, being across the bypass, is a major factor," she said.

However, in an interview with Channel 18's Molly Grantham,

## Protect yourself

According to Mark Jozefowicz, extra patrols will be conducted around Keene Hall. However, when walking on campus, students should be aware of their surroundings. Public Safety reminds students that:

- Rape can happen to anyone
- Never walk alone, always walk with someone
- Walk in well-lit areas
- Notify Public Safety of all crimes immediately
- Use the shuttle bus service and/or blue call boxes when needed
- Avoid uncomfortable situations and do not feel as though you must be polite to men or women who are annoying or persistent on the street, in a bar or at a party

Eun-Young You/Progress

that The Progress was invited to attend, Davis said she did believe the location of Hall Drive and Keene Hall did play a part in the assault Sunday morning.

"It's convenient to walk over there, and the video store was open until midnight," she said.

Davis said that the residents of Keene Hall enjoy the life across the bypass; however, she added that the university has extended students an invitation to move closer to campus on several occasions. Most students have declined to move and some have outright refused, she said.

"Students find it very convenient to run over to Winn-Dixie or to run to the Movie Warehouse or wherever they have to go. They are close to the drugstore and the hardware store ... it's just they have to be smarter than to go at midnight and by themselves," Davis said.

### Public Safety supports students

None of the females involved in the reported cases have filed charges with the Commonwealth Attorney's office. According to Sgt. Carol Schilling of Public Safety, officers are always willing to work with males and females who have been assaulted or raped who wish to press charges.

"You don't have to do it alone.

We take you down to the Commonwealth Attorney's office along with the report and sit down with the attorney and we file the charges," she said.

Schilling, who is the only female on the Eastern police force, said that she has come into the office even while she wasn't on duty to aid in the investigation of alleged rapes. She says many females are more comfortable speaking with a female officer, and if she isn't on duty it is possible for a female on the Richmond Police Department to come talk to the student.

Schilling added female students can request to speak to her if an assault or rape has occurred.

"You need to tell someone immediately as soon as something has happened," she said. "The evidence is so crucial to the case, and if they don't (report) our chances of gathering crucial evidence is lost."

Schilling said students who report a rape are urged to have a rape examination performed, and Public Safety does escort the victim to the hospital. A sexual assault kit also is needed on the perpetrator if he or she is known.

"We then put those individuals (the victims) in touch with counseling, either through the Rape Crisis Center or the university Counseling Center," she said.

# The Eastern Progress

80 YEARS

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## SEARCHES: Other searches progressing

### From The Front

cessor," Lengyel said. "We will be looking for an experienced coach and leader who has a great commitment to the success of the student athletes both on and off the field."

Applications for the position are being accepted and interviews will begin after Nov. 9. Glasser and Lengyel hope to have someone in place by the end of the football season.

### More searches

Other searches underway include vice president for student affairs and dean of the College of Justice and Safety. Searches for the dean of the Graduate School, provost and athletics director are expected to begin later this year.

### VP for student affairs

The position of vice president for student affairs has been open since November of 2001. Rita Davis, former vice president for enrollment management, has been serving as acting VP and has applied for the permanent position.

Judy Spain, an associate professor and chair of the search

committee for the position, said "the search is going very well."

"We have received a very good response and we are in the process of reviewing the candidates," Spain said. "It would be the hope of the committee that candidates will be arriving on campus for interviews this semester."

The committee began reviewing applicants Sept. 13 and will continue to do so until the position is filled.

### Dean of J&S

Gary Cordner, dean of the College of Justice and Safety, will retire from his position and return to teaching at the end of the year. A search committee headed by Dominick Hart, dean of the College of Arts and Sciences, will begin reviewing applicants Oct. 15.

Hart said the committee has received 16 applications and expects more to come in "as the initial review date of Oct. 15 nears." The committee will continue to screen applicants until a new dean is named.

### Provost

A search for the provost is

expected to begin soon. Michael Marsden resigned from the position this summer and Mark Wasicko, former dean of the College of Education, is serving as acting provost until the university appoints someone.

Glasser told The Progress Monday she is "beginning to think about a search committee right now and compiling names." She plans to make a public announcement regarding the search once the list is finalized. The new provost officially will assume duties July 1.

### Dean of Graduate Studies and AD

Bankole Thompson, dean of the Graduate School, will leave his deanship at the end of the semester — a search is expected to begin this spring.

Chip Smith resigned from the AD position Aug. 20. Glasser postponed the search for his replacement in September shortly after the university appointed Lengyel interim, citing "no need to rush the process of finding a permanent athletics director."

Glasser plans to make a campus announcement once the search resumes.

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## BRUDER: Parents/coach reason for success

### From The Front

was one of the times where she could be out of her wheelchair and on an equal playing field with her siblings.

At age 16, Bruder joined the United Cerebral Palsy Athletic Association and received a monthly newsletter. In it was information on competitions, which started her career as a swimmer.

She unknowingly qualified for nationals in 1991 after competing in a swim meet. She got an invitation to compete in Barcelona at the 1992 Paralympics, from there she went again in 1996 and 2000. In 1998 she competed in the International Paralympic Committee's Swimming World Championships, and she will go again in December.

When asked about her success, she attributed a lot to her parents and her coach. Her

parents helped build the work ethic she needed to get this far. Because they chose not to change their home to make it easier for her, she overcame the small things, which in turn helped shape her as a person.

Bruder's personal creed is "I believe nothing is for free and you must earn everything to make it rewarding." She suggests taking nothing for granted and working with the twists and turns life provides. When she doubts herself, Cahill puts in positive feedback and even teases her sometimes to break the tension. Cahill "laid the foundation for who she is now."

Bruder feels traveling is the most influential part of the sport for her because of all the different people she meets along the way.

"Swimming has taken me all over the world and let me experience so much," she said.

Now Bruder works in

Birmingham, Ala., at the Lakeshore Foundation, a fitness facility for disabled athletes. She is able to work there and train on her off hours. She swims freestyle, breast stroke and backstroke.

The variety makes training more fun and she prides herself on being versatile but she denies being a role model.

"I do this for myself and appreciate the support behind me," Bruder said.

Cahill feels she has a wonderful formula made out for a successful life and will accomplish more than she is able to realize. Each time she accomplishes something small, a door opens wider. In the future he can see her as a spokesperson for people with disabilities and share her message with the whole world.

"Aimee Bruder has taught me a lot and people will be better for knowing her," Cahill said.

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Kevin Martin/Progress

**Take 'em down**

Chris Darmadji, 25, a computer science major from Bandung, Indonesia, demonstrates martial arts techniques in the basement of Sullivan Hall using Aaron Wilch, 26, a fire science major.

**Eastern holds firefighter memorial**

By GINA VAILE  
Assistant news editor

A memorial will be dedicated to the memory of students in the Eastern Fire and Safety Engineering Technology Program and firefighters across the nation, at 9 a.m. Oct. 18 on the front lawn of the Ashland Building.

The memorial is a 13-by-6-foot granite monument with a bronze plaque.

It will be surrounded by four trees, three of which will honor former students of the program who have died in recent years.

Those students include Aaron Robichaux, Richard Washburn and Christopher Young.

The fourth tree will commemorate those who died on Sept. 11.

An antique chemical fire extinguisher also will be stationed on the site of the memorial.

The 80-member Association of Fire Science Technicians, a group comprised of Eastern students, raised about \$11,000 in cash and donations from members of the campus and surrounding community to pay for the memorial.

**Mark Stephens, DMD**

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**► News Briefs**

Compiled by Gina Vaile

**Campus Denim Day donations sought**

Eastern employees are asked to wear denim and donate at least \$5 to the Susan G. Komen Breast Cancer Foundation. All donations should be made payable to the Susan G. Komen Breast Cancer Foundation and mailed to Student Alumni Ambassadors, Richards Alumni House by Oct. 18.

**Brereton Jones to speak next week**

Former Gov. Brereton Jones will speak to Eastern students and faculty in a lecture titled: "It's Time to Stop Playing Partisan Politics in Kentucky."

The lecture will take place at 7:30 p.m. Wednesday in the Kennamer Room of the Powell Building.

The event is sponsored by the Eastern Center for Kentucky History and Politics.

**Fall field day today**

Tours and demonstrations at the Meadowbrook farm are available today, beginning at 4 p.m. at Meadowbrook Farm. A meal will follow tours at 6 p.m. and several speakers will discuss on Kentucky agriculture

following the meal. The community field day is sponsored by the Eastern Department of Agriculture and the Kentucky Department of Agriculture.

Speakers include Kentucky Agriculture Commissioner Billy Ray Smith; Danny McKinney, CEO Burley Tobacco Growers Cooperative Inc. and David Gerrein, chair Madison County Ag Development Funds.

**WOW Wagon invades campus Wednesday**

The Madison County WOW Wagon will visit campus from 9 a.m. to 3 p.m. Wednesday outside of the Keen Johnson Building.

The WOW Wagon, which began in 1998, is a mobile source of positive health information serving Central Kentucky.

**International Banquet tickets available**

Tickets for Eastern's 17th annual International Banquet are now available. The banquet will be held at 6:30 p.m. on Oct. 26 in the Keen Johnson ballroom.

The event includes a dinner

and entertainment presented by international students. Tickets are \$10 and are available at the International Education Office in Case Annex, 181. For more information call 622-1478. No tickets will be available at the door.

**Eastern director invited to Washington**

Earl Dunlap, executive director of the Eastern-based National Juvenile Detention Association, was invited by President George W. Bush to participate in the White House Conference on Missing and Exploited Children, which took place on Oct. 2.

**Professor named Fullbright Senior**

Douglas Robertson, director of Eastern's Teaching and Learning Center, has been named to the Fullbright Senior Specialist Program. The group consists of 700 senior specialists who collaborate with professional counterparts internationally on curriculum and faculty development, present lectures, participate in or lead seminars and participate in specialized academic programs and conferences.

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**Thursday, Oct. 24**  
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# Eastern Scholar halts publication

By JAMIE VINSON  
Co-editor

Eastern scholars may have to look a little further from home for a place to publish their work this year. Publication of The Eastern Scholar, an academic journal produced by the university's Graduate Office, has been postponed due to budget cutbacks.

Bankole Thompson, dean of Eastern's Graduate School, said the journal is "designed to serve as an academic clearinghouse and forum for showcasing the scholarly achievements of ECU faculty and students."

The journal was first produced last spring with the intent of publishing it annually. This year, however, the budget situation forced the university to reevaluate publication of the journal, which ultimately led to the postponement decision.

The budget for the 2002-2003 fiscal year reflects a 1.87 percent decrease in state appropriations and Eastern is looking for ways to conserve funds until the budget problem is resolved.

"The direct cost of printing the publication (alone) was about \$3,000," said Mark Wasicsko, acting provost. "This does not include postage, editing or the time and effort of the folks who contributed."

The pilot edition of "The Eastern Scholar" was put together by a team including the Graduate School dean and an editorial board made up of one faculty representative from each of the university's seven colleges, according to Thompson.

Last year's journal included messages from Eastern President Joanne Glasser and Michael Marsden, former

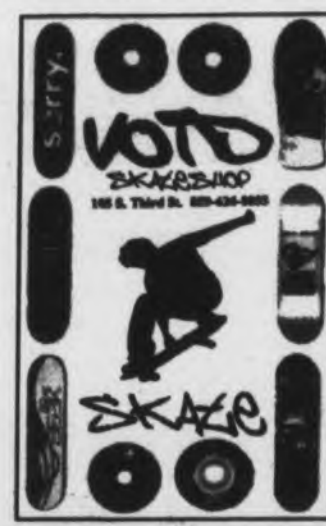
provost, as well as seven articles ranging from "Creating and Supporting an Inclusive Scholarship of Teaching" to "Only the Best for Our Kids: Refashioning the Framework for Preparing Future Educators," all submitted by Eastern faculty.

The journal also contained guidelines for submitting manuscripts for future publications.

Wasicsko said the university likely will not publish the journal at all this year; however, he said Eastern will continue to monitor funding in hopes of publishing the journal in the future.



This is the cover of the first — and for now, only — edition of The Eastern Scholar.



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## ► Police Beat: Sept. 30-Oct. 4

The following reports have been filed with the Division of Public Safety.

**Sept. 30**  
Richard Middleton, of Facilities Services, reported two of his personnel working in the Roark, Memorial Science and Moore buildings had money and cleaning supplies stolen from their janitor closets.

Brandon Williams, residential coordinator of Todd Hall, reported a Todd Hall resident had been raped in Keene Hall on Sept. 11.

Matt Schoborg, of Martin Hall, reported someone had stolen 53 compact disks from his unsecured vehicle parked in the Mattox Hall lot.

Jamie Prunt, of Dupree Hall, reported someone had stolen his clothes from a Dupree Hall laundry room.

Mary Klopfer, 18, of Burlington, was cited for possession of marijuana and possession of drug paraphernalia.

Aaron Mount, 18, of La Grange, was cited for possession of marijuana and possession of drug paraphernalia.

**Oct. 1**  
Phyllis Vanwinkle reported someone had smashed the door to the kitchen area of Combs Hall.

**Oct. 2**

Douglas House, 36, of Richmond, was cited for carrying a concealed deadly weapon.

**Oct. 3**  
Shannon Lynn, 30, of Richmond, was arrested and charged with disorderly conduct and criminal littering.

Thomas Emerson, 19, of Cincinnati, was arrested and charged with driving under the influence, operating on a suspended license and failure to comply.

Carlos Igo, 29, of Richmond was arrested and charged with violation of a Kentucky Emergency Protective Order.

Wade Stanfield reported a possible case of counterfeit money

in Model Lab School. Public safety is investigating the incident and will contact the US Secret Service. There are no suspects at this time.

Ashley Reeves, of Keene Hall, reported two gift certificates, one valued at \$50 and one valued at \$30, stolen from her dresser drawer in her room.

**Oct. 4**  
Lamichelle Haddix, 20, of Versailles, was arrested and charged with possession of marijuana and possession of alcohol by a minor.

A Telford resident reported she had been sexually assaulted. Public Safety is investigating the incident as rape in the first degree.

Compiled by Gina Valle

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**Depo-Provera Contraceptive Injection**  
medroxyprogesterone acetate injectable suspension

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This product is intended to prevent pregnancy. It does not protect against HIV infection (AIDS) and other sexually transmitted diseases.

**What is DEPO-PROVERA Contraceptive Injection?**  
DEPO-PROVERA Contraceptive Injection is a form of birth control that is given as an intramuscular injection (a shot) in the buttock or upper arm once every 3 months (13 weeks). To continue your contraceptive protection, you must return for your next injection promptly at the end of 3 months (13 weeks). DEPO-PROVERA contains medroxyprogesterone acetate, a chemical similar to (but not the same as) the natural hormone progesterone, which is produced by your ovaries during the second half of your menstrual cycle. DEPO-PROVERA acts by preventing your egg cells from ripening. If an egg is not released from the ovaries during your menstrual cycle, it cannot become fertilized by sperm and result in pregnancy. DEPO-PROVERA also causes changes in the lining of your uterus that make it less likely for pregnancy to occur.

**How effective is DEPO-PROVERA Contraceptive Injection?**  
The efficacy of DEPO-PROVERA Contraceptive Injection depends on following the recommended dosage schedule exactly (see "How often do I get my shot of DEPO-PROVERA Contraceptive Injection?"). To make sure you are not pregnant when you first get DEPO-PROVERA Contraceptive Injection, your first injection must be given ONLY during the first 5 days of a normal menstrual period. ONLY within the first 5 days after childbirth if not breast-feeding and, if exclusively breast-feeding, ONLY at the sixth week after childbirth. It is a long-term, injectable contraceptive when administered at 3-month (13-week) intervals. DEPO-PROVERA Contraceptive Injection is over 99% effective, making it one of the most reliable methods of birth control available. This means that the average annual pregnancy rate is less than one for every 100 women who use DEPO-PROVERA. The effectiveness of most contraceptive methods depends in part on how reliably each woman uses the method. The effectiveness of DEPO-PROVERA Contraceptive Injection is based on how reliably each woman uses the method. Your health-care provider will help you compare DEPO-PROVERA with other contraceptive methods and give you the information you need in order to decide which contraceptive method is the right choice for you.

The following table shows the percent of women who got pregnant while using different kinds of contraceptive methods. It gives both the lowest expected rate of pregnancy (the rate expected in women who use each method exactly as it should be used) and the typical rate of pregnancy (which includes women who became pregnant because they forgot to use their birth control or because they did not follow the directions exactly).

| Method                      | Lowest Expected | Typical |
|-----------------------------|-----------------|---------|
| DEPO-PROVERA                | 0.3             | 0.3     |
| Implants (Norplant)         | 0.2*            | 0.2*    |
| Vaginal ring (NuvaRing)     | 0.2*            | 0.4     |
| Male sterilization          | 0.1             | 0.13    |
| Oral contraceptive (pill)   | 0.1             | 3       |
| Condom                      | 0.1             | 3       |
| Progesteron only            | 0.5             | 3       |
| IUD                         |                 |         |
| Paragard®                   | 2.0             | 3       |
| Copper T 380A               | 0.8             | 3       |
| Copper T 200                | 2               | 12      |
| Diaphragm (with spermicide) | 6               | 18      |
| Cervical cap                | 6               | 18      |
| Withdrawal                  | 4               | 18      |
| Periodic abstinence         | 1.9             | 25      |
| Spermicide alone            | 3               | 21      |
| Vaginal sponge              | 6               | 18      |
| used before childbirth      | 3               | 28      |
| used after childbirth       | 9               | 28      |
| No method                   | 85              | 85      |

Source: Trussell et al. • *Obstetrics & Gynecology* 1990;75:58-67

\*When "Paragard" package insert "DEPO-PROVERA Contraceptive Injection?"  
Not all women should use DEPO-PROVERA. You should not use DEPO-PROVERA if you have any of the following conditions:  
• If you think you might be pregnant.  
• If you have any vaginal bleeding without a known reason.

Birth control you think about just 4 x a year.

**Other Risks**  
Women who use hormone-based contraceptives may have an increased risk of blood clots or stroke. Also, if a contraceptive method fails, there is a possibility that the fertilized egg will be able to develop outside of the uterus (ectopic pregnancy). While these events are rare, you should tell your health-care provider if you have any of the problems listed in the next section.

**What symptoms may signal problems while using DEPO-PROVERA Contraceptive Injection?**  
Call your health-care provider immediately if any of these problems occur following an injection of DEPO-PROVERA:  
• sharp chest pain, coughing up of blood or sudden shortness of breath (indicating a possible clot in the lung)  
• sudden severe headache or vomiting, dizziness or fainting, problems with your eyesight or speech, weakness, or numbness in an arm or leg (indicating a possible stroke)  
• severe pain or swelling in the calf (indicating a possible clot in the leg)  
• unusually heavy vaginal bleeding  
• severe pain or tenderness in the lower abdominal area  
• persistent pain, pus, or bleeding at the injection site

**What are the possible side effects of DEPO-PROVERA Contraceptive Injection?**  
1. Weight Gain  
You may experience a weight gain while you are using DEPO-PROVERA. About two thirds of the women who used DEPO-PROVERA in clinical trials reported a weight gain of about 5 pounds during the first year of use. You may continue to gain weight after the first year. Women in one large study who used DEPO-PROVERA for 2 years gained an average total of 8.1 pounds over those 2 years, or approximately 4 pounds per year. Women who continued for 4 years gained an average total of 13.8 pounds over those 4 years, or approximately 3.5 pounds per year. Women who continued for 6 years gained an average total of 16.5 pounds over those 6 years, or approximately 2.75 pounds per year.

2. Other Side Effects  
In a clinical study of over 3,900 women who used DEPO-PROVERA for up to 7 years, some women reported the following effects that may or may not have been related to their use of DEPO-PROVERA: irregular menstrual bleeding, amenorrhea, headache, nervousness, abdominal cramps, dizziness, weakness or fatigue, decreased sexual desire, leg cramps, nausea, vaginal discharge or irritation, breast swelling and tenderness, bloating, swelling of the hands or feet, backache, depression, insomnia, acne, pelvic pain, no hair growth or excessive hair loss, rash, hot flashes, and joint pain. Other problems were reported by very few of the women in the clinical trials, but some of these could be serious. These include convulsions, jaundice, urinary tract infections, allergic reactions, fainting, paralysis, osteoporosis, lack of return to fertility, deep vein thrombosis, pulmonary embolus, breast cancer, or cervical cancer. If these or any other problems occur during your use of DEPO-PROVERA, discuss them with your health-care provider.

**Should I stop using DEPO-PROVERA Contraceptive Injection?**  
If you are scheduled for any laboratory tests, tell your health-care provider that you are using DEPO-PROVERA for contraception. Certain blood tests are affected by hormones such as estradiol and progesterone.

**3. Drug Interactions**  
Cytidine (amoglutethimide) is an anticancer drug that may significantly decrease the effectiveness of DEPO-PROVERA if the two drugs are given during the same time.

**4. Nursing Mothers**  
Although DEPO-PROVERA can be passed to the nursing infant in the breast milk, no harmful effects have been found in these children. DEPO-PROVERA does not prevent the breast from producing milk, so it can be used by nursing mothers. However, to maximize the amount of DEPO-PROVERA that is passed to the infant in the first weeks after birth, you should wait until 6 weeks after childbirth before you start using DEPO-PROVERA for contraception.

**How often do I get my shot of DEPO-PROVERA Contraceptive Injection?**  
The recommended dose of DEPO-PROVERA is 150 mg every 3 months (13 weeks) given in a single intramuscular injection in the buttock or upper arm. To make sure that you are not pregnant at the time of the first injection, it is essential that the injection be given ONLY during the first 5 days of a normal menstrual period. If you follow the delivery of a child the first injection of DEPO-PROVERA SHOULD be given within 5 days after childbirth if you are not breast-feeding or 6 weeks after childbirth if you are exclusively breast-feeding. If you wait longer than 3 months (13 weeks) between injections, or longer than 6 weeks after delivery your health-care provider should determine that you are not pregnant before giving you your injection of DEPO-PROVERA.

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AD INDEX

|                              |        |
|------------------------------|--------|
| Aramark.....                 | A3     |
| Arby's.....                  | A10    |
| Art Attack.....              | A6     |
| Athletics.....               | A2     |
| Big Easy.....                | B3     |
| Bioline.....                 | A4     |
| Boot Scoot.....              | A3     |
| Botany Bay.....              | A9     |
| Buddha Belly.....            | A6     |
| CampusFundraiser.....        | A3     |
| Classifieds.....             | A3     |
| College Publisher.....       | A10    |
| Depo-Provera.....            | A5, A6 |
| First Gear.....              | A3     |
| Galaxy Bowling.....          | A3     |
| Gift Box, The.....           | A2     |
| Hibbett Sports.....          | A10    |
| Hurricanes.....              | B5     |
| J. Sutter's Mill.....        | A2     |
| Keneland.....                | B3     |
| Library.....                 | A7     |
| Madison Garden.....          | A6     |
| Main Street Chevron.....     | A6     |
| Merle Norman.....            | A7     |
| Pink Flamingo.....           | A2     |
| Pizza Hut.....               | A10    |
| Pizza Magia.....             | B3     |
| Player's Club.....           | A9     |
| OK Cab.....                  | B5     |
| Roly Poly.....               | A4     |
| Stephens, Mark D.M.D.....    | A4     |
| StudentExpress.com.....      | A3     |
| Substance Abuse.....         | A5     |
| Subway.....                  | B5     |
| Sunchase.....                | A9     |
| T.A.G.....                   | A3     |
| Taylor's Sporting Goods..... | A7     |
| T-Mobile.....                | A7     |
| TIAA-CREF.....               | A7     |
| Tracfone.....                | A7     |
| UPS.....                     | A7     |
| US Air Force.....            | A9     |
| Void Skateshop.....          | A6     |
| Well's Barber Shop.....      | A6     |
| Woody's.....                 | A6, B2 |

# 'Flu' may be hepatitis B

By GINA VAILE  
Assistant news editor

For many Eastern students, fever, fatigue and weakness, headaches and vomiting are passed off as the 24-hour flu or just the aftershocks of a night downtown.

However, it's when those symptoms have persisted for an extended period of time and progress — to include muscle and joint aches, dark urine, jaundice and severe abdominal discomfort — that students should seek medical attention as soon as possible.

The symptoms of what appears to be the flu could possibly be the symptoms of a virus that could potentially turn into hepatitis B, an infection of the liver.

According to a pamphlet produced by SmithKline Beecham Pharmaceuticals, 100,000 to 150,000 people are infected each year in the US, many of whom become seriously ill and die.

"Hepatitis refers to inflammation of the liver, regardless of the cause," Dr. Pradeep Bose of the Student Health Services Center said via e-mail. "Several agents can cause hepatitis — certain drugs and medications and several different viruses."

Bose said the viruses can be transmitted sexually and through intravenous drug use.

Bose also said that those who work in health care fields (including nurses, doc-

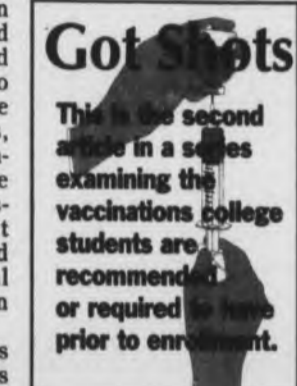
tors, emergency medical technicians, emergency medical services personnel and firefighters) are at high risk.

Also at high risk for developing viruses that cause the infection are college students.

The reason: lifestyle choices. Many college students engage in activities such as getting tattoos, body piercing, sharing hygiene products such as toothbrushes, combs or razors, and borrowing each other's earrings. Another major factor is the sexual relationships college students frequently are involved in.

According to Bose, it is estimated that six to 10 percent of adults who become infected in the US will become chronic carriers, unable to clear the virus and developing complications later on.

Also, Bose says there is an increased incidence of liver cancer in people who become chronic carriers of the hepatitis B virus.



**“The CDC estimates that there are 1 to 1.25 million chronic carriers of hepatitis B virus in the U.S.”**

—Pradeep Bose  
Doctor at Student Health Services

"The CDC estimates that there are 1 to 1.25 million chronic carriers of hepatitis B virus in the U.S. These chronic carriers have the potential to infect others, including their sexual partners," Bose said. "It is imperative that all sexually active people protect themselves by limiting the number of sexual partners, knowing their partner's sexual history as best as possible and by always using latex condoms with nonoxynol-9 whenever

## Facts on Hepatitis B

- The hepatitis B infection is an inflammation of the liver caused by the hepatitis B virus (HBV)
  - It is transmitted through infected blood or body fluids by contaminated needles or other instruments such as:
    - by using an infected person's toothbrush, comb or razor
    - by borrowing earrings
  - It is transmitted through unprotected sexual activities
  - There is not a cure for the illness
  - Each year, more than 10,000 people are hospitalized
  - World-wide, more than 250,000 people die each year of hepatitis B-associated acute and chronic liver disease
  - Symptoms include flu-like symptoms
    - fatigue and weakness
    - loss of appetite
    - nausea
    - jaundice
    - dark urine
    - fever
    - abdominal pain
    - vomiting
    - headache
    - muscle and joint aches
- If you have these symptoms that persist for an extended period of time, you should seek medical attention immediately.

Source: CDC and SmithKline Beecham Pharmaceuticals

Eun-Young You/Progress

engaging in sex." Bose urges all students, health care professionals and school custodians to be vaccinated against hepatitis B. Bose says the vaccine is estimated to be 95 to 97 percent effective.

The vaccine is given as a series of three, with the first one followed by the second dose one month later. Six months after the first vaccination the final shot is given. Bose says the recombinant vaccine is produced by inserting into a yeast cell a gene that codes for the viral surface antigen.

Side effects of the vaccine include swelling and redness around the injection site and low-grade fever with some malaise. Tylenol or ibuprofen is usually recommended to ease the symptoms. Cold compresses are also recommended.

According to Linda Young, director of school communication relations for the Madison County School Board, the injection is now required for students in the Kentucky public school system.

However, Young said those who were born before 1992 are not required to have the vaccination.

"We don't require the high school students to be vaccinated because they were born before the date. I'm sure students could be vaccinated at the health department if they choose to do so," she said.

The Eastern Student Health Services Center does provide the inoculations for students and faculty. The cost is \$30 per injection and can be paid for at Billings and Collections before receiving the vaccine.



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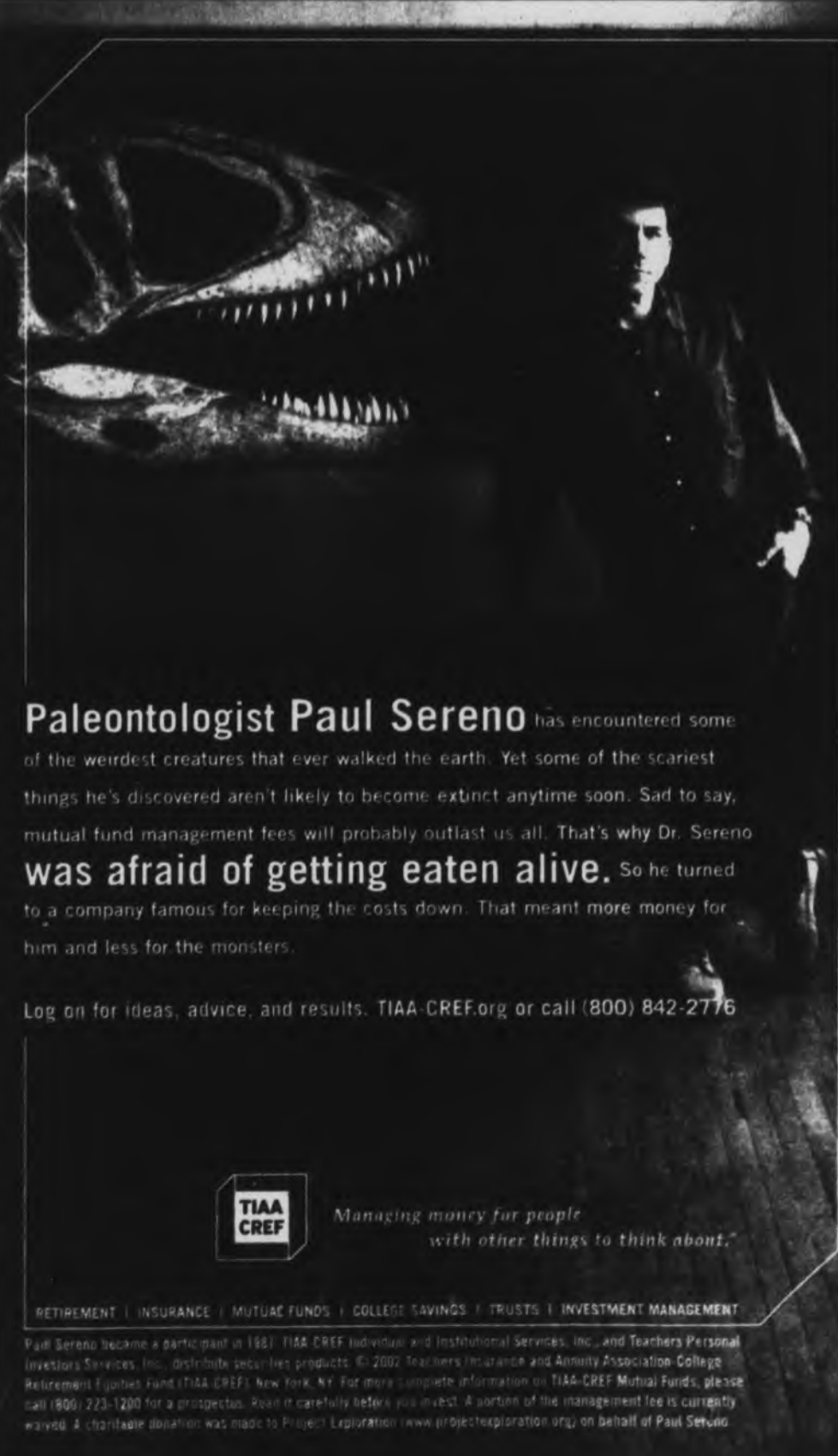
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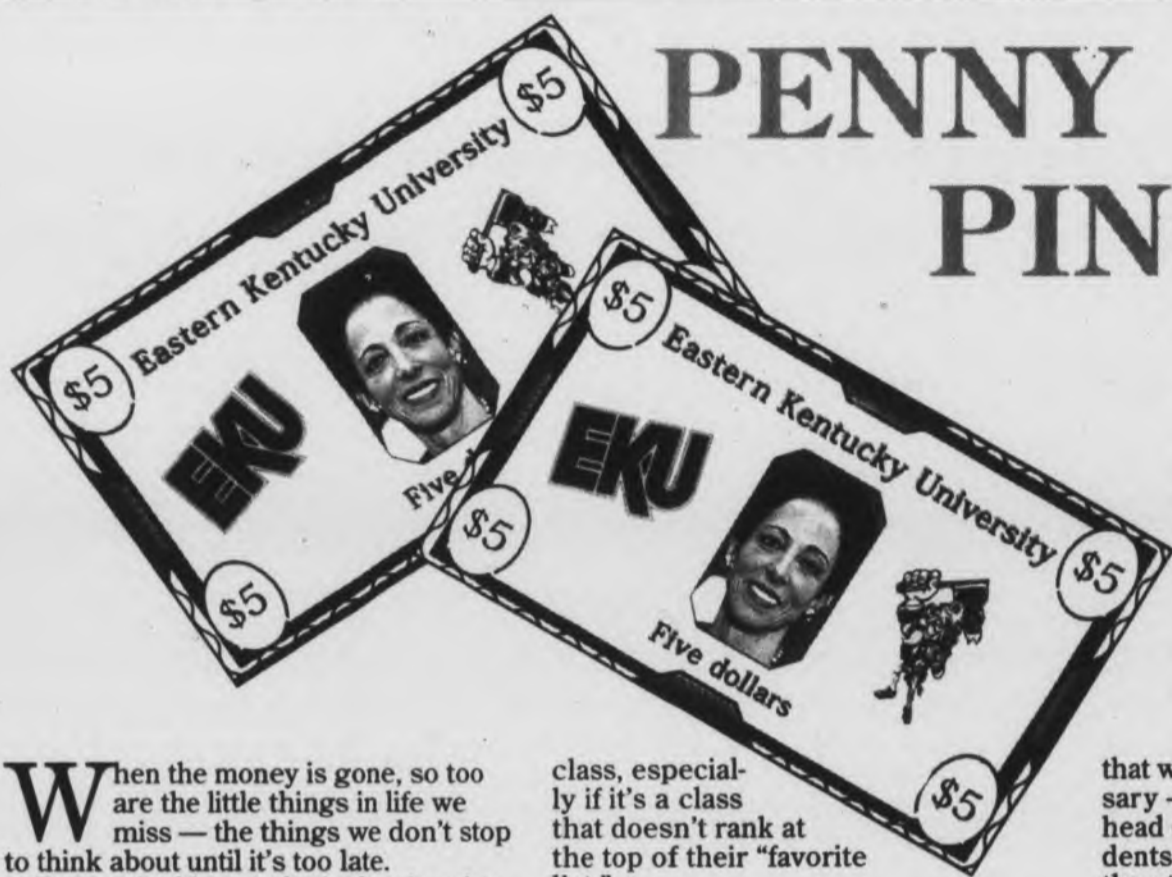
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# Perspective

A8 Thursday, October 10, 2002

The Eastern Progress | www.easternprogress.com

Jennifer Rogers and Jamie Vinson, editors



## PENNY PINCHING

### University needs to conserve, funds low

When the money is gone, so too are the little things in life we miss — the things we don't stop to think about until it's too late.

Penny pinching — that's the situation Eastern is in right now due to budget cutbacks. There is little pocket change to spare, and it's causing the university to limit some of the things it has been able to do in the past.

For instance, professors will not be able to administer in-course evaluations in each of their individual classes this year. Full-time tenured faculty will only be able to evaluate one class and untenured full-time faculty are allowed to evaluate two.

That's a shame, because these evaluations illustrate to professors which of their teaching methods students found effective and perhaps those the professor may need to step up. The evaluations also help Eastern make promotion and tenure decisions. Many students may be disappointed if they don't get the chance to evaluate a particular

class, especially if it's a class that doesn't rank at the top of their "favorite list."

The university also has postponed publication of the Eastern Scholar this year, a journal which was published for the first time last spring to "highlight graduate programs and research," according to Mark Wasicsko, acting provost. The journal likely won't be published at all this year because Eastern doesn't have funds to pay the \$3,000 printing cost.

The department of communication has asked faculty to conserve paper due to cutbacks. Renee Everett, department chair, sent a memo to faculty recently stating that the department has been "going through reams of paper" and has asked faculty to limit the number of copies they make for their classes.

Her suggestion: "Try to make sure

that what you copy is absolutely necessary — could it be done via an overhead or some other way? Will the students actually use the handout or will they toss it in the trash on the way out of class?"

She makes a good point. When faculty are asked to do something, even something as small as limiting the number of copies they make, they should. It may be inconvenient and time consuming to make an overhead and students might appreciate in-class handouts, but we are all going to have to sacrifice a little bit until the budget problem is resolved and Eastern is able to build its budget back up.

Cutbacks aren't fun — they hurt everyone involved. But if we all pitch in and work together, we can help Eastern ease its way through the budget crunch and we will soon be enjoying those little things we now miss.



#### ► News Quiz

OK, boys and girls. It's time to test your knowledge of what's going on at Eastern. If you don't know the answers, don't worry. Just go to [www.easternprogress.com](http://www.easternprogress.com) and you can cheat.

- 1 What publication has been postponed due to budget cutbacks?
  - a) The Eastern Progress
  - b) EKUpdate
  - c) The Eastern Scholar
- 2 What body part does the infection hepatitis B affect?
  - a) The tongue.
  - b) The liver.
  - c) The big toe.
- 3 Eastern is looking to fill how many top positions?
  - a) 1,000
  - b) 24
  - c) 9



Kevin Martin/Progress

- 4 This Eastern student participated in what first weekend event?
  - a) The raising of the dead.
  - b) A hypnotist show.
  - c) Best Mime Competition.

#### MESSAGE BOARD

*Eastern has had to postpone publication of The Eastern Scholar due to budget cutbacks. What measures should the university community take to conserve money until the budget problem is resolved?*

To join the debate, go to  
<[www.easternprogress.com](http://www.easternprogress.com)>

#### ► Campus Comments

Eastern recently altered the process students have to follow to change their majors. Co-editor Jennifer Rogers asked students how they felt about the change.



**DENA GENTRY**  
Hometown: Jackson County  
Major: Occupational Therapy  
Year: Freshman

I changed from teaching to OT. It would have put me behind if I had to fill out a bunch of papers.



**LINDSEY HAYS**  
Hometown: McKee  
Major: Education  
Year: Freshman

I commute and I just don't have time to run up to the office and do all that. It makes it a little more difficult.



**BRADY WRIGHT**  
Hometown: Richmond  
Major: Business Management  
Year: Freshman

It'll keep people from changing their minds ... get something and stick with it no matter how hard it is.



**CYRUS FUHRMAN**  
Hometown: Hamilton, Ohio  
Major: Computer Science  
Year: Freshman

Most college students end up changing their minds anyway.

#### ► How to reach us

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##### To report a story or idea

**News**  
Cassandra Kirby, 622-1872

**Accent**  
Katie Weitkamp, 622-1882

**Around&About**  
Christina Cathcart, 622-1882

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#### My turn & letters policy

The Progress welcomes submissions for My Turn columns by Eastern's students, staff, faculty or anyone in the community interested in voicing an opinion.

My Turn columns should relate to a current topic on campus or in the community and not be longer than 1,000 words. Authors can bring their columns to The Progress office at 117 Donovan Annex by noon the Monday before publication. Usually the author's photograph is included with the column. Columns may be saved on disk as RTF or text-only files. Columns and letters to the editors may also be e-mailed to the Progress at [progress@eku.edu](mailto:progress@eku.edu) or faxed to the office at (859) 622-2354.

The Progress does not print anonymous columns or letters. Please include a phone number and address for verification purposes only, not for publication.

The editors of the Progress reserve the right to edit columns and letters for length.

## The Eastern Progress

[www.easternprogress.com](http://www.easternprogress.com)

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# Professor says campus should work together to make students feel respected, safe



**ANDREW HARNACK**  
*My Turn*

Andrew Harnack is a professor in Eastern's department of English and theatre.

The Safe Zone Project, a Diversity Office program urging faculty to post "gay friendly" stickers on office doors, has certainly generated heated discussion on campus. In particular, two recent letters — both well-written — have urged all of us to think through and act upon our convictions regarding the campus safety of gays, lesbians, bisexual and transgendered (GLBT) students, faculty and staff.

In the first letter four English professors — Hal Blythe, Terry Culross, Pete Remaley and Charlie Sweet (Sept. 19) — propose that EKU should "create a single symbol that says something like 'EKU SAFE ZONE — Everybody Welcome.'" That's a great idea and a terrific challenge to all of us.

Biology professor Michael Foster, the co-chair of the University Diversity Committee, argues in the second letter (Sept. 26) that although the Safe Zone sticker project "may not be the answer to the problem, (nevertheless) it is certainly a step in the right direction." As a "nationally recognized program," professor Foster recommends it.

To their credit, all five professors clearly recognize that the sexual orientation of some people sometimes presents a problem for other people. Some heterosexuals dislike some GLBTs and go out of their way to offend them; in turn, some GLBTs find some heterosexuals too straight and go out of their way to offend them.

Professor Foster rightly recalls that "several hate crimes against GLBT students have been documented." Echoing that

reminder and not wishing to be misinterpreted, the four English professors "remember what happened with the Nazis of the 30s and 40s and their six-pointed stars for the Jews, the Puritans of colonial times with their Scarlet As, Joe McCarthy with his 'commie' labels." In short, all five professors are aware that people in dominant cultures often offend, persecute, harass, harm and sometimes kill minority peoples.

Although all five professors agree that we have a problem, they disagree on how to solve it. Professor Foster supports the posting of a "Safe Zone" sticker on a faculty office door. The sticker, he contends, will let a GLBT person "know that he or she can speak to a faculty member who will be non-judgmental and who will direct them to the appropriate resources." In some ways the sticker idea makes good sense. After all, when people need help, they appreciate a clearly marked sign indicating assistance. Some GLBTs could, no doubt, be helped by faculty who post "Safe Zone" stickers on their doors.

The English professors agree with professor Foster that GLBT students some-

times need non-judgmental assistance. For several reasons, however, they believe that the use of stickers to label safe zones is not a good idea. Such stickers clearly single out one minority group as deserving more help than other minority groups. The English professors make this point by offering a "modest proposal." Addressing a university audience in the spirit of Jonathan Swift's "Modest Proposal" (1729), they present their argument satirically, some might say with humor.

To make sure that everyone gets their point, the professors ask us to see what might happen if we endorse door stickers as a solution to the problems all minorities experience.

In effect, they argue we will simply be overwhelmed with a proliferation of stickers, and ironically each will tend to cancel out the importance of another. Sticker-by-sticker we'll become immune to the messages.

Looking for a long-term solution, the English professors propose "EKU SAFE ZONE — Everybody Welcome."

It appears as though biology professor Foster (perhaps unacquainted with the history of satire in general and Swift's "Modest Proposal" in particular) has misread the English professors' intent, argument and recommendation. Clearly their

proposal is neither "vitriolic" nor "cynical." Their proposal, modest as it is, does not imply that they might "argue that the Disabilities Office is not necessary to provide services for the physically challenged and differently enabled students." Perhaps if professor Foster had known that professor Blythe's son is deaf and that professor Sweet's son has Downs Syndrome, his letter might not have suggested so often that these English professors are insensitive to minorities.

Those of us who teach in the arts and humanities — including the four English professors — welcome minority colleagues, students and staff into our offices, homes and lives. We know full well the importance of all peoples living fully within the human family. After all, we teach the arts because they, in turn, help teach us to appreciate one another and live together in real community.

All five professors agree that we must make choices — about whom we will support privately and publicly. Should a colleague decide to post a Safe Zone sticker on an office door, that action — as professor Foster suggests — may be helpful. Should he or she, however, decide not to post a Safe Zone sticker on an office door — for reasons the English professors promote — that too might be helpful. It may push us toward writing a letter that encourages our making sure the whole campus becomes a safe zone. Let's all work hard and long for the day when "everyone on this campus feels valued, respected, safe and welcome," to quote professor Foster, with or without the stickers.



## ► letters to the editors

### Tuition money should not pay officers to guard former crosswalk area, other solutions to problem should be considered

My name is David Short and I am a 23-year-old freshman here at EKU. I am from Richmond so I have seen many changes here at the university and in this town. Recently I have run across a very old problem which still bothers our students today. To put it bluntly, I am speaking of the crosswalk.

For years students have had to pay to attend this university and been forced to cross the road on Lancaster with hopes of not getting hit. One solution was the narrowing of the road so that there were only

two lanes to drive down and an area to stand in the middle of the road. As we soon saw, this was very dangerous. I am sure that we all have heard of the individuals getting hit crossing the road. Regardless of how minor the accidents, all of them are bad.

Now we are forced to walk to the lights where there is an actual crosswalk. This is fine except for the fact that when the sign says for students to walk it also gives the cars coming off of Barnes Mill a green light. Every day I see students having to hurry so

the cars can get through. This is aggravating to the student as well as to the motorist trying to get to their destination.

At one time, an "over the road" crosswalk was suggested. Some people felt like it would be difficult for emergency vehicles to turn onto campus from Lancaster then. Well if that is the problem then why not just move the crosswalk down some, maybe in front of Roark or something.

I would like to believe that the university would be looking for a way to

save money rather than throwing it away. At this time I have no clue about how much our EKU police earn. What I do know is that the money we pay them to sit in lawn chairs or in their vehicles while watching the road is coming out of our tuition. I pay for him to sit up there and watch me. Sure an "over the road" crosswalk would be expensive. Nothing is free! But with the money we are going to continue to throw away on our police monitoring the road, surely we could do something.

As a student of Eastern Kentucky

University and a Richmond resident I would love to see something done. This causes traffic problems for everyone and has become slightly annoying to the students. The students did an extremely fine job being heard over the plus/minus system, I only hope they can come to gather again and again until they are satisfied with their choice of a college.

David A Short,  
Eastern student and president of  
SSDP (Students for Sensible Drug  
Policy)

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Fall 2002

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10/10/02 Boot Scoot, Bull Riding, Live DJ  
9pm Weaver Gym

10/17/02 Sex Signals  
9pm SSB Auditorium

10/31/02 Masquerade Ball  
9pm Powell Downstairs Gameroom

11/14/02 Whose Line Is It Anyway?  
9pm Ferrell Room/ Combs Building

# Marketing class project honored by General Motors

By ROGER OSBORNE  
Staff writer

Eastern marketing students were excited to be involved in a project last semester with a notable company such as General Motors. The students were even more excited earlier this year to learn they had placed third in a national contest held by General Motors Marketing.

"It is almost unheard of for a 'rookie' team to place in the national contest, so I am very proud of our students for doing so well their first time out," said S.J. Garner, Eastern professor in the department of management, marketing and administrative communications.

The contest was part of the General Motors Marketing Internship national competition. Students in two marketing classes, taught by Garner, combined to form the team that promoted specific Pontiac vehicles. Students involved included 19 undergraduate students enrolled in an advertising campaigns class, and seven graduate students enrolled in a MBA promotional seminar course.

"Several of the students who participated were seniors and their experience was instrumental in helping them get jobs in the marketing field," Garner said. "They not

only had to lead the undergraduates, they were also responsible for evaluating their team members' efforts and delivering and discussing personal performance evaluations with each team member."

Those involved created an advertising strategy for increasing awareness among Eastern students about the Pontiac Vibe product line and the local Sid Adams Pontiac-Buick-GMC dealership.

The team of Eastern students formed the ECU Pride Advertising Agency, then developed and presented their promotion titled "Summer Vacation — The Ultimate Pontiac Road Trip."

As part of the promotion, the agency organized a series of campaign advertisements to promote the campus event. Promotions involved print, radio, television, direct mail, public displays and even online advertising.

"The students were able to double the budget through donations from area businesses," said Garner. "The student team was challenged to stay within the \$2,500 budget and they accomplished great things with a very small amount of money."

"We had to buy decorations, food, prizes, provide music with a budget. We definitely

had to put money in things that were most important," said Christi French, a member of the advertising group.

Preparing to reach many of Eastern's students, the marketing group focused much of the semester on a five-hour campus event. Through games, contests, music and the display of the Pontiac Vibe, Grand Am and Aztek vehicles, the event paid off with an attendance of almost 1,100 students.

"We tried to get as much free as possible," French said. "The Richmond Register gave us three ads and Web site space for free." Although the budget played a large role in the promotions aspect, the team prevailed by completing the task under budget.

"The students did so well, in fact, that we had \$62 left over for this coming spring's event," said Garner.

"We have agreed to undertake this project again during the spring of 2003," Garner said. The only requirements for participating in the project are that students must have previously taken the basic advertising class before enrolling in advertising campaigns — one of the marketing classes that combined for the contest — and a cap on the MBA promotional seminar.

New Progress e-mail address:  
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# College Republicans mission: Increase party, election visibility

By JENNIFER ROGERS  
Co-editor

For the College Republicans this year, it's all about being visible.

At their meeting Tuesday night, club president Josh McWilliams led discussions on how the group can get their name out and serve Republican political candidates at the same time.

McWilliams said he's got a few ideas already. Most immediately, the College Republicans are trying to get involved in local races that will be decided Nov. 5.

In the beginning stages of helping out candidates, McWilliams advocated distributing campaign materials at shopping centers around Richmond one day a week to increase candidate visibility. The College Republicans already have campaign bumper stickers and handouts donated to them from Mitch McConnell's U.S. Senate

### An active life...

More students are looking to political clubs on campus as a way to become politically involved and learn more about their world. This is the third in a three-part series outlining campus clubs and their plans for the academic year.

re-election campaign.

In addition, the Republicans are looking to further help Barry Metcalf, who is in the middle of a State Senate re-election bid. Metcalf showed up at Tuesday's meeting to talk to the group about ways they could help, including getting volunteers during the final campaign weeks to ask voters for support.

"What gets people to vote for you more than anything else is going door-to-door and asking people to vote for you," Metcalf said.

As members chewed on the bubble gum Metcalf passed out, McWilliams continued to provide ideas and ways the club could help out candidates statewide.

Some of those ideas included inviting McConnell to campus, and McWilliams stressed that the best way to show support for that idea would be to have students call his campaign individually, asking him to appear.

The College Republicans are also considering sending around 10 delegates to Northern Kentucky University to help with Republican campaigns there.

Smaller projects for the year, according to McWilliams, will include updating the group's Web site and modifying their constitution.

The College Republicans meet at 4:30 p.m. on Tuesdays. Dr. Randall Lloyd of the political science department serves as adviser.

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## Statistics on Breast Cancer

- 72 percent of black women are likely to survive five years of breast cancer, while 87 percent of white women are.
- 81 percent of white women and 76 percent of black women who survive five years after their initial diagnosis are expected to survive five more years.
- 87 percent of white women and 85 percent of black women who survive ten years after the initial diagnosis are expected to survive an additional five years.

Source: www.cancer.org

# Battling Breast Cancer

## Risk Factors for Breast Cancer

- Being female is the biggest risk factor, but males are also at risk for breast cancer.
- Being older, although it is not uncommon for college-age women to develop breast cancer.
- American women have a 1 in 8 chance of developing breast cancer sometime during their lives.
- Starting puberty early (before age 12), starting menopause late (after age 55) or having a first full-term pregnancy after age 30 increase chances of breast cancer.

Source: www.cancer.org

## Campus raises awareness, money

KATIE WEITKAMP  
Accent editor

It's one of those "it won't happen to me" diseases, but in 2001 about 239,300 people were diagnosed with breast cancer and 40,200 died of the disease, according to the American Cancer Society.

October is National Breast Cancer Awareness Month, and recent studies say it is more important now to be aware of breast cancer than ever before. A study of female factory workers in China, conducted by the Fred Hutchinson Cancer Research Center, found that doing breast self-exams does not significantly decrease the number of deaths from breast cancer, even when done properly.

According to the ACS a three-part detection process should be used, which still includes breast self-exams. The ACS says the exams should still be done monthly after the age of 20. Also in the three-part detection process are regular mammograms after age 40 and clinical breast exams during regular doctor appointments.

The study in China followed 133,000 women who were taught breast self-exam and 133,000 women who were not trained. The study showed that while the women who were trained in breast self-exam were better at conducting the exam, they were not found to live longer or die less often from breast cancer.

This is the first study of its kind and may worry many women who depended on self-exams for early detection. Early detection is important because it has been found to be critical in treatment for cancer. Before the study was conducted, breast self-exams were believed to aid in early detection.

While findings of the study are disheartening, self-exams can still alert women of changes in their body and that they should still be conducted regularly.

Men are even more faithful to the "it won't happen to me" belief, but the ACS reported 1,500 cases and 400 deaths last year due to breast cancer in men.

White women are most likely to get breast cancer. 115.5 out of every 100,000 women with cancer are white. The fewest number of occurrences strike American Indian women, who represent only 50.5 per 100,000 women with breast cancer. Black women, however, have the highest mortality rate due to breast cancer, with 31 of 101 cases of breast cancer resulting in death.

When breast cancer is detected the most common treatment is surgery, which removes the cancer, and other treatments such as radiation therapy, chemotherapy, hormone therapy or monoclonal antibody therapy. Sometimes, even with all treatments the cancer can spread to other parts of the body, making it harder to

conquer.

Foundations such as the Susan G. Komen Breast Cancer Foundation are dedicated to raising awareness and money to help fund research that could find a cure, and Eastern is getting in on the action.

The Eastern Panhellenic council is raising money for the Susan G. Komen Breast Cancer Foundation by putting on a cheerleading competition this December. The competition is open to the public and raises money by charging an entrance fee as well as finding sponsors for the event.

"This year we'd like to call out the names of the survivors and victims," said Rebecca Sparks, who is in charge of the event.

While the event isn't until December, sororities are still raising awareness during October by passing out pink ribbons, the symbol for breast cancer awareness.

Student Alumni Ambassadors are also raising money for the Komen Foundation by participating in Denim Day. On Denim Day employers allow their employees to wear jeans to work after they make a \$5 donation for breast cancer research. The official Denim Day was Friday, but the Alumni Ambassadors celebrated it Wednesday, so they could have longer to advertise the event. Alumni Ambassadors will be outside the Powell Building collecting donations through Friday.

"It's just something we wanted to do and it's open to everyone on all Eastern's campuses," said Sarah Staggs, who is helping with the event. Donations can be made to the foundation through Student Alumni Ambassadors through October 18.

Jill Petrey, residence hall coordinator in McGregor Hall, is also trying to help raise money in cooperation with the Yoplait and Breyer companies. For each yogurt-product lid mailed in, Yoplait and Breyer will donate money to breast cancer research. Petrey has put boxes out to collect the lids so they can be mailed in.

"It's something they already eat, so it will be easy to collect," Petrey said.

Petrey also hosted an awareness meeting in McGregor Hall on Monday night. During the meeting Dr. Shobhna Joshi, from Health Services, talked about prevention and detection of breast cancer. Small models of breasts with lumps and some without lumps were passed out so people could test their breast self-exam skills.

A similar program will be held in Burnam Hall on Oct. 22 at 6 p.m. Chicken breast will be served.

More information about breast cancer can be found at [www.cancer.org](http://www.cancer.org). More information on the Susan G. Komen Breast Cancer Foundation can be found at [www.komen.org](http://www.komen.org).



Kevin Martin/Progress

Dr. Shobhna Joshi, of Student Health Services, shows X-rays of breast cancer in McGregor Hall Monday. Joshi and Ellie Goble, staff nurse on campus, made the presentation on breast cancer awareness.

Cindy Held is a freshman journalism major from Richmond. She is a contributing writer.



Although Held's breast lumps were not cancerous, it is possible for young women to get breast cancer. If a lump is found you should see a doctor.

### Breast Cancer detection in young women

Women age 20 and above should conduct regular breast self-exams.

Young women with genetic predisposition or family history may want to get a mammogram or Magnetic Resonance Image (MRI).

Going to the doctor regularly and receiving clinical breast exams are also an important role in early detection of breast cancer.

## Young women at risk

BY CINDY HELD  
Contributing writer

"It's most likely a cyst or fibroid adenoma, but we can't rule out cancer."

No way, this can't be happening! I'm only 14, there is no way I can have breast cancer. These were the only thoughts that raced through my head after I left the doctor's office.

Only a week before that horrible appointment, I had been a normal healthy teenager. I was reading one of those teen magazines and saw an article about self-breast examinations. I decided to try it out, you can never be too careful. Little did I know I would actually find something.

On the side of my right breast I felt a lump that wasn't on my left breast. It was almost like a hard grape. I got really panicky. That wasn't supposed to be there! I immediately thought I had cancer. Why else would there be a lump in breast? So I told my mom and she took me to our family practitioner where our worst fears were acknowledged: breast cancer couldn't be ruled out.

I was referred to a surgeon specializing in women's care. The wait for the appointment was the worst. There was always that constant fear in the back of my mind: it isn't completely unheard of for teenagers to get breast cancer. A closely-related female member of my family had

died of cancer when she was only 17, so the fear was hitting very close to home.

The day for the appointment finally came. I couldn't eat and I could barely sleep. What if he told me I did have breast cancer? My whole life would change. I was so nervous. The doctor decided to do an ultrasound to see if it was a cyst, (a closed pocket or pouch of tissue that can be filled with fluid pus), a fibroid adenoma (a benign tumor of glandular cells), or to see if it looked cancerous.

It was very embarrassing and nerve-racking, not to mention I was there on my 15th birthday. The doctor said that it looked like a fibroid adenoma, but to be 100 percent certain it wasn't cancerous, he would have to perform surgery to remove it so a biopsy could be done. Surgery was an option, but there was no question in my mind to do it. A few months later I had it removed and we discovered that it wasn't cancerous. I had never been so relieved in my life!

It's been four years now, and I am thankful every day for the outcome of my situation. The fact is that breast cancer is a serious issue, and all women, young and old, should perform monthly self-breast exams and get regular mammograms. Don't make the assumption that you're too young, because I learned that you're not

# What's on Tap

Have a campus event or activity? Contact Christina Cathcart at 622-1882 or by e-mail at [progress@eku.edu](mailto:progress@eku.edu).

B2 Thursday, October 10, 2002

The Eastern Progress | [www.easternprogress.com](http://www.easternprogress.com)

Christina Cathcart, editor

## TODAY

**7 p.m.**  
There will be a campus safety awareness presentation in McGregor Hall. Call 622-2065 for more information.

**7 p.m.**  
A presentation on ethical decision making and character education will be held in Burnam Hall. Call 622-2053 for more information.

**7:30 p.m.**  
As part of the Chautauqua lecture series, Alan Soble from the University of New Orleans will present "Mysteries of Eros" in the Student Services Building Auditorium.

**8 p.m.**  
InterVarsity Christian Fellowship will meet in the Jagers Room of the Powell Building.

## FRIDAY

**6 p.m.**  
AnimEKU is featuring "JinRoh" and other anime films in the Case Annex Lobby.

## SATURDAY

**9 p.m.**  
A dance will be held in Weaver Gym. Call Marianne McAdam at 622-1901 for more information.

## SUNDAY

**6-8 p.m.**  
The Diversity Office presents study nights in the Student Services Building, Room 442. Call Terrell Thornton at 622-6587 for more information.

## PROGRESS PICK

### Looking beyond disabilities

### Events focus on raising awareness

By CHRISTINA CATHCART  
What's on Tap editor

When people stop focusing on each other's differences, it becomes easier to see how very similar the entire human race really is.

For instance, this month at the Giles Gallery, there are photograph prints of people with disabilities doing different everyday activities. The prints display everything from guys in wheelchairs playing basketball to a person without legs swimming.

That art show is part of the American with Disabilities Act awareness month, a nationally recognized event. The ADA was signed in October 1990 by President Bush.

"This is the month that most people celebrate ADA and lots of issues surrounding Americans with disabilities," said Teresa Belluscio, assistant director of the Office of Services for Individuals with Disabilities. "Every year there are more and more of these people at Eastern."

"That's because access is much better now and because



Kevin Martin/Progress

"To Dance Away the Pain," above, is a drawing by Millicent Wells, an art education major. Her artwork is featured in the Office of Services for Individuals with Disabilities in celebration of ADA awareness month.

treatment and things like that are better, in general, things are better. I have over 400 here now with all kinds of disabilities," Belluscio said.

Like the people portrayed in the prints at Giles Gallery, students with disabilities at Eastern have various needs; while some may have learning disabilities, others have special needs for hearing or visual impairments.

Eastern offers various services, such as tutors and note-takers, to assist those who

need additional help.

Often a learning problem can be easily resolved by advising teachers to alter their teaching styles.

"Sometimes professors will turn their backs to write on the boards," Belluscio said. "If you had to read their lips, you wouldn't be able to."

According to Belluscio, a disability is when a person has a severe problem in a major life function: such as problems with eating, talking, breathing or learning. Having a disability

may mean a student will need additional assistance; it doesn't mean that a student with a disability will get additional preference.

"When you get to college, you're out there with everybody else," Belluscio said. "Being accessible becomes looking at each class and determining what the student needs."

For more information on ADA awareness and related events at Eastern, go to <http://access.eku.edu>.

## MONDAY

Columbus Day is observed today; no classes.

## TUESDAY

**6 p.m.**  
Women's Activist Group will meet in the Powell Lobby.

**9 p.m.**  
Pride Alliance will meet in the Combs Building, Room 427.

## UPCOMING

**Oct. 20**  
Sigma Tau Delta is having a Halloween party for members and guests. New members are welcome; sign-up deadline is Oct. 18. Call Susan Kroeg at 622-2282 for more information.

Woody's

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Bucket O' Rocks (5 beers \$6)

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# Around&About

Christina Cathcart, editor

The Eastern Progress | www.easternprogress.com

Thursday, October 10, 2002 B3

## Avoiding unhealthy habits

### Fewer students abuse alcohol

BY CHRISTINA CATHCART  
Around&About editor

Binge drinking, an activity "party schools" are notorious for, is slowly decreasing at Eastern. Over the past three years, binge drinking at Eastern has slowly declined to a level below the national average.

According to survey results, the number of Eastern students who reported binge drinking — consuming five or more drinks at one sitting — has dropped to 41 percent, down from 44 percent in 2000.

In spite of this progress, the Substance Abuse Committee at Eastern is still working to educate students about alcohol abuse.

"We're not preaching to students to abstain; we're not about prohibition at all," said Sandra Medley, a staff psychologist at the Counseling Center and chair of the Substance Abuse Committee. "We want students to make safe, informed choices about alcohol."

In order to encourage healthy choices regarding alcohol use, the Substance Abuse Committee formed OkSOBERfest, a month-long series of events based around National Collegiate Alcohol Awareness Week. In addition to providing information on alcohol use, some of the



Photo Illustration by Progress

As portrayed above, fewer Eastern students are choosing to drink heavily; as of this year, only 41 percent of students surveyed reported drinking more than five drinks at one sitting. Binge drinking was reported to be at 44 percent in 2000. According to the survey, Eastern is now below the national average for binge drinking.

events will provide alternative, substance-free activities.

"You don't have to be trashed or drunk to have a good time and enjoy yourself," said Jill V. Petrey, residential coordinator for McGregor Hall.

The next OkSOBERfest event is a drunk driving simulator 11 a.m.-4 p.m. Oct. 18 on Powell Corner. Students can get behind the wheel of a 2001 Ford Mustang and, through a computer program, discover what driving at different blood alcohol levels would be like.

Other events include everything from free money to free food. Natural High Day, Oct. 22, will feature alco-

“  
You don't have to be drunk to have a good time and enjoy yourself.”

—Jill V. Petrey  
residential coordinator

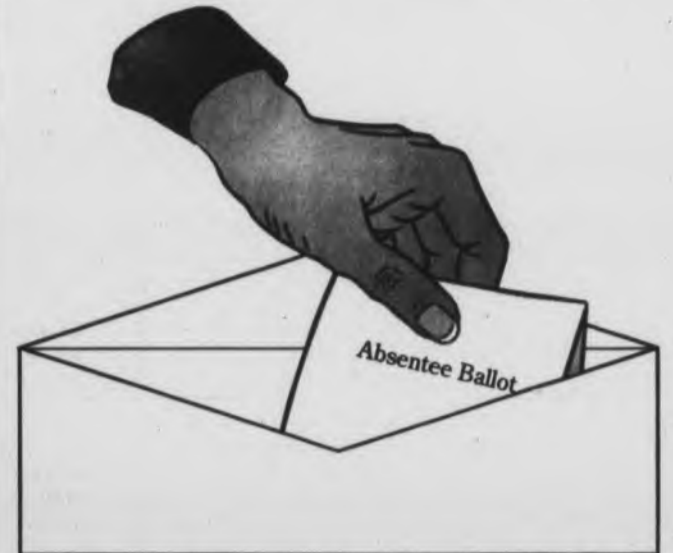
hol screenings, music and giveaways from 11 a.m.-2 p.m. on Powell Corner. A construction paper display will be

built by students who choose to submit their alcohol-related stories.

RockSOBERfest, the last event for OkSOBERfest, will include a free music or karaoke show, free German food such as bratwurst and sauerkraut and free kegs of root beer or warm apple cider.

RockSOBERfest will be Oct. 24; time and place are to be announced. The only stipulation is that those attending be substance-free at the event.

For more information, call the Counseling Center at 622-1303 or the Housing and Residence Life Office at 622-1515.



Students registered in counties other than Madison County can vote by absentee ballot. The deadline for requesting an application is Oct. 29.

## Exercise civil rights: vote by absentee ballot

BY CHRISTINA CATHCART  
Around&About editor

Although the deadline for registering to vote in the state of Kentucky has come and gone, students registered to vote in other counties or states still have the opportunity to vote by requesting absentee ballots from their county clerk's office.

To request an absentee ballot, the voter or the voter's spouse, parent or child must request an application from their county clerk by mail, fax or in person. The deadline for applying for a paper absentee ballot is Oct. 29, seven days before the election. When filling out the application, students can have the ballot mailed directly to their addresses at Eastern.

"Around here, young people are registered, but they're just not interested in voting," said Mary Jane Ginter, Madison county clerk. "I can understand why an Eastern student wouldn't want to register here, because they probably wouldn't know anybody who was running."

"They really need to be registered in a place where they would know the people they were voting for," Ginter said.

An absentee ballot should be placed inside an envelope that has an address flap on the outside. The flap displays the voter's name and address. That envelope is then placed inside another envelope; when it is opened at the County Clerk's office, the address flap is removed so that the vote will be secret.

Absentee voting gives students far from home an opportunity to vote without traveling.

"It's not only important to the county, but to the entire United States as well," said Mitzi Kelley, deputy clerk at the Madison County Clerk's office. "It's a right we have, and all those who can should apply it."

The ballot needs to be returned to the student's county clerk's office by 6 p.m. on election day in Kentucky; other states will vary.

For more information on candidates in your county, go to www.dnet.org.



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Celebrate



# Sports

B4 Thursday, October 10, 2002

The Eastern Progress | www.easternprogress.com

Lee Caswell, editor

## Fans help the best and worst of teams



LEE CASWELL  
Sports editor

Hello sports fans! Welcome to the greatest time of year. There is nothing I like to see more than fans that go out and support their teams. You may or may

not believe that fan support can change the outcome of an athletic event, but as a former athlete, let me assure you that it can and does.

Athletes never forget the feeling they get when there are thousands of people screaming for them. It is truly inspiring and makes them better players. On the other hand, if there is no fan support, the team often suffers. Not only financially, but also psychologically. It is an entirely different feeling to play to empty bleachers.

In some sports, such as football, the crowd can actually become an extra member of the team. I'm sure you've seen instances where the fans are so loud the opposing team cannot hear the play being called and has to waste a timeout.

Then, of course, you have the infamous "snowball play" of the 1980s. As the Denver Broncos were preparing to lose to the San Francisco 49ers courtesy of a Ray Wershing field goal, a fan threw a snowball and hit the holder in the face. Wershing consequently missed the kick and Denver went on to win the game. Of course, this was an atrocious act and the individual should be vehemently punished (unless you're a Broncos fan).

In basketball the noise of the crowd can also make a difference in the team's play and enthusiasm. UK's Rupp Arena is generally considered one of the most imposing courts in college basketball because the crowd is so loud.

I love the die-hard fan. The painted, bare-chested guy that is still screaming for his team even though they're down by 30 in the fourth quarter and it's freezing outside.

But for every die-hard fan, there are at least two fickle fans. I can't stand fickle fans. They watch or attend the games only when the team is "in" and they're winning. Rams and Braves fans, you know what I'm talking about.

Here at Eastern we have some really good teams that could be even better with a lot of fan support. Every team needs a fan base, even if they're not on top.

So get out there and show some support. These teams need you. This weekend when you're just sitting around doing nothing, attend a sporting event. It's fun, it's entertaining, and best of all it's free with your student I.D. The football, volleyball and golf teams all have home games this weekend and I hope to see some new faces in the crowds.

## Colonels pile on defeat



Andi Lindenmeyer/Progress

Sophomore linebacker Brian Holt watches as sophomore Derrick Hill and senior Nick Hill tackle a UT-Martin player in last Saturday's 58-3 victory at Roy Kidd Stadium.

## Eastern begins conference play

BY LEE CASWELL  
Sports editor

This Saturday Roy Kidd and the Eastern Kentucky Colonels will head to Charleston, Ill., to play in their biggest game of the season. The Colonels will square off against the Eastern Illinois Panthers at 2:30 p.m. The Panthers are currently ranked ninth in Division I-AA polls. Eastern is ranked 19th.

The Colonels and the Panthers are both on a three-game winning streak heading into the match-up.

"This is going to be the best offense we see all season and its going to be the real test for our defense," said coach Roy Kidd. "Their passing game is so good — they really throw the ball around."

Senior quarterback Tony Romo leads the Panthers. Romo has gotten off to a quick start this season, connecting on 110-170 passes and 15 touchdowns. The two-time OVC offensive player of the year is sure to challenge Eastern's young secondary.

The Colonels improved

their overall record to 4-2 this past Saturday by defeating the University of Tennessee-Martin 58-3 in Roy Kidd Stadium. It was the second week in a row the Colonels have beaten an opponent by a 55-point margin.

Coach Roy Kidd says that the reason for the recent offensive explosion is the play of the offensive line.

"Our offensive line is starting to play together a little more," Kidd said. "That's helped us tremendously."

Eastern's offense got a quick start in the game as quarterback Travis Turner threw a 33-yard strike to redshirt freshman wideout Matt Miller on Eastern's first possession of the game.

The Colonels would light up the scoreboard twice more in the first quarter. Sophomore tailback C.J. Hudson ran the ball in from two yards out to make it 14-0. With just under five minutes remaining in the first quarter, sophomore defensive end Chad Newberry forced a fumble that was returned 50 yards for a touchdown by

"We're not gonna win unless we play good defense. We also need to score just about every darn time we get the ball."

—Roy Kidd  
head football coach

sophomore linebacker Justen Rivers.

The Colonels didn't slow down in the second quarter, as Turner ran the ball in from six yards out for the score, with just under a minute expired from the clock. The Colonels' next score would come with just under a minute remaining. Freshman linebacker Jerome Jones

blocked a UT-Martin punt and senior cornerback Sunsett Graham came out of the pile with it, scampering 10 yards for the score.

Hudson would score the only touchdown of the third quarter, with a three-yard touchdown run to make the score 42-3.

In the fourth quarter junior fullback Aaron Murray and junior tailback Terry Ennis both saw the end zone for the first time this season, making the score 56-3.

"I'm happy to finally score because everybody was bugging me about it before the game," Ennis said.

With the game seemingly over, the defense decided to tack on a few more points for the Colonels. Redshirt freshman Paul Prince sacked UT-Martin quarterback Brady Wahlberg in the end zone for a safety to make the final score 58-3.

Offensively the Colonels were led by the rushing combination of Ennis and Hudson. Ennis ran 12 times for 128 yards and the touchdown. Hudson ran 12 times for 87

yards and two TDs.

The most productive offensive weapon was the defense, which scored 16 total points for the Colonels.

"We're pretty amped up because we're coming to make plays," Graham said of the team's defensive secondary. "We push each other, that's why we're so hungry."

Defensive secondary coach Jeep Hunter has had to work with several injuries this season.

"From week to week we ask for improvement, we've had some injuries and we've just tried to keep this thing pieced together," Hunter said. "All you can ask for is for them to go out there with a positive attitude and play with confidence, and I think they've done that."

With senior strong safety Tim Roberts still out due to injury, the Colonels will have their hands full facing the Panthers this Saturday.

"We're not gonna win unless we play good defense," Kidd said. "We also need to score just about every darn time we get the ball."



Kevin Martin/Progress

Sophomore outside hitter Lesley Aldridge digs a ball as Eastern was defeated in Tuesday night's contest against Morehead State.

## Volleyball team loses to Morehead

BY BRETT GIBSON  
Assistant sports editor

Eastern's women's volleyball team ended their four-game winning streak last Tuesday. Ohio Valley Conference rival Morehead State University defeated Eastern in three games by final scores of 30-19, 30-16 and 30-23.

Eastern started off with a struggle, finding themselves down 7-1 early in game one.

Eastern then scored two points to cut the Morehead lead to 5, 8-3. Morehead went on a 5-2 run during game one to extend their lead 13-5. Senior outside hitter Becky Galati scored one of her eight kills to cut the back to seven, 15-7.

The Colonels battled back but only got as close as six points in game one. Morehead pulled away in the later part of game one, winning 30-19.

"We couldn't get ourselves together fast enough," said sophomore outside hitter Lesley Aldridge.

Morehead started game two in control and led 4-0 before Eastern would score. Eastern cut the lead to two points with Galati's ace, which made the score 10-8.

Eastern could never find themselves in the lead as Morehead went on a 7-1 run, making the score 26-16. Morehead scored the final four points in game two to win 30-16.

"We struggled tonight with setting," head coach Lori Duncan said. "Every time we took a step forward, we took four steps back."

Morehead came out of the locker room for game three and started where they left off, scoring the first three points of the game before Eastern scored. Morehead continued to find holes in Eastern's defense, but Eastern fought back to take their first lead of the match 9-8.

With the score 10-9, Morehead would make a 5-0 run against the Colonels. From that point on Morehead never gave up the lead and pulled away to win game three with a final score of 30-23.

"We have to gain some confidence," Duncan said. "We have a couple of weeks before we play them again and hopefully we will be ready."

Eastern's record falls to 4-4 in conference play with a 6-9 overall record. Morehead improved its record to 7-1 in the conference, with a 12-8 overall

record. Eastern women's volleyball team won two matches last weekend as they defeated Lipscomb University last Thursday and Tennessee State on Friday.

Eastern came out at the beginning of Thursday night's match by winning games one and two, 30-26, 30-19 respectively.

"They kind of caught us off-guard and it was a shock to us but, I'm glad we won," said junior defensive specialist Kristi Kuzma.

Eastern cooled down for the next two games, losing games three and four by scores of 27-30, 28-30. But during game five Eastern was too much to handle as they won the match 15-10.

"I thought we overlooked those opponents and that's a bad thing," Duncan said. "I think we learned a very valuable lesson in playing Lipscomb and Tennessee State."

Eastern was led by senior outside hitter Galati with 20 kills and 23 digs for Eastern. Aldridge gave Eastern 19 kills and 13 digs against Lipscomb. Marisa Kawa added 14 kills for the match.

"I think we're getting it together," Kuzma said. "It was bound to happen that we would start playing better."

Eastern traveled to Tennessee State on Friday night, where they picked up their fourth straight win and improved their OVC record to 4-3 on the season. Eastern started the match off on the wrong foot, losing 29-31. Eastern then picked up the pace and won three straight games, winning the match with scores of 30-23, 30-27 and 30-18.

"Last year at this time we were in a very similar position, but this year's team is very different," Duncan said.

Kawa led Eastern in Friday night's match with 15 kills and five blocks. Galati recorded 11 kills and 11 digs, along with Aldridge with 12 kills and 11 digs against Tennessee State. Isaac gave Eastern 44 assists and six digs on the night. Senior Marita Jones gave Eastern 10 digs, followed by senior Carrie Adams with eight digs.

Eastern will host of Cincinnati at 7 p.m. on Friday, followed by Lipscomb University at 2 p.m. on Saturday.

# Softball wins 1st place honors at WKU

By **LEE CASWELL**  
Sports editor

The Eastern Kentucky softball team swept the Battle Against Breast Cancer Tournament this past weekend in Bowling Green by posting a 4-0 record in the tournament.

Eastern disposed of Morehead State University quickly by defeating them 11-3 and did the same to Brescia by defeating them 11-0.

Next up for the Colonels was Bellarmine. The game

remained scoreless until the eighth inning when Jennifer Christiansen was brought home courtesy of an Elise Burch sacrifice fly. Senior pitcher Jonelle Csora allowed no runs on two hits in her eight innings of work for the Colonels in the 1-0 victory.

"Bellarmine gave us a little trouble in the sense that we couldn't score," said head coach Jane Worthington. "All our balls just went right to them."

The Colonels next defeated

Western Kentucky University on their home field. The game was still in contention in the seventh inning as Eastern led 3-2. Senior Amy Herrington quickly changed that as she blasted a two-run homer to make the final score 5-2. Sophomore Jennifer Norris also had a two-run homer in the game.

This was the Colonels' last tournament of the fall and Worthington said she was pleased with the outcome of the fall season.

"I was pleased with our performance this fall and we got exactly what we wanted out of the schedule," Worthington said. "We got a good chance to see what we needed to work on over the winter."

The softball team will be in action again on Feb. 21 at the University of Tennessee-Chattanooga tournament.

"I'll think we'll have another successful season this year," Worthington said. "It's just a matter of staying healthy and wanting to win."

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# Cross Country team remains undefeated at 14-0

By **TYLER SUTTLE**  
Contributing Writer

The Eastern men's cross country team has moved into the eighth spot in this week's southeast regional rankings after taking first place overall in the Blue Ridge Open at Appalachian State University. The Colonels now stand undefeated at 14-0 on the season.

Senior Alan Horton was the first Colonel to cross the finish line with a time of 25:12.20. Alan's time earned him second place in the individual competition, five seconds behind David Atkiss of Virginia Tech. Eastern's

Brent Reiter was the fourth finisher at 25:25.40. Phil Scott and Eric Van Ostrand took the fifth and sixth spots with times of 25:28.10 and 25:30.10, respectively.

"Our top four guys are running very well. You're talking what, 20 some seconds in between?" said coach Rick Erdmann. "The problem is pulling the fifth and sixth guys closer to the fourth."

Coach Erdmann was pleased with the team and senior Eric Van Ostrand in particular.

"Van Ostrand was off the pace but is rounding into

shape," Erdmann said of Van Ostrand's improvements from earlier in the year.

The Eastern women's cross country team also saw action over the weekend, earning second place at the Cardinal Invitational at the University Louisville. Eastern ended the day with 69 points, 16 short of the mark from first place Wayne State University.

Erdmann saw much room for improvement in the women's team.

"The top five runners have to be more aggressive," Erdmann said. "We can

improve across the board."

The best time posted by an Eastern runner was 18:18.4 by Tiffany Cartwright who finished fourth. Eastern's Molly Datillo placed sixth with a time of 18:21.10. No other Colonels placed in the top 10. The best overall time belonged to Jennifer Scheerer of Bellarmine University at 17:41.4.

The cross country teams will next be in action on Sunday, when they will be hosting the Eastern Invitational at Arlington Golf Course. Scheduled start time is 4 p.m.

# Women's golf team hosts Fall Invitational at Arlington

By **BRETT GIBSON**  
Assistant sports editor

Eastern's women's golf team will host the Eastern Kentucky University Fall Invitational this coming weekend at Arlington Country Club.

"I think we're ready, we've been practicing really hard to try to prepare for this tournament," head coach Joni Stephens said.

Juniors Leah Larkin, Brittany Rodgers, Jennifer Sullivan, Tamara Thompson and freshman Kelly Flynn will lead the Lady Colonels as the tournament gets underway this Friday and Saturday.

"I've got a good combina-

tion of five," Stephens said. "I think the key for us this weekend is going to be the fourth and fifth players."

With a more experienced team playing at home, Eastern looks to keep first place in Richmond this weekend.

With extremely high hopes on winning their tournament, Stephens shows great confidence in her team as they prepare for this weekend's outing.

"We have the ability as well as the talent to win this tournament," Stephens said.

With the women's team taking a couple of weeks off in order to prepare for their tournament, the men's team had two road trips last week after

coming off the win at home two weeks ago in ECU Colonel Classic.

The men's golf team participated in the University of Louisville Cardinal Invitational and the Wolverine Invitational, hosted by Michigan.

"We're playing pretty good golf right now," Stephens said.

Eastern returned home 14th out of 17 teams for the Wolverine Invitational, shooting a total score of 802.

Eastern finished 12th in a field of 15 teams, shooting a final score of 893 at the Cardinal Invitational.

Junior Patrick Williams led all Eastern scores, firing a 72-70-75 for a 217 total during the

U of L tournament.

Eastern's Brandon Brown carded 74-73-74 for a total of 221. Drew Alexander shot 227 for the match, while Dustin Cook rounded out scoring for Eastern with a final score of 233.

Eastern went on the road again to compete in the Wolverine Invitational last weekend hosted by the University of Michigan.

Tyler Cain led all scores for Eastern with a total of 221 (77-71-75). Following Crutcher in scoring was Williams, 224, Ben Stephens, 235, and Josh McCracken finished up with a 237 for the Michigan Tournament.

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# TEACHER in Training



Preparing for a job in the elementary education field, senior Lindsay King is spending her last semester in the classroom.

This page, the first in a series, outlines some of King's experience at Model Laboratory School as a third grade student teacher. She will move to a fifth grade class next week.



Lindsay King helps Allia Vaez, 8, pronounce words in class Sept. 12.



Allison Newman, left, is consoled by her student teacher, Lindsay King, during a Hawaiian luau the class held on the Model School playground last week. Newman got caught in the bottom of a pile-up after the students tried to break open a pinata.



Above, King leads her third-grade students in a grammar lesson. At right, Jacoby Hebert, 8, follows King in a reflex game during class.



## Changes lead teacher back to the classroom

STORY AND PHOTOS BY KEVIN MARTIN  
Assistant Photo Editor

Lindsay King is getting a head start on her teaching career. King, a senior elementary education major from McCreary County, is a student teacher at Eastern's Model Laboratory School.

Originally an education major, King switched to occupational therapy, then nursing and finally decided on elementary education. King prefers being in the classroom to the experiences from her previous majors.

"In the medical field, I got to work with different kids but I didn't get to know them as well," King said. "Here I get to work with everyone every day."

King also says that money is no longer a factor in her career choice.

"I went back to teaching and don't care about money anymore," King said. "If you're doing something you love, I don't guess it matters."

King attributes her passion for teaching to her youngest brother,

Robert.

"He was my student my whole life," King said. "I taught him how to read because my parents both worked."

King teaches students in Mark Cornette's third grade class, dubbed "Cornette's Camels."

Cornette, a 1997 Eastern graduate, says King has abilities most student teachers don't.

"She has a natural rapport with students, parents and administrators," Cornette said. "She just has a good personality for this as a career."

Cornette says King also puts in extra time on the job.

"She's here a lot and she plans a lot," Cornette said. "When your student teachers don't plan, it shows."

King leaves Mr. Cornette's third grade students tomorrow to move to a fifth grade class. She will spend her last day with the third graders on a field trip to Shakertown. King says she will miss her first group of students.

"I've loved them ever since day one."



King leads her students down the hall before dropping them off at physical education class. Behind her are Cody Billings and Allison Newman, both 8.