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14 PAGES, APRI 15, 2010

Capoeira captures interest - Features B1

Eastern to stray from pay-per-credit tuition

By Taylor Pettit progress@eku.edu

Facing budget cuts from the state government, Eastern decided this week that the university will employ a standard increase in tuition rates rather than employ an alternative that had been proposed, a pay-per-credit model.

In addition, Eastern will also employ a series of other revenue-increasing measures, such as new fees for dropped courses and increased general fees for things such as the Fitness and Wellness Center

"We don't have a choice," said Deborah Newsom, vice president of financial affairs. "We are working with the Financial Planning Committee and the Strategic Planning Committee to find new initiatives. We don't have much wiggle room."

Although lawmakers in Frankfort have yet to agree on a budget for the next two years, Eastern officials said they expect higher education will face a budget cut of around 1.4 percent—a figure that translates to a loss of about \$822 per student that the university will need to make up, or cut



Whitlock

programs or other aspects of university life.

Initially, Eastern officials brought up the idea of using a pay-per-credit model, which would charge students for additional credit hours above the full-time status of 12 hours. But that move was not well-received by students, university officials said

And at a tuition forum on Tuesday, President Doug Whitlock announced the university was scrapping the idea. Instead, Whitlock said, the university would employ a standard increase in tuition rates and implement other fee increases.

The measures, Whitlock said, would need to be taken if Eastern was to avoid cutting pro-

grams and other resources for students.

"It would pain me to implement anything that would affect the richness of Eastern's educational experience," Whitlock said.

See TUITION, A3

SGA ELECTIONS

[I'm going to need [students'] support. Now we've got to do what we said we were going to try to do.

- 2010 SGA President-Elect Caleb Armbrust

THE VOTES ARE IN...

EXECUTIVE SLATE

- Caleb Armbrust and Andrew Holcomb – 845
- Matt Chadwell and David Anderson 766
- DaJuane Harris and Thomas Clark – 149

RLC VICE PRESIDENT

- Ashley Salyer 561
- Jacob Robinson 456

SAC VICE PRESIDENT

• Chris Pitakos – 1,610







Above: SGA President-Elect Caleb Armbrust embraces his campaign manager, Jason Williams, after results were announced Tuesday.

Far Left: Armbrust celebrates with current SGA President Afsi Siahkoohi.

Left: Andrew Holcomb was elected SGA's new Executive Vice President.

Armbrust, Holcomb seize narrow victory in SGA election

By Laura Butler

laura_butler11@eku.edu

Just under 20 students gathered in Powell Lobby Tuesday evening, most sitting quietly in chairs arranged in small circles.

The news they sat waiting for, however, was hardly small, and the mood would soon change to anything but quiet: The announcement the students sat waiting for would reveal who would serve as the student leaders of SGA for the upcoming school year.

Josef Katzman, a sophomore nursing major from New York City and candidate for Student Activities Council representative, said he had been waiting in the lobby for about an hour and

Katzman said he was getting anxious waiting to see if he would be reelected to SAC.

"I'm really interested to see who wins," he said. "Politics are always interesting and it keeps you on your toes. I've been waiting for awhile, but if I were in there counting all those votes, I'd probably go crazy."

Meagan Verbillion, elections committee chair, said the group had to tabulate 2,025 ballots. Even though students participated in the election by voting online, the committee still had to check student ID numbers and verify residence hall registrations.

Presidential Candidate Caleb Armbrust, said he didn't feel too nervous as he sat in his chair waiting for the announcement.

"I'm pretty calm... not too nervous," he said. "I am who I am whether I win or lose, and whether I win or lose, I've learned a lot. I've got a lot of respect for the opposition – they're both qualified."

Shortly before midnight, SGA President Afsi Siahkoohi and members of the elections committee emerged from the office after counting and recounting votes for the 2010 SGA election. And as they opened the door, the room began buzzing with chatter and the sound of feet shuf-

See VICTORY, A3

CITY OF RICHMOND

Location remaining obstacle to skatepark

By Nick Johnson

nicholas_johnson33@eku.edu

The city of Richmond is no closer to building a skatepark after a meeting Tuesday night in which the Richmond City Commission heard from supporters of the project.

The key hurdle: where the potential skatepark would be located.

A non-profit group called Skate Richmond, KY has been working to help persuade the city that a skatepark would benefit the city, offering a safe place for skaters to go and eliminate the skating at public offices and other public

Wes Browne, a Richmond attorney who is also a member of Skate Richmond, KY, addressed the commission about those goals.

"Our goal is to satisfy the need and demand of Richmond skaters, especially kids, and give them a safe place to skate," Browne told the commissioners. "We are keenly aware of the financial issues Richmond and the entire country are facing. That is why we are asking for a site to build the park. We will raise the funds needed."

The location in question is in Betty Miller Park located at 325 N. Estill Ave., behind the Richmond Teen Center.

A dispute arose in the days leading up to the commission meeting as some residents, including Betty Miller herself, voiced frustration about some questions that the neighborhood residents said still remained unanswered.

"I received phone calls last

See SKATE, A3

India's 11th president encourages sustainability

By Jennifer Hutcheson progress@eku.edu

Eastern's program to find alternative sources of energy, such as biofuel from algae, bears a direct connection to what is being done around the globe to help solve the Earth's energy problems, said Dr. A.P.J. Abdul Kalam, the former president of India, in his address Tuesday to a packed Brock Auditorium.

Kalam, who was India's president from 2002 to 2007, was visiting the university this week as part of a larger tour throughout Kentucky to discuss the importance of energy alternatives.

Often dubbed "His Excellency," Kalam traveled with a large advance team, one fitting for a former president of the world's second-largest nation.

When Kalam was first introduced, the crowd burst into applause, rising to their feet. SGA President Afsi Siahkoohi and Richmond Mayor Connie Lawson both welcomed him, presenting him with a bouquet of roses.

Kalam expressed his gratitude that Eastern was involved in several projects on this front, most notably its program to draw diesel fuels from algae.

"I congratulate Eastern," he said. "And I'm happy Eastern is taking part in biofuel re-

I'm happy
Eastern is taking
part in biofuel
research.

-Dr. A.P.J. Abdul Kalam Former president of India

search."

Then, in a 45-minute talk, Kalam outlined his "global mission" of how he envisions the world to progress to a cleaner, more sustainable way of life.

Kalam said 87 percent of all energy consumed on the planet comes from nations' "heavy reliance" on fossil fuels, which can have hazardous effects on the environment. Instead, Kalam said he wants to see the world reduce its consumption of fossil fuels to below 50 percent by the year 2030, turning instead to alternative energy sources such as wind, solar, nuclear and biofuels.

He also touted the importance of hydrogen in the future, saying it will likely be a major



STEPHANIE SMITH| PROGRESS

Dr. A.P.J. Abdul Kalam gave his presentation Tuesday not as a political figure but as a scientist.

component in replacing gasoline in tomorrow's automobiles.

The capacity crowd, composed of students, faculty and local residents, gave Kalam a warm welcome, including several standing ovations during some of the key points of his speech.

At the end of his talk, some students got the chance to ask Kalam questions, with many focusing on the former president's homeland and its efforts to find independent energy sources.

Kalam said the goal of his talk was to get his audiences thinking about a solution to the

See KALAM, A3

Police Beat

All information in the Police Beat is taken from Eastern police reports.

April 8

■ A female student reported criminal mischief to police after she saw someone's car being covered with materials. "Payback is a b****" was written in a pink substance on the hood, minipads smeared with ketchup were stuck to the windshield and condoms were on the wipers. The other windows were covered with applesauce, tuna fish, shaving cream, dish detergent and post-its. The vehicle owner told police of a possible suspect, who admitted to the crime and said she would contact the owner about the damage, which totaled \$500.

April 9

■ Andrea Schell, of Madisonville, was arrested and charged with operating a motor vehicle while under the influence of marijuana and failure to procure an insurance card. Alec Peeples, of Richmond, was arrested and charged with possession of marijuana and possession of drug paraphernalia. Police saw Schell driving a vehicle with Peeples as her passenger when Schell crossed the center line. The officer noticed the odor of marijuana coming from the vehicle, and both subjects said they had been smoking marijuana. Peeples said he had a glass pipe and some marijuana. Both were lodged in the Madison County Detention Center.

April 12

- Heather Hyatt, of Lawrenceburg, was arrested and charged with alcohol intoxication in a public place after someone reported a complaint. The officer saw Hyatt was upset and began vomiting while attempting to speak. The officer also observed she had slurred speech, bloodshot eyes and a strong odor of alcohol on or about her person, and was unsteady on her feet. She was lodged in the Madison County Detention Center.
- Police responded to the Madison parking lot about a criminal mischief report. A male student said he had left his vehicle at 3 a.m. and returned at 12 p.m. to find ketchup and mustard on his vehicle. After washing the vehicle, some discolored spots were still visible. The value of the damage was estimated at \$499.

April 13

■ Police responded to Commonwealth Hall after two male roommates reported harassing communications. One of the students said he left their room at 12:50 p.m. and returned at 2:30 p.m. to find a racially offensive photo on his door. The photo showed a member of the Ku Klux Klan with a burning cross in the background and the words "Modern White Supremacy Movement" at the bottom. Another hall resident said he taped the image on the door as a joke with no malicious intent. The roommates did not press charges.



All information in Inspections is obtained from the Madison County Health Department.

Week of April 9

Regular inspections with no follow-up due:

Captain D's, 1069 Berea Rd., 85% Dairy Queen, 1007 Sylvia Drive,

Fazoli's, 441 Leighway Drive, 97% Babylon Café, 213 W. Main St., Powell Cafeteria, EKU Campus,

Wendy's, 419 Leighway Drive,

AFC Sushi/Kroger, 890 Richmond

Gibson Bay Café, 200 Gibson Bay Drive, 100%

News Briefs

Apparel class to host fashion show

The Apparel Design and Visual Merchandising class will host a "Spring Fever" charity fashion show and silent auction from 11 a.m. to 1 p.m. Saturday, April 17 in the Ferrell Room of the Combs Building. There will be a \$5 minimum donation at the door, and all proceeds will benefit the Compassionate Care Center in Richmond and the Susan G. Komen

Ky. Blood Center thanks Eastern for drive

The Kentucky Blood Center would like to thank the Office of Student Life and all the participants who donated blood at the two-day blood drive on April 6 and 7. About 195 units of blood were collected from the 233 donors, 84 of whom were first-time donors. The units collected could improve the lives of 548 people. Anyone interested in donating blood at another drive can donate at the Madison County-Richmond Community Blood Drive, which is from 12 to 7 p.m. the second Thursday of every month at the Madison County Public Library. Visit www.kybloodcenter.org for more information.

Chi Alpha to sponsor free concert

Chi Alpha will be hosting a concert by the Brandon McSwain Band at 7 p.m. on Thursday, April 29 in the Ravine. The concert is free and free food will be provided. Band merchandise will be available for purchase. For more information about the concert, contact abby_lightle@

CASA to give free informational lunch

The Court Appointed Special Advocates for Children (CASA) will host a free lunch from 11 a.m. to 12:30 p.m. Thursday, April 22 at Boone Tavern for anyone who would like to volunteer and want to know more information. CASA will also host a free afternoon tea from 4:40 to 6:30 p.m. Tuesday, April 227 in Room 212 of the Perkins Building. To RSVP to either event, e-mail CASA at madisoncasa@bellsouth.net or call 859-625-1900 by April 20.

Happenings

FRIDAY

8:30 a.m. - 2:30 p.m. Senior Step Day

Women's and Men's Track and Field EKU Open

EKU Gospel Ensemble, Brock Audi-

8 p.m.

EKU Theatre presents "Fool for Love," Gifford Theatre



SATURDAY

1 p.m.

Baseball at Morehead State, Morehead, Ky.

Softball at Jacksonville State, Jacksonville, Ala.

EKU Theatre presents "Fool for Love," Gifford Theatre

SUNDAY

Baseball at Morehead State, Morehead, Ky.

Softball at Jacksonville State, Jacksonville, Ala.

EKU Theatre presents "Fool for Love," Gifford Theatre

Art Student Association Closing Reception, Giles Gallery

MONDAY

Music: EKU String Orchestra Concert, Brock Auditorium

TUESDAY

Baseball vs. University of the Cumberlands

Music: Amanda Weber Senior Violin Recital, Gifford Theatre

Music: EKU Faculty Brass Quintet, Brock Auditorium

WEDNESDAY

12:20 – 1:10 p.m.

Wednesday Workshop: Entrepreneurship as a Career Choice, SSB 460

Music: Larry Nelson, Faculty Saxophone Recital, Brock Auditorium

THURSDAY

Women's and men's track and field at Penn Relays, Philadelphia, Penn.

Weather

THURSDAY

Sunny High: 83 Low: 58 Precip: 0%

Precip: 30%



FRIDAY Isolated T-storms High: 75 Low: 50

SATURDAY

AM Clouds/ PM Sun High: 65 Low: 46 Precip: 10%

SUNDAY

Sunny High: 63 Low: 45

Precip: 0%

MONDAY Partly Cloudy High: 67 Low: 51

Precip: 0%

TUESDAY Partly Cloudy

High: 69 Low: 50 Precip: 10%

WEDNESDAY Mostly Cloudy

High: 70 Low: 51

Precip: 10%



Source: Weather.com





ADULT MATINEE BEFORE 6PM \$6.00 • ALL DAY TUESDAY \$6.00 SENIORS DAY - ALL DAY MONDAY \$4.50 FIRST MATINEE SHOWTIME (7 DAYS A WEEK) \$4.50 HOW TO TRAIN

DIARY OF A WIMPY KID 12:10 2:30 4:45 7:10 9:30 THE BOUNTY HUNTER [PG-13] 11:40 2:15 4:50 7:30 10:00

7:25 9:55

8:30 9:30

DATE NIGHT [PG-13]

12:15 1:25 2:30

3:45 4:55 6:10 7:20

CLASH OF THE TITANS [PG-13]

- 3D [PG] 11:50 2:20 4:50 7:20 9:50 HOT TUB TIME DEATH AT A FUNERAL [R] 12:10 2:40 5:00

8:10

7:25 10:00 KICK-ASS [R] 1:05 4:00 7:00 9:50

YOUR DRAGON

- 2D [PG] 12:40 3:10 5:40

HOW TO TRAIN

YOUR DRAGON

THE LAST SONG CLASH OF THE TITANS [PG-13] 12:05 2:40 5:10 7:40 5:05 6:20 7:35 8:50

♦ NO PASSES-NO CLASSIC SUPERSAVERS &

10:05



Athletics Interests Survey

Complete the Athletics Interests Survey to be entered into a drawing for:

-WEEKLY PRIZES: \$50 EKU BOOKSTORE

GIFT CARDS

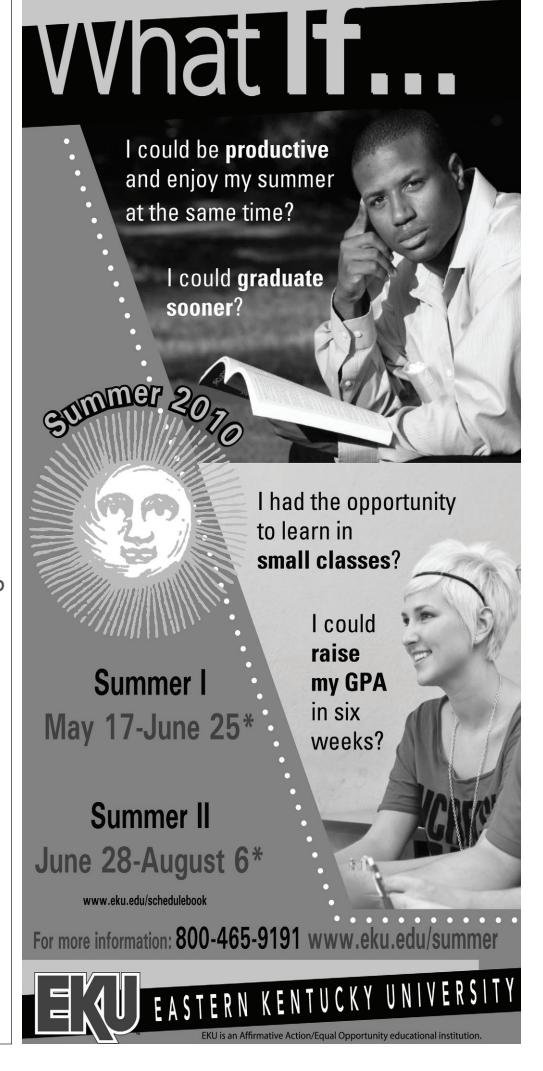
-GRAND PRIZE: 1 BOOKS SCHOLARSHIP (UP TO \$400) FOR THE FALL 2010 SEMESTER

On EKU*Direct* April 1 - May 7, 2010

Log in to EKU*Direct* Click on Personal Information

3. Then click on Answer a Survey





TUITION: Undergrad increase undecided

Continued from Page A1

University officials said they're still waiting to hear from the Council for Postsecondary Education on April 23, when it will determine the maximum amount that state universities may raise their tuition rates.

"They will be providing a tuition ceiling," Newsom said. "I think we will be going to the maximum, and I would be shocked if other schools in Kentucky did not go to the max as well."

Last year, the council decided the maximum rate on a tiered system separating schools into a community college system, a comprehensive liberal arts tier (which included Eastern), and a tier that included schools such as the University of Kentucky, and the University of Louisville.

"I would say that they will probably raise the tuition about 4 to 5 percent," said DaJuane Harris, executive vice president of the Student Government Association. "If they had gone with the pay-per-credit tuition, it would have been raised 2 to 3 percent."

Still, if Eastern had opted

for the pay-per-credit model, the Council would have needed to approve the change, Har-

"If we went with [the payper-credit] option a lot of students wouldn't be able to get the additional minors and certificates or just take extra classes for their interest [due to the additional costs]," Harris said.

Undergraduate tuition increases have yet to be decided, but graduate tuition will increase by 4 percent, which already follows the pay-per-credit model as of changes made last year.

Whitlock said the university will introduce fee increases in other areas to help offset the budget shortfall. Some of these include the following:

° Full-time students who choose to take additional online classes would be charged additional fees based on a payper-credit basis. "There has been tremendous growth in our online courses," Newsom said. "It may be where all our growth is." But Newsom acknowledged that the pay-per-credit model could deter some students from adding additional online courses. Currently, students who only take online classes are charged on a pay-per-credit model.

The university will implement a "Use it or Lose It" policy, which would give faculty the option of dropping students from a course if students fail to attend class during the first week and have not made prior arrangements with the instructor. In addition, students would be charged a \$150 drop fee if they withdraw from a class after the first two weeks. This is to reduce the number of sections we have to offer," Whitlock said. "It also will combat students that may be on a waitlist to get into classes." These changes would save the university from having to create some 200 to 250 sections of courses and reduce the number of part-time faculty hired, saving the university the cost of offering classes that aren't

"Students who take at least five hours on the Richmond campus will be charged an additional \$12 fee to cover use of the Fitness and Wellness Center. Students who take fewer than five credit hours will have the option of paying the fee for access to the center.

SKATE: 'We need this park. We really do.'

Continued from Page A1

night (Monday) until 10 p.m. from my neighbors," Miller said. "We do not want this park in this area. They need to find another location."

Miller and some of her supporters said they aren't opposed to the idea of building a skatepark. Rather, they didn't believe there had been enough planning done and would rather see the park built in another location, such as Lake Reba.

Browne said he was surprised by this reaction as he and Parks and Recreation Director Kevin Gorman had gone door-to-door to talk to residents about their concerns.

Opponents of the location said they'd like to know more information, such as how big the park will be and whether it will have an impact on the neighborhood regarding noise and crime.

However, Browne said the group couldn't move forward with plans and designs for the skatepark or secure funding through grants and private fundraising, until they had settled on a location.

Richmond Mayor Connie Lawson, who said she is in favor of building a skatepark, said the commission had taken the matter under consideration during the Richmond City Commission workshop meeting held before the regular meeting. She added that the consensus from that meeting didn't change and another location should be found.

"We need this park," Lawson said. "We really do. But right now we have to look at other locations."

Other possible sites suggested for the skatepark include Lake Reba and an area set for demolition near Madison Central High School.

Commissioner Bill Strong also said another location would be best.

"In good faith we have to respect the neighborhoods' wishes," Strong said. "I still think that the skatepark could be great for Richmond, but we have to show respect to the neighborhood."

The meeting was attended by about 30 young Richmond skaters, many of whom wore black t-shirts with Skate Richmond's slogan on them: "Until Richmond has a skatepark, it is one."

One of the skaters addressed the commission, saying that unfair stereotypes about skaters shouldn't scare people from supporting the skatepark.

"We are not bad kids," said James Shaheen, a Madison Central High School student. "We just want to skate."

VICTORY: Record voter turnout

Continued from Page A1

fling to the center of the lob-

While candidates and their supporters had been waiting for the results of the election for more than four hours, the results were read and the room exploded in just a few moments.

As Armbrust heard Verbillion declare his ticket the winner, a big grin spread across his face and he jumped up to celebrate with his running mate, Andrew Holcomb.

"I'm just excited," he said.
"I want to thank everyone who voted for us. It was close and everyone's votes mattered today."

According to SGA's official tabulation, the Armbrust/
Holcomb ticket won the election with a total of 845 votes, defeating candidates Matt Chadwell and David Anderson, who collected 799 votes. DaJuane Harris and T.J. Clark came in third, securing 149 votes as write-ins on the ballot.

Chadwell and Anderson were docked 4.125 percent of their earned votes as a result of an undisclosed violation of SGA election bylaws.

According to a written ruling from the SGA Elections Committee, newly-elected Ethics Administrator Phillip Migyanko met with the committee in a closed meeting Tuesday, where the group reached a unanimous decision to subtract votes from the ticket's final count.

The ticket lost 33 votes (for a new total of 766 votes), but the loss did not change the outcome of the election. Armbrust and Holcomb defeated Chadwell and Anderson by 46

votes prior to application of the penalty.

Chadwell and Anderson declined to comment on the situation.

When all was said and done, however, most said they felt the elections were a positive experience.

Armbrust said he could feel the energy and involvement in this year's race.

"We saw people getting more involved in the election," he said. "I told them, 'vote for me or don't vote for me – just vote."

"Students were actually arguing with each other [over candidates] and I think that's great, that means you're involved."

Verbillion said she thought

pressed with the participation.

"This year we had the most participation – 2,025 votes," she said. "It makes me happy

the election was "amazing"

overall and was extremely im-

we did our jobs."
Siahkoohi said she was also impressed by the voter turn-

out.
"I am very pleased people actually participated this year," she said. "I'm really excited

people are caring. SGA's getting bigger and that's great."
Siahkoohi said she would begin working with President-Elect Armbrust in just a few days to prepare to "pass the

baton."

"It's a little sad [to be leaving office], but all good things come to an end," she said. "I've done all I can do, so now it's time for someone else. I feel like we've had a successful

Siahkoohi also said that while she had heard students expressing concern about the inexperience in the Armbrust/ Holcomb duo, she thinks the newer faces could produce positive effects for SGA.

"A new perspective in SGA never hurts," she said. "I don't think the argument of inexperience was valid. They've got a lot of outside [leadership] experience and a lot of enthusi-

Armbrust said he and Holcomb are ready to hit the ground running.

"I practiced a lot of delegating in our campaign and that'll carry over," he said. "And this doesn't stop on Election Day. Our platform is based on student involvement and I'm going to need their support. Now we've got to do what we said we were going to try to do."

Leaders for SAC and the Residence Life Council, as well as the Corbin campus branch of SGA, were also decided in this election.

Student Activities Council Vice President Candidate Chris Pitakos ran unopposed and collected 1,610 votes.

Ashley Salyer won the Residence Life Council vice presidency with a total of 561 votes, defeating opponent Jacob Robinson by 105 votes.

The Corbin campus also elected leaders for its SGA branch. Randall Napier will serve as the new chair, receiving 18 write-in votes.

Eleven students were also elected to fill Student Senate seats and 19 candidates were selected as SAC representatives.

For a full list of these elected representatives, please visit www.easternprogress.com.

KALAM: Passionate about energy solutions

Continued from Page A1

world's energy problems.

While some in the audience said they were interested in Kalam's topic, many acknowledged they were there in part because it wasn't every day that Eastern gets a person

on campus of Kalam's stature. He was, in fact, once labeled by CNN as "the greatest president of India."

"It is safe to say, this is the biggest appearance Eastern has had since Colin Powell," said Jerry Wallace, director of communications at Eastern. While Kalam said he was passionate about the world's energy solutions, he said he was "equally delighted to interact with students and faculty at Eastern."



Student Prices for a Student Budget

Microsoft Office Professional

Windows and Mac \$65.00



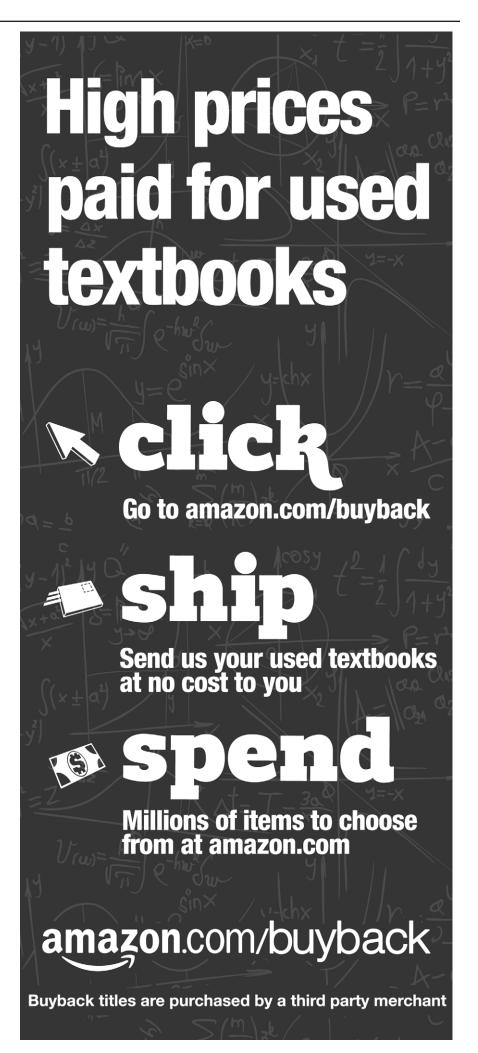


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By Laura Butler laura_butler11@eku.edu

When you mention the words "Chautauqua lecture"

to Bruce MacLaren you'll notice an immediate increase in the warmth in his eyes and you might notice a small smile creep across his face. That's because the Chautauqua Lecture Series was his brainchild.

MacLaren has been organizing each year's lecture series since he introduced it to Eastern 10 years ago, and this year's lectures will be the last to happen under his direction. MacLaren said keeping up with multiple classes and organizing the Chautauqua series just got to be too much for him as he finished his 41st year at Eastern.

Throughout the decade, MacLaren has hosted lectures by 127 different speakers, some from different states and different countries, but also some from professors within Eastern's own ranks.

MacLaren said he asked faculty members to what he calls "popular lectures," or lectures designed to generate questions and conversation, as a means of spending his budget wisely, but more importantly he knew they had important ideas he thought students should hear. MacLaren said he couldn't use name recognition to bring speakers to campus, simply because the university can't afford to bring 10 speakers to campus with price tags in the multiple thousands of dollars price range. But this helped showcase the talent and knowledge available just around the corner.

We have some of the best, most radical and interesting sociologists in the country here," he said. "I was trying to show EKU professors are indistinguishable from other speakers."

While MacLaren said



Bruce MacLaren has been organizing the Chautauqua Lecture Series for the past 10 years, bringing more than 120 different speakers to Eastern.

would be nearly impossible to select just one speaker as his favorite out of the nearly 130 lectures he's overseen, he said could find several near the top of his list.

'There were three who affected my brain most profoundly, and they had more to do with emotion than content," he said.

In spring 2004, Daniel Ellsburg, the man who re-leased the Pentagon Papers in 1971 brought a lecture of "Secrecy, Democracy and War." MacLaren said he had a lot of time to talk with Ellsburg on the drive from the airport, even suggesting he be recognized as an "unauthorized truth-teller," instead of a whistleblower. But what he took away most was what happened after Ellsburg delivered his lecture.

"At the very end of the lecture, almost everyone had left," he said. "But I looked back in the corner and Ellsburg was sitting in a chair with three men sitting around him, and they felt comfortable enough to talk to him about Vietnam."

MacLaren said the lecture

"It should bring us to our senses," he said. "Truth-telling is something we must

MacLaren said he was also honored to meet political activist Angela Davis, photographer James Archambeault, who lectured on perception of beauty, Lexington Hearld-Leader Cartoonist Joel Pett, and author Richard Rodriguez, who presented a different view on racial equality.

"So compelling was his talk I called Human Resources and said I didn't want to be white anymore, I wanted to be brown," MacLaren said with a chuckle. "They said I had the option of 'other,' and I said 'OK."

While the lectures don't always draw a full house in O'Donnell Auditorium, MacLaren said he doesn't measure the program's success by the number of those in atten-

"I stopped counting how many people show up because it depresses me," he said. "But if one student stands up and asks a question it was worth it. It will help him remember Eastern more."

MacLaren retires from post | Unemployment rate rises as Chautauqua coordinator in Madison County area

By Lindsay Huffman

lindsay_huffman9@eku.edu

With only two weeks of classes left in the semester, a restlessness has begun to spread throughout campus. For some students, this is only spring fever. But for others, it is senioritis, and the pressures of graduation are looming. One of these pressures is the need to get a job in the "real world." However, this task is becoming an increasing concern due to the current economy.

A recent study shows that unemployment rates increased by 3.8 percent in Madison County, and increased by 2.8 percent in Fayette County last year. In fact, all 120 Kentucky counties showed an increase in their annual jobless rates between 2008 and 2009.

Recent Eastern graduates have felt the repercussions of this. In October 2009, Eastern hosted Grad Fest, where 416 students were surveyed about the plans after graduation. About 24 percent of these students had already accepted job offers, compared with 2008's 39 percent; 31 percent had immediate plans to attend graduate school, compared to 30 percent in 2008; and 45 percent said they would follow up with Career Services to receive assistance during their job search.

At Grad Fest in March, of 571 May and summer graduates, only about 20 percent had confirmed jobs or job prospects. But regardless of these figures, Laura Melius, director of Career Services, said there's still hope for college gradu-

"We're finding that the job market is turning," she said. "Fresh college graduates with new skills and new degrees probably have the best opportunities.

Melius said more than 60 employers came to the Spring Job Fair hosted by Career Services in March, and about half of them had job positions

Melius's advice to students who are looking for a job is to know what they can do.

"Be prepared to market your skill set," she said. "Know what you have to offer, and be able to articulate that in your résumé and interview."

She also said students should keep their potential employers in mind when applying for a job.

Think about what the employer is looking for, the skill sets the employer is targeting and be able to match those," she said.

A couple of major agencies will soon be hiring, Melius said. She said Fort Knox is bringing more than 1,500 civilian positions to its human resources department, such as processing and customer service. People involved with almost any field of study related to human resources can be hired, and most positions will require a bachelor's degree.

Another agency that will be hiring soon is the state. On April 14, Career Services had its weekly Wednesday Workshop, which featured state jobs. Melius said the state would be hiring about 20 to 30 disability adjudicators who would interact with people applying for disability benefits with the state.

'There are a couple of bright spots for students coming out [of school] with degrees," Melius said.

Elizabeth Campbell, a human services graduate student from Georgetown, recently found another bright spot. Months after she applied, she finally received an offer to be a transfer equivalency assistant at the University of Kentucky. She starts the job Monday.

"I actually applied for the job way back in November, but I didn't get an interview until March," Campbell said. "I was pretty surprised at that."

Campbell said she graduated with her bachelor's degree in English and applied for many jobs, but couldn't find the one she wanted. She then decided to come back to East-

ern to get her master's degree. "It seems that the market is overwhelmed with people with bachelor's degrees," she said.

"It's difficult to find a job." Campbell said she applied for one job which had 325 applicants.

"I was frustrated and overwhelmed because I felt like I had all this experience, but there were so many people applying for jobs that had more experience," she said.

But students don't have to wait until after graduation to being preparations for finding work. Career Services, located in Room 463 of the Student Services Building, offers many opportunities for students who want assistance with their job seeking. Some of these include Optimal Résumé, a tool that helps people write résumés, mock interviews, LinkedIn, a service that helps develop contacts, and online job posting sites such as EKU JobLink and Goinglobal, which specifically posts international job open-

Campbell said her experiences at Eastern helped her to prepare for the job market. She said she actually worked at Career Services for a time and helped students with mock interviews and résumé writing.

"It's not just about what jobs you've had \dots but what skills you learned from those jobs," she said.

Campbell also said she advises students to practice interviewing, develop networkwing skills and apply for as many jobs as possible that they are interested in.

"If you keep applying, you will eventually get a job. You can't get down about it," she

Melius also encouraged students to be optimistic.

"I think there are jobs out there," Melius said.

To learn more about Career Services, contact Laura Melius at 859-622-1571.

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Senior Disorientation Picnic (Wed.)

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Race, Gender, and the Modern White Supremacy ovement

The Intersection of "Isms" and Organized Racist Groups



Presented by Sarah Van McVey, M.A. Wayne State Univeristy, Detroit, Michigan, American Politics



For more information please contact joshua elliot21@eku.eu or the Women and Gender Studies office at 622-2913

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EKU SAFE to curb violence, offer support

By Stephanie Smith

progress@eku.edu

Step into Keith 126 on any given day and you will be greeted by a welcoming room with purple walls and The Fray likely playing softly in the background. You'll also likely be met by a big smile from a new face here at Eastern, Courtney Brooks. Brooks was hired in February as the program coordinator for a new campus outlet called EKU SAFE.

The program, an offshoot of the Women and Gender Studies department, will focus on violence prevention and outreach.

EKU SAFE will eventually serve as a single, centralized location on campus where anyone can go for help, for someone to talk to, or just to feel safer, Brooks said.

For years, the Women and Gender Studies department has been the place to go for any and all things violence related. But the most successful violence prevention efforts tend to be housed in one central area, Brooks said, adding that that's what EKU SAFE will strive to be.

Brooks said that while the statistics show that most violence is geared toward women, the EKU SAFE program will be open to anyone who wants to talk about the threat of violence.

"College students are my favorite to work with," said Brooks, who has worked mostly with students in Appalachia. "I'm really committed to violence and how we talk about it, and how we don't talk about it in this area."

Visitors to the EKU SAFE room in the Keith Building will find a lounge that will serve as a hub for speakers, slam poetry, and other violence prevention related activities, Brooks said.

The program was made possible by a \$300,000 grant given to Eastern by the U.S. Department of Justice

"Marta Miranda and Carolyn Reid were the brains behind this," Brooks said. "They made all of this possible."

EKU SAFE is building upon its many partners on campus from Counseling, the Criminal Justice department, to the current groups on campus geared towards violence prevention, like

MARS (Men Against Rape and Sexual Assault). While the program is still very much in the beginning stages, Brooks encourages everyone to stop by and say hello.

"I'm really excited to meet students, they can drop by any time for a snack or a cup of coffee or tea," Brooks said. "We really like our coffee and tea here."

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LAURA BUTLER LPROGRESS

Retired Lt. Col. Brett Morris discusses the 10 ways the new Operation Veteran Success program could help veterans Monday.

Initiative to make Eastern 'veteran-helpful'

By Laura Butler

laura_butler11@eku.edu

More than 19,000 Post 9/11 veterans reside in Kentucky. Just over 7,000 men and women actively serve in the Kentucky National Guard, and thousands of other soldiers serve at Fort Knox or Fort Campbell on active duty.

Eastern currently has 423 veterans, or children of veterans, enrolled on campus and officials announced on Monday they are looking to improve the university reputation from being "veteran-friendly" to "veteran-helpful."

Eastern has been gaining national recognition for its efforts to meet the needs of veterans.

In September 2009, *G.I. Jobs* magazine dubbed Eastern "one of the top veteran-friendly campuses in the nation."

Retired Lt. Col. Brett Morris, Associate Director of Veterans Affairs, said Eastern has done a lot to it's credit to earn the recognition of being a "veteran-friendly campus." Morris said efforts stem back to early involvement in 1936 with the establishment of the ROTC program as well as the acceptance of a large number of World War II veterans in conjunction with the

"EKU has proudly welcomed veterans

to campus with open arms," Morris said. "At the height of the Vietnam War, when other campuses were having their armories burned, EKU was busy naming streets after prominent alumni veterans like "John Hanlon and Paul Van Hoose."

Morris said Eastern's goal is to continue that tradition and improve upon it in the coming years through the institution of *Operation Veteran Success: Helping those who have served*.

The initiative will focus on providing tangible, immediate benefits to veterans on Eastern's campus. The Student Outreach and Transition Office was established to be a "one-stop service" to nontraditional students, including veterans.

Morris said Eastern is focusing on 10 primary ways Eastern can show veterans "we honor your service."

"Some are very simple, like waiving the \$30 admission application fee or providing recreational programming that appeals to the adventurous nature of military service." Morris said such programming would include rock climbing, rafting and maybe skydiving.

The plan calls for collaboration and cooperation from several areas across cam-

"EKU Vets will play a major role in developing a peer-mentoring program that

will pair incoming freshman veterans with returning student veterans, and will serve as a network of support for our military families," he said.

The program will also establish a veterans-only orientation course, which Morris said would be taught by former military faculty and staff, designed to address transition issues and introduce the availability of campus resources. Veterans will also be able to receive book vouchers to pay for the initial purchase of textbooks in an effort to reduce out-of-pocket costs.

Eastern President Doug Whitlock said the OVS program is something that is "near and dear" to his heart.

"When I left here in the fall of 1966 to enter into active duty, I had already earned my baccalaureate and masters degrees," he said. "But I'm absolutely convinced were it not for the Vietnam era and veteran's benefits that I wouldn't be standing here before you today."

Whitlock also said he believes the program will be a great service to veterans as well as a great recruitment tool, one that will provide many advantages for Eastern, Kentucky and the nation.

"I think this is going to be looked back on as a great day for EKU and our service to what I know will be a growing number of student veterans in our student body."

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SGA distributes technology funds

By Nick Johnson

nicholas_johnson33@eku.edu

Eastern's student senate recently announced how it will distribute \$100,000 in grants to meet the technology needs on campus.

The grants, which originate from student technology fees, are available to a variety of applicants—such as student organizations, academic departments or other university groups—who can illustrate a technological plan that benefits

This year, the student senate divided the money between 11 parties.

The majority of the money went to the Noel Studio for Academic Creativity, which will receive \$50,000 to purchase computers, video equipment and other gear. The studio, set to open this fall, will serve as a resource for students, assisting them on a wide range of multimedia projects and assignments. The money for the grants comes from the technology fees included in Eastern's tuition. The money is collected by the Information Technology office, who then allocates \$100,000 to the student senate to make available through technology grants.

The Senate Information and Technology committee accepts and evaluates applications and decides how the money will be dispersed based on both need and innovation.

"We look for a pressing need," said Zac Caldwell, chair of the Information and Technology committee. "We also try to look for opportunities to incorporate new cutting edge technologies on campus for students. There are no quantifiable criteria that we look at. The committee just looks for the best way to spend students' money in a way that benefits as many students as possible."

Last year, the committee chose to fund an array of projects in the Powell Student Center to revamp the Colonel Lounge.

The committee awarded the largest grant to the Noel Studio because they believed students would benefit greatly from the project, and it was in need of an additional funding source.

"The Noel Studio had received enough money for the renovations to the building, but didn't have any left for computers and other needs," Caldwell said. "We worked with IT to do

it, they needed it."

The studio's director, Russell Carpenter, said all students would benefit from the grant.

"I can't think of a better way to use the technology grant fee funding," Carpenter said. "The Noel Studio will be a resource for all students at EKU, from across disciplines. This funding will help the Noel Studio offer students the opportunity to work with cutting-edge technology within this new space."

Another grant went to the Music Department, which will receive more than \$9,000 to help fund numerous projects, including updating the Music Lab and constructing a recording studio for student use.

Chris Munson, a professor in the music department, also said that the grant would allow the department to purchase Pro Tools software, which will allow students to compose, record, mix and edit music.

"Being able to expand our technology resources is very important," Munson said. "Any student that pursues a career in music will be working with this software. It will be great to give students the advantage of using this software now."

For a list of grant recipients see easternprogress.com.



Perspectives 6

Thursday, April 15, 2010

The Eastern Progress | www.easternprogress.com

Steve Thomas, editor

Domestic partner benefits only fair

In the fall of 2007, a group of faculty, students and staff members gathered at Powell Corner and in the Ravine to request that Eastern approve domestic partnership benefits in its health plan.

To rephrase, in the fall of 2007, a group of faculty, students and staff members gathered to request that Eastern start treating its employees equally regardless of their marital status.

And in the fall of 2007, they were largely ignored.

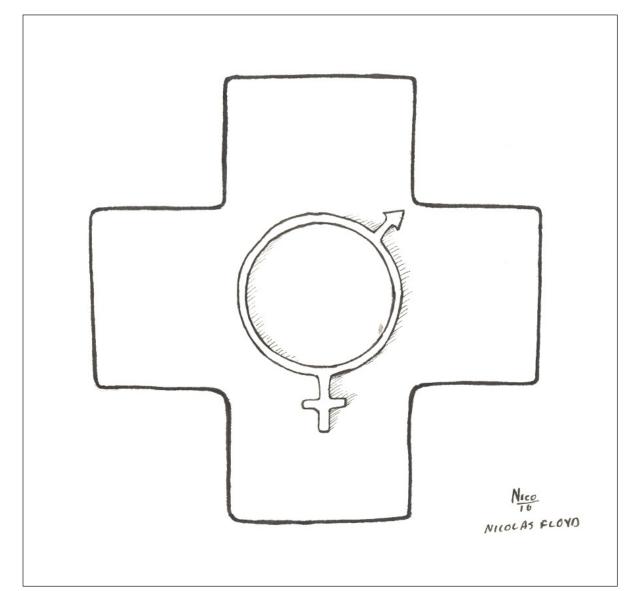
For those who are unfamiliar with the idea, domestic partner benefits allow for the health care plan of university employees to extend to live-in partners regardless of marital

Eligibility criteria vary by business and would need to be determined by the university, but the university must first come to its senses: Not having domestic partner benefits is an injury not only to the gay and lesbian community at Eastern, but also to heterosexual partners who choose not to marry.

More generally, not having them is an injury to equal treatment of contributing members of the university community.

More than two years after the aforementioned rally, little progress has been made at Eastern. The University of Kentucky and the University of Louisville had approved plans for these benefits before Eastern's rally, and Northern Kentucky University has approved a plan as well.

On April 2, Western became the fourth public university in Kentucky to extend health benefits to domestic partners of university employees.



Western's decision wasn't without controversy. WKU's College Heights Herald reported that officials overturned a decision in February to deny benefits after an outpouring of discontent and protesting by the campus community.

In Western's case, fairness triumphed over injustice eventually and not without a great deal of help from the community.

It would sure be nice if Eastern could tackle the issue promptly and get it right the

In a competitive scholastic environment – one where every university strives to be a forerunner in this or in that – Eastern is falling dangerously behind the curve on this issue, and it could very easily have consequences regarding the quality of education students

If you were a coveted professorial candidate selecting your

next place of employment, you might eye Eastern's new Science Building, beautiful campus or stellar Criminal Justice program and envision yourself working right here in Richmond.

You might also eye the fact that your long-term, live-in significant other wouldn't be covered by the university's health care plan. Then you might envision yourself working somewhere like Western instead, and who could blame you?

In the end, the strongest argument is one concerning fairness and descrimination, not competitiveness. But that's not to say denying benefits doesn't have negative effects on Eastern's ability to remain competitive anyway.

In the minds of employees (and potential employees), "benefits" are often lumped with salary in assessing compensation for a job. As it stands now, Eastern is rewarding the work of employees who wear wedding bands more than the work of those who have families but choose not to marry.

In a sense, Eastern employees are being punished for their choices outside the workplace that do not negatively impact their job performance.

In the name of fairness, the university community should no longer stand for this discrimination.

Not only is that discriminatory; it's borderline illegal.

As a *Progress* editorial following the rally in 2007 points out, many will argue that premarital domestic partnership is sinful or wrong, but these judgments are moral judgments – judgments a public university like Eastern should know better than to make.

This argument was effectively made in 2007, and virtually nothing has been done. It's time to step up to bat on behalf of equal rights and ensure this doesn't get swept under the rug for two more years.

With a proposal on domestic partner benefits currently tabled in Eastern's Faculty Senate, perhaps now is the time to revisit the argument.

> Online Poll

How many text messages do you think you send on an average day?

Visit www.easternprogress.com and look for the poll on the right side of the page.

> Last Week's Poll

Who are you going to vote for in the upcoming SGA Elections Tuesday?



- Armbrust/Holcomb: 37%
- Chadwell/Anderson: 51%
- I will be writing in a candidate: 12%

The Eastern Progress online poll is not scientific and reflects the opinions of only those online readers who choose to participate.

> Campus comments:

What one thing do you wish you had more time to do?



"Read. Most of the time pertains to school and not what I'm actually interested in."

Emily Gleason A sophomore nursing major from



Owensboro.

"Sleep. I'm always doing homework (and) always go to bed and wake up early.

Candice Caldwell A freshman English major from Paintsville.



"Play music. I play guitar, drums (and) bass. It's just what I love to do."

Eric Vest A sophomore broadcasting major from Verona.



"Rock climb. I want to get better at it. It's a lot of fun and it's a good stress reliever."

Sarah Parr

A sophomore elementary education major from Owensboro.



"I'm in nursing, so I pretty much have no life. I just want to spend more time with my friends."

Marissa Warwar A senior nursing major from Cincinnati.



"Play tennis. It helps me relieve my stress and not think about school."

Megan Faulkner

A senior communications studies major from Walton.

> Have an opinion?

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Letters to the editor should be no longer than 500 words and should include your name, association with Eastern and a contact phone number or e-mail for verification purposes, not for publication.

Letters to the editor may be edited for length prior to publication. Letters must be submitted by Tuesday at 6 p.m. in order to be considered for publication in the same

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326 Combs Building, Richmond, Ky. 40475

Laura Butler Editor-in-chief Steve Thomas

Courtney Daniel **Design editor**

Managing editor Rachel Stone **Photo editor**

Lindsay Huffman Kaylia Cornett Darren Zancan New's editor Features editor Sports editor

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>Letter to the editor:

Campus smokers should be more courteous

Earlier in the year, The Progress dedicated space to the smoking policy on campus. While I am against smoking and would prefer the Eastern campus to go entirely smokefree, I know it is legal to smoke and will not argue a smoker's rights to light up, as much as I am against it.

However, smokers, please do so responsibly. Use the smoking shelters on campus. Do not smoke on the sidewalks or near entrances or other places people generally

The last two times I have been on campus, I have had my asthma trigger three different times because someone chose to walk by me with a cigarette dangling from in his/ her hands. Yes, you have the right to smoke, but I have the right to breathe. Forcing me to walk through a cloud of smoke, because you passed me on the sidewalk, is not a right. It is rude and irresponsible.

With any rights come responsibilities. Smokers, if you want to keep your smoking rights, then use responsibility. Take care to not be in the way of non-smokers. They have chosen not to smoke for a reason. For me, it is to protect my breathing due to asthma and a family history of respiratory illnesses brought on by a combination of ge-

netics and smoking.

If I want to breathe in cigarette smoke, I will sit next to you in the smoking shelter. When I walk on the sidewalk, I prefer to do so without smoking.

If Eastern smokers cannot use common courtesy when smoking on campus, then the entire campus should go smoke-free. Unfortunately that is how many "nannystate" laws come to be: a minority disregards the responsibility that comes with having a

So, smokers, do non-smokers a favoreither be responsible or go off campus.

Rebecca Abney Eastern student

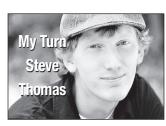
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Submit a Letter to the Editor or post comments at

www.EasternProgress.com

KFC Double Down is newest challenge to man



It's difficult to express the shock I received when I turned on my computer Monday morning and caught my first glimpse of it.

There I sat, slack-jawed and dumbfounded at 9:30 in the morning, utterly baffled at the sight that lay before my eyes. It was real.

Half of me sat in awe of the world's first breadless "sandwich"; the other half began making calculations.

'If I don't eat lunch at 11 like always...yes...yes, I can get one at 4 p.m.," I said to myself. The immediacy of my trip was hardly a product of hunger or glee, however: I just knew I had to show KFC what real men are made of.

On Monday, Kentucky Friend Chicken took off its proverbial oven mitt and slapped every red-blooded American man across the face. Make no mistake: KFC's new Double Down Sandwich is nothing short of a declaration of war.

KFC has brought the fight to us, gleaning about, beating its chest and boasting as if its sandwich is one that cannot be

A lesser man might cower at the sight of this monstrosity - two strips of bacon and two slices of cheese slammed between two original recichicken breasts without

so much as a bun to contain

A lesser man might turn and run in the face of such a challenge, but not I.

The fact that the KFC Double Down even exists is an affront to my manhood. It dares me to attempt to destroy it with my mouth and digestive tract, and every moment it reigns supreme is an assault on my pride.

It dares me to attempt to destroy it with my mouth and digestive tract, and every moment it reigns supreme is an assault on my pride.

It is my Everest. Like any seasoned warrior, I have risen to many such challenges in the past. First came Wendy's Triple Baconator—a heaping mound of beef, pork and grease that practically de-

clared itself inedible. I proved it wrong.

Then came Burger King's Enormous Omelet Sandwich a combination of egg, cheese, bacon and sausage patties weighing more than a pound and daring anyone to attempt to storm its defenses without a defibrillator on standby.

I beat down its doors, and Burger King wept.

Now KFC has come for theirs, and my iron stomach

would answer the call. My roommate and I stepped out of my car as challengers; in 30 minutes, we would return as champions.

The woman at the counter who took my order seemed hesitant. It was as if she were mocking me, noticing my 140-pound frame and shaking her head. "This boy can't handle 1,380 mg of sodium and 32 grams of fat," her eyes said.

"Grilled or fried?" she asked.

"Diet or regular?" I heard, and chose the latter.

She told me how delicious the Double Down was, but warned against the value meal. "You won't be able to eat the wedges," she said.

I would make this statement false.

As I took the mound of chicken to my seat, I prepared myself for what was to come. I grasped the pile of meat and raised it to its doom. The struggle was over before it had begun.

Afterward, my mind was more exhausted than my body. Fundamental beliefs about what is (and what is not) a sandwich had been changed forever. The foundation of my daily diet-the sandwichhad been rocked to its core.

As the wrapper fluttered to the tabletop, and with the wedges consumed as promised, I walked to the counter with my head held high.

"Back again?" the server asked.

I ordered two biscuits, my body failing to grasp the concept of having eaten a sandwich without bread.

The wounds of battle heal slowly, indeed, but some things just have to be done.

'Uninspiration' puts end to Writer's Block



There is one disease that many college students fear more than the flu or any stomach virus. It hits you hard, in the most inopportune situations, at the worst possible times, usually, the night before a very important event.

It stuns your brain into pure dysfunction, causes your stomach to knot up and your head to ache with frustration. Once it hits you, there's no medical cure for this illness, and it cannot be eliminated by use of preventative medi-

Most of us know it as "Hell on Earth," but to the general public, it's called Writer's

After a week of slacking on school work (including my writing for The Progress) and the misfortune of several unexpected deaths back home, I realized this week that not only did I need a new poem for my creative writing class, but also a story for the paper. I thought for a fleeting moment about taking an easy route—writing about death and grieving and their effects on your life. But I've never been one for cliche's, and I do enjoy

a challenge. I chucked that idea just as quickly as it entered my mind and began to search for the spark of another story idea. I thought about what had been going on in my life other than the funerals and visitations, but no other recent events seem to catch my attention, much less be worthy of printing in the school newspaper.

I realized it had been several weeks since I had attended any sort of activity on campus, and that my life in general had been completely unentertaining during the past month.

Finding a subject was going to be a much more difficult task than I had originally anticipated.

I sat on my uncomfortable dorm bed, my Macbook (affectionately named Matilda) open and awaiting my fingers to dance across her white keys and produce some sort of beautiful and print-worthy prose. I nibbled on my bottom lip, looking around the room for some sort of catalystsome kind of inspiration. My drab room had nothing to offer me, and so I decided that a change of location might in fact help my search for the perfect idea.

The Ravine welcomed my

I imagined famous reporters, renowned poets and legendary authors, all finding ways to procrastinate...

careworn mind with its green grass and blooming shade trees. Matilda had accompanied me to a small knoll on the right side of the stage, and now sat idly on the blanket before me. The weather was so lovely, and I simply couldn't talk myself out of taking just a few more moments before beginning to write—just to fully appreciate the beauty of campus in the spring. I rested my head on my backpack, rolled my sleeves up over my shoulders, and removed my flip-flops. A few minutes of sunbathing wouldn't hurt anything.

Two hours later, I open my eyes to find myself still in the Ravine and Matilda dead beside me. I got up and began to gather my things, only to find

that I was absolutely covered in big, beautiful, black ants. My skin crawled as I danced wildly in the grass, still barefoot. I finally managed to flick away all the insects I saw, but still shivered at the thought of them on my skin and in my

The Ravine obviously hadn't been the best place to try and write anything. I would just have to return to my room and make myself focus. But after sleeping in the grass and being covered in bugs, I simply had to take a shower. My story could wait just a few more minutes, and the relaxing warm water might help me think of something to write about. I always do my deepest thinking in the shower.

Alas, the only thing on my mind while I was washing my hair and shaving my legs was the fact that I didn't have anything to write about. No matter how hard I tried to find something, anything interesting, all I could focus on was the fact that I simply did not have a story. This was the worst case of the dreaded block I had ever encountered, and I found myself wondering how many other journalists and writers find themselves in my situation.

I imagined famous reporters, renowned poets and legendary authors, all finding ways to procrastinate, ways to stall in order to give themselves more time to formulate and write before their looming deadlines. Then I realized everyone must suffer through bouts of "uninspiration," and that in times like these true art is culminated. Boredom and monotony cultivate originality and motivation. Through my lack of creativity, I found something to write about.

My writer's block is now my muse.

After all, I'm sure Austen, Poe and Thompson all took a few minutes to sunbathe before getting to work.





Kaylia Cornett, Editor

Thursday, April 15, 2010 B1



Patrick Mullen performs with Eastern's Capoeira Club on Powell Corner during last semester's Latin Fair.

Capoeira enlightens students through self-defense and philosophy

By Sara Byers

progress@eku.edu

Nearly everyone on campus has seen them dance with unhurried kicks and flips and heard their drums around Powell,

but who are these students you may ask? Well, they are the members of Eastern's Capoeira Club.

Capoeira can be defined as many things; Capoeira is a children's game, a musician's expression, a warrior's dance, a gymnastics exhibition, an acrobatics show, a fight system hidden in a fun practice, a lifestyle, an international family, a tradition, a philosophy and much more.

Created in Brazil by African slaves over 400 years ago, Capoeira was a dance/celebration used to disguise their fight

Soon, instruments were introduced and since then have played an important role in the art. As it is one of the fastest growing art forms in the world today, Capoeira is quite

Patrick Mullen, a junior nursing major, has been involved with Eastern's Capoeira Club for two years and he said Capoeira is completely different than any other style of martial

"I like it personally because it's a whole different way of fighting than I've ever been taught," Mullen said.

Mullen said he's trained in several martial arts disciplines, but that Capoeira just puts a whole new spin on fighting.

'Capoeira has discipline, [but] it's more fun truthfully,' Mullen said. "It's really hard to describe...the way you train, just the whole [experience]...it's better to show [how it's dif-

Not only does the art provide a physical aspect, with kicks and gymnast-like moves, it's therapeutic and creates a good

A minimum of three people are required to create a "Capoeira-like" setting -- two for "play" and one to play the Ber-

imbau (a one-stringed instrument.) Normally, a large group will play together and form what is called a Bateria, a musical group with percussion instru-

Many colleges and universities have Capoeira available now as an extracurricular discipline, and clubs are now present in many different student communities everywhere. The class at Eastern is led by Tim Roberts, also known as "Perna de Paul," who is also the faculty advisor to the EKU Capoe-

ira Club. "Part of what makes Capoeira so great is its ability to fill so many niches in so many different cultures," Roberts said. "Everyone who first sees Capoeira appreciates it at some level, and some may not even understand it, but that is the beauty of what attracts students to it."

Roberts has over 15 years of martial arts experience and

has been inducted into The Universal Martial Arts Hall of Fame in 2004, USA International Black Belt Hall of Fame in 2003 and awarded the Spirit Award from Action Martial Arts

In other words, the man has some wicked moves and experience, and Eastern is lucky to have him as an instructor.

"Perna de Pau" has adopted Capoeira as his primary discipline and has been instructing it at Eastern since 2003.

He has also helped establish a Capoeira community within the Bluegrass area. Eastern's Capoeira not only teaches movement and self defense, but more importantly, it allows students to experience the music, language, philosophies of life, respect, confidence and history of the Brazilian art.

The club seeks to provide a social environment in which students can be inspired for personal growth, emotional stability and the relief of stress and anxiety. All of which are very important to a college community.

Although the lessons are timely and quite difficult, all is worth the sweat and well worth the time spent.

Students already involved in the club can't wait for the next class and in truth just simply enjoy Capoeira.

If you are interested and truly find an interest in learning the art sign-up! Eastern's Capoeira course is 1 credit hour and is offered throughout the year. And, if for some reason that doesn't fit into your schedule, the Capoeira Club meets every Monday and Thursday from 6 p.m. to 8 p.m. in the Begley gymnastics room (119) or Irvine McDowell Park right beside campus on Thursdays. If you are one of the students who would like to participate, sign-up for the fall semester.

FX drama sheds false light on Kentucky

Many viewers are not happy with how Graham Yost's Justified portrays some Kentucky cities

By Greg Schulte

progress@eku.edu

The new show on FX, Justified, is catching the attention of Kentucky's citizens, considering that the setting is located throughout cities in the state.

The show uses action and mystery to attract its audience, but it's not without its shortcomings. Justified is giving certain locations throughout Kentucky a bad image based on representations and interpretations presented in the show.

Justified is about a U.S Marshal named Raylan Givens, played by Timothy Olyphant. Olyphant is known for his acting in Hitman and Live Free or Die

This acting position is not too hard for him, considering his role as the angry sheriff in the series



Timothy Olyphant stars in the new FX series Justified

Deadwood.

The show is similar to *The Shield* in that it is about a lone ranger that has his own set of rules on justice. Givens works for the justice department based in Lexington and goes after some of the more evil criminals residing in Kentucky.

In the pilot episode he is reassigned to work in Kentucky after being too harsh to some of the criminals in Miami, where he previously worked. Givens does not want to be in Kentucky, considering he is working close to his ex-wife and a man he grew up with, who is now a demolitions expert for the white

Also, the pilot episode is based off the short story/novel Fire in the Hole written by Elmore Leonard who is a well-known author of criminal novels. The show is being directed by Graham Yost who is the creator of *Boomtown* and *The Pacific*.

Even though the show's setting is shot in Kentucky, the production itself has never actually been shot here.

The pilot episode was filmed in Pittsburgh, Pennsylvania and the rest of the shows have been shot in California. Some viewers are not happy with this because the setting of Kentucky doesn't feel the same, especially knowing that it is essentially falsely representing the Bluegrass state.

A major part that viewers in Kentucky are not happy with is the way the show portrays specific cit-See JUSTIFIED, Page B3



0h, my? After celebrating the life and times of the Easter bunny last Sunday, I was called upon by one of my friends to help him run cattle. Having worked on a farm throughout most of my childhood and early adulthood, I've become accustomed to and comfortable with animals that used to scare me when I was a child.

While I was draining the cow of its milk, I received a cut across my forehead after she lunged forward from her restraints and drove the bucket

in my hand, into my head. Watching her buck and try to break free, I was reminded of the fear I felt when I was young. It also made me realize that I still have rational and irrational fears today and though it may cost me many man-points, I am ready to ad-

mit them. "Always do what you are afraid to do." - Ralph Waldo

I think one of my most legitimate fears I have is being embarrassed.

Since it has happened so many times throughout my college career, I have somewhat been desensitized to the effects of embarrassment, but I must say, it was a rocky road to get here.

One of my most embar-

rassing and therefore fearful See REED, Page B2

Sex therapist riles crowd with expert advice

Daniel Packard enligtened students on relationship and dating advice

> By Jennifer Hutcheson progress@eku.edu

Girls, think of all the movies and songs, including Disney, that roman-

ticize love and relationships. Now, think of all the fantasies created by those and how many ideas of

love are based around those fantasies. Now, throw them all away All those fairytales and Hollywood

relationships that taught girls to wait for their prince charming, the notion

that every girl should be treated like a

princess and the frame of mind that if it's true love, everything will work out – just throw them all out.

Now it's the boys' turn. Whether those girls forget their fantasies or not, the most important thing to realize is that girls will never be understood by the male popula-

"Women are generally pissed at men because they believe in fantasies," said Daniel Packard, a sex therapist and social acupuncturist who gave a

talk Monday in Brock Auditorium. Packard's area of expertise—which usually revolves around relationships and the myths that surround them—is something of a lightning rod, particularly on college campuses. And, that

was true at Eastern as well.

Drawing a crowd of about 200 students, Packard had the audience going: laughing, clapping and even yelling, whether they were positive or

He acknowledged he was well aware some of his comments would rub girls the wrong way. But he said his goal was to "liberate women from their preconceived notions of relation-

"Women like control and you can't control love," Packard said. "You just have to enjoy it."

Addressing the women in the crowd, Packard asked, "Would you rather go out and live life, or sit back

See THERAPIST, Page B3 Daniel Packard drew a crowd in Brock.



High-tech takeover

Technological advancements are paving the way to a fragmented society

By Kaylia Cornett

kaylia_cornett18@eku.edu

Technological innovations are taking

As college students, and even society as a whole, we have succumb to an electronic empire -- we Facebook, we Tweet and we

The need to stay connected to the people in our lives has vastly increased within just the last few years.

For example, the dramatic increase in texting can attest to such a statement.

According to a 2009 New York Times article, nearly 75 billion text messages were transmitted in 2008, while only a year later the percentage rose roughly 80 percent, resulting in 135.2 billion text messages being

In a separate article from the Times, on average teens were sending nearly 2,272 text messages a month nearing the end of 2008 or, roughly 80 messages a day.

And, in a 2009 article on mashable.com, according to the CTIA, the international association for the wireless telecommunications industry, in the first half of 2009 a study reflected that in the U.S. roughly 4.1

billion text messages were sent daily.

And, it can only be assumed those num-



bers have increased since then.

Now, texting has become more popular than making phone calls, instant messaging and has deemed e-mail as the electronic age's "snail mail."

Society has willingly adapted to these technologies, essentially ending the need for face-to-face communication.

Is our adaptation to technology forcing us to become a fragmented culture? We're together, but separated in the same instant.

All these new advancements have lessened our need to "get together." With texting, we've even lessened our need for voice communication.

In fact, in a study performed by Ball State University in Indiana where 300 students

were questioned, 59 percent of students prefer to text, while only 17 percent were more inclined to call. The remaining percentage favored instant messages and sending e-

Aside from that, many studies have shown that chronic texters are more susceptible to anxiety, being distracted from work and school and sleep deprivation.

In addition, some scientists even suggest that the increase in texting can cause damage to the nerves in our thumbs, and in the long run can increase the risk of Carpal Tunnel Syndrome.

Aside from texting, college students just can't get enough of Facebook, and even access the Web site from their mobile device when on the go. In fact, long ago in 2007, Time magazine published an article titled: "Facebook: More Popular Than Porn."

According to Facebook's press department, to date, the poplar site has attracted nearly 400 million active users, with the average user being friends with nearly 130 people. The average user also spends at least an hour a day on the site.

However, between networking, chatting and just overall creeping, college students probably average a much higher percentage of Facebook time per day.

Any way you say it, our lives would be much different if we spent a week without our cell phones or logging onto Facebook.

Technology has become an addiction that's sure to increase within the near fu-

'How do I love thee? Let me text the ways'

Not only has texting impacted our daily lives, it's created quite a fuss in the dating world. And a heap of texters have turned to the handy method in order to make some love connections - "How do I love thee? Let me text the ways," says wireless powerhouse AT&T, who helped define the "art of the mobile flirt" after a recent study revealed some of the following statistics:

- About 67 percent of texters are guilty of using text messaging to flirt.
- One-third of dating texters said they would be more com-

fortable if they texted each other before a first date.

- About 26 percent agreed that someone would be more likely to accept a first date if they were
- Nearly 82 percent of texters would respond immediately, or as quick as possible, to a text

message from a romantic inter-

- Approximately 28 percent of respondents said they text their significant other at least three times a day.
- On another note, 5 percent of texters have broken up with someone through a text.

Date Night's funny couple provides laughs

Steve Carell and Tina Fey don't disappoint

By Tristan Meiman progress@eku.edu

Many of us have seen our fair share of romance comedies.

Basic plot: boy meets girl, boy loves girl, a problem arises forcing them to re-evaluate their undying affections for one another, then for the last 30 minutes, boy chases girl and boy attempts to

date/marry girl. Well, that's not the case in this

It's possible to easily continue on a constant rant about said topic, but that's for another time.

Date Night stars Steve Carell

and Tina Fey portray a married couple that lead very boring lifestyles.

At first, as a moviegoer, it's possible to be a bit skeptical about the film, worrying that it may be easy to predict, which seems to be the case with most movies today. But, with Date Night that

wasn't exactly a problem considering the plot takes off when the Carell and Fey steal someone else's dinner reservations and are then mistaken for that couple.

Afterward, they are held at gunpoint, or as Carell calls it when the gun is tilted to the side, "the kill shot".

The obvious assumption was that the group of people hustling the two works for an underground mob boss, who keeps asking for a jump drive that contains something important.



But, for now we won't reveal

Steve Carell plays Phil Foster and does a fantastic job being exactly who he is, a confused and slightly idiotic individual who at the same time tries to keep everything going smooth, but like his heard from him during the entire

character, it all falls to pieces. If anyone has seen The Office

or any other of Steve's previous works, then you already know how he acts in any given situation -- clueless.

That being said, the best insult

REED: 'Don't ask me to hold the little guy'

Continued from Page B1

moments has involved me falling up (yes up) a crowded flight of stairs.

I think Emerson had pure intentions in sharing his wisdom, but falling up stairs all the time may prove counterproductive and painful. Falling up stairs is much worse than falling down. Anybody could fall down a flight of stairs, but falling up them makes you look like a real idiot.

A co-worker and I have decided that while ascending the stairs your head and feet have a certain expectation of altitude, so while falling, the confusion in your face really makes you look a jackass - almost as much as falling up a flight of stairs does. There is no recovering from falling up stairs. You can't play it off, and all you can do is get out of there, and that's exactly what I did. Even today the fear lingers and I feel it every time I go up another step.

Another fear I'll shamefully admit is my fear of spiders. My friends always give me grief about it, citing that given my size, I shouldn't be afraid of them. It's not as if I'm afraid a spider is going to punch me in the face or try to wrestle me to the ground and rape me. They have 8 legs, venomfilled fangs and four to eight eyes. They spin webs and just look evil as hell.

While working at an old job, I looked up from my desk one day to see the biggest arachnid I've ever seen, crawling toward me. I think it was most likely half Rottweiler, half spider. It may have even had a tail. After swatting at it and watching it break Chuck Yeager's speed record, I jumped back and watched an elderly woman calmly look down and step on the beast. This bittersweet victory doused my fear of that particular spider but it also fanned the flames of a burning red fear of

embarrassment.

Whether it makes me a bad person or not, I have to admit that, in general, I do not like babies because I am afraid of them. Aside from the fear that many men in college experience about making babies, my fear has more to do with hurting them because they're so fragile. You can't smoke around them, you can't breathe on them, you have to cradle their neck a certain way, etc. If you have a baby, congratulations, I think it's great. Just don't ask me to hold the little guy because I am absolutely terrified that I will drop it or hurt it on accident.

My fear of heights came in real handy last summer when I worked construction on a shaky, 15-foot scaffold. And my degree in journalism will go great with my fear of not making enough money to support myself some day. To go along with my fear of public speaking, the good Lord has blessed me with a voice that makes me sound like Cookie Monster and Sling Blade's illegitimate love-child, and my fear of going bald makes me feel great now that my hair is about as thick as a card-board cutout of Nicole Richie.

As you get older some fears diminish but others take their places. You may not be afraid to go to detention anymore when you mess up, but the detention center isn't a fair exchange. Some people who were afraid to go to bed by themselves when they were younger may now have to fear that they will wake up with somebody. When I was young, I would go to parties and be afraid that alcohol may be there. Now when I go, I fear that it won't. Some fears don't really go away, they just evolve.

There's really nothing to be said about fear that hasn't been said already. You've heard all the clichés and there's not much advice I could offer other than to get your fears off your chest if they really bother you. If you catch a lot of grief from your friends about it like I probably will, just find out what they're afraid of and scare the hell out







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Submit your photos to:

progress@eku.edu **or** www.flickr.com/groups/easternprogress

Thursday, April 15, 2010 B3





TREY BURKE | PROGRESS

One day without shoes

Students braved the rain and walked barefoot around campus Thursday as part of TOM's One Day Without Shoes. The national event was an attempt to raise awareness for children in developing countries who cannot afford a pair of shoes.

RIGHT: Leah Savage, an undeclared freshman from Nicholasville, lounges in Powell before the One Day Without Shoes walk.



The Progress wants photos of what you or your friends did this week to run in our weekly feature, This Week In Photos!

Send your full-resolution photos to progress@eku.edu or check out The Progress on Flickr at www.flickr.com/groups/easternprogress.



DATE: Carell, Fey and a stripper pole

Continued from Page B1

movie was while he held someone at gunpoint and proceeded to insult them by barking "Zip your vagina!"

Tina Fey equally steals the show as Carell's wife, Clarie, who finds it hard to be able to trust her husband with any given task.

So here are the positives of the movie. It offers a decent plot with great characters and laughs along the way. With plenty of in-

nuendos, there's certainly room to squeeze in a

"that's what she said".

In addition, it has some very funny moments that make up for what the plot lacks. One can't be sure that there will be anoth-

er movie featuring Tina Fey dancing around a stripper pole, or Steve Carell at the same time for that matter. So overall, this movie is recommended for some great laughs, some memorable and mo-

ments that will stay with you for a while. And, again Steve Carell with a stripper pole

is a hard image to get out of your mind.

WORSHIP DIRECTORY

Church of Christ

461 Tobiano Dr. (Go 1/2 mile past I-75 on Eastern By-pass. Take Goggins Ln. 1 mile to Paso Fino Dr. Go Right on Tobiano Dr. Church is on the left.) Sunday 9:30 & 10:20 a.m.; 6 p.m. College Bible Study: 7 p.m. Wed. Ride: 893-4422

www.UnivChurchofChrist.org Cornerstone Baptist

Church "The place to find the answer's to life's questions." 100 Cardinal Dr. (Just off Goggins Lane) Phone: 623-3373 Pastor Greg Carr Sunday Morning Small Groups:

9:20am (Classes for all ages) Sunday worship: 10:30 am Wednesday night: 7pm (Small groups for children & youth) www.cornerstonerichmond.com

Episcopal Church of Our Saviour

EKU students bible study and Holy Eucharist: Mondays, 5:30 p.m. Holy Eucharist: Sundays, 8:30 a.m. and 11 a.m. Godly Play Church School, Adult Forum: Sundays, 9:45 a.m. Evening Prayer: Wednesdays,

7 p.m. The Rev. Richard Burden 2323 Lexington Road 859.623.1226 our_saviour@bellsouth.net oursaviourky.org

First Baptist Church

ALIVE! In the power of God! Rev. Bill Fort, Pastor 425 Eastern By-Pass (behind Qdoba) Sunday Worship: 8 a.m., 11 a.m., & 6 p.m. Bible Study: 9:40 a.m. Wed. Bible Studies: 6 p.m. For more information e-mail: jeff.prosser@firstbaptistnet. com Office: (859) 623-4028 www.firstbaptistnet.com

First Presbyterian Church

330 West Main Street Phone: (859) 623-5323 Sunday Worship: 11 a.m. Free Wed. Dinner: 6 p.m. www.richmondfirstpres.org

First United Methodist Church

401 West Main Street Across from Lancaster and Main Street Pastor: Gene Strange Sundays Worship: 8:30 & 10:45 am Small Group: 9:40 am Mosaic-A ministry for 20-somethings: 5 pm Wednesdays Meal: 5:30 pm Small Group: 6:30 pm For more info contact Stacy Jordan at: youngadults@rich-

richmondfumc.org Journey Community

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Church 1405 Barnes Mill Road Rev. R.G. Morrin (Pastor Bob) 624-9878 www.journeycomm.org Pastor Bob_bmorrin@juno.

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Northridge Church

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Jacoddlee@hotmail.com Red House Baptist

Church 2301 Red House Rd. (Hwy 388) North of Richmond Phone: (859) 623-9471 College/Career Study: 9:30 Sunday School: 9:30 Sunday Worship:10:45 Evening Worship: 6 p.m. Midweek evening Meal 5:30 p.m. Prayer Meeting & Study 6:30 p.m.

Preschool/Children & Youth Activities 6:30 p.m. Email: rhbc@redhousebc.com www.redhousebaptistchurch.org

Richmond Church of

Christ 1500 Lancaster Ave. Sunday Blble School: 9 a.m. Worship: 10 a.m. Sunday Night Service: 6 p.m. Wed. Free meal for students 5:30 p.m. Service: 7 p.m. College Class: Sun. & Wed. Colonels for Christ: 8:45 p.m. on Thursdays at 316 University Drive (on Campus) Phone: (859) 623-8535 richmondcc@ richmondcc.org

Richmond Seventh-Day

Adventist Church 3031 Berea Road (4.2 miles off EKU Bypass, on the corner of Berea Road/ Hwy 25 and Oliver) Pastor Fred Calkins Phone: (859) 624-2484 Wed. Bible Study: 6:30 p.m. Saturday Sabbath: 2 p.m. Saturday Sabbath Worship: 3:10 p.m. FREE potluck every 2nd Saturday of the month, following the 3:10 p.m. worship service. Sleep in on Saturday morning & come worship with us in the afternoon!

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JUSTIFIED: Ratings dropped 44 percent

Continued from Page B1

ies and locations.

In the show, Tates Creek Road is nothing but a dirt path in the middle of nowhere, while in real life it is a major highway used by hundreds of people to get around Lexington.

Specific cities are put in a bad light as well. The city of Somerset in the show has a large population of neo-Nazis that Olyphant goes after. This makes the city look bad and angers some residents of that town.

"Justified feeds into every stereotype about Kentucky. Drugs and fraud are little problems compared to neo-Nazis in the show and it is making my hometown of Somerset look bad," says Lori Wilson, a political science major.

The ratings for the show at the beginning of the season were giving FOX a good name. But, according to Internet Movie Data Base, popularity has already dropped 44 percent.

If you are an action junkie and like the "shoot first and ask questions later" type of hero, then Justified is for you.

Olyphant plays his role well. In fact, the only problem to this show is the hard stereotyping that takes place in some of the episodes. Even though this may be a great show to many viewers, it is also hurting the towns being represented wrong in the show.

Justified comes on FOX every Tuesday night at 10 p.m. If you miss it though, the same episode is played again at 11 p.m.

THERAPIST: 'Until you love yourself, you will never believe anyone else loves you'

Continued from Page B1

and be scared?"

Then he added, "Guys want a care-free, fun, flirty girl who can just enjoy the relationship."

Part of Packard's program was to answer audience questions and provide answers to some of the most confusing elements that arise between men and women.

"How is it that I try to be respectful of a girl by waiting to make a move, and they get pissed?" asked Chris Pitakos, a junior health care administration major from Washington Courthouse, Ohio.

Heather Alinson, a freshman, then stood up offering a rebuttal to Packard's claim that women often have grandiose expectations in relationships.

"Who wants a prince charming?" Alinson said. "If I tell a guy I don't know and my body is saying yes, then go for it."

On the other hand, some students decided they couldn't wait to be called on, opting instead to shout out their opinions, a practice that Packard openly encouraged.

"Nut up or shut up," one male voice hollered from the back.

"Do you think it's easy being crazy?" a female voice replied moments later.

A few of the shout-outs prompted Packard and the audience to laugh hysterically.

Packard certainly didn't have to cajole the audience to participate, and his talk had the effect he wanted. Many students were left mulling the possibility that Packard just may be right, whether they wanted to admit it or not.

Still, Packard said his underlying theme to all the craziness of relationships boils down to one thing -- just be yourself.

"Until you love yourself, you will never believe anyone else loves you," Packard said.



BRANDON BURTNER | PROGRESS

Packard provided answers to life's most confusing questions about the opposite sex.

WOMEN'S SOFTBALL

Panthers edge Colonels; one game back in OVC



SONYA JOHNSON | PROGRESS

Senior Jena Handley attempts to tag out an Eastern Illinois opponent in their game over the weekend. Handley also drove in Eastern's first run in the fourth inning.

By Langdon Barnes langdon_barnes20@eku.edu

The Eastern Kentucky University women's softball team was unable to win another series, losing two of three games to Eastern Illinois over the weekend.

The Colonels fell in the first game 4-3 but won the second 7-0.

"Our team is playing a lot more relaxed and look a lot more comfortable out there," Shyenne Hussey said. "We are getting better each and every day so I'm excited for the rest of the

Eastern Illinois scored first in the first game. Melinda Jackson singled in the bottom of the second to drive in one run. In the second inning, Hailee Hanna drove in two runs extend ing the lead to 3-0.

Jena Handley was able to drive in Eastern's first run on a double in the top of the fourth.

The Colonels let a golden opportunity slip away in the fifth. They had runners at the corners and no outs but were still unable to drive

Freshman Nikki Bruce tied the game in the sixth with a two-out, two-run home run, her first in her career, tying the game at 3.

The Panthers got the lead back in the bottom of the inning on a single through the left side.

Jackson finished 2-for-2 with two RBIs for Eastern Illinois. Three different Eastern players accounted for the three total hits.

The second game went in the Colonels favor early and they never looked back.

Eastern scored five runs in the second inning with two outs.

Cassi Gibson drove in the first run with a single. Diane Gallagher followed with a triple that drove in two runs. Samm Daniels was able to drive in Gallagher for the Colonels third straight hit. Handley capped the scoring with a RBI to put Eastern up 5-0.

The Colonels added two more runs in the forth to ensure the victory. Melissa Costa was responsible for one of those runs with a RBI. Costa and Gallagher both had two hits each. Gallagher also had a run and two RBIs. Daniels finished 2-for-4 and scored twice. Gibson added two hits as well.

We need to continue to take it one game at a time," said Handley.

Freshman pitcher Kristin Perry (5-11) tossed complete game, three-hit shutout. She walked three batters while striking out six.

"She is such a strong pitcher," said DeAnn Horswill. "She keeps us in the game."

The third game was much closer and went into extra innings. Eastern tied the game 1-1 in the seventh inning, but the Panthers scored in the bottom of the ninth to win 2-1.

Diane Gallagher hit a fly ball in the seventh

that was dropped which allowed Aimee Spathias to score and tie the game 1-1. Perry was able to retire the Panthers in the bottom of the seventh to send the game into extra innings.

With the bases loaded, Jen Saucier drew a third straight walk to score the winning run in

Perry (5-12) pitched eight and a third innings, allowing five hits and two runs. She walked five batters while striking out seven. Eastern Illinois pitcher Amber May tossed all nine innings, allowing one run on eight hits. She walked one batter while striking out 10.

Raquel Howes had three hits for the Colonels (12-27, 6-7 OVC).

"Every game counts and is very valuable," said Hussey. "In our conference one game can if you can make it to the tournament or not so every win is huge."

TRACK AND FIELD

Track team continues to shine at relays

By Stephen Hauser progress@eku.edu

Each week, different members of the track team step ahead of the pack, setting records along the way.

Sophomore Lutisha Bowen finished 27th in the 200-meter dash with a time of 24.79 seconds, but had the fastest recorded time in the

Both teams competed in the University of Tennessee Sea-Ray Relays and the University of Cumberlands Invitational.

The Colonels faced tough competition from the University of Tennessee, University of Cincinnati, University of South Florida, West Virginia and Vanderbilt University.

Even facing top tier schools, the Colonels were not intimidated, especially the lady sprinters who had strong performances in the shuttle hurdles and in individual races.

"I believe that shuttle hurdles team had a really good race," Coach Rick Erdmann said.

The shuttle hurdles relay team consisted of juniors Tashana Johnson and Jasmyn Norris, Bowen, and freshman DanHeisha Harding. Their time was 56. 84 seconds, which is 0.2 seconds off the school record. The team beat Indiana State University, University of Wisconsin-Milwaukee and Charlotte.

Kat Pagano, junior distance runner, achieved a person best time when she won the 3,000-meter run with the time of nine minutes and 59 seconds.

Jackline Barkechir, sophomore, won the 1500-meter run in four minutes and 44 seconds. Teammates, Danielle Mason, sophomore, and Maria Doerger, senior, finished in third and fifth place. Mason's finished in four minutes and 47 seconds and Doerger time was four minutes and 56 seconds.

Barkechir also competed and won the 800-meter run with the time of two minutes and 18 seconds.

Ashley Chrisholm, sophomore, finished in second place in the 5,000-meter run with the time of 19 minutes and 23 seconds.

"I was happy to finish the race, however, I feel like I could've been faster," Chrisholm said. "It's hard for me to leave my comfort zone, but I need to do it more so I can become a faster

She said that her goal for the upcoming meet, which is at home on April 16, for the Eastern Kentucky University Open, is to run a strong complete race knowing that she couldn't have ran any faster. "I love running on our track because it's a

fast track and I will enjoy running in the evening so it won't be so hot," Chrisholm said.

Shannon Hooper, freshman, won the discus event, out-throwing 22 other people. Hooper's

throw was 137 feet and seven inches. The men's sprinters and distance teams had a strong showing at the Tennessee Sea-Ray Relays and at the Cumberlands Invitational.

Chris Rengifo finished in seventh place in the 1500-meter run with a time of thre utes and 51.92 seconds at the Tennessee Relays. The following day Rengifo won the 800-meter run with the time of one minute and 55 seconds at the Cumberlands Invitational.

"One thing I would've done differently in the 1500-meter race is to not slow down between the 800-meter and 1200-meter stretch," Rengifo said. "If I picked up the pace I would've been

David Mutuse, junior, also competed and placed in both meets. Mutuse finished in 11th place in the 5,000-meter run with the time of 14 minutes and 46 seconds.

Mutuse won the 10,000-meter run with the time of 30 minutes and 53 seconds. His splits during the race were faster than his last four laps he ran in the 5,000-meter run.

"I just had thought of doing both events, but after five laps of the 10k I felt good," Mutuse said. "I thought I should stay focused since no one was aggressive to challenge, so I thought of running for better time."

Freshmen Bradley Fortuna and Daniel Jones finished in the third and fourth place in the 1500-meter run at the Cumberland Invitational. Fortuna's time was four minutes and six seconds and Jones's time was four minutes and sev-

Alex Dreyer, junior, finished in third place in the 5,000-meter run with the time of 15 minutes and 31 seconds.

Steven Nicholson, senior, won the 400-meter hurdles and the 110-meter hurdles.

Kris Hawkins, junior, won the 400-meter dash and came in seventh place in the 200-meter dash. Hawkins time in the 400-meter dash was 48.49 seconds and the 200-meter dash time was 22.56 seconds.

Chaz Gruder, freshman, finished in second place in the discus throw with a throw of 134

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MEN'S TENNIS

Team closes regular season undefeated

By Nick Johnson

nicholas_johnson33@eku.edu

With the OVC Championships set to begin this weekend, Eastern closed out the regular season with an undefeated record in conference play. The men's tennis team made final preparations for the conference tournament by clinching the OVC regular season championship with shutout victories over their last two opponents.

Last weekend the Colonels, (16-18, 7-0 OVC) blanked Lee University (Tenn.) and conference foe, Jacksonville State on the road. Eastern will now head to the OVC championships in Paducah, Ky., to play for a spot in the NCAA tournament.

"Our guys are really to-gether right now," Coach Rob Oertel said. "We are really focused on winning the OVC tournament."

Against Lee (5-6) on Friday, the Colonels came away with a 9-0 win. Lee, a NAIA school, and Eastern decided to play by NAIA rules which meant that every match counts for a point, normally the three doubles matches are played for one point. However, the rules didn't really matter as the Colonels won convincingly.

Eastern won all three doubles matches to take the lead 3-0 in the match.

The Colonels won five of the six singles matches in straight sets, with Alex Das winning the match clincher.

On Saturday, the Colonels wrapped up their second consecutive regular season OVC title with the win at Jacksonville State. (9-10, 5-2 OVC)

'To win the regular season championship was a nice accomplishment, but there was no major celebration by us." Oertel said. "Priority no. 1 for us is to win the tournament, and go to the NCAA tourna-

Eastern swept all three doubles matches to win the doubles point and go up 1-0 for the match. Niklas Schroeder (no. 2), Alex Das (no. 1) and Hugo Klientovsky won the first three singles matches to clinch the overall victory for the Colonels. Eastern won five singles matches in straight

By winning their respective matches on Saturday, Das, Philip Janz and Carles Pons all concluded OVC play with undefeated records in confer-

"It's an unlikely accomplishment to go undefeated in conference play." Oertel said.
"I'm proud of each player's output on the court, but we are really focused on winning the tournament."

The 7-0 victory over Jacksonville was the third shutout victory for the Colonels in OVC play. Eastern's undefeated conference record marks the second consecutive season that the Colonels have not lost a match in their regular season conference schedule.

Jacksonville is the last OVC team to beat the Colonels, winning in last season's championship match of the OVC tourney.

"It was a nice little subplot for our guys to get a little payback against Jacksonville," Oertel said. "It was nice to get some payback against them. They are one of the top programs in our conference.

As the regular season OVC champion, Eastern receives a first round bye in the OVC Championships. Eastern will open play in the OVC tournament on Saturday morning against the winner of the Austin Peay (7-5, 3-4 OVC) and Morehead State (10-8, 4-3 OVC) match. Austin Peay and Morehead will play on Friday at 10 a.m. The winner will then play the Colonels at 10 a.m. on Saturday in the semifinals.

"I expect a hardfought match either way," Oerel said. "With Morehead we can expect a difficult match because of our rivalry with them, and Austin Peay has as good of a coach as there is in the OVC. Both will be hungry. So we will be ready no matter who

The Colonels beat Morehead 7-0 in Richmond at the end of March. Eastern also won a 6-1 match against Austin Peay in Clarksville, Tenn., a few days later.

If Eastern wins, the championship match will be played at 10 a.m. Sunday morning.

MEN'S BASEBALL

Colonels extend winning streak to five after sweeping Austin Peay

By Keith Ritchie randall_ritchie@eku.edu

After sweeping the twogame series at Eastern Tennessee State, the Colonels came home and swept Austin Peay in a three-game set at Turkey Hughes Field this weekend.

Eastern won the first game of the series, 10-1 on Saturday. The win pushed the Colonels home-OVC record to

"We're getting timely hits," Jason Stein, the Eastern head coach said. "It wasn't happening earlier in the year.

The Colonels led the Governors, 3-1, heading into the seventh inning, when the Colonels put up seven runs on six hits.

Austin Peay's defense collapsed with three consecutive errors in the inning. The Governors committed eight errors in the game, tying a school record.

Junior right-hander Stephen Hefler recorded the win for the Colonels. He went seven innings, giving up only one run on six hits, and struck out four.

'Its gives a pitcher a lot of confidence knowing the of-fense can explode like that," Hefler said.

The performance helped Hefler receive OVC Co-Pitcher of the Week.

"The game was really a pitching duel when I exited the game," Hefler said. "It was one vs. one in the staffs, and we were only up 3-1."

Stein said that Hefler gives



Freshman Austin Grisham slides into second base on the Colonel's new infield. The team's win on Saturday pushed the home OVC record to 5-0.

the offense confidence, because they know he will keep the game within reach.

The Colonels took the second game of the Saturday doubleheader, 8-4. Eastern nursed a 3-2 lead into the bottom of the third inning, when the Colonels scored four runs.

With two runners on base and no outs, senior first baseman Anthony Ottrando drove both runners with a double into the left field cor-

With Ottrando and junior outfielder Ryan Faidley on base, the Colonels pulled off a double steal, putting runners on second and third base, with still no outs.

Sophomore outfielder Michael Garcia took advantage of the situation and drove in Ottrando with a sacrifice ground out.

Senior catcher Joey Stevens also drove in a run in the inning with a sacrifice ground out to second base.

Junior lefty Paul Duncan went 6.2 innings, giving up four runs on eight hits. He struck out eight batters. The Colonels completed

the sweep with a 15-12-comefrom-behind victory on Sun-It was all Austin Peay ear-

ly. The Governors led 7-1 until the bottom of the fourth The Colonels exploded for

seven runs on four hits. With one out, Stevens singled to left field, driving in two runs. Junior third baseman Jayson

Langfels followed suit later in the inning, driving in another two runs with a single to left field. Ottrando capped the offensive surge with a double down the left field line, good for another two RBI.

The Governors regained the lead, 12-10, heading into the bottom of the eighth in-

The Colonels tied the game at 12 apiece after sophomore designated hitter Jason Daniels blasted a two-run home run over the left field.

With runners on first and second and the game tied, Garcia hit what proved to be the game-winner, with a three-run blast over the right field fence.

The pitcher fell behind 2-1," Garcia said. "I was looking for a good pitch to drive. I got a fastball, and put a good swing on it."

Stein said he was extremely proud of his team's resiliency in the comeback. "When it was 7-1, we

could have easily packed it up and been happy to win two out of three in the series," Stein said. "I told the players that it was a real character victory."

"It feels amazing to win like that," Garcia said. "I think our team has more character than anyone else in the league."

The Colonels are on the road this w.eekend with a three-game set against Morehead State. First pitch is set for 1p.m. Saturday.



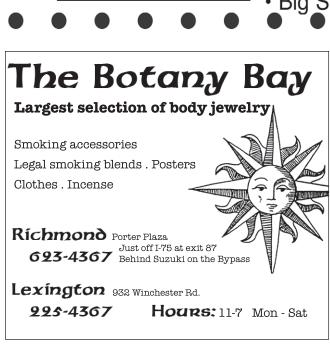
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Senior Anthony Ottrando dives for a ground ball against Austin Peay. Ottrando and Ryan Faidley later pulled off a double steal to third and second base with no outs.



Quick Hits

- -David Mutuse was named OVC track Athlete of the Week. Mutuse runs in the 5,000-meter and 10,000-meter.
- -The men's baseball team has scored 10 or more runs in nine games this season. They are 6-3 in those games.
- -After picking up two wins in two relief appearences last week,
- Stephen Hefler was named OVC Co-Pitcher of the Week. He shared the honors with Mike Hoekstra of **Eastern Illinois.**
- -The women's golf team finished sixth in the Lady Colonel Classic. **Morehead State took first place** with a score of 905. Eastern shot a three-round total of 931.





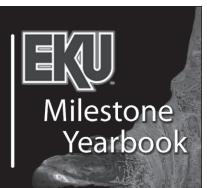




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Thursday, April 15, 2010

The Eastern Progress www.easternprogress.com

Darren Zancan, editor

You should never take life too seriously



A famous historical character once said, "You shouldn't take life too serious or you'll never get out of life." Well Van Wilder isn't necessarily a famous historical icon or legendary in any way, I just really enjoy the quote and you read it. So I win.

But, in essence, I agree with what he says. Van Wilder is sitting in a penalty box drinking a soy latte with Gwen, talking about school and life, when he says that line.

We often find ourselves taking life too seriously, when in reality, we could be enjoying the opportunities passed our way.

Life should be about having fun. Athletes play sports because they enjoy them and typically have fun doing them. Many athletes will go on to get a degree and work in some field that may bore them to tears. Others may continue to play a sport professionally. Either way, college and sports should be the times of our lives. We should enjoy it. We should be

Especially me, since I am on the 10-year college plan. No not a doctor plan, I just wanted to exercise my options a little bit and not over-work myself. I figured 10 years would be sufficient for a degree.

So I thought about what could make life more interesting here at Eastern and decided to pitch a few new sports to the program. They could make life here at Eastern a little more interesting and fun.

Why not miniature golf? We have a home course over at Lake Reba. If someone gets mad, they just toss their club aside and walk out in anger. Drop a putt in the moat and a player dives in for the ball, saving a stroke. Crowd goes wild. End of story. Nike could sponsor our uniforms and drop Tiger. We could field a team of 8; have five varsity players and maybe three alternates.

You think I am kidding? I love mini golf. So why not build it? The fans could follow each hole and the obstacles would be outstanding. To win, it comes down to the 18th hole. He or she putts it past the alligator head, into the clown mouth and it spits into the hole for a hole-in-one.

Go-kart racing could be another sport.

Dodgeball. That would be incredible. Teams train for eight weeks. Then a preseason schedule of five games takes place. The regular season is 12 games long with a best-of-three championship between after a tournament of 16.

Eastern can exact revenge on Kentucky.

Ihink about it, Western versus Eastern in the battle of teams that end in "ern."

I heard we used to have a bowling alley on campus. Bring back bowling, only this time teams copetitors would have to bowl with the hand they do not use. If you're right handed, throw left.

Apparently a couple is opening a racetrack in Richmond. Eastern could start a racing team.

Of course none of this will happen and I am only dreaming. I am satisfied with the programs we have, but can't a guy dream?

The point is, we only live once and we should have fun along the way. Sports are supposed to take us away from the pain and the stress of the world. Athletes give us that chance to ride their coat tails and smile for a few hours.

Especially when you have pretty successful programs, like we do, it makes enjoying it, and not taking life too seriously, a whole lot more fun.

Things I was thinking about in the sports (and not-so-sports) world.

-Mike Leake became the 21st player in Major League Baseball to skip the minors and play his first game as a major leaguer. Well he plays for the Reds, so I guess he is a minor leaguer. Okay seriously though, the kid has a pretty solid arm and could make a lasting impression if Dusty Baker uses him right.

-Warehouse workers and drivers at a Danish brewery in Copenhagen stopped working for a second day because management decided that beer drinking could only take place at lunchtime. They let drivers drink, on the clock, and then deliver the

-Congrats go out to the men's tennis teams. After winning nine straight matches, the Colonels head into OVC tourney play undefeated in their confer-



has not been getting use to collegiate softball,

ally hard because I am missing getting to see

from the beautiful everyday weather of Ha-

waii to Kentucky.

"During the winter times it gets pretty rough," Horswill said. "Even though I have

been here for almost three years I can nev-

er get used to the cold. It reminds me of the

derstand how difficult it must be for these

to all of our players," said Coach Worthing-

ton. "All I needed to do was to keep an eye on

them. They have developed close friends on

the team and having each other helps with

portunity to play for and attend EKU," Wor-

"I believe they truly appreciate the op-

The girls know the importance of the de-

Coach Worthington and other girls un-

EKU and Richmond are very welcoming

beaches and warm weather back home."

girls being so far away from home.

"I have a huge family with five brothers and sisters and 15 nieces and nephews," Horswill said. "Being away from them is re-

Another transition is the weather. Going

but being this far away from home.

them grow up."

being so far away.

thington said.

Softball trio appreciates individual opportunities at Eastern

By Langdon Barnes langdon_barnes20@eku.edu

The distance between the island of Hawaii and Kentucky is approximately 4,400 miles. That's how far away Noelani Esperas, DeAnn Horswill, and Shyenne Hussey are from their home. These girls decided to move across the country to play softball for "The" Eastern

Kentucky University. Noelani Esperas is a junior pitcher from Kane'ohe, Hawai'i. She was first team all-state as a senior at Kamehameha Schools/Kapalama Campus. Esperas went to Eastern Arizona College as a freshman and sophomore. She posted a 21-5 record with a 2.20 ERA as a freshman. Esperas improved as a sophomore by going 27-6 with a 2.40 ERA. She was a first team All-American before she became a Colonel. Esperas has struck out 24 batters on the season.

Horswill is a junior first baseman from Kailua, Hawai'i. In 2005, she won the Outstanding Athlete of the Year award. Horswill only played in four games as a freshman but started to contribute during her sophomore campaign. She played in 24 games and started eight times. Horswill posted a .176 batting average with three RBIs. On the season she has started 30 games and posted a .203 batting average, 15 hits and eight RBIs.

Hussey is a senior third baseman from Waimanalo, Hawai'i. Her high school accolades included: 2005 all-state second team, all-league first team, and named the 2006 allstate and all-league first team first baseman. She has been named to three all-OVC teams at Eastern. Hussey has a .333 batting average

on the season. "I love playing the Colonel ball style every game," Hussey said. "I enjoy every minute of softball here."

The recruitment for the girls all started with Hussey. She was the first player from Hawai'i that Head Coach Jane Worthington had seen and made the effort in recruiting

"We'd seen Shyenne in a tournament in olorado," Worthington said. "I watched her hit maybe a total of 10 times. During those 10 at bats she had seven hits; three of those were home runs. We definitely needed that bat in out line up."

The recruiting process for DeAnn and Noelani was much easier for Coach Worthington because of Hussey.

Shyenne recommended me to Coach several weeks before my freshman year," said Horswill. "I have known Shyenne basically my whole life and followed her. Our families are really big into softball and our sisters both younger and older played against each other throughout the years."

The link between DeAnn and Noelani was not as close as Shyenne.

"I did not meet Noelani until she came here," Horswill said. "But it feels as if I have known her for a long time"

One of the hardest parts of the transition

cision they've made to attend Eastern. "Here at Eastern I hope to get my bachelor's degree in recreation and park administration with a concentration in therapeutic recreation," said Horswill. "But most of all I would also like to help my team win an OVC championship ring."

INSIDE



Track members continue to set new school and OVC records. B4



Men's tennis prepare for conference tournament with two shutout victorties. B5



Baseball put up seven runs on six hits in seventh inning against Austin Peay. B5

Eolone Corner Q&A with Jason Stein



Eastern baseball Head Coach Jason Stein discusses his most memorable playing

days and and a career in sales.

Q: What was your favorite MLB team?

A: Cincinnati Reds. When I moved away, I lost it. Since I've been back here in Richmond, though, it's starting to come back for

Q: Who is the best player you ever played

A: Todd Helton, without a doubt. He was playing for Tennessee, when I was playing here at Eastern. Not only was he so talented, he had a huge will to win. He really put everything out there. I think he went like 4-for-4 against us.

Q: Best Player you played with on the same

A: Brandon Berger. He played with me here at Eastern. He went on to play for the Royals for a few years in the big leagues.

Q: What was the most memorable moment in your playing days?

A: It would have to be my first collegiate hit. I'll never forget it. It went right between first and second base. My teammates actually saved the ball for me. That meant a

lot. I still have the ball at home.

Q: As a coach?

A: Probably winning the regular season championship against Southeast Missouri in 2000. I was an assistant coach under Jim Ward.

Q: If you weren't a coach, or in baseball,

what would you being doing? A: I'd be in sales. I'm not sure what I would sell (laughs), but it would be sales of some sort. I always figured that's what I would do. That's basically what I do now. I sell

my philosophies, and I sell the image of the university. I enjoy talking with people.