



# Tuition to increase 5 percent for undergraduates

By **Lindsay Huffman**  
 lindsay\_huffman9@eku.edu

Eastern's tuition for in-state undergraduates will increase by 5 percent next year based on the maximum amount decided by the Council on Postsecondary Education on Friday.

The CPE voted unanimously to set the tuition ceiling rates at 4 percent for the Kentucky Community and Technical College System, 5 percent for the six comprehensive universities in the state, including Eastern, and 6 percent for Kentucky's research schools - the University of Kentucky and the University of Louisville. Colleges are not required to increase tuition by

these maximum rates, but Eastern's Board of Regents voted last week to do just that.

A 5 percent increase to the 2009-2010 tuition of \$3,156 for in-state full-time undergraduates per semester would equal roughly \$3,312, said Shelley Park, the director of Student Financial Assistance. This would equal about \$6,624 for the entire year.

Sue Patrick, the director of communication for the CPE, said the Council made the decision for ceiling tuition rates after two hours of discussion with the campus presidents in attendance.

Patrick said other campus leaders contributed to the final decision, too, some of which

include executive and legislative branch leaders and student government leaders.

"In light of the current economic realities, I think there is widespread agreement that the tuition ceilings are reasonable, defensible, and will maintain affordability for students," Patrick said.

According to a news release from the CPE, the ceiling rates would help offset the \$96 million gap that has resulted from proposed state cuts and increase in estimated expenses on campuses across the state.

"These tuition caps balance the needs and interests of students with those of our campuses to maintain operations," said Council Presi-

dent Bob King in the news release.

Park also said she thought the university did what it needed to do in order to pay Eastern's expenses.

"I believe this percentage is what the institution had to do to meet the costs to continue offer instruction and services to students," she said. "These challenging economic times are impacting everyone and the university has not been spared."

Park said she thought students expected some type of increase and have begun preparing for it.

"I believe it will continue to be a challenge

See **TUITION**, A4

## Panel offers insight on sexual orientations

By **Stephanie Smith**  
 progress@eku.edu

Human sexuality can be a taboo subject, but that certainly wasn't the case Thursday evening in Kennamer Room in the Powell building. A sexuality awareness panel, composed of 13 people who represented every part of the sexuality spectrum, took turns sharing their own personal stories as a way to inform others who might have questions.

The panel members addressed everything from what their personal sexuality is to how their sexuality has affected their lives and those around them.

Laura Jasper, who described herself as asexual, said she has no desire to have sex and feels no real sexual attraction to anyone, regardless of gender.

When one audience member asked her if she ever felt aroused by anything, she replied, "Some Michael Jackson videos."

The panel came to Eastern as part of a student activism project through Women and Gender Studies professor Marta Miranda's "Intro to Women and Gender Studies" class. Students sought to bring together people of a wide variety of sexual orientations—everything from straight men and women to those whose sexual preferences are in flux.

Two panelists said they are transsexuals, which is defined as a person whose gender identity is different from his or her anatomical gender. Jack Cofer said that he was currently undergoing testosterone therapy several times a week because although he was born a woman, he's always felt like a man.

Jaden Kilmon, who also identifies as a transsexual, related a similar story. Jaden was born Jordan Kilmon but said she felt her whole life like she was in the wrong body. She now chooses to live every day as a woman and hopes to get an operation to complete her transformation to a female body in the future when she can afford it, she said.

The audience inquired, how does this affect her sexual

See **PANEL**, A4

## SUSTAINABILITY From the Field to your Plate

How Eastern measures up to other universities in the local food movement

By **Laura Butler and Lindsay Huffman**  
 progress@eku.edu

Most students don't grow their own food unless it's on Farmville, and so most don't think about where the food they're eating comes from. When deciding about an on-campus meal, students debate about whether they might want to eat pizza, a burger or maybe a salad. But where was this food grown, and how did it come to be in Powell?

Universities across the nation, including Eastern, have been pushing for "greener," more sustainable practices when it comes to their dining services, and producing and using locally grown foods plays a large role in these efforts.

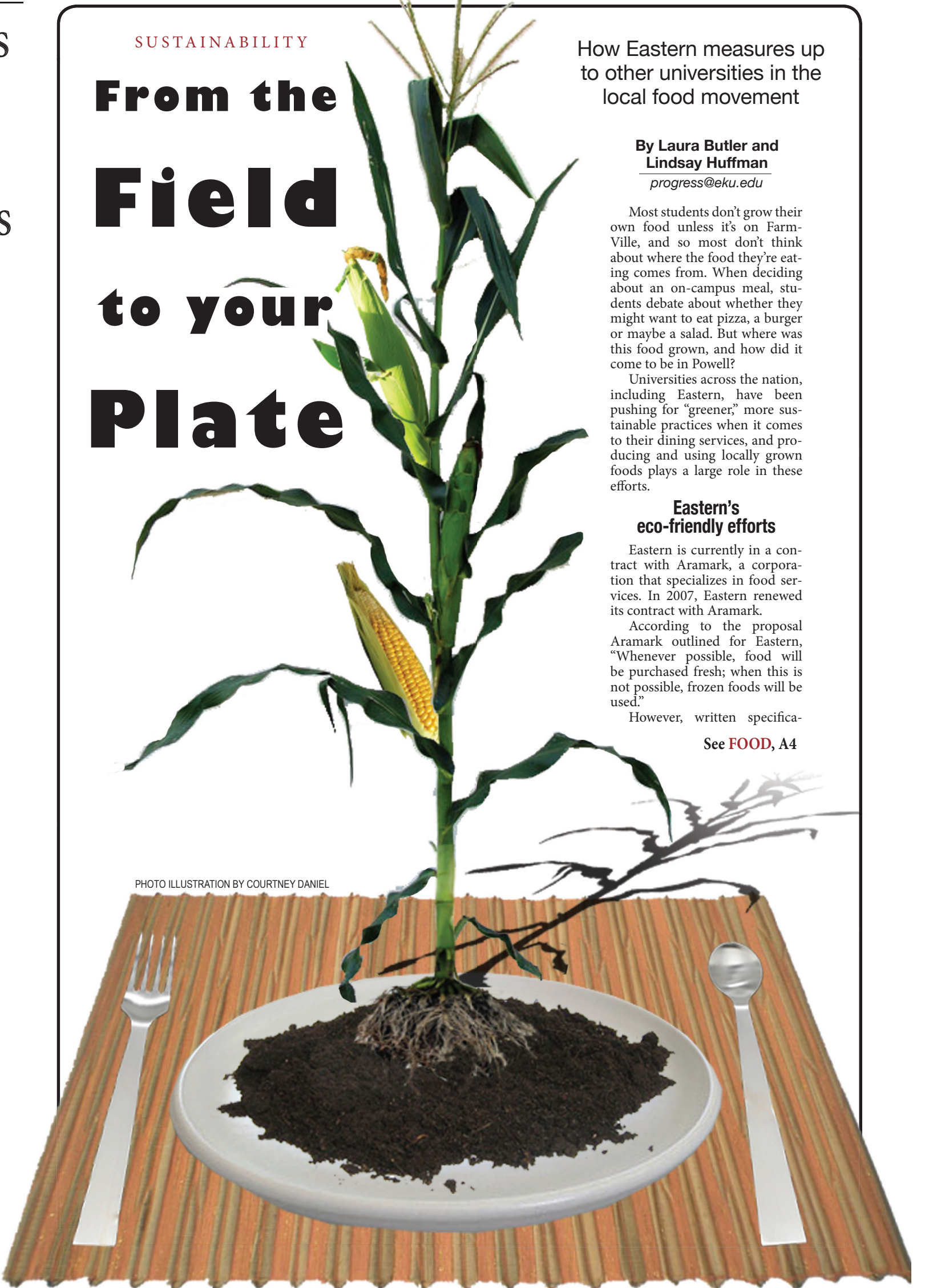
### Eastern's eco-friendly efforts

Eastern is currently in a contract with Aramark, a corporation that specializes in food services. In 2007, Eastern renewed its contract with Aramark.

According to the proposal Aramark outlined for Eastern, "Whenever possible, food will be purchased fresh; when this is not possible, frozen foods will be used."

However, written specifica-

See **FOOD**, A4



# Former pastor explains his abandonment of faith

By **Stephanie Smith**  
 progress@eku.edu

Dan Barker said he was a man of God. He became an evangelist at just 15 and then spent the next 19 years as a traveling preacher, sharing what he thought was the word of God. Barker said he believed wholeheartedly that he was meant to save people from the fiery pits of Hell.

Then, in 1984, Barker made an abrupt



Barker

turn: He publicly announced his atheism.

Barker was brought to Eastern by the Secular Coalition of EKU as a guest speaker Thursday in the Crabbe Library, where he talked about his change of heart and other life experiences.

Before beginning his talk, Barker asked what the Secular Coalition's purpose was.

"Eradicating the religion disease," replied the president of the group.

Barker then shared with the audience news that he said was a victory: the recent court decision that ruled the National Day of Prayer as unconstitutional, a ruling in favor of the Freedom From Religion foundation in which he participates.

"I was that person that you didn't want to sit next to on a bus," Barker said of his days as a born-again Christian, adding that he hoped to "save" anyone he met before the resurrection

that he was sure was coming soon.

"I always thought I was so lucky to be born in the right family, the right country, at the right time," Barker said. "Every generation of Christians thought they were living in the end times."

Barker said during his time as a preacher, he decided to do something called "living by faith" in which he decided to travel around the country without income or health insurance.

"You just totally trust life to God," Barker

See **PASTOR**, A4

## Police Beat

All information in the Police Beat is taken from Eastern police reports.

### April 20

■ A female student reported to police that she had been threatened and received harassing communications from her ex-boyfriend. The student said her ex-boyfriend had initially threatened to harm her and her vehicle, but later said he would have female friends to harm her. She said he told her the females "will probably kill you." The student said she would file charges against the male.

### April 21

■ A female student reported that her personal items were stolen after she left her classroom, returned and could not find the items. The stolen articles included her car key and keyless entry, debit card, insurance card, driver's license, temporary student ID card, \$15 in cash and residence hall room keys. The total value of the items was estimated at \$165.

■ Police responded to the outdoor basketball courts on Lancaster Avenue after a male student reported his wallet had been stolen. The male said he laid the wallet at the base of the basketball pole and when he stopped playing ball, the wallet was gone. He said he saw people at the court, but did not know who would have taken it. The wallet contained a Colonel 1 Card and \$5 cash. The total stolen value was \$35.

### April 22

■ William Cataldo, of Richmond, was arrested and charged with alcohol intoxication in a public place after someone filed a complaint about him to police. Upon contact, police observed Cataldo had slurred speech, displayed ataxia (inability to coordinate the movements of muscles) and had the odor of alcohol on or about his person. Cataldo failed a sobriety test and was lodged in the Madison County Detention Center.

### April 23

■ Andrew Bach, of Winchester, was arrested and charged with alcohol intoxication in a public place and illegal use of a license. Police reported to Park Drive at Dupree Hall about a screaming individual. Upon arriv-

al, police could detect the odor of alcohol on or about Bach's person. Later, police discovered Bach was in the possession of another student's driver's license. Bach said he had used the license to get into bars. Bach was lodged in the Madison County Detention Center.

## Inspections

All information in Inspections is obtained from the Madison County Health Department.

### Week of April 23

**Regular inspections with no follow-up due:**

Opal's, 203 S. Third St., 97%  
Waffle House, 104 N. Keeneland Drive, 95%

**Follow-up inspections with no follow-up due:**

Friendly Mart/Arby's, 2121 Lexington Rd., 95%

## News Briefs

### Library extends hours, offers free food

The Crabbe Library will have extended hours beginning Sunday, April 25. It will be open:

Thursday, April 29: 7 a.m. - 2 a.m.  
Friday, April 30: 7 a.m. - 10 p.m.  
Saturday, May 1: 10 a.m. - 10 p.m.  
Sunday, May 2: 10 a.m. - 2 a.m.  
Monday, May 3 - Thursday, May 6: 7 a.m. - 2 a.m.  
Friday, May 7: 7 a.m. - 6 p.m.

EKU Libraries will also offer Brain Food for Finals to students beginning at 8 p.m. nightly Monday, April 3 through Thursday, May 6 at Crabbe Library. Free granola bars, candy and other food will be provided. Spaces for individual and group studies will be available. Contact Krista Zabawa Rhodus at extension 2-1072 for additional information.

### Bouldering competition to take place Friday

Adventure Programs will host Eastern's first bouldering competition from 4 to 8 p.m. Friday, April 30 at the climbing wall located in The Fitness and Wellness Center. The cost is \$5 and all proceeds will go to the Red River Gorge Climbing Coalition.

Snacks and prizes will be given out at the competition. For more information, contact Mike Conley at 606-367-1347.

### 24-hour study space available during finals

ITDS and ECU Libraries will provide a safe place for students to study during the overnight hours of dead week and finals week. The Crabbe Library Computer Lab, Java City Café and Atrium will be open 24 hours and a security guard will be on duty on the following dates: Thursday, April 29 and Sunday, May 2 through Thursday, May 6. Technology and library support will not be available from 2 to 7 a.m. on these nights.

### Chi Alpha to sponsor free concert

Chi Alpha will be hosting a concert by the Brandon McSwain Band at 7 p.m. on Thursday, April 29 in the Ravine. The concert is free and free food will be provided. Band merchandise will be available for purchase. To learn more about the band, visit their Web site at [www.brandonmcsweinband.com](http://www.brandonmcsweinband.com). For more information about the concert, contact [abby\\_lightle@eku.edu](mailto:abby_lightle@eku.edu).

### Starbucks to host sidewalk sale

Starbucks will host the Massive Sidewalk Sale from 11 a.m. to 4 p.m. Friday, April 30 on the sidewalk next to the Starbucks located on campus. Students may use leftover Flex dollars to purchase any items, but gift cards will not be accepted. Items for sale include instant coffee, tumblers, mugs, coffee scoops, cookies, 1 (pound) coffee bags, syrups, mocha powder, CDs (while supplies last) and more. For more information about the sale, contact Pamela Mitchell at 622-1302.

### Food Court extends hours

The Fountain Food Court will have extended hours during dead week and finals week. On Mondays through Thursdays, Grille Works, Chick-fil-A, Quiznos and Zoca will be open until 2 a.m. On Sunday, May 2, Quiznos and Zoca will be open until 2 a.m. From 10 p.m. to 2 a.m. nightly, students can buy any size fountain drink for \$1. Call Bryson Alford at 622-1302 for more information.



## Happenings

### FRIDAY

**Regular classes end**

**1:25 p.m.**  
Music: Student Recital, Foster 100

**8 p.m.**  
Music: Orchestra Concerto Concert, Gifford Theatre

### SATURDAY

**1 p.m.**  
Baseball vs. Tennessee Tech

**2 p.m.**  
Softball at Tennessee Tech, Cookeville, Tenn.

### SUNDAY

**1 p.m.**  
Baseball vs. Tennessee Tech

**2 p.m.**  
Softball at Tennessee Tech, Cookeville, Tenn.

**3 p.m.**  
Music: Guitar Studio Recital, SSB

**6 p.m.**  
Music: Shun-Ju Chang Flute Graduate Recital, Brock Auditorium

### MONDAY

Final examinations week begins

**9 a.m. - 6 p.m.**  
Danville: Travel to International Festival

### THURSDAY

**12 - 2 p.m.**  
Cooking with the Chef, Fresh Food Company

### SATURDAY, MAY 8

Final examinations week ends

Spring semester ends

## Weather

### THURSDAY

Partly Cloudy  
High: 76 Low: 56  
Precip: 10%

### FRIDAY

Partly Cloudy  
High: 83 Low: 64  
Precip: 10%

### SATURDAY

T-showers  
High: 79 Low: 62  
Precip: 40%

### SUNDAY

Scattered T-storms  
High: 82 Low: 61  
Precip: 40%

### MONDAY

Showers  
High: 76 Low: 58  
Precip: 40%

### TUESDAY

Partly Cloudy  
High: 73 Low: 59  
Precip: 0%

### WEDNESDAY

Sunny  
High: 72 Low: 58  
Precip: 0%

Source: Weather.com

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<p><b>A NIGHTMARE ON ELM STREET REMAKE [R]</b> 12:30 1:40 2:50 4:00 5:15 6:20 7:35 8:40 9:55</p> <p><b>KICK-ASS [R]</b> 1:05 4:00 7:00 9:50</p> <p><b>FURRY VENGEANCE [PG]</b> 12:20 2:45 5:10 7:40</p> <p><b>THE LOSERS [PG-13]</b> 12:10 2:35 4:55 7:25 9:45</p> <p><b>DATE NIGHT [PG-13]</b> 12:15 2:30 4:55 7:20 9:45</p> <p><b>CLASH OF THE TITANS [PG-13]</b> 12:05 2:40 5:10 7:40 10:10</p>	<p><b>THE BACK-UP PLAN [PG-13]</b> 12:05 2:35 5:05 7:40 10:10</p> <p><b>THE BOUNTY HUNTER [PG-13]</b> 7:30 10:00</p> <p><b>HOW TO TRAIN YOUR DRAGON - 2D [PG]</b> 12:15 2:40 5:10</p> <p><b>HOW TO TRAIN YOUR DRAGON - 3D [PG]</b> 11:50 2:20 4:50 7:20 9:50</p> <p><b>DEATH AT A FUNERAL [R]</b> 12:25 2:45 5:00 7:25 10:00</p> <p><b>THE LAST SONG [PG]</b> 12:00 2:30 5:05 7:35 10:05</p>
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## TUITION: Students say they will struggle

Continued from Page A1

to students to find enough funding to pay for their education," she said. "Many students have commented to our staff they will have to work many more hours to try to pay for their education this fall."

Eastern Student Government Association President Afsi Siahkooi participated in the vote by Eastern's Board of Regents to increase tuition by the maximum amount allowed. She said she was not pleased with the original leg-

islation of the board because the tuition rates were unknown at the time, but since the CPE decided on a 5 percent increase, she thinks Eastern made the best decision it could.

"I believe that the 5 percent [increase] is the best option given the economic situation," Siahkooi said. "Although Eastern is growing substantially, this should be able to help offset most of the costs."

Like Park, Siahkooi said she hopes students will be able

to handle the increase well.

"I hope that students are not upset with the increase, because an increase is being applied to all comprehensive institutions in the state," she said. "Hopefully, students will be able to manage the change."

The CPE's next meeting will take place May 20 and 21 at the University of Louisville, where individual boards will bring their recommendations for tuition increases to the Council for approval.

## PANEL: 'Don't feel pressured to label yourself'

Continued from Page A1

preference?

"I'm pansexual," Kilmom said. "I'm open to all. You could say I'm gender blind."

Basil Kreimendahl agreed. "Sexuality is very fluid," she said, adding that she identifies as "queer" because, while she has no desire to be with a man anytime soon, she said she doesn't know if that will ever change. "Don't feel pressured to label yourself," she said.

Zac Caldwell, a bisexual man, said that it made no sense to him at a very young

age as to why the relationship institution had to be a boy and a girl and that he had a very difficult time being accepted because bisexuality is seen mainly as a "girl" thing.

"It's not something I choose," Caldwell said. "I've been bi all my life."

Nick Wade said he's known he's gay his whole life, but especially after being particularly attracted to the character Atreyu from the movie "The Neverending Story." Wade said he had an incredibly difficult time telling his parents.

"They sent me to Christian

reform school the first time I told them, and a Christian family counselor the second," Wade said.

All of the panelists said in some form or another, their lives had been largely affected by their sexuality. Many had horror stories of beatings and teasing, while others related problems within their faith or family.

"My family didn't really have a religion until I came out," Cofer said, "then they were all born-again Christians."

## PASTOR: 'Jesus kept on . . . not coming'

Continued from Page A1

said. "But, looking back, it was really just kind of irresponsible."

Still, Barker did this cross-country evangelism for eight years, believing that the world was going to end and that it was his responsibility to spread the word of God to everyone he met.

"But," Barker said, "Jesus kept on . . . not coming."

Barker said that his change from evangelist to atheist wasn't one that happened overnight, but instead was marked by a gradual, internal struggle.

"I never thought I would end up an atheist," he said.

Then, Barker said, he felt an "incredible hunger to learn something," and began looking into books that were more secular-based, including books on evolution.

Barker said he was shocked when these books made sense to him. His school, which he called a "glorified Sunday school," had rejected these ideals outright.

It was then that Barker knew he couldn't deny to himself any longer that he had lost his faith completely. But he still went through the motions of his old life for years after, continuing to preach things that he didn't believe in.

"I hated myself," he said. Determined to finally come

clean, Barker said he sent out a letter to everyone he knew, explaining his reasons for his change in thought.

While his conversion was met by much criticism, Barker said, there were also those who said they understood his choice. His own mother, for instance, soon likewise identified herself as an atheist, Barker said.

Since that day, Barker has written two books about his experiences, "Godless" and "Losing Faith in Faith." And he still travels the country, only now he talks about his own experiences questioning his faith rather than trying to convert others.

## FOOD: Sustains environment and economy

Continued from Page A1

tions about purchasing local foods don't go much beyond those statements. In the actual Food Services Management Agreement, there is no clause that specifies a certain percentage of food should be purchased locally.

Even though Eastern's food contract doesn't stipulate that Aramark has to buy a certain amount of local food each year, Eastern does purchase several products locally, said Charlie Brubeck, the director of operations at ECU Dining.

He said some of the local products Eastern purchases include cornmeal from Weisenberger Mills Inc. in Midway and bread from Klosterman Baking, which operates in Cincinnati and Louisville.

When products are in season, Brubeck said Eastern tries to buy fruits and vegetables from the Louisville market, and other seasonal foods from food distributors such as Sysco in Louisville and Piazza Produce in Indianapolis. He also said most of Eastern's zucchini and squash are purchased locally.

"We try to get stuff fresh when it's available," Brubeck said. "We can't guarantee that it's always a Kentucky product, but lots of times it is."

Also, Eastern's Department of Agriculture owns its own farm near Waco, called Meadowbrook Farm, which the agriculture students use as a learning tool.

One of the staff members, Scott Engel, said the nearly 450 gallons of milk produced by Eastern's cows each day is sent to the Flav-O-Rich plant in London, Ky.

Brubeck said Eastern buys all of its milk from this Flav-O-Rich plant.

"All milk and bread is purchased locally, daily," he said. "We go through a lot of bread and a lot of milk."

"I think Eastern is going in the right direction," Brubeck said. "It's going to take time, but we're going in the right direction."

### A growing trend

Other schools have made a few more strides toward making sustainable, local purchasing their primary priorities. Emory College, located near Atlanta, is nationally recognized as the leader in this practice. Directors in food services at Emory recently announced goals to push the local food movement even further, with the most prominent aspiration being to increase the amount of local food used in their dining locations to 75 percent by 2015.

Sustainable Food Service Education Coordinator Julie Shaffer said the campus has eagerly adapted to participating in as many eco-friendly initiatives as possible since 2002, largely due to student demand.

"The students are all over it," Shaffer said. "We have vegan options in the hall every day and they ask for the vegan and vegetarian options. We have a chef who does a great job with the vegan menus and the students love them, even those who aren't vegans."

Due to price restrictions, Shaffer said the amount of locally raised meats is smaller than they would like, but students can eat burgers every Wednesday made from grass-fed beef from a Georgia ranch. Since the university hasn't been able to provide much



LAURA BUTLER | PROGRESS

Learn more about local farmers' markets in Berea (pictured above) and Richmond, by visiting [www.easternprogress.com](http://www.easternprogress.com).

additional funding to offset the increased price associated with purchasing local, less processed foods, Shaffer said they've had to be more creative with the budget they use to prepare 48,000 meals each day for the campus and surrounding hospitals - namely by reducing portion sizes with meats and increasing the use of grains, legumes and vegetables.

While Emory sits in the forefront of sustainable food practices, other local universities are trying to implement some of the same ideas.

Mac Stone, who works with the Kentucky Department of Agriculture, said the University of Kentucky is "way out in front" in sustainability.

He said UK buys whole animals from a farm in western Kentucky and buys apples from a local farmer. Stone said these little accomplishments with food distribution companies are crucial to the green movement.

"You have to brag on the little successes," he said. "If they give you an inch, you have to act like they gave you a mile."

Stone said Berea College is also beefing up its eco-friendly initiatives, and has used student power to grow critical conversations about going green.

Cait McClanahan, Berea College's dining services sustainability coordinator, began working at Berea three years ago and said Berea now buys about 7 percent of its food from local vendors (within 100 miles), compared with 0 percent three years ago.

"It takes time to work out. We have a good groove now," she said. "Partnerships can be pretty easily worked out."

McClanahan said Berea now gets everything from meat, to eggs, to fruits, to salad greens during the winter months from the college farm and local vendors.

"The students work on the farm and in dining services," she said. "We're supporting our own labor program."

However, there are still challenges for Berea College to overcome, McClanahan said. One challenge is the fact that Berea serves about 9,200 meals a week.

"The challenge is getting food here quickly and in huge quantities," she said.

### What happens next?

Berea's challenge seems to be a common concern across the board. Brubeck said Eastern serves 17,000 meals every week. With this many meals to hand out, some food has to be brought in from outside sources.

But this brings about another set of issues—namely paying for the gas it takes to get the food here.

Shaffer said it's not sustainable to use fossil fuels to transport food across the nation.

"The average food items travel 1,500 miles from the field to your plate," she said. "That's a big carbon footprint."

Decreasing the distance food travels requires consumers to readjust to eating seasonally, Shaffer said.

"With the globalization of food in the 1980s, it was suddenly possible to get anything we wanted any time of the year," she said. "Now we realize because of global warming and environmental factors it was not a very good thing to do. We've poisoned our air, water and soil... really a negative impact. It was exciting to get what we wanted and we became kind of spoiled."

But Shaffer said she is hopeful for the future.

"Ten years from now, we'll land somewhere in the middle with a more localized food system," she said. "We know we can't go on transporting foods great distances."

Stone said sustainability at universities is something that "takes a strong union of students."

Elaine Hope, a junior environmental health science major from Fort Mitchell said she tries to do her part to be active in making healthy, organic food choices.

"I consider myself health conscious," Hope said. "I see both sides of the issue. There's the money issue - we can't even keep the library open on weekends... and if we can't do that we shouldn't spend money on organic foods."

"Organic would definitely be cool, but if it's going to increase the cost of tuition then... no."

Brubeck said the best way for Eastern to become more involved with sustainable food practices is for students to learn more about the movement.

"I feel like a lot of students out there now don't know, they're not as familiar as students who are heavily involved [with the green movement]," he said. "There's a pack of students who are involved in recycling issues, but some students aren't."

But Brubeck said students can visit the Aramark website and learn more about sustainable practices if they are interested.

"Everybody's learning more and more every day," Brubeck said. "There's always something new about green products."



## Athletics Interests Survey

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# PERSPECTIVES

## Budget woes burden Kentucky, Eastern

### Kentucky legislators fail to approve a budget, failing to do their jobs in the process.

For students at Eastern, the end of another academic year is days away.

Graduating seniors and undergrads alike are looking to the future, some with more fear and apprehension than others. Seniors are worried about the perilous job market ahead; undergrads are worried about the inevitable rise in tuition for next semester.

Last week, Eastern's Board of Regents voted to raise tuition at the university by the maximum allowed by the Council for Postsecondary Education.

That sure sounds bad, and thanks to the CPE's decision on Friday, students now know it's a 5 percent tuition hike.

Everything else about Kentucky's state budget (including how much funding Eastern will get from the state) has yet to be determined.

It's been more than a week since Kentucky's lawmakers ended their regularly scheduled 60-day session without approving a state budget for the next two years. Kentucky is facing a billion-dollar budget deficit, and where to "trim the fat" is keeping lawmakers from agreeing on how to stop the bleeding.

Governor Steve Beshear has indicated that higher education is a priority for Kentucky, and there are good arguments to believe this should be so. Despite this, however, immunity for higher education is not an option this time around.

Eastern President Doug Whitlock said in a phone interview Tuesday he expects the legislature to cut funding to higher education by about 1.5 percent in the new budget. Whitlock said that's what both the state Senate and House of Representatives have proposed, and will translate into that 5 percent increase in undergraduate tuition for the forthcoming academic year.

That figure is typical of public universities in Kentucky. The *Lexington*

*Herald-Leader* reported Tuesday that UK's board of trustees approved a 6 percent tuition hike for 2010-11. They also reported that even with this increase, figures indicate UK will face a deficit of more than \$7.6 million for operations.

The same figures show Eastern facing a \$3.8 million deficit even with that projected 5 percent increase (the same increase that occurred in tuition last April).

The moral here is that even a substantial, "maximum" tuition hike won't stop universities from taking a hit from state budget cuts—if state lawmakers can ever agree on cuts, that is.

The consensus from legislative reporters and Whitlock is that a special session will likely be called about a week before the state primaries, which begin May 18. The urgency isn't to give universities the certainty they need to keep their students informed (although it *should* be)—it's because the state needs to refinance some of its debt before June 1 or it'll cost us. And by "some debt," we're talking nearly \$180 million dollars of losses if a budget isn't passed.

Worse for state universities is that they (along with some other government-funded services) could face partial shutdown if a budget isn't passed before the new fiscal year begins July 1. Agencies simply can't operate without knowing what their budgets are, and state universities are no different.

Whitlock was adamant that this doomsday scenario is highly unlikely, but the pressure cooker had better be heating up on legislators nonetheless.

Partially shutting down state government and public universities because compromise is elusive is simply *not* an option. Knowing this, legislators should not have to depend on a "special session" (one that costs taxpayers \$64,000 a day!) to be called to sort things out.

The *Herald-Leader* is reporting that Beshear expects the special session to last five days, and some quick math indicates that means \$320,000 of

taxpayer money spent because legislators couldn't do their jobs in the time allotted to them. That's an unequivocal failure on the part of our state leaders, and the necessity of a "special session" should be a shameful admission of defeat.

Extensions on papers are hard to come by at Eastern because what professors expect from students is well understood—fail to meet those expectations, and you're more likely to fail the class than you are to get that extension.

It's no different with taxpayers and state legislators. State legislators are fail-

ing to accomplish what is expected of them, but unfortunately, we have to give them that extension or watch our government implode without a budget.

The real question is, "Do they deserve that extension?" Residents of Kentucky have the luxury of voting this May to say either "yes" or "no."

Unfortunately for them, the one issue they can't base their votes on is what legislators really decide is important.

While we vote with ballots, legislators vote with money. Without an approved budget, who knows what's actually important to them.



The *Eastern Progress* would like to say thank you to all students, faculty and staff of Eastern who helped make this semester a success. Good luck on finals and have an enjoyable and safe summer break!

### > Last Week's Poll

Which would you rather have: final papers, final projects or final exams?

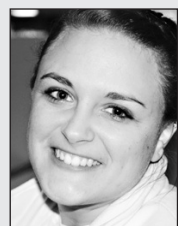


- Final papers
- Final projects
- Final exams

The *Eastern Progress* online poll is not scientific and reflects the opinions of only those online readers who choose to participate.

### > Campus comments:

What are you most looking forward to this summer?



"Spending time in our lakehouse and going to Aruba."

**Courtney Young**  
A freshman communication disorders major from Sidney, Ohio.



"I'm working in a mental hospital, so I'm excited about that."

**Samantha Riffle**  
A sophomore special education major from Cincinnati.



"Sleep."

**Becca Houser**  
A freshman fashion design major from Cincinnati.



"A Lady GaGa concert in July."

**Haley Phelps**  
A freshman pre-med biology major from London, Ky.



"Rest and relaxation."

**Jonathan Payne**  
A sophomore criminal justice major from Cincinnati.



"Being home and spending time with my family. Other than that I'll be working."

**Jo Beth Taylor**  
A freshman aviation major from Union.

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Letters to the editor should be no longer than 500 words and should include your name, association with Eastern and a contact phone number or e-mail for verification purposes, not for publication.

Letters to the editor may be edited for length prior to publication. Letters must be submitted by Tuesday at 6 p.m. in order to be considered for publication in the same week.

The *Progress* reserves the right to edit or remove online comments if their content is judged to be illegal, directly insulting to an individual or otherwise unhelpful to the conversation.

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326 Combs Building, Richmond, Ky. 40475

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Editor-in-chief

Steve Thomas  
Managing editor

Courtney Daniel  
Design editor

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## Letters to the editor:

### New SGA president calls for end of apathy

I would like to express my gratitude for choosing me as your student body president for the 2010-2011 school year.

I would also like to take this opportunity to invite all members of the student body to stop by the Student Government Association's (SGA) office in the fall to get to know myself and the rest of my staff. In order to have a successful school year, we must all work together to achieve our goals.

I would also like to encourage any students who are interested in becoming active participants in SGA to stop by prior to the end of the semester and fill out an application.

The primary goals we should strive to achieve in the coming year include: working to bridge the gap between faculty and students, particularly during the freshman year; working with the together in an effort to achieve a higher graduation rate; working to improve involvement in Registered Student Organizations; and working with student lead green initiatives. I encourage any students with suggestions on how to improve and reach these goals to get involved.

As I was reading through some of the various *Milestone* yearbooks from past

years, I found a passage about the student body that I feel is as true today as it was in 1968 when it was penned.

The passage reads:  
"Collectively, we were the student body of Eastern Kentucky University—not a very rebellious mass, but one engulfed in traditional rituals sadly tinged with apathy. We were a society of conformists and a few dissenters meshed together; we were like a giant patchwork quilt being pulled in one direction, then another, trying to discover a way. We were convincing ourselves, and others, that we were where we belonged and that we belonged where we were."

In the coming year, I ask the student body to follow me in the pursuit of finding our way and achieving a higher education. I would like to challenge us all to attempt to overcome the apathy that has stained us for so many years and become involved.

I have spent the past three years of my life at Eastern, and I am convinced that this is where I belong; I would be honored to help convince you that you belong here too.

Caleb Armbrust  
Student Government Assoc. President

### College doesn't produce promised results

Finally, after five years, I'm about to graduate from Eastern with a bachelor's degree! With this great success so close at hand, I look back thankfully at those who helped get me here.

I want to thank my teachers and counselors throughout the years, for convincing me that working hard and advancing in my academia would somehow lead to fulfillment later in life, both financial and otherwise.

Without the encouragement of the authorities that I respected and trusted, I may not have spent thousands of dollars and half a decade of my life toward a degree that is, apparently, completely meaningless and worthless to employers.

I thank those who came before me and paved the way - coming into my school and telling me of their great successes that they attributed to their academic career. They spun tales of great reward and showered me with promises of a life filled with love and abundance.

They lied to me.  
Now, I am 23 years old. I have no real world experience, no family to fall back on, and an abundance of nothing but shame and debt. I spend my weekends sifting through thousands of job applications for jobs that would make me miserable - if only I qualified for them.  
In three weeks I am expected to start paying back my student loans. If the bank

won't accept food stamps, I don't know what to do.

So thank you. Thank you friends, family, and everyone I looked up to who convinced me that college was an investment. Thank you for pressing me to do my best so that I could get into a good school. Thank you for telling me every day that it would all be worth it in the end.

Thank you for stealing five years of my life, who knows how many thousands of my dollars, and all of my self-respect and resolve. I'm sure that piece of paper will have been worth it all, from this day until my last, which will probably be sometime this year, alone and homeless and starving in the streets.

On a side note, I'd like to genuinely and non-sarcastically thank the faculty and staff of Eastern, and more specifically Dr. Whitlock. Even though I am terrified, full of despair, and possibly a few months away from actual homelessness, I had an amazing time at Eastern and your roles in my life were worth more than I can realize at this scary time. Thank you for 5 years filled with joy and important life experiences (even though those 5 years apparently do not qualify me for any professional jobs in America).

Brandon Burtner  
Eastern student

## A graduating senior's (non-alcoholic) parting shots



My Turn  
Steve  
Thomas

It's not simply because I have the prospect of some monotonous summer job to look forward to (although I *do* look forward to it); it's because at this point, I know I'll survive this final furlong somehow.

**That's College Departure Advice Tip No. 1:** No matter how stressed you are now, you'll survive it.

I learned this tip somewhere around sophomore year and strictly from experience. I have survived everything that has ever been horrible in my collegiate life—every paper (two-pagers and 30-pagers alike), group project, presentation and exam—mostly because I remind myself of that fact whenever a new challenge presents itself.

I will survive because I always *have* survived. And if you have faith in your own abilities, you'll survive, too.

**That's Tip No. 2:** Have faith in your own abilities. It's a lot easier to get things done if you believe you'll get it done.

You don't have to know how or even feel good about it, but trust that you'll pull through somehow. Don't waste time doubting yourself, and as cheesy as it sounds, don't set a limit on what you're capable of.

Henry Ford once said, "Whether you think you can or you can't, you're probably right."

I think Henry Ford was right.

**Collegiate Departure Advice Tip No. 3: Oftentimes the dread you experience in worrying about something is worse than the thing you're dreading.** Sitting down and hammering out a term paper might take five hours, but worrying about it has taken up your whole week. The best strategy to staying sane is not to worry about things until you can do something about them, and then do something about them instead of worrying. Just get it over with.

Along the same lines, I've learned that all things in life follow a similar pattern: you put them on a calendar

them, then they happen, and then they're over. **That's Collegiate Departure Advice Tip No. 4:** Everything just...happens. And, more importantly, after it happens, it's over.

I used to stress about speeches or presentations, but I don't anymore. It's not because I'm confident in my abilities (although I am by virtue of rule No. 2)—I've just gained the ability to put it in perspective.

Five years from now, even if I crash and burn in spectacular fashion, it'll make little to no difference. I'll look back and laugh at it, if I even remember it at all.

Life is full of mundane events and superfluous stressors - recognize these things as they're happening, and you'll be a much more easygoing and happier person. Being happy leads me to my final tip.

**Collegiate Departure Advice Tip No. 5:** Do what makes you happy, but know that the other stuff is just as important. Probably more so.

This is the single most important piece of advice I have to offer, because it can save you from otherwise miserable circumstances. Consider it an attitude adjustment, in that you adjust to seeing value in everything.

It's not the "at least I learned something" kind of value - it's the idea that in order to be truly alive, you've got to embrace the entire spectrum of the human experience.

To be happy all the time is to miss out on a lot of life.

To be happy all the time is to miss the point.

So it's OK that college sucks sometimes. Really, it is. Because you'll get through it, and the good and the bad are necessary parts of life.

After four years, that's the moral of the story. An old friend once told me that the most important thing she'd learned from her higher education is how many things in life are more important.

And I couldn't agree more.



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of higher education and to engage the community of scholars  
in service to others.





# FEATURES

Kaylia Cornett, Editor

The Eastern Progress | [www.easternprogress.com](http://www.easternprogress.com)

Thursday, April 29, 2010 B1

## All that jazz

Students celebrate a night of great music and enjoy good company



PHOTOS BY SONYA JOHNSON

Attendees at the fourth annual EKU Jazz Crawl were treated to the musical stylings of renowned jazz trombonist Wycliffe Gordon (above and below right), who, along with the EKU Jazz Ensemble (below left and center), performed Friday, April 23 in Brock Auditorium. Gordon also played a set accompanied by his own musicians, which included a rendition of Duke Ellington's famous "It Don't Mean a Thing If It Ain't Got That Swing." Crawlers were able to meet Gordon at the second stop of the crawl, Creative Arts by Sherri, before continuing to Club 110.



By Jessica Nicholson  
[progress@eku.edu](mailto:progress@eku.edu)

Melodic jazz tones and smooth rhythms resonated in Brock Auditorium on Friday as Eastern celebrated Jazz Crawl 2010.

Dozens of jazz lovers came out to enjoy the Music Industry Organization's fourth annual Jazz Crawl. The event kicked off with performances by the EKU Jazz Ensemble and special guest Wycliffe Gordon, under the direction of Larry Nelson, who is currently the assistant professor of saxophone and jazz studies at Eastern.

Gordon has enjoyed an extraordinary career as a performer, conductor, composer, arranger and educator, receiving high praise from audiences and critics alike. Gordon tours the world performing hard swinging, straight-ahead jazz for audiences in a thriving solo career. He tours regularly leading the Wycliffe Gordon Quartet and headlining at legendary jazz venues throughout the world. His television appearances have included the Grammy Awards, the Public Broadcast Special documentary "Swingin' with the Duke" and two live Lin-



coln Center broadcasts with the Lincoln Center Jazz Orchestra.

The night of fun and festivities began with a serenade from the EKU Jazz Ensemble and Gordon performing songs from all spectrums of jazz. Blaring trumpets, trombones, saxophones and drums all blended harmoniously to bring the audience selections from "This Could Be the Start of Something" arranged by Quincy Jones, to the foot tapping Caribbean sounds of "Elvin's Mambo" by Bob Mintzer.

Several more selections from the EKU Jazz Band and Gordon followed before the show segued into Gordon's solo set for the evening.

Gordon, accompanied by Chris Munson on the drums, Raleigh Dailey on the piano and Danny Cecil on the bass, opened with the familiar jazz tune, "It Don't Mean a Thing if It Ain't Got That Swing" by Duke Ellington. Jazz crawlers in attendance snapped their fingers and bopped their heads as Gordon treated listeners to his rendition of Ellington's soulful, raspy voice.

Gordon then began to scat sing, which is using improvised melodies and rhythms to make instrumental sounds with the voice. Under the direction of Gordon, the crowds joined in and all begin to scat in unison.

Gordon didn't say much throughout his performance; he let the music stand for itself, but

that all changed when he introduced an original piece called "Shhh, the Band is Trying to Play." Gordon shared the experience that gave him the idea for the song.

"I was playing in a venue one time and some people in the audience were talking really loud and must have thought I was just there to play background music for their conversations. So they were my inspiration for this song," Gordon joked.

Witty lyrics, funky music and the band's careless chit chatting on cue during the song performance helped to tell the comical story of Gordon's experience and end the set performance on a high note.

Jaclyn Chadwell, an undeclared student from Corbin, said she greatly enjoyed Gordon's performance.

"I thought his show was very entertaining and fun. I saw him on T.V. once, so seeing him live in concert gave me a whole new appreciation for jazz music," Chadwell said.

Following Gordon's performance, the fun and festivities moved to Creative Arts by Sherri on Third and Water Street. The EKU Jazz Lab Band under the direction of Ricky Spears made their debut performance as well as a funky performance by The Electric Set Jazz Quartet. The bands played upbeat, melodic sounds as guests enjoyed food, wine and good conversation. The

more intimate setting allowed guests to "meet and greet" and have a CD signing with Wycliffe Gordon.

The final stop on the crawl was at Club 110 located on Second and Water Street. The amazing sounds of The Sensations, a dance band featuring vocals, brass, drums and bass. The Sensations kept the party going and crawlers were dancing on their feet late into the evening, providing a fantastic finish to an amazing night of jazz.

Britany Lewis, a speech pathology major from London said she enjoyed all three events in the Jazz Crawl.

"I loved the whole night of events this year. I was entertained and had a chance to kick back and relax so I really enjoyed myself," Lewis said.

The Members of the Music Industry Organization, an organization made up of music industry studies and music marketing degree majors, coordinated the Jazz Crawl. Sponsors for the Jazz Crawl included Eastern's Student Activities Council, Student Government Association and Don Wilson Music. For more information on Jazz Crawl or any of the music degree programs offered at Eastern, contact April Brumfield, Coordinator of Music Industry Studies and the Music Industry Organization faculty adviser at 622-1428.

## Columnist's final words share insight into skillfully skipping class



Jeremy Reed

with J it's okay, you can take a (insert first initial) day, it's all the same.

The various reasons I'll use to justify a good J-day include but are not limited to hangovers, rain, fatigue, snow, earthquakes in foreign countries (you never know how far these things could spread), and reruns of awesome shows that I want to watch.

It's important that you skip only the classes that are of minor importance and you may want play a skip day days weeks ahead.

Remember this is chess, not checkers.

Skipping class without any backlash requires a certain skill: That skill is lying.

Lying is key to skipping class because despite the fact that you pay thousands of dollars every year to attend class, some teachers still penalize you for missing, as if wasting

your own money isn't punishment enough.

But not just any lie will work. Most instructors have heard it all and so you must at the very least plant the seed of doubt. And you do that with detail.

First of all, using the death-in-the-family-card is wrong and shameless. But it works. However, I prefer to use more practical lies that require a complex story line. That's when I dig into the "lie-brary."

The "lie-brary" is a database of lies that I have stored in my head. The lie-brary is filled with dozens of back-stories and situations that sound true because they are—sort of.

One time a friend of mine happened to get food poisoning. The next week I was overwhelmed and needed a J-day.

Boom, lie-brary.

I injected myself into his lie. Except in my version, I ate

with my roommate who was diagnosed by a doctor, and I had decided not to go because I felt too ill and, after all, he just told him to rest and stay hydrated.

No need for a doctor, no need for a note.

Sometimes I'll do what I like to call "skip-harvesting." I'll come up with a reason to skip that would require me to skip again. You really have to use your resourcefulness here.

If you have a nasty scab or cut on your hand, swing by your instructor's office before class and tell them you have to go because of a Staph culture. That next week, if you so chose, you can "go back to the doctor to get the results."

Or maybe you could skip one day for being sick and then get "tested for mono" the next week.

Now that you have a good story in mind, you must have

good delivery.

Always e-mail your instructor before class. That way they'll know that you were at least awake before class started and that you didn't just sleep in.

Then you should go to sleep—you earned it.

There is a formula for the delivery. You must communicate to your teacher that your education is an investment and that you are upset about missing. Ask them what section he or she covered so you can be caught up for the next class period.

Ideally executed, your delivery should sound something like this:

"Professor (insert name), I won't be in class today because I have doctor's appointment at (insert time of class). I started feeling sick Monday and it's been getting worse. I know we're going over (insert

class title) today and I really shouldn't miss because I'll get behind, but I'm afraid if I'm contagious I'll get everyone else sick. Please send me any notes from today if it's not any trouble, and hopefully I'll see you next class."

I'm sure that every day, every professor has a student whose grandmother "dies." If these incidents were recorded, I would project the student-to-grandmother ratio on this campus would be somewhere around 1-to-negative four.

If you have exhausted every other possible skip-card and must use a death in the family, I would recommend something more creative—but don't jinx your family.

Whatever your reason may be for skipping, just remember that like anything else, there's a right and a wrong way to do it.

# Survival tips for getting through finals

A student's guide to enduring the hassles of final exams

By Sara Byers  
progress@eku.edu

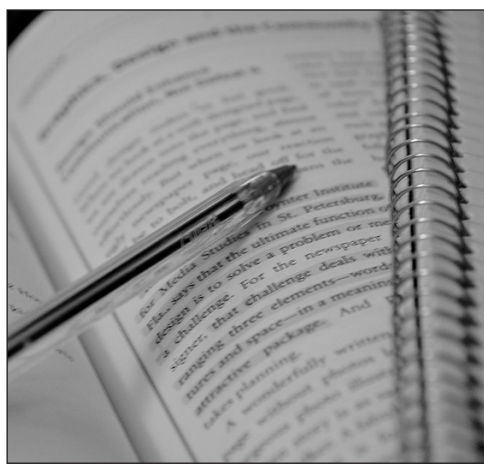


PHOTO ILLUSTRATION BY MAGGIE LAFLEUR

The weather's getting warmer, and everyone is in flip-flops and shorts; it's obvious that students are ready to get out of here! With most students making plans for the summer and the great weather amidst us of late, one would think this week should go by faster than any other. Oh, wait. Finals Week is coming. No summer plans have ever seemed so far away, but don't let that stop you! There is a way to make this week both fly by and be a success.

Here are some steps to survive finals without going completely crazy:

1. Get some sleep. This may sound simple, but finals have a way of making students feel completely unprepared and they feel that they need to study all night. Not true! If you have been doing well in your class before this, odds are that you are going to do just fine on the final. So go to sleep at a reasonable hour and leave studying for the daytime.

2. Have some fun with your studying. If you are ready to pull your hair out because you keep reading the same tiny font type and size, find

another way to study. Get a friend from the same class to help quiz you in a fun way or invent a game with prizes at the end. For example, Trivial Pursuit for Music Appreciation makes something super boring into a fun game. Or if you are confused about what is exactly in a plant cell, bake a cake cover it with icing and put candy on it that represents the organelles. This way you can learn and afterwards, stuff your face with candy-covered, cakey goodness.

3. Eat a good breakfast. Everyone knows that breakfast is the most important meal of the day,

according to our parents and every breakfast commercial known to man. Maybe they were on to something. Get up early before class and hit upstairs Powell for breakfast, or go do something special for yourself. Go off campus and get a delicious Egg McMuffin from McDonalds, or waffles and hash browns from the great Waffle House. Either way you do it, skip the granola bar and eat something good and big.

4. Don't forget to take a break. If you study too much, your brain will explode. Not literally, but you will have a hard time focusing on the test if you cram too much in one night. So plan a night for fun. Let loose and then get back to business the next morning. If you do plan on doing this, don't pick a night where you have three finals the next day. Be smart; that's why you're in college.

5. If you need to scream...scream. Finals are intended to make students go completely nuts, so it's ok to let off some steam and aggression. People may look at you a little weird, but just tell them finals are making you crazy and they'll understand.

Finals week does not have to be the most boring and hard week of the semester, you are intelligent students and Eastern knows how to have fun. So take a deep breath and get it over with. Summer is just a week away and then you all are free!

Practical advice for impractical feats

# There's a cure for that...

By Jeremy Reed  
progress@eku.edu

As the alarm clock goes off, you slowly fight the urge to keep your blood-shot, burning eyes closed. Motivated only by your throbbing head and the dried-up taste of sin in your mouth, you get up to start your day with a feeling of complete nauseous regret.

Hangovers in college are just about as standard as fleas on a dog. Aside from the obvious unfortunate aftermath presented after a night of drinking, the addition of waking up early and going to class makes the whole ordeal nearly unbearable.

Although there are over-the-counter supplements that claim to work and other so-called home remedies floating around in cyber space, the average student doesn't always prepare his or herself to fight the "creature" to any great extent. So what can you do to minimize the effects while trying to make it through your morning?

First, it should be noted that the only way to completely combat a hangover is to take it easy or not even drink at all. But how much fun is that? Nobody brags about how much they can't drink or how sober they got last night. For whatever reason, there's a culture within the college society that loves to drink.

So if this is you, sobriety is clearly not the answer.

A good pre-emptive strike to battle the side effects of the blackout blues is to fill yourself with food to absorb all that alcohol. Unfortunately, when we drink we want nothing but the greasiest, heaviest and demobilizing food we can find. As tasty and healing as it may seem the night before, the very elements that cause shame and regret within the human body are baked right into late-night delicacies like Krystal sliders and Waffle House hash browns.

Another misconception is that taking Tylenol before going to sleep after a night out on the town holds the key to the hang over cure. While this may help minimize the feelings of nausea and throbbing, it doesn't seem to sound like a safe mix for your liver. Being no medical professional myself, I can't say one way or the other on the matter. But I can say with confidence, "Bring on the hangover; I'd rather not risk my liver looking like Morgan Freeman by the time I graduate."

After much trial and failure and even the good ole American deal-with-it-ness, I was introduced to a cure that seems to work. Lots of water before bed, a small bag of crunchy Cheetos and a 12-ounce Coke when you wake.

I know it sounds more like the breakfast of Cheech and Chong than of champions, but it really seems to work for me, and I encourage you to try it too. It's lighter than the late-night gut busters that line the by-pass, I don't have to limit myself and when it comes down to it, I'll take orange fingertips over a black liver any day.

# Kick-Ass packed with heroic sized laughs

A film recommended for all comic book lovers

By Tristan Meiman  
progress@eku.edu

In the past few years, there have been a number of movies based on comic book super heroes (Batman Begins, Spider-Man, Superman Returns, Iron Man, etc.)

But, in one movie this semester, a new hero was born, and his name is Kick-Ass.

It didn't take long to sell me on the movie; I knew it was going to be great within the first two minutes.

It begins with the main character's narration to set moviegoers up for what Kick-Ass was all about. What really sold me was a scene with a nameless hero - let's call him "Hero A" - who thought a costume with wings was bound to make him fly.

Shortly after jumping off a tall structure, people below began applauding "Hero A" in hopes of seeing this man fly. With triumphant music blaring, "Hero A" began falling faster and faster, only to fall helplessly to the ground, faceplanting into a taxicab.

After nearly falling out of my seat, I regained myself for the rest of the movie.

Aaron Johnson stars as Dave Lizewski, a high school nerd who shares a common love of comic books with the nerd that lies within all of us.

After witnessing constant crimes and realizing no one would do anything to stop them, he takes it upon himself to don a green scuba suit armed with two batons. Thus, Kick-Ass was born.

His first attempt to foil crime, heroic as it is, ends up with him getting stabbed by a street thug. To make matters worse, Kick-Ass gets bashed by a car and is left unconscious while the driver just keeps on going.

Kick-Ass' accident causes him to lose feeling in most of his nerve endings, and he's also forced to undergo surgery, which places metal plates into most of his body.

With new metal plates and the ability to not feel pain, Kick-Ass' job becomes a lot easier. Kick-Ass later teams up with Mindy Macready, aka Hit Girl (Chloe Moretz), and her father Damon Macready, aka Big Daddy (Nicholas Cage), who dresses up like a poor-man's Batman.



Damon brought up his daughter to be able to take care of herself in the worst of situations. And, when I mean worst of situations, I mean when an 11-year-old girl takes out a room full of street thugs with just the use of knives.

I loved how this movie had its balance of both comedy, as well as action in the comic book genre. The movie had a perfect amount of shear bad-assary (yes, that's a word now) that left you satisfied, but waiting for the next thing to happen. The dialog between each character was perfect for each given situation, whether it would be three friends chatting at a comic book shop, or a

father correcting their daughter on how to take a gunshot to the chest.

There's almost nothing not to like about Kick-Ass. The idea's original enough to be funny (Mystery Men is the only movie with a similar concept I can think of), and it's executed very well. Overall, the movie is quite amazing.

Filled with laughs, action and wannabe comic super heroes, this movie has it all. I definitely recommend this movie to anyone who loves comic book movies, or just good comedy in general.

The title of the movie says it all.

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Thursday, April 29, 2010 B3



STEPHANIE SMITH | PROGRESS

LEFT: The Berea Ensemble played in Powell Lobby Thursday evening as a part of the Kentucky Day Festivities in upstairs Powell

RIGHT: SGA's newly elected president and executive vice president were sworn into office Thursday at the SGA Banquet. The newly appointed executive staff are pictured here from left to right: Matt White, chief-of-staff; Caleb Armbrust, student body president; Andrew Holcomb, executive vice president; and Elijah House, treasurer.



PHOTO SUBMITTED

## Outdoor summer adventures to tackle this season

Ideas and locales for your ultimate outdoor summer road trip

By Park Greer  
[progress@eku.edu](mailto:progress@eku.edu)

Summer break is approaching and with only one more week left until it officially begins, students are looking for exciting excursions to satisfy their adventurous side. Many local areas offer great day and weekend trips, but some of the best hikes and aquatic adventures are a good drive away.

Here are a few of the best trips:

The Great Smokey Mountains on the Tennessee and North Carolina border yield many wondrous opportunities for outdoorsmen of all types. Hiking trails weave throughout the entire park and extend from the deep, cool valleys to the steep, fresh mountain vistas and all the waterfalls, homesteads and cliffs in between.

The famed Appalachian Trail is a must for

those thinking of hiking, as it winds for 76 miles from the north end of the park to the south, and nestled in the middle is Clingman's Dome, the highest point in Tennessee.

If trails abundantly green with summer foliage are not your forte, then the local attractions and townships might provide better excitement. Gatlinburg, Pigeon Forge and Dollywood are all nestled in the shadow of the Smokies, and each has its own strong point.

Dollywood and Pigeon Forge both offer areas of amusement through theme parks and wild rides, whereas Gatlinburg is most notable for its wide range of shopping options and the Ripley's Aquarium of the Smokies, which is a must for fish lovers.

The Appalachian Trail might be 2,176 miles long from Georgia to Maine, but by far one of the most beautiful spots on the entire trail is the Mt. Rogers Recreational Area. Being only a four-hour drive from Richmond, this destination is prime for both weekenders and backpackers alike. The wilderness itself used to be volcanically active, but in the eons since the molten rock has cooled to form gigantic boulders strewn throughout the landscape, these stone monoliths are just perfect for bouldering.

Also located in the area is the tallest mountain in Virginia, Mt. Rogers. The hemlock forests and rhododendron thickets that cover the mountain sides and creep up the cliffs separate toward the top providing a mountain vista where one can see for nearly 60 miles. And during the summer months, the night sky is alive with meteorites streaking across the starry ceiling.

Is canoeing a love of yours? Then the Boundary Waters Canoe Area Wilderness is exactly where you need to be. Located in Ely, Minnesota, the drive (or flight) is definitely a long one (16 hours by car), but the destination is absolutely worth it. With vast expanses of untouched national forest resting on the border between the United States and Canada, the BWCAW is one of the most pristine nature preserves in the country.

Trips can be taken for any amount of time and the sights are gorgeous. It's unspoiled wilderness, and although a bit more effort is required to keep it clean, being able to see the

Milky Way on clear, crisp nights is more than enough payment.

White water rafting may be one of the most favored aquatic activities among students, and there certainly is no shortage of opportunities located around Eastern Kentucky, but the best places for this thrill reside outside of the state.

The first of which is the Ocoee River located near Chattanooga, Tenn., which was the site for the 1996 Summer Olympic events in canoeing and kayaking. The rapids here are great and rocks are in no shortage for an exciting and thrilling adventure down calm class II rapids or even daring rapids exceeding class IV's.

A little closer is the Gauley River in West Virginia and these waters are ranked among the top 10 in the world for thrill during a white water rafting trip, so they should not be ignored by adrenaline seekers.

Summer is meant to be enjoyed, and some of the best experiences are those shared with friends. If an outdoor expedition is taking place, be sure to have good company, ample supplies, and most of all, a sense of safety so that many more experiences can be shared later in life.

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## SOFTBALL: Diane Gallagher broke school record for stolen bases



Continued from Page B8

RBI. Christina Datko scored on an error in the fifth inning for the final run.

Perry's only hit given up was in the third inning. She struck out seven batters for the game.

The Colonels were able to get on the board in the first inning of the second game. Raquel Howes and Handley each drove in a run to give Eastern a 2-0 lead.

Morehead State was able to tie the game in the second with RBI singles by Stephanie Edwards and Taylor Wilson. The Racers then scored then runs in the third to extend their lead at 5-2. Lauren Buch drove in two of the three runs in the third.

Eastern was able to cut the lead to one after a two-run home run in the bottom of the third by Costa. It was the first of her career.

Murray State scored once in the fourth and eight times in the fifth to seal the victory. Stephanie Mattocks drove in two of the eight runs in the inning.

Buch went 3-for-4 with four runs and three RBIs for the Racers. Murray State had four other players with two RBIs for the game.

Handley went 3-for-3 with a run and an RBI for Eastern. Sophomore Diane Gallagher went 3-for-4 with a run scored. Her stolen base in the first inning broke the school record for steals in a season. She now has 32 stolen bases on the year.

The Colonels have now won seven of their 13 wins against OVC teams.

"I want to win that OVC championship," said Hussey. "I know what has to be done as long as we put it together we will be good."

## Colonels crush the Cumberlandds, 15-2

By Keith Ritchie  
randall\_ritchie@eku.edu

After three double-digit losses to Morehead, the Colonels returned home to vent frustration against the Cumberlandds. There was little the Patriots could do about it.

Eastern cruised to a 15-2 victory over the Patriots last Tuesday at a rainy Turkey Hughes Field. The game ended in the seventh inning, due to a run rule.

The Patriots led 2-1 heading into the bottom of the third inning, when the Colonels scored four runs on three hits.

Sophomore outfielder Michael Garcia led off with a double to right field. Garcia went 2-for-3 with four RBI. With one out, junior outfielder Richie Allen drilled a two-run home run over the right field fence. Later in the inning, senior first baseman Anthony Ottrando followed suit with another two-run shot over the fence in right-center field. Ottrando went 2-for-4 with two RBI and two runs scored.

In the bottom of the fourth, the Colonels' offense exploded for nine runs on

seven hits. The surge was also aided by three Patriot errors. Seven Eastern batters reached base before the first out.

Among them was junior third baseman Jayson Langfels, the team's leading source of power. Langfels fouled a pitch off the leg. Langfels finished the at bat by reaching on an error by the shortstop, but was limping badly on his way to first base. Jason Stein, the Eastern head coach, decided to pull the slugger.

"I didn't want to come out of the game," Langfels said. "Coach just explained that it isn't worth risking it at that point in the game."

Langfels leads the Colonels in batting average, home runs and slugging-percentage.

Eastern used four pitchers in the affair.

Junior right-hander Macon Smith recorded the win, going three innings and giving up two runs on two hits.

The Eastern bullpen held the Patriots scoreless through four innings of work.

"The win was good timing," Stein said. "We were sputtering with confidence, coming off the Morehead series. We had some of our swagger back."

# Colonel Corner Q&A with Ashley Dollins

By Langdon Barnes  
langdon\_barnes20@eku.edu

Junior catcher Ashley Dollins is batting .279 on this season and currently leads the team with three home runs.

**Q: How do you expect the rest of the season to go?**

A: I do expect us to make it to the OVC tournament and let all our hard work and effort put us on top.

**Q: Why did you decide to come to Eastern?**

A: Well since my hometown is Berea, I decided to come to Eastern to be close to home so my family can follow all my games.

**Q: What has been your greatest experience as a Colonel?**

A: Being a part of a big family with lots of sisters that have your back. And hitting some homers.

**Q: Who is your favorite softball player?**

A: Andrea Duran because she is so down to earth and works really hard. I also like her because we appreciate a lot of the same things.

**Q: If you could travel anywhere in the world where would you go?**

A: Either Australia or Greece. Greece has beautiful landscapes and Australia because of the kangaroos and accents.



PHOTO SUBMITTED  
Dollins has seen time as a designated hitter and catcher this season.

**We shot the ball**

**We took the hits**

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**We made the plays**

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# Baseball back over .500 with two wins at Martin

By Keith Ritchie  
randall\_ritchie@eku.edu

Eastern won two out of three at Tennessee-Martin last weekend. The wins pushed Eastern's conference record to 21-19 overall, and 8-7 in the OVC.

Eastern lost the series opener, 19-8, after leading 7-1 in the second inning.

Martin answered by scoring 13-unanswered runs, including four in the second, fourth, sixth and eighth innings.

Eastern didn't score again until the eighth inning, when senior first baseman Anthony Ottrando drove in two runs with a single to centerfield.

Sophomore right-hander Matt Harris (3-5) took the loss, giving up seven runs on six hits in three innings.

"Baseball is a mental game," Jayson Langfels, the junior third baseman said. "We were real antsy waiting in the hotel room all day. We just really let it get away from us."

Langfels provided a majority of Eastern's production. After blasting a two-run home run over the right field fence in the first inning, Langfels hit a three-run shot over the left field fence in the second inning. Langfels went 3-for-4 on the day.

On Sunday, the Colonels rebounded by winning both games of the doubleheader by scores of 7-3 and 7-4.

Junior lefty Paul Duncan (4-2) got the win, going seven innings and giving up three runs on eleven hits and nine strikeouts.

"It was huge, bouncing back from the day before," Duncan said. "I had a lot of confidence throughout the game. I worked myself into a lot of tough situations, but came out alive."

Martin led 3-2 heading into the seventh in-

ning, when Ottrando drove in two runs with a double to right field, reclaiming the Colonel lead.

The 4-3 lead didn't allow Jason Stein, the Eastern head coach, to breathe any easier in the bottom of the seventh.

Martin had the bases loaded with one out, with Duncan showing signs of fatigue. Duncan forced Martin's Brent Morris to pop out to second base, and then struck out the next batter to end the threat.

"He (Duncan) is the definition of a grinder," Stein said. "He found a way to get it done."

I wasn't going to let him face another batter. That seventh inning was his biggest inning of the year."

"When I faced that last batter, I took a deep breath," Duncan said. "I had a lot of adrenaline pumping."

The Eastern offense put up three more insurance runs for the bullpen, which didn't allow a run.

The Colonels never trailed in the second game of the doubleheader.

The score was 5-2 in the top of the fourth inning, when the Colonels scored another two runs for more breathing room.

Sophomore shortstop Richie Rodriguez led off the inning with a triple to right field. Junior utility player Bryce Labhart followed with an RBI double. Ottrando drove in the second run of the inning with a single to right field.

Sophomore lefthander Greg Terry (3-2) picked up the win, giving up three runs on eight hits in four innings of work.

"This entire weekend was a grinder," Stein said. "It was a grinder on the mound, at the plate and in the field."

The Colonels host Tennessee Tech this weekend for a three-game set. First pitch is scheduled for Saturday at 1pm.



TREY BURKE | PROGRESS

Freshman Anthony Bazzani is 2-3 with a 7.21 ERA over 13 appearances, including eight starts.

# Track team competes against the best at Penn Relays



TREY BURKE | PROGRESS

Senior hurdler Steven Nicholson, middle, finished eighth in the 400-meter hurdles in last year's OVC Outdoor Track and Field Championships.

By Stephen Hauser  
progress@eku.edu

School records were broken and personal bests were achieved this past weekend at the ultra competitive and prestigious Penn Relays meet.

The Colonels competed against the best teams in the nation, such schools as Texas A&M, University of Florida, University of Oregon, Florida State University and University of Miami.

"I was very pleased with these performances," Coach Rick Erdmann said.

The women's 4x100 meters relay team, which consisted of sophomores Lutisha Bowen, Diamond Benjamin, and freshmen Jazzmin Jeter, DanHeisha Harding, placed 37 out of 95 teams. The team had a time of 46.91 seconds, but would have been faster if they had clean hand-offs throughout the race.

The women's 4x200 meters relay team, which consisted of Benjamin, Jeter, Harding, and freshman Bianca Forbes, finished in 17th place out of 58 teams. The team's time was one minute and 37.84 seconds.

The women's shuttle hurdles team, which consisted of juniors Tashana Johnson and Jasmyn Norris, Bowen, and Harding, was ranked first in the nation heading into the weekend. The team finished in fifth place with the time of 57.14 seconds. A new collegiate record was set by Texas A&M with the time of 52.50 seconds.

Kat Pagano, junior, set a new school record in the 10,000-meter run with the time of 36 minutes and three seconds.

Pagano was originally set to run in the 5,000-meter run, however she didn't realize that meet combined both heats into one heat.

Assistant Coach Tom Moore was able to pull a rabbit out of his hat and sign Pagano up in the 10,000-meter race.

"At most major meets you are not able to pull strings like Coach Moore did," Pagano said. "He did an amazing job getting me into that race."

Pagano was disappointed after the race ended prior to knowing that she broke the record, because she went to Philadelphia to compete in the 5,000-meter run.

"I really wanted to beat the time of 17 min-

utes," Pagano said. "When I first got to the line I was really pissed."

Pagano's goals for the rest of the season are pretty simple.

"I would like to win an outdoor track championship with these girls and I would like to win another title in the 5,000 and 10,000-meter run," Pagano said. "I would also like to run in the regional competition."

David Mutuse, sophomore and Soufiane Bouchikhi, freshman, achieved personal bests in the men's 5,000-meter run.

Mutuse finished in 17th place with the time of 14 minutes and 40 seconds. There were a total of 98 runners who competed in the race.

Bouchikhi finished in second place with the time of 14 minutes and 1.71 seconds, was .20 seconds behind the winner from William and Marry University.

Bouchikhi's time was a second faster than what he ran at the Stanford Invitational.

After the race he felt a huge difference from when he finished the Stanford race.

"I felt really amazing, my 400-meter splits were 68 and 69 seconds and it felt like I was jogging out there," Bouchikhi said.

One of the things that Bouchikhi would've done differently in the race, if given the opportunity, would be to break away from the pack sooner.

"It is really hard to try to make a move or pass someone while stuck in the middle of the pack," Bouchikhi said. "I also would've definitely taken the lead and ran the race at my pace."

If he'd taken the lead at an earlier point in the race, the announcers wouldn't have been so surprised at the end of the race, when he made his move and finished in second place.

Later on Bouchikhi, watched the race and couldn't help but chuckle at one of the announcers who referred to him as the mystery man, wearing all black.

Bouchikhi has one main goal for the rest of the season, which he feels he will be able to accomplish.

"I want to go to Nationals, if I stay in the shape that I'm in and keep the kick that I have I should make it," Bouchikhi said.

The Colonels will next compete at the OVC Outdoor Championships from April 30 to May 1 in Cookeville, Tenn.

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Eastern, like any other university has seen its shares of highs and lows in the sports world. This year has been memorable for several reasons.

### Men's Tennis

Rob Oertel's tennis squad not only finished 18-8 in the regular season, but went into the OVC Tournament undefeated (7-0.) The Colonels, led by number one singles star Alex Das, ran untouched through the tournament winning the OVC title and claiming a spot in the NCAA Tournament for the first time.

### Track

Eastern has the top-ranked women's shuttle hurdle relay team in the country. Just as impressive is the mark they leave at each meet. During the ENU Open, the men and women won 13 events. Earlier this month the Colonels traveled to Centre College, winning 15 events to cap it all off, records have been shattered along the way. Kat Pagano set a school record in the 10,000-meters at the Penn Relays. In February, the women placed second and the men placed third at the OVC Indoor Track and Field Championships. In just her first season at ENU, DanHeisha Harding won in the 55 meter hurdles.

### Baseball

The men's baseball team traveled to Knoxville, Tenn, to play Tennessee in a meeting of OVC and SEC teams.

Michael Garcia's grand slam in the top of the 10th inning, proved to be the eventual game-winner. The Colonels left Knoxville 8-7 winners.

Eastern is now 21-19 on the year with non-conference series against University of Louisville, Dayton and Xavier University. They conclude their season on May 23 against SIU.

### Women's Tennis

Jacksonville State entered the women's OVC Tournament as the number one seed, but the Colonels had different plans. Even though the Colonels would lose in the championship match against Austin Peay, Eastern downed the Gamecocks 4-2 in the semifinals. The Colonels were looking to make it back to the NCAA Tournament for a second straight year. They opened the OVC Tournament by beating Morehead State. They finished the season 14-16.

## Sprinting to the finish line



Darren Zancan

So this is it, the last column of the year. Off into the sunset with Ben Affleck until next year when I take a new position with the paper...stay tuned to see what it is.

I really did not want to focus on one topic, instead cross the finish line on what has been an incredible year.

With just a few days left in the year we are gearing up to finish a long, grueling nine months. We must push ourselves to get through the last few days, often thinking "How will I survive it all?"

I mean this is Dead Week, but what teacher actually follows that mantra?

Regardless, we have a few days to solidify the work we put in all year. Like athletes do as well. Athletes push all season and it often comes down to the last part of the season as to whether a team will make a postseason push.

Look at the football team, it came down to one game, win or lose. Winner moves on, loser hits the showers.

The volleyball team had to win out to make the OVC tourney; same for both basketball teams. It comes down to heart and desire. I believe that any team can beat any other team on any given day. We are all humans and strive to be the best, but it really settles on that particular day and who is prepared.

Did we prepare ourselves enough this year to survive next year?

I know the life situations thrown at me this year have prepared me for the biggest events.

In college, character is defined, as a student and as an athlete. The quarterback, who has to put the team on his shoulders, will show character. The team that has odds against them going up against an undefeated Jacksonville State volleyball team, only to push through, even hearing the opposing team making fun of them, saying they do not belong. That is character, not to retaliate negatively. Instead take it out on them during the game.

When I came here to Eastern I had no realistic expectations from the school. I thought, I will get an education and that's it. But what I have learned is far beyond what some book has taught me. The experiences and the people you meet along the way, help mold you and push you to become something.

Athletes come here for a plethora of reasons, but from what I have heard, they have gained more than they ever thought they would.

Maybe they have built up character, maybe someone took an interest in them and grabbed them by the face mask and put them in their place.

What matters is, for me, Eastern has been home, a home that I needed desperately and held onto.

Several athletes have left their home, some traveling thousands of miles, to be a Colonel. It's maybe not the "mansion at the end of a rich neighborhood home with kids running around in their Gator brand sweaters and their fancy khakis" home, but who needs all that?

Athletes are privileged to put on a jersey, lead their team on the court, field or track and say they are a Colonel and do so with honor and character. That should be home enough for anyone.

We have coaches that have more than 30 coach of the year titles to their name. We have other coaches who restock their rosters, expecting a rebuilding year, only to shine instead. We have undefeated OVC records in tennis and track records shattered. The list goes on and on, but what it comes down to is character and the will to never stop and always push.

You always have to look for the finish line and strive to cross it, whether it is the first game or the last day play of the game.

Special thanks: Ann West, my sports designer. Most of you only see the content and the pictures, but never get to see the brains behind the operation. She is graduating, but I feel that she deserves to know that the section was brought to life with her amazing attributes and abilities. I had ideas, but she had creations and took my thoughts and made them into something incredible. We made a great team, but she will go on to do some pretty amazing things. Thank you Ann!

## Murray drops Eastern at home

By Langdon Barnes  
[langdon\\_barnes20@eku.edu](mailto:langdon_barnes20@eku.edu)

The Colonels were unable to win their series with Murray State over the weekend. The Colonels (13-33, 7-13 OVC) fell 5-0 in the first game, won 2-0 in the second and then lost 14-4 in the series finale.

"In conference one game can determine if you make it to the tournament or not, said senior Shyenne Hussey. "Every win we get is valuable."

The first game was called early because of rain. Murray State (20-26, 9-10 OVC) scored all five of their runs in the first inning. Jenna Bradley drove in two of the runs in the inning. The Racers reached base on two passed balls on their way to an early lead.

Freshman Shelby Kosmecki (4-5) gave up six hits over six innings to hold Eastern scoreless. She walked one batter and struck out two.

Freshman Kristin Perry came on in relief in the first inning after three Murray State runs. She allowed two runs on one hit in six and two-thirds innings. Perry also struck out six batters.

The Racers scored their five runs on only three hits. The second game of the day was postponed and moved to Sunday.

The Colonels won the game 2-0 with Perry leading the way. Perry tossed a complete game one-hit shutout.

"Every win is important at this point in the season," said Jena Handley. "We need to take it one game at a time; we still have work to do."

Eastern took an early lead in the first on a Melissa Costa  
**See SOFTBALL, Page B7**



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Junior first baseman DeAnn Horswill gets in position to field a ground ball during Eastern's series against Murray State.

## Spring football gets players back on gridiron



Kicker Logan O' Connor scored the only offensive points during the annual spring football game held on April 25. The maroon team defeated the white team 5-0. The only other official points came from a safety in the end zone by Robert Knowles on redshirt freshman Matt Lengel.

Left: Junior Jeremy Caldwell takes an interception 52 yards for an unofficial score.

Top: White defenders chase a maroon player.

Right: A maroon player hauls in a pass.



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