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Eastern Kentucky University

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Total body workout
New class dispels myth
of yoga twists.
Page B5



It's in the cards
Collecting has emerged
from hobby to big-money
business.
Page B1



Shooting the hoops
Colonel men poised for
tough weekend after
Morehead victory.
Page B6



ACTIVITIES

ACCENT

SPORTS

THE EASTERN PROGRESS

Vol. 73/No. 18
February 2, 1995

Student publication of Eastern Kentucky University, Richmond, Ky. 40475

16 pages
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All 'A' Classic changes routine

By Janna Gillaspie
Assistant news editor

Although the High School Class 'A' State Tournament, which began yesterday and continues through Sunday, brings excitement and business to Richmond, it also brings some disruptions to Eastern's campus.

Commuter parking in Alumni Coliseum Lot will be shared with the estimated 5,000 spectators each session of the tournament will bring to campus. Games today and Friday will run from 9 a.m.-3 p.m. and from 5 p.m. until the end of the last game.

Overflow from the AC lot will force commuters to park in the surrounding commuter lots of Van Hoose, Begley and Staland.

Mass communications classes which meet in the AC rooms have made way for tournament use.

"We have worked through it well," said Ron Wolfe, chair of the department. "It is only a minimal disruption."

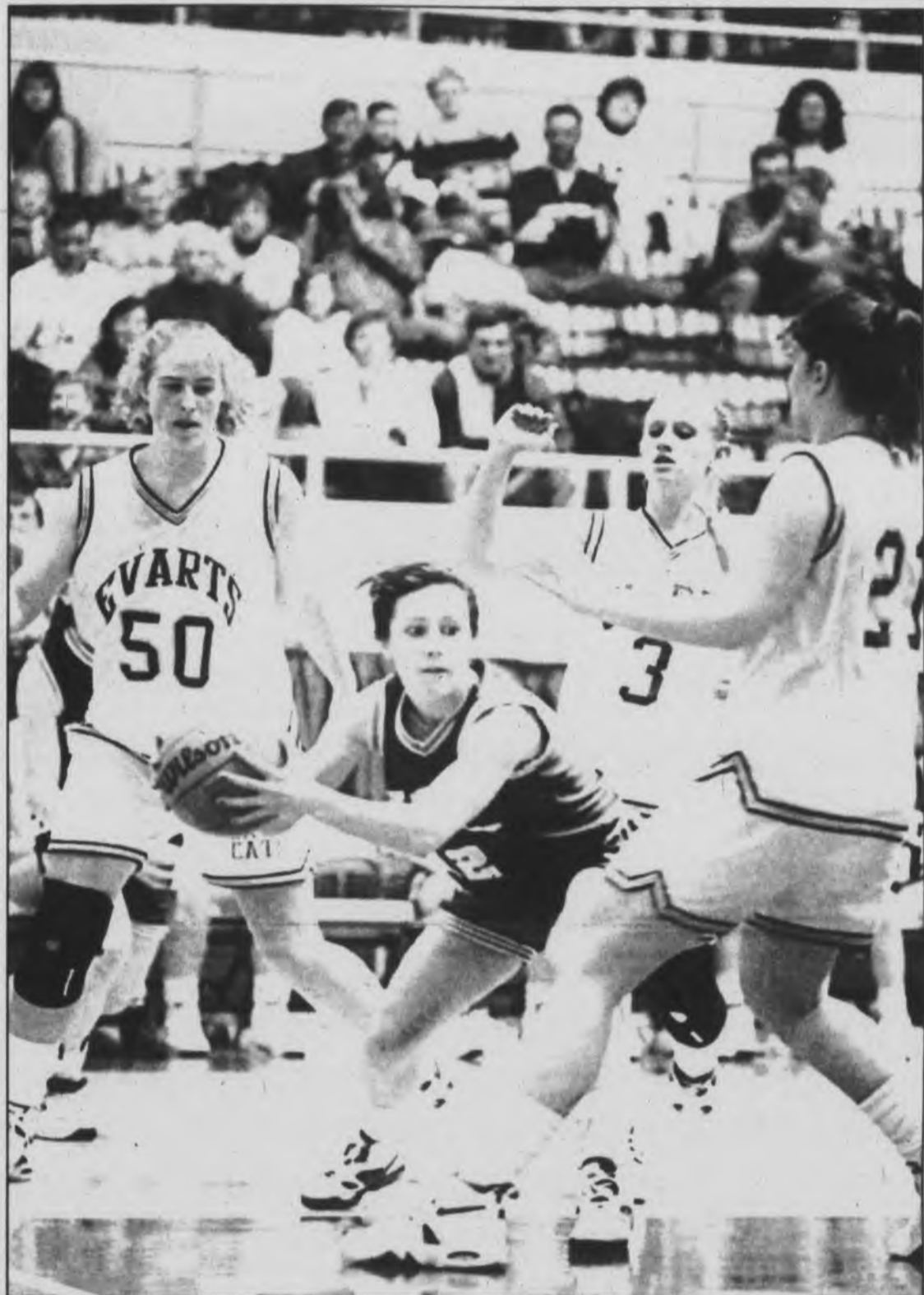
This is the second year that the department has had to deal with the tournament.

Knowing the tournament would be held at Eastern, Wolfe was able to prepare well in advance.

Wolfe found alternate classrooms for the teachers, while others have taken this opportunity to take field trips or work on special projects outside of the classrooms.

Students with classes that usually meet in AC should check class schedules or ask teachers about class room changes during the rest of this week.

For All "A" Classic teams and game brackets, see Sports, B8.



ALL "A" UNDER WAY—Jennifer Bryan, a guard for the Newport Central Catholic Thoroughbreds, moves the ball through three Evarts defenders in the first game of the All "A" Classic Wednesday. The tournament will continue through Sunday

Progress/MICHAEL AUSMUS

Federal cuts may endanger PBS, WEKU

By Chad Williamson
Managing editor

Action by Congress may place public broadcasting at Eastern in jeopardy, said WEKU/WEKH general manager Tim Singleton.

Legislation proposed by Speaker of the House Newt Gingrich (R-Georgia) would severely cut government funding to the Corporation for Public Broadcasting, which helps fund public television stations, such as Kentucky Educational Television (KET), and public radio stations, such as WEKU/WEKH.

Though no legislation has been passed yet, Singleton admits virtually any cuts would hurt the station.

"That's going to have a significant impact," he said. "This is the most serious and direct threat yet."

Singleton said if the cuts pass, the station will have to drop its National Public Radio programming and lose a staff position.

Dick Hoffman, director of programming at KET, said there is no way of telling at this early stage exactly what effect the cuts could make.

"In a 100 percent cut, the ramifications would be so great no one knows exactly how it would play out," he said.

Hoffman estimated 75 percent of the station's prime time programming and 75 percent of its local programming would be eliminated.

"An estimated one-third of all stations would go dark in six months," he said. "To make up the money, we may have to drop hours."

Hoffman refutes claims by supporters of the cuts that commercial television would make up for the lost programming.

"Commercial TV hasn't done the job," he said. "It doesn't have the commitment to children's programs."

Hoffman also said the demands by cut supporters that programs which merchandise, such as "Sesame Street" and "Barney," should put money made off of the merchandising are already being met.

Program producers sell the rights for their products to be sold in toy lines or as clothing. The producers make a percentage of the final retail price of the product, which often gets funded back into the system, Singleton said.

"Sesame Street" turns back twice as much money (into public broadcasting) as public broadcasting puts in," he said.

Removal of asbestos meets EPA standards

Dangerous dust controlled by water

By Matt McCarty
News editor

Physical plant workers renovating Case Hall for faculty offices are removing more than old tiles from the floor — they are removing asbestos.

Asbestos is a fiber substance once heavily used in construction, but can cause a form of lung cancer when airborne particles of it are inhaled.

The workers spray the tiles with water to keep the potentially dangerous dust down and are only taking out those tiles which are loose. This is very important because there is no danger "as long as we don't break it into five pieces," physical plant worker Tony Ray said.

Plant director James Street said the workers were taking proper precautions to keep the risk at a minimum.

"Obviously, by damping it down like this eliminates any potential dust," Street said.

Street said the tiles which were not loose would be taken out by a contractor because they would need to be ground or sanded. All the tiles taken up were put into bags marked "Danger. Contains Asbestos."

The renovation work began Monday and should be completed "before the end of the week," Street said.

Before work could be done with the asbestos, Eastern was required to send written notification to the state EPA in order to be approved to do the job.

The asbestos in the tiles is non-friable, which means it is in the form of strands and is safer and less hazardous than friable asbestos, which is broken up into small particles, according to Street.

"Some of our guys are a little concerned," Street said. The workers have respirators to wear while working with the substance. He added that being in the building "doesn't bother me in the least."

Parker Moore, of the Kentucky EPA, said as long as the asbestos is non-friable "anyone can do it."

Tom Edwards, of the

SEE ASBESTOS PAGE A7

Presidential Profile

Restructuring at top of Funderburk's list

Editor's note: This story is the first in a six-part series of interviews with Eastern's top administrators.

By Selena Woody
Editor

Q: What is your job?

A: My title is president. I am the chief executive officer of the university. It's my job to administer the university and carry out the policies established by the governing board of this university.

Q: How is that job important to the university?

A: This university has a mission. That mission is primarily education, and we have 16,000 plus students here whose future depends on us to an extent, that makes it all important.

Q: What is the thing that you like the most about Eastern?

A: First of all, it is a beautiful campus. It is organized pretty well, laid out by the physical plant fairly well. We have buildings that are in pretty good shape given the age of most of them. That is the first thing that really caught my attention when I came here for an interview over 10 years ago. And I like the people. This has been a very good experience for me.

Q: What has been your biggest accomplishment?

A: I think the restructuring of the university to bring it more in line

Vital stats on Hanly Funderburk

- Age: 63
- Hometown: Carrollton, Ala.
- Years at Eastern: 10 years
- Degrees: BS/agriculture MS/botany Ph.D./plant physiology
- Experience: Auburn University -Botany professor -Assistant dean of graduate school -president Auburn University at Montgomery -chancellor



Progress/MICHAEL AUSMUS

with the resources that have been available from all sources, but primarily the state because it is a state-supported institution. That's a pretty good accomplishment, and it was done without shaking it to the foundation like some have had to do to keep pace with the ever-dwindling source of resources.

Q: Is there a good, open relationship between administration and faculty here?

A: I think we have that atmosphere and environment. It is a healthy environment for an academic institution, because two brains are better than one. When you get ready

to make some of these very tough decisions that will affect all of us, you need all the input you can get.

Q: But in the SACS self-study faculty questionnaire, some faculty said they feel removed from the administration.

A: Anytime you've 2,000 faculty and staff, 16,500 students, it's hard to reach every one of them for everything. But we don't want anyone to feel like they have been left out of what's going on. We have at this university a planning process whereby every other year we initiate the planning process for the next four years. We open that thing up so

that everybody who wants to participate has some role, if they want it.

Q: What do you feel, if anything, needs to change at Eastern?

A: The greatest challenge we have at this university, and in higher education in this nation, is the continuation of the restructuring that we've already started to cope with the dwindling resources. We've gotten ourselves into such a position in this country that we have very little discretionary tax money left to do anything with. Most of it is already committed. We've got things that

SEE PRESIDENT PAGE A7

INSIDE

■ AN EDUCATIONAL FUNDING debate was the centerpiece of a gubernatorial forum held in Louisville Jan. 27. See A7.

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WEATHER:
Today High 42, Low 34, cloudy
Friday High 41, Low 26, sunny
Saturday High 42, Low 27, sunny

THOUGHT FOR THE DAY:
TODAY IS THE DAY THE GROUNDHOG COMES OUT TO SEE IF HE HAS A SHADOW OR NOT. IF HE DOES, SIX MORE WEEKS OF BAD WEATHER.

CLASS PATTERN
M W F

Thursday, February 2, 1995

EDITORIAL

Silencing Bert and Ernie

Cutting funds would kill public broadcasting

Certain minds in Congress would have you believe it is a waste of taxpayers' money to help fund public broadcasting and programming such as "Sesame Street" and "National Geographic."

They would have you believe the average of one dollar per taxpayer funded to National Public Television and 29 cents per taxpayer given to public radio amounts to conspiracy.

They do not mention that for every taxpayer dollar given to public broadcasting, five times that amount is given by private supporters. They do not mention the way a station such as Kentucky Educational Television (KET), the only station in Kentucky to broadcast statewide, can be used to unite the citizens of the state in a manner otherwise impossible.

They ignore the history of shows such as "Sesame Street," 25 years on the air and long recognized as one of the finest examples of children's programming ever to be on the air, or "The McNeil/Lehrer NewsHour," which provides a deeper exploration of news events than commercial news broadcasts can.

They push aside the instrumental role KET has played in helping citizens earn their GEDs and further their educations with their classroom supplement programming.

They ignore how public radio stations such as WEKU/WEKH, Eastern's public radio station, provide alternatives to what can be found on the FM dial, by offering classical music and author interviews.

Instead, money is seen as the only issue. The issue isn't money, but the importance that public broadcasting has played in so many lives. What teenager today doesn't

remember growing up on "Mr. Rogers' Neighborhood?" What adult hasn't turned on PBS to watch a nature documentary or a Boston Philharmonic concert?

Without funding from the Corporation for Public Broadcasting, 75 percent of KET's prime time and 75 percent of its locally produced programming will be put in jeopardy. Children's shows such as "Barney" will more

than likely disappear, as will "American Experience," "National Geographic" and "Kentucky Today." Documentaries like Ken Burns' "Baseball" will never be produced.

The effect on radio will be as profound. National Public Radio programming will likely be cut from WEKU/WEKH's format, eliminating programs such as "Car Talk" and concert series. The station will not be able to continue at its highest level and continue to produce the award-winning programming for which it is known.

It is up to the public to take a stand for public broadcasting. Write your senators and your representatives and tell them you support public broadcasting.

Don't let this decision be made solely by bureaucrats in Washington.

Let them remember the "public" in public broadcasting.

Who to write

Senators

-Mitch McConnell
-Wendell H. Ford
-U.S. Senate,
Washington, DC 20510

House representatives

-Scotty Baesler
-Hal Rogers
-U.S. House of
Representatives,
Washington, DC 20515

Luxury of toast

RHA listens to new ideas for residence halls

The Residence Hall Association is moving in the right direction with its recent survey and work to amend the living rules in the residence halls.

Many high school kids may think moving into the residence halls of Eastern will give them more freedom. But they should be forewarned.

You can't bring your pet goldfish into a hall, and you aren't even allowed the luxury of toast. At least for now.

RHA conducted a survey at the end of last semester to see what privileges residents would like to have.

Of those responses returned, a majority favored call waiting (but doesn't want to pay an extra \$20 for it), automatic call-

back, three-way calling, 24-hour open house on weekends and aquariums.

Residents also nominated toasters, sandwich makers, toaster ovens and deep fryers to be considered as possible additions to the approved appliance list.

This work by RHA should be commended.

Finally, someone has listened to the pleas of the adult residents of the halls and decided they can be trusted with such wily devices as toasters.

Shouldn't those students who work hard at the books and respect the university be allowed to have or not have a piece of toast in the privacy of their own rooms?

After all, who ever heard of regular crimes committed with or by toasters or goldfish?

WANTED

- Call waiting — 87%
- Call-back/three-way calling — 66%
- 24-hour open house — 91%
- Aquariums — 85%
- Toasters — 31%
- Deep fryers — 18%

THE EASTERN PROGRESS

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Changing our national pastime could raise presidential approval

Some people have suggested that the chances of President Clinton being re-elected for a second term are very bleak. Being an optimist, I feel he may be able to make a comeback in the hearts of the American people.

I have a plan. Trust me. This past Sunday, Jan. 29, set the plan in action in my mind. On Sunday, Super Bowl XXIX took over the TV screens of millions of Americans — not to mention foreign sets.

During the pre-game show, a short documentary of how the game-favorite San Francisco 49ers overcame financial difficulties during the year caught my attention. The National Football League had imposed a salary cap on the teams. While this saved them a little money, the Niners needed a top-notch team for the 1994-95 season if they were to return to the Super Bowl.

The rising costs of player contracts and the need to bring on experienced, talented and costly players to create a team that could return to the Super Bowl hit the Niners' owners hard.

But the team got million-dollar players, like Deion Sanders, to build a team destined to play in the final game.

How did they do it?



Selena Woody

Mind Meld

They asked some of the new players if they would work for less money, and if the owners could defer the bulk of their salaries until after the season was over and the profits from the games were counted.

The players agreed. One player said it was playing the game that was important to him, not the money.

The agreement between the owners and the players paid off. The owners could afford to keep the good players with high salaries the team already had and gain good players at the same time with promises of a fat check later and a Super Bowl ring.

The faith and dedication of all involved led the 49ers to their first Super Bowl victory in the 1990s. And with dedication like that, we will probably see more of this team like we did in the '80s.

Seeing all this dedication and selflessness made me wonder why

football isn't the national pastime. After all, the Super Bowl is the most-watched television event and the most hyped game. I venture to say it is also the most loved by the American people.

But we claim baseball is our national pastime. A game where no one gets tackled over 200 times in three hours, where no constant action pumps through anyone's veins, where endurance is an option and there's a bench on which to rest your over-paid bottoms.

Not to mention the pastime of baseball players seems to be crying they don't get paid enough to stand in a field, chew tobacco and scratch parts of their bodies we don't want to know about.

As a matter of fact, they cried so much, they caused the entire season to be canceled last year.

What exactly does our "national pastime" say about us? I hope I'm not that boring and greedy.

So back to my point. President Clinton can save his butt by banning baseball, at least major league baseball, and declaring football the national pastime.

It's as simple as a presidential order.

Clinton could be president, we could watch football all the time and we'd never have to be bugged by baseball.

LETTERS FROM OUR READERS

O'Donnell men say goodbye to floor pal

We only knew you a short time, but you were one of our best friends. Your smile had the warmth of the sun, and your eyes had the twinkle of the stars.

You were our man in the middle. You showed us more knowledge and compassion than anyone ever did, you were never quick to judge. You were one in a million.

Without you, this floor will never be the same. There

is a void that can never be filled.

Friendships last forever, no matter how they end, and we know that we will always have your friendship and guidance. You were special to us here on the fourth floor. To us, you will always be the man in the middle.

We love ya Adam "Flash" Gordon. You will be missed.

The O'Donnell Fourth Floor Guys

HOW TO REACH US

■ To report a news story or idea

News
Matt McCarty.....622-1872

Features
Christina Rankin.....622-1882

Activities
Linda Fincher.....622-1882

Arts & Entertainment
Doug Rapp.....622-1882

Sports
Mary Ann Lawrence.....622-1882

Tim Mollette.....622-1882

■ To place an ad Display

Monica Keeton.....622-1881

Classified/Subscriptions

Anne Norton.....622-1881

■ To suggest a photo or order a reprint

Michael Ausmus.....622-1882

■ To reach us by e-mail:

Internet: progress@acs.eku.edu

■ To subscribe

Subscriptions are available by mail at a cost of \$1 per issue; \$15 per semester; or \$30 per year payable in advance.

■ To submit a column
The Progress gives readers an opportunity to express more detailed opinions in a column called "Your Turn." Columns should be mailed to The Eastern Progress, 117 Donovan Annex, Eastern Kentucky University, Richmond, Ky. 40475. The deadline is noon Monday prior to publication. Columns will be printed in accordance with available space.

PERSPECTIVE

UPS & DOWNS



Men's basketball

For turning a losing season around with three recent wins, including a 10-point victory at Morehead.



Dick Armey

For demonstrating poor leadership quality by calling U.S. Rep. Barney Frank a "fag."



Eastern

For looking into the needs of handicapped students and working to improve campus accessibility.

Weather channel holds the key to golfing's ultimate utopia

I've never been a big fan of the Weather Channel. Weathermen, or meteorologists rather, talking about warm fronts and cold fronts and making bad weather jokes really doesn't interest me.

I figure if I walk outside and I get wet, the chances of rain are good. If I can fry an egg on my window sill, shorts are probably appropriate.

It doesn't take an Einstein to determine what the weather is going to be like each day.

But, I must admit, today I will be tuning in to the Weather Channel and will be watching with all my hopes and dreams hanging on the weatherman's every word.

Today is Groundhog Day, and it holds the key which could unlock the closet door containing my golf clubs.

I am an avid golfer, but when October rolls around I must trade in the golf carts and putters for desk chairs and Super Nintendo control pads.

February, however, is the last full month of winter and about the time I start cleaning my golf clubs and preparing to invade the golf course every day.

I'm hopeful that Mr. Groundhog



Matt McCarty
My Turn

crawls out of his hole on the Par three 13th at Arlington, sees nothing but a golf ball racing toward the pin and then crawls back in without seeing his shadow.

Because I, like many other fellow golfers, would hate to see six more weeks of bad weather.

I can't even read a green on a perfect August evening, much less with 10 inches of snow on the ground.

So the sooner spring comes, the sooner I can return to my utopia.

To me, golf is an opportunity to get some fresh air and exercise while taking out all of my anger and frustration from the previous work week on a little golf ball.

Golf is very relaxing. You're out in open fields surrounded by beautiful settings.

Just you, the freshly cut grass and the foursome of old men in front of you drinking beer and curs-

ing their driver for an untimely slice.

The game does have its drawbacks though. It is frustrating when your 40-foot putt stops inches from the hole.

It can also be embarrassing when you are talking to a friend later, and he realizes your score was for nine holes, not 18.

I don't play the game because I want to someday be a professional golfer, but because I enjoy the sport and the competition with other golfers who are almost as bad as I am.

I do, however, envy pro golfers because they can play at some of the most beautiful golf courses in the world year-round.

The closest I'll ever come to most of those courses is the television set in my dorm room.

So until the days get longer and the temperatures start to rise, I'll just settle for watching golf on the tube.

I realize many people think that watching golf is boring, but it sure beats the warm front out of the Weather Channel.

McCarty is a sophomore journalism major from Painsville and news editor for the Progress.

PEOPLE POLL

Compiled by Doug Rapp

Question: What is your opinion of President Clinton's proposal to increase the minimum wage?



"Sounds like a good idea. It'll help people in low-end jobs."
Chris Calciano, 24, physical education, Philadelphia



"I'm for it. I've been working since I was 16. It'll help out a lot, especially single parents."
Shon Shively, 23, child care, Louisville



"I think it'll be good. The people do need it. Prices are rising and tuition is up."
Avery Dorsey, 21, undeclared, Louisville



"I think it's about time — \$4.25 is pretty low. Servers don't even get that much."
Tricia Haney, 20, occupational therapy, Ft. Mitchell



"It sounds good, but not good in the long run. It'll hurt inflation."
Dennis Wagers, 33, education, Manchester

'Coming out' means going into an unsympathetic world

A few years ago, two friends of mine came out and, at separate times, announced they were gay. It was not a shock for most of us and instead simply acted as a confirmation of suspicions. They were met with the same scorn and ridicule that one can expect in a basically narrow-minded Eastern Kentucky county, but at heart I knew nothing had really changed in Mike and David; they were the same guys I had been friends with before and would continue to be friends.

But my friend Jackie didn't take David's announcement well. He and David had been close friends in high school, and the three of us had spent countless hours goofing off together, sleeping over at one or the other's house and staying up until dawn talking about the marching band, about our dreams of being a musician or a drummer or a writer, about whoever the lust of our lives was that week, whatever her name was.

David had dated girls in high school, and tales of his conquests and adventures used to enthrall Jackie and me; stories involving large household appliances and indiscreet meetings in shrubbery and the front seats of moving cars. It was all great stuff to be told at the kitchen table around pizza and popcorn at two a.m.

Then David began going through personal problems and announced he was gay. It hit hard to the core of Jackie's heterosexual paranoia. He's a bigot of the first order and nothing gets him going more than a chance



Chad Williamson
Sea of Waking Dreams

to rant against "niggers and faggots." To have someone he had once considered a friend say he was gay was to have years of trust and loyalty swept away.

All that Jackie could think about was how David had seen him changing clothes, how they had slept only feet apart from one another, how they had talked about women and all the things teenaged boys say when they talk about women.

It was something I thought about too. David and Jackie had always sided with each other when we'd have our late night arguments about racism or sexual politics or bigotry. David was like Jackie, who couldn't understand how anyone chose to be gay.

So to have David "choose" to be gay hurt Jackie, destroyed his faith and belief in someone he had once called his friend. He pushed David away from him and his family and effectively ruled him dead as far as he was concerned.

Mike's declaration was less shocking. Oh, he told his stories about a girl he had dated, but people had always suspected something with Mike. He seemed to fit too eas-

ily into the stereotypes people like to set up for homosexuals. Mike was never a stereotype, though; he was simply Mike.

So Jackie shoved Mike out of his life because, Jackie said, Mike made the wrong choice by being gay.

But it is actually Jackie, and other people like him, who make the wrong choice. They choose to believe someone makes these types of decisions, that you can select who you want to love.

You do not wake up in the morning and decide you are gay or straight. No one does. No one chooses to do something which will alienate him or her from the majority of the human race, to do something that will make others hate him and despise him and fear him.

The only decision made in these situations is the decision of whether you want to perpetuate the hatred and fear. It's so easy and natural to do because human nature is to hate something we don't agree with, to hate something we may fear because it is different. But it's too easy to take that way out, to give ourselves the option of hate.

There will never be a time when every human will accept homosexuality, because to ask for that much is to ask for mankind to reverse millenniums of teaching. Instead, we must work toward a goal of understanding the differences and then ignoring them.

The differences, we may discover, will not matter when we realize how very similar we all are anyhow.

HOW TO WRITE THE PROGRESS

The Eastern Progress encourages readers to write letters to the editor on topics of interest to the university community.

Letters should be typed, double-spaced and limited to 250 words. They may be edited for length.

If a letter has excessive errors, the editor reserves the right to urge the writer to make revisions.

The Progress reserves the right not to publish letters that are judged to be libelous or in poor taste.

Letters should contain the writer's signature,

address and phone number. Letters will be verified.

The Progress also gives its readers an opportunity to voice opinions in a column called "Your Turn."

Those interested in writing for this column should contact the editor prior to submitting the article.

Letters and columns should be mailed to The Eastern Progress, 117 Donovan Annex, Eastern Kentucky University, Richmond, Ky. 40475.

Letters and columns may also be submitted by e-mail at progress@acs.eku.edu.

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NEWS BRIEFS

Compiled by Matt McCarty and Caroline Bandy

Plans in works to 'moove' cows

CAMPUS Stalend dairy is a few steps closer to moving the infamous cows out to another pasture.

The campus dairy is being relocated from across the bypass to Meadowbrook Farm, located in Waco between Richmond and Irvine.

Director of farms Michael Judge said the committee was still working on the move and trying to get their plans and specifications together.

"We hope to have the plans together by the middle of February," Judge said.

There will be 137 cows involved in the move, which is planned for fall of this year.

"Everybody wants to get this done as efficiently and as rapidly as possible. The small details have to be worked out. Once the bid is set, if anything is forgotten or left out," Judge said, "it will cost extra to change."

The relocation offers several advantages, including a more labor-efficient operation. The dairy will also be state-of-the-art to provide students with the most modern equipment.

Although the move has its positive points, the dairy will be further removed from campus to students.

Psychology program receives full five-year accreditation

Eastern's psychology program has met accreditation standards and has received full five-year accreditation from the National Association of School Psychologists and National Council for Accreditation of Teacher Education.

Eastern is one of only two fully accredited school

psychology programs in the commonwealth.

It gained its accreditation for a three-year post-baccalaureate program by meeting standards in admissions and graduation requirements, curriculum, faculty development, internship and practicum experiences, and institutional facilities and resources.

The program prepares graduates to work in school districts or enter a doctoral program.

Civil Defense workers retire after 20 years

City Two members of the Richmond/Madison County Civil Defense department will be calling it quits after more than 20 years of service.

Howard and Neal Colyer said farewell to their positions Friday after announcing their retirement last November.

Howard Colyer was the director and his wife, Neal, was the secretary.

Jobless rate declines from November figures

Madison County had a jobless rate of 4.3 percent for December of 1994, lower than the state rate of 4.4 percent.

The jobless rate shows a decline from the previous month, where a 5.1 percent rate was reported.

The county, which had 1,676 people out of work at the last report, was one of 78 counties to have its unemployment rate drop.

Unemployment statistics are based on estimates and are compiled to measure employment trends rather than to actually count people working.

POLICE BEAT

Compiled by Janna Gillaspie

The following reports have been filed with the university's Division of Public Safety:

Jan. 20
Bradley A. Gastright, 19, Commonwealth Hall, was arrested and charged with alcohol intoxication.

Jean S. Smith, Dizney Building, reported her wallet stolen from her office in the Dizney Building.

Jackie Vance reported damage to a door at Model Lab School.

Jan. 21
Mark W. Starnes, 18, Richmond, was arrested and charged with disregarding a traffic light and driving under the influence.

Cary Leon Williams, 19, O'Donnell Hall, was charged with possession of alcohol by a minor.

Jan. 24
Gary D. Bingham, Lexington,

reported his book bag, containing several books, stolen from outside Alumni Coliseum.

Angela R. Hunt, Clay Hall, reported two masked men robbed her as she was walking from Clay Hall to Crabbe Library. The men took five rings.

Jan. 25
Judith Pollmann, Rowlett Building, reported someone had been using her calling card number without her knowledge.

Jan. 26
Troy D. Gibson, 19, Mishauka, Ind., was arrested and charged with driving under the influence, possession of alcohol by a minor, no operator's license and driving the wrong way on a one way street.

Florine Renfro reported someone had entered and ransacked the women's locker room in Alumni

Coliseum. Nothing was damaged or missing.

Jan. 27
Mark A. Dudley, 20, Corbin, was arrested and charged with criminal trespassing in the third degree.

Don R. Taylor, Jr., 20, Williamsburg, was arrested and charged with alcohol intoxication.

Jan. 28
Walter J. Rucker II, 25, Louisville, was arrested and charged with driving under the influence of alcohol and having expired tags.

John D. Otter, 18, O'Donnell Hall, was charged with criminal mischief.

Jan. 29
Richard C. Gibney, 22, Marysville, Pa., was arrested and charged with alcohol intoxication.

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MUST BE 21 WITH VALID ID

Tax cuts need to be balanced by budget cuts, Moberly says

By Chad Williamson
Managing editor

Spending cuts will need to be made to help offset the effects of tax cuts passed by a special session of the Kentucky General Assembly, according to Chairman of the House Appropriations and Revenue Committee Harry Moberly Jr. (D-Richmond).

The General Assembly voted last week to pass legislation exempting up to \$35,000 a year in all retirees' pension benefits from state income taxes and eliminating state inheritance tax for a dead person's parents, children, grandchildren, siblings and half-siblings.

Moberly said he would have preferred to have also dealt with budget cuts during the session, but the legislature could only deal with what Governor Brereton Jones had placed

on the agenda.

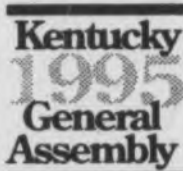
"It should have been done as a total package," he said. "It would have been better to have taken official action on budget cuts as we worked on the tax cuts. That's the most prudent way to operate."

Moberly said he supported the cuts themselves as helping a number of citizens.

"There was a fairness issue that had to be addressed," he said. "They were fair tax cuts. It was needed tax relief."

The Lexington Herald-Leader and political leaders in the state had come out against the cuts as shortsighted and possibly harmful.

Moberly said he had voiced early concerns the cuts could harm fund-



ing for education, and the cuts could do some damage without budget cutbacks.

"(The cuts) could (hurt funding) unless we find some nonessential parts of government to find some revenue," he said. Moberly said he plans, as chair of the Appropriation and Revenue Committee, to begin exploring the possibility of budget cuts.

"Two areas we can find quite a bit of waste is in the number of government employees and in Medicaid," he said. Medicaid is one of the programs that has received much attention of late as state Human Resources Secretary Masten Childers II has led sweeps in cutting government waste.

Moberly said he would like the money saved in the budget cuts to be rechanneled into education at all levels.

Merger affects banking

Progress staff report

The merger of United Bancorp of Kentucky, Inc. and National City corporation affiliate National City Bank, Kentucky will be beneficial to university employees and students.

National City Corporation, the parent company of National City Bank, Kentucky announced the agreement to merge last week. The merger is expected to be completed during the second quarter of 1995.

National City Bank, Kentucky serves 10 communities in Kentucky and southern Indiana with over 100 branches.

United Bancorp, headquartered in Lexington, is a \$600 million asset bank and thrift holding company.

Following the completion of the merger, United Bancorp's banks will adopt the National City name, including the four branches of Richmond Bank & Trust.

Eastern Kentucky University does its banking through National City Bank in Lexington.

The merger will allow university employees and students to cash checks through the National City Bank locations here in Richmond, without paying a cashing fee.

Most of the university's banking will still take place in Lexington.

ZONE

February 3 & 4

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Opinions mixed on wage increase

By Caroline Bandy
News writer

A proposed minimum wage increase by President Bill Clinton has caught the attention of students who would be affected by the hike.

The new minimum wage would hike the current \$4.25/hour to \$5.00/hour over the course of two years.

Economics Director James O'Conner believes this proposal will be more likely to lead to a raise than proposals in previous years.

"When the minimum wage was

increased in 1990 from \$3.65 to \$4.25, it was expected that there would be fewer jobs," O'Conner said, "but recent studies have shown that there was not a significant negative effect on employment."

Work study students shouldn't worry about any adverse effects of the possible wage hike, according to work study counselor Claudia McCormick.

"When minimum wage goes up, then the federal government does not automatically increase work study money," McCormick said.

"We'll have the same students working and the same number of positions, but they'll have less hours."

Some students are concerned about the proposal, while others remain neutral.

Demian Gover, an Eastern sophomore who works for minimum wage, sees a definite need for the raise.

"A minimum wage increase would give people an incentive to work," Gover said.

Freshman Gurney Lee is for the proposal, but feels it would only lead back to the consumer.

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Maintenance cause for VAX shut-downs

By Caroline Bandy
News writer

Lately, Eastern's fiber-optic freeway has periodically run into some major traffic jams, and students are beginning to take notice.

The frustration developed with the downing of last semester's VAX accounts. Often-times the computer informed the clients that the VAX would be up at 6:30 p.m. or 8 p.m., but as the night progressed, the expected up-time was delayed — often not returning until the next morning.

As students filed in to retrieve over-the-holiday messages at the start of the semester, they received the following warning:

"URGENT! Because of the

recent problems we've been experiencing, an old mail directory file has been placed on your account."

This was due primarily to a backup experienced between Jan. 6 and Jan. 10. Students were then given information on how to retrieve lost mail. According to Academic Computing Services, this procedure should be the last part of the backup recovery.

Eastern VAX clients have expressed mixed messages about the occasional shut-downs.

Stephanie Looney, an Eastern junior and police administration/CIS major, voiced her opinion on the VAX irregularities.

"First of all, there are people that keep in touch with their friends and family through e-mail...it's very



Progress/MICHAEL AUSMUS
JUST THE VAX — Brian Courtney, a senior physical education major from Florence, works on the VAX system at a terminal in the computer room in the Powell Building.

inconvenient for them when it's down," Looney said.

Freshman Alicia Perkins, a Hearing Impaired Education major at Eastern, keeps in touch with her family in Korea and is satisfied with ACS's overall performance.

"It hasn't been too much of a problem. I'm just grateful to have it (e-mail). I'm not going to complain," Perkins said.

ACS Director Carol Teague con-

tends that most of the shut-downs are usually a result of hardware maintenance, up-grades in software, and the cleaning out of disk drives.

With over 1,800 clients with VAX accounts, mistakes are bound to occur.

"Occasionally, things don't work the way we expect them to," Teague said. Teague asserts that ACS holds a record of 98 percent up-time.

The VAX accounts are accessible 24 hours a day, seven days a week.

Senate to hold elections for vacant positions

By Janna Gillaspie
Assistant news editor

The Student Senate will be holding senator elections a week from today on Feb. 9. Seven vacancies on the senate need to be filled; however, there may be more by the time the elections are held, the senate announced in its Tuesday night meeting.

Three letters of resignation were

read during the meeting, two from senators who were required to resign because they no longer met the requirement of being full-time students.

The four other spots were left open because the senators did not abide by the senate's attendance policy.



Applications are available in the Student Senate office. The deadline for the applications is Tuesday, Feb. 7 at 4 p.m.

Candidates must attend a mandatory meeting in the Jagers Room of the Powell Building that evening at 6.

Applicants must have a 2.0 grade point average and be a full-time undergraduate or graduate student.

Students may vote Feb. 9 from 9:30 a.m. to 3:30 p.m. in front of the

Powell information desk.

Also during the meeting, the Committee on Student Rights presented to the senate for approval a proposed resolution concerning improving lighting on campus.

The resolution, including suggested areas where lighting should be improved, was passed by the Student Senate and will now be sent to the Council on Student Affairs to be reviewed.

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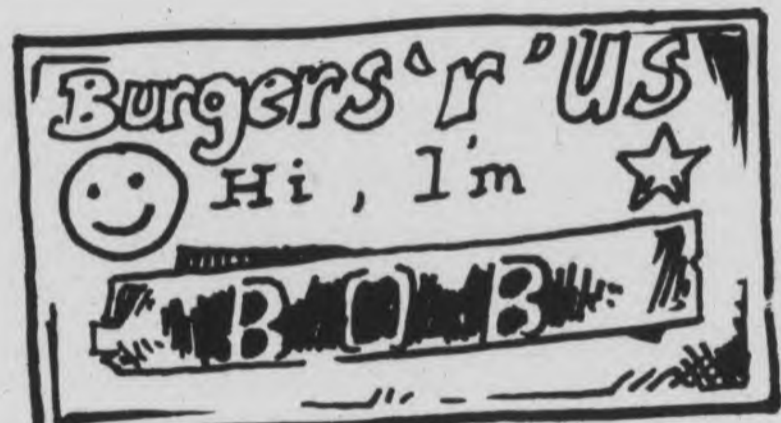
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Education takes lead at candidate forum

By Chad Williamson
Managing editor

LOUISVILLE— Continued support of funding for education was on the minds of four gubernatorial candidates during a press forum Friday as they presented their stances on issues for the primary campaigns.

The candidates—Democrats Paul Patton, Bob Babbage and Gateway Galbraith and Republican Larry Forgy—spoke at the Kentucky Press Association's winter convention on the issues they felt were most relevant to the state.

The candidates all agreed that education, both at the secondary and college levels, was not receiving its due attention, and reform was necessary.

"We are getting short-changed in higher education," Forgy, a Louisville lawyer, said. "A serious look needs to be made at higher education."

Added emphasis on post-secondary education was promised by Patton, now lieutenant governor and former Pike County judge executive. Patton said the payoffs of funding higher education will be seen in future revenue for the state

from college-educated citizens.

"That's the reason we fund higher ed., to pay for what we need," he said.

Bob Babbage, now secretary of state, said the problem of duplication of programs throughout the state needed to be examined and eliminated. Galbraith, a Lexington lawyer who supports the legalization of marijuana, emphasized access to higher education for everyone and the possibility of beginning an associate degree for students working in a trade.

The Democratic candidates did not support the recent tax cuts voted by the special session of the Kentucky General Assembly, exempting up to \$35,000 a year in all retirees' pension benefits from state income taxes and eliminating state inheritance tax for direct relatives of the deceased, both taking full effect by 1998.

Galbraith called the cuts "politically motivated" and said "any action at this time would be short-sighted," while Babbage said he supported cuts over time.

Forgy supported the cuts in saying "you can't tell me cutting the tax on a \$5,000 pension is regressive."

Job search focus of conference

By Lanny Brannock
Contributing writer

Eastern Kentucky University's Division of Career Development and Placement will give juniors and seniors a chance today to sharpen skills which may shape the rest of their lives.

Job Search '95 kicks off at 10 a.m. in the Powell Building with hopes that students entering the work force in the next two years have an idea of what the process of getting a job is like and how to do it better.

"We want to give juniors and seniors a chance to shape up their job search skills," Laura Melius, assistant director of CD&P, said.

Eight area businesses will be at the event conducting mock interviews that will last approximately 20 minutes to give the students a chance to learn what real employers want in an interview, what to bring and how to dress.

"It gives Eastern students

experience with actual interviewers," Carol Horn, the Educational Supervisor for Madison County Schools, said.

Some of the recruiters who will conduct interviews during Job Search include the Commonwealth of Ky., Fastenal, Host Communications, J.C. Penney, Keller Manufacturing, Kentucky American Water, Madison County Schools and the Radisson Hotel.

Students will receive immediate feedback once the interview is finished.

"Not only will it give students a chance to work on their interview skills, but it will give school districts a chance to see who is coming out in the spring and who will be graduating next year," Horn said.

After the interviews, there will be a Business Etiquette Luncheon. The Luncheon will show students how to conduct themselves during a business lunch or be interviewed during a meal.

PRESIDENT: KERA may solve open admissions problem soon

Continued from front

have moved ahead of education, such as prisons, welfare, health care. It's going to get much tougher to make ends meet on these university campuses. We're going to have to take a hard look at ourselves at the way we've done things for 50 years or 100 years and probably make some significant changes.

Q: Are students underprepared and should Eastern's open admissions policy be stricter?

A: You have to look at the state you're in, the population that you're serving and the region and look at your mission. I personally don't have any problem with setting high admission standards, but I don't think this institution, this state and this region are ready for this at this point. We've got a thing called KERA out there, and hopefully one of these days that is going to solve part of this problem.

Q: Faculty say they are overloaded. What can be done?

A: I don't think the answer to that is adding people. The answer to that is becoming more efficient and effective. It might be we can make better use of technology in the classroom and our offices, and we are probably going to have to stop doing things that are low priority.

Q: Some faculty have also said they feel pressured to do research work. Is that a pressure?

A: There shouldn't be any tremendous pressure on faculty at this institution for research. We all want to see people do scholarly work and some research, but the tremendous pressure on all of us should be to be good teachers and be good administrators to support the teaching effort, because that is our primary mission — to turn out the very best student that we can.

Q: Some faculty and students have said we don't have enough



computers. What can be done?

A: We spent between \$25-30 million at this institution in the past 12-15 years on computers. We have a pretty good computer system at this university. We have 22 computer laboratories. Those are things that didn't exist on this campus 15 years ago. We hope that we will have more. I'm afraid we're getting overloaded in the meager equipment budgets that we have with the obsession that many of us have. We've got to have them, but we can't forget our other needs.

Q: Phone registration will need computers. Is that a priority?

A: We made it a priority simply because students and faculty and staff thought that it should be, and it is on the way. Hopefully, that could reduce the need for some personnel,

so the resources that we can save there are converted into the purchase of computers and the maintenance of those.

Q: What is your view on performance-based funding?

A: We have had a formula to fund this state's higher education system for about 12 years, and it has never been funded at the level we felt it should. So we are going to revamp that and put a new label on it and that label is performance-funding model. We're going to tie some of the funds we get to our performance.

We've been into this for a year now, and we are still trying to find the right thing to measure. But higher education should be held in higher esteem by taxpayers, if we can convince them we are performing.

ASBESTOS: Short exposure means little harm to workers

Continued from front

Occupational Safety and Health Association, said requirements for safety standards are containment of the area and wetting of the material.

"Some risk is involved with (asbestos)," Edwards said. "The longer the exposure, the greater the risk."

Street said several of the older buildings on campus contained asbestos in the tiling, ceilings and pipes, but they present no danger to people occupying those buildings.

He also said there was no danger involved to any of the students who live in the residential section of Case Hall.

Moore noted that asbestos is con-

tained in brake pads of older cars and, since it is a naturally occurring mineral, everyone is exposed to it.

"We have everyone breathed asbestos," Moore said, "but we're all not going to die from it."

He said nobody knows "exactly what amount of doses are safe."

"It's a potentially dangerous material," Moore said. "The more fibers released... the greater the potential for those fibers to be breathed."

Once asbestos gets into the air, it "tends to stay airborne for a long period of time," he said.

According to Moore, there are no immediate symptoms of asbestos inhalation.



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Christina Rankin, Accent editor

ACCENT



IT'S IN THE CARDS



Sports card collecting is not just a hobby; it's a money-making business

By Don Perry
Contributing writer

Whether it is the magic in the eyes of the 6-year-old who just opened a pack of cards to find one of his favorite player or the thought of selling that old card found in the attic for thousands, collecting sports cards is fascinating for people of all ages.

This fascination began nearly 80 years ago and is growing with age.

Jim Wiseman, owner of Baseball Cards, a Richmond card shop, said he sees people of all ages in his store.

"Anywhere from 5 years old to 70 years old," Wiseman said.

So what about sports cards is so fascinating that it can draw so many diverse people to the hobby?

"I don't know. I guess it's the chance for them to get cards of their heroes," Wiseman said.

The hobby

For years people have bought cards to catch their favorite player frozen in time on a piece of cardboard.

Collecting cards was a way of kids having fun and being a part of the game.

The hobby has always been a way of bringing people closer together, said Mike Hall, a card dealer who set up shop at the Richmond Mall last month during a card show.

"I see fathers and sons in here together, and have even seen fathers and daughters in here looking at the cards together," he said.

Collecting cards has long been a pastime treasured by sports fans and is a hobby that can be passed from generation to generation.

Although collectors may be fascinated with memories of their favorite players brought back by shuffling through an old box of cards, many collectors have become just as fascinated by the enormous values of their cards.

Jesse Kelsey, a freshman from Painsville, bought one baseball card because of the player — Lew Alcindor. It was his rookie card.

"It was the best card of one of the best players of all time, so when a good deal on it came along, I had to take advantage," Kelsey said.

The industry

Sports cards began making the move from hobby to industry in 1981.

Most dealers and card-collecting magazines recognize that year as the turning point of card collecting because of the addition of two new sets to compete with the longest lasting card company of all time — Topps.

When Donruss and Fleer introduced their sets in 1981, card manufacturing companies began marketing their cards as valuable collectibles.

As card companies started better marketing strategies, the dealers start-

ed placing values on their cards.

Soon Dr. James Beckett burst onto the card collecting scene with what would soon become the most respected guide to the values of cards.

Since its introduction in 1984, Beckett's magazine, Baseball Card Monthly, has spawned several other magazines listing current prices of cards from all sports and changing the collecting world forever.

The industry kept growing until buying a pack of cards was like purchasing a lottery ticket, said Hall.

People are interested in getting a pack of cards and finding a limited print card worth instant money, he said.

With the growing industry came growing numbers of cards printed in very limited quantities. These cards are randomly inserted in new packs of cards and are very difficult to obtain. They can carry a face value of as much as \$2,500 fresh out of the pack.

These cards, commonly known as "chase cards" are the hottest things on the market right now, Hall said.

Kelsey said he thought rare cards are making card collecting less of a hobby and more for money.

"I think the printing of rare cards has made the focus money and has taken the hobby out of it," Kelsey said. "It's for money, not for collectible anymore."

With the increasing values of cards comes the increasing value of packs of cards.

In 1984, a basic pack of Topps sold for 35 cents, but are now selling for at least \$1.29 at most stores.

With the growing prices, it may be hard for some collectors to buy the cards just for fun, unless you know the proper skills to obtain cards for your collection.

Collecting tips

The first thing a prospective collector should do is decide the reason for collecting cards. It could be either for money or just for the love of the hobby.

If you are collecting for money, you probably already know enough about card collecting to make it on your own. But on the other hand, if you are fairly new at the game and want to collect your favorite player or team, here are a few tips to do so both wisely and cheaply:

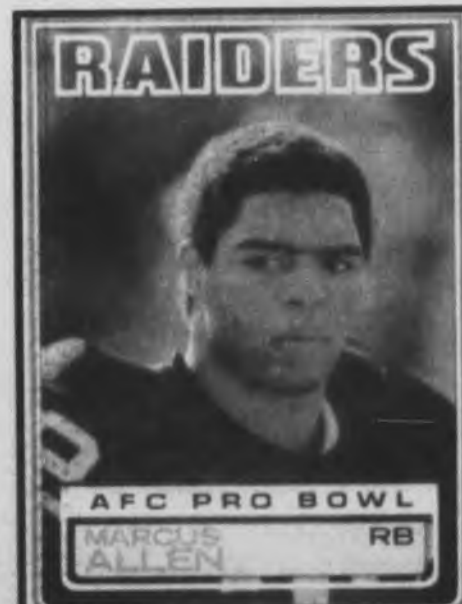
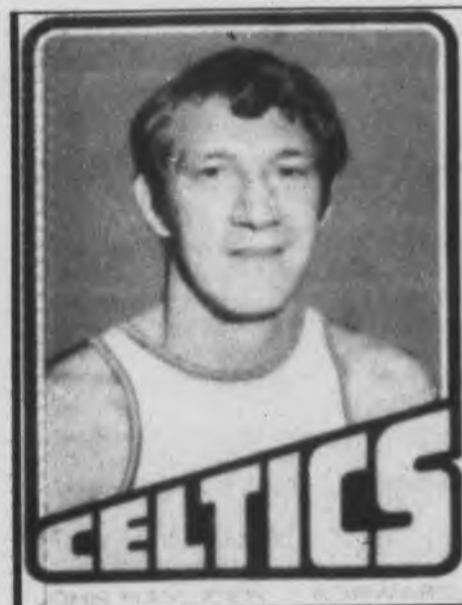
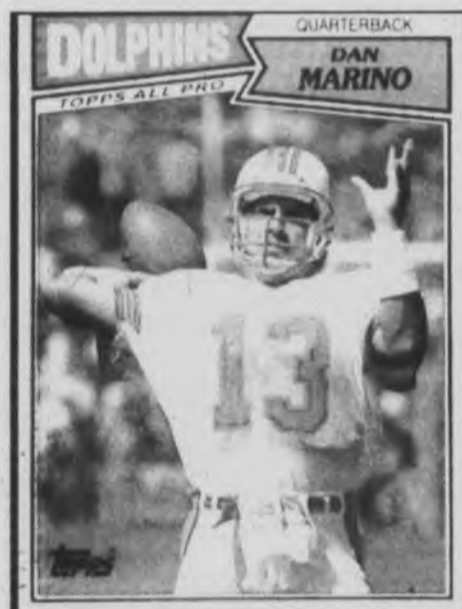
- First of all, decide what you want and how much you are willing to pay to get it. Make a list, and then you can start your search.

- Look around. Unless it is a once-in-a-lifetime chance to land a card you have always wanted, look elsewhere. It is likely someone will sell it cheaper.

- Never pay the listed high price for a card unless it is absolutely necessary.

- A great place to find cheaper cards is at a card show or a flea market. At card shows, dealers must compete with one another, so finding a good deal may be fairly easy.

- Always keep your options open.
- And have fun collecting.



The Bo Jackson card, left, is priced at \$1.50, less than what other sports cards may be worth, according to Beckett's Monthly.



PREVIEW

Thursday, February 2, 1995

Today

Jason Oby will present a faculty voice concert at 7:30 p.m. in Gifford Theatre. The event is free and open to the public.

Eastern's Division of Career Development and Placement will sponsor Job Search '95 in the Powell Building. Juniors and seniors are invited to participate in practice interviews, a business etiquette luncheon, sessions on "Job Search in Cyberspace" and Eastern's Candidate Referral System. For more information contact the CD&P office at 622-1567.

InterVarsity meets at 7 p.m. every Thursday in the Herndon Lounge of the Powell Building.

Saturday

Comedian/caricature artist Steve Gipson will perform at the Richmond Mall today at noon, 2 p.m., 4 p.m., 7 p.m. and Sunday at 2 p.m. and 4 p.m. Caricatures will be

FUNNY FELLOW—Comedian Steve Gipson will be performing at the Richmond Mall Saturday and Sunday.



done between shows.

Sunday

The International Choral Concert will be at 7 p.m. in Brock Auditorium.

Tuesday

Eastern's music department faculty will present a recital of the music of Paul Hindemith at 7:30 p.m. in Brock Auditorium.

Announcements

Christian Student Fellowship meets each Wednesday at 7 p.m. at the Daniel Boone Statue for food and fellowship. Sunday School meets every Sunday at 9:30 a.m. in the Burnam Hall lobby. Free breakfast.

All first year students receiving a Federal Stafford Loan for the first time are required to attend a loan counseling session. Counseling sessions will be held in

Room 108 of the Crabbe Library Feb. 6 through 10. Sessions will begin at 2:15 p.m. and last approximately 30 minutes. There will be one evening session Feb. 8 at 6 p.m. also in Room 108. Loan recipients must attend one of these sessions before the Stafford Loan check can be released. Loan checks will not be released at the meetings, but can be picked up beginning Feb. 13 in Room 3 of the Coates Building.

Registration for the New Beginnings weight loss program will be open through March 14. Meetings will be held in Rowlett Room 251 every Tuesday 11:45 a.m. to 12:45 p.m. Fees are \$10 to join and \$3 weekly. For more information, call Special Programs at 622-1228.

The American Cancer Society's Fresh Start group will begin Feb. 9 at the Intergenerational Center, 214 Jefferson St., Berea, from 7 p.m. to 8:30 p.m. There will be a total of four sessions. To register or for additional information, contact Margaret Suters, R.N., at 623-7312.

The Philosophy Club will present an Oxford-style debate entitled "What Is Prayer?" Feb. 9 at 7:30 p.m. in the Adams Room, Wallace Building.

Campus planner datebook changes: March 8 is the last day to withdraw, and the week of March 13 is a TRF week.

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FRI • JAN 27 1) Like Water for Choc. 2) My Left Foot 3) Rising Sun 4) Guess Who's ...	MON • FEB 6 1) Babys Day Out 2) Philadelphia 3) Threesome 4) About Last Night	WED • FEB 15 1) Making Love 2) Compromising Positions 3) Intimate Moments 4) Making Love	FRI • FEB 24 1) Naked Gun 33 1/3 2) Guarding Tess 3) Airhead 4) Lassie
SUN • JAN 29 1) Dead Again 2) Mrs. Doubtfire 3) Point Break 4) Sleepless in Seattle	TUE • FEB 7 1) Philadelphia 2) Threesome 3) About Last Night 4) Babys Day Out	THU • FEB 16 1) Carnal Knowledge 2) Compromising Positions 3) Intimate Moments 4) Making Love	SUN • FEB 26 1) Lady Sings the Blues 2) My Life 3) Post. from the Edge. 4) Regarding Henry
MON • JAN 30 1) Mrs. Doubtfire 2) Point Break 3) Sleepless in Seattle 4) Dead Again	WED • FEB 8 1) Threesome 2) About Last Night 3) Babys Day Out 4) Philadelphia	FRI • FEB 17 1) Compromising Positions 2) Intimate Moments 3) Making Love 4) Carnal Knowledge	MON • FEB 27 1) My Life 2) Post. from the Edge. 3) Regarding Henry 4) Lady Sings the Blues
TUE • JAN 31 1) Point Break 2) Sleepless in Seattle 3) Dead Again 4) Mrs. Doubtfire	THU • FEB 9 1) About Last Night 2) Babys Day Out 3) Philadelphia 4) Threesome	SUN • FEB 19 1) Lassie 2) Naked Gun 33 1/3 3) Guarding Tess 4) Airhead	TUE • FEB 28 1) Post. from the Edge. 2) Regarding Henry 3) Lady Sings the Blues 4) My Life
WED • FEB 1 1) Sleepless in Seattle 2) Dead Again 3) Mrs. Doubtfire 4) Point Break	FRI • FEB 10 1) Babys Day Out 2) Philadelphia 3) Threesome 4) About Last Night	MON • FEB 20 1) Naked Gun 33 1/3 2) Guarding Tess 3) Airhead 4) Lassie	WED • MAR 1 1) Regarding Henry 2) Lady Sings the Blues 3) My Life 4) Post. from the Edge.
THU • FEB 2 1) Dead Again 2) Mrs. Doubtfire 3) Point Break 4) Sleepless in Seattle	SUN • FEB 12 1) Carnal Knowledge 2) Compromising Positions 3) Intimate Moments 4) Making Love	TUE • FEB 21 1) Guarding tess 2) Airhead 3) Lassie 4) Naked Gun 33 1/3	THU • MAR 2 1) Lady Sings the Blues 2) My Life 3) Post. from the Edge. 4) Regarding Henry
FRI • FEB 3 1) Mrs. Doubtfire 2) Point Break 3) Sleepless in Seattle 4) Dead Again	MON • FEB 13 1) Compromising Positions 2) Intimate Moments 3) Making Love 4) Carnal Knowledge	WED • FEB 22 1) Airhead 2) Lassie 3) Naked Gun 33 1/3 4) Guarding Tess	FRI • MAR 3 1) My Life 2) Post. from the Edge. 3) Regarding Henry 4) Lady Sings the Blues

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Troubador series still strummin'

By Doug Rapp
Arts editor

It's three years old and kicking. The Troubador Concert Series is beginning another year as Lexington's premier showcase for acoustic-oriented music in an up-close setting.

Started by local folksinger Michael Jonathon, the Troubador Concert Series, set in Lexington's Kentucky Theatre, began in March of 1993 with singer/songwriter Lucinda Williams providing the inaugural performance. The 1994 season saw the likes of John Prine, Don McLean and Ritchie Havens grace the stage.

Jenny Jonathon, wife of Michael Jonathon, said the series was founded on providing a place for intimate performances with emphasis on being an "audience-first" series.

"You're in a room where you can actually hear them (artists) playing. You're not sitting in smoke, with people being loud and obnoxious. People are actually sitting there, listening to the music," she said.

In April 1994, the Troubador Series branched out to the historic Paramount Arts Center in Ashland. Nanci Griffith kicked off the Paramount's 1995 schedule on Jan. 28.

The Troubador Concert Series in Lexington kicks off its 1995 schedule with country singer Billy Dean Feb. 16. Dean is best known for his No. 1 hits such as "Somewhere In My Broken Heart" and "Billy The Kid."

On March 1, four singer/songwriters share the bill: John Gorka, Patty Larkin, Cliff Eberhardt and Cheryl Wheeler. Rolling Stone magazine called Gorka "the pre-eminent singer/songwriter."

April 20 is scheduled for veteran mandolin player David Grisman and guitarist Tony Rice.



File photo

MAIN ATTRACTION—The Kentucky Theatre, on Main Street in Lexington, originally opened in 1922 and was almost destroyed by fire in 1987. After renovation, the theatre re-opened in 1992.

Eclectic fusion artists Bela Fleck & the Flecktones hit the Kentucky Theatre Stage May 3 and Grammy award-winning singer/guitarist Doc Watson is scheduled for May 18.

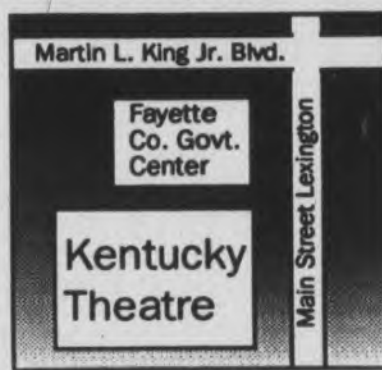
Other artists tentatively scheduled for summer and fall include Leon Redbone, JJ Cale, Donovan and Kris Kristofferson.

Jonathon believes those who've never been to a concert at the Kentucky Theatre would enjoy it.

"If you've never been in an intimate atmosphere, it's really different," she said.

"We have a lot of people come up and say 'This is the first time I've been to anything like this.' I think the nicest thing about it is your so close to the artist. There's not a bad seat in the Kentucky Theatre. It's just a much closer experience with the music because the artist is right there."

Volunteer-run and sponsored by Budweiser (even though alcohol is not sold or permitted in the theatre), the Troubador Concert Series plans



Progress/TERRY STEVENS

to branch out to Lexington's Opera House for larger, more mainstream acts. Emmylou Harris and the IndigoGirls are possibilities, and Grammy-nominee Sheryl Crow's management has contacted the Troubador series about performing there.

"We have a good line-up," Jonathon said. "Compared to last year, it's a little better."

Troubador Types

Billy Dean is best known for his #1 country hits "Somewhere In My Broken Heart" and "Billy The Kid."



FEB. 16



Rolling Stone magazine called John Gorka "the pre-eminent singer-songwriter."

MARCH 1



Bela Fleck & The Flecktones have been nominated for four Grammys.



MAY 3



Doc Watson won his fifth Grammy in 1990 for Best Traditional Folk Record.

MAY 18

Van Halen achieves 'balance' on new CD

By Chris Canfield
Ad design director

A new year, a new look, a new sound, a new album.

This is what Van Halen has to offer this time around. Along with some new haircuts adorning the heads of Edward Van Halen and Sammy Hagar, there is a new but familiar sound as well. Their new album, "Balance," is properly titled.



TEETER TOTS— "Balance" is Van Halen's 12th album.

The music on this disc is a balance of old and new for the band. More than that, it is a balance between a new, darker attitude and the light-hearted mainstream attitude the band is well-known for.

The album opens with a prime example of this newfound darkness on the track, "The Seventh Seal," which is an aggressive, driving cut focusing on the ills of the world's spirituality.

From there, the album treads back into more familiar territory with the classic light rocker "Can't Stop Loving You."

The album continues this balancing act of light and dark tones throughout.

Lighter offerings such as "Big Fat Money," "Take Me Back (Deja Vu)" and "Amsterdam," all seem to reflect back on classic Van Halen. The darker cuts are truly the powerful and driving force of this record. Tracks such as "Don't Tell Me (What Love Can Do)" (the first single), "Feelin'," and "Aftershock" delve into prob-

lems of the world and of human nature.

Edward even takes a personal descent into the dark side with his three instrumentals on the album, "Strung Out," "Doin' Time" and "Baluchytheryum."

Pretty original solos indeed. Along with all of this change, there is another new aspect for the band. They offer their first true ballad with "Not Enough" and show there is a softer side to this hard edge.

But never fear, as with all Van Halen offerings, the common denominator is that this album rocks. It gets better with volume and could possibly be the best collection from the boys thus far.

Edward Van Halen even stated in a recent interview that this album was recorded and mixed to cater to higher volumes and more prominent listening areas such as ones car stereo.



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The Eastern Progress
Thursday, February 2, 1995

Race: an unbalanced equation

By Linda Fincher
Activities editor

While most taking a quick look at Eastern do not detect racial tensions, Richmond chapter NAACP president and assistant developmental math professor Robert Blythe senses much disquietude.

"There are indicators on this campus that all is not well," Blythe said. Blythe, who in addition to his pastorate at First Baptist Church, and teaching position, has been the Richmond chapter president of the National Association For the Advancement of Colored People for three years, feels discrimination is evident at Eastern.

"We are dealing with people, and there are people who object to non-white students and faculty being here. There is an effort, I hesitate to call it an honest effort, to diversify the student body and faculty. There is resentment on the part of long-term, tenured faculty in the bringing in of minorities," Blythe said.

Blythe contends that the NAACP is dedicated to eliminating prejudices, but not at the expense of violating another ethnic group's rights.

"Fairness for all is what it's all about. It's not a hate group, and we aren't trying to lay a guilt trip on



TEACHER, PREACHER, REACHER — Rev. Robert Blythe questions the sincerity of Eastern's affirmative action policy.

Progress/
STACY
BATTLES

anybody," Blythe said. Membership numbers are a key factor in the longevity of any organization, and Richmond's NAACP chapter has felt the pressures of reduced numbers due to spontaneous support and then abandonment of the civil rights cause.

"Folks seem to know the chapter exists when they need something, but they don't realize that membership must be there for the chapter to exist," Blythe said.

One group that is totally unrepresented on the membership roster is Eastern students, due mainly to lack

of interest.

"In general, they don't understand the cost. We have to realize the price that was paid for them to be where they are. They are not aware. They probably figure they don't need it, that is, until something arises," Blythe said.

Richmond's chapter is trying to transfer energy from reaction to prevention of racial injustices.

"Education and prevention, rather than reaction such as in the Lexington situation," Blythe said referring to the recent Lexington riots.

Though vast improvements have been made since the NAACP's founding in 1910, Blythe believes there will always be a need for the organization.

"There will always be people whose attitude towards people will be negative," Blythe said. "Some say 'Look we are different; let's talk about it,' and some say 'We're different; let's fight.' Someone has to be the watchdog and be able to call foul."

Richmond's NAACP meets the first Thursday of every month, and student dues are \$5 annually.

For information, contact Blythe at 622-4989.

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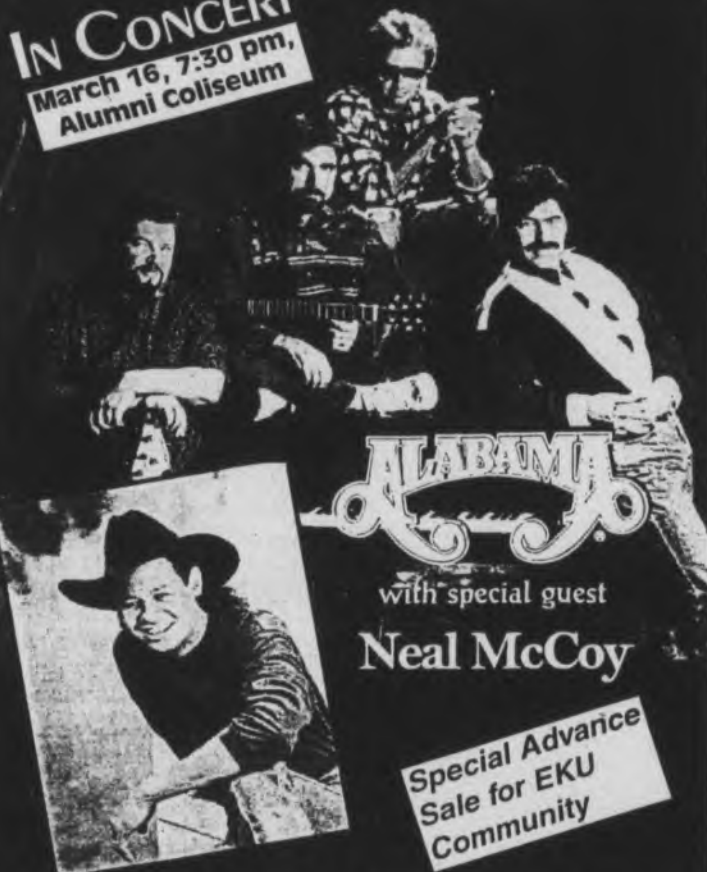
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Yoga offers a 'flexible' exercise alternative

By Danna Estridge
Staff writer

Yoga. The word might conjure up an image of someone sitting pretzel-legged on the floor, humming mantras and contemplating the mysteries of the universe.

That image is a misconception, says yoga instructor Amanda McMaine Smith, who will begin teaching a yoga class at the Weaver Dance Studio today.

"We don't do anything like standing on your head," or other difficult postures, Smith said.

Since the class is open to people with different levels of fitness and experience, Smith focuses on three basic elements of yoga: meditation, breathing and stretches.

Smith feels that the meditation aspect helps reduce stress, the breathing exercises energize the body and the stretches increase flexibility and strength.

"Yoga is a system of total body



Progress/MICHAEL AUSMUS
INNER REFLECTION — Smith's yoga class begins today.

awareness," Smith said. "It's a real individual exercise. Everyone takes it at their own pace," Smith said.

Yoga has been part of Smith's

daily activities for nearly 20 years, and she has taught yoga for 16 years.

The upcoming class at Weaver Dance Studio isn't Smith's first

time teaching yoga at Eastern.

Marianne McAdam, director of the Eastern Kentucky University Dance Theatre, has made the class available for the last three years.

"I like to make sure we offer yoga on campus," McAdam said. "It's a wonderful lifetime skill to learn how to relax and to release, and gain both flexibility and strength."

McAdam has practiced yoga for nearly eight years, and maintains that anyone can benefit from yoga.

"Yoga is for everyone," McAdam said. "I teach dance. I have a Ph.D. in dance education, and I've learned as much from yoga as I have my dance training in terms of how to teach movement, what to be aware of, technique. It's been very enlightening for me."

"People are welcome to come whether they've never done this before, or whether they've done it for years," McAdam said. "It's something you do for a lifetime, but at the same time, you just take in whatever you can handle,"

McAdam said.

The class is being offered as a series of seven sessions, but attending all seven sessions is not mandatory.

"It certainly is more beneficial to take a series," McAdam said. "You get a lot more out of it if you do it on a regular basis."

The classes will be held today and Feb. 16, March 2, 16, and 30, and April 13 and 27 from 6:30 p.m. to 8 p.m. in the Weaver Dance Studio.

Students should dress comfortably in loose clothing that does not restrict movement.

Cost for Eastern students is \$7 per session, or \$5 per session if four or more sessions are paid for at the same time. Cost for non-students is \$12 per session, or \$10 per session if four or more are paid for at the same time.

No advanced registration is required; students can register at the first class session. For more information, contact McAdam at 622-1901.

Yoga & You

- reduced stress
- heightened awareness
- clarity of mind
- enhanced balance
- increased energy
- enhanced creativity
- increased flexibility

Profs get last word in lecture series

By Linda Fincher
Activities editor

The end is here. Only one lecture left. Now what is the most important thing you can share with others?

Selected professors are being asked to answer just that during "The Last Lecture" series sponsored by the Office of Residential Development and Education.

The series, which runs through March, is highlighting seven outstanding faculty and their perceptions of what is the most important thing students should be aware of.

Presenting faculty were chosen on their merit as educators at

Eastern.

This year's series is the second of its kind at Eastern, and each professor is representative of one department.

"We try to scatter it out so everyone will have someone from their department this year or next year," McMillion said.

The diverse range of lecture topics reveals the extensive opinions and perspectives of Eastern's staff.

Merita Thompson will present "Filling Up Your Own Bucket: Celebrate the Temporary" at the series' next lecture Feb. 7 in the Dupree Hall recreation room at 9 p.m. The lecture focuses on the mistakes commonly made in living a

strong life.

Other lecturers in the series are Richard Freed, Mary Fleming, Dr. Terri Friel and Paul Blanchard.

Heading the series Jan. 24-31 were Joe Utay and Bonnie Gray.

All lectures begin at 9 p.m. every Tuesday and last approximately one hour with a question/answer period. Specifics on each lecture will be announced in the Progress' Preview section.

The series is being presented in residence halls so that students are put more at ease and realize their residence halls can be a place of intellectual growth.

"This setting gives the students the ability to ask questions and provides a learning and living experience in the residence halls, so it's not just a place where they go and sleep, but a place where they can learn," McMillion said

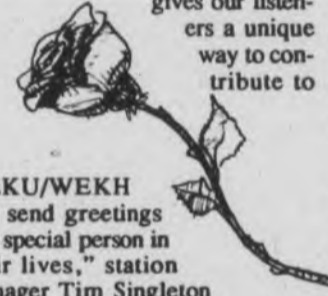
Radio promo coming up roses

Progress staff report

Flowers and soft music make a perfect couple on Valentine's Day, and thanks to a special promotion sponsored by Eastern's public radio station WEKU/WEKH, National Public Radio and Florists Transworld Delivery, listeners can indulge in both.

The promotion, "For the Love of Public Radio," is aimed at raising funds for Eastern's public radio while at the same time giving contributors a chance to send a gift of Valentine's Day roses.

"This Valentine's Day effort gives our listeners a unique way to contribute to



WEKU/WEKH and send greetings to a special person in their lives," station manager Tim Singleton said.

Listeners who call in contributions at 1-800-987-ROSE

from Feb. 6 through 6:30 p.m. Feb. 13 will be guaranteed F.T.D. delivery of either one dozen or a half-dozen roses to anywhere in the United States, Puerto Rico or Canada on or before Valentine's Day.

To send a dozen roses, a \$120 contribution must be made and to send a half-dozen roses, a \$60 contribution is required.

Listeners are asked to make their contributions using Visa, MasterCard, Discover or American Express credit cards.



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Thursday, February 2, 1995
Mary Ann Lawrence, Sports editor



Don Perry

Flagrant Foul

Fans make life tough for ladies

There comes a time in everyone's lives when they do something special or extraordinary, but for some reason it seems to go unnoticed or unappreciated. This is the time when we feel useless or like no one cares.

It is a deep, empty feeling. A feeling that eats at you and makes you wonder "Why should I even try anymore?" It is a terrible feeling no one should ever have to feel, but a feeling that Eastern basketball fans may be forcing down the players' throats.

No, it is not the men's team, with a school record 13 consecutive losses, the fans are punishing. It is the Lady Colonels and Coach Larry Jo Inman's accomplishments that are going unnoticed.

The Lady Colonels are sitting atop the Ohio Valley Conference with an 8-1 record and have the nation's third leading scorer Kim Mays, yet they lack support from both Eastern students and faculty.

Every time the Lady Colonels take the court, they can look up and see thousands of empty seats.

I would dare to bet that the high school All "A" Classic this week will draw more fans who are willing to drive over a hundred miles to see their team play. But students can't walk a few feet.

I will have to be the first to admit that I too am at fault. I don't give as much attention to the Lady Colonels as they deserve, but since then I have decided seeing MY team win a game is better than seeing a few dunks.

How can we stand and cheer loudly for the men's team during a 13 game skid, yet won't give a group of lady basketball players an ounce of our attention? I just don't understand.

Maybe if Laphelia Doss imitated her big brother and stole the ball at mid-court, took long strides toward the basket and effortlessly leaped over a defender and dunked the ball, just maybe people would hear about it.

Or what if Kim Mays started jacking high, arching Arlando Johnson-like three point shots? Do you think fans might become interested the next game?

I doubt it. Fans just don't find the women's game as exciting. It is not just the Eastern fans, but fans across the nation.

So this is your chance Eastern fans to show the college hoops world that the women's program is just as deserving of support as the men's programs.

Go to the next home game. Cheer as loud as you can. Applaud every good play. Scream at the refs, do whatever it is that makes the men's games so much fun.

Then after the game, sit back and think about what just happened.

You will have finally given the Lady Colonels some much-deserved credit for a job well done.

Lady Colonels, Inman hit century mark



DRIBBLING— Sophomore Tiffany Davis looks for an open teammate Monday, as the ladies rolled to a 103-90 victory.

By Tim Mollette
Assistant sports editor

MOREHEAD — In basketball terms, 100 can be a significant number in many ways.

Larry Inman and his Lady Colonel basketball squad obtained the elusive plateau twice Monday night with a 103-90 win over Morehead State.

A Kim Mays free throw with 1:02 left to play secured Eastern's 100-point output while the road victory gave Inman his 100th win as head coach of the Lady Colonels.

According to Inman, however, the win signified more for his team's season than just another coaching milestone.

"When you want to be in the hunt for a championship, you have to win at home and you want to win on the road," Inman said. "Coming in and getting this win in a hostile environment was important for us."

The MSU win came after a skin-of-the-teeth triumph over the University of Tennessee-Martin that, again, took Mays' work at the foul line.

This time, a pair of her free throws with 10 seconds left gave the Lady Colonels the win and contributed to Mays' 39 points.

While Mays shone in both wins, Inman said it is the contribution of the supporting staff that will be crucial if the Lady Colonels are to be a strong contender through the remainder of the Ohio Valley schedule.

"Having a balanced offense is important for us," Inman said. "We had players like Julie Haynes and Maisha Thomas-Blanton step up and spark our offense and Tiffany Davis, Trina Goodrich and Lisa Pace stepped up off the bench and contributed."

"Those players have to step up if we want to continue to be successful."

The balanced offensive performance that Inman spoke of was illustrated in the win over the Lady Eagles as Eastern posted five double-figure scorers, led by Mays with 26 and followed by Thomas-Blanton with 20, Haynes with 15, Stephany Davis with 12 and Samantha Young with 11.

After taking an out-of-conference

road swing through Western Carolina last night, the Lady Colonels will return to the grind of the conference schedule with a pair of home games— Murray State on Saturday and Southeast Missouri State on Sunday.

Eastern will find waiting for them one hard-pressing team, one strong offensive team and two legitimate threats to its 8-1 OVC record when it returns from the Carolina road swing.

"Murray has a good press that we need to be able to handle, and with SEMO we have to be ready to counteract their good offense," Inman said.

The key to the Lady Colonels' maintaining their share of the conference lead goes much further than strategy, according to Inman.

"We have kids that play together, and good things happen when you play together," Inman said.

"When you do the intangibles and lay it on the line every game without the little jealousies that can pop up in a team, then you have something special, and this team does all those things," he said.



SLIPPERY WHEN HOT — Junior DeMarkus Doss goes up for an off-balance jump shot on his way to nine points, three rebounds in the Colonels' 75-65 upset win over the Morehead Eagles Monday. The Colonels shot 42 percent from the field and 77 percent from free throw land.

Colonels stretch streak to three

By Mary Ann Lawrence
Sports editor

MOREHEAD — The Morehead crowd was one enormous chanting voice. The shaky young Colonels committed four fouls in as many minutes, and it looked as if they weren't going to pull it together.

But Eastern stayed with the Eagles in a see-saw first half. A first half that see-sawed so many times it was hard to believe when, with 4:16 left in the half, DeMarkus Doss laid in a perfect two-point basket to put the Colonels up by 10.

The crowd was no longer a factor and never became one, not even when the Eagles came within two with 11:02 left in the game.

"To keep playing well is to keep the crowd out of it," Calhoun said. "I think the crowd has respect for good play."

The win over Morehead ended the Eagles' try for a tie in the OVC race.

Calhoun said repeatedly that the Colonels had gotten lucky behind outstanding performances from Arlando Johnson and Curtis Fincher. Johnson finished the night with 19 points, five rebounds and Fincher

left Morehead with 16 points, nine rebounds.

"It was a matter of getting the ball into the right man's hands," Calhoun said. "We ran the set plays well, and the kids delivered it."

"Arlando has turned the corner. He made some big, big plays tonight."

Johnson led the Colonels in points while Fincher led in rebounds.

"Curtis has a great knack for the ball," Calhoun said. "What's important now is that we keep things in perspective. We have nine new players that want to be here."

Other Colonels scoring were DeMarkus Doss with nine, Marlon Stewart with eight, Aaron Cecil and Rodd Woods with six each, J.T. Shirer with five, Chris Jones with four and Wyky Tyson with two.

Next, the Colonels will take on Murray State and Southeast Missouri at home this weekend.

Before this win, more people were probably excited about this weekend because the Bud Light Daredevils will be at the Murray game.

"Both teams are extremely good teams, very athletic and very deep," Calhoun said. "Murray will press and use a 1-3-1 zone. I want to continue to trap the ball immediately and use the pick-and-roll offense."

SEMO will come to McBrayer off a victory over Conference leader Tennessee State.

"SEMO will bring its three best players, and of course they beat us down there in a heartbreaker, but our kids have hung tough and persevered," Calhoun said.

Despite injuries, tennis set for spring

By Mary Ann Lawrence
Sports editor

The key to this season's women's tennis opener is consistency, said Lady Colonel head coach Tom Higgins.

"I don't want to sound redundant, but I'd like to win," he said. "And, to do that we have to keep the ball in play, get some tough serves."

The women will face Akron at 2 p.m. tomorrow, and will take on Ball State at 1:30 p.m. and Marshall at 6 p.m. Saturday at home in the tennis fieldhouse across the Bypass.

"There will be some tough competition, and our main objective is to win," Higgins said. "And, keep our team healthy."

Two Lady Colonels, senior Kim

Weis and sophomore Olivia Nichols, were on the injury list at presstime.

Weis, an occupational therapy major, has a hand injury, and it is uncertain whether she will play this weekend.

Nichols has been diagnosed with the flu, but Higgins said it is hopeful she will play.

"We just want to get them all healthy," he said.

Despite the injuries, the team is optimistic going into the matches.

Ball State brings with them Lisa Druit, the No. 1 player in the Mid-American Conference.

"She will be the best player we'll come up against this weekend," Higgins said.

Akron comes to Eastern with a pair who won the fall doubles championships and are ranked number one in the Mid-American.

Weis and Liz Gosnell were slated to take on the pair, but with Weis'

injury, Higgins is unsure who will play.

"Hopefully, Kim will be all right," he said. "We're gonna have to cross that path."

The Lady Colonels have never played Marshall, whose women's team has only been in existence for two years.

"We don't know what to expect from them," Higgins said. "I want them to play as good as they can play, and the wins will take place."

Last weekend, the Colonel tennis team took on Western and Southern Illinois.

Colonels who won their individual matches against Western Friday were Tim Pleasant and Bart Little.

In doubles play, Little-Pleasant team won and Tyler Hayney-Alfie Cheng won.

Individuals who won against Southern Illinois were Pleasant, Andy Smith and John Dewey.

No doubles teams won.



SERVE IT UP — Senior twins Matt and Andy Smith compete in Friday's match against Western. The No. 1 seed in doubles competition lost to the Danny Barnes-Alex Lykos team.

Progress/JANNA GILLASPIE

Athletic siblings handle life together

By Lanny Brannock
Contributing writer

It is a difficult thing to play a collegiate sport, have a family, keep grades up and survive without losing sanity. It is made even harder when the person who was always there for you is suddenly gone too soon to imagine.

But to Maisha Thomas-Blanton and Danny Thomas, brother and sister athletes at Eastern, it is merely reality.

Maisha Thomas-Blanton is the one with the family. She married Keith Blanton in May, and she is the defensive guts of the Lady Colonel basketball team. Danny Thomas is her younger brother and a freshman receiver on the Colonel football squad.

Both are gifted athletes. Both are strong-willed leaders, and admittedly they are very much alike.

"It's how we were raised," Thomas-Blanton quips.

But not everything goes right all the time.

In March their mother, Gail Thomas, passed away at age 38. She had been the only parent they lived with since they were young.

"It has made us really close. This year has been really hard," Thomas-Blanton said.

In May, two months after the funeral, Maisha Thomas became Thomas-Blanton and in August started her senior year of college. Danny Thomas suited up for the Colonel football team in August for his first year of college.

In September, tragedy struck again when their father, Danny Thomas Sr., who lives in Indiana, had a heart attack.

"Dad has tried to step in and make up for what he missed. He is doing things a lot of fathers couldn't do," Thomas-Blanton said.

Still, they have trudged on with their lives. Sitting together, they both smiled and talked about their mother and what times were like growing up.

"Mom had me when she was 17 and Danny when she was 21, so we all grew up together. When we would watch scary movies, we would all pile in bed and put (baseball) bats on the side so no one would get us," Thomas-Blanton said.

"When we were younger, our mother was sick so she (Maisha) took care of me. She was like a mother figure to me," Thomas said.

The two have gone on with their lives and their sports, but with so much going on, Thomas-Blanton can't think about basketball as much



Progress/STACY BATTLES
ROLE REVERSAL— Colonel wide receiver Danny Thomas finds out what it is like facing one of the OVC's toughest defensive women's players, his sister, Maisha Thomas-Blanton.

as she once did.

"It's surprising. It is hard to deal with everything going on. Basketball doesn't have as much impact because so much is on my mind."

But the two make it by sticking together.

"I'll cry, and he will act so tough and we both try to hide our pride from each other. Mama always said we argue because we love each other so much," Thomas-Blanton said.

The two agree the person they both admire the most is their mother. "She was a strong woman. It didn't matter to her what people thought. When something had to be done, we knew she would take care of it," Thomas said.

Thomas-Blanton added, "She was a single mother on disability. She raised both of us, and I think she did a great job. She always told us we were her heart."

Track team eyes Indiana relays

By Tim Mollette
Assistant sports editor

With promising individual performances over the weekend in the Mason-Dixon Games and the US Air Invitational, Eastern's men's and women's track teams now turn their attention to the Indiana University Invitational in Bloomington this weekend.

In the still-young spring indoor season, the squads' main focus this weekend will continue to be achieving optimal physical condition.

"We still have to try to get back into shape before we start into anything else," said head coach Rick Erdmann. "Some of us came back from Christmas without having done anything in the way of training, so we are trying to work those people back into shape."

Those Colonel runners who did return to the indoor season in sound physical condition posted strong individual performances at the Mason-Dixon Games in Louisville Saturday.

In women's competition, Jennifer Thomas continued her prominent performance in the 55-meter dash, notching a first place time of 7.05.

Two women's relay teams, the 4 x 400-meter relay team of Ericka Herd, Vashti Canty, Felecia Hawkins and Lanin Reviere and the distance medley squad of Andrea Cooper,

Lorraine Thomas, Mandy Jones and Amy Clements, secured first place finishes as well.

Amy Hathaway's time of 4:58 in the 1500-meter run secured her a second place finish while in the 55-meter hurdles, Reviere and Canty finished second and third, respectively.

For the men, Scott Fancher finished first in the 1500-meter run, posting a time of 3:58, while John Nganga's 8:49 finish in the 3000-meter run was also good enough to garner top honors.

The distance medley relay team of Fancher, Titus Ngeno, Julio Moreno and Mike Henderson finished first with a time of 10:03.

In the 400-meter run, Troy Bacon finished second, and Bobby Washington was third in the high jump with a top height of 6-feet, 6-inches.

At the US Air Invitational in Johnson City, Tenn., Roderick Davis, Leon Pullen, Brian Lucas and Arnold Payne comprised an Eastern mile relay team that finished fifth with a time of 3:13.

With promising results from the weekend, the progressing squads still need work, Erdmann said.

"Overall, we were pleased with our performance, but we still have some who need to work to get into shape, which is more an individual thing than a team focus," Erdmann said.

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**1995 All 'A' Classic
Girl's Tournament Feb. 1-5**

Wednesday	Friday	Saturday	Saturday	Friday	Wednesday
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Green County 1:30 p.m.					Allen Central 6:30 p.m.
Monroe County 1:30 p.m.	Gallatin County 10:30 a.m.	12:30 p.m.	10:30 a.m.	1:30 p.m.	Fairview 8 p.m.
					Lexington Catholic 8 p.m.
					Webster County 9:30 p.m.
					Whitesville Trinity 9:30 p.m.
					Hazard

**1995 All 'A' Classic
Boy's Tournament Feb. 2-5**

Thursday	Friday	Saturday	Saturday	Friday	Thursday
Hazard 9 a.m.	University Heights 5 p.m.	Bethlehem 10:30 a.m.	Fairview 10:30 a.m.	Harlan Noon	Henry County 5 p.m.
Whitesville Trinity 1:30 p.m.					Lou. Holy Cross 5 p.m.
Murray 1:30 p.m.	Maysville St. Patrick 6:30 p.m.	7 p.m.	2:30 p.m.	8:30 p.m.	Lex. Catholic 6:30 p.m.
					Paintsville 6:30 p.m.
					Cov. Holy Cross 8 p.m.
					Metcalf Co. 8 p.m.
					Harrodsburg 9:30 p.m.
					Ky. Country Day 9:30 p.m.

Kidd has 16 new recruits commit to be Colonels

Progress staff report

For the Colonel football squad, building to ensure continued success began yesterday with national letter of intent signing day.

As of press time, the list of committees who signed on with the Colonels was highlighted by five Kentucky athletes including local Toby Coyle, an offensive lineman from Madison Southern High School.

Other Kentucky-native recruits include Travis Schoenlaub, a linebacker from Butler High School in Louisville, Davey Logan, a defensive

lineman from Garrard County, Tyrone Hopson, a 274-lbs. offensive lineman from Daviess County and Brent Hampton, a linebacker from Harrison County.

The Colonels have prepared to continue a strong defense by signing defensive lineman Dustin Russell of Bellbrook, Ohio as well as defensive end Derrick Jeffcoat out of Swansea, S.C.

Coming into the Colonel passing system next season will be a pair of signal callers— Reggie Johnson from Wayne High School in Dayton, Ohio and Simon Fuentes, a transfer from Rancho

Santiago College in Santa Ana, Cal.

Incoming freshman wide receiver Trellis Burks, who played his high school football at LaGrange High School in Georgia, is the younger brother of junior Dialleo Burks.

Other freshmen coming in to the Colonel offensive scheme will include Robert Asel from Plano, Tex. and Charlie Watkins from Watkins Memorial High in Pataskala, Ohio.

The Colonels signed one tailback, Farris Lowery out of Augusta, Ga., and two fullbacks, Harold Farmer from Wrens, Ga. and Johnthan Butler from Bainbridge, Ga.

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- PC Systems B5
- Perfect Picture B8
- Pink Flamingo A5, B7
- Recordsmith B2
- Regis A6
- Richmond Greenhouse A7
- Richmond Mall A5, A6
- Richmond Mall Movies B2
- Sera Tec Biologicals B7
- Shoe Sensation A3, B5
- Subway B7
- The Summit B4
- Sun Chase Tours B4
- The Tan Shoppe B2
- Taylor's Liquors KA4
- Taylor's Sporting Goods A6
- Village Florist B5
- Vogue Beauty A5
- United Parcel Service A4
- University Body Shop A5
- University Book & Supply B4
- University Bookstore B3
- University Cinemas B2
- Walt Disney B2

**THE OFFICE OF
MULTICULTURAL
STUDENT SERVICES
AT
EASTERN KENTUCKY
UNIVERSITY
PRESENTS
BLACK HISTORY
MONTH
FEBRUARY 1995**

BEYOND THE DREAM VII: "THE VANISHING BLACK MALE"
WEDNESDAY, FEBRUARY 1, 1995 1-3 p.m.
KENNAMER ROOM, POWELL BUILDING

BEYOND THE DREAM VII will serve as the national kickoff of the annual observance of Black History Month and will focus on "THE VANISHING BLACK MALE." Our experts will give insight into why this phenomenon is occurring in the African American community, and what can be done to stop the current trend.

VIDEO WORKSHOP BY DR. JAWANZA KUNJUFU: "BLACK MALE-FEMALE RELATIONSHIPS"
WEDNESDAY, FEBRUARY 8, 1995 9 p.m.
KENNAMER ROOM, POWELL BUILDING

"BLACK MALE-FEMALE RELATIONSHIPS" is presented in video workshop format. It explores the problems and solutions of those problems which occur in the development of relationships between Black males and females. Following the video workshop there will be an opportunity for discussion.

1995 AFRICAN AMERICAN ACHIEVEMENT BANQUET
THURSDAY, FEBRUARY 16, 1995 6 p.m.
FACULTY DINING ROOM, POWELL CAFETERIA

This will be an evening of celebration and recognition. We will recognize African American scholars and leaders at Eastern Kentucky University. Entertainment will be provided and the dinner will be buffet style. Tickets must be purchased in advance. Students \$5. Non-students \$9. Tickets are available through the Office of Multicultural Student Services and must be purchased prior to February 15.

GOSPEL CONCERT PRESENTED BY: "LIFE, LOVE & JOY UNITY VOICES" OF RICHMOND, KENTUCKY
FEBRUARY 22, 1995 7 p.m.
PEARL BUCHANAN THEATER

"LIFE, LOVE & JOY UNITY VOICES" has been organized since August 10, 1994. It was founded and is directed by Bobby Harris. The choir is made up of choir members of area churches from the Richmond community and has a membership of 15. During this concert the choir will perform original music, gospel music and songs which were used to send messages within the Black community during the days of slavery.

"A TASTE OF JAZZ" PRESENTED BY GALEN
FEBRUARY 27, 1995 NOON
FOUNTAIN FOOD COURT, POWELL BUILDING

You are invited to enjoy "A TASTE OF JAZZ" as presented by GALEN. A jazz trio led by Galen Abdur-Razzag consisting of bass, drums, and flutes will be the entertainment for the afternoon. The music will be exciting, releasing and definitely entertaining.

THE PAN-HELLENIC COUNCIL OF EASTERN KENTUCKY UNIVERSITY PRESENTS: BLACK GREEK WEEK

GAME NIGHT
FEBRUARY 23, 1995 9 p.m.-11 p.m.
MARTIN HALL RECREATION ROOM

MOVIE NIGHT
FEBRUARY 24, 1995 7 p.m.
DUPREE HALL RECREATION ROOM

BLACK GREEK SPOTLIGHT
FEBRUARY 27, 1995 10 a.m.-3 p.m.
LOUNGE AREA OF THE POWELL BUILDING

ESSAY CONTEST SPONSORED BY THE BLACK STUDENT UNION

Topic: "With All of This Violence Within the Community, How Can We All Just Get Along?"
(Details for the contest will be publicized later.)

ALL EVENTS WILL BE OPEN TO THE PUBLIC! FOR MORE INFORMATION, CONTACT: OFFICE OF MULTICULTURAL STUDENT SERVICES, 622-3205.

Take **Br** **Da** **K**

The 1995 Official Spring Break Guide

American Passage Marketing Corporation

Six Weeks and Counting!

by Harvey Chipkin

You're a stressed-out, low-on-cash, high-in anxiety student who sees Spring Break looming just SIX WEEKS AWAY and knows hitting the road is a matter of sanity but faces the questions: What road? With whom? With what money?

Here's one solution: start a list of everything essential for the ultimate Spring Break. Save your time and effort on all the obvious items--babes, beer and beyond.... Make your list have amenities no one else's Spring Break will have.

Sound far fetched? Get real! It's more fun to fantasize about Spring Break than to obsess about your Cell Biology term paper. Now, to direct your thinking beachward, we have come

up with our own slightly demented checklist. Remember: Spring Break is a very individual matter—as long as you do it surrounded by a few hundred thousand other people.

The Ultimate Road Tripping Vehicle
A psychedelically-painted, Rolls Royce-grilled VW is the only way to hit the road. Oops, wrong decade! Anyway, be sure to find the right wheels to make the trip, especially if you can't borrow the family station wagon and your Testarossa is in the shop.

The Best Bug-Buddies
Six or seven strangers who will soon become your closest friends, dropping the cost to pennies per passenger.



Spring Break '94 was a big hit at the Holiday Inn SunSpree Resort, Panama City Beach, Florida.

Mandatory Road Tripping Signs
"The Beach or Bust" for the rear window and "Garlic Free Zone" and "Mandatory Deodorant Section" for the rear view mirror.

Six Weeks and Counting! continued on page 3.

IMPORTANT MOMENTS IN SPRING BREAK HISTORY

1200 B.C.

Julius Caesar stages first toga party on beach; world's first plebiscite replaces grog and gladiators with beer and human bowling.

1000 B.C.

Visigoths take Rome; chieftain explains, "Those beaches in 'La Dolce Vita' looked fabulous. Beach fashion revolutionized with the introduction of bear-skin bikinis.

1000 A.D.

Vikings arrive in Canada; Leif Erikson declares: "It's not exactly hot, but it's a lot warmer than where we came from." Still, wet T-shirt contest canceled when shirts froze; T-shirts read: "Nude Coed Slave Ship Rowing".

1526 A.D.

Ponce de Leon discovers the Fountain of Youth in Florida; says, "I saw a bunch of girls in bikinis and I recognized one as my old English Lit profess, Mrs. Hathaway."

1965 A.D.

"Where the Boys Are" premieres: wins Oscar for best thong in a supporting role.

1995 A.D.

Baseball owners cancel spring training—substitute Spring Break. Spokesman explains, "They're very similar: some people drink beer, some try to score and the rest just watch and hope something interesting happens. What we like is that Spring Break-

Spring Break History continued on page 3.

PLAN YoUr TRIP NoW!

Spring Break '95



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Before you squeeze the cooler between your suitcases and wedge your roommate between your two best friends, do two things that may keep you safer down the road.

First, have a mechanic, or someone more qualified than your R.A.'s ex-boyfriend's little brother who once had a car, check your car's fluid levels, belts, hoses and tires. Next, get a map and look at it before you start your trip. By spending a few minutes before taking off, you're less likely to be sitting by the roadside for hours contemplating whether Kansas is on the way to Florida.

Seriously, it's important to think about safe driving, so here are some quick safety tips for traveling.

☞ Try to stay on the main roads and clearly marked highways.

☞ Don't pick up hitchhikers.

☞ Pack a flashlight, fire extinguisher and first aid kit.

☞ Make sure someone in your group has a credit card or travelers checks to deal with emergencies.

☞ Don't stop to help someone with car trouble. Go to the nearest phone and call police.

☞ Whenever you need to stop at night, choose a well lighted, populated service area. Try to park where your car can be seen.



Also, since you're all sharing the costs, share the driving, too. Just because it's Bob's car, don't make him or let him do all the driving. Everyone is in a hurry to hit the beach, but you really should stop or switch drivers every two hours or whenever the driver feels the least bit drowsy. No one gets to the beach if Bob falls asleep behind the wheel. Some experts say that singing your college fight song backwards is a great way to fight drowsiness. You can try that or anything else that works.

Safety tips are courtesy of AAA's "Playing It Safe. Taking Care of Yourself and Your Stuff When You Become A Tourist" pamphlet.



Spring Break History continued from cover.

ers have no union." Beachgoers adopt backwards "salary caps" as standard headwear.

1996 A.D.

Desperate to capture the youth vote, President Clinton offers National Spring Break Insurance featuring universal coverage of beach vacations when required to ease stress. Republican opponent Newt Gingrich counters with plan to open Boys-Will-Be-Boys Towns "from sea to shining sea" declaring, "Family values are fine, but they can wait. Spring Break can't."

Six Weeks and Counting! continued from page one.

The Five-State Fast Food Fiesta
Five days of nasty road sustenance lie ahead. Caution: the Fiesta should be nutritional—be sure to include all three major food groups—hamburgers, tacos and chocolate anything.

The Room With More Than A View
The ultimate amenities would be: phone with free speed-dial to "Pete's Pepperoni-Only Pizza—No Veggies On Our Pies"; international mini-bar—the addition of salsa brings the multi-cultural dimension to fine in-room dining; bathroom time-limit alarm, dual air-horn/air freshener model; a TV that always reports the local weather as sunny with chance of more sun.

Sight-Seeing Must Sees
No historic buildings, no cathedrals, no presidential birthplaces. More like, "On your right, the spot where James Russell, a sophomore from Ohio State, found a shoe lost by Cindy Crawford while shooting a House of Style segment in 1993." Or, "On that lifeguard chair, Fabio shot his 100th Harlequin Romance cover: 'Rescued and Romanced.'"

Must Make/Must Miss Map
PLACES TO GO would be marked in green,

including bars with legal capacity of at least 2,000 and Baywatch filming sites. PLACES TO AVOID would be marked in bright red, including: beaches where toddlers get in the way of beach bungee competitions; hotels swarming with badge-bearing conventioners; and, of course, disco karaoke clubs.

A Practical and Thoughtful Souvenir
A body-piercing repair kit to cover up any unsightly and unexplained holes in minutes—safely and hygienically. Tattoo removal option also available.

Suntan Guarantee
If it rains four or more days during the week, you get a certificate for one hour at any George Hamilton Tanning Salon.

"Beam us back, Scotty!"
Get beamed back to college so you can avoid the never ending trip home. Then, kick back, check the star date and sigh with satisfaction—only eight weeks till summer vacation.

Spring Break '95

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PANAMA CITY BEACH

4

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Choose the package that's right for your budget. 7 day packages start at \$129.00 per week. 4, 5 and 6 day packages available.

All rates are for a double room, per person quad occupancy. Suites and kitchenettes are available, slight additional charge. Reservations and advance payment required. Rates are plus tax. One parking permit per room. Call today for reservations.



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Panama City Beach Voted Best Beach In America!

We're not sure who voted...but it really doesn't matter—once you see the beach, you'll agree.



Courtesy of Holiday Inn SunSpree Resort

Last year, Panama City Beach was one of the most popular Spring Break destinations for college students, welcoming approximately 550,000 Spring Breakers from across the United States and Canada.

College students choose Panama City Beach as their Spring Break destination for all the right reasons—27 miles of beautiful snow white beaches, emerald green waters along the Gulf of Mexico and value even if you're on a tight budget. And, most important, PCB offers a wide variety of cool and inexpensive activities, such as beach volleyball, wind surfing, parasailing, or cruising up and down the shore on a wave runner. Whether you're working on your tan or squeezing in a game of miniature golf, you'll never become bored on this beach.

If you're seeking a change of pace from the beach scene, you can take a scenic boat cruise to uninhabited Shell Island where you might get lucky...and see a group of playful dolphins. There are a variety of other attractions to visit—Gulf World Marine Park, ZooWorld, and the Museum of Man in the Sea. (This last one is much more interesting than it sounds, really.)

Believe it or not, it gets even better once the sun goes down. Panama City Beach has lots of fresh beach clubs including the world famous Spinnaker and La Vela. Come jam to top bands playing on huge outdoor stages and get an up-close and personal band experience.

There are over 16,000 reasonably priced rooms in town—most offering a great view of the beach (and its mobile scenery). Restaurants

offer food to suit all tastes and budgets—from a plentiful seafood buffet to the standard beachgoers' diet of burgers and fries. (All restaurants honor the beach's mandatory dress code...casual.)

Along with the affordable room rates, most hotels will become the base for a host of activities. Coca-Cola will liven up Panama City Beach Spring Break with the Coca-Cola Mirage and Oasis at the Ramada Inn Beach Resort and the Days Inn Beach. The Coca-Cola events will have wacky contests, entertaining music, free Coca-Cola refreshments and provide a break from the heat. The Boardwalk Beach Resort, host of Geo Beach Break '95, has activities you won't want to miss: the rock wall, tug-o'-war and other sports challenges. And, be sure to check out the Holiday Inn SunSpree for volleyball, the bungee run and other pool and beach activities.

During Spring Break, Panama City Beach is the place to meet people, shop for the latest beach fashions and just let loose.

Once you have received a sample of what the locals are known for—Southern hospitality—you'll agree that Panama City Beach is the only place to be for Spring Break.

Want More Info?


Call the Panama City Beach Convention & Visitors Bureau at 1-800-PCBEACH.

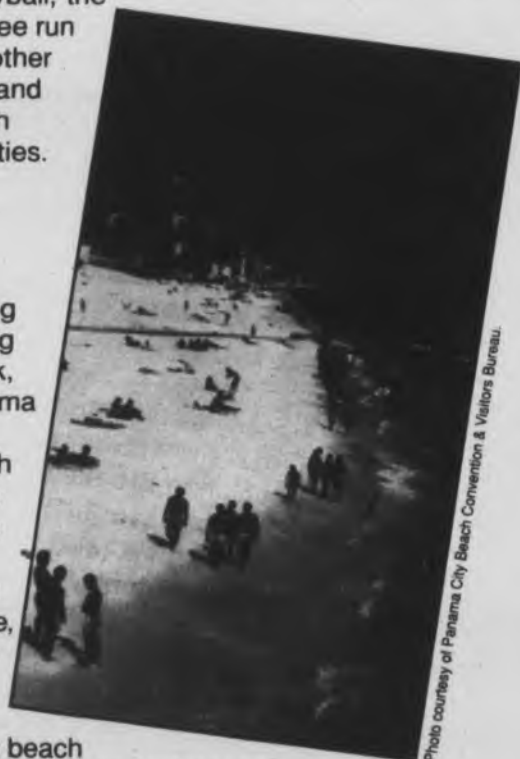


Photo courtesy of Panama City Beach Convention & Visitors Bureau.

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Florida's Spring Break Headquarters.

A half of a million spring breakers can't be wrong! With over 27 miles of white sand beaches and crystal clear waters, a host of affordable accommodations, and dozens of exciting night spots, Panama City Beach is Florida's hottest Spring Break destination.

For a free Spring Break '95 guide, call 1-800-PCBEACH, or write to Panama City Beach Convention and Visitors Bureau, P.O. Box 9473, Panama City Beach, FL 32417.



Panama City Beach

1-800-PCBEACH

PANAMA CITY BEACH

51

South Padre Island

SPRING BREAK

Padre Style

South Padre Island may be relatively quiet now; only winter Texans dot the landscape... for the time being. Just wait for March and early April! The sand-fringed barrier reef island of 1,800 permanent residents will be transformed again as swarms of party-starved college students arrive for Spring Break 1995, Padre Style.



That's right! A projected 100,000 college students will descend onto the beaches of South Padre Island, located on the tropical tip of Texas, to frolic in the hot sun, white sand and crystal blue waters of the Gulf of Mexico. As this Spring Break ritual grows in popularity, South Padre Island — already counted among the legendary Spring Break ranks of Daytona Beach, Panama City Beach and Cancun — continues to become a larger and crazier happy human zoo of break activity!

Athletic and non-alcoholic events of all kinds, free concerts on the beach, in-line skating and catching some serious rays are only a small part of what takes place on South Padre Island during Spring Break. You can also rent a beach buggy, drive a golf ball, fish the jetties, go horseback riding, surf the gulf, try windsurfing or explore 34 miles of undeveloped island beach. The only thing you won't find is a dull moment.

Did we mention the nightlife? Nights on the island are exotic and wild with Island bars jammed to the max, including the renowned Louie's Backyard! There are numerous pool-bars, many with daily-drink specials, for you to cool off in while you enjoy the view of the Gulf. Be sure to check out the Coca Cola concert stage at the Radisson Resort and the Collegiate Health & Fit-

ness Tour at the Sheraton Fiesta Resort & Charlie's Paradise Bar.

What's more, the island's location is even hotter than the nightlife! South Padre Island is further south than most

other Spring Break destinations in the United States.

That means that there are more tropical sun rays, balmy breezes and sun-drenched days on South Padre Island than just about anywhere.

Also, don't forget about South Padre Island's close proximity to Mexico. A short 25-mile car, shuttle or taxi ride will get Spring Breakers to the border where they can cross over into Matamoros and shop, eat and drink (cervezas, not the water) to their hearts' content. All kinds of bargains are available in the mercados — silver jewelry, leather goods, serapes, glassware, sombreros and blankets! The delicious, authentic Mexican food that Matamoros offers will give you that spicy taste of Mexico that you're craving. This "Two-Nation Vacation" makes South Padre Island the ideal Spring Break destination.

Join the fun and Spring Break Padre Style.

Want More Info?

1-800-343-2368
South Padre Island Convention
& Visitors Bureau



Photo courtesy of South Padre Island Convention & Visitors Bureau

SPRING BREAK '95 AT SOUTH PADRE ISLAND



Take a Spring Break reality check. South Padre Island, Texas, is the hottest Spring Break destination for many reasons.

The Island is a hot spot for student's offering exciting music, a sea of watersports and legendary nightlife. It's even close enough to give you a spicy taste of Mexico. But the Island's location makes it even hotter; it's further south than any other major Spring Break destination in the United States. That's right.

And that means tropical sunshine, white sand beaches, clear blue water and more sun-drenched days than just about anywhere. That's hot!

Located on the tropical tip of Texas, South Padre Island is convenient by car or by plane and only 25 miles from Mexico.

Fly into The Rio Grande Valley via Southwest, American, and Continental Airlines.

Two airports, Harlingen's Valley International Airport and The Brownsville/SPI International Airport, offer convenient air service. So call 1-800-343-2368 today for a free brochure.



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South Padre Island

7

Be DiFFErEnt. It's a ~~trip~~— ~~Beach~~.

Okay, so the city of Fort Walton Beach has never actually had a fort—but who cares? Fort Walton and Destin are two sea towns which are part of Florida's famous Emerald Coast. The area is renowned for its sugar white sands that stretch like miles of white satin. Emerald-jeweled water. Endless strings of fishing fleets. Links and links of killer golf. Seaside celebrations. Dancing dolphins. Undeniably fresh seafood.

Okay, enough imagery...Even if the Destin/Fort Walton Beach area is not the most popular place that students go on Spring Break — it's a trip. What's more, slowing down the speed of Spring Break is a refreshing option for today's tired, over-stressed college students. So, if you're looking for a change of pace, this is the place.

The Emerald Coast is acclaimed for its 10 great golf courses and incredible 225 holes. The courses capitalize on woods and wetland for scenic yet sinister contrasts. Believe it or not, the prices aren't as scary as the courses themselves.

Beyond famous water traps, the Emerald Coast's waters are internationally recognized for salt water fishing. They provide the speediest deep-water access on the Gulf and more types of fish than most destinations! Therefore, you won't waste your money getting to a fishing spot 40 miles out where you catch the same variety of miniature mackerel all day long. Destin harbors more than 140 vessels from party boats to private charters. All offer deep sea, inshore and bottom fishing for as little as \$25 a half-day.

For those who really want a change, how about one of Fort Walton's "au naturel" campgrounds—either rimmed by Gulf waters, caressed by Choctawhatchee Bay breezes or cloaked within lush coastal hammocks. (In other words, the camp sites are really close to the beach.) Combine this with a roadtrip rather than a plane ticket, and you'll have Spring Break where you can actually afford to eat at the expensive seafood restaurants.

In fact, Destin/Fort Walton Beach has more than its share of delectable seafood. Emerald Coast eateries are out to impress one thing...your taste buds. From rickety-shack oyster bars to salt-air cafes, restaurants here aren't big on stuffiness or dress codes. They are big on good ol' Southern hospitality.

And now for those travel trivia geeks out there, here are the

Top 5 Little Known Facts about the Emerald Coast

1. "Jaws" was filmed there. Destin and Fort Walton Beach were the frightened fishing villages. (Don't worry, they have overcome their fear of large grey mechanical objects with big teeth.)
2. Destin has been called the "World's Luckiest Fishing Village" because of the numerous saltwater records it holds. (Even an unlucky, impatient college student could get lucky here!)
3. Colorful Chicagoans, like Al Capone, brought gambling, prostitution and liquor to the Emerald Coast during prohibition. (A place with this kind of history can't be as tame as it seems.)
4. Elgin Air Force Base in Fort Walton Beach is the largest Air Force base in the world. (So, when bouncers tell bar patrons "to take off" they mean it!)
5. Destin/Fort Walton Beach is one of the top five shelling destinations in the world. (Okay, this activity might be too slow for you, but it means cheap souvenirs for your family and friends.)

So, if you are looking for the ultimate change of pace, Destin/Fort Walton Beach is the place for you. Be different... kick back... it's a trip—Destin/Fort Walton Beach.

Want more info? Call the Destin/Fort Walton Visitors Bureau at 1-800-322-3319.

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With our Calling & Discount Card, you'll get free minutes of long distance, plus price breaks at hotels, restaurants and stores all over the area. Not that you'd really need them. Because here in Destin and Fort Walton Beach, everything is already reason-

ably-priced, and a lot closer than those over-priced beaches. So spend this Spring Break where you'll find sugar-white sands, emerald-green water and warm Florida sun that won't melt your parent's plastic. To get your discount card, call 1-800-322-3319.

EMERALD COAST CONVENTION & VISITORS BUREAU • P.O. BOX 609 • FORT WALTON BEACH, FLORIDA 32549-0609

DESTIN/FORT WALTON

9

Daytona Beach

BE COOL TO YOUR SKIN

Just say no to wrinkles. No, we're not talking about a new designer drug. We are talking about tanning and what you should think about before you hit the beach.

Many people think tanning makes us look healthy, but it has just about the opposite long-term effect. You might not want to think about it now, but this Spring Break's great tan could come back to haunt you. Chronic exposure to the sun guarantees premature aging and wrinkling.

We don't need to go into the story about melanin, UV light and cell damage. Everyone has heard the story and the possible horrible endings—skin cancer or other skin problems. The part of the story people sometimes forget is that there are some simple precautions they can take and still enjoy the beach, sun and fun.

Use a sunscreen that has a sun protection factor (SPF) of at least 15 in the bright sun. If you have dark skin you may be able to get away with an 8, but the higher the number the better.

Exposure to the sun should be gradual—ideally in 15 minute doses. Try to stay out of the sun as much as possible between 11:00 a.m. and 2 p.m. when the rays are the harshest.

Your face is more sensitive, so use a sun block or screen that's made just for the face. Extra attention should be given to the lips, nose and eye areas.

Clothes are against the hat and made of fibers and breathable fabrics—but be aware that gauzy materials may still allow you to burn.



the best protection sun. Choose a clothing natural

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Photo courtesy of Jolly Communicators Incorporated ©



Protect your eyes. Wear UV absorbent lenses and remember oversized lenses can also protect the skin around your eyes as well. (Did you know that oversized Terminator shades are making a comeback this spring?)

So, let your parents do all the premature aging — use sunscreen and some sense this Spring Break. The beach is cool... wrinkles aren't.



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...of the pool



"I met a really nice girl mom - you'd like her. she's a professional dancer."

"Sorry mom, I didn't get eight hours of sleep last night, but Tuesday I actually did sleep."

"Just wanted to let you know

I haven't run out of tissues. Oh yeah, will thank you for the advice!"

16

Students Race to Daytona Beach

Students from across the continent will flock to Daytona Beach for Spring Break '95. Clubs, motels, promoters, entertainers and tourism folks have been busy preparing for the upcoming break. Plans call for plenty of concerts and events, as well as a surprise or two.

For all students who just can't wait to find out, the events and surprises will be announced on the Internet. To obtain information about Daytona Beach Spring Break '95, use these Internet addresses: URL: <http://www.america.com> or INTERNET: waverave@america.com. For all you newbies (people who aren't hip to the Internet yet) and those who don't have a friend who is a computer geek, here is the lowdown on Daytona Beach.

The coolest part of Daytona Beach is, of course, the beach. It's huge! There are 23 miles of white sand beaches, 18 miles of which you can drive or cruise on during daytime hours. At low tide the beach is 500 feet wide, allowing lots of room for tanning, beach cruisers, bicycles and motorbikes. (You can rent all these right on the beach.)

It's also no surprise that the Daytona Beach area has killer water sports. The most popular—sailing, surfing, sail boarding and jet skiing—are available to rent by the hour. The Halifax

River also provides water sport action. Power boats can be rented for water-skiing or just cruising the river. Deep-sea fishing charters depart from several marinas daily. A half-day trip costs as little as two pizzas (\$25), which includes enough bait and gear necessary to catch fish bigger than anchovies.


Although water sport action is everywhere, Daytona Beach is most famous for a land sport—racing. Everyone has heard of the Daytona International Speedway which hosts the world-famous Daytona 500. Although the big race is in February, major motorcycle races are staged in March. When there are no races, tours are available around the track, infield and pit road.

Daytona Beach has plenty of other action, including great outdoor shopping, tasty restaurants and "live" nightlife. Top name entertainers appear regularly at the Ocean Center and there are numerous live nightclubs along the beach.

What's more, everything a breaker needs is within walking distance. And, Sea World of Florida, Busch Gardens, Universal Studios Florida, Disney World and the Kennedy Space Center are within easy driving distance.

Finally, don't worry about there not being enough room—there are 16,000 of them, many directly on the ocean. There are also several campgrounds for those who want a fresh experience at Daytona Beach. Do Daytona!

Want more info? Call the **Daytona Beach** Area Convention & Visitors Bureau at 1-800-854-1234.



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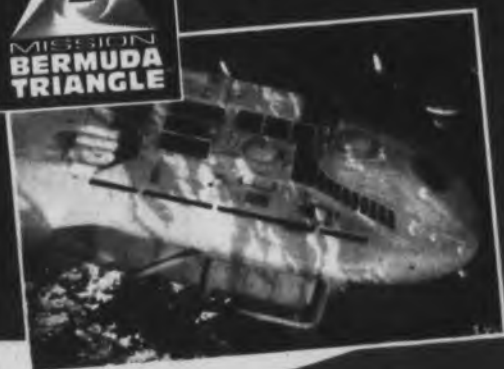
Daytona Beach

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