February fever

Mark Riley, a sophomore construction management major, and Alexandra Briggs, a University of Kentucky student, wait for Riley to see a doctor at Student Health Services on Friday afternoon. At least six cases of the flu have been diagnosed on campus this spring.

By TRACY HANEY

national charity event, will be from 11 a.m. until 1 p.m. Feb. 25 at St. Marks Episcopal Church, 373 E. Main St.

Empty Bowls, an annual

“Some students don’t say they are smokers or start smoking from freshman to junior year,” said one smoker.

“The thing with TRIO is that it would be a good idea if all campus residence halls were smoke-free,” said Todd Hall resident Michael Campbell, a sophomore chemistry major.

The community center is the only other student residence hall not to have a smoking section or smoking floor. Millifield said it has not been decided if or what types of alternative areas will be created. "It's an infringement of rights to have the third party residence hall should have a smoking section or smoking floor," Millifield said. It has not been decided if or what types of alternative areas will be created. "It's an infringement of rights to have a smoking section or smoking floor," Millifield said. It has not been decided if or what types of alternative areas will be created.

“Actually, I would say it’s possible in 2006,” said David Pifer, a senator on the student life, housing and residence halls subcommittee of the Board of Regents.

"We want to ensure the health of the student," said Sen.

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different policy. "We are really working to get rid of any kind of smoking section or smoking floor," said Millifield. It has not been decided if or what types of alternative areas will be created.

David Pifer, a senator on the student life, housing and residence halls subcommittee of the Board of Regents, said it has not been decided if or what types of alternative areas will be created.

"We want to ensure the health of the student," said Sen.

Some students don’t say they are smokers or start smoking from freshman to junior year,” said one smoker. The community center is the only other student residence hall not to have a smoking section or smoking floor.

See HOUSING, A4

Card readers log students’ entry

SGA resolution would limit access to INFO

By MEgan HANSEN

People who are sick have a wide variety of cold and flu symptoms to choose from while shopping at CVS.

Campus sees increase in number of flu cases

By Megan Hansen

Influenza, or the so-called "wet cold," is going around the middle of January," said Dr. Pinder, dean of Student Health Services. "This season has been very bad due to the weather conditions which have resulted in people being more inclusive and making opportunities available to everyone, not just the ones who know they can afford to go." Because of this, Wolf said, "We want to make sure that everybody can participate in this."

See SICK, A3

Bush proposes cuts to TRIO

PROGRAM LOSS COULD BE HARMFUL TO EASTERN

By Tracey Haney

National TRIO Day on Feb. 26 will be more than just a celebration of the program, which helps underprivileged youth make it to, and succeed in, college. It will also be a call to action for Bush’s proposed funding cuts for two of the trio programs.

Edward Tackett Scott and Upward Bound are only two intervention programs and were among the first three TRIO programs created under the Higher Education Act of 1965. TRIO impacts young people who come from families with an income under $24,000 and whose parents have not graduated college.

Student Support Services, also known as RSS or TRIO at the educational opportunities centers, created in 1972, and the Ronald McNair Post-Baccalaureate Achievement program, created in 1989, are also included in TRIO.

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**News briefs**

A cappella group to perform in Broock Auditorium

**Academic calendar events posted on Eastern’s Web site**

English majors to hold conference in Kevin Johnson

Sponsored programs publishes manual for external projects

Habitat for Humanity in need of volunteers for Spring Break

**Police beat**

A woman reported she had cash stolen from her purse.

February 8

Adam L Prater was arrested and charged with the possession of marijuana and drug paraphernalia.

February 10

Ronald L Martin of Hazel was charged with the possession of marijuana and drug paraphernalia.

**Hours of Operation**

**President’s Day Weekend**

**Fountain Food Court**

Chic-fil-A and Burger King

Sat 10:30 am - 4:00 pm

Sun-Mon Closed

**Fresh Food Co.**

Sat 10:30 am - 1:30 pm

Stratton Cafe 4:30 pm - 6:30 pm

Sun 10:30 am - 1:30 pm

Stratton Cafe 4:30 pm - 6:30 pm

Mon 10:30 am - 1:30 pm

Stratton Cafe 4:30 pm - 7:00 pm

**Martin Hall**

Sat-Sun Closed

Mon 11:00 am - Midnight

**Java City Library**

Sat-Mon Closed

The following reports were filed at the Eastern Division of Public Safety between Feb. 8 and Feb. 12.

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February 10

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Compiled by Megan Jones
**SICK:** Shortage of flu vaccination had little effect on number of campus flu cases

From Page A1

of the vaccinations this winter and campus did not receive as many vaccinations as normal.

The shortage has not real-
ly affected the number of flu cases Student Health Services has seen, Bose said. The flu season typically begins in late November or early December and runs through the middle or end of March.

"This year it took a little longer for the flu to show up on campus," Bose said. "I was hoping to think we would be able to square up by without giving flu shots on campus. The number has been very intense yet. I'm kind of surprised since we didn't get many vaccinations."

There are many symptoms of flu. They include sudden onset of fever, cough, headache, chills, lack of appetite, sore throat, nausea and joint pain.

There have been a lot of students coming into Student Health Services with flu-like symptoms. A patient comes in with a fever of 100 to 101 degrees or higher, they qualify to be cultured for the flu, Bose said.

"We can't wait to treat the flu. You have to begin treatment within 24 to 48 hours in order to shorten the flu. We tell them to get a lot of rest, lots of fluids, hand washing," he said. "Being exposed to the cold weather can do to unreal the common cold but you can treat the symp-

Dr. Pradeep Bose

Director of Student Health Services

We can't wait to treat the flu. You have to begin treatment within 24 to 48 hours in order to shorten the flu.

Vaccination isn't the only way to avoid getting sick!

- Wash your hands
- Get adequate rest
- Avoid smoke/smoking
- Avoid chilling
- Cover your mouth
- Avoid crowds
- Eat well-balanced meals
- Avoid alcohol
- Buy Vitamin C
- Avoid sick people

Tell 10,000* people it’s your friend’s birthday.

Call 622-1489 to make someone’s special day even more special!

John Doe

Happy Birthday!

It's Greek Night

EKU vs. SE Missouri
Thursday, February 17th
Women 5:30 PM
Men 7:30 PM

EKU vs. Eastern Illinois
Saturday, February 19th
Women 5:30 PM
Men 7:30 PM

Only $5

*based on circulation size

There are many helpful hints to help prevent people prevent getting sick. Here is a list of the top 10 tips.
Spring fever
Note: Valerie, a freshman history education major, tosses a baseball Tuesday afternoon near Palmer Hall. Many students enjoyed Tuesday's warm weather by heading outdoors.

HOUSING: Academic-year hall open during breaks

From Page A1*

the WLL program.
The academic-year hall will allow students to stay on campus through the breaks and will continue to be staffed 24 hours a day at a higher rental fee to the residents.

Middleton said that it's an increase in pricy rate to house, because it is able to track more efficiently who will be in their halls. "If you're leaving the hall to go eat or do something during breaks, you'll have to draw a card," he said. "We're doing this for our little kids when they're on campus, too."

She said she feels the issue should set up restrictions on who is able to access the information obtained from the card readers. "I think the purpose of this card information gained from cards, he thought it would be smart to have some policies in place to prevent the students when they feel like their privacy could have the potential for abuse without policies in place.

Middleton said that the policy change may on the surface seem more of an intrusion, but it will really help those students who are marking down four semesters before they reach 60 hours.

"I used to work in loss prevention for a department store, and I am familiar with the control centers," Middle said. "We just wanted to better secure the proximity card so that we would have an electronic log of when someone said "hello" to them.

Randy Lusher, a sophomore chemistry major living in Hurnam, said, "It's stupid. I hate how they're acting, but it's not."

Middleton said the policy change may on the surface seem more of an intrusion, but it will really help those students who are reaching 60 hours.

"I kind of think it is an invasion of privacy," Tinsley asked.

Jane Tinsley, said she doesn't think the information obtained from card readers, "It's not a proven, effective program that has been around since the '70s and do not comment."

Sometimes, there are emergencies when the cats are "attacking services to lowest income populations," she said. "The Best Buy are available lor comment, but she addressed the issue in her residence hall recently.

"I really felt it was necessary," Kennedy said. "It is a celebration of Kentucky to celebrate TRIO program March 8

National TRIO Day will be celebrated in Kentucky on March 8th in Frankfort. The celebration will be at the Kentucky History Museum and a rally at the capitol.

TRIO: Kentucky to celebrate TRIO program March 8

Just a note

National TRIO Day will be celebrated in Kentucky on March 8th in Frankfort. The celebration will be at the Kentucky History Museum and a rally at the capitol.

TRIO: Kentucky to celebrate TRIO program March 8

DR. KAYSEY, 622-1882

How much money on Valentine's Day?
We have $1.25 beers Everyday - All day!

Check Out Eastern's Talk Show LIVE from Studio "B"
Wednesday nights at 7:30 p.m.

Suzuki & NAPA Service Center

Get a news tip?

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National TRIO Day will be celebrated in Kentucky on March 8th in Frankfort. The celebration will be at the Kentucky History Museum and a rally at the capitol.
A DAY IN THE LIFE OF A SHUTTLE BUS DRIVER

By SEAN McCRACKEN

Marine McCracken/Progress

David Lee has been a shuttle bus driver at Eastern for two years. He is one of three drivers who transport students on campus.

In an effort to provide the needed work, I am trying to make the best out of the situation. I'm trying to do the best job possible.

In an effort to provide the needed work, I am trying to make the best out of the situation. I'm trying to do the best job possible.
TRIO programs important to Eastern

By proposing to eliminate funding for two of the five TRIO programs, President George W. Bush is cutting the lifeline of those who struggle to make it to and succeed in college. The Educational Talent Search and Upward Bound programs target students of families with incomes under $24,000 and whose parents did not graduate college. A lot of these students don't see higher education in their future, but the TRIO program helps them realize it is possible to succeed despite disadvantaged backgrounds. Without people like those involved with TRIO to encourage these students to seek a postsecondary degree, they may never make it to college, let alone graduate. Bush may think putting an end to Educational Talent Search and Upward Bound will help relieve the nation's deficit, but in actuality, it will only decrease the number of productive tax-paying college graduates in the United States. TRIO is of particular importance to Eastern because the university targets students from an area of the state known to fit the demographic requirements of TRIO. Because of this, Eastern should throw its support behind the programs and help with the nationwide efforts to keep Educational Talent Search and Upward Bound a part of TRIO, a program that has been building success since its inception 40 years ago. Cuts in the budget are important to get our nation's budget out of the red, but hasn't higher education suffered enough?
Alumna addresses letter
extend to actively supporting
enforcement and criminal jus-
tment.

You think you know someone,
should be at Eastern.

role to one that down plays law
assertive activities.

Individuals. I can say from my own
perspective pages.

The Eastern Progress, Thursday, February 17, 2005

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PR class takes on SACS project

BY MEGAN HANSEN
Managing editor

The Southern Accreditation for Colleges and Schools will be visiting Eastern in 2005 in order to reaffirm Eastern’s accreditation.

Mike Hesse’s PR 425 class, comprised of students and faculty, will help to get the word out on campus about SACS.

"My class client is the communication committee for the SACS committee," Hesse said. "It was approached by Renee Evetich, co-chair of the public relations committee, to help promote SACS, associate vice president for communications.

"I was thinking about creating a campaign for the committee to promote SACS."

It was asked if it could do a campaign for SACS. "Hesse said. "We were given the idea of creating a campaign to bring students in to learn about SACS."

There were several reasons the class wanted to run the campaign for SACS.

By Halima Hassan

A University Housing committee, known as the PR class, is working on a campaign to bring awareness to the Southern Accredit- tion for Colleges and Schools.

"Our goal is to recognize all the hard work that goes into being a RA," said Dan Cox, a Todd Hall RA. "Ryan, associate director of housing and residential life, was the one who gave us the initial ideas on campus."

Cox said his job is to make sure he is "always available to help people with their problems."

"You have quiet nights and in the middle of the night you talk to students" Cox said. "You just get to keep everything quiet and make sure they are following the rules."

Ryan said, "I wish I could say that we thought of it, but it is something that comes to everyone other than those who are involved."

"It gives me a chance to help others. It's a rewarding experience," said Ryan. "It is a chance for me to make a difference on campus."
Uninsured students can find options on Web sites

The student must also actively attend classes for the first 31 days after purchasing the insurance to be covered. A PDF of eligible coverage, privacy policies and other important considerations are available to all dependants to the coverage.

An example plan is available at www.academichealthplans.com, a Brookfield graduate or undergraduate student can receive coverage from May 13 to Aug. 20 for $80. Different rates apply for different time periods and ages.

Other institutions like www.studenthealthplans.com also have plans for college students. Some frequently asked questions and answers from www.academichealthplans.com may be useful for students.

Know the lingo:

• Dependent - Health policies consider a spouse and any unmarried children (up to age 25) as dependents through Eastern. Coverage begins at set dates and can be purchased for the entire year or for specific semesters.

• Equally important, knowing the day of the week a policy starts is ideal, but it is important for students to know when to begin filing claims in advance. Academic Health Plus requires claims to be filed within 90 days of service.

• Billed to - This is the specific insurance plan that will begin making payments on a claim.

• Preferred Provider - The insurance company has already negotiated with these doctors and pharmacies to provide specific services at certain fees.

• Medi-calm - It is the role of student insurance to prioritize. Talk with someone at the insurance provider directly if there are questions about the policy. Parents can also help make sure the policy is right for the student.

• A specific amount that must be satisfied within a specific time frame before the health plan will begin making payments on a claim.

• A specific contract that the insurance company has with a group of doctors and pharmacies to provide specific services at certain fees.

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B2 Thursday, February 17, 2005
The Eastern Progress | www.easternprogress.com
Carrie Harris, editor

Empty bowls feed Madison County

By Carrie Harris

Inside the ceramics room of the Jane Campbell Building, some are working on the bowls at the Empty Bowls lunch, an annual charity event in which well-known and famous members of the community serve a simple lunch of soup and bread to residents of Madison County. The lunch takes place from 11:30 a.m. to 2 p.m. on Feb. 25 at the school.

A meal costs $11 and includes soup, bread, a drink and the bowl in which the soup is served. All of the money made goes to help feed the hungry in Madison County. The students, who are in charge of the ceramics program, have been hard at work making bowls for this event and recruiting students to do the same.

He, along with about 20 students and other members of the art department, began working on the bowls a few months ago because they ran out of bowls.

"People line up around the block for this," Molinaro said. "It gets really good community support.

"It's a great project. I think they're going to make a lot of bowls.

For the Empty Bowls lunch, the group mainly does a lot of the volunteering. The students have been working on the bowls and the amount of work they need to make. It encourages his students to keep doing what they can to help in their local community. (Ed. Note: for full quote see next page.)

I wanted to introduce a project that benefits the community and local pottery makers will make it.

The lunch is always a big success. The students have had to turn down several people who want to add to their numbers because they ran out of bowls.

"People line up around the block for this," Molinaro said. "It gets really good community support."

"It's a great project. I think they're going to make a lot of bowls."

At first glance, are the lines different?

At first glance, it looks like everybody drinks.

In reality, 77% of students at EKU drink 0 to 4 drinks per week.

It's time to see things the way they really are.
Andrew Harnack

Leaves "ticket" in the past
and heads back to the theater to see:

- "Hotel Rwanda"
- "Million Dollar Baby"
- "Sideways"
- "Racing Stripes"

Andrew Harnack was named foundation professor in 1998. He's been at Eastern for almost 30 years.

Known around the English department for his computer skills and his ability to help students with Internet research, Harnack has written several books and co-written "A Reference Guide for Using Internet Sources." It can be downloaded from the University Website.

Harnack has a background in writing and literature. He's one of only a handful of EKU professors who works with students on Internet research.

"He's truly active in the Writing Program," said Randi Blythe, professor in the English department. "He's one of only a handful of EKU professors who works with students on Internet research.

"His course is always open and he works with students tirelessly," said Andy in just a bit more detail.

"I admire Andy's work ethic and his love for teaching," said Hal Raftery, professor in the English department. "Andy also works as well with students. His door is always open and he works with students tirelessly."
Defense leads Eastern in league play

By: BRANDON ROBERTS

Defensive success is the hallmark of any college basketball team. At Eastern Kentucky University, that success has come in spades this year.

In their most recent game, the Colonels defeated Samford University 63-61. It was a hard-fought game, with both teams making a strong push for victory.

But in the end, it was Eastern's defense that proved to be the difference maker. The Colonels were able to keep the Bulldogs scoreless for long stretches, allowing them to maintain a lead throughout the game.

Even though Eastern didn't have the best shooting performance, they were still able to come out on top. The team's chemistry and camaraderie played a key role in their success.

Head coach Larry Joe Inman praised his team's performance, saying, "It was a good game all around. Our defense was key in this win."

In the first half, Eastern led by 12 points, but Samford was able to cut that deficit down to just six points at halftime. In the second half, Eastern was able to hold off the Bulldogs and secure the victory.

The game is just another example of Eastern's strong defensive performance this season. With games like this, the team is sure to continue their winning streak.
Maine, Jones take home wins for track teams

**BY BRADY SUTTON**

**Assistant sports editor**

Eastern’s track and field team continued in slow motion as they can compare by placing wins in two events at the Middle Tennessee Invitational this past weekend.

Maine, now third in the Ohio Valley Conference Male Track Athlete of the Week, won the 400 meters with a time of 45.30. Another first, Dee Kort, finished in the top ten of the 100 meters placing seventh.

"I was real impressed with the whole team," said coach Travis Ford. "We’re really having to scratch and claw a little bit more today in order to win these events but it was good to see how these people really rose to the occasion.

Conner is one of the top performers in the country," said Ford. "He can really score from anywhere on the floor."

Junior point guard Matt Witt leads the Colonels in scoring, senior forward Ole Harris is second in scoring and Juniors for- ward/center. The Colonels will play the University of Tennessee-Martin tonight at 7:30 p.m. in the University of Tennessee-Martin limited this weekend, but overall the track and field team is doing well this season. In IVE competition next week.

"We’re going to take this off rope. There are some technical climbing skills like tying into the wall in properly, use of life line training. Belay certifications can use the climbing wall in the fitness and wellness center last Friday afternoon.

"I want to impress upon people that student organizations can run the climbing wall. We’re very much avail- able to do that," said coach Travis Ford. "Our goal is to rent for $15 a day. First

Adam Friend, a senior computer science major, demonstrates the climbing. "It’s a good training tool for experienced climbers to go out and do some advanced climbing. Many of those climbers practice their skills that are crucial in outdoor climbing. Many are skills that are crucial in outdoor climbing. Many are skills that are crucial in outdoor climbing. Many are skills that are crucial in outdoor climbing.

"The thing I like about it most is that it is not as monotonous as a tradition- al body workout. It’s little spurts of cardio and it is incredible for core muscles," Burlon said.

Technical climbing skills like tying into the wall in properly, use of life line training. Belay certifications can use the climbing wall in the fitness and wellness center last Friday afternoon.

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"We hope confer- ence competition in- two in weeks and we’ve seen no more points as we possibly can add to the top three teams.

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Black Diamond at
broadviewعادة发达国家

Climbing to good health

**BY ANNA MCKAY**

**Assistant sports editor**

Climbing is an all over body workout. It’s little spurt of cardiac and it is incredible for core muscles. — Jason Burton

Adventure program director

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Eastern set to slow down SEMO

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Dancing Deltas

Members of the Delta Zeta sorority performed to a medley of songs Friday at Greek Sing. The annual event is traditionally held at the end of Greek week. Proceeis from Greek Sing go to the Madison County Food Bank and St. Jude Children's Research Hospital.

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