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## Eastern Progress - 21 Jun 1979

Eastern Kentucky University

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# The Eastern Progress

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8 Pages



## Taft Seminar attracts teachers from across Kentucky

Teachers from 24 schools across the Commonwealth will participate in the Third Annual Kentucky Taft Seminar to be sponsored by the University from June 18 to 29. The seminar is but one of 36 similar seminars being held nationwide.

Although the design of the seminar differs from one state to another, all aim at bringing the classroom teacher into contact with elected and appointed public officials. Contact with flesh-and-blood Democrats and Republicans has had an electric effect on teachers participating in the past two Kentucky seminars.

Key statewide political leaders participating in the 1979 Kentucky Taft Seminar include Marie R. Turner, chairman of the Kentucky Democratic Party; Laurence E. Hulbert, Executive Director of the Kentucky Republican Party; and former Kentucky Governor Lou E. Nunn, Republican nominee for Governor of Kentucky.

A wide variety of statehouse politicians, including House Speaker William Kenton and State Senator Walter Baker, chairman of the Republican Caucus will address the teachers when they visit the State Capitol on June 16.

Other politicians scheduled to speak during the conference include: U.S. Congressman Tim Lee Carter; State Representative Ron Cyrus; Gardner Wagers, Clark County Judge Executive; and Harry Hoffman, Montgomery County Judge-Executive and President of the Kentucky Association of Counties.

Party leaders also slated to speak are: Paul Clark of the Republican National Committee, Washington, D.C.; Chuck Esters, Director of Black Affairs for the Democratic National Committee, Washington, D.C.; Bill Rice, Madison County Democratic Chairman; and Ron Meredith, Republican Chairman of the 2nd

Congressional District.

Other political and governmental specialists who will speak to the Third Annual Kentucky Taft Seminar are: Malcolm Kilduff, former assistant press secretary to Presidents Kennedy and Johnson; Bill Beam, a campaign consultant with Zimmer, McClaskey and Lewis, Inc.; James Chenault, Circuit Court Judge for Madison and Clark Counties; E.W. Kesler, a lobbyist for the Kentucky Farm Bureau; and John White of Armo International.

Academics scheduled to make presentations include: Dr. Jack Bizzel, Professor of Political Science at Morehead State University; Dr. Joel Goldstein, Professor of Political Science at the University of Louisville and Dr. Malcolm Jewell, Professor of Political Science at the University of Kentucky.

Dr. Paul D. Blanchard, Associate Professor of Political Science here is the director of the Taft Seminar. Glen

Kleine, Assistant Professor of Mass Communications here is the assistant director.

Funding for the Kentucky Taft Seminar is made possible by the Robert A. Taft Institute of Government which was incorporated in New York in 1961 as a nonprofit, educational corporation. While it was established as a living memorial to the late Sen. Robert A. Taft (R) of Ohio, it is strictly a non-partisan organization. Its major purpose is to bring about greater understanding of, and appreciation for, the two-party system in the United States through a system of annual seminars held across the country.

The Taft Institute does not finance itself through an endowment and is every year forced to rely for contributions upon foundations, businessmen, philanthropic organizations and concerned individuals.

## Foster Camp, a campus tradition, schedules summer concerts

The Stephen Collins Foster Music Camp, which is already underway, is a long-standing university tradition.

In the summer of 1936, the camp was held on the campus of what was then Eastern Kentucky State Teachers College.

Since that time, an estimated 5,000 young musicians have attended. Campers have come from most of the country, the District of Columbia, Canada and the Dominican Republic.

There have been some changes, too. E.K.S.T.C. became E.K.U. What began as a five-week camp now operates for four weeks and offers three separate options. Students may now attend either one of the two-week sessions, or both of them.

There have only been four directors in the camp's 44-year history. Dr. Robert Hartwell, professor of music at the university, is currently the director. Associate Camp Director, John C. Lawson, Jr., has served as Acting Director for some of the last 10 years.

An interesting aspect of the camp is the number of students who attend regularly and even encourage others to do so. One such example is a woman who attended the camp for five years, and served as violin instructor for three.

Last year, 257 students from 17 states were in attendance. Of the 257, 70 of them were veterans (returnees).

The camp began on June 17 and continues through July 14. These very

talented youngsters, ages 13-18 will be performing on campus several times. Here is a listing of their scheduled activities:

You may obtain a calendar of events

### The schedule

Those events where a place is not indicated will take place in the ravine, weather permitting. If not - they will be scheduled in Gifford or Brock.

BAND CONCERT  
Friday (June 22) 8:15 p.m.

STUDENT RECITAL  
Saturday (June 23) 8:15 p.m. Gifford

ORCHESTRA CONCERT  
Sunday (June 24) 8:45 p.m.

FACULTY RECITAL  
Tuesday (June 26) 8:15 p.m. Gifford

SMALL ENSEMBLES CONCERT  
Wednesday (June 27) 8:15 p.m. Gifford

KENTUCKY NATIONAL GUARD BAND  
Thursday (June 28) 8:15 p.m.

MINI-GALA CONCERT  
Friday (June 29) Orchestra - 7:30 p.m.; Band - 8:15 p.m.

### SUMMER SOUNDS

Monday (July 2) 8:15 p.m. Gifford

### VOCAL FACULTY RECITAL

Wednesday (July 4) 8:15 p.m. Gifford

### STUDENT RECITAL

Friday (July 6) 8:15 p.m. Gifford

### ORCHESTRA CONCERT - GUEST CONDUCTOR

Saturday (July 7) 8:15 p.m.

### BAND CONCERT - GUEST CONDUCTOR

Sunday (July 8) 8:15 p.m.

### STUDENT RECITAL

Monday (July 9) 8:15 p.m. Gifford

### SMALL ENSEMBLES CONCERT

Wednesday (July 11) 8:15 p.m. Gifford

### VOICE CLASS CONCERT

Thursday (July 12) 7:30 p.m. Gifford

### GALA CONCERT

Friday (July 13) Vocal - 7 p.m.; Instrumental - 8:30 p.m.

for the camp in the director's office (Room 111, Music building).

The listings for Gifford, refer to the Gifford Theater in the Jane Campbell Building.

### Notable ingenuity

Perhaps a little more original than Chopin, Beethoven or even Benny Goodman but nevertheless this spur of the moment music stand is doing its job. When musician David Meredith gets in the mood to practice it makes no difference where he is. Meredith is a junior from Louisville.

## Smith out on bail awaiting trial

University employee, William Smith, 29, of Norwood Drive, Richmond is currently out of jail on bond while awaiting his trial.

Smith was charged with kidnapping, first-degree assault and attempted rape of a 16 year old Berea girl and will go before the Madison County Grand Jury on July 9, 1979. No date for his trial has been set at this time.

Smith worked in the University

Division of Television and Radio as a technician and was arrested Sunday, April 29, 1979 at his home. He allegedly picked up the victim when she was hitchhiking on U.S. 25.

The girl claims that Smith took her to a campus building which turned out to be the radio and television repair shop where he allegedly assaulted her, tied her up and locked her in the building.

The incident supposedly happened on Saturday, April 28, 1979.

## Creative writing conference features Matthews, Rudnik

By GINNY EAGER  
Editor

Since 1973, the campus has been the site of a Creative Writing Conference and each year it has been directed by William Sutton, professor of English at the University.

This year is no exception and from Monday, June 18 until Friday, June 22, local and visiting writers are taking advantage of the series of lectures and readings offered by the conference.

Besides Sutton, a native Kentuckian whose short stories have appeared in magazines such as the Roanoke Review, Literary Review and Miscellany, Jack Matthews and Raphael Rudnik are also giving readings and lectures.

A native of Ohio, Matthews has five published novels as well as two collections of short stories and numerous other short stories that have been published in magazines.

Rudnik is from New York but just recently came back to the States after living in Holland. He has two collections of poetry published and has also been widely published in literary magazines.

On Monday, Tuesday and Wednesday nights, each of the authors gave a reading and it was open to the public, tonight at 8 p.m. in the Adams Room of the Wallace Building there will be a student reading and it is also open to the public.

During the day, on Monday and Tuesday Sutton, Matthews and Rudnik lectured on various subjects. Dr. Charles Sweet and Dr. Hal Blythe, two University English professors also lectured on team writing.

All members of the course are entitled to a free criticism of a manuscript. Wednesday, today and Friday discussions of manuscripts will be held.



Dr. Charles Sweet, professor of English, illustrates a point made during a lecture about team-writing. He and Dr. Hal Blythe, also a professor of English, have team-written

several television scripts as well as some short stories. The lecture they gave was a part of the Creative Writing Conference which is currently being held on campus.

## No figures available Enrollment steady

By GINNY EAGER  
Editor

According to the Registrar's office, enrollment in summer school has not significantly declined this year. However, the exact figures are not available at this time.

The figures for the past three years show no significant rise or fall in enrollment with 4077 students enrolled in 1976, 4277, in 1977 and 4241, in 1978.

Although there isn't a great decline in students, the campus does at times appear to be totally deserted. Perhaps one reason for the deserted look is the decline in the students who are living on campus.

According to Mabel Criswell, associate director of housing, the number has declined by more than a hundred. Last summer there were 866 students living in the dormitories, she said and this summer there are only 779

on-campus students. "I am surprised," said Criswell, "with the gas problems, I thought that there would be more students on campus." These figures do not include people attending the various camps held on campus.

But the Powell Cafeteria and the Grill have shown no decline, according to Larry Martin, director of food services. But he did continue to say that he could tell there were a greater number of commuters because the two areas were doing more business during the lunch hour.

"I can't tell any difference," he said about the average number of customers, but many of the people using the food services are not University students. They are high school students who are attending Foster Music Camp, Upward Bound, Boys State or any other similar activity.

## Periscope

'Heal Thyself,' a feature from 13-30 Corporation tells how lay people can help diagnose their own ills and take measures to prevent them. It comes complete with a test for one's life style profile. See the complete story on page 2.

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### Summer hours

Alumni Coliseum Pool - 1 to 6 p.m., everyday.  
Powell Cafeteria - 7 to 9:30 a.m., breakfast, 10:30 a.m. to 1:30 p.m., lunch, 4:30 to 6:30 p.m., dinner Monday through Friday and occasionally on weekends.  
Powell Grill - 7 a.m. to 10 p.m., everyday.

Library - Monday through Thursday, 8 a.m. to 10 p.m. Friday, 8 a.m. to 5 p.m., Saturday 9 a.m. to 5 p.m., Sunday 6 p.m. to 10 p.m., closed on the Fourth of July.  
Bookstore - open every morning at 8 a.m., closing hours are flexible.  
Check Cashing Window - 8 a.m. to 4 p.m., everyday.

# Editorials

## Heal Thyself

### A new self-care movement helps people diagnose their own ills—and prevent them.

BY DON AKCHIN

It was a brain tumor. I was pretty sure of that. I was mentally drafting my will in the doctor's office until he told me the bump on my head was merely a common cyst. I thought this time it might really be tonsillitis, but no, it was simple garden-variety sore throat again. Dislocated shoulder? No, just a muscle sprain, take aspirin.

I am not a hypochondriac (exactly). But I do get a little anxious, which leads me to buy medical reassurances at \$12 per visit. Apparently I'm in good company. By some medical estimates, more than two-thirds of all office visits to doctors are "unnecessary"—meaning the problems could be handled by the patients themselves, if only the patients knew that.

The problem is, the patients—as in my case—don't really know. We aren't sure. What if it really is serious? Wouldn't it be better to find out right away than to let a serious disease go unattended? Fortunately for me and other representatives of the "worried well" population, a new trend in health care may relieve these fears.

Medical self-care encourages patients to educate themselves about health and to take more responsibility for their own health care. There are two sides to this. One has to do with *sickness*—knowing when an ailment is minor and when it isn't, and knowing how to treat the minor ones on your own. The other is *wellness*—living in such a way that long-term health problems are less likely to develop—in other words, preventive medicine.

### Sickness: Avoiding "Self-Malpractice"

Medical self-care doesn't propose that lay people perform open-heart surgery on each other, and it is not a movement to do away with doctors. What it does propose is that patients know the difference between a harmless knock on the head and a concussion and that they be competent to handle the harmless knocks without a doctor's assistance.

In fact, about 75 percent of all health and medical care is already self-provided, notes Lowell Levin, associate professor of public health at Yale Medical School. The self-care movement aims at educating consumers of medical care so that their self-provided care is sensible. "There's a whole lot of what you might call 'self-malpractice' right now," says Dr. Tom Ferguson, editor of *Medical Self-Care* magazine.

The movement has become increasingly popular in recent years. Along with it have come more than 600 self-care books, one magazine, and several home medical kits or "black bags" now on the market. One outgrowth of this trend is the self-care class. The George Washington of self-care, Dr. Keith Sehner, taught the first self-care classes to patients at a Georgetown University clinic in 1970. Today Sehner's Course for the Health-Activated Person is offered in 40 states and is the model for other self-care courses.

Sehner's 16-session class includes lessons in:

- Using medical tools such as the stethoscope, blood-pressure cuff, thermometer, high-intensity penlight and otoscope.
- Understanding prescription and non-

prescription drugs, and stocking the home medicine cabinet appropriately.

- Selecting doctors and learning how to communicate clearly with them.
- Obtaining and keeping family medical records.

- Being attuned to the body's signals that something is wrong or right.

- Learning basic hatha yoga, to relieve tension, increase flexibility and encourage good breathing.

- Using clinical algorithms (flow charts that help in making decisions step by step) to decide when a doctor is needed to treat injuries or common illnesses.

The "activated patient," as Sehner calls the self-care practitioner, is not invading a sacred realm reserved for doctors. In fact,

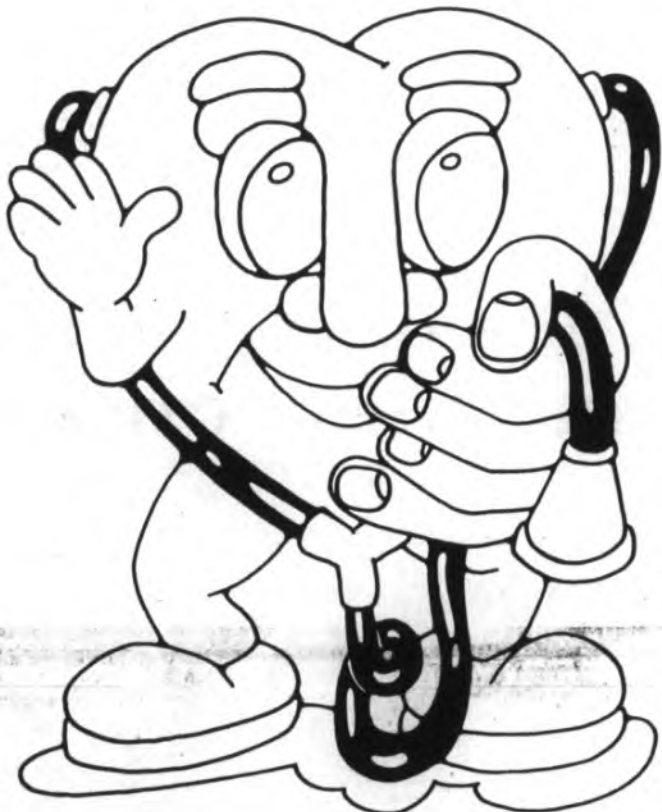
cent of our illnesses today are chronic—caused not by germs, but by habits that take their toll over time.

"The assumption up to now was that disease was an outside force that struck you," says Dr. Tom Ferguson, editor of *Medical Self-Care* magazine. "You went to the doctor and the doctor used one of the magic bullets of modern medicine to attack the disease." Ferguson points out that alcoholism, diabetes, cancer and heart disease—all increasingly common ailments—do not respond to one-shot miracle cures.

This disappoints many people, because it strikes down the notion of the patient as the passive victim of an invading disease, with the doctor as the rescuing cavalry. Virtually all our chronic illnesses today can be traced directly to excesses in life style—smoking, drinking, overeating and under-

exercising. Patients are—at least in part—responsible for their chronic ailments. Doctors cannot cure patients of these ills without their active cooperation.

This helps explain why most of the leaders of the self-care movement are doctors. They see increased self-care as their gain, too. "Health problems are overwhelming, and there's only so much a doctor can do if he sees a patient for 20 minutes every six months," says an intern in family practice. "Patients have got to start taking a certain amount of responsibility for themselves."



### Wellness: Minimizing Risk

The promise of medical self-care does carry with it a lifetime set of weighty responsibilities. The consumer's active role doesn't stop with

learning to use a stethoscope; self-care also implies that the activated patient will take measures to minimize the risk of disease. The traditional passive patient eats, drinks and makes merry until his body begins to pay the price; then he seeks a doctor to repair the damage. The activated patient consciously adjusts his personal life style to minimize later chronic problems—because he realizes that medical science can't cure the results of his excesses. There is no cure for lung cancer, for example, but being a nonsmoker may prevent its occurrence in the first place. Modern medicine has lengthened average life expectancy, largely by controlling the infectious diseases that once killed many children. But the life expectancy of adults has only increased from 71 to 72 years since 1900—because of "life style" diseases. In other words, science cannot control bad habits. Individuals can.

The payoff is pretty clear. A five-year study of 7,000 adults, conducted several years ago by Dr. Lester Breslow and Nedra B. Belloc of the University of California, showed that good personal habits increase life expectancy an average of 11 years (and as much as 14). Breslow and Belloc isolated seven habits. "In every age group," they wrote, "those who reported all seven favorable health habits had, on the average, better physical health than those who reported six," and so on down the line. People over 75 years old who followed all seven habits were in about as good health as people aged 35 to 44 who followed fewer than three.

- Not smoking
  - Drinking moderately or abstaining
  - Getting 7 or 8 hours' sleep per night
  - Eating breakfast daily
  - Eating regular meals without snacks
  - Keeping weight within a few pounds of recommended ideal weight
  - Exercising regularly and actively.
- Another study came to similar conclusions and also linked long, healthy life with certain personality traits: moderation, serenity, optimism, and interest in others and in the future.

### Key Facts About Healthier Life Styles

Why these habits and attitudes promote long life and good health is not precisely known. But a few facts, most of them neither w nor startling,

provide some additional guidelines for a healthy life style.

Balanced meals made up of a variety of foods are good policy. The typical American diet is unbalanced, a feast of meats, sugars and starches and a famine of fresh fruits and vegetables. Consequently, many people in this country are both undernourished and overweight. The specifics about essential vitamins and minerals (and fiber) are in doubt, but it is known that cancers of the colon, breast, prostate, uterus and ovaries are closely linked to diets that are heavy in animal fat, refined carbohydrates, cholesterol, sugar and chemicals.

Obesity has been established as a life-shortener and a harbinger of disease. Insurance company actuaries figure that once you are 10 pounds above your ideal weight, each additional pound costs you a month of your life. One-third of all Americans are overweight.

Smoking has been indicted and convicted of being a prime cause of lung cancer and a factor in a host of other ills, including

heart disease. Smoking two packs of cigarettes daily for 30 years will reduce life expectancy by five years and make the final years of life most unpleasant.

Exercise appears to help control heart disease, among other positive benefits. It promotes blood circulation, respiration and muscle tone, and also seems to act as an antidepressant.

The latest evidence on alcohol is that a small amount daily has no ill effects and may have positive ones, but any more than that begins to take its toll. Sleep is clearly an essential, but researchers still aren't sure why. As for breakfast it sounds logical enough, but the scientific evidence isn't in.

Feeling better and living longer aren't the only advantages medical self-care brings with it. There's a financial angle, too. Activated patients, armed with knowledge of the difference between minor and major ills, save the expense of needless visits to doctors. And over the long term, paying attention to preventive medicine reduces the likelihood of serious (and expensive) diseases caused by bad habits. But perhaps the biggest benefit is the psychological boost of being self-reliant—of relieving the nagging worry that what ails you might be the start of something big and serious. Is it whooping cough or simple congestion? Angina or heartburn? As an activated patient, you'll know—and can do whatever's appropriate.

Editor's note: Don Akchin is the senior writer for the 13-30 Corporation.

## Swimming found to be well worth charge

Although many places on campus which are normally bursting with students are empty and lifeless during the summer school session, one place stays packed to the limits during the hot sunshiny weather—the swimming pool at Alumni Coliseum.

A favorite summer-time activity, swimming is also very good exercise for most parts of the body and luckily for the student the University has four pools for student use.

However during the regular spring and fall semesters, only the indoor pool at Weaver is open for students to swim at certain times during the week. During the regular year, the only charge to the student is leaving an ID while one swims and picking it up when one is finished.

The indoor pools in the Stratton Building and the Alumni Coliseum are used only for swimming classes.

During the summer the outdoor pool at Alumni Coliseum is open and available to students but it is not free of charge.

Those eligible to use the pool must buy a \$5 pool pass for one person or a \$15 pass for families. This allows them to swim the entire summer without paying anything else. Without a pass students must pay 50 cents per day to swim.

Faculty members, administrative staff members with a one year contract, students in summer school who have paid their fees, students on campus who attended the spring semester and are planning to attend the fall semester, Model Lab students and special groups such as Boys State, are all eligible to use the pool. All of their immediate family who are living at home are also eligible as well as any out of county guest of theirs. However, with the exception of the special groups all must pay to use the pool.

The pool is open from 1 to 6 p.m. every day from the beginning of summer school until the end of intercession and closes only during

bad weather or lack of participation.

Art Harvey, one of the pool supervisors, could not give a reason for the admission charge, but did say that it has always been that way.

He did not know what the money was used for other than upkeep and perhaps for paying life guards and other pool workers.

For those who plan to swim every day, the passes are well worth it and when going to the pool to talk to the swimmers, the majority of them did have passes and did think that they were well worth the price.

The fact that students are allowed to swim free during the regular school year did not alter their opinions and most said that they would still pay during the summer.

Seeing the smiles as many swimmers entered the water to cool off make the charge seem very minimal. Even though many students do expect many benefits from the University without charge, they should not expect a summer-time sport to be as cheaply provided in the summer as it is in the winter.

The crowds at the Weaver Pool during the regular school year are very small and many strong swimmers who regularly swim during the summer months do not even bother to take advantage of the pool during the winter months. The pool is only open around four hours per week.

Thus, the crowds are enormously larger at the Alumni Pool, and the hours are by far longer, this makes the upkeep more, this makes the need for more lifeguards grow and this also is one of the main reasons, perhaps, that students are charged extra for swimming pool use during the summers.

Although there will continue to be students who complain about the minimal charge, perhaps if they reevaluate how important swimming is to them, they will reconsider their complaints.



(photo by DOUG FRUCHTENICHT)

Many University students and faculty along with their family seem to be taking advantage of the Alumni Coliseum

swimming pool. The majority of the swimmers when asked, said that they felt that the \$5 charge for a swimming pass was well worth the price.

TESTING: Your Life Style Profile. Includes sections for Exercise, Nutrition, Alcohol, Tobacco, Personal Health, and Road and Water Safety. Each section contains a series of questions with multiple-choice answers and a scoring key.

### The Activated Bookshelf

One way to become acquainted with medical self-care is to start reading up on the subject. Here are some good sources:

• *Take Care of Yourself: A Consumer's Guide to Medical Care*, by Donald M. Vickery, M.D., and James F. Fries, M.D. (Addison-Wesley, 1976, \$5.95).

• *How to Be Your Own Doctor (Sometimes)*, by Keith W. Sehner, M.D., and Howard Eisenberg (Grossset & Dunlap, 1975, \$5.95).

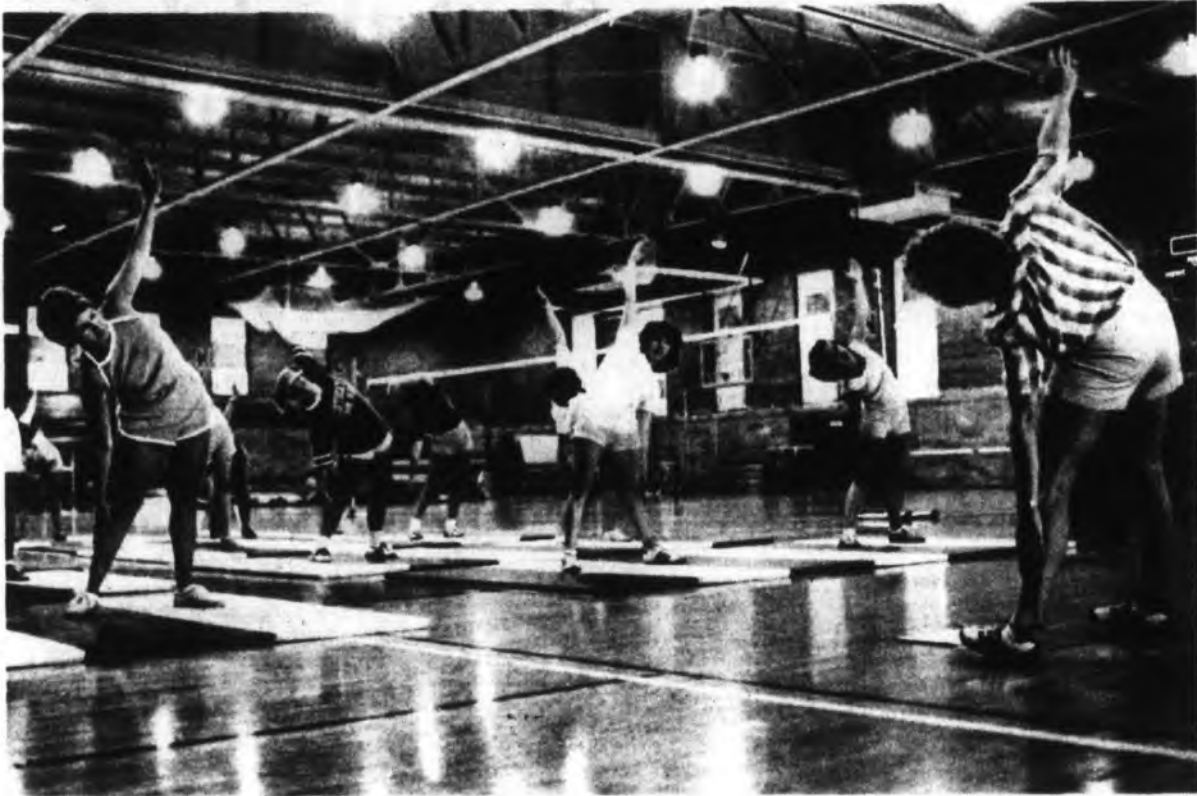
Either book provides a good introduction to self-care, with solid general advice and easy-to-follow charts that help you identify and respond to common illnesses.

• *The Medicine Show*, by the editors of *Consumer Reports* (Consumers Union, 1976, \$3.50). This book discusses what over-the-counter drugs and beauty aids can and cannot do, and gives other advice for medical consumers.

• *Medical Self-Care* magazine, Box 717, Inverness, Calif. 94937. Subscriptions \$7 per year (four issues), back issues \$2.50 each. Each issue has an updated list of self-care classes across the nation, in addition to articles, book reviews and resource guides.

The Eastern Progress logo and contact information for Ginny Eager and Jim Thomason, including their roles as Editor and Business Manager, and membership in the Associated Collegiate Press Association and Columbia Scholastic Press Association.

# News/Features



(photo by DOUG FRUCHTENICHT)

## Bend and stretch

One, two, bend and stretch, comes the count, as these ladies take advantage of one of the special interest courses. The courses are offered through the Division of Special Programs and this one is Exercise and Weight Control. The leading of the group is Darcy Shriver.

40 offered

## Special interests classes provide a chance for fun

By GINNY EAGER  
Editor

Are you one of those people who have always wanted to pilot a plane or perhaps you have two children who are absolute brats and you need help. Even if you just want to learn how to swim or play tennis, special interest courses can be a big help.

With more than 40 classes offered, the special interest courses are offered through the department of Division of Special Programs and can be taken by

any University student or Richmond or Madison County resident.

No prior college experience is necessary to enroll in a course but there are some prerequisites and age limitations on some of the courses.

Registration may be done by telephoning the Office of Special Programs at 622-1444. Enrollments are taken in the order they are received and the University reserves the right to cancel a course in case of insufficient enrollment or any other academic reason.

It is important to note that the courses do not follow a regular calendar year and can be taken for credit or just for fun.

The classes are designed purely for the individual who wants to learn. In almost all of the classes there are no grades, no homework and no examinations. The cost of the classes are kept at a minimum so that more people can take advantage of them.

For more information about the classes and a complete listing contact the Division of Special Programs at 622-1444.

## Center for Economic Education receives Grant

The University will use a \$5,000 grant from the Kentucky Council on Economic Education to provide

workshop scholarships to school teachers and to purchase instructional materials.

The Council, based at Louisville, gave the money to the University for use by its Center for Economic Education.

The Center has eight in-service teacher scholarships available for a workshop on Teaching Economics in American History to be held here July 9 - Aug. 3. Dr. William Morrow, Center director, said.

The teaching materials will be kept at the Center where teachers of social studies and consumer education may check them out.

Teachers interested in attending the workshop should apply to Dr. Morrow,

in the College of Business, or Leonard Widener, in the College of Education, the workshop directors. Widener is also a co-director of the Center.

The workshop, from 10:30 a.m. to 12:45 p.m., Mondays through Fridays in the Bert Combs Building, will introduce new materials and methods to incorporate economic concepts into the American History course in secondary schools.

## Special interest classes still open

**Dance** - Intermediate social, adult, Weaver Dance Studio, June 28 - Aug. 2.

**Decorating** - \$10 - \$100, adult, Burrier 300, July 9-19

**Genealogy** for beginners, adult, Combs, June 25 - July 19

**Swimming** - adult, beginning - advanced, Weaver Pool, July 10-26, July 9-25

**Dance** - Beginning Ballet, adult, Weaver Dance Studio, June 26-31

**Dance** - Intermediate Ballet, adult, Weaver Dance Studio, June 28 - Aug. 2

**Dance** - social, adult, Weaver Dance Studio, June 26-31

**Math Review and Enrichment**, ages 9, 10 and 11, Model Lab School Room C, July 2

**Swimming** - ages 5-9, 9-12, and 13-16, beginning, intermediate and advanced, Weaver, July 2-13, July 16-27

**Tuesday in the Museum**, ages 5-8, Library, June 26 - July 31

**Thursday in the Museum**, ages 5-8, Library, June 28 - August 2



Eastern Kentucky University president Dr. J.C. Powell (right) presents a \$5,000 check that the University received from the Kentucky Economic Council, Louisville, to Leonard Widener (center), co-director of the ECU Center for Economic Education. Looking on is Dr. William Morrow,

director of the Center, which will use the grant to provide workshop scholarships for social study teachers and materials for economic instruction in history classes. The workshop will be held at Eastern July 9 - Aug. 3. The ECU Colleges of Education and Business are cooperating in this project of teaching economic concepts.

## People Poll

Do you have a pool pass? If so, do you think it is worth the price? Do you believe that University students should have free use of the swimming pool?

(photos by DOUG FRUCHTENICHT)



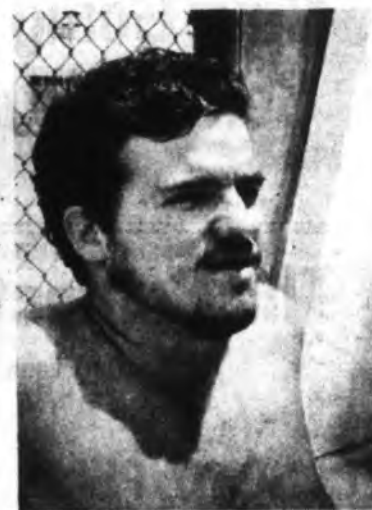
JOHNSON



SIMPKIN



KIDD



HARPER

**Bobby Joe Johnson**, freshman, computer electronics, Paris.  
"Yes, I've got a pass but I think there are too many kids in the pool, yes students should get to swim free."

**Kathy Kidd**, junior, special education, Danville.  
"Yes, it's worth it to get to swim but I don't think we should have to pay."

**Anthony Figgs**, junior, art, Lexington.  
"No, I didn't have the money and I'm not going swimming that much. Yes, students should swim free."

**Mary Buckman**, junior, nursing, Valley Station.  
"Yes, it's worth it to me because I swim everyday, but I do think that we should be able to swim free."

**Pam Simpkin**, senior, business, Elkhorn City.  
"Yes, I think it's worth it and I think it would be unfair to charge residents and not charge students."

**Dave Harper**, senior, accounting, Ft. Thomas.  
"Yes, I use the pool everyday and for students, I think it should be free."

**Roy Vernon**, junior, public relations, Richmond.  
"Yes, I swim every day and it's worth it. It's better than a public pool."

**Camille Fickling**, junior, E.M.C., Whitesburg.  
"Yes, it's worth it, I swim everyday."



(photo by DOUG FRUCHTENICHT)

## Sounds of summer

This summer school coed enjoys the quiet of a lazy afternoon to catch up on her reading for the next day's classes.

## Trivia Quiz

By LISA FARTHING  
Staff Writer

For those of you who think you know everything about anything try to answer all these.

1. Who was Dr. Spock's human mother (TV series "Star Trek")?
2. Who was the voice of Mr. Magoo?
3. What year was Coca-Cola invented?
4. What were the eleven Confederate states?
5. Which magazine first featured a nude male centerfold?
6. Which of the seven dwarfs (Snow White) does not have a beard?
7. Who did Time magazine honor as man of the year in 1938?
8. What was Superman's name when he lived on the planet Krypton?
9. What is the order of colors in a package of 5-flavor lifesavers?
10. What was Mickey Mouse's original name?
11. Where is the Atlantic Ocean west of the Pacific Ocean?
12. Where does Puff the Magic Dragon live? (Song by Peter, Paul, and Mary)

1. Amanda
2. Jim Backus
3. 1886
4. South Carolina, North Carolina, Mississippi, Florida, Alabama, Georgia, Louisiana, Texas, Virginia, West Virginia, Kentucky, Tennessee, Arkansas.
5. Cosmopolitan (Burt Reynolds)
6. Dopey
7. Adolf Hitler
8. Kal-El
9. Yellow, Red, Orange, Green, White, Red, Yellow, Green.
10. Mortimer Mouse
11. Panama
12. Honalee

ANSWERS

## Williams awarded nutrition fellowship

Richard J. Williams has been awarded the Phi Upsilon Omicron Candle Fellowship for study toward a master's degree in Clinical Nutrition. A 1979 home economics graduate of the University, Williams will enroll at the University of Kansas, Lawrence, Kansas, in the fall.

The Founder's Fellowship Award was announced at the Phi Upsilon Omicron National Council meeting, June 19-22, in Columbia, Mo. Phi Upsilon Omicron is a National Home Economics Honor Society which has 70 chapters in colleges and universities throughout the country as well as 33 alumni chapters. The purposes of the honor society are to recognize and encourage academic excellence, professional leadership and commitment to further the professional development of members and advance home economics. Members of the honor society are home economics students selected for outstanding ability and performance in scholarship, leadership, service, and good character. Williams was initiated into Phi Upsilon Omicron by Beta Tau chapter here. He was chapter president during 1978-79.

Williams was the 1979 Milestone Hall of Fame Award winner. He held the 1978-79 American Dietetic Association Undergraduate Scholarship Award and the 1978-79 Mary K. Burrier Scholarship Award, the top academic honor of the Department of Home Economics.

Williams plans to pursue a career as a college faculty member when he completes his graduate study. Obesity and the overweight syndrome is his special research interest.

Criteria for the Candle Fellowship Award include academic record, professional experience, goals and competence, honors and recognitions received, publications, and participation in Phi Upsilon Omicron activities. The award is sponsored by the Phi Upsilon Omicron Educational Foundation, Inc.

## Career conference underway

A conference on career development in civil preparedness is presently underway (June 18-22) at the University. Questions about this conference may be sent to Tom Hammack, coordinator of emergency medicine, 622-2876, or Robert B. Leiter, director of special programs, 622-144H.



Crazy, hazy, lazy days of summer

Didn't someone once say that summertime is the time for lovers? Or was that anytime? These two University students seem to have taken that bit of sage advice seriously as they use the Ravine to relax and enjoy each other's company.

## Placement Pipeline

The Division is compiling statistical data on the December, May, and August graduating class. Therefore, if you are a 1978-79 graduate, particular information about your job could be vital to our statistical reports. The type of job secured, employer, salary and relevancy of the job to your career field should be reported to the Division of Career Development and Placement, 319 Jones Building. All information submitted is strictly confidential.

**ATTENTION AUGUST GRADS**  
Graduation and the employment market are just around the corner. Therefore, we encourage you to stop by 319 Jones, complete a placement registration packet, and take advantage of the many Division services which will continue throughout the summer. Services such as direct job referrals, job vacancy listings, and duplication and mailing of credentials can play a critical role in securing the position you want.

### COLLEGE PLACEMENT ANNUAL

The 1979 College Placement Annual lists over 1,100 employers of college graduates and serves as an excellent resource tool for those seeking information on the kinds of positions offered by major employers, particularly in the business world. The Annual contains both geographical and occupational indexes, and includes information on job hunting, resume writing, and interviewing. Graduates and faculty are encouraged to stop by 319 Jones Building and pick up your free copy.

### SUMMER JOB

A full-time temporary position (3-4 weeks) as a Survey Interviewer in Madison and Estill Counties is available. Individual will have flexible working hours but must have own transportation, access to a phone, complete an eight-hour training session; and be able to complete total survey upon starting the project.

Salary - \$3.25 - \$3.75 per hour plus car allowance. Additional details are available in the Division of Career Development and Placement, 319 Jones Building.

### ALUMNI PLACEMENT SERVICES

The Division is always available to assist alumni in securing employment, making job changes, organizing a job campaign, etc., either now or in the future. Contact the Career Development and Placement Office for particular details on how to utilize alumni placement services.

The Placement Office is open during the lunch hour. Therefore, we encourage you to use this special time to stop by and pick up your placement registration packet before you leave campus in August.

Are you registered with the Placement Office? Do we have your summer address? Many placement services cannot be expedited unless we have your current summer address.

## Faculty notes Danforths, grants, office highlight summer developments

Three University faculty members -- Dr. John P. Harley, professor of Biology and Dr. Jane G. Rainey and Dr. Glenn W. Rainey, associate professors of political science -- have been appointed to the Associate Program of the Danforth Foundation, St. Louis.

They will be guests of the Foundation at one of eight regional conferences. They are also eligible to apply for grants up to \$2,000 offered by the Foundation for special projects to enhance faculty-student relationships.

### Schmidt

Dr. Jan Zlotnik Schmidt, assistant professor of English, here at the University, has received two grants to encourage summer research and teaching.

One project sponsored by the Council on Higher Education is titled, "The Use of the Journal as a Total Approach to a Developmental Composition Sequence." Dr. Schmidt has previously co-authored a paper on journal use in writing classes and has experimented with different forms of journal writing.

The second project, "Teaching Poetry to Retirees in an Old Age Center," sponsored by The Kentucky

Humanities Council, is designed to awaken retirees to the richness of their own past experiences. Dr. Schmidt writes: "Out of such a process will evolve a vision of what growing up in Kentucky meant, and perhaps still means." The project should demonstrate the potential creative reserves of the elderly that will be useful to the community at large.

### Duncan

George Duncan, who is in charge of auto vehicle parking and transportation on campus, has been elected secretary of the Institutional and Municipal Parking Congress, Washington, D.C.

The worldwide organization includes about 700 parking officials from municipalities, universities, hospitals, airports and other large facilities. Duncan's election by vote of the entire membership was announced at the recent 25th workshop and trade show of the Congress at Hollywood, Fla., attended by about 500 delegates and parking equipment exhibitors.

Duncan was elected for the 1979-80 year. By custom in the organization, the secretary will serve as vice president next year and president the following year. Most officers are

elected from municipalities, and Duncan is only the second university parking official to hold high office in the IMPC.

He is assistant director in the ECU Division of Public Safety which is the authority for parking and transportation on the campus. He came to the University in February, 1978 and began a long-range study of campus parking problems.

Previously, he administered the campus parking lot at Illinois State University, Normal, Ill., for eight years. He is on the IMPC board of directors and has served as co-chairman of the technical committee for institutional parking.

Duncan has been a security-truant officer for the Bloomington, Ill., public schools and a member of the police department of that city.

His professional education consists of numerous courses, seminars, and workshops conducted by universities, state police and the FBI, including the Second Regional Parking Workshop for the IMPC at Cincinnati in 1974.

He is the author of two publications on university parking systems and has addressed several conferences and workshops on parking.



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# Sports

## 'Turk' Tillman selected OVC Athlete of the Year

James "Turk" Tillman, outstanding forward on the Eastern Kentucky University Colonels' basketball team, has been selected as the 1978-79 Ohio Valley Conference Athlete of the Year. Tillman, who will be a senior at EKU



James 'Turk' Tillman

next season, was the OVC's Basketball Player of the Year while leading the Colonels to the regular season conference title, the post season tourney championship and a berth in the NCAA Tournament.

A District 3A All-American pick by the United States Basketball Writers Association this past year, Tillman, a native of Washington, D.C., was one of 15 nominees for this year's honor and the top vote-getter of the ten athletes who received votes.

"I thought Turk was the class player of the league this past year," said EKU Director of Athletics Donald Combs. "We are extremely happy for him and he is certainly honored to be picked among so many other fine athletes who were nominated."

Tillman led the league and finished fourth among NCAA Division I scorers with his 26.9 per game average. Since the top three scorers all graduated, Tillman will be the top returning scorer in the nation next year.

"First and, perhaps most importantly, this was quite an honor for our university and reflects well on our school and our basketball program," said EKU head basketball coach Ed Byhre. "And, secondly, this was, of course, a great individual honor for Turk."

While breaking every single season individual school scoring record last year in helping the Colonels post a 21-8 record, Tillman totaled 11 games where he scored 30 or more points and just five contests where he was held to less than 20 points.

Tillman is the fourth athlete honored by the OVC with this award since its inception in 1977. Tony Staynings of Western Kentucky won this award for the 1977-78 year and Ray Flynn of East Tennessee tied with Rodney Moore of Tennessee Tech last year. All three of these previous winners were trackmen.

## Jeff Smiley 'Anatomically speaking'

Sports Editor

## Is Western the backbone of the conference?

For the eleventh time in seventeen years, Western Kentucky has captured the OVC all-sports championship, outdistancing Middle Tennessee and Eastern for the title.

The Hilltoppers, champions in football, cross-country and outdoor track, moved ahead of Eastern midway through the season and held off a strong spring finish by Middle Tennessee. The Blue Raiders climbed from fourth to second during the last week of competition, finishing first in tennis, second in outdoor track, and third in golf.

Eastern, which jumped ahead in the race with strong performances in football and basketball, fell to third with lower division finishes in three of four spring sports.

A press release from Western, glorifying the Hilltoppers' accomplishment, proclaimed the Bowling Green school as being "long

considered the backbone of the OVC."

Personally, I think that a different anatomical metaphor would be more appropriate, considering their highly unprofessional behavior over the past sports year.

Three EKU Colonels were named to the all-OVC baseball squad following the completion of a lackluster 11-19 season. Designated hitter Corky Prater, infielder Rick Bibbins, and pitcher Tom McNulty joined 12 others on the 15-man squad led by Player of the Year Jody Hamilton of Morehead State.

Prater led the Colonels with a .346 average, while Bibbins socked eight homers and a .326 clip. McNulty, a 6-6 righthander, finished with a 5-1 won-loss mark, a 3.79 ERA, and 34 strikeouts in 38 innings.

Eastern's women's track team literally ran away with the first OVC championship, held last month at the Tennessee Tech campus. The Lady Colonels claimed four first place finishes and fourteen second place finishes en route to a 216-143 margin over runners-up Murray State.

Paula Gaston turned in a truly phenomenal performance, winning the 1500 and 10,000 meter runs and placing second in the 3000 meters. Despite this effort, however, Gaston was overlooked in the balloting for Trackwoman of the Year. That award went to Austin Peay's Joanne Arnold, a double winner in the 100 and 200 meter dashes.

In the wake of her team's success, head coach Sandy Martin was named OVC track Coach of the Year. Martin led her team to high finishes in the EKU Invitational (1st), the Lady Topper Invitational (2nd), and the Murray State Invitational (4th).

Even with all the good fortune now being enjoyed by the Lady Colonels tracksters, I am nevertheless skeptical about the validity of these accolades. Not too long ago, the women's basketball team enjoyed similar success during the first years of OVC competition in that sport. However, it was only a matter of years before other OVC schools caught up with, and far surpassed, the EKU women. Now, Eastern is on the verge of becoming the scum of OVC women's basketball, and certain factors indicate that things may not get any better.

Let's just hope that this trend does not follow in women's track. It is most enjoyable to see Eastern represented well in all sports, and it is very degrading to see poor performances in any facet of the university.

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## Season tickets now on sale for 1979 Colonel football games

Eastern Kentucky University Director of Athletics Donald Combs has announced that applications are now being accepted for season tickets to the Colonels' 1979 six-game home football schedule.

The Action Pak Plan, which allows Colonel fans a savings of \$5.00 from what the games bought individually would cost, will feature perhaps the toughest schedule in Eastern's history.

Undoubtedly, from top to bottom, this has to be the toughest schedule we've ever played in football. With three Division I schools, a Division I-AA semifinalist from the 1978 playoffs and a Division II powerhouse on the schedule, plus our regular rivalries in the OVC, the work will be cut out for the team," said Combs.

Head football coach Roy Kidd, who collected his 100th collegiate coaching victory last season and who will be beginning his 16th season at EKV, agrees.

"We could possibly have a better team personnel-wise this coming

season, but from the looks of these teams on the schedule, our record might not be as good as this past year," said Kidd. (The Colonels were 8-2 overall last year.)

Eastern's 1979 home schedule is highlighted by the traditional Homecoming contest versus Western Kentucky, Oct. 20; a date with 1978 Division I-AA playoff semifinalist Jackson State; and a match Oct. 13 versus Division I for California State - Fullerton.

Other home contests include the Hanger Field opener Sept. 15 versus Division II powerhouse Troy State; a Sept. 29 encounter with Austin Peay (Band Day); and a Nov. 3 bout with Tennessee Tech.

Seat assignment to a new season ticket holders will be based on the date the order is received in the athletic ticket office. Seats in the sections indicated as first or second choice will be provided, if possible.

A check payable to the University must accompany each order and the

section desired should be indicated by those who did not hold season tickets last year. Unless otherwise specified, previous holders will be assigned the same seats as before.

Fans are to purchase their season tickets by mail or in person. Orders cannot be taken by telephone.

Combs would also like to remind fans that although season ticket applications are being accepted, the tickets would not be ready for distribution until after the first of August.

Thirty-eight lettermen, including four first team All-Ohio Valley Conference selections, return to lead the '79 edition of the EKV Colonels. The offense will be led by All-OVC fullback Dale Patton, quarterback Bill Hughes, receivers David Boone, Jerry Parrish and Kris Curtis and All-OVC center David Neal. All-conference performers Joe Richard at noseguard and Danny Martin at cornerback will spearhead the defense.

Ticket inquiries will be welcomed in EKV's Athletic Ticket Office, Alumni Coliseum, Monday through Friday, from 8 a.m. - noon and 1-4:30 p.m. Mail orders should be addressed to the Athletic Ticket Office, EKV, Richmond, Kentucky 40475.

A season ticket costs \$22.00 for the six-game Hanger Field schedule.

### 1979 Football Schedule

DATE	OPPONENT	SITE
Sept. 8	Kent State	A
Sept. 15	Troy State	H
Sept. 22	East Tennessee	A
Sept. 29	Austin Peay*	H
Oct. 6	Middle Tennessee*	A
Oct. 13	Cal State-Fullerton	H
Oct. 20	Western Ky.*	H
Oct. 27	Murray State*	A
Nov. 3	Tennessee Tech*	H
Nov. 10	Jackson State	H
Nov. 17	Morehead State*	A

## Lexington will be site for 10,000 meter race

The third annual Bluegrass 10,000 Meter road race will be held on Wednesday, July 4 in downtown Lexington. The 6.2 mile running race will begin at 9:00 a.m. and will be run on downtown Lexington roads.

The race is sponsored by the Lexington Fayette Urban County Division of Parks and Recreation and the Lexington Herald Leader newspaper. Pre-registration is \$5.00 and late registration 7:00 a.m. - 8:00

a.m. on July 4 is \$8.00. Registration forms may be obtained by calling the Division of Parks and Recreation, 606-255-0835.

All finishers will receive T shirts depicting the race logo and race certificates. Top finishers will receive merchandise awards. Dressing rooms, limited locker space (lockers not included) and showers will be available at the Division of Parks and Recreation, 545 North Upper St.

## Golf team inks prep standouts

Steve Haluska, a recent graduate of Broome Tech Community College in Binghamton, N.Y., has signed a national letter-of-intent with the Eastern Kentucky University golf team.

A native of Johnson City, N.Y., Haluska finished 35th in the national junior college tournament and fourth in the state junior college tourney in 1978. He also participated in the Insurance Youth Classic in California that same year.

"Steve is a very fine golfer and will be a welcome addition to our golf team," said EKV head golf coach Ray Struder. "He is also extremely intelligent and should have no trouble with the transition to University life."

Tournament victories Haluska has collected during the past few years include the 1976 and 1977 New York State Elks; 1977 Triple Cities Golf Association; the 1976 state Insurance Youth Classic from among 183 competitors; and the 1978 New York state junior college region and state finals.

Haluska plans to major in computer science at EKV this fall.

Coach Struder has also announced the signing of Scott Walsh of Sun Prairie, Wisconsin to a national letter-of-intent.

Walsh, 18, was the high school regional champion for the past four years and finished 18th in the state as a 15-year old. At age 14, he was the Wisconsin Junior PGA champion and at

16 years of age finished second in the Sun Prairie Open.

"Scott visited Eastern and really liked the school and our program," said Struder. "He has tremendous hands and should be able to increase the distance on his drives. He is going to be a definite asset to our program."

A graduate of Sun Prairie Senior High School, Walsh, at age 17, was the low qualifier with a 71 in the Wisconsin Open and was a member of the Wisconsin PGA Junior Team of Champions.

His best performance during the 1979 season was a tie for the championship in the 160-man field of the Jamesville High School Invitational.



## Eastern skipper resigns

Jack Hissom announced his retirement following the conclusion of the 1979 spring baseball season. Hissom's teams at Eastern were characterized by power hitting and high run

production, but often suffered from faulty pitching and defense. The Colonels finished in sixth place in the OVC with an 11-19 overall mark following an 11-15 record in 1978.

## Three each on baseball, golf teams

# Six Colonels honored on all-conference teams

ALL-OVC BASEBALL TEAM  
COACH OF THE YEAR - Johnny Reagan, Murray State  
PLAYER OF THE YEAR - Jody Hamilton, Morehead State

FIRST TEAM  
P - Andy Rice, Murray State  
P - Doyle Miller, Murray State  
P - Tom McNulty, Eastern Kentucky  
P - Walt Terrell, Morehead State  
P - Mark Biven, Western Kentucky  
C - Eric Graves, Middle Tennessee  
DH - Corky Prater, Eastern Kentucky  
IF - Doran Perdue, Murray State  
IF - Steve Sencibaugh, Murray State  
IF - Robin Courtney, Murray State  
IF - Rick Bibbins, Eastern Kentucky  
IF - Dan Kiser, Morehead State  
OF - Chris Vinyard, Austin Peay  
OF - Tommy Blankenship, Middle Tennessee  
OF - Jody Hamilton, Morehead State

SECOND TEAM  
P - Doug Downey, Austin Peay  
P - Keith Gilliam, Austin Peay  
P - David Booker, Middle Tennessee  
P - Ken Wilfong, Morehead State  
P - Marty Mason, Western Kentucky  
C - Jeff White, Morehead State  
DH - No selection  
IF - Doug Helton, Tennessee Tech  
IF - Tony Lamb, Austin Peay  
IF - Mike Williams, Western Kentucky  
IF - Kenny Fox, Western Kentucky  
IF - Ron Rocco, Western Kentucky  
OF - Steve Turpin, Tennessee Tech  
OF - Jamey Bennett, Morehead State  
OF - Leonard Phillips, Western Kentucky

Catcher Eric Graves of Middle Tennessee and outfielder Jody Hamilton of Morehead State were the only unanimous selections to the 1979 All-OVC baseball team's first squad.

1979 ALL-OVC GOLF TEAM  
COACH OF THE YEAR - Sherwin Giff, Austin Peay State University  
PLAYER OF THE YEAR - Richard Smith, Austin Peay State University

ALL-OVC SQUAD  
Richard Smith, Austin Peay  
Dave Gaer, Eastern Kentucky  
Dave Clement, Eastern Kentucky  
Mike Reynolds, Morehead State  
Rob Long, Austin Peay  
Chris Farr, Middle Tennessee  
Steve Campbell, Middle Tennessee  
Steve Goldstein, Middle Tennessee  
Mike Thomas, Morehead State  
Tim Budreau, Austin Peay  
Jim Mandle, Austin Peay  
Mike Frey, Eastern Kentucky  
Chris Hall, Middle Tennessee  
Charles Bowles, Morehead State  
Jim Bagnardi, Western Kentucky

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# Arts



## Verl Wilkinson

Arts Editor

I'm excited about being Arts Editor! I've been concentrating a lot of time this summer on becoming well-informed about all sorts of art. I do have some weak spots, and I need some help, but I'll go into greater detail when I return to campus in the fall. We're going to make some changes in the format (layout) of the pages, too. Hopefully, we can have them ready for the first fall issue.

I would like to take this chance to inform students and faculty of the arts departments to prepare schedules of ALL upcoming events. From the very first issue, I want to

work closely with the departments to inform the students about what's going on -- on campus. I appreciate your cooperation.

Next, I'd like to mention the fact that some of the fine instructors we had last spring won't be back in the fall. One of those instructors is a good friend of mine. Sadly, some of you may know him only as the director of "Pippin," but considering the tremendous success of the show, you know a little bit about him, because at least you know he's dynamic! Oh sure, you had to really know him to love him, but I feel sorry for those of you who never got

to know the man. J.D. -- Keep in touch!

If you're looking for some good reading this summer, cheer up because there's plenty around. From **Dancer From the Dance** to **Scruples** to **Dress Gray** to **Crowd Pleasers** to **The World According to Garp**;

from controversy to fantasy to reality to sex to innovations in the literary world, this summer, reading has something to offer anyone. Movies are about the same. Except for a few poorly-made attempts at sci-fi, there are some good films

playing this summer. And of course there is always the hodge-podge of unique but excellent films at the Kentucky Theatre in Lexington. For \$1.49, you always get more than your money's worth.

Music is really diversified this summer. Donna Summer no longer reigns supreme, and even Barbara Mandrell is getting in on the act. While we're here, let me say a few things about disco.

That it is a success is an

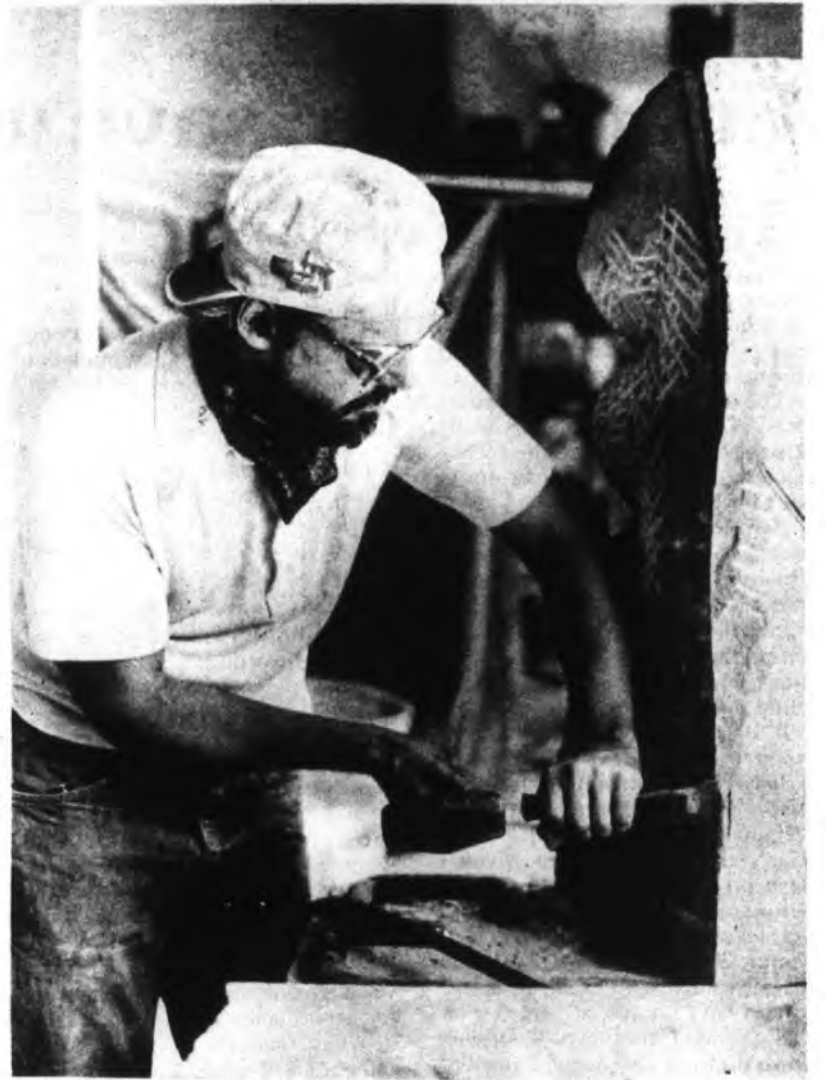
understatement. That it is controversial is to be understood. After all, look at all of the fuss rock and roll created. Or, if you can't remember back that far, think about Alice Cooper. What was once considered bizarre when Cooper was wild, is now commonplace. Disco is here to stay. Donna Summer opened the door, and threw away the key. Rest. I am proud to say that I was crazy about disco long before it was fashionable to be crazy about it.

It is interesting that another of my long-time loves is experiencing a band-wagon craze. It seems that roller skating is making a come-back -- at least in some areas.

Which brings me to a topic for more complete discussion -- fads. Now, don't get me wrong, I don't dislike fads. I do dislike faddists.

Those are people who don't have enough backbone to decide what they do and do not like.

Somehow, I feel that this is going to be a very eventful summer. At least, at this point, it is proceeding at a rapid pace.



**Creativity at work**

Dennis Whiteopf, associate professor of art, works on a piece of sculpture. He is preparing for an exhibit in New York.

## Nelson brings back 'Sweet Memories'

By GINNY EAGER

After Stardust, Willie Nelson could probably not release another album that surprised his listening audience as much. But with his latest one he has tried and has almost done it again.

Sweet Memories is a collection of sad and sweet love songs with no hint of the outlaw Nelson not your usual mixture of country, blues and rock-n-roll, this album presents an entirely different side of Nelson that is seen only on occasion.

Fans will remember the shock that

hit them when listening to Stardust for the first time. Well with Sweet Memories there is no such shock. After listening to the rough vocals emitting the love songs for a few times, the surprise creeps up and before the listener realizes it, he is enjoying the album.

The main difference, besides the unsimilar music types, in the albums is the fact that Stardust hits the listener hard with the big difference and Sweet Memories sort of sneaks up with the difference.

Perhaps the reason for this is the fact that all of the cuts have been previously released and the familiarity with them cuts down on the surprise. Nelson takes a song made famous by Judy Collins, **Both Sides Now** and sings it in his own slow and careful style.

Other familiar songs done by Nelson are **Everybody's Talkin'**, one of the fastest cuts on the LP but still somewhat slower than your normal Nelson fare. Another recognizable song is **Help Me Make It Through the Night**,

popularized by Sammi Smith and Kris Kristofferson. But Nelson's version of this does not quite compete with the two other versions.

The title cut is by far one of the more enjoyable ones on the whole album and Nelson's grave vocals make the lyrics more and more believable.

Hard died Nelson fans will enjoy the album a lot in spite of the fact that it is a break from the ordinary Nelson style. In fact, Sweet Memories is just another brick in the wall that claims that Nelson is able to sing anything.

## Book review: Dress Gray

"Dress Gray," a novel by Lucian K. Truscott IV, is a contemporary novel about West Point.

The military atmosphere and situations of that prestigious academy lend themselves admirably to the plot of the story.

In a nutshell, a cadet is murdered. However, this is not merely any cadet. David Hand is a young man who is obsessed with fighting the system -- and beating it. He is also a homosexual. He is found floating in a nearby lake, naked. He was an excellent swimmer.

An autopsy is performed indicating that cadet Hand had experienced intercourse just before his death. In other words, whoever last had sex with him, killed him.

That is where an intricate cover-up begins. Another cadet, Ry Slaughter, happens to get caught in the middle of the cover-up.

There are lots of little subplots, to

keep one's interest, and the conflict is resolved -- but questions remain unanswered.

That's all on one level.

On another level -- there are insights into possibilities. The best thing about the book, which is entertaining, is that it causes one to think.

For example, the book is an excellent source of understanding the greed for power.

For another example, the book shows that in one year one can have political connections reaching as far as the Pentagon and the White House. If one is "lucky."

Hard-to-put-down, the book catches the reader up in the tale of horrific webs of deceit, trickery, bribes and cover-up. Two young cadets -- in their own ways -- fight the system. One of them is killed and the other...? Read it for yourself!

Critic's Corner:

Being a novelist myself (albeit unpublished) I am always reading. "Dress Gray" is one of the finest novels I've read in years.

The military lingo is explained, simply, and used sparingly.

The homosexuality of the cadet is merely mentioned, as a point of fact. It is not dwelt upon.

The book is moving, compelling, hard-to-put-down and thought-provoking.

The language is atrocious, but it works. Obscenity occurs often, through large sections of the book. I'm not advocating the use of expletives in literature, but it is exactly the sort of talk one would expect, under the circumstances.

All in all, a fine literary effort. More importantly, it is entertaining all the way through. Most importantly, one has to utilize a little gray matter to enjoy it thoroughly.

## Foster Music Camp Miscellaneous items

Foster Music Camp is in progress on campus. The students involved in the camp offer several concerts and performances. Support these young musicians.

Assuming that most of you will return to campus in the fall, I would like to solicit your ideas for areas where arts coverage could be improved. Send your suggestions to **The Progress**, 4th Floor, Jones Building.

So if you're really up on a topic, please consider writing for me next semester.

Admittedly, I need help in a few areas. Current rock is just one of my weaknesses.

I'd like to run at least one review a week, too. For those of you who are experts, or near experts on something,



The Outlaws will be appearing in concert at Rupp Arena soon. For more information, call the Lexington Civic Center ticket office.

it may be possible for you to share your knowledge with other students.

For those of you who are loyal Larry Bernard fans, I have a disappointing announcement: The burp after the beer will no longer be a regular feature of the arts pages.

Coming in the fall are student director's acting scenes. I encourage all aspiring actors to try out for them. There is always a shortage of talent. Being a director, I'd like to have the opportunity to choose between several good people.

Also, plan now the activities in which you are going to be involved. Student government is one of the possibilities to consider.

You all have a good summer, and don't work too hard.

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## Gas crunch

# Energy tips, save worried motorists from mass hysteria

By GINNY EAGER  
Editor

One of the main news items of the summer has been the gasoline shortages. California has adopted an odd/even rationing system and many other places are also leaning toward this system.

Television news reports show long lines at the gas stations in many large cities around the country. Two hour waits for just \$5 worth of gas are talked about all over.

Personally, I haven't felt the gas crunch to hard. I recently traveled to Pittsburg and had to wait about 20 minutes for gas in one place, was turned away from empty pumps about three times and was never limited on the amount of gas that I could purchase.

It did make me wonder if our country isn't the victim of mass hysteria compounded by full-tank freaks. But the sad fact is that even I seem to be getting paranoid. For the four years that I have been driving I have driven cars right down to E before looking for a station.

I also am notorious for completely forgetting and have had to call someone to come after me when I have ran out of gas.

But now I find myself driving down the road with one eye glued to the gas gauge and the other eyeball peering for a gas station the minute that needle touches the 1/2 a tank mark.

It's hysteria and the entire country is falling prey. Granted that gasoline supplies are smaller than they were a few years ago, but I can't help wonder that if they raise the price of gas a little more, a little faster if it won't become plentiful once more.

But perhaps the shortage isn't all bad. Many gas saving gadgets and tips and many alternative fuels are

being widely researched and publicized.

Beginning this month and continuing until July, 1980 the Bluegrass Area Development District, Inc. is sharing 20 gas saving tips each month with the public. I am passing the tips on to you in hopes that somehow, some person will save on a little gas.

I will be trying to follow some of these tips in spite of the fact that I enjoy driving 70 mph and I like to ride around in an automobile just for fun.

But who knows one day it might be me waiting in line for two hours for just \$5 worth of gas.

### TIPS

Obey the 55 mph speed limit . . . you will save gas and contribute to highway safety at the same time.

Drive with windows closed whenever possible . . . open windows can lower mileage by as much as 10% because of wind drag.

Do not dart in and out of traffic when attempting to pass another car on a two-lane highway . . . this destroys momentum, uses brakes unnecessarily, and lowers gas mileage.

Get plenty of rest before making long trips . . . fatigue will make you drive less economical and, of course, less safely.

Cut down on the number of complete stops you make in city driving . . . it takes 6 time more gas to get moving again than it does to continue from a very slow speed.

Coasting, rather than immediate stops at a red light, will use the gas

carrying you to the light that would have otherwise been wasted idling at the intersection.

Turn off the engine or take the vehicle out of gear during long, unavoidable delays . . . i.e. major intersections, train crossings, etc.

Know the timing of traffic lights along your route . . . you can slow or increase your speed accordingly to avoid complete stops.

Plan your trips to eliminate turns. Each time you turn valuable momentum is lost and so is gas.

Become a skilled driver . . . excess parking maneuvers or movement of your vehicle will cost you money.

Group as many trips into a single trip . . . it pays to consolidate your shopping or deliveries.

Maintain speeds between 30-40 mph whenever possible in city driving . . . this is the most economical speed for which your vehicle was designed.

Conserve forward momentum at intersections by taking advantage of the metal crossbars placed in the pavement . . . these are traffic actuated and when activated cause the light to change from red to green allowing you to move through the intersection without stopping.

On four-lane streets drive in the lane away from the curb . . . the traffic moves at a steadier pace thus maximizing momentum.

In stop-and-go traffic, place the transmission in neutral whenever you are stopped . . . this will prevent

overheating and lessen the strain on the transmission.

Take advantage of right and left turns on a red light (where legal) . . . this saves gas otherwise used when waiting for a green light.

Avoid 'gas traps' . . . enroute

when circumstances ahead dictate to get around obvious gas-waiting situations.

Use the already warmed up vehicle (if you are a two-car family) for running errands . . . gas and money are lost when you are forced to warm up a cold engine.

Be alert and obey all traffic laws and signs . . . they are designed to make your drive easier.

Carpool and rideshare at every opportunity . . . this provides for a more enjoyable trip and saves precious fuel.



(photo by DOUG FRUCHTENICHT)

## Change please

Blowing a kiss, this girl is not. Going through registration can be a hassle for many students as they try to come up with logical excuses and reasons for taking a certain class, living

off campus or for deferring their fee payment. But this student is apparently extremely frustrated as she is stopped at another registration table.

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