Eastern Kentucky University Encompass

The Athlete

Kentucky High School Athletic Association

3-1-1958

The Kentucky High School Athlete, March 1958

Kentucky High School Athletic Association

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Recommended Citation

 $Kentucky \ High \ School \ Athletic \ Association, "The \ Kentucky \ High \ School \ Athlete, March \ 1958" \ (1958). \ \textit{The Athlete.} \ Book \ 38. \ http://encompass.eku.edu/athlete/38$

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LAFAYETTE HIGH SCHOOL SWIMMING TEAM KENTUCKY CLASS "A" CHAMPION - - 1958



(Left to Right) Front Row: Coach Hollinsworth, Allen, Doug Hammonds, Honican, Stamatis, Hill, Roberts, Lowry. Second Row: Royalty, Sympson, Egalite, Freeman, Dillard, Skiles, Dave Hammonds, Combs, R. Cooke, Third Row: Anderson, Fleming, S. Cooke, Langston, Mgr. Stone.





Modern Ides of March

The gym lights gleam like a beacon beam And a million motors hum In a good will flight on a Friday night; For basketball beckons, "Come!"

> A sharp-shooting mite is king tonight. The Madness of March is running. The winged fleet fly, the ball sails high And field goal hunters are gunning.

The colors clash as silk suits flash
And race on a shimmering floor.
Repressions die, and partisans vie
In a goal acclaiming roar.

On Championship Trail toward a holy grail, All fans are birds of a feather It's fiesta night and cares lie light When the air is full of leather.

Since time began, the instincts of man
Prove cave and current men kin.
On tournament night the sage and the wight
Are relative under the skin.

It's festival time,—sans reason or rhyme
But with nation-wide appeal.
In a world of hate, our ship of state
Rides high on an even keel.

With war nerves tense, the final defense
Is the courage, strength and will
In a million lives where freedom thrives
And liberty lingers still.

Let commies clash and empires crash 'Neath the wreck of a victory arch! Let our boys tread where hate is dead,—In this happy Madness of March!

-H. V. Porter.

The Kentucky High School Athlete

Official Organ of the

Kentucky High School Athletic Association

VOL. XX-NO. 8

MARCH, 1958

\$1.00 Per Year

Medical Aspects of Fitness

Editor's note: This address was given by Dr. Carroll Witten of Louisville, representing the Kentucky Medical Association at the Governor's Conference on Fitness of Kentucky Youth, held in Lexington on February 20, 1958.

The medical profession of the state of Kentucky is deeply appreciative of the opportunity to have a representative here today on the "Conference Concerning the Fit-

ness of our Youth."

The physicians of this Commonwealth sincerely welcome the interest shown by the Governor of the state of Kentucky concerning the fitness of American youth and are actively interested in cooperating toward these goals. The Governor's interest should prove a strong impetus to what has long been of primary concern to physicians only.

It seems to us that the Governor very excellently stated the purposes of this conference in calling for (1) an evaluation of youth fitness, (2) a determination of fitness needs and goals, and (3) plans for achieving these

goals.

In effect, therefore, the Governor has called us here today to determine what action can be taken to assure the best "fitness"

of Kentucky youth."

The medical profession differs sharply with some alarmists who believe that our youth is "going to the dogs" figuratively and literally. The medical profession knows that, by every solid and recognizable measure, today's youth is healthier than ever before; our youth today is taller and heavier, on the average, than of any previous generation; longer years of life are in store for today's youth; chances of living to start school are better than 96 in 100; and chances of living through the school years have reached an all time high of better than 99 in 100.

To determine the needs and goals of this program, one must first have an evaluation of youth fitness. This in itself poses a problem. The criteria often used in an attempt to portray the neglected state of youth fitness is the high rejection rate of the armed

forces, which has been reported as approach-

ng 35%.

It should be stated incontrovertibly that these rejection rates are not a valid index of health or fitness. Standards of armed forces examinations are arbitrary and varied, are based often on the number being examined, with many examinees being rejected several times on re-examination. Social and educational defects also have distorted these figures.

Of course, the health of our youth is not perfect. There is always room for improvement and there is a crying need for a much broader application of programs of health and fitness for all Americans, and particular-

ly for our youth.

Mr. Larry Boeck, a sports writer for the Louisville Courier-Journal, very adequately nailed the basic question in last Sunday morning's paper when he wrote, "Precisely what is physical fitness—the kind President Eisenhower wants for our youth?

"Is it developing the strength and stamina and acquiring the skills to box 10 rounds, to play 36 holes of reasonably good golf or battle through 5 sets of tennis in mid-July?

"Or is it something better fulfilled in the less competitive athletic fields of mass exercises, gymnastics or trudging through the woods in a frigid December hunting expedition?"

Too often, it seems, we think only of youth fitness as a synonym of physical prowess. As a physician, I feel that youth fitness is an interwoven combination of mental. emotional, social, spiritual, and physical elements.

Perhaps nowhere does the "ounce of prevention adage" apply with greater meaning than in the field of physical fitness. And at no time are preventative measures more important than in the formative years of childhood, and as such the health of our children is the concern of everyone; this includes parents, members of the education and medical professions, and the entire public.

As such, the efforts toward youth fitness must be of a cooperative nature between all members of the health team as listed

(Continued on Page Ten)

MARCH, 1958

VOL. XX-NO. 8

Published monthly, except June and July, by the Kentucky High School Athletic Association. Office of Publication, Lexington, Ky.

Entered as second-class matter in the post office at Lexington, Kentucky under the act of March 3, 1879.

______THEO. A. SANFORD Editor. Assistant Editor____

Lexington, Ky.

BOARD OF CONTROL

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Subscription Rates____\$1.00 Per Year

From the Commissioner's Office

Reports Now Due

- 1. 1957-58 Basketball Participation List
- 2. School's Report on Basketball Officials
- 3. Official's Report on Schools (Basket-

Spring Meets

Tentative dates have been set for the various spring meets and tournaments in baseball, golf, track, and tennis. They are as follows:

May 5-7, district baseball tournaments

May 9, regional track meets

May 12, regional tennis tournaments May 16-17, State Track Meet May 19-20, State Tennis Tournament

May 21, regional golf tournaments

May 22-23, regional baseball tournaments

May 27-28, State Golf Tournament

June 4-5. State Baseball Tournament

Board Election

As this issue of the ATHLETE goes to press it appears that W. H. Crowdus in Section 3 and Jack Dawson in Section 4 have been reelected to membership on the Board of Control. Mr. Crowdus was opposed by Prin. W. L. Gardner of the Park City High School, and a second candidate in Section 4 was Prin. John M. Potter of the Gallatin County High School. Articles concerning the reelected directors will appear in the April issue of the magazine.

Protection Fund News

Three hundred thirty-one member schools of the K.H.S.A.A. had insured their athletes with the Protection Fund at the time this issue of the magazine went to press. Seven hundred three claims, totaling \$15,673.15 have been paid since July 1, 1957.

ANNUAL MEETING SPEAKER



Lyman V. Ginger

Dean Lyman V. Ginger of the University of Kentucky, currently President of the National Education Association, will be the principal speaker at the annual dinner meeting of the K.H.S.A.A., scheduled to be held in the Crystal Ballroom of the Brown Hotel, Louisville, at 6:00 P. M., April 10.

Dr. Ginger received his A.B. degree from Kentucky Weslevan College and his master's and doctoral degrees from the University of Kentucky. He taught Science and coached athletics at Winchester High School, Winchester, Kentucky, for ten years. For three years he was Principal of the Owingsville Consolidated School, Owingsville, Kentucky. From there he came to University High School at Lexington as Principal and Science teacher. At the end of the first year, he was made Acting Director of University School for all twelve grades, and two years later became Director of University School and Chairman of the Division of Instruction in the College of Education. From that time until 1954, he was Director of Student Teaching and had charge of the entire student teaching program, both elementary and secondary, for the College of Education. In 1954 he became Dean of the College of Adult and Extension Education. He was made Dean of the College of Education in September, 1956. During the period of 1947-1953 Dr. Ginger was President of the Kentucky High School Athletic Association.

Some of the other experiences Dr. Ginger has had include serving as Director of a Workshop at Lock Haven State Teachers College, Lock Haven, Pennsylvania. Workshop had to do with laboratory experiences in the teacher training program. He has also directed a Workshop at Sul Ross College, Alpine, Texas and one at the American School Foundation, Mexico City, Mexico. In 1954 he served as Director of the National Association for Student Teaching Workshop at Morehead, Kentucky, and he also served as Director of the Kentucky Workshop in Economic Education. He has been active in Safety Education, Teacher Education and Professional Standards, and the Association for Student Teaching, and has worked in numerous conferences and workshops in these areas.

Dean Ginger served as President of the Kentucky Education Association for two years, was second Vice President of the National Education Association, and this year is serving as President. He is Past President of the Lexington Kiwanis Club and has served on numerous committees of a civic and social nature in and around Lexington. He is past President of the Lexington YMCA, an elder in the Maxwell Street Presbyterian Church. and former Superintendent of the Sunday

School.

Youth Fitness Conference

On February 20, 1958, the Governor's Conference on Fitness of Kentucky Youth was held at the University of Kentucky. In a letter written on January 24 to representatives of education, recreation, athletics, civic and religious organizations, fraternal organizations, government, and other interested groups, Governor Chandler said: "In the past two decades we have made great strides in most areas of education; however, in the course of this progress we may have failed to provide adequate fitness programs for the youth of our country. It is imperative that programs of fitness serving youth be improved and promoted to the greatest possible extent. President Eisenhower recognized this problem and appointed a President's Council on Youth Fitness to promote existing national programs, launch additional ones, and to cooperate, stimulate and improve the functions of the federal agencies with respect to the fitness of youth.

"We realize that the future of every Kentucky youth is vital to the future of our State; therefore, I am calling a Conference on Youth Fitness The purposes of this Conference will be to evaluate the present status of youth fitness, to determine fitness needs and goals, and to propose plans for achieving these goals. We are delighted that Dr. Shane MacCarthy, Executive Director of the President's Council, has accepted our invitation to deliver the keynote address."

More than 100 delegates were in attendance at the meeting. Dr. Robert R. Martin, Superintendent of Public Instruction, presided at the opening morning session of the conference, and President Frank G. Dickey of the University of Kentucky gave the welcoming address. Dr. Shane MacCarthy gave the principal address, speaking on the subject "Educating for Fitness." A "Symposium on Fitness" was moderated by Don C. Bale, Head, Bureau of Instruction, State Department of Education. Speakers on the panel were: Dr. Ernest Jokl, University of Kentucky; Dr. Carroll Witten, Kentucky Medical Association; Dr. Paul Hunsicker, American Association for Health, Physical Education and Recreation; and Dr. Ellis Hartford, College of Education, University of Kentucky.

After a luncheon in the Student Union Ballroom, the representatives formed into various groups for the purpose of discussing numerous topics in connection with youth fitness. The groups reassembled at 3:15 P.M. for their reports and recommendations. Richard Lee Gentry of the State Department of Education served as chairman for the final session. The recommendations and suggestions coming out of the meeting will be made available by the State Department of Education to the organizations represented.

SUPPLEMENTARY LIST OF REGISTERED BASKETBALL OFFICIALS

(List Compiled February 24)

(List Compiled February 24)

If one telephone number is given for an official listed it is the home phone number unless otherwise designated. If two numbers are given, the first number designation of the control of t

"Certified" Officials

Since the lists of "certified" officials appeared in January and February issues of the magazine, two additional officials have qualified for the "certified" rating. are Glen D. McDowell and C. A. Porter.

Films

The films listed below are in the Film Library of the Department of Extension, University of Kentucky. The rental prices shown do not apply to schools which use one of the special subscription service plans, offered by the Bureau of Andio-Visual Materials.

Track

The Broad Jump, j-s-c-a, 1 reel, \$1.50

Controlled speed—timing and coordination—development of legs and torso—mobility of pelvis and hips, one, two, three style—foot roll—single and triple air stride—soft versus hard take off—arm position.

Discus, j-s-c-a, 1 reel, \$1.50 Principle of centrifugal force—muscle development for side arm throw-grips-finger roll-heel of thumb pressure-finger exercises-clockwise spin-hip snap-reverse and non-reverse styles.

Distance Races, s-c, 1 reel, \$1.50 Races from 1,000 to 10,000 meters and steeplechase are demonstrated. Style of distance runner is contrasted with that of dash man. Differences in typical physiques are shown. Slow motion photography is used to analyze movements.

Distances, j-s-c-a, 1 reel, \$1.50

Style-developing stamina-calisthenics-avoiding shin splint-controlled tension-forward knee reflex -straight line running-automatic stride.

The High Jump, j-s-c-a, 1 reel, \$1.50

Belly roll or straddle and improved Western style -body lean and reverse—approach—body tension coordination of arm and leg action.

The Hurdles, j-s-c-a, 1 reel, \$1.50

Basic hurdling styles-rear hip and leg actionrhythmic running-hurdling calisthenics-body balance-correct clearance-circular stepover actionadapting styles of physiques.

The Javelin, j-s-c-a, 1 reel, \$1.50

Four stage catapult throw-preliminary runconcluding stride-throwing stance-throwing and reverse—alternative hand and finger grips—facing position—balance of stomach and back muscle tension-throwing angle-body and leg coordination drills-flexibility exercises.

Jumps and Pole Vault, s-c, 1 reel, \$1.50

Demonstrations from actual competition are shown for running high-jump; running broad-jump; hop, step and jump; and pole vault. Slow motion photography is used for detailed study of form.

1954 Kentucky High School A. A. Track Meet, j-s-c-a, 2 reels, silent, \$.75

Portions of the state meet are presented in this film. Several of the qualifying events are shown with the finals of all the track and field events. Lafayette High School won the title with 41 1/3 points, Ashland was second and Henry Clay third.

1955 Kentucky High School A. A. Track Meet, j-s-c-a, 4 reels, silent, \$.75

The finals of all the track and field events are shown as Ashland High School won the meet with 26 points. Tilghman High School of Paducah was second with 20 1/4 points. New records were set in

the Mile Run, Mile Relay, and Discus.

Middle Distances, j-s-c-a, 1 reel, \$1.50

Sprinting techniques-ball of foot running-automatic stride—pendulum and bicycle stride—exercise -counter balanced arm action—push drive—jockeying for position.

Pole Vault, j-s-c-a, 1 reel, \$1.50
Basic vaulting principles—importance of exercises -running action-grip-selecting the pole-take-off-Western and Eastern style-slotting-novice training.

The Relays, j-s-c-a. 1 reel, \$1.50

Passing—visual pass—blind pass—right and left exchange—merging of runners' speed—baton grips -relay starts, underhand action-cup stylehand sprint pass-fly scoop-practice and team work.

Shot Put, j-s-c-a, 1 reel, \$1.50

Fitting style to physiques—tension control—one, two, three rhythm—exercise—finger and hand grip finger and wrist snap-foot positions-progressive tension and effort-explosive hip snap.

The Sprints, j-s-c-a, 2 reels, \$2.50 Fundamentals of 100 yard and 200 yard dashimpact style and natural stretch stride—synchronizing leg and arm action-conditioning exercisesstarting techniques-slow motion of muscular utilization and cordination.

Baseball

Baseball All-Star Game of 1956, j-s-c-a, 2 reels, color, \$.75

The All-Star Game of 1956 was payed in Griffith Stadium at Washington. Stars of the American and National League are pictured in action during the pre-game activities. Highlights of the game are shown as the National League wins by a score of 7-3.

Baseball By The Code, e-j-s-c-a, 3 reels, color, \$.75 This picture gives an official interpretation of the rules and a demonstration of game administration by Umpires from the Major and Minor Leagues. Play situations are demonstrated by high school, college, and professional players. Correct pitching procedure, interference and obstruction, live and dead ball, trap plays, infield fly, and strike zone are illustrated.

Batting Fundamentals, j-s-c-a, 1 reel, \$1.50

Basic skills which must be mastered before one becomes an accomplished hitter. Bat selection, stance, grip, stride, swing and follow-through are clearly demonstrated in this film by professional players.

The Batting Stars of Baseball, s-c-a, 3 reels, \$1.00 Who are the big names among batters and what makes them good? Watch the featured hitters as shown in this film, learn the secrets of their styles and forms, and try it yourself. For clubs as well as classes.

Catching in Baseball, e-j-s-c-a, 1 reel, \$1.50

The basic skills in catching baseball are presented in this film. How to catch a high rapid ball, a batted ball, a thrown ball, and a ground ball are shown. Stance, footwork, and body balance are described. Slow motion and close-up photography are used to enable the viewer to follow each step or movement in each of the basic skills.

Catching Stars of Baseball, j-s-c-a, 2 reels, \$.75 This is a film designed to assist in the coaching of catchers but it is also interesting and entertaining. Correct methods and techniques of receiving, throwing, signalling and fielding are illustrated by Bill Dickey, Sherman Lollar, Yogi Berra and Roy Campanella.

Democracy of Baseball, e-j-s-c-a, 2 reels, \$.75

The purpose of this film is for further development of young baseball players in our modern democracy and illustrates this through sports and sports competition. This film includes a brief history of baseball along with a cavalacade of past and present stars.

Double-Play Kings of Baseball, j-s-c-a, 2 reels, \$.75 This film presents an analysis of the double play in baseball. Different players from several major leagues are shown in action. Fielding, tagging, and throwing are illustrated and explained.

Hitting in Baseball, e-j-s-c-a, 1 reel, \$1.50

Slow motion and close-up photography are used to follow accurately and graphically the basic fundamentals of hitting in baseball. Coordination of feet, legs, hips, shoulders, arms, and head is explained. How to select a bat, how to hold it, and correct batting position are shown.

Infield Play at 1st and 3rd, e-j-s-c-a, 2 reels, \$.75 The fundamentals and finer points of infield play at first and third base are illustrated by big league players. Fielding, stance, throwing, tagging runners, etc., pictured, often in slow motion. Spon-sored by A. G. Spalding Co., The American and National Leagues.

Inside Baseball, j-s, 3 reels, \$1.00 Fundamentals of baseball, including pitching, batting, fielding and base-runnnig, are demonstrated.

1953 Kentucky High School A. A. Baseball Tourna-ment, j-s-c-a, 4 reels, silent, b&w, color, \$.75 This film has some shots from each of the

games played in the tournament. A large part of the final game, St. Joseph vs. Jenkins, is presented. The daytime games were filmed in color.

1954 Kentucky High School A. A. Baseball Tournament, j-s-c-a, 4 reels, silent, b&w, color, \$.75

This film shows the first inning of each game

played in the tournament at Parkway Field, in Louisville, Kentucky. Several innings of the final game between Newport Catholic and Louisville Male are shown. The pictures of daytime play are in color.

1955 Kentucky High School A. A. Baseball Tournament, j-s-c-a, 4 reels, silent, b&w, color, \$.75

duPont Manual defeated Hall High School for the championship by a score of 13-3. All the final game is shown in color.

1956 Kentucky High School A. A. Baseball Tournament, j-s-c-a, 4 reels, silent, \$.75

Group pictures and action shots of the eight teams in the tournament are shown in the film. Also included are the first innings of the semi-final games and four innings of the final game between Newport Catholic and Murray.

1957 Kentucky High School A. A. Baseball Tomna-

ment, j-s-c-a, 3 reels, silent, color, \$.75 duPont Manual defeated Owensboro High for the championship by a score of 8-3. All of the final game is shown in color.

Modern Baseball, j-s-c-a, 3 reels, color, \$.75

This film deals mainly with the rules of the game. It presents various infractions of the rules and the results of errors made in the game.

Pitching Stars of Baseball, e-j-s-c-a, 2 reels, \$.75 Shows four of the leading pitchers in action. Types of pitches and methods for practice are portrayed.

Play Ball, Son, j-s, 11/2 reels, \$2.50

Joe Cronin introduces this film, showing a group of fourteen-year-old boys who are experts in baseball. Correct methods of hitting, catching, and throwing are demonstrated in natural and slow motion. Based on book by Bert V. Dunne.

Throwing in Baseball, e-j-s-c-a, 1 reel, \$1.50

Slow motion, close-up and stop photography are used in presenting the basic fundamentals of throwing in baseball. Instructions are given for the overhead, three-quarter side, side, and underhand throws. Coordination of foot and arm motion is stressed, as well as coordination of the body as a whole.

Touching All Bases, j-s-a, 3 reels, \$1.00

This film is intended to teach youngsters baseball by showing various American League stars playing their positions. It is also intended to give fans as a whole a better understanding and knowledge of the national pastime. The film shows Father Flanagan and his Boys Town Team, the Hall of Fame ceremonies in Cooperstown, New York, and scenes from night baseball games.

The Umpire in Baseball, e-j-s-c-a, 2 reels, \$.75 Summarizes importance of the umpire to the baseball game. Explanation of the duties of umpire and also qualifications for job, showing where they receive their training.

Winning Baseball, j-s-a, 3 reels, \$.75

The "cut-off' play, how the pitcher catches a man off base, and how to call for a catch of a fly ball are explained. Art of base coaching is depicted. Ways of keeping in condition throughout the season and of caring for equipment are shown. Players of the National League show their style of pitching. batting and fielding, Umpires' techniques are demonstrated. The picture concludes with scenes from the final game of the 1940 World Series.

World Series of 1952, e-j-s-c-a, 3 reels, \$.75

The two teams playing were the Brooklyn Dodgers of the National League and the New York Yankees of the American. The Yankees won the championship and were again the world's champions after a long and exciting series.

World Series of 1953, e-j-s-c-a, 4 reels, \$.75

This is the fiftieth anniversary of World Series games between the American and the National Leagues. The two teams participating were the Brooklyn Dodgers of the National League and the New York Yankees of the American League. The

(Continued on Page Ten)

The Flying Dutchman

This month is the month for Game Guys. The interest being taken by such outstanding leaders as Jack Thompson, veteran official; Ralph Dorsey, Superintenednt of Caverna Schools; and Evelyn Rice, Senior Sponsor of the Campbellsville High School, indicates real interest in young men who are courageous. Add the name of Harold S. Sauter, and you have another reason why young men in Kentucky can feel proud of their athletic leadership.

Jack, Ralph and Evelyn all pointed to Dickie Coop, son of Paul Coop, Coach of Campbellsville. They tell the Dutchman that when he was 15 months old, he was stricken with infantile paralysis. Then he had to wear braces and now he has had three major operations. All this did not dim his desire to participate in athletics. He is now a regular on the Campbellsville team with an average of ten-plus points per game. "Ole Ben" Edelen offers the information that Dickie is one of the finest set shots in high school ball today. Evelyn Rice emphasizes that he has many accomplishments. He is an expert swimmer and an A-student who will be a stiff competitor for top honors upon graduation. Dickie is a standout and is loved by everybody. Certainly here is a fine nomination for the Game Guy of 1958.

Here is another Game Guy, and the most unusual one ever to be brought to our attention. A product of the basketball program of the Louisville Recreation Division and coached by Harold S. Sauter, John Stewart, 12-year old Louisville lad, has overcome some most unusual handicaps.

Johnny, who was born with no hands and only part of one leg, is an outstanding basketball player. He has steel peg leg from the knee down, but he runs, jumps, shoots and dribbles with the best. Bob Kirchdorfer, the first athlete ever to win the Game Guy Award, watched John Stewart in action and reports that if he is not a Game Guy, then there never has been one. Other physically handicapped youngsters now have two more outstanding examples of courage to pattern from. We hope many young lives may be happier as other unfortunate youngsters follow the lead of those who face similar misfortune and fight to overcome physical handicaps to enjoy sports fully.

The Falls Cities Basketball Officials Association, presided over by Bill Long, annually presents an award which is commend-



Bill Long

able. To a high school of their area, there is presented each year an award for the best all-around sportsmanship shown in basketball during the current season. This group gives the award at the annual Falls Cities Officials' Banquet, which this year is slated for March 31 at the Esquire Club on River Road. The award is based on sportsmanship exhibited not only by the team, but by the coach and school supporters as well. Last year, Bridgeport High School, of Frankfort, received the sportsmanship award.

Add another championship to those already won by Lafayette's Coach Ralph Carlisle. This championship is conferred on this gentleman for the excellent impression which his basketball team creates while it is on the road. The Lafayette team dined at the Olde Fort outside Bowling Green while the Dutchman was also carving a steak in that location. So well behaved was this group of boys in a fashionable restaurant, that many remarks were made around the dining hall that here was a group of young gentlemen. Congratulations to Lafayette's team. May all of our athletes remember that the reputations of their schools are what they make them and ofttimes this is not on the basketball court!

S. O. S. for "Shy Low." Dave Longenecker had laryngitis at the Louisville Invitational Tournament so badly that he could not talk above a whisper. Imagine this catastrophe with a tough tournament facing him! Fortunately, the Dutchman still had a half teaspoon of "Shy Low" left from his siege during the clinics. After administering it to Dave, his throat cleared and he carried on in fine fashion. "Shy Low" marches on!

It looks as though Kentucky may get a (Continued on Page Eight)

Football Officials' Ratings on Sportsmanship of K. H. S. A. A. Member Schools - - - 1957

Andreson (Lawrencebury E	SCHOOL		COA	СН			OTHER SCHOOL CROWD OFFICIALS			VD		TEAM					
Ashland classified	Anderson (Lawrenceburg)		\mathbf{G}_{3}	F	P	\mathbf{E}	G		P		G ₆	F	P		G	F	P
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Camps west reconson Lancastery.	Campbell County (Alexandria)	22	7	3	1	29	3 1	- 1	1	20	8	4	1	18 1	12	2	1 3
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Caucetta (Horse Cave)	Lamp Dick Roomson (Lancaster)	7 1	1							5		1			2		1
Caverna (Horse Cave)	Carriste	28	5	2		33	2			28	7				6	1	
Central (Louisville)	Caverna (Horse Cave)	12	i	-	1	13				6	5	2		12	1		
Cynthiana	Central (Louisville)	23	20			21	21	1		22	21	1		23	17	2	1
Cynthiana	Crutenden County (Marion)		6	6	1	32	6		2	31	7		1	28	10	3	1
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THE FLYING DUTCHMAN

(Continued from Page Six)

new kind of football. All of us know the eleven-man variety and many of us know that in the Barren River area, there has long been a six-man football conference. Now, Bob Hensley, Football Coach of Caverna High School, writes that the Barren River Football Conference is considering changing from six-man to eight-man football and he wants information. The information is on its way now, Bob.

Al Gustafson, Jr., calls for the Cob Pipe of Honor Award to go this month to Waddy's Leonard Thomas. Corn Cob Pipe winner Thomas is 61 years old and has been custodian at the Shelby County School for 35 years.

Because of his friendly attitude toward officials and for his fine hospitality, he is the Corn Cob Pipe winner for the month of March. There are lots of places that are following Leonard's practice of serving officials cokes at half-time, and remembering to say, "You fellows worked a good ball game" after the contest is over.

As the regional winners over Kentucky get themselves in readiness for the big show of the "Sweet Sixteen" at the annual Kentucky High School Athletic Association Basketball Tournament at Lexington, all of us may well be proud that this year has brought forth not only some of the best basketball, but some of the greatest sportsmanship Kentucky would ever wish to see. Congratulations to the men running school boy sports in our Commonwealth.

Team Scoring-1958 Kentucky State High School Swimming Meet-Class A

EVENT	TEAM								
	Lafayette	Atherton	St. Xavier	Manual					
400 Yard Freestyle	9	5	8	0					
50 Yard Freestyle	8	4	10	0					
100 Yard Butterfly	14	7	1	0					
200 Yard Freestyle	8	10	4	0					
100 Yard Backstroke	7	7	8	0					
100 Yard Freestyle	10	8	4	0					
100 Yard Breaststroke	1	9	12	0					
Fancy Diving	6	7	9	0					
150 Yard Individual Medley	10	5	7	0					
200 Yard Medley Relay	10	14	8	6					
200 Yard Freestyle Relay	10	14	8	6					
Total Points	93	90	79	12					

K. F. H. S. G. S. A. News

Fern Creek High School

Fern Creek School has an enrollment of approximately 1600 students, most of whom are transported. We have an organized G.A.A. with membership of 42. Any girl from the seventh through the twelfth grade who has a C average and maintains it is eligible for membership.

Our sponsor meets with us at our regular business meetings which are held the second and fourth Wednesday of each month and we do have a constitution.

We have a point system which works as follows: Our secretary has a point sheet for each girl, and each member and the sports chairman turn the points over to the secretary. Each girl receives 50 points for coming out for a sport; then if she makes the team, an additional 200 points are given. Points are also given in a sport for each hour of activity, but only 3 points will be given in a sport for a day's activity.

We offer the following awards: School letter for those girls who receive 1000 points. Only one letter is given. Stripes are given for a year's team participation. If a girl plays on both basketball and hockey teams, only one stripe is given. Stars are given to the captains.

Our G.A.A. is financed through dues of 50c per new member and \$1.00 per old member. An annual faculty-G.A.A. basketball

game also helps to pay our expenses.

Each year we have an annual banquet which is given in honor of the girls receiving awards.

We have received much enjoyment in sponsoring play days which give us an opportunity to meet new girls and exchange ideas.

-Mary Rose Cave, Sponsor.

Bowling Green High School

The club for our girls at Bowling Green High School is called the Girls Athletic Association. We are a co-educational school with an enrollment of approximately 425 in our senior high. Any girl in the 10th, 11th, or 12th grade is eligible to join our G.A.A. At present we have a membership of 84 girls, all non-transported students.

We have a constitution and our club has two meetings each month. In our school we have access to the gymnasium twice a week. Our intramurals are an outgrowth of our G.A.A., and all members participate.

We finance our club by sponsoring the annual homecoming dance, selling sweat-shirts, rummage sales and annual dues of \$1.00. We do not have any problems in financing our club.

We have no point system. One award is offered at the close of the school year. This is for the outstanding G.A.A. member. The entire club membership votes for this award.

This past school year at Christmas time the girls voted to take each child in the Orphans Home a gift. We plan one project of this type each year.

Since our G.A.A. originated we have more than tripled our membership. We realize our organization still has some weak points and we hope as each year passes we can improve by sharing and getting ideas from other clubs throughout the state.

-Robye Anderson, Sponsor.

FILMS

(Continued from Page Five)

Yankees retained the championship by winning the first, second, third and sixth games of the series.

World Series of 1954, e-j-s-c-a, 3 reels, \$.75

Highlights of the games between the Cleveland Indians and the New York Giants are shown in this film. The Giants, sparked by the sensational hitting of Rhodes, defeated the Indians in four straight games. The Indians had set a record for the number of games won in winning the American League Pennant.

World Series of 1955, j-s-c-a, 4 reels, \$.75

Exciting moments of the seven games between the Brooklyn Dodgers and the New York Yankees are shown in this film. The commentary leading up to each game makes the film interesting as the Dodgers win the world championship.

Tennis

Advanced Tennis, e-j-s-c-a, 1 reel, \$1.50

While working with a tennis pupil, Bill Tilden narrates and demonstrates, showing advanced techniques of tennis.

Tennis Rhythm, j-s-c-a, 1 reel, \$1.50 Bobby Riggs is shown winning national tennis championship of Forest Hills. Later, at his tennis school in Chicago, he demonstrates how to make various shots correctly-the grip, service, forehand drive, backhand, etc., using regular speed and slow motion.

Golf

From Tee to Green, e-j-s-c-a, 1 reel, color, \$.75

The camera makes a tour of the Canadian golf courses from Newfoundland to Vancouver Island. A caddy starts out hitchhiking across Canada and stops at courses in each province to earn his way on by caddying for awhile. Final scenes are of Bing Crosby enjoying a game at Jasper. Beautiful scenery.

Saving Strokes with Sam Snead, s-c-a, 1 reel, \$1.50 Golf champion Sam Snead illustrates his grip, his stance, his swing on each of several types of golf situations. Slow motion and "freeze" shots help to clarify the instruction. Shots with driver, brassie, and various irons for difficult lies are illustrated and finally his putting technique is shown.

MEDICAL ASPECTS OF FITNESS (Continued from Page One)

above. It has been stated that the three main factors that have improved school health programs and youth fitness have been: (1) increased cooperation and understanding among various agencies and professions interested in school health, (2) increased recognition that parents are primarily responsible for their children's health, (3) greater concern for the role of the teacher in school health programs and for improving teachers' preparation in health.

It can, therefore, be seen that the needed program for youth fitness is not new or revolutionary. Rather, it is evolutionary in nature and based upon tried and proven policies and practices. These have achieved acceptance by representative educators, public health personnel, and private practitioners of medicine. These ten points presented here as a needed program for youth fitness are those that have been generally considered to be necessary:

(1) We need a screening program in the schools, including checks on vision, hearing and growth to turn up problems that need referral through the family for medical or dental attention.

(2) We need periodic medical examinations, preferably at the hands of the child's own family physician, to make certain children are in optimum condition for learning, for activity, for growth, and for living in general.

(3) We need follow-up procedures that alert parents to the necessity of having remedial child health problems corrected as promptly and as fully as possible.

(4) We need, as a corollary, a program that encourages optimum adjustment to health problems that cannot be remedied and special education for those whose handicaps do not permit them to learn effectively through the usual school program.

(5) We need policies for accident prevention and communicable disease control in our schools and their environs which reduce preventable illness and injury to a minimum and assure proper emergency care including first aid and follow through, when sudden illness and accidents occur.

(6) We need environmental conditions in our homes, schools and communities that are conducive to health and that foster optimum growth and development.

(7) We need sufficient time for a planned program of health instruction through grades one to twelve, which keeps pace with the

maturity level of children, which is taught by informed and interested teachers, and which stresses positive practices and principles of health behavior.

(8) We need a broad program of physical education for all children, so well taught as to challenge and interest the weak and the average child, as well as the physically gifted.

(9) We need professional leadership in education, medicine, and public health with the vision to agree on individual and group responsibilities for fitness, the skills to carry these out effectively, and the ability to interpret the over- all program to assure public support.

(10) We need, above all, interprofessional teamwork among educators, private physicians, and public health personnel, which is based on mutual appreciation of each other's skills and abilities, respect for each other's professional prerogatives and responsibilities, and mutual dedication to the welfare of children and youth.

These, then, are the ten points that must necessarily be a part of any program for youth fitness. It is up to you, the educators and the leaders of our youth in this state to

implement such a program.

The medical profession of the state of Kentucky pledges itself to aid vou in any way possible in helping accomplish a better program of youth fitness for the future.

K. A. P. O. S. Letter

Editor's note: Mrs. Stella S. Gilb, Executive Secretary of the Kentucky Association of Pep Organizations Sponsors, has sent the following letter to the Cheerleader and Pep Club Sponsor at each district and regional basketball tournament site. Information given in the letter will be of interest to administrators and coaches as well as the person to whom the letter is addressed.

Dear Cheerleader and Pep Club Sponsor:

Congratulations! We are pleased to learn that your school has been selected as host for the _____basketball tournament.

The financial success of basketball tournaments in the State of Kentucky is usually an assured thing. It should be, considering all the work the tournament manager and his committee are called upon to do. However, there are other values to be derived from athletic contests, ones that can't be measured in dollars and cents; the opportunity to improve inter-school relationships, sportsmanship, courtesy, and consideration for the rights of others.

The Kentucky Association of Pep Organization Sponsors is interested in many facets of the school program, but primarily they have been concerned with obtaining recognition for cheerleaders. You are probably aware of their award to an outstanding cheerleading group chosen at the State Basketball Tournament. This award is not based on ability to execute cheers alone, but on sportsmanship, courtesy, appearance, conduct, etc. Next to the members of the team the cheerleaders are the most influential group in the school.

The members of KAPOS are interested in learning what measures can be taken by organizations, other than the members of the basketball team, to relieve tensions among student bodies, and to promote better support among school groups. We naturally look to the cheerleaders and the per club organizations to be the leaders in this movement.

In order that others may profit from and be inspired by your efforts, may we hear from you concerning your plans for welcoming and entertaining the players and cheerleaders who will be your guests during the tournament? Mr. Ted Sanford. of the K.H.-S.A.A.. has volunteered to publish in the ATHLETE the best ideas and most novel approaches submitted by a group.

We hope you will submit some unusual ideas for promoting better relations with vour opponents; in the meantime, you may find a new approach to the following sugges-

tions:

1. Write a note of welcome to all teams and cheerleaders who will be your guests during the tournaments

2. Appoint a Welcome Committee

a. Make provisions for dressing accommodations for both players and cheerleaders

3. Designate special seating areas; decorate appropriately

4. Make use of posters to welcome visiting teams

5. Exchange vells

6. Invite cheerleaders to have refreshments at half-time

7. Plan a "get together" party during the tournament

Send us your plans for making YOUR tournament the most successful one in the State. Let others share in your success.

Best wishes for a successful tournament.

Sincerely, Stella S. Gilb Executive Secretary, KAPOS College of Education University of Kentucky

MINUTES OF BOARD MEETING

The Board of Control of the Kentucky High School Athletic Association met at the Kentucky Hotel, Louisville, on Saturday morning, February 1, 1958. The meeting was called to order by President Russell Williamson at 9:30, with Vice-President Louis Litchfield; Directors W. H. Crowdus, Jack Dawson, K. G. Gillaspie, W. B. Jones, and Cecil A. Thornton; Commissioner Theo. A. Sanford and Assistant Commissioner J. B. Mansfield present.

W. H. Crowdus moved, seconded by Louis Litchfield, that the reading of the minutes of the January 5th meeting be waived, since the members of the Board had received copies of these minutes. The motion was carried unanimously.

The Commissioner, reporting for the State Swimming Committee, made the following recommendations: That the Class A State Swimming Meet be held in Lexington on Saturday, February 22; that the State Swimming Meet for Classes B and C be held in Lexington on Saturday, April 12; that Class A events be the same as the 1957 events, with the addition of the 400 Yard Freestyle and the 100 Yard Butterfly; that the 200 Yard Medley Relay replace the 150 Yard Medley Relay in Class B; that the 50 Yard Butterfly replace the 50 Yard Breaststroke in Class C. Jack Dawson moved, seconded by K. G. Gillaspie, that the changes in the State Swimming Meet regulations, recommended by the Commissioner, be approved. The motion was carried unanimously.

Assistant Commissioner Mansfield reported that the advance sale of State Tournatickets had been very fine, and that it was possible that some of the sessions would be sold out on or before the opening date of the Tournament.

W. B. Jones moved. seconded by Louis Litchfield, that the following regulations concerning fees for regional tournament officials be adopted: The official shall receive a fee of \$20.00 per game and a transportation allowance of 7c per mile for all necessary travel. In the event it is necessary for the official to remain overnight at the tournament site, he shall be paid an additional \$10.00 per day for lodging and meals. An exception shall be made for Region 7 which will have only four teams in its regional tournament. The motion was carried unanimously.

Cecil A. Thornton moved, seconded by Jack Dawson, that the State Track Meet be held in Lexington on May 16-17, and that the Commissioner be authorized to set the dates and determine the sites of the other spring events. The motion was carried unanimously.

The Board approved the usual invitation to the K.H.S.A.A. dinner meeting, scheduled to be held in Louisville on Thursday, April 10, and authorized the Commissioner to send two complimentary tickets to each member school upon request.

The Commissioner reported that he and President Williamson had broken ties in the balloting for basketball tournament sites in district 14, 21, 42, and 50, in favor of the Caneyville High School, the Adair County High School, the Versailles High School and the Corbin High School respectively. K. G. Gillaspie moved, seconded by W. B. Jones, that the action of the President and Commissioner be confirmed. The motion was carried unanimously.

Chairman W. H. Crowdus of the Football Championship Committee reported on the questionnaire which had been sent out since the last meeting of the Board to K.H.S.A.A. member schools maintaining football teams. Mr. Crowdus stated that approximately 100 completed questionnaires had been received, and that the great majority of school men seemed to favor some type of playoff in football, with various plans being suggested. His committee was authorized to continue the study concerning the feasibility of the Association declaring an official championship in football by a playoff series.

W. B. Jones moved, seconded by K. G. Gillaspie, that all bills of the Association, beginning January 5, 1958, and ending January 31, 1958, be allowed. The motion was carried unanimously.

The Board was then called to order in its capacity as Board of Directors of the K.H.-S.A.A. Protection Fund.

Secretary-Treasurer sanford presented a list of claims which had been paid by the Protection Fund since January 5, 1958, the total amount of these claims being \$2,867.60. W. H. Crowdus moved, seconded by Louis Litchfield, that the claims as presented by the Secretary-Treasurer of the Protection Fund be allowed. The motion was carried unanimously.

There being no further business, the meeting adjourned.

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