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# The Kentucky High School Athlete, February 1964

Kentucky High School Athletic Association

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# THE KENTUCKY



# High School Athlete

CLASS AAA STATE CHAMPION LOUISVILLE MALE



(Left to Right) Front Row: Eugene Malone, John Shumate, James Hikes, Roger Blankenship, Wendell Ennis, Bill Ferry, Sherrill Nunnely, Albert Jordan, Bill Green, Ronald Wyatt, Charles Miller, Jerry Findel, Charles Kuhn. Second Row: Paul Kuhn, Dennis Fisher, Charles Hunt, Garnett Phelps, Ronald Koons, James Henry, George Madison, John Schrecker, Gilbert Heheman, Bill Whaley. Third Row: Claude Smith, Dale Forrest, James Forrest, Don Wiggington, Larry Stamp, Larry Jones, Larry Norwood, Wayne Ross, Bill Cline. Fourth Row: Charles Collins, Ronald Long, Edward Nelson, Joe Tolle, Bill Bowerman, Bill Bryan, Danny Dinkler, Terry Kechner, Othello Brim. Fifth Row: Mgr. Wallace Floyd, Dale Womack, Dave Meredith, Bob Thurman, Bob Floyd, David Waugh, James Rogers, Carl Dorsey, Mgr. Sonny Skidmore.

Male 19—DeSales 7  
Male 13—Atherton 0  
Male 21—Paducah 7  
Male 14—Flaget 12

Male 25—St. Xavier 20  
Male 35—Shawnee 0  
Male 22—Trinity 6  
Male 28—New Albany 6  
Male 28—Central 6

#### PLAYOFF

Male 23—Waggener 7

Official Organ of the  
**KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION**

February, 1964

## Letter from the Commissioner

Lexington, Ky.  
January 27, 1964

To The District Tournament Manager:

Will you please refer to your K.H.S.A.A. booklet which gives rules and regulations governing basketball tournaments. You should familiarize yourself with these rules, found on pages 27-35. Your special attention is called to the second paragraph of Tournament Rule VI-A-3, relative to the enrollment of your district coaches in the Kentucky High School Coaches Association.

The forms for your various reports are self-explanatory. The report of games should be mailed to the manager of the regional tournament not later than Monday, March 9. Send your financial report, your checked eligibility lists, and the second copy of the report of games to the Commissioner as soon after the tournament as possible. For your convenience, the following check list is given;

1. Invite member schools to your tournament AT ONCE, reminding each school to send each other member school in the district a COMPLETE preliminary list of players before February 1, and to send you THREE copies of a final list one week prior to the district Tournament. See Rule VIII.

2. Announce the time of drawings in your letter. See Rule IX.

3. At your meeting, conduct the drawings and select the officials. The state plan for division of tournament receipts is recommended. If any other plan is used, a majority vote of the participating schools must be obtained.

4. Your attention is called to the last paragraph of Tournament Rule V-A, which says: "An official shall not work a district or regional tournament in the district or region in which he resides." The following procedure has been established by the Board of Control in the selection of tournament officials under authority given in Tournament Rule V-A: (a) Each school represented at the meeting may submit the names of one or more officials. There shall be a minimum of eight names on the list of officials to be voted on. NO NAME SHALL BE MARKED OFF THE LIST. (b) Each school representative shall rank eight officials in the order of his preference, the first choice being assigned eight points, the second seven points, etc. (c) The tournament manager shall communicate at once with the highest ranking official or officials in the order of their rank. If the official who is selected can not be reached during the day of the meeting, or if he is not available, the tournament manager shall attempt to employ the next official or officials on the list in the order of their selection. (d) If two officials are tied on points, the highest ranking official shall be determined by flipping a coin. (e) If none of the officials on the list is available the tournament manager shall have the sole responsibility of securing an official or officials for the tournament.

5. Tournament Rule XV now says: "The Board of Control is authorized to select, standardize, and purchase trophies for all district and regional tournaments and the cost of these trophies shall be borne by the respective districts and regions." The Board has contracted with the Sport Shop of Glasgow, Kentucky, to supply all of the official K.H.S.A.A. district first place and second place basketball trophies for the 1964 tournaments, each trophy complete with the Association seal and engraving. Your trophies will be shipped to you prior to March 1.

6. It is the responsibility of the tournament manager to secure adequate police protection.

7. THE BOARD OF CONTROL HAS RULED THAT NOT MORE THAN TWELVE PLAYERS



Pat Ehrlor

In the 1963 K.H.S.A.A. Cross Country Run, held in Lexington on November 16, Pat Ehrlor of Louisville Atherton set a new individual record of 9:15. The distance was 1-8 miles which was short of the usual distance.

MAY BE IN UNIFORM FOR ANY ONE TOURNAMENT GAME, AND THAT OTHER SQUAD MEMBERS SHALL NOT BE ALLOWED TO PARTICIPATE IN WARM-UP EXERCISES, THIS BEING IMPLIED IN TOURNAMENT RULE XI.

8. Please ask your officials to designate the goals prior to the warm-up time for each game.

9. You will receive three copies of a final eligibility list from each school. Have one of these checked by the coach of each competing team, before his team plays, for the twelve players he will use in each game. Use only one list for checking players on each team since the other two copies may be needed by the regional and state tournament managers. Send the Commissioner all of these checked copies with your other reports. Send the two unchecked copies of eligibility lists of the winner and runner-up to the manager of your regional tournament, along with one copy of your report of games, not later than March 2.

10. It has been ruled that the 2:00 o'clock mentioned in Tournament Rule IV-B may be considered Eastern Standard time or 1:00 P.M. CENTRAL STANDARD TIME. This information concerning the starting time of the regional meeting should be given to your winner and runner-up.

11. Send Secretary Ohr of the Kentucky Coaches Association the list of district coaches to be enrolled in his organization and remittance for these, and send the Commissioner the various reports mentioned above as soon as possible.

12. Tournament Rule VI-A-3 provides that the district representative to the annual meeting may be allowed for expenses an amount not to exceed \$50.00. Since this is a maximum and not necessarily a fixed amount, the delegate should be asked to submit an estimate of the cost of his lodging, transportation, and meals because of his representing the district at the annual meeting.

Sincerely yours,  
Ted Sanford

# The Kentucky High School Athlete

Official Organ of the

Kentucky High School Athletic Association

VOL. XXVI—NO. 7

FEBRUARY, 1964

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## EARLY SEASON WRESTLING QUESTIONS

**EDITOR'S NOTE:** These rulings do not set aside or modify any rule. They are interpretations on some of the early season situations which have been presented.

1. Situation: A "pancake" or circular mat is painted on a 38' x 38' square mat. In such an arrangement legal?

Ruling: Yes, because the size of the square mat allows a circular area with a 28 foot diameter, and also makes it possible to have the required 5 foot mat area around it.

2. Situation: In a neighboring town, there is a question about the accuracy of the scale used to weigh the wrestlers. What can be done to correct the situation?

Ruling: The rules book provides, "It is recommended that the accuracy of all scales be certified by a qualified scale authority." Therefore, it is a reasonable request to have the school authorities arrange to have the scale inspected.

3. Situation: Sleeveless shirts are mandatory for interscholastic wrestlers. What is the procedure if a wrestler appears wearing a "T" shirt?

Ruling: It depends on the circumstances. If his school is just starting a wrestling program, it may be the school does not have the means of providing sleeveless shirts, or it could be the wrestler is allergic to a woolen shirt and needs to wear a cotton shirt. Each situation should be met in the spirit of good sportsmanship, but the violators should be asked to follow the rules as soon as it is possible for them to do so.

4. Situation: May the physician attending a tournament weigh-in disqualify one of the wrestlers because his skin condition might impair the health of other wrestlers?

Ruling: Yes, the rule states that such "be considered full and sufficient reason for disqualification." It is also recommended that an adequate medical examination of all contestants be made at the time of weighing-in for all meets.

5. Situation: What should the referee do in situations in which a hold, usually considered legitimate, is forced to the extent it endangers life or limb, or to the point where the hold becomes purely punishing?

Ruling: The referee should require the hold to be broken, with a time-out. The contestant who had the advantage should be put in the position of advantage in the Referee's Position on the mat.

6. Situation: Offensive wrestler has committed and been called for three previous infractions and further warned that one more infraction would result in disqualification. He then proceeds to interlock hands around the opponent's waist to prevent a reversal. What is the responsibility of the referee?

Ruling: The fourth penalty for a technical violation or infraction requires automatic disqualification as provided by the penalty chart. The referee has no alternative.

7. Situation: In a pinning situation, "B's" legs are entirely off the mat, and he is having difficulty bridging because his feet slip on the surface outside

the mat. Should near-pin be called and wrestlers be brought back to the center?

Ruling: Any time the defensive wrestler is having difficulty bridging because of mats sliding or the bare floor being exposed, the referee shall stop the match and bring the wrestlers back to the center of the mat. It is possible he will award near-pin points in such a situation, and, in nearly all situations, predicament points would be awarded.

8. Situation: Wrestlers are wrestling near the edge of the mat and "A" puts a half nelson on "B" and turns him into a near-pin. However, "B's" head is touching outside the boundary line of the wrestling area as he is turned into the near-pin situation. Is "A" awarded near-pin points?

Ruling: This could not constitute a predicament or near-pin inasmuch as the head of the defensive wrestler was outside the wrestling area when the predicament or near-pin situation actually occurred. No points would be awarded.

9. Situation: "A" applies a figure four scissors to "B" and flattens "B" on the mat. "A" attempts to secure a half nelson, but is unable to get the hold because "B" covers up. Neither wrestler is able to improve his situation, and the wrestlers remain in this position.

Ruling: After approximately fifteen seconds have elapsed the referee shall stop the match and declare a stalemate. The wrestlers are then restarted from the Referee's Position on the mat with "A" on top.

10. Situation: In a dual meet "A" needs to win by fall if his team is to win the meet. "A" goes behind "B" and brings him to the mat. "B" flattens himself out on the mat to prevent "A" from pinning him and "B" makes no attempt to escape.

Ruling: "B" is stalling and should be penalized.

11. Situation: During a match "A" loses one of his low-cut shoes. Coach of "B" claims that the low-cut shoes are illegal and that the match should be defaulted.

Ruling: Coach of "B" was correct in stating that the low-cut shoes are illegal. Shoes must reach above the ankle. The referee should check on the legality of the equipment before the match starts. In the interest of good sportsmanship, a wrestler wearing low-cuts should be asked to exchange shoes with a teammate wearing regulation shoes, or the low-cut shoes should be taped on and the wrestlers permitted to complete the catch. It is illegal to wrestle without shoes.

12. Situation: "A" has "B" in a pinning situation and as he attempts to press "B" to the mat, "B" pushes fist into face of "A" in an attempt to escape. What should referee do?

Ruling: The referee should not necessarily stop the match, but he should pull the hand away and tell the defensive wrestler he has committed an infraction. In the event "A" does not pin "B", he may have earned near-pin points as well as an unnecessary roughness point.

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Editor THEO. A. SANFORD

Assistant Editor J. B. MANSFIELD  
Lexington, Ky.

## BOARD OF CONTROL

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Vice-President Oran C. Teater (1960-64), Paintsville  
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## From the Commissioner's Office

### 1964 District Tournament Sites

- |                     |                      |
|---------------------|----------------------|
| 1. Fulton County    | 32. Grant County     |
| 2. Ballard Memorial | 33. Lloyd Memorial   |
| 3. Sedalia          | 34. Covington        |
| 4. Murray College   | Catholic             |
| 5. Lyon County      | 35. Newport Catholic |
| 6. West Hopkins     | 36. Highlands        |
| 7. Trigg County     | 37. Georgetown       |
| 8. Todd Co.         | 38. Pendleton        |
|                     | 39. Maysville        |
| 9. Webster County   | 40. Paris            |
| 10. Henderson       | 41. Frankfort        |
| 11. Livermore       | 42. Jessamine Co.    |
| 12. Owensboro       | 43. University       |
| 13. Meade County    | 44. Madison Central  |
| 14. Butler County   | 45. Boyle County     |
| 15. Beaver Dam      | 46. Memorial         |
| 16. Muhlenberg      | 47. Somerset         |
| Central             | 48. London           |
| 17. Bowling Green   | 49. Tyner            |
| 18. Russellville    | 50. Barbourville     |
| 19. Scottsville     | 51. Bell County      |
| 20. Metcalfe County | 52. Loyall           |
| 21. Campbellsville  | 53. Whitesburg       |
| 22. LaRue County    | 54. Hazard           |
| 23. Elizabethtown   | 55. Cordia           |
| 24. Bardstown       | 56. Powell County    |
| 25. Flaget          | 57. Dorton           |
| 26. duPont Manual   | 58. Garrett          |
| 27. Southern        | 59. Blaine           |
| 28. Fern Creek      | 60. Sandv Hook       |
| 29. Shepherdsville  | 61. Mt. Sterling     |
| 30. Shelby County   | 62. Rowan County     |
| 31. Henry County    | 63. McKell           |
|                     | 64. Russell          |

### 1964 Regional Tournament Sites

- (1) Murray State College (2) West Hopkins High School, (3) Daviess County High School, (4) Central City High School, (5) Western Kentucky State College, (6) Adair County High School, (7) Louisville, (8) Henry County High School, (9) Campbell County High School, (10) Harrison County High School, (11) University High School, (12) Boyle County High School,

(13) Bell County High School, (14) Hazard High School, (15) Prestonsburg High School, (16) Morehead State College.

### Certified Officials

Three additional officials have qualified for the Certified rating since the list of these higher rated officials appeared in the January issue of the ATHLETE. They are: Bill Nau, Logan Powell, Cleo Pursifull.

### News About Swimming

The 1964 Class A State High School Swimming Meet will be held in Louisville on Friday evening and Saturday, February 21-22, at the Plantation Swim Club pool, 8609 Westport Road. There will be a division for boys and one for girls. There will also be two divisions for the smaller schools in the Class B State Swimming Meet scheduled to be held at the University of Kentucky pool, Lexington, on April 3-4.

Class A will include those high schools with an enrollment of 750 or more (grades 9-12), and Class B will include those schools with an enrollment of less than 750. Any school may enter a class above its classification.

All divisions will have eleven events this year. Individual contestants may enter only two events, including fancy diving. The events are: 200 Yard Medley Relay, 200 Yard Freestyle, 50 Yard Freestyle, 200 Yard Individual Medley, Fancy Diving, 100 Yard Butterfly, 100 Yard Freestyle, 100 Yard Backstroke, 400 Yard Freestyle, 100 Yard Breaststroke, and 200 Yard Freestyle Relay.

All diving will be in accordance with regulations given in the 1964 N. C. A. A. Swimming Guide.

Teams are limited to four entries in each event except the relays. A school may be represented by only one relay team. Girls may enter the meet only as members of girls' teams.

The Friday evening session in each meet will include all of the diving events for both boys and girls. Each finalist will give a demonstration dive during the final Saturday afternoon session.

The method of entering teams in the meet will be the same as in past years, with the State Office supplying entry blanks to the schools whose principals have indicated that they will enter teams in the meet. The Association will refund one-half for transportation, lodging and meals expenses, based on the State Track Meet allowance of these items. One-half of the expenses of the swimming coach will be paid if the school

has as many as four entries in the State Meet.

### SUPPLEMENTARY LIST OF REGISTERED BASKETBALL OFFICIALS

If one telephone number is given for an official listed, it is the home phone number unless otherwise designated. If two numbers are given, the first number is that of the home phone. Ashworth, George, 210 Virginia, Dayton, Ohio, Lebanon, Ohio

3-1851, 885-3610

Dickson, Tom, 1134 Hogan, Portsmouth, Ohio  
Greer, Thomas E., 2835 Bexley Court, Louisville, 897-2323, 897-2321

Keeton, C. E., Route No. 3, Franklin, 586-4253, VI 3-3040

Kinney, Hall M., 435 E. Pleasant St., Cyuthiana, 234-4421, 234-3532

Logue, Ronald G., 514 Maple Ave., Danville, 236-3580, 236-3905  
Mingua, Ronald, Germantown

Nau, Bill, Box 209, Barbourville, 6-4112, 6-3057

Peters, Harold Dean, 220 Dalray Drive, Lexington, 255-5918

Powell, Logan, 771 Shelby, Lexington, 254-1213, 252-7676

Pursfull, Cleophus, 808 Dorchester Ave., Middlesboro

Relford, Paul G., 2912 Prichard, Ashland, 325-2109

Taylor, Dennis H., 1406 Hughes St., Murray, PL 3-4825, PL 3-5022

### MINUTES OF BOARD MEETING

The Board of Control of the Kentucky High School Athletic Association met at the Kentucky Hotel, Louisville, on Saturday afternoon, January 25, 1964. The meeting was called to order by President Cecil A. Thornton at 2:30, with all Board members, Commissioner Theo. A. Sanford and Assistant Commissioner J. B. Mansfield present.

Ralph C. Dorsey moved, second by Don Davis, that the reading of the minutes of the December 21st meeting be waived, since the members of the Board had received copies of these minutes. The motion was carried unanimously.

Ralph C. Dorsey moved, seconded by Oran C. Teater, that the following regulations concerning fees for the regional basketball tournament officials be adopted: The official shall receive a fee of \$25.00 per game and a transportation allowance of 8 cents per mile for all necessary travel. In the event that it is necessary for the official to remain overnight at the tournament site, he shall be paid an additional \$10.00 per day for lodging and meals. The motion was carried unanimously.

Foster J. Sanders moved, seconded by Don Davis, that the Board of Control recommend to representatives of teams entering regional tournaments that regional tournament plans provide that no official shall work more than one game in one session. The motion was carried unanimously.

Sherman Gish moved, seconded by Don R. Rawlings, that the Commissioner be authorized to set the dates and determine the sites of spring meets and tournaments. The motion was carried unanimously.

The Commissioner reported that there  
(Continued on Page Ten)

## In Memoriam



Lloyd McDermott

Death came on January 16, 1964, to Coach Lloyd "Big Mac" McDermott, member of the Holmes High School faculty. Mr. McDermott, who was thirty-seven years of age, died after two weeks' illness.

"Big Mac" had been one of Northern Kentucky's top gridiron stars. After achieving all-state honors as a lineman for Covington Holmes in the early forties, he starred at the University of Kentucky where he was an all-conference tackle under Coach Paul Bryant. Following his collegiate career, he turned pro and played defensive guard for the Chicago Cardinals, Philadelphia Eagles and Detroit Lions. He played his final year in professional football with the Ottawa Rough Rides in the Canadian League. He served thirty months in the Marine Corp during World War II.

Coach McDermott graduated from the University of Kentucky in 1950 with a B.A. degree in Education. He had taught health and coached athletic teams at Holmes since 1957. He was varsity line coach for the school's football team, and he also served as freshman basketball coach.

Surviving Mr. McDermott are his wife, Jinny, and five children, Kathleen, Maureen, Timothy, Phillip and Rodney. Other survivors are two brothers, Raymond and Russell McDermott, both of Dayton, Ohio. Mr. McDermott was a member of St. Mark United Church of Christ, Covington.

## The Flying Dutchman

Claude Ricketts just called to say that the Louisville-Falls Cities Basketball Officials' Association has voted unanimously to recommend that Dave Longenecker be given an honorary Lionheart Award for his tremendous courage. Dave refereed the Sun Bowl football game a few years ago, has contributed greatly to the improvement of basketball officiating, and all the while he was fighting off one heart attack after another. After an attack last year, Dave's doctor ordered him to hang up his whistle.

It makes us all a little sad when we hear that another champion has "thrown the torch" to the youngsters following in the footprints he left in the sands of time—and Dave left some big ones. Kids will never have a finer example of courageous, wholesome manhood to pattern from than Dave. Gentle, kind and determined, Dave Longenecker has been sent the first honorary Lionheart Award ever presented by the Dutchman. He is a real big brother to every kid who will ever be eligible for a Game Guy Award.

Roy Settle, Owensboro's golf-playing banker and the only parbuster who could match the Longenecker golf shots, has a recommendation of his own for the Game Guy Award of 1964. Because of the interest Roy has taken in physically handicapped athletes, Jerry Elliott, who was an outstanding tackle on the Owensboro Senior High team, has been added to the list of young fighters who will be considered for this year's Game Guy trophy. At the age of seven this courageous youngster developed a cataract when hit in the eye by a baseball. The next time you are in Owensboro drop in at Barney's Peppermint Grill. Jerry's Lionheart statuette will be there for you to see.

There's another award going to Owensboro Senior High. My Old buddy, Lawrence McGinnis, and his up-and-coming protegee, Coach Bobby Watson, get the salute for this one. These chaps have not only been cooperating with Roy Settle to improve basketball officiating in their region, but they have won one Abou Ben Adhem citation for January because of their promotion of friendly relation in the field of athletics. Daviess County High and Henderson Holy Family claimed two more Abou Ben Adhem awards when basketball officials praised them for their warm hospitality to the "men with the whistles."

In case you didn't know it, Roy Settle



Roy Settle

is starting his third decade of basketball officiating. It's doubtful if he or anybody else will ever catch up with Kentucky's Methuselahs. "Jolly John" Heldman and "Black Jack" Thompson, who are finishing their fourth decades. "Black Jack" worked a state tournament with the Dutchman away back in 1946, and he can still run the length of the hardwood without stopping.

Ludlow boasts of a bachelor doctor who is loved as a father by the city's population of kids. Dan Sullivan who coaches football and Carl Wenderoth who does the same chore in basketball say he is the chap who should be honored with the Corn Cob Pipe for January for his unselfish service. The Dutchman agrees, and Doctor James F. Siles has his Kentucky thoroughbred with the Kentucky cob adorning its neck on his desk right now. "Doc" never misses a Ludlow game because he wants to be near whenever any of his beloved young athletes need him. "Doc" was presented his award by the northern Kentucky Adonis, George "The Whistler" Maines.

Here's something for you baseball coaches. At the World Series Party in Derbytown last night Jack McGrath announced that Hillerich and Bradsby would make their sixteen millimeter World Series Film available to baseball coaches who request it. Write Jack at his bat office in Louisville. This is an exceptional color film—and Jack McGrath is an exceptionally personable and public-spirited gentleman.

(Continued on Page Six)







## Schools' Ratings On Football Officials

The following ratings were received on football officials registered with the K.H.S.A.A. during 1963-1964. The numbers following each name represent respectively the number of Excellent, Good, Fair, and Poor ratings given to the official.

Abele, George, 8-16-1-0; Adkins, Wendell L., 0-1-1-0; Adkins, James A., Jr., 0-2-0-0; Allen, Charles E., 3-7-2-0; Alston, E., Deedom, 0-1-2-2; Anders, Raleigh A., 3-3-2-0; Anderson, E. W., Jr., 5-4-0-0; Ashworth, Fred G., 0-2-0-0; Atkinson, Charles, 4-5-2-1;

Bahnsen, John C., Jr., 0-1-0-0; Baker, Charles J., 5-1-0-0; Barbour, Morris H., 0-2-1-0; Barlow, Billy B., 5-5-3-0; Barrett, Willis E., Jr., 0-3-0-0; Barrett, Robert D., 1-0-0-0; Bartels, John, 2-5-0-0; Baughn, E. L., 6-2-0-0; Beck, C. Norman, 5-10-3-0; Beheler, Donald S., 1-4-0-0; Bell, Clarence T., 1-6-0-0; Bennett, Howard, 8-3-0-0; Benton, James L., 0-1-1-0; Benzinger, Joseph, 1-5-0-0; Berger, John D., Jr., 5-3-0-2; Bero, James J., 0-4-0-1; Blackburn, Adrian, 0-7-1-0; Blackburn, Tennyson, 2-3-0-0; Blankenbaker, Kenneth, 0-1-0-1; Blanton, Homer, 4-4-0-0; Blosser, Kermit A., 2-0-0-0; Bocoock, George A., 4-5-0-0; Boehl, Bill, 4-1-0-1; Boemker, Bob, 5-7-1-0; Bond, Jack C., 5-4-0-0; Bordy, Philip, 4-4-0-0; Bostick, Lord M., Jr., 5-18-4-3; Bowman, E. G., 10-7-0-0; Boyles, Jerry F., 1-13-1-0; Brandenburg, Donald E., 3-1-1-0; Brewer, Clyde U., 1-3-1-2; Brichler, Joe A., 3-2-0-0; Brizendine, Vic, 10-12-2-1; Brotzge, Maurice J., 10-11-1-0; Brown, Bill, 3-9-2-0; Brown, Herman G., 0-1-0-0; Brown, John W., 6-7-0-0; Bullock, Teddy, 6-4-2-1; Bunn, Gary L., 0-0-2-0; Burke, Daniel F., 2-4-0-0; Burke, Harry R., 13-4-3-0; Burton, James E., 1-4-0-1; Burton, John, 3-6-1-1; Byrd, Harry G., 3-5-1-3;

Cain, Paul D., 3-4-1-0; Caldwell, Charles M., 0-1-4-1; Calman, E. C., Jr., 1-6-0-2; Canaday, Jacy Glenn, 1-1-0-0; Canady, Ray B., 4-6-0-0; Canter, John, 4-11-1-1; Carlson, David A., 8-4-1-0; Carrico, John, 1-3-0-0; Carroll, James L., 3-2-0-0; Cathey, Gene, 7-3-0-0; Cecil, A. Morris, 12-3-1-0; Chinn, Ralph, 4-9-2-0; Clark, Bill W., 1-2-0-0; Clark, Maxie, B., 1-0-0-0; Clemmons, Sam P., 2-4-1-0; Clinard, Fred L., 3-1-1-1; Cochran, Roy H., Jr., 4-3-1-0; Coleman, Duke, 1-1-1-0; Coley, Gene, 1-0-0-0; Cook, Jack W., 1-0-0-0; Cook, Walter E., 0-1-1-0; Corea, Frank, 2-1-1-0; Coulter, William M., 0-1-1-0; Cowan, Robert L., 3-1-1-0; Craft, Albert B., 7-9-1-0; Craft, Bill, 7-5-2-1; Crager, Bobby F., 0-7-1-2; Craig, Randy, 0-3-0-0; Creasey, Fred, 9-7-0-0; Crinito, Frank, 1-0-0-0; Crum, Edward E., 6-3-3-0; Cubbon, George C., 1-0-0-0; Cullen, Charles E., 0-1-0-0; Culp, Willard E., 6-7-1-3; Current, Ellis Ray, 4-4-3-0;

Dahlender, Ward M., 6-8-2-0; Dallman, James W., 1-9-0-1; Daniel, Ernest H., 3-5-0-0; Davidson, Norman L., 3-9-0-0; Davis, Clyde E., 2-7-0-0; Davis, Webster C., 1-12-1-0; Deaton, Dan, 0-1-0-0; DeMuth, Paul E., 5-10-2-0; Denton, Charles, 6-8-1-1; Deutsch, T. C., Jr., 1-4-0-0; Dial, Charles R., 0-2-2-0; DiMuzio, Robert M., 1-0-0-0; Dixie, Cornelius P., 0-6-0-0; Dizney, Alan, 0-0-1-0; Doll, Louis E., 1-3-1-0; Dotson, W. S., 0-3-0-0; Downey, Robert F., 2-0-0-0; Drake, Richard R., 7-5-0-0; Duff, Earl, 0-2-1-0; Duncan, James T., 4-4-0-0; Durkin, Jack, 10-3-0-0;

Edelen, Ben R., 5-10-0-1; Elliott, Carroll L., 11-2-3-0; Ellis, Johnny, 0-8-0-2; Elovitz, Carl, 9-9-0-0; Ernst, Edward R., 1-4-0-0;

Fallon, Robert J., 5-6-1-0; Fandrich, William, 8-3-0-0; Faust, Jack, 20-15-1-4; Feix, Darl W., 4-5-0-0; Ferguson, Thomas L., 0-2-0-0; Ferrell, Doc, 7-4-0-0; Fey, Allen, 5-6-0-1; Fish, Leland G., 7-3-0-0; Fletcher, John L., 3-3-2-2; Florence, Robert H., 8-3-2-0;

Flowers, Herschel H., 9-9-0-1; Forbes, J. W., Jr., 11-8-3-2; Fortney, Robert Lee, 3-3-1-2; Foster, Berryman, 3-6-0-0; Foster, Joe W., 7-8-1-0; Fraley, Bill, 2-5-1-1; Franklin, James A., 0-2-0-0; Frazer, Tom Roe, 1-2-0-1; Freese, Oliver T., 1-0-1-1; Fruit, William E., 2-8-0-1; Fryrear, William P., 5-7-0-0; Fucci, Dom, 3-0-0-0; Fuller, Wilton, 2-4-1-0; Funkhouser, Roy A., 7-8-2-3;

Gammon, William H., 2-0-0-0; Gettler, John F., 11-6-1-0; Gluszek, Henry, 0-0-0-1; Golden, Billy Joe, 14-11-3-1; Gour, Bob, 11-15-1-0; Grace, Charles K., 2-6-2-1; Grace, H. E., Jr., 1-5-0-0; Graham, Jim, 1-4-2-1; Greene, Paul Dutch, 2-2-0-1; Griccio, Joe, 1-2-1-0; Griggs, John M., 14-6-0-0; Grunstein, Sam J., 14-9-0-2;

Hadden, Newell P., Jr., 10-16-1-0; Haffey, Stan, 1-2-0-0; Hagan, Joe, 10-8-2-1; Hagerman, Bart, 3-4-3-0; Hagy, Harold J., 2-0-0-0; Hall, Dale, 0-1-0-0; Hall, Henry N., 5-3-1-0; Hall, Richard T., 0-2-1-0; Hanes, Edward C., 9-13-0-0; Harris, Jerry, 2-1-0-0; Harris, John C., 9-7-2-2; Harris, Russell, 6-6-0-1; Hatfield, Gene E., 5-7-0-0; Hawkins, Robert W., 1-12-0-0; Hawkins, Will A., 1-2-0-0; Hedge, David W., 5-5-2-0; Heinold, F. Thomas, 1-0-0-1; Heinze, Frank, 21-3-1-0; Heinze, John G., 23-3-0-0; Hellard, George D., Jr., 5-6-1-0; Hendon, L. J., 7-3-0-0; Hill, Earl F., 5-13-0-1; Hicks, Lloyd, 0-2-3-2; Hofstetter, Joe, 2-2-0-0; Hogan, Cleo C., Jr., 0-6-3-0; Holbrook, William, 3-11-2-0; Holeman, D. Fletcher, 6-6-2-1; Hollingsworth, Ralph D., 5-2-0-1; Holman, S. T., 5-10-0-0; Horton, Aldrich, 0-0-0-1; Howerton, Jack, Jr., 9-9-0-0; Huber, Carl W., 4-14-1-0; Hughes, Robert E., 5-9-0-0; Huiet, Fred, 2-0-0-0; Hurley, Robert, 0-1-0-0; Huston, Roderick, J., 4-8-0-0; Hynson, Fred R., 10-7-1-1;

Idol, Billy Joe, 11-7-1-0; Idol, Lloyd, Jr., 1-0-0-0; Jarrell, Frank W., 2-0-0-0; Jenkins, Kean, 11-4-1-0; Johnson, Bernard M., 9-4-0-0; Johnson, Harry A., Jr., 3-4-2-0; Johnson, Stanley W., 1-8-0-1; Jones, George W., 0-1-1-0; Jones, J. Carl, 5-8-4-0; Jones, Paul, 1-1-0-0; Jones, William A., 7-1-0-0; Junker, Edwin G., 1-1-0-0;

Kallaher, James E., 1-4-0-0; Kathman, Bernard J., 0-3-0-0; Kauffman, Victor C., 10-4-0-3; Kelley, Victor B., 6-4-1-1; Kemper, Russ, 4-1-0-0; Kercher, Norman L., 7-7-1-0; Kerr, Kenneth, 2-8-0-1; Kessel, Harry R., 1-0-0-0; Kimble, Frank, 2-1-1-0; King, Allen, 6-5-2-0; Kraesig, Charles F., 5-9-1-3; Kratzenberg, Ralph, 0-1-0-0;

Lally, James J., 1-2-0-0; Lambert, Irvin, 5-13-0-1; Lancaster, Morris B., 5-5-2-1; Lange, William E., Jr., 1-5-2-0; Lankert, Norman E., 0-1-0-0; Lawson, Leland, 1-7-0-0; Leahy, Pat, 0-3-0-0; Lenahan, Thomas F., 6-11-0-0; Lewis, Jesse O. D., 2-0-1-0; Lewis, Richard Q., Jr., 0-7-0-0; Ley, Robert E., 5-0-1-1; Liber, Jim, 0-2-0-0; Liber, Michael, 0-1-0-0; Lingo, Henry E., 7-4-0-0; Logan, Eli, 4-1-0-0; Lotz, Robert W., 3-5-1-1; Lowe, Eugene T., 8-11-0-0; Lowe, Stan, 6-10-1-0; Lucas, Gene T., 9-4-1-2; Lucas, T. L., Jr., 4-4-0-0; Luby, George H., 3-1-1-0; Lutz, Joseph C., 7-5-0-0;

McCarter, Bobby 4-6-2-1; McCollum, Robert G., 4-1-0-0; McConachie, Pud, 4-7-0-0; McCowan, Connell, 6-6-2-1; McDowell, A. W., 2-3-0-0; McGehee, Gordon, 11-5-0-0; McGlasson, Eugene, 3-5-2-0; McGuire, Jack, 0-5-1-0; McHenry, Louis P., 0-7-0-0; McKinney, Adelle E., 0-2-0-1; McLanghlin, Robert L., 1-0-0-0; McLemore, Jack T., 2-11-0-1; McNamee, Jack, 4-3-1-0; McPeck, Talmadge, 1-0-0-0; McQuilling, Gerald E., 0-1-0-0;

Magruder, Earl L., Jr., 2-1-0-1; Makepeace, W. H., 2-3-0-0; Malcolm, Donald C., 0-2-0-0; Marks, Edward W., 3-10-1-3; Marsili, Lee, 3-8-2-0; Matarazzo, Salvatore M., 2-1-0-0; Matthews, Billy D., 5-2-0-0; Mattingly, Charles C., 1-4-0-1; May, E. B., Jr., 23-

0-2-0; Mayhew, William M., 13-3-2-0; Maynard, Joe E., 1-3-0-0; Mayo, Henry L., 3-2-0-0; Mays, Raymond K., 0-0-1-0; Meeks, Jack, 2-14-5-0; Mercke, Frank R., 5-12-3-0; Mickey, Elbert W., 0-4-1-0; Middlebrooks, Chuck, 2-6-0-0; Miller, Kenneth H., 12-9-2-1; Millerhaus, W. J., 1-4-0-0; Minta, John H., 2-4-0-0; Mitchell, Emmett, 6-6-1-0; Mitchell, Vyron W., 4-4-0-0; Moellering, Louis H., 2-0-0-0; Moody, William R., 2-0-0-0; Morse, Richard K., 10-8-0-4; Moss, Howard A., 8-1-0-0; Moss, James W., 8-7-0-1; Mordica, William A., 3-3-0-0; Morris, Gene L., 5-0-0-0; Morrissey, Rockne, 5-2-0-0; Mouser, H. D., 1-17-0-1; Mullins, B. E., 3-2-0-0; Muntan, Peter J., 5-8-0-0; Murphy, Leo T., Jr., 0-4-1-0; Murphy, Phil J., 0-0-1-0; Murray, Thomas, 6-7-0-0;

Nassida, Frank R., 5-0-0-0; Neal, Gene, 15-4-0-0; Nickell, Carl Duane, 0-1-0-0; Noland, Douglas, 8-7-0-0; Nord, Bertrand J., 7-8-0-0; Nord, Ed, 11-10-2-0; Nord, Gilbert, 2-10-2-0;

Omer, Harold G., 4-3-0-1; O'Nan, Norman, 1-5-0-0; O'Neal, Bud, 4-9-0-0; Osborne, Ted, 4-8-0-0; Owens, Charles C., Jr., 1-0-0-0;

Palmer, Carl A., 2-0-0-0; Parker, Billy E., 9-6-2-2; Parsley, Clyde E., 8-4-1-0; Pate, Lloyd W., 7-3-0-0; Peeno, Harry R., 3-2-1-0; Pinson, Eugene, 2-2-0-0; Powell, Logan G., 7-6-0-0; Powers, Tom, 0-1-0-0; Priede, Len, 1-0-0-0;

Rapp, J. Lowell, 2-0-0-0; Rapp, William, 0-1-0-0; Ray, Shirley G., 2-1-0-0; Ray, William H., 3-3-2-1; Reddington, Jim, 6-11-1-0; Reece, Fred, 9-5-0-1; Reed, Gordon, 8-2-0-1; Reinhart, Gene A., 1-0-0-0; Renfro, John Edwin, 4-2-1-1; Rentz, Thomas W., 5-4-0-0; Rieman, Robert, 0-2-0-0; Riggins, Jason, 2-1-0-0; Riggs, William T., 7-7-1-1; Ring, William H., 1-0-0-0; Robinson, Don L., 2-4-0-0; Rodgers, Tom H., 1-1-2-1; Roettger, W. H., 6-4-0-0; Rogers, J. B., 1-1-0-0; Rolph, Harold J., 3-0-0-0; Ruddle, Guy R., 5-11-0-0; Rudolph, Fred, Jr., 13-6-5-0; Russell, C. B., Jr., 7-3-2-1; Russell, Gary E., 0-7-1-1; Russman, Godfrey F., 5-4-0-0; Russell, Joe, 10-9-1-0;

Sacra, Gresham, 4-3-2-1; Sanders, Mel, 6-3-0-0; Sapp, Edward, 4-8-0-0; Sauter, Harold S., 0-1-0-0; Schad, Jim, 0-1-0-0; Scharfenberger, Irv. T., 4-0-1-0; Schiering, Jack H., 2-1-2-0; Schlich, Paul, 6-14-2-0; Schmitt, K. F., 10-7-0-1; Schmitt, Paul E., 6-9-2-0; Schwetschenau, Paul, 1-6-0-0; Scott, Bill, 6-5-3-0; Seale, Frank E., 6-1-1-0; Seale, William E., 5-5-1-1; Selbee, William A., 0-4-1-0; Selman, John B., 6-8-1-0; Selvy, Curt, 14-7-0-0; Shanks, Thomas E., 5-6-2-0; Shaw, John H., 7-4-0-0; Shaw, Stanley E., 6-1-0-1; Sherman, Jerry, 0-1-0-0; Shewmaker, Wayne, 9-6-1-0; Showalter, John, 5-2-2-2; Shumate, Roy V., 2-1-0-0; Simpson, Felix Delane, 0-0-0-1; Sloan, Wally, 9-6-2-0; Smith, Edgar J., 16-13-0-2; Sowers, William R., Jr., 2-1-0-1; Spencer, H. Edward, 3-1-0-0; Stephenson, Harry J., 8-1-0-0; Stevens, William D., 7-5-0-0; Stofft, William A., 1-0-1-0; Strain, Richard P., 4-7-2-1; Staten, Joseph B., 6-2-0-0; Steele, Charles, 3-2-5-0; Straight, Roy, 0-1-0-0; Strong, Arnett, 7-5-1-0; Sullivan, A. G., 0-0-2-1; Sullivan, Don Chris, 6-8-0-0; Swantack, Stan, 2-5-0-0; Swinford, John, 7-9-0-0; Swope, William W., 0-1-0-0;

Tackett, Jay, 4-6-0-1; Talbot, William G., 2-0-0-0; Taylor, Dennis H., 6-1-0-0; Thomas, Charles, 5-2-0-0; Thomas, Frank M., 0-3-0-0; Thomas, Raymond E., 5-8-0-0; Thompson, Jack, 26-14-3-0; Thompson, Jack F., Jr., 2-0-0-0; Thurman, J. W., 1-1-0-0; Trautwein, Jim, 1-15-0-0; Treas, Joe W., 7-8-0-0; Trulman, Bill, 3-0-0-0; Trunzo, Nick, 3-8-2-0; Tutley, William P., 1-0-0-0; Tussey, George, Jr., 2-5-1-0;

VanHoose, Jack D., 3-2-0-0; Vankirk, Alvia S., 3-7-0-0; VanMeter, David G., 0-8-0-2; Vaughan, Richard, 6-11-1-2; Venekase, Kenneth H., 1-1-0-1; Vennari, Paul, 2-1-0-0; Vennell, Robert, 3-1-1-0;

Visscher, Robert W., 6-6-1-1;

Waide, Harry D., 1-9-1-0; Walker, Julian R., 6-5-1-0; Walker, Paul R., 4-14-3-2; Waller, Bobbie E., 2-0-0-0; Wanchie, Nicholas, 8-6-0-2; Warren, Kenneth A., 0-7-0-0; Washer, Stanley, 1-5-1-1; Watts, Shirley, 15-6-2-0; Weaver, Clyde Ivan, 1-0-0-0; Weaver, Ray, 4-1-0-0; Weber, David, 8-9-1-1; Welch, Bill, 2-1-2-0; Welch, J. D., 4-9-2-0; Welch, Tom, 7-1-0-0; Wermeister, Jack P., 0-1-0-1; White, James, 5-4-3-1; Wigginton, Al, Sr., 0-1-0-1; Willey, Harold L., 0-3-0-0; Williams, Bert O., 0-2-0-0; Williams, Gene, 11-3-2-0; Williams, Jim, 0-1-0-0; Williams, Jerry Ray, 0-1-0-0; Willis, Donald A., 0-9-0-2; Wilson, John Pope, 2-2-0-0; Wilson, Louis O., 2-5-1-0; Wise, Billy V., 15-7-1-0; Wise, Jack, 4-6-1-1; Womack, William H., 5-8-0-0; Wyatt, William J., 4-2-2-0;

Yanity, J. B., Jr., 2-0-0-0;

Zaranka, Benny J., 8-8-1-0; Zimmer, Tom, 2-4-0-0.

## Seneca's Defensive Play

By Bob Mulcahy

Editor's Note: Given below is an outline of the material used in one of the talks presented at the first annual basketball clinic of the K.H.S.C.A., held in Louisville on April 18, 1964.

I. CHANGING MAN-TO-MAN ZONE DEFENSE A. Types of defense: (1) 2-3 zone, (2) man-to-man line-up as close as possible to that of 2-3 zone

B. Signals used for changing defenses: (1) odd and even signals, (2) odd or even home or visitors' score, (3) odd or even time on clock, minute digit only

### II IMPORTANCE OF BIG MAN IN CHANGING DEFENSE

A. He must be able to cover middle zone on both man-to-man zone defense.

B. Always drive man with ball toward the inside.

C. Drop weak side men off to cover and protect the pivot man when he leaves his man for other man.

### III. STANCE AND POSITION USED TO COVER MAN ON DEFENSE

A. Use one-foot-forward stance instead of lining up straight away. (1) This enables defensive man to chase offensive man when he wants him to go. (2) Play forward without ball tight to prevent pass from guard. When forward cuts to basket, keep eyes on passer not cutter.

### IV. 1-2-2 POSITION ZONE

A. This defense enables you to spot the critical positions, like man-to-man. (1) One of two under basket men will cover middle when necessary to make same as 1-3-1. (2) Two side men can move out front to resemble 3-2 set up.

## High School Bowling

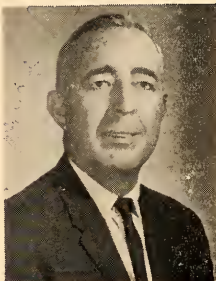
In September, 1963, some four-hundred seventy-five students in Grades 10-12 moved into the new Hopkinsville Senior High School. The present \$700,000 structure does not include a gymnasium or auditorium which is the background for this article.

Without a gym the students of Hopkinsville High School are faced with little opportunity for activity unless they are members of a school athletic team. Although about one in every three participates in athletics of some type, this does not begin to provide opportunities inclusive for all students.

An activity that has come to be very popular is bowling. A local bowling establishment provided for a five-week instruction period during which time they sent a bus each Monday and Friday to pick up the interested students from the study halls. Following the instructional period which was free for all who took part, the director of the lanes organized a student league which continues each Monday and Friday. Standings of the league are posted in a prominent place at the school for participants and others to see.

The transportation responsibility is borne by the bowling establishment which has a bus insured to carry the student bowlers. The program is carried on with the approval and consent of the superintendent and Board of Education. Approximately 125 students are taking part, many of whom have engaged in no other athletic or recreational activities. Preliminary study has also shown that there has been no loss to any students academically. On the contrary, some have actually improved which gives some reason to believe that this opportunity has provided an incentive to do better. Students who have unsatisfactory academic standing are not permitted to participate, because of the fact that they would lose valuable study time.

Pending state legislation will, if passed, provide the city of Hopkinsville the opportunity to add some valuable physical education facilities, but it seems very like-



Chet Redmon

ly now that the bowling league will continue as long as there is (mutual interest) between lanes operator and school officials and enough students who desire to participate.

—Prin. Chet Redmon  
Hopkinsville High School

## State Wrestling Tournament

The first K.H.S.A.A. State Wrestling Tournament will be held at the Seneca High School gymnasium, Louisville, on February 14-15, 1964. The Friday evening session will be held at 7:30, and the Saturday sessions will be held at 1:00 p.m. and 8:00 p.m. State Wrestling Committee Chairman Orville Williams, wrestling coach at Seneca, will manage the tournament. Other members of the committee are Coach Will D. Evans of the Kentucky School for the Blind, and Brother Leopold, wrestling coach at the St. Joseph Prep School.

Tournament Manager Williams, in a letter to principals and coaches who have indicated that they will send wrestling teams to the tournament, gives the following information and requirements:

1. Weigh in will be at 6:00 p.m. Friday evening the 14th. There will be only one weigh-in. If a participant should be a fraction of a pound over his weight at weigh-in time, he will be allowed a reasonable amount of time (15 to 20 minutes) to get down to his weight. The participant must meet his weight requirement or forfeit his place in the tournament.
2. There will be NO entrance fee this year!
3. Seeding of brackets will be held immediately following weigh-in Friday. All coaches must attend this meeting.
4. All teams must send to me by February 3rd a K.H.S.A.A. eligibility sheet, in duplicate, containing the participants and any alternates that will be in the tournament.
5. The K.H.S.A.A. will reimburse the participating teams  $\frac{1}{2}$  of their cost of travel expenses, lodging, and meals. Please keep receipts of your expenses.
6. First, Second, and Third place medals will be presented to the winners in each weight class. Trophies will be awarded to the Championship team, the runner up and the outstanding tournament wrestler.
7. Meals will not be served at Seneca. It will be the responsibility of each coach to provide for his team in this matter. Seneca is located close to several eating establishments.

8. Admission to each session will be 50c to the public. A \$1.00 tournament ticket will be on sale which will admit the purchaser to all three sessions at a savings of 50c. The three sessions will be Friday Feb. 14, at 7:30 p.m., Saturday, Feb. 15th at 1:00, and 8:00 p.m. These tickets will be on sale at the door.

9. I wish that you would please acknowledge immediately, the receiving of this letter, and let me know if you intend to participate in the tournament. Along with this acknowledgment, would you please send the following:

- a. Your school colors
- b. Your team nickname
- c. A copy in any form of your school emblem

10. Any complaints or disagreements will be taken to the tournament manager, and after conference, his decision will be final.

11. If you have any questions, feel free to get in touch with me at any time, here at Seneca, Gl-1-4330 or my home WO-9-0196. Please send all correspondence to Orville Williams, Seneca High School, 3510 Goldsmith Lane, Louisville 20, Kentucky. We hope you will be able to participate and are looking forward to seeing you and your team here on the 14th and 15th.

### MINUTES OF BOARD MEETING

(Continued from Page Three)

world possible be two or three ties in the district basketball tournament balloting which was to end at midnight, January 25. Oran C. Teater moved, seconded by Foster J. Sanders, that the Commissioner be given authority to break any ties in the district tournament balloting. The motion was carried unanimously.

The Commissioner read letters of appreciation from Mrs. Stella S. Gilb, Executive Secretary-Treasurer of the Kentucky Association of Pep Organization Sponsors and from Secretary-Treasurer Joe Ohr of the Kentucky High School Coaches Association for the grants made to these organizations by the Board of Control in its 1963-64 budget.

The Commissioner reported that he had suspended the Douglass High School of Henderson from the K.H.S.A.A. for a period of two weeks, beginning January 5, 1964, after he had been notified by Prin. H. B. Kirkwood of Douglass that a basketball player Tyrone Chapman, had been allowed to represent the Douglass High School in three basketball games during the current season when the boy was not eligible under

the provisions of the Association's Residence Rule. The Commissioner stated that the suspension was mandatory under K. H. S.A.A. regulations. Two of the three games mentioned were won by Douglass. These games, played with teams representing St. Vincent Academy and Paducah Lincoln High School, were declared forfeited.

There was a discussion of possible new football playoff regulations for the seasons of 1965 and 1966. President Richard I. Greenwell of the Kentucky High School Football Coaches Association appeared before the Board at this time upon invitation by the Commissioner and members of the Board of Control to explain the position of his group with respect to current football regulations. Some of the problems involved in any possible drastic change in the present football regulations were discussed at length. No action on proposed changes in the regulations had been contemplated for this meeting. Members of the group agreed to continue their deliberations at a later date in an effort to improve K.H.S.A.A. football playoff regulations.

Preston Holland moved, seconded by Don R. Rawlings, that all bills of the Association for the period beginning December 21, 1963, and ending January 24, 1964, be allowed. The motion was carried unanimously.

There being no further business, the meeting adjourned.

### WRESTLING QUESTIONS

(Continued from Page One)

13. Situation: When the West Point ride is being used, what determining factors or time limit does the official use in calling this locked hands or a pinning hold?

Ruling: The offensive wrestler is allowed reaction time when attempting to use the West Point ride as a pinning situation. Once he attempts to break the defensive wrestler down and turn his shoulders toward the mat, and is unable to do so immediately, he would be called for locked hands around the body. Normally the officials will give reaction time, but in no case should this ride be used as a controlling ride with the hands locked.

14. Situation: "B" stands up and attempts to escape by pulling hands of "A" apart, and both contestants stumble off the mat. When should "B" get credit for an escape?

Ruling: "B" should receive credit for an escape if the supporting points of either wrestler are on the mat when "A" loses control and "B" is in a neutral position.

15. Situation: "B" applies the Granby roll to "A". When will the advantage change, and will the situation allow for a predicament or near-fall situation?

Ruling: The Granby roll is used extensively in the eastern states. When "B" has the hold locked tightly, and to the extent that "A" is concerned about being pinned, the advantage changes and then

near-falls or predicament points can be scored or the underneath wrestler may get pinned.

16. Situation: "A" grasps both legs of "B" while "A" is in the advantage position on the mat. Should the referee blow the whistle and stop the match and award points for a technical violation, or should he give a warning for stalling?

Ruling: This is considered stalling, and, if "A" has not previously been warned for stalling during the match, he should be warned on his first violation.

17. Situation: "A" deliberately releases "B", but the referee does not award points for an escape until "A" has walked in front of and faced "B" at arm's length distance. Is this the correct procedure for the official?

Ruling: Yes, if the referee did not wait until the above maneuvers were completed, "A" might score 2 points for a takedown before "B" had been given reaction time for a definite escape.

18. Situation: "A" uses legal double arm bar to take opponent down. After takedown, "A" locks hands in the double arm bar and earns near-pin points. "B" bridges and almost ends situation, but "A" releases locked hands and brings "B" back to the mat and locks double arm bar in an attempt to pin. May "A" earn near-pin points both times?

Ruling: No. If "A" uses a legal double arm bar for a takedown, and after the official has awarded takedown points, "A" locks his hands in the double arm bar which is permissible, "A" may earn near-pin points. Even though "A" releases the locked hands and brings "B" down again and locks his hands in a double arm bar in a pin, he cannot earn additional near-pin points.

19. Situation: "A" has "B" in near-fall situation for fifteen seconds. During the attempt to escape, "B" twists reverse half nelson into choke hold. What should the referee do?

Ruling: If "A" had "B" in near-fall for fifteen seconds prior to the reverse half nelson developing into a choke hold, the referee should have awarded "A" three pin points as well as one point to "B" for an illegal hold. If the choke hold actually were the responsibility of the wrestler "B", "B" would not be awarded a point for an illegal hold.

20. Situation: If the defensive wrestler has one knee on the mat and the offensive wrestler interlocks his hands around the waist, is this considered to be a technical violation?

Ruling: Yes, because the rules state you may lock your hands around the defensive man only when the defensive wrestler has gained his feet. A defensive wrestler with one knee on the mat is not considered to be on his feet. Note: Locked hands are permitted in a pinning situation.

#### DEFINITIONS

21. Overlapping of hands: Overlapping shall be considered to be interlocking for all interscholastic rules interpretations.

22. Full nelson: If both hands are on the head, even though not interlocked or overlapped, it shall be considered a full nelson and is illegal. The referee is urged to prevent an illegal hold rather than call it.

23. Default: A contestant who is injured in a match and does not appear for his following match because he apparently feels he will lose, will not be permitted to wrestle for third place. If a contestant does not dress and appear on the mat for a match it is considered a forfeit, and, therefore, he is not eligible for third place competition. A default may be awarded when a wrestler has actually participated and is unable to complete the match.

## Weight Lifting and Wrestling

The purpose of this article is twofold: first, to help develop weight lifting and wrestling as competitive sports in our secondary schools and colleges; and second, to develop better football players by urging them to participate in these two sports competitively during the off season.

Football is one of the two top sports played in Kentucky's High Schools and Colleges. Nevertheless, it has far to go to catch up with the winning brand of football played in other states. This is proven by the recruiting program carried on by our colleges in going to other states, particularly Ohio and Pennsylvania, for football material.

Ohio and Pennsylvania would, of course, have more football players than Kentucky because of a much greater population, but Kentucky has long been a top producer of basketball material, and we thus often ask ourselves the question, "Why do we not produce adequate football players to supply our own colleges?"

The fault does not lie within the Kentucky player nor are the genes for passing on hereditary traits in football players better found in such geographical areas as the two states of Ohio and Pennsylvania. The fault must be located in the leadership of our athletic program in the schools and colleges of Kentucky.

Plato once said, "The glory of man is his strength." What sports display the glory of man more accurately than the two competitive sports of weight lifting and wrestling; and furthermore, what two sports could better condition a football player in off season or develop his strength, power, and even size to near maximum potentials than these two sports.

No sports will develop the strength, the power, or the body of an athlete like weight lifting, and for complete physical fitness, wrestling has been proven to be one of the best activities.

Kentucky has few schools which boast wrestling teams, and weight lifting contests are practically unheard of outside of Louisville. Few physical educators even know official A.A.U. rules for conducting such events.

In lifting weights the athlete should strive for the development of superior strength for his bodyweight. An example would be to press his bodyweight, a feat which only one in 170,000 has been estimated as being capable of doing. This can be achieved by every football player through

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hard training. Other goals in various lifts would be to bench press fifty pounds above bodyweight, curl fifty pounds under bodyweight, squat with fifty pounds over body weight, and deadlift two hundred pounds over bodyweight.

Imagine fielding a team that could do this. The psychological effect alone would be enough to win. This is entirely within the reach of every coach if he works with his team. Remember, few of your players will have superior strength, and many times the coach is disillusioned to believe a player is strong when the player's own great size gives that false impression. Work for superior strength, and the teaching of the three Olympic lifts can follow for later competition.

Wrestling, one of the oldest sports, provides a fine mental tonic towards development of an aggressive attitude. This type of attitude is greatly needed by the football player on the field of action. Wrestling will build tremendous physical efficiency, co-

ordination, poise and effective use of the body. The development of the winning spirit in wrestling invades the mind and the wrestler realizes that he can "take care of himself" in any sort of physical encounter, especially on the football field.

Japanese Sumo Wrestling Rules could be of special use in developing linemen. This is when you have a fifteen foot ring and the winner is declared when he either throws the opponent or pushes him out of the ring.

Football is only played approximately four months out of the year, including spring practice, and thus much time could be devoted to these individual sports. Team sports are so greatly emphasized that there has been a neglecting of individual sports in this state.

If Kentucky is to develop top athletes, it must give its athletes a more diversified program in athletics. These programs must be started in at least secondary school level, and extend on through college in order to succeed.

—Richard G. Layman  
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