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Insomnia II

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Insomnia II

I have many ways to pass the time in bed,
like tracing faces in wallpaper cracks,
like watching that fly crawl over the spread.
Forget that obvious thought, get it out of your head —
I assure you its not about the beast with two backs —
but I have many ways to pass the time in bed.
There's always some new thriller I haven't read.
What better use for soporific hacks?
Still I'd rather watch that fly crawl over the spread.
I should jump up and swat that critter dead,
besting Lizzie Borden with one great whack,
but then how would I pass the time in bed?
Though my eyes are prickly and my lids are red,
my mood is blue, and my outlook black,
I can watch that fly crawl over the spread,
count sheep until they balk at the hedge,
name presidents, compose in amphibrachs.
I have many ways to pass the time in bed,
like watching that fly crawl over the spread.

Sherry Chandler is author of *Weaving a New Eden*. Sherry Chandler has had support from the Kentucky Arts Council and the Kentucky Foundation for Women. Her work, twice nominated for a Pushcart Prize, was awarded the Betty Gabehart prize from the [Kentucky Women Writers Conference](#).