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The Kentucky High School Athlete, March 1967

Kentucky High School Athletic Association

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THE KENTUCKY



High School Athlete

THE NEWPORT CATHOLIC HIGH SCHOOL
1967 CHAMPIONSHIP WRESTLING TEAM



(Left to Right) Front Row: Joe Baumann, Gary McGlone, Jim Shomaker, Dennis Huber, Dennis Martin, Greg Palmer. Second Row: Brother Joseph, Dennis Schofield, Ron Nieporte, Joe DiGiacomo, Tom Goety, Mike Fey, George Schuler, Don Peters.

Official Organ of the
KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION

March, 1967

Modern Ides of March

The gym lights gleam like a beacon beam
And a million motors hum
In a good will flight on a Friday night;
For basketball beckons, "Come!"

A sharp-shooting mite is king tonight.
The Madness of March is running.
The winged feet fly, the ball sails high
And field goal hunters are gunning.

The colors clash as silk suits flash
And race on a shimmering floor.
Repressions die, and partisans vie
In a goal acclaiming roar.

On Championship Trail toward a holy grail,
All fans are birds of a feather.
It's fiesta night and cares lie light
When the air is full of leather.

Since time began, the instincts of man
Prove cave and current men kin.
On tournament night the sage and the wight
Are relatives under the skin.

It's festival time,—sans reason or rhyme
But with nation-wide appeal.
In a world of hate, our ship of state
Rides high on an even keel.

With war nerves tense, the final defense
Is the courage, strength and will
In a million lives where freedom thrives
And liberty lingers still.

Let commies clash and empires crash
'Neath the wreck of a victory arch!
Let our boys tread where hate is dead,—
In this happy Madness of March!

—H. V. Porter.

The Kentucky High School Athlete

Official Organ of the
Kentucky High School Athletic Association

VOL. XXIX—NO. 8

MARCH, 1967

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Postscripts on Athletics

By Rhea H. Williams

Editor's Note: The article below appeared in a recent issue of the Texas Interscholastic Leaguer. Dr. Williams is State Athletic Director of the Texas University Interscholastic League.

One of the greatest attributes of competitive athletics is the fact that it develops an appreciation for "making sacrifices." This particular contribution of athletics is seldom given due credit. In the eyes of many people it perhaps is the one contribution which ranks above all others which can be traced to the competitive program.

General Robert E. Lee, the famous southern military leader, while president of Washington and Lee College, said, "If a boy learns to appreciate the sacrifices which others have made for him and learns to make sacrifices himself, then he has learned the greatest lesson which our educational systems have to offer."

Similar statements on the importance of learning to make "sacrifices" and to appreciate the "sacrifices" of others have been reiterated time and time again by outstanding people in all areas of life.

Appreciation

The only way that a boy can learn to appreciate the sacrifices of others is to make sacrifices himself on behalf of family, team, school or community. Nothing can develop in a boy a better appreciation of what others do for him than to practice the Biblical statement "It is better to give than to receive." There is no better way to develop self-discipline than the ability to make sacrifices. Discipline and sacrifice go hand in hand, regardless of whether it is on a personal or group basis.

Discipline

One of the first and most important sacrifices any athlete must make is to give up many of the so-called "pleasures" which accrue to non-athletes. This includes watching his diet and eating only the proper foods, getting regular hours of sleep and abstaining from tobacco and alcohol. It means that an athlete must discipline himself into giving up many parties, many dates and other social activities. Only through sacrifice of this type can a boy achieve his best

(Continued on Page Eight)

ANNUAL MEETING SPEAKER



Ray Eliot

Speaker at the dinner meeting of the Kentucky High School Athletic Association, scheduled to be held in the Crystal Ballroom of the Brown Hotel, Louisville, on Thursday evening, April 13, 1967, will be Ray Eliot, staff member at the University of Illinois.

Ray Eliot assumed duties as Assistant Director of Athletics at the University of Illinois on January 1, 1960, following retirement from active coaching after 28 years of service, 23 of which were at his alma mater, Illinois.

As head football coach at Illinois from 1942 through 1959, Mr. Eliot won or shared three Big Ten titles, and produced decisive victories in the two Rose Bowl games in which his teams appeared. Earlier, while serving as one of Bob Zuppke's line coaches, he also was head hockey coach and assistant baseball coach.

Mr. Eliot graduated from the University of Illinois in 1932 and began his coaching career at Illinois College, Jacksonville. He served one year as assistant football coach,

(Continued on Page Twelve)

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Assistant Editor ----- J. B. MANSFIELD
Lexington, Ky.

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Subscription Rate ----- \$1.00 Per Year

From the Commissioner's Office

REPORTS NOW DUE

1. 1966-67 Basketball Participation List
2. School's Report on Basketball Officials
3. Official's Report on Schools (Basketball)

Spring Meets

Tentative dates have been set for the various spring meets and tournaments in gymnastics, rifle marksmanship, baseball, track, golf and tennis. They are as follows:

April 1, State Gymnastics Meet, Louisville
April 29, State Rifle Championship, Lexington

May 8-10, district baseball tournaments (sites given below)

May 12-13, regional track meets for boys and girls (sites given in February issue of ATHLETE)

May 16, regional golf tournaments for boys and girls (sites given below)

May 20, State Track Meets (Classes A, AA, and Girls), Lexington

May 20, State Track Meet (Class AAA), Louisville

May 23-24, Girls' State Golf Tournament, Louisville

May 23-24, Boys' State Golf Tournament, Louisville

May 26-27, regional baseball tournaments (sites given below)

May 26-27, regional tennis tournaments for girls and boys (sites given below)

June 2-3, Boys' and Girls' State Tennis Tournaments, Louisville

June 7-8, State Baseball Tournament, Lexington

In assigning schools to districts and regions for spring meets, the principal source of information is the blue statement form filed by the school principal when he enrolls his school in the Association. If a coach is listed for a sport, it is assumed that the school sponsors a team in that sport. In

some instances the coach of a particular sport may not have been assigned at the time the statement form was filed, and in other instances the principal may have decided that a sport for which a coach was named will not be sponsored by the school this year.

Principals should study the assignment of schools by districts and regions which appears below to determine whether or not the listings for their schools are correct. The State Office should be notified only if the name of the school should be added to or omitted from any of the lists given.

RIFLE MARKSMANSHIP

Boone County, Henry Clay, Inez, Louisville Male, McKell, M. M. I., Oakdale Christian, Oldham County, Owensboro, Paul G. Blazer, Western.

BASEBALL**Paducah Region**

Christian County District—Attucks, Christian County, Dawson Springs, Ft. Campbell, Hopkinsville, Trigg County

Murray District—Benton, Calloway County, Murray, Murray University, North Marshall, South Marshall
Paducah District—Ballard Memorial, Heath, Lone Oak, Reidland, St. Mary, Tilghman

Mayfield District—Carlisle County, Cuba, Fancy Farm, Hickman County, Lowes, Mayfield, Symsonia, Wingo

Caldwell County District—Caldwell County, Crittenden County, Fredonia, Livingston Central, Lyon County

Madisonville Region

Henderson District—Henderson, Henderson County, Holy Name, Providence, St. Vincent, Union County, Webster County

Leitchfield District—Butler County, Caneyville, Clarkson, Grayson County Catholic, Leitchfield

Ohio County District—Breckinridge County, Fordsville, Hancock County, Meade County, Ohio County

Daviess County District—Daviess County, Livermore, Owensboro, Owensboro Catholic

Madisonville District—Calhoun, Earlington, Madisonville, Sacramento, South Hopkins, West Hopkins

Central City District—Bremen, Central City, Drakesboro, Graham, Greenville, Hughes Kirk, Muhlenberg Central

Greensburg Region

Bowling Green District—Bowling Green, Bristow, Franklin-Simpson, North Warren, Richardsville, Warren County

Auburn District—Adairville, Auburn, Lewisburg, Russellville, Todd County

Glasgow District—Austin Tracy, Glasgow, Hiseville, Park City, Scottsville, Temple Hill

Tompkinsville District—Cumberland County, Gamaliel, Metcalfe County, Tompkinsville

Caverna District—Caverna, Cub Run, Hart Memorial, LaRue County, Munfordville

North Hardin District—East Hardin, Elizabethtown, Elizabethtown Catholic, Ft. Knox, North Hardin, West Hardin

Campbellsville District—Adair County, Campbellsville, Greensburg, Lebanon, St. Augustine, St. Charles, St. Francis, Taylor County

St. Joseph District—Bardstown, Lebanon Junction,

Mt. Washington, St. Joseph Prep, Shepherdsville, Washington County, Willisburg

Jefferson County Region

Pleasure Ridge Park District—Bishop David, Butler, Pleasure Ridge Park, Valley, Western
 Ahrens District—Ahrens, Central, Flaget, Shawnee
 Trinity District—duPont Manual, Louisville Country Day, Louisville Male, Trinity
 Southern District—DeSales, Fairdale, Iroquois, Southern, Thomas Jefferson
 Eastern District—Eastern, Kentucky Military Institute, Seneca, Waggener, Westport
 St. Xavier District—Atherton, Durrett, Fern Creek, St. Xavier

Newport Region

Boone County District—Boone County, Dixie Heights, Lloyd, St. Henry, Simon Kenton
 Holy Cross District—Beechwood, Covington Catholic, Holmes, Holy Cross, Ludlow
 Silver Grove District—Bishop Brossart, Campbell County, Highlands, St. Thomas, Silver Grove
 Grant County District—Falmouth, Grant County, Pendleton County, Walton-Verona, Williamstown
 Newport District—Bellevue, Dayton, Newport, Newport Catholic
 Tollesboro District—Augusta, Bracken County, Deming, Fleming County, Lewis County, Mason County, Maysville, St. Patrick, Tollesboro

Lexington Region

Woodford County District—Anderson, Frankfort, Franklin County, Georgetown, Scott County, Woodford County
 Bourbon County District—Bourbon County, Harrison County, Millersburg Military Institute, Nicholas County, Paris
 Garrard County District—Danville, Garrard County, Harrodsburg, Jessamine County, Kentucky School for the Deaf, Mercer County, Stanford
 Shelbyville District—Oldham County, Shelby County, Shelbyville, Taylorsville
 Mt. Vernon District—Crab Orchard, Hustonville, Liberty, Memorial (Waynesburg), Mt. Vernon
 Eminence District—Carroll County, Eminence, Gallatin County, Henry County, Owen County, Trimble County
 Lexington District—Bryan Station, Dunbar, Henry Clay, Lafayette, Lexington Catholic, Tates Creek
 Richmond District—Berea, Estill County, Irvine, Madison, Madison Central, Model

London Region

Somerset District—Burnside, Eubank, Ferguson, Pulaski County, Somerset
 Lee County District—Clay County, Jackson County, Lee County, Oneida Institute, Owsley County, Powell County, Riverside Christian
 Harlan District—Cumberland, Evarts, Harlan, James A. Cawood, Lynch
 Elkhorn City District—Belfry, Elkhorn City, Fleming-Neon, Jenkins, Johns Creek, Mullins, Phelps, Pikeville, Virgie
 Hazel Green District—Bush, Hazel Green, Lily, London
 Monticello District—McCreary County, Monticello, Pine Knot, Russell County, Wayne County
 Middlesboro District—Barbourville, Corbin, Henderson Settlement, Lone Jack, Middlesboro, Whitley County, Williamsburg
 Hazard District—Buckhorn, Combs Memorial, Hazard, Hindman, Leslie County, Letcher, M. C. Napier, Whitesburg

Morehead Region

Ashland District—Boyd County, Catlettsburg, Fairview, Louisa, Paul Blazer
 McKell District—Greenup, McKell, Raceland, Russell, Wurtland
 Montgomery County District—Bath County, George Rogers Clark, Montgomery County, Mt. Sterling
 Morehead District—Ezel, Hitchins, Morgan County, Olive Hill, Prichard, Rowan County, Sandy Hook, University Breckinridge
 Paintsville District—Blaine, Flat Gap, Inez, Meade Memorial, Oil Springs, Paintsville, Van Lear
 McDowell District—Martin, Maytown, McDowell, Prestonsburg

GOLF FOR GIRLS

Bowling Green Region—Bowling Green, Campbellsville, Hopkinsville, Ohio County, Owensboro, Scottsville, Tompkinsville, Warren County
 Frankfort Region—Beechwood, Frankfort, Franklin County, George Rogers Clark, Lebanon, London, Mt. Sterling, Owen County, Shelbyville
 Louisville Region—Eastern, Oldham County, Waggener, Westport
 Paintsville Region—Hazard, Paintsville, Paul G. Blazer, Pikeville, Prestonsburg.

GOLF FOR BOYS

Princeton Region—Benton, Caldwell County, Crittenden County, Fort Campbell, Fulton, Hopkinsville, Mayfield, Murray, North Marshall, Paducah Tilghman, St. Mary
 Bowling Green Region—Adair County, Bowling Green, Elizabethtown, Elizabethtown Catholic, Glasgow, Hart Memorial, Russellville, Scottsville, Todd County, Tompkinsville, University, Warren County.
 Owensboro Region—Central City, Daviess County, Greenville, Henderson, Henderson County, Madisonville, Meade County, Ohio County, Owensboro, Owensboro Catholic, Providence, St. Vincent
 Bardstown Region—Bardstown, Boyle County, Campbellsville, Danville, Fort Knox, Harrodsburg, Lebanon, Lebanon Junction, Old Kentucky Home, St. Joseph Prep., Shepherdsville, Washington County
 Frankfort Region—Anderson, Bryan Station, Frankfort, Franklin County, George Rogers Clark, Georgetown, Harrison County, Henry Clay, Lafayette, M.M.I., Mt. Sterling, Oldham County, Shelby County, Shelbyville, Tates Creek.
 West Jefferson Region—Ahrens Trade, Bishop David, Butler, DeSales, Fairdale, Flaget, Iroquois, Pleasure Ridge Park, Shawnee, Southern, Thomas Jefferson, Valley, Western
 East Jefferson Region—Atherton, duPont Manual, Durrett, Eastern, Fern Creek, K.M.I., Louisville Country Day, Louisville Male, St. Xavier, Seneca, Trinity, Waggener, Westport
 Covington Region—Beechwood, Boone County, Campbell County, Covington Catholic, Dayton, Dixie Heights, Highlands, Holmes, Holy Cross, Lloyd Memorial, Mason County, Newport, Newport Catholic, Pendleton, St. Henry, St. Thomas, Silver Grove, St. Patrick
 Middlesboro Region—Foundation, Garrard County, Harlan, Irvine, Knox Central, London, Lynch, Lynn Camp, McCreary County, Madison, Madison Central, Middlesboro, Model, Somerset
 Paintsville Region—Boyd County, Fairview, Fleming County, Hazard, Holy Family, Jenkins, McKell, Martin, Paintsville, Paul G. Blazer, Pikeville, Prestonsburg, Prichard, Russell, University Breckinridge

TENNIS FOR GIRLS

Murray Region—Fort Campbell, Henderson, Henderson County, Hopkinsville, Murray

Bowling Green Region—Bowling Green, Elizabethtown, Elizabethtown Catholic, Franklin-Simpson, Owensboro, Warren County

Hart Memorial Region—Campbellsville, Caverna, Hart Memorial, LaRue County, Meade County

West Jefferson County Region—Butler, Central, duPont Manual, Fairdale, Holy Rosary, Loretto, Thomas Jefferson

East Jefferson County Region—Eastern, Fern Creek, Mercy Academy, Presentation, Sacred Heart, Ursuline Academy, Westport

Bellevue Region—Beechwood, Bellevue, Highlands, Lloyd Memorial, Notre Dame Academy

Richmond Region—Bryan Station, Franklin County, Hazel Green, Henry Clay, Middlesboro, Somerset

Ashland Region—Fairview, Paul Blazer, Pikeville, Russell, University Breckinridge

TENNIS FOR BOYS

Bowling Green Region—Attucks, Bowling Green, Caldwell County, Caverna, Fort Campbell, Franklin-Simpson, Glasgow, Hart Memorial, Hopkinsville, Russellville, University, Warren County

West Jefferson Region—Bishop David, Butler, Fairdale, Iroquois, Pleasure Ridge Park, Southern, Thomas Jefferson, Valley, Western

Fort Knox Region—Campbellsville, Elizabethtown, Fort Knox, Greensburg, Henderson, Henderson County, LaRue County, Meade County, Owensboro, Owensboro Catholic, St. Joseph Prep.

East Jefferson Region—Durrett, Eastern, Fern Creek, K.M.I., Seneca, Trinity, Waggener, Westport

Louisville Region—Atherton, Central, DeSales, duPont Manual, Flaget, Louisville Male, Shawnee, St. Xavier

Bellevue Region—Beechwood, Bellevue, Covington Catholic, Highlands, Holmes, Lloyd Memorial, Mason County, Owen County, Newport, Newport Catholic

Lexington Region—Bryan Station, Danville, Franklin County, Georgetown, Harrodsburg, Henry Clay, Lafayette, M.M.I., Shelbyville, Tates Creek, Woodford County

Richmond Region—Foundation, Garrard County, Hazel Green, Middlesboro, Mt. Sterling, Paul G. Blazer, Pikeville, Russell, Somerset

Soccer Clinic

A Soccer Clinic for both coaches and officials will be held at Berea College April 14 and 15. The purpose of the clinic is to present the game of Soccer to the school people of the area who have expressed interest in the game. All phases from the teaching of fundamental skills to coaching and playing strategy will be covered.

Mr. Pat Smith, a soccer player of standing in England; Mr. Jerry Yeagley, Soccer coach of Indiana University; and Dick Kleinschmidt, a nationally recognized soccer referee, will be visiting staff. Mr. Charles Conley, coach of the Berea College soccer team, will be in charge of the clinic and his team will assist in the demonstration. Displays, films, discussions, lectures, in addition to the work on the field, will be presented.

The first meeting will be held on Friday

evening at 7:30. The last session will be on Saturday evening at 6:00. A registration fee of \$1.00 will be charged. Meals may be obtained at the Berea College Food Service. Housing requests should be sent to Mr. Charles Conley.

The Basketball Hall of Fame

During the school year 1965-66, additional K.H.S.A.A. member schools making contributions or pledges to the Basketball Hall of Fame brought the total number of contributing schools to fifty-five. Of this number, forty schools have taken out or will take out Group Memberships at \$100.00 each. Contributing members are listed below.

\$100 Contributions and Pledges

Allen County	Ezel	Ohio County
Bishop David	Fairview	Owensboro
Bloomfield	Harlan	Paducah Tilghman
Bourbon County	Hazard	Pikeville
Breathitt	Henry Clay	Pleasure Ridge Park
Calhoun	Inez	Reidland
Caneyville	Ky. School for Deaf	Rowan County
Carr Creek	Leslie County	St. Mary's (Whitesville)
Caverna	Livingston Central	Sayre
Covington Catholic	Logan Co. A.A.	Tates Creek
Danville	Mason County	Tompkinsville
Daviess County	Midway	Valley
Dayton	M. M. I.	
Durrett	Morgan County	

Contributions Less Than \$100

Beechwood	Holmes	Prichard
Campbell County	Knott County	Pulaski County
Campbellsville	Monticello	Shopville
Central	Nancy	Somerset
Ferguson	Paintsville	Wayne County

Registered Baseball Officials

(List Compiled March 1)

If one telephone number is given for an official listed, it is the home phone unless otherwise designated. If two numbers are given, the first number is that of the home phone.

Ashley, Kenneth, Science Hill, 423-8521, 423-3341
Berger, John D., Jr., Route 1, Toms Brook, Virginia
Callis, Herbert, 1646 East 17th St., Bowling Green, 2-2348, 2-5351
Canter, John, 2826 Esther Blvd., Louisville, 451-8218, 587-8862
Carter, Phillip Ray, Whitley City, 376-2517
Chesney, Orville A., Lot 46 P.T.C., Ft. Campbell, 798-3348, 798-3400
Clardy, Barry Daniel, Route 2, Box 188C, Greenville, 338-3510, 338-3036
Clark, Robert L., 3003-G, Hammond Heights, Ft. Campbell, 798-4779, 798-3320
Clements, John L., 1038 Della Drive, Lexington, 278-6587
Cline, Roy E., 1194 Lincoln, Louisville, 637-8249
Cabbage, Tom, 317 N. English, Leitchfield, 259-3457, 259-3644
Culp, Willard, 318 Skyline Park Drive, Hopkinsville, 886-7967, 798-5861
Davenport, James E., Dawson Hill Rd., Jeffersontown, 239-5667, 454-2511 ext. 3947
Davis, Bunny, 594 West Lexington, Danville, 236-2606, 236-2606
Dieterle, Owen M., Box 135, Millersburg, 484-2076, Lexington 252-0640
Donoghue, Terry, 3171 Hickory Lane, Erlanger, 341-9685
Duerson, William Robert, Route 2, Paint Lick, 925-2357, 792-2459
Duvall, James W., Barnes Campbell, Box 9061, Bowling Green, 745-2759
Elliott, Billy A., 5504 Mock Court, Pleasure Ridge Park, 937-4343
Elliott, Carroll L., 307 College St., Elizabethtown, 765-4007, 765-6118
Emery, George A., 234 Clay, New Albany, Ind., 944-5257, BU 3-3511 ext. 242
Eyl, Edward W., Jr., 2252 Bradford Drive, Louisville, GL 2-1001
Fairchild, Hays, Trimble County High School, Bedford
Farris, Reuben L., 308 Coyle, Box 135, Owingsville, 674-2291, 674-4251
Frankel, Louis S., 3723 Stanton Blvd., Louisville, 454-6519, 454-6519
Gibson, Robert, 202 Michigan, Monticello, 348-2586, 348-2586

Giordano, Al, 107 Ratliff, Princeton, 365-5680, 365-5615
 Goodan, William, Box 325, Whitley City, 376-2418 (Bus.)
 Gour, Bob, 218 South Lee, Bowling Green, 843-9582, 745-4293
 Gover, J. Luid, East 80, Box 706, Somerset, 679-1695, 678-5506
 Griffith, Edwin Dale, 2334 E. Jepson St., Ashland, 324-2497, 324-1155 ext. 276
 Guess, James E., 949 McClure Ave., Henderson, 826-2116, 521-6601
 Hardin, Don G., Box 88, Morehead, 784-7376
 Heitlinger, Lester, 3647 Johnston Way, Louisville, 459-3699, 895-3401 ext. 288
 Herndon, Howard Eugene, Route 1, Wingo, 376-2916
 Horne, Jordan E., Jr., 3804 Frontier Trail, Louisville, 451-6624, 584-5215
 Hubbs, Cletus L., Jr., 303 West 15th St., Hopkinsville, 885-8578, 886-3384
 Hudson, J. D., Caneyville, 879-6241, 879-4466
 Ingraham, Gary J., 9706 Lanesboro Way, Louisville, 425-5215, 897-2815
 Ingram, William R., 5466-H, Lowe, Ft. Knox, 4-3077, 4-7455
 Ireland, Jan L., 717 W. Locust, Princeton, 365-6439, 365-2635
 Jacobs, Robert L., 3320 Lexington Road, Louisville, 896-6082
 Jent, Richard, 209 Legion Drive, Franklin, 586-8188, Lexington, 258-9000
 Johnson, James M., 174 Pinehurst Dr., Frankfort, 223-2822, 223-8359
 Johnson, Robert L., 6 Jamestown Pl., Clarksville, Tenn., 647-3982, 798-5493
 Jones, Frank, Box 718, Manchester, 598-2706, 623-9877
 Jones, Joe S., 203 Green St., Manchester, 598-3793, 598-2129
 Kasperski, Harry W., 3652-B Fincastle Rd., Louisville, 451-1065, 582-5215
 Kaufman, Alvin R., 8215 St. Anthony Church Road, Louisville, 366-0126, 587-0871
 Kays, Allie, Route 5, Box 75B, Shelbyville, 633-3203, Louisville 896-8819
 Keeling, Reuben, Route 8, Theobald Rd., Paducah, 443-5260, 442-5431
 Kidwell, James S., 1112 Parkway, Covington, 681-9141
 King, James A., 5000 Clarmar Rd., Jeffersontown, 239-8015, 776-2466
 Kimmel, Jerry, Beechmont, 476-2656, 476-2656
 Legeay, August J., Jr., 315 No. 32rd St., Paducah, 442-0563
 Lindsey, Jack, Blackey, Whitesburg, 633-7666 (Bus.)
 Long, Bill, 209 Idlewyde Drive, Louisville, 895-8731, 582-2613
 Manning, Conley, Box 72, Whitley City, 376-2282, 376-2213
 Marlette, Ronald L., Fonderosa Trailer Ct., Georgetown, 863-3805 (Bus.)
 Martin, Roger K., Box 174, Park City, 749-8425, 749-2860
 Mattingly, Charles, 3813 Poplar Level Rd., Louisville, 459-5793
 Mills, William L., St. Mary, 692-4605, 692-4256
 Mooneyhan, James H., 810 Henry St., Franklin, 586-4989, 586-4451
 Morgan, Richard, Route 6, Box 64, London, 864-6511, 864-5114
 Morse, Richard K., 163 N. Deepwood Dr., Radcliff, 351-3748, Ft. Knox 4-4454
 Norwood, Thomas R., 811 Henry St., Franklin, 586-3614, 586-3541
 Nuckles, Thomas H., 1602 Vivian Lane, Louisville, 454-6883
 Pardue, Israel L., 1005 South 28th St., Louisville, 772-2488
 Pence, William Jerry, Summit, 862-4517
 Penner, Merritt D., Jr., Route 4, Box 739, Manchester, 598-3711
 Prather, Edwin Eugene, Route 2, LaGrange, 279-5153, 241-8491
 Raines, J. W., 1117 Lebanon Rd., Danville, 236-3380
 Reif, Harry P., East College St., Box 289, New Castle, 346-5284, 346-8421
 Roberts, Kenneth G., Route 1, Crestwood
 Salyer, Henry E., 4829 Bluebird Ave., Louisville, 969-6371, 778-2731 ext. 456
 Sammons, John I., 1105 Elm, Murray, 753-5738, 753-3642
 Scott, W. L., 1816 McDonald, Lexington, 278-2844, 254-1818
 Smith, Gerald, 1414 College St., Bowling Green, 842-3364
 Stethen, James E., Stone St., Box 134, Bedford, 256-3285
 Stewart, Buddy, Main St., Brownsville, 597-2193
 Strain, Richard P., Box 472, Radcliff, 351-4306, Fort Knox 4-6757
 Swinford, James W., 5502 Oak Creek Lane, Fern Creek, 239-0055, 448-2761
 Thomas, Patrick H., Box 43, Leitchfield, 259-3010, 255-9424
 Tyre, Donald, 316 Senate Drive, Frankfort
 Varble, William, 3108 Widgeon Ave., Louisville, 775-6712, 772-3621
 Vincent, Johnny, 1212 Park St., Bowling Green, 842-9209
 Waller, Bobbie E., 309 Strathmore, Lexington, 299-6123, 299-6123
 Washer, Jamie Don, 507 South 7th St., Murray, 753-5330, 753-5312
 Way, James, 211 West Penn, Cynthiana, 234-2361, 234-4393
 Wesche, James Allen, 1704 Chickasaw, Lexington, 299-8058
 Wiley, Howard E., 199 Bridge St., Paintsville, 789-5546, 789-3663
 Winfrey, Shelby, 315 Sharon Drive, Campbellsville, 465-8392, 465-8392
 Wingfield, Felix G., 1132 Eastern Parkway, Louisville, 636-2282
 Wolford, W. D., Route 1, Campbellsville, 465-5459, 465-8880
 Woolsey, Travis, Box 524, Calvert City, 395-4667, 395-4133
 Wren, Bethel, Route 2, Paint Lick, 792-2751

SUPPLEMENTARY LIST OF REGISTERED BASKETBALL OFFICIALS (List Compiled March 1)

If one telephone number is given for an official listed, it is the home phone unless otherwise designated. If two numbers are given, the first number is that of the home phone.

Blankenship, Zeb, Route 3, Harrodsburg, 734-3702
 DeGroot, James, 2905 E. Mulberry, Evansville, Indiana
 Goins, Homer H., F-101 Shawneetown, Lexington, 278-4074
 Larsen, George, 7864-A Estrada, Fort Knox, 4-6987, 4-7412
 Peters, Arthur, Sasser, 864-2331 (Bus.)
 Smith, Gary U., 600 Walnut, Waverly, Ohio, 947-4627, 947-2153

KAPOS NEWS State Tournament Plans

On February 11 the members of the executive board of KAPOs met at the Kentucky Hotel to discuss plans for the week of the State Tournament. It was decided to have a welcome booth in the lobby of the Kentucky Hotel. Please stop by to: register your squad, get your hotel room assignment, and pick up your envelope containing KAPOs handbook and tournament information. The handbook contains information pertaining to the membership of KAPOs, basis for awarding of the trophies, events to be offered by the hospitality committee, brackets, and the times for the games, etc.

High School cheerleaders will be on hand to assist you. They can be identified by their hostess arm band. Feel free to ask them for help, and in turn they may seek you or your cheerleaders to be interviewed by one of the radio commentators.

Hospitality Room

All sponsors and cheerleaders are cordially invited to come to the cheerleader Hospitality Room in Freedom Hall. Refreshments are available.

Trophies to Be Awarded

Both a winner's and a runner-up cup will be given to the outstanding cheerleading groups at the 1967 State Tournament. Third place in the judging will be given honorable mention recognition. Harrison County High School won the first place award last year. Lexington Catholic High School was runner-up.

All cheerleaders are asked to wear their cheerleader uniforms for the final Saturday night game. Photographers will be present to take pictures of the winners, so be prepared to represent your school in a fashion to make them proud of you.

The sponsors of the winner and runner-up schools are asked to come to the floor with their cheerleaders. Besides getting the recognition you so well deserve, it is another way of letting the public know that cheerleading is important enough in the school's curriculum to merit a "sponsor-coach."

Scholarship Award to Be Continued

Miss Cheri Steen, our third scholarship
(Continued on Page Eight)

The Flying Dutchman

Mark your calendars for March 28, 29 as a memo for you to show up at Stouffer's Inn in Louisville for the conference of the Kentucky Recreation and Parks Society. Hopkinsville's Mary DeBow, president of the Society, is the winner of The Flying Dutchman's corn cob pipe of honor for her unselfish work for parks and recreation on a state-wide basis. Mary has a list of outstanding leaders lined up for the conference which includes Dr. Fred Darling, John Gettler, Celeste Gray, Dopey Phelps, Bill Kaiser, Sam Jones and Dr. Harry Sparks.

Regardless of which sport or recreational phase you are interested in, you will find the information you need at this conference. Every high school coach and athletic director should make this meeting a must. The conference opens with a luncheon at 12:30 noon, Tuesday, March 28th.

Jack McKinney, Coach of Lone Oak, calls the officials' attention to the defensive basketball players who cause fouls to be called on the offensive players because they are good actors. An example is when A2 drives at B3 and B3 falls back on the floor indicating that A2 has charged him when actually there was no contact. Again the Dutchman emphasizes that a player reclining on the floor is of no value to his team. The defensive players would quickly stop this practice if the officials are careful to call such fouls only when there is contact. Jack McKinney is one of the strongest supporters Kentucky sports officials have and his constructive suggestions are welcome—On the wall in the Dutchman's office hangs a sign which reads, "The trouble with most of us is that we would rather be ruined by praise than saved by criticism."

From the National Federation's office came some high praise for last month's Dutchman column. Cliff Fagan says that he plans to send the part concerning coaches and officials to all of the state high school athletic associations affiliated with the National Federation.

Butch Charmoli, known as Mr. Manual High School in Louisville, has brought honor to Kentucky. John Bunn, executive director of the Basketball Federation of the United States, sends us the information that personable, dynamic Butch has been named Chairman of the Fourth District which includes a half dozen states. The meeting of the National Basketball Federation will be held on March 24th at the Kentucky Hotel. Butch will be right at home with his long-



Mary DeBow

time friend Cliff Fagan who is president of the organization and Lyle Quinn, the Dutchman's old buddy, who runs the high school athletic program in Iowa.

Jim Nixon, one of the best officials ever to blow a whistle in western Kentucky, has moved from Hopkinsville to Atlanta. Here's a real loss for our state and a tremendous gain for Georgia. They should have made a lot more like Jim before they threw the mold away.

Kentucky's Game Guy of 1967 is Elizabethtown's David Harmond. A senior, Dave has a fine reputation for leadership, scholarship and loyalty. He has made his mark both in football and basketball in spite of his physical handicap. All of Hardin County is proud of Dave Harmond who whipped a ruptured spleen to play ball and is going on to college to become a doctor. Kentucky's game guys go marching on, making new records of achievement in later life. It makes us wonder why we complain when these physically handicapped kids don't. They just go on producing results in places where rugged physical specimens shy away from because of the rough sledding.

Just after the balloting for the Game Guy of 1967 closed, nominations started rolling in for 1968 and the first nomination came from Coach Paul E. DeZarn of Aquinas School in St. Matthews. Paul is working with an 18-year-old fighter who is a soccer star besides performing on the hardwood. The lad is James Haragon who was thrown into a salamander when his Honda hit a bump. The hot oil ignited his clothing and his re-

(Continued on Page Nine)

CAVERNA—BARREN RIVER EIGHT-MAN CONFERENCE CHAMPION



(Left to Right) Front Row: Mgr. Jerry Martin, Dennia Toms, Rickey Davis, Dickie Daniell, Randy Donselman, Glen Clark, Nick Gunn, Jackie Minor, Wayne Hughes, Lannie Hatcher, Mgr. Jimmy Minor. Second Row: Ass't Coach Dennia Doyle, Virgil Proffitt, Mike Hartz, Keith Clark, Jerry Goodhue, Bruce Gentry, Dale Green, Archie Hay, Jerry Logsdon, Robert Kinalow, Coach C. J. Ramsey. Third Row: Steve Carter, Donnie Donselman, Mike Lawson, Burks McGlasson, Larry Wilkins, Johnny Doyle, David Johnson, Andy Broome.

State Wrestling Tournament

The 1967 State High School Wrestling Tournament was held at the Jeffersontown High School, Jeffersontown, on February 9-11. The Newport Catholic High School, with three individual champions, captured the tournament title with 97 points. The North Hardin High School was second with 86 points. St. Joseph of Bardstown had the meet's "Most Outstanding Wrestler" in Pete McKay. The 120-pound champion in 1966, McKay took the 133-pound division this year.

The tournament was managed by Wrestling Committee Chairman Orville Williams of the Seneca High School. It was the fourth tournament sponsored by the K.H.S.A.A. Twenty-one teams participated in the tournament. Teams which scored finished in this order: 1-Newport Catholic, 97; 2-North Hardin, 86; 3-M.M.I., 65; 4-Hopkinsville, 47; 5-(Tie) Kentucky School for the Blind and Fort Campbell, 34; 7-Bardstown St. Joseph, 31; 8-Flaget, 30; 9-Westport, 23; 10-Eastern, 20; 11-Trinity, 18; 12-Seneca, 16; 13-Oldham County, 12; 14-Caldwell County, 10; 15-Campbell County, 8; 16-Corbin, 7; 17-Danville, 5; 18-Bush, 2; 19-Trigg County, 1.

Successfully defending their titles were Kentucky School for the Blind's James Earl Hardin in the 165-pound division; Newport Catholic's Mike Fey (154) and Millersburg Military Institute's Pete Anderson (heavy-weight). North Hardin's Jay Crawford, 95-pound champion last year, won the 112 divi-

sion and Mike Givens of Hopkinsville went from 112 to 120 champion.

Medals were awarded to the first three places in each class. These winners were as follows:

95 lb.—Arvil Meyers, North Hardin; Charles Meyers, St. Joseph; Jack Kurtz, M.M.I.

103 lb.—Dennis Huber, Newport Catholic; Ed Kuhl, Fort Campbell; David Bridgewater, Seneca

112 lb.—Jay Crawford, North Hardin; Dennis Martin, Newport Catholic; Reginald Boston, Fort Campbell

120 lb.—Mike Givens, Hopkinsville; Mike Uhde, Trinity; Ron Nieporte, Newport Catholic

127 lb.—Eddie Wade, Hopkinsville; Larry Cook, Kentucky School for the Blind; Gary McGlone, Newport Catholic

133 lb.—Pete McKay, St. Joseph; Tom Cox, North Hardin; Mike Konvalinka, Fort Campbell

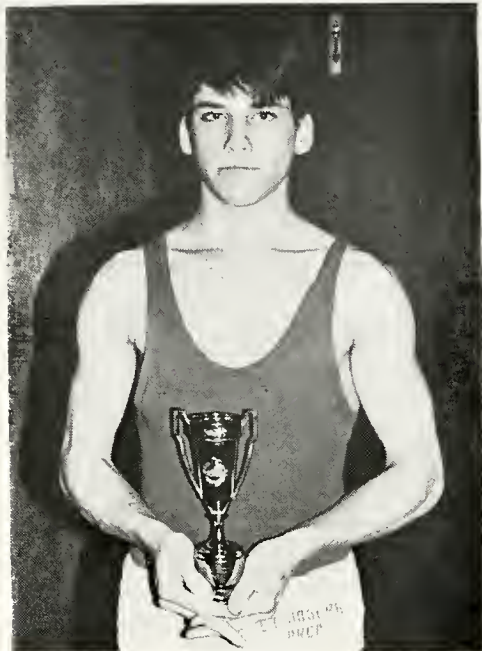
138 lb.—Greg Palmer, Newport Catholic; Pete Burns, North Hardin; Richard DesCombes, M.M.I.

145 lb.—Ed Brandon, North Hardin; Tom Welsh, Flaget; James Nichols, Caldwell County

154 lb.—Mike Fey, Newport Catholic; Charlie Bowen, M.M.I.; Greg Erwin, North Hardin

165 lb.—James Earl Hardin, Kentucky School for the Blind; Joe DiGiacomo, Newport Catholic; Theodore Arnold, Fort Campbell

180 lb.—Pete Allen, M.M.I.; Jim Schnider,



Pete McKay

Newport Catholic; Larry Brame, Hopkinsville

Heavyweight—Pete Anderson, M.M.I.; Ricky Deason, Hopkinsville; Dave Hill, Campbell County

POSTSCRIPTS ON ATHLETICS

(Continued from Page One)

physical and mental condition and best insure that he will be ready to give his best for his team.

Give Up Ego

It is necessary that each athlete sacrifice his own personal ego and his own personal dreams of achieving individual glory in order that the team may participate as a well-organized unit. There are countless numbers of instances on record where failure of individual boys to make sacrifices in regard to team unity have resulted in team failure.

Most people are self-centered, and one of the most difficult disciplines is the sacrifice which eleven individual boys must make in order to develop a well-organized team effort in football. Although this particular individual ego must be disciplined more in team games than in individual games, there must be adequate discipline even in individual activities, or else there will not be the right mental attitude or discipline on the part of the respective athlete.

Orderly

Another important discipline which must come along with every successful athlete is

the ability to have an orderly and reasonably scheduled activity program. There must be adequate time set aside for study, for one of the most desirable disciplines is the ability to set aside a specified period of time and let nothing interfere with this program. This means that the boy must give up many activities in which others are engaging. There have been no great achievements made in any area, whether in athletics, science, politics or religion, which have not been achieved by sacrifices on the part of someone. No athletic season can be successful unless there is a desire on the part of the participating athletes to make sacrifices in order to insure that they have healthy bodies, the proper mental attitude, proper team spirit and above all the desire to make passing grades in their school work.

Life Lesson

If every student who goes out for athletics would make some real sacrifice in order to achieve success for himself or his team, then he will learn perhaps one of the most important disciplines in life; that is, to succeed, effort, discipline, and sacrifice must go hand in hand. Only by making sacrifices himself can he really appreciate the sacrifices which others are making, whether they are for the team or in life situations.

KAPOS

(Continued from Page Five)

recipient, is a first year student at Western Kentucky University. Her former sponsor, Miss Sara Jo Cardwell of Franklin-Simpson High School, reports that Cheri's grades were excellent. Keep up the good work, Cheri!

In order to be eligible for the scholarship the applicant must show evidence of outstanding academic ability and indicated need for financial assistance. The applicant must have been a cheerleader for at least two years, and the school must be a member in good standing in the Kentucky Association of Pep Organization Sponsors.

Scholarship applications may be obtained from Mrs. Stella S. Gilb, College of Education, University of Kentucky. You will also be able to obtain them at the KAPOS booth in Freedom Hall during the state tournament.

Governor Breathitt Declares Sportsmanship Week

Being a good sport is part of being a good cheerleader, a good athlete, a good citizen. KAPOS doesn't believe that good citizens need to be reminded to exemplify good sportsmanship. However, it is especially fitting at tournament time to remind all citizens that it is a privilege to be able to attend

the games, and that they can contribute to the success of the tournament if they will abide by the KAPOS Sportsmanship Creed proclaimed by Governor Breathitt:

PROCLAMATION

Whereas, the Kentucky Association of Pep Organization Sponsors upholds all standards of good sportsmanship as its aim; and

Whereas, KAPOS believes that good sportsmanship contributes to the foundation of the democratic way of life through the application of the Golden Rule; and

Whereas, KAPOS urges that the ideals of good sportsmanship be practiced not only during this week but throughout the year; and

Whereas, the Kentucky High School Basketball Tournament will be held during this week and the majority of Kentuckians will be following the games; and

Whereas, good sportsmanship is the obligation of all citizens, and Kentuckians need to be made aware of this responsibility.

NOW, THEREFORE, I, Edward Breathitt, Governor of the State of Kentucky, do hereby proclaim this week as Good Sportsmanship Week in Kentucky, and urge all citizens of this state to uphold all standards of good sportsmanship not only during the tournament but at all times.

Attention, Principals!

Included in the packet that will be given to the winner in the regional tournament finals will be a letter pertaining to cheerleaders. The letter will contain the information concerning the basis of selecting outstanding cheerleader squads, and will request that the principal send written confirmation that the cheerleaders of his school are being chaperoned by a well qualified, school-approved adult. The name of the sponsor should be included in this confirmation letter and given to the KAPOS board member at the registration booth in the lobby of the Kentucky Hotel. **Sponsors must room with or on the same floor with their squads.**

Dates to Remember

March 18—Saturday Morning Coffee. KAPOS extends a cordial invitation for ALL sponsors and cheerleaders to join them for coffee and sweet rolls on Saturday morning from 9:30 until 11:00 at the Kentucky Hotel. Look for the room number on the day's bulletin board in the lobby of the hotel.

August 7-11—Summer Cheerleader Clinic. The Kentucky Cheerleader Association announces the Seventh Annual Summer Cheerleader Clinic. The clinic will be held on the University of Kentucky Campus. Brochures can be obtained at the KAPOS booth or by

contacting: Mrs. Grace Fragstein, Mrs. Milly V. Rodes, or Mrs. Stella S. Gilb.

NOTE TO ALL ADMINISTRATORS

KAPOS needs judges, hotel chaperones, and personnel to man booths at the hotel and at Freedom Hall. This involves at least 12 to 16 people. It is also back-breaking, tiresome work. However, we have many dedicated women who have indicated a willingness to help share these duties provided they get an "ok" from their administrators. Therefore, the KAPOS board is seeking your understanding and cooperation, should you be asked to release a teacher from her duties to help carry on the work that KAPOS is doing to make cheerleading a worthwhile educational experience in the State of Kentucky.

Stella S. Gilb

Executive Secretary-Treasurer

THE FLYING DUTCHMAN

(Continued from Page Six)

sulting burns caused doctors to despair for his life. Nobody thought Jim would walk again but he is walking and he is also competing like a champion both in sports and his classes.

A letter just came from Oakley Brown of Yosemite saying that Casey County had voted down a bond issue of \$500,000 for a gymnasium and community building. Oakley has only lived there a few months since leaving his recreation post in Jefferson County—Give Oakley another year and the Dutchman will give odds that a new issue will pass. Get those kids a gym, Oakley!

Attention, Rex Alexander of Murray State University! The Dutchman directed a Jeffersontown youngster who migrated to your educational institution to look you up but he says he can't find you because you don't stay long enough in one spot. The lad's name is Terry Neill and he's a dandy. Make an official of him for that brand new West Kentucky Officials Association you are organizing.

Dick Morse, Hade Durbin and John Carlberg are running the South Central Officials Association at Elizabethtown. Guy Strong will be the speaker at the group's annual banquet. The Dutchman can tell you that Guy is one of the best after dinner men on the food circuit. He's not bad during dinner either.

Ed Mudd is president of the Louisville-Falls Cities Basketball Officials Association and Bob Gour wields the gavel when the whistlers gather at the Southern Kentucky Officials Association in Bowling Green. Don Metzger and Hubie Loudon have done a fine job with the Jefferson County Association, and Ted Conley is proud of his North Eastern Kentucky Officials Association in Ashland. Our prediction is that the Commonwealth will soon be blanketed with these

sports officials' associations, and this means even better officiating than the schools are getting now.

It's only a short time now until the rules makers will be drafting the new basketball regulations for 1967-1968. Most people are pretty well satisfied with the rules but there may be some minor revisions. Many of my correspondents ask if the baskets will be raised a foot and if a limit will be placed on how long a team may hold the ball before it is required to shoot. Others want to know if a rule will be passed wherein players never foul out. Without being psychic, the Dutchman prophesies that none of these will come to pass for the 1967-1968 season.

Here's a closing quotation from Robert G. Mood—"We adults spend far too much time preparing the path for our youth and far too little time preparing our youth for the path."

Techniques of Pitching

by Rex Chaney and Steve Hamilton

Editor's Note: Rex Chaney is an Assistant Professor and head baseball coach at Morehead State University. Steve Hamilton, New York Yankee pitcher, is an instructor at the University.

The following is a discussion on proper pitching techniques. This discussion incorporates ideas which have proven to be successful on the high school, college and professional level.

A pitcher's greatest tool is his power to think and concentrate. Once he has become skilled in these two things the initiation of the following is a mere matter of practice and hard work.

It is important that a pitcher positions himself on the mound in a comfortable position with his weight well balanced. Where the rules permit, the pitcher should straddle the pitching rubber to take the sign from the catcher (Figure No. 1).

Most pitchers are more comfortable taking their signs in this manner for one reason; with a man on base the possibility of balking is not as great. As the set position is taken, the ball is hidden behind the leg. Pitchers should not show the ball to the hitter any more than is necessary. Ideally, the hitter should never see the ball until it is about to be released by the pitcher.

As the windup starts, the weight is shifted to the back foot. The arms are comfortably extended over the head and the ball hidden in the glove. At this point it becomes important to concentrate on leg lift and hip rotation. Just as a good hitter hits with his hips, a good pitcher's success, as far as the "stuff" on the ball and the control, is related directly to hip rotation and leg lift. Hanging pitches and lack of control are usually caused by locking the hips. To assure good hip rotation the leg should be lifted (right-handed pitcher's leg will be pointing in the general direction of third base) and the back foot which was on the rubber turned to become parallel with and touching it (Figure No. 2). Here the pitcher should still have good balance and still be hiding the ball. The height of the leg lift must be determined by the individual pitcher. Leg lift does two things for the pitcher:

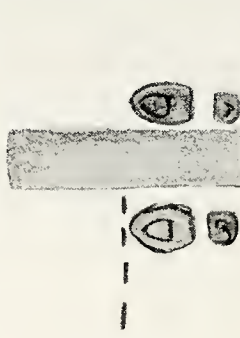


Figure 1



Figure 3

a. gives balance

b. acts as a pendulum pulling the body through and giving added speed to the arm.

As the pitcher's motion starts toward the plate, the rotated hips move toward the plate and the leg is brought around and down as the arm comes through. Again notice should be given to position. If an imaginary line were drawn from the middle of the pitching rubber to home plate the lead foot would land either on it or to the left of it (right-handed pitchers) (Figure No. 3).

This makes the proper rotation of the hips possible and you get full body movement behind your pitch. It should be noted that a right-hand pitcher stepping to the right of the imaginary line from the rubber to the plate will be throwing across his body and locking his hips.



Figure 2



Figure 4

The length of the stride is important for proper execution of a pitch. Most pitchers are more guilty of overstriding than understriding. When the pitcher overstrides he does not get as much on the ball and it is sensed, but when the pitcher understrides he tries to get more on the ball and consequently the stride is lengthened. Once the stride is lengthened there is a tendency to hit on the heel. This causes a locking of the leg and hip and high pitches, hanging pitches occur, resulting in loss of control. The stride should be such that you land on your toe of your lead foot.

Very important to any pitcher is proper arm and wrist movement. As the pitcher has gone through the windup and is making the stride, the wrist should be cocked and about shoulder level. Up to this point the arm is loose and relaxed, not tense. If it is tense a



Figure 5

Figure 6

loss of speed results and also the proper snap cannot be put on the curve ball. Think of the arm as a whip where it is cocked and then uncocked. This snap of the wrist just as the ball is released gives the pitcher his speed.

As the pitcher releases the ball it is against the front foot. The follow through should bring the pitcher, still on balance, to a position where any ball hit slightly to the right or to the left can be fielded.

Grips among baseball players are controversial. A logical approach to type of grips has brought about the following discussion:

A fast ball is held by putting the fingers across the seams (where four seams on the ball are rotating) (Figure No. 4). The rotation for the overhand pitcher should be turning toward the pitcher. The across the seams grip will cause the ball to hop as the wind catches the four seams (creates an air foil similar to the one created by an airplane wing).

The grip for the curve ball is no different from that of the fast ball (Figure No. 5). The difference comes in the execution of the pitch. Where the fast ball is pushed from the ends of the first two fingers, the curve ball rolls off the front side of the hand. In explaining proper techniques for the overhand curve ball, ask the pitcher to extend his arm from his shoulder parallel with the floor or ground and then let his wrist hang down at the end of his arm. Place a ball in his hand while it is in this downward position. With the hand still in this downward cocked position, have the pitcher to bend the elbow and place the ball in a position behind the head. The pitch now is executed by coming over the top of the head in an arc to the belt buckle, letting the ball roll out of the front side of the hand. The downward rotation of the ball causes it to break. The sharp break is dependent upon amount of rotation on the ball.

The curve ball, when thrown from the side arm or three-quarter arm position, demands just as much cocking of the wrist and the actually "jerking" into the belt buckle as the ball is released to give sharp break. Most high school and college boys are satisfied with a "lazy" hanging curve which does not take as much concentration and effort to throw.

The slider, which is not advocated if you have a good curve because of the tremendous strain on the arm, is thrown with a stiff wrist. The snap of the wrist is similar to that experienced in throwing a football. The slider gives the appearance of being a fast ball but because of the quick snap of the wrist and the downward and side rotation of the ball it "slides" away from the right-hand hitter (Figure No. 6).

The biggest fault that young players have in throwing the curve ball is the casting-type motion where the arm is extended during the downward motion and ball is released with a slight flick of the wrist. This causes it to hang. Common faults which give pitches away:

- a. the same motion is not used for all pitches,
- b. cocking wrist on curve while it is still in the glove,
- c. holding ball on heel of glove where hitter can see it,
- d. windup more rapidly on one pitch than on another.

Pitching is a game of thinking, concentration and hard work. Incorporate these with a positive attitude and a desire to pitch to any hitter, the end result should equal success.

Football In Grade School

By Henry P. Coppolillo, M. D.

Editor's Note: Dr. Coppolillo is Assistant Professor of Psychiatry, University of Michigan.

In considering what advice might be useful to a teacher planning to coach grade schoolers in football, the first question that arises is whether or not such a program is desirable. The issue is not a new one nor can it be considered definitely settled. Objections such as the possibility of injury, the encroachment on study and learning time, and the undesirability of stimulating aggression in grade school children invariably emerge. I can only grapple with these problems as a child psychiatrist and my conclusions about them as predicated on what this discipline understands of normal and pathological growth and development of personalities. A brief review of some of the pertinent concepts may be helpful.

During his formative years a child is constantly struggling to reconcile his need to express and gratify his internal impulses with the demands that his environment makes that he behave in a civilized and mature fashion. In the earliest years his environment is most often represented by his mother or father whereas in later years his peer group, his teachers, scout leaders, coaches, etc., all represent the environment in which he lives. As his desires to express an impulse such as aggression, curiosity or rebelliousness emerge it can meet a wide variety of reactions on the part of the environmental representative (mother, teacher, etc.). It can, for example, cause such strong negative reactions that the child feels it must never express such an impulse again lest it incur the wrath and retaliation of the

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adult. It is useful to remember here that since children frequently have trouble distinguishing between the actual commission of an act and the desire to commit the act; the child may well have to inhibit not only the behavior but also thoughts about the forbidden act. In this way an impulse becomes hidden, inhibited, and no longer available to the youngsters' conscious control.

Among the other ways that adults can respond to an impulsive act of a child is simply to inhibit the mode that the impulse is being expressed and at the same time offer the child an alternative, and more socially acceptable mode of discharging the impulse. In this way not only has the impulse not been massively inhibited but the child acquires a new skill with which to adapt to the world.

(Continued in April ATHLETE)

ANNUAL MEETING SPEAKER

(Continued from Page One)

then was promoted to the head coaching job. He also served as baseball coach, and in both sports his teams compiled impressive records.

Among the many awards this man has earned are the Presidency of the American Football Coaches Association in 1955-56, the Los Angeles Times' Coach of the Year Award in 1946, The Alonzo Stagg Award in 1961, and an honorary life membership in the American Football Coaches Association in 1965.

As an Illini football and baseball player as a small-college coach, as a line assistant to Bob Zuppke, and as head coach at his alma mater, Mr. Eliot has stuck firmly to his dedicated assignment in life, "a builder of fine men."

His solid background in coaching, his dynamic speaking ability, his great feeling for and popularity with persons from every walk of life, all equip him perfectly for his assignment.

He is a man who will take time from a busy schedule to thank a high school boy for an article on him in the school paper, and a man who receives fan mail from the Arctic Circle to Tokyo, Japan. Mr. Eliot is a man who will give you "Something to Think About."

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