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#### Serving LGBTQIA Students on College Campuses

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## Serving LGBTQIA Students on College Campuses

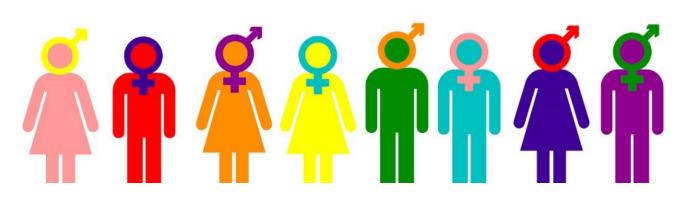
Clint Pinion, Jr., Dr.PH, RS March 29, 2018



College of Health Sciences **ENVIRONMENTAL HEALTH** 

#### Introduction

- Lesbian, Gay, Bisexual, Questioning, Transgender, Intersex, and Allies (LGBTQIA):
  - $\bullet$ One to ten percent of student populations
  - Face unique challenge
  - Withdraw from college





Provision of needed campus-based services for LGBTQIA students is hindered by student not self-disclosing sexual orientation.

#### Learning Objectives

- Recall issues faced by LGBTQIA students on college campuses.
- Cite two resources for LGBTQIA students on college campuses.

#### LGBTQIA Campus Issues

#### Microaggressions

- Marginalized in part by heterosexism on college campuses.
  - Impacts psychosocial wellness and academic development.

#### Types of Microaggressions

- Microinsults
- Microinvalidations
- Microassaults

#### Microaggressions

- LGBTQIA students face:
  - Verbal harassment
  - Anti-LGBTQIA language from peers
  - Threats
  - Physical Violence

- Impacted by homophobic and heterosexist environment.
- College students report more positive attitudes toward heterosexual peers than LGBTQIA peers.

 Negative living environments increase the likelihood of LGBTQIA students participating in at-risk behaviors







## SUICIDE

- More likely to experience suicidal risk factors and abuse substances than heterosexual students.
  - Unwelcoming campus environmentsIncreased substance abuse
- Coming out stress
   Suicide risk factor
   Alienation from peers
   Lack of understanding from family.

- Impacted by biological and environmental factors.
- Experience time periods of fixed and fluid sexual orientation.
- Time spent in each identity process or developmental time period will differ.

#### **Campus Environments**

- Shape student's experiences, especially student success.
- Examine and understand the environments
  \*maximize a student's experience while on campus;
  \*Adapt to meet the needs of current and prospective students.

#### **Elements of Campus Environments**



Strange and Banning (2015)

### Four Elements of Campus Environments

- Physical Buildings
  - Where are the diversity offices located on campus?
- Organizational Campus processes, policies and procedures
  - Disciplinary procedures
    - Clearly define punishment for aggressors (verbal or physical attacks)
    - $\checkmark$  Anti-harassment or anti-bullying policy

## Four Elements of Campus Environments

- Human Individual and group interactions and behaviors
  - Individuals will either assimilate to the behaviors around them or seek alternative spaces on campus.
- Constructed Created through social interactions and pressures.
  - Marginalized student populations often have opposing views to the majority of their peers.

#### Four Environmental Lenses of Context

- Microsystems
- Mesosystems
- Exosystems

Pressures external to systems to which the student belongs.

MacrosystemsSynergy of all.

#### **Campus Climate**

- Climate measures perceptions of their environment.
- Campus climate impacted by:
   Student access to needed programs
  - Retention
  - Curriculum
  - Relations between groups of people
  - External factors
  - Policies and procedures

#### Campus Climate

- Faculty, staff, and students participating in a study of fourteen colleges report a homophobic campus climate.
- Participants <u>did not believe their campus</u> <u>administration addressed gender identity</u> <u>or sexual orientation issues.</u>

#### **Campus Climate**

- LGBTQIA students:
  - Report feeling isolated on campus;
  - Receiving less support than heterosexual students;
  - Frequently hide their sexual identity.
    - ✓ Microaggressions

### LGBTQIA Campus Climate Perceptions

- College students identifying as LGBTQIA
   \*often report negative campus climate perceptions compared to their heterosexual counterparts; and
  - \*are less likely to self-report feeling safe on campus.

## LGBTQIA Campus Climate Perceptions

- Undergraduate students' experience in a variety of microclimates
  - Microinsults
  - Microinvalidations
  - Microassaults.
- Discussed the impact of negative behavior and attitudes from peers

### LGBTQIA Campus Climate Perceptions

- Not meeting heterosexist stereotype **homophobic targeting/microassaults**.
- **'Looks or stares' of disapproval** for LGBTQIA students in shared common spaces on campus.

#### Rankin (2003) Study



Experience harassment in past year



Harassment was derogatory remarks



Pressured to conceal sexual orientation or gender identity

#### Rankin (2003) Study



Harassed by other students





Experienced anti-LGBT graffiti

## Rankin (2003) Study: Homophobic Campus



Faculty



Students



Administrators



Staff

#### Rankin (2003) Study



Respondents feared for their safety



Concealed their sexual orientation or gender identity

#### Table 1. Demographics of Ranking (2003) study.

Campus Category	n=
Undergraduates Students	713
Graduate/Professional Students	279
Staff	371
Faculty	150
Administrators	95

#### University Resources for LGBTQIA Students

- Resource Centers
- Student Groups
- Well-enforced Anti-discrimination Policies
- Education for Faculty, Staff, and Students

## Safe Spaces as MicroclimatesNEEDED:

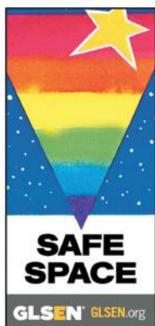
Supportive and safe environment for prospering.Spaces with like-minded individuals.



#### Safe Spaces as Microclimates

#### • Requires universities to:

support and commit to a LGBTQIA friendly campus;
enhance LGBTQIA student life experiences; and
recruit and retain LGBTQIA students, staff, and faculty



#### Safe Spaces as Microclimates

- LGBTQIA resource centers:
  - offer a variety of activities targeting development
    Promote visibility and understanding
    Are symbolic/physical signs of support/inclusion

#### Safe Spaces as Microclimates

- LGBTQIA resource center activities can include:
  - Mentoring or advising
  - ✤Education and training
  - Leadership development
  - LGBTQIA student advocacy.

Mentoring improves the student's experience on campus and ultimately their student success.

#### Pitcher et al. (2016) Study



Identify campus LGBTQIA resource centers as a source of support



Received peer or professional support

Piece of personal Success Sought in conflict = Empowers Presence of center = Comfort

#### LGBTQIA Curriculum

- Inclusion of LGBTQIA diversity courses in college curriculum
  - Explore discrimination and prejudice issues.
  - Highlights homophobia and LGBTQIA issues
- Opens dialogue between hetero and homosexual students.

# GAY STRAIGHT

#### LGBTQIA Curriculum

- Enables heterosexual students to:
  - identify issues facing their LGBTQIA peers; and
    Conduct self-work on becoming more open and accepting.
- Integrated curriculum exploring LGBTQIA issues:
  - Normalizes LGBTQIA concerns and
  - Increases students' comfort in having open dialogue.

#### LGBTQIA Curriculum

- Four concept categories:
  - Understanding LGBTQIA concepts and creating self-awareness of personal biases toward LGBTQIA individuals;
  - Recognizing heterosexual privilege and LBGTQ-centered discrimination and understanding contemporary LGBTQIA issues;
  - Serving as a person of support for LGBTQIA individuals; andBecoming a LGBTQIA advocate

#### Conclusion

- LGBTQIA students face unique challenges;
- Lead to increased substance abuse and higher incidence of suicide;
- Negative campus climate perceptions;

#### Conclusion

- Safe spaces promote personal and academic success;
- Additionally, university curriculum should be revised to discuss LGBTQIA issues; and
- To conclude, LGBTQIA students can succeed on college campuses when appropriate resources are provided.

#### Office of Multicultural Student Affairs

http://lgbt.eku.edu/

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