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The Athlete

Kentucky High School Athletic Association

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Kentucky High School Athletic Association

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Member Of National Federation of State High School Associations



Official Organ of the KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION

MAY, 1983

WHITESBURG HIGH SCHOOL — RUNNER-UP 1983 STATE BASKETBALL TOURNAMENT



Front Row: Damaris Adams, Patricia Baker, Tiphanie Bates, Thelma Witt. Second Row: Coach John High, Patsy Stallard, Brigette Combs, Sandy Brown, Teresa Gibson, Rhuelena Breeding, Angie Phipps, Diana Hatton, Coach Kathy Sergent. Not Pictured: Deanna Holbrook, Regina Holbrook, Sandy Luther.

1983 Kentucky State High School Girls' Basketball Tournament Results at Eastern Kentucky University, Richmond, Kentucky March 23-26, 1983

Oldham County	42					
Boone County	59	Boone County	62			
				Washington County	40	
Washington County	69					
		Washington County	63			
Madisonville	65					
Warren Central	56					Warren Central 57
warren Central		Warren Central	61			
Muhlenberg Central	40					
				Warren Central	57	
Sheldon Clark	45					
		Mason County	40			1
Mason County	55					
Clay County	58					Warren Central
		Whitesburg	54			
Whitesburg	79		34	1		
				Whitesburg	78	
Atherton	59					
		Atherton	52			
Henry Clay	39					
Western	35					Whitesburg 49
Western	35	Laurel County	40			
Laurel County	41			1		
		•		Laurel County	41	
Marshall County	78					
		Marshall County	38			
Paul G. Blazer	62					
			1			
	ALL-TOURN.	AMENT TEAM				TOURNAMENT OFFICIALS Henry Bell Ancie Lee Casey Hade Durbin
Tiphanie Bates W						Lexington Freeburn Elizabethtown
Sandy Brown						Louisville Central City Shephersville
Bridgette Combs	. Whitesburg	Carol Parker Marshall Co.				Ernie Liggett Mike Maxey L.V. McGentry, Jr. Newport London Paducah
Belitta Croley		Madge Smalley Washington Co. Kelly Smith Laurel Co.				Newport London Paducan Lynda Umfress
				L.		Georgelown

The Kentucky High School Athlete Official Organ of the Kentucky High School Athletic Association

VOL. XLIV, NO. 9

May, 1983

\$5.00 Per Year

Newly Elected Board Members





Chester Turner

David L. Webb

David Webb, Superintendent of Edmonson County Schools, and Chester Turner, Fort Thomas Highlands High School Principal, were recently elected to serve fouryear terms as members of the Kentucky High School Athletic Association Board of Control.

Webb, who has served as Edmonson County Schools' Superintendent since 1976, will represent Regions 3 and 4. He replaces current Kentucky High School Athletic Association Board of Control Vice President, Robie Harper, teacher and coach at Drakesboro High School

Webb received his B.A. Degree in Mathematics from Western Kentucky University in 1963, and his Master's Degree in School Administration in 1969, also from Western Kentucky University. He also holds a Rank I in School Administration.

In 1964, he entered the education profession as a mathematics teacher in Warren County. In 1965, he moved to Edmonson County High School to teach mathematics and also serve as Assistant Principal.

In 1970, he accepted a position in the Bowling Green Independent System as a mathematics teacher and Chairman of the Mathematics Department. He moved to the Simpson County School System in 1974 as an Elementary School Principal. In 1976, he was named to his current position.

Webb and his wife, Ann, have three children, Tommy, Barbara and Craig. In his spare time, he enjoys golfing and fishing.

Turner, who replaces current Board President Fairce Woods, Principal of Fleming County High School, will represent Regions 9 and 10.

After a seven-year stint in the military service, Turner enrolled at Eastern Kentucky University where he earned his B.A. and M.A. Degrees. He later earned his Rank I at Xavier University in Cincinnati, Ohio.

Turner began his educational career at Covington Holmes High School. While at Holmes, he served as a classroom teacher, was later advanced to the position of Dean of Boys and, finally, served as Assistant Principal.

Since 1970, he has been at Highlands High School. For the past ten years, he has served as Principal.

Turner is Past President of the Kentucky Association of Secondary School Principals (KASSP) and the Kentucky Association of School Administrators (KASA).

He and his wife, Marjorie, reside in Erlanger. They have one son, Kevin.



The Board of Control of the Kentucky High School Athletic Association met at the K.H.S.A.A. Office Building on Thursday, April 14, 1983. The meeting was called to order at 2:00 p.m. by President Fairce Woods. Board members Charles Black, John Brock, Pat Crawford, Eldon Davidson, Alvis Johnson, Robert Rogers, Ray Story and Robie Harper; Commissioner Tom Mills, Executive Assistant Billy V. Wise, Assistant Commissioners Brigid L. DeVries and Louis Stout were present. Conley Manning was present representing the State Department of Education. Mr. Woods called the meeting to order and asked Mr. Manning to give the invocation.

Commissioner Mills was asked to introduce special guest, Sheila Gilreath, President of the Kentucky Girls' Sports Association. Ms. Gilreath spoke to the Board on behalf of the Association regarding some of their problems and concerns. After her presentation she asked for questions from the Board members. She stated that the Association was very appreciative of the K.H.S.A.A. and thanked them for the opportunity they had given girls to compete. Mr. Woods advised Ms. Gilreath that her comments would be taken into consideration.

Mr. Woods asked for a motion approving the minutes of the March 18, 1983, meeting, Mr. Mills advised the Board that one addition had been made regarding the new Liability/Unlimited Lifetime Catastrophe Medical Insurance Plan. Charles Black moved, seconded by Alvis Johnson, that the minutes of the March meeting be approved. The motion carried unanimously.

Billy Wise gave a financial and attendance report to the Board on the Boys' and Girls' Basketball Tournaments. The approximate receipts and disbursements for the boys' tournament was \$540,951.55 and \$158,163.62, respectively, with attendance of 124,224. The girls' tournament receipts were \$120,869.00, disbursements were approximately \$65,382.74 with attendance of 31,424. Mr. Wise stated that the final audit would appear in the August *ATHLETE*.

Mr. Mills recommended that due to the excellent gate receipts at both the boys' and girls' tournaments, the Board grant to the participating schools an additional \$200.00 for each game they played in the tournaments. Alvis Johnson moved, seconded by Robie Harper, that the recommendation be approved. The motion carried unanimously.

Mr. Woods asked for a report of the Football Committee meeting which had been held on Thursday, April, 14, 1983, at 9:00 a.m. Mr. Wise stated that the following had been appointed to the committee: Supt. Wm. Birdwell, Bourbon Co.; Supt. Don Sparks, Mayfield, Prin. Waymond Morris, Daviess Co. H.S.; Prin. Jack Portwood, Lincoln Co. H.S.; Ath. Dir. Joe Judy, Harrison Co. H.S.; Ath. Dir. Don Webb, Bowling Green H.S.; Coach Jake Bell, Henry Clay H.S; Coach Mike Murphy, Newport H.S. He stated that the purpose of the committee was to study the present play-off system and make recommendations to the Board on how more teams could participate in the play-offs. The Committee discussed the present football

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Assistant Editor	BRIGID L. DeVRIES
Assistant Editor	LOUIS STOUT
Assistant Editor	BILLY V. WISE
Lexington, Kentu	icky

BOARD OF CONTROL

President — Fairce O. Woods (1979-1983) Flemingsburg Vice President — Robie Harper (1979-1983) Drakesboro Directors — Charles Black (1980-1984) Barbourville, John Brock (1980-1984) Morehead, Whaylon Coleman (1980-1984) Owensboro, Patrick L. Crawford (1982-1986) Louisville, Eldon Davidson (1981-1985) Monticello, Alvis Johnson (1980-1984) Harrodsburg, Robert Rogers (1981-1985) Barlow, Ray Story (1982-1986); Conley Manning, State Department of Education Representative.

Subscription Rate \$5.00 per year

(continued from Page One)

play-off system and made no recommendations for change. However, all agreed to give further study to the plan, discuss it with the organizations they represent to get their suggestions and then meet again in the near future to give futher consideration to possible change.

Mr. Woods called on Bob Rogers for the Staff Committee Report. John Brock moved, seconded by Eldon Davidson, that the Board go into executive session. The motion carried by vote of seven in favor and one opposed. After a meeting of the Board in executive session, Pat Crawford made the motion that the Staff Committee Report be accepted as discussed. Charles Black seconded the motion and it carried by a vote of eight in favor and one opposed.

Fairce Woods and Robie Harper were named Delegate and Alternate respectively to the forthcoming Annual Meeting of the National Federation on motion made by Ray Story and seconded by Eldon Davidson. The motion carried unanimously

Commissioner Mills then presented correspondence regarding Wayne Scronce, Highlands High School. After considering the facts in the case, Eldon Davidson moved that By-Law 6, Transfer Rule, be waived in this case and that Wayne Scronce be ruled eligible to participate in interscholastic athletics. John Brock seconded the motion, The motion carried unanimously.

Commissioner Mills asked the Board members to consider Academic Requirements for eligibility as set forth in By-Laws 3 & 5 of the K.H.S.A.A. Constitution and By-Laws for possible change. He suggested that this topic be included on the Agenda of the July meeting of the Board of Control.

Commissioner Mills announced that the Delegate Assembly would be held on Friday, April 15, 1983, at 11:00 a.m. at the K.H.S.A.A. Office Building. Mr. Mills recommended that the K.H.S.A.A. calendar for May 1984 be moved ahead one week. After some discussion on the sports involved, Bob Rogers made the motion, seconded by John Brock, that the recommendation be approved. The motion carried unanimously.

Commissioner Mills announced that a letter regarding the new Liability/Lifetime Medical Insurance Plan would be mailed in the near future to superintendents, principals, and athletic directors of member schools.

Mr. Wise discussed the summer meeting of the National Federation to be held in Seattle, Washington with regard to transportation and registration. Mr. Wise also announced that the next meeting of the Board of Control would be held at Lake Barkley on Friday, July 29, 1983, at 9:00 a.m.

Bob Rogers moved, seconded by Charles Black that all bills of the Association for the period beginning March 1, 1983, and ending March 31, 1983, be allowed. The motion carried unanimously.

There being no further business, Bob Rogers moved, seconded by John Brock, that the meeting be adjourned. The motion carried unanimously.

Start Making Your Plans Now!

National High School Activities Week

October 16-23, 1983

PAGE THREE

Minutes of the

Annual Meeting



The sixty-seventh Annual Meeting of the Kentucky High School Athletic Association was held at the office of the K.H.S.A.A., Lexington, on Friday morning, April 15, 1983. The Invocation was given by Robie Harper.

President Fairce Woods called the meeting to order at 11:00 a.m. and asked Executive Assistant Billy V. Wise to call the roll. Fifty-two elected delegates or alternates answered the roll call.

Commissioner Tom Mills then presented a report on the activities of the Association during the 1982-83 school year. Charles Miller moved, seconded by Richard Goodman, that the report be accepted. The motion carried unanimously. (The Commissioner's report is printed elsewhere in this issue of the ATHLETE).

President Woods stated that presentation of proposals was the next order of business. Dick Vincent moved, seconded by Denzii Halbert, that Proposal I be tabled. The motion did not receive the necessary number of votes for passage with a vote of 21 favoring the motion and 31 being opposed.

District 35 Representative John Heck then recommended that Proposal I be adopted. District 36 Representative Andy Christofield seconded the motion. The motion failed by a vote of 24 in favor with 29 voting in opposition.

Proposal I read as follows:

ARTICLE IV: ADMINISTRATION AND LEGISLATION Section 1 - Officers (Be changed to read:)

The officers of the Association shall be a Commissioner and a Board of Control composed of eighteen (18) members, at least two (2) shall be black.

Section 2 - Procedures of Election & Board of Control (Shall be changed to read:)

- B. Board of Control
 - Members of the Board of Control shall be elected for a period of four (4) years by a vote of the representatives of member schools in each region.
 - 2. There shall be one (1) member from each of the sixteen (16) basketball regions.
 - In addition there shall be two (2) blacks elected (Federal Court Decree), one (1) shall be elected to represent Regions 1 through 8 and one (1) shall be elected to represent Regions 9 through 16.
 - All Board of Control members shall be fulltime certified employees of their respective Boards of Education.
 - Notifications to the Representatives of each school in each Region, in which the member is elected, must be made by the Commissioner not later than January 1.
 - To be eligible for membership to the Board of Control, one must be a certified employee of an accredited K.H.S.A.A. member school or system in the region, he/she is to represent

and must remain in that region during his/her term of office. Serving in a part time capacity or on leave of absence or on sick leave in any of these capacities will terminate the eligibility of the member and the remaining members of the Board shall fill the vacancy within sixty (60) days in the same manner as that prescribed for the regular election of the Board Members.

- Nominations for membership on the Board of Control, signed by five (5) representatives, of their region, shall be in the hands of the Commissioner, for regions that elect during the year, not later than midnight January 31.
- Ballots for election shall be distributed by the Commissioner before February 15, and returned on or before March 1.
- Results of the election be tabulated by the Commissioner, announced at the meeting of the Delegate Assembly, and published in the April issue of the ATHLETE.
- 10. Terms of Board Members shall be staggered so that four (4) will be elected each year.
- 11. At the Organization Meeting in July, the members of the Board of Control shall elect from their membership a President and Vice-President to serve for one (1) year. They shall not be eligible to serve for more than two (2) one-year terms in succession. The Superintendent of Public Instruction shall designate a liason person to meet with the Board of Control to participate in all discussions but to have no vote as a member of the Board of Control.

Don Turner moved, seconded by Jim Andy Sears, that Proposal II be adopted. Proposal II read as follows:

The use of undue influence by any person connected with a member school to secure or retain a student or his parents shall cause the student to be ineligible for one year. The Commissioner's office and Board of Control may penalize the offending school **up to** one year if school officials fail to deal with violation within their system.

In order to help deter undue influence, the following criteria may be used:

- the status of guardianship must be established prior to a change of residence; or
- (2) any court order establishing placement of a student must be made prior to the change of residence of that student.

Following a lengthy discussion of the Proposal, Don Turner then moved that the first paragraph of Proposal II be amended to read as follows:

The use of undue influence by any person connected with a member school to secure or retain a student or his parents may cause the student to be ineligible for one year. The Commissioner's office and Board of Control shall penalize the offending school **up to** one year if school officials fail to deal with violation within their system.

Mr. David Points seconded the motion and it Passed by a vote of 49-2.

President Woods then called for a vote on the motion to adopt Proposal II as amended. The motion Passed by a vote of 42-4.

Mr. Richard Vincent, District 6, moved, seconded by Gene Minton, District 26, that members of the Delegate Assembly discuss By-Law 3, Scholarship, for possible change. The motion passed unanimously. Following a discussion of By-Law 3, Mr. Vincent moved that the subject be referred to a committee to be appointed by President Fairce Woods for further study and that any recommended change in By-Law 3 be submitted to member schools in the form of a referendum at the earliest possible date. Don Turner seconded the motion and it passed unanimously.

There being no further business, the meeting was adjourned by President Woods.

1982-83 ANNUAL REPORT (Presented to the Delegate Assembly)

Two hundred ninety-nine schools joined the Association for the 1982-83 school year. Eleven of these schools enroll girls only and eight have only boys. In 1981-82 there were 305 schools, in 1980-81 ther were 314.

There were 199 schools involved in Football. Classes A, AA, AAA and AAAA championship games were played at the Fairgrounds, Louisville. Attendance was approximately 14,671 and gross receipts were \$54,029.75. Expenses involved in conducting the state football playoffs were \$31,878.52.

In Cross Country 204 boys' teams entered twenty-four regional meets. One hundred sixty-six girls' teams entered all three classes in twenty-three regionals. The expenses incurred in sponsoring this sport were \$10,441.08 and the receipts were \$3,570.00. Classes A, AA and AAA were held in Lexington at the Kentucky Horse Park.

The Wrestling program continues to move forward at a rapid pace. There were sixty schools in the eight districts and four regions with the winner and runner-up in each weight class advancing to the finals. The championship tournament was held at Atherton High School with receipts for the meet of \$10,392.00 and expenditures of approximately \$9,907.43.

In Swimming forty-five girls' teams and forty-four boys' teams competed for the championships. The meets were held at Eastern Kentucky University, Richmond, on February 25-26. The receipts were \$1,180. and the expenses were \$5,407.13.

The approximate gross receipts from the boys' and girls' district basketball tournaments were \$480,155.40 while the regional tournaments took in \$489,264.72, for a total of \$969,420.12. Attendance at the Boys' State Tournament was approximately 124,224 as compared to 129,467 for last year. The gross receipts this year for the tournament is estimated at \$540,951.55, with expenditures of approximately \$158,163.62.

Attendance at the Girls' State Basketball Tournament was 31,424. The gross receipts amounted \$120,869.00 with expenditures of approximately \$65,382.74. A complete report will appear in the audit.

There were seventeen teams competing in the State Rifle Marksmanship Meet in Louisville. Expenses incurred were approximately \$706.29.

Approximately twelve teams competed in the State Fencing Meet on April 2, 1983, at Atherton High School, Louisville.

There were fourteen schools with boys' Gymnastics teams and twenty-two with girls. There were two girls' regional meets held at Paris High School and Kentucky Country Day School, but there was not sufficient number of boys' teams to justify a regional. The state meets were held at Eastern Kentucky University, Richmond, on February 19. The receipts were \$799.00 and the expenses were \$2,941.60.

The number of schools competing in Volleyball was

fifty-four. The K.H.S.A.A. sanctioned tournament was held at Memorial Coliseum, Lexington on October 29-30, 1982. Expenses incurred were \$4,469.16 with receipts of \$2,635.00.

In other sports that are to follow 272 baseball teams will compete in fifty-eight districts and sixteen regions; 108 softball teams will compete in twelve regions; 241 girls' and 240 boys' track teams will compete in twenty-four regions each; 121 girls' golf teams and 180 boys' teams will play in 24 regions; 173 girls' tennis teams and 177 boys' teams will play in eleven regions. State championship meets will be held in baseball at Somerset; softball tournament at Versailles; classes A, AA and AAA track at the University of Kentucky, Lexington; girls' golf at Elizabethtown Country Club, Elizabethtown; boys' golf at Anderson Golf Course, Fort Knox; tennis at the University of Kentucky , Lexington.

The number of officials who registered with the Officials' Division of the Association for 1982-83 and the numbers of approved and certified officials in each sport are as follows:

	Regis- tered	Ap- proved	Certi- fied
Baseball (477)	263	119	95
Basketball (1595)	723	380	492
Football (737)	187	169	381
Soccer (103)	70	33	_
Softball (141)	141	_	_
Track & Field (16)	14	2	_
Volleyball (38)	29	9	_
Wrestling (71)	53	8	10

Executive Assistant Billy V. Wise conducted twelve clinics in football and sixteen in basketball for officials and coaches. Assistant Commissioner Louis Stout conducted twelve baseball clinics and five softball clinics for officials and coaches throughout the state. Assistant Commissioner Brigid L. DeVries conducted three track clinics and four volleyball clinics for officials and coaches.

The Board of Control, the Assistant Commissioners and I are grateful for the cooperation the superintendents, principals, athletic directors and coaches have given us in running the program for the Association.



The Game Gal Trophy is awarded to a high school athlete in the State of Kentucky who has overcome a physical handicap and participated in high school athletics. Cindy Boulton was the unanimous choice of the K.H.S.A.A. for the 1983 award.

Cindy is a senior at Ballard Memorial High School. She is the girls basketball team manager and statistician. She has served in that capacity for six years and has become an integral part of the team.

Cindy participates despite her handicap of having Cyanotic Congenital Heart Disease. Mr. Bob Rogers, in his letter of recommendation, feels that Cindy is truly a game gal considering she has overcome a very serious handicap to be a part of the athletic program. **TED SANFORD AWARD**



Phillip Hall

To foster the ideals exemplified by Ted Sanford, former Commissioner of the Kentucky High School Athletic Association, the Courier-Journal and Times inaugurated the Ted Sanford Award to be given annually to a player in the K.H.S.A.A. Boys' State Basketball Tournament who excels in four areas: basketball ability, academic accomplishments, sportsmanship, and citizenship. This year a committee composed of school personnel from throughout the state selected Phillip Hall of Carlisle County High School, Bardwell, Kentucky.

J.B. MANSFIELD AWARD



Tiphanie Bates

The J.B. Mansfield Award for girls was won by Tiphanie Bates of Whitesburg High School, Whitesburg, Kentucky. The annual award inaugurated by the Courier-Journal and Times is presented to the player in the K.H.S.A.A. Girls' State Basketball Tournament who excels in four areas: basketball ability, academic accomplishments, sportsmanship, and citizenship. The selection was made by a committee of school personnel from throughout the state.

Clemette Haskins

The Most Valuable Player Award is presented annually by the Lexington Herald. The recipient is determined by a vote of the coaches of the sixteen participating schools and a panel of sports reporters.

The Most Valuable Player Award for the 1983 Boys'



State Basketball Tournament was presented to Steve Miller, Henry Clay High School.

The Most Valuable Player Award for the 1983 Girls' State Basketball Tournament was presented to Clemette Haskins, Warren Central High School.

1983 MOST VALUABLE PLAYER AWARDS

THE KENTUCKY HIGH SCHOOL ATHLETE FOR MAY, 1983

1983 GIRLS' GOLF CHAMPIONS ELIZABETHTOWN COUNTRY CLUB MAY 10-11, 1983

TEAM CHAMPION - NOTRE DAME ACADEMY



TEAM SCORES

TEAM SOUTES	
Notre Dame	753
Lafayette	764
Sacred Heart	772
Allen County	780
Elizabethtown	810
Meade County	826
Montgomery Co	833
Woodford Co.	834
Murray	844
Tompkinsville	852



Individual Winner *Jill Mattingly - Lafavette H.S. - 79-167

Emily Dorning, Notre Dame 86-167 Dori Eastwood, Henry Clay 81-169 Leanne Walker, Adair Co. 170 Debbie Blank, Villa Madonna 171 Velvet Jones, Murray 172 Donna Stewart, Hazard 174 Susan Jackson, Glasgow 176 Janet Wells, Waggener 177 Debbie Fitch, Johnson Central 179 Mary Estes, Russellville 179
Janet Wells, Waggener 177
Debbie Fitch, Johnson Central 179
Mary Estes, Russellville 179
Regina Harkins, Hopkinsville 179
Susan Buchanan, Elizabethtown
Toni Redmon, Ky. Country Day 180
Tracy Parsons, Mayfield 181
Kathryn Weaver, Allen County 182
Gail Shannon, Montgomery County 183
Joy Johnson, Lafayette 188

* Sudden Death Playoff - Five (5) holes

1983 BOYS' GOLF CHAMPIONS FORT KNOX ANDERSON COURSE MAY 10-11, 1983



Individual Winner Rob McNamara — Western Hills H.S. - 148

Vernon, Western Hills 152
Augenstein, Owensboro 157
Corey, Western 157
Conliffe, Trinity 158
Stephens, Boyd Co 159
Trimble, Pikeville 160
Vance, Corbin 160
Lewis, St. Xavier 160
Parks, Grant Co 161
Blythe, Male 161
Frederick, Owensboro 161
Klondike, Ballard 161
Ray, Pleasure Ridge Pk 161
Hughes, Crittenden Co 161

TEAM CHAMPION -- WESTERN HILLS HIGH SCHOOL



TEAM SCORES

Western Hills 63	3
St. Xavier	9
Trinity	5
Covington Catholic 67	1
Bowling Green 68	3
Owensboro 68	4
Corbin	4
Henry Clay 68	8
Grant County 69	2
Mayfield 69	3
Somerset 69	3

1983-84 CALENDAR OF ACTIVITIES

Aug. 1-18	Twelve Football Rules Clinics for Coaches and Officials conducted in various cities throughout the State
Aug. 15-24	Three Volleyball Rules Clinics conducted for Coaches and Officials
Aug. 22-27	Five Soccer Rules Clinics conducted for Coaches and Officials
Oct. 3-27	Sixteen Basketball Rules Clinics for Coaches and Officials
Oct. 21-22	Girls' Regional Volleyball Tournament
Oct. 28-29	Girls' State Volleyball Tournament
Oct. 29	Regional Cross Country Meets
Nov. 1-5	State Soccer Tournament
Nov. 4-5	Football Sub-District Winners Play
	State AAAA District Winners Play
	Jefferson County First Round Play-Offs
Nov. 5	State Cross Country Meets
Nov. 11-12	Football District Winners Play
	State AAAA Regional Winners Play
	Jefferson County District Winners Play
Nov. 18-19	Football Regional Winners Play
	State AAAA Sectional Winners Play
	Jefferson County Finals
Nov. 25-26	Football State Championships - Class A, AA, AAA, AAAA -
	Louisville
Feb. 3-4	District Wrestling Tournament
Feb. 10-11	Regional Gymnastics Meets
	Regional Swimming Meets
	Regional Wrestling Tournament
Feb. 13,20	Two Baseball Rules Clinics for Coaches and Officials
Feb. 17-18	State Wrestling Tournament
Feb. 18	State Gymnastics Meet
Feb. 21	Track Rules Clinic conducted for Coaches and Officials
Feb. 24-25	State Swimming Meets
Feb. 27-Mar. 3	District Basketball Tournaments
Mar. 5-10	Regional Basketball Tournaments
Mar. 14-17	Boys' State Basketball Tournament — Lexington
Mar. 20-29	Five Baseball Rules Clinics for Coaches and Officials
Mar. 21-24	Girls' State Basketball Tournament — Richmond
Mar. 26	
	Track Rules Clinic for Coaches and Officials
Apr. 2	Track Rules Clinic for Coaches and Officials
Apr. 7	State Rifle Marksmanship
A	State Fencing Tournament
Apr. 9-13	Five Baseball Rules Clinics for Coaches and Officials
May 7	Regional Golf Tournaments
May 7-12	District Baseball Tournaments
May 12	Regional Track Meets
May 14-19	Regional Baseball Tournaments
May 15-16	State Golf Tournaments
May 17-18	Girls' Regional Softball Tournaments
May 19	Sectional Track Meets
May 24-25	First Round of State Baseball Tournament
	Girls' State Softball Tournament
May 26	Regional Tennis Tournaments
	State Track Meets
May 31-Jun. 1	Semi-Finals and Finals State Baseball Tournaments
May 31-Jun. 1	State Tennis Tournament

THE KENTUCKY HIGH SCHOOL ATHLETE FOR MAY, 1983

PAGE EIGHT



ACADEMIC REQUIREMENT INCREASED

Members of the Kentucky High School Athletic Association voted overwhelmingly in favor of a proposal to increase the academic requirement of student athletes. The proposal, submitted to member schools by referendum, received 189 favorable votes with only 18 schools voting no. The new regulation was approved by the State Board of Education on May 10, 1983. By-Laws 3 & 5 will read as follows:

BY-LAW 3 (Becomes effective at the beginning of the second semester of the 1983-84 school year) — SCHOLARSHIP

A contestant must have, for the current semester up to and including Monday of the week preceding that in which the contest occurs, a passing average in each of at least four full-credit high school studies or their equivalent in units of credit accepted for graduation. Grade school students participating in athletics shall be passing in at least four-fifths of their subjects. No special recitations or tests are to be given for the purpose of making a student eligible. Student managers and all other students having an official connection with the athletic program shall come under this scholarship rule.

BY-LAW 5 (Section 4: The requirement that a student must have passed in four subjects does not become effective until the second semester of the 1983-84 school year) — PRECEDING QUARTER, TRIMESTER OR SEMESTER

To be eligible during any quarter, trimester or semester a student must have been enrolled in school during the immediate preceding quarter, trimester or semester and must have passed for that quarter, trimester or semester in at least four full-credit high school studies or their equivalent in units of credit accepted for graduation, or in four-fifths of the grade school studies, or have made up any deficiencies in that amount of work, in accordance with the established custom of the school, within two weeks after the beginning of the current quarter. Each participant must be making normal progress toward graduation. (Normal progress toward graduation has been interpreted by the Kentucky High School Athletic Association and State Board of Education to mean that a student must have earned four (4) full units of credit accepted for graduation at the end of his/her first year in high school (grade 9); nine (9) units at the end of the second year (grade 10); and fourteen (14) units at the end of the third year (grade 11). This requirement becomes effective with the beginning of the 1984-85 school year.)

ATTENTION SOCCER PLAYING SCHOOLS



Beginning with the 1983-84 school year, Soccer will become a fall sport.

The Limitation of Season regulations provide that: 1. Organized practice shall not take place prior to July 20.

2. The first game shall not take place before September 1.

3. A season will consist of a minimum of six (6) games and a maximum of twenty (20) games including invitational tournaments.

4. The season ends with team elimination from K.H.S.A.A. sponsored state championship competition. No practice shall be permitted until the end of that academic school year following elimination from K.H.S.A.A tournament play.

5. There shall be no more than two (2) scrimmages or practice games prior to September 1.

The 1983-84 State Tournament is scheduled for November 1-5, 1983.

NOTICE

K.H.S.A.A. REGISTERED OFFICIALS

Officials in all sports are being asked to renew their registration with the K.H.S.A.A. on or before July 30, 1983. Registration forms are presently being forwarded to all registered officials for this purpose.

Those officials meeting the July 30 deadline will be listed in the 1983-84 K.H.S.A.A. Officials Handbook and Directory. Early registration will also enable each official to receive an Identification Card, rules and play situation books for each sport in which the official is registered and other necessary forms and supplies at an earlier date.

All K.H.S.A.A. Registered Officials will be insured through the National Federation Student Protection Trust for injury received while officiating or traveling to or from the game they are to officiate. This is excess insurance providing lifetime medical benefits per injury and up to \$5,000,000.00 in liability protection.

If you have not received your registration form by July 1, 1983, please contact the K.H.S.A.A.

SUGGESTIONS FOR REDUCING HEAD AND NECK INJURIES TO FOOTBALL PLAYERS



- Athletes must be given proper conditioning exercises which will strengthen their necks so that participants will be able to hold their heads firmly erect when making contact.
- Coaches should drill the athletes in the proper execution of the fundamentals of football skills, particularly blocking and tackling. Keep the head out of blocking and tackling.
- 3. Coaches and officials should discourage the players from using their heads as battering rams when blocking and tackling. The rules prohibiting spearing should be enforced in practice and in games. The players should be taught to respect the helmet as a protective device and that the helmet should not be used as a weapon.
- All coaches, physicians and trainers should take special care to see that the players' equipment is properly fitted, particularly the helmet.
- 5. When a player has experienced or shown signs of head trauma (loss of consciousness, visual disturbances, headache, inability to walk correctly, obvious disorientation, memory loss) he should receive immediate medical attention and should not be allowed to return to practice or game without permission from the proper medical authorities.

VOLLEYBALL COMMITTEE MEETING MINUTES



The Volleyball Committee met at the Kentucky High School Athletic Association office in Lexington on Friday, May 6, 1983. The meeting was called to order at 10:00 A.M. by Assistant Commissioner Brigid L. DeVries. Committee members present included: Teri Brown, Bunny Daugherty, Ann Karrick, Margi McKenna, Sally Meng, Joan Mitchell and Donna Wolfe. Absent was Susie Sigler.

There was a general discussion regarding the possibility of going to a two-day format for clinics in Northern Kentucky and Louisville due to the shortage of officials and the need for more extensive training for officials coming into the program. It was thought that having the clinics on two weekdays or on Friday and Saturday might generate more interest. The format of these two days would include: (1) rules interpretation for coaches and officials, (2) practice and play sessions, and (3) possible video tape sessions. Margi McKenna and Bunny Daugherty agreed to line up teams and individuals to participate in the practice and play sessions in their respective areas and Teri Brown agreed to help find the officials to participate in these sessions. There was also some discussion concerning the lack of interest in volleyball in certain areas of the state and some ways interest might be promoted in the area west of Louisville where the interest is particularly lacking.

The first item on the agenda was a discussion of Regional Tournaments and Sites. It was suggested that Regions 2 and 3 remain at Iroquois, Ballard and Fairdale. Margi McKenna was asked to check on availability of facilities for Regions 4 and 5 to include Campbell County, Dayton, Boone County, Connor, and Holmes High School as possible sites.

The second item on the agenda was the discussion of the State Tournament. The dates for the State Tournament for 1983 are October 28 and 29. The random draw date was set for September 26. The general consensus during the discussion of possible sites for the State Tournament was that due to lack of spectator interest in Lexington that a possible rotation system be set up for future tournaments. A motion was made by Donna Wolfe and seconded by Ann Karrick that Commissioner DeVries approach the Board of Control at the July meeting with a proposal for a rotation system to be set up and that the rotation start with Northern Kentucky University in 1983. The motion carried.

The next item of discussion was the shortage of officials and possible steps to be taken to create more interest. The Board of Control has set a mandatory fee of \$15.00 per game/per official to help generate more interest. It was also felt that the new format of the two-day clinic might aid in the development of more interest for volleyball officials.

The 1983-84 Volleyball Rule Book was discussed with emphasis on the two rules that had major changes. These rules are as follows: (9-7-2) Pernits blocking a ball which is entirely on the opponent's side of the net when the opposing team has had an opportunity to complete its attack and (9-7-4) Pernits a player to cross the centerline, with foot/feet, as long as part of the foot/feet remain(s) on or above the centerline and the player does not interfere with the play of an opponent.

The Constitution and By-Laws were reviewed with no specific changes recommended.

Miscellaneous items discussed included limitation of seasons as stated in the January issue of the "Athlete." It was felt that a clarification of this item was needed. The two sections from this publication that were questioned were: Item 1 - organized practice shall not begin prior to July 15 and Item 4 - the season ends upon elimination of a team from the regional or state championship competition. The rule is "No practice shall be permitted until July 15 following elimination from the K.H.S.A.A. sponsored tournament play."

There being no further business, the meeting was adjourned.

VOLLEY BALL MAJOR RULE CHANGES FOR 1983-84

- **3-1-3** Recommends that standards (including cranks) and cables be padded.
- 4-2-1 Note indicates Uniforms purchased after January 1, 1984 shall have plain Arabic numbers on the upper front, of solid color and made of material not less than 3/4 inch wide. The number on the back shall be at least 6 inches high and on the front at least 4 inches high.
 - a number may not have more than 2 digits
 - -shirt numbers may have a contrasting border not to exceed 1/4 inch
 - shirt numbers shall contrast to the surrounding color(s)
- 9-7-1 Permits a player to reach over the net on a block or attempt to block.
- 9-7-2 Permits blocking a ball which is entirely on the opponent's side of the net when the opposing team has had an opportunity to complete its attack.
- 9-7-4 Permits a player to cross the centerline, with foot/ feet, as long as part of the foot/feet remains(s) on or above the centerline and the player does not interfere with the play of an opponent.
- 9-9-4 States the manner in which a foot fault is committed by a server, or a player crossing the centerline.
- 10-1-1 States that the coaches responsibilities in the substitution process are to stand, signal for substitution, indicate the number of substitute(s), then sit down.
- 10-1-1 States that the substitute(s) indicates to the umpire his/her number and the number of the player(s) being replaced. This removes this responsibility from the coach.
- **11-3-2** States that decisions based on the judgment of the official are final and not subject to review.
- Signal Designates signal for a backline player foul as a waist high circular motion with the hand.
- Signal Designates an over the net foul as a passing the hand over the net.
- Signal Designates a dead ball as pointing to the spot where the ball hit.
- Signal Designates a 5 second violation on the serve as the illegal serve signal followed by raising 5 fingers in vertical place.



This article is a reprint from the Indiana High School Athletic Assn. HIGHLIGHTS:

Universal Dimensions Devises Program Dealing With "Failure to Warn"

Are your students and, especially, their parents, aware of the risks of severe injury inherent in sports and physical education activities? Do you, as a supervisor of athletic activities, inform your students of the injuries that might possibly occur during a particular activity? Have you done all you possibly can to be free of liability for "failure to warn" in the event of a serious student injury?

The number of liability suits in athletics has increased drastically in recent years. The effects of these suits can have profound implications for you as an athletic supervisor. In Seattle, Washington, for example, \$6.3 million was awarded in 1982 to an athlete who was injured in a football game. The two major charges brought against the Seattle school district were 1) "failure to instruct" and 2) "failure to warn". It is likely that this case, and others like it, will change the nature of liability suits in athletics.

the second charge, "failure to warn," has prompted a program produced by Universal Dimensions, Inc., The program — "Informed Consent: The Necessary First Step to Participation in Sports and Physical Education" — is a complete and easy-to-use 15 minute video cassette program including instructions for use and sample consent forms designed to inform students and their parents of the risks involved in athletics. This program has been created to meet the need for a uniform and valid response to the "failure to warn" problem. It is a tool that athletic supervisors can use to inform students and parents of the risk of injury.

It also meets another important need, one dictated by

changing court rulings: the need to help protect athletic directors, coaches and physical education teachers in a court of law. Using this program with those involved in athletics could be used as substantial proof that proper warning of the risk of injury in sports has been given.

The video cassette program is geared for those participating in any athletic activity, youth sport, or physical education class. It is an informative program that gives a well balanced view of the excitement, as well as the risks, involved in athletics. The benefits and joys of physical activity are presented. Statistics are used to compare the rate of injury in athletics to other activities. Types of injuries that can occur when a body or an object are in motion are explored. Most importantly, ten common sense rules are recommended which athletes themselves can follow to help prevent injuries.

In addition to the video cassette, the program includes a leader guide in which pertinent points for discussion are highlighted and follow-up activities are recommended. Further, this program is a way of setting uniform standards for proper warning and safety in any athletic department. Having all your students participate in the program ensures that you have taken that crucial first step: warning them of the risk of injury.

For further information on the acquisition of this program, contact Universal Dimensions, Inc., Plaza Del Sol, Suite 216, 4621 N. 16th St., Phoenix, AZ 85016, Telephone 602-266-4972.

NEWS RELEASE

NCAA Amends Ruling on High School All-Star Games



The NCAA Convention in January amended its high school all-star legislation in several significant ways. The rule now provides that all **intrastate** football and basketball all-star contests conducted during the summer months, involving high school graduates will no longer be subject to any type of approval either from a state association which assumes jurisdiction or an NCAA committee acting in place of state associations declining jurisdiction. **Interstate** games will continue to be approved both during the school year and summertime by the NCAA Committee without the involvement of the individual state associations.

During the school year, after completion of a student's eligibility and prior to graduation, intrastate all-star football and basketball contests still must be approved by a state association which assumes jurisdiction or the NCAA Committee acting in place of all other state associations. The two-game limit now applies only to school year contests, which means that high school graduates participating during the summer months may participate in as many such contests as desired by the individual.

Prior to consideration of the proposed amendment to remove jurisdiction over intrastate all-star games conducted during the summer months, the National Federation, through its NCAA Committee membership as well as through direct correspondence to the NCAA **opposed** this amendment. However, it was the feeling of the NCAA Committee on All-Star High School Games and, in turn, the NCAA membership, that this amendment should be adopted.



Hot Weather Hints

By Frederick O. Mueller, Ph.D. University of North Carolina at Chapel Hill



Early fall football practice frequently is conducted in very warm and highly humid weather in many parts of the United States. Under such conditions the athlete is subject to:

 Heat Cramps — Painful spasms of skeletal muscle — most common of the calf muscle — caused by depletions of water and salt due to sweating.

 Heat Fatigue — Feeling of weakness and tiredness caused by depletions of water and salt due to sweating.

3. Heat Exhaustion — Characterized by extreme weakness, exhaustion, headache, dizziness, profuse sweating and sometimes unconsciousness caused by extreme depletion of water and salt. Key features that are different in heat exhaustion from heat stroke are sweating skin and normal body temperature.

4. Heat Stroke — A true medical emergency caused by overheating from a breakdown of the sweating mechanism. May occur suddenly without being preceded by any of the other clinical signs. The individual is usually unconscious and has hot, dry skin with a rising body temperature.

It is felt that the above heat stress problems can be controlled provided certain precautions are taken. The following practices and precautions are recommended:

 Each athlete should have a physical examination with a medical history when first entering a program and an annual health history update. History of previous heat illness and type of training activities before organized practice begins should be included.

2. It is clear that top physical performance can only be achieved by an athlete who is in top physical condition. Lack of physical fitness impairs the performance of an athlete who participates in high temperatures. Coaches should know the physical condition of their athletes and set practice schedules accordingly.

3. Along with physical conditioning the factor of acclimatization to heat is important. Acclimatization is the process of becoming adjusted to heat and it is essential to provide for gradual acclimation to hot weather activities. It is necessary for an athlete to exercise in the heat if he is to become acclimatized to it. It is suggested that agraduated physical conditioning program be used and that 80 percent acclimatization can be expected to occur the first seven days. Final stages of acclimatization to heat are marked by increased sweat loss and reduced salt concentration in the sweat.

4. The old idea that water should be withheld from athletes during workouts has no scientific foundation. The most important safeguard to the health of the athlete is the replacement of water. Water must be on the field and readily available to the athlete at all times. It is recommended that a minimum 10-minute water break be scheduled for every half hour of heavy exercise in the heat. Athletes should rest in a shaded area during the break. Water should be available in unlimited quantities. Salt should be replaced daily. Extra salting of the athlete's food will accomplish this purpose. Salt tablets and glucose — electrolyte solutions — are not recommended. Attention must be directed to replacing water.

6. Know both the temperature and the humidity. The greater the humidity the more difficult it is for the body to cool itself. Use of a sling psychrometer is recommended to measure the relative humidity and anytime the wet-bulb temperature is over 78 degrees, practice should be altered.

 Cooling by evaporation is proportional to the area of skin exposed. In extremely hot and humid weather reduce the amount of clothing covering the body as much as possible. Never use rubberized clothing.

 Athletes should weigh each day before and after practice and weight charts checked. Generally a three percent weight loss through sweating is safe and a five percent loss is in the danger zone.

9. Watch athletes carefully for signs of trouble, particularly athletes who lose much weight, overweight athletes and the eager athlete, who constantly competes at his capacity. Some trouble signs are nausea, incoherence, latigue, weakness, vomiting, cramps, weak rapid pulse, visual disturbance and unsteadiness.

10. Teams that encounter hot weather during the season, through travel or following an unseasonably cool period, should be physically fit but will not be environmentally fit. Coaches in this situation should follow the above recommendations and substitute more frequently during games.

11. Know what to do in case of such an emergency. Be familiar with immediate first aid practice and prearranged procedures for obtaining medical care, including ambulance service.

HEAT STROKE: This is a medical emergency. Delay could be fatal. Immediately cool body (immersing in cold water, spray with cool water, or using any other means available for immediate cooling) while awaiting transfer to a hospital.

HEAT EXHAUSTION: Obtain medical care at once. Withdraw individual from further activity and give fluids by mouth of athlete is able to swallow Place athlete in shade and keep cool while awaiting transfer to hospital.

Summary: The main problem associated with exercising in hot weather is water loss through sweating. Water loss is best replaced by allowing the athlete to drink as much water as he likes, whenever he wishes. The small amount of salt lost in sweat is adequately replaced by salting food to individual taste at mealtime.

PAGE TWELVE

THE KENTUCKY HIGH SCHOOL ATHLETE FOR MAY, 1983

NEWS RELEASE

WRESTLING RULE CHANGES ANNOUNCED FOR '83-'84 SEASON



Rule 1-2-4	The exact weight of contestants must be recorded and submitted to the official scorer if an individual is to wrestle in one weight class above his actual stripped weight.
Rule 1-2-5	When a contestant competes in more than one match per day, there shall be at least a one-hour rest between each match. This rule now covers multiple duals the same as tournaments.
Rule 1-2-5	It is permissable for a team to have more than one captain.
Rule 4-3-2	In order for an individual to wrestle in the 105-pound weight class, he must weigh at least 90 pounds.
Rule 4-3-3	Interstate competition shall be conducted in the weight classes listed in the Wrestling Rule Book, unless there is a mutual agreement between states.
Rule 4-4-4	A one-pound allowance is now permissable from tournament to dual meet.
Rule 6-1-1	The neutral starting position has been changed from a 10-foot separation to a 3-foot separation.
Rule 6-6-5	When a coach feels there has been a misapplication of a rule, he may approach the scorers' table concerning that misapplication. If there has been a misapplication, the referee will correct the error and wrestling will resume immediately. If there is no error, the coach will be penalized one team point for misconduct on the first offense and on the second offense will be removed from the premises.
Rule 6-6-6	If the coach questions the judgement of the referee, he shall be penalized for unsportsmanlike conduct. The first offense will be the deduction of one team point; the second occurrence will be removal from the premises.
Rule 7-3-6	The figure 4 scissors is now a technical violation when applied by either wrestler around the body or both legs of his opponent.
Rule 8-1-2	Following a caution for a false start or incorrect starting position, your opponent will receive one match point for each occurrence that follows the caution. This is no longer considered as a progres- sive penalty that could lead toward disqualification.
Rule 8-2-6	This article has been expanded to include all bleeding rather than just a nosebleed. Injury time shall not be counted for any bleeding.
Rule 10-1-2	Videotaping or filming is now authorized, unless prohibited by state high school associations.
Penalty Chart	The Penalty Chart has 2 major changes, which are: the penalty change for false starts and incorrect starting position, and misconduct of coaches

NEWS RELEASE

BASKETBALL RULE CHANGES ANNOUNCED FOR '83-'84 SEASON



Rule 2-6	Added, "The official will notify the coach and player on a disqualification."
Rule 4-13-8	Expanded the player control foul to include the airborne player who has released the ball on a try for goal and charges prior to returning to the floor.
Rule 5-9	The length of charged time-out shall be reduced only if both teams are ready to play.
Rule 5-11	Teams allowed 2 time-outs per half — no consecutive time-outs by the same team.
Rule 6-7	Deleted Exception 2.
Rule 8-3	Moved from rule 10: "captain will designate the free throw shooters for technical fouls."
Rule 10	Completely revised.
Rule 10-3-7	Placing a hand on the backboard to gain an advantage is a technical foul.
Rule 10-4	All bench technicals are charged to the offender and to the head coach.
Rule 10 Penalty	A single, flagrant foul, whether personal or technical, will carry the same penalty — 2 shots, disquali- fication and ball out-of-bounds.
Comments:	Identified a lighting contact (organization)
	"For information on recommended specification for lighting, you may contact: Illuminating Engineering Society of North America, 345 East 47th Street, New York, NY 10017, (212) 705-7917."
Comments:	Lack of action — C.1. — Added, "There is no lack of action until the appropriate signal is given by the trail official."
Comments:	Lack of action — added supplementary material to explain the administration of the rule.

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