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The Kentucky High School Athlete, October 1984

Kentucky High School Athletic Association

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THE KENTUCKY

High School Athlete



Mary T. Meagher, Honorary Chairperson
Kentucky High School Activities Week



Official Publication of the
KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION

OCTOBER 1984

\$1.00



Milwaukee to Host National Athletic Directors Conference December 9-12, 1984

SUNDAY, DECEMBER 9

Pre-Conference Computer seminar 9 a.m.-2:00 p.m.
(Limited Enrollment)

Registration/Exhibits 11:30 a.m.-5:30 p.m.

OPENING GENERAL SESSION 7:30-9:00 p.m.

KEYNOTE ADDRESS

"Societal Hypocrisy"

Why the Nation is Really at Risk"

By: Dr. Zacharie Clements,

President

Council for Sense and Humanity
in Schools, Inc.

Burlington, Vermont

Hospitality Part 9:00-11:00 p.m.

MONDAY, DECEMBER 10

Wives' Breakfast Program 8:30-10:00 a.m.

SECOND GENERAL SESSION 8:30-9:30 a.m.

"General of Eagles"

By: Lee Sherman Dreyfus

Former Governor of Wisconsin

WORKSHOP SESSION NO. 1 10:30 a.m.-11:45 p.m.

(Choice of 8 topics-See List in Third Panel)

CONFERENCE LUNCHEON 12:00 noon-1:30 p.m.

"Al McGuire on Sports"

By: Al McGuire

NBC Sportscenter

Milwaukee City Tours:

Tour A-City highlights including a visit to a
Milwaukee Brewery 1:45 p.m.-5:00 p.m.

Tour B-Includes all attractions except
Brewery visit 2:00 p.m.-4:30 p.m.

LEGAL SEMINAR 2:00 p.m.-3:30 p.m.

"The Law and the Athletic Administrator: Rights and Liabilities"

By: Dr. Samuel Francis, University of Pittsburgh

Milwaukee Pub Crawl 7:00 p.m.-11:00 p.m.
(Sponsored by the Conference Host Committee)

TUESDAY, DECEMBER 11

THIRD GENERAL SESSION ... 8:30 a.m.-9:30 a.m.

"Chemicals and Our Athletes: What Do We Do Now?"

By: Thomas Griffin

Hazelden-Cork Sports Education Foundation

WORKSHOP SESSION NO. 2 10:30 a.m.-11:45 a.m.

(Choice of Workshop Topics and 5 Mini-Sessions
-See List in Second Panel)

MANAGEMENT SEMINAR 1:30-3:45

"Coping with Professional Criticism"

By: James Sparks, Dept. of Human Services
University of Wisconsin Extension

"Self Image and Communications"

By: Dr. David Carr, Northern Illinois University

NIAAA ANNUAL MEETING ... 3:45 p.m.-4:30 p.m.

CONFERENCE BANQUET 6:30 p.m.-9:00 p.m.

Speaker and Hall of Fame M.C.
Gary Bender, CBS Sports
THE NATIONAL HIGH SCHOOL
SPORTS HALL OF FAME
INDUCTIONS

WEDNESDAY, DECEMBER 12

F.C.A. BREAKFAST 7:30 a.m.-9:00 a.m.

Featured Speaker: Sal Bando, Milwaukee Brewers

WORKSHOP SESSION NO. 3 9:00 a.m.-10:15 a.m.

(Choice of 7 Topics-See List Below)

FOURTH GENERAL SESSION 10:30 a.m.-11:30 a.m.

"The Spirit of Renewal"

By: Bernie Petrina

(Personal Achievement and Professional
Development Through Creative Energy.
A Great Conference Closer!)

TENTATIVE WORKSHOP SCHEDULE

(Choose One from each Workshop Session-
or up to Three Mini-Sessions on Tuesday)

MONDAY - SESSION NO. 1

- A. Organization and Duties of the Athletic Director
- B. Computer Up-Date
- C. Cheerleaders and School Spirit
- D. Coach's Evaluations
- E. Sports Participation Fees
- F. Student Time on Task
- G. Non-Certified Coaches
- H. Junior High School Programs

TUESDAY-SESSION NO. 2

- I. Retention of Coaches
- J. Office Management
- K. Coach's Handbook
- L. Conference Commissioners
- M. Merit Pay and Salary Negotiations
- N. Chemical Abuse by Athletes — A follow-up
discussion of 3rd general session

MINI-SESSION (20 minutes each)

(Select Up To 3 Topics)

1. Cooperative Purchasing
2. Participation Forms and Risk Warnings
3. An A-V Program Promotion
4. Video Taping Athletic Contests
5. NOCSAE Helmet Recertification

WEDNESDAY - SESSION NO. 3

- O. Standards of Conduct
- P. Building School Spirit and Morale
- Q. Academic Eligibility Requirements
- R. Public Relations
- S. Job Descriptors for Coaches and Athletic Directors
- T. Budget Preparation
- U. Private School Programs

For further information, contact National Conference
of High School Directors of Athletics, National
Federation P.O. Box 20626, Kansas City, Missouri
64195.

The Kentucky High School Athlete

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Kentucky High School Athletic Association

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NEWS RELEASE

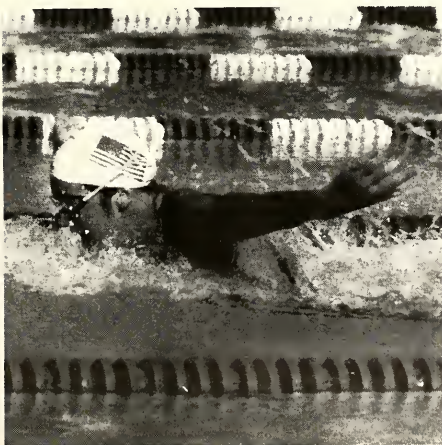
By Julian Tackett



"When I look at my Gold Medals, I don't see just what I did; I see all that went into the training and practice. I especially can envision and give thanks for the support and encouragement I received from my family, friends, teammates, and many others." Those words sum the feelings of Mary T. Meagher, winner of three Gold Medals at the 1984 Olympic Games at Los Angeles and the honorary chairperson of Kentucky High School Activities Week, October 14-21, 1984

The K.H.S.A.A. as well as the Governor of Kentucky, has declared this special week to emphasize the importance of activities to supplement classroom learning. The National Federation of State High School Associations has also designated that same week as National High School Activities Week, and has named professional golfer Jack Nicklaus as the honorary National Chairman. Miss Meagher, a graduate of Sacred Heart Academy in Louisville, has combined her pursuit of academic excellence with the rigorous training and disciplined schedule demanded of an Olympic athlete, and is a fine example of the successful combination and inter-relationship between academics and activities.

The Louisville, KY native began swimming at an early age, and was a world class swimmer during her high school days at Sacred Heart. She set several school and state records including a 55:77 mark in the 100 yd. butterfly, a mark which still stands. Her routine in high school included 4-5 hours swimming per day, participating in field hockey and other activities, and maintaining her grades and scholarship well enough to leave Sacred Heart with a B+ average in a college prep curriculum. "I enjoyed swimming in high school because it gave me a chance to swim against girls my age, and I developed many lifelong friendships."



At the beginning of her senior year, it was time to begin honing her skills against stiffer competition, so she opted for early graduation and enrolled at the University of California-Berkeley. Her freshman year, 1982-83, saw her continue to swim 4-5 hours per day while studying well enough to maintain a B average.

She sat out the 1983-84 school year to train with the U.S.A Olympic Team. The rigorous training schedule paid tremendous dividends as she captured individual Gold Medals in the 100 and 200 meter butterfly events at the Los Angeles games. She was also a member of the Gold Medal winning womens 4x100 medley relay team, swimming her butterfly leg at below world record pace, a leg that pushed the Americans into the lead and propelled them to victory. "It was my second race of the day, and I was very relaxed," she commented. "Also, we were allowed to get into the water before the start, and that, combined with the crowd, really pumped us up."

Miss Meagher has resumed her studies at California-Berkeley, aiming for a degree in either Education or Mass Communications, as well as continuing to swim. "We are already swimming 4-5 hours per day, and I am trying to improve my grades, so its busy already."

ACTIVITIES-THE OTHER HALF OF EDUCATION



Swimming Committee Meeting Minutes

The Swimming Committee met on Wednesday, September 19, 1984, at the K.H.S.A.A. office in Lexington. Assistant Commissioner Brigid L. DeVries called the meeting to order at 1:30 p.m. Committee members present included Tim Cahill, David Webb, Terry Hile, Joel Cyganiwicz, Tom Ross, Jack Thompson and Karen Vanover. Absent were Mike Daniel and Jim Wilds

The first item on the agenda was the selection of regional sites. The managers and sites are as follows: Central Kentucky Region-Tim Cahill, Model High School, Richmond; Jefferson County Region-Jack Thompson, Lakeside Pool or Crescent Hill, Louisville; Western Kentucky Region-Joel Cyganiwicz, Elizabethtown; Northern Kentucky Region-Dave Webb, Scott High School, Covington.

Hopkinsville High School submitted a bid for the 1985-86 school year for the Western Kentucky Region, and will be considered host school followed by Bowling Green for 1986-87 and Elizabethtown for 1987-88.

The committee revised the regional and state information sheets and made some minor changes.

The next item for discussion was the 1984-85 State Swim Meet site. Bids were received from Eastern Kentucky University and the Louisville Swim Foundation's Crescent Hill Swim Facility. After a lengthy discussion the committee recommended that the State Meet be held at E.K.U. for the 1984-85 school year, and that the Crescent Hill Facility be considered for 1985-86.

The Committee then discussed the new rule changes in the 1984-85 National Federation Swimming & Diving Rule Book. It was suggested that the procedure for participants entering in relays be looked into and clarified on the Regional Information Sheets.

There being no further business, the meeting was adjourned.



**MINUTES
OF THE
BOARD MEETING**

The Board of Control of the Kentucky High School Athletic Association met at the K.H.S.A.A. Office Building, Lexington, Kentucky on Saturday morning, October 6, 1984. The meeting was called to order by President Eldon Davidson at 9:00 a.m. with all Board members, Commissioner Tom Mills, Executive Assistant Billy V. Wise, Assistant Commissioners Brigid L. DeVries and Louis Stout and Sports Information Director Julian Tackett present. Conley Manning was present representing the State Department of Education. The invocation was given by Conley Manning.

Chester Turner moved, seconded by Pat Crawford, that the minutes of the July 26, 1984, meeting of the Board be approved. The motion carried unanimously.

Ray Story moved, seconded by Chester Turner, that all bills of the Association for the period beginning July 1, 1984, and ending September 30, 1984, be approved. The motion carried unanimously.

Commissioner Mills recommended that Julian Tackett be employed as Sports Information Director, retroactive to August 27, 1984. Pat Crawford made a motion, seconded by Grant Talbott, that the Commissioner's recommendation be approved. The motion carried unanimously. A copy of Mr. Tackett's contract is on file at the K.H.S.A.A. office. Commissioner Mills introduced Mr. Tackett to the Board who spoke briefly regarding his position and requested the cooperation of all schools as it relates to communications.

David Webb introduced the following guests: Principal Joe Watkins, Warren East High School; Supt. Charles Campbell, Simpson County Schools; Ath. Dir. Frank Cardwell, Franklin-Simpson High School.

Commissioner Milles informed the members of the Board that a proposal is presently before the State Board of Education to change By-Law-29, Requirements for Coaches, to permit anyone holding a teaching certificate to be employed as a teacher in that system. Following a lengthy discussion, David Webb presented the following resolution. Be it resolved that the Kentucky High School Athletic Association Board of Control fully supports the present regulation and requests that the State Board of Education reject the proposed change to By-Law 29, Requirement for Coaches. The motion was seconded by Bob Rogers and it passed unanimously.

Pat Crawford moved, seconded by David Webb, that the Board authorize the purchase of a VTR system for the use of the Association. The motion passed unanimously.

Following a discussion of the need for Board room furniture, Chester Turner made a motion that the Board purchase a new seating arrangement including a free-standing podium for the Board room. Grant Talbott seconded the motion which carried unanimously.

Commissioner Milles presented requests from several baseball coaches to extend the baseball season by two weeks. Following a discussion on this request, Bob Rogers moved, seconded by Ray Story that the request be referred to the All-Sports Committee for further study and recommendation. The motion passed unanimously.

Following a discussion on possible change in the 1984-85 K.H.S.A.A. Calendar of Events, Ray Story moved, seconded by Tony Olinger that the 1984-85 calendar for State Tournaments as adopted by the Board of Control and approved by the State Board of Education not be changed. The motion carried unanimously.

Continued on Page 3

FROM THE COMMISSIONER'S OFFICE

Each staff member of the KHSAA is assigned certain general responsibilities and it will expedite matters if you will ask for the proper person when your calls pertain to any of the following areas:

1. Tom Mills, Commissioner
2. Billy V. Wise, Executive Assistant Commissioner
3. Brigid DeVries, Assistant Commissioner
4. Louis Stout, Assistant, Commissioner
5. Julian Tackett, Sports Information Director
6. Anne Wesley Mays, Office Manager
7. Patti Pruiit, Secretary
8. Mary Southworth, Secretary
9. John Ginn, Custodian
10. Board of Control

Area of Responsibility	Staff Members
Board of Control	1
Bookkeeping/Finances	6
By-Law Interpretations	1
Contracts	1
Deliveries	6, 9
Eligibility Rulings	1
Entry/Eligibility Lists	8
Films/Tapes/Records	5
Forms and Supplies	6, 7, 8
Insurance	6
Medical	6
Membership/Participation Lists	6, 7, 8
Officials	
Assigning Secretaries	2, 7
Associations	2, 5, 7
Licensing	7
Ratings	7
Special Clinics, Classes	2, 3, 4
Test Sites	7
Tournament Assignments	1, 2, 3, 4
Press Credentials	5
Protests, Transfers, Appeals	1
Publications	
'Athlete' Magazine	5, 6
Calendars	2
Constitution & By-Laws	1
Directory	6, 7, 8
Rule Books, Officials Handbooks	7
Others	6, 7, 8
Rules, Clinics & Questions	
BK, FB	2
SW, TN, TR, VB	3
BA, CC, SF, SO, WR	4
Statistics	5
Television, Radio	1, 2, 5
Tournaments (State & Regional)	
Administration and Information	
BK, FB	1, 2, 3, 4, 5
GL	2
SW, TN, TR, VB	3
BA, CC, SF, SO, WR	4
Awards and Trophies	3
Expenses	6
Game Programs and Advertising	3, 5
Participant Expenses	2, 4
Receipts	7
Site Selection	1, 10

----- (Clip and Save) -----

The K.H.S.A.A. office is located at 560 E. Cooper Drive in Lexington. The mailing address is P.O. Box 22280, 40522. The telephone number is (606) 252-4436.

Continued from Page 2

Commissioner Mills informed the Board that the State Board of Education had requested a joint evening meeting to be held in Murray on November 27 or Frankfort on January 3. Chester Turner moved that the Board meet with the State Board of Education on January 3, in Frankfort for an evening meeting. The motion was seconded by Frank Welch and carried unanimously.

Following Louis Stout's recommendations regarding the State Baseball & Softball Tournaments for 1984-85, Ray Story moved that the State Baseball Tournament be held at Elizabethtown High School on May 31. Frank Welch seconded the motion. The motion carried unanimously. Bob Rogers asked that the Board consider the Henderson County Sports Complex as a future site for the State Baseball Tournament. Mr. Rogers then moved that the 1985 State Softball Tournament be held in Louisville or Northern Kentucky providing adequate facilities are available. Chester Turner seconded the motion which carried unanimously.

Commissioner DeVries announced that the 1984-85 State Swim Meet would be held at Eastern Kentucky University. She also announced that the Crescent Hill Facility in Louisville is being considered for 1985-86.

Commissioner Mills introduced special guest Alice McDonald, Superintendent of Public Instruction, who spoke at length on the effect the recent decisions of the State Board of Education will have upon the extra curricular activities of our member schools. She explained that this is not a new regulation, but it is simply a further clarification of a regulation that unfortunately a few school districts have chosen to ignore. Following Superintendent McDonald's presentation, she answered several questions from members of the Board and others in attendance. Mr. Mills then thanked her for appearing before the Board and assured her that the Board of Control fully supports the concept of the six-hour school day and will cooperate with the State Board of Education in their efforts to enforce the regulation.

Commissioner Mills informed the members of the Board of Control that the State Board of Education had concurred with the recommendation of the K.M.A. and the K.H.S.A.A. requiring that (a) head coaches be trained in first aid and CPR and attend the K.M.A. sanctioned Sports Medicine Symposium; and (b) all registered officials be trained in CPR. He explained that the 1985 Symposium is scheduled on April 29-30. Following a lengthy discussion, Ray Story moved that the Board support the required attendance of coaches providing it is not scheduled on a regular school day. Bob Rogers seconded the motion which passed unanimously.

Executive Assistant Wise recommended that registered officials in basketball and football be given a \$5.00 increase in game fees effective with the 1985-86 school year. Pat Crawford moved to accept the recommendation of Mr. Wise and Grant Talbott seconded the motion. The motion failed. The recommendation was referred to the All-Sports Committee for further study and recommendation.

Commissioner Mills recommended that the Board contribute \$9,000 to be paid over a period of three years to support the National High School Hall of Fame sponsored by the National Federation of State High School Associations. Frank Welch moved, seconded by Tony Olinger to support the Commissioner's recommendation. The motion carried unanimously.

A lengthy discussion was held regarding the type of basketball to be used at the State Basketball Tournament. Bob Rogers moved that regardless of the type of ball adopted, it be used prior to the State Tournament so that

the ball would not be slick. Grant Talbott seconded the motion which carried unanimously.

David Webb then moved, seconded by Pat Crawford that the RSS Spalding Wide Seam Ball be the 1985 State Basketball Tournament ball. The motion failed due to a 5-5 tie.

Commissioner Mills distributed copies of the 1983-84 Audit Report as prepared by Miller, Mayer, Sullivan & Stevens.

The next scheduled meeting of the Board will be held on December 22 at 9:00 a.m. at the K.H.S.A.A. Office Building, Lexington. If there are any appeals, they will be heard on December 21 at the same location.

There being no further business, Chester Turner moved, seconded by Grant Talbott that the meeting adjourn. The motion carried unanimously.

Appeals Hearings

The Board of Control of the Kentucky High School Athletic Association met at the K.H.S.A.A. Office Building, Lexington, Kentucky on Friday afternoon, October 5, 1984, for the purpose of hearing appeals.

The meeting was called to order by President Eldon Davidson at 4:00 p.m. Present were Board members Bob Rogers, Pat Crawford, Tony Olinger, Ray Story, Grant Talbott, Chester Turner, David Webb, Frank Welch and Charlie Wilson. Conley Manning was present representing the State Department of Education. Also present were Commissioner Tom Mills, Executive Assistant Billy V. Wise, and Sports Information Director Julian Tackett. The invocation was given by Conley Manning.

Commissioner Mills introduced Mr. Donald Langhi, a resident of Hopkinsville, who had requested a hearing before the Board of Control on behalf of his daughter, Sherry, a student at Hopkinsville High School, who had been ruled ineligible by the Commissioner under By-law 6, Transfer Rule. Sherry had participated in a first team game in Basketball at University Heights Academy.

Following Mr. Langhi's presentation and questions by the Board members, Pat Crawford made a motion, seconded by Charlie Wilson, that the ruling of the Commissioner be upheld in this case. The motion carried unanimously.

Commissioner Mills then called on Dr. Sam Traugher who has requested to appear before the Board on behalf of his son, James Bradley, a student at Hopkinsville High School. James Traugher was ruled ineligible to participate in interscholastic athletics due to the fact that he had participated in first team games at University Heights Academy.

Following Dr. Traugher's appeal and a discussion thereof, Charlie Wilson moved, seconded by David Webb, that the Board abide by the Commissioner's ruling in this case and that James Traugher remain ineligible to participate in interscholastic athletics for thirty-six school weeks. The motion carried unanimously.

Then came Mr. Jeemes L. Akers, Director, The June Buchanan School, who requested a hearing before the Board of Control on behalf of two of his students, Jeffrey C. Davis and Daryl Slone, who had been ruled ineligible by the Commissioner with regard to By-Law 6, Transfer Rule. Following a lengthy presentation by Mr. Akers and discussion and questions by the Board, David Webb made a motion that the ruling of the Commissioner be upheld in this case. Bob Rogers seconded the motion which carried unanimously.

There being no further business, the meeting was adjourned.

NEWS RELEASE



This month's K.A.T.S. Corner was written by Steve Parker, football coach at Bryan Station High School in Lexington, and Al Green, Athletic Trainer at the University of Kentucky. They discuss the coach's role and responsibility in the prevention and treatment of athletic injuries.

COACH'S ROLE IN THE PROPER CARE OF THE ATHLETE BY STEVE R. PARKER, MSSA

The proper care of an athlete is the most important aspect of winning games at any level of competition. The school administration has a major role in giving the coach flexibility in purchasing protective equipment. Without proper cooperation from the school administration, the care of the athlete would be a great problem for the coach involved. At Bryan Station High School we have the cooperation of the administration in football and in the other varsity sports.

COACHES CHECKLIST

- I. All forms for football should be taken care of before the player is allowed to participate. All of these forms are required by Fayette County Board of Education.
 - A. Physical Form
 - B. Insurance
 - C. Parent Permission
 - D. Travel Form
 - E. Hazard Statement (Football can cause serious injury)
 - F. KHSAA Eligibility Form
- II. All coaches should be taught proper techniques in administering drills and utilizing material learned in clinics.
 - A. Proper Blocking and tackling techniques
 - B. NO butt blocking or tackling
 - C. NO spearing
 - D. Drills that can cause possible serious injury should be eliminated.
 - E. Contact drills should be held at the beginning of practice.
 - F. All coaches should be CPR certified and attend at least one clinic.
- III. Proper fitting of equipment and care
 - A. Make sure all equipment fits properly for all players. Have only one coach assigned to fitting equipment.
 - B. Make sure all helmets are N.O.C.S.A.E. certified for the current season.
 - C. DO NOT allow players to wear own equipment unless it is of the same quality that you have purchased.
 - D. Check period, call to see if players are wearing all equipment.
 - E. Make sure coaches check helmets periodically to see if there are cracks and the suspension is functioning properly.
 - F. Buy jerseys and pants that allow for proper ventilation.
- IV. Make sure practice and game fields are in good condition.
 - A. Remove all obstacles
 - B. Remove rocks and grass
 - C. Water field periodically
 - D. Pad all goal post
- V. Preventing injuries and sickness
 - A. Have a proper flexibility program
 - B. Have a well organized strength and conditioning program.
 - C. Have a qualified person in-charge of flexibility, strength training and conditioning.
 - D. Match players by size and strength in individual contact drills.
 - E. Monitor weight gain and loss during and after season.
 - F. Try to make sure that players get proper rest and nutrition.
 - G. Always have plenty of water available for game and practice.
 - H. ALWAYS have plenty of ice.
- VI. Player orientation
 - A. Report ALL injuries
 - B. Clean all cuts
 - C. Wash all clothing regularly
 - D. Shower after every practice
 - E. Wear all pads and protective equipment (player should be periodically checked on the field by their position coach to see if they are wearing all pads and protective equipment).
- VII. Discuss injuries and sickness with your coaches in staff meetings.
 - A. There should be an injury and sickness report daily. (Keep these reports for end of the year evaluations).
 - B. Always have a coach in charge of injuries and sickness.
 - C. Discuss heat problems and adjust practice accordingly.
 - D. Have all injuries recorded on an accident report by coach in charge of injuries and signed by the head coach. (These reports should be turned in to the principal).
- VIII. Things to do if injury occurs in practice.
 - A. Injury should be evaluated by coach in charge.
 - B. If injury is not serious, then student trainer is given instructions for proper care of athlete.
 - C. Both serious and minor injuries should be reported to parents by coach in charge. Parents are given proper treatment instructions.
 - D. Have a set procedure for serious injury in practice.
 1. Ambulance should be called immediately (do not move player)
 2. Parents are notified immediately by coach in charge.
 3. A coach should be assigned to go to the hospital with the athlete.
 4. Personal doctor should be notified by coach in charge if parents are not available.
 5. Parent medical care permission slip should be taken to the hospital if parent cannot be notified.
 6. Coach in charge of ambulance runs, stay with player until he feels that the situation is under control.
- IX. Things to do if injury occurs in the game.
 - A. Injury should be evaluated by team physician at home or away.
 - B. If injury is not serious, then student trainer is given instructions for proper care of athlete.
 - C. If injury is evaluated to be serious then player is not moved and ambulance takes player immediately to nearest hospital. (Ambulance and Paramedics should be available at all games.)

- D. Players parents should be notified by coach in charge.
- E. Coach in charge of ambulance run should go to the hospital with player if parents are not available.
- F. Parent permission for medical care should be taken to the hospital at home or or away.
- G. If a player is injured at an away game, then the coach in charge of ambulance run should remain with player until parent or guardian arrive.
- X. Things to do if player is under a physician's care.
 - A. Player should not be able to return to practice or game until there is written permission from the physician.
 - B. Coach in charge of injury should work directly with physician for proper care and rehabilitation of the injured area.
- XI. These supplies and equipment are necessities for the proper care of the athlete.
 - A. Tape
 - B. Conform
 - C. Pro Wrap
 - D. Nitrotan
 - E. Sinder Suds
 - F. Band-aids and Gauze Pads
 - G. Instant Cold Packs
 - H. Tuff Skin
 - I. Tongue Depressors (Finger Splints)
 - J. Crutches
 - K. Ice Machines
 - L. Ice Bags
 - M. Whirl Pool
 - N. Splints
 - O. Gauge for the dry and wet temperatures
- XII. Student trainers are a must.
 - A. They should be CPR certified
 - B. They must attend at least one taping and injury clinic every year.
 - C. They should have basic first-aid knowledge.
 - D. They must demonstrate the ability to tape, bandage, and treat minor injuries.

In conclusion, proper care of the athlete is a MUST if you are going to continue to have the winning edge. It is important that the head coach understand that an healthy athlete will bring great benefits for the total program.

**KEEPING RECORDS OF ATHLETIC INJURIES
BY AL GREEN, A.T.C.**

In Coach Parker's article "Coaches Role in the Proper Care of the Athlete", he wrote about the importance of injury record keeping. Record keeping is considered by many as a bothersome, unimportant task. In most cases you never really see the value of good record keeping until you need specific information about an athlete's injury and finds that you have no information at all.

Keeping good injury records will help you in a number of ways. The first is that it will help you find injury trends. For example, did all the strained hamstrings come during one specific activity? Knowing this will allow you to make modifications and prevent additional injuries. If you are responsible for filling out insurance forms on injured athletes, by having good records you will have all the information about the injury at your finger tips versus relying on your memory or having to track down the athlete. With the large number of law suits dealing with athletic injuries being filed, good injury records will help should the need arise.

One of the most often asked questions is: What information should I keep and how detailed should it be? A basic injury should contain the following information: Athlete's name, Date of injury, Mechanism of injury, Type of injury, Body part (right or left), Treatment given, (include

if sent to the athlete's physician), and Date of return. This will give you all the basic information that you need without taking up much time on the part of the person assigned to keep the records. Using the above format, a typical example would be:

NAME: John Doe
 DATE INJURED: 10/4/84
 MECHANISM: Running Sprints
 TYPE OF INJURY: 2nd Strain
 BODY PART: Right Hamstring
 TREATMENT: Ice, and sent to family doctor (Dr. Jones)
 DATE OF RETURN: 10/20/84

You can design a form that would have a column for each section. The form could be lined to enable you to maintain the records of several athletes on the same form. With each situation being different, if you are responsible for filling out insurance forms then you could add any specific information to your form and have it easily available when its time to file the claim.

If a student trainer or manager is assigned to record keeping, you should check with them daily to make sure the records are properly filled out. What injuries should be recorded? A good rule of thumb is that any injury where the athlete misses practice or playing time and/or was seen by a physician.

Maintaining injuries records should not be looked upon as an unpleasant task but as an important aid to you and your program.



**"KENTUCKY
ATHLETIC
DIRECTIONS"**

KHSADA MILWAUKEE BOUND

It's that time of year again! The National Conference of High School Directors of Athletics will be held in Milwaukee, Wisconsin on December 9-12, 1984. Naturally, the KHSADA will once again have a strong representation from our members throughout the Commonwealth. We invite all our A.D.'s to join us for a "special" time in Milwaukee.

Arrangements for bus transportation leaving from Louisville on Friday morning, December 7th at 9:00 A.M. and returning on the evening of Wednesday, December 12th at a total cost of \$60.00 have been made. This cost includes all food and drink during the round trip.

Be an active member of the most "On the Move" Association in the country. Make your plans now to join with us for the National Conference. You won't regret this decision!

For all information regarding the Conference and the Kentucky Delegation contact:

Jim Watkins
 Southern High School
 8620 Preston Highway
 Louisville, Kentucky 40219
 (502-454-8439)

CHEERLEADERS ARE REAL WINNERS!

According to a 1983 survey of 16,000 cheerleaders nationwide which was published recently in the National Federation's Interscholastic Administration magazine, the following facts should be noted:

- A) 90% were either "A" or "B" students
- B) 96% planned to attend college
- C) 28% were member of the student council
- D) 85% were involved in other school activities other than cheerleading.

Jim Reuther
 KHSADA President



1984-85 Certified and Approved Football Officials

A large number of K.H.S.A. registered officials have qualified for the advance ratings of Certified and Approved as a result of the National Federation Part II Examination. Only officials receiving these higher ratings are eligible to work in the district and regional tournaments. Only Certified officials are eligible to work in the state tournament.

Western Kentucky

APPROVED

Amos, Chris
Clemson, Chris
Curlin, Charles
DeRosa, Joe
Gwaltney, Wayne
Hollingsworth, Ralph
Leonard, Jamie
Shewmaker, Wayne
Wood, Gwin
Wood, Steve

Mid-Kentucky

APPROVED

Carroll, Steve
Cobb, Clarence
Dawson, Jon
Durbin, Chris
Hayes, David
Herron, Dennis
Inman, Keith
Johnson, Paul
Lewis, Stephen
Rinehart, Brad
Sutherland, Fred

Kentuckiana

APPROVED

Brotzge, Robert A.
Dierson, Donald M.
Dkyman, Don
Javernik, Karl
King, Danny
Meehan, Patrick
Miller, Terry
Moody, David
Saling, Mitch
Sammons, Jeff
Sammons, Todd
Shumate, Chuck
Trimer, Pete

Northern Kentucky

APPROVED

Ferguson, Dennis
McGaha, Gary
Newhouse, Douglas
Sahnger, James
Willman, Glen

CERTIFIED

Coltharp, Paul
Cothorn, Rick
Fields, Ron
Meloan, Ross
Naberezny, Paul
Zirkle, Ron

CERTIFIED

Adams, James
Austin, Dwight
Barnhill, E. Carl
Bryan, Frank
Henry, William Barry
Smith, James B.
Stout, Bill
Wade, Charles
Williams, James A.
Williams, Terry

CERTIFIED

Davidson, Bob
Holzknecht, Thomas
Huhn, Ted
Lenz, James W.
McCorkle, Bruce
Skaggs, Ronnie

CERTIFIED

Donoghue, Terry
Wilson, Larry

14th Region

No Changes

15th Region

APPROVED

Isaac, Gary W.
McKinney, Allen

16th Region

APPROVED

Biggs, Randall
Crisp, Gary
Davis, Tom
Felly, Michael
Grayson, Donald
Haberek, Mark
Johnson, Erick
Leigh, Robert
Sykes, James

CERTIFIED

Droz, Lee Allen
Flieman, John

CERTIFIED

Evans, Ronnie
Lynch, Dave
McNeil, Larry David

*'Big Eight Association not reporting
Central Kentucky not reporting*



1984-85 Approved Soccer Officials

APPROVED

Agisilau, Harris
Berger, Philip
Bruser, Donald
Butler, Frank
Crabtree, Larry
Dillehay, Ronald
Garcia, Jose
Hamilton, Tom
Hochstetler, Terry
Hoskins, Charles
Howard, Gene
Johannes, Andre
Kemmerly, Phillip
Kennedy, Dave
Klee, William

CERTIFIED

Mowery, Tom
Rustay, Kim

Lambert, Tim

Lee, Michael
Leermakers, Stephen
Leport, Fred
McClure, Jerry
McNamee, Sam
Molique, George
Myers, Don
Page, Melvin
Repsher, Harry
Tecklenburg, Don
Vieth, Kenneth
Williams, Mike
Wolf, Mike
Zeis, Robert



1984-85 Approved Volleyball Officials

APPROVED

Bancroft, John
Bancroft, Mary Ann
Campbell, Kathi
Wheeler, Lou

SPECIAL NOTICES

K.H.S.A.A. Directory

Central Kentucky (only those taking test at KHSAA Office reported)

APPROVED

Benassi, James
McClure, Jerry
Smith, John
Wallace, Andre

13th Region

APPROVED

Ashurst, Mike
Shaw, Ken
Stuber, Charles
Washington, Daryl

CERTIFIED

Aldridge, Michael
Angelucci, Armand, Jr.
Graham, John
Straus, Bill

CERTIFIED

Kersey, Andy
Onkst, Glen
Pace, Kevin
Saylor, Gary

The Kentucky High School Athletic Association has printed a directory for 1984-85. Included in the directory is a calendar of events, a section on general information about the K.H.S.A.A. and a listing of member schools and their personnel.

The Directory is available to coaches, officials and other interested persons at a fee of \$2.00 plus postage of 70¢ for one Directory. Please send check or money order to Directory, K.H.S.A.A., P.O. Box 22280, Lexington, Kentucky 40522.



1984-85 NATIONAL FEDERATION VOLLEYBALL RULE INTERPRETATIONS PART II

SITUATION #32: The visiting captain wins the coin toss and chooses to receive the ball. The home team chooses their playing area. The match will begin with the home team serving the ball.

RULING: Correct procedure. (1-4-1)

SITUATION #33: With the score tied 14-14, Team A refuses to play when directed to do so by the referee. Team A forfeits the game and a score of 16-14 in favor of Team B is recorded.

RULING: Correct procedure (1-5-2)

SITUATION #34: On Team A's second contact, the ball hits the net cable. Play continues.

RULING: Incorrect procedure. Point or side-out is awarded. (2-2-1b)

SITUATION #35: Team A's second volley hits an obstruction directly over the net and deflects straight down to Team B's side of the net.

RULING: Illegal, point or side-out awarded to Team B. (2-3-1)

SITUATION #36: A player on Team A: (a) hurdles the team bench which is 6 feet from the sideline and saves the ball; (b) steps up on the bleachers which are 8 feet away from the end line and saves a ball; (c) goes behind chairs which are 10 feet beyond the sideline in clear floor area and saves the ball.

RULING: (a), (b) and (c) are illegal. (2-3-3)

SITUATION #37: Team B arrives at the site of the match only to find that the court on which the match is to be played has been marked in meters rather than feet.

RULING: Where facilities or net equipment do not meet rule specifications, matches may be conducted by prior mutual consent of competing schools. (Note following 3-1-7)

SITUATION #38: The official's table is located approximately 4 feet from the sideline.

RULING: The rules specify that the official's table shall be at least 6 feet from the sideline. If the table is movable, the host school should move the table. However, if it isn't movable, the match may be conducted by mutual consent of both teams. The officials should present any local ground rules to the designated players and coaches at the prematch meeting. (3-4-1)

SITUATION #39: Players enter a volleyball match: (a) wearing an elbow pad on the forearm; (b) a full plaster cast on the arm; (c) a soft nonabrasive cast on the ankle; (d) an elastic wrap on the upper arm.

RULING: (a), (c) and (d) are legal; (b) is illegal. (4-1-1,4-1-2)

COMMENT: In (b) player must be replaced and unnecessary delay penalty is assessed.

SITUATION #40: Team A has black uniforms, and one of its players is wearing black culottes.

RULING: Legal. (4-2-1)

SITUATION #41: A player on Team A enters the game without shoes.

RULING: Illegal; point or side-out is awarded Team B. (4-2-1)

COMMENT: Player must be replaced and cannot enter the game until he/she is wearing proper shoes.

SITUATION #42: At the end of the match, the referee verifies the score and signs the scorebook, making the match official

RULING: Correct procedure. (5-3-4a)

SITUATION #43: During a time-out, the floor captain on Team A leaves the game. The official asks for the coach to designate a new floor captain. The coach does not designate a new floor captain. As play continues, a player on Team A: (a) requests a time-out; (b) asks for an interpretation of a rule.

RULING: No penalty is assessed for failing to designate a floor captain. When an unauthorized player asks for a time-out or rule interpretation, the request is denied and player is reminded that only the floor captain can request a time-out or a rule interpretation. (6-2-1)

SITUATION #44: After the ball is contacted for the serve, CF and CB are overlapping.

RULING: Legal. (6-3-2)

SITUATION #45: Prior to the beginning of the game, Team A's coach notices she has mistakenly switched #16 and #12 on the lineup card. She requests that the 2 players be switched.

RULING: The change is made on the lineup card and in the scorebook. Point or sideout is awarded. (7-2-PEN #1)

SITUATION #46: Team A submits a roster containing 13 names. However, in counting the players prior to the match, the official only counts 12

players.

RULING: Legal. (7-2-1)

SITUATION #47: Team A wins the toss and serves the first 11 points. After the side-out, Team B rotates and serves.

RULING: Illegal. (8-2-1)

SITUATION #48: As the server contacts the ball for the serve, she is standing to the right of the sideline extended.

RULING: Illegal serve, foot fault. (8-2-5)

SITUATION #49: A player on Team B swings and misses a serve but does not exceed the 5-second limit

RULING: Side-out (8-2-6)

SITUATION #50: Team A's second contact with the ball causes it to become lodged on an overhead obstruction above Team A's court.

RULING: Replay (9-4-3h)

SITUATION #51: Number 15 on the serving team attempts to play a ball with an underarm technique. She misplays the ball and allows it to roll up her arms.

RULING: Side-out, illegal hit. (9-5-1)

SITUATION #52: CF jumps and spikes a ball into the opponent's court. She lands with part of one foot over the center line.

RULING: Legal. (9-7-3)

SITUATION #53: Before the serve by Team A has partially crossed the net, the CF on Team B: (a) spikes; (b) dinks; (c) blocks the ball.

RULING: (a) and (b) are illegal, point is awarded Team A; (c) is legal, play continues. (9-7-1, 9-7-2d)

SITUATION #54: A back row player jumps from in front of the spiking line and contacts a ball which is partially above the net, sending it across the net.

RULING: Legal; the ball was not completely above the top of the net. (9-3-3b)

SITUATION #55: Team A's coach requests a substitution. After the official recognizes the request, the coach decides not to make the substitution.

RULING: Illegal; unnecessary delay. (9-11-1e)

COMMENT: Substitute does not have to enter the game.

SITUATION #56: Coach of Team A has already asked to have Team B's serving order checked 3 times during the game. When the score becomes tied 13-13 and Team A has no more time-outs remaining, Team A's coach asks for a serving order check on Team B.

RULING: If Team B is found to be out of serving order, correct the order and penalize Team B. If Team B is in correct serving order, point/side-out is awarded for unnecessary delay by Team A. (9-11-1f)

SITUATION #57: During a time-out, player number 7 from Team A reports to the umpire that he/she will substitute for player number 12. Umpire allows substitution to occur. Upon reporting the change to the official scorer, it is noted that this is an illegal substitution.

RULING: Illegal. Number 7 is not allowed to enter; point/side-out awarded Team B. (10-2-1)

SITUATION #58: Team A is serving and scores a point. Team A makes an illegal substitution which is not discovered until they score 2 more points. Upon discovery of the illegal substitution: (a) all 3 points are canceled; (b) only the 2 points scored while the illegal substitute was in the game are canceled.

RULING: (a) Incorrect procedure; (b) correct procedure. (10-4-Pen 1a)

COMMENT: The scorebook will indicate the exact time the illegal substitution occurred; therefore, only the points scored while the illegal substitute was in the game should be canceled.

SITUATION #59: During a dead ball, player number 7 for Team A reports to the sideline to make a legal substitution for player number 11. In player number 7's excitement, she can't remember the numbers. Umpire allows process to proceed with no penalty.

RULING: Correct procedure. Preventive officiating should be used for isolated instances of improper substitution procedures. (10-5-1)

SITUATION #60: Team A is assessed a penalty time-out, and Teams A and B leave the floor. Team A is ready to play immediately, but Team B uses the full 60 seconds.

RULING: Legal. (11-2-3)

LIMITATIONS OF SEASONS

On April 17, 1982, the Board of Control adopted a Limitation of Seasons plan for all sports in which the Association conducts tournament play. The plan became effective with the 1983-84 school year. A copy of this plan appeared in the May 1982 issue of the Athlete. On November 27, 1982, the Board of Control revised the plan to provide an additional two weeks practice time in each of the listed sports. The revised plan is being printed for your information.

BASEBALL

1. Following the opening day of school there shall be no organized baseball practice prior to Feb. 15.
2. The first game shall not take place before April 1.
3. A maximum of thirty-five (35) games may be played prior to K.H.S.A.A. tournament play.
4. Doubleheaders shall be counted as two (2) games.
5. There shall be no more than two (2) scrimmages or practice games prior to April 1. Scrimmages and/or practice games shall count toward 35 game limit.
6. The season ends with the elimination of team from district, regional or state championship competition.

BASKETBALL — Boys & Girls

1. Following the opening day of school there shall be no basketball practice prior to October 15, for football playing schools, and October 1, for non-football schools.
2. The first basketball game shall not take place prior to December 1, for football playing schools, and November 15 for non-football playing schools.
3. The number of varsity games shall be in accordance with Kentucky High School Athletic Association By-Law 21, Number of Basketball Games.

By-Law 21 — The number of basketball games played by a member school after December 31 and prior to the district tournament shall not exceed twenty. A school maintaining a football team shall not play more than twenty-four basketball games during the season, and a school which does not maintain a football team shall not play more than thirty games. Any school which violates this rule shall not be eligible for district tournament competition. In any two county, conference, or invitational tournament the games played by a member school count as only one game for each tournament.

4. No practice shall be permitted until the end of that academic school year following elimination from K.H.S.A.A. tournament play.

CROSS COUNTRY — Boys & Girls

1. Organized practice shall not begin prior to July 15.
2. The first meet of the season shall not take place prior to September 1.
3. The season ends with the elimination of an individual or team from regional or state competition.
4. Each team shall consist of a minimum of five (5) members participating regularly.
5. The season shall consist of a minimum of four (4) meets and a maximum of fifteen (15) meets including invitational tournaments.

FOOTBALL

1. Organized practice in pads shall not begin prior to July 20.
2. The first game shall not take place prior to eleven (11) weekends before the district playoffs. A maximum of eleven regular season games may be played.
3. A school's football season ends at the conclusion of its last regular season game and/or its elimination from the championship playoff competition. There shall be no further practice during the remainder of the academic school year.
4. There shall be no more than two (2) practice games at all levels prior to the opening game of the season with players other than members of the squad (see By-Law 27, Section 4.)

GOLF

1. Organized practice shall not begin prior to Feb. 15.
2. The first match shall not take place prior to April 1.
3. The season shall consist of a maximum of 20 matches. Any two invitational tournaments shall count as one (1) match each. All dual matches count as one.
4. The season ends with the elimination of an individual or team from district, regional, or state championship competition.
5. There shall be no more than two (2) practice games prior to April 1. Scrimmages shall count toward the 20 match limit.

SOCCER

1. Organized practice shall not take place prior to July 20.
2. The first game shall not take place before September 1.
3. A season will consist of a minimum of six (6) games and a maximum of twenty (20) games including invitational tournaments.
4. The season ends with team elimination from K.H.S.A.A. sponsored state championship competition. No practice shall be permitted until the end of that academic school year following elimination from K.H.S.A.A. tournament play.
5. There shall be no more than two (2) scrimmages or practice games prior to September 1.

SOFTBALL — Girls - Slow Pitch

1. Following the opening day of school there shall be no organized softball practice prior to Feb. 15.
2. The first game shall not take place before April 1.
3. A maximum of thirty-five (35) games may be played. Doubleheaders shall count as two (2) games.
4. The National Federation softball rules shall be the official rules used in all contests.
5. A regulation game shall consist of seven (7) innings or one (1) hour and fifteen (15) minutes, whichever occurs first. No new innings will be started if less than three (3) minutes remain in the hour and fifteen minutes. All ties shall be played to completion.
6. The season ends with the elimination of the team from district, regional, or state championship competition.
7. There shall be no more than two (2) practice games

prior to April 1. Scrimmages or practice games shall count toward the thirty-five (35) game limit.

SWIMMING

- 1. Following the opening day of school there shall be no organized practice prior to October 1.
- 2. The first meet shall not take place prior to November 15.
- 3. The season shall consist of a maximum of 15 meets.
- 4. The season ends upon elimination of teams from the Regional or State Meet.
- 5. There shall be no more than two (2) practice meets at the varsity level prior to November 15.

TENNIS — Boys & Girls

- 1. Organized practice shall not begin prior to Feb. 15
- 2. The first outdoor match shall not take place before April 1.
- 3. The season shall consist of a maximum of 20 matches. Any two invitational tournaments shall count as one (1) match each. All dual matches count as one.
- 4. The season ends with the elimination of an individual or team from district, regional, or state championship competition.
- 5. There shall be no more than two (2) practice games prior to April 1. Scrimmages shall count toward the 20 match limit.

TRACK — Boys & Girls

- 1. Organized practice shall not begin prior to December 1.
- 2. The first outdoor meet shall not take place before April 1.
- 3. The outdoor season shall consist of a minimum of four (4) meets and maximum of fifteen (15) meets.
- 4. The season ends when an individual or team is eliminated from the regional, sectional or state competition.
- 5. There shall be no more than two (2) practice meets prior to April 1. Additional practice meets shall count toward the 15 meet limit.

VOLLEYBALL

- 1. Organized practice shall not begin prior to July 15.
- 2. The first match shall not take place prior to September 1.
- 3. The season shall consist of a maximum of twenty (20) matches. In any two (2) invitational or conference tournaments, the matches played by a member school shall count as only one match for each tournament.
- 4. The season ends upon elimination of team from the regional or state championship competition. No practice shall be permitted until the end of the academic school year following elimination from the K.H.S.A.A. sponsored tournament play.
- 5. There shall be no more than two (2) practice matches at the varsity level prior to September 1.

WRESTLING

- 1. Following the opening day of school there shall be no organized practice prior to October 15.
- 2. The first match shall not take place prior to December 1.
- 3. Each school must compete in a minimum of four (4) scheduled matches in a season to be eligible for regional competition.

- 4. A school may schedule a maximum of twenty-three (23) matches in each weight class. Tournaments or contests involving three (3) or more schools shall count as one (1) match toward the twenty-three (23) match limit.
- 5. Official weight classes will be established by the K.H.S.A.A. and the N.F.S.H.S.A.
- 6. Each team shall consist of a minimum of six (6) members.
- 7. The season ends with the elimination of a team from championship competition.
- 8. Certification - A student may be certified in December After January 1, the first match wrestled will be the certification. Students may not be entered in a regional tournament unless their names appear on a certification sheet, not a scorebook. However, the student may be entered if he makes base weight at weigh-in time at the regional site, provided the student has not wrestled in January. Penalty: If a student wrestles after January 1 without certifying, the signed scorebook will serve to certify the student but to one weight class up from the class in which the student wrestled in that meet. In addition to this, the match in that meet will result in a forfeit. Once a student is certified that student may wrestle only in that class and the one above. However, the student may be recertified up at any time but never down. Certification must be made in triplicate with one copy being sent to the district manager immediately, top copy and the carbons go to the visiting coach and the home coach. Any wrestler representing a member school at any level shall weigh in for all meets and certify.



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RANKINGS OF BASKETBALL OFFICIALS

The following rankings have been submitted to the K.H.S.A.A. by the Assigning Secretary from each Region for the 1983-84 basketball season.

REGION I

Garter, Mike; McGinty, L.V.; Green, Don; Finley, Howard; Brewer, Preston; Cash, Charles; Higdon, Sam; Latham, Billy; Featherston, Jerry; Jackson, Dennis; Morris, Bobby; Paitsel, James; DeRosa, Joe; Murt, Gene, Miller, Harold; Harper, James; Henson, Don; Hargove, David; Cornwell, Charles; Behrendt, B.F.; Grubbs, Thomas; Spahr, Scott; Sims, Mike; Dunn, Richard; Jones, Richard; Rohrer, Gary, Whiteside, Ronald; Boyarski, Gary; Bowland, Bob; Purcell, Ken; Lemons, Jerry; Willett, Joe; Boykin, Arthur; Maddox, Eugene.

REGION II

Browning, Wayne, Holt, Robert; Beshears, Jim; Cox, Rufus; Boisture, Roy; Davis, Jay; East, Bill, Holmes, Eddie; Vaughn, Ron; Rogers, Eldridge; Carlton, Rob; Goldey, Bill; Stone, Sid; Cates, Bill; Bugg, James; Holt, Ron; Brantley, Del; Crick, Dwaine; Malak, Mark; Kluepfel, Joe; Pierce, Frank; Creasey, Mike; Rogers, Mike; Muff, Bob; Shelton, Shelah; Griffith, Mike; Colley, Lynn; Frazer, Tom Roe; Woosley, Travis; Holt, Steve; Haynes, William; Hughes, Roy; Dossett, Mac.

REGION III

Barnes, Barry; Divine, Wayne; Montgomery, Chet, Hill, James, Long, Jim; Evely, Phyllis, Wilson, Kenneth; King, Curtiss; Nash Rick; Evely, Randy; McClure, Willis; Estes, Walter; Thomas, Durward; Thomson, Cecil; Fox, Joanna; Day, Jack; Mattingly, Terry; Jones, Spurgeon; Davis, Harold; Quisenberry, David; Kemp, Jim; Barnes, Roger; Askin, Ray; Mullins, Jay; Fields, Paul; Peckenpaugh, Leo; Peterson, Steve; Haynes, Steve; Dotson, Scott; Peckenpaugh, Terry; Hardin, Ronnie; Childress, Jeff; Meford, Marty; Rickard, Jeff; Pile, Wayne; Singleton, Ronnie; Weedman, Dorman; Duncan, Less; Morris, James; Hightower, Edward; Clardy, Barry; Dowell, Kenneth.

REGION IV

Stevenson, Mike; McCarley, John; Burkeen, Phil; Curry, Randy; Cobb, Mike; Long, Bill; Sims, Russ; Murrell, Allen; Curry, Mark; Hamm, Ritchie; Anderson, Ralph; Lamastus, Randy; Hamm, Gerald; Proffitt, Carlie; Appling, James; Williams, James; James, Janise; Read, Ray; Nylin, Bob; Raymer, Dan; Barnhill, Carl; Smith, Bruce; Perkins, Melvin; Harlow, Doug; Houchins, Dan; York, Tom; Whittiker, Wally.

REGION V

Brashear, Loy; Downs, Joe; Myers, Ronnie; Williams, Bobby; Spalding, Randall; Wilson, Paul; Durbirn, Hade; Crutcher, Paul; Thompson, B.D.; Cross, Roger; Hilton, Billy; Morse, Richard; Gaddie, Gary, Gupton, Lawrence; Bartley, Joe; Crutcher, Marion; Beard, Dusty; Reif, Harry; Wright, Gary; Skaggs, Bobby; Stikeleather, Clyde; Gupton, George; Hawkins, Donald; Frazier, Mac; Thomas, Mike; Matusiak, Marty; Elliott, Mike; Percell, Danny; McLane, Albert; Rigon, Dennis; Revis, David; Pursiful, Larry; Hawkins, Stewart; Strain, Richard; Hundley, Phinis; Bagby, Gary; Girvin, Jay; Wheeler, Milton; Upchurch, Mark; Spalding, Glenn.

REGION VI & VII

Hayes, Pete; Hatfield, Rip; Baker, Jan; Gibson, Russ; Newton, Dennis; Duvall, Tom; Redle, Joel; Weber, Tom;

Hourigan, Tim; Bryant, Jimmy; Coffman, Steve; Weihe, Bob; Bell, Ron; Brothers, Dottie; Latkovski, Andy; Monks, Ron; Stovall, Cathy; Driskell, Earl; Jansen, Jean; Smith, Ron; Singleton, Bobby; Hatfield, Dan; Reader, Bob; Clark, Ken; Bell, Clarence; Mallory, Jim; Hickey, Tom; Strong, Charlie; Tindall, Cliff; Hilpp, Gerald; Henry, Dennis; Whychulis; Beth; Brewer, Charles; Meredith, Billy; Shake, Ken; Decker, Jim; Wright, Nancy; Marquette, Ralph; Eaves, Jimmy; Kazunas, Gerald; Zypper, Dick; Nelligan, Mike; White, Curtis; Hauber, Cheri; Heckel, Charles; Cecil, Ron; Heckel, Richard; Ritchie, Bill; Ramsey, Dale; Taylor, Don; Pearl, George; Gillespie, Vickie; Stuedle, Ray; Cooper, Fred; Atzinger, Phyllis; Woosley, Donald; Baldwin, Dennis; Gison, Gary; Green, Steve; Stober, Martha; O'Brien, Jim; Meredith, Craig; Stephenson, Joe; Nall, Ken; Dunn, Chris; Holt, Tim; Mills, John; Kistner, Gary; Maddox, Art; Featherstone, John; Carpenter, Al; Brown, Les; Mattingly, Gary; Fox, Russ; Smith, Art; Donohue, Sarge; Hash, Jeff; McGavic, Ron; Stewart, Steve; Yann, Gerald; Beck, Bob; Morris, Larry; Holmes, Ron; Jenne, Mike; Bland, Chuck; Bergstrom, Ed; Bush, Gerry; Hilpp, Terry; Hamilton, Joe; Singleton, James; Russell, Clem; Bell, Sharon; Singleton, Bobby; Shepherd, Larry, James, Bob; Saylor, Hank; Peak, Barbara; George, Gary; Page, Harry; Lawson, Stan; Miller, Robert; Gornet, Mary Pat; Meffert, Karen; White, Bob; Etheridge, Ricky; Parker, J.; Cox, Buddy; Turner, Ron; Cromer, Dan; Ray, Buddy; Gibson, Al; Kelly, Jay; French, Joe; Abott, Randy; Stober, Missy; Weinal, Tim; Farhat, Ned; Jennette, Tony; Ransom, Ken; Nickerson, Bruce; Dooley, DeWayne; Smith, Doug; Griffin, Dennis; Cummins, Dutch.

REGION VIII

Stethens, James; Gordon, Roy; Williams, Donald; Williams, Gary; Stark, Doug; Dyke, Dean; Hicks, Gene; Peyton, William; Doll, Allen; Leep, John; Meford, Gran; Feger, George; Kellam, Steve; Camacho, Marcus; Jones, John; Holmes, Lois; Wagoner, Jim; Yaeger, John; Mullins, Ray; Gibbons, Mike; Maddox, Bobby; Boyd, Tom; Dant, Joe; Jackson, Steve; Prather, Clinton; Taylor, Bill; Lawrence, Gary; Watkins, David; Goins, Tom; Crawford, Jerry; Goodlett, Mike; Thornberry, Gary; Caudill, Roy; Miller, Jerry; Yancy, Delbert; Adamson, Buford; Pearson, William; Basham, Larry; Teague, Gary; Reinle, Bill; Wheeler, Dale; Amburgey, Kenny; Emily, Steve; Tingle, Lester; Goodlett, Randy; Puckett, James; Shelton, Ron.

REGION IX

Liggett, Ernie; Sullivan, Dan; Moore, Franklin; Roesel, Joe; Weyer, Jim; Thompson, Tom; Hummel, Tom; Moore, Bob; Freppon, Tom; Smith, Bill; Delaney, Bill; Haas, Tom; Vories, Gary; Arnold, Jim; Wolfe, Dennis; Gabbard, Ray; Vories, Kent; Shields, Don; Buerger, Tom; Wright, Bob; Schnedier, Don; Burkart, Bob; Bauman, Michael; Brown, Steve; McDowell, Benny; Swope, Tom; McCarthy, Steve; Brockman, Tom; Grieme, Bill; Meyer, Dave; Chappie, Charles; Heilman, Glenn; Fitzer, Carl; Penick, Dave; Bond, Terry; Sullivan, Danny; Morris, Tom; Bishop, Paul; Bertsch, Ron; Johnson, Jack; Brausch, David; Schomaker, Charles; Flesch, Jerry; Brady, Ron; Robbins, Mike; Strong, Terry; Mohr, Tom; Crittenden, Glenn; Antrobbs, Randy; Cunningham, Steve; Kristof, Dave; Hummel, Joe; Schneider, Jeff; Ponchot, Joseph; Brownfield, Claude; Hamilton, Tom; Mason, Kip; Douthwaite, Don; Washnock, Richard; Dunhoff, Kenny; Bredenber, Tom; Obel, Dave; Morris, Edward "Doc"; Wilson, Larry; Watson, Lloyd; Go, Robert; Rees, J.B.; Whalen, James; Smith, John; Neihaus, Jenny; Gosney, Donna; Williams, Glen; Haskell, Dan; Woolum, Larry; Ryan, Roger; Buerger, Anthony; O'Toole,

Continued on Page 11

Continued from Page

Dennis; Brockman, Dale; Newhouse, Doug; Malik, Hashim Abd; Perkins, Steve; McDowell, Greg; Furnash, George; Cooper, John; Catron, Michael; Ellis, Mike; Halenkamp, John; Hicks, Rick; Jent, Richard; Mayborg, Glenn; Sammons, Terry; Grefer, Tom; Perry, Charles; Scott, Emmanuel; Stoker, Steve; Urlage, Dick; Weiner, Dick.

REGION X & XI

Radjunas, John; Mars, Don; Chasteen, Rick; Jenkins, Burney; Boucher, Larry; Middleton, John; Thompson, Joe; Buis, Mike; Sumner, Carl; Thompson, Gary; Wade, Kent; Sellier, Ed; Morgan, Chuck; Basler, Mel; Pickrell, Jerry; Bell, Henry; Kemper, Nancy; McNulty, Bob; Story, John; Catron, Mike; Johnson, Jerry; Akins, Clyde; Lenox, Mike; Owsley, Bob; Shuck, Tommy; Madison, Tex; Brown, Barry; Hainline, Charlie; Wilkie, Craig; Williams, Roger; Lusby, George; Ratliff, Larry; Moore, Ron; Catron, Ken; Johns, Jim; Rutledge, Mark; Angelucci, Mondo; Thomas, Ben; Hunt, William; Simmons, Ron; McClure, Jerry; Fritz, John; Hiten, Mark; Eads, Ron; Eckler, Jim; Lashley, Dan; Metzger, Larry; Peters, Fred; Kolpek, David; Hostettler, Bill; Maines, George; Overstreet, Walt; Walker, Keith; Shields, Don; Clark, Ed; Whitaker, Mack; Haydon, David; Oser, Larry; Adkins, Madison; Turpin, Don; Turley, Roy; Turpin, Ron; Lyles, Larry; Rutledge, David; Hughes, Brenda; Brown, Glenn; Hawkins, Anthony; McDaniel, Bill; Denham, Ed; Owens, Bruce; Travis, William; Dameron, Adam; Young, Wayne; Thompson, Mark; Cook, Donald; Hill, Jeff; King, Michael; Lentry, Rick; Griffin, David; Tipton, Steve; Yeiser, Gerry; Young, Ben; Tackett, Julian; Harrod, Ron; Adkins, Butch; Shropshire, Tom; Baber, Gary; Philpot, Tim; Clarke, Kathy; Strauss, Bill; Hayslett, Leigh; Fannin, Bob; Sumner, David; Clark, James; Moore, Donnie; Mitchell, Brad, Smith, John; Innes, Whitney; Davis, Cindy; Jackson, Ron; Dotson, Ed; Doak, Lee; Hallum, Todd; Spencer, Lonnie; Morris, Benjamin; Snively, Allen; Foster, Donald; Hartzen, Ray; Hill, Glen; Stevens, James; Cunningham, Kevin.

REGION XII

Gordon, Dwight; Centers, Mike; Hackleroad, Tom; Maxey, Richard; Rousey, Jim; Hargis, Noe; Turner, Keenan; Taylor, Dale; Sparrow, John; Devary, Bill; Adams, Jim; Sanders, John; Wilson, Bruce; Ash, Clayton; Kenney, Jack; Drake, John; Vaught, Marvin; Hail, Harold; Russell, Lynn; Sargent, Bruce; Wallace, John; Bullock, Larry; Brown, Ronnie; Knauer, Glenn; Haste, Fred; Wallace, David; Woodrum, James; Adams, Denver; Wixson, Bob; Combs, John; Cummins, Wayne; Light, Larry; Purvis, Fred; Chaney, Dean; Compton, Jerry; Knight, William; Rogers, Kenneth; Shaw, Earl; Roy, Phillip; Carr, David; Baker,

Darrell; Vito, Paul; Burchett, Donnie; Tablert, Gene; Crutchfield, Jim; Floyd, Joe; Murphy, David; Miller, Michael; McKinney, Dexter; Simpson, David; Eades, Harold; Rader, James.

REGION XIII

Ashhurst, Mike; Black, Charles; Powers, Elmer; Harris, Gary; Kersey, Andy; Guy, N.S.; Hammons, George; Page, Jim; Tye, Josh; Russell, Phil; Noonan, Rob; Pace, Kevin; Henson, Paul; Burhan, Curtis; Pietrowski, Paul; Onkst, Glen; Ensslin, Charles; Lee, Charles; Shaw, Kenneth; Saylor, Gary; Washington, Darryl; Hudson, Thomas; Cook, Chandler; Stuber, Charles; Peace, Richard; Howard, James.

REGION XIV

Allen, Yvon; Campbell, Dexter; Francis, James; Combs, Henry; Hall, Tommy; Jones, Denver; Feltner, Danny; Gabbard, John; Cunningham, Robert; Smallwood, Talmadge; Vanover, J.W.; Mullins, Harold; Dixon, Bill; Bailey, Harrison; Hall, Donald; McIntosh, Carl; Stone, Carson; Brown, Stanley; Tolliver, Jerry; Thornsberry, Larry; Williams, Frank; Poppas, Steve; Whitaker, Ricky; McConahay, Rex; Polly, Rex; Vest, Ben; Thomas, Bob; Molands, Lawrence; Seals, Harlan; Adams, Rick; Terry, James; Thacker, Larry; Following people did not finish the season: Meadows, Marvin, Williams, Buford.

REGION XV

Collier, Burnard; Casey, Ancie; Combs, Sherman; Bevins, Wally; Bogar, Darrell; Copley, Sid; Tucker, Phillip; Crisp, Jackie; Smith, Jerry; Wallen, Wendell; Kessinger, Michael; Diamond, Rufus; Bishop, Henry; May, Paul; Mickey, Steve; Varney, Greg; Vanhorn, Mike; Stacy, David; Bell, Greg; Hall, Keith; Spears, Ronnie; Spears, Terry; Roberts, Kenneth; Kelley, Dolph; Looney, James; Spears, Bobby; Powell, Billy; Howell, Barry; Combs, Clinton; Dingess, Tom; England, William Jr.; Keene, Phillip; Thompson, Robbie; Hamilton, Paul; Gayheart, Damon; Deskins, Billy; Parker, Lowell; Tackett, James; Armstrong, Roger; Flanery, Ray; Cantrell, Bill; Bailey, Jerry; Doer, Edwin; Elkins, Wayne; Ballard, Dennis.

REGION XVI

Moore, Marvin; Hardin, Don; Kouns, Bob; Cundiff, Curt; Collins, Hubert; McKenzie, Dwight; Ramey, Gary; Jackson, Bob; McKenzie, Jim; Simpson, Jim; Hall, Dickie; Dixon, Ron; Vance, Scott; Belcher, Scott; Hobbs, Charles; Hyland, Dick; Plummer, Bill; Hall, Ted; Greene, Bert; Russell, Allen; Hale, David; Hardin, Phillip; Asher, Ralph; Branham, George; Craft, Bob; Johnson, Lynn; Newman, Bill; Clevernger, Mike; Artrip, Larry; Cook, Ed; Loperfido, Rick; Thomas, Leonard; Stevens, Terry; Allen, Chris; Spaulding, Alton; Long, David.



Looking on while Governor Martha Layne Collins signs a Proclamation proclaiming the week of October 14-21, 1984, High School Activities Week are from left: Sports Information Director Julian Tackett, Assistant Commissioner Brigid DeVries, and Commissioner Tom Mills.



Kentucky High School Coaches Association Audit Report

May 10, 1984

To Mr. John Radjunas and Executive Committee
 Kentucky High School Coaches Association and
 All Star Fund
 Mt. Sterling, Kentucky

Refunds	35		35
Professional services	1,000		1,000
N.H.S.A.C.A. membership dues	3,007		3,007
Clerical services	611	611	
Telephone	2,938		2,938
Telephone	275	275	
Total disbursements	40,654	155	40,809

We have examined the statements of cash receipts and disbursements of the Kentucky High School Coaches Association and All Star Fund for the period from March 1, 1983 to February 29, 1984. Our examination was made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

Excess of cash receipts (deficit) over disbursements	(2,256)	1,732	(524)
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Cash balance-beginning of period	24,720	21,435	46,155
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Cash balance-end of period	\$22,464	\$23,167	\$45,631
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As described in Note 1, the Coaches Association's policy is to prepare its financial statements on the basis of cash receipts and disbursements; consequently, certain revenue is recognized when received rather than when earned, and certain expenses are recognized when paid rather than when the obligation is incurred. Accordingly, the accompany financial statements are not intended to represent results of operations in conformity with generally accepted accounting principles.

The accompanying note is an integral part of this financial statement.

In our opinion, the financial statements referred to above present fairly the cash receipts and disbursements of the Kentucky High School Coaches Association and All Star Fund for the period from March 1, 1983 to February 29, 1984, on the basis of accounting described in Note 1, which has been applied in a consistent manner.

Kentucky High School Coaches Association And All Star Fund Note to the Financial Statements February 29, 1984

FAULKNER & KING, PSC

Note 1-Summary of Significant Accounting Policies

Kentucky High School Coaches Association And All-Star Fund

The Coaches Association's policy is to prepare its financial statements on the basis of cash receipts and disbursements; consequently, certain revenue is recognized when received rather than when earned, and certain expenses are recognized when paid rather than when the obligation is incurred. Accordingly, the accompanying financial statements are not intended to present results of operations in conformity with generally accepted accounting principles.

Statement of Cash Receipts and Disbursements for the Period from March 1, 1983 to February 29, 1984

Schedule of Cash February 29, 1984

	Ky. High School Coaches Assoc.	All-Star Fund	Total
Receipts:			
Dues	\$32,431		\$32,431
Interest income	1,928	1,727	3,655
Advertising Income	1,600		1,600
National High School Coaches Association-Advance	1,000		1,000
Reimbursement for travel and meetings	1,339	160	1,499
Donations	100		100
Total receipts	38,398	1,887	40,285

Kentucky High School Coaches Association:		
	Interest Rate	
Mt. Sterling National Bank		
Mt. Sterling, Kentucky		
Checking account balance	5.25%	2,103
Money Market Account	Variable	10,361
Fidelity Magellan Fund	N/A	10,000
Total		22,464

All Star Fund:		
	Interest Rate	
Mt. Sterling National Bank		
Mt. Sterling, Kentucky		
Checking account balance	5.25%	2,772
Money Market Account	Variable	10,395
U.S. Life Equity Fund	N/A	10,000
Total		23,167
Total cash-February 29, 1984		45,631

Disbursements:			
Insurance	6,500		6,500
Photos and awards	527		527
Postage and supplies	6,199	155	6,354
Travel and meetings	12,012		12,012
Executive secretary fee	7,550		7,550

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 (without hood)

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 Sweat Pants and Shirts,** \$20⁹⁵
 (with hood)

**Colors-
 Sweat Pants and Shirts,** \$22⁹⁵
 (with hood)



SWEATS

Double thickness shirt with hood. Set-in sleeves. Muff pocket. Ribbed cuffs and waist. S(34-36), M(38-40), L(42-44), XL(46).

Elastic and drawstring at waist. Elastic at ends of legs. S(28-30), M(32-34), L(36-38), XL(40).



Slam-Dunk

Model SD-3. The positive lock return rim that breaks away 30 degrees below the horizon, at the specified 230 lb setting (NCAA Rules Committee specification). The SD-3 has a load strength of 800 lbs. Before a permanent bend will be made on the ring. It has the patent pending* Figure-8 No-Ties. These no-ties allow the quick installation and replacement of the net, but are 3 times as strong as the conventional "rams horn" no-ties used on other rims. The SD-3 is electrostatically painted with an epoxy plastic powder paint. This paint lasts much longer than competitive paint jobs. The release mechanism is sealed at the factory, so it cannot be tampered with or adjusted. It gives a perfect rebound every time. The other factor which sets the Slam-Dunk rim apart from others is its traditional appearance. The others look like playground appearing rims (flat steel braces and boxy undercarriage). The Slam-Dunk rims all have the smooth, round braces, which are opened up, to provide more room between the brace and the ring. This prevents anyone from getting their finger caught in this space. All Slam-Dunk rims come installed with the safety shield (also a NCAA requirement), to remove all points of entrapment from the rim. The shield is a thin piece of plastic, and does not affect the appearance at all.

Model SD-5. Reflex rim with HERCULES CONSTRUCTION.

Side by side, you can't tell the difference between a SD-3 and a SD-5, but the SD-5 is made of high strength steel. Once released at the 230 pound threshold, it takes an additional 1,400 pounds of force to place a permanent bend in the ring. Also comes with the safety shield. The SD-5 is recommended for use at the collegiate level, or intramural, where unsupervised play occurs.

MAIN DIFFERENCE The SD-3 & SD-5 look exactly the same. The only difference is the SD-5 is the high strength model, taking 1,400 pounds of force to permanently bend the ring. The SD-3 takes 800 pounds to bend the ring.

Twice-a-year, the rims should be lubricated with Sil-Glyde Lubricating Compound. It's available locally or through BPI. Lubricating instructions are provided.

Contact Riherd's Sport Shop for price & delivery.

Riherd's

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