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Kentucky High School Athletic Association

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THE KENTUCKY



High School Athlete

SUPPORT SCHOOL ACTIVITIES

NATIONAL HIGH SCHOOL
ACTIVITIES WEEK
OCTOBER 14-21



**SPORT
GOOFY**

THE NATIONAL MASCOT OF HIGH SCHOOL SPORTS

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Official Publication of the
KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION

SEPT. 1984

Proclamation

by

Martha Layne Collins
Governor

of the

Commonwealth of Kentucky



To All To Whom These Presents Shall Come:

WHEREAS, The Kentucky High School Athletic Association and the National Federation of State High School Associations support athletics and activities as a complement to academic requirements, the combination of which produces a wholesome learning experience; and,

WHEREAS, The Kentucky High School Athletic Association joins the National Federation of State High School Associations in proclaiming the week of October 14-21, 1984 as High School Activities Week; and,

WHEREAS, Honorary Kentucky High School Athletic Association High School Activities Week Chairperson Mary T. Meagher has combined her pursuit for academic excellence with the rigorous training and disciplined schedule demanded of an Olympic athlete; and,

WHEREAS, Miss Meagher has proven to be a fine example of the combination of academics and athletics by maintaining a B+ grade average both in high school and college, and capturing three gold medals in the swimming events of the XXIIIrd Olympiad this summer in Los Angeles;

NOW, THEREFORE, I, MARTHA LAYNE COLLINS, Governor of the Commonwealth of Kentucky, do hereby proclaim the week of October 14-21, 1984 as

HIGH SCHOOL ACTIVITIES WEEK

in Kentucky, and commend as exemplary the academic and athletic achievements of Honorary Kentucky High School Athletic Association Activities Week Chairperson Mary T. Meagher.

DONE AT THE CAPITOL, in the City of Frankfort, this the 5th day of September, in the year of Our Lord One Thousand Nine Hundred Eighty-four and in the year of the Commonwealth the One Hundred Ninety-third.


MARTHA LAYNE COLLINS
GOVERNOR



Drexell R. Davis
Secretary of State

The Kentucky High School Athlete

Official Publication of the
Kentucky High School Athletic Association

VOL. XLV-NO. 1

SEPTEMBER, 1984

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Officers Elected for K.H.S.A.A. Board of Control

By Julian Tackett



Eldon Davidson



Robert Rogers

Eldon Davidson, Monticello High School Principal, and Bob Rogers, Ballard Memorial High School Principal, have been elected President and Vice President, respectively, of the Kentucky High School Athletic Association Board of Control by the members of the Board.

Davidson, who served as Vice President of the Board during the 1983-84 school year, succeeds Knox Central Principal Charles Black in the presidency, and claims that the new position is quite an honor for him. "When I compare this with other honors I have received, no honor has given me more pleasure than being elected President of this Board."

Davidson has strong background and experience in Kentucky education beginning with his education at Hindman High School. Following his graduation, Davidson served three years in the United States Navy before enrolling at Morehead State where he received both his B.S. and M.A. degrees. He then studied at Eastern Kentucky and Murray State before receiving his Rank 1 degree from Western Kentucky University.

His teaching experience began with instruction in Biology and Science at Wheelwright, Cordia and Hindman High Schools, after which he accepted his first principalship at Jenkins High School in 1961. Following four years at Jenkins, he was named principal at Monticello High School, the position he still holds. He and his wife Betty have three children, Karen March, 25, John Walter, 23, and Richie Lando, 16.

Davidson is a strong advocate of the use of the full school day for instruction, and feels that one way to solve some existing schedule problems would be the elimination of athletic team travel on school time. "Many teams are using school time for travel, and yet haven't scheduled games against schools that are geographically closer and of similar competitive ability," he points out.

He does feel however, that the state tournaments for boys and girls basketball should be left alone. "If the K.H.S.A.A. is to run the tournament, then let them run it. I feel very worried about the Kentucky Department of Education tampering with the state tournament," he said.

Davidson has several goals he would like to see accomplished during his tenure with his primary goal involving the attitude taken by the Board and member schools. "All member schools should recognize that the Board of Control is their elected representatives, doing a job to the best of their ability, and they should be supported publicly. This would strengthen the entire Association for the member schools to actively and vocally support the rulings of the Board."

Those feelings are echoed by incoming Vice President of the Board, Bob Rogers. "I wish schools across the state would realize that the K.H.S.A.A. is their association, and they should make more effort to see that the rules and rulings are upheld and supported rather than trying ways

to circumvent and bypass these regulations."

Rogers, the representative of Regions I and II, said of his election, "I feel it is a great honor to serve in this position in an organization that I feel very proud to be a part of. Serving on this Board has been both a privilege and a challenge during the last three years."

Rogers graduated from Bethel College (TN) in 1966 after attending that school on a basketball scholarship. He received his M.A. from Austin Peay in 1969, and his Rank 1 from Murray State in 1971.

His teaching career began with a one-year stint at Male High School in Louisville in 1966-67 where he also served as assistant basketball coach. He then moved on to Earlington High School where he taught and coached from 1967-69 before going to Henderson City School in 1969 for a two year term as a teacher and head basketball coach. In 1971 he moved back to Earlington as a principal and basketball coach before giving up coaching and accepting an assistant principalship at Christian County in 1973.

In 1976, he moved to Webster County as an assistant principal and served there until accepting his current position at Ballard Memorial in 1980.

Rogers and his wife Gayle have two children, Jeff, a 17 year old senior, and Angie, a 15 year old sophomore, both of whom attend Ballard Memorial.

"My primary goal is to continue to serve and represent the schools in Western Kentucky in the best way I can," Rogers stated. "Communication from the state office and Board members to the schools is an essential ingredient to the success of our organization, and I have tried as others have, and should continue to try, to be an effective communication link. I am very appreciative of the support of the Western Kentucky administrators in helping me to communicate with my represented schools."

NEWS RELEASE



SHIN SPLINTS

Shin splints is an athletic malady that plagues almost all sports. Mr. David Green, Athletic Trainer at Eastern Kentucky University presents an overview on the cause, treatment, and prevention of shin splints.

It is now three weeks into the season and your star player complains of pain in his/her lower leg. Upon further examination he/she has pain on the anterior aspect of the tibia and the interosseal space between the fibula and tibia. This is commonly referred to as Shin Splints, which is a catch all term that could be a simple strain of the tendon of the tibialis posterior muscle or something as severe as a stress fracture or anterior tibial compartment syndrome (severe swelling within the anterior fascia chamber of the muscle).

Shin Splints are caused by a variety of things such as: poor conditioning, faulty footwear, bad running habits, overuse, weak arches, and running on hard or imbalanced surfaces. These are only a few possible causes for this annoying injury. One of the most common reasons for this

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BOARD OF CONTROL

President-Eldon Davidson (1981-1985) Monticello, Vice President-Robert Rogers (1981-1985) Barlow, Patrick L. Crawford (1982-1986) Louisville, Anthony Olinger (1984-1988) Lexington, Ray Story (1982-1986) Radcliff, Grant Talbott (1984-1988) Owensboro, Chester Turner (1983-1987) Fort Thomas, David Webb (1983-1987) Brownsville, Frank Welch (1984-1988) Belfry, Charles Wilson (1984-1988) Hyden, Conley Manning-State Department of Education Representative.

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needs to stretch properly prior to activity. The stretching needs to be a preventative technique but it should be used within the treatment regime. The athlete needs to stretch his gastrocnemius by standing flat footed with toes slightly pointed in towards a wall 3 feet away, keep heels flat on the floor with back and legs straight, no touch the head to the wall. The athlete should hold this stretch for 10 seconds and do 10 repetitions. They should stretch the dorsiflexors (anterior tibialis muscle). This is done by sitting on the lower leg that is flexed under oneself while the foot is plantarflexed. (You may use any other stretching techniques for these muscle groups).

Some other preventive methods may include: run on grass or resilient surfaces, pad the heels (heelcups), having good shoes with proper arch support, and gradual conditioning of the athlete.

In summary, shin splints are a pain located on the medial border of the bottom two-thirds of the tibia. The exact cause is not really known, but there are a wide variety of possible ones. Treatment is usually experimental, if it feels good and it works on that athlete use it. This is the same with taping. Prevention is the best cure with proper stretching and gradual conditioning. If no response to treatment within three weeks, see a physician to rule out the possibility of a more serious injury like a stress fracture or anterior compartment syndrome.

David T. Green
Athletic Trainer, Certified
Eastern Kentucky University

problem is changing from one running surface to another (from gymnasium floor to a soft field. What happens is the interosseous membrane between the tibia and fibula or the tendon sheaths become inflamed or irritated. The following are symptoms your athlete will express: a persistent aching pain felt with weight bearing, climbing stairs and running. The medial aspect of the tibia is tender to the touch and sand-like protusions (bumps) may be felt. There can be a rise in body temperature and possible muscle spasms, but there is very little swelling. There may be an acute form of shin splints that will last only a few days or there will be a chronic case lasting up to several months

Shin splints can be treated in a variety of ways, each individual athlete may react differently to each treatment regime. Some will work for one athlete but not for others and vice versa. Probably the safest treatment is complete rest but no one knows for how long and if you are in the middle of the season it's difficult to rest. Some people have had results using heat, in the form of a whirlpool (108 degrees for 10-15 minutes), hydrocollator steam pack or heat balms (cramergesic, ben gay, sports rub, etc.). This should be given before practice and using ice after practice. Some use ice before and after practice in the form of ice bags or ice cup massage. You will have to experiment with each treatment technique until you find the best for each individual athlete.

Taping may be beneficial for the aid of shin splints. There are several ways to tape, like taping the longitudinal arch with a figure-of-eight taping, circular strips around the shin itself making sure not to restrict the calf muscle, and taping pads in place at the heel or the ball of the foot for support and cushioning from the impact of running. You can also use taping techniques in combination with each other. Again, you may need to experiment to find the best treatment for each individual athlete. The athlete

FROM THE COMMISSIONER'S OFFICE



**WRESTLING CLINICS
1984-85**

- Saturday-November 3-Western Kentucky-Hopkinsville High School-1:00 P.M.
- Saturday-November 10-Northern Kentucky-Conner High School-1:00 P.M.
- Saturday-November 17-Frankfort-Frankfort High School-1:00 P.M.
- Tuesday-November 20-Louisville-Seneca High School-7:00 P.M.



**1984 STATE CROSS
COUNTRY MEET
NOVEMBER 3**

Time Schedule
1:00 p.m.-4:00 p.m.

BOYS-5000 meters
GIRLS-3000 meters



1984-85 Cross Country Regions

The regional sites, managers and teams are assigned to each class and are listed below. Each school listed will receive from the regional manager an information sheet and entry form to the meet.

1984 CROSS COUNTRY REGIONS

The regional sites, managers and teams are assigned to each class and are listed below. Each school listed will receive from the regional manager an information sheet and entry form to the meet.

REGION ONE:

Manager: Willie Simpson, Providence High School, Cedar St., Providence, Ky. 42450

Boys Class A: Crittenden County, Fort Campbell, Lyon County, Providence, St. Mary, Hughes-Kirk, South Hopkins, Graham, Trigg County, Muhlenberg Central, West Hopkins.

Girls Class A: Crittenden County, Fort Campbell, Fulton City, Providence, Trigg Co., West Hopkins, Graham, Huges-Kirk, Lyon County, South Hopkins, Muhlenberg Central.

Manager: Tony Rowe, Daviess County High School, Owensboro, Ky. 42301

Boys Class AA: Bowling Green, Breckinridge Co., Grayson County, Calloway County, Union County, Owensboro Catholic, Webster County

Girls Class AA: Bowling Green, Breckinridge County, Grayson County, Calloway County, Union County, Owensboro Catholic, Webster County

Boys Class AAA: Apollo, Christian County, Daviess County, Henderson Co. Hopkinsville, Warren Central, Madisonville-N. Hopkins, Marshall County, North Hardin, Owensboro

Girls Class AAA: Apollo, Christian County, Daviess County, Henderson County, Hopkinsville, Madisonville N. Hopkins, Marshall County, North Hardin, Owensboro, Warren Central

REGION TWO:

Manager: Bobby Williams, West Hardin High School, Stephensburg, Ky. 42781

Boys Class A: Glasgow, Bardstown, Caverna, Edmonson Co., Fort Knox, Green Co., Hancock County, Kentucky Country Day, Gamaliel, West Hardin, St. Francis, Hart County, Trinity (Whitesville), Christian Academy of L'ville, Bethlehem

Girls Class A: Glasgow, Bardstown, Caverna, Edmonson County, Fort Knox, Hancock Co., Kentucky Country Day, West Hardin, Bethlehem, St. Francis, Trimble County, Hart County, Trinity (Whitesville)

Boys Class AA: Barren County, East Hardin, Elizabethtown, Larue County, North Bullitt, Washington County, Meade County.

Girls Class AA: Barren County, East Hardin, Elizabethtown, Larue County, North Bullitt, Washington County, Mead County.

Manager: Bro. Borgia, St. Xavier High School, 1609 Poplar Level Road, L'ville, Kentucky 40217

Boys Class AAA: Atherton, Central, Dupont Manual, Iroquois, Male, St Xavier, Shawnee, Butler.

Girls Class AAA: Atherton, Butler, Central, Dupont Manual, Iroquois, Male, Shawnee, Presentation Ac., Sacred Heart Acd.

REGION THREE:

Manager: Barry Binkley, Dayton High School, 8 & Walnut St., Dayton, Ky. 41074

Boys Class A: Bellevue, Bishop Brossart, Covington Latin, Dayton, Ludlow, Saint Henry, Silver Grove, Walton-Verona, Newport Central Cath.

Girls Class A: Bellevue, Bishop Brossart, Dayton, Saint Henry, Silver Grove, Walton-Verona, Ludlow, Newport Central Cath.

Boys Class AA: Connor, Covington Catholic, Dixie

Heights, Highlands, Lloyd Memorial, Scott, Simon-Kenton
Girls Class AA: Conner, Dixie Heights, Highlands, Lloyd Memorial, Scott, Simon-Kenton

Manager: Rich Rostel, Trinity High School, 4011 Shelbyville Rd., Louisville, Ky. 40207

Boys Class AAA: Ballard, Eastern, Fern Creek, Jeffersontown, Moore, Seneca, Trinity, Waggener, Oldham Co.

Girls Class AAA: Assumption, Ballard, Eastern, Fern Creek, Oldham Co., Moore, Seneca

REGION FOUR:

Manager: Randy Crist, Anderson Co. High School, Broadway Ave., Lawrenceburg, Ky. 40342

Boys Class A: Grant Co., Lexington Catholic, Spencer Co., Owen Co., Anderson Co., Williamstown, Carroll Co., Frankfort

Girls Class A: Grant Co., Lexington Catholic, Spencer Co., Owen Co., Anderson Co., Frankfort, Williamstown

Boys Class AA: Bourbon Co., Franklin Co., Harrison Co., Jessamine Co., Mason Co., Montgomery Co., Scott Co., Western Hills, Woodford Co., Fleming Co.

Girls Class AA: Bourbon Co., Franklin Co., Harrison Co., Jessamine Co., Scott Co., Montgomery Co., Western Hills, Woodford Co.

Manager: Charles Mitchell, Pleasure Ridge Park High School, 5901 Greenwood Rd., Louisville, Ky. 40258

Boys Class AAA: Holy Cross, DeSales, Doss, Fairdale, Pleasure Ridge Park, Southern, Valley, Western, Shelby Co., Bullitt Central

Girls Class AAA: Doss, Fairdale, Holy Rosary, Pleasure Ridge Park, Southern, Valley, Western, Mercy Academy, Shelby County, Holy Cross

REGION FIVE:

Manager: Gordon Boccock, Pulaski Co. High School, Somerset, Ky. 42501

Boys Class A: Berea, Garrard Co., Harrodsburg, Kentucky School F/T Deaf, Mercer Co., Model, Somerset, Monticello, Wayne Co., Harlan

Girls Class A: Berea, Garrard Co., Harrodsburg, Kentucky School F/T Deaf, Mercer Co., Model, Monticello, Somerset, Wayne Co., Harlan

Boys Class AA: Adair Co., Boyle Co., Clay Co., Danville, Knox Central, Middlesboro, Taylor Co., Whitley Co., McCreary Central, Bell Co., Marion Co.

Girls Class AA: Adair Co., Boyle Co., Clay Co., Danville, Knox Central, Middlesboro, Taylor Co., Whitley Co., McCreary Central, Bell Co., Marion Co.

Boys Class AAA: Bryan Station, Henry Clay, Lafayette, Laurel Co., Madison Central, Nelson Co., Pulaski Co., Tates Creek

Girls Class AAA: Bryan Station, Henry Clay, Lafayette, Laurel Co., Madison Central, Nelson Co., Pulaski Co., Tates Creek

REGION SIX:

Manager: Frank Miklavcic, Paintsville High School, Paintsville, Ky. 41240

Boys Class A: Buckhorn, Cordia, Elliott Co., Hazard, Phelps, Lee Co., Oneida Baptist Inst., Paintsville, Riverside Christian, Allen Cent., Raceland, Lewis Co., Jackson City, Dilce Combs, Menifee Co., Jenkins, Bath Co.

(continued on page eleven)

BELLEVUE HIGH SCHOOL - CLASS A GIRLS

Kentucky Track Meet

Lexington, Kentucky-May 26, 1984



(L to R) Front Row: Michele Stanfield, Julie Harper, Lorie Docter, Sharon Carver, Becky Ackarson, Lisa Robertson. Back Row: Coach Harold Stidham, Susan Browning, Kim Tierney, Barbie Case, Diana Neises, Candy Brewer.

300m Low Hurdles

1. Robertson, Lisa (12) Bellevue	45.19
2. Anthony, Andy (12) Bullitt E.	46.49
3. Mertz, Lori (12) Bishop Br.	47.95
4. Adkins, Jill (12) Raceland	49.30
5. Ray, Michelle (8) Ballard	50.38
6. Brown, Holly (12) Providence	51.60

100m Low Hurdles

1. Robertson, Lisa (12) Bellevue	14.90
2. Anthony, Andy (12) Bullitt East	15.30
3. Mertz, Lori (12) Bishop Brossart	15.54
4. Daniels, Gail (11) Ft. Campbell	15.67
5. Brown, Holly (12) Providence	17.15
6. Canter, Amy (11) Lewis Co.	17.44

100m Dash

1. Robertson Lisa (12)	12.63
2. Cheatum, Tammi (9) Carroll Co.	12.81
3. Jackson, Wanda (9) Ft. Camp.	13.08
4. Rothwell, Francine (12) Madison	13.12
5. Miller, Lea (11) Bath Co.	13.15
6. Howard, Lesley (11) Harlan	13.20

200m Dash

1. Rainwater, Lydwana (7) Larue Co.	25.23
2. Robertson, Lisa (12) Bellevue	25.53
3. Beach, Jackie (10) Frankfort	25.97
4. Thompson, Melissa (12) Trigg Co.	26.34
5. Pritchard, Maria (10) Ballard	26.39
6. Rothwell, Francine (12) Madison	27.23

400m Dash

1. Beach, Jackie (10) Frankfort	58.14
2. Thompson, Missa (12) Trigg Co.	59.68
3. Whitton, Julie (12) St. Henry	59.98
4. Hawkins, Kim (11) Bath Co.	1:00.19
5. Jenkins, Tammi (11) Ft. Campbell	1:01.77
6. Stamper, Stephanie (8) Berea	1:02.94

800m Run

1. Hawkins, Kim (11) Bath Co.	2:20.86
2. Russell, Jennifer (11) Anderson Co.	2:21.71
3. Martin, Robin (11) Mercer Co.	2:22.02
4. Duff, Margaret (12) Somerset	2:23.44
5. Hall, Marcia (10) Providence	2:26.19
6. Tingle, Dana (8) Raceland	2:31.16

1800m Run

1. Hawkins, Kim (11) Bath Co.	5:10.71
2. Wissman, Tracky (10) St. Henry	5:12.77
3. Marksberry, Louann (12) Owen Co.	5:25.83
4. Moutoux, Pam (11) Ky. Co. Day	5:29.01
5. Matz, Heather (9) Ft. Knox	5:34.31
6. Wallace, Ginger (10) Trigg Co.	5:35.83

400m Relay

1. Madison	50.58
2. Fort Campbell	51.29
3. Frankfort	52.08
4. Todd Central	52.87
5. Bath County	54.55
6. Somerset	54.67

800m Relay

1. Madison	1:46.63
2. Fort Campbell	1:48.07
3. Frankfort	1:50.14
4. Bellevue	1:51.78
5. Trigg County	1:52.03
6. Larue County	1:53.05

3200m Run

1. Whisman, Tracy (10) St. Henry	11:31.18
2. Belt, Stacey (9) Anderson Co.	11:48.16
3. Chandler, Karen (7) Providence	12:13.16
4. Thompson, Vicki (10) Green Co.	12:13.90
5. Hosteler, Lisa (12) Riverside	12:31.82
6. Myria, Mary (10) Fort Knox	12:35.49

1600m Relay

1. Bellevue	4:06.12
2. St. Henry	4:12.00
3. Bath County	4:14.52
5. Madison	4:17.80
6. Fleming-Neon	4:23.95

Discus

1. Waller, Lori (11) Walton V.	112'0"
2. Bryant, Shatrece (10) Ft. Camp.	105'11"
3. Anthony, Andy (12) Bullitt East	101'1/2"
4. Powell, Anita (10) Larue Co.	99'3"
5. Mitchell, Gabrielle, Ballard	90'5"
6. Green, Lori (11) Lex. Cath.	84'7"

Shot Put

1. Waller, Lori (11) Walton V.	35'7"
2. Turner, Hilarie (10) Owen Co.	33'3"
3. Kirk, Stacy (11) Gamaliel	32'6"
4. Criss, Karen (12) Fairview	32'3"
5. Powell, Anita (10) Larue Co.	31'10"
6. Fowler, Brende (9) Providence	31'9"

High Jump

1. Shea, Maureen (12) St. Henry	5'2"
2. Hickman, Phyllis (10) Bardstown	5'4"
3. Blanton, Sonya (9) Edmondson Co.	5'0"
4. Day, Karen (12) Carroll County	5'0"
5. Williams, Tracy (9) Fort Knox	5'0"
6. Bryant, Charlotte (12) Menifee Co.	4'10"

Long Jump

1. Clemmons, Angie (12) Bath Co.	17'3/4"
2. Jenkins, Kammye (11) Ft. Campbell	16'8 1/2"
3. Howard, Lesley (11) Harlan	16'6 1/2"
4. Anthony, Andy (12) Bullitt East	16'2 1/2"
5. Martin, Robin (11) Mercer Co.	15'10 1/4"
6. Adkins, Angela (10) Grant County	15'4 1/4"

TOTAL POINTS

Bellevue	52
Bath County	44
Fort Campbell	44
St. Henry	40
Frankfort	28
Madison	27
Bullitt East	26
Walton Verona	20
Trigg County	19
LaRue County	17
Anderson County	16
Owen County	14
Bishop Brossart	12
Carroll County	12
Providence	12
Bardstown	10
Mercer County	8
Harlan	7
Ballard Memorial	6
Edmondson County	6
Gamaliel	6
Fort Knox	5
Raceland	5
Somerset	5
Fairview	4
Green County	4
Kentucky Country Day	4
Todd County Central	4
Riverside	2
Berea	1
Fleming Neon	1
Grant County	1
Lewis County	1
Lexington Catholic	1
Menfee County	1

FORT KNOX HIGH SCHOOL - CLASS A BOYS

Kentucky High School Track Meet Lexington, Kentucky-May 26, 1984



(L to R) Front Row: Stewart Joslin, Teddy Bosey, Pat Williams, Tony Winston, George Delmanzano. Back Row: Coach McCoy, Jimmy Holland, James Brown, Dan Bilbery, John Coles, Coach Shuffelt.

100m Dash

1. Mitchell, Mark (11) Lex. Cath.	10.94
2. Baker, Al (10) Trigg Co.	11.29
3. Douglas, Tony-Bardstown	11.29
4. Turnley, Galvin (12) Trigg Co.	11.29
5. Williams, Pat (10) Ft. Knox	11.40
6. Ratliff, Bobby (12) Bath Co.	11.54

200m Dash

1. Mitchell, Mark (11) Lex. Cath.	22.33
2. Ward, Ravonnie (12) Ft. Campbell	22.37
3. Turnley, Galvin (12) Trigg Co.	22.66
4. Ratliff, Bobby (12) Bath Co.	23.12
5. Harrison, Raymond (9) Bardstown	23.30
6. Williams, Pat (10) Fort Knox	23.38

400m Dash

1. Wagner, Tommy (12) Murray	50.19
2. Holland, Jim (12) Ft. Knox	50.54
3. Bilberry, Darren (11) Ft. Knox	51.03
4. Turnley, Galvin (12) Trigg Co.	51.12
5. Mitchell, Mark (11) Lex. Cath	51.79
6. Rawe, Greg (12) Bishop Brossart	51.94

800m Run

1. Rawe, Greg (12) Bishop Brossart	1:58.76
2. Moore, George (12) Murray	1:58.79
3. Howard, Sean (12) Elliott Co.	2:00.04
4. Weisenhan, Tim (11) Lex. Cath.	2:00.10
5. Patton, Greg (12) Ft. Campbell	2:01.99
6. White, Kirby (11) Jenkins	2:02.23

1600m Run

1. Howard, Sean (12) Elliott Co.	4:26.78
2. Cooper, John (10) Bishop Br.	4:29.69
3. Bertram, Mark (11) Bishop Br.	4:31.35
4. Cuniff, Jerry (9) Berea	4:34.58
5. Morris, Corey (12) Ky. Co. Day	4:38.09
6. Stoneham, Keith (10) Menifee Co.	4:42.07

3200 Run

1. Thomas, Jesse (12) Anderson Co.	9:42.70
2. Bertram, Marx (11) Bishop Brossart	9:45.07
3. Cuniff, Jerry (9) Berea	9:53.72
4. Billington, Jason (10) Murray	10:01.48
5. Givens, David (11) Green Co.	10:02.15
6. Wright, Lynus (10) Trigg Co.	9:53.72

110m High Hurdles

1. Overstreet, Don (9) St. Mary	15.99
2. Banister, Jim (12) Paris	16.00
3. Bosey, Teddy (12) Ft. Knox	16.25
4. Chitwood, Joey (12) Caverna	16.35
5. Hannan, John (12) Berea	16.50
6. Young, Rocky (11) Nicholas Co.	16.76

300m Dash Hurdles

1. Bosey, Teddy (12) Fort Knox	39.65
2. Hannan, John (12) Berea	39.80
3. Roberts, Dennis (12) Ballard M.	40.31
4. Coldiron, Phillip-Nicholas Co.	40.54
5. Dickman, Bob (11) Ludlow	40.79
6. Osborne, Bob (12) Todd Cnt.	41.78

800m Relay

1. Fort Knox	1:32.41
2. Bardstown	1:33.69
3. Ludlow	1:34.87
4. Trigg County	1:35.77
5. Bath County	1:36.61
6. Raceland	1:38.54

1600 Relay

1. Fort Campbell	3:25.05
2. Fort Knox	3:27.80
3. Todd Central	3:33.32
4. Ludlow	3:34.16
5. Paintsville	3:34.46
6. Bath County	3:40.22

Shot Put

1. Poeheim, John (12) Hancock Co.	53'6"
2. Whittaker, Brad (12) McLean Co.	51'4"
3. Berheit, Gary (12) Bellevue	50'5"
4. Caple, Denny (12) Ludlow	48'3"
5. Mounce, Mark (11) Somerset	46'2"
6. Mullins, Bucky (12) Fleming N.	45'

High Jump

1. Brown, J.B. (12) Fort Knox	6'10 1/2"
2. Overstreet, Don (9) St. Mary	6'6"
3. Boggess, Mark (12) Murray	6'4"
4. Williams, Charles (12) Bardstown	6'0"
5. Pearson, Jack (12) Harrodsburg	5'10"
6. Lackey, John (12) Betsy Layne	5'8"

Pole Vault

1. Wood, Gerald (12) Hancock Co.	12'0"
2. Veach, Brian (12) Bellevue	12'0"
3. York, Mark (12) Glasgow	11'6"
4. Wahl, Robbie (11) Ky. Co. Day	11'0"
5. Casev, Mark (11) Anderson Co.	11'0"
6. Burchell, Blake (12) Paintsville	9'0"

Long Jump

1. Johnson, Davie (11) Bardstown	22'3 3/4"
2. Cagle, Jonathan (12) Russellville	21'9 1/2"
3. Young, Rodney (12) Fort Campbell	21'4 1/2"
4. Cooper, Eric (12) Berea	21'3 1/2"
5. Combs, John (12) Bellevue	20'9"
6. Young, Rocky (11)	19'11 1/4"

Triple Jump

1. Young, Rodney (12) Ft. Camp	44'4 1/2"
2. Mumphrey, Marc (8) Carroll Co.	42'1 1/2"
3. Douglas, Tony (12) Bardstown	41'10 1/2"
4. Martin, (11) Madison	40'8 1/2"
5. Mack, Greg (12) Paris	40'8 1/2"
6. Lee, Robert (11) Heath	40'7 1/2"

Discus

1. Poeheim, John (12) Hancock Co.	185'2"
2. Caple, Denny (12) Ludlow	157'11"
3. Berheit, Gary (12) Bellevue	144'4"
4. Walls, Bobby (12) Ft. Campbell	136'3"
5. Blair, Jerry (11) Berea	130'6"
6. Mounce, Mark (11) Somerset	125'0"

*Denotes New State Record

TOTAL POINTS

Fort Knox	61
Fort Campbell	40
Bardstown	36
Bishop Brossart	33
Hancock County	30
Murray	28
Trigg County	27
Berea	26
Lexington Catholic	26
Ludlow	24
Bellevue	22
St. Mary	18
Elliott County	16
Anderson County	12
Paris	10
Bath County	8
Carroll County	8
McLean County	8
Russellville	8
Todd County Central	7
Ballard Memorial	6
Glasgow	6
Kentucky County Day	6
Nicholas County	6
Caverna	4
Madison	4
Paintsville	3
Somerset	3
Green County	2
Harrodsburg	2
Fleming Nealon	1
Heath	1
Jenkins	1
Menifee County	1
Raceland	1

DANVILLE HIGH SCHOOL - CLASS AA GIRLS**Kentucky High School Track Meet
Lexington, Kentucky-May 26, 1984**

(L to R) Front Row: Susan Rankin, Sharon Woods, Teresa Harris, Karen Terry, Tina Robertson. Second Row: Kim Ingram, Danatia Coulter, Kim Mitchell, Jennie Reigelman, Vicki Alcorn. Back Row: Coach Myron Fournre, Pam Clements, Dianna Smith, LaFonda Staleworth, T.T. Lewis, Nathan Christopher Atkins, Coach James Atkins.

300m Low Hurdles

1. Wampler, Monick (12) Whitesburg	45.9
2. Raglin, Michelle (11) Bourbon	47.9
3. Goins, Chante (10) Frank. Simp	48.2
4. Skinner, Geraldine (11) Union Co.	48.4
5. Johnson, Marsha (11) Grayson Co.	50.7
6. Pruitt, Christian (11) Russell	50.7

100 Low Hurdles

1. Acquasivia, Cathy (11) Franklin Co.	15.03
2. Wamper, Monick (12) Whitesburg	15.11
3. Smith, Tweeta (9) Adair Co.	15.99
4. Galloway, Itsy (12) O'boro Cath.	16.07
5. Howard, Jennifer (10) Franklin Co.	16.28
6. Frazier, Lisa (11) Clay Co.	16.41

100m Dash

1. Robey, Regine (11) Logan Co.	12.58
2. Brooks, Angie (11) Union Co.	12.65
3. Robinson, Tina (8) Danville	12.71
4. Jackson, Tina (12) Franklin Co.	12.89
5. Williams, Lisa (11) Mason Co.	12.92
6. Travis, Carla (9) Lloyd Mem.	12.99

200m Dash

1. Custard, Mary (10) Harrison Co.	26.32
2. Smalley, Jackie (11) Boyle Co.	26.38
3. Coulter, Danita (12) Danville	26.39
4. Jones, Latonya (12) Paducah	26.48
5. Williams, Kim (12) Scott Co.	26.51
6. Grimes, Marcia (9) Calloway Co.	26.56

400m Dash

1. Custard, Mary (10) Harrison Co.	57.88
2. Jones, Latonya (12) Pad. Tilg.	59.78
3. Flowers, Theresa (11) Logan Co.	1:00.19
4. Jackson, Tina (12) Franklin Co.	1:00.80
5. Sleet, Alice (12) Boyle Co.	1:00.82
6. Coomer, Tornia (9) Henry Clay	1:01.08

800m Run

1. Boggs, Deanna (10) Whitesburg	2:17.95
2. Plank, Kathy (11) Conner	2:19.64
3. Woods, Sharon (8) Danville	2:22.49
4. Cox, Nicole (7) Clay Co.	2:26.45
5. Beachamp, Jacque (10) Barren Co.	2:26.90
6. Snook, Peggy (9) Western Hills	2:27.02

1600m Run

1. Plank, Kathy (11) Conner	5:03.95
2. Boggs, Deana (10) Whitesburg	5:12.98
3. Asher, Tonya (8) Clay Co.	5:15.39
4. Caudle, Julie (8) Franklin Co.	5:30.64
5. Wilkins, Diana (12) Meade Co.	5:31.26
6. Thomas, Missie (11) Union Co.	5:31.80

400m Relay

1. Logan Co.	50.54
2. Danville	50.73
3. Franklin Co.	51.30
4. Harrison Co.	51.36
5. Clay Co.	52.16
6. Paducah Tilg	52.39

800m Relay

1. Danville	1:46.29
2. Harrison Co.	1:46.42
3. Franklin Co.	1:47.74
4. Logan Co.	1:47.94
5. Paducah Tilghman	1:49.13
6. Boyle County	1:50.48

3200m Run

1. Plank, Kathy (11) Conner	11:28.88
2. Ballard, Geny (9) Lawrence Co.	11:52.99
3. Thomas, Missie (11) Union Co.	12:00.01
4. Caudle, Julie (8) Franklin Co.	12:09.19
5. Wilkins, Diana (12) Meade Co.	12:16.38
6. Malley, Beth (12) Meade Co.	12:45.71

1600m Relay

1. Danville	4:02.90
2. Harrison County	4:08.99
3. Clay County	4:09.90
4. Marion County	4:15.52
5. Webster County	4:16.05
6. Union County	4:20.25

Shot Put

1. Hatched, Sherry (12) Ohio Co.	35'10"
2. Compton, Pat (11) Fleming Co.	35'2"
3. Bunch, G. (11) Barren Co.	34'9"
4. Magrane, Jonie (10) Rowan Co.	34'6"
5. Webb, Pam (12) Bourbon Co.	34'4"
6. Ewell, Karen (12) Lloyd Mem.	33'10"

Discus

1. Hatched, Sherry (12) Ohio Co.	122'1"
2. Magrane, Jonie (10) Rowan Co.	117'0"
3. Lewis, Thennette (12) Danville	114'0"
4. Bunch, G. (11) Barren Co.	110'3"
5. Magrane, Julie (8) Rowan Co.	109'11"
6. Linton, Ann (12) Washington Co.	104'2"

High Jump

1. Moss, Amberly (10) Calloway Co.	5'3"
2. Young, Megan (9) Montgomery Co.	5'2"
3. Young, Patty (11) Webster Co.	5'1"
4. Rice, Kelly (12) Clay Co.	5'0"
5. Compton, Pat (11) Fleming Co.	5'0"
6. Harrison, Kellie (10) Dixie Heights	4'10"

Long Jump

1. Bailey, Sherita (12) Frank Simp.	18'2"
2. Jones, Latonya (12) Paducah Tilg.	17'5 1/2"
3. Henson, Tammi (9) Clay County	17'4 1/2"
4. Smith, Dianna (12) Danville	16'3 1/2"
5. Compton, Pat (11) Fleming County	16'2 1/2"
6. Patterson, Angie (11) Scott Co.	16'2 1/4"

TOTAL POINTS

Danville	56
Franklin County	40
Harrison County	40
Whitesburg	36
Clay County	30
Logan County	30
Conner	28
Paducah Tilghman	23
Ohio County	20
Union County	19
Franklin Simpson	16
Rowan County	14
Barren County	12
Boyle County	11
Calloway County	11
Bourbon County	10
Fleming County	10
Lawrence County	8
Montgomery County	8
Webster County	8
Adair County	6
Meade County	5
Marion County	4
Owensboro Catholic	4
Scott County	3
Fleming Neon	2
Grayson County	2
Mason County	2
Dixie Heights	1
Lloyd Memorial	1
Russell County	1
Washington County	1
Western Hills	1

PADUCAH TILGHMAN HIGH SCHOOL - CLASS AA BOYS

Kentucky High School Track Meet Lexington, Kentucky-May 26, 1984



(L to R) Front Row: Ronald Clark, Sam Covington, Grey Willims, Craig Johnson, Neil Clark, Victor Copelan.
Back Row: Coach Larry Alean, Lyman Brown, Jimmy Harris, Connor Mason, Shawn Jackson, Edward Watson, Angie Shiller, Steve Johnston.

100m Dash

1. Mason, Conner (12) Pad. Tilg	10.86
2. Jackson, Glenn (11) Franklin Co.	11.15
3. Clark, Ronald(12) Pad. Tilg.	11.15
4. Fletcher, Shane (12) Mason Co.	11.31
5. Burden, Gregg (10) Harrison Co.	11.32
6. Ferguson, Darrell (11) Middleboro	11.48

200m Dash

1. Jackson, Shawn (11) Paducah	21.80
2. Mason, Conner (12) Paducah	21.93
3. Fletcher, Shane (12) Mason Co.	22.39
4. Jackson, Glenn (11) Franklin Co.	22.78
5. Morris, Mark (12) Franklin Co.	23.06
6. Stallworth, Marcus (9) Danville	23.29

400m Dash

1. Mason, Connor, (12) Paducah Tilg	48.59
2. Fletcher, Shane (12) Mason Co.	50.91
3. Smoot, Mason, (12) Elizabethtown	51.04
4. Harper, Derry (12) Knox Central	51.25
5. Ossege, Doug (11) Highlands	51.55
6. Garrett, Tracy (11) Scott Co.	51.95

800m Run

1. Caldwell, Jeff (12) Scott Co.	1:57.49
2. Ossege, Doug (11) Highlands	1:57.95
3. Moore, Scott (11) Grayson Co.	2:01.26
4. Williams, Greg (10) Paducah	2:02.26
5. Harris, Darrell (12) Calloway Co.	2:02.53
6. Slone, Richie (12) Prestonsburg	2:02.60

1600m Run

1. Boxx, James (12) Middleboro	4:29.35
2. Caldwell, Jeff (12) Scott Co.	4:31.78
3. Painter, Charlie (12) Middleboro	4:33.17
4. Vandenberg, Jimmy (12) Franklin Co.	4:34.29
5. Knight, Barry (11) Calloway Co.	4:36.99
6. Clark, Neal (9) Paducah Tilg.	4:46.75

3200m Run

1. Clark, Tim (12) Owensboro Cath.	9:44.91
2. Marshall, Rob (12) Cov. Catholic	9:53.4
3. Thornton, Gary (10) Webster Co.	10:02.1
4. Collier, Jeff (12) Whitesburg	10:03.1
5. Cornett, Fred (12) Scott	10:16.3
6. Paynter, Charlie (12) Middleboro	10:21.1

110m High Hurdles

1. Blake, Jeff (12) Middleboro	15.04
2. Robertson, Mike (11) Bowling Gr.	15.22
3. Hamilton, Ken (12) Danville	16.06
4. Canady, Mark (10) Knox Cnt.	15.80
5. Burdin, Butch (11) Woodford Co.	15.95
6. Owen, Jason (12) Barren County	16.06

300m Low Hurdles

1. Blake, Jeff (12) Middleboro	39.18
2. Mostey, Trey (11) Webster Co.	39.33
3. Hamilton, Ken (12) Danville	39.75
4. Madden, Roger (12) Clay Co.	39.77
5. Burden, Butch (11) Woodford Co.	40.16
6. Clark, Ronald (12) Pad. Tilg.	40.20

800m Relay

1. Paducah Tilghman	1:29.80
2. Franklin County	1:31.78
3. Bowling Green	1:32.19
4. Elizabethtown	1:34.97
5. Cawood	1:35.06
6. Harrison County	1:35.84

1600m Relay

1. Paducah Tilghman	3:21.58
2. Mayfield	3:22.94
3. Scott County	3:29.39
4. Newport Central Catholic	3:31.10
5. Danville	3:31.90
6. Elizabethtown	3:32.93

Shot Put

1. Gathers, Bobby (12) Grayson Co.	49'10"
2. Gibson, Donald (12) Knott Co.	49'5"
3. Harris, Jimmy (12) Paducah Tilg	48'
4. Whaley, Phil (12) Highlands	47'4"
5. Deminbrun, Tim (12) Barren Co.	45'9"
6. Ison, Tony (12) Lawrence Co.	45'1"

Discus

1. Houston, Doug (10) Bowling Gr.	136'2"
2. McMurty, Quinn (10) Newport Ca.	134'10"
3. Harris, Steve (11) Franklin Co.	133'6"
4. Harris, Jimmy (12) Paducah Tilg.	129'8"
5. Ely, Tim (12) Middleboro	127'11"
6. Gorin, Mark (11) Taylor Co.	125'8"

High Jump

1. Albritton, Todd (12) Calloway Co.	6'6"
2. Davis, Mike (12) Bourbon County	6'4"
3. Thompson, Mike (12) Highlands	6'2"
4. Wilson, Jody (10) Rowan Cnty	6'2"
5. Beasley, William (12) Bowling Gr.	6'0"
6. Young, Donnie (12) Grayson Co.	6'0"

Pole Vault

1. Frisch, Mike (12) Cov. Cath.	12'0"
2. Clemons, Todd (10) Barren Co.	12'0"
3. Martin, Butch (12) Bourbon Co.	11'0"
4. Gillion, Eddie (12) Barren Co.	11'0"
5. Messen, Doug (12) Russell	10'6"
6. Gilbert, John (11) Clay Co.	10'0"

Long Jump

1. Morris, Mark (12) Franklin Co.	22'9 1/2"
2. Beasley, Williams (12) Bowl. Gr.	22' 6 1/2"
3. Scott, Tom (11) East Hardin	21'7"
4. Barber, Tony (11) Bowl, Gr.	21'4 1/2"
5. Good, Stacy (12) Bell County	20'7"
6. Roberts, Bryan (12)	20'4 1/2"

Triple Jump

1. Beasley, William Bowling Gr.	47'10 1/2"
2. Robertson, Mike (11) Bowling G.	46'0 1/2"
3. Morris, Mark (12) Franklin Co.	45'9 1/2"
4. Scott, Tom (11) East Hardin	42'4 1/2"
5. Cox, Todd (10) Elizabethtown	42'1 1/2"
6. Madden, Roger (12) Clay County	41'7"

TOTAL POINTS

Paducah Tilghman	80
Bowling Green	56
Franklin County	48
Middleboro	40
Scott County	25
Highlands	20
Covington Catholic	18
Mason County	18
Grayson County	17
Barren County	15
Danville	15
Bourbon County	14
Calloway County	14
Webster County	14
Elizabethtown	13
Newport Central Catholic	12
East Hardin	10
Owensboro Catholic	10
Knott County	8
Knox Central	8
Mayfield	8
Whitesburg	8
Clay County	6
Woodford County	5
Rowan County	4
Harrison County	3
Bell County	2
Cawood	2
Russell County	2
Scott	2
Lawrence County	1
Prestonsburg	1
Taylor County	1

BALLARD HIGH SCHOOL - CLASS AAA GIRLS

Kentucky High School Track Meet Lexington, Kentucky-May 26, 1984



(L to R) Front Row: Molly Miller, Judy Nichols. Second Row: Tracy Webb, Tracie Wright, Karen Carbin, Karen Johnson. Back Row: Coach Edward Newton, Ann Thomsson.

300m Low Hurdles

1. Webb, Tracy (12) Ballard	45.11
2. Tyson, Celia (9) Oldham Co.	46.19
3. Collins, Diane (11) Warren Cnt	46.95
4. Cannon, Theresa (12) Male	47.29
5. Mann, Maria (12) Notre Dame	47.62
6. Rice, Tonia (11) Doss	50.12

100 Low Hurdles

1. Canada, Delicia (12) Bryan St.	14.76
2. Webb, Tracy (12) Ballard	14.98
3. Vesgo, Robin (10) Boyd Co.	15.62
4. Cannon, Theresa (12) Male	15.77
5. Collins, Diane (11) Warren Cnt.	15.82
6. Pittman, Vonnie (11) Doss	15.88

100m Dash

1. Wright, Tracy (12) Ballard	12.31
2. Stone, Shawn (12) Shelby Co.	12.42
3. Higgs, Shawn (10) O'boro	12.59
4. Shelby, Norma (12) Male	12.66
5. Wklerson, Antoinette (11) B.S	12.89
6. Keaton, Kim (10) Southern	12.89

200m Dash

1. Carbin, Karen (12) Ballard	24.94
2. Wright, Tracy (12) Ballard	25.09
3. Coleman, Melissa (11) Lafayette	25.56
4. Stone, Shawn (12) Shelby Co.	25.63
5. Hill, Kim (11) Doss	25.65
6. Shelby, Norma (12) Male	25.76

400m Dash

1. Carbin, Karen (12) Ballard	55.68
2. Dunning, ReRe (12) Eastern	58.39
3. Garner, Michelle (11) Bryan St.	59.04
4. Coleman, Melissa (11) Lafayette	59.67
5. Pittman, Vonnie (11) Doss	1:00.47
6. Weathers, Vemta (10) Hend. Co	1:00.76

800m Run

1. Meeco, Debbie (11) Pulaski Co.	2:18.44
2. Webster, Andrea (12) Madisonville	2:18.48
3. Bland, Sarah (11) Shelby Co.	2:20.75
4. Oberst, Alicia (12) Sacred Heart	2:24.35
5. Gersheimer, Jenny (12) Moore	2:25.37
6. Falk, Linda (11) Assumption	2:26.07

1600m Run

1. Britt, Angela (9) Atherton	5:11.58
2. Crutcher, Nancy (9) Oldham Co.	5:11.63
3. Sapiezka, Jeanne (12) Central	5:13.66
4. Trimble, Melanie (9) Boyd Co.	5:24.22
5. Bland, Sarah (11) Shelby Co.	5:29.37
6. Bruner, Margaret (12) Laurel Co	5:30.64

400m Relay

1. Owensboro	49.67
2. Doss	49.79
3. Bryan Station	49.96
4. Eastern	50.45
5. Moore	50.64
6. Male	50.91

800m Relay

1. Ballard	1:43.74
2. Shelby County	1:45.98
3. Bryan Station	1:46.38
4. Eastern	1:46.78
5. Henderson Co	1:47.24
6. Male	1:48.64

3200m Run

1. Sapinza, Jeanne (12) Central	11:28.60
2. Britt, Angela (9) Atherton	11:33.10
3. Crutcher, Nancy (9) Oldham Co.	11:35.15
4. Collins, Beth (11) Lafayette	11:58.49
5. Trimble, Melanie (9) Boyd Co.	12:06.90
6. Bryant, Cheryl (11) Madisonville	12:18.46

1600m Relay

1. Ballard	3:52.97
2. Eastern	3:57.91
3. Doss	4:02.54
4. Lafayette	4:02.56
5. Henderson County	4:10.07
6. Central	4:10.92

Shot Put

1. Crawford, Tonya (11) Butler	37'10"
2. Cooper, Dana (12) Male	37'3"
3. Vaughn, Denise (11) Moore	37'3"
4. Jones, Sherry (10) Laurel Co.	35'4"
5. Cox, Fawanda (12) North Hardin	33'8"
6. Williams, Rosann (12) Presentation	32'2"

Discus

1. Schmidt, Lisa (12) Boone Co.	118'7 1/2"
2. Finley, Alison (11) Apollo	117'4"
3. Williams, Rosann (12) Prestonsburg	110'2"
4. Cox, Fawanda (12) North Hardin	99'1"
5. Tarlton, Tammy (11) Holy Rosary	97'2"
6. Crawford, Tonya (11) Butler	96'10"

High Jump

1. Franzman, Susan (12) Holy Rosary	5'4"
2. Woolfidge, Sandy (10) Mercy Acad	5'2"
3. Loney, Donna (10) Henderson Co.	5'0"
4. Stone, Shawn (12) Shelby County	5'0"
5. Warren, Traci (11) Male	5'0"
6. Gersheimer, Jenny (12) Moore	5'0"

Long Jump

1. Smith, Tina (12) Bryan St.	18'11"
2. Gard, Robin (12) Warren Cnt.	17'1 1/2"
3. Vesgo, Rogin (10) Boyd Co.	16'8 1/2"
4. Johnson, Raene (9) Henderson Co.	15'10 1/2"
5. English, Vanessa (12) Fairdale	15'10 1/2"
6. Franzman, Susan (12) Holy Rosary	15'5 1/2"

TOTAL POINTS

Ballard	76
Bryan Station	40
Shelby County	32
Male	25
Eastern	24
Oldham County	22
Doss	20
Atherton	18
Boyd County	18
Lafayette	18
Central	17
Owensboro	16
Warren Central	16
Henderson County	15
Holy Rosary	13
Butler	11
Moore	11
Boone County	10
Pulaski County	10
Madisonville	9
Apollo	8
Mercy Academy	8
Presentation	7
North Hardin	6
Laurel County	5
Sacred Heart	4
Fairdale	2
Assumption	1
Southern	1

SHELBY COUNTY HIGH SCHOOL - CLASS AAA BOYS

Kentucky High School Track Meet Lexington, Kentucky-May 26, 1984



(L to R) Front Row: Willie White, Chris Lancaster, Robert Taylor. Second Row: Coach Larry Wingfield, Terry Stone, Anthony Tinsley, Bryant Chambers, Steve Jackson. Back Row: Coach Johnny Reese.

100m Dash

1. Robinson, Derk (11) Lafayette	10.97
2. Lancaster, Chris (11) Shelby Co	11.16
3. Grandy, Allen (12) Moore	11.16
4. Long, Toney (11) Iroquois	11.16
5. Bacon, Scott (11) Marshall Co.	11.22
6. Richardson, David (11) Bishop	11.25

200m Dash

1. Robinson, Derrak (11) Lafayette	22.16
2. Taylor, Joe (11) Eastern	22.39
3. Grundy, Allan (12) Moore	22.39
4. Jordon, Terry (11) Bryan Station	22.55
5. Bacon, Scott (12) Marshall Co.	22.56
6. Watkins, Scott (11) Henderson Co.	22.89

400m Dash

1. Taylor, Joe (11) Eastern	48.42
2. Robison, Derek (11) Lafayette	50.10
3. Hayes, Mark (12) Campbell Co.	50.32
4. Rorer, Fred (11) Madisonville	50.77
5. Wilson, Jim (12) Iroquois	50.78
6. Moore, Donald (12) Iroquois	51.15

800m Run

1. Scott, Ebelhar (12) Apollo	1:54.68
2. Dean, Austin (10) Madisonville	1:57.04
3. Swori, Michael (11) St. Xavier	1:57.25
4. Komp, Larry () Lou. Trinity	1:58.49
5. Reader, Michael (12) St. Xavier	1:58.84
6. Nally, Russell (11) Lafayette	2:01.58

1600m Run

1. Harmon, Chuck (12) Campbell Co.	4:27.39
2. Butler, Joseph (11) St. Xavier	4:28.27
3. Jones, Jay (12) P R P	4:28.29
4. Saunders, Derrick (11) Ballard	4:31.58
5. Nally, Russell (11) Lafayette	4:32.82
6. Henson, Todd (11) Marshall Co.	4:36.70

3200m Run

1. Williams, Elie (12) Iroquois	9:43.33
2. Roberts, Dean (11) Daviess Co	9:49.10
3. Dechman, Bill (11) Daviess Co	9:52.33
4. Dailey, Bob (12) Lafayette	10:01.86
5. Stone, Phil (11) Lou. Trinity	10:11.89
6. Shuck, Jeff (12) Jeffersontown	10:22.99

110m High Hurdles

1. Lancaster, Chris (11) Shelby Co.	14.51
2. Marcum, Rick (12) Madison Cnt	14.95
3. Chanauld, Chris (12) Henry Clay	15.07
4. Davidson, Brian (11) Seneca	15.17
5. Mason, Duwan (11) Iroquois	15.43
6. Fortwangler, Jeff (11) Oldham Co.	15.47

300m Low Hurdles

1. Lancaster, Chris Shelby Co	38.32
2. Marcum, Rick (12) Mad. Cent	39.11
3. Thompson, Carlos (12) Iroquois	39.37
4. Crawford, Mike Central (L'ville)	39.54
5. McCravy, Rod (10) Lou. Trinity	39.64
6. Thompson, Mike (10) Homes	39.65

800m Relay

1. Moore	1:31.33
2. Ballard	1:31.44
3. Shelby County	1:32.37
4. Iroquois	1:32.42
5. Male	1:32.46
6. Henderson County	1:32.73

1600m Relay

1. Eastern	3:21.26
2. Iroquois	3:22.92
3. Lafayette	3:23.79
4. Ballard	3:23.98
5. Henderson County	3:24.05
6. St. Xavier	3:25.30

Shot Put

1. Pfeiffer, Mike (11) Lou. Trinity	55'3"
2. Taylor, Robert (11) Shelby Co.	52'9"
3. Ligenfelter, Chris (12) Yates Ck	52'1"
4. Cherry, William (12) P R P	51'3"
5. Hensley, Mark (12) Boyd Co.	49'11"
6. Young, Jim (11) Madisonville	49'10"

Discus

1. Ware, Gordon (12) Owensboro	164'6"
2. Ingram, Todd (11) Henry Clay	158'9"
3. Cherry, William (12) P R P	151'2"
4. Hensley, Mark (12) Boyd Co	150'2"
5. Hamsey, Richard (12) Butler	147'5"
6. Gregory, Scott (11) Lou. Trinity	136'1"

High Jump

1. Jackson, Bill (11) Eastern	6'6"
2. Ignacio, Albert (11) Madison Cn	6'6"
3. Tinsley, Anthony (12) Shelby Co.	6'6"
4. Sidebottom, Kevin (10) St. Xavier	6'4"
5. Porter, Desmond (9) Pleasure R. P.	6'4"
6. Hallmark, Andy (11) Henderson Co	6'2"

Pole Vault

1. Castle, Danny (12) Madison Cnt	14'1"
2. Turner, Derrick (12) Bryan St.	11'6"
3. McGuffin, Eric (12) Oldham Co	11'6"
4. Jones, Dixon (11) St. Xavier	11'0"
5. Sigler, Matt (10) Apollo	11'0"
6. Gossett, David (10) Lou. Trinity	10'6"

Long Jump

1. White, William (11) Shelby Co.	22'6 1/2"
2. Shearer, Joe (11) Bryan St.	21'9"
3. Ward, Maurice (11) Bryan St.	21'3"
4. Nelson, Jeff (12) Boone Co.	21'1 1/2"
5. Rowan Lamont-Central	21'10 1/2"
6. Anderson, Tim-Male	20'5"

Triple Jump

1. Bacon, Scott (12) Marshall Co	43'7 1/2"
2. Walker, David (12) Bryan St	43'5 1/2"
3. Ward, Maurice (11) Bryan St.	43'5"
4. Schoedinger, Kevin-St. Xavier	43'4 1/2"
5. Howard, Anthony (12) Ballard	42'11 1/2"
6. Grass, Tony (10) Trinity	42'10 1/2"

TOTAL POINTS

Shelby County	58
Lafayette	41
Eastern	38
Iroquois	37
Bryan Station	34
Madison Central	34
St. Xavier	29
Moore	22
Trinity (Louisville)	21
Ballard	18
Pleasure Ridge Park	18
Campbell County	16
Marshall County	15
Daviess County	14
Henry Clay	14
Madisonville	13
Apollo	12
Owensboro	10
Seneca	10
Oldham County	7
Boyd County	6
Central	6
Tates Creek	6
Henderson County	5
Boone County	5
Male	3
Butler	2
Bishop David	1
Homes	1
Jeffersontown	1

**1984 GIRLS' GOLF CHAMPIONS
ELIZABETHTOWN COUNTRY CLUB
MAY 15-16, 1984**

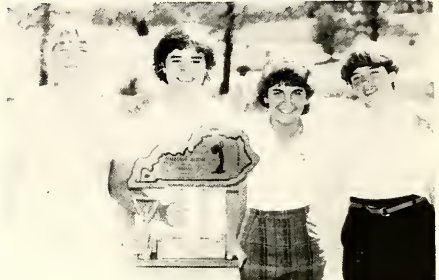


Individual Winner
Lori Oldendick - Boone Co. - 159

TEAM SCORES

Sacred Heart	722
Ballard High School	739
Notre Dame	760
Woodford Co.	767
Allen Co.-Scottsville	776
Montgomery Co.	790
Corbin High School	812
Glasgow High School	820
Johnson Central	821
Elizabethtown High School	823
Oldham Co.	828
Mayfield High School	852
Shelby Co.	855
Calloway Co.	856
Richmond Model High School	867
Marion Co.	918

TEAM CHAMPION-SACRED HEART ACADEMY



(L to R): Ann Jones, Missy Gahm, Barbie Trompeler, Robyn Sult.

Individual Scores

Medalist-Lori Oldendick, Boone Co.	159
Runner-Up-Fe Fe Meyers, Danville H.S.	168
3rd-Ann Hill, Oldham Co.	170
3rd-Susan Jackson, Glasgow	170
4th-Laura Pulliam	171
5th-Missy Gahm, Sacred Heart	173
5th-Ann Jones, Sacred Heart	173
5th-Debbie Fitch, Johnson Central	173
5th-Joy Johnson, Lafayette H.S.	173
6th-Julie Esselman, Ballard H.S.	174

**1984 BOYS' GOLF CHAMPIONS
FORT KNOX ANDERSON COURSE
MAY 15-16, 1984**



Individual Winner
Mike Quammen-Lafayette H.S.-122

Individual Scores

Barry Slayden, Marshall County	154
Steve Flesch, Covington Catholic	154
Ben Cooksey, Boyd County	155
Tony Guest, Oldham County	156
Ron Klondike, Ballard	157
Brad Smith, Carroll County	157
Martin Pennington, Corbin	158
Gary Gouvas, Warren Central	158
Steve Corey, Western	158
Jerry Allen, Bethlehem	159
Byron Bennett, Taylor County	159
Steve Cleveland, Madisonville-N. Hopkins	159
Deron Jennings, Ballard Memorial	159
Rick Blank, Covington Catholic	159
Jeff Guest, Oldham County	159

**TEAM CHAMPION
COVINGTON CATHOLIC HIGH SCHOOL**

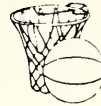
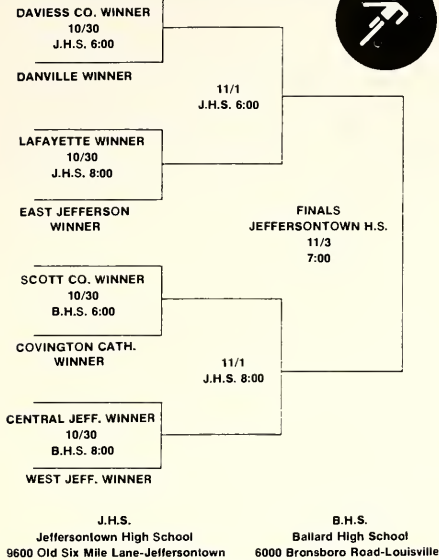


Front Row (L to R): Steve Flesch, Rick Blank, Bob Schultz. Back Row: Eric Wehrman, Coach Steve Sorrell.

TEAM SCORES

Covington Catholic	641
Oldham County	649
Lafayette	658
Boyd County	663
Marshall County	64
Warren Central	664
St. Xavier	670
Corbin	671
Mayfield	680
Trinity	685
Madisonville-North Hopkins	686
Carroll County	688

1984 STATE SOCCER TOURNAMENT



BASKETBALL CLINICS

- October 1—Somerset High School (Somerset)
7:00 P.M.
- October 2—Bell County High School (Pineville)
7:00 P.M.
- October 3—Hazard High School (Hazard)
7:00 P.M.
- October 4—Prestonsburg High School (Prestonsburg)
7:00 P.M.
- October 8—Morehead State University (Morehead)
7:00 P.M.
- October 9—Ashland Community College (Ashland)
7:00 P.M.
- October 10—Mason County High School (Maysville)
7:00 P.M.
- October 11—Holmes High School (Covington)
7:00 P.M.
- October 15—Apollo High School (Owensboro)
7:00 P.M.
- October 16—Paducah Tilghman High School (Paducah)
7:00 P.M.
- October 17—Murray High School (Murray)
7:00 P.M.
- October 18—Hopkinsville High School (Hopkinsville)
7:00 P.M.
- October 22—Bowling Green H.S. (Bowling Green)
7:00 P.M.
- October 23—Elizabeth High School (Elizabethtown)
7:00 P.M.
- October 24—Durrett Education Annex (Louisville)
7:30 P.M.
- October 25—Henry Clay High School (Lexington)
7:00 P.M.

VOLLEYBALL INFORMATION



The K.H.S.A.A. will sponsor regional and state volleyball tournaments in October and November, 1984. The regional tournaments will be held during the week of October 22nd and the State Tournament is scheduled for November 2nd and 3rd at the University of Kentucky, Lexington, Ky.

The manager will be Assistant Commissioner Brigid L. DeVries.

The region sites and teams assigned to each are listed below:

Region 1 (at Fairdale High School)-Beth Haven Butler, Doss, Evangel, Fairdale, Holy Rosary, Pleasure Ridge Park, Shawnee, Valley, Western;

Region II (at Iroquois High School)-Atherton, Central, Iroquois, Male, Manual, Mercy, Moore, Ninth & O., Portland Christian, Presentation, Southern;

Region III (at Ballard High School) Assumption Ballard, Christian Academy, Eastern, Fern Creek, Fort Campbell, Jeffersontown, Ky., Country Day, Oldham County, Sacred Heart, Seneca, Waggener;

Region IV (at Dixie Heights, St. Henry, and Notre Dame)-Beechwood, Dixie Heights, Holmes, Holy Cross, Lloyd Memorial, Ludlow, Nortre Dame, St. Henry, Scott, Simon Kenton, Villa Madonna;

Region V (at Newport & Highlands)-Bellevue, Boone County, Bishop Brossart, Campbell County, Carroll County, Conner, Dayton, Highlands, Newport, Newport Central Catholic, Walton Verona;

Region VI (at Morehead University)-Belfry, Buckhorn, Cumberland, Ft. Knox, Fairview, Montgomery County, Oneida Baptist, Paul Blazer, Rowan County, Scott Co., St. Camillus, Wheelwright, Woodford County.

(continued from page three)

Girls Class A: Buckhorn, Cordia, Hazard, Phelps, Lee Co., Oneida Bap. Inst., Paintsville, Riverside Christian, Raceland, Bath Co., Lewis Co., Dilce Combs, Menifee Co., Fleming-Neon.

Boys Class AA: Breathitt Co., East Carter, Estill Co., Johnson Central, Rowan Co., Russell, West Carter, Whitesburg, Lawrence Co., Knott Co. Cent.

Girls Class AA: East Carter, Rowan Co., Russell, Whitesburg, Lawrence Co., Johnson Central, Knott Co. Central

Manager: Lenny Ferguson, Holmes High School, Covington, Ky. 41101

Boys Class AAA: Boone Co., Boyd Co., Greenup Co., Holmes, Campbell Co., George Rogers Clark

Girls Class AAA: Boone Co., Boyd Co., Nortre Dame, Campbell Co., Covington Holmes

1984-85 NATIONAL FEDERATION SWIMMING & DIVING RULE INTERPRETATIONS

PUBLICATION CORRECTIONS

Rule Book-Page 29:Rule 9-3-4: Last sentence change "submitted" to "reviewed" Page 33-Rule 9-6-2g-Now reads: " For an rescuer attempt." Page 42-Rule 3-2-3B-Ruling reads: "The change is permitted in (a), but not in (b) Page 49-Rule 5-4-4A & B-Switch the diagrams Page 50-Rule 5-4-4C-Delete

SITUATION #1: In a championship meet, each team is permitted only 2 entries in an individual event

RULING: Legal (3-1-1)

COMMENT: The rule only states they cannot permit more than 4 per individual event

SITUATION #2: During a meet, a coach submits an entry card without first names of the swimmers to the referee immediately after the announcement of results of the preceding event. The swimmers are disqualified.

RULING: Correct procedure (3-2-3)

SITUATION #3: A swimmer who is entered in the 50-yard freestyle and 100-yard freestyle decides not to swim in the 50-yard freestyle in order to "save himself" for the finals of the medley relay for which he has already qualified for finals. He is disqualified from the 50-yard and 100-yard freestyle races and the medley relay

RULING: Incorrect procedure (3-2-4)

COMMENT: The swimmer is not disqualified from an event in which he has already qualified. In this situation, the medley relay

SITUATION #4: At a dual meet administered by 2 officials who cannot agree about a close finish, the judgment of the referee takes precedence

RULING: Correct procedure (4-1-4)

COMMENT: If trained official timers were available, the time ballot could be used

SITUATION #5: The referee fails to notify either the swimmer or coach following a stroke disqualification.

RULING: Legal, however the referee should have signaled the disqualification (4-2-2)

SITUATION #6: The day after a dual meet was completed, one of the coaches discovers that a rival competitor swam in 3 individual events. The coach is informed that no changes can be made to the meet results

RULING: Correct procedure (4-2-3)

COMMENT: Once the referee signs the scoresheet, the score becomes official and shall not be changed.

SITUATION #7: If a dispute occurs between the referee and the chief timer over the correct reading of a watch, the chief timer's reading prevails

RULING: Correct procedure (4-8-1)

SITUATION #8: Primary gun, automatic start/pad finish, secondary gun, automatic start/20 button finish

Data	Primary	Secondary	
Lane 1	1:59:369	1:59:45	1:59:38
Lane 2	1:58:287	1:58:55	1:58:39
Lane 3	1:58:371	1:58:36	1:58:41
Lane 4	1:56:518	1:56:65	1:56:72
Lane 5	2:00:053	2:00:17	2:00:12
Lane 6	1:58:078	1:57:66	1:57:64
Lane 7	1:59:263	1:59:37	1:58:46
Lane 8	1:58:380	1:58:50	1:58:46

Official times are:

Lane 1	1:59:36
Lane 2	1:58:28
Lane 3	1:58:32
Lane 4	1:56:51
Lane 5	2:00:05
Lane 6	1:57:53
Lane 7	1:59:26
Lane 8	1:58:38

COMMENT: Malfunction on Lane 6. Such a malfunction should be confirmed by other data such as, visual observation by equipment operators, placement data by officials, etc. (6-3-3)

SITUATION #9: Primary gun, automatic start/pad finish, secondary manual start/3 button finish

Data	Primary	Secondary	
Lane 1	52:21	52:07	52:12
Lane 2	52:18	51:91	52:06
Lane 3	51:05	50:97	51:00
Lane 4	51:04	50:78	50:88
Lane 5	51:86	51:30	51:38
Lane 6	51:65	51:56	51:59
Lane 7	52:27	52:13	52:13
Lane 8	51:87	51:58	51:75

Official times are:

Lane 1	52:21
Lane 2	52:18
Lane 3	51:05
Lane 4	51:04
Lane 5	51:46
Lane 6	51:65
Lane 7	52:27
Lane 8	51:87

SITUATION #10: Primary time-gun start/pad finish, secondary = manual start/3 button with only middle button recorded

	Primary	Secondary	Official
Lane 1	3:55:60	3:50:24	3:50:52
Lane 2	3:38:17	3:37:97	3:38:17
Lane 3	3:20:84	3:20:51	3:20:84
Lane 4	3:29:50	3:29:31	3:29:50
Lane 5	3:38:60	3:38:11	3:38:60
Lane 6	3:36:27	3:36:05	3:36:27

RULING: By observing the difference between primary and secondary, the malfunctions are determined. The differences all have last secondary (6-3-3)

Lane 1 5:36-a malfunction

Lane 2 0:23

Lane 3 0:34

Lane 4 0:19

Lane 5 0:49

Lane 6 0:22

COMMENT: Lane 1 is obviously a malfunction. However, the times in lanes 3 and 5 which are greater than the 0.3 second malfunction criteria are due to the late start of the secondary. Once this is corrected these are not potential malfunctions. The late start is calculated by

$$0.2 + 0.34 + 0.19 + 0.49 - 0.22 = 0.28 \text{ seconds} \quad (6-3-3)$$

SITUATION #11: On the command "Swimmers, take your mark," a swimmer assumes a starting position with both feet at the front edge of the block. Then he/she moves one foot backward to the back of the block

RULING: Legal, providing the other swimmers had not yet assumed a motionless position (8-1-1)

SITUATION #12: During a meet, a swimmer (a) starts from the pool deck, (b) because of an injury, starts in the water

RULING: (a) Legal, (b) legal provided approval was received from the referees (8-1-1, 4-1-4)

SITUATION #13: A backstroker fails to touch the end wall on a turn so the swimmer returns to the wall, using the legal backstroke, and touches it

RULING: Legal provided the swimmer's hips did not pass the vertical on either turn (8-2-1)

SITUATION #14: During the individual medley, the swimmer uses a flip turn at the completion of the backstroke portion of the race.

RULING: Legal (8-2-5)

COMMENT: The swimmer has not completed the race

SITUATION #15: During the medley relay, each swimmer must touch the finish end/pad when completing her portion of the race.

RULING: Correct (8-3-1)

SITUATION #16: During a relay, the second swimmer from Team A stands at the back of the string block. As the first swimmer approaches, the second swimmer moves one foot to the front of the block and "vaults" into the water as the first swimmer touches the end wall

RULING: Illegal, the second swimmer did not assume a legal forward starting position. (8-3-4)

SITUATION #17: Immediately prior to the competition, the diving referee permits one water entry for each contestant. A diver executes a 2½ SS as his entry

RULING: Correct procedure. The rule does not specify the type of entry so it is the diver's choice (9-2-1)

SITUATION #18: In order to expedite the meet, the referee denies all divers a practice approach or entry into the water

RULING: Legal (9-2-1)

SITUATION #19: A diver fails to submit his diving scoresheet at the time designated for review by the referee, but submits it immediately after the announcement of results for the 60 yard freestyle. The diver is allowed to compete, but his scoresheet will not be reviewed by the referee

RULING: Correct procedure (9-3-3b, 9-3-4)

SITUATION #20: On the diving scoresheet, a diver has listed, then performs, dive #203, a back 1½ SS in pike position, degree of difficulty = 2.6

RULING: Legal. No penalty will be assessed for the wrong degree of difficulty being listed. This is to be corrected by the diving referee as quickly as possible (9-3-4)

SITUATION #21: In a championship meet, 2 divers tie for the last qualifying position. Both advance into the next round of competition

RULING: Correct procedure (9-4-2)

SITUATION #22: In a nonchampionship meet, a diver lists, then performs, dive #103, a forward 1½ SS in pike position

RULING: Failed dive; first dive must be a required dive. (9-4-5)

COMMENT: If the remaining 5 dives list 4 of the 5 groups, there is no further penalty. If only 3 groups are listed diver will receive another failed dive at the point he/she does not meet the requirements for dual meets

SITUATION #23: A diver mistakenly lists and performs the same dive twice. The referee declares a failed dive on the second attempt

RULING: Correct procedure (9-7-5)

SITUATION #24: A diver's feet leave the board prior to the diver performing a back 1½ somersault. The referee declares the dive deficient and instructs each judge to award no more than 4 on the dive

RULING: Incorrect procedure. Each judge shall deduct 1½-2 points (9-8-2b)

SITUATION #25: A swimmer is disqualified from a race for one false start

RULING: Incorrect procedure (10-2-1a)

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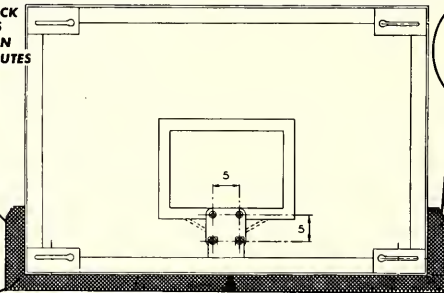
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