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The Athlete, February 1988

Kentucky High School Athletic Association

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THE A T H L E T E

February, 1988

Volume L, No. 7



Official Publication of
The Kentucky High School
Athletic Association

Member of National Federation of State High School Associations

STRAIGHT TALK

Steroids Have Bad Side Effects

By Dr. Robert O. Voy

The use and abuse of anabolic steroids is one of the most controversial topics in sport today. Athletes often refer to these drugs as the "breakfast of champions," which shows how prevalent and innocent athletes feel their use is.

The non-therapeutic use of these drugs by athletes of all ages in conjunction with weightlifting to enhance physique has reached epidemic proportions. These users are served by a black market that was estimated recently at \$100 million annually.

There seems to be a continuing argument as to whether or not anabolic steroids increase muscle mass and strength. Some feel that anabolic steroids were put on the banned substance list not because they enhance performance, but because their effects can be dangerous to the health of the user.

This confusion and the conflicting signals that physicians have given athletes about steroid use in the last few years has caused physicians to lose some of their credibility with athletes. Many times, when trying to educate athletes against anabolic steroid use, I have been told "Doc, why should I believe all that stuff about bad side effects now, when years ago you told me that the juice didn't work and that my increased muscle mass and strength was due to placebo effect and the fact that I trained harder?"

The truth is that anabolic steroids do increase lean muscle mass and secondary strength when used in conjunction with training, but they also have serious short-term and long-term side effects.

If, in fact, these drugs increase muscle mass and strength, then their use in sport constitutes unfair competition and an unfair predicament for the athlete who must face the ultimate decision to use these drugs in order to maintain a competitive edge.

In his 1983 article "The Making of a Champion: Chemistry or Coaching," Dr. Andrew Pipe says "The fundamental issue here is the issue of cheating, lying, manipulation and deception. These issues are larger and more basic than the question of 'steroids' or 'no steroids' and are central to any discussion or consideration of the use of drugs in sport."

Side Effects

There are today only a few specific and uncommon medical uses for anabolic steroids in legitimate medical practice. These include stimulation of the bone marrow in certain patients with rare anemia, stimulation of sexual development in hypogonadal males, treatment of certain types of breast cancer and treatment of a certain condition known as Angioedema.

Even when taken under a physician's supervision, however, these drugs, which may be taken orally or injected, can cause an abundance of dangerous side effects. They can cause premature fusion of the epiphysis (growth center) of long bones in young children, liver dysfunction and tumors, testicular atrophy, lowered sperm count, enlargement of male breasts and nipples, and lowered high density lipoprotein cholesterol levels which may result in cardiovascular disease.

Women gain masculine features such as facial hair, baldness, deepening of the voice, shrinkage of breast size, enlargement of the clitoris, uterine atrophy and irregularity of menstruation cycle. Psychological effects may include aggressive behavior, mood swings and increased libido. This list is by no means complete. More recently, there have been recorded cases of criminal behavior while on anabolic steroids.

More important even than health risks is the recent evidence that anabolic steroids increase aggression and violence. Researchers have reported not only increased aggressiveness among male and female athletes taking steroids, but also occasional psychotic episodes believed to be induced by heavy use of steroids.

Some athletes call these episodes, which can resemble a prolonged temper tantrum, "roid rage." In a recent study of health club athletes who had used steroids for a mean of 3.5 years (74% stacked two or more steroids), 90 percent confessed to episodes of over-aggressiveness and violent behavior that they believed were induced by steroids.

There are several cases involving violent criminal behavior by individuals "high" on anabolic steroids. The first legal case addressing the question of whether steroids can induce criminal behavior and whether use of them can be a legal defense occurred in a Prince George County Court, Maryland. The judge ruled "that the offender was suffering from an organic personality syndrome caused by toxic levels of anabolic steroids taken to enhance his ability to win a body-building contest." He, therefore, ruled the athlete in a diminished capacity due to steroid toxicity. Increases in sexual libido and aggressiveness in both males and females taking anabolic steroids is well documented.

Recent evidence that prolonged steroid use can lead to addiction has had little attention to date. A public statement by the coach of a Division I football player who tested positive for anabolic steroids used prior to a 1987 bowl game is a good example of the naivete that exists regarding the addictive potential of steroids. He stated that he was relieved that his player tested positive for anabolic steroids and not for another drug like marijuana or cocaine.

Anecdotal experience with steroid-using athletes demonstrates that, in order to simply maintain the muscular hypertrophy and strength that they have achieved, the athletes must continue to use the steroids. Otherwise, they tend to return to their normal weight in spite of continued training. This results in an irresistible desire to continue use, and constitutes a high risk for habituation and addiction.

Dr. Voy is director of the U.S. Olympic Committee's Division of Sports Medicine and Science. He also is a member of the TARGET Board of Directors.

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FEBRUARY, 1988

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MINUTES OF THE BOARD MEETING

January 23, 1988

The Board of Control of the Kentucky High School Athletic Association met at the Executive East, Louisville, Kentucky, on Saturday morning, January 23, 1988. The meeting was called to order by President Frank Welch at 9:00 a.m. Present were all Board members, Commissioner Tom Mills, Executive Assistant Billy Wise, Assistant Commissioners Brigid DeVries and Louis Stout and Sports Information Director Julian Tackett. Mr. Harry Loy, representing the State Department of Education was also present. The invocation was given by Mr. Sam Chandler.

Tom Buchanan made a motion that the minutes of the November 27-28, 1987, meeting be approved. Sam Chandler seconded the motion, which carried unanimously.

Sam Chandler moved, seconded by Grant Talbott, that the bills of the Association for the period November 1 through December 31 be approved. The motion carried unanimously.

President Welch called on Tom Buchanan, Chairman of the All-Sports Committee for his report.

1) **Track Alignment:** The track alignment was set up according to new enrollment figures, geographical location and comments/requests from participating schools. Also, two-day sectional events will be scheduled since all events cannot be scheduled into a one-day time frame. Chairman Buchanan made a motion that the recommendation of the Committee with regard to the new track alignment be accepted. Huston DeHaven seconded the motion which carried unanimously. (The new track alignment will be published in the January issue of the "Athlete".)

2) **Spring Sports Season Extended:** The Committee recommends that a proposal be presented to the Delegate Assembly which would allow spring sports to begin the first Monday of the week following the last state basketball tournament. This proposal will effect all spring sports beginning with the 1988-89 school year. Chairman Buchanan made a motion that the Board accept the Committee's recommendation. Bill Case seconded the motion which passed by a vote of 9 in favor of the motion and one opposed.

3) **State Basketball Tournament Expenses:** Following a study of the present distribution of basketball tournament expenses, the Committee made the following recommendations to the Board. Reduce the advance expense check from \$1500 to \$1000; pay for 28 participants (21 players, managers, coaches plus 6 cheerleaders and one sponsor); pay for the losing teams to stay through lunch on Saturday. The four semi-final teams will receive expenses through breakfast on Sunday. Chairman Buchanan made a motion that the Board accept the Committee's report. Charlie Miller seconded the motion which carried unanimously.

President Welch then called on Charlie Miller, Chairman of the Football Committee for his report.

1) It is recommended that the State Football Playoff Final games be played the second weekend following Thanksgiving.

2) It is also recommended that the rescheduling of games (if necessary) between now and the end of the present classification period be left up to the individual schools.

Chairman Miller made a motion that the Board accept the

Committee's report. Sam Chandler seconded the motion. The motion passed unanimously.

Commissioner Mills then discussed with Board members several proposals to be considered by the 1988 Delegate Assembly. He explained that he would provide the members of the Board with a complete copy of the proposals during the March meeting of the Board. Tony Olinger made a motion, seconded by Grant Talbott, that Mr. Mills present the proposals to the Delegate Assembly.

Following a discussion by Board members who had received several requests to move the Annual Delegate Assembly Meeting back one week, Grant Talbott made a motion, seconded by Tom Buchanan, that the Delegate Assembly Meeting be held on Friday, April 22, 1988. The motion carried unanimously.

Executive Assistant Wise reported that \$335,822.00 in ticket sales has been received through this date for the Boys State Basketball Tournament. This figure is approximately \$56,000. under the amount received for this same date in 1987. Advanced ticket sales for the Girls State Basketball Tournament has netted \$20,682. approximately \$13,000. ahead of last year's receipts at this time.

Upon the recommendation of Commissioner Mills, Ken Tippett made a motion, seconded by Grant Talbott, that the Commissioner be empowered to grant each team that participated in the football playoffs \$1,200.00 to help defray expenses. The motion carried by a vote of 9 in favor. Sam Chandler abstained.

Commissioner Mills advised the Board that he had received a letter from Madison Central High School requesting a change in football classification due to the fact their enrollment is being divided with a new school--Madison Southern High School. Following a discussion of their request and due to the fact that more information is needed, the request will be referred to the Football Committee.

Commissioner Mills reported to the Board the status of the court proceedings regarding University Heights Academy. Following his report, Grant Talbott made a motion that the Board direct the Commissioner's Office to investigate University Heights Academy's program as it relates to the rules and regulations of the Kentucky High School Athletic Association. Charlie Miller seconded the motion, which passed unanimously.

Commissioner Mills discussed the receipt of a \$6,000 federal grant from the State Department of Education for the Target Program Training Project. The Target Program is a chemical awareness program for drug related problems. The K.H.S.A.A. will be working with the Department of Human Resources and the State Department of Education on this project.

Executive Asst. Wise recommended to the Board that officials for the district and regional basketball tournaments be assigned in the same manner as for 1987--that being that officials will officiate within their region for the district basketball tournaments but will go outside their region for the regional tournaments, except in instances where the Local Policy Board requests otherwise.

The next meeting of the Board of Control will be in Frankfort on Friday, March 25, 1988, at 8:30 a.m. The location of the meeting will be posted in the lobby of the Capital Plaza Hotel.

Sam Chandler made a motion that the meeting be adjourned. Tony Olinger seconded the motion which carried unanimously.

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 Lexington, Kentucky

BOARD OF CONTROL

President - Frank Welch (1984-1988) Belfry, Vice-President - Tom Buchanan (1985-1989) Eddyville, Directors - William Case (1987-1991) Paris, Sam Chandler (1986-1990) Shelbyville, Huston DeHaven (1987-1991) Hardinsburg, Charles Miller (1986-1990) Louisville, Tony Olinger (1984-1989) Lexington, Grant Talbott (1984-1988) Owensboro, Ken Tippett (1985-1989) Versailles, Charlie Wilson (1984-1988) Hyden, State Department of Education -Lloyd Redman, Louisville.

Subscription Rate \$5.00 per year



APPEALS HEARINGS
 January 22, 1988

The Board of Control of the Kentucky High School Athletic Association met at the Executive Inn in Louisville, Kentucky on Friday afternoon, January 22, 1988, for the purpose of hearing appeals. The meeting was called to order by President Frank Welch at 1:00 p.m. Present were all Board members, Commissioner Tom Mills, Executive Assistant Billy Wise, Assistant Commissioners Brigid DeVries and Louis Stout and Sports Information Director Julian Tackett. Mr. Harry Loy, representing the State Department of Education was also present. The invocation was given by Mr. Sam Chandler.

President Welch welcomed Mr. Harry Loy, who is the new State Department of Education representative.

President Welch called on Mr. Phillip Johnson, Principal of Virgie High School who was representing Autumn Damron. Autumn's parents were also present. Commissioner Mills had ruled Autumn ineligible to participate in interscholastic athletics due to the fact that she had withdrawn from school due to a medical problem resulting in needed surgery. According to the K.H.S.A.A. Constitution and By-Laws, a student is not allowed to withdraw from school for any reason and still maintain athletic eligibility. Following Mr. Johnson's appeal and a discussion thereof by the Board members, Charlie Wilson made a motion that the Board waive the preceding semester rule to allow Autumn to play and give her a semester for medical reasons. Sam Chandler seconded the motion which passed by a vote of 6 in favor of the motion and 4 opposed to the motion.

President Welch then called on Coach Roy Woolum, University Heights Academy, who was present to represent Corey Quarles. Principal Marvin Denison had requested a hearing for Corey before the Board to appeal the decision of the Commissioner as it relates to By-Laws 6, Transfer Rule. Corey transferred from Hopkinsville High School to University

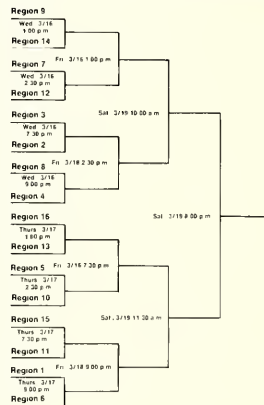
Heights Academy and was subject to the Transfer Rule. Following Mr. Woolum's appeal and questions to him and Corey by the Board members, Tom Buchanan made a motion that the board uphold the Commissioner's decision. Charlie Miller seconded the motion which passed unanimously.

The next appeal was presented by Steven F. Vicroy, Attorney-at-Law, representing Keen Babbage, Head Basketball Coach at Beechwood High School. Mr. Babbage was also present in his defense. Coach Babbage was suspended by the Commissioner's Office for two games for violation of K.H.S.A.A. By-Law 1, Section 8 and By-Law 17. Following Mr. Vicroy's statements, questions to Coach Babbage and a lengthy discussion thereof, Charlie Miller made a motion that the Board accept the letter from the Commissioner's Office as written for a two-day suspension. Ken Tippett seconded the motion which carried unanimously.

There being no more appeals the meeting was adjourned.

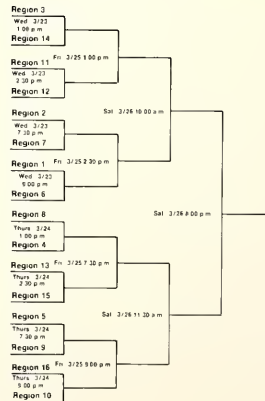
1988 Boys' Sweet Sixteen Tournament Draw

All games to be played March 16-19, 1988



1988 Girls' Sweet Sixteen Tournament Draw

All games to be played March 23-26, 1988





1988 BASEBALL DISTRICT AND REGIONAL ALIGNMENT

REGION 1

District 1
Heath
Lone Oak
Paducah Tilghman
Reidland (D)

District 2
Ballard Memorial (D)
Graves County
St. Mary

District 3
Carlisle County
Fulton (D)
Fulton County
Hickman County

District 4
Calloway County
Marshall County
Mayfield
Murray (R)

REGION 2

District 5
Christian County
Fort Campbell
Hopkinsville
Trigg County
University Heights

District 6
Caldwell County
Crittenden County
Livingston Central
Lyon County

District 7
Dawson Springs
Madisonville
South Hopkins
West Hopkins

District 8
Henderson County (D) (R)
Providence
Union County
Webster County

REGION 3

District 9
Apollo (D) (R)
Davies County
Owensboro
Owensboro Catholic

District 10
Bremam
Central City
Drakesboro
Graham
Greenville
Hughes-Kirk
Muhlenberg Central (D)

District 11
Breckinridge County
Grayson County
Hancock County (D)
St. Romuald

District 12
Fordsville
McLean County (D)
Ohio County
Trinity

REGION 4

District 13
Butler County
Logan County
Russellville
Todd Central (D)

District 14
Bowling Green
Franklin-Simpson (D) (R)
Warren Central
Warren East

District 15
Allen County
Barren County
Edmonson County
Glasgow (D)

District 16
Clinton County
Cumberland County
Metcalfe County (D)
Monroe County

REGION 5

District 17
East Hardin
Elizabethtown (R)
Fort Knox
Meade County (D)
North Hardin
West Hardin

District 18
Caverna
Green County
Hart County
LaRue County (D)

District 19
Bardstown (D)
Bethlehem
Nelson County
Washington County

District 20
Adair County
Campbellsville (D)
Marion County
Taylor County

REGION 6

District 21
Central
Portland Christian
Shawnee
S.W. Christian (D)

District 22
Butler
Holy Cross (R)
Pleasure Ridge (D)
Western

District 23
Beth Haven
Doss
Fairdale
Valley (D)

District 24
DeSales (D)
Evangel
Iroquois
Southern

REGION 7

District 25
duPont Manual
Male
Ninth & O
St. Xavier (D)

District 26
Atherton (D)
Christian Academy
Seneca
Trinity

District 27
Fern Creek
Jettersonstown (D) (R)
Moore
Walden

District 28
Ballard
Eastern
Ky. Country Day (D)
Waggener

REGION 8

District 29
Bullitt Central
Bullitt East
North Bullitt
Spencer County

District 30
Anderson County
Eminence
Henry County
Shelby County (D)

District 31
Carroll County (R)
Gallatin County (D)
Oldham County
Trimble County

District 32
Grant County
Owen County
Scott County (D)
Walton Verona
Williamstown



1988 DISTRICT AND REGIONAL SOFTBALL ALIGNMENTS

District 1

Heath
Lone Oak
Reidland

District 4

Christian County
Fort Campbell
Hopkinsville
University Heights

District 8

Apollo
Daviss County
Owensboro
Owensboro Catholic

District 12

Allen County
Barren County
Edmonson County
Glasgow

District 15

Adair County
Bethlehem
Marion County
Nelson County
Taylor County

District 18

Central
Portland Christian
Presentation Academy
Shawnee
Southwest Christian

District 22

Collegiate
duPont Manual
Male
Mercy Academy
Ninth & O

District 26

Bullitt Central
Bullitt East
North Bullitt
Shelby County
Spencer County

District 2

Ballard Memorial
Graves County
Hickman County
St. Mary

District 5

Caldwell County
Livingston Central
Lyon County
Trigg County

District 9

Bremen
Central City
Drakesboro
Graham
Greenville
Hughes-Kirk
Muhlenberg Central

District 13

Bowling Green
Franklin-Simpson
Logan County
Russellville
Warren Central
Warren East

District 16

East Hardin
Elizabethtown
Fort Knox
Meade County
North Hardin
West Hardin

District 19

Butler
Holy Cross
Pleasure Ridge Park
Western

District 23

Assumption
Atherton
Christian Academy
Seneca

District 27

Carroll County
Eminence
Gallatin County
Henry County
Oldham County
Trimble County

REGION 1

District 3

Calloway County
Marshall County
Mayfield
Murray

REGION 2

District 6

Dawson Springs
Madisonville-North Hopkins
South Hopkins
West Hopkins

District 7

Henderson County
Providence
Union County
Webster County

REGION 3

District 10

Breckinridge County
Frederick Fraize
Hancock County
St. Romuald
Trinity (Whitesville)

District 11

Fordsville
Grayson County
McLean County
Ohio County

REGION 4

District 14

Clinton County
Cumberland County
Metcalfe County
Monroe County

REGION 5

District 17

Caverna
Green County
Hart County
LaRue County

REGION 6

District 20

Beth Haven
Doss
Fairdale
Valley

District 21

Evangel
Holy Rosary
Iroquois
Southern

REGION 7

District 24

Fern Creek
Jeffersonton
Moore
Walden

District 25

Ballard
Eastern
Kentucky Country Day
Sacred Heart
Waggener

REGION 8

District 28

Grant County
Owen County
Scott County
Williamstown

District 29

Boone County
Conner
Dixie Heights
Lloyd Memorial
Simon Kenton
Walton-Verona

REGION 9

District 30
Beechwood
Holmes
Holy Cross
Ludlow
Notre Dame
Villa Madonna

District 31
Bellevue
Dayton
Newport
Newport Central Catholic

District 32
Bishop Brossart
Campbell County
Highlands
Scott
Silver Grove

District 33
Bracken County
Deming
Harrison County
Mason County
Maysville
Pendleton County
Tolesboro

REGION 10

District 34
Bath County
Estill County
George Rogers Clark
Madison
Madison Central

District 35
Bryan Station
Henry Clay
Lafayette
Lexington Catholic
Sayre
Tates Creek

District 36
Franklin County
Jessamine County
Western Hills
Woodford County

District 37
Burgin
Harrrodsburg
Mercer County
Western Anderson

REGION 11

District 38
Corbin
Knox County Central
Laurel County
Lynn Camp
Whitley County

District 39
Monticello
Pulaski County
Rockcastle County
Wayne County

District 40
Bell County
Cawood
Evarts
Middlesboro
Oneida
Red Bird

District 41
Dilce Combs
Hazard
Knott County
Leslie County
Letcher
M.C. Napier

REGION 12

District 42
Breathitt County
Buckhorn
Cordia
Jackson
Jackson County
Menifee County
Riverside Christian
Wolfe County

District 43
Allen Central
June Buchanan
McDowell
Sheldon Clark
Wheelwright

District 44
Boyd County
Greenup County
Lewis County
Morgan County
Russell
West Carter

District 45
Belfry
Elkhorn City
Feds Creek
Phelps
Pikeville



BASEBALL AND SOFTBALL INFORMATION



From: Bluegrass Baseball Association

Baseball Umpire meetings will be held at Transylvania University beginning at 7:30 p.m.

The dates and sites are as follows:
March 7, 14, 21, 28 (Strickland Auditorium)
April 4, 11, 25 Room 234 McAlister Aud.
May 9 Room 234 McAlister Aud.

The National Federation Part II Exam for Baseball and Softball will be given on March 21, 1988.

**1987 Boys' State-At-Large
Champion
HENRY CLAY HIGH SCHOOL**



Front Row (Left to Right): Angie Rice, Dana Newsome, Cheryl Long, Karen Thompson. Middle Row: Joyce Sason, Lisa Carr, Laura Combs, Amy Liebermann, Stacey Torstrick. Back Row: Susie Bair, Marcy Baker, Gina Baker.

**1987 Girls' State-At-Large
Champion
PIKEVILLE HIGH SCHOOL**



Front Row (Left to Right): Pam Kowalski, Cissy Roberts. Seated: Lori Mahan, Joy Baker, Christy Damron, Jennifer Deskins. Standing: Tammy Tomlinson, Beth Templeman, Michelle Ratliff, Sarah Walters, Cindy England. Top: Stacy McCain.

DELEGATE ASSEMBLY DATE CHANGED

The Board of Control has set the date for the 1988 Delegate Assembly as April 22, 1988 at 11:00 a.m. The date was changed from the originally scheduled date of April 15 to accommodate delegates who will be involved with K.E.A. weekend.

ATTENTION COACHES OF BASKETBALL TEAMS

Each coach is being mailed an information sheet to complete for information to be placed in the boys and girls state basketball tournament programs. Your cooperation is appreciated in completing and returning this information to the regional tournament manager should you qualify for the tournament.

TRAINERS WORKSHOP SET FOR E.K.U.

Cramer will again sponsor a workshop for athletic trainers at the campus of Eastern Kentucky University. The clinic will be held on June 5-8. Prospective student delegates may contact Bobby Barton at Eastern or write to Athletic Trainer Workshops, Cramer Products, P.O. Box 1001, Gardner, Kansas, 66030.

NEW TRAINERS MANUAL A VALUABLE AID FOR SCHOOLS

The Institute for Public and Private Sector Initiatives had produced a special booklet to aid high schools, called the "High School Sports Injury Manual". This manual is very informative, and according to several experienced trainers, it is easy to understand, with simple, easy to follow, instructions. This manual is very thorough, and could help each school system in Kentucky. The manual sells for \$6.95 per copy, and is available by writing directly to the publisher at PPSI, 6991 East Camelback, #C-240, Scottsdale, Arizona, 85251. If a school or system orders in a large quantity, a package discount is available.

A.C.T. TEST DATES FOR 1987-88, and 1988-89

With the implementation of the NCAA Minimum Eligibility Guidelines, it is important to keep up with the test dates for the American College Testing Assessment (ACT test). For the remainder of the 1987-88 school year, the schedule is as follows:

<u>Test Date</u>	<u>Regular Postmark Deadline</u>	<u>Late Deadline</u>
04/16/88	03/18/88	04/05/88
06/11/88	05/13/88	05/31/88

FOOTBALL COACH OPENING

Hart County High School is now accepting applications for the position of Head Football Coach. Prospective candidates should send resume' and letter of application to Charles Wuertzer, Principal, Hart County High School, Hwy. 31 South, Munfordville, 42765.

REMINDER TO FOOTBALL SCHOOLS AND OPEN DATES

The first playing date for football in 1988 is August 19. At its regular meeting in January, the Board of Control voted to set the playoff championships games for football as the second Friday and Saturday following Thanksgiving Day, thereby moving the starting and all subsequent playing dates of the football season back one week in accordance to the Limitation of Seasons. The Board then voted to waive the starting date limitation for three years allowing the schools to begin regular season play on the same dates as was previously published until the end of the classification period. Beginning in 1991, the first playing date will again be eleven weekends prior to the first round of the playoffs. This means that the football playing schools have twelve possible playing weeks for the next three seasons, but are still limited to eleven contests.

The first legal date for practice in pads is August 1. Pads is defined as any football equipment, including but not limited to, the helmet, shoulder pads, hip pads, girdle pads, knee pads, thigh pads and padded uniform pants. Please remember to inform the Association office as to open dates and to contact this office when you fill an open date. At this time, we have the following open dates --

Week 1 (August 19) - Calloway County, contact James Jury (502)753-8141. Harrison County, contact Ray Graham (606)234-3253 or 4382. Montgomery County, contact Chili Ishmael or Lowell King (606)498-4964. Oldham County, contact Tom Peterson (502)222-9461. Williamsburg, contact Bob Rose (606)549-2102.

Week 2 (August 26) - Belfry, contact Philip Heywood (606)353-7239. Franklin County, contact Gary Dearborn (502)695-4155. Knott County Central, contact Ronnie Holcomb (606)785-3166. Western Hills, contact Al Wink (502)875-2900.

Week 3 (September 2) - Boyd County, contact "Jeep" Clark, A.D., (606)928-6473. Brentwood Academy, Brentwood, TN, contact Coach Carlton Flatt (615)373-0611. Calloway County, contact James Jury (502)753-8141. Franklin County, contact Gary Dearborn (502)695-4155. Knott County Central, contact Ronnie Holcomb (606)785-3166. M.C. Napier, contact Bill Dixon, (606)439-1519 (W) or (606)439-1519.

Week 4 (September 9) - Austin East (Knoxville), contact coach Richard Gласper (615)544-3792. Harrodsburg, contact Alvis Johnson (606)734-5106. Knott County Central, contact Ronnie Holcomb (606)785-3166. Lincoln County, contact Coach Larry Phillips. Montgomery County, contact Chili Ishmael or Lowell King (606)498-4964.

Week 5 (September 16) - Belfry, contact Philip Heywood (606)353-7239. Garrard County, contact Marshall Norton. Harrison County, contact Ray Graham (606)234-3253 or 4382. Murray, contact Cary Miller, A.D. (502)753-5202.

OPEN FOOTBALL DATES (continued)

Week 6 (September 23) - Austin East (Knoxville), contact coach Richard Glasper (615)544-3792. Dixie Heights, contact Don Afterkirk. Harrodsburg, contact Alvis Johnson (606)734-5106. Lincoln County, contact Coach Larry Phillips. Notre Dame (Portsmouth, Ohio) is looking for a Class A size opponent, contact coach Randy Martin (614)353-4255.

Week 7 (September 30) - Franklin County, contact Gary Dearborn (502)695-4155. Harrison County, contact Ray Graham (606)234-3253 or 4382. Knott County Central, contact Ronnie Holcomb (606)785-3166.

Week 8 (October 7) - Oldham County, contact Tom Peterson (502)222-9461. Union County, contact Coach Charlie Bob Paris (502)389-1454.

Week 9 (October 14) - Anderson County, contact Sam Harp (502)839-9494. Williamsburg, contact Bob Rose (606)549-2102.

Week 10 (October 21) - Eminence, contact Steve Frommeyer (502)845-5427.

Week 11 (October 28) - Middletown (OH), contact Jim Place (513)422-7432.

Week 12 (November 4th) - Murray, contact Cary Miller, A.D. (502)753-5202.

IMPORTANT DATES FOR SPRING 1988 SPORTS

The following are the starting dates for the K.H.S.A.A. sponsored spring events, along with the first day of practice.

Sport	First Practice Allowed	First Contest (Tentative)	Num. Games	State Finals
Track	Dec. 1	Apr. 1	4-15	May 28
Softball	Feb. 15	Apr. 1	35	May 28
Golf	Feb. 15	Apr. 1	20	June 1/2
Tennis	Feb. 15	Apr. 1	4-20	June 2/4
Baseball	Feb. 15	Apr. 1	35	June 4

These dates are as printed on the 1987-88 Memorandum Calendar, with the exception of the state wrestling meet which was changed by a decision of the Board of Control at its July, 1987 meeting.

TENNIS COACH OPENING

Louisville Collegiate High School seeks a varsity tennis coach for the 1988 season. Send resume' to Douglas MacKelcan, Jr., Headmaster, Louisville Collegiate School, P.O. Box 4369, Louisville, KY 40204.

APPROVED DATES FOR BOYS & GIRLS STATE BASKETBALL TOURNAMENTS 1988-1992

- 1988 - Boys - March 16 - 19 * Freedom Hall, Louisville, Kentucky
- Girls - March 23 - 26 * Convention Center, Frankfort, Kentucky
- 1989 - Boys - March 15 - 18 * Rupp Arena, Lexington, Kentucky
- Girls - March 22 - 25 * Convention Center, Frankfort, Kentucky
- 1990 - Girls - March 14 - 17 * Site to be Determined
- Boys - March 21 - 24 * Site to be Determined
- 1991 - Boys - March 13 - 16 * Site to be Determined
- Girls - March 20 - 23 * Site to be Determined
- 1992 - Boys - March 18 - 21 * Site to be Determined
- Girls - March 25 - 28 * Site to be Determined

SANCTIONS FOR CONTESTS INVOLVING OUT OF STATE TEAMS

Many questions arise when a member school attempts to schedule a game against a team from another state. Remember that the contest must go through the proper administrative channels to be considered a legal contest. The following can serve as a simple guide to athletic directors and principals --

If a game involves only one Kentucky school and one out of state school, and the other state adjoins Kentucky, no state Association or National Federation sanction is necessary;

If a meet or tournament involves one or more teams from outside the host state, and the invited teams are from adjoining state(s), National Federation sanction is not necessary. However the event must be sanctioned by the state Associations involved. It is the responsibility of the principal of the host school to initiate the sanction procedure;

In all other cases, both state Association and National Federation sanction is required. If you are the host school, contact the Kentucky High School Athletic Association to obtain the sanction forms and begin the sanction process. The sanction process must be completed thirty (30) days prior to the event.

"THE BLEACHER COACH"

A bleacher coach One time was I, Making Decisions to win games by
Second guessing and who get the ball, I made no mistakes; I knew it all!

How to press and when to sub; "Where's the trap", and "Bench that scrub!"
"The coach is wrong, why stall and delay?", Shoot the ball, there's a game
to play

Then one season A coach was I, Making decisions to win games by,
And with each game or a team to beat, Came those bleacher words to eat!

Rick Wells, Varsity Coach, Tacoma Baptist High School, Washington

**1987 BOYS' "SWEET SIXTEEN"
CHAMPIONS
ROWAN COUNTY HIGH SCHOOL**



Front Row (Left to Right): Robin Riddle, Kris Holbrook, Ann Trivette, Ilse Dehner, Amy Nickell. Back: Stephanie Wright, Jodi Allrey, Kristi Turner, Lesley Hargis, Candi Brown, Karis Cooper, Melinda Jackson.

**1987 GIRLS' "SWEET SIXTEEN"
CHAMPIONS
MALE HIGH SCHOOL**

Kneeling
(Left to Right):
Shannon Spann, Lori Beck, Kristin Crutcher.
Standing: Beth Humphrey, Aastae Martin, Jill Toohay, Melodie Marquess, Marcia Stombarger.
Top:
Tiffany Singletary, Libby Sergeant, Kristi Hedden.



**KAPOS NEWS
STATE TOURNAMENT
INFORMATION**

Participating cheerleader and sponsor registration: all cheerleading squads and/or sponsors are asked to stop by the KAPOs table to:

1. Register your squad.
2. Pick up important information and materials for you and your school.

Along with a KAPOs board member, there will be high school cheerleaders on hand to assist you. They can be identified by their hostess armbands. Feel free to ask them for help, and in turn they may seek you and your cheerleaders to be interviewed by one of the radio commentators. In order to make their task easier, we are asking that you register your seat, row and section number. A possible radio interview is often missed because the guides could not locate the desired person in time for the interview.

Hospitality Room: May we remind all sponsors and cheerleaders that KAPOs hosts a Hospitality Room for participating cheerleaders. We cordially invite you to have refreshments, socialize with friends, exchange ideas, and perhaps get help with your problems.

"Sweet 16" Cheerleading Squads: **Attention Principals!** If your team will be participating in the State Tournament, included in the packet sent to you by the KHSAA will be a letter pertaining to your cheerleading squad. Be sure to look for this and relay all information to your cheerleader sponsor. We request that your cheerleaders be chaperoned by a well qualified, school approved adult. Verification of this, along with your sponsor's name, must be contained in the letter of confirmation which you will receive. This letter must be in the hands of the KAPOs officer prior to the time that your cheerleaders take the floor.

Important! Please be sure that your school is a paid member of KAPOs or pays the fee before their first game in order for your squad to compete for the cheerleading awards in the State Tournament. The winners of these awards will be determined by use of the KAPOs Judging Sheet, a copy of which appears in the KAPOs Handbook.

AWARDING OF TROPHIES

KAPOs is pleased to honor outstanding cheerleading squads with the recognition they so well deserve. All cheerleader awards will be presented between games on Friday night of the State Tournament. The awards are as follows:

The winning cheerleader squad in the Boys' Sweet Sixteen will receive the Ted Sanford Trophy; in the Girls' Sweet Sixteen the Tom Mills Award. The runner-up cheerleading squad will receive a trophy, with the third and fourth place squads being awarded plaques. In addition, the special K-Pep Award will be presented. All tournament cheerleading squads and their sponsors are asked to be located close to the playing floor so they can easily come on the floor should they be called for an award.

**GOVERNOR WILKINSON DECLARES
GOOD SPORTSMANSHIP MONTH**

While every month should be Good Sportsmanship Month, KAPOs has always tried to put special emphasis on being a good sport at tournament time. Being a good sport is part of being a good citizen. We don't believe that good citizens need to be reminded to exemplify good sportsmanship. However, it is especially fitting at tournament time to remind all citizens that it is a privilege to be able to attend the games and that each individual can contribute to the success of the tournament if he will abide by the KAPOs Sportsmanship Creed proclaimed by Governor Wilkinson. The Governor's proclamation is on display at the KAPOs table.

STATE-AT-LARGE CHAMPIONS

Recognition is annually given to cheerleading squads other than those sixteen fortunate enough to participate with their teams in the State Tournament. The winner will receive the Jane Meyer trophy, while the runner-up will receive the President's Trophy. Plaques will be given to the third and fourth place squads.

Beginning at the district level, all squads that are KAPOS members are eligible to be judged for the honor of representing their district in the KAPOS Region-At-Large cheerleading competition. The winner and runner-up of each district will progress to the region. In turn the girls' varsity winner and the boys' winner and runner-up from each region is allowed to compete for the title of State-At-Large Cheerleading Champions.

Judging for the Boys' State-At-Large winners will take place at 8:30 A.M., on Saturday, March 19, in Broadbent Arena behind Freedom Hall, Louisville. Judging for the Girls' State-At-Large winners will take place at 8:30 A.M., on Saturday, March 26, at Franklin County High School, Frankfort. The public is invited to these outstanding events. The admission charge of \$3.00 will go toward the expenses of KAPOS scholarship award, details of which are supplied below.

At the conclusion of the judging, trophies will be awarded to the top squads, in addition to several special awards.

NOTE TO ALL ADMINISTRATORS

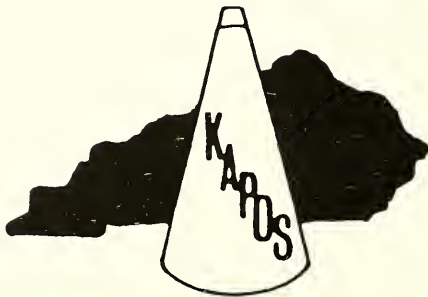
Many of you have responded to our SOS in releasing teaching personnel to assist with the many tasks necessary to keep this organization functioning effectively.

Again, we need judges and personnel to help at the tournament. This involves at least 12 to 15 people. It is also backbreaking, tiresome work. However, we have many dedicated persons who have indicated a willingness to help share these duties provided they get a release from their administrators. Therefore, the KAPOS board is seeking your understanding and cooperation should you be asked to release a teacher from his or her duties to help carry on the work that KAPOS is doing to make cheerleading a worthwhile educational experience in the State of Kentucky.

STELLA S. GILB SCHOLARSHIP

KAPOS is happy to annually award the Stella S. Gilb Scholarship to outstanding cheerleaders from Kentucky. In 1987, KAPOS awarded six \$1,000 scholarships to well-deserving cheerleaders. One of your cheerleaders may be a potential scholarship winner, so get your applications in early. Applications must be turned in no later than April 30. Contact a KAPOS board member or officer for application forms, or pick them up at the State Tournament KAPOS Table.

Sportsmanship — Whose responsibility?



THE RESPONSIBILITIES OF THE CHEERLEADERS

Since the cheerleaders are the chosen representatives of the student body they have an unusual opportunity and a significant responsibility for promoting good sportsmanship. Cheerleaders should be chosen who are respected by fellow students. The most aggressive and vocal individual does not necessarily make the best cheerleader. By setting a good example the cheerleaders can influence and help control the reactions of student spectators.

Cheerleaders should.

1. Establish standards of desirable behavior for the cheerleaders and pep club.
2. Select positive cheers which praise their own team without antagonizing their opponents.
3. Use discretion in selecting when to cheer. Give the opposing team equal opportunity to execute their cheers.
4. Give encouragement to injured players and recognition to outstanding performances for either team.
5. Serve as hosts to the visiting cheerleaders. Meet them upon arrival and if time permits introduce them to friends and show them the school. Visit at half-time.
6. Hold a series of well-planned pep meetings in which students are reminded that the reputation of the school depends largely upon the behavior of its students at athletic contests. It should be emphasized that no derogatory remarks, or booing should be made at any time.
7. For desired spectator response, cheers should be executed with precision and ease.
8. Develop a large repertoire of desirable and timely cheers which may be called upon at appropriate moments.
9. Always maintain enthusiasm and composure especially in trying circumstances, remembering your responsibilities for leadership.

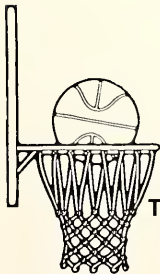
1988 DISTRICT TOURNAMENT HOSTS AND/OR SITES

Boys

Girls

- 1. Fulton County
- 2. Paducah Tilghman
- 3. St. Mary
- 4. Marshall County
- 5. Livingston Central
- 6. Webster County
- 7. West Hopkins
- 8. Hopkinsville
- 9. Owensboro
- 10. Muhlenberg Central
- 11. Hancock County
- 12. Ohio County
- 13. Todd County Central
- 14. Western Ky. Univ.
- 15. Allen Co.-Scottsville
- 16. Clinton County
- 17. Elizabethtown
- 18. Hart County
- 19. Nelson County
- 20. Taylor County
- 21. Central
- 22. Western
- 23. Doss
- 24. Southern
- 25. St. Xavier
- 26. Christian Academy
- 27. Fern Creek
- 28. Ballard
- 29. Spencer County
- 30. Anderson County
- 31. Carroll County
- 32. Williamstown
- 33. Boone County
- 34. Covington Latin
- 35. Dayton
- 36. Campbell County
- 37. Bourbon County
- 38. Deming
- 39. Mason County
- 40. Bath County
- 41. Franklin County
- 42. Sayre
- 43. Henry Clay
- 44. Model
- 45. Lincoln County
- 46. Mercer County
- 47. Wayne County
- 48. Somerset
- 49. Oneida Baptist Institute
- 50. Knox Central
- 51. Bell County
- 52. Everts
- 53. Letcher
- 54. M.C. Napier
- 55. Knott County Central
- 56. Wolfe County
- 57. Magoffin County
- 58. Betsy Layne
- 59. Millard
- 60. Feds Creek
- 61. Menifee County
- 62. Lewis County
- 63. Greenup County
- 64. Boyd County

- 1. Fulton County
- 2. Paducah Tilghman
- 3. St. Mary
- 4. Marshall County
- 5. Livingston Central
- 6. Webster County
- 7. West Hopkins
- 8. Hopkinsville
- 9. Owensboro
- 10. Muhlenberg Central
- 11. Hancock County
- 12. Ohio County
- 13. Todd County Central
- 14. Bowling Green
- 15. Allen Co.-Scottsville
- 16. Clinton County
- 17. North Hardin
- 18. Hart County
- 19. Nelson County
- 20. Taylor County
- 21. Central
- 22. Western
- 23. Doss
- 24. Southern
- 25. St. Xavier
- 26. Christian Academy
- 27. Fern Creek
- 28. Ballard
- 29. Spencer County
- 30. Anderson County
- 31. Carroll County
- 32. Owen County
- 33. Boone County
- 34. Villa Madonna
- 35. Dayton
- 36. Campbell County
- 37. Harrison County
- 38. Augusta
- 39. Mason County
- 40. Bath County
- 41. Franklin County
- 42. Sayre
- 43. Henry Clay
- 44. Model
- 45. Lincolin County
- 46. Mercer County
- 47. Wayne County
- 48. Somerset
- 49. Oneida Baptist Institute
- 50. Knox Central
- 51. Bell County
- 52. Everts
- 53. Whitesburg
- 54. M.C. Napier
- 55. Knott County Central
- 56. Wolfe County
- 57. Magoffin County
- 58. Betsy Layne
- 59. Millard
- 60. Feds Creek
- 61. Menifee County
- 62. Lewis County
- 63. Greenup County
- 64. Boyd County



1988

REGIONAL

TOURNAMENT HOSTS

AND/OR SITES

Boys

Girls

- 1. Graves County
- 2. Hopkinsville
- 3. Owensboro Sports Ctr.
- 4. Western Ky. Univ.
- 5. Marion County
- 6. Iroquois
- 7. Ballard
- 8. Henry County
- 9. Campbell County
- 10. Mason County
- 11. Frankfort Sports Ctr.
- 12. Boyle County
- 13. Bell County
- 14. Knott County Central
- 15. Pikeville
- 16. Morehead State Univ.

- 1. Graves County
- 2. Madisonville-N. Hop.
- 3. Ohio County
- 4. Allen Co.-Scottsville
- 5. Nelson County
- 6. Iroquois
- 7. Ballard
- 8. Oldham County
- 9. Dayton
- 10. George Rogers Clark
- 11. Woodford County
- 12. Laurel County
- 13. Bell County
- 14. Hazard
- 15. Belfry
- 16. West Carter

Baseball District And Regional Alignment Continued from Page Three)

REGION 9**District 33**Boone County
Conner
Lloyd
St. Henry
Simon-Kenton (D)**District 34**Bellevue
Dayton
Holmes
Newport (D) (R)
Newport Central Catholic**District 35**Bishop Brossart (D)
Campbell County
Highlands
Scott
Silver Grove**District 36**Beechwood
Covington Catholic
Dixie Heights (D)
Holy Cross
Ludlow**REGION 10****District 37**Bourbon County
Harrison County (D)
Millersburg Inst.
Nicholas County
Paris**District 38**Augusta
Bracken County
Deming
Pendleton County**District 39**Fleming County (D)
Mason County
Maysville
St. Patrick
Tollesboro**District 40**Bath County
Estill County
George Rogers Clark (D)
Montgomery County (R)**REGION 11****District 41**Frankfort
Franklin County (D)
Western Hills
Woodford Co. (R)**District 42**Bryan Station (D)
Henry Clay
Lafayette
Lexington Catholic
Sayre
Tates Creek**District 43**Berea
Madison
Madison Central (D)
Model**REGION 12****District 44**Boyle County (D)
Danville
Garrard County
Lincoln County**District 45**Burgin
Harrodsburg
Jessamine County (D)
Mercer County
Western Anderson**District 46**McCreary Central
Monticello
Russell County
Wayne County**District 47**Casey County
Laurel County (R)
Pulaski County
Somerset**REGION 13****District 48**Clay County (D) (R)
Jackson County
Oneida
Rockcastle County**District 49**Barbourville
Corbin (D)
Knox Central
Lynn Camp
Whitley County
Williamsburg**District 50**Bell County
Middlesboro
Pineville
Red Bird**District 51**Cawood
Cumberland
Everts
Harlan (D)**REGION 14****District 52**Fleming-Neon
Jenkins
Letcher (D)
Whitesburg
June Buchanan**District 53**Buckhorn
Dilce Combs (D)
Hazard
Leslie County
M.C. Napier**District 54**Breathitt County
Cordia
Jackson
Knott Central
Riverside**District 55**Lee County (D)
Owsley County
Powell County (R)
Wolfe County**REGION 15****District 56**Johnson Central (D)
Magoffin County
Paintsville
Sheldon Clark**District 57**Allen Central
Betsy Layne
McDowell
Prestonsburg
Wheelwright**District 58**Dorton
Millard
Mullins
Pikeville (D) (R)
Virgie**District 59**Belfry
Elkhorn City
Feds Creek
Johns Creek
PHELPS**REGION 16****District 60**Menifee County
Morgan County
Rowan County (D)**District 61**East Carter
Lewis County
West Carter**District 62**Fairview
Greenup County (D)
Raceland
Russell**District 63**Boyd County (D) (R)
Holy Family
Lawrence County
Paul Blazer



1988 NATIONAL FEDERATION BASEBALL RULE INTERPRETATIONS PART I



PUBLICATION CORRECTIONS

RULE BOOK

Page 27 — Note under 4-2-3 should have been shaded.

Page 55 — Under Comments on the Rules, change "1-1-6a Penalty" to "1-1-5."

CASE BOOK

Page 3 — Part One in "1-1-5 Penalty" delete "Penalty."

Page 23 — 5.1.1) Play — In first line delete "touches or."

SITUATION #1: With R1 on first and one out, the next pitch to B2 is called ball four, but R1 not knowing it is ball four attempts to steal second base. R1 overslides the base and is tagged. Is R1 out?

RULING: R1 is entitled to second base because of the base on balls to B2. However, upon oversliding second base, he forfeited his right to the base. Therefore, he would be out if tagged by the defense. 8-4-2-e

SITUATION #2: After the line-up has been presented at the pre-game conference, but before the first pitch, the coach substitutes S1 for B1.

RULING: Legal provided B1 is not listed as the pitcher. If B1 is withdrawn, he has been in the game even though he has not participated. 3-1-1

SITUATION #3: As S1 prepares to pitch to the first batter, the batter informs the umpire that the sweatband worn on the wrist of F1's pitching hand is distracting. The coach of F1 contends that the sweatband is neither white nor gray, and therefore should be permitted.

RULING: The pitcher would not be permitted to wear a gray or white sweatband. However, the pitcher may wear a sweatband on the wrist of his pitching hand, provided the umpire does not feel that it is distracting. Each situation is different and the judgment of each umpire is likely to vary. Nevertheless, the umpire has the final say as to whether a sweatband, other than white or gray can be worn. 1-1-5

SITUATION #4: On a batted ball to F6, R1 maliciously runs over F2 before R2 interferes with F6 as he tries to field the ball.

RULING: Dead ball immediately. R1 is out for interference and ejected. The umpire may award the double play if he feels the play would have been completed successfully. If the second outs are not awarded, R2 would return to base occupied at the time of interference by R1. 8-2-6, 3-3-1-g

SITUATION #5: With two strikes B1 steps out without being granted time and the pitch hits him.

RULING: Batter is out and the ball is dead immediately. 6-2-4-d Note

SITUATION #6: If a right handed pitcher, in the stretch, in a slow and deliberate manner, raises his leg and throws to first, has he committed a balk?

RULING: No. If the motion is continuous no balk is committed. 6-1-3

SITUATION #7: With R1 on third and R2 on first, F1 balks. Each runner advances one base. If it is then discovered that R2 is an illegal substitute (player with no eligibility), what's the call?

RULING: The play stands. R2 is ejected and replaced with a legal substitute. 3-1-1

SITUATION #8: Starter F1 is replaced by S1. Later in the game, F1 enters the game defensively for F7. Has a violation occurred?

RULING: Yes, if S1 remains in the game. 3-2-3

SITUATION #9: While in the batter's box, the batter leans over home plate. The catcher's and umpire's vision is not obstructed. The play is to prevent the catcher, on a left handed batter, from seeing the runner at first as he starts to steal.

RULING: The batter's position has not caused interference. If the batter holds that position and the catcher attempts a play, then interference could be called. 7-3-5

SITUATION #10: Can a pitcher, while in the stretch position, feint a throw to third and then throw or feint a throw to first?

RULING: A pitcher may not feint a throw to first if his foot is in contact with the pitcher's plate. However, if his foot comes off of the pitcher's plate when feinting a throw to third, he may feint or throw to first. It is legal to feint to third and then throw to first. 6-2-4-g

SITUATION #11: Smith is listed as the starting pitcher on the line-up card presented to the umpire-in-chief. However, Jones starts instead, while Smith sits on the bench. In the fourth inning, Jones is having difficulty finding the strike zone. His coach wants to substitute Smith for Jones. The coach of the other team informs the umpire of the infraction and says he will protest if Smith is allowed to pitch.

RULING: Because Smith was listed as the starting pitcher, he was to have faced the first batter. Since he did not meet his requirement, he cannot pitch the rest of the game. He is allowed to enter the game, which shall count as his re-entry, and he shall be allowed to play any position other than pitcher. Jones shall be ejected because he was an illegal player. 3-1-1

SITUATION #12: On a hit and run, the pitcher pitches out. The batter attempts to hit the pitch, but steps out of the batter's box. Has he committed interference?

RULING: If the interferer with the catcher's throw, B1 has committed interference. However, B1's foot must be entirely outside the line for him to be considered out of the box. 7-3-5

SITUATION #13: Can a coach have a rule book in the coach's box?

RULING: Yes. 3-3-1-h

SITUATION #14: With the bases loaded, R1 on third is obstructed while in a run down. On the overthrow, R1 breaks for home but maliciously runs over the catcher.

RULING: Malicious contact supercedes obstruction. The penalty for interference is enforced. 3-3-1-g Penalty

SITUATION #15: During a game in which speed up rules are being used, B1 is hit by the pitch. Upon reaching first base, B1 is replaced with a courtesy runner. The coach of the defensive team informs the umpire (a) before the next pitch or (b) after a pitch has been delivered that the courtesy runner is illegal.

RULING: In (a) and (b) the courtesy runner is replaced with a legal substitute or the proper player. 3-1-1

SITUATION #16: With runners at first and second and no outs, B1 bunts a ball in the air to F3. F3 deliberately drops the ball.

RULING: There is no penalty. An intentionally dropped bunt is not treated the same as an intentionally dropped fair line drive or fair fly. 8-4-1-c

SITUATION #17: In order to play a double header before darkness, can the games be five innings instead of seven?

RULING: No. A regulation game consists of seven innings. 4-2-1

SITUATION #18: If a fielder (a) yells "go", or (b) pulls the pant leg of a runner, is this obstruction?

RULING: Obstruction has occurred in (a) and (b) and the appropriate award is made. The player committing the act is warned. If he does it again, he is ejected. If another player on the team does the same thing, the umpire can issue a team warning. 2-5-3, 3-3-1-k, 10-2-3-1

SITUATION #19: On a bunt, F2 fields the ball and starts to throw to first, but in doing so, hits the arm of the umpire who is signaling fair ball.

RULING: The umpire is considered part of the field in this situation, so the ball remains alive and the play stands. 10-2-2-g

SITUATION #20: If a coach calls a charged conference, can he take a ball with him and toss it to one of his players to warm-up with while he talks to the pitcher?

RULING: No. A charged conference permits a coach or his non-playing representative to confer with a defensive player or players and does not permit any warm-up or preparation. 1-1

SITUATION #21: On a fly to F8, F8 makes the catch and then collides with a short chain link outfield fence. While trying to push himself off the fence, the ball drops out of his glove on the other side of the fence. Is this a catch or home run?

RULING: It is a catch. F8 demonstrated that he had control of the ball. Action secondary to the catch, climbing off the fence, resulted in F8 dropping the ball. 2-3-1

SITUATION #22: Is a graphite bat legal?

RULING: Unless a state association has received permission from the National Federation to experiment, the bat is illegal. 1-3-5

SITUATION #23: In the bottom of the first inning, after the starting pitcher grounds out, the umpire is informed by the coach of the opposing team that the pitcher was not listed on the line-up card. The umpire allows the pitcher to remain in the game. The opposing coach complains, but to no avail.

RULING: At the time the infraction was discovered, the illegal player should have been ejected. The player who was listed as the starting pitcher could re-enter at any position except pitcher, since he did not face one batter. Otherwise, the ejected player could be replaced by a legal substitute. If the sponsoring state association allowed protests, a protest could have been filed, but it would have had to have been lodged at the time the infraction was first brought to the umpire's attention. 4-5-1, 10-2-3-1

SITUATION #24: With two outs and runner on base, the catcher drops the third strike, but the umpire calls "Time." What happens?

RULING: The umpire must decide whether or not the batter could have reached base before the catcher could have recovered in time to throw the batter out. If the umpire did not feel the batter would have beaten the throw, then the umpire can call the batter out. 10-2-3-g

SITUATION #25: With the bases loaded and one out, B6 flies out to F8. R2, who was on second base leaves before the catch and is doubled off (a) after R1 scores or (b) before R1 scores.

RULING: In (a) the run counts, but not in (b). 9-1-1

SITUATION #26: With R1 on third and R2 on second and one out, B1 hits a deep fly ball to F8. R1 starts to advance without tagging up, but the third base coach grabs him and shoves him back to the base before F8 makes the catch.

RULING: The ball is dead immediately and the runner is called out. In the judgment of the umpire the defense was prevented from making a second out, the umpire can call the involved runner or batter-runner out. If the batter is not called out, he stays at first base. 3-2-2



1988 NATIONAL FEDERATION SOFTBALL RULE INTERPRETATIONS



PUBLICATION CORRECTIONS

Rule Book

Inside Front Cover — Under clarifications, second reference should be "1-4-3"
Page 16 — In 2-5-3, fifth line from the bottom, after "dead" insert "at the end of playing action."
Page 32 — Delete 5-1-1-m

Page 65 — Under Comments on the Rule, the reference for the exterior warning statement should be "1-1-6a NOTE."

Case Book

Page 76 — 8.2.5b Play, revise last line of ruling to read "dead and call R3 out."

SITUATION #1: Are encircling marks required on bats?

RULING: No, the rule does apply to bats used in baseball, but not in softball. 1-3-5

SITUATION #2: After taking the signal, the pitcher steps backward off the pitcher's plate with her non-pivot foot first

RULING: Illegal pitch. To remove herself from the pitching position, the pitcher must step backward off the pitcher's plate with both feet (pivot foot first) before separating her hands. 6-2-6 NOTE

SITUATION #3: R1 does not touch second base on her way to third base. Before reaching third base, the ball goes into dead ball territory. Is R1 out, awarded third or home?

RULING: If R1 returns to touch second base, R1 would be awarded home. 8-2 Penalty: 8-3-3-C

SITUATION #4: Team A's third out is overlooked during a big rally in the fifth inning, which results in several additional runs before the "fourth" out ends the inning. In the seventh inning, Team B informs the umpire that several of Team A's runs were a result of the third out being overlooked.

RULING: This is not a correctable error. Team B has the responsibility to know how many outs have been made. 10-2-3-g

SITUATION #5: F1 completes her warm-ups in one minute, but her coach is still beside her giving final instructions and encouragement.

RULING: For delay, the coach shall be warned and assessed a charged conference if the act is repeated. 3-4-1

SITUATION #6: F8's glove appears to be longer than other gloves worn by players on both teams. The umpire tells F8 she will have to measure the glove. How is the glove measured?

RULING: The glove is measured from the bottom edge to top of the highest point, which in most cases will be the tip of the second finger. The tape measure should follow the contour of the glove. 1-3-6

SITUATION #7: When a team's (a) head coach, (b) assistant coach, (c) first baseman, (d) non-playing equipment manager (a student); (e) player with no re-entry eligibility; (f) or balfag or ballboy is ejected, what area must the offender be confined? Does the player have to leave the dugout or not?

RULING: This is the area that falls under the jurisdiction of state associations. Umpires should check with their respective state association. Points of Emphasis

SITUATION #8: The runners at first and second leave the base prematurely while the ball is in the pitcher's possession in the 16' circle. Are both runners called out or is the umpire to pick only one runner to be called out, with the other runner returning to base?

RULING: Since both runners left early, both are declared out. 8-4-2-e, 8-4-2-e NOTE

SITUATION #9: A team has no eligible substitutes remaining. The batter is hit in the head by a pitch and cannot continue. Is the game forfeited?

RULING: No. The previous batter not on base is allowed to pinch-run for the injured player until she is put out, scores, or the half-inning ends. When it is the injured player's turn to bat, an out will be called. 4-4-1-4, 7-4-1

SITUATION #10: With R1 on first B2 bunts the ball down the first base line. F3 holds the ball and runs toward B2. B2 in an effort to buy time for R1, backtracks toward home. Is B2 out at the point for running the bases in reverse order or trying to confuse or make a travesty of the game?

RULING: NO. The batter's tactic is illegal and she would be called out. The ball is dead immediately and all runners return to the bases occupied at the time of the pitch. 8-4-1-4

SITUATION #11: On a bunt down the third base line, the ball goes into foul territory where it is kicked by the runner on third. Is the runner out?

RULING: The ball is dead immediately, unless intentionally kicked, then, the runner shall be called out. 8-4-2-b

SITUATION #12: In the first game of the state tournament, Team A defeats Team B 4-3 in 10 innings. In the first inning of the second game, the pitcher of the visiting team complains that the pitcher's plate is not set at the correct distance. The umpires measure the distance and confirm the error. The pitcher's plate is immediately reset at the correct distance. The coach of (a) the home team protests because the pitcher of the visiting team did not have to pitch at the incorrect distance as did the home team pitcher, or (b) the losing team of their first game, upon hearing that the distance was incorrect files a protest.

RULING: Once a game starts a protest cannot be filed should the distances of the bases or the pitcher's plate be incorrect. In all cases, incorrect distances shall be corrected immediately, even if one team had to run or pitch at an incorrect distance. 1-4-3

SITUATION #13: Can the pitcher, who starts with her non-pivot foot on the pitcher's plate, move it behind the pitcher's plate before she brings her hands together?

RULING: No. Must start with non-pivot foot behind pitcher's plate or on it before delivery begins. 6-1-1

SITUATION #14: Can the pitcher push off from the pitcher's plate and while airborne release the ball?

RULING: No. The non-pivot foot must be on the ground.

SITUATION #15: Cna hoods be worn on sweat shirts.

RULING: Yes. If one wears hood, they all must. 1-1-5

SITUATION #16: Is the ball dead immediately if a batter gets a hit and then carelessly throws her bat, even though that players team had received a warning?

RULING: No. It is a delayed dead ball situation. At the end of playing action, the player is ejected. 3-3-2

SITUATION #17: What is the penalty if a batter deliberately lets a pitch hit her and it is not a strike?

RULING: The ball is dead. She is awarded a ball. If, by the batter not getting out of the way she interfered with the catcher possibly being able to put out a runner, interference can be called. The pitch is either a ball or strike. 7-3-4

SITUATION #18: If a player re-enters on defense, but does not replace the player who occupies the same position in the batting order, what happens?

RULING: She is ejected and replaced with a legal substitute. If the infraction is detected while at bat or after she has batted, the batting out of order rules shall apply. 3-1-1, 7-1-1

SITUATION #19: On a bunt in front of the plate, the catcher starts to throw, but hits the umpire's arm as the umpire indicates the ball is fair.

RULING: The umpire is considered part of the field in this situation, so the ball remains alive and the play stands. 10-2-2-g

SITUATION #20: On a throw to fielder, the fielder has to jump in the air to make the catch. As she comes down, her foot lands in front of the base. The runner slides into the fielder's foot and is tagged out. Legal or not?

RULING: Legal. 8-3-2

SITUATION #21: With R1 on third and R2 on second and one out, B1 hits a deep fly ball to F8. R1 starts to advance without tagging up, but the third base coach grabs her and shows her back to the base before F8 makes the catch.

RULING: The ball is dead immediately and the runner is called out. If in the judgment of the umpire the defense was prevented from making a second out, the umpire can call the involved runner or batter-runner out. If the batter is not called out, he stays at first base. 3-2-2

SITUATION #22: When is the penalty for a carelessly thrown bat invoked?

RULING: At the end of playing action. The player is not called out, only ejected. 3-3-1-g

SITUATION #23: Can the carelessly thrown bat rule apply to a defensive player?

RULING: Yes. 3-3-2

SITUATION #24: What happens if the ball slips out of the pitcher's hands during the backward swing?

RULING: It is not a pitch. The ball remains alive. 6-1-5

SITUATION #25: If a runner scores, but then returns to touch a base she thought she missed and the defense plays on her, or tags her out, is she out or guilty of offensive interference for causing confusion?

RULING: Once a runner legally scores, she cannot be put out. There is no penalty, unless the runner was judged to have intentionally tried to create confusion. 9-1-1

SITUATION #26: Are beads worn in the hair illegal?

RULING: Yes, because they are considered jewelry. 1-1-9

SITUATION #27: Why is the minimum recommended distance from the back stop to home plate 25'?

RULING: There are primarily two reasons: (1) to allow a baserunner a sporting chance to advance on a passed ball; (2) to allow a catcher enough room to catch a pop fly or ball. The recommended distance gives architects a minimum distance to consider when building a new field. 1-2-1

SITUATION #28: Is a bat that is labeled "Little League" legal if it meets the rule specifications?

RULING: Yes. 1-3-5

SITUATION #29: Is it legal to use only one umpire?

RULING: Yes. However, when resources are available, the National Federation would recommend a minimum of two umpires. 10-1-1

SITUATION #30: With R1 on third and R2 on first, and no one out, B3 hits a fly ball that F9 drops. Both R1 and R2 score. Is B3 credited with a sacrifice fly and an RBI?

RULING: Yes, if in the judgment of the scorekeeper B3's fly was deep enough for R1 to score. 9-3-4

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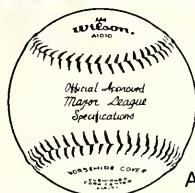
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