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The Athlete, March 1988

Kentucky High School Athletic Association

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March, 1988

Volume L, No. 8

Official Publication of
The Kentucky High School
Athletic Association

Member of National Federation of State High School Associations



CHEMICAL HEALTH

Alcohol/Drugs No. 1 Problem

The use and abuse of other drugs now commands center stage as the foremost problem affecting young people in America today, according to community leaders, grantmakers and prevention experts surveyed by Louis Harris and Associates. More than 90 percent ranked alcohol and drugs ahead of other youth problems including teen pregnancy, crime, suicide, school dropouts, unemployment and cigarette smoking.

The survey, which polled 2,100 community leaders, grantmakers and national prevention experts, was the first of its kind and focused on the most promising program strategies for youth, sources of potential funding and on the key elements of a successful prevention campaign.

"Boys Clubs of America, in its role as advocate for youth, especially the 14 million children in America living at or below the poverty level, commissioned this survey to gauge the extent of support and leadership for community-based prevention efforts," said Jeremiah Milban, president, Boys Clubs of America. "This survey should help to spark a national dialogue among community leaders, prevention experts and grantmakers on which works, where the support is and who will join in the fight against substance abuse."

Other findings include:

- The use and abuse of alcohol and other drugs is widely perceived as a major contributing factor to other youth problems including crime, suicide, pregnancy, auto accidents, youth employment, dropping out of school and hospital admissions.
- Liquor and beer are seen as the principal substances abused by youth, followed by marijuana.
- Peer pressure from other youth (71%) and negative parental role models (64%) are seen as major reasons that young people turn to drugs and alcohol. Very few see alcohol and drug use as a temporary phase or rite of passage.
- The family is expected to take the dominant role in dealing with drug and alcohol use and abuse among young people. Roughly three-fourths of all groups surveyed give the family dominant responsibility in this area. Equally large numbers give the family an abysmally low performance rating in this area.
- There is a great deal of optimism about prevention since 95 percent of each group surveyed say they believe that alcohol and drug use can be reduced by effective programs. Moreover, 84 percent of all those surveyed say they are willing to contribute time, talent and money to a first-class campaign.
- Parental involvement, good information on what works and more severe penalties for drug dealers are considered absolutely essential to effective prevention. More than 80 percent surveyed feel that these programs should begin by the age of 10. Many prevention experts say these programs should begin by age six.
- Total giving by grantmakers to alcohol and drug related prevention programs could rise substantially if programs include parental involvement and good information on what works.

Source: New Connection Programs, Inc., November 1987.

Study Reveals Steroid Use Can Lead To Heart Disease

A six-month study of body builders shows that unsupervised, excessive use of anabolic steroids can lead to heart disease and a decrease in the body's ability to fight off illnesses, a research team said recently.

"We as a society have a tremendous desire to gain a competitive edge, and people are willing to put themselves at tremendous risk to achieve it," said Dr. Leonard H. Calabrese, chair physician of clinical immunology at the Cleveland Clinic. Calabrese was part of a five-member research team that studied the diet and physical well-being of 35 body builders in the first half of 1986.

Conclusions of their study are now in manuscript form, and parts of it soon may be published in various medical journals, the Associated Press reported.

The subjects were volunteers, all consuming similar, high-calorie diets. Of the 35 participants, 18 were voluntarily taking high doses of anabolic steroids, a synthetic version of the male hormone testosterone. Body builders and other athletes use the steroids to gain weight and strength.

Calabrese said the drug users in the study obtained the drug on their own and were advised of the potential dangers.

"We had people who cooperated with the study. It was a situation in which as long as they were going to use steroids anyway, we wanted to be able to study the effects," he said.

Susan M. Kleiner, a Case Western Reserve University nutrition researcher, studied the unsupervised diets of the body builders and determined that the normal diet involved excessively high fat intake, creating potential for heart disease.

She said blood tests revealed that the fatty style of nutrition common among the body builders tended to put the drug users at greater risk.

Dangerously high levels of cholesterol were noted in 44 percent of the steroid users, compared with 24 percent of the drug-free body builders.

Calabrese said there has been little reported in medical journals about the effect of anabolic steroids on the body's immune system.

A summary of the study said that blood tests of the steroid users revealed evidence that use of the drug "significantly suppresses the immune response, lowering the body's ability to fight infection and, possibly, reducing its ability to provide surveillance against the development of malignancy."

Source: The NCAA News, September 14, 1987, and California Interscholastic Federation State News, December 1987.

The Kentucky High School Athlete
Official Publication of the
Kentucky High School Athletic Association

VOL. L, NO. 8

MARCH, 1988

\$5.00 PER YEAR

STATE WRESTLING CHAMPIONS
February 27, 1988 — Louisville, Kentucky

Christian County High School



103-Chad Lile, 112-David Donley, 119-Robert Schneider, 125-Barry Lancaster, 130-Tom Lee, 135-Arvel Banks, 140-Corey Wadlington, 145-Alvin Byers, 152-Darren Parker, 160-Keith O'Daniel, 171-Matthew Carlson, 189-Cedric Davis, Hwy.-Brent Sisk.

Individual Weight Class Winners



103 lb.-Pat Martz, Conner; 112 lb.-Ricky Fowler, Doss; 119 lb.-Giorgio Haitt, Ft. Campbell; 125 lb.-Troy Adams, Fern Creek; 130 lb.-Tom Lee, Christian Co.; 135 lb.-David Barnes, Simon Kenton; 140 lb.-Pat Moody, Ft. Campbell; 145 lb.-Jered Trice, Hopkinsville; 152 lb.-Darren Parker, Christian Co.; 161 lb.-Troy Bailey, Hopkinsville; 171 lb.-Tony Bowling, Western; 189 lb.-Glen Washburn, Fern Creek; Hwy.-Lawrence Woodford, Fern Creek.

MARCH, 1988

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STATE GOLF COMMITTEE MEETING

February 2, 1988

The State Golf Committee for the Kentucky High School Athletic Association met on Tuesday, February 2, 1988, at the Association office in Lexington. The meeting was called to order by Bill Wise, Executive Assistant at 10:00 A.M. Attending the meeting were Lou Brown, Ernie Denham, Marty Donlon, Doug Jenkins, Bill Frost and Joan Mazzaro, members of the State Committee and Bill Wise, Executive Assistant.

All information for State and Regional Tournaments was reviewed and minor changes were made for the current season. The Kentucky High School Athletic Association announced that the Boys' State Tournament would be held at Lincoln Trail Country Club, Vine Grove and the Girls' Tournament will be at the Elizabethtown County Club, Elizabethtown, Kentucky. Date for the Regionals: May 23-25, 1988. Date for the State: June 1-2, 1988.

Kathy Gullett, Johnson Central High School was placed on the State Golf Committee in place of Tish Carr, Model High School.

There was some discussion concerning moving the Bullitt County schools to a Louisville Region to help alleviate overcrowding in the Bowling Green Region. Mr. Wise will call the schools to see if they would be willing to change. A report will be made at a later date.

The Committee made a recommendation that the Board of Control be approached again concerning moving golf from a spring sport to a fall sport.

There being no further business, the meeting adjourned.

TEAM PICTURES NEEDED

Pictures of participating teams are needed for the State events programs and the "Athlete" magazine.

Plan Ahead - have a formal varsity squad photo taken in all sports at the beginning of the regular season.

COMING IN APRIL

Girls' and Boys' Basketball Tournament Results

Delegate Assembly Meeting Minutes

State Track Meet Schedule

State Swimming Championship Pictures

SPORTSMANSHIP

**IS IN THE FAST TRACK
RUN FOR IT**



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STATE WRESTLING RESULTS — 1988

TEAM STANDINGS

1. Christian Co.	109
2. Hopkinsville	99
3. Fern Creek	80½
4. Woodford Co.	80½
5. Western	75½
6. Conner	74
7. Fort Campbell	70
8. Simon Kenton	65
9. Frankfort	64
10. Danville	50½

MOST VALUABLE WRESTLER

135 lb.-David Barnes

Simon Kenton



1988 K.H.S.A.A. Swimming and Diving Champions University of Kentucky

FRIDAY AND SATURDAY, MARCH 4 & 5, 1988

GIRLS' FINAL RESULTS

Team	200 Yard Medley Relay	200 Yard Freestyle	200 Yard Ind. Medley	50 Yard Freestyle	Meter Diving	100 Yard Butterfly	100 Yard Freestyle	500 Yard Freestyle	100 Yard Backstroke	100 Yard Breaststroke	400 Yard Freestyle Relay	TOTAL POINTS
1. Sacred Heart Academy	20.0	22.0	31.0	0.0	30.0	23.0	13.0	28.0	11.0	27.0	32.0	227.0
2. Notre Dame Academy	32.0	11.0	11.0	3.0	1.0	3.0	8.0	9.0	11.0	30.0	22.0	143.0
3. Ballard	24.0	0.0	4.0	7.0	0.0	13.0	2.0	0.0	16.0	12.0	14.0	92.0
4. Bowling Green	22.0	11.0	0.0	9.0	0.0	1.5	0.0	10.0	3.0	3.0	24.0	83.5
4. Elizabethtown	26.0	12.0	3.0	5.0	0.0	5.5	12.0	3.0	9.0	0.0	8.0	83.5
6. Beechwood	18.0	0.0	1.0	16.0	0.0	5.0	0.0	0.0	0.0	0.0	26.0	66.0
7. Taylor County	10.0	0.0	0.0	12.0	0.0	0.0	11.0	0.0	12.0	0.0	0.0	45.0
8. Male	0.0	16.0	0.0	0.0	9.0	0.0	0.0	16.0	0.0	0.0	2.0	43.0
9. Hopkinsville	8.0	0.0	0.0	11.0	0.0	0.0	11.0	0.0	0.0	4.0	6.0	40.0
10. Paul Blazer	0.0	1.0	0.0	4.0	0.0	0.0	10.0	1.0	2.0	0.0	18.0	36.0
11. Model	14.0	0.0	0.0	11.0	0.0	10.0	0.0	0.0	0.0	0.0	0.0	35.0
12. Tates Creek	0.0	10.0	2.0	0.0	0.0	0.0	0.0	0.0	10.0	2.0	10.0	34.0
13. Eastern	6.0	0.0	0.0	0.0	0.0	0.0	0.0	7.0	0.0	0.0	20.0	33.0
14. George Rogers Clark	0.0	0.0	0.0	13.0	0.0	0.0	16.0	0.0	0.0	0.0	0.0	29.0
15. Sayre	0.0	0.0	0.0	0.0	4.0	11.0	0.0	12.0	0.0	0.0	0.0	27.0
16. Henry Clay	0.0	0.0	12.0	0.0	0.0	12.0	0.0	2.0	0.0	0.0	0.0	26.0
17. Villa Madonna Academy	0.0	0.0	13.0	0.0	0.0	0.0	0.0	0.0	12.0	0.0	0.0	25.0
18. Scott	2.0	5.0	0.0	0.0	0.0	9.0	0.0	0.0	0.0	0.0	0.0	16.0
19. Franklin County	0.0	0.0	7.0	0.0	0.0	0.0	0.0	7.0	0.0	0.0	0.0	14.0
20. Owensboro Catholic	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.0	0.0	0.0	0.0	13.0
20. Simon Kenton	0.0	0.0	0.0	0.0	13.0	0.0	0.0	0.0	0.0	0.0	0.0	13.0
22. Highlands	0.0	0.0	0.0	0.0	7.0	0.0	1.0	0.0	0.0	0.0	4.0	12.0
22. Holmes	0.0	0.0	0.0	0.0	12.0	0.0	0.0	0.0	0.0	0.0	0.0	12.0
24. Lexington Catholic	4.0	2.0	0.0	0.0	0.0	0.0	0.0	5.0	0.0	0.0	0.0	11.0
25. Lafayette	0.0	0.0	0.0	0.0	10.0	0.0	0.0	0.0	0.0	0.0	0.0	10.0
26. Woodford County	0.0	0.0	0.0	0.0	0.0	0.0	9.0	0.0	0.0	0.0	0.0	9.0
27. Bryan Station	0.0	3.0	0.0	0.0	0.0	0.0	0.0	5.0	0.0	0.0	0.0	8.0
28. Atherton	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	1.0	0.0	0.0	5.0
28. Shelby County	0.0	0.0	0.0	0.0	5.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0
30. Assumption Academy	0.0	0.0	0.0	0.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0
30. Dixie Heights	0.0	0.0	0.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0

GIRLS' INDIVIDUAL RESULTS

<p>#1 - 200 Yard Medley Relay</p> <p>1. Notre Dame Academy (NDA) 1:55.43 2. Elizabethtown (ET) 1:55.90 3. Ballard (BAL) 1:58.26 4. Bowling Green (BG) 1:58.56 5. Sacred Heart Academy (SHA) 1:58.99 6. Beechwood (BEE) 2:00.28</p>	<p>#5 - 1 Meter Diving</p> <p>1. Heather Pollard*10 (SHA) 376.30 2. Tara Justice*11 (SK) 366.65 3. Allyson Heger*12 (HOL) 364.35 4. Kainn Kochen*9 (SHA) 347.70 5. Noel Proffitt*10 (LAF) 340.20 6. Whitney Arnette*10 (MLE) 332.85</p>	<p>#9 - 100 yard Backstroke</p> <p>1. Chandra Haslet*12 (BAL) 1:00.77 2. Tomya Lydane*11 (OCH) 1:02.94 3. Heather Brooks*12 (TAY) 1:03.21 4. Karen Bresser*9 (NDA) 1:03.23 5. Ashli Collins*10 (TC) 1:03.32 6. Jennifer Ianke*10 (ET) 1:03.60</p>
<p>#2 - 200 Yard Freestyle</p> <p>1. Judy Welting*12 (MLE) 1:55.13 2. Eileen Sampley*12 (SHA) 1:58.70 3. Stephanie Livers*8 (ET) 2:00.10 4. J.J. Moore*9 (BG) 2:01.36 5. Ashli Collins*10 (TC) 2:01.61 6. Tassie Stout*10 (SHA) 2:01.69</p>	<p>#6 - 100 Yard Butterfly</p> <p>1. Dorsey Tarney*12 (SHA) 58.05 2. Chandra Haslet*12 (BAL) 58.48 3. Jenna Ramsey*10 (HC) 59.13 4. Dyer Astley*11 (GAY) 1:00.12 5. Renan Wisenbaker*11 (MOD) 1:00.84 6. Jennifer Andrews*11 (SCT) 1:01.85</p>	<p>#10 - 100 Yard Breaststroke</p> <p>1. Beth Grohmann*12 (SHA) 1:07.96 2. Traci Pomero*11 (NDA) 1:08.25 3. Signe Rasmussen*12 (VMA) 1:09.18 4. Amy Barrett*12 (SHA) 1:11.49 5. Aly Boehmer*10 (NDA) 1:11.83 6. Debbie Krutzkamp*11 (NDA) 1:12.10</p>
<p>#3 - 200 Yard Individual</p> <p>1. Dorsey Tarney*12 (SHA) 2:08.10 2. Signe Rasmussen*12 (VMA) 2:15.22 3. Jenna Ramsey*10 (HC) 2:16.82 4. Traci Pomero*11 (NDA) 2:17.77 5. Shaena Yule*9 (SHA) 2:24.30 6. Jan Alvey*11 (PB) DO</p>	<p>#7 - 100 Yard Freestyle</p> <p>1. Shannon Lynch*10 (GRC) 54.36 2. Beth Grohmann*12 (SHA) 54.52 3. Stephanie Livers*8 (ET) 54.82 4. Kim Proffitt*11 (HOP) 56.99 5. Kim Hogan*7 (PB) 58.46 6. Tasha Mrlovich*9 (WC) 58.67</p>	<p>#11 - 400 Yard Freestyle Relay</p> <p>1. Sacred Heart Academy (SHA) 3:41.71 2. Beechwood (BEE) 3:49.40 3. Bowling Green (BG) 3:51.48 4. Notre Dame Academy (NDA) 3:55.33 5. Eastern (EST) 3:57.84 6. Paul Blazer (PB) 3:58.56</p>
<p>#4 - 50 Yard Freestyle</p> <p>1. Paige Bendel*9 (BEE) 24.60 2. Shannon Lynch*10 (GRC) 24.96 3. Heather Brooks*12 (TAY) 25.25 4. Kim Proffitt*11 (HOP) 25.67 5. Renan Wisenbaker*11 (MOD) 25.72 6. Julie Daniel*11 (BG) 26.80</p>	<p>#8 - 500 Yard Freestyle</p> <p>1. Judy Welting*12 (MLE) 5:07.51 2. Eileen Sampley*12 (SHA) 5:11.00 3. Dyer Astley*11 (GAY) 5:11.06 4. Tassie Stout*10 (SHA) 5:19.51 5. J.J. Moore*9 (BG) 5:23.51 6. Teresa Jump*9 (NDA) 5:29.74</p>	

1988 K.H.S.A.A. Swimming and Diving Champions
University of Kentucky

FRIDAY AND SATURDAY, MARCH 4 & 5, 1988

BOYS' FINAL RESULTS

Team	200 Yard Medley Relay	200 Yard Freestyle	200 Yard Ind. Medley	50 Yard Freestyle	100 Yard Freestyle	100 Yard Butterfly	100 Yard Freestyle	500 Yard Freestyle	100 Yard Backstroke	100 Yard Breaststroke	400 Yard Freestyle Relay	TOTAL POINTS
1. Elizabethtown	32.0	12.0	28.0	16.0	0.0	14.0	17.0	10.0	25.0	16.0	24.0	204.0
2. Saint Xavier	26.0	12.0	19.0	7.0	2.0	17.0	17.0	25.0	17.0	0.0	32.0	184.0
3. Highlands	20.0	3.0	7.0	13.0	0.0	7.0	16.0	0.0	0.0	13.0	26.0	105.0
4. Bowling Green	18.0	4.0	0.0	1.0	11.0	10.0	2.0	2.0	9.0	0.0	22.0	79.0
5. Davess County	0.0	16.0	12.0	0.0	0.0	0.0	13.0	16.0	0.0	0.0	20.0	77.0
6. Hopkinsville	24.0	0.0	15.0	0.0	5.0	4.0	0.0	1.0	4.0	12.0	8.0	73.0
7. Trinity	22.0	0.0	0.0	5.0	16.0	3.0	0.0	0.0	5.0	0.0	0.0	51.0
8. Covington Catholic	0.0	14.0	0.0	0.0	13.0	0.0	4.0	11.0	7.0	0.0	0.0	49.0
9. Madisonville No. Hopkins	0.0	0.0	0.0	11.5	0.0	0.0	11.0	0.0	0.0	0.0	18.0	40.5
10. Tates Creek	10.0	0.0	0.0	0.0	9.0	9.0	0.0	0.0	0.0	0.0	10.0	38.0
11. Campbellsville	14.0	0.0	0.0	11.5	0.0	0.0	12.0	0.0	0.0	0.0	0.0	37.5
12. Lafayette	0.0	9.0	0.0	0.0	0.0	0.0	0.0	0.0	12.0	0.0	14.0	35.0
13. Eastern	0.0	0.0	0.0	16.0	0.0	0.0	0.0	0.0	0.0	16.0	0.0	32.0
14. Western Hills	6.0	0.0	0.0	9.0	0.0	11.0	0.0	0.0	0.0	4.0	0.0	30.0
15. Covington Latin	0.0	0.0	11.0	0.0	7.0	0.0	0.0	0.0	11.0	0.0	0.0	29.0
16. Paul Blazer	0.0	11.0	0.0	0.0	0.0	0.0	0.0	9.0	0.0	0.0	2.0	22.0
17. Owensboro Catholic	0.0	0.0	0.0	0.0	12.0	0.0	0.0	0.0	0.0	0.0	6.0	18.0
18. Henry Clay	0.0	0.0	0.0	0.0	0.0	16.0	0.0	0.0	0.0	0.0	0.0	16.0
19. Beechwood	8.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.0	0.0	15.0
20. Manual	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.0	0.0	0.0	0.0	11.0
20. Model	0.0	0.0	0.0	0.0	4.0	0.0	0.0	3.0	0.0	0.0	4.0	11.0
22. Conner	0.0	0.0	0.0	0.0	10.0	0.0	0.0	0.0	0.0	0.0	0.0	10.0
23. Simon Kenton	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.0	0.0	9.0
24. Henderson County	4.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	0.0	7.0
24. Sayre	0.0	2.0	0.0	0.0	0.0	0.0	0.0	5.0	0.0	0.0	0.0	7.0
26. Bourbon County	0.0	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	1.0	0.0	4.0
27. Atherton	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	3.0
27. South Hopkins	0.0	0.0	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0
29. Kentucky Country Day	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	0.0	2.0
29. Waggener	0.0	0.0	0.0	0.0	0.0	2.0	0.0	0.0	0.0	0.0	0.0	2.0
31. Dixie Heights	0.0	0.0	0.0	0.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0
31. Lexington Catholic	0.0	0.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0
31. Oneida Baptist	0.0	0.0	0.0	0.0	0.0	-0.0	1.0	0.0	0.0	0.0	0.0	1.0

BOYS' INDIVIDUAL RESULTS

#1 - 200 Yard Medley Relay		#5 - 1 Meter Diving		#9 - 100 yard Backstroke	
1. Elizabethtown (ET)	1:42.40	1. Ted Waldyer 12 (FRN)	4:34.25	1. Chris John 10 (STX)	54.59
2. Saint Xavier (STX)	1:43.41	2. Chris Boehmer 12 (CC)	3:26.80	2. Bill Walters 11 (ET)	54.82
3. Hopkinsville (HOP)	1:44.55	3. Keith Hamilton 12 (OCH)	3:21.20	3. John Godfrey 11 (ET)	55.30
4. Trinity (TRN)	1:44.88	4. Nathan Rull 11 (BG)	3:17.60	4. Carter Gathier 12 (CL)	56.09
5. Highlands (HGH)	1:49.56	5. John Bonar 11 (CON)	2:51.95	5. Ryan Carter 11 (LAF)	57.96
6. Bowling Green (BG)	1:50.38	6. Greg Leaf 10 (TC)	2:57.55	6. Dee Wilkins 12 (BG)	58.64
#2 - 200 Yard Freestyle		#6 - 100 Yard Butterfly		#10 - 100 Yard Breaststroke	
1. Jay Eckberry 12 (DC)	1:44.37	1. Steve Farnham 12 (RC)	5:17.75	1. Rodger McAlester 11 (EST)	1:01.17
2. Paul Smith 12 (CC)	1:48.73	2. John Cyganiewicz 12 (ET)	5:35.85	2. Tom Fischer 12 (HGH)	1:02.32
3. Brian Wilcoxson 12 (STX)	1:49.12	3. Reid Brown 10 (STX)	5:45.53	3. Taylor Hart 10 (HOP)	1:02.47
4. Jason Gannon 11 (PB)	1:49.14	4. Jason Montgomery 12 (WH)	5:56.01	4. Jeremy McGrew 9 (ET)	1:03.45
5. Van Stout 11 (STX)	1:49.75	5. Dee Wilkins 12 (BG)	5:56.44	5. Jason McGrew 11 (ET)	1:04.53
6. Ryan Peal 11 (LAF)	1:51.08	6. Jeff Armstrong 10 (TC)	5:58.81	6. Mark Brooks 10 (SK)	1:04.77
#3 - 200 Yard Individual		#7 - 100 Yard Freestyle		#11 - 400 Yard Freestyle Relay	
1. John Godfrey 11 (ET)	2:01.32	1. Greg Sarakatsannis 12 (HGH)	47.88	1. Saint Xavier (STX)	3:19.82
2. Taylor Hart 10 (HOP)	2:02.03	2. Jay Eckberry 12 (DC)	47.89	2. Highlands (HGH)	3:22.45
3. Brian Keller 9 (DC)	2:02.08	3. Pike Hightower 12 (CV)	48.78	3. Elizabethtown (ET)	3:27.88
4. Carter Gathier 12 (CL)	2:03.79	4. Brian Donley 12 (MNH)	49.43	4. Bowling Green (BG)	3:28.10
5. Chris John 10 (STX)	2:04.06	5. Van Stout 11 (STX)	49.57	5. Davess County (DC)	3:29.88
6. Dave Northup 11 (STX)	2:05.51	6. Jason Brokaw 10 (ET)	51.00	6. Madisonville N Hopkins (MNH)	3:43.67
#4 - 50 Yard Freestyle		#8 - 500 Yard Freestyle			
1. Rodger McAlester 11 (EST)	21.82	1. Brian Keller 9 (DC)	4:51.30		
2. Greg Sarakatsannis 12 (HGH)	21.87	2. Reid Brown 10 (STX)	4:55.65		
3. Brian Donley 12 (MNH)	22.08	3. Dave Northup 11 (STX)	4:57.08		
3. Pike Hightower 12 (CV)	22.08	4. Chad Cummins 9 (MAN)	4:58.52		
5. John Cyganiewicz 12 (ET)	22.75	5. Kevin Pefry 9 (ET)	4:59.53		
6. Miron Lukjan 12 (WH)	23.46	6. Jason Gannon 11 (PB)	5:01.21		

1988 GIRLS' GOLF REGIONS

Caldwell County — Ballard Memorial, Caldwell County, Calloway County, Central City, Christian County, Crittenden County, Fort Campbell, Greenville, Henderson County, Hickman County, Hopkinsville, Lone Oak, Lyon County, Madisonville-North Hopkins, Mayfield, Murray, Ohio County, Paducah Tilghman, Reidland, St. Mary, Union County, Webster County, West Hopkins.

Bowling Green — Allen Central, Apollo, Barren County, Bowling Green, Butler County, Caverna, Clinton County, Daviess County, Franklin-Simpson, Glasgow, Hart County, Monroe County, Owensboro, Russellville, Warren Central.

Louisville — Atherton, Assumption, Ballard, Butler, Central, Doss, duPont Manual, Eastern, Holy Cross, Holy Rosary, Iroquois, Kentucky Country Day, Louisville Collegiate, Male, Mercy, Pleasure Ridge Park, Sacred Heart, Shawnee, Southern, St. Francis, Valley, Waggener, Western.

Elizabethtown — Adair County, Bardstown, Bethlehem, Boyle County, Breckinridge County, Bullitt Central, Bullitt East, Campbellsville, Danville, East Hardin, Elizabethtown, Fort Knox, Green County, Hancock County, Marion County, Meade County, Nelson County, North Hardin, Taylor County, Washington County, West Hardin.

Owen County — Beechwood, Boone County, Carroll County, Campbell County, Conner, Dayton, Dixie Heights, Eminence, Highlands, Holmes, Holy Cross, Oldham County, Owen County, Notre Dame, Scott, Silver Grove, Trimble County, Villa Madonna, Williamstown.

Woodford County — Bryan Station, Frankfort, Franklin County, Harrodsburg, Henry Clay, Jessamine County, Lafayette, Lexington Catholic, Mercer County, Scott County, Shelby County, Tates Creek, Western Hills, Woodford County.

Casey County — Belfry, Casey County, Cawood, Corbin, Cumberland, Estill County, Garrard County, George Rogers Clark, Harlan, Jenkins, Knox Central, Laurel County, Lee County, Lincoln County, McCreary Central, Madison Central, Model, Monticello, Pineville, Pulaski County, Russell County, Somerset, Wayne County.

Morehead — Boyd County, Fleming County, Harrison County, Hazard, Johnson Central, McDowell, Mason County, Maysville, Montgomery County, Nicholas County, Paintsville, Paul Blazer, Powell County, Prestonsburg, Raceland, Rowan County, St. Patrick.

1988 BOYS' GOLF REGIONS

Campbell County — Bellevue, Bishop Brossart, Campbell County, Dayton, Fleming County, Grant County, Highlands, Lewis County, Mason County, Maysville, Newport, Newport Central Catholic, Pendleton County, St. Patrick, Silver Grove, Williamstown.

Frankfort — Bourbon County, Bryan Station, Eminence, Frankfort, Franklin County, George Rogers Clark, Harrison County, Henry Clay, Henry County, Lafayette, Lexington Catholic, Montgomery County, Nicholas County, Oldham County, Paris, Sayre, Scott County, Shelby County, Tates Creek, Western Hills, Woodford County.

Washington County — Adair County, Anderson County, Bardstown, Bethlehem, Boyle County, Burgin, Campbellsville, Casey County, Danville, Garrard County, Green County, Harrodsburg, Jessamine County, Lincoln County, Marion County, Mercer County, Nelson County, Russell County, Taylor County, Washington County.

Somerset — Berea, Bell County, Cawood, Corbin, Cumberland, Estill County, Harlan, Hazard, Knox Central, Laurel County, Lee County, McCreary County, Madison Central, Middlesboro, Model, Monticello, Pineville, Pulaski County, Somerset, Wayne County.

Paintsville — Bath County, Belfry, Betsy Layne, Boyd County, East Carter, Fairview, Greenup County, Elkhorn City, Jenkins, Johnson Central, Lawrence County, McDowell, Paintsville, Paul Blazer, Phelps, Pikeville, Powell County, Prestonsburg, Raceland, Rowan County, Russell, Sheldon Clark.

Lake Barkley — Ballard Memorial, Caldwell County, Calloway County, Christian County, Crittenden County, Fort Campbell, Fulton, Hickman County, Hopkinsville, Lone Oak, Lyon County, Marshall County, Mayfield, Murray, Paducah Tilghman, Reidland, St. Mary, Todd County Central, University Heights.

Owensboro — Apollo, Breckinridge County, Central City, Daviess County, Greenville, Hancock County, Henderson County, Madisonville-North Hopkins, Meade County, Ohio County, Owensboro, Owensboro Catholic, Providence, South Hopkins, Union County, Webster County, West Hopkins.

Bowling Green — Allen County, Barren County, Bowling Green, Butler County, Caverna, Clinton County, East Hardin, Edmonson County, Elizabethtown, Fort Knox, Franklin-Simpson, Glasgow, Grayson County, Hart County, LaRue County, Monroe County, North Hardin, Russellville, Warren East, Warren Central, West Hardin.

West Jefferson — Beth Haven, Bullitt Central, Bullitt East, Butler, Central, DeSales, Doss, Fairdale, Holy Cross, Iroquois, Ninth & O, North Bullitt, Pleasure Ridge Park, Portland Christian, Shawnee, Southern, Valley, Western.

East Jefferson — Atherton, Ballard, Christian Academy, duPont Manual, Eastern, Fern Creek, Jeffersonton, Kentucky Country Day, Louisville Collegiate, Male, Moore, St. Francis, St. Xavier, Seneca, Trinity, Waggener.

Covington — Beechwood, Boone County, Carroll County, Conner, Covington Catholic, Covington Latin, Dixie Heights, Gallatin County, Holmes, Holy Cross, Lloyd Memorial, Owen County, St. Henry, Scott, Simon Kenton, Trimble County, Walton-Verona.



DELEGATE ASSEMBLY DATE CHANGED

The Board of Control has set the date for the 1988 Delegate Assembly as April 22, 1988 at 11:00 a.m. The date was changed from the originally scheduled date of April 15 to accommodate delegates who will be involved with K.E.A. weekend.

TRAINERS WORKSHOP SET FOR E.K.U.

Cramer will again sponsor a workshop for athletic trainers at the campus of Eastern Kentucky University. The clinic will be held on June 5-8. Prospective student delegates may contact Bobby Barton at Eastern or write to Athletic Trainer Workshops, Cramer Products, P.O. Box 1001, Gardner, Kansas, 66030.

NEW TRAINERS MANUAL A VALUABLE AID FOR SCHOOLS

The Institute for Public and Private Sector Initiatives has produced a special booklet to aid high schools, called the "High School Sports Injury Manual". This manual is very informative, and according to several experienced trainers, it is easy to understand, with simple, easy to follow, instructions. This manual is very thorough, and could help each school system in Kentucky. The manual sells for \$6.95 per copy, and is available by writing directly to the publisher at PPSI, 6991 East Camelback, #C-240, Scottsdale, Arizona, 85251. If a school or system orders in a large quantity, a package discount is available.

A.C.T. TEST DATES FOR 1987-88, and 1988-89

With the implementation of the NCAA Minimum Eligibility Guidelines, it is important to keep up with the test dates for the American College Testing Assessment (ACT test). For the remainder of the 1987-88 school year and for the 1988-89 school year, the schedule is as follows:

<u>Test Date</u>	<u>Regular Postmark Deadline</u>	<u>Late Deadline</u>
04/16/88	03/18/88	04/05/88
06/11/88	05/13/88	05/31/88
10/22/88	09/23/88	10/11/88
12/10/88	11/11/88	11/29/88
02/11/89	01/13/89	01/31/89
04/15/89	03/17/89	04/04/89
06/10/89	05/12/89	05/30/89

U.K. TO SELL USED EQUIPMENT

The University of Kentucky will be selling, by sealed bid, football pads, turf shoes, tennis nets, football helmets and a basketball leaper. For further information or to request a bid form, please contact Autry Bradshaw at the University of Kentucky, (606)257-8638.

REMINDER TO FOOTBALL SCHOOLS AND OPEN DATES

The first playing date for football in 1988 is August 19. At its regular meeting in January, the Board of Control voted to set the playoff championships games for football as the second Friday and Saturday following Thanksgiving Day, thereby moving the starting and all subsequent playing dates of the football season back one week in accordance to the Limitation of Seasons. The Board then voted to waive the starting date limitation for three years allowing the schools to begin regular season play on the same dates as was previously published until the end of the classification period. Beginning in 1991, the first playing date will again be eleven weekends prior to the first round of the playoffs. This means that the football playing schools have twelve possible playing weeks for the next three seasons, but are still limited to eleven contests.

The first legal date for practice in pads is August 1. Pads is defined as any football equipment, including but not limited to, the helmet, shoulder pads, hip pads, girdle pads, knee pads, thigh pads and padded uniform pants. Please remember to inform the Association office as to open dates and to contact this office when you fill an open date. At this time, we have the following open dates --

Week 1 (August 19) - Calloway County, contact James Jury (502)753-8141. Montgomery County, contact Chili Ishmael or Lowell King (606)498-4964. Wayne County, contact (606)348-5575. Oldham County, contact Tom Peterson (502)222-9461. Williamsburg, contact Bob Rose (606)549-2102.

Week 2 (August 26) - Franklin County, contact Gary Dearborn (502)695-4155. Knott County Central, contact Ronnie Holcomb (606)785-3166. Middlesboro, contact Wayne Wilson (606)248-2490. Western Hills, contact Al Wink (502)875-2900.

Week 3 (September 2) - Boyd County, contact "Jeep" Clark, A.D., (606)928-6473. Brentwood Academy, Brentwood, TN, contact Coach Carlton Flatt (615)373-0611. Calloway County, contact James Jury (502)753-8141. Franklin County, contact Gary Dearborn (502)695-4155. Knott County Central, contact Ronnie Holcomb (606)785-3166. M.C. Napier, contact Bill Dixon, (606)439-1519 (W) or (606)439-1519.

Week 4 (September 9) - Austin East (Knoxville), contact coach Richard Glasper (615)544-3792. Knott County Central, contact Ronnie Holcomb (606)785-3166. Lincoln County, contact Coach Larry Phillips. Montgomery County, contact Chili Ishmael or Lowell King (606)498-4964.

Week 5 (September 16) - Belfry, contact Philip Heywood (606)353-7239. Garrard County, contact Marshall Norton. Harrison County, contact Ray Graham (606)234-3253 or 4382. Murray, contact Cary Miller, A.D. (502)753-5202.

OPEN FOOTBALL DATES (continued)

Week 6 (September 23) - Austin East (Knoxville), contact coach Richard Glasper (615)544-3792. Bowling Green, contact Don Webb (502)842-1674. Dixie Heights, contact Don Afterkirk. Lincoln County, contact Coach Larry Phillips. Notre Dame (Portsmouth, Ohio) is looking for a Class A size opponent, contact coach Randy Martin (614)353-4255.

Week 7 (September 30) - Franklin County, contact Gary Dearborn (502)695-4155. Harrison County, contact Ray Graham (606)234-3253 or 4382. Knott County Central, contact Ronnie Holcomb (606)785-3166.

Week 8 (October 7) - Oldham County, contact Tom Peterson (502)222-9461. Union County, contact Coach Charlie Bob Paris (502)389-1454.

Week 9 (October 14) - Anderson County, contact Sam Harp (502)839-9494. Wayne County, contact (606)348-5575. Williamsburg, contact Bob Rose (606)549-2102.

Week 10 (October 21) - Eminence, contact Steve Frommeyer (502)845-5427.

Week 11 (October 28) - Middletown (OH), contact Jim Place (513)422-7432.

Week 12 (November 4th) - Middlesboro, contact Wayne Wilson (606)248-2490. Murray, contact Cary Miller, A.D. (502)753-5202.

IMPORTANT DATES FOR SPRING 1988 SPORTS

The following are the starting dates for the K.H.S.A.A. sponsored spring events, along with the first day of practice.

Sport	First Practice Allowed	First Contest (Tentative)	Num. Games	State Finals
Track	Dec. 1	Apr. 1	4-15	May 28
Softball	Feb. 15	Apr. 1	35	May 28
Golf	Feb. 15	Apr. 1	20	June 1/2
Tennis	Feb. 15	Apr. 1	4-20	June 2/4
Baseball	Feb. 15	Apr. 1	35	June 4

These dates are as printed on the 1987-88 Memorandum Calendar, with the exception of the state wrestling meet which was changed by a decision of the Board of Control at its July, 1987 meeting.

SANCTIONS FOR CONTESTS INVOLVING OUT OF STATE TEAMS

Many questions arise when a member school attempts to schedule a game against a team from another state. Remember that the contest must go through the proper administrative channels to be considered a legal contest. The following can serve as a simple guide to athletic directors and principals --

If a game involves only one Kentucky school and one out of state school, and the other state adjoins Kentucky, no state Association or National Federation sanction is necessary;

If a meet or tournament involves one or more teams from outside the host state, and the invited teams are from adjoining state(s), National Federation sanction is not necessary. However the event must be sanctioned by the state Associations involved. It is the responsibility of the principal of the host school to initiate the sanction procedure;

In all other cases, both state Association and National Federation sanction is required. If you are the host school, contact the Kentucky High School Athletic Association to obtain the sanction forms and begin the sanction process. The sanction process must be completed thirty (30) days prior to the event.

CONGRATULATIONS TO CLIFF HAGAN

Congratulations to University of Kentucky Director of Athletics and former Owensboro Senior High School Standout Cliff Hagan on his induction into the National High School Sports Hall of Fame in Kansas City. Hagan was nominated by the K.H.S.A.A. and is one on 15 individuals selected for induction in 1988.

The induction ceremony will take place Friday, July 8 at the Hyatt Regency in Kansas City. Hagan is the first person from Kentucky accepted into the six year old Hall of Fame.

"THE BLEACHER COACH"

A bleacher coach One time was I, Making Decisions to win games by
Second guessing and who get the ball, I made no mistakes; I knew it all!

How to press and when to sub; "Where's the trap", and "Bench that scrub!"
"The coach is wrong, why stall and delay?", Shoot the ball, there's a game
to play

Then one season A coach was I, Making decisions to win games by,
And with each game or a team to beat, Came those bleacher words to eat!

Rick Wells, Varsity Coach, Tacoma Baptist High School, Washington

1988 REGIONAL GOLF MANAGERS

BOYS' MANAGERS

Lake Barkley — Buddy Perry, Trigg County High School, Highway 68 East, Box 501A, Cadiz, Kentucky 42211, 502-522-6072.

Owensboro — Ron Peyton, Owensboro High School, 1800 Frederica Street, Owensboro, Kentucky 42301, 502-684-7221.

Bowling Green — Danny Spillman, Bowling Green High School, 1801 Rockingham Lane, Bowling Green, Kentucky 42101, 502-842-1674.

Frankfort — Joe Rogers, Western Hills High School, 100 Doctors Drive, Frankfort, Kentucky 40601, 502-875-2900.

Washington County — Bill Frost, Washington County High School, Lincoln Park Road, Springfield, Kentucky 40069, 606-336-3996.

West Jefferson — Mike Campbell, DeSales High School, 425 Kenwood Drive, Louisville, Kentucky 40214, 502-361-1231.

East Jefferson — Marty Donlon, St. Xavier High School, 1609 Poplar Level Road, Louisville, Kentucky 40217, 502-636-2525.

Covington — Jack Demming, Lloyd Memorial High School, Box 99, Bartlett Avenue, Erlanger, Kentucky 41015, 606-727-1535.

Campbell County — Tom Hummel/Carl Wenderoth, 3057 Magnolia Court, Edgewood, Kentucky 41017, (Hummel) 606-623-4161, (Wenderoth) 606-825-6085.

Somerset — Jeff Littrell, Somerset High School, College Street, Somerset, Kentucky 42501, 606-678-4721.

Paintsville — Walter Brugh, Paintsville High School, P.O. Box 152, Paintsville, Kentucky 41240, 606-789-3881.

STATE TOURNAMENT MANAGER — John Hackett, 830 McCullum Avenue, Elizabethtown, Kentucky 42701, 502-765-4240.

COORDINATOR — Ernie Denham, 3717 Taylorsville Road, #109 Louisville, Kentucky 40220, 502-452-1584.

GIRLS' MANAGERS

Caldwell County — Al Giordana, Caldwell County High School, Box 350, Princeton, Kentucky 42445, 502-365-3531.

Bowling Green — John Strode, Bowling Green High School, 1801 Rockingham Lane, Bowling Green, Kentucky 42101, 502-842-1674.

Louisville — Raymond Kuhn, Ballard High School, 6000 Brownsboro Road, Louisville, Kentucky 40222, 502-895-0567.

Elizabethtown — Pat Wise, Elizabethtown High School, 602 North Mulberry Street, Elizabethtown, Kentucky 42701, 502-769-3381.

Woodford County — Lou Brown, Jessamine County High School, Route 4, Nicholasville, Kentucky 40356, 606-887-2421.

Owen County — Gran Mefford, Owen County High School, Route 4, Owenton, Kentucky 40359, 502-484-5509.

Casey County — Jim Ellison, Casey County High School, Route 4, Liberty, Kentucky 42539, 606-787-6151.

Morehead, Dr. Ron Walke, Rowan County High School, Route 5, Morehead, Kentucky 40351, 606-784-7721.

STATE MANAGER — Lou Brown, Jessamine County High School, Route 4, Nicholasville, Kentucky 40356, 606-887-2421 (School), 606-385-3952 (Home).



1988 TENNIS INFORMATION

BOYS' REGIONAL SITES AND MANAGERS

Murray — (Larry J. Heflin, 8145 Houser Road, Boaz, Kentucky 43037, 502-554-1820/554-5852) — Ballard Memorial, Caldwell County, Calloway County, Christian County, Fort Campbell, Graves County, Heath, Hopkinsville, Lone Oak, Lyon County, Marshall County, Mayfield, Murray, Paducah Tilghman, Providence, Reidland, St. Mary, University Heights, West Hopkins.

Bowling Green — (Todd Metcalf, Bowling Green High School, 1801 Rockingham Lane, Bowling Green, Kentucky 42101, 502-842-1674/502-781-5774) — Allen County, Barren County, Bowling Green, Butler County, Caverna, Cumberland County, Franklin-Simpson, Glasgow, Hart County, Logan County, Metcalf County, Monroe County, Muhlenberg Central, Russellville, St. Romuald, Warren Central, Warren East.

Henderson County — (Howard Crittenden, Henderson County High School, 2424 Zion Road, Henderson, Kentucky 42420, 502-827-2506) — Apollo, Bremen, Central City, Daviess County, Greenville, Hancock County, Henderson County, McLean County, Madisonville-North Hopkins, Ohio County, Owensboro, Owensboro Catholic, South Hopkins, Trinity (Whitesville), Union County, Webster County.

Elizabethtown — (David Rogers, Morningside Elementary School, Morningside Drive, Elizabethtown, Kentucky 42701, 502-769-3359/502-737-4658) — Adair County, Bardstown, Bethlehem, Breckinridge County, Bullitt East, Bullitt Central, Campbellsville, East Hardin, Elizabethtown, Fort Knox, Grayson County, Green County, LaRue County, Marion County, Meade County, Nelson County, North Bullitt, North Hardin, Spencer County, Taylor County, Washington County.

East Jefferson — (John Filar, Kentucky Country Day High School, 4100 Springdate Road, Louisville, Kentucky 40241, 502-423-0440) — Ballard, Eastern, Fern Creek, Jefferson-town, Kentucky Country Day, Oldham County, Seneca, Trinity, Waggener, Walden.

Central Jefferson — (Joseph Kroh, St. Xavier High School, 1609 Poplar Level Road, Louisville, Kentucky 40217, 502-637-4712/502-459-6586) — Atherton, Central, Christian Academy, DeSales, duPont Manual, Evangel, Louisville Collegiate, Male, Moore, Ninth & O, Portland Christian, St. Francis, St. Xavier, Shawnee.

West Jefferson — (Kevin Salyer, Doss High School, 7601 St. Andrews Church Road, Louisville, Kentucky 40214, 502-454-8754/239-6793) — Butler, Doss, Fairdale, Holy Cross, Iroquois, Pleasure Ridge Park, Southern, Southwest Christian, Valley, Western.

Lexington — (Bill Goodan, Henry Clay High School, 2100 Fontaine Road, Lexington, Kentucky 40502, 606-269-3376) — Anderson County, Bryan Station, Frankfort, Franklin County, Henry Clay, Jessamine County, Lafayette, Lexington Catholic, Sayre, Shelby County, Tates Creek, Western Hills, Woodford County.

Richmond — (Jerry Johns, Box 308, Somerset, Kentucky 40251, 606-678-5610/679-8501) — Barbourville, Berea, Bell County, Boyle County, Corbin, Cumberland, Danville, Estill County, Garrard County, George Rogers Clark, Harlan, Harrodsburg, June Buchanan, Knox Central, Laurel County, Leslie County, Lincoln County, Madison Central, Mercer County, Middlesboro, Model, Oneida, Pineville, Pulaski County, Rockcastle County, Russell County, St. Camillus, Somerset.

Ashland — (Mary Robinson, Russell High School, Red Devil Drive, Russell, Kentucky 41169, 606-836-9658/502-836-4330) — Bath County, Belfry, Betsy Layne, Boyd County, Buckhorn, Elkhorn City, Greenup County, Hazard, Knott County, Lawrence County, McDowell, Magoffin County, Montgomery County, Paintsville, Paul Blazer, Prestonsburg, Rowan County, Russell, Sheldon Clark, Wolfe County.

GIRLS' REGIONAL SITES AND MANAGERS

Murray — (Larry J. Heflin, 8145 Houser Road, Boaz, Kentucky 40307, 502-554-1820/554-5852) — Ballard Memorial, Caldwell County, Calloway County, Christian County, Fort Campbell, Graves County, Heath, Hopkinsville, Lone Oak, Lyon County, Marshall County, Mayfield, Murray, Paducah Tighman, Providence, Reidland, St. Mary, University Heights, West Hopkins.

Bowling Green — (Todd Metcalf, Bowling Green High School, 1801 Rockingham Lane, Bowling Green, Kentucky 42101, 502-842-1674/502-781-5774) — Allen County, Barren County, Bowling Green, Butler County, Caverna, Cumberland County, Franklin-Simpson, Glasgow, Hart County, Logan County, Metcalf County, Monroe County, Muhlenberg Central, Russellville, St. Romuald, Warren Central, Warren East.

Henderson County — (Howard Crittenden, Henderson County High School, 2424 Zion Road, Henderson, Kentucky 42420, 502-827-2506) — Apollo, Bremen, Central City, Daviess County, Greenville, Hancock County, Henderson County, McLean County, Madisonville-North Hopkins, Ohio County, Owensboro, Owensboro Catholic, South Hopkins, Trinity (Whitesville), Union County, Webster County.

Elizabethtown — (David Rogers, Morningside Elementary School, Morningside Drive, Elizabethtown, Kentucky 42701, 502-769-3359/502-737-4658) — Adair County, Bardstown, Bethlehem, Breckinridge County, Bullitt East, Bullitt Central, Campbellville, East Hardin, Elizabethtown, Fort Knox, Grayson County, Green County, LaRue County, Marion County, Meade County, Nelson County, North Bullitt, North Hardin, Spencer County, Taylor County, Washington County.

East Jefferson — (Bob Roos, Ballard High School, 6000 Brownsboro Road, Louisville, Kentucky 40222, 502-454-8206/502-425-7687) — Assumption, Ballard, Eastern Fern Creek, Jeffersonton, Kentucky Country Day, Oldham County, Sacred Heart, Seneca, Trinity, Waggener, Walden.

Central Jefferson — (Jim Schum, Louisville Collegiate High School, Box 4369, 2427 Glenmary Avenue, Louisville, Kentucky, 40204, 502-451-5330) — Atherton, Central, Christian Academy, DeSales, duPont Manual, Evangel, Louisville Collegiate, Male, Mercy Academy, Moore, Ninth & O, Portland Christian, Presentation, St. Francis, St. Xavier, Shawnee.

Fort Thomas — Augusta, Beechwood, Boone County, Campbell County, Carroll County, Conner, Covington Catholic, Covington Latin, Dayton, Dixie Heights, Gallatin County, Henry County, Highlands, Holmes, Holy Cross, Lloyd Memorial, Newport, Newport Central Catholic, St. Henry, Scott, Simon Kenton, Trimble County.

Paris — (Wilson Sears, Bourbon County High School, 3343 Lexington Road, Paris, Kentucky 40361, 606-987-2550) — Bourbon County, Deming, Fleming County, Harrison County, Lewis County, Mason County, Maysville, Millersburg Military Institute, Nicholas County, Paris, Pendleton County, St. Patrick, Scott County.

STATE MANAGER — Joseph Kroh, St. Xavier High School, 1609 Poplar Level Road, Louisville, Kentucky 40217, 502-637-4712/502-459-6586.



West Jefferson — (Kevin Salyer, Doss High School, 7601 St. Andrews Church Road, Louisville, Kentucky 40214, 502-454-8754/239-6793) — Butler, Doss, Fairdale, Holy Cross, Holy Rosary, Iroquois, Pleasure Ridge Park, Southern, Valley, Western.

Fort Thomas — Augusta, Beechwood, Bellevue, Boone County, Campbell County, Carroll County, Conner, Covington Catholic, Covington Latin, Dayton, Dixie Heights, Gallatin County, Henry County, Highlands, Holmes, Holy Cross, Lloyd Memorial, Newport, Newport Central Catholic, Notre Dame, St. Henry, Scott, Simon Kenton, Trimble County, Villa Madonna.

Lexington — (Bill Goodan, Henry Clay High School, 2100 Fontaine Road, Lexington, Kentucky 40502, 606-269-3376) — Anderson County, Bryan Station, Frankfort, Franklin County, Henry Clay, Jessamine County, Lafayette, Lexington Catholic, Sayre, Shelby County, Tates Creek, Western Hills, Woodford County.

Richmond — (Jerry Johns, Box 308, Somerset, Kentucky 40251, 606-678-5610/679-8501) — Barbourville, Berea, Boyle County, Corbin, Cumberland, Danville, Estill County, Garrard County, George Rogers Clark, Harlan, Harrodsburg, June Buchanan, Knox Central, Laurel County, Leslie County, Lincoln County, Madison Central, Mercer County, Middlesboro, Model, Oneida, Pineville, Pulaski County, Rockcastle County, Russell County, St. Camillus, Somerset.

Ashland — (Mary Robinson, Russell High School, Red Devil Drive, Russell, Kentucky 41169, 606-836-9658/502-836-4330) — Bath County, Belfry, Betsy Layne, Boyd County, Buckhorn, Elkhorn City, Greenup County, Hazard, Knott County, Lawrence County, Leslie County, McDowell, Magoffin County, Montgomery County, Paintsville, Paul Blazer, Phelps, Prestonsburg, Rowan County, Russell, Sheldon Clark, Wolfe County.

Paris — (Wilson Sears, Bourbon County High School, 3343 Lexington Road, Paris, Kentucky 40361, 606-987-2550) — Bourbon County, Bracken County, Deming, Fleming County, Harrison County, Lewis County, Mason County, Maysville, Millersburg Military Institute, Nicholas County, Paris, Pendleton County, St. Patrick, Scott County.

STATE MANAGER — Becky Watson, 205 North Iris Street, Hopkinsville, Kentucky 42240, 502-885-7558/502-887-1150 (P.M.); 502-887-1250 (A.M.).

ATTENTION**Track Coaches**

The State High School Track Meet all classes will be held on Saturday, May 28, 1988, at the University of Kentucky Sports Center in Lexington. The State Manager is John Gettler.

The regional, sectional, and state meets will be scored this year with individual awards being given for the first six places and team trophies awarded the winning and runner-up teams.

1988 Track & Field Regional Managers (Boys and Girls)

CLASS A

- Fort Campbell High School** — Marshall Patterson, Fort Campbell High School, Ohio & Falcon Drives, Fort Campbell 42223, 615/431-5056.
- Providence/Murray State** — Willis Simpson, Providence High School, 227 Cedar Street, Providence 42450, 502-667-7065.
- Bellevue** — Pep Stidham, Bellevue High School, Center & Lafayette, Bellevue 41073, 606-261-2980.
- Lexington** — Frank Miklavcic, Frankfort High School, 328 Shelby Street, Frankfort 40601, 502-223-8030.
- Kentucky Country Day** — Gene Moutoux, Kentucky Country Day, 4100 Springdale Road, Louisville 40222, 502-348-5913.
- Berea College** — Bill Patton, Berea High School, Ellipse Street, Berea 40403, 606-986-4911, 606-986-4375.
- Pikeville** — Joe Mahan, Pikeville High School, 116 N. Mayo Trail, Pikeville 41501, 606-432-0186.
- Jenkins** — Charles Dixon, Box 417, Jenkins 41537, 606-832-2184, 606-832-2759

CLASS AA

- Fort Campbell High School** — Marshall Patterson, Fort Campbell High School, Ohio & Falcon Drives, Fort Campbell 42223, 615-431-5056.
- Barren County** — Terry Reed, Barren County High School, Route 6, Glasgow 42141, 502-651-6315, 502-651-6552.
- Fort Knox** — Mike McCoy/Dave Shufelt, Fort Knox High School, 7501 Missouri St., Fort Knox 40121, 502-624-6647.
- Lexington** — Jean Wright, #41 Timberlawn Circle, Frankfort 40601, 502-695-2081.
- Bellevue** — Pep Stidham, Bellevue High School, Center & Lafayette, Bellevue 41073, 606-261-2980.
- Berea College** — Bill Patton, Berea High School, Ellipse Street, Berea 40403, 606-986-4911.
- Boyd County** — Bob Stacey, Boyd County High School, 12307 Midland Trail, Ashland 41101, 606-928-6473.
- Undecided at this time.

CLASS AAA

- Henderson County** — Howard Crittenden, Henderson County High School, 2425 Zion Road, Henderson 42420, 502-827-2506.
- Bullitt Central** — Bill Ranney, Bullitt Central High School, P.O. Box 159, Shepherdsville 40165, 502-543-7021.
- Bellevue** — Pep Stidham, Bellevue High School, Lafayette & Center, Bellevue 41073, 606-261-2980.

- Male** — Jay Levine, Male High School, 911 S. Brook Street, Louisville 40203, 502-454-8292.
- Iroquois** — Mike McDaniel, Iroquois High School, 4515 Taylor Boulevard, Louisville 40215, 502-454-8269.
- Eastern/Trinity** — Bro. Charles Cully, Trinity High School, 4011 Shelbyville Road, Louisville 40207, 502-895-6765.
- Lexington** — Jean Wright, Timberlawn Circle, #41, Frankfort 40601, 502-695-2081.
- Berea College** — Gordon Bocock, Pulaski County High School, 511 East University, Somerset 42501, 606-679-6931.

1988 Track & Field Sectional Managers (Boys & Girls)

CLASS A

- Section 1: Regions 1 & 2,** Daviess County High School — Will Pagan, Daviess County High School, 4255 New Hartford Road, Owensboro 42301, 502-684-5285.
- Section 2: Regions 3 & 4,** Lexington/Frankfort — Frank Miklavcic, Frankfort High School, 328 Shelby Street, Frankfort 40601, 502-223-8030.
- Section 3: Regions 5 & 6,** Berea College — Bill Patton, Berea High School, Ellipse Street, Berea 40403, 606-986-4911.
- Section 4: Regions 7 & 8,** Boyd County High School — Bob Stacey, Boyd County High School, 12307 Midland Trail Road, Ashland 41101, 606-928-6473.

CLASS AA

- Section 1: Regions 1 & 2,** Daviess County High School — Will Pagan, Daviess County High School, 4255 New Hartford Road Owensboro 42301, 502-684-5285.
- Section 2: Regions 3 & 4,** Fort Knox — Dave Shufelt, Fort Knox High School, 7501 Missouri Street, Fort Knox 40121, 502-624-6647.
- Section 3: Regions 5 & 6,** Scott — Jerry Mohr, Scott High School, 5400 Old Taylor Mill Road, Covington 41015, 606-441-5287/356-3146.
- Section 4: Regions 7 & 8,** Boyd County High School — Bob Stacey, Boyd County High School, 12307 Midland Trail Road, Ashland 41101, 606-928-6473.

CLASS AAA

- Section 1: Regions 1 & 2,** Daviess County High School — Will Pagan, Daviess County High School, 4255 New Hartford Road, Owensboro 42301, 502-684-5285.
- Section 2: Regions 3 & 4,** Scott High School — Jerry Mohr, Scott High School, 5400 Old Taylor Mill Rd., Covington 41015, 606-356-3146.
- Section 3: Regions 5 & 6,** St. Xavier High School — Bro. Borgia, St. Xavier High School, 1609 Poplar Level Rd., Louisville 40217, 502-637-4712/635-5300.
- Section 4: Regions 7 & 8,** Lexington/Frankfort — Jean Wright, #41 Timberlawn Circle, Frankfort 40601, 502-695-2081.





1988 ANNUAL MEETING OF THE DELEGATE ASSEMBLY

The Business meeting of the Delegate Assembly of the Kentucky High School Athletic Association will be held on Friday, April 22, 1988 at 11:00 a.m. at the K.H.S.A.A. Office Building, 560 East Cooper Drive, Lexington, Kentucky.

As provided in Article IX, Section 1, of the K.H.S.A.A. Constitution, the following proposals for changes in the rules of the Association, to be acted upon at the annual meeting, are hereby submitted to all members of the K.H.S.A.A. for their information. No proposals other than these may be considered at the Annual Meeting, except by a two-thirds vote of the delegates.

PROPOSAL I

Principal James E. Stevens, Madisonville North Hopkins High School and Principal David Points, Montgomery County High School proposes that the first paragraph of By-Law 6, Transfer Rule be changed to read as follows: "Any student both foreign and domestic being enrolled in grades 9 through 12 who changes school shall be ineligible for 36 school weeks." (The remainder of By-Law 6 shall remain the same.)

PROPOSAL II

Principal Peter Flaig, Trinity High School (Louisville) proposes to amend By-Law 24, Nos. 1, (5), 2, (5), 3, (5), 4, (5), 5, (5), 6, (5), 7, (5), 8, (5), 9, (5), 10, (5), 11, (5) and 12, (5). "The season ends at all levels of play (grades 9-12) at the conclusion of the varsity team's last regular season contest..." to read as follows: "The season ends at all levels of play (grades 9-12) on the Saturday preceding the first K.H.S.A.A. Tournament (District, Region, or State).

PROPOSAL III

Principal Bill VanWinkle, Owensboro High School proposes that By-Law 25, Limitation of Seasons, Section 1 through 12 (Section #5 under each sport) be changed to read as follows: "The season ends at all levels of play (grades 9 through 12) at the conclusion of the varsity team's last regular season contest, with the exception that the varsity team (or team member) may play through its elimination from K.H.S.A.A. state championship competition. There shall be no further practice or play until the designated date for start of practice in the next academic year.

RATIONALE: This would eliminate the practice of member schools sending their football, basketball, baseball, etc. teams to team camps during the summer where they practice and play games as a unit. This would also eliminate the need for athletes to give up summer jobs and for coaches having to coach in the summer with or without pay. The purpose is to eliminate the team camp, but in no way would this affect individual camps.

PROPOSAL IV

Principal Tom Swartz, Pikeville High School proposes that the following section be added to By-law 25, Limitation of Seasons - Basketball: "Eighth grade females who participate in a fall junior high school basketball season may play on the high school (grade 9-12) team(s) during the regular season.

PROPOSAL V

Principal Ken Cox, Tates Creek High School proposes that By-Law 5, Section 1, Continual Progress be changed to read as follows: "A contestant must have, for the current academic school year up to the last mid-term grade report or end of semester grade report, a passing average in each of at least four full credit high school subjects or their equivalent in units of credits accepted for graduation."

RATIONALE: As a result of the above change student athlete's academic progress would be checked only at times when teachers had grades averaged and readily available. A student athlete's eligibility or in-eligibility would remain in effect from one grading period to the next regularly scheduled mid-term or end of semester grade report.

PROPOSAL VI

The K.H.S.A.A. Board of Control proposes that By-Law 25, Limitation of Season be changed to permit season play in all spring sports to begin the first Monday of the week following the completion of the last basketball tournament beginning with the 1988-89 school year. The present beginning date is April 1.

PROPOSAL VII

Principal Kay Lancaster, Christian County High School and Principal William F. Baker, Boone County High School propose that By-Law 25, Limitation of Seasons - Football be changed to read as follows: "Organized practice in pads shall not begin more than 30 calendar days prior to the Friday of the first weekend that member schools may schedule a varsity game."

RATIONALE FOR CHANGE:

1. Impossible for coaches to properly prepare a team for competition under the present rule. Under the present rule, practice in pads would begin August 1 and the first game could be scheduled for August 19. Also, most coaches would try to work in two scrimmage games.
2. Athletes may be placed in a more dangerous situation under the present rule (August 1 beginning date) due to the fact coaches will more than likely conduct longer and more physically demanding practice sessions due to so few days to prepare for first game. Danger of heat problems more likely to surface.
3. If a football team were to practice every day between August 1 and August 19, they could get in only 18 days of practice. All other sports are given at least 40 days of practice under the present limitation of seasons rules. Why shouldn't football be treated more equally?
4. Under the present rule, coaches will have even less time to prepare a team during the 1989 and 1990 seasons.



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1988 NATIONAL FEDERATION TRACK & FIELD RULE INTERPRETATIONS PART I

PUBLICATION CORRECTION

Rule Book

Page 57 — Rule 9-5-2 — Change "one-inch" to "1/2-inch" in fourth line.

SITUATION #1: There is a three-way tie for third place at 6'4" in a regional meet in which four qualifiers are to be advanced for state final competition. Following the tie-breaking procedure, each of the three competitors are allowed one more attempt at 6'4". A1 successfully clears the bar and is awarded third place after B1 and C1 miss. An additional try at 6'4" is awarded to B1 and C1 since the tie must be resolved to find the fourth qualifier. B1 is successful and C1 misses. The coach of C1 appeals on the basis that the second trial should have been at the next lower height.

RULING: Unless the terms and conditions of the state meet series specifically states "no more than four qualifiers may advance and ties for qualifying places in the jumping events will follow the tie-breaking procedures listed in 7-3-17 and 7-4-25 including items (d) 1"; A1, B1 and C1 all would advance, because the tie-breaking procedure as specified only to break a tie for first place. If the jump-off is specified, B1 and C1 would be allowed only one trial at 6'4" before the bar was lowered following their misses, and the appeal should be honored (7-3-17d 1 and 2)

SITUATION #2: There are two competitors remaining in the girls high jump. A1 clears the bar at 5'8" on her first attempt, but after leaving the pit, the crossbar falls off the standards. The judge rules it as a successful trial. B1 clears the bar on her third attempt. The bar is moved to 5'9". When both A1 and B1 miss all three attempts, A2 is awarded first place on the basis of fewer misses. The coach of B1 protests to the referee that A1's trial at 5'8" should have been declared a failed trial because the bar fell into the pit. When the referee confronts the judge, the judge admits he felt it was a successful trial as long as A1 had left the pit before the bar fell. The referee rules it as an unsuccessful trial and declares B1 the winner. The coach of Team A protests that A1 should have been granted two additional trials at 5'8" if her first attempt was in fact a failed trial regardless of whether she was dislodged, or if the protest had been lodged before the bar had been raised to the next height, it should have been honored on the basis of a misapplication of a rule and A1 given two more attempts at that height.

SITUATION #3: Team A reports to the clerk of course for the 4 x 100 relay. The clerk observes that three members are wearing plain blue shorts, while A4 is wearing (a) blue shorts with a wing foot design and a large letter "P"; or (b) plain blue shorts with two white stripes on the sides.

RULING: While some judgment is involved, it would appear that the uniforms are not of the same design and A4 would be required to secure a pair of plain blue trunks.

COMMENTS: It is important to understand the rationale behind the rule and that is to avoid any confusion on the part of the meet officials in identifying teammates in a relay race. Obviously, if the wing foot or even the letter "P" was fairly small or almost inconspicuous at a distance, most officials would not rule the shorts as illegal. The same would go for striping if there are some shorts with a quarter-inch stripe and others with a half-inch stripe, or some with one stripe and the others two stripes, they should be considered of the "same design."

SITUATION #4: Cross country course is marked with a directional line with few, if any, directional flag markings to indicate turns. The question arises as to how close a runner must run to the line marked on the ground to designate the race course.

RULING: All turns should be designated with either a red or yellow flag and all runners must run to the outside of such marking. In the absence of a directional flag at a turn, the runners must consider the ground marking the same as a lane line and while running around a curve or negotiating a turn, may not take more than two consecutive steps inside the course marking. (9-1; 5-10-1)

SITUATION #5: In the 4 x 400 meter relay, out-going runner A2 is positioned inside the exchange zone with his hand extending outside of the exchange zone as A1 approaches, or has one foot on the track inside the outgoing end of the exchange zone while the other foot is in the air off the track with his receiving hand inside the exchange zone.

RULING: The position of the feet at the moment the baton is exchanged, i.e., on the track, off the track, inside or outside the exchange zone, is immaterial. The determining factor in a legal exchange is "the position of the baton." When the baton is passed (exchanged), the baton must be within the 20 meter exchange zone. Thus, the out-going runner could have both feet on the track beyond the exchange zone, as long as he had that receives the baton from the in-coming runner is within the vertical plane of the limits of the exchange zone when the pass is completed. (5-9-6; 5-9-7)

SITUATION #6: In a district, regional or sectional track meet, which is a qualifying meet for the state final meet, A1 is disqualified in the long jump for unsportsmanlike conduct. Prior to this disqualification, A1 placed second in the 400 meter dash and qualified for advancement to the state final meet.

RULING: In the absence of any special terms and conditions of the state meet series established by the state high school association, A1 would be eligible to compete in the 400-meter dash, an event A1 qualified for prior to the disqualification in the long jump, but would not be eligible to compete in the long jump at the state final meet, even if he or she did have a mark prior to the disqualification that would have qualified him or her.

COMMENT: The track and field rules are not written to include advancement procedures from qualifying meets to the state final, and therefore, state associations are free to adopt their own policies or "terms and conditions" of competition that address such things as advancement, participation limitations, scratches, relay entries, etc.

The above ruling is based on the penalty for Rule 4-5-1, i.e., disqualification from further participation in the meet. The rule book does not consider a qualifying meet held at one site on one particular date to be the same meet (or competition) as a subsequent meet that may be part of a series of one or more meets leading to a state final.

SITUATION #7: A1 is entered in three individual events and two relays. After competing in the preliminary trials of three individual events, A1 participates in two relay events. When meet management discovers that the 4 x 400 meter relay is, in fact, a 100 meter relay, they disqualify Team A from that relay.

RULING: A1 has violated the participation limitations and must forfeit any places or points earned in individual events, and both the relay teams that A1 was a member of shall be disqualified. (4-2-1, 4-2-2)

COMMENT: The fact that the individual events and/or the relays were preliminary heats, does not effect the situation nor the penalty. Situation-rulings 4.2.1A and 4.2.2B clearly indicate that a competitor has "participated" in an event when they, or a relay team of which they are a member, report to the clerk of course or the judge of a field event in which they are entered.

SITUATION #8: The 4 x 200 meter relay is run in two sections and timed by hand-held digital watches that record times in 1/100th of a second. Team A wins the first heat in 1:36.02 and Team B wins the second heat in 1:36.03. Meet management decides (a) to declare Team A the winners, or (b) to round off the times to the next slower length (1:36.1) and declare Team A and B tied for first, but give Team A the first place trophy based on the faster time recorded in hundredths of a second.

RULING: Illegal in (a). In (b), meet management has followed the correct procedure in rounding up both times to the next tenth of a second and declaring a tie for first place. According to rule, both times are considered identical but the method of determining which team gets the first or second place awards (i.e., give identical awards, flip a coin to determine which team will get the first and which team the second place awards, or award the higher place award to the team that has the faster time as recorded on a hand-held, digital watch measuring in one-hundredths of a second), is up to meet management.

COMMENT: The rationale behind Rule 3-8-5 is quite valid. It must be acknowledged that the reaction time between timers, and even the same timers in two different races could not be as close as one-hundredth of a second. There may be situations where it is expedient to run some races in sections against time, but often you have to pay a price for placing runners according to time versus head-to-head competition, and the above situation is a good example.

SITUATION #9: At a championship meet, it is determined there will be a starter and two assistant starters on each race. Prior to the meet, the three officials agree on the following procedure. If a false start is detected in any race, the three starters will confer, and if two of the three agree a false start was committed, then the competitor will be disqualified. If only one has seen a false start, then there will be no disqualification.

RULING: There is no rule support for such an agreement. Just as a "rose is a rose, is a rose, is a rose," a false start is a false start, etc., no matter whether one official sees it, or three officials see it. (5-7-4)

COMMENT: It is quite common for some assistant starters, especially when there is more than one, to focus on some runners (or lanes) while other runners or lanes are assigned to another starter.

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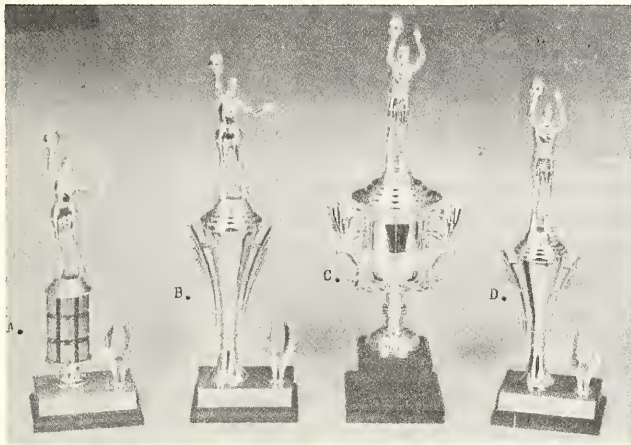
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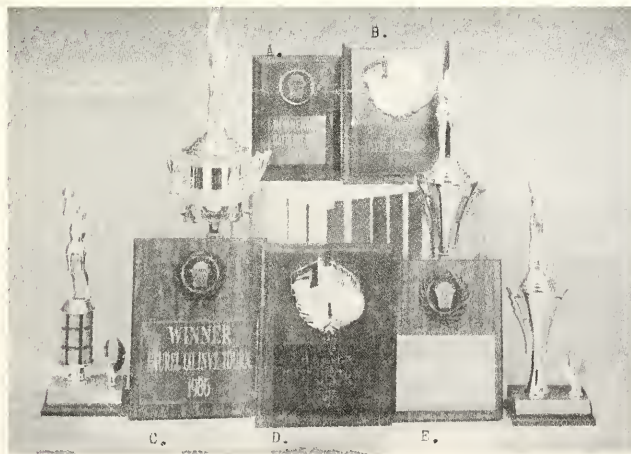
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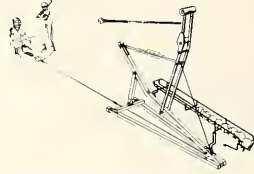
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