

11-1-1991

## The Athlete, November 1991

Kentucky High School Athletic Association

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### Recommended Citation

Kentucky High School Athletic Association, "The Athlete, November 1991" (1991). *The Athlete*. Book 368.  
<http://encompass.eku.edu/athlete/368>

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# the ATHLETE

*Official Publication of the Kentucky High School Athletic Association*



*NOVEMBER 1991*



## State Associations Must Take Charge

by Bill Sprinkle

*NOTE: The following is an excerpt of a speech delivered by Bill Sprinkle at the TARGET seminar April 21 at the National Federation in Kansas City.*

You are well aware of the problems of alcohol and other drugs in our communities. Although there has been some reduction in use of some drugs, most surveys in our nation and in our communities reveal startling indications of substance use among our young students.

Furthermore, several polls and school surveys all indicate that the biggest problems facing our youth and the worst influences in their lives are alcohol and other drugs. A December 1990 survey in **USA TODAY** revealed that 85 percent of 800 high school basketball and football coaches think that alcohol use is the worst problem that their team members face. **We all must know this!**

Why should state associations be involved in chemical-health programs, wellness programs, preventive programs? Money is tight (always will be). There are a lot of other programs out there. It is not our business really, but local schools. We don't really have the time, limited staff, duplication of effort, and on and on. I will not take time to refute those charges or excuses because most are specious arguments that can be disputed either way. I want to focus on our potential, not our limitations.

What I would like to do is reflect on the positive reasons why we should be fully involved in promoting the chemical health of our students in activities and through them the general student population.

The problems inherent in alcohol and other drug use are not ones that will go away. These problems have been with mankind since day 1. To solve these problems, to manage them in most cases, takes many different actors. It takes many different actors sometimes to make even the smallest difference. The only way to begin to manage the problem is to network with many agencies in the prevention effort.

Government agencies can't do it alone, nor can the Federation, schools, churches, police or state associations. We all must take a strong active involvement and make a concerted effort together to reach all our constituencies. Commitment and priority are two words that should best illustrate our involvement as state associations.

Who better than the Federation and member state associations to lead the charge to make life better and more hopeful for students in activities and their peers in the schools? Are we to be the followers in this arena? Who has a better potential to network with all the schools and all other prevention agencies? Would not the average citizen expect the associations to be a critical part of the solution to these problems? Chemical health is the responsibility of any leader in the education field.

In this day and age with the negative aura that sometimes surrounds athletics and activities, with the endless threat of litigation that swirls around us and with so many questioning our purpose and programs, a positive public relations plan is absolutely vital.

The positive goodwill that an association receives from a good chemical health program is substantial. The fact that many of us have started programs, however elementary or sophisticated, is a very favorable step in a day when a good image is needed in our activity programs.

I think we must reflect for a moment on what kind of message we will send our neighbors in the prevention community if we fail to enhance or follow through with our programs. We need positive goodwill regarding all our activities, and a chemical-health program accomplishes a part of that need because it demonstrates that we care for the total development of the student.

State associations originally were conceived to bring order, control and regulation to athletics to protect the interests of young people who were being exploited in one way or another. Our primary focus has been and must be the health, safety and welfare of our students.

Isn't this why we have age rules, practice-limitation rules, game-limitation rules, cheerleader safety guidelines, physical exam rules, catastrophic injury committees and safety regulations in rules of all sports? Is our charge only to protect a kid's emotional and chemical health? Do we not preach and emphasize that the "other half of education" has a myriad of values such as competition, self-esteem, learning how to win and to lose, overcoming adversity, learning how to cooperate with others, and that these are most significant? Is chemical health to be excluded or minimized as one of the benefits of participation? My belief is that it should be on the same plane as all the values of participation.

Are not the people involved in activities educators? If we are, and I truly believe we all think we are, is not our mandate and responsibility to teach ethics, citizenship and healthy lifestyles.

Given the thrust of educational reform in this country, we must address these topics daily. Healthy values and wise alternatives can be taught just like physical skills. Is not a healthy lifestyle a quality value? Few would argue that it is not.



## FROM THE INSIDE

by *Louis Stout, Assistant Commissioner  
Kentucky High School Athletic  
Association*

The Kentucky High School Athletic Association began a new era with the retirement of Lee T. Mills and the subsequent appointment of Billy V. Wise as Commissioner. I have had the privilege of serving under all three former commissioners, each of

whom were great leaders with their own methods and philosophies. With the appointment of Commissioner Wise, new directions were introduced to the staff, member schools and the Board of Control. With an emphasis placed on "Communication", Commissioner Wise immediately set out to reintroduce the K.H.S.A.A. to its members by taking the Association to the schools.

Throughout the months of September and October the executive staff will have crisscrossed the state, visiting the sixteen regions and talking with school administrators. The purpose of these visits was to inform and update the member schools as to the purposes and functions of the Association. Old and new staff members were introduced and the responsibilities of each staff member were explained.

Although this was not a new idea, this is the first time such a project has been undertaken in my twenty year tenure with the Association. This initiative came from the new leadership and the new direction that is planned for the organization.

The reception we experienced during these visits was, without doubt, the warmest that any organization could expect. Because of the tremendous success of our travels and because of the new philosophy that has been adopted, the morale at the office is at an all time high.

The time spent in completing this task was not easy considering the fact that the fall sports programs were in motion. Although everyone was exhausted at its completion, we all agree that this had to have been the most exciting, most informative and, in my opinion, the most professional presentation ever made by the K.H.S.A.A. and its staff. The success of the sessions can only be weighed by the attendance of the many Superintendents, Principals, Athletic Directors and Coaches and by the positive comments we have received.

Without question a better association exists because of these visits. I applaud Commissioner Wise for his vision and for his interest in serving the schools and all those who are charged with the responsibility of following the rules and regulations of this great Association.

## What's Inside?

- 2 *State Golf Championships*
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## On The Cover

*Will Watts of Western Hills High School attacks the defense of Jessamine County in a mid-November soccer game. Western Hills lost the contest 1-0 on a penalty kick in the closing minutes.*

Photo by:

**Wayne Dominick,**  
*Frankfort State Journal*

NOVEMBER, 1991

VOLUME LIII, NO. 3

SUBSCRIPTION RATE . . \$10.00

Published monthly, except July and August by the Kentucky High School Athletic Association, Office of Publication, 560 E. Cooper Dr., P.O. Box 22280, Lexington, KY 40522.

Please send notice of undelivered copies on form 3579 to: KHSAA, P.O. Box 22280, Lexington, KY 40522.

Third class postage paid at Richmond, KY. Acceptance for mailing at special rate of postage provided for in Section 1103. Act of Oct 3, 1917, authorized May 3, 1926. Publication No. 293080.

Editor: Billy V. Wise  
Associate: Anne Wesley Mays  
Assistant: Larry Boucher  
Assistant: Louls Stout

Associate: Jeff Rogers  
Assistant: Brigid DeVries  
Assistant: Julian Tackett

## Prep Golfers Are In The Clubhouse

The Kentucky High School Athletic Association sponsored the first state championship of the 1991-92 school year as more than 200 high school golfers gathered in central Kentucky for the Girl's and Boy's State Golf Tournament.

Elizabethtown Country Club hosted the girls while the boys challenged Lincoln Trail Country Club in Vine Grove.

Pat Vadden, a senior at St. Xavier, fired an even par 72 both days for a 144 total. That was good enough for a six

shot victory over Estill County's Steve Honchell, who finished at 75-75 for a 150 total.

Franklin County claimed the team championship for the second consecutive year as Chad Dawson, Benji Broadwater, Bryan Conway and Ben Conway combined to shoot a team total 635. That was 35 strokes better than runner-up Ballard.

A few miles away at the girl's tournament Johnson Central senior Amice Cantrell shot a 79-79 to claim top

honors in the girl's championships. Aleshia Warren of Central Hardin finished three strokes back at 161 to gain runner-up merit.

Another repeat, the young ladies of Madisonville North Hopkins combined to shoot 742 to claim team honors. The group of Jill Smiley, Emily Thomas, Mary Ellen Leasure and Kelly Green led the Lady Maroons to a two stroke victory over Casey County.

## Officials Acquire Advanced Certification

A large number of KHSAA registered officials have qualified for advance ratings of Certified and Approved as a result of the National Federation Part II Examination. Only officials receiving these higher ratings are eligible for work in the district and regional tournaments. Only KHSAA approved or certified officials shall be used in games between sub-district and district winners. Only certified officials shall be used in other playoff games. Following is a list of those obtaining new ratings:

### FOOTBALL

#### Change to Certified

Back, Jr., Custer  
Bennett, Rick L.  
Brown, Roger Douglas  
Cansler, Michael  
Carter, Michael Anthony  
Edelen, Rosalind  
Gilmore, Donald  
Hackett, Jr., Wilbur L.  
Holt, Michael  
Horn, Greg  
Klinecwich, Walter J.  
Kordenbrock, Andy  
McCallum, Larry R.  
Miller, Joseph A.  
Peters, Joey  
Pittman, Stephen R.  
Riggs, Freddy D.  
Sammons, Todd  
Thompson, Jeffrey D.  
Varney, Gregory Alan

#### Change to Approved

Alderman, Michael T.  
Baker, Jack  
Baughman, Bob  
Begley, Ward  
Buffum, Stan  
Campbell, Mark D.  
Carpenter, Larry D.  
Case, Paul Todd

Collins, Jack  
Craze, Stephen  
Craig, Ken  
Creech, Eric  
Cushing, Gary  
Domhoff, Joe  
Gilpin, James M.  
Harris, Mark  
Hatcher, Vaughn  
Hill, Ronald Steven  
Houck, Wayne  
Howard, Bradley M.  
Hudson, Jr., Donald L.  
Hundemer, Orville  
Hunter, Fred F.  
Jernigan, William Kirby  
Johnson, Kevin L.  
Kazlauskas, Dan J.  
Kirkpatrick, Tom  
Lamar, Joe  
Luvisi, Chris  
Mackey, David T.  
McCollam, Jr., William E.  
McLain, Don R.  
Miller, Paul W.  
Mills, William F.  
Miniard, Max  
Morris, Charles Brent  
O'Brien, Terry Marie  
Parsons, III, Paul B.  
Peckenpaugh, Terry  
Peno, Harry R.

Phillippi, Barry  
Powell, Jim  
Pruitt, Paul  
Rees, David F.  
Robinson, Woody  
Saragas, Takis  
Shrode, David Earl  
Simpson, Edward N.  
Smedley, Bob  
Soublo, Danny  
Spears, R. Corry  
Stevens, Timothy W.  
Stivers, Scott  
Sutton, James A.  
Weakley, Scott  
Weibe, Jr., Stanley J.  
Wilson, Darrell  
Young, Matt

### Soccer

#### Change to Certified

Daugherty, Mike  
Davis, Jack M.  
Doom, Sr., Henry E.  
Gogjian, Fereydoon  
Harper, Ben R.  
Hilvers, Jim  
Julianti, David M.  
Sloan, Paul  
Tomazic, Toby F.  
Tretter, Thomas M.  
Wallace, Jerry

#### Change to Approved

Benson, John K.  
Bishop, Larry A.  
Bonner, Philip H.  
Dorman, William C.  
Dulskis, Richard J.  
Ench, John R.  
Floro, Thomas G.  
Lacy, Bradley D.  
Leow, Hal  
Loftus, Larry A.  
Mann, Cathy L.  
Mueller, James  
Noakes, Jeffrey Lee  
Olivencia, Jose' R.  
Papanicolaou, Thomas  
Paul, Judi Rogers  
Pence, Lelan  
Pendygraft, Robert  
Quisenberry, Kermit  
Rainey, Randy M.  
Reisch, Kyu  
Salisbury, Joe F.  
Smece, Stephen W.  
Stribling, Jr., Charles N.  
Vander Molen, Douglas G.  
Waizenhofer, John F.  
Whitman, Brian C.  
Woodward, John

### Volleyball

#### Change to Certified

Burns, Mary Jo  
Potts, Stephen

#### Change to Approved

Bell, Brooke  
Delong, Jim  
Donovan, Mary Lynne  
Fleissner, Stanley J.  
Gatterdam, Fred  
Hellebusch, JoAnn  
Lorenz, Mark W.  
Miller, Michael Paul  
Rolfes, Michael P.  
Schawe, Jr., William R.



**DUE PROCESS PROCEDURES**

The Board of Control of the Kentucky High School Athletic Association adopted the following Due Process Procedure for appealing decisions of the Commissioner or Board of Control.

1. **Aggrieved Parties May Appeal Decision**  
 If a participant, parent, contest official, coach or member school is dissatisfied with a decision of the Board of Control or the Commissioner's interpreting a provision or provisions of the Constitution, By-Laws or rules and regulations of the Association, and such individual or school is an aggrieved and affected party, such a party may submit in writing a notice of appeal of the decision and request for a formal hearing. All appeals involving a student eligibility matter relating to the fall sports season shall be filed by the immediately preceding July 15th; the winter season, but the immediately preceding September 15th; and the spring season, by the immediately preceding January 5th. Appeals not timely filed shall not be heard, absent clear and compelling justification. Any other appeal shall be filed within fifteen (15) days of receipt of the decision.
2. **Investigation**  
 The Commissioner or his staff, or such representative of the Association designated by the Board of Control shall investigate all matters upon which the appeal is based. Investigations shall be performed so as to bring the matter to a hearing, unless for cause otherwise shown, no later than the next regularly scheduled meeting of the Board.
3. **Notice**  
 After completion of the investigation, the Commissioner shall notify the appealing party of the time and place set for a hearing on the appeal. The notice shall be given at least seven (7) days in advance of the time set for the hearing. The hearing shall be conducted in conjunction with a regularly scheduled meeting of the Board, or the East Eligibility Committee or the West Eligibility Committee may act for the Board if time is of the essence
4. **Attendance at the Hearing**  
 Representatives of member schools, contest officials, students, parents and coaches who are appealing parties are entitled to attend hearings. In the instance of a student submitting the appeal, such student may be represented by the member school that the student attends. Any person entitled to be in attendance at such hearing may represent themselves. Such persons are also entitled to be represented by counsel, provided that they notify all other parties involved in the appeal of the name, address and telephone number of such counsel at least three (3) days in advance of the hearing.
5. **Board of Control to Hear Appeals**  
 The Board of Control of the Association, or the appropriate eligibility committee, shall hear all appeals brought under the provisions of these rules. The President of the Board of Control, or chairman of the appropriate eligibility committee may appoint a hearing officer to preside over the hearing or he may act as the hearing officer himself. The hearing officer may, at the beginning of the hearing, ask for statements clarifying the issues involved or upon which factual matters the appealing party will stipulate and agree to. The Commissioner shall make available written copies of his investigation, and may give testimony relative thereto. The appealing party shall present its defense and proofs. The parties may offer such evidence, including the testimony of witnesses, as they desire and which is relative to the proceedings. Each party shall have the right to cross examine witnesses of the adverse party. All parties shall be afforded the opportunity to examine all documents introduced.
6. **Closing of Hearing**  
 The hearing officer shall specifically inquire of all parties whether they have further evidence. Upon receiving negative replies, the hearing officer shall declare the hearing closed.
7. **Hearing in Absence of a Member**  
 The hearing may proceed in the absence of any party who after it is shown has received due notice thereof, fails to be present or fails to request an adjournment. Adjournments may be requested of the hearing officer upon the request of a party or upon the initiative of the hearing officer. However, a decision shall not be made solely upon the default of a party, but be based upon the evidence in the matter before the Board.
8. **Decision of Board**  
 The decision of the Board of Control, or the appropriate eligibility committee, if practicable, shall be announced orally to the parties upon completion of the hearing, such to be followed by written confirmation to the parties within seven (7) days of the closing of the hearing. The written decision shall be signed by the Commissioner and shall state the findings and conclusions of the Board or eligibility committee. All decisions of the Board of Control or eligibility committee may be appealed to the State Board of Education.
9. **Appeal Procedure to State Board for Elementary and Secondary Education**
  - Section 1. There is hereby established with the Department of Education the position of hearing officer for the State Board for Elementary and Secondary Education. The State Board for Elementary and Secondary Education shall appoint, upon the recommendation of the chief state school officer, a person or persons to serve at the pleasure of the Board in that capacity.
  - Section 2. A hearing officer shall conduct a hearing, or a review of the law as appropriate of all appeals from the Kentucky High School Athletic Association.
  - Section 3.(a) Any aggrieved party may appeal the ruling of the Kentucky High School Athletic Association within ten (10) days of the date of the Kentucky High School Athletic Association hearing, or the written decision if no ruling is made at the hearing, to the State Board for Elementary and Secondary Education, by filing notice with the Secretary of the State Board for Elementary and Secondary Education and by mailing a copy of the same to the Commissioner of the Kentucky High School Athletic Association. Appeals not timely filed shall not be heard. The Secretary of the Board shall immediately notify the Commissioner of the Kentucky High School Athletic Association of the appeal and the Commissioner shall forthwith send the record of the matter, including a transcript or tape recording of the hearing before the Association to the Secretary.
    - (b) The notice of appeal need not be in any prescribed form, but shall clearly state reasons for the appeal. If the appellant requests to present additional evidence to a hearing officer, the notice also shall set forth the nature of such evidence and reasons it has not been previously introduced.
    - (c) The notice of appeal may also request oral argument before a hearing officer, and if it does, it must also state the reasons for such request.
    - (d) Written arguments (or briefs) may be filed with the Secretary within ten (10) days after notice of the appeal has been filed, with a copy sent to the Commissioner of the Kentucky High School Athletic Association.
    - (e) The Commissioner of the Kentucky High School Athletic Association may respond to the written argument within five (5) days but may have one (1) extension of an additional five (5) days for good cause shown. Said response shall be made by mail to the appellant with a copy sent to the Secretary of the State Board.
    - (f) Unless the hearing officer grants the motion to introduce additional evidence or the request for an oral argument, the appeal shall be considered on the written record alone. Only in extraordinary cases where additional evidence is allowed to be introduced shall the appeal be considered de novo in nature.
  - Section 4. The hearing officer shall make findings of fact, conclusions of law and recommendations to the parties and the State Board for Elementary and Secondary Education, and such, shall allow ten (10) days for written exceptions and responses to the State Board. Except in cases of clear and compelling justification, the parties shall not have a right to make oral argument in person to the State Board.
  - Section 5. The Board may accept or reject the submission of the hearing officer in total or in part, may return the matter to the hearing officer for further proceedings or may have the parties appear before the Board for further proceedings and ultimate decision. In any event, the board, in making its final decision, shall adopt or incorporate appropriate findings and conclusions.
  - Section 6. Because of the varied nature of the other matters that may from time to time be assigned to a hearing officer, and because time may be of the essence, in order for the submission of the hearing officer to be presented to the Board at a scheduled meeting of the Board, the hearing officer is hereby authorized, consistent with the limitations of the assignment, to set such time frames and other procedural matters as will assure due process to the parties and allow the submission to the Board within the time prescribed.
  - Section 7. Stay of KHSAA Decision Pending State Board Action  
If the State Board hearing officer recommends reversing the Association's decision on an eligibility matter, the Association's decision shall be stayed, and the student in question shall become immediately eligible pending final State Board action.

1991 K.H.S.A.A. State Football Playoffs  
Championship Bracket  
Classes A, AA  
Semi-Final Pairings

Region 3

Region 1

Region 2

Region 4

**Class A**

Region 2

Region 3

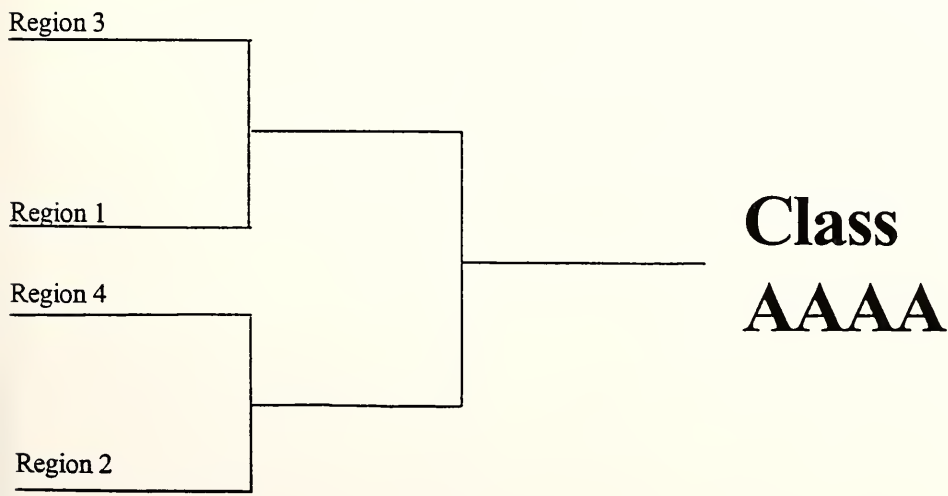
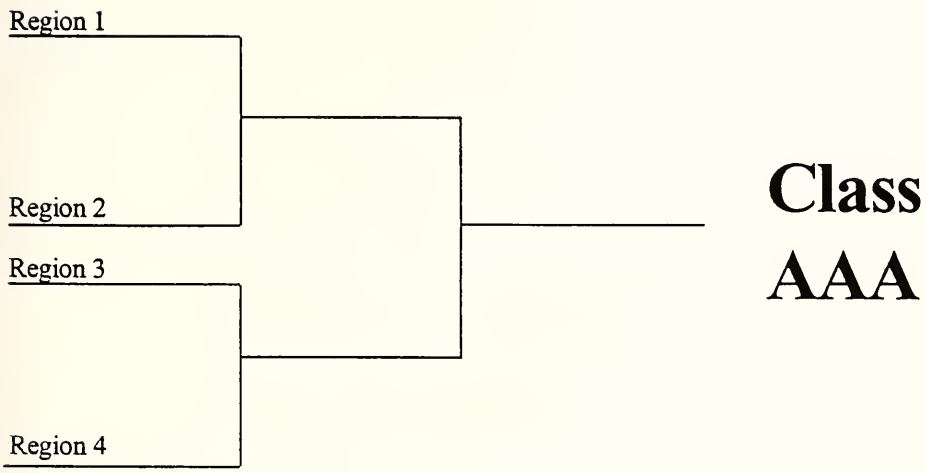
Region 1

Region 4

**Class AA**

**The top team in each bracket will be the host site and the home team on the scoreboard.**

1991 K.H.S.A.A. State Football Playoffs  
Championship Bracket  
Classes AAA, AAAA  
Semi-Final Pairings



**The top team in each bracket will be the host site and the home team on the scoreboard.**



## Swimming Committee Minutes 1991-92

The Swimming Committee met on Tuesday, October 1, 1991, at the K.H.S.A.A. Office in Lexington. Assistant Commissioner Bridg L. DeVries called the meeting to order at 1:30 p.m. Committee members present included Tim Cahill, Matt Rydson, Phil Wilder, Jerry Mohr, Martin O'Toole, Jack Thompson, Dale Baggett, David Webb, Karen Vanover and Ron Priksorn.

The first item on the agenda was the selection of the regional sites. The managers and sites are as follows: Central Kentucky Region - Tim Cahill, Model High School, Richmond; Jefferson County Region - Martin O'Toole, Crescent Hill, Louisville; Northern Kentucky Region - Dave Webb, Scott High School, Covington; Western Kentucky Region - Dale Baggett, Hopkinsville High School, Hopkinsville. The committee discussed the regional information sheets and made some minor changes. The Regional entry deadline date is January 29, 1992. Regional meets are scheduled on February 7-8, 1992.

The next item for discussion was the State Swim Meet and Site. The 1991-92 meet is scheduled on February 21 & 22, 1992 in the Lancaster Aquatic Center at the University of Kentucky. It was decided that the time schedule for the meet stay pretty much the same. The preliminary heats will consist of three heats of eight swimmers in all swimming events. The finals will consist of 6 swimmers in the consolation heat, and 6 swimmers in the championship heat.

A discussion was held on the possibility of increasing the number of qualifiers to the State Meet from 24 to 32. A sub-committee was formed to consider this suggestion as well as the re-alignment and possible expansion of the regions. Another item to be considered is a proposal to require schools to participate in two high school meets before they are eligible for regional competition. Sub-committee members include Ron Priksorn, Dale Baggett, Karen Vanover, and Jerry Mohr. The sub-committee will study these items and report back to the committee at the 1992 meeting.

The State Meet Combined Awards have been underwritten by a corporate sponsor in the past. Committee members will check in their areas for a new sponsor for these awards. Should a sponsor be unavailable, these awards will be dropped. The regular team awards sponsored by the K.H.S.A.A. will not be affected.

The next item on the agenda included a discussion of the National Federation Honor Roll. Each member received a copy of the cut off standards for consideration on the honor roll.

The committee then discussed the National Federation Rule Changes for the 1991-92 school year. The committee reviewed the Backstroke Turn Video and a discussion was held regarding the interpretation of this rule change. The video helps clarify what is legal and illegal about the turn. The video is available to member schools on a checkout basis from the K.H.S.A.A. office.

Tim Cahill gave a brief report on N.L.S.C.A. and the impact this organization has had on the national level. Also, it was mentioned that the Olympic trials will be held in Indianapolis March 1-6, 1992.

Miscellaneous items included the policy of regional managers, mailing their regional entries into the K.H.S.A.A. office, by the entry deadline set for all of the participating schools. Also, each region will be responsible for providing at least one diving judge for the state meet.

There being no further business, the meeting was adjourned.

## 1991-92 Swimming and Diving Rule Interpretations

**SITUATION #1:** Before a championship meet, an official notices that the water depth is less than 3'6". The meet was delayed until the pool was filled to the proper water depth.

**RULING:** Correct procedure.

**COMMENT:** Water depth shall be a minimum of 3'6". (2-2-2)

**SITUATION #2:** The pool depth is 4'6" and the starting platforms are 30" over the surface of the water.

**RULING:** Legal.

**COMMENT:** In pools with water depth less than 4' at the starting end, the platforms shall not exceed 18" above the surface of the water. (2-7-2)

**SITUATION #3:** A swimmer appears at the starting block with an advertisement for a local business all across her cap. The referee orders the cap to be removed or reversed.

**RULING:** Correct procedure.

**COMMENT:** Competitors shall not be permitted to compete in attire which includes advertising or a partial, whole manufacturer's logo or trademark more than 1 1/2" high and 1 1/2" wide. (3-3-1)

**SITUATION #4:** In a dual meet in a 25m pool the starter announces event number 8 as the 400 m freestyle.

**RULING:** Incorrect procedure.

**COMMENT:** Change to 500 yd. m freestyle. (5-1-1h)

**SITUATION #5:** In a dual meet both coaches verbally agree to shorten

the warmup time prior to the 100 yard butterfly to 5 minutes.

**RULING:** Correct procedure.

**COMMENT:** Coaches are permitted to verbally agree to shorten the warmup time prior to the 100 yard butterfly. (5-1-2b)

**SITUATION #6:** A competitor in a dual meet swims in both the medley and the 200 freestyle relay, and two individual events. He is also entered as an exhibition swimmer in the breaststroke to achieve a qualifying time.

**RULING:** Illegal.

**COMMENT:** The swimmer would not be allowed to swim in a fifth event. An exhibition swim in counted as one of the four allowed entries. (3-2-1a)

**SITUATION #7:** Host Team A's pool has a depth of 3'8", 1 foot in front of the starting end wall. They have ordered 18" starting blocks that have not yet arrived. Their 30" starting blocks are still in place. The referee orders the competitors to start from the deck beside the blocks.

**RULING:** Correct procedure.

**COMMENT:** In pools with water depth less than 4' and starting platforms do not specifications, the swimmer must start from the deck or in the water or the meet will not be conducted. (2-7-2 Pen)

**SITUATION #8:** A swimmer in the 500 yard freestyle swims 200 yards of the race, swallows water and gets out of the pool to recover. After recovering the swimmer reenters the pool and completes the race.

**RULING:** Illegal.

**COMMENT:** The swimmer may not reenter the water. (3-5-5)

**SITUATION #9:** A swimmer shoulders pass beyond the vertical on the backstroke finish as he touches the wall.

**RULING:** Illegal.

**COMMENT:** Swimmer may only pass beyond the vertical plane on the turns. 8-2-1b

**SITUATION #10:** A backstroke takes a final arm pull into the turn, turns the shoulders past the vertical plane toward the stomach: (a) continues kicking while executing the turn; (b) floats/kicks closer to the wall before executing the turn.

**RULING:** (A) Legal; (B) Illegal.

**COMMENT:** Once a backstroke turns the shoulders past the vertical toward the stomach, all movement must be part of a continuous turning action. (8-2-1e)

**SITUATION #11:** A backstroke fails to touch the end wall with some part of the body while executing an otherwise legal turn; so after turning, the swimmer reaches or sculls back to touch the wall.

**RULING:** Legal, provided the swimmer remains on the back (i.e., the shoulders do not go beyond the vertical). (8-2-1)

**SITUATION #12:** A breaststroke or butterfly contestant turns in such a manner that the body is on the back when the feet leave the wall; but, prior to the first arm pull or leg kick, the body returns to the breast down with the shoulders in the horizontal plane.

**RULING:** Illegal.

**COMMENT:** On breaststroke and butterfly turns, the shoulders shall be at or past the vertical toward the breast when the feet leave the wall. (8-2-2)

**SITUATION #13:** An individual medley swimmer uses a legal "no-hand-touch" backstroke turn in going from the backstroke leg to the breaststroke leg.

**RULING:** Legal.

**COMMENT:** A swimmer may use any legal turn associated with each quarter of the race. (8-2-6)

**SITUATION #14:** The second, third and fourth members of a relay may use the moving step start.

**RULING:** Legal.

**COMMENT:** On the takeoff, the second, third and fourth swimmers on a relay team shall use the legal forward start, but may be in motion before the previous swimmer finishes. The swimmers shall remain in contact with the front of the starting platform pool deck until the previous swimmer has finished. However, moving from the back of the starting platform to the front is permitted provided the swimmer is on the starting platform and does not initiate the action from the pool deck. (8-3-5)

**SITUATION #15:** In a championship meet in diving, the referee draws a new diving order following the semi-finals, and prior to the final round of dives.

**RULING:** Incorrect procedure.

**COMMENT:** In championship meets, the diving order shall initially be drawn by lot. The same relative position of divers shall maintain thereafter for all levels of competition. (9-2-2)

**SITUATION #16:** In a dual swim meet the referee announces that all diving score sheets are to be submitted by 5:00 p.m. Team A submits all three diving sheets at 4:55 without the coaches signature on them. The referee does not accept them, and tells the coach to sign each one and submit them by 5:00 p.m.

**RULING:** Legal.

**COMMENT:** Each sheet should be checked for both the competitor's and coaches' signature as they are submitted, to alleviate disqualifications later on. (9-3-3c)

**SITUATION #17:** A diver executes a forward somersault but only uses a two step approach. Each judge deducts two points from their own score which is reflected on their scoresheet.

**RULING:** Incorrect procedure.

**COMMENT:** The diving referee authorizes a two point deduction by each judge for a violation of the forward approach. The announcer reads the scores and verbally deducts two points from each of the judges scores. If a six is awarded by a judge, the announcer will read four, and the score will record the score as read on the scoresheet. (9-8-1a)

# November 1991

SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY



<b>1</b> Deadline for Schools to Enter Winter Sports	<b>2</b> SAT Test Date Regional XC Meets
District SO Tournament	
Regional VB Tournaments	

<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Regional SO Tournament				

<b>8</b> KHSADA Ex Cm - Louisville	<b>9</b> 1:00pm WR Clinic - Conner State XC Meet
FB Play-Offs Round One	
State VB Tournament	

<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Sectional SO Tournament				

<b>15</b> 1st BK (Non FB) Contest	<b>16</b>
FB Play-Offs Round Two	
State SO Tournament	
KASSP Radisson-Hurstbourne, Louisville	

<b>17</b>	<b>18</b>	<b>19</b> 7:00pm WR Clinic - Ky. School f/ Blind	<b>20</b>	<b>21</b>
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<b>22</b>	<b>23</b>
FB Play-Offs Round Three	

<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> Thanksgiving
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<b>29</b>	<b>30</b>
FB Play-Offs Semi-Finals	

# Athletic Directors Converge in Orlando

More than 2,000 athletic administrators, spouses and exhibitors are expected December 14-18 in Orlando, Florida, when the National Federation hosts its 22nd annual National Conference of High School Directors of Athletics at the beautiful Marriott's Orlando World Center Resort.

## NIAAA Annual Meeting

In conjunction with the National Conference, the National Interscholastic Athletic Administrators Association will be holding its 15th annual meeting. The NIAAA will hold several pre-conference meetings and events December 13-15. Heading the list of pre-conference activities will be the fourth annual CAA certification examination, which is scheduled for 9:45 a.m. Sunday, December 15.

## Program Highlights

The National Federation will offer another outstanding cast of feature speakers, along with a large variety of timely workshop topics, for this 22nd conference.

**Richard Flint**, who has risen through the ranks of professional speakers to become one of North America's most sought-after program personalities, will deliver the keynote address, "Give Them A Chance." It is Flint's belief that "the major struggles that go with us to work each day are not there because of a lack of technical knowledge, but because of the human struggles that we carry with us." These are the areas that Flint focuses on to the point you will feel he has been living under your bed.

In his presentation, Flint will examine the role of the high school athletic program. Is it for coaches to build their egos? Is it for the team to win the conference championship at any cost? Is it for the student to learn the value of life through learning to win and lose? Is the answer "yes" to all of these?

In this information-packed, energy-filled program, Flint addresses the concepts of "responsibility" and "accountability." "Give Them A Chance" is a walk through one's personal commitment. It is an examination of one's personal ethic. It's a return to what is needed, rather than an examination of what we want.

**Ann Chadwell Humphries**, president of ETICON, will be the featured speaker at the Second General Session. Audiences respond to her personable, yet direct presentation style as she is able to break complicated etiquette concepts into practical, realistic "how-to's" that audiences easily understand and want to apply.

In her presentation, "Cross Training: Etiquette for Athletes," she will offer insight regarding preparation for life in the public eye. What are the costs to an athletic director when athletes do not represent themselves or the school well in public? What is it worth to attract positive attention to the program through the behavior of players off the field? What are the costs if you don't? How can an athletic director build the concepts of ethics, integrity and sportsmanship in student-athletes through everyday actions? Can winning continue while expecting sterling behavior of players off the field?

**Danny White**, this year's conference luncheon speaker, just recently completed 13 years as quarterback of the Dallas Cowboys. During his career as a starting quarterback, White's record was 67-35, including 41-11 at Texas Stadium.

Although he has retired from football, life is just beginning for White. He has many varied business interests including president of White Companies. He is a partner in White Insurance Enterprises, Inc. and chairman of Quarterback, Inc., a newly formed fraternity of active and inactive NFL quarterbacks with its credo: To allow the combined reputation and influence of its membership to have a positive impact on people and situations that affect attitudes of youth.

Tuesday morning's program also will offer conference attendees a choice of two concurrent seminars.

**Dr. Bowen F. White**, a medical doctor in Kansas City, will be the speaker at the Stress Seminar. His presentation, "Using Stress To Power Peak Performance," is sure to be most informative. According to Dr. Bowen, stress can be seen as an obstacle to be avoided or a challenge to be met. What we do with our energy will reflect the perceptual bias of the individual. The truth is, the only way we can reach peak performance is to be confronted with a task that stimulates us to do so. How can we do that without making ourselves sick at the same time?

**Dr. Robert O. Voy** will be the presenter for the Performance Enhancing Drug Seminar. Dr. Voy, author of *Drugs, Sport and Politics*, provides an inside perspective on drug use in sport that simply cannot be equaled. As the former chief medical officer for the U.S. Olympic Committee, Voy has tracked this crisis from the junior high and high school levels, up through the ranks of Olympians and world class professional athletes.

Voy's discussion on subjects such as Anabolic Androgenic Steroids, Growth Hormone, Cocaine, other stimulants, as well as drug control and testing is compelling and alarming. The prevalence and impact of drugs on sport is distressing; Voy's message cannot be ignored.

**James Lessig**, former commissioner of the Sun Belt and Mid-American Conferences, will be the featured speaker for the Third General Session at 10:45 a.m. Tuesday morning. He has a wealth of experience serving as a high school teacher/coach, collegiate basketball coach, and professional basketball coach with the Cleveland Cavaliers. He just finished an outstanding term as commissioner of the Sun Belt Conference.

Lessig's presentation, "What Price Victory," addresses how everyone involved in organized athletics talks about the values and sense of integrity that can be gained by young people through participation in athletics at all levels, but are we as administrators, coaches and teachers really practicing what we preach? Unfortunately, the answer to that, in many cases, is a resounding "No." We need to examine the reasons why words like "value, integrity and ethics" are, in many cases, only given lip service. Is it too late to change our direction?

## Other Program Highlights

In addition to the presentation of National Federation Citations to six outstanding athletic administrators, banquet attendees will be treated to a special performance of "Up With People," featuring contemporary, popular and international songs and dances, as well as special interaction with the audience. Any football fan has certainly seen these young people during a halftime performance of the Super Bowl.

Once again, the Fellowship of Christian Athletes is planning a complimentary breakfast and program for conference attendees that will feature an inspirational message to conclude the conference.

## Athletic Directors . . . *continued*

### Change in Program Format

The Athletic Directors Advisory Committee recommended a change from the traditional conference program format to allow attendees to take advantage of the many attractions in Orlando. The first workshop session will now begin at 1 p.m. Sunday, December 15, followed by the NIAAA sectional meetings, which are open to all NIAAA members. The traditional Opening General Session and keynote address will be held at 7:30 p.m., followed by the Marriott-sponsored opening night exhibit hall reception, held in the exhibit hall.

Monday's time schedule has been changed drastically, with the afternoon and evening following the conference luncheon free of any program time. This will allow attendees to visit the many attractions in Orlando. The National Federation has put together a special afternoon and evening at Sea World as an optional activity on Monday.

The program of workshops and mini-sessions will total 27 different topics during the three workshop sessions, with each session featuring several choices of topics, plus five mini-sessions scheduled during the third workshop period on Tuesday. These breakout sessions are designed to meet the individual needs of attendees who are looking for information in a variety of different areas.

### Workshop Topics

The first workshop session on Sunday afternoon is packed with some outstanding topics such as "Handling & Resolving Conflicts," "All Sports Booster Club," "Supporting the Academic Mission of our Schools," "Equity and High School Athletics," "What You Need to Know About Caring For Your Athletic Fields," "Leadership Roles in the 90's," "Fund Raising - THE WINNERS PROGRAM," "The Latest Video Technology: Editing & Chalkboard" and a "Hands On Golf Clinic."

The second session on Monday morning includes such topics as "Development Programs for Walk On Coaches," "Administrative Training Plan for Athletic/Activity Directors," "Eligibility Tracking Systems," "NIAAA Certification Program Update," "The Athletic Director and Time Management," "Selection, Direction and Evaluation of Athletic Personnel," "Improving Community Sportsmanship" and "Managing, Marketing & Promoting the Athletic Program."

The third and final workshop session will be held on Tuesday afternoon and includes presentations on "Recognition Programs for the Academic Achievements of Athletes," "The Athletic Director's Role Regarding Turf Management," "Middle School Athletics: Interscholastic vs. Intramurals" and "What About Corporate Sponsorships." In addition, those who choose to select the mini-sessions will have their choice of any two of the following, "New NIAAA Fundraising Guidelines," "Conducting Effective Staff Meetings," "Conducting Events on a Shoestring," "Youth Sports & Their Effect" and "Lotteries and High School Sports."

### College Credit to be Available to Conference Attendees

The Florida Host Committee has arranged for attendees to have the opportunity to earn three hours of college credit through Rollins College. Tuition is only \$100. An informational brochure, including pre-registration form, will be included in the conference registration materials mailed to all NIAAA members and recent conference attendees.

### Hotel Room Reservations

All conference activities will be held in the Marriott's Orlando World Center. The National Federation has blocked 1,400 rooms at the Marriott, and an additional 200 rooms at the Hyatt Orlando, approximately five miles from the Marriott. Special rates of \$79 single or double occupancy at the Marriott and \$67 single or double at the Hyatt Orlando have been set for three days prior through three days following the conference. For those wishing to put three or more adults per room, there is a \$20 per night charge at the Marriott. Marriott's Executive Level is available to conference attendees at the reduced rate of \$109 per night.

### Please Note:

All room reservation requests must be made on the special conference room reservation form, available from the National Federation. This form must be returned to the National Federation, along with a conference registration form and fees. The room reservation form must include either a separate check for the first night's deposit made payable to Marriott's Orlando World Center, or a credit card guarantee for each reservation requested.

It is important that names of all room occupants are included on the room reservation form. The National Federation will record the room reservation before forwarding it to the Marriott's Orlando World Center. A reservation confirmation will be sent by the Marriott. It is important to know that room reservations cannot be made by phone or without first registering for the conference. In case of cancellation, the deposit will be refunded if the hotel is notified at least 24 hours prior to the scheduled arrival.

### Conference Registration

Conference registration forms, hotel room reservation cards and the optional tour brochure will be sent to all NIAAA members and all athletic administrators who have attended one or more of these National Conferences during the past five years. Anyone not included in that group may secure registration forms, room reservation cards and exhibit information by writing the National Federation, P.O. Box 20626, Kansas City, Missouri 64195-0626, or by calling 816/464-5400 between 8:00 a.m. and 4:30 p.m. (central time) Monday through Friday.

### Conference Activity Fee

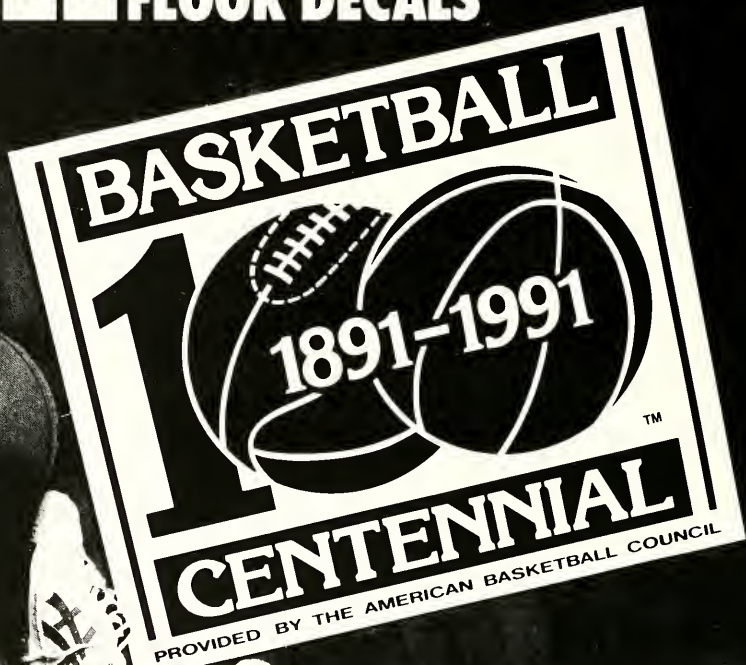
The conference activity fee has been set at \$110 for 1991-92 NIAAA members, and \$120 for non-members who register prior to November 14. After November 14, the registration fee for all attendees is \$140, and registrations will be accepted only on a space-available basis. No registrations will be accepted after November 20. The conference activity fee includes all meal functions.

The spouse/guest registration fees if \$25 and includes all conference activities, with the exception of the Monday luncheon and Tuesday banquet. Extra tickets for the luncheon are \$16 and \$33 for the banquet. The spouse registration fee also includes the Sunday evening exhibit hall reception, a full breakfast and program on Monday morning, and FCA share time on Tuesday morning.

### Refund Policy

A refund of advance payment, minus a \$25 cancellation fee, will be made to any registrant who must cancel, provided notice of cancellation has been received by the National Federation no later than Thursday, December 12.

# FREE BASKETBALL CENTENNIAL FLOOR DECALS



## Celebrate The Centennial... Right On Your Home Court.

The upcoming 1991-92 season commemorates the 100th Anniversary of Basketball. To help you celebrate, you can get attractive floor decals for your court featuring the Basketball Centennial logo. The first two decals you order are **FREE** (plus \$6.95 for shipping and handling). But you'd better hurry... the decals are only free to the first 4,500 schools that order them!

If you want more than 2 decals, there is a cost of \$6.95 for each additional decal you order.

The floor decals are 24" x 28", and come in handsome red, white and blue colors. They're designed to last a season, and will peel off easily when your celebration's done.

## Order Your FREE Floor Decals Now!

Here's all you have to do. Just fill out the order form on this page, and be sure to enclose a check to cover shipping and handling costs for your 2 FREE decals. If you order more than 2 decals, be sure to add \$6.95 for each additional decal. Remember, the first 2 decals are free, but only to the first 4,500 schools that order them.

### ORDER FORM

Name \_\_\_\_\_

School \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_

**FREE DECALS** Please send me 2 free floor decals. Shipping and handling is \$6.95. \$6.95

**EXTRA DECALS** In addition to the 2 free decals, please send \_\_\_\_\_ extra decals at a cost of \$6.95 each. \$ \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

(Make sure you enclose \$6.95 for shipping and handling, plus \$6.95 for each extra decal ordered). Allow 6-8 weeks for delivery.

**PRE-PAYMENT REQUIRED** Send this order form along with your check made payable to:

**De Groot Carlucci & Associates**  
50 Main Street, Suite 1000  
White Plains, New York 10606  
or phone (914) 682-2101

# Participation at 5.3 Million in High School Activities

An increase of 41,820 participants in high school athletic programs in 1990-91 pushed the total of 5,298,671 to its highest figure in 11 years, according to the annual sports participation survey conducted by the National Federation.

The National Federation has compiled the survey since 1971 based on figures from the 51 state high school athletic/activity associations that are members of the National Federation.

The 1990-91 sports participation total of 5,298,671 is composed of 3,406,355 boys and 1,892,316 girls. Boys participation was up 8,163 and girls participation increased 33,657 to attain the overall increase of 41,820.

With the exception of a slight decrease from 1987-88 to 1988-89, participation has risen slightly each year since the 1984-85 year. The 1984-85 totals stopped a six-year downward spiral in which participation dropped five years.

Participation in high school athletic programs hit an all-time high of 6,450,482 in 1977-78, which was the height of high enrollments in high schools nationwide resulting from the "baby boom" generation of the late 1950s and early 1960s.

This year's figure of 5,298,671 is the highest since 1980-81 when there were 5,356,913 participants in high school athletic programs.

Soccer continued its climb in the boys and girls listings. Soccer gained the most participants among boys sports (7,603) and moved to within 2,300 of fifth-place wrestling, which lost 3,183 participants in 1990-91. Wrestling is fifth with 230,673 participants, followed by soccer at 228,380.

Baseball strengthened its hold on the No. 3 spot with an additional 5,434 participants in 1990-91. Other top 10 boys sports that registered increases in participation last year were tennis (4,311) and golf (2,905).

Although it lost 6,334 participants in 1990-91, football remains the No. 1 boys sport with 941,423, followed by basketball (515,644), baseball (419,015), outdoor track and field (401,350), wrestling (230,673), soccer (228,380), cross country (155,375), tennis (141,250), golf (125,903) and swimming/diving (82,925).

Fast-pitch softball gained the most participants (14,424) among girls sports and remains No. 4 overall. Other girls sports registering large increases in participation were outdoor track and field (11,953), soccer (10,011) and volleyball (7,122).

Basketball remains the most popular girls sport with 387,802 participants, followed by outdoor track and field (320,763). The remainder of the top 10 is unchanged in order from a year ago: volleyball (300,810), fast-pitch softball (219,464), tennis (132,607), soccer (121,722), cross country (106,514), swimming/diving (88,122), field hockey (48,384) and golf (41,410).

While the number of participants in high school athletic programs reached its highest total in 11 years, school sponsorship of certain sports declined slightly.

One explanation of these contrasting figures is that some schools have combined sports teams and formed cooperative programs. This solution to rising costs ensures that, while schools may reduce or cut programs, high school athletes still have the opportunity to compete in varsity athletics.

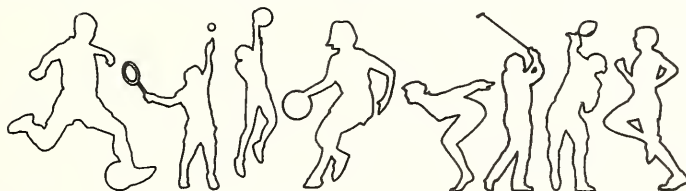
Soccer also was the leader among boys sports in increases in school sponsorship with an additional 224 schools.

The only other top 10 boys sports to register increases in school sponsorship were cross country (108), golf (61) and swimming/diving (14).

Seven of the top 10 girls sports showed increases in school sponsorship, led by soccer (362), cross country (198) and fast-pitch softball (179).

The 1990-91 sports participation survey includes one new listing - total number of participants by state. Texas ranked No. 1 in 1990-91 with 515,415 participants, followed in the top 10 by California (424,577), New York (291,591), Ohio (282,337), Illinois (253,676), Michigan (238,565), Pennsylvania (211,768), New Jersey (187,356), Iowa (150,224) and Wisconsin (142,884).

The 1990-91 survey will be printed in the 1991-92 National Federation Handbook, which will be available soon from the National Federation, 11724 Plaza Circle, P.O. Box 20626, Kansas City, Missouri 64195-0626.



## TEN MOST POPULAR BOYS SPORTS

Schools	
1. Basketball	16,462
2. Track & Field (Outdoor)	13,905
3. Football	13,870
4. Baseball	13,608
5. Cross Country	10,419
6. Golf	9,834
7. Tennis	8,910
8. Wrestling	8,404
9. Soccer	6,785
10. Swimming & Diving	4,320

Participants	
1. Football	941,423
2. Basketball	517,644
3. Baseball	419,015
4. Track and Field (Outdoor)	401,350
5. Wrestling	230,673
6. Soccer	228,380
7. Cross Country	155,375
8. Tennis	141,250
9. Golf	125,903
10. Swimming & Diving	82,925

## TEN MOST POPULAR GIRLS SPORTS

Schools	
1. Basketball	15,864
2. Track & Field (Outdoor)	13,751
3. Volleyball	12,017
4. Cross Country	9,470
5. Softball (Fast Pitch)	8,867
6. Tennis	8,580
7. Soccer	4,490
8. Swimming & Diving	4,295
9. Golf	4,119
10. Softball (Slow Pitch)	1,871

Participants	
1. Basketball	387,802
2. Track & Field (Outdoor)	320,763
3. Volleyball	300,810
4. Softball (Fast Pitch)	219,464
5. Tennis	132,607
6. Soccer	121,722
7. Cross Country	106,514
8. Swimming & Diving	88,122
9. Field Hockey	48,384
10. Golf	41,410

## SPORTS PARTICIPATION SURVEY TOTALS

Year	Boy Participants	Year	Girl Participants
1971	3,666,917	1971	294,015
1972-73	3,770,621	1972-73	817,073
1973-74	4,070,125	1973-74	1,300,169
1975-76	4,109,021	1975-76	1,645,039
1977-78	4,367,442	1977-78	2,083,040
1978-79	3,709,512	1978-79	1,854,400
1979-80	3,517,829	1979-80	1,750,264
1980-81	3,503,124	1980-81	1,853,789
1981-82	3,409,081	1981-82	1,810,671
1982-83	3,355,558	1982-83	1,779,972
1983-84	3,303,599	1983-84	1,747,346
1984-85	3,354,284	1984-85	1,757,884
1985-86	3,344,275	1985-86	1,807,121
1986-87	3,364,082	1986-87	1,836,356
1987-88	3,425,777	1987-88	1,849,684
1988-89	3,416,844	1988-89	1,839,352
1989-90	3,398,192	1989-90	1,858,659
1990-91	3,406,355	1990-91	1,892,316

## Listing of School Numbers for Data Entry

1	Adair County	81	Elizabethtown	159	Lloyd Memorial	235	Russell
2	Allen Central	82	Elkhorn City	160	Logan County	236	Russell County
3	Allen County-Scottsville	83	Elliott County	161	Lone Oak	237	Russellville
4	Anderson County	84	Eminence	162	Louisville Collegiate	238	Sacred Heart
5	Apollo	85	Estill County	163	Ludlow	239	Sayre
6	Assumption	86	Evangel Christian	164	Lynn Camp	240	Scott
7	Atherton	87	Evarts	165	Lyon County	241	Scott County
8	Augusta	88	Fairdale	166	M.C. Napier	242	Seneca
9	Ballard	89	Fairview	168	Madison Central	243	Shawnee
10	Ballard Memorial	90	Feds Creek	155	Madison Southern	244	Shelby County
11	Barbourville	91	Fern Creek	169	Madisonville-North Hopkins	296	Shelby Valley
12	Bardstown	92	Fleming County	170	Magoffin County	245	Sheldon Clark
13	Barren County	93	Fleming-Neon	171	Male	246	Silver Grove
14	Bath County	95	Fort Campbell	172	Marion County	247	Simon Kenton
15	Beechwood	96	Fort Knox	173	Marshall County	248	Somerset
16	Belfry	97	Frankfort	174	Mason County	249	South Hopkins
17	Bell County	98	Franklin County	175	Mayfield	298	South Oldham
18	Bellevue	99	Franklin-Simpson	177	McCreary Central	250	Southern
19	Berea	100	Frederick Fraize	178	McDowell	251	Southwest Christian
20	Beth Haven	101	Fulton City	179	McLean County	252	Spencer County
21	Bethlehem	102	Fulton County	180	Meade County	253	St. Camillus
22	Betsy Layne	103	Gallatin County	181	Menifee County	254	St. Francis
23	Bishop Brossart	104	Garrard County	182	Mercer County	255	St. Henry
24	Boone County	105	George Rogers Clark	183	Mercy	256	St. Mary
25	Bourbon County	106	Glasgow	184	Metcalfe County	257	St. Patrick
26	Bowling Green	108	Grant County	185	Middlesboro	259	St. Xavier
27	Boyd County	109	Graves County	186	Millard	260	Tates Creek
28	Boyle County	110	Grayson County	187	Millersburg Military Institute	261	Taylor County
29	Bracken County	111	Green County	188	Model	262	Todd County Central
30	Breathitt County	112	Greenup County	189	Monroe County	263	Tollesboro
31	Breckinridge County	304	Greenwood	190	Montgomery County	264	Trigg County
32	Brown	114	Hancock County	191	Monticello	265	Trimble County
33	Brown	114	Hancock County	191	Monticello	265	Trimble County
34	Bryan Station	115	Harlan	192	Moore	266	Trinity (Louisville)
35	Buckhorn	116	Harrison County	193	Morgan County	267	Trinity (Whitesville)
36	Bullitt Central	117	Harrodsburg	303	Muhlenberg North	268	Union County
37	Bullitt East	118	Hart County	297	Muhlenberg South	269	University Heights
38	Burgin	119	Hazard	196	Mullins	270	Valley
39	Butler	120	Heath	197	Murray	271	Villa Madonna
40	Butler County	121	Henderson County	198	Nelson County	273	Waggener
41	Caldwell County	122	Henry Clay	199	Newport	274	Walden
42	Calloway County	123	Henry County	200	Newport Central Catholic	275	Walton-Verona
43	Campbell County	124	Hickman County	201	Nicholas County	276	Warren Central
44	Campbellsville	125	Highlands	202	Ninth & O Baptist	277	Warren East
45	Carlisle County	294	Highview Baptist	203	North Bullitt	278	Washington County
46	Carroll County	126	Holmes	204	North Hardin	279	Wayne County
47	Casey County	127	Holy Cross (Covington)	205	Notre Dame	280	Webster County
48	Caverna	128	Holy Cross (Louisville)	206	Ohio County	281	West Carter
49	Cawood	130	Holy Rosary	207	Oldham County	283	West Hopkins
50	Central	131	Hopkinsville	208	Oneida Baptist Institute	284	Western
305	Central Hardin	133	Iroquois	209	Owen County	286	Western Hills
52	Central Kentucky Christian	134	Jackson City	210	Owensboro	287	Wheelwright
53	Christian Academy-Louisville	135	Jackson County	211	Owensboro Catholic	288	Whitesburg
54	Christian County	136	Jeffersontown	212	Owsley County	289	Whitley County
55	Clay County	137	Jenkins	213	Paducah Tilghman	290	Williamsburg
56	Clinton County	138	Jessamine County	214	Painitsville	291	Williamstown
57	Conner	139	Johns Creek	215	Paris	292	Wolfe County
58	Corbin	140	Johnson Central	216	Paul Blazer	302	Woodbridge
59	Cordia	141	June Buchanan	299	Paul Dunbar	293	Woodford County
60	Covington Catholic	142	Kentucky Country Day	217	Pendleton County		
61	Covington Latin	143	Kentucky School f/t Blind	218	Phelps		
62	Crittenden County	144	Kentucky School f/t Deaf	219	Pikeville		
63	Cumberland	145	Knott County Central	220	Pineville		
64	Cumberland County	146	Knox Central	221	Pleasure Ridge Park		
65	Danville	148	Lafayette	222	Portland Christian		
66	Daviess County	147	Larue County	224	Powell County		
67	Dawson Springs	149	Laurel County	225	Presentation		
68	Dayton	150	Lawrence County	226	Prestonsburg		
69	DeSales	151	Lee County	227	Providence		
70	Deming	152	Leslie County	228	Pulaski County		
71	Dilce Combs	153	Letcher	229	Raceland		
72	Dixie Heights	154	Lewis County	230	Red Bird		
74	Doss	155	Lexington Catholic	231	Reidland		
76	DuPont Manual	301	Lexington Christian	232	Riverside Christian		
77	East Carter	156	Lincoln County	233	Rockcastle County		
79	Eastern	157	Living Waters Christian	300	Rose Hill Christian		
80	Edmonson County	158	Livingston Central	234	Rowan County		

# Sportsmanship — A United Effort

Whether the scene is the smallest high school in the United States or the World Series or Super Bowl, and whether you are a player, coach, official or spectator, sportsmanship is the common denominator and No. 1 priority, even more important than winning and losing.

Sportsmanship is so important that eight organizations responsible for athletics in the United States have banded together to promote sportsmanship.

The "Be A Sport" theme and logo were produced as a sign of unity among the eight organizations. The handshake on the logo symbolizes the spirit by which contests should be played at all levels of competition. For more information about the "Be A Sport" emphasis, including merchandise available for purchase, contact the National Federation, 11724 N.W. Plaza Circle, P.O. Box 20626, Kansas City, MO 64195-0626.

Join these eight groups this season; and whether you're a player, coach, official or spectator, remember to BE A SPORT.

Following are quotes from the leaders of the eight members of the National Sportsmanship Committee regarding the importance of sportsmanship:



**Fay Vincent**  
Commissioner  
Major League  
Baseball

"Sportsmanship and athletic competition go hand in hand. While winning is important and surely preferable to the alternative, no victory lasts very long. The next game or event comes along very quickly. Sportsmanship is enduring, like a fine memory. It lasts a lifetime. Sportsmanship, like a person's reputation, counts . . . win or lose."



**James R. Chasteen**  
Executive Director  
National  
Association of  
Interscholastic  
Athletics

"The NAIA is glad to be a part of the effort to promote sportsmanship for amateur and professional athletics. We see this partnership with other amateur and professional sports organizations as a collective approach that will improve sportsmanship in athletics. The NAIA fully endorses the concept of promoting sportsmanship at all levels of athletic competition and will continue to be a part of future National Sportsmanship Committee efforts."



**David J. Stern**  
Commissioner  
National Basketball  
Association

"In the NBA, sportsmanship is demonstrated by the respect our players show to their teammates, opponents and coaches, and by selfless play and teamwork. Not only can sportsmanship be found in professional basketball, but also in every sport and at every age. The NBA and its players support the National Federation of State High School Associations in promoting the 'Be A Sport' campaign to the many young athletes around the country. No matter how talented you are, you can always be a good sport."



**Richard D. Schultz**  
Executive Director  
National Collegiate  
Athletic Association

"The NCAA is proud to be a part of the 'Be A Sport' campaign and the National Sportsmanship Committee. I encourage athletes, coaches, administrators, officials and fans to promote the principles of fair play and sportsmanship to ensure that the athletics experience is rewarding for all involved. The NCAA is most concerned with the educational experiences that NCAA student-athletes receive, and the 'Be A Sport' campaign promotes those elements, such as respect for opponents, adherence to rules and regulations, and appropriate crowd behavior that are essential to providing this experience. I am encouraged that this organized effort will make athletics an even greater experience in the future."



**Brice Durbin**  
Executive Director  
National Federation  
of State High School  
Associations

"More than victories or state championships, learning to be a sport is the single most important value gained from participating in high school athletics. The National Federation has made sportsmanship its No. 1 priority because it believes the future of interscholastic athletics rests with an understanding and commitment to fair play, ethical behavior and integrity. The help of others in the school-college community and the professional leagues is invaluable because high school players, coaches and fans emulate the behavior of their peers at the college and professional levels. We are proud to be associated with the National Sportsmanship Committee and the 'Be A Sport' campaign."



**Paul Tagliabue**  
Commissioner  
National Football  
League

"We encourage our players and teams to strive to be the best. A big part of that commitment is recognizing the importance of sportsmanship. To be the best, you have to be a good sport. What is sportsmanship? It's just what the dictionary says: 'a person who can take loss or defeat without complaint, or victory without gloating, and who treats his or her opponents with fairness, generosity and courtesy.' The NFL is pleased to be part of this effort to celebrate and promote sportsmanship."



**John A. Ziegler, Jr.**  
President  
National Hockey  
League

"The greatest of the world's hockey players have something richly in common: their dedication to the principle of excellence, their embodiment of the spirit of fair, tough, open competition. This is a definition of sportsmanship which I commend to all who would participate, and perhaps excel, in sport at any level. It describes the true test of athletic endeavor: to aspire, not just to win."



**George E. Killian**  
Executive Director  
National Junior  
College Athletic  
Association

"Sportsmanship is the most important factor to be gained from inter-collegiate competition. Sportsmanship and fair play are ideals that, once learned, can be used continuously in life. If the purpose of athletics and education is to prepare the young people of today to be successful in the future, integrity, fair play and ethical behavior provide solid building blocks to achieve that success. It is important that the school-college community be united in our efforts to support and promote all programs leading to that end. We are proud to be associated with the National Sportsmanship Committee and the 'Be A Sport' campaign."





# COOPERATIVE EXTENSION SERVICE



## CHILDREN AND HEALTH

### TELECONFERENCE

#### WHAT:

"Working Together for Healthy Children"-a teleconference on children's health issues. Sponsored by Dairy & Food Nutrition Council, Kentucky Cooperative Extension Service, and Food and Drug Administration.

#### WHEN:

Thursday, November 7, 1991

(Registration begins at 12:30 p.m.)

1:00 - 4:00 p.m. Eastern Standard Time

#### WHERE:

1. Adair County: Columbia, First National Bank.
2. Boone County: Burlington, Extension Office
3. Bracken County: Brooksville, First Nat'l. Bank
4. Breathitt County: UK Robinson Station, Quickstand, Community Room.
5. Caldwell County: Princeton, UK Research & Education Center, Rm. 100A.
6. Calloway County: Murray, People's Bank of Murray.
7. Carter County: Grayson, Commercial Bank - basement community room.
8. Fayette County: Lexington (UK Campus).
9. Fleming County: Flemingsburg, People's Bank Board Room.
10. Fulton County: Fulton, City National Bank Training Room, 2nd Floor.
11. Hardin County: Elizabethtown, Extension Office, 201 Peterson Drive.
12. Jefferson County: Louisville, University of Louisville, Shelby Campus.
13. Johnson County: Paintsville, Citizen's National Bank.
14. Knox County: Barbourville, Union Nat'l. Bank & Trust.
15. Madison County: Eastern Kentucky University, Perkins Building, Main Floor.

16. McCracken County: Paducah Community College.
17. Meade County: Brandenburg, Extension Office.
18. Nelson County: Bardstown, Farmers Bank & Trust.
19. Pike County: Pikeville National Bank, Main Street.
20. Todd County: Elkton, Extension Office.

Possible additional sites include: Warren County. Contact your County Extension Agent / Home Economics for details.

#### TOPICS:

Nutrition, physical activity, behavior modification, and medicine are the central focus of the program. Nationally recognized experts will discuss how children (6-12 years of age) are unique, changing health needs, and various factors influencing their health needs. Participants will gain practical information to develop innovative programming and services.

#### SPEAKERS:

**William Dietz, M.D., Ph.D.**  
Director for Clinical Nutrition  
Department of Pediatrics  
New England Medical Center

**Stephen Rice, M.D., Ph.D., M.P.H.**  
Division of Sports Medicine  
Dept. of Pediatrics & Orthopedics  
School of Medicine  
University of Washington

**Ronald Kleinmann, M.D.**  
Pediatric GI & Nutrition Department  
Massachusetts General Hospital  
Boston, Massachusetts  
Chairman, Committee on Nutrition  
American Academy of Pediatrics

**Dr. Deborah McGriff**  
Superintendent of Education  
Detroit, Michigan

#### WHO SHOULD ATTEND:

Those concerned about the health of children ages 6-12 years. Including Home Economists, Dietitians/Nutritionists, Curriculum Directors, Supervisors and Managers of School Food Service, Classroom Teachers, School Nurses, NET Coordinators, PTA, After School Program Coordinators and other Professionals interested in learning about Children's Health Issues.

#### CONTINUING EDUCATION UNITS:

Applied for American School Food Service Association Members. Registered Dietitians, Certified Home Economists, Day Care Providers, Dietary Managers and Nurses (applied nationally).

#### FOR FURTHER INFORMATION CONTACT:

**Dairy & Food Nutrition Council  
of the Southeast, Inc.**  
3901 Atkinson Drive, Suite 115  
Louisville, KY 40218-4528  
1-800-336-2882

Make checks payable to: **University of Kentucky, Cooperative Extension Service.** Must contact **SUZANNE BADENHOP, Lexington** for refunds. However, substitutions are permissible. Must preregister, space limited. Assume acceptance, unless contacted.

\$15.00 for registration fee includes nutritious snack and teleconference materials.

Please return promptly to:  
**DR. SUZANNE B. BADENHOP**  
Assistant Director for Home Economics  
Rm. 206, Scovell Hall  
University of Kentucky  
Lexington, KY 40546-0064

#### REGISTRATION FORM

Name \_\_\_\_\_

Position/Title \_\_\_\_\_

Organization \_\_\_\_\_

Business Mailing Address \_\_\_\_\_

Business Phone ( ) \_\_\_\_\_

I will attend the Teleconference at (location) \_\_\_\_\_

(\$ \_\_\_\_\_) Fee is enclosed for \_\_\_\_\_ registration(s).

Your check serves as your receipt. What CEU Requested? \_\_\_\_\_

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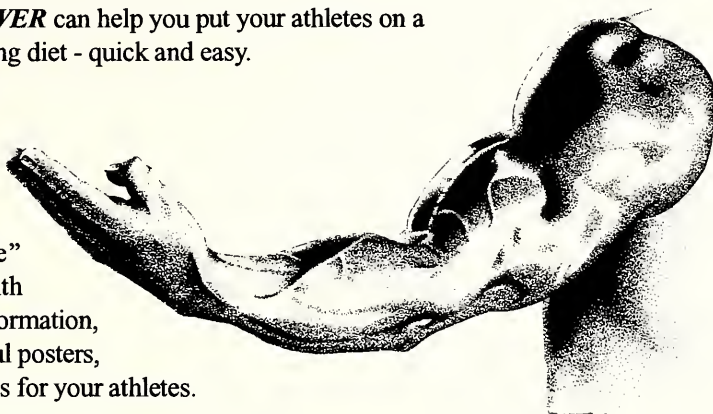
Performance”

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Dairy and Food Nutrition Council  
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**\*\*Call 1-800-336-2882 for a free brochure or write to:  
THE DAIRY AND FOOD NUTRITION COUNCIL  
3901 Atkinson Drive, Suite 115  
Louisville, KY 40218-4528**

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# Association Appendix

## Photo Tips

Schools are reminded as the seasons in all sports get underway, to make arrangements for team photos. Tournament managers and many opponents and news outlets will request photos. We offer these tips for good team photos:

- 1) A good photo makes a good half tone. The printer cannot make a clear image out of a fuzzy, out-of-focus photo;
- 2) A good photo of your team shows school pride and encourages pride among your schools' patrons;
- 3) A good photo shows all of the faces, and ideally, the jersey/uniform number if applicable. A mom or dad wants to see their child's grinning face in the program after traveling to that post season tournament;
- 4) A good photo of large teams can be achieved by thinking vertically, not horizontally. Add more rows instead of making two or three long rows. This will enable the photographer to come in for a closer shot of your group. The closer the shot, the clearer the faces;
- 5) A good photo is accompanied by proper identification. Type the group members' names so there will be no doubt as to spelling. It is disappointing to students and parents to have their name misspelled or omitted from the tournament program;
- 6) A good photo is planned for well in advance to allow for a retake;
- 7) Lastly, a good photo arrives to the tournament manager and the KHSAA before the deadline date.

## Missed Deadlines

November 1, was a day of deadlines, did you get your information in on time?

- \*Last day we accept football ticket requests.
- \*Last day we accept "Sweet 16" priority seating requests.
- \*Due date for basketball district rotation plans.

## Recent Mailings to Schools

- \*Swimming and Diving Rule Books
- \*Wrestling Rule Books
- \* Delegate Assembly Ballots

*If you did not receive any of these mailings, please contact us.*

## 1992 Basketball Open Dates

*as of September 26, 1991*

### Boys

#### January

7-Russell High School

#### February

18-Russell High School

21-Russell High School

25-Russell High School

### Girls

#### January

6-Russell High School

#### February

3-Russell High School

17-Russell High School

## 1991 Football Open Dates

*as of October 28, 1991*

### November 1

Anderson County

Bowling Green

Lexington Catholic

Whitley County

## 1992 Football Open Dates

*as of October 28, 1991*

### September 18 or 19

Ben Davis High School, Indianapolis, Indiana

Size: Compare to Kentucky 4A school

Contact: Bob Britt, A.D. (317) 244-5852

### September 25

Oak Hills, Cincinnati, Ohio

Size: Compare to Kentucky 4A school

Contact: Sonny Tudor, A.D.

### October 2

Portsmouth, Portsmouth Ohio

Contact: John Little

### October 23

Massac High School, Metropolis, Illinois

Size: Compare to Kentucky 1A school

Contact: Steve Woodward, A.D.



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432-3317

# THE ORIGINAL

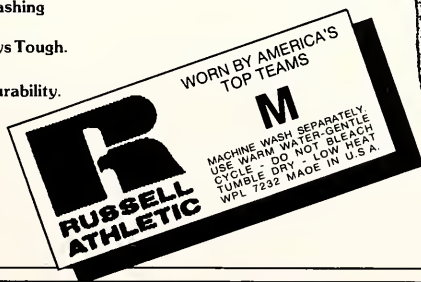
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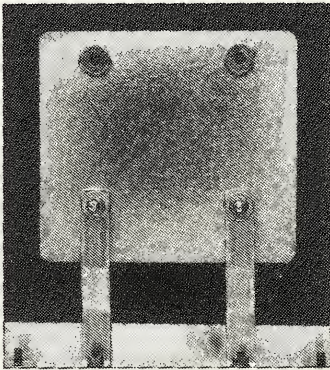
1) Due to normal use, exclusive of organized sports and exclusive of decoration.



# RULE CHANGE

## RIM RESTRAINER

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#### #RRK-90 Rim Restrainer

In 1991 KHSAA has adopted a new rule which affects every school in Kentucky. "The basket must be securely attached to the backboard support system with a rim-restraining device. Such device will ensure that the basket stays attached, even in the event that the glass backboard breaks." This strap was strong enough to keep that rim from free-falling to the floor in the event of a shattered backboard.

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