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## The Athlete, October 1991

Kentucky High School Athletic Association

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# the ATHLETE

*Official Publication of the Kentucky High School Athletic Association*

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# Proclamation

by

Wallace G. Wilkinson  
Governor

of the

## Commonwealth of Kentucky



### *To All To Whom These Presents Shall Come:*


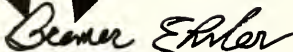
- WHEREAS, The Kentucky High School Athletic Association and the National Federation of State High School Associations support athletics and activities as a complement to academic requirements, the combination of which produces a wholesome learning experience; and,
- WHEREAS, The Kentucky High School Athletic Association joins the National Federation of State High School Associations in proclaiming the week of October 13-20, 1991 as High School Activities Week; and,
- WHEREAS, "Activities Week" offers the National Federation and the Kentucky High School Athletic Association the foundation upon which to increase the public's awareness and appreciation of "The other half of education"; and,
- WHEREAS, "Activities Week" focuses attention on the contributions of coaches and officials; highlights interscholastic speech and music programs; emphasizes sportsmanship, ethics and integrity; promotes health life-styles that are tobacco, alcohol and drug-free;
- NOW, THEREFORE, I, WALLACE G. WILKINSON, Governor of the Commonwealth of Kentucky, do hereby proclaim the week of October 13-20, 1991 as

#### HIGH SCHOOL ACTIVITIES WEEK

in Kentucky.

DONE AT THE CAPITOL, in the City of Frankfort, this the 17th day of September, in the year of Our Lord One Thousand Nine Hundred Ninety-one and in the Two Hundredth year of the Commonwealth.

  
WALLACE G. WILKINSON  
GOVERNOR

Bremer Ehrler  
Secretary of State

## Sportsmanship - A United Effort

Whether the scene is the smallest high school in the United States or the World Series or Super Bowl, and whether you are a player, coach, official or spectator, sportsmanship is the common denominator and No. 1 priority, even more important than winning and losing.

Sportsmanship is so important that eight organizations responsible for athletics in the United States have banned together to promote sportsmanship.

The "Be A Sport" theme and logo were produced as a sign of unity among the eight organizations. The handshake on the logo symbolizes the spirit by which contests should be played at all levels of competition.

Join these eight groups this season; and whether you're a player, coach, official or fan, remember to **BE A SPORT.**



Endorsed by:

- \* Major League Baseball
- \* National Basketball Association
- \* National Football League
- \* National Hockey League
- \* National Collegiate Athletic Association
- \* National Association of Intercollegiate Athletics
- \* National Junior College Athletic Association
- \* National Federation of State High School Associations

## What's Inside?

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## On The Cover

*Tamara Hazelip, a senior at Franklin-Simpson High School competes in a match against Greenwood High.*

*Photo by: Stacy V. Smith*

**OCTOBER, 1991**

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**Editor:** Billy V. Wise  
**Associate:** Anne Wesley Mays  
**Assistant:** Larry Boucher  
**Assistant:** Louis Stout

**Associate:** Jeff Rogers  
**Assistant:** Brigid DeVries  
**Assistant:** Julian Tackett

# Minutes of the Board Meeting

The Board of Control of the Kentucky High School Athletic Association met at Barkley Lodge, Cadiz, Kentucky, on Friday, July 26, 1991. The meeting was called to order at 8:30 a.m. by President David Points. Present were all Board members with the exception of Huston DeHaven. Also present were Commissioner Billy Wise, Assistant Commissioners Larry Boucher, Bridget DeVries Louis Stout, Business Manager Julian Tackett, S.I.D. Jeff Rogers, former Commissioner Tom Mills. The Invocation was given by David Points.

Outgoing President Points thanked the Board for their support during his tenure and welcomed new Board members Frank Cardwell, Claudia Hicks and Stan Steidel and commented to them that they had been given a wonderful opportunity to serve the schools.

Ray Story made a motion that Alvis Johnson be elected President of the Board for the 1991-92 school year. Roland Williams seconded the motion which carried unanimously. The meeting was then turned over to Alvis Johnson.

Mr. Johnson then asked for nominations for Vice President. Eddie Saylor nominated Jack Portwood. The nomination was seconded by Marvin Moore. With no more nominations, Mr. Portwood was elected Vice President by a unanimous vote.

Mr. Johnson introduced Gene Brooks, Principal of Marshall County High School and Jerry Aintley, Principal of Calloway County High School, candidates for the position of new Board Member from Regions 1 & 2 to replace Bob Rogers who recently resigned from the Board.

David Points gave a brief report on his attendance at the National Federation Meeting held in San Diego. He stated that one of the highlights of the Convention was the Hall of Fame Induction Ceremony. Nine Board members attended the meeting.

Mr. Mills told the Board members he had enjoyed working with the 16 Boards of Control and the K.H.S.A.A Staff since becoming Commissioner, and then gave a brief report on the Hall of Fame Building Project and the Teens Against Drugs (TAD) Program that he is supporting.

Jack Portwood made a motion, seconded by Eddie Saylor, that the minutes of the April 19 meeting be approved. The motion passed unanimously.

Roland Williams moved to approve the minutes of the June 17, 1991 meeting. Harry Jansing seconded the motion which passed unanimously.

Sandy Allen moved that all bills of the Association for the period beginning April 1, 1991 and ending July 31, 1991, be allowed. Harry Jansing seconded the motion which passed.

Sandy Allen made a motion seconded by Roland Williams that the Board go into Executive Session. Motion carried.

Eddie Saylor moved to return to Open Session. Jack Portwood seconded which passed.

Jack Portwood made a motion that \$120,000. be transferred from the Retirement Trust Fund to the General Fund. Roland Williams seconded the motion which carried unanimously.

Following a lengthy discussion on the seating arrangement for the Boys Basketball Tournament at Freedom Hall and the ticket distribution, Ray Story moved that ticket orders from member schools be prioritized and that seats be guaranteed in the 100, 200 and lower 300 sections if the ticket order is received no later by November 1. Stan Steidel seconded the motion which passed unanimously.

Roland Williams made a motion to send information to schools on change of By-Law 4. Harry Jansing seconded the motion which passed unanimously.

Following a lengthy discussion regarding basketball district tournament sites, Frank Cardwell moved that the Commissioner's Office request that each district submit a rotation plan for hosting the tournament by November. If a plan can not be decided on by the schools, the Board will set the site. Roland Williams seconded the motion which passed unanimously.

Commissioner Wise shared a request he had received from M.C. Napier to lift the ban on scrimmages. Following a discussion Frank Cardwell moved to deny the request. Jack Portwood seconded the motion which passed unanimously.

Mr. Stefan Cooper, Winchester, presented the first appeal. Mr. Cooper had requested a hearing before the Board to appeal By-Law 3, Age on behalf of his brother, Vince Cooper. Following his presentation, questions by members of the Board and a lengthy discussion thereof, Frank Allen made a motion that the Commissioner's ruling be upheld in this case and that Vince remain ineligible to participate in interscholastic athletics. Claudia Hicks seconded the motion which passed unanimously.

The next appeal was presented by Mr. Brian Minix on his own behalf. Brian was present to appeal By-Law 3, Age. Following questions to Brian, Roland Williams made a motion to uphold the Commissioner's ruling and that the Age Rule not be waived in this case. Jack Portwood seconded the motion which passed unanimously.

Commissioner Wise presented the next appeal on behalf of Richard Lantz Wheeler, Elizabethtown High School, who was seeking eligibility for his senior year. Following a discussion of Mr. Wheeler's medical history, Stan Steidel made a motion to allow Richard to participate in athletics during his senior year if the school has a Physician's Consent Form on file. Marvin Moore seconded the motion which passed unanimously.

The Board then recessed for lunch and reconvened at 1:00 p.m.

President Johnson appointed the following committees for 1991-92:

## All-Sports Committee

Sandy Allen - Chairperson  
Frank Cardwell  
Harry Jansing  
Claudia Hicks  
Jack Portwood  
Roland Williams  
Sec. 1 Representative

## Building Committee

Alvis Johnson, Chairperson  
Frank Cardwell  
Claudia Hicks  
Marvin Moore  
Eddie Saylor  
Ray Story  
Roland Williams

## Football Committee

Ray Story, Chairperson  
Alvis Johnson  
Marvin Moore  
Jack Portwood  
Eddie Saylor  
Stan Steidel  
Sec. 1 Representative  
Harry Jansing

## Constitution & By-Laws

Sandy Allen - Chairperson  
Frank Cardwell  
Claudia Hicks  
Harry Jansing  
Alvis Johnson  
Stan Steidel  
Ray Story

## Basketball Committee

Marvin Moore - Chairperson  
Harry Jansing  
Alvis Johnson  
Eddie Saylor  
Stan Steidel  
Ray Story  
Roland Williams  
Sec. 1 Representative

## Hall of Fame

Larry Vaught - Chairperson  
Sandy Allen  
Frank Cardwell  
Earl Cox  
Alvis Johnson  
Louis Stout  
Billy Wise  
Brigid DeVries

## Executive Committee

Alvis Johnson, Chairperson  
Sandy Allen  
Marvin Moore  
Jack Portwood

Eddie Saylor  
Ray Story  
Roland Williams

# Meet Your New Board of Control Members



**Gene Brooks, Marshall County High School**

The newly elected representative from Regions I and II is Gene Brooks.

Brooks was elected to the Board of Control in a special election to fill the unexpired term of Bob Rogers.

Marshall County has long been the home of Brooks. A 1963 graduate of North Marshall High School he attended nearby Murray State University. Brooks earned his Bachelors degree in 1966, his Masters degree in 1968 and his Rank I certification, all from MSU.

In 25 years of education, Brooks has worn many hats. He has spent 18 of those years in some form of coaching and is beginning his 18th year in an administrative position (*this will be his eighth year as principal of MCHS.*)

Brooks and his wife Valera have two children: Adam (18) and Ashley (15) both students at Marshall County High.



**Claudia Hicks, Rowan County High School**

Claudia Hicks, Athletic Director of Rowan County High, will be serving Regions nine through 16 as the Female Minority Representative.

A graduate of Rowan County High, Hicks received her B.S., M.S. and Rank I certification from Morehead State University.

Hicks has been teaching in the Rowan County school system for 20 years. She spent 16 of those years as the Head Girls' Basketball Coach. She has been selected as Conference Coach-of-the-Year nine times, All-Area coach four times and was selected as the Kentucky Coach in the 1981 Scioto Valley Kentucky-Ohio Game.



**Frank Cardwell, Franklin-Simpson High School**

Frank Cardwell has been elected to represent Regions III and IV.

Cardwell graduated from Butler County High School in 1959. He went to college at Tennessee Tech where he graduated in 1963.

After graduation he played two years of pro baseball in the Cleveland Indians Organization. In 1964 he became head basketball coach at Wartburg Central High in Tennessee where he stayed four years. In 1968 he became an assistant coach at Western Kentucky University.

Cardwell has been at Franklin-Simpson High for the past 20 years, serving 13 as head basketball coach, 12 years as assistant principal and athletic director and the past eight years as principal.

He and his wife Janet have three children: Frank Jr. and Kelli (both married,) and Johnny, a junior at Franklin Simpson.



**Stan Steidel, Dayton Independent Schools**

Stan Steidel of Dayton Independent Schools will represent Regions 9 and 10 on the Board of Control.

Steidel is a 1959 graduate of Dayton High School. He received his B.S. degree from the University of Cincinnati where he played basketball and baseball. Steidel earned his M.A. degree from Eastern Kentucky University and his Rank I certification from Xavier University.

Steidel has been employed by the Dayton Independent Schools for 25 years and has served as a teacher, athletic director, central office administrator, and has been a head coach in baseball, football and basketball.

Stan and his wife, Louise, have three daughters, Melanie, Jennifer and Elizabeth and two grandchildren.

# KHSAA Membership Cost Analysis

The K.H.S.A.A. Administrative staff has spent much of the past few weeks on the road visiting the various regions of the state as we strive to improve the Associations' communications with our schools. As part of the presentation, a financial summary has been displayed showing the member schools how the Association spends its over \$1.5 million dollar budget. At the request of many of the schools, the slide is being printed here for your inspection.

The sport columns illustrate how much it cost the Association for each member school to participate in a state sponsored championship sport.

## Cost Analysis - Membership of the Kentucky High School Athletic Association September, 1991

	Total Schools -			286		
Fixed Costs Divided Among All Schools			Per School		1991-92	
Operations Costs (administrative, printing, publications, supplies) building/grounds and equipment,	\$816,765		\$2,856		Total Dues	
Catastrophic Insurance	\$142,500		\$498		Billings	\$15,269
Legal Services	\$77,301		\$270			
Officials Division	\$62,515		\$219			
Dawahares/KHSAA Hall of Fame	\$39,901		\$140			
Clinics for Coaches/Officials	\$3,950		\$14			
<u>TARGET Drug Program</u>	<u>\$4,677</u>		<u>\$16</u>			
Total Fixed Costs	\$1,147,609		\$4,013			
Revenue Lost Due To Complimentary						
Boys Basketball Tickets			\$160			
Girls Basketball Tickets			\$160			
<u>Football Playoffs</u>			<u>\$20</u>			
Total Revenue Lost Due to Complimentary			\$340			
Incremental Costs Per Sports	Tourn. Exp.	Team Exp.	Trophies	Total	## Schools	Cost/School
Baseball	\$2,333	\$3,178	\$12,987	\$18,498	269	\$69
Boys Basketball	\$189,789	\$60,900	\$1,492	\$252,181	276	\$914
Girls Basketball	\$19,650	\$61,094	\$1,491	\$82,235	270	\$305
Boys' Cross Country	\$12,370	\$2,501	\$5,831	\$20,702	207	\$100
Girls' Cross Country	\$12,370	\$2,501	\$5,831	\$20,702	202	\$102
Football	\$12,440	\$21,046	\$5,682	\$39,168	206	\$190
Boys Golf	\$8,214	\$2,607	\$3,727	\$14,548	215	\$68
Girls Golf	\$8,946	\$1,875	\$3,727	\$14,548	148	\$98
Soccer	\$4,992	\$2,115	\$1,035	\$8,142	132	\$62
Softball	\$6,968	\$8,552	\$10,878	\$26,397	246	\$107
Swimming	\$5,217	\$4,125	\$2,915	\$12,256	82	\$149
Boys' Tennis	\$2,945	\$3,478	\$3,788	\$10,211	208	\$49
Girls' Tennis	\$2,945	\$3,478	\$3,788	\$10,211	203	\$50
Boys' Track	\$3,318	\$16,310	\$13,129	\$32,758	230	\$142
Girls' Track	\$3,318	\$16,310	\$13,129	\$32,758	227	\$144
Volleyball	\$4,683	\$2,109	\$1,424	\$8,216	71	\$116
<u>Wrestling</u>	<u>\$6,901</u>	<u>\$5,184</u>	<u>\$1,599</u>	<u>\$13,684</u>	<u>59</u>	<u>\$232</u>
Total Incremental Costs	\$307,400	\$217,363	\$92,451	\$617,213		

# New Playoff Format for Football

For the 1991 football season, a new playoff system has been adopted whereby the top four teams from each district will qualify for the playoffs. The bracket for the championships is listed on this page, and is in effect for all regions in Classes A, AA and AAA, as well as regions I and IV of Class AAAA. The bracket for regions II and III of class AAAA will be printed in the next issue if space permits. It should be noted that for the fourth round of the playoffs (semi-finals), the Board of Control shall conduct a blind draw of the 4 regional winners to determine pairings. Following the draw, the site and dates for those games shall be established by the Board of Control.

## 1991 K.H.S.A.A. State Football Playoffs Championship Bracket Classes A, AA and AAA, All Regions Class AAAA, Regions I and IV





# 1991 High School Activities Week set for October 13-20

In 1980, National High School Activities Week was initiated to increase the public's awareness of the values and needs of activity programs. Twelve years later, the values remain as sound as ever, but the needs - particularly for public support and adequate funding - have become more problematic.

USA Today, in a recent cover story (Tuesday, July 30), summarized the situation: "... Public schools across the USA are getting squeezed by recession-tightened state budgets and continued sentiment against rising property taxes." As a result, activity programs are among the first to fall victim to budget cuts.

"Activities Week" is the time to remind the public that interscholastic programs provide a high return for a minimum cost - approximately one to five percent of a total school budget. School administrators responsible for the development and conduct of interscholastic program must make certain that each and every pocket in their communities is made aware of the inherent values derived from this American tradition - interscholastic activities. The "Activities Week Checklist for Schools" is provided as a starting point for administrators who want to ensure that their programs remain strong.

High schools are encouraged to participate in two National Federation programs directly related to "Activities Week," which will be celebrated October 13-20.

## Walt Disney World National Dreamers and Doers

To date, approximately 6,500 high school juniors have been selected "Dreamers and Doers" by high schools across the nation. Initiated in 1989, this unique program, co-sponsored by the National Federation and administered by state high school associations, recognized students for their participation - not necessarily achievement - in interscholastic activity programs and demonstration of four character traits admired by Walt Disney - curiosity, confidence, courage and concency. General contributions to school and the community also are considered.



Monday, October 14 - Officials Day  
Tuesday, October 15 - Speech and Music Day  
Wednesday, October 16 - Chemical Health Awareness Day

Only juniors are eligible to be selected "Dreamers and Doers." In their senior year, each "Dreamer and Doer" is then able to serve as a spokesperson in the school and community, promoting the values of participation interscholastic activity programs. Participating schools receive an award certificate for presentation at an appropriate school event and a booklet containing suggestions for providing opportunities to their "Dreamers and Doers" to assume leadership roles.

We believe there are "Dreamers and Doers" in every school. Creating forums for these young people to share their personal experience of participation in interscholastic programs may be the most potent and effective means to advance the case for high school activities.

## "Be A Sport"

At its Annual Meeting in San Diego, the National Federation declared that sportsmanship remains its No. 1 priority for the 1991-92 school year. To this end, the National Federation and its membership encourage all high schools to include in their Activities Week celebration special events and programs attendant to National Sportsmanship Day, October 17, 1991.

### Activities Week checklist for schools

**MAIL** announcements and articles about Activities Week to local newspapers and radio stations.

**SPOTLIGHT** a regularly scheduled interscholastic event during the week and attempt to have a sellout crowd. You may want to plan a special attraction such as holding a raffle or conducting a poster or slogan contest. Invite prominent community leaders to attend and be recognized for their support of activity programs, or schedule performances by student activity groups (pom-poms, band, drama, etc.)

**HOST** a special luncheon or reception recognizing faculty and other community members who coach, sponsor or officiate school activity programs.

**ARRANGE** for students in your high school activity programs to visit the elementary and middle schools to provide forensics and music demonstrations. Your students also could speak about the fun and educational values derived from involvement in activities.

**REQUEST** local clergy to support Activities Week by addressing the benefits of activity programs - sportsmanship, teamwork, trying one's best - in their announcements or sermons.

Further, the National Federation hopes high school across the nation will support its "Be A Sport" sportsmanship campaign. The "Be A Sport" logo includes a handshake, which symbolizes the desired spirit of competition at all levels.

The "Be A Sport" slogan and logo first were adopted by the National Sportsmanship Committee (NSC), which is composed of eight national organizations representing both the amateur and professional levels of sports: National Federation of State High School Associations, National Collegiate Athletic Association, National Association of Intercollegiate Athletics, National Junior College Athletic Association, Major League Baseball, National Basketball Association, National Football League and the National Hockey League. The "Be A Sport" logo is being disseminated within each organization of the NSC and will be seen on television, at stadiums and arenas and in printed materials at every level of athletics.

The National Federation Sportsmanship, Ethics and Integrity Committee has approved the "Be A Sport" logo and encourages its use this year by the high school community.

Later in the fall, the National Federation will be informing the high school community about "Be A Sport" merchandise, such as lapel pins, patches, caps, banners and T-shirts that will be available through the National Federation. Proceeds from the sale of "Be A Sport" merchandise then will be used to fund specific sportsmanship programs and services.

High schools interested in obtaining camera-ready, color artwork of the "Be A Sport" logo, at no cost, may contact the National Federation office. The logo can be utilized in school publications, game programs, posters and other printed materials.

For more information and materials to help promote "Activities Week," participation in the 1992 Walt Disney World National Dreamers and Doers program and the "Be A Sport" sportsmanship campaign, contact the National Federation office.



Thursday, October 17 - Sportsmanship Day  
Friday, October 18 - Coaches Day  
Saturday, October 19 - Fundraising Day

# 1991 Soccer District/Regional Alignment

## Region 1

**District 1**  
Heath, Lone Oak, Paducah Tilghman, Reidland, St. Mary  
**District 2**  
Caldwell County, Calloway County, Marshall County, Murray,  
**District 3**  
Christian County, Fort Campbell Hopkinsville, Madisonville-North Hopkins, University Heights

## Region 2

**District 4**  
Apollo, Daviess County, Owensboro, Owensboro Catholic, Henderson County  
**District 5** Russellville, Warren Central, Warren East  
**District 6**  
Bowling Green, Glasgow, Greenwood  
**District 7**  
Central Hardin, Elizabethtown, Fort Knox, Meade County, North Hardin,

## Region 3

**District 8**  
Butler, Doss, Fairdale, Holy Cross, Pleasure Ridge Park, Southwest Christian  
**District 9**  
Central, duPont Manual, Male, Ninth & O, St. Xavier  
**District 10**  
DeSales, Evangel, Iroquois, Moore, Southern, St. Francis

## Region 4

**District 11**  
Fern Creek, Highview Baptist, Jeffersontown, Seneca, Waggener  
**District 12**  
Ballard, Eastern, Kentucky Country Day, Walden  
**District 13**  
Atherton, Christian Academy, Louisville Collegiate, Trinity

## Region 5

**District 14**  
Oldham County, Shelby County, South Oldham  
**District 15**  
Bardstown, Bethlehem, Bullitt Central, Bullitt East, North Bullitt, Nelson County  
**District 16**  
Anderson County, Frankfort, Franklin County, Western Hills  
**District 17**  
Bourbon County, Harrison County, Paris, Scott County

## Region 6

**District 18**  
Berea, Madison Central, Madison Southern, Model  
**District 19**  
Boyle County, Danville, Lincoln County, Woodford County, Jessamine County  
**District 20**  
Paul Lawrence Dunbar, Lafayette, Lexington Catholic  
**District 21**  
Bryan Station, Henry Clay, Sayre, Tate Creek

## Region 7

**District 22**  
Boone County, Conner, Lloyd Memorial, St. Henry  
**District 23**  
Dixie Heights, Pendleton County, Scott, Simon Kenton

## District 24

Bishop Brossart, Campbell County, Highlands, Newport Central Catholic  
**District 25**  
Covington Catholic, Covington Latin, Holmes, Holy Cross, Ludlow

## Region 8

**District 26**  
George Rogers Clark, Mason County, Menifee County, Montgomery County Powell County,  
**District 27**  
Laurel County, Oneida, Pulaski County, St. Camillus, Somerset  
**District 28**  
Boyd County, East Carter, Paul Blazer, Rose Hill, Rowan County, Russell



# October 1991

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 1st SW practice 1st BK Practice, Non FB schools	<b>2</b> 7:00pm BK Clinic - Dilce Combs HS	<b>3</b> 7:00pm BK Clinic - Prestonsburg HS	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> 7:00pm BK Clinic - Rowan County HS	<b>8</b> 7:00pm BK Clinic - Ashland Comm. College	<b>9</b> 7:00pm BK Clinic - Mason County HS	<b>10</b> 7:00pm BK Clinic - NKU	<b>11</b>	<b>12</b>
		Boys' and Girls' Regional Golf Tourn...			BOC Meeting	
<b>13</b>	<b>14</b> 7:00pm BK Clinic - Apollo HS	<b>15</b> 7:00pm BK Clinic - Graves County HS Deadline for Fall Officials 1st WR, BK (FB) Practice	<b>16</b> 7:00pm BK Clinic - Hopkinsville HS	<b>17</b> 7:00pm BK Clinic - Bowling Green HS	<b>18</b>	<b>19</b> 3:00pm WR Clinic - Frankfort HS
		Boys' and Girls' State Golf Tournam...				
National High School Activities Week						
<b>20</b>	<b>21</b> 7:00pm BK Clinic - Henry County HS	<b>22</b> 7:00pm BK Clinic - Elizabethtown HS	<b>23</b> 7:00pm BK Clinic - Male HS	<b>24</b> 7:00pm BK Clinic - Henry Clay HS	<b>25</b>	<b>26</b> 2:00pm WR Clinic - Hopkinsville HS ACT Test Date
<b>27</b>	<b>28</b> 7:00pm BK Clinic - Somerset HS	<b>29</b> 7:00pm BK Clinic - Bell County HS	<b>30</b>	<b>31</b>		
	District SO Tournament					

## 1991 Regional Golf Managers

### Boys

#### REGION I

Al Giordano  
Caldwell County High School  
Route 1, Box 137B  
Princeton, Kentucky 42445  
502-365-3532 (W)  
502-365-5680 (H)

#### REGION II

Terry Wigton  
Owensboro High School  
1800 Frederica Street  
Owensboro, Kentucky 42301  
502-684-1084

#### REGION III

Danny Spillman  
Bowling Green High School  
1801 Rockingham Lane  
Bowling Green, Ky. 42101  
502-842-1674

#### REGION IV

Scott Tippett  
Wilkinson Alternative School  
961 Leestown Road  
Frankfort, Kentucky 40601  
502-875-8650 (W)  
502-227-4791 (H)

#### REGION V

Bill Frost  
Washington County H. S.  
Lincoln Park Road  
Springfield, Kentucky 40069  
606-336-3996

#### REGION VI

Tasso Harris  
Valley High School  
10200 Dixie Highway  
Louisville, Kentucky 40272  
502-473-8621 (W)  
502-937-6156 (H)

#### REGION VII

Marty Donlon  
St. Xavier High School  
1609 Poplar Level Road  
Louisville, Kentucky 40217  
502-636-2525  
502-637-412

#### REGION VIII

Rick Hornsby  
Covington Catholic High School  
1600 Dixie Highway  
Covington, Kentucky 41011  
606-431-5352

#### REGION IX

Bill Detzel  
Highlands High School  
2400 Memorial Parkway  
Fort Thomas, Kentucky 41075  
606-781-3688

#### REGION X

Jeff Littrell  
Somerset High School  
305 College Street  
Somerset, Kentucky 42501  
606-678-4241 (W)

#### REGION XI

Walter Brugh  
Paintsville City Schools  
305 2nd Street  
Paintsville, Kentucky 41240  
606-789-2650

#### \*STATE TOURNAMENT MANAGER

John Hackett  
830 McCullum Avenue  
Elizabethtown, Kentucky 42701  
502-765-4240

#### \*COORDINATOR

Larry Schmidt  
Kentucky Golf Association  
P.O. Box 20146  
Louisville, Kentucky 40220

### Girls

#### REGION I

Judy Muehleman  
Murray High School  
501 Doran Road  
Murray, Kentucky 42445  
502-753-5202

#### REGION II

Mike Harris  
Glasgow High School  
Columbia Avenue  
Glasgow, Kentucky 42141  
502-651-8801

#### REGION III

Raymond Kuhn  
Ballard High School  
6000 Brownsboro Road  
Louisville, Kentucky 40222  
502-473-8206

#### REGION IV

Pat Wise  
Elizabethtown High School  
620 North Mulberry Street  
Elizabethtown, Kentucky 42701  
502-769-3381

#### REGION V

Lou Brown  
Jessamine County High School  
Route 4  
Nicholasville, Kentucky 40356  
606-887-2421

#### REGION VI

Gran Mefford  
Owen County High School  
Route 4  
Owenton, Kentucky 40359  
502-484-2715

#### REGION VII

Bob Tucker  
Somerset High School  
College Street  
Somerset, Kentucky 42501  
606-679-7078 (H)  
606-679-4241 (W)

#### REGION VIII

Cathy Gullett  
Johnson Central High School  
Route 276, Box 202  
Paintsville, Kentucky 41240  
606-789-2500 (W)  
606-789-6612 (H)

#### STATE MANAGER

Lou Brown  
Jessamine County High School  
Route 4  
Nicholasville, Kentucky 40356  
606-887-2421 (School)  
606-885-3952 (Home)

### 1991 STATE GOLF COMMITTEE

Cathy Gullett  
Johnson Central High School  
Route 276, Box 202  
Paintsville, Kentucky 41240  
606-789-2500

Bill Frost  
Washington County H.S.  
Lincoln Park Road  
Springfield, Kentucky 40069  
502-336-3996 (School)  
502-336-9458 (Home)

Kim Gunning, Notre Dame High School  
Hilton Drive  
Covington, Kentucky 41011  
606-261-4300

Lou Brown  
Jessamine County High School  
Route 4  
Nicholasville, Kentucky 40356  
606-887-2421

John Hackett  
810 McCullum Avenue  
Elizabethtown, Kentucky 42701  
502-765-4240

Joseph Freshley, Shawnee High School  
4018 West Market Street  
Louisville, Kentucky 40212  
502-473-8582

Ernie Denham  
1610 Dundee Way  
Louisville, Kentucky 40205  
502-451-9823 (Home)  
502-588-6499 (Work)

Dave Bair  
1436 Mt. Rainer Drive  
Lexington, Kentucky 40502  
606-269-3326

Marty Donlon  
St. Xavier High School  
1609 Poplar Level Road  
Louisville, Kentucky 40217  
502-637-4712

Danny Spillman  
Bowling Green High School  
1801 Rockingham Lane  
Bowling Green, Kentucky 42101  
502-842-1674

#### STATE COORDINATOR

Larry Schmidt, Ky Golfers Assoc.  
P.O. Box 20146  
Louisville, Kentucky, 40220

## Emphasis on winning, appearance linked to steroid use

by Dorothy E. McIntyre, Associate Director  
Minnesota State High School League

Research is presenting a clear picture: the non-medical use of steroids is occurring and growing within the interscholastic athletic program.

A recent report containing excellent information comes from the federal Department of Health and Human Services, "Adolescents and Steroids: A User Perspective," August 1990, (OEI-06-90-01081) and "Adolescent Steroid Use," February 1991, (OEI-06-90-01080). Their findings indicate that over one-quarter of a million adolescents, primarily males, use or have used steroids, and their numbers are growing.

As educators, we must be concerned and begin to take action.

Use begins early: the data shows that over half of the adolescents who use steroids tried them for the time by age 16. Because of the early onset of use, adolescents frequently increase dosages, variety and cycle length over time, and that it may lead to other drug use.

Athletes are vulnerable: steroid users are generally highly motivated, will train intensely to improve themselves and are concerned about their appearance and receiving peer approval. And they want to please peers, coaches and parents.

Steroids do work: research indicates that anabolic steroids are capable of enhancing strength, size and the capacity to train. Students believe that it may help their team to win.

Our responsibility is education: Students should be aware of the potential risks of steroid use as one means of deterring use. The message must come early, in middle and junior high school, and be reinforced by adults, peers, and student activity leaders. If steroid information is to be effective, we must be honest about steroids, avoiding scare tactics, and acknowledging that steroids do impact the areas of strength, size and appearance.

Peer leadership is a resource: student leaders can be an effective means of intervening to limit steroid use since peers are a major source of information and using becomes secretive among team members.

Adults can send a clear message: "we are so opposed to steroids that we would rather lose every game than have any of you use steroids." This message must be supported by coaches, trainers, parents and the medical professionals.

The National Consensus Meeting on Anabolic/Androgenic Steroids, 1989, sponsored by the UOC/NCAA, National Federation of State

High School Associations and the AAU of Los Angeles, recommended an education program that should:

- clearly and consistently send a message from coaches, parents, educators and physicians that they don't want adolescents to use steroids.
- help adolescents develop realistic expectations and goals for themselves and alternatives to steroids use, such as improved weight training methods, nutrition or training techniques.
- advocate and encourage social support for not using steroids, including a de-emphasis on winning at all costs and the social/monetary regards attached to winning.
- encourage positive role modeling by elite and professional athlete,
- emphasize the moral and ethical aspects of steroid use, i.e., steroids use is cheating and destroys fair play.

With the beginning of the new year, it is a good time to educate through your pre-season meetings, coaches meetings and other avenues for communicating with your students and parents.

**We can make a difference!**

## "Minutes" ...cont.

Commissioner Wise discussed with the Board a request he had received from the Kentucky Girls Sports Association to hold the Girls State Basketball Tournament first each year. Following comments by Board members, President Johnson referred this item to the Basketball Committee. He requested that the Commissioner's Office furnish stats to the Basketball Committee and that a report be presented to the full Board at the October meeting.

Board members were then asked for their input on sites, dates and times for the Regional Meetings. Mr. Wise advised the Board that a schedule of these meetings would be mailed to them in the near future.

Ray Story made a motion to approve North & South Laurel County's request to be classified AAAA in football and placed in Laurel County's existing district. Harry Jansing seconded the motion which passed unanimously.

Mr. Wise discussed a request from Whitley County to waive the starting date for football due to a conflict at their school. Frank Cardwell moved to deny their request. Stan Steidel seconded the motion which passed unanimously.

Following a discussion of By-Law 5, Section 4-1-c, Ray Story made a motion that a referendum be mailed to all member schools asking for a clarification and change to this section. Roland Williams seconded the motion, which passed unanimously.

Asst. Comm. Stout reported to the Board that the Commissioner's Office had been asked to survey the schools to add Girls Soccer. Claudia Hicks made a motion, seconded by Sandy Allen, that based on the results of the 1989-90 soccer survey and due to the increase in boys soccer participation in the fall, the schools be surveyed for Girls Soccer as a Spring sport. The motion failed by a vote of 8-3.

Mr. Stout requested that the Board raise the baseball officials fees as follows effective with the 1991-92 season: \$30/game; \$60/double header. Frank Cardwell moved to adopt these fees, seconded by Sandy Allen. The motion failed by a vote of 6-4-1.

It was suggested that the Track and Field Survey regarding the possible addition of the girls triple jump and the boys and girls 3200m relay be conducted at the beginning of the 1991 school year.

The Board set the date and time for the next meeting to be held on Saturday, October 12 at 1:00 p.m. in Lexington at the K.H.S.A.A. Office. The following committees will meet on Saturday morning: All-Sports, Executive, Basketball and Football.

Jack Portwood made a motion, seconded by Harry Jansing that the Board set the following ticket prices for the State Football Play-offs: All advance tickets - \$5.00; At gate tickets - 5.00 students, 7.00 adults. The motion passed unanimously.

There being no further business to come before the Board, Roland Williams moved for adjournment. The motion was seconded by Harry Jansing and passed unanimously.



# 1991 State Tennis Championships / *Team Champs*

**DOWNING TENNIS CENTER, UNIVERSITY OF KENTUCKY**

**MAY 30 - JUNE 1, 1991**

## **Trinity High School**



BACK ROW: Todd Warren, Mike Mather, Mike Lindsay, Travis Raque, Jeremy Ballard, Newell Fox, Ward Lawrence. FRONT ROW: Jeff McRae.

## **Sacred Heart Academy**



LEFT TO RIGHT: Coach Bunny Daugherty, Pat Zimlich, Marti Stuedle, Leslie Mehlbauer, Chastity Chandler, Laura Schwab, Amy Kremer.

### Boys State Tennis Tournament - Team Scores

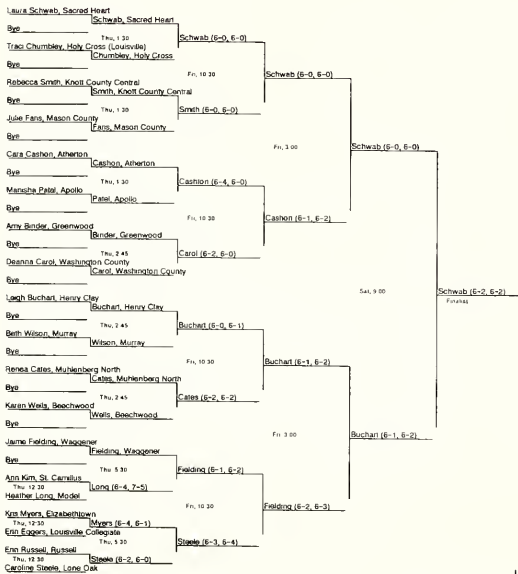
Trinity (Louisville)	15
St. Xavier	14
Henry Clay	8
Henderson County	7
Kentucky Country Day	6
St. Francis	6
Franklin County	5
Lone Oak	5
Boone County	4
Cumberland	4
Christian County	3
DeSales	3
Union County	3
Bellevue	2
Bowling Green	2
Boyd County	2
Model	2
North Hardin	2
Russell	2
Southwest Christian	2
Bell County	1
Elizabethtown	1
Greenwood	1
Russellville	1
Scott County	1

### Girls State Tennis Tournament - Team Scores

Sacred Heart	17
Henry Clay	12
Lone Oak	9
Russell	9
Louisville Collegiate	4
Model	4
Sayre	4
Atherton	3
Morgan County	3
Notre Dame	3
Paul Dunbar	3
Waggner	3
Beechwood	2
Bowling Green	2
Caverna	2
Clay County	2
Elizabethtown	2
Greenwood	2
Knott County Central	2
Mason County	2
Muhlenberg North	2
North Hardin	2
Scott County	2
Washington County	2
Apollo	1
Boyle County	1
Franklin-Simpson	1

# 1991 State Tennis Championships / *Girl's Singles*

**DOWNING TENNIS CENTER, UNIVERSITY OF KENTUCKY  
MAY 30 - JUNE 1, 1991**

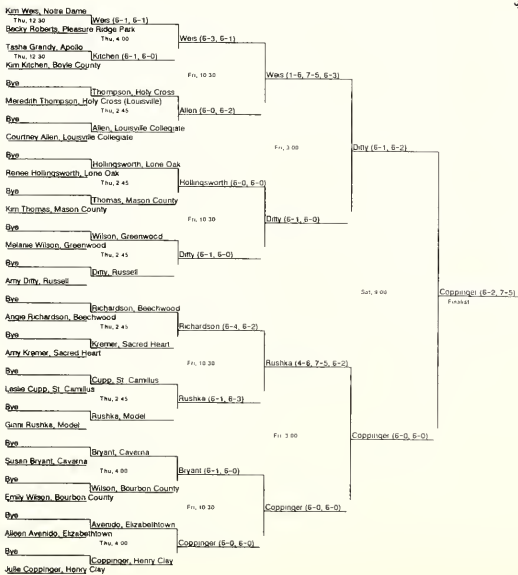


Laura Schwab  
Sacred Heart

Laura Schwab, Sacred Heart

Girls Singles Finals     Laura Schwab, Sacred Heart (6-3, 6-2)

Julie Coppinger, Henry Clay



**Seeded Players, Girl's Singles**

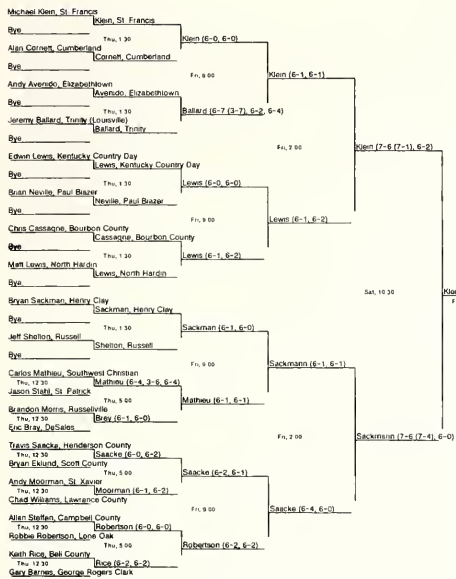
- 1 Laura Schwab, Sacred Heart
- 2 Julie Coppinger, Henry Clay
- 3 Leigh Buchart, Henry Clay
- 4 Amy Ditty, Russell
- 5 Jaime Fielding, Waugener
- 6 Cara Cashon, Atherton
- 7 Courtney Allen, Louisville Collegiate

# 1991 State Tennis Championships / Boy's Singles

**DOWNING TENNIS CENTER, UNIVERSITY OF KENTUCKY  
MAY 30 - JUNE 1, 1991**



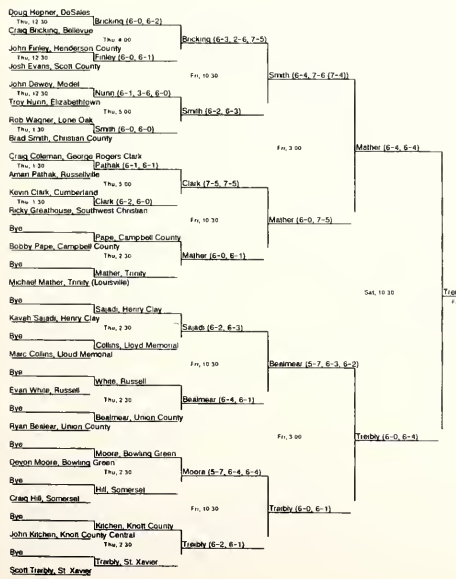
**MICHAEL KLEIN**  
St. Francis



Michael Klein, St. Francis

Boys Singles Finals | Michael Klein, St. Francis (7-5 6-2)

Scott Treibly, St. Xavier



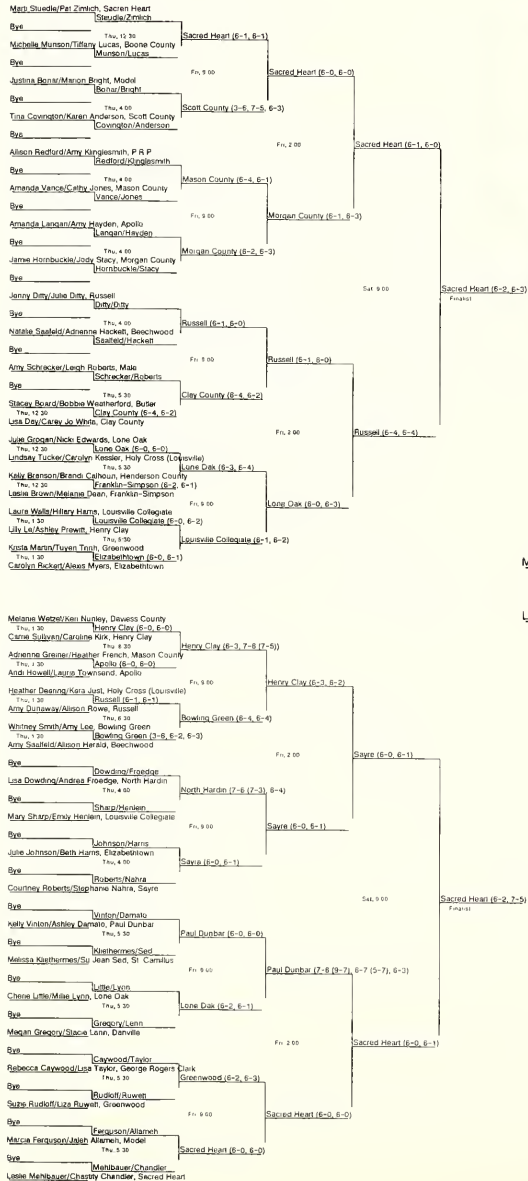
**Seeded Players, Boys Singles**

- 1 Michael Klein, St. Francis
- 2 Scott Treibly, St. Xavier
- 3 Bryan Sackman, Henry Clay
- 4 Mike Mather, Trinity (Louisville)
- 5 Edwin Lewis, Kentucky Country Day
- 6 Travis Saacke, Henderson County
- 7 Brad Smith, Christian County
- 8 Ryan Bealmea, Union County



14- the **ATHLETE**/October 1991  
**1991 State Tennis Championships / Girl's Doubles**

**DOWNING TENNIS CENTER, UNIVERSITY OF KENTUCKY  
MAY 30 - JUNE 1, 1991**



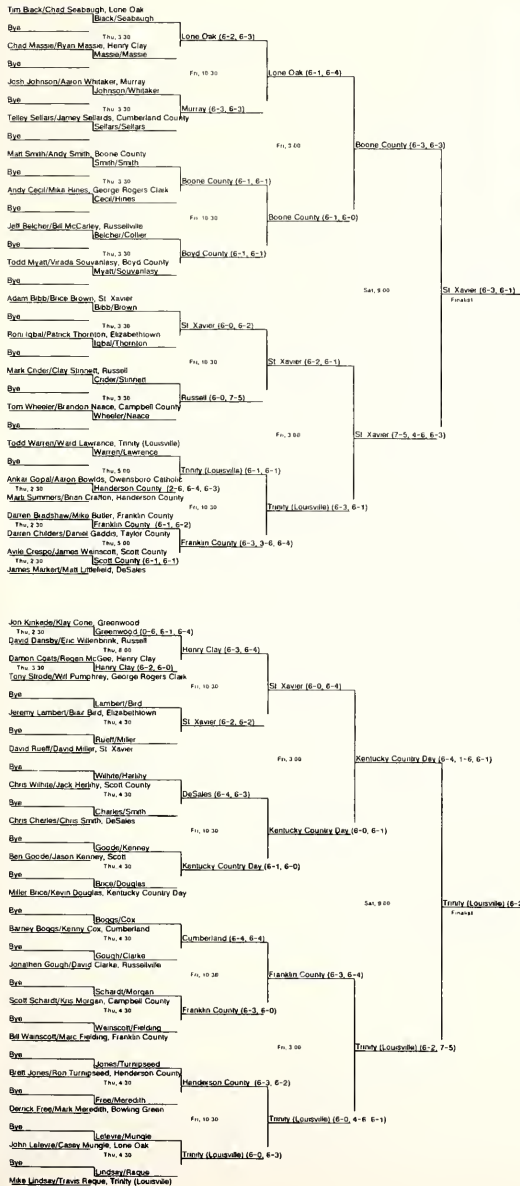
**LESLIE MELBAUER, CHASTITY CHANDLER**  
Sacred Heart Academy

**Mari Stuedie/Pat Zimlich, Sacred Heart**  
Girls Doubles Finals  
**Leslie Melbauer/Chastity Chandler, Sacred Heart (6-1, 7-5)**  
**Leslie Melbauer/Chastity Chandler, Sacred Heart**

- Seeded Players, Girls Doubles**
- 1 Leslie Melbauer/Chastity Chandler, Sacred Heart
  - 2 Pat Zimlich/Mari Stuedie, Sacred Heart
  - 3 Jenny Ditty/Julie Ditty, Russell
  - 4 Courtney Russell/Stephanie Nahr, Sayre
  - 5 Allison Herald/Amy Saalfeld, Beechwood
  - 6 Julie Grogan/Nicki Edwards, Lone Oak

# 1991 State Tennis Championships / Boy's Doubles

DOWNING TENNIS CENTER, UNIVERSITY OF KENTUCKY  
MAY 30 - JUNE 1, 1991



MIKE LINDSAY, TRAVIS RAQUE  
Trinity High School

Brice Brown/Adam Bibb, St. Xavier  
Boys Doubles Finals Mike Lindsay/Travis Raque, Trinity (6-3, 6-3)  
Mike Lindsay/Travis Raque, Trinity (Louisville)

- Seeded Players, Boys Doubles**
- 1 Travis Raque/Mike Lindsay, Trinity (Louisville)
  - 2 Tim Black/Chad Seabaugh, Lone Oak
  - 3 Brice Brown/Adam Bibb, St. Xavier
  - 4 Miller Brice/Kavin Douglas, Kentucky Country Day
  - 5 Marc Fielding/Bill Waincott, Franklin County
  - 6 Matt Smith/Andy Smith, Boone County
  - 7 Todd Warren/Ward Lawrence, Trinity (Louisville)
  - 8 David Rueff/David Miller, St. Xavier

# Association Appendix

## Printing/Mailing

The 1991-92 Calendars have been printed and mailed. If you have not received yours, please call us.

## Regional Meetings

Your KHSAA staff will be visiting the 16 regions between September 11 and October 30 in an effort to strengthen communications between the member schools and your Association. An agenda has been mailed to all superintendents, principals and athletic directors which will include dates, times and sites.

## 75th Anniversary Basketball Program

The excitement is building over the publication of a 75th Anniversary Basketball Program. You won't want to miss a single page, especially if you're a big basketball fan.

## Publicity

In a recent survey of the schools you indicated that one area we can help you with is publicity and promotions. We have compiled information on promotional events, publicity, media relations, and related topics, that you may find beneficial.

If you would like to receive any information on general publicity and promotions please contact Jeff Rogers.

## State Golf Tournaments

The 1991 State Golf Championships will be taking place this month. The dates and sites are as follows:

	<i>Girl's</i>
October 15-16	Elizabethtown Country Club, Elizabethtown
	<i>Boy's</i>
October 15-16	Lincoln Trail Country Club, Vine Grove

## Recent Mailings to Schools

- \*Football Statistics Forms
- \*1991-92 Calendar

*If you did not receive any of these mailings, please contact us.*

## 1991 Football Open Dates

*as of September 26, 1991*

### October 4

Betsy Layne  
Kentucky School for the Deaf  
Leslie County  
Lexington Catholic  
Marion County

### October 11

Franklin-Simpson  
Lexington-Catholic  
Powell County  
Williamsburg

### October 18

Berea  
Clay County  
Lexington Catholic  
Paintsville  
Powell County

### October 25

Lexington Catholic  
McCreary County  
Magoffin County  
Wheelwright

### November 1

Anderson County  
Bowling Green  
Lexington Catholic  
Whitley County



## 1992 Basketball Open Dates

*as of September 26, 1991*

### *Boys*

#### *January*

7-Russell High School

#### *February*

18-Russell High School  
21-Russell High School  
25-Russell High School

### *Girls*

#### *January*

6-Russell High School

#### *February*

3-Russell High School  
17-Russell High School

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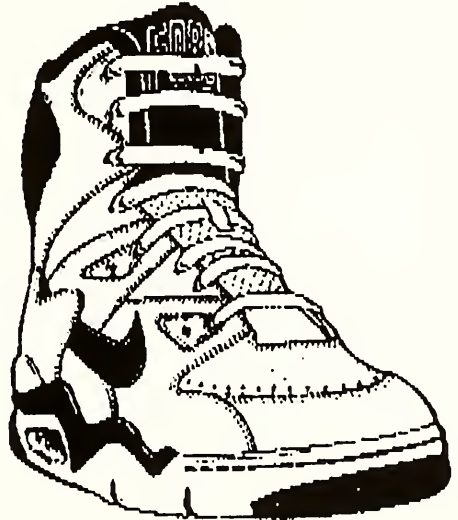
Trademart Center  
Corbin, Kentucky

158 South Mayo Trail  
Pikeville, Kentucky

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