

2-1-1945

The Kentucky High School Athlete, February 1945

Kentucky High School Athletic Association

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THE KENTUCKY



High School Athlete



1945		FEBRUARY						1945	
SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.			
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Official Organ of the KENTUCKY HIGH SCHOOL ATHLETIC ASSN.
FEBRUARY - 1945



Leaders Always

The spirit of Washington and
Lincoln is alive today . . . on
Bataan . . . in the Pacific . . .
before Aachen . . . in the jungles
of Burma . . . and in the hearts
of every good American!

The Kentucky High School Athlete

Official Organ of the
Kentucky High School Athletic Association

VOL. VII - NO. 7

FEBRUARY, 1945

\$1.00 Per Year

College Basketball Round-Up In Kentucky

Before Groza was inducted into military service the critics were fairly well agreed that Kentucky was the class of the nation. Uncle Sam jumped the gun by making him an All-American before the basketball experts had a chance. Could he have finished the season very likely all other luminaries developed at Kentucky would have been temporarily forgotten. But Rupp's outfit still gives good account of itself despite two one-point setbacks at the hands of Tennessee and Notre Dame.

The bristling affair in the Louisville Armory when the Irish squeezed by on one point is sufficient proof that the Big Blue is still considered. Our guess is that Tennessee will be thoroughly plastered at Lexington.

Fred Lewis, high scoring ace at Eastern, has placed the Maroons in a commanding position among the K. I. A. C. representatives. Eastern dropped a one-sided game at Louisville and a four pointer to Morehead, but the Maroons are expected to even the score with the Sea Cards and have walloped Morehead decisively on another occasion.

The Louisville outfit coached by Bernard Hickman are capable of drubbing the best of them and may be expected to avenge their few defeats in the state. When a team averages 70 points against any kind of opposition they are dangerous competitors in any league.

Down at Bowling Green Uncle Ed Diddle seems to have an up again-down again team faced with a back-breaking schedule. If the K. I. A. C. tournament becomes a reality the Hilltoppers will stand a lot of watching.

Morehead's recent victory over Eastern causes the critics to recall that Cooper is still on the job supported by a strong cast. Their defeat at the hands of Murray was avenged in a later battle. At present Morehead heads the K. I. A. C. and some good basketball by the opposition will be required to displace them.

In the west Murray like Western is now hot, now cold and must be considered when the chips are down.

Berea and Georgetown are the underdogs within the conference with Berea refusing to occupy the cellar. Even in wartime the K. I. A. C. offers plenty of competition for one and all.

K. I. A. C. Standings

	W.	L.	PCT.
Morehead	8	1	.889
Eastern	7	2	.778
Western	3	1	.750
Louisville	4	2	.667
Murray	1	4	.200
Georgetown	0	6	.000
Berea	0	7	.000

Sports-For-Polio Fund in Kentucky now stands \$10,414. Give it a boost boys!

The school which maintains broad, well organized activity programs based on accepted standards makes an outstanding contribution to the full development of youth. They deserve a Service E award.

Yes, we make our lives by the experiences we have but education of the past has been too ready to worship beauty by reading about it, value health by talking about it, and endorse strength, skill and endurance by watching the performances of stars who possess such qualities.—Jess Feiring Williams.

FEBRUARY, 1945

VOL. VII - NO. 7

Published monthly, except June and July, by the Kentucky High School Athletic Association.

Office of Publication, Henderson, Ky.

Entered as second-class matter at the post office at Henderson, Kentucky, under the act of March 3, 1879

EditorW. B. OWEN
Leitchfield, Kentucky

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From the Secretary's Office

Supplementary List Of Registered Basketball Officials

- Albright, J. B., Eubank
- Bacon, J. R., Mayfield High School, Mayfield
- Bennett, Howard, R. 4, Mayfield
- Blackburn, George E., 4950 Ferguson Place, Cincinnati, Ohio
- Boone, Thomas E., 1509 Chestnut St., Bowling Green
- Brandon, Ted C., Hazel
- Brewer, Vernon, Frenchburg
- Carter, Laurence, Harlan
- Cason, Joe D., 122 S. Main St., Hopkinsville
- Collins, R. Eugene, %Post Office, Morganfield
- Cornett, Wallace, Viper
- Crafton, Joe E., R. 1, Hebbardsville
- DeVault, Don, 1229 Mesker Park Drive, Evansville, Indiana
- Elam, Oliver, McDowell
- Farrar, John S., Box 121, Baptist Seminary, Louisville
- Feltner, Charles, 600 N. Race St., Glasgow
- Freihaut, Herman P., 105 E. Florida St., Evansville, Indiana
- Fulkerson, James L., Hartford
- Grandle, Olen R., 155 Linden Drive, Wyoming 15, Ohio
- Grimes, Orbin, Salem
- Harris, W. B., 407 E. Morton St., Morganfield

- Hassfurther, Herbert, 909 W. Second St., Madison, Indiana
- Hayes, Orville, 612 24th St., Ashland
- Litchfield, Louis, Dogwood Lane, Frankfort
- Maddox, Edgar Mason, Hazel
- Montgomery, W. F., Southern Baptist Seminary, Louisville
- Montgomery, W. G., Jr., 4649 Cliff Ave., Louisville
- Mutchler, Bradford D., N. Court, Scottsville
- O'Brien, Tim, Main St., Murray
- Owens, Frank, Jr., 409 S. 39th St., Louisville
- Rettig, Howard, R. 1, Henderson
- Sidwell, Kenneth B., Glasgow
- Smith, Bennie, Hima
- Stith, Bob, 1301 DeBarr, Louisville 4
- Taylor, Jack, Joppa, Illinois
- Turner, Charles I., Magnolia
- Tye, H. D., Barbourville
- Vickers, John L., 152 S. Arcadia, Lexington
- Williams, Charles J., Frenchburg
- Williams, Ralph C., 400 West Lexington St., Danville

BASKETBALL OFFICIALS

Who Have Received the "Approved" And "Certified" Ratings For 1944-45

The method of classification of officials may be found on pages 22 and 23 of the K. H. S. A. A. booklet.

Certified Officials

- | | |
|-------------------|-------------------|
| Austin, Acree | Reid, Cecil |
| Combs, Walter H. | Taylor, James M. |
| Gish, Delmas | Utley, William O. |
| Hayes, Orville | Vettiner, Charles |
| Litchfield, Louis | Woford, Ernest |
| McNabb, Edgar | |

Approved Officials

- | | |
|-------------------|--------------------|
| Clift, Charlie | McKee, William H. |
| McCubbin, J. Carl | Thornton, Cecil A. |
| | Turner, A. J. |

Football Equipment For Sale

- 30 Pair Shell Pants With Thigh Guards
- 20 Pair Shoes
- 35 Pair Shoulder Pads (Cantilever)
- 30 Pair Hip Pads
- 15 Headgear (Black Aviator Model)
- 1 Charging Sled (Pan Model)
- 25 Cotton Practice Jerseys
- 1 Electric Basketball Scoreboard and Timer (Cost \$300 When New)

Write: E. D. JONES, Coach
Maysville High School
Maysville, Kentucky

District Tournament Sites

Editor's Note: The list of District Tournament sites was compiled and sent to the printer on January 30th. Most of the ties indicated above will have been broken before this issue of the magazine is received by member schools.

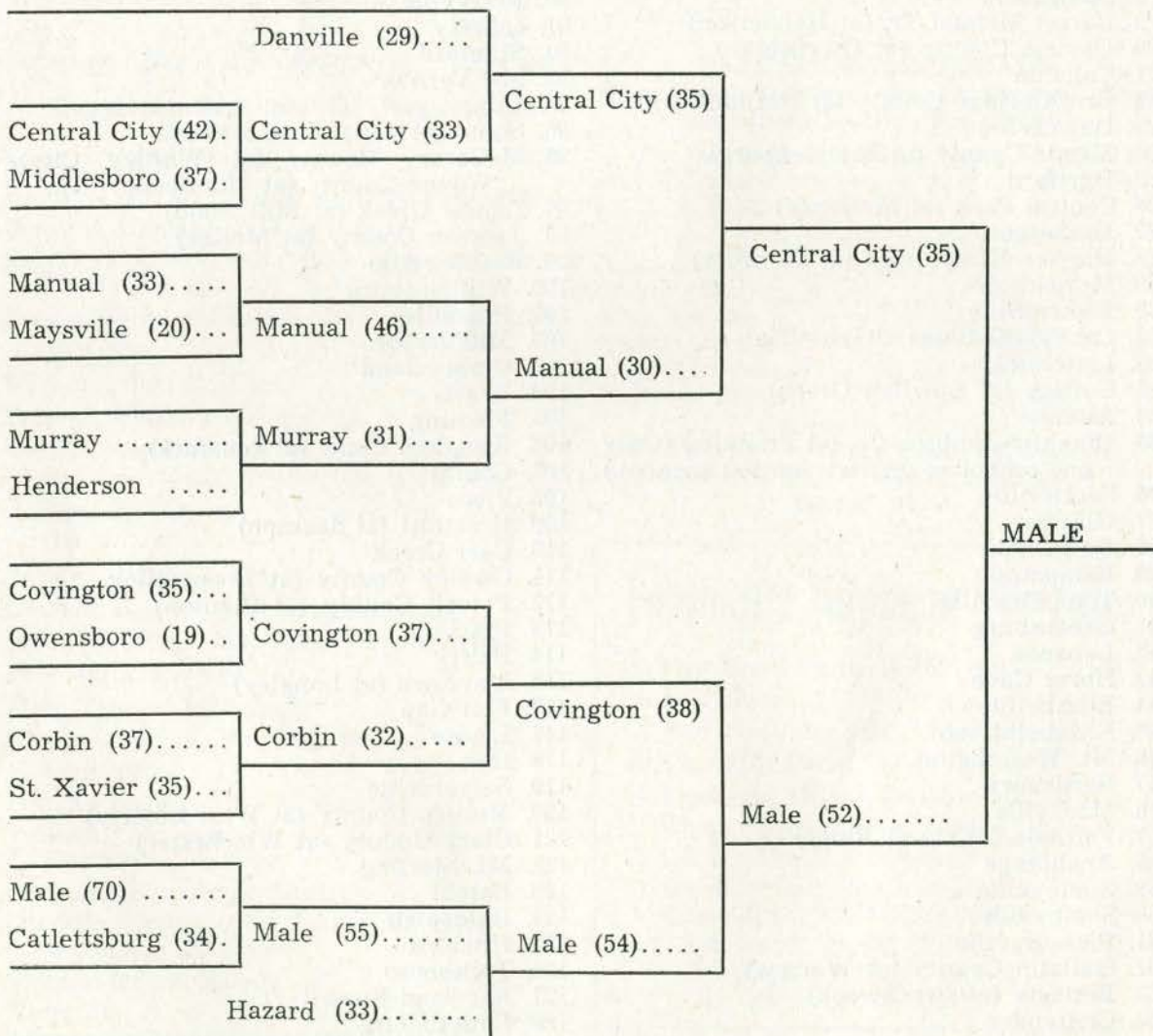
1. Fulton
2. Central (at Clinton)-Fulgham (at Clinton, R. 1)—Tie
3. Cunningham
4. Barlow
5. Augusta Tilghman (at Paducah)
6. Mayfield
7. Hardin
8. Murray
9. Eddyville
10. Livingston County (at Smithland)
11. Fredonia
12. Marion
13. Madisonville
14. Earlington
15. Hopkinsville-Pembroke—Tie
16. Todd County (at Elkton)
17. Morganfield
18. Slaughters
19. Barret Manual Tr. (at Henderson)
20. Daviess County (at Owensboro)
21. Calhoun
22. Breckinridge County (at Hardinsburg)
23. Hawesville
24. Meade County (at Brandenburg)
25. Hartford
26. Central Park (at McHenry)
27. Drakesboro
28. Hughes Kirkpatrick (at Browder)
29. Morgantown
30. Brownsville
31. Caneyville-Short Creek—Tie
32. Leitchfield
33. College (at Bowling Green)
34. Auburn
35. Franklin-Simpson Co. (at Franklin) (Only one school in district—no tournament.)
36. Scottsville
37. Glasgow
38. Burkesville
39. Edmonton
40. Tompkinsville
41. Greensburg
42. Lebanon
43. Horse Cave
44. Elizabethtown
45. Elizabethtown
46. Mt. Washington
47. Bardstown
48. Mackville
57. Fairdale (at Coral Ridge)
58. Anchorage
59. Shelbyville
60. Shelbyville
61. Pleasureville
62. Gallatin County (at Warsaw)
63. Bethany (at Beechwood)
64. Crittenden
66. Simon Kenton (at Independence)
67. Florence
68. Dixie Heights (at Covington)
69. Holmes (at Covington)
70. Newport
71. Newport
72. Silver Grove
73. Falmouth
74. Cynthiana
75. Brooksville
76. Maysville
77. May's Lick
78. Carlisle
79. Millersburg Mil. Inst.-Paris—Tie
80. Paris
81. Garth (at Georgetown)
82. Elkhorn (at Frankfort)-Frankfort—Tie
83. Kavanaugh (at Lawrenceburg)
84. Harrodsburg
85. University (at Lexington)
86. Nicholasville
87. Irvine
88. Central (at Richmond)
89. Lancaster
90. Perryville
91. Liberty
92. Stanford
93. Mt. Vernon
94. Lily
95. Somerset
96. McCreary County (at Whitley City)-Wayne County (at Monticello)—Tie
97. Laurel Creek (at Mill Pond)
98. Jackson County (at McKee)
99. Barbourville
100. Williamsburg
101. Pineville
102. Middlesboro
103. Cumberland
104. Evarts
105. Fleming
106. Kingdom Come (at Linefork)
107. Combs
108. Vicco
109. Breathitt (at Jackson)
110. Carr Creek
111. Owsley County (at Booneville)
112. Powell County (at Stanton)
113. Pikeville
114. Belfry
115. Maytown (at Langley)
116. Flat Gap
117. Louisa
118. Inez
119. Salyersville
120. Morgan County (at West Liberty)
121. Clark County (at Winchester)
122. Mt. Sterling
123. Betehl
124. Haldeman
125. Hitchins
126. Tollesboro
127. Raceland-Russell—Tie
128. Catlettsburg

Male Outclasses All-Kentucky Field

The Male Hi Purples were entirely too much for the opposition offered by the other thirteen members of the All-Kentucky Conference, winning by margins of sixteen to thirty-six points over their four opponents. The tournament should offer an excellent preview of the state meet in March since only a few teams throughout the state are expected to show more class than displayed by the All-Kentucky conference representatives. The straight-a-way type of ball flashed by the Purple crew bodes evil for all

who are paired with them during the tournament season. The lads of Paul Jenkins demonstrated clearly that a straight line is the shortest distance between two points. Rarely did they pass the ball in reverse direction from the goal to which they were headed. Ralph Beard, Male forward, was easily the outstanding player of the tournament, and it will require a thorough search of the records to find a more valuable competitor than he was in this tourney.

Pairings and Results



Here We Go Again! Poll Cats Beware!

1. MALE — They play straight-away basketball! All you have to do is beat them in the armory and be champs.

2. DAYTON — We haven't seen 'em but a man told me.

3. DAVIESS COUNTY — Hale and high-water! Who do you say can stop 'em?

4. ELKHORN CITY—Fast break and a slow freeze: It's going to be a hard winter in the Big Sandy.

5. CENTRAL CITY—They nearly always win — not a bad recommendation.

6. RUSSELL—The B-29 outfit—you don't need to be so good at that altitude.

7. BOWLING GREEN—too good for Southern Ky. opposition.

8. HARLAN — They're still the champs you know! That Jones boy is a bad influence—on the opposition.

9. BREWERS—They're acquiring a state tournament complex.

10. BRECKENRIDGE — I haven't seen 'em, but these stories get around.

11. MADISON—They had plenty left from last year and seem to be using it to advantage.

Also-Rans

Covington, Corbin, Danville, Manual, St. Xavier, Middlesboro, Lacy, Rineyville, Elizabethtown, Ferguson, London, Valley, Lafayette, Greensburg, Paintsville, Carr Creek, Dawson Springs, Nortonville, Caneyville, London, Williamsburg, Olive Hill, Murray—And then there's the Dark Horse who may win the State Tournament

Here's To Life

He may be solecistic, but our masseur claims to have "The paws that refreshes."

Age does not signify a sage, but it should have its philosophical con-commitants.

You cannot exist without others, but others can exist without you.

Absurd as it sounds, the consolation winner often feels inadequacies more keenly than the person who couldn't even qualify—yet isn't this what makes the world go 'round?

What if solifidianism is true, it is nothing to be proud of.

Sofa athletes become increasingly soidisant about past feats of skill.

A powerhouse without a governor runs amuck.

Since we like to talk about ourselves, let's be something to talk about.

It is commendable to forget faults if we forget to commit them also.

The fear of being slowed-up never enabled one to show-up another.

Discarding the wisdom of years is the folly of age.

The person who knows it all will be lonely enough to impress himself with the fact.

FINIS

Let's get a cup of coffee and keep going until mid-night.

Dave Briggs
Army and Navy YMCA
San Pedro, California

—From Journal of Physical Education.

Referee's Corner

1945 finds the Kentucky Hardwoods as hot as the perspiring officials, who nightly punish their corns and callouses trying to keep pace with the Commonwealth's young "Hot Shots." The play situations are coming up as evidenced by the following submitted to your much-boomed whistling reporter:

Charlie Clint, Columbia, Ky., working a game at Edmonton almost swallowed his whistle when an Edmonton boy attempted a free throw which came to rest on the flange of the basket. (NOTE: Such things are not supposed to happen.) As it lay there on the flange an Edmonton player jumped up and tapped the ball and into the basket it fell. Should the goal have counted one or two points for that team?

The answer, gallant whistlers, is that it counts neither one nor two points but becomes the other team's ball out of bounds since neither team can touch a free throw while it is on or in the basket. Had this been a try for a field goal then, while the ball was resting on the flange, it could legally have been tipped in for two points by the offensive team.

During the holidays your rambling whistler had occasion to work an invitational tournament down at Columbia. Remember H. R. Kirk, who held sway at LaGrange for twenty years,—he's head man there now and blind men, if you ever want to enter a referee's paradise just work for this grand sportsman. Here's the way he did it—A room with over-stuffed furniture was reserved for a lounging room for the official and the coaches. In this room were lots of cigarettes, 10c cigars, and soft drinks. You smoked your favorite weed and oiled the old Adam's apple to your heart's content. It was all charged to Columbia hospitality. It's a good idea to carry out in tournaments. It makes for good fellowship, better feeling between coaches and officials, and when the cost is distributed between the contesting teams it is negligible.

It was with regret that we learned that Bernie Shively was forced to cancel his officiating schedule for the greater part of the season. This took out of circulation an official who will be missed. Shively was the type who could make tough games look easy.

All of you coaches, who have been lamenting the official shortage, are hereby given a certain measure of hope if your school happens to be close enough to Fort Knox. Coach Herschel Roberts and Prof. Kingsolver of Fort Knox Independent Schools have informed us that there are plenty of high-powered whistlers wearing Uncle Sam's Kakhi available there in the Camp. These boys are ready as several have worked State Tournaments throughout the south and are proven men. Get in touch with Herschel or Prof. Kingsolver and you'll get a whistler.

Ran across Acree Austin at Mayfield and was astonished to see how stream-lined that astute official is. While most of us are acquiring surplus poundage Acree keeps that school boy figure traveling the hardwoods. He does not diet so his secret is bound to be hard work.

Officials' organizations are springing up all over the state and many are functioning with astonishing smoothness. That Northern Kentucky Association, presided over by John Shoure, Bellevue Athletic Director has been complimented highly by the officials of that section. This association works cooperatively with the coaches and officials of that section to the end that everybody is taken care of and everybody is happy.

Monne Ferrell, popular Cincinnati official, is really a Kentucky whistler at heart. Monne is widely known over the state as a high-calibred referee with a personality as high powered as his ability to whistle. Put Monne and Jim Biersdorfer together, mix in a touch of Dick Bacon for flavoring, pour in a drop or two of Dalton Williams as a

neutralizer and you have as fine a brew of personality ever concocted in a quartette of officials.

In signing this column we might consider a suggestion made by one of our number. I. Am Blind suggests that officials get together on a standard color for trousers just as they are standardized on striped shirts. This would give Kentucky officials a complete uniform and all officials would look alike. Coach Gripe Atem says that they look alike already—"BAD."

Communications are finally beginning to come in. The boys are beginning to contribute to their Corner. Walter Combs, Hazard official, has a question about a jump ball in the circle around the foul line. Walter wants to know if the K.H.S.A.A. has a ruling stating that opposing players shall be alternated in positions around the circle when jump ball is called there.

Our answer is that the K.H.S.A.A. has not adopted such a ruling although some states have. A boy is entitled to take any position on the floor not occupied by another player. However, if boys contend with each other for positions it is a good policy to alternate them.

Earle Jones, Maysville's gentleman coach, writes: Keep up the column in the "Athlete". We need more like it. The clinic this year was definitely the best in history. I'm sure that it will be even better next year. Try to put Maysville on at night and I'll have a crowd for you.

The Poll Cats will eventually make basket ball the biggest thing in Kentucky.

We had to catch our breath when Earle said he would have a big crowd at the Clinic next year if we had it at night. He mustered out an exact 50 basket ball souls in an afternoon session. I believe Ted agrees that you certainly are entitled to a night shot, Earle. Thanks for the letter.

Bruce Daniel, District Tournament manager at Shelbyville, announces that he has signed Ashur Strull and Polly Kraesig to work that tournament.

A card from John Showalter, Georgetown, says, "I'm taking the basket ball examination this year and it's all your fault. I'm blaming any headaches incurred while pouring over the rules questions on you." We're glad to hear that our better officials are lining up for the exam this year. We need men like John on the certified list.

A card from Jimmie McLain, Buffalo, says that he has not yet tied up a district tournament. Somebody had better grab this boy pronto.

Looking over the crowd at the Western-DePaul game at the Armory in Louisville, coaches, officials, and players could be seen from every section of Kentucky. They were there and saw a great player in DePaul's big Mikan, but many expressed the opinion that Uncle Ed Diddle had the best coached club and that if the Chicago boys had just an excellent center instead of a "Super-Duper" the story would have been different.

Some of the many seen drinking "cokes" between halves were Cliff Cox, Madisonville, Leo Ashby, Irvington, Doug Smith, Elizabethtown, Red Herndon, Frankfort, and a "jillion" others.

Questions have been asked concerning the men eligible to officiate in the State Tournament. The by-laws state that only certified officials are eligible. Another question has been asked: "How many State Tournaments has Edgar McNabb worked?" Your reporter has not been able to contact Mac but he can remember that the first tournament he ever attended he was wearing knee pants and McNabb was already working his sixth State Tournament.

Your rambling writer is signing off saying to Madisonville's Bill Utley, "Stay home with Katie one night out of the week anyway, or she'll wonder who the stranger is she sees in the house on Sunday morning." See you all at the Kentucky-High School Tournament at the Armory.

1945 Football Rules

At the January meeting of the National Federation Football Committee, the rules for the season of 1945 were authorized. The committee actions will be organized by the Editorial Committee and prepared for publication in the National Federation Football Rules Book, which will be made available to high schools not later than May 1st. At the same time, the supplementary Football Play Situations Book, containing official interpretations, will be made up. A Football Player's Handbook will also be available.

Major Modifications

In most respects, the rules of 1945 will be very much like those of 1944 insofar as



they affect actual playing procedure. The major modifications are designed to assist in administration of the rules. Here is a summary of these modifications.

1. The player (usually the quarterback) who takes a position less than a yard behind the line and behind the snapper and who remains in this position until the snap is

made, will be eligible to receive a forward pass. This applies whether such player actually receives the snap or whether the snap is directly to another player. Such player is in a legal position even though the snap goes to another player who is farther behind the snapper.

Comment: In past years, it was illegal if a player was not on the line of scrimmage or was not at least one yard behind it unless such player actually received the snap. The modification will remove one of the confusing factors in administration and it will also affect a few situations in which there will now be six eligible players when under former rules, there were only five. In actual practice, there will be little change since officials seldom detected any infraction in cases where the player under the center later became a pass receiver.

2. The rule relative to a kick which goes into the receiver's end zone will be greatly simplified through a provision whereby any kick which touches anything behind R's goal line is dead as soon as it touches and it is a touchback.

Comment: Last year, this rule applied to all kicks with the exception of the infrequent cases where a new impulse was added to cause the ball to go across the goal line. This year's modification removes the exception so that a definite simple rule applies. Under the former rule, there was a complex series of situations which might have developed and which made it necessary to give coverage in an extensive table which confused players, coaches and officials. These complexities do not exist under the new rule. There are adequate safeguards against abuse because in the case of any player getting possession of a kick, the kick is immediately ended and if there should be any case where a player might attempt to abuse the rule by purposely muffing or accidentally kicking the ball across the goal line,

it is a foul for illegally batting a kicked ball. It is not probable that the rule will have very much influence on actual playing procedure. If it has any such influence, it will be in the direction of making it safer for the receivers to actually handle the kick rather than standing around while waiting for it to be declared dead.

3. There is a slight modification in the case of a kick from scrimmage which is recovered by the kickers behind the line of scrimmage. If such kick is touched beyond the line by a receiver and rebounds so that a kicker recovers behind his line, it will be first down for the kickers, even though they might not be able to advance such kick to the necessary line. This permits a definite rule statement to the effect that any kick from scrimmage which is touched by the receivers beyond the line is followed by a first down (regardless of whether recovery is behind or beyond the line).

Comment: It is doubtful whether this modification will have any effect on playing procedure. It is merely a simplification of administration.

4. In the case of a player in illegal motion at the snap or for an illegal shift, the ball will remain in play the same as for offside. The same thing applies to offside on a free-kick and the free-kick offside includes the situation where B does not have at least five players up to within five yards of their free-kick line.

Comment: In past years, the ball remained in play for offside but was considered as remaining dead for all other snap or free-kick infractions. The addition of man in illegal motion and illegal shift to the cases where the ball remains in play is made on the assumption that the three acts are quite similar and they are the more frequent of the 29 or 30 possible infractions which may occur immediately before or simultaneous with the snap or free-kick.

5. Teams will be permitted to use a dirt T up to a height of three inches on any free-kick.

The question of permitting the defense to recover and advance a backward pass, fumble or muff was discussed at some length. A special committee was appointed to make further study and to report back. In the meantime, several states will set up machinery whereby the proposed modification will be used experimentally. Such experimentation will involve two possibilities: (1) Permit the defense to advance a fumble, backward pass or muff; (2) Permit advance of a fumble or muff but not of a backward pass which has touched the ground. NOTE: The muffing of a kick is not involved because the kickers are never the defensive team until the kick ends (through possession).

The group recommended the publication of a Football Player's Handbook and this publication was officially authorized by the National Federation Executive Committee. It will provide material which may be placed in the hands of players as a textbook for a study of football rules, ethical principles



and an appreciation of the machinery through which the game of football continues to make a contribution to a good high school athletic and physical fitness program. Such book will be available before the end of the current school year and will be used in at least 35 of the states.

A National Service To Physical Education

By John W. Studebaker
U. S. Commissioner Of Education

Editor's Note—The Federation was fortunate to have the Commissioner of Education appear on the program. The fact that he was willing to leave his office the required time is sufficient evidence of his genuine interest in and sympathy with the problems faced by school men in their efforts to maintain a worthwhile physical education and athletic program. His address was timely and wholesome. We feel that our readers should not be deprived of an opportunity to read it in its entirety.

Meeting with this organization is a genuine pleasure to which I have been looking forward for some time, not only because it gives me the opportunity to renew old acquaintanceships, but also to renew my contact with high school athletics and the problems associated with athletic management. I recall with some satisfaction my long apprenticeship in this field—first as an enthusiastic participant in athletics (believe it or not) taking part in all branches of sports in high school and college; later as a high school athletic coach; then as a school principal and finally as a superintendent of schools. I know from experience how important are the problems connected with the scheduling and administrative management of athletic contests if the educational values of interscholastic competition are to be fully realized both for the participants themselves and for the student bodies they represent.

There are those critics of the American educational and social scene, I know, who have been disposed to cast doubt upon the value of interscholastic competition; who have decried what they believed to be the disproportionate amount of attention given to the training of the physically gifted; who have chided the general public for its addiction to "spectatoritis," its unwillingness to take exercises except vicariously; who have assailed the personal and institutional publicity programs connected with the promotion of this phase of school activity.

These criticisms (and sometime lamentations) have not been without their wholesome effects. They have helped somewhat to change the emphasis from interscholastic athletics for the few to intramural programs of sports and games for the many. Certainly we all know, whether because of

or in spite of the critics I will not undertake to say, that the American public has come in the past quarter century to a fuller realization of the physical, mental, and moral values of athletic activity for the great masses of American youth.

The physical values of properly supervised programs of sports and games have been borne home upon us during the war. Less well known are the psychological or mental hygiene values of athletic competition; and in view of the rather startling disclosure of the incidence of mental ill-health among Selective Service registrants, we may perhaps be warranted in directing greater attention to the realization of these mental hygiene values for all youth.

I believe that anyone who has himself participated extensively in athletics will agree that no lessons of school or college life were more valuable in the development of those qualities of sanity and poise so essential in meeting the exactions of life in this complicated civilization of ours than were those learned by active participation in competitive sports and games. The complete absorption of attention necessary, the integration of personality which develops from the vigorous pursuit of compelling purposes, the active attitudes of enthusiasm and self-confidence engendered, the normal outlets for emotional drives and nervous tensions provided, together with the opportunity for satisfying social relationships afforded—all these and similar psychological benefits which we ascribe to athletic

*Address delivered at the annual meeting of the National Federation of State High School Athletic Associations, Chicago, Ill., January 11, 1945.

competition, constitute essential elements in mental health and normal personality adjustment.

It is not surprising, therefore, that we usually look in vain for athletic heroes among the so-called "problem youth" of the high school. The qualities of sportsmanship which are developed on the gridiron, the basketball court, the baseball diamond, and on the other fields of sport, are the moral qualities of honesty, courage, and fair play; qualities singularly absent in wayward youth.

I am glad to observe that the physical and psychological values of athletics of which I have been speaking have been given

signal recognition during the war; and that there are indications that out of the wartime experience will come an even greater impetus to well-conceived and efficiently conducted programs of physical and psychological fitness through athletic sports under school auspices after the war.

Surely, in the light of Selective Service statistics of rejection there is no room for complacency. There is evidently much more that needs doing than we have yet done in the improvement of the physical health and mental fitness of American youth. I am definitely committed to the belief that no agency in American life is in better position to spearhead and sustain an attack upon the problem of how to get done what needs doing on this score than are the schools and colleges of America. True it is that we shall need all the help we can get from various sources—from the medical profession and from parents and school boards and even from government, if we are to make these school potentials actual. Yet I believe that we have demonstrated as educators that we are alert to the problem, that we know how to cooperate with others to the end that all the youth of America may be brought nearer to that state of health and physical fitness that is requisite for the optimum performance of their duties as citizens and workers.

Not only with youth, but with adults will the schools have a unique contribution to make to the improvement and maintenance of physical and mental fitness. True it is that the character of adult programs will differ from those appropriate for other age groups: the emphasis shifting to maintenance of skills and of right habits of recreation and of physical regimens appropriate to adulthood. Yet in this adult field too the schools can make, and will I am convinced increasingly assume an obligation for making, significant contributions in cooperation with industrial organizations, recreation commissions, etc., as these seek to utilize available school facilities and personnel in the conduct of programs of sports and games and other adult recreational activities.

In connection with school-sponsored programs for the improvement and maintenance of health and physical fitness both for youth and adults, the government can, it seems to me, be of great help in two particulars, namely, first, in the positive recognition of the potentialities of our far-flung educational plant facilities, gymnasiums, playfields, swimming pools, school camps and the like; and second, by providing

through the U. S. Office of Education an expert staff qualified to give consultative and advisory services of a leadership quality and character to the several States in this matter. Recently I have been working with my colleagues in the development of plans for improving the organization of the U. S. Office of Education and its services to the various levels and fields of education in the schools, school systems and educational institutions of the Nation. These plans will be published this month in my Annual Report to the Congress. I hope that many of you here will acquaint yourselves with the proposed plans to improve the services to be expected from the Nation's Office of Education. With your indulgence I should like to take a little time now to review for you briefly some of those proposals.

The recommendations call for the provision of staff in the Divisions of Elementary Education, Secondary Education, and Higher Education for services in the field of INSTRUCTIONAL PROBLEMS IN HEALTH INSTRUCTION, PHYSICAL EDUCATION, AND ATHLETICS; together with staff units devoted to SCHOOL AND COLLEGE HEALTH SERVICES AND SCHOOL-COMMUNITY RECREATION. A number of staff specialists and the necessary clerical assistance are planned to serve these important segments of the educational program. What is it anticipated that such a staff could profitably do to assist in the Nation-wide improvement of the programs of school and colleges for health and physical fitness?

Well, some notion of the possibilities of service are apparent from an examination of the recommendations made by representatives of the American Association for Health, Physical Education and Recreation, which I have included in my Annual Report showing plans to improve the service of the U. S. Office of Education. Let me read some of the recommendations.

"A. The conduct of research studies at elementary, secondary, and higher education levels with respect to physical education, health education, health services, athletics and school community recreation. Such studies as the following are greatly needed:

1. National statistics concerning the status of existing programs at all educational levels, including enrollments by grades, cities and States; whether courses carry credit; bases for classifying pupils in health and physical education courses, school recreation programs, etc.

2. Studies of the qualifications of teachers, coaches, recreation directors, and other school health personnel.

3. Studies of salaries and school provisions as to tenure, retirement allowances, health insurance of teachers, coaches, recreation directors, and other health personnel.

4. Studies of teacher-certification provisions by various states.

5. Studies of average class size and teacher load in schools of various sizes.

6. Studies of school facilities and equipment with respect to health, physical education, athletics and recreation, including the inclusion of suggestive blue-prints and standard minimum lists of equipment.

7. Studies of pupil-teacher costs for health, physical education, athletics and recreation in various states and educational institutions.

8. Summary and digest of state and local laws and regulations relating to health examinations, required physical education, vaccination, immunization, dental prophylaxis and remediation of physical defects.

9. Studies of the organization and administration of school programs of health, physical education, athletics and recreation, including such matters as provision of insurance policies covering accidents in physical education and athletics, programming of students and teachers for physical education, arrangements for use of school facilities for community recreation programs, organization of school health councils and other safety controls.

10. Studies of teacher education, including such items as the number and location of institutions offering such training; courses, and curricula, teacher placement activities and the like.

11. The promotion of cooperative research in institutions and agencies prepared to carry on careful scientific studies of such matters as: The physiological effects of physical exercise, physical rehabilitation through physical exercise, nutrition and exercise in relation to weight control, physical standards in relation to various age groups and physiological types.

"B. The provision of consultative services in the fields of school and college health services, health instruction, physical education and athletics to workers in the field through institutes, conferences, individual consultations and similar means.

"C. Dissemination of authoritative information based on careful studies, investigations and surveys by such various means as periodical publications, bulletins, monographs, bibliographies, abstracts, film lists,

courses of study and individual correspondence."

Obviously there are many helpful services which staff members with the necessary qualifications might render to the schools and colleges of the entire Nation in this field—not only through the conduct of helpful studies, but also through the stimulation and coordination of cooperative programs involving the various professional organizations, as well as the institutions interested in the many phases of the total program of health and physical education. By associating national advisory committees with the staff and their problems the Office of Education would be in a position to promote in many helpful ways improvements in school programs of health and physical education, athletics and recreation, helping to coordinate the many activities of government and of private professional organizations of educators in this field.

I hope I will not be misunderstood. It is not my intention to oversimplify the problem of developing health and physical fitness among the nation's youth and adults. It will require the cooperation of many groups—home, community, state and nation—laymen and professionals interested in public health and school health. But I am convinced that the major and most strategically situated agency for doing something really effective is the great and far-flung system of organized education we have in this country. And, of course, I am urging that the National Government provide the needed services to our schools and colleges through the U. S. Office of Education. Whatever the government does in this particular will be an investment that will pay huge dividends throughout the future years in the reduction of the personal, social, and financial costs of ill-health and low physical efficiency.

And so I hope that as we move ahead with plans for that braver and better post-war world to which we have dedicated our treasure and our choicest manhood on the battlefields of the world, we will all of us in our relationships with our fellow-citizens in the various communities and organizations with which we are associated, unwaveringly emphasize the possibilities that inhere in this great system of organized education of which we are a part—possibilities which if utilized may do more than any other single effort in our national life to build the foundations for a strong, vigorous, intelligent and progressive people competent to play their part in the leadership of a new world.



Teamwork In The School Activity Program

When official representatives of 35 State High School Associations gathered in Chicago for the 1945 National Federation meeting, a new state representation record was set. Delaware, New Hampshire and Vermont memberships raised the total to 43 states plus the province of New Brunswick, Canada. 17,000 high schools with 4,000,000 students are in the group.

...Growth in strength and efficiency of the state and national high school organization is a vital factor in keeping the school athletic and activity program progressive, orderly, and properly integrated with other school essentials. By teamwork which organization makes possible, the school leaders, themselves, rather than pressure or promotional agencies, have directed policies and practices in the interests of the whole school. Pitfalls which would accompany unlimited exploitation have been avoided.

Foresight and courage have made the school athletic program a respected foundation on which can be built the urgent and inevitable nationwide program which will give each student the benefit of participation and the opportunity to build a degree of physical fitness commensurate with his capacity for it.

SWEATERS

The government has frozen all sweater yarn till about May 1st. All of our stock on coat style sweaters has been sold and no more will be available for delivery till about June 15. We have in stock plenty of our No. 58V. Baby shaker V neck styles at \$7.85.

LETTERING ON THESE STOCK SWEATERS WILL DELAY SHIPMENT ABOUT 5 WEEKS.

TROPHIES

We have a sufficient stock for all District and Regional tournaments. You had better order them unengraved because it takes now 4 to 6 weeks on engraving. They can be returned to us after your tournament for the necessary engraving.

WRITE FOR OUR TROPHY CATALOG

BASKETBALLS

Here has been a real problem this season. The factories are not permitted by the government to make balls now for the schools and civilian trade till all army and navy orders are completed. We don't know just when we will get a stock of balls. When we had balls we saved 16 for the Regional tournament and 6 for the finals at Louisville. If you are awarded a Regional tournament send us your order for 1 ball and your trophies. We will ship promptly.

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