

## The Play History

### (1) GENERAL INFORMATION (parent(s) interview)

Name: Birthdate: Gender:  
Date: Informant(s):

Conditions (if relevant):

### (2) PREVIOUS PLAY EXPERIENCES (parent(s) interview)

- A. Solitary play
- B. Play with others:  
mother father sisters brothers playmates other family members pets
- C. Play with toys and materials (earliest preferences)
- D. Gross physical play
- E. Pretend and make-believe
- F. Sports and games: group collaboration group competition
- G. Creative interests: arts crafts
- H. Hobbies, collections, other leisure time activities
- L. Recreation/social activities

### (3) ACTUAL PLAY EXAMINATION (parent(s) interview & observation)

- A. *With what* does the child play?  
toys materials pets
- B. *How* does the child play with toys and other materials?

C. What type of play is *avoided* or liked least?

D. *With whom* does the child play?  
self    parents    brothers    sisters    peers    others

E. *How* does the child play with others?

F. *What body postures* does the child use during play?

G. *How long* does the child play with objects? With people?

H. *Where* does the child play?  
home:                    indoors                    outdoors  
community:            park                    school                    church                    other areas

I. *When* does the child play?  
daily schedule for weekday and weekend

(4) PLAY DESCRIPTION (student observation of child at play)

(5) PLAY SUGGESTIONS (student recommendations for play)

Adapted from Takata, N. (1974). Play as prescription. In M. Reilly (Ed.). *Play as exploratory learning*. Beverly Hills, CA: Sage Publications.